Supporting Navy Recruiters

July-August 2011 Volume 59 Number 4

magazine

Navy Recruiting Command RDML Graf Takes Reins

America's Navy In a NEX Near You!

<u>L'L</u>

NSO/NSW Procedures Change

Science, Technology, Engineering, Mathematics How Recruiters are Helping

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VOLUME 59 NUMBER 4 JULY/AUGUST TWENTY-ELEVEN

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REGULAR FEATURES...

From the Admiral
The Districts' Best Stations
Admiral's Five-Star Recruiters



Front cover: Staff and students at the Center for Information Dominance (CID) Corry Station participate in morning colors during the command's sixth annual Cultural Diversity Day. CID Corry Station oversees career management and training for officer and enlisted students of the U.S. military and allied forces in the fields of information warfare, information professional, cryptologic and information technology. (Photo by Gary Nichols, CID Corry Station Public Affairs)

Back cover: Illustration by MC1(AW) Mario Hair, NRC

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Editor

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FROM THE ADMIRAL



Navy Recruiting Team:

In the past 20 months, having visited many Navy Recruiting Districts, Stations and NORU, I believe no word better describes the more than 7,000 members of Navy Recruiting Command than "diverse." Day in and day out, each one of us, all with different interests, backgrounds, experiences, creative talents, and skills, pull together to ensure our recruiting team supplies the Navy of the future with the highest quality young men and women in the nation.

Diversity within our recruiting force not only generates innovative thinking and creative problem solving, it also gives us a better understanding of organizational issues and is without a doubt one of the biggest factors in our successes.

While many of our differences are quite obvious, others are harder to discern. Can you look at a coworker and see his generosity or her kindness? Do you see compassion when a Sailor donates time to the local elementary school or gives blood during a holiday blood drive? What hidden skills go unobserved in the person clacking the keys on a keyboard? Does the administrative clerk in your section speak multiple languages fluently? Is that contract employee you met last week also a professional musician? Does that civilian beside you spend their weekends flying airplanes? Is the supply clerk next door completing his nursing degree? I could go on and on.

We tend to spend little time thinking about how diverse our recruiting community is, but those very differences are what strengthen our collective workforce. Each person brings a unique combination of skills, interests, talents, and experience to not only our command but across our Navy as well. We come from different ethnic, cultural, socio-economic, educational, and religious backgrounds; but those differences give us a broad base of experience, enabling us to overcome obstacles, identify potential process improvements, and meet the changing needs of the Fleet.

Highlighted in this issue of Navy



Rear Admiral Robin L. Graf Commander, Navy Recruiting Command

Recruiter magazine are stories that illustrate some of these differences and celebrate the uniqueness

of individuals within our talented recruiting community. As you go about the daily business of recruiting, remember that diversity is more than a management policy and it encompasses more than race, gender, and ethnicity. Diversity describes our applicants and their influencers, our office environments and recruiting areas of responsibility, and the future of this nation and our Navy.

Keep up the great work, shipmates, and remember America's Navy and its recruiting force are truly the finest in the world. The Sailors we recruit today build the foundation for tomorrow's Navy and they are

what makes America's Navy the diverse, global force for good that it is. Together we will meet the challenges and forge new opportunities for success and continue to get the word out that "We are hiring."



CHANGE OF COMMAND

RDML GRAF Takes Reins of NRC

From NRC Public Affairs Photos by MC1(AW) Christopher D. Blachly, NRD

MILLINGTON, Tenn.

 NRC bid farewell to one commander and welcomed aboard another at a change of command ceremony held April 21 at the Naval Support Activity Mid-South Conference Center when RDML Robin Graf relieved RMDL Craig S. Faller as Commander, Navy Recruiting Command.

Faller had led NRC since Oct. 9, 2009, and was presented the Legion of Merit for his successful tour as the senior recruiter in America's Navy by VADM Mark E. Ferguson III, Chief of Naval Personnel and deputy Chief of **Naval Operations** (Manpower, Training and Education), guest speaker at the ceremony.

Responsible for the entire spectrum of the Navy's recruiting



RDML Craig S. Faller and RDML Robin Graf cut their cake following the change of command ceremony held April 21 where Graf assumed command of NRC from Faller.

effort, he provided the visionary leadership for a recruiting force of more than 7,000 people around the world. Under Faller's direction, recruiters accessed more than 58,800 young men and women who answered the call to serve.

"You are in GREAT hands with RDML Graf taking over the helm," said Faller. "You won't find a more dedicated, passionate leader. She knows the business and will continue to lead Navy Recruiting into the future, keeping RF 2020 alive. Thank you for what you do. See you in the fleet."

"As I assume command, I want to praise your dedicated efforts, hard work and outstanding accomplishments, and pledge to you my leadership, passion and commitment as we

<u>A Global Force for Good</u>

continue to build on our past successes," Graf said.

Graf said she does not intend to make sweeping changes but plans to focus on the basics - the culture of quality and those initiatives on which Navy Recruiting has already been working.

Graf's priorities include informing, inspiring, influencing, and hiring the best and brightest men and women for service in America's Navy, ensuring the Navy Recruiting force has the resources today and is prepared for the future, as well as igniting awareness and building trust with America as the face of the Navy to the nation.

A native of Connecticut, Graf attended Cornell University, receiving her Bachelor of Science in Biology in 1980. She was commissioned in 1981 upon graduation from Officer Candidate School in Newport, R.I. She transitioned to the Navy Reserve in 1986. She earned her Master's in Exercise Physiology from Illinois Benedictine University in 1988.

Graf was mobilized to active duty and deployed to Ramadi, Iraq, with Task Force Ramadi from February to November 2008. After her subsequent assignment to the Joint Concept Development and Experimentation Directorate at U.S. Joint Forces Command, she became the deputy Commander, NRC in October 2009.

"I look forward to leading this

great group of recruiting professionals as we find those men and women willing to serve beside us in America's Navy," Graf said.

recent NRC change of command.

Faller's next assignment is Commander, Carrier Strike





RDML Robin Graf, center, celebrates her new position as Commander, Navy Recruiting Command with her family members present at the change of command ceremony: Sons Trent and Bryan, father Donald, mother Tami, and husband Tim, along with VADM Mark E. Ferguson III, Chief of Naval Personnel and deputy Chief of Naval Operations (Manpower, Training and Education). Ferguson was the guest speaker at the recent change of command.



Group Three.

America's Navy



By MCSN Ty C. Connors, NRC Public Affairs

MILLINGTON, Tenn. – In a hotel conference room April 7 in Olive Branch, Miss., a Navy officer addressed a room full of motivated, highly-qualified, and technically-trained students and prospective recruits.

The officer was LCDR Mark Venzor, a speaker at the Society of Mexican American Engineers and Scientists (MAES) 22nd annual National Leadership Conference. MAES is an organization whose mission is to promote, cultivate, and honor excellence in education and leadership among Latino engineers and scientists.

MAES is one of many minority student support organizations with which the United States Navy maintains a close and mutually-supportive relationship. In Navy circles, MAES, the Society of Hispanic Professional Engineers (SHPE), the National Society of Black Engineers (NSBE), the Society of Women Engineers (SWE), the Asian Pacific American Medical Student Association (APAMSA) and the American Indian Science and Engineering Society (AISES) are sometimes referred to collectively as "the Big Six."

"The goals of the diversity groups are to support students that come from diverse backgrounds from around the country at some of the nation's best academic institutions," said LT Scott Douglass, Nuclear and Civil Engineering Programs coordinator for NRD San Francisco. "The Navy is supporting those groups because it wants a cross-section, a good representation of society's make-up. Service members in the Navy need to reflect our own society."

NRC and the Big Six enjoy a productive collaboration at the upper levels, but recruiters at the local level can greatly benefit, professionally and personally, from a closer relationship with diversity support organizations.

'It takes a genuine recruiter to maintain the relationships and build the trust necessary to recruit quality, future officers," said NCC(SW) Steven C. Martin, and NRC Diversity Programs manager. "LT Douglass and Chief Warrant Officer [Richard] Williams [also with NRD San Francisco] are perfect examples of a recruiter taking advantage of an opportunity and seizing the moment of establishing and networking a future relationship. Now they are reaping the benefits."

According to Douglass, a large part of their district's success comes from building and maintaining personal relationships with the local chapters.

"I would implore you to walk onto campus and introduce yourself to the faculty advisor of the group or the student chapter president and take them out to coffee and talk about how you might be able to support them in their efforts throughout the year to have a successful chapter," Douglass said. "Personal relationships are key."

Douglass acknowledges a considerable degree of success in technical field recruiting at his district but reminds us of the personal rewards of getting involved.

"It is not just about supporting these diversity groups so I can make my recruiting mission," Douglass said. "It is more about the mentorship and the professional guidance and assistance that I can provide these students that becomes a mission in itself.

"We create Navy awareness and a positive feeling amongst the diversity groups that we are a part of because we are not just there to recruit them. We are there because we care about them. We are there invested on campus, invested in their group with time and energy, and helping to develop those future leaders.

"Come graduation day, I am going to be proud of that student for graduating from college, and taking a little part of that student's success," Douglass said. "It makes my job more fun."

CLOEAL FORGE FOR GOOD





Story by NCC(SW) Steven C. Martin, NRC Diversity Office and MC1 Joseph Seavey, NRD St. Louis Public Affairs Photo by NCC Juan Lamogliachinchilla, NRC Diversity Office

ST. LOUIS – Representatives from all over the Navy attended the recent 37th annual National Society of Black Engineers (NSBE) conference in St. Louis to attract engineering talent to the Navy.

NSBE is an organization committed to the academic and professional success of African-American engineering students and professionals. Their annual convention rallies today's youth to stimulate and develop student interest in various engineering programs.

NSBE is the largest affinity group in the nation with over 35,000 student members and more than 400 chapters nationally and abroad. NSBE supports and promotes university and pre-college students as well as technical professionals by increasing the success of its members academically and professionally, and encouraging positivity in the community.

The Navy is a major corporate sponsor of NSBE and its annual conference. In this time of fiscal austerity, it is significant that the Navy continues to stand behind its commitment to diversity and NSBE.

"I think that it was a success. I think that the exposure the Navy was afforded was phenomenal especially for the local recruiters who may not be familiar with what NSBE is," said LCDR Juanique Williams-Robinson, Officer Programs officer for NRD St. Louis and NSBE alumni. "I was really impressed with the knowledge that the organization is student based and student run."

During the convention, the Navy had direct contact with 8,000 members of the organization and students, and gained more than 200 solid recruiting leads. The effort was an unforgettable event and great opportunity which demonstrates how a well-orchestrated team supports the Navy in recruiting the best candidates to become officers and/or enlisted. "These conferences allow the Navy to interact with highly-qualified diversity college students; to inform them about the various opportunities offered through the Navy," said LT Charles Richards, an officer recruiter with NRD St. Louis.

More than 30 Sailors were on site during the two career fairs held at the conference to answer questions the students had about Navy opportunities and different scholarships the Navy offers. VADM D. C. Curtis, commander, Naval Surface Forces, and RDML Robin Graf, deputy commander, NRC, attended the conference and took the opportunity to meet with students.

"This conference attracts over 10,000 highly-qualified diversity college students and high school students who are interested or currently majoring in engineering," said Richards. "This works very well for us because we are a technically-oriented branch of the armed forces."

Navy doctors gave a robotic surgery workshop where young students were able to use some of the equipment used in laparoscopic surgery. Other Navy representatives participated in leadership symposia and discussed Navy ROTC scholarship opportunities.

"The information that we put out and the enthusiasm of the students was outstanding. I was asked questions afterwards like 'how to do' in this scenario and 'what to do' in this scenario," said Williams-Robinson. "I think it gave the students the opportunity to learn how the military thinks about leadership."

Of the conference and others like it, NCC(SW) Steven C. Martin, National Diversity Team events coordinator and program manager for NRC, said, "Having representatives from each major respective designator of the Navy throughout the conference was beneficial and extremely helpful during the workshops, panel

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discussion, networking opportunities and career fair as personnel were able to inform and educate students with real-world experience in addition to standards and procedures."

The Golden Torch Awards culminated the four-day conference. It was an exciting and electrifying event attended by thousands of students, professionals, and over 100 members of the armed services. The highlight of the evening was Curtis' keynote speech where he delivered an informative, inspiring and visually-effective address and wowed the crowd by acknowledging the nearly 90 students from the United States Naval Academy and United States Military Academy at West Point. After words of encouragement, he presented several awards on behalf of the Navy and NSBE. The crowd swarmed when music icon Todd Smith (a/k/a LL Cool J) took the stage. After presenting awards to young engineers in high school and college, LL said, "There's a place in life for the arts and also for engineering. Keep doing what you are doing in engineering because you are the talent that keeps us all going – and we need you." He was thrilled to see thousands of young people energetic and representing engineering, science, technology, and math for NSBE and the Navy.

"Helping the Navy support NSBE and our future leaders to be educated, groomed and to prepare them for success is an honor which I can hardly put into words," said Martin.



LL Cool J (center, with hat) was on hand to congratulate students that were presented a total of \$468,533.64 in scholarship money at the 37th annual National Society of Black Engineers conference in St. Louis recently. Other members of this happy group are CWO4 Richard Williams, left, NRD San Francisco, student liaison; CDR Kenny Brown, NRC Diversity Office; Brian Douglas; Alexander Matthew Roberts; Lesley Blair Winchester; Malikul Aman Azig; Keji Aderibigbe; and NCC(SW) Steven C. Martin, NRC Diversity Program manager.

Graf then joined Curtis on stage in presenting largerthan-life-size checks to five Navy scholarship recipients. The room was elevated to a high pitch as the first check in the amount of \$20,000 was presented. With each presentation, the energy of the audience was raised to higher proportions. By the time the final \$180,000 check was presented, the audience was ecstatic. A whopping total of \$468,533.64 left the crowd with a vested interest in discovering the criteria of pursuing a career in the Navy. When a Navy video ended, many in the crowd gave a standing ovation. "I think the students had a great time," said Williams-Robinson. "I think it showcased a lot of future engineers and it brought them together to see what everybody was doing and what NSBE really embodies."

Navy Recruiting Command is in the forefront of supporting the overall mission of the Chief of Naval Operation's 20/30 diversity vision, which starts with each and every personnel in building an inclusive Navy that must and will grow within our diverse society.



A Global Force for good

A GLOBAL FORCE FOR GOOD."

C A

Story by MCSN Ty C. Connors, NRC Public Affairs Photo by Chris Desmond, NRC

ear you:

MILLINGTON, Tenn. – America's Navy – A Global Force for Good has come to the Navy Exchange (NEX).

In early May, the NEX Service Command (NEXCOM), based in Virginia Beach, Va., unveiled a new line of Navy brand products that will carry the Navy brand into the home and workplace. The NEX in Millington was the pilot location.

NEXs worldwide carry unique products that are localized to the area they serve in addition to the multitude of other products and uniform items that all stores carry.

Now NEX shoppers will be able to bring home the Navy's brand: America's Navy – A global force for good. Select NEX locations will carry the product in their stores and a full line of the Navy brand products will be available on line at www.mynavyexchange.com for all authorized patrons.

"We are proud to work with Navy Recruiting Command to develop a product assortment highlighting 'America's Navy – A global force for good' and look forward for opportunities to develop even more categories of product to offer our Sailors and their families," said Lisa Matthews, Navy Pride buyer, NEXCOM.

"Being 'A global force for good' means doing whatever it takes, wherever it takes us," said LCDR Garth Gimmestad, NRC's Advertising and Marketing Department operations officer. "From sea control and maritime security to humanitarian assistance and disaster relief, the Navy's efforts are felt all around the world. It is truly 'A global force for good.' It is important that America feels a sense of ownership in the Navy. It is 'our' Navy and we should feel pride in this institution. This product line will help support that feeling."

The new Navy brand product line includes ball caps, T-shirts, two kinds of fleece pullovers, coffee and travel mugs, and water bottles. Products range in price from \$9.99 to \$46.99.



YN3 Matthew Nolen, 23, from Tallahassee, Fla., staff member at Navy Personnel Command, looks over the new branding products for sale featuring the slogan "America's Navy – A global force for good." The NSA Mid-South Navy Exchange was the first to debut the merchandise featuring the latest Navy brand.

"The Navy brand will project a centralized message of America's Navy as a global force for good," said Gimmestad.

For more information or to purchase Navy brand products, Sailors and their families may visit www. mynavyexchange.com and click on the Navy Pride link or visit their local NEX.



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Story and photo by Elizabeth Allen, NRD Portland Public Affairs

PORTLAND, Ore. -

As an active duty Sailor, BU2(SCW/SW) Sean Kriloff figured it was an okay idea to register with the C. W. Bill Young/ Department of Defense (DoD) Bone Marrow **Registry Program** seven years ago, never dreaming he would be called. But in March reality rang with a phone call telling him he was a match - in fact the only match out of 9,000,000 possible donors.

Kriloff was asked if he was still interested in donating bone marrow. He flew to Washington, D.C., 11 days later for a physical exam and more blood tests. A week later he was notified that he had been cleared to donate and on April 19, after two hours of surgery, Kriloff had given the gift of life to a terminally-ill patient.

He was pleased to be able to do this. "The biggest thing for me was



BU2(SCW/SW) Sean Kriloff with NRS Oregon City recently underwent a procedure to donate bone marrow. When he registered to be a donor seven years ago, he had no idea if he'd ever match anyone who'd need the life-saving technique.

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knowing this person is only 36 years old, [only] 10 years older than me. If I was dealing with this kind of thing, I would hope someone would step up for me," said Kriloff.

Extracting the bone marrow involves drawing it from the iliac crest (the part of the hip bone to either side of the lower back) with a special needle and a syringe. Several punctures are usually necessary to collect the needed amount of marrow. approximately one-two pints. This is only a small percentage of the total bone marrow and a body typically replaces it within four weeks. The donor remains at the hospital for 24-48 hours and can resume normal activities within a few days.

While most marrow donors can expect to feel some soreness in their lower back for a few

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days or longer, Kriloff was back in his NRS Oregon City office after flying cross country the following Monday. Although he was still a little sore and couldn't sit or stand for long periods at a time, he felt it was worth it.

"A little discomfort for a couple of weeks for me is nothing compared to saving this person," Kriloff said.

Luckily he had excellent home care. "My wife is a nurse, so she went with me and has been a big help all along the way," he said.

Kriloff doesn't know the name of his recipient and only knows a few details of the patient's situation, but would do it all again if asked. This is not a surprise, given his record of helping in the community. He is an assistant track (pole vault) coach for a local high school and helped with a breast cancer walk in May.

The DoD Bone Marrow Registry feeds into the National Bone Marrow Registry as an integral part of the national effort to match unrelated marrow donors.

The program is named for Congressman C. W. Bill Young, who initiated and supported the development of the National Marrow Donor Program and recruits DoD personnel and their dependents, DoD civilian employees, National Guardsmen, Coast Guardsmen and reservists.

When a match occurs, volunteers are given extensive counseling and medical evaluation at the C. W. Bill Young/DoD Marrow Donor Center.

DoD has played a vital role in the development of this life-saving national program due to the established spirit of volunteerism of members within the armed forces. One of the largest in the world, the C. W. Bill Young/DoD Marrow Donor Center provides the largest volume of life-saving marrow for patients throughout the world.







First Class Petty Officers Association volunteered to participate in a Katy Autisim Support event in Katy, Texas. On hand to offer their assistance were MC1 Kimberly R. Stephens, GSM1 Artiss Redmond, MAC Barbara Vasquez, Jordan Vasquez, Adriana Casso, NC1 Tara Concepcion-Valls, NC1 Gregory Harrison, Catherine Masha (president, Katy Autism Support) and AD2 Anderson Castrillon. (Courtesy



The Personalized Recruiting for Immediate and Delayed Entry Enlistment (PRIDE) system is one of six Legacy systems supporting the mission of Navy Recruiting. PRIDE is a classification and reservation system for accessed Sailors that allows for manual submission of recruiting goals and electronic transfer of "A" school quotas. The systems allows for the manual input of applicant personal information, test and physical results, and has the ability to search for quotas based on the anticipated ship date to Recruit Training Command.

Old PRIDE

- Legacy mainframe application first deployed in 1974.

- Data collected in or used by PRIDE is manually entered or re-entered at multiple points through the business process, creating inaccuracies and inefficiencies.

- Carries many limitations and is at the end of the life cycle.

- Not compatible with the Navy Marine Corps Intranet (NMCI) and cannot be upgraded because the technology is no longer supported.

PRIDE Mod

Modennization

- Replaces 1974 application and will improve enlisted applicant accession procedures and processes.

- Provides a single source of data entry beginning with the recruiter's ability to project an applicant to PRIDE Mod. PRIDE Mod will pass and receive required data from MIRS. These interfaces will eliminate a recruit's data being entered in multiple applications.

- Provides real-time access to data in MIRS and CeTARS, and will provide data to NSIPS to start the recruit's personnel record.

Compatible with NMCI.

- Benefilis
- Streamlined business processes for recruiter, processors, and applicant
- Reduced manual entry and phone calls
 - Transfer of shipping data to MEPCOM eliminates paper Applicant Processing Lists
 - NRC authoritative source for Navy accessions data
 - Real-time electronic accession data exchange with training and personnel systems - Data integrity
 - System user account expanded from 400 to 5,000 users

Technical Objectives of Modernization

Migrate Legacy PRIDE data to the PRIDE system modernization
 Migrate PRIDE functionality to current

- Migrate PRIDE functionality to current technology

- Deploy a system based on open standards that can easily accommodate incremental enhancements and integrate with Manpower, Personnel, Training and Education (MPT&E) and other Navy and Department of Defense systems - Reduce technical risk by replacing end-of-life hardware and software - Incorporate the Rating Identification Engine algorithm

- Reduce operational cost by migrating to current technology that is stable, reliable, maintainable, and scalable.

- Provide a robust query and reporting capability
- Provide for Web access
- Provide for disaster recovery
- Meet information assurance (IA) and security requirements



Story and photo by Jim Lumsden, NRD Chicago Public Affairs

CHICAGO – The ball was laid carefully on the hardwood, hugging the right-hand edge of the alley. Then it began drifting in toward the headpin. Drifting... drifting...drifting. Oops, gutter ball on the left side.

It's not about the game, it's about the fun. And that's what NRD Chicago's Zones 3 and 4 had during their bowling competition in northwest Indiana.

for bringing people in and for keeping [future Sailors] interested while waiting for the right job to open," added Zone 4 Supervisor NCC William Knecht. "Besides, we get a chance to call each other names," he quipped.

No one remembers the score. It just doesn't matter.



"We compete for real each month to get the right people into the Navy," said Zone 3 Supervisor NCC Emir Jimenez. "This is designed to blow off some steam and to give each of our recruiters a chance to match notes with others who have similar experiences."

"This kind of cross-training helps every one of our recruiters improve his or her skills, both



NCC Emir Jimenez, left, matches notes with NCC William Knecht about enlisted recruiting techniques at a bowling challenge between NRD Chicago's Zone 3 and Zone 4.





-based Recruiters Get

LOS ANGELES - NRD Los Angeles recently completed cardiopulmonary resuscitation (CPR) training.

The American Red Crosssponsored course, held over a two-week period in several locations throughout southern California, combined discussions, videos and hands-on training.

"We emphasize to our recruiters to plan their PT sessions carefully and establish contingencies in case of an emergency," said NCCS Cristobal Ascencios, NRD LA command trainer. "Being CPR qualified is a logical step."

The CPR training is the second phase of a threephase initiative designed to better equip recruiters who are charged with the well-being of future Sailors and potential officer candidates.

"The first phase of this initiative was showing our recruiters the correct way to conduct physical training," said Ascencios. "We went to





manneguin under the watchful eyes of LT Danielle Fischer while AC1 Alandrew Hobson observes.

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the gym and broke down our PT, step by step."

"The training at the gym was great," said NC1 Felicia Chavez. "We stressed the importance of performing the exercises properly to help alleviate injuries. These exercises are ones our future Sailors will see when they get to boot camp. It's important to give them a sound foundation to do the exercises properly."

The final phase will stress the importance of proper nutrition.

"Our PT is just one part. Teaching our future Sailors about eating right can help them in maintaining a proper body weight," said DCC Lisa Jack, NRD LA's command fitness coordinator. "We see the results of the sedentary lifestyle of today's youth and we think that giving them the facts on nutrition, along with promoting exercise, will help them make good lifestyle decisions."



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Story by MC1(SW/AW) Robert Keilman, NRD New Orleans Public Affairs Photo by Staff Sgt. Miguel Canchucaja

MONROE, La. – A Navy recruiter assigned to NRS Monroe sprang into action April 22 and saved the life of an elderly woman.

OS2 Mercedes Smith was conducting her normal recruiting duties at NRS Monroe when she was approached by Teresa Hayden, a store manager at a clothing store located in the same plaza as the NRS.

CPR, conducting chest compressions and breaths into the woman's mouth," said Smith.

Smith explained that she felt a variety of emotions as she desperately tried to save the woman's life.

"At the time, I was scared, nervous and anxious because I had somebody's life in my hands. During the ordeal, I started to tear up, but I had to fight back my emotions,

> hold my composure, and apply the training I learned," explained Smith.

Smith conducted CPR on the woman until Staff Sgt. James Coons, a nearby Marine recruiter, arrived on the scene to help.

"When I arrived, Petty Officer Smith was already performing CPR on the woman," said Coons. "There was a Good Samaritan already trying to help, but she seemed to be having difficulty. I told the Samaritan that I knew CPR, relieved the Samaritan, and began assisting Smith."

Coons assisted Smith by performing chest compressions on the woman while Smith breathed oxygen into the woman's mouth. Both Smith and Coons

"It was extremely busy at the store that day, and I remember one of our employees came to me and said that there was a lady at the front door who was hurting. When I saw her, she was grabbing her chest, and then she suddenly passed out. I immediately called the paramedics, and asked if anybody knew CPR. Nobody replied that they did, so I went over to the Navy [NRS] for help. When I got there, I swung the front door open and asked 'Does anybody here know CPR?" said Hayden. "They replied that they did and followed me out to where the lady was."

"When I arrived, I found a woman lying lifelessly on the ground. I checked her vital signs and noticed that she didn't have any, so I immediately began



An unidentified elderly woman who went into cardiac arrest recently just happened to be in the right place at the right time. OS2 Mercedes Smith, left, with NRS Monroe, La., was alerted of the medical emergency and started CPR. She was later joined by Staff Sgt. James Coons and the two were able to revive and stabilize her until the ambulance arrived and transported her to the hospital.

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conducted CPR on the woman in tandem until paramedics arrived.

"While we were conducting CPR, the woman suddenly began gasping for air, coughing and attempted to rise. I immediately checked her vital signs and noticed she had a faint pulse. Shortly after that, the paramedics arrived, placed a breathing apparatus over the woman's face, put her on a stretcher and transported her to St. Francis Hospital in Monroe."

"Petty Officer Smith seemed very calm and professional while she was conducting CPR on the woman. Honestly, if Smith hadn't started performing CPR on the woman when she did, I don't know if I would have been able to revive the woman by the time I got there," said Coons.

Smith explained that after the woman was transported away via ambulance, many customers and store employees thanked her for what she did, some calling her a hero.

"I don't consider myself a hero," said Smith. "I knew that somebody needed my help, and I didn't think twice about it; I wanted to do everything I could do to help. One of the customers told me that her father had passed away from cardiac arrest, and if she had been CPR-qualified, the outcome could have been different. If there's any point I could stress from this experience, it is getting qualified in CPR. It is so important to get this training because you never know when you will need to use it." "I was amazed because I saw the lady with no life, and suddenly, she was breathing. I think everybody should learn CPR; I know I want to learn it. I am very thankful that the Navy was there to help," said Hayden.

Smith said that although the incident is over, she and recruiters from NRS Monroe are unaware of the woman's current health condition.

"The woman unfortunately had no identification on her at the time," said Smith. "And since there are two St. Francis hospitals in Monroe, I don't know exactly which one they took her to. The managers at [the store] tried to get in touch with the hospitals to find out her condition, but with no name, the hospital cannot give out any information. I hope that wherever she is, that she and her family are doing well, and hopefully, I'll get to see her again soon."

Smith's actions are one of many examples in which Sailors like her around the world exemplify America's Navy as a global force for good. But for the people of Monroe, Smith demonstrated the Navy as a 'local force for good,' according to QM1 Kenneth Freeman, NRS Monroe's recruiter in charge. Smith regularly gives her best efforts at recruiting the best and the brightest people to serve in the Navy.

"Petty Officer Smith is very dependable and great to work with," said Freeman. "One of her best qualities is that she puts people first on a daily basis. Her actions on April 22 are but only one testament of that."





MUSN Luke Franco, bass player (left), MU3 Pat Waters, quitarist, and MU3 Gene Register, keyboardist with Navy Region Southeast's rock band 'Pride' speak to students about careers in America's Navy Music Programs after a performance at G. Holmes Braddock Senior High School in Miami. More than 2,500 Sailors, Marines and Coast Guardsmen were in South Florida for Fleet Week Port Everglades 2011. The week-long celebration of the sea services honored the men and women of the military through public events and recognition, and also provided the sea services an opportunity to showcase the capabilities of surface platforms, equipment and the skills of the men and women serving aboard these vessels.(Photo by MCC Gabe Puello, NRD Miami Public Affairs)

A GLOEAL FORCE FOR GOOD

NSW/NSO Procedures Change

Story by MCSN Ty Connors, NRC Public Affairs Photo by MC2 Dominique M. Lasco

MILLINGTON, Tenn. – NRC is charged with the task of recruiting the U.S. Navy's finest Special Warfare/Special Operations (NSW/ NSO) candidates who possess the determination, initiative, physical ability and necessary requisite skills to complete the rigorous and lengthy training pipelines associated with each of the five NSW/NSO ratings.

"The war isn't getting any easier, neither is our training," said SOCM Matthew May, SEAL liaison for NSW/NSO recruiting. "The minimum never suffices. We need our future Sailors to be stronger, faster and smarter than our enemies."

Success of the NSW/NSO recruiting program relies on the informal motto that NSW/ NSO recruiting has used since its inception: Put the right people into the right job.

Over the last two years NRC has gathered information on the successes and failures of Sailors that choose to join the five ratings. Data has revealed that false information has been spread to future Sailors prior to shipping to Recruit Training Command (RTC) and that misinformation needs to be corrected.

There are no reclassification opportunities in RTC.

Once a Sailor from the fleet ships with a NSW/NSO job, they are locked in and will not be reclassified at RTC.

Warrior challenge (NSW/NSO) rates are currently closed at this time for all year tier groups.

If a candidate drops from a NSW/NSO program, they cannot re-class in boot camp.

If a Sailor is dropped from the NSW/NSO program, they will be placed where needed. The same rule applies once a fleet Sailor enters RTC.

Warrior challenge rates are currently closed to Navy veterans or other service veterans except for former special forces or special operations service members.

"It is imperative to ensure that a future Sailor is shipping with the contract appropriate for them upon entry and there is no misleading information given to them that they believe they can switch upon entry into RTC," said EODCM(EWS) William D. Nesbitt, NRC NSW/NSO leading chief petty officer. "We want and care about the success of our future NSW/NSO Sailors."

A Basic Crewman Training (BCT) candidate takes a breath during a conditioning swim in San Diego Bay. BCT is the first phase of special warfare combatant-craft crewman (SWCC) training. SWCCs operate and maintain the Navy's inventory of state-ofthe-art high performance boats used to support special operations missions worldwide.



Additionally, NRC wants to ensure a clear understanding of the recent changes in 'the rack and stack,' the competitive selection process for warrior challenge contracts.

"We have added the Special Operator rating [SEALs] to the rack and stack and have reduced the overall new contract objective for East and West Regions," said Nesbitt. "What does that mean? Simply put, it now places all five rates in a selection process to ensure the best candidates are awarded our few contracts available for each rating. NSW/ NSO recruiting has been very successful and the success is a direct reflection of the hard efforts of all recruiters in the field. Continue to ensure all NSW/NSO candidates are channeled through the mentors and coordinators in your district."

"Emphasis is placed on quality, not quantity," said May.

There are also changes in the process of converting from in-fleet ratings to Special Warfare ratings. As part of the conversion process for Sailors who wish to become a SEAL or SWCC, career counselors must fill out a physical standards test request and a Navy counselor (NC) worksheet, and submit them to NSW/NSO recruiting for processing.

In the past, these forms were found exclusively on www. seal.navy.mil <http://www.seal.navy.mil> or www.swcc. navy.mil <http://www.swcc.navy.mil>. NRC NSO/NSW recruiting is in the process of shutting down these two sites (along with www.sealchallenge.navy.mil <http://www. sealchallenge.navy.mil>) and redirecting them to www. sealswcc.com <http://www.sealswcc.com>, which is the official Special Warfare recruiting Web site.

The worksheet and physical screening test request have been duplicated for in-fleet candidates on www.sealswcc. com <http://www.sealswcc.com>.

Upgrades to ensure privacy protection and ease of use have been made to the site www.sealswcc.com and it is a great place to get complete, official information about the training process, community history, and supporting imagery including instructional videos. NCs can get smart on the Special Warfare community and candidates can talk with each other and official moderators to get straight answers to their questions. Even though this is a dotcom site, it is recognized by the Navy as an official U.S. Government site. It's operated as a component of the Naval Special Warfare Command and is staffed by SEALs, SWCC, NCs, other enlisted, officers, and GS civilians.

For more information Sailors can go to www.facebook.com and search for "U.S. Navy EOD," "US Navy Diver" or "Navy Air Rescue."

With 70 percent of the world covered in ocean, 80 percent of the world's population living near coasts and 90 percent of the world's commerce traveling by water, America's Navy is very much a global force for good. NRC's mission is to recruit the best men and women for America's Navy to accomplish today's missions and meet tomorrow's challenges.





EM2 Tommie Lester, left, from NRS Rocky Mount, N.C., and BU1 Walter McCallop with NRS Raleigh, N.C., were two of the recruiters from NRD Raleigh who helped clear trees and other debris from people's yards after tornadoes swept through the Raleigh area April 16. (Photo by Kelly Wright, NRD Raleigh Public Affairs)



By Elizabeth Allen, NRD Portland Public Affairs

MCMINNVILLE, Ore. – Since October of last year, local students in grades K-12 have been attending science, technology, engineering, and mathematics (STEM) presentations by NRD Portland Sailors at the Evergreen Aviation and Space Museum in McMinnville. For the biodiversity presentation, EM1(SS) Jerico Hasselbush found a video of oceanic biodiversity demonstrating the inter-connectedness of the food chain and the importance of sustainable fisheries. CTI1(SW) Richard Mullen used a lecture from NASA about

About 75 students attend the monthly presentations which run through July and are part of the museum's outreach program. Topics such as aerodynamics, electricity and magnetism, planetary geology, weather, NASA, and biodiversity have been covered by volunteers from NRD Portland who report that by giving the lectures they've learned as much as the students.

"Not being a subject matter expert on the subjects has made for an



CTI1(SW) Richard Mullen, NRD Portland, explains planetary geology, using a baking soda volcano, to students during a STEM presentation at the Evergreen Aviation and Space Museum. (Photo by Elizabeth Allen, NRD Portland Public Affairs)

interesting learning curve for our various presenters," said NRD operations officer LCDR Keith Willison, who helped organize the events. "It usually takes two-three days to prepare for each event. Research includes learning about the topics, locating photos and videos, and preparing a PowerPoint show."

Another challenging aspect of the presentation is coming up with hands-on exercises or crafts relative to the subject for students to participate in. planetary geology which included lab ideas like a baking soda volcano.

"The biggest challenge is not only researching each topic but presenting it to the diverse age groups. What may be interesting to K-third graders is not even remotely interesting or informative to grades 7-12," said Mullen, a local recruiter who has given three different lectures.

AMERICA'S NAVY

Some interesting questions have been asked during the lessons. During one presentation, a six-year-old asked Executive Officer CDR Ron Candiloro if the Navy was currently using rail gun technology in their weapons development.

Hasselbush was questioned about the sonar used by the Navy and its effective range.

Mullen was asked about how pesticide use is affecting bats.

Attendance has increased since the program started and the local newspaper has published a story on it. All students participating in the STEM lessons are home schooled. They spend the entire day at the museum



LCDR Keith Willison, operations officer at NRD Portland, assists a student in trying on flight gear at the Evergreen Aviation and Space Museum in McMinnville, Ore., during a recent STEM demonstration. (Courtesy photo)

and attend four different presentations. Museum staff put together three of the lectures and the fourth was prepared by the Sailors.

The Evergreen Aviation and Space Museum is best known as the home of the world's largest airplane ever constructed, the wooden Spruce Goose built by Howard Hughes, Other exhibits of interest at the museum include a SR-71 Blackbird which can fly over 2.000 MPH, a Titan II SLV missile and World War II fighter airplanes including a Grumman F6F-3 Hellcat. There are more than 150 historic aircraft, spacecraft and exhibits on display, along with artwork and traveling displays.





The Navy's First Destroyer

USS *Bainbridge*, a 420-ton destroyer that was the first of her class, and the first ship classified as a destroyer by the U.S. Navy, was built in Philadelphia, Penn. Commissioned in November 1902, she remained in reserve status until February 1903 and then operated with the North Atlantic Fleet. In December 1903, *Bainbridge* left the United States on a long voyage to the Philippines. Accompanied by four of her sister destroyers, she steamed across the Atlantic, transited the Mediterranean, passed through the Suez Canal and crossed the Indian Ocean, arriving at Cavite, near Manila, in April 1904. She served in the Far East for the next 13 years, mainly in the Philippine Islands and along the China coast.

Bainbridge left Asian waters in August 1917 to reinforce the U.S. Navy's battle against the German U-boats in the eastern Atlantic. Between September 1917 and mid-1918 the destroyer operated in the vicinity of Gibraltar escorting convoys and conducting patrols. She steamed across the Atlantic to Charleston, S.C., in July 1918 and spent the rest of World War I, and the early post-war months, serving along the east coast of the U.S.

Bainbridge was decommissioned at the Philadelphia Navy Yard in July 1919, and subsequently sold for scrap in early January 1920.

USS *Bainbridge* was named in honor of Commodore William Bainbridge (1774-1833), one of the leading figures of the early 19th century U.S. Navy.



Cloeal Force for good



SEATTLE – Recruiters from NRD Seattle spent countless hours over a six-week period volunteering as mentors and motivating area high school students for a robotics competition. "I was at the school every Saturday and Sunday for the first three weeks" said Sidzyik. "I helped them with organizing the project and making sure they stayed on track to meet their goals."

A regional match of FIRST® (For Inspiration and Recognition of Science and Technology), a non-profit organization for children, was held at Seattle's Qwest Events Center. More than 100 teams from high schools around the region battled for finalist spots in the national competition that was held in St. Louis the last week of April.

The FIRST® program is designed to promote interest in science, technology, engineering and math around

the country by giving students the opportunity to work with volunteer mentors and coaches to build robots for competitions.

The contest, which has a different goal every season, was to build a robot to perform a specific action while staying within a strict set of specifications. The robots built by the teams ranged from defensive robots designed to deter their opponents from scoring to offensive robots designed to pick up inflatable shapes and place them on a six-foot tall rack on a playing field.

AM1(AW) Michael Sidzyik mentored a team from Concrete High School in Concrete, Wash. Made up of seven students and three mentors, the group built their robot in just six short weeks leading up to the competition.

Students from Concrete High School's team competed in a regional competition of the FIRST® robotics program in Seattle, Wash. NRD Seattle recruiters volunteered at local high schools to mentor students for the competition. (Courtesy photo)

Sidzyik's Navy skills helped out in the process too. "My training and background as a metal smith helped with the fabrication and design of the team's robot," said Sidzyik.

The program, which is in its 20th year, has also been an opportunity for Navy recruiters to build relationships with their schools. Sidzyik has been able to bring the bigger Navy picture back to the smallest of the high schools in his area.

"It has given them exposure

to the bigger picture that usually only students from larger schools get, as well as a view of what bigger opportunities exist outside of their small town and what opportunities the Navy can provide them," said Sidzyik.

Being involved in the competition this year even motivated Sidzyik to introduce the program to other high schools in the area as well as his son's school which can participate in the FIRST® LEGO® League that is geared for younger students.

The FIRST® program has competitions for students of all ages from kindergarten through seniors in high school and is supported through donations and volunteers around the country.









Story and photo by MC1 Kimberly R. Stephens, NRD Houston Public Affairs

CHANNELVIEW, Texas – American Legion Post 644 hosted a welcome home ceremony May 14 for a local wounded warrior.

by Navy Safe Harbor – the Navy and Coast Guard's wounded warrior support program – about Thompson's condition. Navy Safe Harbor's Anchor Program matches a Sailor or Coast Guardsman returning to his or her local community with mentor volunteers that will provide

HM2 Anthony Thompson was injured April 20, 2007,

in Iraq when an improvised explosive device was detonated by a suicide bomber under a highway overpass guarded by his unit. He sustained severe spinal cord and brain injuries in the attack.

Thompson was a patient at James A. Haley VA Hospital in Tampa, Fla., from July 2007 to December 2010. For a seven-month span of time during that period, he was treated at Kessler Institute of Rehabilitation in West Orange, N.J. He remains in a minimally conscious state after his three years of intensive rehabilitation therapy.

The American Legion was notified



LT Will Dixon, NRD Houston officer recruiter, and nurse applicant Renato Hrg welcome home HM2 Anthony Thompson, his wife Ivonne and their son A. J. at a ceremony at the American Legion Post 644 in Channelview, Texas. Thompson sustained severe spinal cord and brain injuries April 20, 2007, when an improvised explosive device was detonated by a suicide bomber under an Iraq highway overpass guarded by his unit.

local support and assistance.

"We love to do this! We have done several welcome home ceremonies for service members," said Dianna Lambert, president of the post auxiliary. "They need to know we care."

LT Will Dixon, NRD Houston officer recruiter and a former hospital corpsman, began the ceremony by thanking Thompson and reading the corpsman prayer.

"All of this touches my heart because I am a former hospital corpsman," said Dixon. "Thank you for your sacrifice and service to our country."

CLOEAL FORCE FOR GOOD

Thompson, along with his wife and primary caregiver, Ivonne, and their son A. J., received memberships to the American Legion and Auxiliary, along with the organization's pledge to assist them in whatever way possible.

American Legion Post Commander Eli Cedillo, a Marine Corps veteran who served in Desert Shield and Desert Storm, spoke about why welcome home ceremonies are so important.

"When I got off the plane [after a tour of duty] there were many people there to greet us," said Cedillo. "A Vietnam veteran shook my hand, thanked me for my service, and said this is a welcome home he never got." From that point on, Cedillo explained, he would do whatever he could to ensure that all service members receive the reception and gratitude they deserve after returning from combat.

"I want to make sure every service member I can [support] feels welcomed when they come home," he said.

"We have three new members to our family," Cedillo said of the Thompsons. "It is not the end; it's the beginning because we are here for the Thompsons."







BM3 Raymon Young from USS *Iwo Jima* (LHD 7) poses for a photo with Javier Vazquez, Florida Marlins pitcher, before a game with the Los Angeles Dodgers at the Sun Life Stadium in Miami Gardens during Fleet Week Port Everglades 2011. (Photo by MC2 Eric Garst, Commander, U.S. Second Fleet)

AMERICA'S NAVY

Guts Ribbon at New Headquarters

lavy Recruiting District

Story and photo by MC1(SW/AW) Robert Keilman, NRD New Orleans Public Affairs Office

BELLE CHASSE, La. – RDML Robin Graf, Commander, NRC, visited NRD New Orleans (NRD NOLA) headquarters on board Naval Air Station, Joint Reserve Base (NAS JRB) New Orleans in Belle Chasse, La., on May 24.

During her visit, Graf recognized Sailors and DoD civilian employees in an awards ceremony, conducted a promotion ceremony, and presided over a ribbon and cake cutting ceremony for the new NRD NOLA headquarters located at 400 Russell Avenue, Building 192 in Belle Chasse. Previously located in New Orleans' Bywater



In a recent ceremony, RDML Robin Graf, commander, NRC, cuts a ribbon to officially open the new NRD New Orleans headquarters. Also participating were CDR David Weller, left, commanding officer, NRD New Orleans, and CAPT Tom Luscher, commanding officer, NAS Joint Reserve Base New Orleans.

CLOPAL FORCE FOR GOOD

close to a gymnasium and have miles of roadway to PT on," said Graf.

After the ribbon cutting, Graf invited everyone inside the new headquarters conference room for a cake cutting and refreshments.

After the awards ceremony, Graf spoke to NRD NOLA recruiters about general military topics such as suicide prevention, sexual harassment, and the Navy's Enlisted Retention Board – a policy aimed at reducing personnel in career fields that are projected to be more than 103

District at 4400 Dauphine Street, the move to the West Bank area was a result of the 2005 Base Realignment and Closure process.

"It's a pleasure for me to be here today onboard NAS JRB New Orleans to commemorate the opening of the New NRD New Orleans headquarters building. This is one of the nicest Navy Recruiting District buildings I have seen. This new location will be beneficial to all those working here because they are closely aligned with MEPS [Military Entrance Processing Station], have access to the commissary and the Navy Exchange, are percent manned by fiscal year 2012. She also spoke about topics related to upcoming recruiting tools that will help streamline recruiting efforts such as the use of mobile laptops, which have the flexibility of gaining Internet access at various locations. This will eliminate the burden on recruiters who need to travel back and forth from their NRSs to their destinations to conduct applicant processing.

Graf concluded her visit by breaking out into group sessions with senior enlisted and officer leadership to address concerns and answer questions.



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Story by MC2(SW) Porter Anderson, NRD Minneapolis Public Affairs Photo by BM2 Michael Leibold, NRS Cedar Rapids

CEDAR RAPIDS, lowa – As summer begins and high school graduates look forward to jobs and college, two students from Williamsburg High School are making final preparations to join the U. S. Navy.

Twin brothers Sidney and Stuart McMillin are both entering Recruit Training with the ultimate goal of becoming Navy Divers.

To apply for the Navy Dive Program a high level of physical fitness is required. Exercises are timed and include a 1.5-mile run,

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Future Sailors Stuart, right, and Sidney McMillin take a swimming test during their physical standard assessment for entry into the Navy Dive Program and Recruit Training. This program is part of the Special Operations Force that conducts the Navy's underwater support mission.

500-yard swim, push-ups, sit-ups and pull-ups.

"These two are natural athletes and are born to swim," said CS2(AW/SS) Joshua Campbell, who recruited the

brothers. "Their school doesn't have a pool and the twins have been getting up at 5 a.m. every morning and driving 30 minutes to swim laps in Iowa City."





Navy Recruiting Region West Holds Change of Command at National Civil Rights Museum



By MC2(SCW) Michael B. Lavender, NRC Public Affairs Photo by Chris Desmond, NRC

MILLINGTON, Tenn. – Navy Recruiting Region West held a change of command ceremony June 9 at the National Civil Rights Museum in Memphis, Tenn.

During the ceremony, CAPT Voresa Booker relieved CAPT Yolanda Y. Reagans in a historic diversity moment: Two female African-American Navy captains exchanging command.

While at the helm of Region West, Reagans oversaw the recruitment of more than 50,000 applicants into the Navy. Additionally, she helped create new standards of physical and mental fitness for Delayed Entry Program members, reducing accession losses to all-time lows, saving the Navy hundreds of thousands of dollars annually.

Reagans, of Union, N.J., graduated from the U.S. Naval Academy and received her commission in May 1983. She earned a Master's degree in Education in 1991. In 1996, she graduated from Naval War College and earned a Master's in National Security and Strategic Studies. Additionally, in 1997, she graduated from the Joint Forces Staff College in Norfolk, Va.

From July 2006 to April 2008, Reagans served as special assistant to the Chief of Naval Operations for Diversity until becoming Navy Region West's commodore.

Reagan's follow-on assignment will be vice commandant at the Defense Equal Opportunity Management Institute at Patrick Air Force Base, Fla.

Booker described some of the challenges she has faced in the past and her excitement in becoming Navy Recruiting Region West's commodore.

"Being an African-American in a predominately male environment has always been somewhat of a challenge," said Booker. "One of the things I've always felt is that I always have to prove myself and a lot of times I was the



CAPT Voresa Booker, left, and CAPT Yolanda Y. Reagans cut the cake after their recent change of command ceremony at the National Civil Rights Museum in Memphis. They made Navy Recruiting Region West history with the change of command from one female African-American Navy captain to another female African-American Navy captain.

only one or one of few African-American female officers, but I always rolled up my sleeves and got the job done."

"When I got promoted, there were 26 African-American female captains in the entire Navy with roughly 320,000 people," said Booker. "I really felt like I joined an elite group of women. Now, to be relieving a fellow Navy captain, who is also an African-American female, is a historic moment. I believe this is the first time this has happened in a Navy Recruiting Region."

A native of Jackson, Tenn., Booker attended Lane College and earned a Bachelor of Science degree in Business Administration. During her first enlistment, Booker was selected for Officer Candidate School and was commissioned in March 1985.

Booker attended the Naval Postgraduate School and earned a Master's degree in Systems Management. Her

last assignment before assuming command of Region West was at Navy Personnel Command where she served as the Human Resources Officer head detailer.

"I am ready to take command of Region West," said Booker. "As a commodore responsible for roughly half of the nation's recruiting force, I find it to be a challenge that I am up to. With each job I have undertaken my responsibilities have grown larger and larger culminating in this challenging assignment. In my past experiences, I was a commanding officer of a Navy Recruiting District, moving on to Millington as the director of human resources and then detailing. Now, I'm coming back to recruiting to serve as the commodore of 13 Recruiting Districts in 26 states including Hawaii and Alaska. I'm happy to be here and happy to join Team West."



"Twins" from page 28

Sidney and Stuart have been swimming competitively for the past 10 years and have implemented workouts focused on running, arm strength and core stability, as well as using one another for support.

"I've had strong support here at home," said Sidney. "My dad has been telling us about his time in the Navy, and Stu and I are always there for one another."

The twins were inspired to join the Navy when they participated in the SEAL Fitness Challenge at the University of Iowa. Their father worked on computer systems when he was in the Navy.

"These boys know what they want to do and that's to make a career in the Navy as a diver," said Campbell. "Their determination and motivation are an inspiration to young and future Sailors, and even Sailors like me who have been in the service for years."

While Sidney entered the Delayed Entry Program in September and Stuart entered in October, both will be attending boot camp at Great Lakes, III., at the same time this summer.

"As the countdown gets closer I find myself getting nervous and excited," said Stuart. "Because right now I know that in my gut I want to make Navy Diver my career."



AMERICAS NA



Members of the Navy Recruiting Command National Diversity Team are LCDR Kenny Brown, back left, and LT Luke Kelvington; LT Armando Fernandez, middle left, CDR Roy Harrison, and NCC Steven Martin; LT Ingrid Rivera, front left, and NCC Juan Lamogliachinchilla. Fernandez is attached to Naval Sea Systems Command, while Rivera is assigned to Naval Facilities Engineering Command. The remaining members work at NRC headquarters. The team travels to various events promoting diversity recruiting in the Navy. (Courtesy photo)

THE DISTRICTS' BEST STATIONS

April 2011

NRD Nashville

NRD Chicago NRS Waukegan

NRD Dallas NRS Mesquite

NRD Denver NRS Longmont

NRD Houston NRS Humble

NRD Jacksonville NRS Savannah

NRD Los Angeles NRS Canoga Park

NRD Miami NRD South Fort Myers

NRD Minneapolis NRS Rochester

NRS Knoxville NRD New England NRS Stamford NRD New Orleans

NRS Fort Walton Beach

NRD New York NRS Tribeca

NRD Ohio NRS Alliance

NRD Philadelphia NRS East Point

NRD Phoenix NRS El Paso Central

NRD San Antonio NRS Southeast

NRD San Diego NRS Escondido

NRD Portland

NRS Eugene

NRD Raleigh NRS Greenville

NRD Richmond

NRS Fairfax

NRD San Francisco NRS Daly City

NRD Seattle NRS Northgate

NRD St. Louis NRS Grandview NRD Atlanta NRS Cartersville

NRD Chicago NRS West Bend

NRD Dallas NRS Cleburne

NRD Denver NRS Logan

NRD Houston NRS Longview

NRD Jacksonville NRS West Jacksonville

NRD Los Angeles NRS Pearlridge

NRD Miami NRS Ft. Lauderdale

NRD Minneapolis NRS Coon Rapids

> NRD Nashville NRS Knoxville

NRD New England NRS Poughkeepsie

NRD New Orleans NRS Hattiesburg

NRD New York NRS Patchogue

NRD Ohio NRS Medina

NRD Philadelphia NRS Marlton

NRD Phoenix NRS Casa Grande NRD Portland NRS Eastport

NRD Raleigh NRS Wilmington

NRD Richmond NRS Richmond

NRD San Antonio NRS Brownsville

NRD San Diego NRS Garden Grove

NRD San Francisco NRS West Sacramento

NRD Seattle NRS Everett

NRD St. Louis NRS Florissant

ADMIRAL'S FIVE-STAR RECRUITERS

April 2011

NRD Chicago AO2 Jessie Green

NRD Dallas EO2 James Lewis

NRD Denver AM2 David Redd

NRD Houston EM2 Jose Penaloza

NRD Jacksonville IC2 Benjamin Jewett

NRD Los Angeles MM1 Ferlin Espinal

NRD Miami YN2 Robert Russ

NRD Minneapolis AZ2 Ryan Schlotfeld

NRD Nashville n SH2 Demetrius Smartt

> NRD New England CTM1 Robert Vetter

NRD New Orleans OS2 Jonathon McDonald

NRD New York ET1 Amauri Maria

NRD Ohio MM2 David Dennis

NRD Philadelphia OS2 Esau Garcia

NRD Phoenix NC1 Andres Palma

NRD Portland BU2 Sean Kriloff NRD Raleigh EM2 Roberto Rodriguez

NRD Richmond AM2 Alfredo Contreras

NRD San Antonio LS1 Dorian Clark

NRD San Diego QM2 Isaiah Jones

NRD San Francisco LS2 Anthony Solis

NRD Seattle IC1 Jeremy Standifird

NRD St. Louis AD2 Rodney Parsons

May 2011

NRD Atlanta STG2 Ryan Morrow

NRD Chicago AO2 Jessie Green

NRD Dallas MA1 Frankey Cooper

NRD Denver AT2 David Squier

NRD Houston ABE1 Jarrett Clewis

NRD Jacksonville FC2 Michael Faehse

NRD Los Angeles DC1 Daniel Ortega

NRD Miami PR2 Kens Jeancharles NRD Minneapolis ABF2 Rodney Walker

NRD Nashville YN2 Terral Shouse

NRD New England OS1 David Morey

NRD New Orleans ABF1 Jason Lewis

NRD New York UT2 Mohammed

Islam

NRD Ohio AM2 Thomas Jancik

NRD Philadelphia EN2 Jilmar Pena

NRD Phoenix CS2 Carlos Escobar NRD Portland AD2 Phillip Weiner

NRD Raleigh QM2 Brandon Chandler

NRD Richmond ABH2 Dwayne Black

NRD San Antonio BM2 Chris Sibille

NRD San Diego QM2 Isaiah Jones

NRD San Francisco EM2 Ding Ding

NRD Seattle OS1 Nicholas Guidry

NRD St. Louis MM2 Harry Coqmard

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