

ures security platoon
er range of security, 2nd LAR
platoon. 6A

again with BLT
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ding Team. 12A



Intramural basketball
Med Bn.-B slices and dices
8th ESB in Gold League
action. 1B

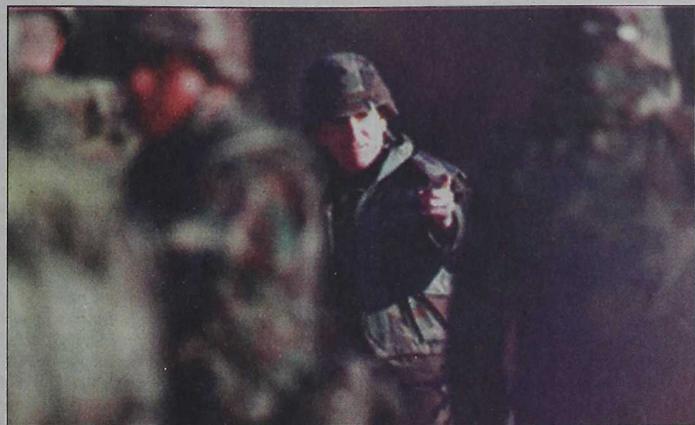
Rifle matches
Marines hone skills, set sights on
Spring Intramurals. 1B

Cold weather training
Marines battle elements, keep
warm in fridged temps. 1B

THE GLOBE

Camp Lejeune, N.C.

General Krulak visits Camp Lejeune



LCpl. N. A. Desai

Gen. Charles C. Krulak, Commandant of the Marine Corps, visited with Marines during his recent visit. Gen. Krulak also spoke to local reporters about issues and changes that will affect Camp Lejeune and Onslow County.

Cpl. Jason C. Huffine
Globe staff

General Charles C. Krulak, Commandant of the Marine Corps, took time during his visit last week to Camp Lejeune to speak to local reporters on issues affecting the base and the rest of the Marine Corps.

There will be major changes in the next three to five years, for Camp Lejeune and Onslow County, said Gen. Krulak.

"The expansion of the base with Greater Sandy Run training area will enhance the community," Gen. Krulak explained. "The signal to Jacksonville and Onslow County is positive. Where else do you see military bases expanding and not contracting?"

Gen. Krulak further explained how new and upcoming training areas like Greater Sandy Run will economically affect everyone.

"It means alot for the community," he said. "The consumption of products will increase. You'll be seeing the Army and other services down here training and participating and joint

exercises. All of which will place money into the local community."

Next, Gen. Krulak mentioned the addition of the Littoral Warfare Training Center.

"I've been pumped up on this one for a couple of years," Gen. Krulak boasted. "This should be the greatest training center for a joint task force (JTF) in the United States."

Gen. Krulak expanded his ideas on the JTF and mentioned how impressed he was with its new headquarters.

"The days of the single fighting entity are gone. We are going to fight in a joint content from now on," he explained. "I believe that if the Marine Corps remains forward deployed, we in all probability will be first on the scene. If you're going to build a JTF from the people first on the scene, a standing organization such as this within our Corps."

The 26th Marine Expeditionary Unit (MEU) from Camp Lejeune is currently on the scene in the Adriatic Sea. Gen. Krulak, fresh from a visit there, commented on their role in the crisis.

See Krulak/8A

PME: key to promotion

Sgt. Steven G. Steele
Globe staff

Professional Military Education (PME) is now more important than ever according to GySgt. Larry T. Woods, career planner, HqSpt Bn., MCB.

"According to ALMAR 256/93, as of Jan. 1, 1996, PME is now a requirement for not only promotion, but retention as well."

However, that order is now under review in an attempt to remove the reenlistment portion of it.

"Even though they are attempting to remove the retention aspect of the ALMAR," Woods said, "It will still affect retention in the long run. If you don't have the required PME, you won't get promoted. If you don't get promoted, you will eventually meet service limitation or get passed over twice, either way it is affecting your ability to stay in the Marine Corps."

Woods was referring to the '2P' policy which states a Marine sergeant or staff non commissioned officer who is in the promotion zone or the above zone and not selected for promotion for two consecutive years will be dismissed from the Marine Corps at the end of their current contract.

Woods wanted to point out that just because a Marine is not selected for promotion, does not necessarily mean that Marine was passed over.

"If there are no allocations in a field and no one is promoted, that does not count as a pass. But if anyone is promoted at all, anyone in zone but not selected is considered passed over."

If a Marine has completed his required PME, and at the time the board meets it is not entered into his service record book, Woods says that can still be handled.

"The best way to handle that situation is to send a personal communiqué to the president of the promotion board," he said. "Sending a letter to the president of the board is also a good way for commanders to send in endorsements, recommendations or anything else he feels the board should see."

Some Marines feel that just because they have attained a certain rank, they are guaranteed reenlistment or the opportunity to stay in long enough to retire, according to GySgt. Ann M. Gossage, career planner HqBn., 2nd Marine Division.

"Headquarters Marine Corps (HQMC) is really serious about this," she said. "PME, MCIs especially, is the one thing that Marines do that is purely up to their own initiative. Permanent change of station orders have been modified, Marines have been sent back from the Staff Non Commissioned Officer's Academy and of course, they have been denied reenlistment all because they did not have their PME done. The Commandant is not playing games on this issue, he's very serious."

Snipers take new aim

Sgt. Chuck Albrecht
Globe staff

Camp Lejeune's Scout Sniper School relocated recently and reopened its doors with a ceremony at the Stone Bay Rifle Range.

Snipers, law enforcement officials, senior officers and VIPs, including sniper legend retired GySgt. Carlos "White Feather" Hathcock, attended to show their support and to see what the school had to offer.

"Originally the Sniper School fell under the control of Division Schools, which closed down. They tried to find a home for the Sniper School and moved it to Camp Geiger's School of Infantry. This created logistical problems because all of the training was conducted at the Stone Bay Rifle Range," said Capt. Gregory Finch, operations officer, Stone Bay Ranges.

In addition to relocating, the newly aligned school has improved classrooms and facilities.

Additionally, new courses, like a sniper employment course that teaches officers and SNCOs sniper tactics and usage, have been added.

"This is important because there's really nowhere in any formal school where there's enough information on how to properly use a scout sniper," Finch explained. "You get introduced to it, but that's usually as far as it goes."

In addition to the new courses, the instruc-

tors at the school also have something extra, something they haven't always possessed in the past—actual operational experience.

GySgt. Neil Morris, SNCOIC of the Scout Sniper School, explained.

"We have the most experienced staff ever. We have instructors who have served in Desert Shield, Desert Storm and Somalia to mention a few," Morris said.

"We're not just teaching theory at the school, we're teaching by experience."

The school now offers courses on request, such as a battalion commanders' orientation, MCCRES evaluation, scout sniper platoon screening assistance and sniper/countersniper, threat recognition packages.

A static display conducted by Scout Snipers from 3rd Battalion, 8th Marines was included in the opening ceremony. The Snipers were on hand to answer questions and show off their newest hardware.

During the opening remarks, Col. Michael Malachowsky, commanding officer of the Rifle Range Detachment, made the school's objectives clear.

"My goal is to make this the premier sniper school not only in the Marine Corps, but in the armed services as well," Malachowsky stated.

"We owe it to our Marines to do the best we can to give them the skills they need to survive and succeed on the battlefield."

Editors' note: See related story about retired GySgt. Carlos Hathcock on page 10A

Assault kit meets the challenge

Cpl. Thomas Arntz
Quantico PAO

Editors' note: This the second article in a three article series on CQB equipment. Watch next weeks Globe for the third and final article.

MCB, QUANTICO, Va. — Whether the mission calls for fast roping out of a CH-46E Sea Knight helicopter or rappelling down the side of a building held by terrorists, the Individual Assault Kit, developed by Amphibious Raids and Ground Reconnaissance Systems, Marine Corps Systems Command, has the essential items to help accomplish it.

The Individual Assault Kit is one of three major categories of Close Quarter Battle equipment for the individual Marine that was designed for Force Recon's Direct Action Platoons, Special Operations Training Groups, and Military Police Special Reaction Teams.

"It consists of load bearing, protective, climbing, rappelling, and utility accessory equipment that an individual shooter would find a use for," said Capt. Tom Little, Close Quarter Battle Equipment Officer, about the assault kit.

An adjustable, black, nylon belt is the main load bearing item contained in the kit. The belt is rigidified to stand up to the weight of items placed on it.

To provide a secure seating for the individuals secondary weapon, unique holsters were designed to custom fit the 9mm Berretta or the MEUSOC 45, the standard pistol issued to Force Recon's Direct Action Platoons.

"These holsters are primarily designed for weapon retention, not for speed draws," said Little, "although when properly adjusted, they're extremely fast."

The holster is made out of a high-impact plastic with a soft inner lining. This makes the holster durable for everyday use, but the lining prevents the weapon's finish from getting marred. To secure the pistol, the holster was designed with internal and external retention devices.

Magazine pouches designed to hold three pistol magazines are placed on the belt either in an upright or inverted position. Internal tension devices are designed to hold the magazines in place while the pouches are inverted. The pouches are designed to be inverted so when the user is wearing body armor

the drawing of the magazines will not be interfered with.

An additional leg magazine pouch is also mounted on the belt and strapped to the user's leg for spare magazines for the MP5 or the M16A2.

Along with load-bearing equipment, individual protective gear is also provided in the assault kit.

"Although everybody is provided with a full set of knee and elbow pads, typically users may only use one knee or elbow pad for the one they use as a rest," Little said.

The pads are also made of high-impact plastic and are lined with padding for comfort. The plastic of the pads are coated with a non-skid surface for durability and added support.

To protect the individual's hands while fast-roping during an insertion, welder's gloves are provided to prevent rope burns. The gloves come in extra-large sizes so they can be easily discarded once the individual is on the ground and needs more dexterity.

To assist Marines during insertions into buildings, climbing and rappelling equipment was also developed and added to the kit.

See Assault/6A



Sgt. Lance M. Bacon

One shot, one kill...

LCpl. Dale Kinney, left, 3rd Bn., 8th Marines and sniper legend retired GySgt. Carlos N. Hathcock, each hold the sniper rifle of their era. (See related story page 10A)

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The Chatter Box

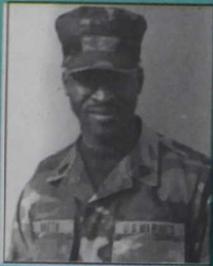
"What do you think is the most important leadership trait?"



Cpl. Hon Bray
UNITAS

"Dependability-it's important to be reliable to others, if not you can't be reliable to yourself."

"Initiative, leadership by example. If you can not set the example, no one will follow you."

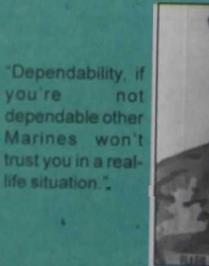


GySgt. Gerald Martin
2nd Supply Bn., 2nd FSSG



SSgt. Clint Schultz
Range Maint., MCB

"Integrity, the reason is you have to be honest with your Marines, if not they'll see right through you."



LCpl. David Flagg
8th Marines



2ndLt. Jose Mercado
2nd LSB, 2nd FSSG

"Communication. A leader needs to be able to talk to seniors and subordinates."



SSgt. Wesley Crawford
8th Marines



Sgt. Eric Geagy
2nd Maint. Bn., 2nd FSSG

"Integrity. If a person takes initiative it shows you care and that you're trying."

"Integrity. If a Marine is true to himself, he'll be true to others."

Opinions

Editor's note: We are finally starting to receive your letters, keep sending them! Remember, the letters should address concerns pertaining to the military, Marine Corps and Camp Lejeune as a whole, not individual gripes.

Letters must include name, rank and work extension. Mail letters to Commanding General, (Attn: Public Affairs/Letters to the Editor), Marine Corps Base, PSC

Box 20004, Camp Lejeune, NC 28542-0004. Also the e-mail address: Harcher@JPAO@MCB Lejeune

All Marines should strive to be leaders

Marines exist to go to war and win. Quite often we let that fact slip the into recesses of our minds. Lance corporals and below look for leadership from noncommissioned officers, SNCOs and officers and normally study about it to pass a test or be successful at a board. The thought of being a leader will not normally cross most of the minds of lance corporals and below.

Given the fact that we exist to go to war and win, lance corporals and below can find themselves in a leadership position in a very short time. Some lance corporals, NCOs, SNCOs and officers find themselves in billets above their rank in peace time. To some, the challenge is a smooth and rewarding one, and to others, it's a struggle and quite stressful.

All of us must continually think about leadership, for we are Marines 24 hours a day. The Marine Corps is the finest fighting force in the world today, and we, as Marines, must keep our standards high and maintain a close-knit organization to accomplish our goals.

Here are some quotes from Fleet Marine Force Manual 1-0, entitled *Leading Marines*:

"Our obligations as Marines to society are different. Marines adhere to a moral philosophy based on special obligations that are also separate and more demanding than those of the larger society we serve. Our military life, the profession of arms, has been described as the ordered application of force under an unlimited liability. That means Marines must subordinate their own self-interest to the overall interest of the group. This special military obligation sets Marines apart from society as a whole. And it is the unique obligations of Marine Corps service that places special demands on Marine leaders."

Paragraph 1100 of the Marine Corps Manual requires leaders to maintain leadership standards and identifies qualities every leader should possess. It emphasizes that these qualities can be developed within the individual Marine, and Marine leaders have the responsibility for developing those qualities. Concepts such as comradeship and brotherhood, teacher and scholar, and love of Corps and country are reproduced just as the 13th Commandant of the Marine Corps, MajGen. John Lejeune, first articulated them nearly 75 years ago.

When Marines are moral, the moral power that binds them together and fits them for action is given its main chance for success. Therefore, there should be no confusion about how the word is being used. We are speaking both of training in morals for every day living and of moral training that will harden the will of a fighting body. One

moment's reflection will show why they need not be considered separately.

When people conduct lives built on high moral standards and physical fitness, they tend to develop qualities that produce inspired leadership and discipline. It is not a new notion; it can be found in any great military force in the past.

We have all been taught to live by the leadership traits and principles. Most of us try our best to live up to them. To illustrate what I mean by maintaining a close-knit organization, here is the leadership trait "justice" defined: "Marines rate a square-shooting leader. Be one. Don't play favorites. Spread the liberty and the working parties around equally. Keep anger and emotion out of your decisions. Get rid of any narrow views which you may have about a particular race, creed, or section of the country. Judge individuals by what kind of Marine they are - nothing else. Give every one of your Marines a chance to prove themselves. Help those that fall short of your standards, but keep your standards high."

Every Marine deserves to be treated fairly and with dignity. Every Marine deserves the opportunity to excel as a Marine. If you are a private first class, you outrank a private and you are a leader. If you are a lance corporal, you outrank a PFC and you are a leader. Etc., etc., etc. As leaders, you hear sexist remarks, racist remarks and you see and hear other demeaning behavior that can tear an organization apart. Since we are concentrating on the leadership trait "justice," you are obligated to put a stop to it no matter what level of leadership you find yourself. Not every leader hears or sees the behavior described above firsthand, nor, in some cases, second or third. However, we all know it exists from the private first class leading the private in the barracks; to the lance corporal leading the private first class and private on working part; to all of us as leaders, we are bound to correct this type of behavior, because if we go to war and part of our organization has been treated without respect and dignity, our success as the world's finest fighting machine will be greatly diminished.

This article is intended to be a wake-up call.

It is not to imply there is poor leadership in our Corps. Quite the contrary, we have the finest leadership of any service, but, like anything else, there is always room for improvement. We all need to take a look at ourselves and seek self-improvement.

Leadership is a 24-hour job and it's for everybody. It's contagious - catch it!

SgtMaj. A. H. Roberts
Marine Corps Air Ground
Combat Center, Twentynine Palms



MARINE MAIL:

Use technology to save money, time.

The following was received from Sgt. Dustin T. Olson, Marine Forces Europe.

Sir, I am a unit diary clerk assigned with Company G, Marine Support Battalion, in the United Kingdom.

I was wondering why the Marine Corps can't start to enable units to download publications and directives via a telecommunications system utilizing a modem, or make them available on compact disk. The amount of money it must take to print, stock, pack, and ship the materials utilizing the current system must be extremely expensive. It often takes a very long time once the materials are ordered to receive them using the Marine Corps Publication and Distribution System.

By making the publications and directives available with a modem, units could select what they need or want anywhere and print them locally. Also, changes to the publications could be cost effective and easily obtainable.

Units would also be able to more easily deploy with the required publications on a compact disk rather than embarking numerous boxes of binders, thus enhancing the mobility of the deploying unit.

Sgt. Dustin T. Olson
Marine Forces Europe

Sergeant Olson's letter was answered by M.J. Roy, head of the Printing Management and Logistics Branch, HQMC.

In response to your question, 'Why the Marine Corps can't start to enable units to download publications and directives via a telecommunications system, utilizing a modem, or make the materials available on compact disk,' we are proud to announce we are pursuing precisely that.

HQMC's first attempt to pursue electronic publishing was to upload select Marine Corps directives to the Banyan Trellis Bulletin Board System during 1992. These directives are written in pure ASCII (i.e., DOS text) as neither SGML nor HTML attributes are compatible to the Banyan BBS. This constituted our first

attempt at pursuing an environment. Today it on a broader scale gently pursuing the Marine Corps Directory.

Once established Distribution System publications. This re over 1,200 directives of 80,000 pages into electronic media via a variety of r

As an ongoing initiative FMF will benefit via the existing paper di electronic library pre Lotus Notes, the University's "FileTe three. In the case of CD-ROM, these files SGML and HTML att tain any/all graphic loaded to the FileTe SGML or HTML a graphic images uploa in a .PCX image or in Text File.

The estimated cost lease for Marine Corps access to the MCDL vi University's FileTe Notes HUB, and the Page on the World Wide fiscal year 1996. Our first production CD quarter of fiscal year 1

Ms. M.J. Roy
Printing Management
Branch, HQMC

How to send your Letter - Marine quarters Marine Corps Washington, D.C. 2038 E-Mail - Type "M rine Corps electronic cate the Marine Mail m Internet - HQMC www.hqmc.usmc.mil/h

Brain damage or w

It seems lately the sea services are suffering severe brain fade. Or are we just reflecting the society we come from?

From the now world-famous alleged kidnap and rape incident in Okinawa, to the chief petty officer sexually assaulting the female Sailor on a plane, to the alleged rape of a female Marine in Okinawa, all are instances of our men acting stupidly and with a callous disregard for what the Marine Corps and Navy stand for.

Not to mention a severe lack of respect for women, too.

What's causing this decay of standards? Is it simply coincidental these incidents happened so close to each other? Is it coincidental these incidents are all crimes against women?

This gives even more fuel to the right-wing fire against music, movies and videos that depict women as mere objects and toys. I'm feeling the burn.

I admit, I listen to a lot of rap, and I think it's a shame I have to hear ridiculous misogynistic lyrics to get to what is usually stimulating and sometimes astonishing music quality.

I've never wanted to believe these lyrics actually affect people's thinking, but maybe it's something we should think about.

In hearing women called "b....." and "ho's" so often, perhaps these lyrics have dulled our collective sensitivity to this sort of vulgarity.

Perhaps seeing women depicted on videos and in movies as bikini-clad bimbos, objects for male possession, or as victims of male wrongdoing is affecting the thinking of certain weak-minded men. Or perhaps it's youth.

When I was single, I used to catch myself

thinking of women as plucking. But everytime that, I started thinking and whether I'd like for her that way. I managed for the women I knew - too - and still have a good man.

It has to be more than we see in movies and In the crimes mentioned men perpetrating the crime men thread, as any rape you: they wanted control

They were out to make thing for them, and nothing got what they wanted, the as far as they were concern

Men must stop this sort ing to prove you're a man trolling a weaker person proves only you're a spineless not worthy of being spit up

Certainly men reading enough to know being a care of business, whether home, or when you're part team engaged in honorable

It's unfortunate, but the dards of the society in will from have much to do nal activities a few Marines will perpetrate.

My hope is for male continue to enforce the high hold themselves to, personally, and instill those rines - and men - of the future

If we don't, we'll be seeing these incidents.

SSgt. Stephen Gude
Kaneohe Bay, Hawaii

The Globe

Vol. 53 No. 02
MAGAZINE P.O. BOX 20004
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DeAnna E. Halewski
Roberta Hastings

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The editorial content is edited, prepared and published by the Consolidated Public Affairs Office, Camp Lejeune, NC 28542-0004 or phone (910) 481-6000. Questions may be directed to: Commanding General, Public Affairs Office, Marine Corps Base, PSC 20, Camp Lejeune, N.C. 28542-0004 or phone (910) 481-6000.

MWR Events

Grand Prix series back

Attention athletes: MWR's Grand Prix Series is back for '96. Scheduled events include the Tour D' Pain, European cross country, Davy Jones' open-ocean swim and more.

For more information, please call 451-1799.

Walk across America

The Morale Welfare and Recreation Division is sponsoring a Walk across America club that meets every Tuesday at 9:30 a.m. at the French Creek Fitness Center.

There is a Health Screening/Medical Clearance that must be filled out before joining.

There will be two to three walk/run routes available to choose from at each session. routes range from 1.5 miles to 13.1 miles.

For more information on joining a walk/run group contact Mary Traja at the Fitness Center at 451-1801.

Saturdays for kids

'Saturdays are just for Kids' at the Tarawa Terrace Community Center is two sessions of games, crafts, music, karaoke, sports relays,

button making and more.

Session I will run from Feb. 3 - 24. Registration at the Community Center will be from Saturday to Jan. 27, 9 a.m. to noon, and at the Youth Center from Monday until Feb. 1, during operating hours.

Session II will be March 2 - 23. Registration at the Community Center will be Feb. 17 - 24 from 9 a.m. to noon and the Youth Center Mon. through Feb. 29 during operating hours. There is a minimum requirement of 25 children per group and a maximum of 40.

Registration is \$20 per session and will be first come, first serve. Open to all authorized patrons ages 5 to 9. Call 451-2177 for more information.

Semper Fit Video Ed

Did you know that MCO 6200.4 requires training in elements such as HIV/AIDS Prevention, Weight Control, and Tobacco Cessation? To assist in meeting this requirement, Training Support Division sponsors a weekly mini-series on Command Cable, channels 37 and 38 at 1300. Different topics are aired each day.

Training officers are encouraged to incorporate the series into their schedules or call the Naval Hospital Health Promotion Department at 451-3712.

Additionally VHS tapes are available for loan through the Training Support Division Lending Library.

Please call 451-3712 for more information about Semper Fit 2000.

Health classes planned

The Health Promotion Department at the Naval Hospital offers a variety of classes each month to help you meet your Wellness goals. Here are a few classes currently being offered:

- Jan. 26, 1 to 2:30 p.m., Nutrition and Weight Control, Bldg 65 on Lucy Brewer St
- Feb. 27, 11:45 a.m. to 12:45 p.m., Preventing Heart Disease, Naval Hospital Room A&B
- March 5, 11:30 a.m. to 12:30 p.m., Tobacco Cessation, Naval Hospital Room
- March 5, 4:30 to 5:30 p.m., Tobacco Cessation, location to be announced

The Tobacco Cessation classes are for all tobacco users, smokeless and cigarette. This class is a five week course which meets one hour each week.

For more information or to register for any of these classes please call 451-3712 or 451-5707.

Briefs

DORS workshop

A Defense Outplacement Referral System workshop will be held Tuesday from 1 to 4 p.m. at the Family Service Center.

DORS is a free national employment referral system used by more than 10,000 employers nationwide to fill open positions. Make yourself available to employers by attending the DORS workshop sponsored by the Career Resource Management Center and learn how to effectively complete the DORS application form.

Call 451-5927/5340, ext. 100/101 to register. Child care is provided by calling the Child Development Center at 451-2874.

"Making the right move" seminar

The Relocation Assistance Program (RAP) at the Family Service Center is presenting "Making The Right Move Seminar" Feb. 14 from 8 a.m.-noon in the FSC classroom.

This seminar has subject matter experts from the RAP, Transportation Management Office (TMO), Career Resource Management Center (CRMC), Family Housing, Navy Marine Corps Relief Society, Disbursing, and TMO Port Call office to answer all your concerns pertaining to your pending permanent change of station move.

Be sure to sign up early to reserve a seat as space is limited. Spouses are encouraged to attend also. Call 451-5340, ext. 100/101. For more

information, contact Mr. Nehring at 451-5340, ext. 109. Child care is provided by the FSC. For reservations, call 451-2874.

Playset recalled

In cooperation with the U.S. Consumer Product Safety Commission (CPSC), The Little Tikes Company of Hudson, Ohio, is recalling approximately 160,000 Toddler Tots Dinosaur Mountain playsets. Small plastic cups that hold palm trees may detach, posing a choking risk to young children.

CPSC is aware of 12 incidents in which the cups detached. In eight cases, the parents found the cups in a child's mouth. Parents found two of the children choking but were able to remove the piece. Aside from a cut finger, no other injuries have been reported. The beige plastic playsets, measuring 23 inches long, 17 inches wide and 16 inches high, resemble a rocky cave. Three palm trees, held in place by small plastic cups, surround the cave. A red footbridge extends out of the front of the cave over a blue moat. The playset was packaged with a cave-man, cavewoman, pink baby dinosaur, red Tyrannosaurus, blue Brontosaurus and an orange Stegosaurus. The cavepeople fit in the back of the blue dinosaur and in a log-shaped car, also included with the set.

Toy stores and other retail stores sold the playsets nationwide between June 1994 and December 1995 for approximately \$30 to \$40. Consumers should not allow young children to play with the playset and should call Little Tikes at (800) 321-0183 to exchange the product. The company will pay for shipping charges associated with the exchange. Con-

sumers also may write to The Little Tikes Company at 2180 Barlow Road, Hudson, Ohio 44236.

Espresso makers recalled

In cooperation with the U.S. Consumer Product Safety Commission (CPSC), Braun Inc. of Lynfield, Mass., is voluntarily announcing a recall of and replacement filter holder for 5,000 espresso/cappuccino makers, models E20 and E25, type 3058. If the filter holder is pushed past the maximum setting, the filter holder may dislodge under pressure. Braun has received 16 reports of the filter holder dislodging, which resulted in three injuries, including a cut and burns.

The plastic and metal espresso/cappuccino makers have a production code stamped on the bottom of the base. This voluntary corrective action involves espresso/cappuccino makers with production codes 426 through 450. The machine was packaged in a cardboard box labeled, in part, BRAUN Espresso/Cappuccino Maker. Made in Switzerland. Major department stores, kitchen supply stores and various retailers sold the espresso/cappuccino makers nationwide from August 1994 through December 1994 for between \$49 and \$69. Braun is providing replacement filter holders, revised instruction sheets and product labels to consumers who own type 3058 espresso/cappuccino makers with the production codes 426 through 450. For more information, consumers can call (800) 933-8363, twenty-four hours a day, seven days a week.

Human Services

Essay contest set

The Montford Point Marine Association, National Naval Officers Association and Black History Month Committee are sponsoring an essay/art contest. The theme is "African-American Women: Yesterday, Today, and Tomorrow."

Categories for the essay contest are Adult, Senior High (Grades 9-12), Middle (Grades 6-8), and Elementary (Grades 3-5). The art contest is for Grades K-2. Adult entries and children not attending Camp Lejeune Schools may pick up entry forms at Human Services, Building 302. Adult entries must be 300-500 words, typed and double-spaced.

Entries are being coordinated by Camp Lejeune Dependent Schools-for children. All other entries must be received at Human Services by Feb. 12. For information and entry forms, call 451-3813/3814.

Stress workshop set

The Family Counseling Center will be holding a Stress Management Workshop today from 8:30 a.m. to noon. This workshop is designed to identify stressors and help develop healthy stress management techniques.

For more information or to register, call the FCC at 451-2876/2864. Child care is available with advance notice.

Anger workshop slated

An Anger Management Workshop will be held Friday from 8 a.m.-noon. This 4-hour workshop is designed to help individuals and couples better understand the emotion of anger and resolve the conflicts they encounter in their own lives—at work, home, and in the community. Emphasis is placed on how to prevent using anger as a power and control tool. For more information or to register, call the FCC at 451-2876/2864. Child care is available with advance notification.

Couples workshop set

The Family Counseling Center is sponsoring a Couples Communication Workshop on Monday evenings from 6-8 p.m. beginning Monday.

This five-week educational workshop is for couples to explore issues of trust, self-responsibility, conflict resolution and respectful communication with each other. Call the FCC at 451-2876/2864 for more information or to register. Child care is available with advance notice.

Interview 1 workshop

The Family Service Center is conducting a two-part "Interview" workshop.

Part one provides information and guidance on the interview process, frequently asked and difficult questions, proper dress, body language, and other topics related to the interview. In part two, participants have the opportunity to be videotaped in a mock interview scenario.

Part one of the workshop will be offered Monday, 9 a.m.-noon at Building 14. This workshop is offered to service members and their families.

To register, call the Family Service Center at 451-5340/5927, ext. 100/101. Child care will be provided by the FSC, and reservations may be made by calling 451-2874.

Employment workshop

The Career Resource Center is conducting a "Federal Employment" workshop from 9 a.m.-noon Tuesday at the Family Service Center, Building 14.

To register, call the Family Service Center at 451-3212/5927, ext. 100/101. Child care is provided by Family Service Center and reservations may be made by calling 451-2874.



MVP

Angie Riley, the wife of Cpl. Kenneth W. volunteer at the Navy-Marine Corps Relief July 1995. During that time she has also volunteer for 8th ESB, as well as a library volunteer September 1994 and a volunteer in her Russell Elementary school since September

— Movie Schedule January 18 - 24 Base Theater

Today	7:30 p.m.	Just Cause
Friday	7 p.m.	Three Wishes Get Shorty
Saturday	1 p.m.	Tall Tale
	7 p.m.	Three Wishes
	9:30 p.m.	Get Shorty
Sunday	7:30 p.m.	Dead Presidents
Monday	7:30 p.m.	Angus
Tuesday	7:30 p.m.	Get Shorty
Wednesday	7:30 p.m.	Seven

Camp Johnson

Sunday	7 p.m.	Three Wishes
Monday	7 p.m.	Dead Presidents
Tuesday	7 p.m.	Angus
Wednesday	7 p.m.	Gold Diggers

Midway Park

Thursday	7 p.m.	Three Wishes
Friday	7 p.m.	Dead Presidents
Saturday	7 p.m.	Angus
Sunday	1:30 p.m.	Get Shorty

New River

Today	7 p.m.	Fair Game
Friday	7 p.m.	Assassins
Saturday	7 p.m.	Fair Game
Sunday	1:30 p.m.	Now and Then

Courts-martial results period through Jan. 12

The following courts-martials were conducted aboard Camp Lejeune through Jan. 12.

PFC R.D. Loughman, MCSSS, was convicted of unauthorized absence and larceny at a special court martial.

He was sentenced to reduction to E-1, forfeiture of \$2,825 pay, confinement for five months and a bad conduct discharge.

Pvt B. D. Shelton, MCSSS, was convicted of one specification of unauthorized absence at a special court martial.

He was sentenced to forfeit \$1,695 pay, confinement for 30 days and a bad conduct discharge.

Pvt S. R. Brown, SOI, was convicted of one specification of unauthorized absence at a special court martial.

He was sentenced to confinement for 90 days, forfeiture of \$750 pay and a bad conduct discharge.

Pvt J. E. Seager, SOI, was convicted of two specifications of unauthorized absence at a special court martial.

He was sentenced to confinement for 90 days, \$1500 pay and a bad conduct discharge.

Pvt A. Rios, SOI, was convicted of one specification of unauthorized absence at a special court martial.

He was sentenced to confinement for 75 days, \$1707 pay and a bad conduct discharge.

PFC B. L. Starbuck, MCB, was convicted of one specification of unauthorized absence, totaling 23 months at a special court martial.

He was sentenced to confinement for five months, \$2,845 pay, reduction to E-1 and a bad conduct discharge.

Pvt T. E. Thomas, SOI, was convicted of two specifications of unauthorized absence at a special court martial.

He was sentenced to confinement for four months, \$2,276 pay and a bad conduct discharge.

WEEKLY TIDAL FORECAST FOR AREA INLETS

* Add one hour to times for correct standard time.

TODAY

New River Inlet: High tides 5:24 a.m. [3.24] 5:48 p.m. [2.74]
Low tides 11:42 a.m. [-0.50] 11:48 p.m. [-0.65]

Bogue Inlet: Subtract 3 minutes for high tide time and subtract 0.8 feet from high tide height. Subtract 2 minutes for low tide time and no height correction for low tide.

New Topsail Inlet: Add 4 minutes for high tide time and add 43 minutes for low tide time. No height correction for high or low tide height.

FRIDAY

New River Inlet: High tides 6:24 a.m. [3.39] 6:48 p.m. [2.92]
Low tides 12:36 p.m. [-0.64]

Bogue Inlet: Subtract 3 minutes for high tide time and subtract 0.8 feet from high tide height. Subtract 2 minutes for low tide time and no height correction for low tide.

New Topsail Inlet: Add 4 minutes for high tide time and add 43 minutes for low tide time. No height correction for high or low tide height.

SATURDAY

New River Inlet: High tides 7:18 a.m. [3.48] 7:42 p.m. [3.07]
Low tides 12:48 a.m. [-0.72] 1:30 p.m. [-0.72]

Bogue Inlet: Subtract 3 minutes for high tide time and subtract 0.8 feet from high tide height. Subtract 2 minutes for low tide time and no height correction for low tide.

New Topsail Inlet: Add 4 minutes for high tide time and add 43 minutes for low tide time. No height correction for high or low tide height.

SUNDAY

New River Inlet: High tides 8:06 a.m. [3.51] 8:36 p.m. [3.17]
Low tides 1:42 a.m. [-0.73] 2:18 p.m. [-0.73]

Bogue Inlet: Subtract 3 minutes for high tide time and subtract 0.8 feet from high tide height. Subtract 2 minutes for low tide time and no height correction for low tide.

New Topsail Inlet: Add 4 minutes for high tide time and add 43 minutes for low tide time. No height correction for high or low tide height.

MONDAY

New River Inlet: High tides 8:54 a.m. [3.46] 9:24 p.m. [3.21]
Low tides 2:36 a.m. [-0.66] 3:12 p.m. [-0.67]

Bogue Inlet: Subtract 3 minutes for high tide time and subtract 0.8 feet from high tide height. Subtract 2 minutes for low tide time and no height correction for low tide.

New Topsail Inlet: Add 4 minutes for high tide time and add 43 minutes for low tide time. No height correction for high or low tide height.

TUESDAY

New River Inlet: High tides 9:48 a.m. [3.34] 10:18 p.m. [3.19]
Low tides 3:30 a.m. [-0.52] 4:00 p.m. [-0.55]

Bogue Inlet: Subtract 3 minutes for high tide time and subtract 0.8 feet from high tide height. Subtract 2 minutes for low tide time and no height correction for low tide.

New Topsail Inlet: Add 4 minutes for high tide time and add 43 minutes for low tide time. No height correction for high or low tide height.

WEDNESDAY

New River Inlet: High tides 10:36 a.m. [3.16] 11:12 p.m. [3.11]
Low tides 4:24 a.m. [-0.34] 4:48 p.m. [-0.39]

Bogue Inlet: Subtract 3 minutes for high tide time and subtract 0.8 feet from high tide height. Subtract 2 minutes for low tide time and no height correction for low tide.

New Topsail Inlet: Add 4 minutes for high tide time and add 43 minutes for low tide time. No height correction for high or low tide height.



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- Courthouse Bay (Bldg#3A) Hours: Mon-Fri 0830-1600 Closed Sat & Sun 451-7155
- MCAS (Bldg#200) Hours: Mon-Fri 0800-1700 Closed Sat & Sun 451-6362

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The gannet is a large white sea bird with black-tipped wings. It often helps fishermen because it follows schools of herrings and other fish and thus shows where the fish are. The gannet dives from the air and plunges under the water for the fish.

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QUICK CHICKEN "BARBECUE"

- 3-4 lbs. chicken parts, skinned
- 2 cups prepared barbecue sauce
- 1-1/2 cups onion, coarsely chopped
- 1 large green pepper, seeded and diced

1. Place all ingredients in pressure cooker and stir to coat chicken well.

2. Lock lid in place and over high heat bring up to pressure. Adjust heat to maintain high pressure and cook for 9 minutes. Reduce pressure with quick-release method. Remove lid, tilting it away from you to allow any excess steam to escape.

3. Place chicken on individual plates or a serving platter and spoon sauce on top.

YIELD: Serves 4 to 6

SUN-DRIED TOMATO & MOZZARELLA RISOTTO

- 1 tbs. sweet butter
- 1 tbs. oil from sun-dried tomatoes
- 1/2 cup finely minced onion
- 1-1/2 cup Arborio rice
- 3-1/2 cups vegetable stock

- or bouillon
1/3 cup sun-dried tomatoes packed in oil, drained and coarsely chopped
1 cup tightly packed, grated smoked mozzarella (5 ozs.)
Salt to taste

1. Heat butter and oil in the pressure cooker. Sauté the onion for two minutes until soft but not brown. Stir in the rice, coating thoroughly with butter-oil mixture. Carefully stir in 3-1/2 cups of stock.

2. Lock lid in place and over high heat bring to high pressure. Adjust the heat to maintain high pressure and cook for 6 minutes. Reduce pressure with quick-release method. Remove the lid, tilting it away from you to allow any excess steam to escape.

3. Taste rice. If not sufficiently cooked, add small amount of stock, stirring as you add. Cook over medium heat until the liquid is absorbed, one or two minutes. When ready, stir in the tomatoes and mozzarella, adding salt to taste.

YIELD: Serves 6 as appetizer, 4 as main dish

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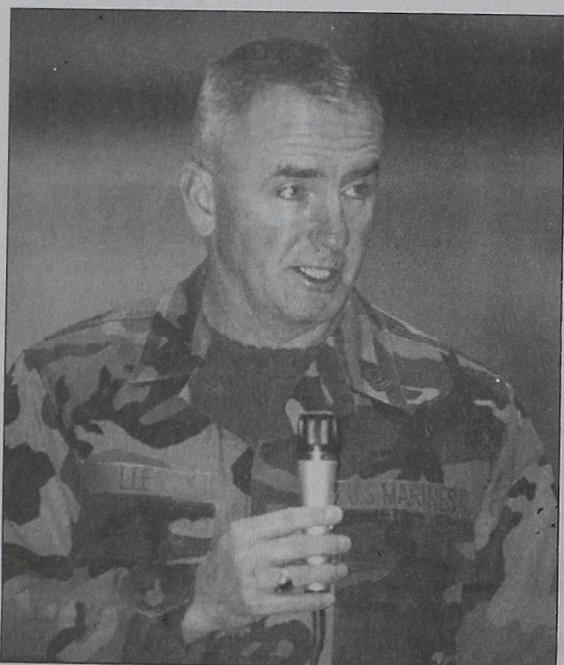
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Krulak from 1A



LCpl. N. A. Desai

Gen. Charles C. Krulak, Commandant of the Marine Corps, recently visited Camp Lejeune to address some changes that are down the road for the base and Onslow County.



LCpl. N. A. Desai

Sgt. Lewis G. Lee, Sergeant Major of the Marine Corps, who joined the Commandant on his visit here, addresses a group of Marines.

"Right now, they're looking at keeping the 26th MEU on ship off the coast as a striking reserve," he said. "Their morale is still very high and they're a well trained group of Marines that will remain there until needed."

As a Marine, everyone from general to private understands the pressure of a high operational tempo and constant deployments. Gen. Krulak rebounded on this and showed strong feelings as he talked about the stability of today's troops.

"We have to get the Marine Corps to a stable point and ensure that young men and women are in one location as long as we can hold them there," Gen. Krulak said. "I want to maintain the operational tempo about where it is right now and certainly not go any higher."

Situations like Haiti, Somalia and Cuba were "wild-cards" that never were put into deployment training, added Gen. Krulak.

"All of these situations impacted us in a huge way. The Marine Corps needs to be able to respond to this without putting so much pressure on families and individual Marines," he explained. "If we have to rotate people and find that II MEF is taking up most of the slack, then I have no problem with getting the reserve forces into the act or bringing I Marine

Expeditionary Forces over to help out. The Marine Corps needs to be used as a total force."

Although Gen. Krulak covered a variety of issues directly concerning the Marines and Sailors of Camp Lejeune, he also took the time to speak on a national level.

The "hate crimes" topic recently has been on the top of many national tabloids with the Marine Corps name in the middle of it all.

"I'm not going to tolerate it," he said bluntly. "The Marine Corps will find these individuals causing the problems, send them to jail and separate them from our organization. It's as simple as that."

Next, the Commandant mentioned the "quest" or "search for tomorrow" through the Commandant's Warfighting Laboratory. He also explained how technology has advanced today's Corps.

"No one used to believe you could train without getting dirt, grease or the smell of cordite on yourself," he said. "Now Marines can use simulators to train and shoot all rounds as well-placed rounds. Aviation units have been taking advantage of technology for years. It's about time ground forces got up to date."

Further advancement is the creation of a

chemical biological

"After the incident chemical attack in and asked if there was to help," he explained we had nothing to know created a CHEM

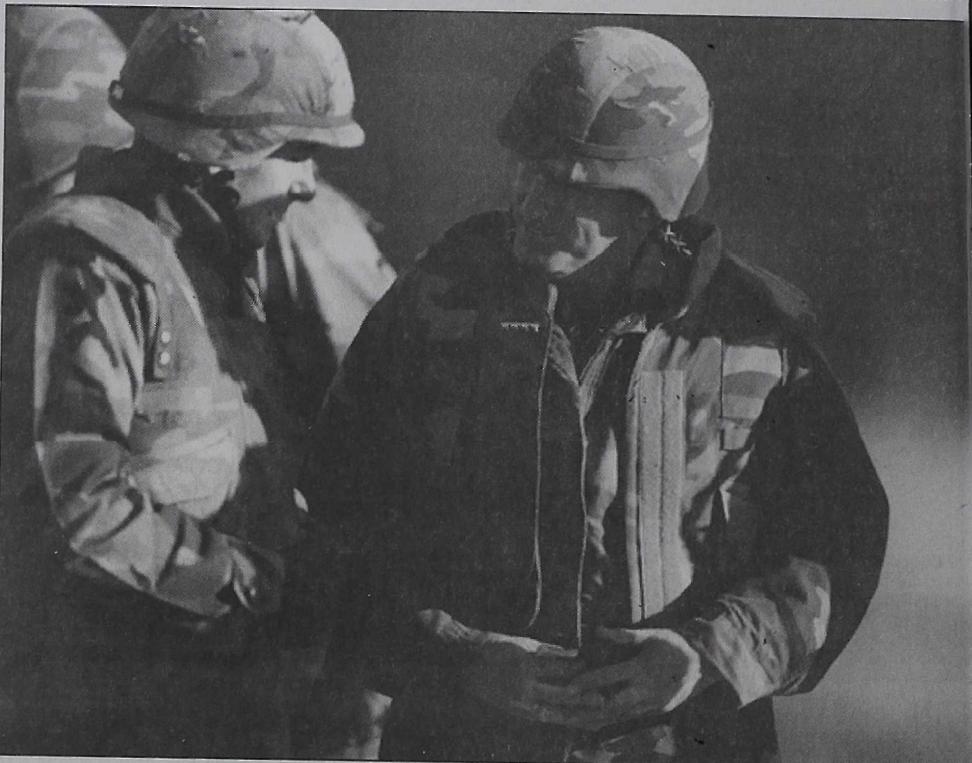
ation ever comes up located in Norfolk, from units in Camp

The continuous never escapes the mi majors, continued G

"Several months sergeants majors tog some very positive re to do with the Corps some things are goi leaders can say, 'Hey Gen. Krulak said

from shaking so man many of the troops in quick to point out wh here.

"The word is very is very high," he said turned from Christma I've seen any Marine ones I have seen here



Gen. Charles C. Krulak, Commandant of the Marine Corps, spent a week making rounds and visiting with troops aboard

Base service helps locate Marines

Sgt. Steven G. Steele
Globe staff

Sgt. Smitski sits at his desk reminiscing about old times. He knows that some of his old buddies are stationed here with other units but just doesn't know which ones. He's tried to call the last command he knew they were stationed at, but they have changed duty stations. How is he going to find his old friends? The answer is simple, call the personnel locator at Camp Lejeune.

"We can locate almost any active duty Marine stationed in this geographic area," said Melissa R. Archer, information specialist. "Sometimes though we're not able to find the person and that is a little frustrating for me."

When someone calls the line specifically designated for the "Base Locator," Archer is probably the one who will answer the phone.

"I get all kinds of people calling: people looking for old friends, parents looking for sons or daughters, occasional calls from the American Red Cross, husbands and wives looking for spouses, businesses verifying employment and finance companies tracking people down," Archer said.

When a call comes in, Archer uses a computer program that is updated constantly from units as they gain new personnel.

On occasion, her computer system goes down and she has to rely on a hard-copy alphabetic roster that gets updated about once a month.

"It takes two or three weeks for a Marine checking in to get put into the system," she said. "And we can only locate active duty military, not reserves or dependents, or civilian employees."

One of the most common reasons for not being able to locate a Marine is the caller doesn't have enough information to find them.

"It is really easy to find someone if you know their social security number. I can even do it if you have a correct spelling of the last name with first and middle initials," she said. "But I get people who call me who don't have an SSN, and don't even know the correct last name of the person they're looking for. I'm very sorry, but without some basic information, I'm just not going to be able to locate the person they're looking for."

When she has a Marine listed in her system, she can find and release that person's name, unit address, their report date, the end of their current contract, and any temporary address they might have in the

system. However, there are a few things she can't or won't release.

"I don't give out social security numbers, that's part of the privacy act," Archer said. "Also, I can't give out unit phone numbers, because I just don't have them. The system also does not give companies and batteries, usually only down to the battalion size."

Since Archer is only equipped to locate Marines, she refers people to other agencies who can also help them.

"If I get a call looking for someone in the Navy, I give them the number to the Navy locator up at the hospital. I can find some of the Sailors if they are attached to Marine units, but that happens only once in a great while," Archer said. "If people are looking for Marines at other installations, I'll give them the world-wide locator number up at Quantico, unless it's a Cherry Point or New River Marine, then I'll give them the appropriate number for those places."

Even though this is not the most exciting job Archer has ever had, she says there are some good points to it.

"There are a few regular callers that I can actually converse with while the computer is searching for the names, most of them are from companies out in town that have to call frequently. But I guess the best thing about my job is the stories people tell me," she said. "Some of them are pretty funny, others are just off-the-wall."

But there is a bad part about talking to so many different people on the telephone too.

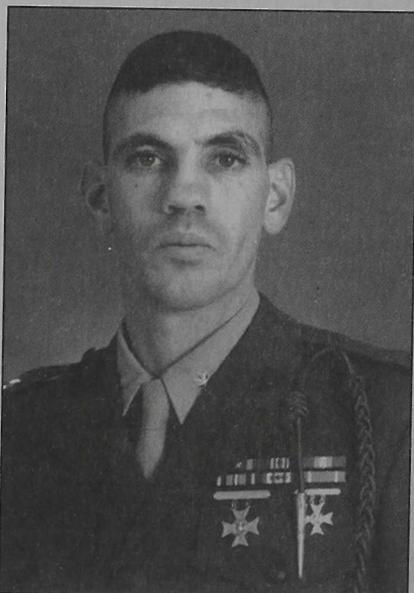
"Some of these people are just plan rude and inconsiderate," Archer complained. "I give them all the information I have available, and when it isn't as much as they want, they get very irate and take it out on me. I can understand how frustrating it is, but they have to realize, I can't give them any more information than I have."

Archer runs the base locator service from 7:30 am to 4:00 pm. After those hours, there is an answering machine that directs callers where to call in an emergency.

Archer however, has some advice for emergency callers.

"Most of the time it is best to call the American Red Cross if you have an emergency," she said. "They have all the numbers to locate service personnel in a real emergency and can contact them easier than an individual."

Unitas to change command



Official USMC photo

Maj. Kevin P. McClernon

Staff report

Major Kevin P. McClernon assumed command of Marine Forces Unitas from LtCol. Cletis R. Davis during a change of command ceremony yesterday at the Unitas headquarters building.

McClernon was commissioned in 1985 after receiving a Bachelor of Arts degree in Criminal Justice and Criminology from Niagara University. A graduate of the Infantry Officer's Course and the Amphibious Warfare School, he has led Marines as a rifle platoon commander, company executive officer and company commander, as well as Assistant Director of the 1st Marine Division Schools.

Following a tour in Parris Island, S.C., McClernon served as assistant operations officer for the 22nd Marine Expeditionary Unit (Special Operations Capable), and later as the operations officer for 1st Battalion, 6th Marines.

Davis assumed command of Marine Forces Unitas on January 19, 1995, following a tour with 3rd Battalion, 6th Marines, where he served as operations officer. Dur-



Offi

LtCol. Cletis R. Davis

ing his tour, the battalion provided the element for the U.S. forces retrograde for participated in contingency operations Haiti and in the Adriatic Sea.

Davis enlisted in the Marine Corps in 1974. Upon graduating from University with a Bachelor of Science in Business in 1977, Davis was commissioned to The Basic School and Infantry Officer's Course. He is a graduate of the Infantry Officer's Course and Marine Corps Command and Staff Course.

Marine Forces Unitas is a Marine Corps designed to operate in conjunction with the exercise in South America. The five-month exercise began in 1959 strictly rotation. In the early 1980s, however, it will include the amphibious operations of the

The exercise typically runs each year between December, involving the participation of units including Venezuela, Columbia, Panama, Paraguay, Chile, Argentina, Uruguay and B

NAVY PAGE

...the correct way

...become fighting fat around the waist. The correct way to do sit-ups is to gain an energy required to do sit-ups throughout your body — not just why do sit-ups? properly, strengthen and tone muscles (normally difficult muscles support the back problems; having a strong stomach other sports involving the leg, etc.). However, these benefits are done correctly, which, unfortunately, when it comes to doing sit-ups: When you do, you are most muscles and not your abs. legs. This causes lower back pain.

- Don't hook your feet — when you do, you are letting your legs and hips do most of the work.
 - Don't use excessive speed and repetition. Sit ups performed too rapidly fail to give the abs maximal workout.
 - Instead of sit-ups, try the stomach crunch. It produces much greater results than the classic sit-up.
 - Lie on the floor with your knees bent and several inches apart. Keep your feet flat on the floor.
 - Press your lower back into the floor and contract your abdominal muscles.
 - Lift up your head and shoulders no more than 30 degrees and hold them there for a few seconds.
 - Lower your back to the ground slowly, making sure you lower your head and shoulders all the way.
 - While you are lifting and lowering yourself, make sure you keep your back pressed to the floor to prevent aching.
 - Remember, do your crunches slow and easily, and stop the exercise if you feel any discomfort in your lower back.
- By transitioning from the classic sit-up to the crunch, you will be rewarded with firm abdominal muscles without lower back and leg pain.

corner:

...can't buy happiness

...control than we do. Money does not solve the real issues of life. If anything, it is a false god to which we bow down in honor. Money is much like the idols spoken of in the Old and New Testaments; promising everything yet unable to deliver. If you think I'm making an argument for poverty, I'm not. I've seen my share of the poor, and I don't envy them either. Jesus never said "Blessed are the poor," but rather "blessed are the poor in spirit." So what's the bottom line? Just this: it isn't money which is the "root of all evil," but the love of money. (Take a look at First Timothy, chapter 6, verse 10.) Money, like most material possessions, is value-neutral, neither good nor evil in itself. What counts is how we use what has been given us in this life. So maybe the question we could ask ourselves is this: "Do I believe deep down that more money would solve my problems?" If we answer "yes," what proof do we have to support that belief? If we answer "no," as I believe most of us would, then maybe it's time to look somewhere else for peace of mind and a deep-rooted sense of contentment. Maybe looking to God would be a good place to start. After all, that raise may take a while.

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Chapel Worship Schedule

ROMAN CATHOLIC	Religious School, Bldg. 67 (Sun.)	10 a.m.
Sunday Masses		
St. Francis Xavier Chapel	8:30 & 11:30 a.m.	
Tarawa Terrace Chapel	8:30 a.m.	
Camp Geiger Chapel	11 a.m.	
Courthouse Bay Chapel	9:30 a.m.	
Naval Hospital Chapel	10 a.m.	
French Creek Chapel	9 a.m.	
MCAS New River Chapel	9:30 a.m.	
Brig	8 a.m.	
Weekday Masses (Mon.-Fri.)		
St. Francis Xavier Chapel	11:45 a.m.	
Naval Hospital Chapel	6:30 a.m.	
French Creek Chapel	11:30 a.m.	
MCAS New River Chapel	11:45 a.m.	
Camp Geiger Chapel	11:30 a.m.	
Saturday Masses		
St. Francis Xavier Chapel	5 p.m.	
Camp Johnson Chapel	5 p.m.	
Baptism Class		
Wednesday before third Sunday,		
St. Francis Xavier Chapel	5 p.m.	
Confessions		
St. Francis Xavier Chapel		
(or contact chaplain)	4 p.m. Sat.	
CCD		
St. Francis Xavier		
(Brewster Middle School)	10 a.m.	
JEWISH		
Sabbath Eve Service, Bldg. 67 (Fri.)	7:30 p.m.	
PROTESTANT		
Sunday Worship		
Base Chapel, Holy Communion	9 a.m.	
Base Chapel, Worship Service	10:30 a.m.	
Camp Johnson Chapel	9 a.m.	
Naval Hospital Chapel	9 a.m.	
Tarawa Terrace Chapel, Communion	9:45 a.m.	
Tarawa Terrace Chapel, Worship	11 a.m.	
Camp Geiger Chapel	9:30 a.m.	
French Creek Chapel	10:30 a.m.	
Courthouse Bay Chapel	11 a.m.	
Brig	9 a.m.	
MCAS New River Chapel	11 a.m.	
Sunday School		
Tarawa Terrace	9:30 a.m.	
Base Chapel (Brewster Middle School)	9 a.m.	
MIDWEEK DEVOTIONAL SERVICE		
Naval Hospital Chapel (Thursdays)	11:30 a.m.	
SEVENTH DAY ADVENTIST		
Phone contact	451-5100	
EASTERN OTTODOX		
Camp Johnson Chapel, Divine Liturgy	10:30 a.m.	
ISLAM (MUSLIM JUMAH)		
Base Chapel Annex, Bldg. 6 (Fridays)	12:45 p.m.	
Brig Chapel	1 p.m.	
CHRISTIAN SCIENCE		
If interested call Everett Sharp	(919) 636-8744	

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- National Mental Health Association 1-800-969-6642
- National Institute for Mental Health 1-80-443-4536
- National Depressive, Manic-Depressive Assoc. 1-800-826-3632
- Onslow County Mental Health 353-5118

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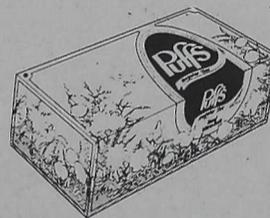
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Tankers reclaim niche within Battalion Landing

Sgt. Mark D. Oliva
26th MEU(SOC) correspondent

AL AMAYID, Egypt — It wouldn't be fair to call them the best looking thing to hit the battlefield, but the Marines of Tank Platoon never struck out to win beauty contests. In fact, they take a certain perverse pride in their beastly appearance.

These 26th Marine Expeditionary Unit (Special Operations Capable) tankers have found a niche within Battalion Landing Team 2/6. They've taken residence somewhere between the gruff, square-jawed Marine with a belted vocabulary more colorful than a box of 64 crayons and the flair and lore of Erwin Rommel.

That strange combination has led to these Marines using medical cravats instead of silk scarves and issued black lens goggles for sunglasses. An average Sunday drive through the park finds them barreling at speeds better than 40 miles per hour—across the open desert with no concern for trying to find a road. These gents make their own.

The Army sometimes refers to their 68 tons of churning steel as a modern calvary. It might be difficult finding these nomex-clad warriors calling the M1A1 Main Battle Tank a thoroughbred. It would be easier hearing them calling them hogs.

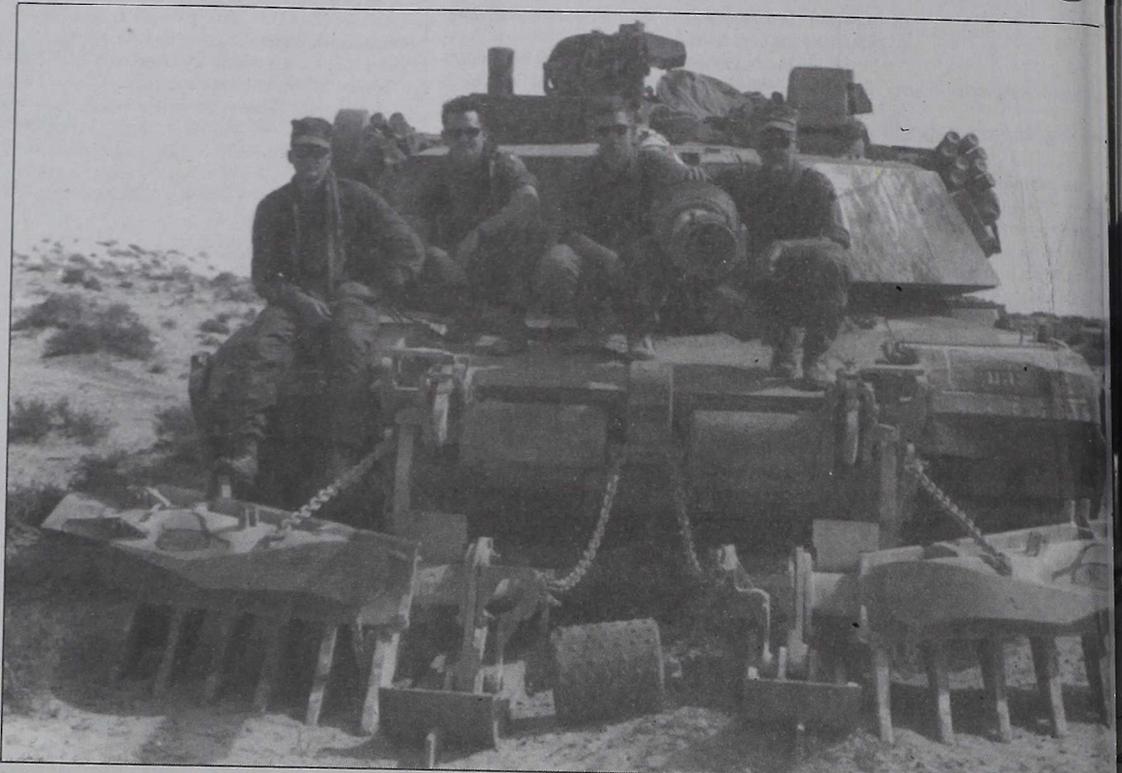
They've earned that name partly because of the enormous amounts of fuel they consume. More to the truth is because these Marines look at their tanks from their weathered faces much in the same way Americans take to the Vietnamese pot-bellied pigs as household pets. There's a strange affection for its primitive appearance and giggling at the squealing and snorting.

Still, closer than these truths is probably when they play ball with the four tanks the platoon has named "Run up in ya, Warlord, Unholy and Traveler (after Gen. Robert E. Lee's own mount)." The battlefield is their playing diamond. Spread out in the desert in a mechanized assault, there is nothing that's going to keep them from stealing home. They swing a bat the size of a 120mm main gun.

The speed and the shock the M1A1s bring to the mechanized force brings a sort of sinister smile to a tanker's sand-pelted mug as he speeds across miles of Egyptian desert. This North African terrain is his own. If he can see it, he can shoot it. When he's done blowing it up, he'll run over it.

"You feel like you're some Roman god of war," said Sgt. James Corvin, the 28 year-old Parma, Ohio native tank commander. "There's nothing like rolling down the road at 45 miles per hour, 68 tons of steel, able to shoot anything on the move and cause mass destruction. If you can't shoot them, you can always run them over."

Tankers look at their possible enemy in two ways.



The crew of 'Run up in ya,' from left to right, LCpl. Adrianos Polous, Sgt. James Corvin, LCpl. Zachary Sylvester and Cpl. Jamie Eng... their hog with the mineplow attached during a training exercise in Al Amayid, Egypt.

There are the tin cans boys plink at with BB guns. These would be their hard targets; other tanks, armored personnel carriers or light armored vehicles. Their BBs are Sabot and High-Explosive, Anti-tank rounds slamming into targets at better than a mile per second.

Then there are the crunchies. Those are the dismounted troops. It's not practical to engage them with the main gun, so the tankers can opt for the .50 caliber or 7.62mm machine guns. But more like those boys who come across a colony of ants on the sidewalk, they can stomp them, listening only to the crunching sound.

"It's an awesome feeling moving around this much destructive power," said Cpl. Benjamin Rager, a 21 year-old Lewistown, Pa. native. "Sometimes I can't believe what I'm able to do. We're able to destroy anything in

our path and keep on rolling. In this tank, we're unstoppable."

As good as their tank may be, the equipment will only be as good as the Marines who in the evening hours strike up a single-burner stove to heat a concoction of MRE coffee, cocoa, sugar and creamer. There's a loyalty that goes beyond the cigarettes they make a hollow promise to pay back later. There's a camaraderie that's hidden behind their olive-drab tanker suits.

"It's like sharing a room with your brother when you're living in the tank," Corvin said. "The inside is small and four people need to work in there, sometimes buttoned up for 24 hours. You get to know each other really fast. We have the same big brother-little brother fights, there's also the same bond. These Marines are my family."

When they shake hands, they're a little bit of grease from the preventative maintenance. When they have to be excused to spit out some...

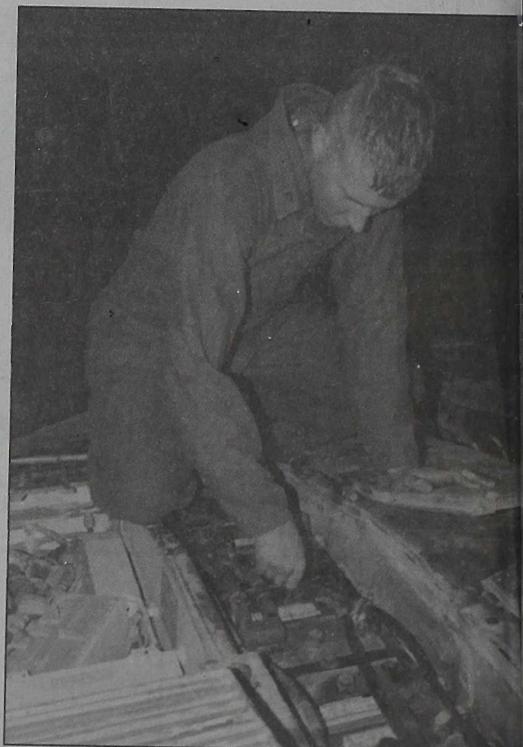
"My favorite part is definitely... Rager explained. "When all the... together makes it worth it. It all... heading up the assault and you loo... meters away while you're on the... you're rockin' and rollin'."

That's where it all happens for t... ies.

The music they hear is in the ru... the high-pitched whine of their swir... of war.



Sgt. Mark D. Oliva



(Above) Able to fire accurately while doing 45 m.p.h., tankers field one of the deadliest pieces of gear today. (Above right) LCpl. Shawn Vance inspects the fittings on the M1A1's batteries. (Below right) Cpl. Raul Vasquez checks the 'guts' of his hog. (Below) LCpl. Zachary Sylvester pours some CLP for maintenance aboard ship.



Sgt. Mark D. Oliva



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The Designers of the times

Sgt. Steven G. Steele
Globe staff

It's Monday morning and the platoon sergeant has just appointed Sgt. Jones as the platoon training non-commissioned officer. His first task as appointed by the platoon sergeant is to come up with, by the end of the day, "something" so any that Marine interested can easily view the monthly training schedule. Also Jones is to give weekly classes on various topics including Battle Skills Training and his Military Occupational Specialty. This tall order could stall lesser Marines into a catatonic state, but not so Sgt. Jones, he knows all about the Graphics Arts section at Marine Corps Base's Training Support Division.

The purpose of the Graphics Arts section is to provide visual training aids in support of the entire Camp Lejeune community, according to Sgt. David H. Clemenko, graphic specialist.

"We make people look good," he said. "Well, actually we make their presentations look good by providing them with slides, overhead transparencies or hard copies such as booklets, handouts and flip charts."

Currently graphics is staffed by six Marines from lance corporal to gunnery sergeant and two civilians who provide continuity and a great deal more to the shop.

"Our two civilian visual information specialists are like the backbone of this shop," Clemenko said. "Mrs. Debbie Tearson has been here for a little more than three years and Mrs. Dianna Winger has worked here for over 15 years. They both are just great."

According to GySgt. Micheal V. Gaither, graphics chief, the section utilizes a great many tools as well as its people.

"We're totally computerized and digitized now," he said. "We still do some table work, but very little. We have the ability to make slides from video tape, we have various graphics software, CD roms, color copiers, scanners and printers. We can do just about anything, as the old saying goes 'training is only limited by your imagination'."

Clemenko took that one step further: "If you can think of it, we can make it," he said.

And the amount of work the shop does seems to indicate that many people have some pretty vivid imaginations.

"We average about 250 job orders each month," Gaither said. "That breaks down to about 4,000 to 5,000 units (one slide or transparency is one unit). Our customers range from all the major tenant commands here at Camp Lejeune to units at Guantanamo Bay, Cuba, to independent duty staffs all over the East Coast, even as far north as New Jersey."

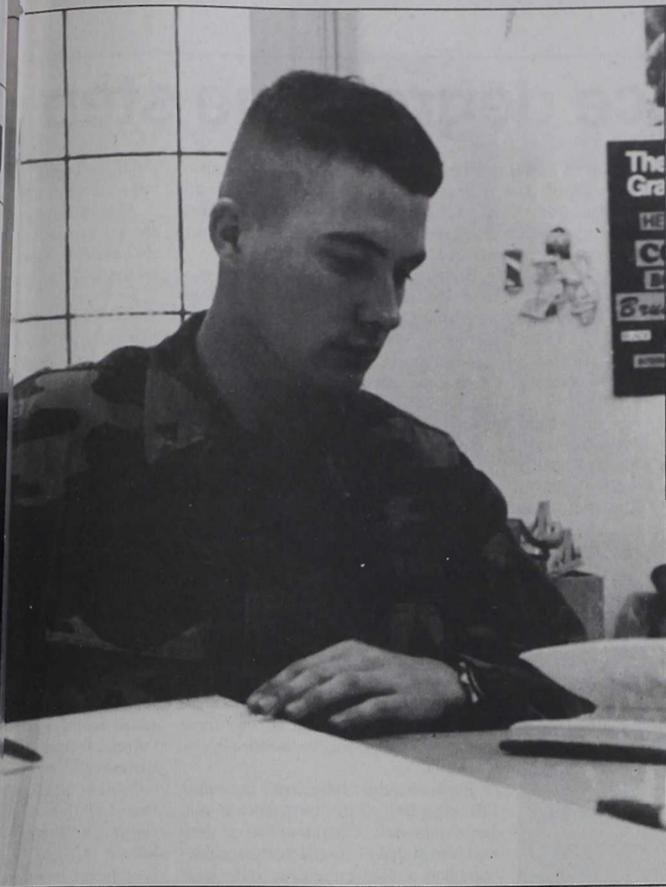
Those figures include all the work the graphic artists do as well as the work done

in the self-help area.

"Our self-help area is open Mon., Wed. and Fri. from 7:30 am to 4 pm," Gaither said. "Marines from any unit can come in and make training aids as well as non-essential training aids like status boards, calendars, rosters or placards. We have a computer with a black and white scanner and a printer, a lettering machine, work space and a trained graphics specialist all available for their use. My graphics Marines won't do the work for them, but will help them out, and instruct them. There are limits on what they can do as far as how many projects each Marine can work on."

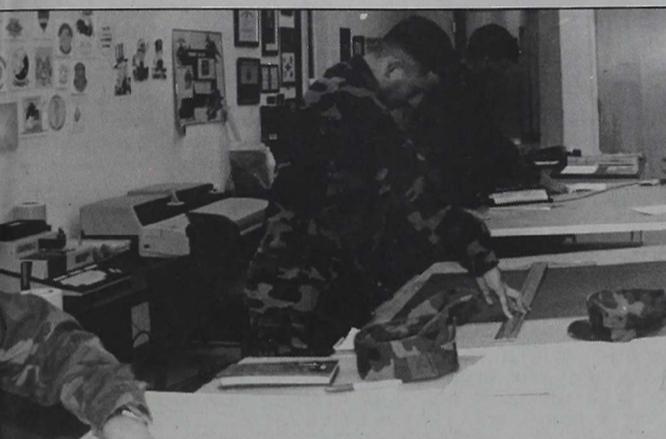
In addition to training aids the Graphic Arts Section also produces some public information packages as well as installation economic impact presentations, such as the Commander-in-Chief's recycling program they are designing the booklet for now.

So Monday at lunch Sgt. Jones goes to the Graphics self-help area and turns out a quick monthly training planner, and puts in requests for his upcoming training sessions. Sgt. Jones is happy and the platoon sergeant is happy, all because of the Graphics Arts Section of Training Support Division.



Sgt. Steven G. Steele

ana, Co. L, 3rd Bn., 8th Marines, works in the graphics self-help area.



Sgt. Steven G. Steele

limited amount of space, several people can use the graphics self-help area. (Left) Sgt. T. Smetana, Cpl. Jacob M. Sherman, LCpl. Michael D. Simmons)



Sgt. Steven G. Steele

The graphics self-help area provides the space and tools necessary to design non-essential training aids.

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present with, but always beyond ourselves: fear,
I push us on, towards the future.
—Montaigne

Marine's Bachelor of Science degree one step

Cpl. Oliver Caldwell
Globe staff

In the designated uniform of the day for a member of the Staff Non-commissioned Officers' (SNCO) Degree Completion Program, she looked like a typical well dressed, middle-aged professional on her way to an evening college class. She wore a white open-collared blouse with a stylish vest and ankle-length skirt. Preparing to take her seat in the classroom, she neatly draped her coat and scarf across the back of a chair. Once in her seat, her posture resembled that of Capt. James T. Kirk manning his post aboard the *USS Enterprise*. However, not until Terry Tygart spoke, would anyone have guessed

she is gunnery sergeant. No one can disguise a voice forged by two tours on the drill field.

Tygart entered the Marine Corps in 1979 with a high school diploma and no intentions of going to college. At her first duty station, she decided to cancel her enrollment in the Veterans Education Assistance Program (the Montgomery GI Bill's predecessor). Back then, her future was nothing but Marine Corps green.

Today she's a member of the SNCO Degree Completion Program and three credit hours (one class) away from her Bachelors of Science degree in Psychology.

Five years ago as a staff sergeant assigned the billet of company gunnery sergeant at 4th

Battalion, Marine Corps Recruit Depot, Parris Island, S.C., Tygart enrolled in a couple of college courses with no specific goal in mind.

Another series gunnery sergeant who was taking advantage of off-duty education was Tygart's initial motivation to take college courses. Tygart's peer convinced her that taking courses at night was possible through good time management, so once Tygart went on her six-month quota (a period of non-drill related duties), she began taking courses at a local community college.

She attended courses throughout her quota and resolved to keep the education ball rolling upon her return to the Fleet Marine Force.

"At that time I knew I was not going to retire without a degree," Tygart said, "I had

to be competitive. There had been too many Marines that I had met who retired...and were not educationally qualified to hold much more than menial labor-type jobs, and I knew that wasn't what I wanted."

Bringing that reality home was her husband who retired as a master sergeant from the Marine Corps in 1988. Steve Tygart left the Corps with only a high school diploma.

According to Steve, entering any organization at the upper-management level with a high school diploma is nearly impossible regardless of military experience.

So after two years of beating the street to no avail, Steve hit the books. On March 10, 1995 he received a Bachelors of Business Administration, with a major in accounting, and three days later he was hired by the Camp Lejeune Family Service Center to be their Retired Affairs Coordinator.

Steve said Terry is the one who deserves the kudos. "For years she gave up her week-nights to attend classes and her weekends to do homework."

In January 1993, GySgt. Tygart reported to 2nd Surveillance, Reconnaissance and Intelligence Group (SRIG) to be their fiscal chief and by March she was enrolled in college again.

Tygart attended classes until December 1994 on a full- or part-time status dependent upon her scheduled active duty workload at 2nd SRIG and later her subsequent duty assignment as comptroller chief at II Marine Expeditionary Force's (MEF) comptroller's office.

Time management and supportive commands were two advantages Tygart attributes to her success; however, her most important asset was the support of her spouse, who was also enrolled in college at the time, she said.

"For two years we would meet in the parking lot and have dinner in the car outside of Lejeune High School," Tygart said.

Goal setting is imperative to success, ac-

ording to Tygart. V and accomplishment

Approximately checked into the II M she had submitted her for the SNCO Degree

In December 19 SNCO Degree Cor March she will finish May she is on track of Science Degree.

From there GySgt three-year-payback to and report to the Ft. Camp Lester, Okinawa serve as a financial co

Upward mobility i With her sights set on geant major, her next earn a graduate degree personnel services.

"I feel degrees in th be the best first serge Tygart said, "who bett psychology...and a ma

Tygart believes her added another dimens the professional educat has provided her.

"One of the things tl the education is not rigid...I've learned t learned to listen," Tyg know how to listen, you and effort, and you mig

Beyond the Marine number of options ran school to counseling in

GySgt. Tygart encour regardless of Military Oc to pursue off-duty educ

selves more knowledge within the Marine Corps for the inevitable transi work-force.



GySgt. Terry Tygart listens as her professor calls role, Tygart is one class away from earning a Bachelor of Science Degree. Cpl. Oliver Caldwell

Base Legal Assistance Office keen on consumer protection

Sgt. Lance M. Bacon
Globe staff

A new local business practice that seems "too good to be true" is causing some Marines financial hardship and has come to the attention of the Consolidated Legal Assistance Office.

This new practice is one which offers an individual the opportunity to enter a buying club, for a "nominal" fee.

However, what may seem a worthy investment at the time is proving to be a financial nightmare for many Marines, according to Maj. Michael S. Archer, officer-in-charge, CLAO.

"One of these buying clubs offers discounts on a wide variety of items to members," he said. "To be a member, all you need to put down is \$1,500. If you don't have it, then they'll finance you — payments of \$80 per month usually at about 20 percent interest for two years."

"At first, the club was claiming that the discounts would be available at a number of well-known department stores, but when the individual showed his membership card to receive his discount, he found that the store had never heard of the club," Archer said. "Now the club has gone to a catalog in which you order the merchandise from them at a discounted rate."

"(With the catalog style) you'll have to pay shipping and handling, so you can forget about any discounts you might have had," he added. "In order to make up for \$1,500 plus 20 percent interest, that discount would have to be significant and you would have to buy quite a bit, anyway. And that is assuming the merchandise ever arrives."

In addition, the clubs have been known to promise a free gift, only to take the price of the gift out of the \$1,500 membership fee, and have also sold things which an individual can get for free, such as automobile invoices, Archer said.

Such practices are no stranger to CLAO. In the past 17 months, the office has been awarded the American Bar Association's Legal Assistance in Military Practice Award and was recognized in the Lewis M. Brown Award for Legal Access.

While those two awards reflect achievement in many facets of legal assistance, consumer protection has become a hallmark of the office's devotion and ability.

Their efforts have quelled many organizations committing illegal acts, and educated Marines on legal practices which preyed on the naive consumer.

However, while they have found success in the past, Archer is quick to point out that the answer lies not in fighting, but in preventing.

"There are people out there conning Marines — some

do it illegally, some do it lawfully and some do it illegally in a way that's hard to prove," he said. "The answer lies in prevention. If we can teach Marines what to be wary of in consumer practices, then many of these problems will never happen."

For the consumer, Archer offers a number of helpful suggestions:

- These businesses tend to lure in young, naive Marines.

- The purchases tend to be complicated.

- Be wary if you have to pay up front for something they'll do later.

- Be wary if someone needs your personal financial information such as a bank account number or a credit card number (know, however, that car rentals and hotels often require it).

- Don't sign right away. Give yourself time to think about it, and if you don't understand it, definitely do not sign.

- Be aware that the only thing which counts is the contract. Any verbal promises by the salesman mean nothing. If the contract refers to other contracts, refer to them also.

- Read the fine print. An ad may offer no interest or payments until 1997, but what you may not recognize is that if it's not paid by then, you will owe finance charges from the date of purchase.

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Division Marines head to Panama

Sgt. Steven G. Steele
Globe staff

Marines from HqBn, 2nd Marine Division, will soon leave for Panama with a dual mission in mind; supporting the Marine Forces South (MarForSouth) commander, and training other Marines in riverine operations and jungle warfare.

The force is made up of about a dozen Marines each from 2nd Reconnaissance Co. and 2nd Small Craft Co. (SCC), as well as two Marines from the 2nd Force Service Support Group and one navy corpsman.

The advanced party of the detachment, which included six Marines and all the gear and equipment needed by the detachment, left in the middle of December. The main body will depart Camp Lejeune this month and will be the first part of a semi-permanent detachment.

"That's why it's called a semi-permanent detachment," said SSgt. Thomas G. Volpi, staff non commissioned officer-in-charge of the SCC detachment. "The boats, parts block and all the other equipment needed to sustain us are already in place. When we leave, all that gear will stay there for use by the on-coming detts. This setup saves the government a lot of money. They don't have to transport the boats back and forth."

"This is very cost effective for two reasons," Volpi said. "It saves wear and tear on the boats, and if there is a follow-on mission in some other country down there, the boats are already in the neighborhood."

While in Panama, the detachment will be housed in the barracks at Rodman Naval Station formerly occupied by the security forces

that were stationed there, according to Volpi.

The detachment's main mission is to enhance the deployed rifle company's capability to provide security for high value transits of the Panama Canal, provide security for the Naval Station and add an immediate reaction force and limited riverine reaction capability to the U.S. forces in the area.

"We're going to be working with some Marines from the 2nd Bn., 7th Marine Regiment out of Twenty-Nine Palms, California," Volpi said. "At Camp Lejeune 1st Bn., 6th Marines is the mobile riverine force. We've trained with them extensively and they're well versed in riverine operations. That's part of our mission, to train these West Coast Marines in riverine operations. Recon will also be providing them with training in jungle warfare as operations tempo permits."

The detachment will be very busy as soon as it gets in country, according to Volpi.

"The first thing that needs to be done is to get the coxswains licensed on the Canal," he said. "After that it will take at least a week to get to know the Canal area and the major areas of operations. Then, the detachment can start training the other Marines."

The eight coxswains will be doing the majority of the training in riverine operations, according to Volpi.

"We're going to give them basic classes on such things as safety aboard the boats, classes on the Rigid Raider Craft themselves and an overview and history of riverine operations," he said. "They also will get more

specific classes on riverine operations such as raid operation orders, duties, organization and basic formations of boat teams, visual aids to navigation and immediate action drills in the boats."

According to Volpi, even though SCC and Recon Co. are deploying to Panama together, they won't necessarily be working together.

"We have different missions and different capabilities," he said. "We'll be together but separate. We may work or train together sometimes, but not all the time."

However, SCC will be working closely with Sgt. Willie Tabron, 2nd Supply Bn., 2nd FSSG. Tabron and an upper level echelon mechanic are going with the detachment to support the maintenance and logistics involved with keeping the eight to ten boats in the water.

Even though Tabron has been in the supply field for a number of years, this deployment will be a new experience for him.

"While I was deployed to Cuba," Volpi said. "Dealing with the supply matters took up a large part of my time. It was a real burden."

"I'm going down there to establish a 'supply pipeline' and relieve them of that supply burden," Tabron said. "I think the resupply is going to be the hardest part. I've never dealt with anything quite like this before, but supply is supply."

The first group of SCC Marines is expected to stay in Panama about three months when they will be relieved by other members of their company.

This detachment is only scheduled to be in place for about a year, but according to Volpi, that may be extended.

Lt. named NCO of the

Sgt. Lance M. Bacon
Globe staff

For the second straight year, 2nd Force Service Support Group named a second lieutenant as its Noncommissioned Officer of the Year.

The award is not the result of micromanagement within the ranks, but instead is a reflection of the drive and desire of 2nd Lt. Sabre A. Schnitzer, a former sergeant with Electronic Maintenance Company, 2nd Maintenance Bn.

Shortly after being meritoriously promoted to sergeant and named Marine of the Quarter, Schnitzer submitted for the Meritorious Commissioning Program while being simultaneously nominated for NCO of the Year.

"I studied day in and day out for five months straight," he said. "When I reported to the board, I didn't think there was any chance I would lose."

During his five months of study, Schnitzer received word that his MCP package had been approved. Before reporting to OCS, he reported to the NCO of the Year board.

"(Winning) was really the icing on the cake," he said. "Preparing for the board was

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2nd Lt. Sabre A. Schnitzer was chosen NCO of the Year for 2nd Force Service Support

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SPORTS

Olympic dreams
Greg Gibson devotes time,
effort to helping young
Olympic athletes. 4B

The Globe

Shooters set sights

Marines prepare to showcase training in Spring Intramurals

Cpl. Preston L. Bass
Globe staff

Every Marine is trained as a basic rifleman and warrior in basic training. Marines are trained and tested on their ability to perform fighting skills and fire their service weapons.

The next chance Marines in the Camp Lejeune area will have to show off their firing ability and get ready for high-level shooting competitions will begin Feb. 15, and last for two weeks.

With the Spring Intramural rifle and pistol matches Marines, with command approval, will compete in the Competition-in-Arms at the Stone Bay ranges. The competition is open to all officers and enlisted Marines of the regular Marine Corps

See RIFLE/2B



Cpl. Preston L. Bass

Sgt. Kevin P. Sultt, a marksmanship instructor with 2nd Marine Division marksmanship training unit, points at medals he won at the 1994 Eastern Division match. Sultt hopes to earn more awards at the upcoming Spring Intramurals in February.

Medical Bn.-B carves up 8th Engineer Support Bn.

LCpl. Brian M. Danisevich
Globe staff

The Medical Battalion-B Intramural Basketball team performed surgery on Gold League rival 8th Engineer Support Bn. with precision shooting and a strong defensive effort enroute to a 70-63 victory at Area 5 gymnasium Jan. 10.

John Hill, R. Canong and O. Anderson all possessed hot shooting hands from the perimeter for Medical Bn. They combined for seven jumpers from 3-point land and finished with 64 of their team's total points.

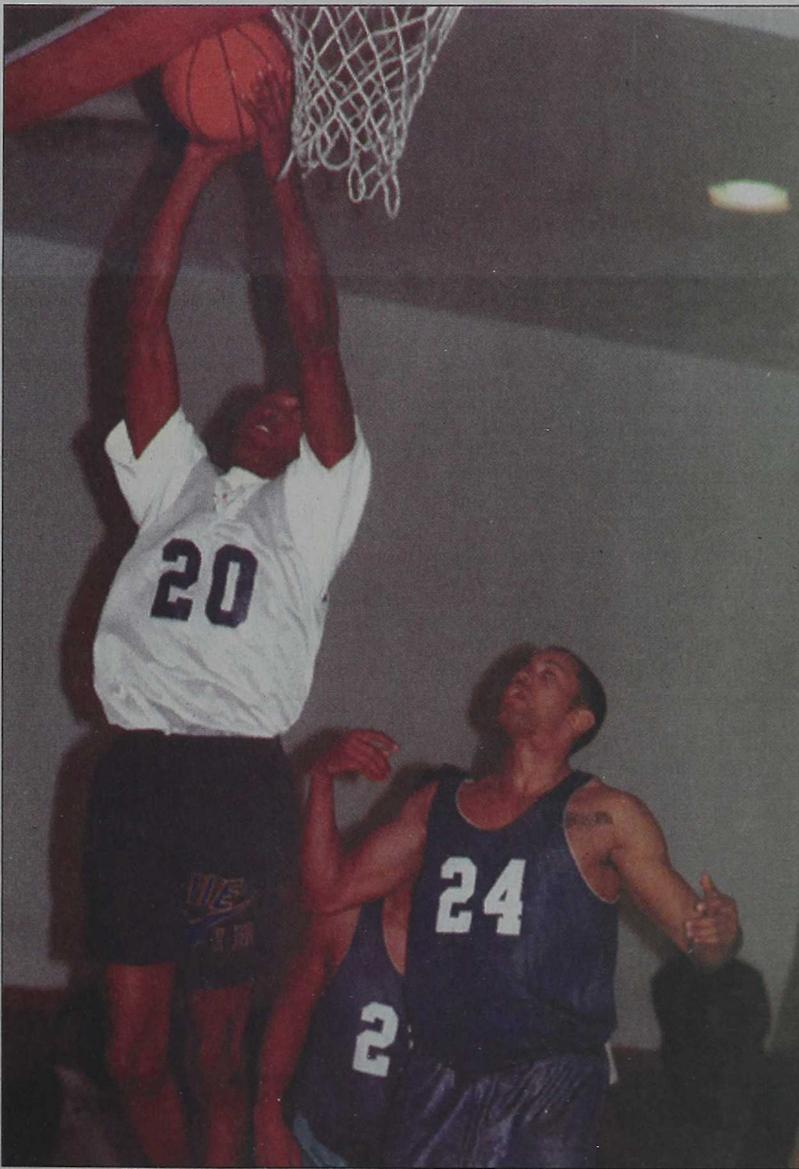
The game, however, wasn't decided until the closing minute when Hill and Canong rolled off a 6-0 run from the charity stripe. Medical Bn. connected on 13 of 14 free throws in the game for a 93 percent average.

"In the second half we went to more of a slow technique, trying to penetrate and draw some fouls," said C.W. Price, head coach, Medical Bn.-B. "We have some pretty good free throw shooters, therefore I wanted to get them on the line. I knew it was going to be one of those games where it goes right down to the draw."

Medical Bn.-B rolled out to an early lead in the contest, but were contested strongly throughout by a taller and more physical 8th Engineer Bn. team. Thomas Vok, Charles Hinson and Kiarke Barrett continually out-muscled the Medical Bn. defenders in the lane and combined for 19 points in the first half alone.

Eighth ESB took advantage of their strong play down low, and rolled off a 13-2 run to grab their first lead 2:45 before intermission. Hinson and Barrett were instrumental in the run with 11 of its points. Arrick Rice contributed with a bucket in the run. Eighth ESB's first lead was short-

See HOOPS/2B



LCpl. Brian M. Danisevich

K. Brown, Medical Bn.-B, watches as an 8th ESB player finishes off a fast break with a layup. Medical Bn.-B went on to slice up the 8th ESB defense to win the Gold League matchup, 70-63.

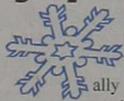
Marines battle chilly physical training

LCpl. Brian M. Danisevich
Globe staff

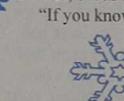
When the bitter freeze of winter sets in it takes some real want-to to get outdoors and pump out a hearty three to five-mile run. For Marines, however, there's no choice but to brave the winter winds in order to stay in peak physical condition.

Running is a fact of life in the Corps and Marines must know how to deal with the colder temperatures in order to continue to march with their individual physical training routine.

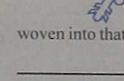
The first step in knowing how to deal with running in cold temperatures, according to Terri Hort, personal trainer and aerobics coordinator, French Creek Fitness Center, is to know what to wear and how to wear it.



"Layering is a good idea when you're running in cold weather," she said. "Often when people run in extremely cold temperatures, they'll layer a lot of clothes. After they actually get started, however their body temperature can go up by as much as 20 degrees. A solution to this is to start out with more clothes, but as the run goes on you might want to take some of those clothes."



"If you know that's not feasible for you to be able to take off some of those layers, you really should dress a little less warm; knowing that you're going to warm up once you're into your run," Hort said.



When layering clothing, the types of materials that are woven into that clothing should also be taken into account.

See FREEZE/2B

FROM THE SIDELINES

LCpl. Brian M. Danisevich
Globe staff

Every year at this point of the National Football League's season, there springs legions of hope for the American Football Conference—losers of the past 11 Super Bowls. And for the most part that hope normally fades away with each quarter that passes in the "Big Game."

The last competitive game was in Tampa when Scott Norwood's game-winning field goal attempt sailed wide, and allowed the National Football Conference to win its seventh straight Super Bowl. That was in 1990.

So what on earth happened to the AFC since the Pittsburgh Steelers and Oakland Raiders domination of the mid-70's through early 80's? And can AFC teams return to that same level of competitiveness they offered in the "early days?"

Many think it will be Jimmy Johnson who will be the first to break the NFC dominance trend after his recent signing with the Miami Dolphins.

Johnson has a National Championship ring, two Super Bowl rings and is one of the best talent determiners in the game. Furthermore, he already has a solid pool of veteran free agents to build a competitor from.

Similar coaching moves were made by NFC teams in the late 70's in an attempt to balance out what was beginning to look like an AFC dominated era. And it worked like a charm.

In 1979, the San Francisco 49ers hired Stanford Cardinal coach Bill Walsh to take over a program that was going the wrong way fast. Four Super Bowl victories in a 10-year span followed.

Two of Walsh's Lombardi Trophy victories came over the Cincinnati Bengals. Ironically, the Bengals had turned Walsh away in 1976, opting instead to hire Tiger Johnson

See SIDELINES/2B

SIDELINES from 1B

to take over as head coach. Probably one of the most embarrassing hiring decisions ever made, as seen years later.

Johnson disappeared into anonymity, and Walsh became a legend. Of course, you can always say that Walsh had the immortal Joe Montana and a cast of stars to play with in the Bay area, but Johnson had a similar cast available in Ken Anderson, Isaac Curtis and Chris Collinsworth back in Cincinnati.

There is little doubt in my mind that Walsh would have provided Bengal fans with a Super Bowl victory that has eluded them since their inception into the NFL.

Jimmy Johnson was overlooked by a number of AFC teams after guiding the Miami Hurricanes to the National Championship in 1987. The Cleveland Browns, the New York Jets, the Kansas City Chiefs and the San Diego Chargers all had their opportunity to hire him but instead it was Jerry Jones who hired him as leader of the Cowboys in 1989.

Two Super Bowl victories followed under Johnson's tutelage.

Joe Gibbs, Bill Parcells and Mike Ditka combined for the final five NFC Super Bowl wins since 1983 - two of whom are out of coaching today. The other stands on the New England Patriots' sideline.

When draft day rolls around, everyone wants to pick up the best available player for their team. But as history states, the most important pick of all is at the head coaching position.

In the 70's, John Madden, Chuck Noll and Dan Marino gave the AFC the edge in the coaching department, but in the 80's this edge changed wholeheartedly to the NFC's side.

Now, midway through the 90's, you have to wonder if the coaching power is switching once again or at least beginning to even out.

Marty Schottenheimer has been a force during his 11-year AFC coaching stint. He advanced to the playoffs in 10 of those years, but has a mediocre 5-9 postseason record to show for it. Although Schottenheimer has failed to reach the Super Bowl, he has helped the AFC bridge the gap that exists between the conferences. Don Shula has also helped bridge the gap, along with Marv Levy and Parcells.

In recent years, however, I believe it has been Bill Cowher who has done the most for the AFC in terms of competitiveness.

He has led the Steelers into the playoffs in each of his past four seasons at the helm, and has beaten up some high-class NFC teams along the way. Better known as "Face" by Pittsburgh players and fans alike, Cowher has brought a winning attitude back to an AFC franchise.

Cowher has remolded the Steelers into images of yesteryear, when Jack Lambert, Terry Bradshaw, Lynn Swann and Joe Greene walked the field at Three Rivers Stadium. He definitely has the Terrible Towels running amok once again in the Steel City.

This year, amongst controversial touchdown snags by Ernie Mills and Kordell Stewart in the playoffs, Cowher is the AFC's representative in the Super Bowl. A Super Bowl that in my opinion pits the AFC's best against the NFC's best; the first time this has happened since 1990.

Last year it was the Chargers who weaseled their way to the "Big Game" to mis-represent the AFC, while it was Buffalo in 1991 and 1992. The best team in the AFC never made it to the Super Bowl in these years. Instead they were sent home early as a victim of circumstance - a fact that Chargers and Bills fans would hate to admit.

It is the best versus the best this year, however, and I do believe that Cowher can bring the Lombardi Trophy back to the AFC.

Barry Switzer may have an advantage in the skilled performers that Johnson left in Dallas when he departed two seasons ago, but Cowher instills the kind of attitude it takes to win ball games. It's the first Super Bowl for both coaches and it should be a dandy.

Any way you look at it, the game seems fairly even, unless you're fooled by the 11 and a half point spread that has been posted by the oddsmakers.

It's going to be a tight game, and the difference will probably come down to coaching ability. Dallas fans, however, better hope not, or the fabled Lombardi Trophy will become but a distant memory in 1996.

FREEZE from 1B

"There are a lot of hi-tech clothes on the market now that are made of materials that can actually wick moisture away from your body," she said.

"Materials like poly-propylene tend to be superior in terms of keeping you dryer and warmer than if you were using cotton and wool materials like we've done in the past," Hort added.

When layering clothes, it is important to start with a polypropylene undergarment, according to Hort. From there it would be determined by how cold it was.

"You would want to start with a t-shirt or long sleeved shirt, over your first layer," Hort said. "After that you should use a turtleneck of some kind and then a wind breaker or other type of light jacket."

Along with proper clothing layering it is also a good idea to wear a hat and gloves during extreme temperatures, according to Hort.

"The extremities, especially the fingertips, get very cold, and you lose a lot of heat through your head," Hort explained. "So having a hat and gloves on will definitely make a big difference."

"Covering the neck is a good idea, too," she said. "A lot of people tend to forget about the neck, but you have to make sure that you cover all exposed skin."

After learning how to dress to adapt to the chilly temperatures set by Mother Nature, the next step is to find out how to attack a running program in the cold.

"Stretching is very important in cold weather," Hort said. "It should not be the first thing you do though. You should actually get yourself warmed up first by either walking or

some easy running for the first 10 minutes or so."

"Then, once the body is warmed up, conduct a stretching routine. You should then stretch again after you complete your run," Hort continued.

"If you have the time, you should stretch twice," she said. "After the body is initially warmed up and at the conclusion of your workout."

With certain existing time constraints, however, it is best to stretch thoroughly at the conclusion of the run, when you are finished and your body is very warmed up, Hort said.

"Stretching should never be the first thing you do, especially in cold weather," she said. "By doing so, you can really strain your muscles or even tear something."

The last step in dealing with cold weather running is simple common sense.

"In extremely cold weather, it is smart to decrease the duration of your run for that particular day," Hort said. "But it's truly amazing how much you will warm up when running. If you're warm and comfortable, you don't have to run any less than you normally do."

Of course knowing how to conquer the freeze is only half of the battle. An individual must also have the right mindset to accomplish the mission.

There are various ways to vary a physical training schedule in order to stay fit during the winter months, such as hitting the weight room, pool or aerobics sessions.

But, as Marines find out, cold weather running is inevitable, and it is important to know how to confront the brisk winter winds with a forward assault.

Third Bn., 10th Marines na

Third Bn., 10th Marines dukes it out with Headquarters, 10th Marines in hoops action



LCpl. Brian M. Danisevich

Will Hart, 3rd Bn., 10th Marines, attempts to defend Reggie Johns, Headquarters, 10th Marines, as he readies to drive down the lane.

Cpl. Preston L. Bass
Globe staff

Third Battalion, 10th Marine Regiment beat Headquarters, 10th Marines Regiment, 79-72, in a high speed, romping stomping, Red League Intramural Basketball game the evening of Jan. 11, at the Area 4 gym.



LCpl. Brian M. Danisevich

Jermaine Smalls, 3rd Bn., 10th Marines, defends Garfield Stanley, 10th Marines.

Third Battalion, 10th Marines took the game by storm, making so many baskets that points seemed to fall on their side of the scoreboard out of the sky.

From the beginning, the game moved like a train way behind schedule and trying to make up lost time. The players from both teams pushed the ball up and down the court, scoring points like they had nothing else on their minds.

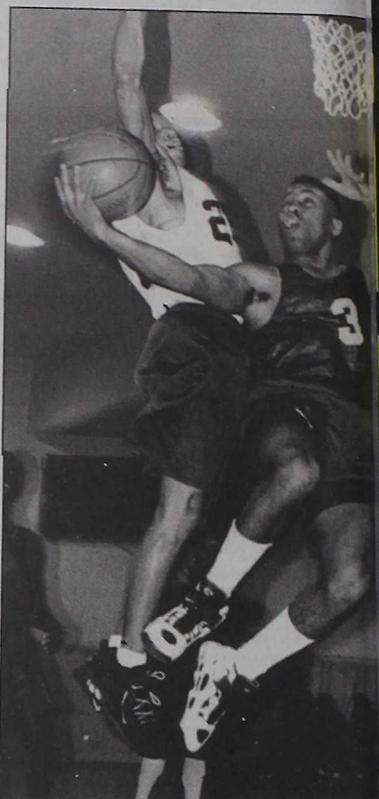
Both teams also showed 3-point shot capability by unloading a few in the beginning of the first half.

The teams kept up the speed and energy, showing no indication of fatigue or slacking off in the first half. At the end of the half 3rd Bn., 10th Marines had the advantage, 37-33.

During the early part of the second half, 3rd Bn., 10th Marines continued their tear, increasing their lead to 10 points behind the scoring prowess of 3rd Bn., 10th Marines Brandon R. Smith.

Just when it seemed the pace of the game couldn't get any faster, the teams picked it up, seeming to fly from one end of the court to the other.

The 10th Marines Headquarters team knew they had a mission on their hands in catching up to 3rd Bn.,



Billy T. Williams, 3rd Bn., 10th Marines, goes defended by Reggie Johns and Ian Bush, 10th

10th Marines and went to work at it, hard.

Headquarters 10th Marines used 3-pointers and field goals trying to close the gap on 3rd Bn., 10th Marines lead. Their efforts, however, fell short as 3rd Bn., 10th Marines won, 79-72.

Roy R. Dixon, coach for 3rd Bn., 10th Marines, said the victory over 10th Marine Headquarters was, in large part, due to a recent change in the attitudes of the team players. He also sighted the defense shown by the team for the winning results of the game.

"The key to our defense in this game was our quickness," he said. "The most part, 10th Marines down Eddie C. Burnett, 3rd Bn., 10th Marines. One of the things that was the replacement available to us was their play break when needed. The combination of players in a well deserved 10th Marines.

RIFLE from 1B

and enlisted Marine Corps Reservists, providing they are qualified as expert or sharpshooter with the service rifle. There is no qualification required for pistol competitors.

"The Competition-in-Arms program, which includes division rifle and pistol matches for Marine Corps units around the world, was invented to motivate and inspire Marines to excel in their ability to shoot their weapons," said Sgt. Eric G. Johnson, marksmanship instructor, 2nd Marine Division Marksmanship Training Unit.

"Before World War I, the Marine Corps was not really known for its marksmanship capability. The Commandant at the time decided that we needed to improve our marksmanship capability and created the Competition-in-Arms program. The direct result of the new training was shown in combat. Using the new skills had a devastating effect on the Germans. They were not even close to being ready to deal with people who could shoot as far and as accurate as Marines could shoot. It stopped them dead in their tracks. Ever since then, we've always had a Competition-in Arms program," Johnson said.

"What we're doing is training some of the Marines to be superior marksmen so they can go back to their units and pass these skills on to other Marines, so that hopefully, the marksmanship capability in the Marine Corps will keep going up and stay at a high level," he added.

The competitions give Marines experience, preparing them for division matches where gold, silver and bronze medals are awarded and used to gain points to qualify for the Marine Corps Shooting Team in Quantico. The shooting team in Quantico represents the Marine Corps against other services and civilian organizations in shooting competitions.

Marines authorized to compete in the Competition-in-Arms will compete in the division match nearest them, according to Marine Corps Order 3591.2J. The spring intramural season will last for two weeks, during which time the shooters will be released on TAD from their units to the range.

The Spring Intramural is the first of four different competitions that Marines can compete in to hone their shooting skills, acquire shooting medals, become distinguished marksmen and compete for a spot on the Quantico Shooting Team.

Instead of medals, that are given out at division and Marine Corps Matches, trophies are given at the Spring Intramural. That is done because the intramural matches are training and not monitored by officials from Quantico, according to Johnson.

"There are three competitions within this one big match: division, group and base," Johnson said. "The units will compete with each other for certain titles, such as the highest combined rifle and pistol shooter, which means

HOOPS from 1B

lived, however, due to an 8-3 run by Medical Bn.-B over the half's final 56 seconds. Hill netted a driving layup, a jumper and two free throws to help his team regain the lead, while O. Anderson chipped in with two free throws.

"Eighth Engineers have a reputation of being very physical," Price said. "So, our game plan was basically to run them and get them tired due to the smaller team that we have. We wanted to get them winded, pull them out on us with our jump shots and then take it from there."

In the second half, Medical Bn.-

B continued with their run-and-gun strategy netting four consecutive 3-point baskets before attempting to penetrate the lane. Hill connected on two of them.

"They were playing us in a man-to-man defense, so we just spread the floor," Hill said. "Whoever is in the middle would just take his man and go. I wish I could have gotten everyone more involved, but we have to just take whatever they give us."

Due to some long range artillery of their own, 8th ESB pulled to within 61-60 with 2:46 remaining in the contest. Barrett buried two 3-

pointers and Rice canned one in the late-game surge, while Howard added a jumper from 12-feet.

Down the stretch, however, it was Hill and Anderson's combined 6-0 run that decided the game.

"Hill, Anderson and Canong were our key players in this game," Price said. "They've been maturing so much through the season, and contribute so much to our team."

"We have a very small team, so a lot of teams tend to look down on us because of that," he said. "But these guys step up to the challenge with their penetration and 3-pointers to

keep us in there."

Hill finished as the top scorer with 27 points, chipped in with 20 points, while O. Anderson, 8th ESB's night with 20 points.

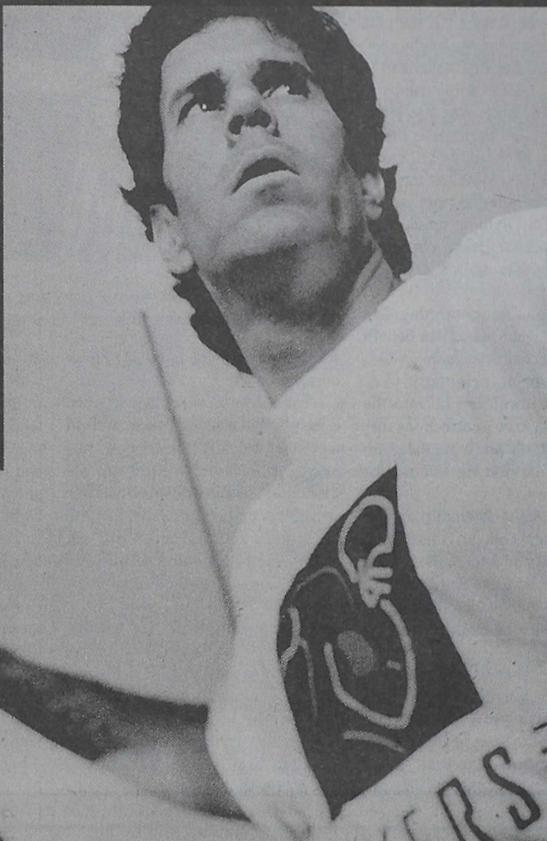
Medical Bn.-B set a new record to 6-5 with the win, defeating and top-ranked Headquarters, 10th Marines, 79-72, at Area 4 gymnasium.

Eighth Engineers dropped to 5-5 with the loss. The next game is scheduled for tonight at 7:30 p.m. at Headquarters and 5th Marine Area 5 gymnasium.

WIN A DAY WITH AN NFL PLAYER



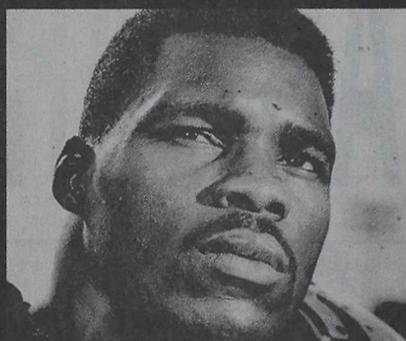
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GySgt. Gibson helps Olympic hope

Cpl. J.J. Timmins
Globe contributor

HEADQUARTERS MARINE CORPS, Washington, D.C. - Marine Gunnery Sergeant Greg Gibson's favorite wrestling movie is the "gut wrench." A difficult maneuver, taking a lot of strength and skill to pull off, the "gut wrench" became synonymous with Gibson's name.

"Any time people said "gut wrench," my name would come up," Gibson recalled of his days wrestling with the U.S. Marine Wrestling Team. "I could get anyone with that move. In fact, international wrestling rules were changed to keep me from scoring with the gut wrench," he said.

If that sounds like a boast, it's not. The 6-foot-3-inch, 220 pound Gibson won a silver medal in the 1984 Olympics. He has been hailed as the U.S. military's premier heavyweight wrestler. He's also the first American to win international championships in three wrestling styles, and lays claim to countless other prestigious titles.

Currently, the "gunny" is working with the U.S. Mint and the U.S. Olympic Committee to promote the sales of 1996 Olympic coins. Proceeds from the coin sales help defray the training costs of U.S. Olympic hopefuls.

"I go to promotional meetings and speak on how coin sales can benefit U.S. athletes," Gibson said.

When Gibson, originally from northern California, came into the Corps in 1978 to be a corrections specialist, he didn't know the Marines would provide him the chance for Olympic glory.

A wrestler and football player in high school and college, Gibson tried out for professional football with the Seattle Seahawks, the San Francisco 49'ers and the Philadelphia Eagles. For a short time he worked as a fireman.

When he went to boot camp at Marine Corps Recruit Depot San Diego, his athletic prowess made him the subject of a base newspaper article after he broke the time record



GySgt. Greg Gibson, center, presents an Olympic Coin to a member of the U.S. National Women's Basketball Team, at a half-time Olympic Coin Promotion during a recent Washington Bullets game. Proceeds from the coins will benefit Olympic athlete hopefuls.

for completing the famous Marine obstacle course.

"I did it in 45 seconds," recalled Gibson. "The reporter came and interviewed me, and I mentioned I had been a runner-up in the National College Association of Athletics wrestling competition. After I got to my training school, I received a call asking me if I wanted to join the Marine Corps Wrestling Team. I said 'why not?'"

Gibson completed corrections school, and was assigned to Quantico, Va., home of the U.S.M.C. wrestling team. Aware and grateful of the opportunity he had, he made sure he was in "tip top shape."

"I felt like I was on a mission to

do my best," Gibson said. "In the team, we had two hours of practice in the morning, two hours in the afternoon, and then individual training. Besides that, I did weight lifting and running, ate all the right foods, and went to sleep at 7 p.m. every night," he added.

His efforts were soon to pay off - he competed in the 1980 World Cup wrestling tournament and became the first American ever to win a gold medal in the "Greco Roman" wrestling style.

"That was one of my proudest moments," he said. "I pinned everyone in the tournament and beat a world champ in the finals."

The grappler eventually claimed

three Greco Roman world cups.

Gibson continued to wrestle with the Marine Corps team, and represent the United States and the Marine Corps at events around the world. "It's easier to name the countries I haven't been in, than the ones I have," he joked.

Gibson and his teammates weren't always in the lap of luxury as they traveled to international competitions. Gibson said his times in the former Soviet Union gave him an appreciation of the U.S. lifestyle.

"Buildings without heat; sitting on buses for four or five hours - while going nowhere; eating cow tongue for two weeks," were some of Gibson's memories of the former U.S.S.R.

Miserable lodgings and bad food mixed with jet lag and tough opponents made competition behind the Iron Curtain extremely rough on the wrestlers.

"When our plane touched down in the 'States' there were people kissing the ground," he said. "I was one of them."

Gibson claimed that throughout his career, his knowledge of wrestling has been his chief weapon.

"In order to do well, you have to have technique. That's the weapon used to defeat an opponent," Gibson maintained.

"They call boxing the 'sweet science.' Wrestling too, is a science. It's not just being strong. You have to

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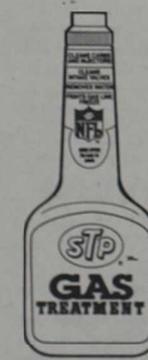
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P185/80R13 WW.....	\$45 ⁹⁵	P185/70R14 WW.....	\$46 ⁹⁵
P185/75R14 WW.....	\$47 ⁹⁵	P185/70R14 WW.....	\$50 ⁹⁵
P195/75R14 WW.....	\$49 ⁹⁵	P205/70R14 WW.....	\$55 ⁹⁵
P205/75R14 WW.....	\$50 ⁹⁵	P215/70R14 WW.....	\$59 ⁹⁵
P215/75R14 WW.....	\$52 ⁹⁵	P205/70R15 WW.....	\$58 ⁹⁵
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(NAPS)—When ten-year-old Jesse Karmazin of Palm Beach Gardens, Florida, takes to the soccer field, he never knows what might happen.

That's because he wears a below-the-knee prosthesis that has a tendency to fly off. This incident and others have been a part of growing up for Jesse, who was born with an abnormality. Fibrous tissues destroyed the circulatory system in his right foot and also caused a total malfunction of his right hand. All of this began in his mother's third month of pregnancy.

When Jesse was six months old, his parents, Brian and Kathy, made their first trip to the Tampa Unit of Shriners Hospitals and were informed that surgery would be required. Eight months later, Shriners Hospital surgeons removed excess tissue at the site of where his foot would be if it had developed properly.

Over the past nine years, Jesse has made over a hundred visits to the Tampa Unit. Altogether, he's undergone ten surgeries and has spent about 85 days there as an inpatient. All of Jesse's medical care at the Shriners Hospital has been provided at no charge to the family.

At 14 months of age, Jesse Karmazin underwent surgery to remove excess tissue where his foot would be if it had developed properly. Today, he is active in a number of sports including soccer and swimming.

"There have been so many trips I've lost count, but the most important thing is that Shriners Hospitals has been a very special place for my son and our family," Kathy said.

Jesse has managed to accept what has happened to him and never looks back, according to his mother. At the top of Jesse's list of participation sports is soccer. "That's because he's so active. He doesn't enjoy a sport where you just stand around," his mother said.

Jesse is enjoying his second season on a team sponsored by Amara Temple in Jesse's hometown. In the short time that Shrine Temples have been sponsoring youth teams in North America, Jesse may be the first Shriners Hospital patient to play on a Shrine-sponsored team.

Other activities that keep Jesse busy are swimming and completing a science fiction mystery novel. As a student in the gifted program at Lighthouse Elementary School in Palm Beach Gardens, the ever-smiling young man has made it known that he wants to be a writer.

"Jesse's a kid who handles his situation very well," Kathy indicated. "He'll be a success in life because he doesn't let anything stand in his way."

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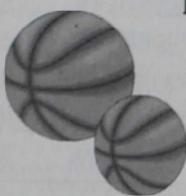
Minor Division

Hornets	6-0	Heat	2-4
Blazers	5-1	Rebels	2-4
Lakers	5-1	Warriors	2-4
Sixers	5-1	Bulls	1-5
Bullets	4-2	Knicks	1-5
Hawks	3-3	Grizzlies	0-6



Girls' Division

Lady Hawks	6-0
Lady Celtics	4-2
Lady Jackets	2-4
Lady Lions	0-6



Major Division

Hawks	3-1
Spurs	3-1
Suns	0-4

Standings as of Jan. 13



Intramural Basketball

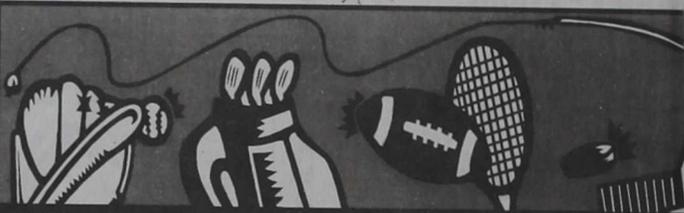
Standings as of Jan. 11

Red League

SOI	11-0
HQ Bn	10-2
SRIG	9-2
Tanks	8-4
8 Mtrs	7-3
LAR	6-5
Med Log	6-5
2/8	6-5
5/10	6-7
MCSSS	5-6
3/10	4-7
CEB	4-7
Nav Hosp	2-6
MCES	2-8
HQ, 10th	2-10
2/10	1-10

Gold League

Supply Bn
H&S Bn-A
Dental-A
Med Bn-A
Med Bn-B
Supply Bn-B
H&S Bn-B
Maint Bn-A
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P205/70R 14	68.99	P185/70R 14	58.99
P215/70R 14	72.99	P195/70R 14	62.99
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P195/65R 15	71.99	P235/60R 15	76.99
P205/65R 15	75.99	P235/70R 15	78.99
P195/60R 15	65.99	P255/60R 15	81.99
P205/60R 15	73.99	P255/70R 15	83.99
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P195/70R 13	57.99	P245/60R 14	72.99
P195/70R 14	59.99	P235/60R 15	72.99
P205/70R 14	63.99	P245/60R 15	74.99
P215/70R 14	65.99	P255/60R 15	76.99
P225/70R 14	67.99	P275/60R 15	81.99
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BIOLOGY INSTRUCTOR - Masters degree with 18 graduate semester hours in Biology required. Part-time positions for Spring Quarter - 3/4/96 through 5/21/96. **SURGICAL TECHNOLOGY INSTRUCTOR** (part-time, temporary) - CST or CNOR with 3 yrs. exp. Position with run from 4/23/96-5/16/96 - Tues, Wed, & Thurs from 6:30 a.m. - 3 p.m. Willing to travel. For information and application contact: David L. Heatherly, Dean of Curriculum Education, Coastal Carolina Community College, 444 Western Boulevard, Jacksonville, NC 28546-6335. Phone (919) 938-6223. EOE 01/25

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Announcements

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Week In



SUN	MON	TUE	WED	THU
21	22	23	24	25

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\$10 additional family member

Camp Lejeune Schools' Holiday

Schedule

0630-0830
Breakfast (optional)
0830
Depart for Raleigh
1100
Picnic Lunch at the Planetarium
1230
Planetarium
1530
Depart Planetarium
1730
McDonalds
1900
Arrive at Youth Center
Register by 21 Jan!!

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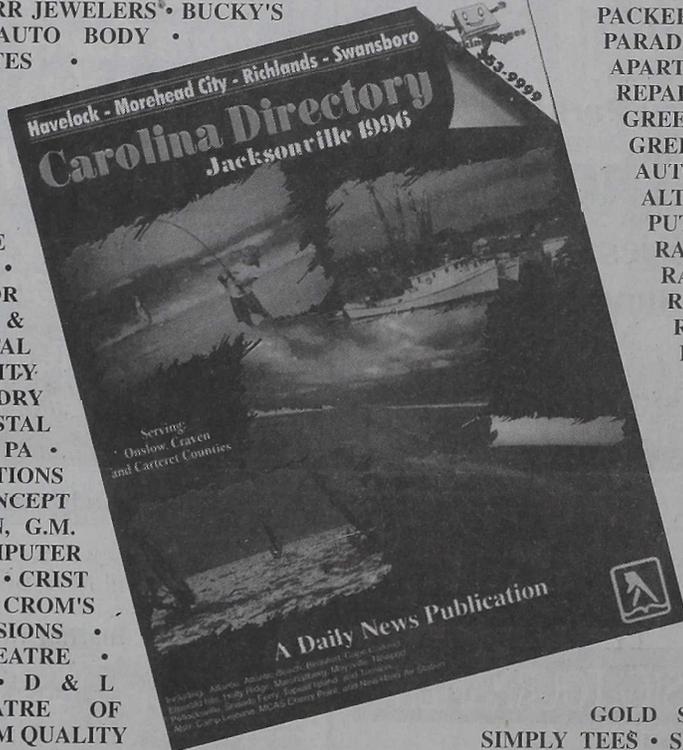
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shoes, size 7, \$25; childrens Fila boots, size 4, \$30; childrens clothes 2-4T. Call 577-3338.
 Cobray M-11 9 mm w/mags, extended barrel, sling, \$450/ Ca.; 451-3951 rm. 315.
 Little Tykes chair, \$4; Duplo legos, \$10; creepcrawler oven, \$7.50; McDonald's shake machine, \$8. Call 577-7980.
 Baby stroller, \$60; ladies boots 5 1/2M, \$50; mens black pin stripe suit, \$40; 3 in. HD step rails for RV, \$50; gas grill, \$25; turntable, \$15. Call 326-3866.
 Woodland cammies, 4 sets @ \$150 or \$40 ea.; dress blues trousers, 36S, \$15 ea. Call 577-6826.
 Chain link fence, \$150; oak wall unit, \$100; large dining room table w/chairs, bench, \$250. Call 577-8294.
 Kodak 150 Diconics printer, \$50; tall black speakers, \$225. Call 353-0938.
 Microwave/convection oven, \$150. Call 347-5364.
 Diamond, 47 carat, brilliant cut, clarity S11 color grade I (3), \$1,050. Call 326-5504.
 Computers, 386SX, 3.5/5.25, monitor, modem, keyboard, mouse, software, \$550; Macintosh Classic II, 68030 processor, system 7 comp., Apple keyboard, mouse, software, disks, manuals, \$700; printer 9 pin PC dot matrix, \$90. Call 353-7143.
 Bathtub w/wall unit, fiberglass, \$100; sliding glass door w/screen, \$30; carpet, \$40; fiberglass shower unit, \$75. Call 353-1335.
 Parachute PD 230 main and PD reserve w/vector container, main has 20 jumps, helmet, bag, \$2,500. Call 938-9038.
 Jenny Lind crib, \$50; satellite system, \$1,900; 93 70X14 ft. mobile home, 3 BR, 2 BA, WD, frig, \$13,500. Call 577-5301.
 Chain saw, \$100. Call 326-4404.
 Full set of uniforms. Call 327-2917.
 Ladies bike, \$50; boy and girl bikes, \$40 ea.; garden tractor, \$500; mattresses/box springs, \$40 set. Cal 353-1335.

Ass't free weights w/acc., \$200; cabinet model sewing machine, \$100; treadmill, \$300; kerosene heater, \$70. Call 938-1777.
 Play pen, \$25; carseat, \$10; diaper bags, \$7; exersaucer, \$25; womens sweaters, \$5-10, womens shoes, \$5 ea. Call 577-7383.
 Free med size oak tree for firewood. Call 393-8585.
 Nascar collection. Call 329-8261.
 Denise Austin power rider, \$75; manual treadmill, \$75; speakers, \$75. Call 353-1223.

AUTOMOBILES

'89 Ford Probe GT, red, MT, AC, stereo, \$3,800. Call 354-5861.
 '93 Chevy S-10, red, bedliner, CD, TOP. Call 451-1599 rm. 146.
 '89 Nissan Sentra, black, \$2,000. Call 353-8058.
 '95 Chevy S-10 extended cab w/shell, loaded, 5 sp., CC, PW, PL, teal, 27K, \$13,500. Call 938-0076.
 '92 Nissan Sentra XE, 58K, \$7,500. Call 347-0048.
 '90 Dodge Van, V8, stereo, AC, AT, CC, \$7,900. Call (919)393-6518.
 '89 Chevy Cavalier, 89K, AT, AC, 2-dr, \$1,800. Call 326-2327.
 '95 Nissan 4X4, teal, 5-sp., AC, 20K, \$14,500. Call 451-1599 rm. 212.
 '76 Ford F-100, longbed, 302ci, 3 sp, PW, \$900. Call 455-3782.
 '93 Cavalier, silver, 2-dr, 5 sp, AC, stereo, \$4,800. Call 451-3739 rm. 207.
 '86 Toyota truck, new tires, 4 cyl, 5 sp., \$2,300. Call 353-8516.
 '84 Ford Escort, new brakes, clutch, \$550. Call 326-4404.
 '87 Charger, just tuned, \$1,500. Call 455-3591.
 Warn 8000 lb. heavy duty winch w/85 ft. cable; Warn combo winch mount w/brushguard, \$800 for both, fits '81-'87 Chevy

full-size. Call 353-5495.
 '94 Ford Explorer sport 4X4, loaded, roof rack, CD, sports seats, \$16,000. Call 346-4086.
 '73 Pontiac Ventura, rebuilt motor, \$1,500. Call 346-3978.
 '95 Dodge Caravan, TOP. Call 347-1617.
 '95 Ford XLT extended cab, loaded, 33 in. tires, tool box, \$22,000. Call 353-5495.
 '88 Ford T-Bird SE, dark blue, V6 AT, all power, digital dash, CC, new wheels, tires. Call 455-1934.
 '89 Plymouth Acclaim, all power, AC, \$1,800. Call (910)285-6751.
 '88 Ford Taurus, loaded, all power, leather int., \$4,200. Call 353-0938.
 '97 Chevy Colobriy, \$2,500. Call 577-8826.
 '95 Ford Ranger, black, 9K, loaded, bed liner, extended warranty, blue book value. Call 355-2577.
 '95 Isuzu Rodeo, 20K, black, tinted, TOP. Call 346-0141.
 New Uniroyal Laredo tire on new GM Sport Truck rim, \$75; rubber bed mat for S-10-15 series truck, \$20. Call 347-0886.
 '94 Nissan Sentra 2-dr., 12K, TOP. Call 938-2013.

BOATS & RECREATION

'83 Pace Arrow motor home, 34 ft., \$13,000. Call 353-5857.
 '94 SeaPlay Sea Raider, 15 ft. jet boat, \$6,000. Call 577-3056.
 '89 AquaSport, 22 ft., center console; '95 Mariner, 225 hp, trailer, \$14,000. Call 324-1655.

FURN. & APPLIANCES

IBM keyboard, \$15. Call 347-5364.
 Tandy SL1000 computer w/printer, \$500. Call 577-6826.

Girls bedroom set, white w/gold trim, bed, 2 chests of drawers, \$150. Call 353-2193.
 14 in. VGA monitor, \$125; 286 w/1 mb RAM, 3.5, 5.25 floppies, 42 mb HD, needs motherboard, \$50. Call 326-6774.
 Simms 4-1 MB, 30 pin, 70 ns memory chips, \$150 for all, \$40 ea. Call 455-9693.
 AST 486DX2/66 MHz computer, minitower, 14 in. monitor, keyboard, mouse, dble spd. CD ROM, 14.4 sp. internal modem, 8 mb RAM, 2 HD, software, Call 455-8511.
 Sofa, loveseat, pastel, clean, \$350. Call 346-3978.
 AST 486 desktop, fax modem, windows, CD ROM, software, printer. Call \$1,350. Call 347-1617.
 Mac color classic, sys 7.1, 4 mb RAM, software, MS Word 5.0, Quicken, screensaver, keyboard, mouse, 6 ports, \$750. Call 577-7445.
 Computer 107 mb HD, HD 3.5 internal drive, HD 5.25, external drive w/monitor, books, software, \$500. Call 353-3634.
 Black vinyl sofa, loveseat, \$300; white plastic toddler bed, \$50. Call 577-3338.
 Packard Bell 386SX w/keyboard, mouse, 40 mb HD, joystick, gamecard, SVGA monitor, Dos 6.0, Windows, cart, stand, \$700; solid wood bunk beds; fruitwood finish, \$100. Call 355-0770.

MOTORCYCLES

'81 Kawasaki KZ 550, 10K, \$800. Call 353-0056.
 '92 Suzuki RM 250, riding gear, parts, fast. Call 577-3063.
 '84 Yamaha XS 400 Special, 3K, \$800. Call 326-2327.

PETS

Dalmation, female, \$50. Call 355-0992.

Male ferret w/cage, acc, \$80; male cockatiel w/cage, \$45 (talks, whistles). Call 353-3563.
 Australian shepherds, 10 wks., free. Call 326-1141.
 German shepherd puppies, \$250. Call 326-7048.
 Burmese python, 9 mo. female, 6 ft. w/55 gal. tank, stand, \$225. Call 347-1617.

REAL ESTATE

'95 14X80 ft. mobile home, loaded, owner will pay half of downpayment, TOP. Call 577-6648.
 For rent. Clean, unfurnished, 2 BR, brick house, carport, shed, front porch, AC, storm doors, windows, close to MCAS, \$375. Call 324-3684.
 For sale. Brick ranch home, 4 BR, 2 BA, 1423 sq. ft., garage, 1/2 acre, eat in kitchen. Call 938-2317.
 For rent. One BR, 1 BA apartment on Top-sail Island, WD hookups, sewage, trash, water, inc., \$300. Call 451-8895.
 For sale. Three BR, 2 BA, fenced yard, dog run, near back gate, schools, shopping. Call 327-3148.
 For rent. Two BR mobile home, 10X45, no pets, cable connections, \$165+dep. Call 353-2668.
 For sale. Four BR, 2.5 BA, LR, DR, fireplace, 2 patios, garage, basement, gated community w/golf, tennis, biking, pools, marina, stables. Call 353-9942.
 For rent. Lot for a mobile home near main gate, private, fenced. Call 353-2076.

WANTED, LOST, FOUND

Wanted. Maternity and baby clothes, newborn-6X, baby acc. Call 327-3658.
 Wanted. Car top carrier. Call 353-6190.

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