

RF goes for Gold in Atlanta
Chemical Biological Incident Response Force
ports Olympics. 9A

worst of Bertha
dise Point home is declared Camp
une's hardest-hit residence after Hurricane
na. 14A



**Hurricane
preparedness**
An ounce of
prevention is worth a
pound of cure when it
comes to hurricanes.
2C

Youth Swim Competition
Camp Lejeune youths make waves
in swimming competitions around
Eastern North Carolina. 1B

Marine Corps Pistol Team
Lejeune team claims
interservice pistol
championships in Little Rock,
Ark. 2B

THE GLOBE

Camp Lejeune, N.C.

26, 1996

Briefly

Bertha Hotline

Hurricane Bertha Informa-
tion for military members and
families has been estab-
lished. Call 451-1717.

Bertha claims

The number of claims for com-
pensation for personal property
losses due to Hurricane Bertha has
been significantly less than ex-
pected. The special claims pro-
cessing site at the New River BOQ
has been moved to the New River
Law Center, Bldg. AS216.
Processing sites at Tarawa Terrace I El-
mentary School and Camp Lejeune
High School will remain open
through July 27. After July
the processing site for Hurri-
cane damage claims aboard Camp
Lejeune will be the Base Claims
Office at the Office of the Base
Judge Advocate, Bldg. 66.
Vicemembers are encouraged
to file claims as soon as possible
to ensure processing while the
MC adjudicators are still at
Camp Lejeune.

Scout aides

Volunteers are needed to help
with activity stations and act as den
leaders for approximately 300
Cub Scouts at the annual Cub
Scout Day Camp at the Brewster
outing area. Enjoy a week
packed with sports, crafts and
activities such as fishing, archery,
knot working, knot tying, wood
working and more. The theme this
year is Western Roundup and will
run from 8 a.m.-3:30 p.m. daily
July 29 - Aug. 2.
Volunteers are needed as soon
possible, but will be taken up
to the camp dates. Permissive
AD can be authorized in support
of scouting activities. Contact
Sgt. Smith, MCB scouting coordi-
nator at 451-2106 or camp di-
rector Sharon Dudley at 347-
1330.

Help wanted

The Provisional Support Bat-
talion-LANT (PSB), 4th FSSG
SMCR, has 60 vacancies.
Marines approaching their end
of active service are encouraged
to inquire about reserve opportu-
nities with Provisional Support
Battalion-LANT.
For more information, contact
prior-service recruiter at 451-
449 or call the unit at 451-2442.

Bible School

The Main Protestant Chapel
will conduct a Vacation Bible
School for dependents, kindergar-
ten through adult, from July 30 -
Aug. 3. A presentation will be fea-
tured during worship service Sun-
day, Aug. 4, followed by a picnic.
For more information call the
Protestant Chapel at 451-5646.

22nd MEU (SOC) returns from Mediterranean



Sgt. R. A. Smith

Marines from BLT 2/2, a part of 22nd MEU (SOC) are welcomed home from their six month deployment to the Mediterranean Sea by waving flags and cheers from loved ones as they parade down Main Service Road upon their return July 23.

22nd MEU Public Affairs Office

Marines and Sailors of the 22nd Marine Expeditionary Unit (Special Operations Capable) returned home this week after a routine six-month deployment to the Mediterranean Sea region.

While acting as the Landing Force Sixth Fleet, the 22nd MEU (SOC) conducted various multi-national exercises such as "Matador '96," in Zaragoza, Spain; "Destined Glory," in Sardinia, Italy, and Albania Cold Weather Training, in Albania. These exercises demonstrated the interoperability of combined European-American forces. The broad scope of training placed the Marines in many different types of environments and terrains throughout their deployment.

While conducting operations in the Adriatic Sea, in support of the Bosnia peace-keeping agreement, the 22nd MEU (SOC) embarked aboard four amphibious assault ships.

The MEU was called upon to steam south to the coast of Africa and provide security at the American Embassy in Monrovia, Liberia and assist in the evacuation of American citizens and other foreign nationals from the war-torn country. While conducting Operation Assured Response, the 22nd MEU (SOC) assisted another U.S. Embassy in the Central African Republic which requested the evacuation of American citizens due to political unrest there.

During the operations more than 700 American citizens and third-country nationals were evacuated from the two U.S. embassies.

As their six-month deployment was coming to an end, the 22nd MEU was relieved near the coast of Africa June 27 by a Special Purpose Marine Air Ground Task Force from Camp Lejeune which continues to provide assistance there.

While the majority of their time abroad was spent conducting real world operations, a few of the Marines were able to enjoy liberty ports in cities such as Valletta, Malta; Naples and Trieste Italy; Cannes, France; and Rhodes, Greece.

The 22nd MEU (SOC) is commanded by Col. M. W. Forbush and is comprised of Battalion Landing Team 2/2, Marine Medium Helicopter-162 and MEU Service Support Group-22.

Industrial-area fire draws quick reaction from Base officials

Sgt. Chuck Albrecht
Globe Staff

Camp Lejeune emergency response personnel responded to a fire near Bldg. 1604 in the industrial area July 19.

At approximately 9 a.m., duty personnel from 8th Communication Battalion noticed smoke from a battery locker in the immediate area. Within minutes, fire and military police units responded, secured all buildings within half a mile of the site and began fighting the fire which was completely controlled by 10:25 a.m.

"Thorough coordination and quick response by all units involved, prevented a potentially serious situation from happening," said Col. J.C. Yannessa, on-scene commander of the incident and assistant chief of staff, of the newly developed Installation Security and Safety Department. This department streamlines emergency response and coordination efforts aboard the Base during any crisis.

"We received the call and arrived on scene within three or four minutes," said acting fire chief, Robert Bright of the Fire Protection Division. "We hit it with our master stream which produces 1,000 gallons of water per minute and knocked the fire right down."

Seventeen civilians and eight military personnel were seen and released by the Naval Hospital. Three firefighters were treated for heat exhaustion induced by their protective gear and the high humidity. The area was cleaned up and the batteries taken off Base. The cause of the fire is under investigation.

R-CAPEX demonstrates Corps' capabilities



Cpl. Oliver Caldwell

Marines provide forward air control communications with jets supporting the landing forces aboard Landing Crafts Air Cushioned during the force projection phase of the R-CAPEX at Riseley Pier, July 18.

Cpl. Oliver Caldwell
Globe Staff

As landing crafts approached Onslow Beach from the ocean's horizon, two low-flying F/A-18s buzzed Riseley Pier, seared the eardrums and nerves of spectators gathered there, then began a simulated ordnance delivery on the surrounding area, July 18.

This was the start of the Revised Capabilities Exercise (R-CAPEX)—a seven-part demonstration of amphibious Marine Air Ground Task Force (MAGTF) expeditionary warfighting capabilities staged for Capstone Flag Officers (newly promoted generals and admirals) and distinguished guests.

Previous CAPEXs demonstrated only a portion of the Corps' capabilities in the form of a mini-battle conducted in one area aboard the base.

Current revisions directed by LtGen. Charles E. Wilhelm, commander, Marine Forces Atlantic, have turned the exercise into a well-rehearsed, action-packed opportunity for educating specta-

SEE R-CAPEX/6A

ALMAR outlines funds transfers for travel

WASHINGTON, D.C.—Headquarters, U.S. Marine Corps recently published an announcement reminding Marines of the current payment method for travel advances and settlements.

The announcement is outlined in All-Marine Message (ALMAR) 247/96. The ALMAR reminds individuals whose funds are sent to credit unions that they must take action to ensure funds are deposited into their account of choice.

Federal regulations require credit unions to deposit electronic funds transfer (EFT) transactions into savings accounts. Distribution of regular payday deposits are not appli-

cable to travel and other types of EFT transactions. Unless arrangements are made to redistribute travel EFT deposits into another account, they will remain in savings.

Upon request, the individual's finance office can direct payment to another account. The individual must provide the complete account number with extension, in addition to the credit union routing number. This can be done on the travel claim itself or in an attached letter. Once indicated, travelers do not need to resubmit this information with subsequent claims.

The ALMAR suggests that commanders periodically publicize the above information to preclude mistaken impressions by travelers that a

first-time EFT travel payment is deposited into a checking account.

It is hoped that frequent reminders will minimize the possibility that such a presumption will result in an insufficient funds (bounced) check. The government cannot reimburse personnel for insufficient funds check fees and other penalties resulting from credit union regulations and actions.

The Defense Finance and Accounting Service-Kansas City (DFAS-KC) Center's Integrated Voice Response System (1-800-449-DFAS or DSN 465-3116) will be upgraded to enable Marines to research the status of their Marine Corps paid travel claims (when paid by EFT only).

The winners are:

Winners of the Navy Marine Corps Relief Society fund drive drawing's top prizes gathered around to collect their prizes July 17. From left to right, Elizabeth and Elaine, daughter and wife of Lt.Col. Michael J. Stroff III, accept a 1996 Ford Ranger pickup on his behalf. Sgt. Phillip Andrew Jordan, winner of a 1996 Sea Doo jet ski. SSgt. Timothy D. Evans and wife Kim, winners of a computer system. Cpl. Jeffrey D. Stokes, won \$250 as the key person who sold Evans the winning tickets.



An inside look

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- Indirect fire 14A
- Courts-martial 16A
- Sidelines 1B
- Traders 7B
- Red Cross 1C
- Movie review 3C

Advertisement for cars, including a 1996 Nissan Sentra and a 1996 Quest. Text includes "100's TO CHOOSE FROM", "Never Owe Too Much", "Relief!", "E", "ICLE", "days to", "s only.", "6 MAXIMA", "\$209", "1996 QUEST", "\$279", "FROM 1,000 INVENTORS CONSIDER", and a list of car models like Honda Accord, Mitsubishi Galant, Hyundai Elantra, Ford F150 XL, Hyundai Excel, Ford Tempo, Ford Taurus, Mitsubishi Galant, BMW 325e, Chevrolet Camaro, Dodge Colt, Ford Ranger, Pontiac Grand Prix, and Hyundai Excel.

The Chatter Box

"If you could be Commandant for a day, what would you do?"



Cpl. Philip B. Landers
6th Marines

"I would streamline the request mast process."



PFC Christopher D. Miller
HqSpt. Bn., MCB

"I would have more joint branches come together for operations."



Cpl. James E. Boyer
2nd Marines

"I would give everyone the day off."



SSgt. Morris W. Rothfeldt
8th Comm. Bn.

"I would equalize male and female Marine standards."



CWO3 Gregory R. Schmidt
2nd LAR Bn.

"I would try to acquire the individual equipment that Marines need in the field."



PFC Christopher S. Dimitriadis
2nd FSSG

"I would make enlisted barracks more like officer quarters. More space."



SSgt. Patricia M. Collins
HqSpt. Bn., MCB

"I would ensure fitness reports relied on promotions and MOS credibility."

Opinions

Editor's note: We are finally starting to receive your letters, keep sending them! Remember, the letters should address concerns pertaining to the military, Marine Corps and Camp Lejeune as a whole, not individual gripes.

Letters must include name, rank and work extension. Mail letters to Commanding General, (Attn: Public Affairs/Letters to the Editor), Marine Corps Base, PSC

Box 20004, Camp Lejeune, NC, 28542-0004, or them off at Building 67, CPAO. Also the e-mail address is, Cpl. Edward S. Harter, @JPAO@MCB.Lejeune.

Stop complaining

I'm sick and tired of hearing Marines on their first hitch complaining. "I'm getting out; I'm tired of this; Leadership in my unit sucks; The Corps doesn't pay me enough to put up with this."

When I hear Marines spout such nonsense it makes me laugh because it reminds me of myself when I was a lance corporal with about two years time in service. I always thought I could do it better too, still do sometimes.

But listen-up Marines! If you've ever found yourself feeling this way, I've got some advice for you:

GET HARD. RE-UP. AND GET OUT THERE AND DO IT BETTER!

That's a challenge to every leatherneck out there!

I know it's no fun being a worker bee; the low man on the totem pole; the gopher. It's true, your first tour in many ways is the toughest of them all, because you aren't in charge of much except maybe the passageway buffer.

But I've got good news for you, that don't last forever. It sometimes seems like it does, but for a good Marine who can bite the bullet, pay the dues and continue to march through that first term and not lose sight of the big picture... before you know it you'll have a shoulder full of stripes and you'll be in charge. You might even be sporting some butter bars. It

can be done. And when that happens, it'll be you that young Marines will be looking up to lead them, make fair decisions, look out for their welfare, take them on a hard run, or a lung-busting hump.

I believe too many Marines get frustrated because they worry too much about things they aren't really in any positions to change... Marines that outrank them. Don't get all bent out of shape over the things you can't change, most of the time you'll lose. I say don't worry about the Marines above you... don't try to fight that battle. Concentrate on the Marines that you are in charge of, or that you'll soon be in charge of.

Show everybody what a great fireteam, squad, or platoon leader you are. Show 'em. Show 'em all! It just takes a lot of toughness and patience to get there. It will come though. You can't stop it from happening, you're going to be a leader. That is a guarantee if you stick around. It just takes a lot of patience, plus the inner belief and dedication to what makes the Corps great... Honor, courage, commitment.

But if you still believe the grass is greener out in the 1st Civ Div, I say thanks for serving with me Devil Dog. Maybe I'll call you on the Marine Corps' birthday or something. Good luck and Semper Parati!

SSgt. Matthew J. Hevezi
RS Albany, Ga.

Holcomb Boulevard paving schedule

The following is a schedule for the paving of Holcomb Boulevard from Brewster intersection to Main gate.

July 27 - 28:	Milling at railroad and Brewster Boulevard / Crack sealing
August 3 - 4:	Cut and patch repairs
August 10 - 11:	Turn lanes at Brewster / First layer of paving
August 12 - 13:	Install signal loops
August 17 - 18:	Paving
August 24 - 25:	Finish paving, traffic markings

Child care costs taxpayers

Editor's note: The following letter was received in response to Sgt. Clemenko's letter entitled Child-care concerns, printed in The Globe June 21.

Conspicuous by its absence in the litany of complaints about the child care system by Sgt. Clemenko is any reference to the amount it costs the Child Development Center to keep his children. Since the amount he pays does not reflect the cost of doing business, this is not terribly surprising. Perhaps if patrons were told that U.S. taxpayers subsidized child-care programs aboard Camp Lejeune to the tune of \$1.7 million last fiscal year, there would be fewer

complaints about increases. How much would Clemenko have to pay without that subsidy? Of course, if this information were better publicized (I had to file a FOIA request to obtain it) some might question this large annual loss in light of federal budget problems.

Those who marry and procreate before they are financially or emotionally able to raise children have always done so at their own peril. The Military Child Care Act of 1989 (which directs these vast subsidies worldwide) shifts the burden of these decisions to the U.S. taxpayer.

Sincerely,
Mrs. Bartlett Harwood III
Dependent wife and mother

MARINE MAIL:

At what cost are new changes?

The following Marine Mail was received from Cpl. T. P. Gatlin, 3rd Marine Division.

Sir,
On your recent visit to Okinawa, you visited the 3rd Marine Division Corporals' Course and discussed the new policies concerning Marine Corps recruit training. As a soon-to-be student of class 3-96 at the Drill Instructor School, Parris Island, I have a few questions and concerns about these changes.

(1) With the extension of boot camp, will the drill instructor school's curriculum or length be changed?

(2) Will platoons be enlarged, more platoons created, or will recruiting be slowed down to compensate for the extended time in boot camp?

(3) Many schools do not allow Marines to ship belongings via the Traffic Management Office to their first duty station. This means that Marines PCSing overseas will have to take two seabags, one clothing bag and one carry-on onto any MAC flight. MAC currently allows only two check-ins and one carry-on. Will MAC be persuaded to allow the Marines an extra check-in, or will the Marine be compensated for the extra weight charge (estimated at \$90 for a 65-pound bag) before the flight?

(4) If the Marines use TMO to ship their 782 gear from overseas, there could be a time problem. TMO takes, on average, four weeks to transfer personal goods from overseas to the east coast, depending on the location of the new duty station. It takes longer for remote duty stations, i.e., Inspector Instructor duties in Bessemer, Ala. I believe that this will leave Marines without their 782 gear for some period of time. Some Marines go straight to their next duty station without taking leave. Will there be a temporary loan set of 782 gear at each unit to loan Marines awaiting TMO shipments? If the Marines will be expected to take their gear with them at all times, there will be an excessive amount of money spent both on the part of the Marine and the Marine Corps. Airlines do not look lightly at extra weight/space charges.

I thank you for your time sir.
Cpl. T. P. Gatlin
3rd Mar. Div.

RESPONSE: The following reply was forwarded by LtGen. J. A. Brabham, Deputy Chief of Staff for Installation and Logistics, HQMC:

Thank you for your inquiry through Marine Mail. The realignment of recruit

training is currently undergoing thorough review. The review process will include analyzing the length of recruit training as well as the potential impact on the recruiting and logistics implications previously identified. Additionally, subsequent requirements to the corresponding program of instruction for the Drill Instructor School will be evaluated throughout the next several months.

The standing 782 gear implementation working group considered the burden on individual Marines transporting a career issue of 782 gear as a factor in determining the size and weight of a standard issue. As a result, the standard issue of 782 gear that is being considered weighs 47 pounds and can be carried in seabag.

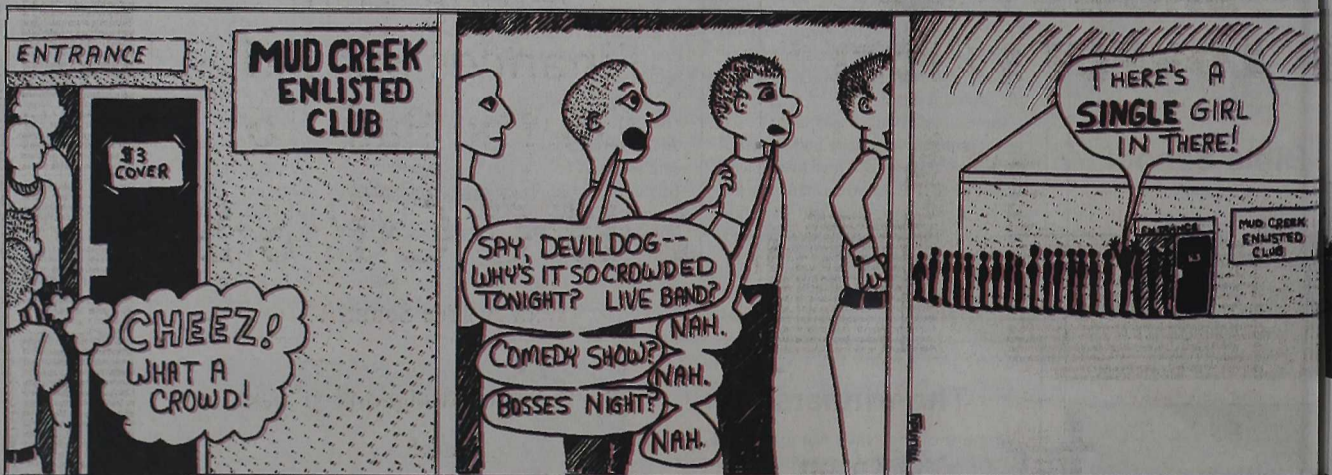
A plan for incorporating the cost for an additional seabag into planned air transportation charges will be developed during the next year. However, maximizing the use of unaccompanied baggage or household goods shipments for professional gear would greatly reduce the extra charges from government air or commercial airlines. In addition, the U.S. Deputy Ambassador to the United Nations would hold 10 percent of table of organization stock of 782 gear. The purpose of the 10 percent stock is a contingency, temporary loans and immediate exchange of unserviceable gear. This plan does require commanders to adjust their expectations of 782 gear being available for Marines reporting to a new command and requires them to establish unit check-in procedures that support mission requirements.

Again, thank you for your interest and relevant comments. Your ideas are valuable and will be incorporated into the implementation working group discussions to form a concept of operations and a plan of action and milestones.

LtGen. J. A. Brabham
Deputy Chief of Staff,
Installation and Logistics,
HQMC

SEND YOUR MARINE MAIL TO:
Letter — Marine Mail, CMC, Headquarters Marine Corps, 2 Navy Annex, Washington, D.C. 20380-1775.
E-Mail — Type "MAIL" on the Marine Corps electronic mail system to locate the Marine Mail mailbox.
Internet — HQMC/USMC@http://www.usmc.mil/hqmc/hqmc.mil.

Watch for the military report, Wednesdays on WCTI, channel 12 at noon and 5 p.m.



The Globe

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Commanding General, Marine Corps Base
Maj. S. L. Little
Director, Consolidated Public Affairs Office
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Around The Globe

U.S., Australia set for military training deal

CANBERRA, Australia—Canberra and Washington are set to strike an agreement for thousands of U.S. Marines to train in Australia, cementing closer defense links in the longtime allies, an Australian official said July 21.

A small force of Marines would also be in Australia to observe the exercises and maintain equipment.

The agreement, under discussion for some time, was due to be sealed during top-level U.S.-Australia-U.S. defense talks in Sydney, an official said. **(Current News Early Bird)**

Tighter sanctions sought against Libya

NEW YORK—Britain, France and the United States have asked the U.N. Security Council to tighten sanctions against Libya in response to the airline bombing that killed 270 people.

The three permanent members of the 15-nation council asked that international flights to and from Libya be closed and that U.N. member states reduce the number of Libyan diplomats in their capitals.

The United Nations banned air travel to and from Libya in 1992 to pressure it to hand over two Libyans wanted in the bombing of Pan Am Flight 103 over Lockerbie, Scotland.

Libya maintains the men are not guaranteed a fair trial in the United States or Britain and has offered to hand them over to the International Criminal Court in the Netherlands.

S. Deputy Ambassador Edward Gnehm said in a statement to the council that it must be an open-ended process and the participation of the council has its limits. **(Chicago Tribune)**

Accused U.S. Sailor turned over to Japan

TOKYO—The United States turned over to the Japanese Police, opening a

new legal era for American forces in Japan.

It was the first time the American military has handed over a serviceman suspected of a crime before indictment. The action was taken under an agreement made last October following the rape of a schoolgirl in Okinawa, for which three American servicemen were convicted. The case brought protests against the American military presence in Japan, leading to the agreement.

A United States Navy spokesman identified the Sailor as Seaman Terrence Michael Swanson, 20, from Anoka, Minn., who had served on the frigate *USS McClusky*.

A police spokesman in the city of Sasebo said that the man had been formally arrested on suspicion of robbery and attempted murder.

Police said that Kaori Tanigawa, 20, was cut on the throat and that her handbag was stolen as she was walking in a park in Sasebo, near Nagasaki.

She was in satisfactory condition in the hospital but was unable to speak. She identified her attacker in writing to the police as "a foreigner."

Japanese news reports have said suspicion fell on the Sailor when he returned to his ship on the night of the attack with blood on his clothes. **(New York Times)**

9 Croats detained in attack on American

SARAJEVO, Bosnia—Bosnian authorities have arrested nine Croat men in connection with the shooting of a U.S. government employee during a carjacking attempt, the first attack on a Western civilian in Sarajevo since the Dayton peace accord ended fighting in Bosnia, U.N. police officials said.

The officials said the attack on the American woman, who was traveling in a car with her husband near the Sarajevo suburb of Kiseljak, did not appear to be politically motivated but a simple robbery attempt.

The pair were ambushed on the evening of July 12 after they had dined in Kiseljak, officials said. They were apparently violating U.S. government security regula-

tions by riding in a car that had no marks indicating the occupants were foreigners.

The car did not have diplomatic license plates, nor any markings to indicate that the couple were attached to the NATO-led mission to implement peace in Bosnia.

Officials said the Croat gunmen ambushed the car and attempted to stop it, in an apparent effort to rob its occupants and steal the vehicle. The driver ran through the Croats' blockade and drove off. It was then that an assailant opened fire at the vehicle, hitting the woman at least twice in the back.

British soldiers serving with the NATO-led peace force in Bosnia escorted the woman to a French hospital in Sarajevo, where she underwent surgery.

U.S. officials have identified the woman only as the employee of a U.S. government agency who was attached to the engineering unit of NATO's headquarters in Bosnia. **(Washington Post)**

5. U.S. to keep year-end deadline in Bosnia

WASHINGTON—U.S. troops will be out of Bosnia by the end of the year and there are no plans to participate in a peacekeeping force that may stay beyond that point, Vice President Gore said July 21.

"Yes, we believe their mission will be completed by the end of this year," Gore said on CBS' "Face the Nation."

"There is no successor force at this point," he said. Asked if the United States might join such a force, he said: "That is hypothetical; we are not anticipating any such thing. We believe that the mission will be completed."

NATO defense ministers plan to meet in Bergen, Norway, in September to discuss the makeup of a smaller force that might remain in Bosnia after the current mission ends in December.

Defense Secretary William J. Perry said last month that he would support U.S. participation in that force.

Americans make up about 20,000 of the 60,000 NATO troops on the ground in Bosnia. **(Washington Post)**

Consumers' Corner: Picking up the pieces after Bertha

Maj. M. S. Archer
Consolidated Legal Assistance Office

The winds have died down and now it's time to pick up the pieces: file government claims, resolve insurance claims, notify the landlord of problems with rented residences, and request emergency financial assistance.

Claims Against the United States: Pertinent claims regulations allow the United States to compensate storm victims who lost property aboard Camp Lejeune. To process these claims, offices are operating at: Tarawa Terrace Elementary School Cafeteria, Lejeune HS Cafeteria, New River BOQ Conference Rm, Bldg. 66 Base SJA. These claims centers, together with a special team from HQMC, will allow much more rapid processing than is the normally the case. The Bldg. 66 center is open during normal working hours. The remaining claims centers are open 11 a.m.-7 p.m. Monday through Friday and 10 a.m.-2 p.m. Saturday. The special claims centers will be open until Aug. 2, after which claims will take much longer to process. Additional information concerning the claims centers and required documentation required can be obtained via voicemail at the Base information line 451-1717.

Claims/Complaints to Landlords: Tenants are required to maintain their dwellings in clean and safe condition. However, tenants are not responsible for damage caused to the premises by natural forces (NCGS 42-43). Landlords are required to keep premises in a fit and habitable condition, and to maintain and promptly repair heating, air conditioning and other utilities (NCGS 42-42). Tenants should notify landlords in writing of damages; failure to do so may give the landlord just cause to delay repairs. Unless the landlord has agreed in writing, tenants can not deduct from their rent the costs of tenant paid repairs. Last week's Consumer Corner provides information concerning what to do if the landlord fails in his duty to repair/maintain premises.

Claims against insurers: Many of the larger insurance companies either have

special 800 lines and/or have established local disaster centers. Review your policy and call your agent. Some, but not many, renters' policies cover food spoilage claims due to power outages. (USAA's typical renter's policy covers storm related food spoilage claims up to \$500. In addition, reasonable claims are most often resolved with just a phone call.) Home owner policies typically will not cover food spoilage claims due to a power outage, or, if they do, coverage is only to the extent that the power outage was caused by damage to the residence; e.g., a tree falls on your house and knocks out the power, the resulting food spoilage is covered, but if the tree falls on a power line down the road and knocks out the power, the resulting food spoilage is not covered. For structural damage to the house, take immediate steps to prevent further loss, call the insurer, obtain estimates as required, and have the company's inspector visit your home. The following claims numbers may assist: USAA 800-561-8222; Prudential, 1-800-437-3535; Nationwide, 1-800-421-3535; State Farm, 1-800-732-5246 or 347-1527; Allstate, 1-800-755-4126 (property damage) 1-800-366-8016 (auto damage).

Emergency Funds: The President has declared parts of North Carolina affected by Hurricane Bertha to be a disaster area, and individuals may be eligible for grants or loans administered by the Federal Emergency Management Agency (FEMA). There are no income restrictions and those who are insured may still be eligible for compensation for uninsured losses.

FEMA programs provide (1) grants to repair damaged homes and/or to pay for alternative rental accommodations (2) low interest loans to compensate for damaged/destroyed personal, real or business property, (3) grants to compensate for personal property and realty losses of those who sustained major damage and can not afford the loan. Interested persons should call 1-800-462-9029 or 1-800-525-0321.

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—Marshall Lumsden

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MWR Events

Summer Olympics, etc.

Time is running out to participate in Information, Tours and Travel's special Olympic package. \$425 includes round-trip transport, lodging and admission to two Olympic events.

ITT also has many other discount tickets and packages available for Virginia, Florida, North Carolina and South Carolina attractions. NFL football packages are available. Call 451-3535 for details, or stop by the office located in the Main Exchange complex.

Benefit Bass tourney

The United Services Organization will be host-

ing a Benefit Bass Tournament tomorrow at the Neuse-Trent River to support your local USO.

Entry fees are \$40 per team plus \$10 optional luncheon fee. Entries will be accepted at the ramp. No late fee. All participants must be 18-years-old. Call 353-3196 or 353-7024 for more information.

Half-marathon runs

The Lejeune Half-Marathon is set for October 5. Call 451-1799 for more information.

Registration deadlines

Youth football and cheerleading will both hold registrations through Aug. 9 at Camp Lejeune and

MCAS New River. Call MWR at 451-2179/2710 for more information.

Swim rescheduled

The Davy Jones Open Ocean Swim at Onslow Beach has been postponed until September 21. Please phone 451-1799 for more information. All other recreational events and activities at Onslow Beach are canceled until further notice.

Greenway closed

The Wallace Creek greenway and nature trail is closed to traffic until further notice due to structural damage to its wooden bridges.

Briefs

B.S. Degree program

The University of North Carolina, Wilmington will offer a B.S. Degree in Business Administration this fall through the Onslow County Extension Program. Interested individuals can contact UNCW at 1-800-257-3551 for an information package.

Fraud, waste and abuse

The U.S. Marine Corps Forces Atlantic Commander has established a Fraud, Waste and Abuse Hotline in the Command Inspectors Office. Due to office relocation, the new telephone numbers for the Hotline are now DSN 484-8341 or comm. (910) 451-8341. If a Marine or Sailor wishes to fax a letter (which may be anonymous), the fax number for the COMMARFORLANT Inspector is DSN 484-8500 or comm. (910) 451-8500.

All complaints will be held in strictest confidence.

The mailing address for the COMMARFORLANT Inspector is:

Commander, U.S. Marine Corps Forces Atlantic

Attn: Inspector

PSC Box 20115

Camp Lejeune, N.C. 28542-0115

This Hotline is for use by all Marines and Sailors assigned to MARFORLANT organizations to report any fraud, waste, abuse and mismanagement that occurs.

Steam outage slated

There is a steam outage scheduled for August 9-12, 1996.

The outage will start at 12:01 a.m. on August 9, and end at 6 a.m. on August 12.

The outage is necessary for work on Dearing (DA) number two and the water softeners. The contractor needs three full days working two shifts to do the necessary work to install new DA number two and get it operational and isolate old DA number one for demolition and to rework piping around the water softness.

The subject outage will affect the whole mainline area and French Creek. There will be no hot water for the duration of the steam outage.

Community fair reset

The Midway Park Community Fair originally scheduled for July 20 has been rescheduled for August 31. It will take place next to the Midway Park Child Development Center from noon to 2 p.m. For more information, please call 451-1521.

Recruiters screened

The Headquarters Marine Corps Screening team will visit Camp Lejeune to brief and screen selected Marines and volunteers for possible future assignment to recruiter school classes.

The briefing is scheduled for August 19 at 8 a.m. The screening is scheduled to be held August 19-23. The location for the event is to be announced.

Interested Marines should contact their units' career planners now to participate.

Warning issued

In cooperation with the U.S. Consumer Product Safety Commission (CPSC), Hedstrom Corporation of Bedford, Penn., is warning owners of approximately 9,400 Hedstrom My Pet Bear ride-on toys to

remove the foam covering from the two horizontal metal support tubes in order to eliminate any risk of children choking on the foam.

Hedstrom has received four reports of children biting off pieces of the protective foam. No injuries have been reported.

My Pet Bear, model number 2-551, is a bouncing/rocking toy recommended for children ages nine months to 36 months. The ride, measuring 21 inches high, 36 inches long and 22 inches wide, resembles a bear with a seat attached to its back. Four heavy springs attach the bear to a metal frame with two horizontal bars covered with light tan foam padding.

Retail stores sold the My Pet Bear ride-on toy nationwide from January 1995 through May 1996 for about \$45.

Consumers who have any questions regarding this warning should call Hedstrom Corporation at (800) 233-3271 or write to Hedstrom, Sunnyside Road, Bedford, PA 15522.

Blood wanted

The Onslow County Chapter of the American Red Cross has scheduled a blood drive at the USO building, 9 Tallman St., in Jacksonville August 9 from 1 - 7 p.m.

Support Group meets

The USO Service Wives Support Group is scheduled to meet at the Bonneyman Bowling Center today at 10-11:30 a.m. The price per game is 41, shoe rental is \$1. Children are welcome under their mothers' supervision. A bumper lane will be provided for smaller children.

For more information, contact Bettina at 455-3411.

Human Services

Volunteers sought

By becoming an American Red Cross volunteer, you can play an integral part in helping the Red Cross serve our military community.

In addition, you will gain experience, strengthen old skills, learn new skills and meet new people.

The Naval Hospital needs volunteers in the wards, clinics, labs and in clerical positions. If you are interested in the dental field, you can enroll in the Red Cross Dental Program and train to be a chairside assistant at the Base dental clinics.

The Red Cross Office located aboard Camp Lejeune would benefit from your clerical, computer and administrative support experience.

Positions are also available with Blood Services (Blood Drives), Emergency Communications Casework, Disaster Services, Health and Safety instruction, Youth Services and Special Events.

If you have the time, we have the place. Please contact Karen Lewis at the American Red Cross, (910) 451-2173, ext. 204.

FAP training slated

The Family Service Center is presenting the Family Advocacy Program Command Educational Training August 21 from 8 a.m. to 4 p.m. The training will be held in Bldg. 1003. The target audience for this training is commanding officers, executive officers, sergeants major, first sergeants and Battalion Family Advocacy Program Officers (FAPO). Other interested personnel are welcome. Topics of discussion include the USMC Coordinated community Response to Domestic Violence, myths and facts of family violence, mission and goals of FAP, reporting

family violence, role of the Case Review Committee, prevention and commanding officer responsibilities. Call 451-2876 to register.

Support group meets

Growth is an educational support group for spouses who are, or have been, involved in domestic violence relationships. Participants attend an orientation prior to entry into the 10-week group program. Call 451-1876/2864 for more information.

Employment class set

The Career Resource Center is conducting an "Understanding and Entering the Federal System Workshop" Wednesday from 8:30-11:30 a.m. at the FSC, Bldg. 14.

The workshop covers the federal employment application, testing, how federal jobs are classified, how the federal hiring system works, entry level jobs for college graduates, benefits, and Veterans Readjustment Act.

For more information, call 451-3212. Child care is provided by calling 451-2874 in advance.

Managing your money

Looking for better ways to save and manage your money? The FSC is offering a personal financial management class designed to take you through a step-by-step process that will help you establish and manage your own personal budget.

The class meets at the FSC on Jul. 29 from 1-4 p.m. All military and family members are welcome to attend. You will need to bring a pocket calculator.

To make reservations, call the FSC at 451-3212, extension 100. Child care is provided by calling 451-2874 in advance.

Blood screening flows

The Health Promotion Department of Naval Hospital Camp Lejeune is set to sponsor a Cholesterol, Glucose and Blood Pressure Screening today in the Marine Corps Exchange lobby from 10 a.m. to 2 p.m. The event is open to all active duty, dependents, retirees and Department of Defense beneficiaries.

For more information, please contact HM2 Hite at 451-3712.

Journalists sought

The Public Affairs Field (MOS 4341) is currently looking for Marines to make a lateral move into the field. For more information contact MSgt. Marriott at 451-5655.

Scholarship offered

The Camp Lejeune Chief Petty Officers Association is offering a \$500 college scholarship.

The Scholarship is available to a dependent child of an active duty or retired Camp Lejeune Chief Petty Officer.

The selections are based on established criteria and the scholarship is limited to undergraduate studies at accredited educational institutions.

For more information, please contact the CPOA at P.O. Box 8462, Camp Lejeune, NC 28547 or call DTC Travelstead at 451-5705 or 451-1720.

Bible studied

A midweek bible study and prayer time will be held by the MCB HqSpt. Bn. Chaplain's Office at Bldg. 12 from 11:45 a.m. - 12:45 p.m. each Wednesday. All are welcome to join the discussion.



MVP

LCpl. Kristofer E. Holly

Pearlie Morton has been a volunteer with the Navy Marine Corps Relief Society since May. A former Marine sergeant, Pearl now works in reception, law management, and bookkeeping. She has accumulated more than 120 hours of volunteer service since her arrival in the local office.

At the Movies: July 26- August 1

Base Theater

Friday	7 p.m.	Medieval Night		
	9:30 p.m.	Braveheart		
Saturday	1 p.m.	Homeward Bound 2	G	Adventure
	7 p.m.	Celtic Pride	PG13	Comedy
	9:30 p.m.	Twister	PG13	Drama
Sunday	7:30 p.m.	Twister	PG13	Drama
Monday	7:30 p.m.	Primal Fear	R	Action
Tuesday	7:30 p.m.	Celtic Pride	PG13	Drama
Wednesday	7:30 p.m.	The Bird Cage	R	Comedy

Camp Johnson

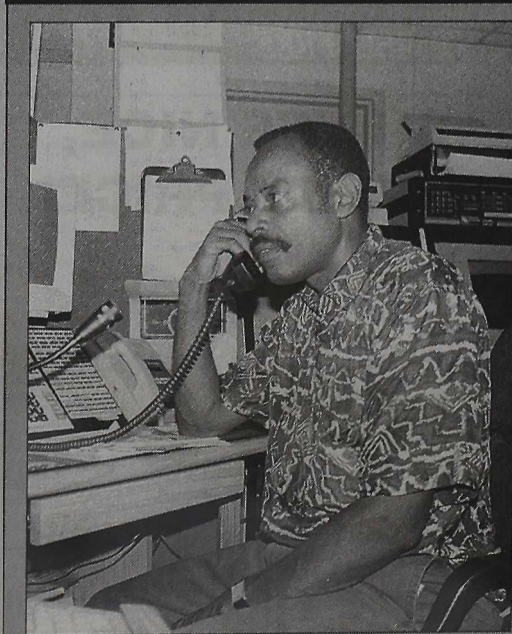
Sunday	7 p.m.	The Bird Cage	R	Comedy
Monday	7 p.m.	Twister	PG13	Drama
Tuesday	7 p.m.	Primal Fear	R	Action
Wednesday	7 p.m.	Desperado	R	Drama

Midway Park

Today	7 p.m.	Celtic Pride	PG13	Drama
Saturday	7 p.m.	Twister	PG13	Drama
Sunday	2 p.m.	Primal Fear	R	Action
Thursday	7 p.m.	Homeward Bound 2	G	Adventure

New River

Friday	7 p.m.	Mission Impossible	PG	Action
	9:30 p.m.	Fast Dance	R	
Saturday	7 p.m.	Mrs. Winterbourne	PG13	
	9:30 p.m.	Mission Impossible	PG13	Action
Sunday	3 p.m.	Mrs. Winterbourne	PG13	
	6:30 p.m.	Fast Dance	R	
Monday	1 p.m.	Powder	PG13	
	7 p.m.	Mission Impossible	PG13	Action

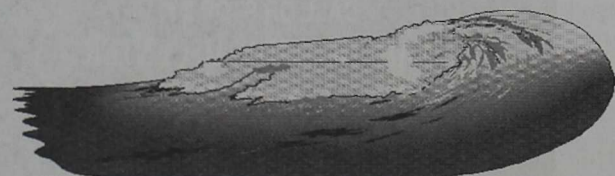


LCpl. Kristofer E. Holly

Kudos

James Price is a communications operator for the Camp Lejeune Fire Department. During the height of Hurricane Bertha, July 12-13, James put in a 30-hour shift, helping answer a flood of phone calls ranging from truck dispatching to 911-emergencies.

TIDAL FORECAST FOR AREA INLETS



Bogue Inlet: Subtract 3 minutes for high tide time and subtract 0.8 feet from high tide height. Subtract 2 minutes for low tide time and no height correction for low tide.

New Topsail Inlet: Add 4 minutes for high tide time and add 43 minutes for low tide time. No height correction for high or low tide height.

TODAY				
New River Inlet:	High tides	4:12 a.m.	[2.66]	4:54 p.m. [3.27]
	Low tides	10:12 a.m.	[-0.12]	11:12 p.m. [0.08]
SATURDAY				
New River Inlet:	High tides	5:18 a.m.	[2.80]	5:54 p.m. [3.44]
	Low tides	11:18 a.m.	[-0.14]	
SUNDAY				
New River Inlet:	High tides	6:18 a.m.	[2.98]	6:48 p.m. [3.86]
	Low tides	12:12 a.m.	[-0.08]	12:18 p.m. [-0.25]
MONDAY				
New River Inlet:	High tides	7:18 a.m.	[3.18]	7:48 p.m. [3.74]
	Low tides	1:06 a.m.	[-0.22]	1:18 p.m. [-0.35]
TUESDAY				
New River Inlet:	High tides	8:12 a.m.	[3.37]	8:36 p.m. [3.82]
	Low tides	2:00 a.m.	[-0.33]	2:12 p.m. [-0.38]
WEDNESDAY				
New River Inlet:	High tides	9:06 a.m.	[3.53]	9:30 p.m. [3.82]
	Low tides	2:48 a.m.	[-0.37]	3:06 p.m. [-0.35]
THURSDAY				
New River Inlet:	High tides	9:54 a.m.	[3.62]	9:24 p.m. [3.76]
	Low tides	3:42 a.m.	[-0.34]	4:00 p.m. [-0.24]

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REGISTRATION: 1:00-2:00 P.M.

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REGISTRATION: 1:00-2:00 P.M.
THURS., AUG. 1
SEMINAR: 8:00 P.M.
REGISTRATION: 7:00-8:00 P.M.

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R-CAPEX FROM 1A

tors on the capabilities of a MAGTF and the role of Naval expeditionary forces in today's world.

"The major difference between the old CAPEX and the R-CAPEX is the inclusion of a plausible scenario," said LtCol. Kevin M. Kiernan, operations, MARFORLANT.

In the present scenario, U.S. citizens are being held captive in the hostile environment of a warring South American country. A MAGTF aboard the *USS Pensacola* is dispatched to recover the U.S. citizens.

The R-CAPEX is approximately six hours long and breaks down into seven modules conducted at various locations aboard Camp Lejeune.

At Riseley Pier, spectators viewed the power projection phase which demonstrated a combined surface and air assault. Supported by F/A-18 Hornets and AV-8B Harriers, two Landing Crafts, Air Cushioned (LCAC) assaulted the beach and offloaded Light Armored Vehicles (LAV) carrying Marine infantrymen.

"We can get things done in a hostile environment."

Cpl. Anthony Ricci

From there, the action transferred to Landing Zone Falcon, where a Marine Corps jet had supposedly been shot from the sky by enemy fire. The surviving pilot was rescued in a fashion similar to the recovery of downed Air Force Capt. Scott O. Grady in Bosnia. Audience members saw first-hand how the Marine Corps conducts Tactical Recovery of Air Craft and Personnel (TRAP) missions.

The R-CAPEX's next move was to the Courthouse Bay Boat Basin where Capstone officers and guests viewed riverine operations. Marines from Small Craft and Reconnaissance companies, 2nd Marine Division, came ashore, engaged the enemy and escorted U.S. citizens back to their boats and out of the hostile environment.

It was a short trip to OP-5 for the fourth module. Here a Marine Combat Service Support element served hot field chow to the spectators while they watched the expedient construction of a bridge over an approximately 15-foot-wide trench under enemy fire.

AV-8B Harrier highway operations was the show at Lyman Road. As if challenging the taxiing Harrier to a game of chicken, the spectators were positioned in the direct path of the jump jet's launch. With eyes wide open and fingers or plugs in ears, they watched as an AV-8B raced toward them and took flight tauntingly close to their position.

The two remaining modules of the R-CAPEX were at the tour and scenario's final objective — the Military Operations in Urban Terrain (MOUT) training facility, a mock European city. Once the spectators reached an observation point atop the hotel, jets screamed, in providing close-air support for infantrymen and LAVs entering the MOUT facility. The Marines were demonstrating the engagement and eradication of aggressors in an urban environment and ultimately moving toward the rescue of captive U.S. citizens: thus performing a Non-combatant Evacuation Operation (NEO) and concluding the R-CAPEX.

The Marines were demonstrating the engagement and eradication of aggressors in an urban environment and ultimately moving toward the rescue of captive U.S. citizens: thus performing a Non-combatant Evacuation Operation (NEO) and concluding the R-CAPEX.

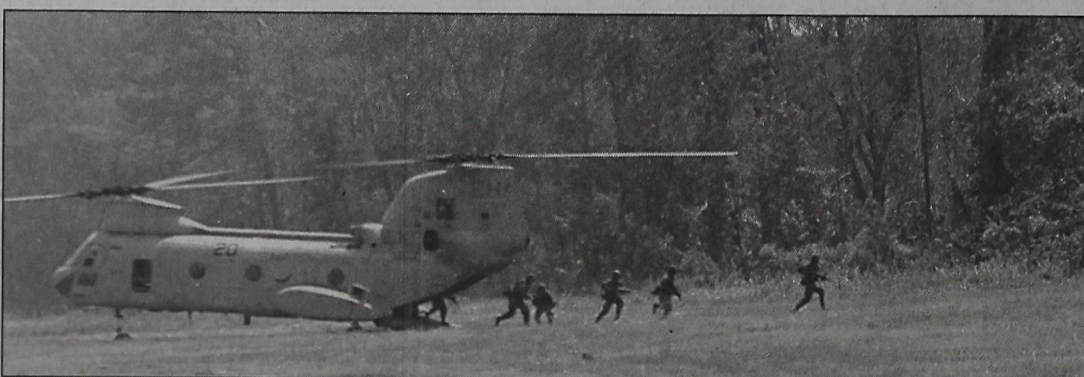
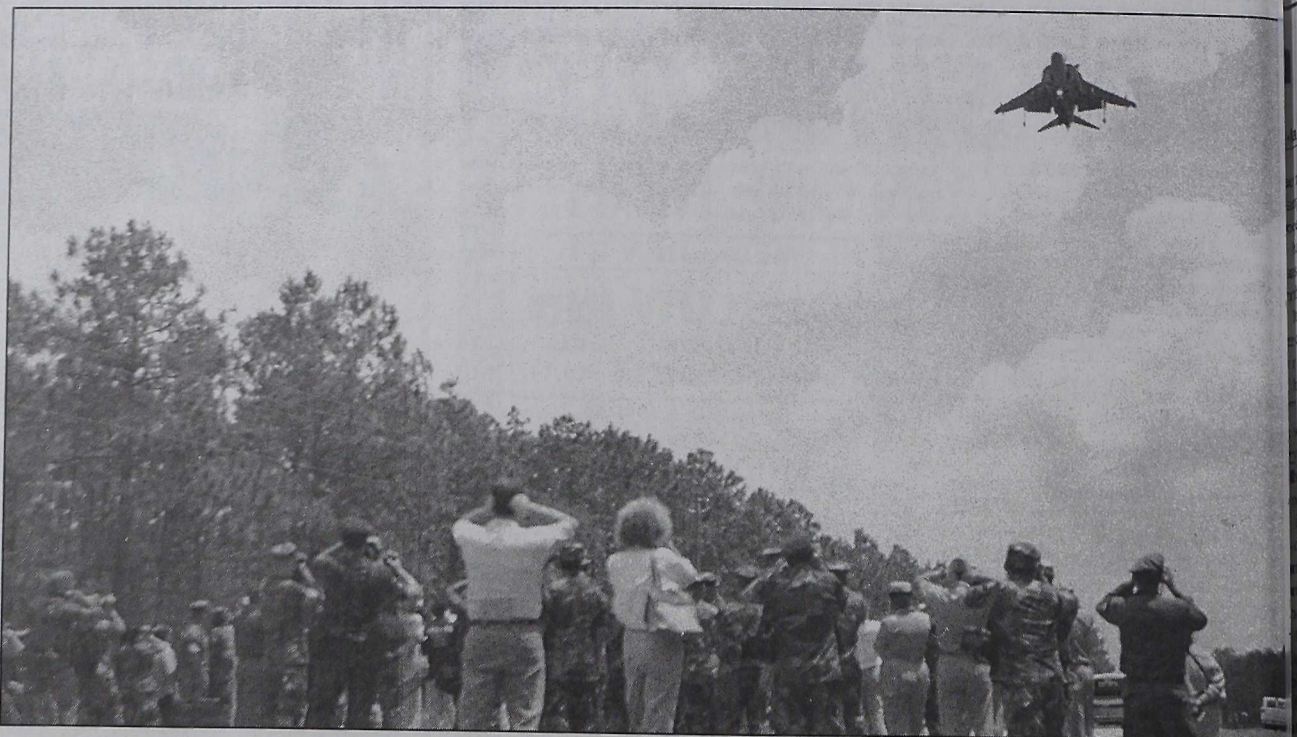
The R-CAPEX is not only designed to heighten Capstone generals' and distinguished guests' awareness of the Marine Corps' capabilities, but serves as a unique training opportunity for participating units.

One infantryman noted the benefit of the Revised CAPEX. "There was a lot more close-air support," said Cpl. Anthony Ricci, rifleman and 1st squad leader, 1st Platoon, I Company, 3rd Battalion, 6th Marine Regiment, 2nd Marine Division. "In the past we'd get maybe one or two 'fly-bys.' Here they stuck with us throughout the whole mission."

The R-CAPEX's use of a realistic scenario and the demonstrated accomplishment of several missions were both intended to highlight the Corps' readiness to deal with threats to U.S. national security.

"This type of exercise shows the new troops how the Marine Corps does things," Ricci added.

"We can get things done in a hostile environment," he said.



Top: Spectators cover their ears as an AV-8B Harrier descends toward Lyman Road during the power projection phase of the R-CAPEX, July 17. **Above left:** Marines rappel from a building during a Tactical Recovery of Aircraft and Personnel mission. **Below left:** Marines quickly disembark from a Landing Craft Air Cushioned near Riseley Pier on Onslow Beach during the force projection phase. **Below right:** Lt. Col. Charles E. Wilhelmsen, commander, Marine Force Atlantic, maintains an observation post during the practice run of the R-CAPEX, July 17. **Photos by Cpl. Oliver Caldwell**

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 Wayne A. Minya
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 MIDDLE WESTERN
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In the midst of the storms in life

By Wayne A. Minyard

Recent visit by Hurricane Bertha has placed the area in shambles. Trees uprooted, cars and houses smashed, have been washed away. The destruction is incredible. There are few things which contain the power of a hurricane as been estimated that a single hurricane contains 1,000 times more destructive power than the atomic bomb dropped on Nagasaki. Seeing one "up close and personal" is an experience I won't forget any time. I'm glad I saw it from the relative safety of the Destructive Shelter to which I had been assigned. I imagine what it would be like to have a modern, well-built shelter to withstand such tremendous forces and rain.

Eight long ago in Galilee, however, the disciples of Jesus found themselves in a similar situation. In Luke 8:22-25, the disciples of Jesus were traveling across the Sea of Galilee at Jesus' request. Evidently it was the end of a long and tiring day, for Jesus was fast asleep at the back of the boat. A storm came down on them out of nowhere, often the case due to the terrain, which

blocked any view of developing weather. Caught by surprise, the disciples worked to keep the boat afloat, but they began taking on water, and were in danger of being swamped. It must have been quite a storm, for several of the disciples were experienced fishermen, and most likely had been through such storms before. But this one had gotten the best of them, and they were terrified. Finally they couldn't take it any longer, and went to Jesus, who, by the way, was still asleep in the back! Screaming to be heard above the wind, they said, "Master, Master, we're going to drown!" Jesus, aroused by their cries, rather nonchalantly stood up and commanded the wind and waves to settle down. Immediately the water became like glass. Then he turned to the astonished disciples and said "Where's your faith?"

This tells us something about the nature of God. It tells us that He is with us no matter where we are, or what we might be going through. The storms of life we encounter may catch us by surprise, but God knew about them, and has allowed them to come to us. (Remember, it was at Jesus' specific request that the trip across the lake was taken.) The question then shouldn't be "Why me?" but rather "How can I trust God in this situation?" Jesus slept through most of a storm strong

enough to terrify his followers. Could it be that he knew for a fact that his Father was aware of the situation he was in, and he had no reason whatsoever to worry?

Maybe we can take a cue from Jesus in this instance.

It's a fact that 90 percent of what we worry about never happens, but it's human nature to worry about it anyway. The headlines tell us of the latest gruesome crime, the most-recent kidnapping, the downed airliner, and we worry about what's next. Apparently Jesus never did. He endured opposition from both friends and foes with equal acceptance. He spent three years as a wandering preacher without a care for his personal needs, wanting only to accomplish the Father's will. He went through plenty of "storms" in his ministry, yet never lost his sense of inner peace. Without a deep, abiding confidence in God's goodness and watchfulness over the lives of people, Jesus never would have been able to live as he did. If we find ourselves in the same boat as the disciples, wondering where the most recent storm is taking us, we need only to call on God for the peace and direction we so desperately need. He does not promise to keep us out of the path of life's storms, but He does promise to accompany us through them.

MWR hosts series of health seminars

Wellness seminars balance health issues

Cpl. Jim Davis
Globe staff

The Morale, Welfare and Recreation Division of Camp Lejeune has implemented the latest step in what they hope will be a complete comprehensive fitness program. "We have options for fitness that we offer base personnel," said Dr. Ginger Gold, fitness director.

"We have several gyms around base, we offer the Grand Prix Race Series, aerobics and personal trainers. While the average Marine may be fit, that doesn't mean they are well. What we want to do is educate them on wellness issues and give them the knowledge to take care of themselves better and get the most out of the work they are doing," she added.

To address these topics, MWR has set up wellness luncheon seminars monthly at the Central Area Recreation Center Bldg. 62 on Lucy Brewer Avenue.

One remains in the summer series: Aug. 21 on nutritional supplements.

The fall series will start in September, dates and subjects are still being determined.

The seminars are catered by Arrezzo's at a cost of \$5 per person. The meetings normally start with lunch at 11:30 followed by a guest speaker.

The MWR fitness branch began the seminars last December and plans to hold them year-round.

"We may make some changes in our format but we plan to continue holding the seminars to educate and help all of the people we can," Gold said.

"The bottom line is that we are here because the troops are here, and we are here to help assist in their readiness. The best way for us to do that is through fitness as well as nutrition and wellness education — that's what we are trying to do," she added.

For more information about the Wellness Seminars or to RSVP before attending, call Maggie Coudrey at 451-1801 no later than the Friday prior to the seminar you wish to attend.

Chapel Worship Schedule

ROMAN CATHOLIC

Monday Masses
Francis Xavier Chapel
Tarawa Terrace Chapel
Camp Geiger Chapel
Courthouse Bay Chapel
Naval Hospital Chapel
MCAS New River Chapel

Friday Masses (Mon.-Fri.)

Francis Xavier Chapel
Naval Hospital Chapel
Camp Geiger Chapel
Tuesday Masses
Francis Xavier Chapel

Baptism Class

Wednesday before third Sunday,
Francis Xavier Chapel
Confessions
Francis Xavier Chapel
(or contact chaplain)

8:30 & 11:30 a.m.
8:30 a.m.
11 a.m.
9:30 a.m.
10 a.m.
9:30 a.m.
8 a.m.

11:45 a.m.
6:30 a.m.
11:30 a.m.

5 p.m.

5 p.m.

4 p.m. Sat.

JEWISH

Sabbath Eve Service, Bldg. 67 (Fridays)
Religious School, Bldg. 67 (Sundays)

Latter Day Saints (Mormon)

Scripture study Bldg. 37 (Thursdays)
Sunday services call Bishop Scott

PROTESTANT

Sunday Worship

Base Chapel, Holy Communion
Base Chapel, Worship Service
Camp Johnson Chapel
Naval Hospital Chapel
Tarawa Terrace Chapel, Communion
Tarawa Terrace Chapel, Worship
Camp Geiger Chapel
French Creek Chapel
Courthouse Bay Chapel
Brig
MCAS New River Chapel
Midway Park Theater

7:30 p.m.
10 a.m.

7 p.m.
353-1714

9 a.m.
10:30 a.m.
9 a.m.
9 a.m.
9:45 a.m.
11 a.m.
9:30 a.m.
9 a.m.
11 a.m.
9 a.m.
11 a.m.
12:15 p.m.

Sunday School

Tarawa Terrace
Base Chapel (Brewster Middle School)
Brig

MIDWEEK DEVOTIONAL SERVICE

Naval Hospital Chapel (Thursdays)

SEVENTH DAY ADVENTIST

Phone contact

EASTERN ORTHODOX

Camp Johnson Chapel, Divine Liturgy

ISLAM (MUSLIM JUMAH)

Base Chapel Annex, Bldg. 6 (Fridays)
Brig Chapel

CHRISTIAN SCIENCE

If interested call Everett Sharp

9:30 a.m.
9 a.m.
7 a.m.

11:30 a.m.

451-5100

10:30 a.m.

12:45 p.m.
1 p.m.

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Concert in the Park

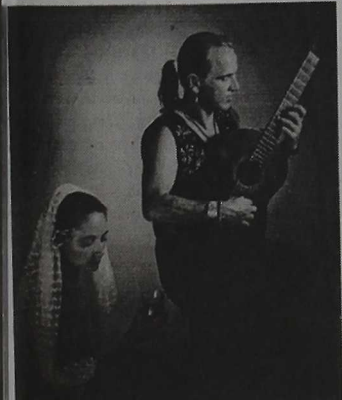
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28 July

William Strickland



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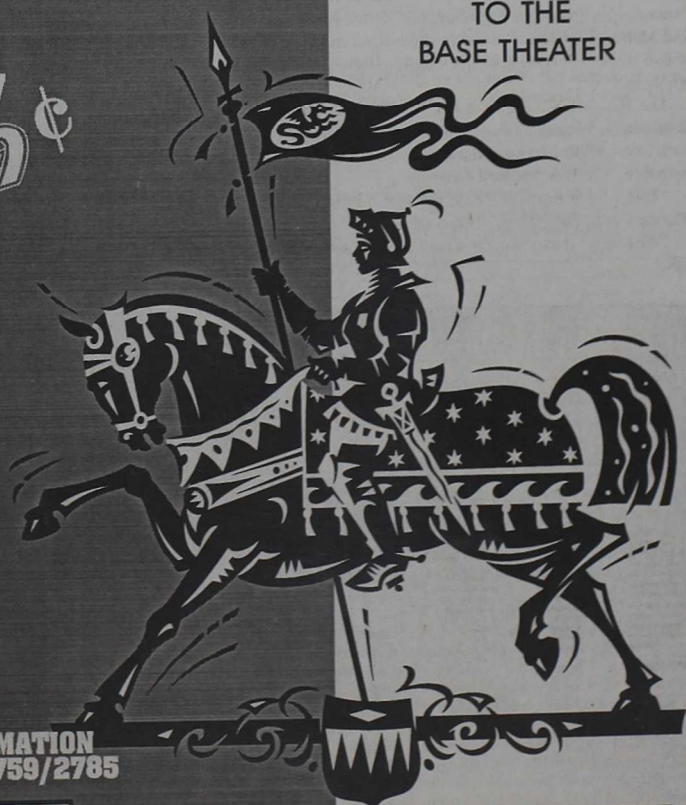
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Ingredients:

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- 1 teaspoon chili powder
- Salt to taste
- 1/2 teaspoon oregano
- 1/3 cup milk
- 1 egg
- Vegetable oil
- 4 genuine U.S. farm-raised catfish fillets

Directions:

In a bowl, combine first 4 ingredients. Beat together milk and egg. Cut catfish into thick sticks. Dip sticks into milk mixture, then in cornmeal. Heat oil to 350°F. Fry sticks in small batches, drain. Serve immediately with sauces. Serves 8.

Sauce suggestions:

- Herb mayonnaise
- Honey-mustard
- Fresh or commercially prepared salsa
- Melted cheese
- Barbecue sauce

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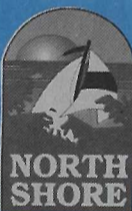
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CBIRF goes for the gold in Atlanta

Sgt. Chuck Albrecht
Globe staff

The Marine Corps' newly-formed Chemical Biological Incident Response Force (CBIRF) based at Camp Lejeune, held an evaluated exercise aboard the Base July 10.

The training scenario at Goettle Memorial Field House was a grim one. Terrorists bombed the "spectator-filled" Olympic stadium with a "G" series nerve agent (sarin gas), killing 10 and injuring nearly 40.

The exercise was held in preparation for the unit's deployment to support the summer Olympic Games in Atlanta.

"Any time you get a major event, you're going to get threats," said Mike Walker, Assistant Secretary of the Army for Installation Logistics and Environment, who viewed the simulation. "Every major Olympic Games anywhere in the world has always had bomb threats. We hope they continue to be threats and that's all."

Immediately following the bombing, the 911 call went out and members of Camp Lejeune's Provost Marshal's Office responded, along with fire and ambulance crews. Believing a chemical agent to be present, the on-scene commander requested the CBIRF.

Within minutes the CBIRF responded to the situation.

Donning full Mission Oriented Protective Posture suits (MOPP) and newly acquired level A biohazard gear in the 90 degree heat, the force of approximately 350 Marines and Sailors went into action providing security and area isolation at the affected site.

Contaminated victims were processed through a series of decontamination stations. Personal effects and equipment were collected and clothing items were removed. Using water, the decontamination element then simulated spraying and sponging the casualties with a .5 percent bleach solution.

Afterward, the decontaminated victims were transported to hospital facilities by the medical element.

While current intelligence reports show no indication of terrorist threats at the Summer Games, exercises like this help ensure the CBIRF is as ready and capable as the rest of our Olympic hopefuls.

According to LtCol. Art Corbett, commanding officer, CBIRF, his unit of Marines and Sailors is a "gold medal" team and is "psyched" about the deployment to Atlanta.

"More importantly than gold medalists in one event, these are decathlon Marines and Sailors, because what they can do is not only the job they've been trained for, but they've been cross-trained to do the job of the element to their immediate flank," said Corbett.



Sgt. Chuck Albrecht

Member of the CBIRF stands ready in his newly acquired level A biohazard protective suit.



Sgt. Chuck Albrecht

During the simulated terrorist bombing, the CBIRF medevaced 49 casualties.



Sgt. Chuck Albrecht

Before entering the "hot" zone, I.D. cards are collected to maintain accountability of CBIRF personnel.



Sgt. Chuck Albrecht

Members of the CBIRF Medical Element evacuate an Olympic "spectator" during the recently held exercise at Goettle Memorial Field House.



Sgt. Chuck Albrecht

To help minimize heat casualties within the unit, the CBIRF rotates its Marines and Sailors who are wearing protective gear, in and out of the contaminated "hot" zone.



Sgt. Chuck Albrecht

During the training scenario, Marines and Sailors served as role-players, simulating injured spectators at the Olympic event.

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Students gain experience of Marine Corps

Cpl. Joseph B. Gray III
Globe staff

Camp Lejeune received some special visitors recently as the Junior Reserve Officer Training Corps from Apopka High School, Apopka, Fla., came to get an up-close view of the Marine Corps they hear so much about.

The high school students, who are led by Marine Corps Col. Bill Symolon (retired) and MGySgt. Artice Seward (retired), constantly learn about the Marine Corps and even practice Marine Corps drill, but the trip to Camp Lejeune gave many of the students their first look at the life of a Marine.

While aboard the base, the students visited the Military Operations in Urban Terrain (MOUT) facility and 2nd Light Armored Reconnaissance Bn., ran the confidence course and even participated in some survival swimming in addition to other activities. According to Symolon, the trip was a great experience.

"The students have really enjoyed themselves on this trip," Symolon said. "A trip like this benefits them in many ways because the children get to see the Marine Corps, and it lets them know how it really is. The JROTC program really works as a great screening tool for the Marine Corps because the students know how the Marine Corps is before they come in."

However, Symolon is not the only one excited about the Apopka JROTC program. Many of the students talked about how much they enjoyed the trip and the program itself.

"I've been very impressed with Camp Lejeune," said Tim Jordan, first sergeant of the Apopka JROTC. "We've received hands-on time with different pieces of gear, and it's been a lot of fun. Last year, we went to Quantico, but it wasn't as cool as coming here because we didn't do as much. This is one of the great things about being in JROTC, we get to do things other people our age don't. Overall, it's a really great time."

According to Seward, the children take away a lot from the program, but they're not the only ones who benefit.

"Oohrah! This is one of the best programs senior Marines can participate in," Seward said. "It gives retired Marines a chance to give to the community, and it promotes a good understanding between the civilian and military communities. In many ways, it's so close to the mission of the Marine Corps because we're really an initial screening tool for the Marine Corps."

Seward added that the best part is being able to teach

the students values and ideas that will benefit them the rest of their lives.

"The JROTC program really thrives on giving the students a can-do attitude," Seward said. "Not only do the children participate in activities at the school, but they also compete and perform all over the place. They do color details anywhere they're called for, and they've participated in state and national drill competitions. Those events really help us promote the can-do attitude because it gives the students something to look back and see what they've accomplished."

Upon leaving Camp Lejeune, the students will return to Apopka and enjoy their summer. However, when the fall rolls around, it's back to school and hearing the command "fall in!"



Apopka High School JROTC students had the chance to see and learn the Marine Corps lifestyle up close when they visited Camp Lejeune recently.



For many of the Apopka High School JROTC students, getting hands-on time with different pieces of Marine Corps gear is one of the highlights of their visit to Camp Lejeune.

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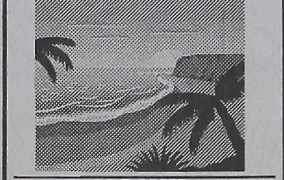


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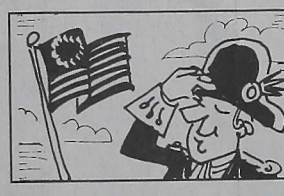
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Above: After a brave attempt to conquer the "Slide for Life," Genecy Ryness falls into the alligator pit. (Photo by Cpl. Jonathan D. Cress) Right: Wives begin the Confidence Course by pulling themselves across logs. (Photo by Cpl. Jonathan D. Cress)



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Cpl. Jonathan D. Cress

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do it every day."

The wives loaded on to buses and traveled to range 305, where they were given Meals Ready to Eat. Next they watched as instructors demonstrated the fire capability of the AT-4 and the 81 mm mortars.

The range Officer in Charge, GySgt. Fernando Schiefelbein, of Infantry Training Battalion, gave a brief on all the weapons indigenous to a Marine line company before they were given the chance

"I would like to be a Marine if I could do this kind of training and go to combat,"

Jenny Styles

re allowed the op-
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ame" to the "Slide for Life" soon had a taste of what has been through training (MCT), goes

d with demonstration assault course and in Urban Terrain, and were fired and provided a realistic atmosphere as a fire team of the MOUT facility.

e a Marine if I could go to combat. Then again, we don't

to fire each of the weapons previously described.

"The purpose for Jane Wayne Day is to familiarize the wives with the weapons that we use, but mainly to give them an appreciation for their husbands as instructors," said Schiefelbein.

"These instructors not only teach the Marines who go through MCT, they must ensure their safety as they go through the live-fire exercises," he said.

More than 20,000 Marines a year are trained at Camp Geiger.

The wives who participated in Jane Wayne Day got a taste of that training and now have a better understanding of the role their husbands play in keeping the Marine Corps "The World's Finest."



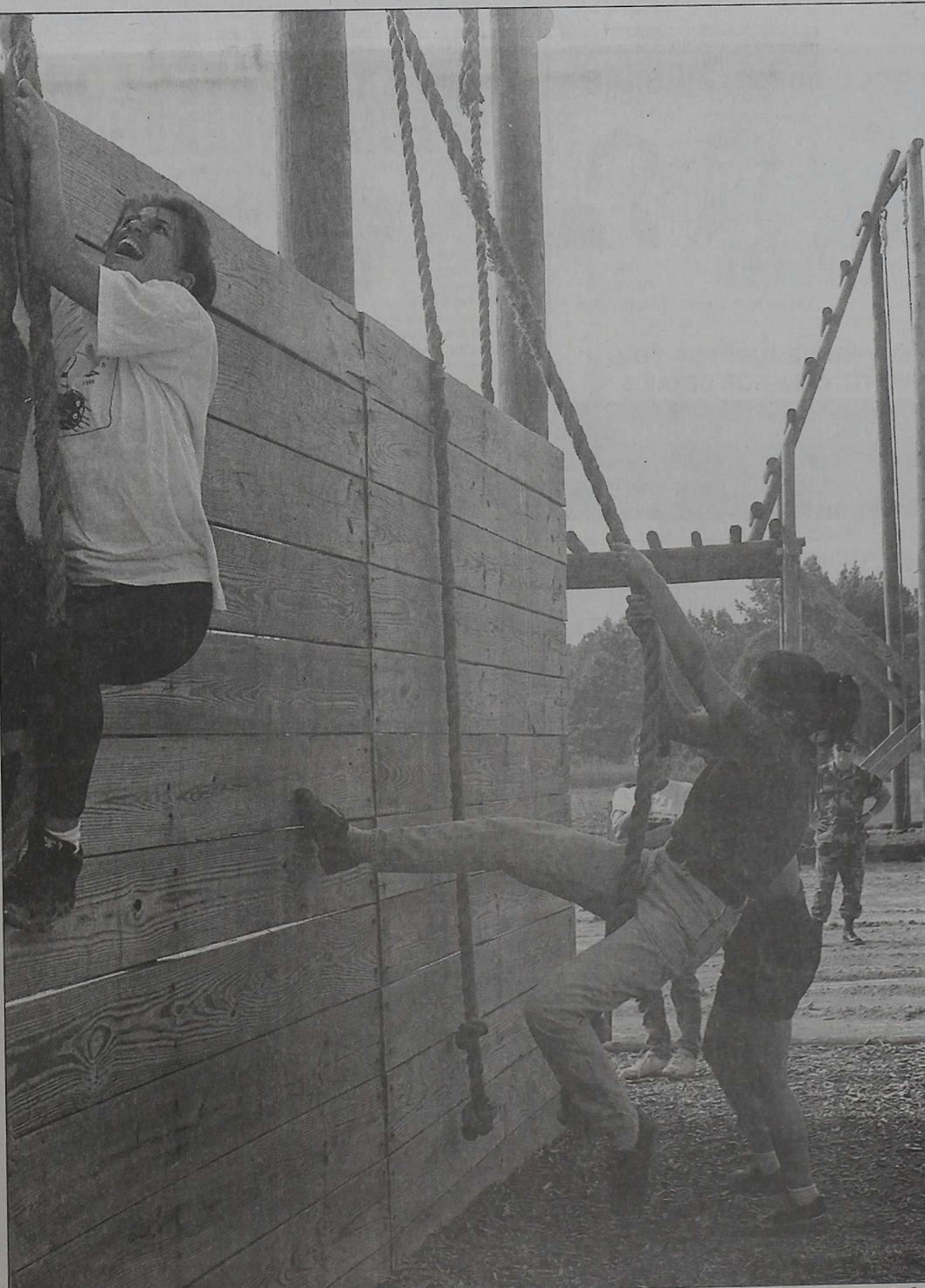
Cpl. Jonathan D. Cress

A Jane Wayne balances her way across the log before clearing the obstacle.



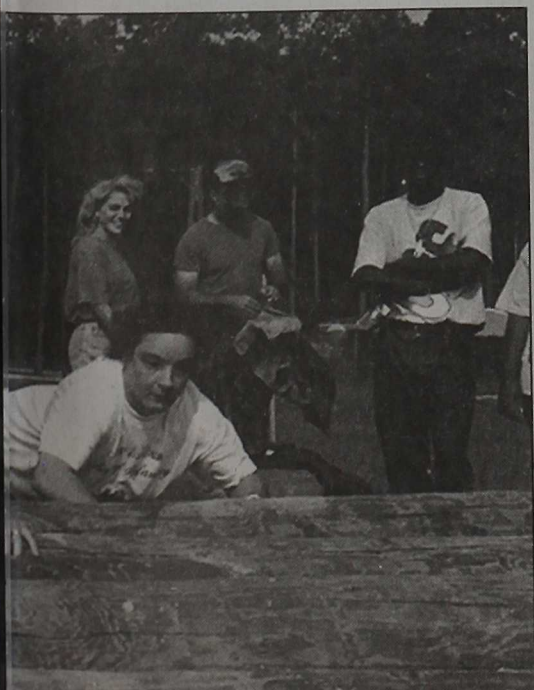
Cpl. Jonathan D. Cress

An instructor shows surprise at how quickly the Jane Waynes' learn how to fire the 240G machine gun.



Cpl. Jonathan D. Cress

A Jane Wayne show her husband that she can scale the wall better than he can.



In adversity, family finds immense support from neighbors, unit, Base

Paradise Point home hit hardest by Hurricane Bertha

Cpl. J. J. Rodriguez
Globe Staff

A house at Paradise Point officer housing, occupied by 1stLt. Brian Gard and his family, has been identified as the house on Base that was damaged the most by Hurricane Bertha.

Gard, an officer at the operations office, 2nd Combat Engineer Battalion, was asleep at his home when winds from Hurricane Bertha began their destructive path. His rest didn't last long; it was interrupted by a loud crunching noise.

A tree was broken in half by the 108 mph hurricane winds. The tree swung down and hit both dormers and forced a wood fragment through the bottom stairs ceiling right above the bed in where he slept.

Friends and neighbors were at the scene, offering assistance even before he had a chance to fully wake up. Gard and four of his neighbors were upstairs assessing

the damage when a second tree hit the house, causing a metal beam to protrude through the ceiling, slightly nicking Gard on the forehead. That incident was just a sign of bad things to come.

"When the second tree hit it was discouraging, it was like a low blow," Gard said.

The rain was still falling, but now there was very little roof to keep it from entering the house. To add insult to injury, while Gard and his neighbors were trying to put a tarp over the roof to prevent water damage, a tree in his backyard broke off and took down the power lines.

After the tarp was put in place Gard spent the remaining part of the hurricane waiting, and trying to prevent further water damage to his home — what was left of it.

"If the steel beams had been made out of wood, someone would've been hurt," he said. "The impact was so hard that it sent debris flying to every corner of the house."

At approximately 10 p.m., Gard called his wife Frances. Frances and their two children Le and Kathryn were in Hershey, Pa., between Chocolate and Cocoa Avenues in Hershey

Park. "We didn't even know that Camp Lejeune had been hit by the hurricane until we saw it on television," said Frances. "Brian kept calm when he said 'we have to move.' He knew I had a 12-hour drive ahead and didn't want to worry me."

The next day Base Housing, Facilities, Fire Protection Division and military police personnel were on hand to offer assistance.

"Everybody was so wonderful and that was the most important thing we remember," Frances said.

The first thing Base Housing did was find a new home for them. The same day the Gards were off to their new home.

"It was my birthday Sunday, so the joke among Brian and I was that he was going to get me a new home for my birthday," laughed Frances.

Luckily for the Gards, there was no serious damage to their property. One of the most expensive items damaged was Le's Nintendo entertainment system.

They kept him calm by explaining to him how insurance worked.

"I thought I would never play Nintendo again," he said.

This wasn't the first time Frances and Le had been affected by a hurricane. They had gone through Hurricane Hugo and ironically their house at that time was also hit by two trees.

"Frances has been known to be a tree magnet," joked Gard.

All of the Gard's property will be replaced, but all that doesn't matter to them as much as the help they received from every unit that assisted them in a time of need. The help and support they received from everyone is something they will remember for the rest of their lives. What's left of their old house is currently under reconstruction by contractors from North East Construction Company and according to Glen Keller, a carpenter, the house doesn't look too bad from the outside. It is not until one goes inside that you change your mind, he said. Photo By the Gards: The Gard's house was severely damaged by falling trees during Hurricane Bertha.



The Paradise Point residence of 1stLt. Brian Gard and his family was severely damaged during Hurricane Bertha. Photo courtesy of the Gards



Above: The Gards talk to rebuilding crews about the extent of the damage to their home. (Photo by Cpl. J. J. Rodriguez) Right: 1stLt. Brian Gard stands next to the area where the second tree hit his house, causing a metal beam to nick him in the forehead. (Photo by Cpl. J. J. Rodriguez)



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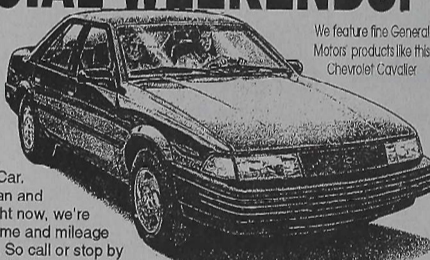
			
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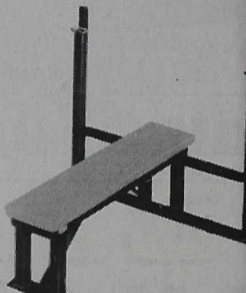
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—Nicolas Chamfort

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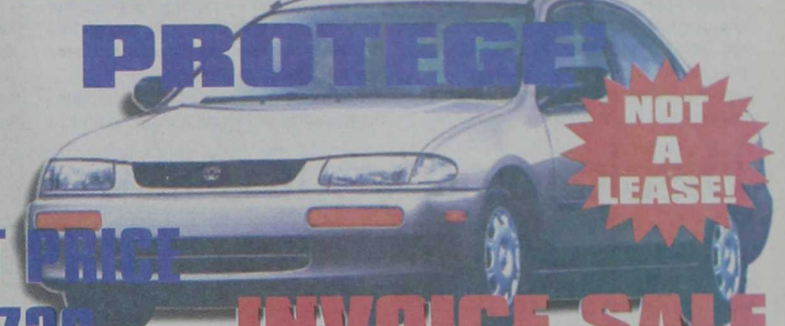


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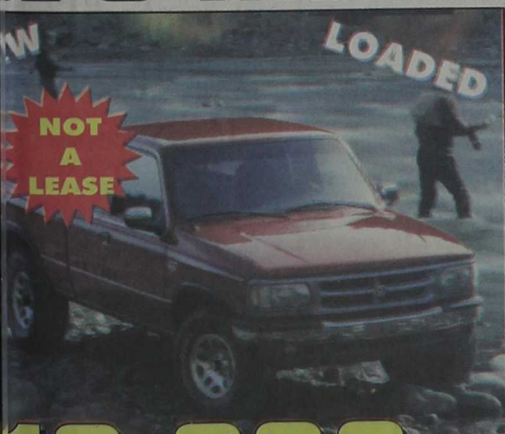
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New Parent Support Program helps forming families cope

Cpl. Joseph B. Gray III
Globe staff

With all the obstacles a military family can encounter, one of the biggest is adapting to being new parents in the military community and away from their family at home.

One program helping parents adapt is the New Parent Support Program which helps new parents adjust to having children and being away from the family.

According to Freddie Hardcastle, director of the New Parent Support Program, new parents in the military community have the same fears about raising children that other parents do, but many times they're away from hometown family, and they feel like they have no one to run

to for help.

"The New Parent Support Program is a primary prevention program," Hardcastle said. "It helps parents deal with the stress of the situation. It's free, voluntary and totally confidential, and it comes to them. It lets the new parents, mainly wives, know what their resources are and how to use them."

"Many of the wives are unfamiliar with the area and don't know what is available to them," said Audrey Cowin, NPSP home visitor.

"We don't do everything for them, but what we do is give them the opportunity to learn how to do things for themselves. We use classes, referrals and plenty of encouragement to help parents deal with the pressures of raising a child. Many

mothers have a hard time because their husband is going to the field or on a deployment, and they don't always know what to do when a situation arises. We teach them self-action, and many parents take the ball and run with it after they see what is available to them."

The NPSP offers a variety of courses such as "Keep Parenting Simple" and "Birth and Early Parenting," and according to Diana Jones, an NPSP home visitor, the NPSP doesn't exclusively deal with the parents of infants.

"We offer a Mother's Support Group as well as a Father's Support Group," Jones said. "We also help parents of children all the way up to six years of age. It's been very successful, and we've received great feedback, and the parents want to do

things for themselves, and we give them the opportunities to do that. We work real close with Human Services and the Family Service Center, and we give the parents information about those places so they can make the contacts on their own. The parents also make new friends and contacts by simply coming to our classes, and many say that helps out a lot."

Many new parents need help because of the high deployment rate of the Marine Corps, and Mary Overington, NPSP nurse, said getting the right help can make a world of difference.

"Many parents we deal with are very enthusiastic and receptive," Overington said. "They want to learn, and they want to succeed. In many cases, when they find out what all they can accomplish, they want to

do everything they can. All in all, it's the family tremendously, and that is what we're here to do. We're here to continue to build the Marine Corps family and support them in their time of need."

"We give them ideas and suggest making parenting fun," said Stephanie Aitman, NPSP home visitor. "For most individuals, parenting is an extremely important issue, and we help them believe and realize that they're good parents. Times they come to our classes and see different people because they see what they can do and accomplish."

New or future parents looking for advice and knowledge can contact the NPSP by calling 451-5286 or 451-2852 to get on the right track when becoming a parent.

Disciplining your child:

Where to draw the line

Cpl. Jim Davis
Globe staff

From 1990 to 1993, the United States Marine Corps had the highest number of verified spouse/child abuse cases in the Department of Defense, according to DoD statistics. In 1995, there were 454 cases of suspected child abuse opened on Camp Lejeune alone. Of those, 217 cases were substantiated cases and actions were taken on them.

"Think about how much time is spent training the average servicemember in their job. Then think about how much time the average servicemember spends being trained to be a good spouse and parent — usually not much at all," said Lt. Cmdr. Elizabeth A. Burns, director of the Family Counseling Center. "Lack of knowledge with age-appropriate expectations of a child and discipline alternatives are two of the biggest contributors to child abuse."

When a complaint is filed on a possible case of abuse, the FCC is contacted. They, in turn, report to the Onslow County Department of Social Services and both offices conduct an investigation to gather information about what occurred. The findings are then presented to a multi-disciplinary committee which determines if any abuse occurred and what educational and/or therapeutic actions should be taken.

Burns says the best action is preventive action: learning different ways to deal with children before hand so you're better prepared when you need it.

"The New Parent Support Program in Bldg. 331 offers many educational benefits for families with children," said Burns. "I would recommend that

any young couple go there and see what they have to offer."

Most cases of child abuse that come through the FCC are cases of inappropriate discipline. Burns says that many parents will use a spanking as the only form of discipline and do not look into alternatives.

"There are many professionals who believe corporal punishment, (spanking a child,) is wrong," Burns said. "They believe that spanking a child will only teach him or her resentment and to react to situations by striking out at others. Other forms of discipline, such as timeout, should always be preferred to striking a child. Effective discipline is very different from punishment."

"If a parent is really upset with a child, and the child knows it, parents shouldn't hit the child but handle this situation in a different way. It teaches the child to handle anger and frustration."

The best thing to do if a parent is frustrated and angry with a child is to send the child to his or her room and spend a little time apart until the parent calms down and is ready to handle the situation in the best manner for the child, Burns said.

Burns has seen some situations go to the extreme in the way parents handle their children. "I've had parents line their kids up for inspection and go over their rooms like they were inspecting a barracks room," she said. "You can't treat your kids like they are troops."

There are other forms of child abuse that include emotional abuse, sexual abuse and child neglect.

The bottom line with all forms of child abuse, is that they have adverse effects on children that will haunt them for the rest of their lives.

Base anti-speeding totals through July 19

The following is a list of military and family members found guilty of driving while intoxicated or under the influence of alcohol:

- LCpl. R. R. Fluette, 1st Bn., 8th Marines, DWI
- LCpl. J. K. Goir, 2nd CEB, refusal to submit to a breathalyzer
- Sgt. J. R. Pare 2nd Marines, DWI, refusal to submit to a breathalyzer

The following are the number of speeding and other citations issued from July 11 - 19:

48 speeding tickets
3 other citations
51 total citations



Signs, signs...

Marines of Headquarters Company, 1st Battalion, 10th Marines and Headquarters Company, 2nd Battalion, 10th Marines rehearse for Exercise Cooperative Osprey, STX 4, at Combat Town. Posing as media and an unruly mob around a simulated embassy, they protest the evacuation of embassy personnel. (Photo by Cpl. Jonathan D. Cress)

Base Education Office opens door of opportunities

LCpl. Kimberly Everson
Globe staff

Consolidated Base Education Center opens a door of opportunities to the Camp Lejeune community.

Many different schools, degrees, apprenticeship programs and tests are offered at the Consolidated Base Education Center.

"We have counselors and representatives from different schools to help guide perspective students in finding the courses that they need to enroll in," said Lynette S. Kennedy, education specialist.

The different schools offered on base are Coastal Carolina Community College, Campbell University, Southern Illinois University, University of North Carolina at Wilmington, Boston University, Webster University and Averett.

Coastal Carolina Community College offers associate degrees in arts, science and applied science. It has different technical schools, and also has a convenient location off base.

Campbell University is a Baptist liberal arts university. It offers associate's, bachelor's and master's degrees in business.

Southern Illinois University offers bachelor's degrees in aviation management,

electronics management and health care management. Classes are held on an alternating weekend pattern and are non-sequential, allowing students to enroll at any point.

The University of North Carolina at Wilmington offers bachelor degrees in elementary education, education of young children, business administration and nursing. Call Base Education for information about other local schools.

"There are many programs offered here at Base Education, and I think that it's something that everyone here at Camp Lejeune can benefit from," said Kennedy.

Students can look forward to new youth center; construction underway

Cpl. Joseph B. Gray III
Globe staff

Younger residents of Camp Lejeune who have been looking for new ways to pass the time or different activities to enjoy should be excited to find that construction of the new Camp Lejeune Youth Center is under way.

The new youth center will stand more than three times the size of the current facility. It is being constructed between Brewster Middle School and Lejeune High School. According to Donna Wiggs, youth activities director for Camp Lejeune, the new facility will open new doors for youth programs on base.

"The new facility has been planned for a while now," Wiggs said.

"It's really going to allow us to do so much more with the youth. One reason we can do more will be space. The new facility will cover 15,240 square feet as opposed to the current center which is only 4,200 square feet."

"With its layout, which includes a gymnasium, classrooms, a game room and a music room, we will be able to start so many new activities as well as services to the children. I think they will be real pleased when we open it," Wiggs explained.

Wiggs added that the facility should be

"I can't stress enough how much this new center is going to help us. It is going to take all our programs to a higher level... We've had to turn away kids from the current facility because we simply don't have room for all the children that show up for certain events. With the new youth center, we will definitely be better able to serve the community."

**Donna Wiggs
Youth Activities Director**

open and ready for business by next summer, and that a youth center will be built next to the Tarawa Terrace pool.

"I can't stress enough how much the new center is going to help us," Wiggs said.

"It is going to take all of our programs to a higher level. At the current facility, we don't have the capabilities or space to do some of the programs we want to. At the new one, we will be able to try dance classes, fitness classes, and art classes."

"We've had to turn away kids from the current facility because we simply don't have room for all the children that show up for certain events," she added.

"With the new youth center, we will definitely be better able to serve the community."

According to Wiggs, the youth programs are going to do a lot of changing over the next two years; a change that she adds will be for the benefit of everyone involved.

Anyone having questions or simply needing information on current youth center activities should call the Youth Center at 451-2177.

Court-martial results for Base, LSSS through July 23

The following cases were tried at the Office of the Staff Judge Advocate, Marine Corps Base, Camp Lejeune during the period of July 15 - 19:

Pvt. A. W. Kelley, School of Infantry, was convicted at a special court-martial of one specification of unauthorized absence (5 months) in violation of Article 86, UCMJ. He was sentenced to confinement for 100 days and a bad conduct discharge.

Pvt. B. N. Price, Headquarters and Support Battalion, was convicted at a special court-martial of one specification of unauthorized absence (6 months) in violation of Article 86, UCMJ.

violation of Article 86, UCMJ. He was sentenced to confinement for 90 days and forfeiture of \$524 pay per month for three months.

Pvt. M. S. Steele, School of Infantry, was convicted at a special court-martial of one specification of unauthorized absence (5 months) in violation of Article 86, UCMJ. He was sentenced to confinement for 60 days.

Pvt. B. R. Snapp, School of Infantry, was convicted at a special court-martial of one specification of unauthorized absence (6 months) in violation of Article 86, UCMJ. He was sentenced to confinement for 60

days and forfeiture of \$550 pay per month for three months.

The following courts-martial were conducted by the Legal Service Support Section during the period of July 18 - 23:

Pvt. T. L. Scruggs, 1st Battalion, 10th Marine Regiment, 2nd Mar. Div., was convicted of a Special court-martial of a violation of Article 86 (unauthorized absence). He was sentenced to confinement for 120 days, forfeiture of \$580 per month for five months and a Bad Conduct Discharge.

LCpl. P. T. Daniel, Headquarters and

Service Battalion, 2nd SRIG, was convicted at a General court-martial for a violation of Article 134 (indecent act). He was sentenced to confinement for eight months, forfeiture of all pay and allowances, a Bad Conduct Discharge and reduction to E-1.

LCpl. M. R. Merchant, Jr., Headquarters and Service Battalion, 2nd SRIG, was convicted at a Special court-martial for a violation of Article 120 (carnal knowledge), and a violation of Article 134 (adultery). He was sentenced to confinement for 120 days, a Bad Conduct Discharge and reduction to E-1.

LCpl. G. L. Fisher, Headquarters Battalion, 2nd Mar. Div., was convicted at a Special

court-martial for a violation of Article 120 (unauthorized absence). He was sentenced to confinement of 100 days, forfeiture of \$550 pay per month for four months, a Bad Conduct Discharge and reduction to E-1.

Hospitalman T. D. Fairly, Headquarters and Service Battalion, 2nd FSSG, was convicted at a Special Court-martial of a violation of Article 121 (larceny), a violation of Article 123 (forgery) and a violation of Article 128 (assault). He was sentenced to confinement for 120 days, forfeiture of \$580 per month for four months, a Bad Conduct Discharge and reduction to E-1.

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The Globe

Fishing is alive, strong at Lejeune

Sports Roundup

Bass tournament casts off

A USO Benefit Bass Tournament will be held from 6 a.m. until 4 p.m. Saturday on the Neuse-Trent River in New Bern, N.C. The tournament, sponsored by the Hawk Wild Bass-club, is \$40 per team. Entries will be accepted at the Lawson Creek landing in New Bern. Participants must be 18 years of age or accompanied by a parent or guardian. All fishing must be done with artificial baits. No fly fishing or trolling will be allowed. There is a 10-fish limit per team. For more information on the tournament, call Ray Ryan at 353-7024 or Herb Under at 353-3196.

Olympiad finale

Registration locations for the Olympiad finale: Youth Marathon will be at Berkeley Manor Youth Center (during operating hours until Aug. 2) and TT Outdoor Pool. Late registration will be held at the TT Outdoor Pool Aug. 3 from 7:30 a.m. to 8 a.m. All participants must check in and receive their assigned number between 8 and 10 a.m. the day of the event. Call Wendy Farson at 451-2177 for more information.

Volleyball season

Attention active duty volleyball players, there will be a volleyball meeting Aug. 5 at 6 p.m. at the Field House. Practices will be scheduled after this meeting once the level of participation is determined.

Swimmers needed

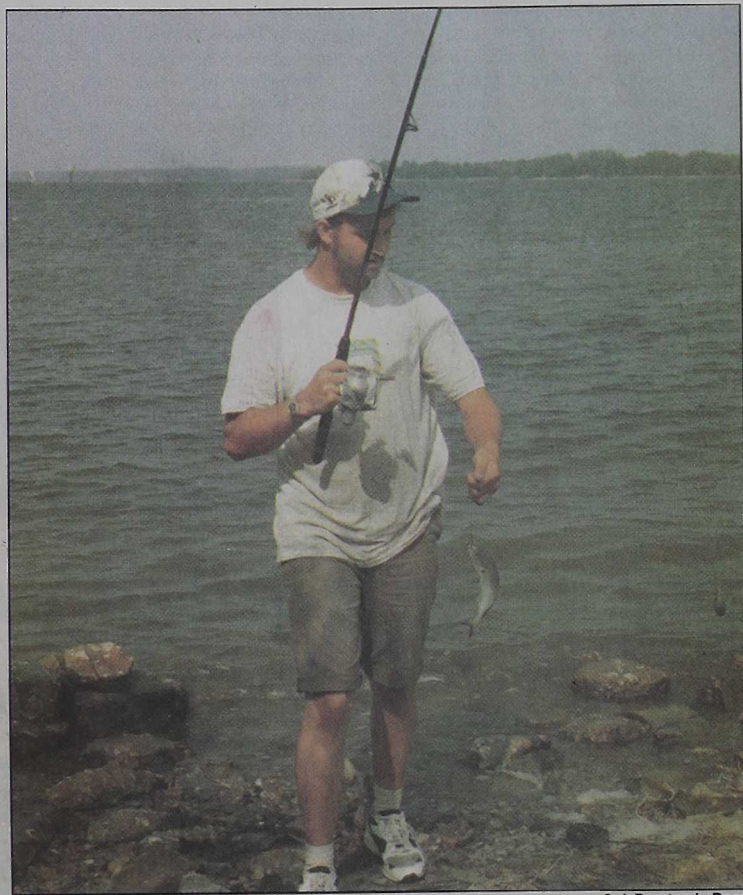
The Camp Lejeune Swim Team is currently signing up members for its age-group competitive swim team. Young people ages 5-18 who can swim a 50-yard crawl are eligible to join. A qualified coach will be on deck and there's a dedicated pool for practice. Emphasis is on stroke techniques, teamwork and goal setting. There's an opportunity to participate in state and regional meets. For further information, call 353-2161.

Grand Prix '96 series cash awards

A cash award of \$300 will be credited to your MWR unit party fund every time the Marines and Sailors of your subordinate command achieve the greatest percentage of participation by any one unit in any Grand Prix '96 Series event. There are four events remaining: The Davy Jones Open Ocean two-mile swim on Friday; the Wet and Wild Biathlon - a one mile open ocean swim and five-mile beach run on Aug. 17; the Lejeune Triathlon - a 1.5K swim, 40K bike and 10K run on Sept. 7; and the Lejeune Half Marathon Oct. 5. The unit with the highest cumulative participation at the conclusion of the series will receive a bonus award of \$500. For more information, contact Ricky Hill at 451-3603/3606 or Mike Marion at 451-1799.

Onslow County Hashers hit the trail

The Onslow County Hash House Harriers invite all hands to join them on the trail Sunday at 3 p.m. for a "hash run." For more information, call Jim Rider at 328-3693.



Cpl. Preston L. Bass
 Globe staff

Buddy Watson comes back from the waves after catching a trout too small to toss in his bucket, while fishing with his family.

Grab your rods and reels and head out to the fishing ponds here on Camp Lejeune where the fishing is great and the catching is better. The fish are plentiful and the opportunity for fishermen to test their skills is waiting at Lejeune's fishing ponds and creeks.

The fishing season has begun and big mouth black bass, catfish and all different members of the brim family can be found in the ponds on Lejeune. Fishing is not the only thing that attracts people to the fishing ponds on Camp Lejeune. Some find the beauty of the ponds on Lejeune reason enough for them to come out.

"Henderson Pond is by far our most popular pond simply because it's the biggest and the prettiest and probably most accessible," said John E. Waters, Base Game Warden.

The Game Warden's office offers maps, fishing regulations and other vital information needed for fishing aboard the Base.

"When a person comes here inquiring about where our ponds are, we give them a map that shows all the ponds available," Waters said, those ponds include: Cedar Point Pond, Mile Hammock Bay Pond, Ward Pond, Hogpen Pond, Power Line Pond, Courthouse Bay Pond, Prince Pond, Hickory Pond, Oak Pond, Henderson Pond and Orde Pond.

All the ponds maintained on Lejeune have been stocked with specific species of fish. A list of which ponds are stocked with which fish is available in the Game Warden's office. The ponds were supplied over five years ago and, according to Waters, they have a proper balance of people taking fish out and the fish reproducing.

"I can't remember having to restock the

ponds over the last five years. Right now the ponds are doing well, and with the fishermen giving us good reports, we know that the balance is still good. Of course, not everyone knows how to catch fish. We know who to listen to. During our patrols of the fishing areas, we see what people are catching and the size of them. We can tell," Waters said. "We've achieved a balance and I don't see the ponds ever being depleted as long as we maintain that balance."

All anyone has to do is stop by the Game Warden's office located on Parachute Tower Road, on the right side of Holcomb Boulevard, as they come on Base, and get a map of the location of the ponds, creeks and other bodies of water here.

"Right now we're in the fishing season and the fish available in the salt water are: spots, cokers, blues and flounders. In the summer-time most any salt water fish are likely to be caught like the channel bass, blue fish, spotted sea trout, the croker, spot fish, summer flounder and Spanish mackerel.

"They'll be fishing for Spanish mackerel at the pier right now, you'll see them jerking an artificial lure around real fast through the water as they're winding in they are jerking their lines. The Spanish mackerel like to strike something that is moving fast and is shiny," Waters said.

There is salt-water and fresh-water fishing on Camp Lejeune and the difference between the two areas may not be as obvious as one might think.

"The way the North Carolina legislature did it was they looked at each body of water to determine the recreational or commercial activity in that body of water. There is a difference in requirements for recreational and comm

SEE FISHING/3B

Lejeune swim team makes a splash

Cpl. Joseph B. Gray III
 Globe staff

Some Camp Lejeune youth are making a big splash in competitions around Eastern North Carolina as a part of the Camp Lejeune Swim Team.

The team, which practices at the Area 5 Pool, is comprised of swimmers of different skill levels ages 6 to 18, competes with local swim clubs.

According to Kathy Healy, Camp Lejeune Swim Team coach, the swimmers work hard and give up much of their personal time to help the club and become better athletes.

"I think one of the biggest things the swimmers get from being on the team is camaraderie," Healy said. "Many of these swimmers practice five to seven times a week, and they forgo a social life to be a part of the squad, so teammates become their friends."

Healy also said the parents are very supportive of the team. "The parents of the swimmers are really behind their children and the team. It's not always like that. I've coached in places where the support isn't that great at all. It makes my job easier when there is support from the families."

The swimmers learn and practice the freestyle, back, breast and butterfly strokes (the four strokes used in competitive swimming). They compete in everything from sprints to the long distance races. Healy said that since arriving in April, she has stressed form rather than speed.

"I really look to make sure the swimmers are doing the strokes correctly, and it's important to me that they use correct form," Healy said. "I would rather



Cpl. Joseph B. Gray III
 The Camp Lejeune swimmers take a well-deserved break between exercises, while receiving instruction from their coach, Kathy Healy.

them swim too slow and do the stroke correctly than try to get faster and do something incorrectly. I also try to give the swimmers some confidence before

their meets. Sometimes some of the swimmers will get stressed out the morning of a meet, and

SEE SWIM/3B

Pistol shooters bring home championship

Cpl. Charles Distefano
 Quantico

MARINE CORPS BASE, Quantico, Va. — The Marine Corps Pistol Team swept the competition at the Interservice Pistol Championships in Little Rock, Ark., June 15-20.

The combined efforts of the 24 shooters and three armorers stationed here resulted in the team taking close to two-thirds of the awards, and placing in all but two stages of fire. The team placed first overall in the Pistol Team Championship; captured first, second and third in the Individual Championship; first, second, third and fourth in the Individual Service Pistol Championship; and first in the Excellence in Competition Championship.

Leading the awards was Sgt. Brian H. Zins, who took the gold for his third time in Individual Championship. In addition, he held up his part on the first-place team, won the Service Pistol Matches and set a record in the .22 Caliber Match.

"My intention was to go to win," said Zins, a military police officer from Iwakuni, Japan. After winning the championship in 1994 and 1995, Zins missed last year's competition when he moved to Iwakuni.

The Marine Corps scarlet team of Zins, GySgt. Randall C. Lawless, SSgt. Anibal Chinchilla, and sergeants Jason E. Meidinger and Santiago Miramontes maintained that tone by capturing first place by seven-points.

The team also set a new service record

by taking first, second and third place in the Individual Pistol Championship. The efforts of Zins, Chinchilla and Meidinger marked the first time the Marine Corps has ever swept the category.

The rising star for the team may be Cpl. Keith A. Sanderson, who took first place in the Excellence in Competition Championship, an event for non-distinguished shooters.

"Our willingness to work harder and smarter always shows," said O'Connor about the team's success. "We rely on our fundamentals and self-discipline to win."

He also credits the support of the armorers.

"We have the best armorers in the nation. They build our guns from scratch," he said.

FROM THE SIDELINES

Cpl. Preston L. Bass
 Globe staff

You know what time it is, and you know what I'm talking about. America's kicking butt and taking names in the Olympic Games in Atlanta. They came out of the starting gate taking the home-team advantage in the largest gathering of Olympians. The American athletes are coming from a long way down in some of the competitions, putting forth a fantastic effort and making improvements, getting stronger. They're giving it their all, and when all the yelling is done and the games are over, everyone will know that the American athletes are number one overall. They may not take top honors in all the events, letting one pass here and there, but the bottom line is we already lead the race in overall medals and we are going to dominate, kicking butt and taking names. The American athletes are pulling together in Atlanta, feeding off of each other and the crowd. We should all be proud to have them as representatives.

They ran into something of a lull Monday evening, when the male gymnasts placed fifth, but they still showed true Olympian and American pride. Remember, fifth place is better than the gymnastics team has done in a long time.

It's obvious the athletes are skilled but what I like to see is how they handle themselves when the chips are down. I'm a "can you handle the truth," kind of guy, and the truth about the 1996 Summer Olympic Games is that the USA will bring home the bacon at the track and field competitions.

So what? We gave the Russians their due in the male gymnastics competition. They were heads and shoulders above all other countries, but that's it for them. Do you hear what I'm saying? That was their big event. It won't be enough to bring them overall victory. The American athletes are holding role call in a number of events. The women are taking over in swimming from the Chinese who have dominated that event in recent Olympics. The U.S. Olympic team has accumulated a large number of silver medals and that will come in handy, big-time, when the tally of medals for each country is counted.

Track and field events are coming up and we are traditionally strong in those events. Whitney Hedgepeth, a resident of North Carolina, earned a silver medal for the U.S. Olympic team, coming in second to teammate Beth Botsford in the women's 100-meter backstroke competition. The American athletes are showing true spirit and sportsmanship in the Olympic competitions. From what I've seen of the Olympics before, we are weathering a small storm and doing a good job of it. Once we hit the track and field events we should see the U.S. Olympic team start to pull away in the medals department. We are holding our own now, taking medals in many events, earning gold medals here and there, but the American cream is going to continue to rise to the top.



Cpl. Michal T. Demers, assigned to Military Police Company, Special Operations, gets his knees into action on the totally vertical Treadwall.

Cpl. Preston L. Bass



Demers stretches all out, making his move for the next hand grip.

Cpl. Preston L. Bass

Treadwall offers 'total body workout'

Cpl. Preston L. Bass
Globe staff

The Area 3 Gymnasium at Camp Lejeune houses some of the highest-technology mountain climbing simulation machines in Eastern North Carolina. The Area 3 Gym Treadwall machine is the only one of its kind within the coastal tri-state area.

The Treadwall has been at the gym for years and is still providing a different avenue for personnel to attack sports here at Camp Lejeune.

The Treadwall machine stands approximately 15 feet tall, peering over the other exercise machines in the gym.

"People come from as far as Virginia to use the Treadwall," Judy M. Brunson, a gym attendant, said.

Units and individuals come in to take advantage of the wall.

"Some units come in and use the wall as part of their physical training sessions. We also have people coming in who are dedicated Treadwall climbers who invest money and time into their wall-climbing workout. Some of them come in with mountain-climbing boots and bring chalk to make sure their hands are dry for gripping the rocks," Brunson said.

Kevin J. Whittle, a Marine with 2nd Battalion, 6th Marine Regiment is an experienced rock climber who dedicates time to rock climbing and training on the Treadwall. His father started him climbing rocks when he was 11 years old and he has been interested in it ever since. He's been a member of several rock-climbing clubs and has taken on rocks in New York, and Maine. He knows what it's like to have his life dangling on a line on a rock.

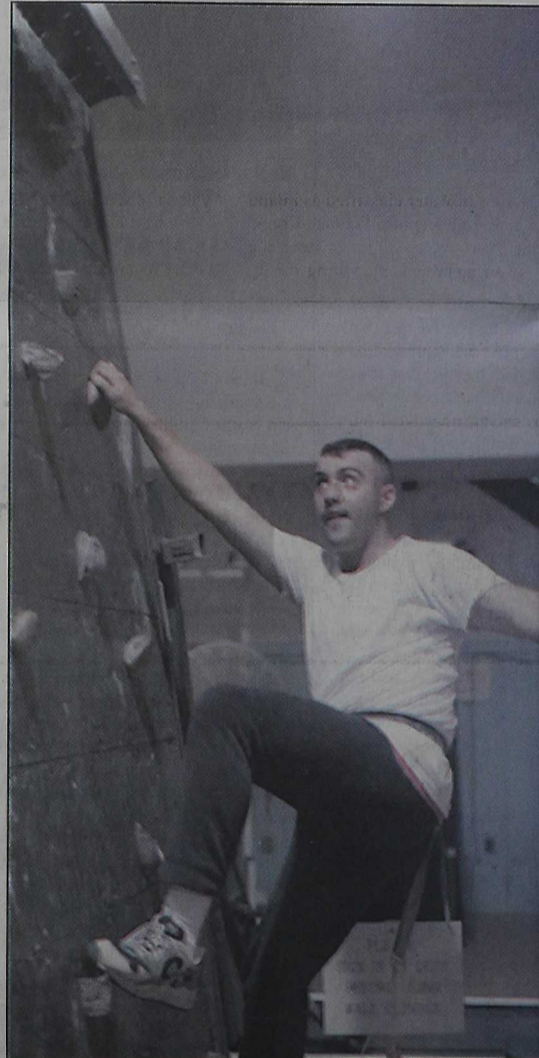
"It's great when you reach the top of a rock because you experience the feeling of conquering it," Whittle said.

Whittle said that although there is nothing that is exactly like rock climbing, the Treadwall is a helpful simulation.

"When you rock climb you create a fluidity throughout your body. Everything moves in sync with everything else, for example: if you move one leg upward then you have to move one arm upward," Whittle said. "When using the Treadwall you use your upper and lower body and you need strong upper and lower body strength when climbing a rock. It's a total body workout."

The difficulty level of the Treadwall is up to the person using the machine. It has difficulty settings ranging from one to 10, one being easiest and 10 the hardest.

The settings let the user decide how fast he or she wants the wall to rotate, which in turn determines how quickly the person has to react to the changing texture of the wall and decide the placement for their next foot-



Cpl. Preston L. Bass

Demers leans back, preparing to lunge upward.

hold. The settings also determine the angle of the wall, whether the wall is climbed straight up and down or how much of an incline is used.

"It'll work you out, but it's not so hard that most people can't use it," said Lisa M. Endler, a gym attendant.

"The hardest part about the wall is concentrating on your next foothold or hand-hold. That would be very important on a real mountain because on a real rock, if you don't plan to make the hold spots, you could end up stuck halfway up the mountain."

"When someone is using the wall for the first time, I usually suggest that they use an incline. You want it to be challenging, but you also want to get used to it before you try it straight up and down. It's not as hard as some people think. The big thing is the concentration it takes to look out for the next placement of their foot or hand," Schultz said. "We change the placement of the

rocks on the wall each week to keep challenging for dedicated wall climbers who would get used to the arrangement of the rocks and would lose on the realistic training of not knowing where the next foot or hand placement will be," Brunson said.

When using the wall people have to wear a safety belt to keep them from climbing too high on the wall.

"Sometimes people bring their teenage children and let them try the Treadwall. All children 12 to 16 years old must be supervised by an adult while using the wall," Schultz said. "The Treadwall was put here as a training tool," Schultz said.

"People get an aspect of rock climbing that they wouldn't get otherwise living on the eastern North Carolina coast, not having any nearby mountain ranges," John D. Rich, one of the gym attendants said. For more information on the Treadwall call 412-1799.

Varsity Team t
Joseph B. Gray III
The Camp Lejeune Varsity Team took third place in the Washington Area Military Area Military in Virginia.
The three separate w...
The squad traveled to...
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from other military...
The first two...
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"Bridges" said...
Brian Rupp...
coach. "We suf...
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the first two weekends...
and won 14 matches...
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Varsity Volleyball Team takes third

Joseph B. Gray III
staff

The Camp Lejeune Varsity Volleyball Team took third place at the Washington Area Military Athletic Conference in Virginia. The team competed over three separate weekends in the area to participate in a tournament competing against other military installations. The first two weekends of competition were for seedings," said Brian Rupp, coach. "We suffered only two losses during the first two weekends and won 14 matches. The team earned us the number one seed going into the tournament. We didn't play during the actual tournament due to injuries and losses, but we took third overall." During the actual tournament, the team lost only to the U.S. Army's Ft. Belvoir. During the actual tournament, the team lost only to the U.S. Army's Ft. Belvoir. During the actual tournament, the team lost only to the U.S. Army's Ft. Belvoir.

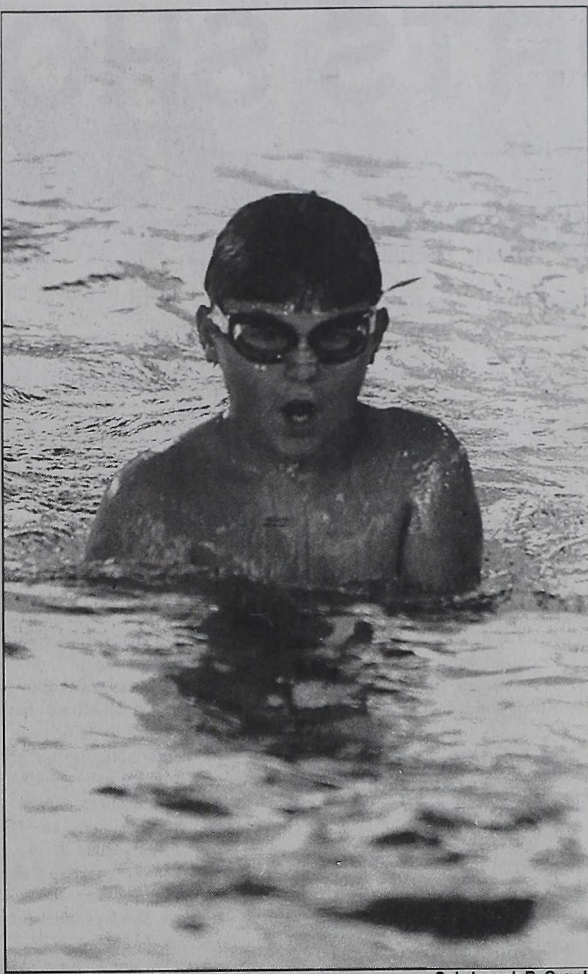
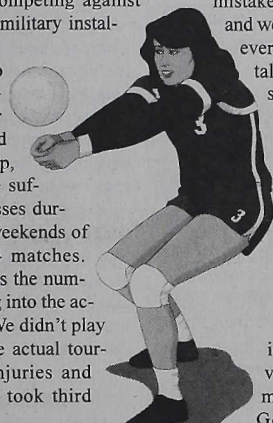
Quantico.

According to Rupp, the team would've really liked to win, but their third-place finish was still strong.

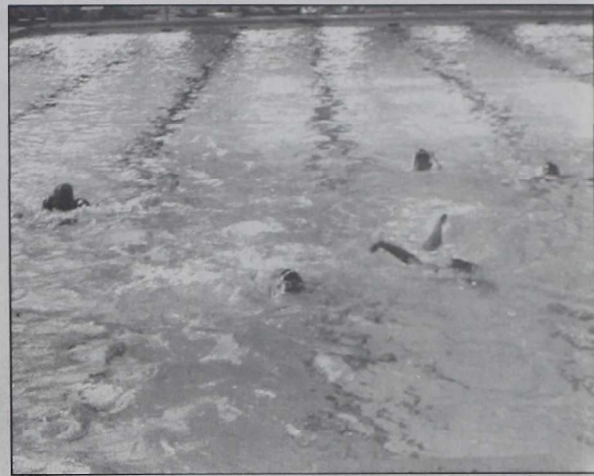
"It wasn't a bad showing for our first time in the tournament," Rupp said. "We took third place, but I feel we could've taken first. Even with the injuries, I feel we made more mistakes than we should've, and we beat ourselves. However, this is one of the most talented teams I've had since coming here in 1992, and they played really hard."

Rupp is trying to put together a tournament for late August, in which he hopes to encourage area military and civilian teams to test his squad.

Anyone interested in playing or practicing volleyball may attend a meeting Aug. 5 at the Goettge Memorial Fieldhouse. This meeting will decide how much volleyball participation there is on Base, and practices will be set up. Rupp added that the team can will practice at the Area 1 gymnasium, but if anyone has questions they should call, or E-mail Rupp at 451-2728 ext. 524.



Jason Kauzlarich works on his form during laps at swim practice for the Camp Lejeune Swim Team.



Cpl. Joseph B. Gray III

While at swim practice, the members of the Camp Lejeune Swim Team swim many laps which help the swimmers work on their form as well as build their endurance.

SWIM from 1B

they start to worry. I simply remind them of how hard they've worked, and that all they have to do is swim their event and do their best."

According to Rita Price, president of the team and parent of a swimmer, the team does much more than help the children in the pool.

"I think the team helps the children in all aspects of life," Price said. "They compete against themselves and the clock, so it teaches them to push themselves harder to get better. It also provides self-gratification when they see they can reach their goals, as well as discipline which carries over from the pool into school and everyday life. For myself, it's the enjoyment of seeing my child on the

starting blocks and seeing all the swimmers try so hard. All the parents are very supportive, and it's great to see them there for the whole team not just their child."

Most recently, the Camp Lejeune Swim Team had three swimmers qualify for the Junior Olympics in High Point, N.C.; Ayren Jackson, Jennifer Whissler and Shannon Viverette. The entire team will assemble for their next meet July 27-28, in Goldsboro, N.C.

Interested swimmers can join the team by attending practice at the Area 5 Pool from 4:45 p.m. to 6:45 p.m. For more information, call Rita Price at 353-0847 or Rose Mary Stone at 346-9566.

WATER from 1B

"It's a legally established boundary line more than whether water has salt in it or not." The classification of the water is the defining factor for license. Residency is another criteria that determines what kind of license a person can get. North Carolina state license is required for inland waterways, which includes four of the creeks on Camp Lejeune. The bodies of water classified as inland on Camp Lejeune are: Wallace Creek, the Marston Pavilion (where the creek is) on upstream. Anything down-

stream of the main service road bridge is classified as coastal. French Creek and Duck Creek are inland in their entirety. The fourth inland body of water is part of South Creek from Maple Landing on up stream. Other than those four places, a person may fish with hook and line without having to satisfy the N.C. or Onslow County fishing license requirements or the fishing requirements on Base. The ocean, New River (main part) and the intracoastal waterway are classified as coastal.

Fishing on Lejeune is a privilege enjoyed day after day, week after week, by active duty military members, retired military members,

reservists on active duty, civilians assigned to, or employed on Lejeune and New River Air Station, including Civil Service and Non-appropriated Fund employees who retired from these installations.

Military personnel and civilians assigned to the Base don't have to enjoy fishing all by themselves, they can sponsor family members and other civilian guests. Youngsters 16 years old and younger are allowed to fish free of charge without a license, but children under 10 must be accompanied by a parent or guardian.

A seasonal fishing permit cost \$5, a daily combination fishing and hunting permit is

\$5, a seasonal combination fishing and hunting permit is \$15 all permits last from July 1 to June 30 of the following year.

"The managed ponds are primarily for the use of the active duty persons stationed here, not for the entire public. If the ponds were open to everyone the ponds would be overfished and it wouldn't be a good fishing experience for anyone," Waters said.

While fishing aboard Lejeune, all fishermen must have an appropriate license, Base permit, and identification in their possession and must display them on request to any person authorized to enforce the laws and regulations such as the base

game warden, the deputy game warden, and their staff.

"Camp Lejeune is very diverse as far as its fishing opportunities. We've got fresh water and salt water fishing. Small creek inland fishing and ocean fishing. We've as good a variety of fish species as you can find anywhere, far as what a person might like to fish for, we've pretty much got it."

"As far as fishing opportunity we've got an unusually good situation here on Camp Lejeune. Actually it's a fisherman's paradise," Waters said. For more information, or if you have questions, call the Games Warden's office at 451-2196.

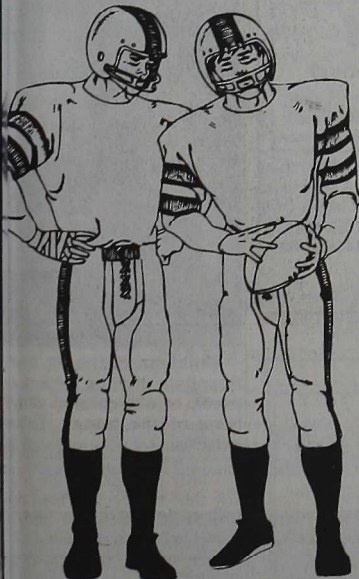
YOUTH FOOTBALL and CHEERLEADING REGISTRATION

REGISTRATION SITES

MON-FRI, 22 JUL-9 AUG
YOUTH SPORTS OFFICE
(Goettge Memorial Field House)
0900-1630

&
MWR COMM. CENTER, MCAS NEW RIVER
0800-1600

All registrants will receive a coupon for 10% off of the ticketed price of one football/cheerleading item at the Marine Corps Exchange.



Registration Deadline: 9 August 1996

\$15 Fee, First Child
\$12 Second Child
\$10 Additional Children
(Same Family)

Proof of Age Required
Upon Registration
Boys and Girls Ages 8-14
as of 31 July 1996

Football Weight Requirements
8-10 year olds: 50-120 lbs.
11-14 year olds: 70-140 lbs.

FOR MORE INFORMATION CALL 451-2179/2710

In Partnership With You for A Better Quality of Life



YOUTH SPORTS SOCCER REGISTRATION

REGISTRATION SITES

MON - FRI 22 JUL-9 AUG YOUTH SPORTS OFFICE 0900-1630
AT GOETTGE MEMORIAL FIELD HOUSE

MCAS NEW RIVER MORALE CENTER 0800-1600

Registration Deadline:
9 August 1996

Fees: 1st Child \$15

2nd Child \$12

3rd and Additional Children \$10
(Children must be members of same family)

Proof of Age REQUIRED
at time of Registration

Open to 5 - 16 Years Old
*5 year olds must turn 5 by 31 Dec 96
* All others, age cutoff as of 31 Jul 96



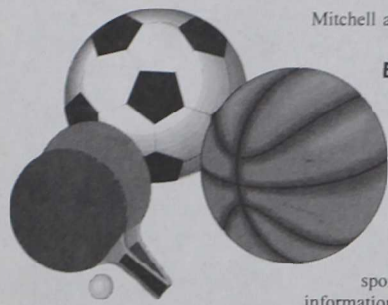
All registrants will receive in their registration packs a coupon for 10% off of the ticketed price of one soccer item at the Marine Corps Exchange.

FOR INFORMATION
CALL
451-2179/2710



In partnership with you for a better quality of life

SPORTS SHORTS



Mitchell at 451-1688/1649.

Basketball tryouts scheduled

For information on upcoming Camp Lejeune varsity basketball tryouts, call SSgt. Robert James at 451-1060/1581.

Call the intramural sports office at 451-2061 for information on intramural sports or call the athletics office at 451-3636 for varsity level information.

Armed Forces softball tourney scheduled

Cumberland County Parks and Recreation will host the Men's USSSA Armed Forces State Softball Tournament Aug. 17-18, at Arnette Park, Fayetteville, N.C. The tourney is open to all bonafide Armed Forces Men's Softball Teams, unit level and higher. Registration deadline is Aug. 12.

For more information contact USSSA Armed Forces Program Coordinator Steve Sargent at (910) 424-2205 or (910) 396-7071 or DSN 236-7071.

Lejeune Ladies Tennis Association needs you!

Whether you're just beginning or advanced, the Lejeune Ladies Tennis Association needs new members. Membership is open to active duty or retired military dependents. The fall season officially starts with weekly practices and games Monday, Sept. 9 at the Paradise Point courts from 9-11 a.m.

For more details, call Karen Edwards at 324-2857, or Gaynelle Summerlin at 324-3606.

Female softball players needed for Base team

If you're active duty military interested in playing softball for the Camp Lejeune Women's Varsity Softball team please contact SSgt. Thompson at 451-5483 or HMI

ers of all skill levels.

Call Joe Baes at 353-4484.

All-Camp soccer team looking for players

Try-outs for the All-Camp soccer team will be held at 5 p.m. Tuesdays and Wednesdays at the Camp Johnson soccer fields.

Anyone interested in participating must be active duty and stationed in the area.

For more information about the team, call GySgt. Luis A. Cisneros at 451-0811.

Walk/Run Across America

Attention walkers and runners: there is a new group called Walk/Run Across America located at the French Creek Fitness Center. The club meets every Tuesday at 9:30 a.m.

Participants can choose from the 1.5 mile stroll through Lejeune or the 13.1 mile half marathon route.

Walk/Run sessions are open to all authorized patrons. For more information on the club, call 451-1801.

New boats available at Courthouse Bay Marina

New fiberglass skiffs are replacing the old metal jon boats. No more lifting, lugging, or handling the motors.

These new boats are already at the dock and come with seats to make fishing and riding more enjoyable. Hourly rates are \$3.25 and daily rates are \$25.

For more information, call 451-7386.

Mountain bikers on trail

The Lejeune Mountain Bikers are riding strong with as many as 30 bikers. The club meets at 2 p.m. Sundays for 8 to 10-mile trail rides beginning at the Marston Pavilion parking lot. The trails, which are a mixture of dirt, hills, sand, woods and obstacles, can be surmounted by rid-

Roller hockey players needed

Marines interested in playing roller hockey should call Cpl. Scott Franklin at 451-1373 (home).

Required equipment is: in-line skates, a hockey stick, knee and elbow pads and a helmet.

Enjoy Camp Lejeune recreation

Aerobics schedule: Semper Fit aerobics classes are free to all authorized patrons.

The following aerobics programs are available:

Early bird aerobics (high/low, moderate intensity), from 6-7 a.m., Monday, Wednesday and Friday, bldg. 524.

High/low combo (moderate intensity), from 9-10 a.m., Monday-Friday, bldg. 524.

Cardio step (low, moderate intensity), 9-10 a.m., Monday, Wednesday and Friday, TT Community Center.

Cardio pump (fast paced, high intensity), 11:30 a.m.-12:30 p.m., Monday-Friday, bldg. 524.

Water running (non-impact, rehabilitative), 11:30 a.m.-12:30 p.m., Monday, Wednesday and Friday, Area 2 pool.

Belly burner (20 comprehensive minutes), noon-12:20 p.m., Monday-Friday, Goettge Memorial Field House green room.

Cardio step (low, moderate intensity), 5-6 p.m., Monday, Wednesday and Friday, TT Community Center.

Low impact pump (great for beginners), 5-6 p.m., Monday-Friday, bldg. 524.

Back to basics (high/low, total body workout), 5:30-6:30 p.m., Tuesday and Thursday, Camp Johnson.

Classic combo (high, hand weights, resistance bands), 6:15-7:15 p.m., Monday-Thursday, bldg. 524.

Call 451-5841 for information on Semper Fit aerobics classes.

Mountain climbing:

The Fitness Center offers both individual and group instruction on its state-of-the-art "Treadwall." Designed to increase overall fitness and proficiency for mountain climbing, the "Treadwall" is available to all authorized individuals on an appointment-only basis.

Active-duty units desiring to increase readiness for all-terrain climbing are encouraged to participate.

For more information or to schedule an appointment, call 451-1799.

Pistol, skeet, archery ranges:

The skeet range hours are 8:30 a.m.-6 p.m. Friday-Monday.

The pistol ranges at Camp Johnson and Sneads Ferry Road are open Saturdays, Sundays and holiday Mondays from 9 a.m.-4 p.m.

The archery range hours are 8 a.m.-sunset daily. The range will be open on all holiday Mondays.

Stable activities:

The Semper Fi 4-H Club meets once a month for young horse lovers. Pony rides are also available for children. Trail riding and stalls for privately owned horses are available year-round.

Visit the stables 9 a.m. to sunset Wednesday-Friday and 8 a.m. to sunset Saturday-Sunday or call 451-2238.

Indoor pools:

The Area 2 pool offers an early morning lap swim/masters swim program from 6-7:30 a.m. Mondays, Wednesdays and Fridays.

Recreational and lap swimming are held from 11:30 a.m.-1 p.m. and 4:30-8 p.m. weekdays; and are held from 11 a.m.-5 p.m. Saturdays, Sundays and holidays.

The Camp Johnson pool hours are 4:30-8 p.m. Monday-Friday and 11 a.m.-5 p.m. Sundays and holidays. The TT pool hours are noon-7 p.m.

For more information, call the aquatics supervisor at 451-2513.

Bonnyman bowling:

"TGIF" goes Tuesdays and Thursdays. For bowling information, call 451-5121/1799.

Golf lessons:

The Paradise Point Golf Course is now making appointments for private golf lessons. Call 451-5445 for information.

Youth golf registration:

Golfers ages 13-16 may register for certification to use the Paradise Point Golf Course.

The certification allows young golfers to demonstrate their ability and knowledge of the game and to play without adult supervision. Call the Pro Shop at 451-5445.

Martial arts:

Karate, gymnastics and dance classes have resumed in the Marston Pavilion. For more information, call 451-1521.

Marina hours:

The Courthouse Bay Marina is open from 8 a.m.-sunset Mondays, Thursdays and Fridays.

Weekend and holiday hours are from 6 a.m.-sunset.

Recreational activities offered in Jacksonville

Table tennis:

The Jacksonville Recreation and Parks Department is offering open-play table tennis from 6-9 p.m. Thursdays in the Jack Amyette Recreation Center. For more information, call Michael Liquori at 455-2600.

Motorcycle club:

The Jacksonville Sport-Bike

Club meets the second Wednesday each month to promote safe motorcycle riding. Call Be...

Gymnastics offered

Gymnastics classes are offered every Wednesday. Classes are divided by age.

Classes for ages 3-5 will be held from 4-4:45 p.m., classes 1 and up will be held from 5-5:45 p.m.

Participants will learn gymnastic equipment to develop coordination in the classes. Participants in the classes will be taught to utilize gymnastic equipment and stretch to develop flexibility and strength exercises to develop muscle.

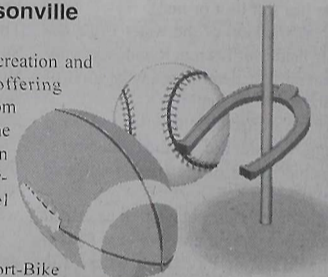
Registration takes place each class. Class fees are \$4 for a four-week class. Classes are for all authorized patrons. Patrons asked to bring their I.D. card to them to class. For more info call 451-1521.

Dance classes

Dance classes are now being offered every Saturday at Marston Pavilion. Classes are \$25 per session. Registration takes place to each class.

Baby Combo will be held from noon-12:45 p.m. for ages 3-6. It will be a combination of tap, jive and tumbling.

For more information, call 451-1521.



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<input type="checkbox"/> Co-Maker				
Applicant (last, first, middle initial)		Grade	Net Mthly Income	
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Employer (name, address, city, state, zip)	Position	How Long	Phone	
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OR MAIL TO ENC PUBLICATIONS 1300 GUM BRANCH RD JACKSONVILLE NC 28540

Announcements

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ERVICEMEN'S CHRISTIAN ER at 575 Corbin St. is open ervice Personal for your ent with Recreation, Reents and Christian Fellow- ible Study starts at 6:30 uesday and Friday evening. 577-7000 for transportation. TFN

MICS CENTER: The Jack- e Recreation and Parks De- ent Ceramics Center has t's new operating hours. The ous for Adults are Monday, sday and Friday 10:00 am- m. Tuesday and Thursday ay and Thursday 9:00 am- m. Tuesday and Thursday gs from 6:30 pm to 9:30 pm. ens hours are from 3:00 pm) pm on Mondays and dsdays. For more information e Ceramics Center at 910- 001 or 938-5308. The Ceram- enter is located at 292 rood Drive. (corner of od and South Drive) behind ck Amyette Recreation Cen- TFN

OLDS ALUMINUM RECY- CENTER is located at oods Shopping Center, w Drive, Friday 9-5. Closed - 1:30 pm. Consumers can ll free 1-800-228-2525 for nformation. TFN

S. #NC 380 will hold weekly ns on Mondays at 7 pm in 30 Basement, 9 Tallman St. S. is a non-profit weight loss rt group. TFN

ING Hands Ministry has food e in need. Call 938-2745, ask ane or Marc Popkin. TFN

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Editor/Writer needed for military paper. Journalism experience required. Computer skills a must. Apply in person to ENC Publications, 1300 Gum Branch Road, Jacksonville. Equal Opportunity Employer. No phone calls please. TFN

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Four Bridgestone "Desert dueler" 31X10.50 tires w/15X8 chrome mod rims. good shape, \$150. 355-0900 after 6 p.m.

Men's diamond ring, 8" bracelet, custom guitar, amp, guitar effects, Alpine car stereo system, 20" color T.V. w/remote. Call 577-7947.

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Officer's dress blue coat, 40R, \$150, trousers 32R, \$50, assorted hand-made decorative crafts. Call 353-8374.

Surfboard, Empire, 6'5", \$200; full wetsuit \$25. Call 326-7807 after 6 p.m.

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Pioneer car CD changer w/6 disk, \$280; Pioneer car cass/receiver w/EQ\$150; all leather booths size 6.5R \$30; Bates light black shoes 11.5D \$30. 347-9167.

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Pistols: .45 cal. match, 1 wadcutter, 1 hardball, both customized/accurized. National match parts/sights, \$350 each. Call Gregg at 392-4130.

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35mm Chion camera (auto/manual) w/ many accessories, including various lenses and camera bag, asking \$300 for all OBO. Call 577-8783.

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Gas weed-eater, \$85; boat radio antenna, \$25; patio umbrella w/matching cushions, \$125; 2 counter stools, \$25; 2 drafting tables \$135; wooden colonial 6 window storm door, 36"X84", \$85. Call 353-6500.

Ladies suede skirts and dresses sz 5/6 and 7/8, \$30 ea; Queen Nerfertiti sculpture, \$35. Call 353-8601.

Fisher Price car seat, \$50; Fisher Price fold-away bed guard, \$15; Graco stroller-a-bed stroller, \$30; baby gate, \$10; infant/tot bike carrier, \$10; 10' by 10' dome tent, \$80; 16'

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8'x6'x4' wire mesh dog kennel, \$100. Call (919) 808-3372.

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Twin size mattress with box springs and rails, \$50. 455-8625.

Solid oak, glass top living room table set, new, \$300. 346-3992.

Chainlink fence w/poles, posts, gates, reasonable. Call 355-2404.

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Sleeper sofa \$450, matching recliner, \$125, both clean and xilent cond. Call 577-0197.

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Crunch subwoofer kickbox w/10" spkrs, \$125. Call 353-8601.

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Blue sofa-bed \$90; end table w/drawer, \$5; blk headboard and footboard w/rails, \$20; two twin sheet sets, \$5 ea, multi-colored towel sets, \$5. Call 455-4360.

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'89 Chevy Caprice, rebuilt engine + transmission, '97 inspection, \$3,500 OBO. 353-3671.

'78 International Scout truck, 4 cyl., STD, off-road wheels, great for parts, \$595. 353-6500.

'94 Camaro Z28 LT1 6-speed, T-top, AC, fully loaded, 53K miles, extended warranty. Call 326-1854.

'86 Isuzu Trooper II, \$2,500 OBO. (919) 752-1848.

'88 Ford Tempo, ex. cond. one owner, \$2,000. 577-0326 after 5 p.m.

'93 Chevy Corsica 47K miles, runs, looks good, air auto, \$7,650 or make offer. 938-3946.

'85 Jeep Cherokee Pioneer, 4dr, AC, no rust, runs good w/extras, \$3,500 OBO. 326-1854.

'83 Cadillac Seville, full power, xilent cond., new tires, brakes and exhaust, must see, \$2,650. 346-5568.

'89 Cadillac Sedan Deville, 4dr, loaded, all records, high mileage, \$7,800. 355-2466.

'93 Eagle Talon ES, black, 5-speed, 2dr, PW, doors, all-wheel disk brakes, 51K miles, must sell, Call LCP. Ryan Ehlers at 451-1760 Rm. #124.

'93 Dodge Dakota ext. cab, power everything, ABS, AC, 4,700 miles. V6 Magnum, \$13K OBO. Call 347-2418.

'84 Ford Ranger SLX 4X4, dual gas tanks, camper shell, bedliner, \$2,250 OBO. 346-7780.

'94 Nissan 4X4 pickup, cruise, air, auto, ext. cab V6, low miles, \$500 and TOP. 353-2405.

'94 Camaro, burgundy, V6, 5-spd., 40K miles, air, AM/FM/Cass, tilt, \$10K firm. Call 455-4389.

'89 Hyundai Excel, \$2,250 OBO. Looks great. 324-5620.

'83 Nissan pickup w/camper shell, great utility vehicle, \$2,350 OBO. 324-5620.

'88 Cavalier, 4-dr., air, 92K miles, xilent cond. \$2,100. 347-4572.

'89 Chevy Camaro, black w/T-top, 5.0L, 5-speed, \$4,000 OBO. 938-2821.

'95 Grand Am GT, fully loaded, \$500 and TOP of \$11,600. Call 7 a.m. to 3 p.m. 353-0698.

'93 Hyundai Excel, 4dr., AM/FM cass. Assume loan, call 451-4128 Rm #219, HN Gegg, Lv. message.

'89 Cadillac Sedan Deville, 4dr, high miles, \$7,400. 355-2466.

'84 Mazda pickup, engine runs, needs work, \$500 OBO. 324-7100.

'86 Cutlass Calais needs motor, good body, aluminum wheels, will sell whole or parts. 938-3946.

'81 Volvo stnwn, good trans, \$1,000. 12 ft. Jon boat trolling motor, 3HP outboard and trailer w/many extras, \$1,000. 353-2405.

'79 Mercury Grand Marquis, \$770, negotiable. Call 353-2711.

'89 Honda Civic, 4dr. sedan, AC, AM/FM cass, stereo, \$3,300. 355-0837.

'87 Dodge Van, custom high top, loaded, \$6,499. 346-3992.

'94 Ford Escort wagon, drk red, auto, AC, AM/FM Cass. Call Amy at 577-6605.

'86 Nissan Sentra, 2dr, auto, AC, needs transmission, good body/tires, \$500 OBO. 577-6942.

'74 Jeep CJS, 304 V8, runs great, 3sp., canary yellow, \$2,700. Ask for LCP. Ketron Rm. D207 at 451-1970.

'85 Mitsubishi Eclipse GS under 14K miles, \$15,500 OBO. Call Clayburn at 451-7471 Rm. #122 after 5 p.m.

'86 MG Midget MK2, 1098 cc plus 1275 engine, needs restoration, \$2000; '80 Datsun standard shift get-around car, \$500 OBO; '92 Lincoln Towncar, \$13,900. Call 353-9024.

'86 Eddie Bauer package full-size Bronco, 4WD, AM/FM/Cass, cruise, A/C, tilt, \$3,999. Call (919) 808-3372.

'78 Camaro Z28, 350, Holly carb, rebuilt trans w/shift kit, new exhaust and tires etc, \$2,000 OBO. Call 355-0023.

'81 Jeep CJ-5, rebuilt 4 cyl., \$3,950 OBO. Call 355-2312.

BOATS & RECREATION

Sun Tracker 20' pontoon Bass Buggy w/ 1992 Evinrude 48 HP and galvanized trailer, cover w/other extras included, \$4,500. Call 938-6340 DWH and 455-6814 AWH.

Wellcraft V20 W/175 mercury motor (needs work), \$4,200. Call DWH Rm. #116 at 451-3633.

12 foot aluminum boat, \$125. Call 455-4360.

FURN. & APPLIANCES

Sofa sleeper Bassett, \$100; twin bed, \$100. Very nice, clean & neat. Call 455-3792.

Camelback sofa, \$400; dining table w/ chairs, \$300; twin bed headboards, frames, 1 set boxsprings, mattress, \$250; antique oak dresser w.oval mirror, \$150; GE washer/dryer, \$250. 347-2213.

Bedroom suit, \$850, dining room china hutch w/lights, solid wood \$350. Call 455-0228.

Restaurant equipment—3 door freezer, 2 door reefers, 3 way sink, 2 way sink, \$3,000. 327-0035.

Maytag dryer, ex. cond. asking \$175. 355-2466.

Set of oakwood endtables w/brass trim, \$60. Call 938-3206.

Sofa and loveseat, drk. green, multicolored pillows. Lv. message 577-7726.

Moving! Queen Anne sofa, \$300. 5-pc. dinette, \$300; three shelf book cases, \$15 each; recliners, \$125; casual chairs, \$75 each; everything less than 1-year-old. 938-2688.

Used refrigerator, good cond, \$100. Call 577-1880.

Kenmore 21.6 cu. ft. fridge, \$600; Kenmore washer/dryer, large cap. \$450. Call 938-2688.

Sleeper sofa \$450, matching recliner, \$125, both clean and xilent cond. Call 577-0197.

9X12 6 person tent \$125, 12X15 carpet, \$60, 6X5 ent. cent, \$75, dishwasher \$75. 938-2677.

Wedding ball gown size 10/11 \$100, ladies wedding band \$100, cast iron cookware \$20, love bird with cage \$110. 938-2677.

Harwood bunkbeds w/1 dresser and 2 mattresses \$200, 5 kids bicycle needing parts \$40, rear carpet kit w/seat for small truck \$300 pd. \$600. 938-0076 after 7 p.m.

Solid wood desk and credenza, \$75. Call 577-8658.

Crunch subwoofer kickbox w/10" spkrs, \$125. Call 353-8601.

Atan home computer, printer, monitor, small b/w TV, books and games, \$75. call 455-7620.

Blue sofa-bed \$90; end table w/drawer, \$5; blk headboard and footboard w/rails, \$20; two twin sheet sets, \$5 ea, multi-colored towel sets, \$5. Call 455-4360.

MOTORCYCLES

'94 Honda CBR600 F2, perf. cond. DD slip on exhaust, red/black/white, \$5,000 OBO. 355-2100 or 346-8674 leave message.

'89 Honda CR500 dirt bike, fast, great cond, new parts, \$1,600. 355-2100 or 346-8674.

'93 Honda 300EX 4-wheeler, good cond, \$2,800. 346-2100 or 346-8674 lv. message.

'84 Harley Sportster 1000cc, new tires, paint less than 10K miles, \$9,000. 353-3202.

'92 Harley soft tail, custom, black, 7K miles, helmets, chaps, duo lift, \$16K. Call 353-3216.

'94 Kawasaki ZX-6, 2 helmets, water proof cover, garage kept, mint cond., black, 6.5K miles, \$4,900. (919) 354-4988.

PETS

Lab-mix pups, born June 13; ferret, descented and neuter. Call 353-4249.

Free registered American Eskimo girl dog, needs heart worm treatment; owner willing to pay half of \$160 vet bill. Call 455-3792.

Free to good home female dog mix, medium size, has some shots, likes kids, house trained. 938-3946.

Free kittens, 2 grey tiger striped, litter box trained, 3 months old, good home wanted. Call 347-6792.

Male black Persian, DOB 4-18-95, shots, declawed and registered w/CFA, have papers, \$175 OBO. Call 355-0957.

Free: Siamese and white and tan kittens, would like to keep together, also have small dog. Call 455-7620.

Pot-Bellied Pigs, 7wks-old, \$50 ea. Call 346-4012 after 6pm.

REAL ESTATE

For sale or rent 2 BR, 1.5 BA, LR, DR, breakfast bar, vaulted ceiling, country porch, fenced yard and storage bldg., \$550/mo., 1 mo. security required. Call 615-849-8282.

For sale '94 14X80 Fleetwood Sandpointe Mobile home, 3BR, 2BA, garden tub, shed. Call 353-8546.

For sale 28X70 double wide, setup in KMHP. 4BR, fam. room, dining room, fireplace. Payments less than BAQ. 353-2405.

14X70 3BR, 2BA, MH setup in Holiday City; \$500 down + finance balance, Call now!!! 455-7284.

For rent: 3BR, 2BA, 2 car garage house on wood lot. Hubert area. Call 326-2214.

House for rent, 3BR, 2BA, LR w/FPP/DR/LG Kit w/ref. central air/heat near MCAS, no pets, avail 8-1-96. 347-6824.

1991 Oakwood 14x80 mobile home, on quiet lot in country park. call 346-6914.

WANTED, LOST, FOUND

Wanted: reel to reel tapes, R&B, jazz, 10" or 7", BO. Call (919) 633-2134 after 7 p.m. Rick.

Wanted: Sesame street bedding for twin bed, wall decor, curtains, etc. Call 353-0355.

Wanted: used canoe. Call 346-4012 after 6pm.

YARD SALES

July 27th, 9 a.m., baby items, furniture, household items and more. 202 N. Willow Ln. Jacksonville, NC 28546.

Moving sale, July 27th, 8 a.m.-12 p.m. 3476 Timmerman Place in Paradise Point.

HOW TO PLACE YOUR FREE TRADER AD

Trader ads are a free service. The Globe reserves the right to edit and/or omit ads that do not meet expressed guidelines or Globe policy. All requests received prior to noon Friday **SHOULD** appear in the following week's paper, unless space is limited. In such a case, the ad will be published in the next issue. Late forms and phone requests will **NOT** be accepted. A separate request form must be submitted each week you wish the ad to run. Forms must be filled out **COMPLETELY**. That includes full name of sponsor, his/her rank and unit, home address and home and work phone numbers. Incomplete forms will **NOT** be published. Military work numbers will not be published. Barracks #'s must include room number. Print legibly. If we can't read it, it will **NOT** be published. Individual forms **MUST** be filled out for each category of items you want published. i.e., automobiles, furniture, pets. If an ad is submitted with several items from different categories on one form, they may not be published. Time is limited. No more than 20 words per form. Only three forms per household a week will be published. No ads for "services provided" or commercial business will be published. Trader ad submissions will not be accepted by fax, guard mail, phone or return contacts with military phone numbers.

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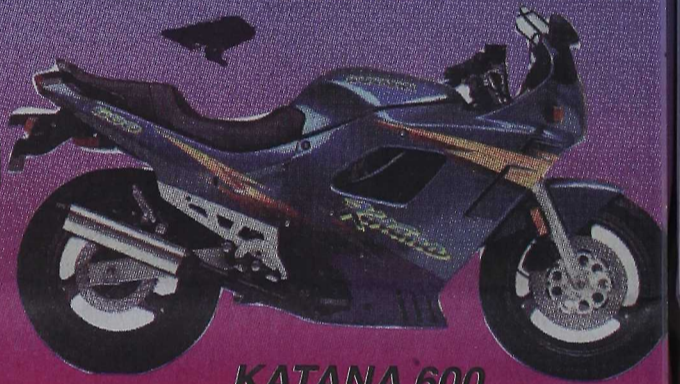
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6, 1996

The Globe



Bob Rice

Camp Lejeune volunteers organized and created three shelters to aid victims of the hurricane. From the front row, left to right, Bob Owen, Claire Melendez, Irma Potter and Reba Martin. Second row: William Wilson, Lynn Prather, Sallye Trampel and Linda McCanna. Back row: Larry Clark, Clyde Keniston, Mike Trampel and Sgt. Loren Pogue, 8th Communications, 2nd Surveillance, Reconnaissance & Intelligence Group.



Bob Rice

HM2 Mike Trampel, left, and his wife Sallye were at the ready when Hurricane Bertha struck. There were three Red Cross shelters established in Onslow County.

American Red Cross helps victims of Bertha's rage on Onslow County

Roberta Hastings
The Staff

With hurricane season still in its infancy, many residents of Onslow County had a wake-up call when Hurricane Bertha ravaged the North Carolina coast.

According to Sallye Trampel, Disaster Chairman of the Camp Lejeune Red Cross station, a total of 1,700 families were left without shelter when the storm hit. Through the diligent efforts of an army of volunteers, 3,000 meals were served to those hardest hit.

"When the Base determined that the (the volunteers) weren't needed at Base, we went into the community," she said.

She emphasized that only four months prior to the hurricane, there was no disaster action team on Base. "As disaster chair, I felt strongly that we needed a base disaster team. Four months ago we had two people assigned in disaster (situations). Now we have 10," Trampel said.

The Red Cross helped victims in Emerald Isle, Swansboro, Jacksonville, Wilmington, Topsail Island, North Topsail Beach and Surf City. Traveling in Emergency Relief Vans, the Red Cross Outreach Teams went house to house in areas of heavy damage to make sure no family is missed all at no

cost for food, clothing and shelter.

Sgt. Loren Pogue, 8th Communications Battalion, 2nd Surveillance, Reconnaissance & Intelligence Group was one of the many volunteers that assisted in this most recent disaster.

"(When the hurricane approached) we met in town with the local Red Cross chapter disaster chairman to discuss the needs (of Onslow County). We decided to open six shelters on July 11 when the storm was 180 miles south. After the meeting, I went to the shelter at Blue Creek Elementary School where I managed the facility.

"We had storage set up on base for shelter supplies (cots, blankets) and we had kits set up for Disaster Action teams," Pogue said.

Pogue says his unit is very supportive of the Red Cross. "As a DAT supervisor, the military gives me TAD to work on disasters. I've been out on disasters three times this year—floods and tornados in Missouri, floods in West Virginia and now the hurricane."

Pogue said the Blue Creek shelter closed the Sunday following the hurricane and that he was pleased with its success. "At the peak, we sheltered 323 people, which was double the max. The radio got the word out and also the sheriff's office sent people to us," he said.

Volunteering for the Red Cross can involve some specialized instruction. Pogue is trained for mass care, family service, damage assessment, staffing, logistics and records and reports.

Finney Greggs, director of the Onslow County Red Cross in Jacksonville said the Red Cross is prepared to assist those affected by disasters with the basic, immediate emergency needs.

"Immediately following a disaster, the Red Cross works with emergency service agencies and others for emergency shelter, meals and first aid.

"We will work with the individual families to help identify disaster needs and provide a plan to help return to a more normal living situation as soon as possible.

"This aid can include temporary housing, new clothing groceries, medical items, basic household furnishings, minor home repairs and occupational supplies through a voucher system. These vouchers inject thousands of dollars into the economy, too," he said.

All Red Cross disaster assistance is free, made possible by voluntary gifts of time and money from America and receives no government subsidy. Those wishing to make a financial contribution to help victims of Hurricane Bertha can call (800)435-7669.



Roberta Hastings

Telephone poles across North Topsail Beach were blown over from the fierce winds from Hurricane Bertha. The island was without phone service for five days.

Be a Red Cross disaster volunteer

Every year, fires, floods, tornadoes and other natural disasters randomly strike thousands of families, sometimes near your home. Lives are changed forever. Families lose homes, and worse.

We can't change history but with your help, we can make it a little easier for disaster victims get from today to tomorrow.

It's not a job for amateurs. It takes a commitment. It takes training. If you are in good health, and you're willing to help, you can become part of the elite cadre of trained Red Cross volunteers who are swiftly mobilized when disasters strike near home.

In your first assignment you may put worried families in touch with flood victims; distribute vouchers so families can replace lost clothing; read to children at a temporary shelter; or help cook dinner for a 100 displaced families.

As you gain experience, you may also be trained to help victims meet long-term needs by replacing lost personal and household items; work with reporters to help them file accurate stories; make damage assessments that will help the Red Cross and government agencies offer lasting assistance.

Whether you're a banker or a babysitter, a carpenter or a caseworker, your special skills can help the Red Cross and the disaster victims.

Nearly every community in the country has a Red Cross unit. Each unit has its own array of services and programs, based on the needs of the community it serves. If you've been wondering what you would do as a Red Cross volunteer, the choice is up to you.

The mission of the American Red Cross is to improve the quality of human life; to enhance self-reliance and concern for others; and to help people avoid, prepare for, and cope with emergencies. It does this through services that are governed and directed by volunteers and are consistent with its congressional charter and the principles of the International Red Cross.

For more information about the Red Cross program, call 347-3581.

Keys to hurricane survival

Courtesy of North Carolina Division of Emergency Management

Before a hurricane threatens...

Check the elevation of your home. Get this information from local Emergency Management officials. The nearest Weather Service office can supply flood-stage data for area stream and waterways. Find out if your home is subject to storm surge (tidal) flooding.

Maximum storm surge which might occur. Information about the potential for inland flooding and storm surge is available through your local Emergency Management Office.

Route to safety if you have to leave. Plan your escape route early. Check with Emergency Management for low points and flooding history of your route.

Check the number of hours it could take you to evacuate to a safe area during peak evacuation traffic.

Location of nearest shelter. Emergency Management can give you the location of the shelter nearest your home and explain what you should bring with you.

Plan for your family's safety. Know how to contact family members should the need arise.

How safe is your home?

Near the seashore, plan to relocate during a hurricane emergency. If you live in a mobile home, always plan to relocate.

Inventory your property

A complete inventory of personal property will help in obtaining insurance settlements and/or tax deductions for losses. Inventory checklists can be obtained from insurance representatives. Don't trust memory. List descriptions and take pictures. Store these and other important insurance papers in waterproof containers or in your safety deposit box.

What your insurance will cover

Review your insurance policies and your coverage to avoid misunderstanding later. Take advantage of flood insurance. Separate policies are needed for protection against wind and flood damage, which people frequently don't realize until it's too late.

When a watch is issued...

Monitor storm reports on radio and television. If considering moving to a shelter, make arrangements for all pets. Pets are not allowed in shelters.

Refill all prescriptions. If evacuation has not already been recommended, consider leaving the area early to avoid long hours on evacuation routes.

Check supplies; transistor radio with fresh batteries

Radio will be your most useful information source. Have enough batteries to last several days. There may be no electricity.

Flashlights, candles or lamps, matches

Store in a waterproof container. Have lantern fuel for several days and know how to safely use it.

Full tank of gasoline

Never let your vehicle gas tank be less than half-full during hurricane season. Fill it up as soon as a hurricane watch is posted. Remember, when there is no electricity, gas pumps will not work.

Canned goods and non-perishable foods

Store packaged foods which can be prepared without cooking and

need no refrigeration. There may be no electricity or gas.

Containers for drinking water

Have clean, air-tight containers to store sufficient drinking water for several days. The local water supply could be interrupted or contaminated.

Materials for protecting glass openings

Have shutters or lumber for protecting large windows and doors and masking tape for use on small windows.

Materials for emergency repairs

Your insurance policy may cover the cost of materials used in temporary repairs, so keep all receipts. These will also be helpful for any income tax deductions.

When a warning is issued...

Listen constantly to the television or radio

Keep a log of hurricane position, intensity and expected landfall. Discount rumors and use the telephone sparingly.

If you live in a mobile home

Check tie-downs and leave immediately for a safer place. Mobile homes are not safe in hurricane force winds.

Prepare for high winds

Brace your garage door. Lower antennas. Be prepared to make repairs.

Anchor objects outside

Garbage cans, awnings, loose garden tools, toys and other loose objects can be deadly missiles. Anchor securely or bring indoors.

Protect windows and other glass

Board up or shutter large windows securely. Tape exposed glass to reduce shattering. Draw drapes across windows and doors to protect against flying glass if shattering does occur.

Move boats on trailers close to house

Fill boats with water to weigh them down. Lash securely to the trailer and use tie-downs to anchor trailer to ground or house.

Check mooring lines of boats in water then leave them

Store valuables and personal papers

Put irreplaceable documents in waterproof containers and store in the highest possible spot. If you evacuate, be sure to take them with you.

Prepare for storm surge, tornadoes and floods

Storm surge, tornadoes and flash floods are the worst killers associated with a hurricane. In a tornado warning, seek inside shelter below ground level. If outside, move away at right angles from tornado. If escape is impossible, lie flat in a ditch or low spot. The surge of ocean water plus flash flooding of streams and rivers due to torrential rains combine to make drowning the greatest cause of hurricane deaths.

Check your survival supplies again

If you stay at home...

Stay indoors in an inside room away from doors and windows. Don't go out in the brief calm during passage of the eye of the storm. The lull sometimes ends suddenly as winds return from the opposite direction. Winds can increase in seconds to 75 m.p.h. or more.

Protect property

Without taking any unnecessary risks, protect your property from damage. Temporary repairs can reduce your losses. Stay away from windows



Roberta Hastin

Many of the homes on Topsail Island were completely destroyed as a result of 124 m.p.h. winds and tidal surge. It is estimated that it will take the majority of the summer to clean up after Hurricane Bertha and the hurricane season is just beginning.

and glass doors. Move furniture away from exposed doors and windows.

Keep a continuous communications watch

Keep radio or television tuned for information from official sources. Unexpected changes can sometimes call for last minute relocations.

Remain calm

Your ability to meet emergencies will help others.

If you must evacuate...

Know where you are going, leave early, preferably in daylight, move your most valuable possessions that you can't take with you to higher points within your home.

For shelters, take blankets or sleeping bags, flashlights, special dietary foods, infant needs and lightweight folding chairs.

Register every person arriving with you at the shelter.

Do not take pets, alcoholic beverages or weapons of any kind to

shelters. Be prepared to offer assistance to shelter workers if necessary and stress to all family members their obligation to keep the shelter clean and sanitary.

Don't travel farther than necessary

Roads may be jammed. Don't let your stranded auto become your coffin.

Lock windows and doors

Turn off gas, water, electricity. Check to see that you have done everything to protect your property from damage and loss.

Carry along survival supplies

First aid kits, non-perishable food, bottled water, can openers, medications, spare eyeglasses and hearing aids with extra batteries are just a few things that should be included in a survival kit.

Keep important papers with you

Include a driver's license, or other identification, insurance policies, property inventory, a device with medical information (an I.D. of any allergies) and maps to your destination. It is also wise to pack birth certificates and a marriage license.

After the hurricane

If you are evacuated, delay return

until recommended or authorized by local authorities

Beware of outdoor hazards

Watch out for loose or dangling power lines and report them immediately to proper authorities. Many lives are lost by electrocution.

Walk or drive cautiously

Debris-filled streets are dangerous. Snakes and poisonous insects may be a hazard. Washouts may weaken road and bridge structures which could collapse under vehicle weight.

Guard against spoiled food

Food may spoil if refrigerator power is off for more than a few hours.

Freezers will keep food several days if doors are not opened after power failure but do not refreeze food once it begins to thaw.

Do not use water until safe

Use your emergency supply or boil water before drinking until official word that the water is safe.

Report broken sewer or water mains to proper authorities.

Take extra precautions to prevent fire

Lowered water pressure in city and town water mains and the interruption of other services may make fire fighting extremely difficult after a hurricane. Access from fire fighting facilities might also be limited in remote areas.

The Recovery

Insurance

Insurance representatives will be on the scene immediately following a major disaster to speed up the handling of claims. Notify your insurance agent or broker of any losses—and leave word where you can be contacted.

Take steps to protect property

Make temporary repairs to protect property from further damage or looting. Use only reputable contractors (sometimes in the chaotic days following a disaster, unscrupulous operators will prey on the unsuspecting). Check with the Better Business Bureau. Keep all receipts for materials used.

Be patient

Hardship cases will be settled first by insurance representatives. Don't assume your settlement will be the same as your neighbor's. Policy forms differ and storm damage is often erratic.

It takes team effort

Responsibility for other clean-up falls to numerous local, state and federal agencies. A local disaster coordinator/director or his representative will be on hand to help residents in this effort.

From the...
with Rein...
COURAGE...
Courage under Fire is...
psychological drama...
between conscience and...
with the charged is...
story of one so...
investigates another so...
General Washington (...
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who suffers after his...
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Meg Ryan ("...
Kiss") portrays...
woman in history...
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only in flashbacks...
of witnesses...
and searches f...
held by surviving m...

Viva *from the Front Row:*
with Reinhold Moldenhauer Huneycutt



Photos courtesy of 20th Century Fox

COURAGE UNDER FIRE (R)

Courage Under Fire is a compelling Gulf War drama. It is a psychological drama in which the battlefield exists between conscience and courage. **Courage Under Fire** is a story with the charged issue of friendly fire and is the personal story of one soldier confronting his demons as he investigates another soldier's extraordinary valor. Denzel Washington ("Glory," "Crimson Tide") portrays Army Lt. Col. Nathaniel Serling, a hard-drinking officer who suffers after his men are killed in an incident of friendly fire. During Operation Desert Storm, as battalion commander, he accidentally destroyed a tank containing his own men. While banished to a desk job at the Pentagon, he is needed for the investigation into the conduct of a deceased aviator pilot who was perhaps more brave and heroic than he. Meg Ryan ("When a Man Loves a Woman," "French Kiss") portrays Capt. Karen Emma Walden, the woman in history to be nominated for a Medal of Honor, posthumously, for bravery in combat. (Ryan appears only in flashbacks). Through interviews and interrogations of witnesses, the Lieutenant Colonel gathers evidence and searches for the truth in three differing stories told by surviving members of the pilot's team.

The strong supporting cast includes Lou Diamond Phillips as Monfriez, Matt Damon as Ilario, Seth Gilliam as Altameyer, and Tim Guinee as Rady - the chopper crew. Also starring are Michael Moriarty as Gen. Hershberg, Serling's superior and mentor; Scott Glenn as the Washington Post reporter, Tony Gartner; Bronson Pinchot as White House Aide Bruno; and Regina Taylor as Serling's wife, Meredith.

Courage Under Fire was directed by Ed Zwick ("Glory," "Legends of the Fall"). He brings us the mystery and drama of different characters, intense combat setting, and recreates images that are etched in the minds of the American people. To ensure accuracy, the film makers hired a group of Gulf War veterans to consult on the tank, helicopters and battlefield scenes.

Denzel Washington is brilliant and convincing, Meg Ryan is tough in her supporting role, and Lou Diamond Phillips is riveting as the soldier you wouldn't want watching your back.

With all the current summer movies which are mostly about special effects, a movie like **Courage Under Fire** stands out. It is powerful, thoughtful, intelligent and moving. A superbly acted and well-told drama that holds your attention.

Courage Under Fire is about a Medal of Honor, a search for justice, and a battle for truth.



Photo courtesy of 20th Century Fox

Meg Ryan, above, and Denzel Washington star in **Courage Under Fire**, a search for truth and justice.

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Getting Around North Carolina

Cape Fear Museum keeps summertime active

Explore Wilmington's most interesting secrets during Time Travelers—History of Wilmington. Uncover ghosts and haunted houses, build a trolley and play old-fashioned games while uncovering some of Wilmington's fascinating history at the Cape Fear Museum. For more information, call (910) 341-4350.

Directors sought for Wilmington area

The Thalian Association is taking resumes for people interested in directing for the 1996-97 season.

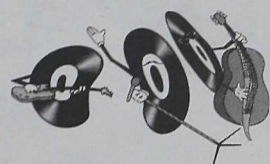
Plays for this season are "1776," "Witness for the Prosecution," "Forever Plaid," and "Fiddler on the Roof."

Mail resumes to The Thalian Association, P.O. Box 1111, Wilmington, N.C. 28402, Attn: Sam Garner.

Magic on Ice

World-class skaters, elaborate costumes, illusionist Steve Wheeler and former Olympian Sandy Lenz are featured Monday-Saturday at 7 p.m. and Wednesday and Thursday matinees at 3 p.m. The 1,000-seat arena is at Fantasy Harbour-Waccamaw, Hwy. 501.

To make reservations, call (800) 681-5209.



Showtime at the Winery

Duplin Winery's second season of entertainment in the converted wine cellar includes dinner, wine tasting and a cabaret-style show.

Dinner begins at 7 p.m. with music and comedy at 8:30 p.m. Performers include musical director Jim Aycock and comedian Patrick Fussell.

The lineup offers a summer festival, Aug. 10; a Grape Stomp, Sept. 21; Oktoberfest, Oct. 19; and a Christmas special Dec. 6-7.

Tickets are \$24 for the dinner and show, \$15 for the show only. The winery is located halfway between Wilmington and Raleigh on

U.S. 117. For reservations, call (910) 289-3888.

Tale of lost settlers not forgotten

The outdoor drama's 56th season runs nightly except Saturday through Aug. 23 in the Outer Banks community of Manteo.

Performances recreating the tale of Sir Walter Raleigh's vanished settlers are staged at 8:30 p.m.

Tickets are \$14 for adults, \$13 for senior citizens, \$7 for children 11 and younger and \$12 for groups of 20 or more.

To make reservations, call (919) 473-3414.

Camp staff needed for Jacksonville parks

Jacksonville Recreation and Parks Department needs additional currently-certified life-guard and environmental or nature activity instructors for the 1996 Celebrate the Outdoors camp Aug 4-9. The camp is designed for children ages 9-12.

King comes to Wilmington

The Opera House Theater Company has planned its summer season opening with Rogers and Hammerstein's "The King and I," will run through July 28.

For reservations and ticket information, call (910) 353-3664.

Life is but a stage

Is a life in the arts all glamour and glitter? Find out the real scoop when the North Carolina School for the Arts in Winston-Salem takes visitors behind the scenes in its Stage Door Tours 3-4:30 p.m. on Wednesdays and 10-11:30 a.m. Fridays.

The 90-minute tour is free but reservations are required. For more information, call (910) 770-3330.

Historic home open for tours

Built in 1850, the Pelletier House stands on a historic site in New River Waterfront Park in Jacksonville. It is the oldest standing structure in town.

Originally used as a law office and living quarters, the one-room structure is now owned and maintained by the Onslow County Historical Society.

Wantland Spring, a spring of pure water

used since the early 1700s, is found at the side of the house on the banks of the New River.

Tours are by appointment only. For more information, call (910) 347-5287.

Tryon Palace historical sites, gardens

Serving as capitol of the colony and residence of royal Gov. William Tryon, the 38-room mansion and its formal gardens can be toured from 9:30 a.m. to 4 p.m. Monday through Saturday and 1:30 to 4 p.m. Sunday. Tickets are \$12 for adults, and \$6 for children five to 18.

The mansion is located near the intersection of U.S. 17 and U.S. 70 in New Bern. For more information, call (800) 767-1560.

Biltmore Estate open for tours

Many people dream of living in a house as grand as the Biltmore House but few get to realize their dreams with the magnitude George Vanderbilt did in 1895 when construction was completed on his new country home.

The estate, located in Asheville, sports 250 rooms, 32 of which are guest rooms. Today, guests at the Biltmore Estate can see the house virtually as it was.

The gardens are as spectacular as the house with 10 acres of a variety of blossoming plants and shrubs.

Originally more than 125,000 acres of land, there are wooded parks, six gardens and 30 miles of paved roadway. In the springtime, there are more than 50,000 tulips that create a colorful display.

A visit to the estate would not be complete without a visit to the winery located in the original dairy barns. There is also a gift shop where complimentary samplings of a variety of Biltmore wines are offered.

The winery produces almost 40,000 cases of wine per year from over 200 tons of grapes picked annually. The wines produced here have already won over 100 awards in its first decade. There are also restaurants at the estate.

It takes about four to six hours to get an understanding of the opulence. Discount rates are available for groups and seniors.

For more information on tour prices, call (800) 543-2961 or write to Biltmore Estate, One North Pack Square, Asheville, N.C. 28801.



Roberta Has...

Pet of the Week

Did Hurricane Bertha ruin your entire day? Do you feel lost and alone without your friend in the world? Let me fix all that for you. My friends and I are waiting patiently at the Base Animal Shelter for that special someone to take us home. Call (910) 2695 and maybe we can work something out...but don't wait too long.

Midway Park to host community fair

Enjoy a family day out with food, fun and music at the Midway Park housing area Saturday, July 20 from noon to 4 p.m. Highlighted at the fair is a flea market. Those interested in having a booth should register at the Tarawa Terrace Community Center or Marston Pavilion. For more information, call 451-1521.

Cape Fear comes alive!

Bullets, buttons and battlefields all have one thing in common: the Civil War. Examine

Civil War Artifacts, experience a day in the life of a soldier and visit battle sites all at the Cape Fear Museum, Aug. 5-9 in Wilmington. For more information, call (910) 341-4350.

Looking for a few good men

If you are looking toward retirement or on starting a new career, Junior Reserve Officers' Training Corps may be what interests you.

The detachment in Mullins, S.C. is looking for someone to teach military subjects to high school students. The pay is excellent, predominantly minority high school students would receive full, active duty pay and allowances plus benefits. For more information, contact CWO-4 Ronald C. Newman at (803) 464-4444.

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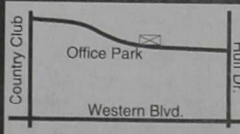
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Battery Recycling Powers the Future

(NU) - Lead-acid batteries — the kind that start cars, trucks and boats — top the list as the nation's most highly recycled consumer product, according to a recent survey by Battery Council International. The recycling rate of 98 percent for battery lead beat out aluminum cans (65 percent), newspapers (59 percent) and glass bottles (37 percent).

The recycling of lead-acid batteries is increasingly helping to make the transition to a less polluting energy future.

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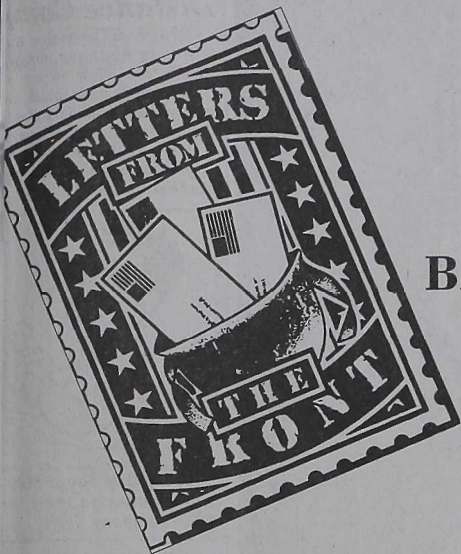
In the old West, unbranded cattle were called mavericks, the story goes, because Samuel Augustus Maverick of Texas accepted a herd of cattle in payment of a debt in 1845 and neglected to brand them.

This Week In

MWR

JULY-AUGUST

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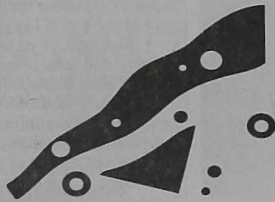
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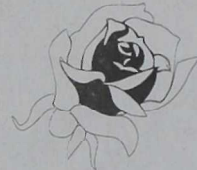
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Consumer Corner

Selecting A Long Distance Company

(NAPS)—There are more than 800 long distance companies to choose from. How do you select the right one? Be sure to ask the following questions, advises the National Communications Resellers Association:

- What's the per-minute rate?
- What are the monthly fees? Set-up fees?



Every day about 60,000 consumers change their long distance company.

- Do rates vary by time of day?
- Are there different rates for interstate or intrastate calling?
- Is there a volume discount on all calls or only those placed on a certain dollar minimum is reached?
- Is service billed through the local telephone company?
- What are the calling card charges?
- What are the customer service hours?
- Who pays for the switch over?
- Is the company certified by the state regulatory commission?
- Is the company a member of the TRA, which requires its members to uphold a code of ethics?

Protect Against "Slamming"
Your service may be changed without your consent ("slammed") due to miscommunication, clerical errors and, sometimes, unscrupulous sales tactics.

To make sure your service is provided by your carrier of choice, care to:

- Record the name, telephone number and date of any contact with a long distance company.
- Clearly indicate to a long distance company representative your approval OR rejection of a change of your carrier.
- Contact the company and the state regulatory commission if service is changed without your authorization.

For more information, or for a list of long distance companies in your region, write TRA, 1155 Connecticut Ave., Third Floor, Washington, D.C. 20036.

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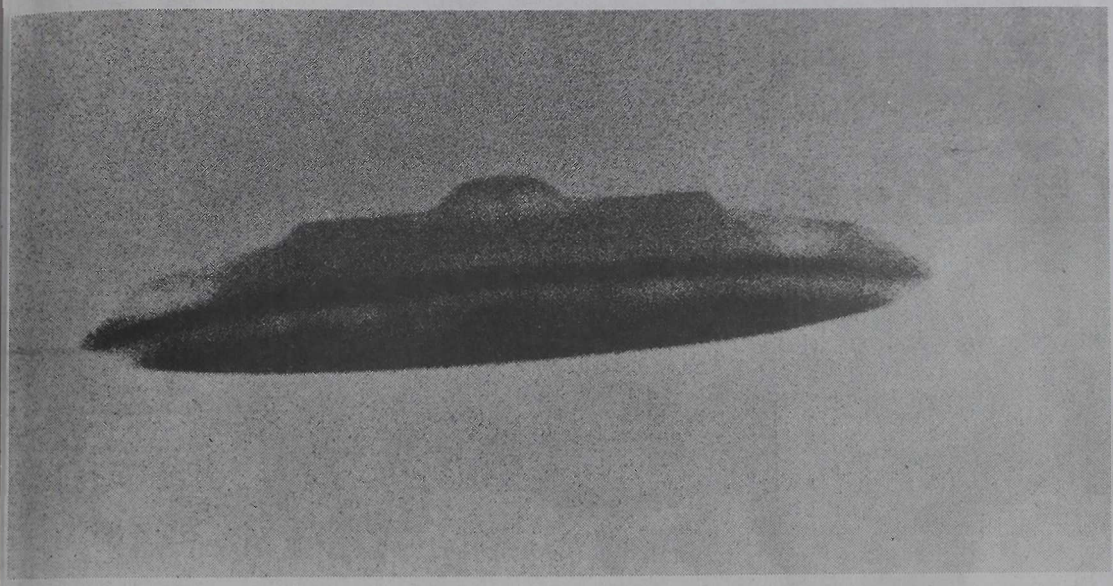
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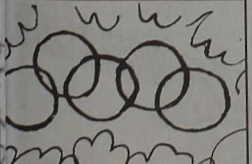
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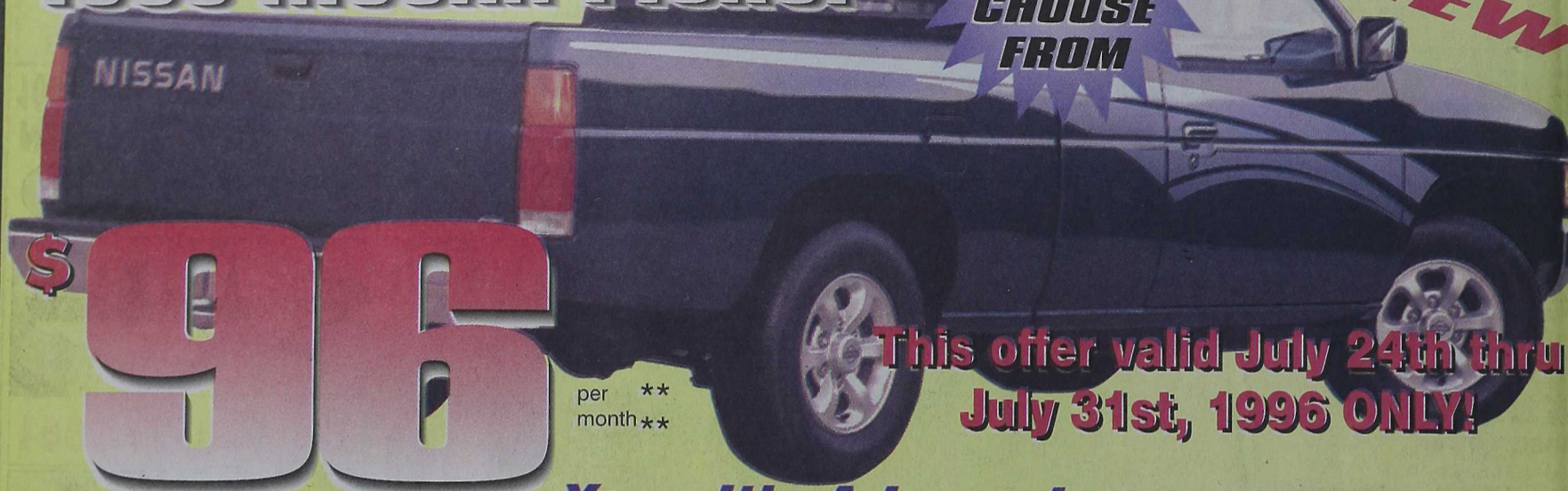
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