Camp Lejeune, N.C.

THE GLOBE

Serving Expeditionary Forces in Readiness

er 29, 1999

Vol. 61 No. 42

Congratulations to 2d FSSG Commander **Col Robert C. Dickerson**, who is being frocked to brigadier general 8 a.m. today at Building 59.

The grand opening of the Marine Corps Association's bookstore is today at the Exchange Annex. For more info see page 1C.

Sgt Arthur Stone

press Sword 1-00

from 3d Battalion, 10th Marines and 2d Landing Support Bn., ground the t on a CH-53 Super Stallion to prepare an M-198 155mm Howitzer for rt. See Page 5B for more Express Sword coverage.

Unitas completes Atlantic Phase

Lejeune Marines set sail for Africa

Navy LT Jeff Gordon
USCOMSOLANT Public Affairs

Petty Officer 2nd Class Leland Comer

USS Vicksburg (center) and *USS O'Bannon* (left) are flanked by Argentine Frigate *ARA La Argentina* and Spanish Frigate *SNS Canarius* during the first-ever Unitas Atlantic Phase in the waters off Salvador, Brazil on Oct. 20. Three other U.S. ships participated in the Atlantic Phase including *USS Carter Hall*, *USS City of Corpus Christi* and *USS McInerney*.

SALVADOR, Brazil — While the U.S. Task Group heads to Venezuela for the final phase of Unitas 40-99, Marine Forces Unitas, embarked upon the *USS Carter Hall,* begin the 1999 West African Training Cruise.

The nature of Unitas deployments leapt into the future by completing the first-ever combined Atlantic Phase in the waters off Brazil on Oct. 25. The three-week series of exercises which featured 23 ships from six countries of three different continents, was a trendsetter in combining three former phases into one longer and infinitely more complex phase.

"We have taken this deployment to the next level," said **Navy CDR Mark Williams**, Operations Officer on the staff of Commander, South Atlantic Force, U.S. Atlantic Fleet. "This combined phase was a great success which benefited all participants in building coalitions capable of countering potential real world threats and fostering mutual understanding and friendship," he added.

In years past, three separate bilateral exercises hosted by Argentina, Brazil and Uruguay were conducted which took several weeks longer and did not provide the same level of training as the new and improved Unitas.

Of particular value to U.S. Naval forces during the combined phase was the opportunity to work against patrol boats and diesel submarines. "Dozens of countries have diesel submarines and they are difficult to detect," said **Navy CDR Brian Wittick**, Submarine Operations Officer on the staff of Commander, South Atlantic Force. "With the Navy's heavy focus on the littorals, this type of anti-submarine warfare training is invaluable to our forces," he added.

> *"With the Navy's heavy focus on the littorals, this type of anti-submarine warfare training is invaluable to our forces."*
>
> **Navy CDR Brian Wittick**
> **Submarine Operations Officer**

Host Brazil participated with eight ships, patrol aircraft and helicopters, while the U.S. was represented by five ships, two PC-3 Orion patrol aircraft, three SH-60B Seahawk anti-submarine helicopters, Marine Forces Unitas and a Navy SEAL Platoon. Argentina, Uruguay, Spain and Portugal sent a mix of destroyers, frigates and helicopters. The majority of the exercises focused on anti-submarine, anti-air and anti-surface warfare well off the Brazilian coast.

In addition to operations on the high seas, including numerous freeplay exercises, or unscripted warfare scenarios featuring "orange on blue" engagements, Marine Forces Unitas conducted an amphibious landing in southern Brazil.

While increasing their professional

See **UNITAS**, 6A

uick Shots

light Savings Time

ember to reset your ck one hour later for the o Standard Time from t Savings Time Sunday .

Holiday ublishing schedule

ervance of the Marine Birthday and Veteran's E GLOBE will not publish 2 edition in its traditional nstead, an abbreviated bers Edition" will be ble. Also, a special morative edition will be ed Nov.5 in honor of the birthday of our beloved

Seasonal iform Change

ctive Nov.1, the winter iform of the day for all personnel assigned to ands aboard Camp ne and New River is flage utilities with sleeves down.

Volunteers Recognized

y-Marine Corps Relief ociety's Camp Lejeune y and New River Branch eir Semi-Annual Volunteer and Recognition Ceremony at the MCAS New River E-

s were given to 81 uals, four of whom received rior Performance Award. nstrate outstanding ance.

nside

ientary	2A
l Schedule	6B
& Features	1B
na Living	1C
s	1D
rs	6D

22d MEU aircrew conduct flight qual with foreign ships

Capt Mark Oswell
22d MEU Public Affairs Officer

COAST OF EGYPT — In the midst of off-loading Battalion Landing Team 3/6 and MEU Service Support Group-22 in preparation for Exercise Bright Star 99/00, Marines from HMM-261 (Reinforced) were also conducting training of their own.

Part of this training involved, two CH-46E Sea Knights and one UH-1N Huey from the Raging Bulls conducting flight qualifications aboard the British amphibious ship, *HMS Ocean* while other MEU aircraft landed aboard other British, Italian and Dutch ships.

Although their landing procedures were different from the U.S. Navy's, it wasn't that difficult for **LCpl Michael Pawlaczyk**, CH-46E Aerial Observer from Augresm, Mich.

"One of the most impressive things about the *HMS Ocean* was how sharp and well in control their deck crews and flight deck personnel were," said **Capt Ken Karika**, HMM-261 (REIN) CH-46E pilot who landed on the *HMS Ocean*.

Since we were a foreign aircraft to them, most of the communications was done through hand and arm signals, explained the Smithton, Ill., pilot. "Everything went very smoothly and was one with minimal voice communications."

Throughout the exercise the Marine pilots and aircrews will have the opportunity to conduct numerous cross-training events with British, Italian, Greek, Dutch and Egyptian forces.

Sgt Kevin Dolloson

Punching bag

LCpl Dathan Byrd, from the Island of Bermuda, who is a rifleman withFox Company, Battalion Landing Team 2/6, punches the bag with full force. **SSgt Christopher Blackler,** an instructor for Special Operations Training Group, demonstrated the punches during the first day of training in the Non-lethal Weapons Training Course, Oct. 18 through today.

Reserves prep for annual Toys for Tots campaign

Yolanda Mayo
MCCS Marketing

The Marine Corps Reserve will kick off their annual Toys for Tots campaign in November. This year stands to be one of the most challenging for our local Reserve Unit, II MACE (Marine Expeditionary Force Augmentation Command Element). With the "Floods of Floyd" a not too distant memory, II MACE will need all of the support Camp Lejeune and the surrounding areas can provide. Bringing a smile to a young child's face is a priceless reward. Remember, your donations will stay within your own community. Toys for Tots began in 1947, with the donation of one small Raggedy Anne doll. The doll was given to **Maj Bill Hendricks** and his wife. The Major believed he could collect used toys and fix them up to be given away to underprivileged children throughout the Los Angeles area. He enlisted the help of his reserve unit. Alone they collected and distributed more than 5,000 toys. The next year, in 1948 the U.S. Marine Corps adopted the program and expanded it into a nationwide community action project. Marines at each Reserve Center throughout the nation conducted toy collection and distribution campaigns to their communities and surrounding areas.

It was at this time, Walt Disney designed the now famous Toys for Tots train logo and created the first national Toys for Tots poster. These Christmas posters have become a recognized part of the annual program and through the years have featured such notable characters as Mickey Mouse, Donald Duck, Dennis the Menace and so many more.

Over the years, Toys for Tots has

See **TOTS**, 3A

Residents speak out during town meeting

Sgt Arthur Stone
Camp Lejeune Correspondent

Residents of Tarawa Terrace met with officials from Marine Corps Base, Camp Lejeune to air concerns and offer suggestions for bettering their community and quality of life during a town meeting Oct. 19 at Tarawa Terrace Community Center.

Col Joe R. Stewart, Assistant Chief of Staff, Marine Corps Community Services, addressed the attendees before turning the floor over to the various base and community organizational leaders to bring forward any upcoming community events and programs of interest to the residents.

Following the new program's introductions, Stewart opened the floor for the residents to discuss issues of interest to the community.

Residents brought up the need for an early warning system for inclement weather, as well as problems with stray pets, maintenance issues, and obtaining hurricane relief.

Marine Corps Base Sergeant Major, **SgtMaj Otis Kokensparger**, attended the meeting and encouraged Marines and Sailors to use their units' chain of command when faced with issues that cannot be resolved by housing or housing maintenance.

The town meeting process received accolades from housing residents, base program coordinators and one visitor, **Felix Acuna**, a retired Marine who attended the meeting with his son. Acuna's son needed to witness the benefits a local government assembly can have on a community in order to earn his communications merit badge.

"I'm a 28-year veteran," said Acuna. "You've come a long way. This is great. Keep on doing what you are doing."

Acuna, who served from 1954 through 1983 went on to say the Marine Corps of his day never held town meetings for housing residents. They

See **TOWN**, 3A

Attention Golfers: Support the Marine Corps Scholarship Foundation "Carolina Classic" tourney Nov. 20-21.

Bravo Zulu — and stand by

Guest Commentary
SgtMaj Robert W. Holub

While I am very happy you have been selected for promotion, please do not look on your selection to staff sergeant as a reward for what you have done in the past for your Corps and country. . . . It is not.

Navy Achievement Medals, Navy Comms and other personal decorations are for that type of recognition.

Selection to the next higher grade of leadership, however, is not an award or reward, but recognition by your Corps and its leadership that you are capable of doing more in leadership roles than you have at the previous grade held.

So, in short, you have proven yourself to have more leadership potential than you had authority at your previous grade.

The Marine Corps has recognized this deficiency and corrected this error.

What I am saying to you is that the Marine Corps has recognized you are a leader and has given you, by your selection, the additional authority to exercise that leadership for our Corps.

Joining the ranks of the staff noncommissioned officers is a major step not only for you, but for your families as well.

As a SNCO, you and your family will find yourselves becoming more and more involved in leadership roles in other parts of the Marine Corps family as well.

For example, your spouse might be asked to take a more active leadership role in key volunteer organizations within your command.

Or your spouse may be asked to become a mentor at the L.I.N.K.S. meetings to help a newly joined spouse in your unit learn the ropes of surviving as the spouse of a U.S. Marine.

Your promotion affects your spouse and your family as well as you, and I would hope you take the time to sit down with your family and talk to them about your increased responsibilities to our Corps and our country prior to putting your rocker on.

On a more personal level, you will now be expected to "willingly" take part in activities outside the normal duty day in the way of unit functions, mess nights, dining-ins and other professional activities that SNCOs are required to attend.

I do not expect you to attend every function that comes along, but I do expect you to wholeheartedly support your Corps whenever you are able to.

As you have climbed through the enlisted ranks to reach the rank of staff sergeant, you have been required to set the example.

Let me be the first to tell you that, as of now, the Marine Corps' tolerance for mistakes has just grown smaller with your selection to staff sergeant.

Now, am I saying that because you now have a rocker on your sleeve or collar, you have to be perfect?

Of course not. You still will be allowed to make mistakes, but not mistakes dealing with your honor or integrity.

Those mistakes are unforgivable both from the Corps' standpoint and from your peers.

No one likes to tell you this stuff so directly, but I think its time we quit "taking the long way around the barn" in this issue.

If you are a thief, a drunk, a bigot, a drug user, or are trying to sleep with a subordinate or a subordinate's spouse, do not accept your warrant.

If you have used your rank in the past to try to gain sexual favors, do not accept your warrant.

You are a bum who has slipped through the cracks and have no business being a Marine, much less a leader of one.

If you are doing these things, you have my word we will catch you, and when we do, you are done. Period!

I don't care if you have three Silver Stars and you're the grandson of Chesty Puller.

If you break the trust the Commandant and your commanders have placed in you, you will find yourself on the way out the gate.

We don't need you. SNCOs must maintain the trust of our Marines to be effective leaders. If you cannot do that, we don't need you.

As a SNCO, you must keep yourself in good physical condition and watch your weight.

Read military publications and actively participate in the Commandant's reading program.

As a SNCO, you must be proactive in your next level of PME—not just checking the box for your next promotion, but because you want to learn something for the future. As a SNCO, if you have not been on recruiting or drill instructor duty, I think it's about time you volunteered to do your part for your Corps now.

If you cannot do what I have mentioned above or are guilty of what I have outlined above, don't accept your promotion warrant. Tell your commander you were only trying to get promoted to earn more money or wanted the perks that come with rank. He or she will understand, and we will go from there.

But, if you can do what I have asked of you and those thousands of other things that go with becoming a great SNCO, I welcome you wholeheartedly to our ranks. Your Corps needs your leadership and your professionalism.

You will lead our Corps into the next century.

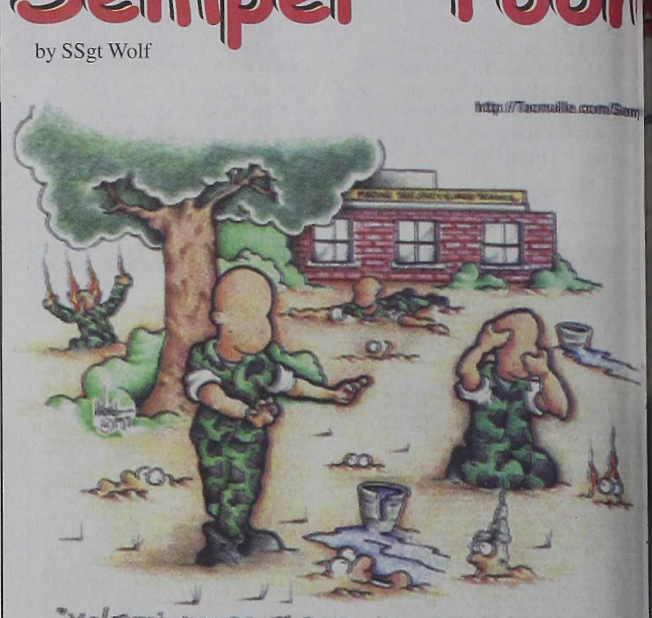
Take care of your Marines, learn your stock and trade, support our Corps the best you can and you truly will be a staff noncommissioned officer of Marines — not just someone who's an E-6.

Once again, congratulations. I am proud of you. Be a great staff sergeant and take care of our Marines.

SgtMaj Robert W. Holub is the Marine Forces Pacific Sergeant Major. This was his open letter to staff sergeant selectees.

Semper Toon

by SSgt Wolf



Bridging the gap

Public Affairs Notes
LtCol Keith Oliver

Tom Ricks' *Making the Corps* was a Marine recruiter's dream: a thoughtful, engaging book which painted a favorable picture of makes it so very special to be able to wear the eagle, globe and anchor.

Ricks also addressed a "culture gap" in his tome – a nagging concern that military members and American civilians are understanding one another less and less. Right or wrong, fair or unfair, it's a concern shared by many.

Enter II MEF's Special Operations Training Group (SOTG) and the 24th Marine Expeditionary Unit. Next month as part of its deployment work-up, the 24th will be evaluated by SOTG on its ability to conduct operations in the urban environment. The training is scheduled for Columbia, S.C. from Nov. 5-18.

The MEU's and SOTG's interface with the good citizens of Columbia has been nothing short of textbook. From briefings before the mayor and city council; to a joint radio appearance by **Cols Rick Tryon** and **Mike Williams**; to promised Corps recognition at the South Carolina Gamecocks-Florida Gators football game, the Camp Lejeune-based Marines have been modeling good citizenship and open, proactive communication every step of the way.

Particularly impressive was the level of confidence-building detail present in SOTG Air Officer **Maj Joe Strohman's** b Federal Aviation Administratio Many moving parts, to say the lea

That folks in Columbia feel " franchise" in preparing the 24 Expeditionary potentially sail i way is most grati testament to the c SNCOs from bot and the SOTG w meticulously groundwork for this crucial trainin

Suffice to say, the "gap" is gett in South Carolina's capital city.

SAVED ROUNDS: The big Jacksonville's Crossroads Assemb Sunday's *Daily News* quoted th associate pastor, **Rev. Robin Foxwo** grunt with Golf Company, 2/2 …

As of last week, the new, impr Lejeune home page had tallied over since Oct. 1. Tap in at www.lejeune

It was the "Three Block War" With a whopping four operation exercises during its recent pump Marine Expeditionary Unit may modern-era Marine Corps reco breadth and depth of its activity. Th Combat Element, as but one exam in more than 365 flight hours deployment that cut a swath from Turkey.

Worthwhile TV is back! Catch the new listings on 6B

LC TV 10

THE GLOBE

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Serving Expeditionary Forces in Readiness

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"... for the strength of the Pack is the Wolf, and the strength of the Wolf is the Pack."

Rudyard Kipling, as cited in the 32nd *Commandant's Guidance*

Cold weather signals time for common sen

Hodge Podge
SSgt Anne L. Hodges

Two weeks ago during PT, as the sun shone brightly and sweat gathered on my forehead, I wondered when the weather was ever going to cool off.

Didn't take long to get an answer.

This cold front has awakened a sense of urgency in me to ensure basic survival measures are in place, not only for me, but for my Marines.

In the parking lot, Monday morning, I saw one of my lance corporals walking toward the building. The thermometer had plummeted to a frigid 35 degrees, and his sleeves were rolled up. Immediately, I recalled a recent PME at the Staff Club where the Base Commanding General addressed the seasonal uniform change with common-sense logic. MajGen Ronald G. Richard said simply, "If you're cold, roll your sleeves down." He said we didn't need him to tell us when it was cold.

I figure nature's coldness indicators are all the little goose pimples that cause the hair on my arms to stand on end.

Back to the lance corporal. I asked him if he had a coat, and he hesitated before answering. Turns out he does have a Gortex jacket at the barracks, but this sparked a question. Are we ensuring our Marines have all their gear? And, secondly, are we letting them know it's OK to wear the stuff?

I know it sounds dumb, but I've been in formations where everyone had to take off their jacket because one person didn't have one. So, for the sake of uniformity, we will allow a whole platoon to catch pneumonia, because one knucklehead didn't watch the weather forecast.

Personally, I think you should let his silly butt freeze, rather than punish everyone else who has an ounce of common sense.

Speaking of the weather again, North Carolina is famous for its Indian Summers, with brisk mornings t comfortable short sleeve-type middays and c Although completely enjoyable to the outdoor caution needs to be taken.

According to a corpsman friend of mine, and other viruses are more prevalent durin changes such as this.

Not only are the viruses out there, but n over expose themselves to the elements. Sh once the people's bodies get run down overexposure, whammo, the body's immuni harder time fighting off the germs. Not t antibiotics won't help a virus, it just has to run

So unless you have a particular fondness soup or are just dying to try the latest in cold by Kleenex, think twice about venturing o weather unprotected. Throw on your jacket or a and then go enjoy this beautiful weather. W how long it will last.

New Public Affairs phone numbers

Director's Secretary	451-7440
Operations	451-7401
Press Chief	451-7416
Globe Editor	451-7433
Web Site	451-7422
Community Relations	451-7423
Media Relations	451-7425
Public Affairs Directory (An automated menu system)	451-5655

Do not worry about your life

Chaplain's Corner
Navy CAPT Alan N. Keiran

There is an old proverb that says, "Only one type of worry is correct: to worry because you worry too much." A Harris survey asked a cross section of Americans to tell what worries them most. More than 70 percent said they worried about wasting too much time, especially watching TV. About the same number stated they worried about not reading enough, not attending worship regularly, and not being active in community affairs. About 60 percent said they often felt guilty about eating too much and being out of shape physically. One-third of those surveyed felt guilty pangs over spending more than they could afford. Twenty percent worried about personal debt and the same number about drinking too much. We need to confront our worries!

Why confront our worries head on? Because worry can literally wear us out! Sir John Lubbock tells us that "a day of worry is more exhausting than a day of work." Dr. Charles Mayo tells us that "worry affects the circulation, the heart, the glands, the whole nervous system. I have never known a man who died from overwork, but many who die of doubt." There are times when we should be concerned about what is happening around us, but I am convinced that most of the things we worry about never happen. One author tells us that 90 percent of what we worry about never happens, the other 10 percent can be resolved through decisive action.

How do we overcome worry? To overcome worry, I believe we have to tap God's spiritual power to break the "worry cycle" in our life. In the Christian scriptures Jesus tells us: "Therefore I tell you, **do not worry about your life**, what you will eat; or about your body, what you will wear. Life is more than food, and the body more than clothes. Consider the ravens: They do not sow or reap, they have no storeroom or barn; yet God feeds them. And how much more valuable you are than birds! **Who of you by worrying can add a single hour to his life**? Since you cannot do this very little thing, why do you worry about the rest? Consider how the lilies grow. They do not labor or spin.

Yet I tell you, not even Solomon in all his splendor was dressed like one of these.

If that is how God clothes the grass of the field, which is here today, and tomorrow is thrown into the fire, how much more will he clothe you, Oh you of little faith! And do not set your heart on what you will eat or drink; **do not worry about it**.

For the pagan world runs after all such things, and your Father knows that you need them. But seek his kingdom, and these things will be given to you as well. Do not be afraid, little floc your Father has been pleased to g kingdom." (Luke 12:22-32)

Likewise, the Apostle Paul Philippians 4:6-7, "do not be an anything, but in everything, by petition, with thanksgiving, pr requests to God. And the peace of transcends all understanding, will hearts and your minds in Christ J

Do you want to deal decisivel worries? Make a decision to c lifestyle if you are worryinig abo your own control. For the things about that you cannot control take pray the following words found in Ps 24 in the Jewish scriptures, "Search and know my heart; test me and anxious thoughts. See if there is ar way in me, and lead me in the way e

God wants to reveal areas in o are not aligned with His best fo faithfully pray seeking God's dir will surely reveal to us areas where actions fall short of His standard. Y for help in overcoming our worries permission to help us overc Remember, "only one type of worr to worry because you worry too m we deal decisively with our worri even have to worry about being a

Chaplain Keiran is the Ma Base Chaplian.

...al accident claims Marine

...J. Bryant
...correspondent

...Cedeno Jr., 28, a native of New ...g Company, Headquarters and ...ion, Marine Corps Base Camp ...Oct. 7 at Pitt Memorial Hospital ... a two-vehicle crash the day ...ridge Road in Hubert, N.C. ...l service was held Oct. 19 at the ... Base Catholic Chapel. ...s born Nov. 14, 1970, and grew ...k. He joined the Marine Corps ...989. He received recruit training ...s Island, S.C., and proceeded to ...Infantry as a student where he ...sive training as a rifleman and

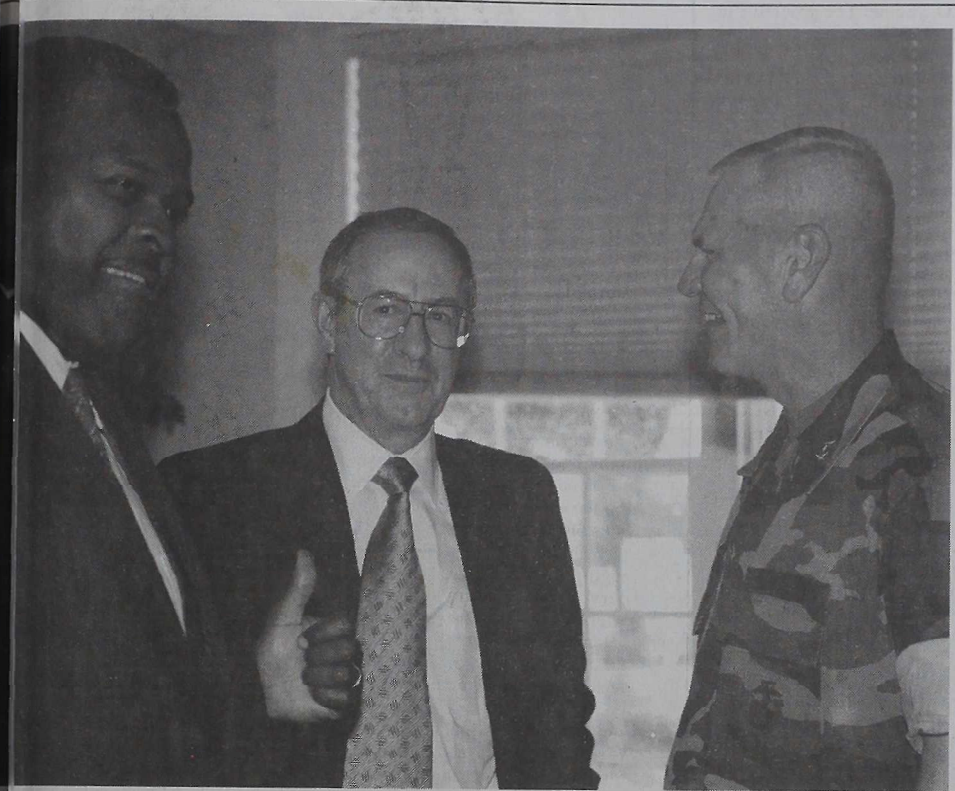
Upon graduation, he was permanently assigned as a mortarman with the 1st Battalion 6th Marines, 2d Marine Division, here.

Cedeno's unit deployed to Southwest Asia Sep 2, 1990. He participated in Operations Desert Shield, Desert Storm, Provide Promise, Deny Flight, and Sharp Guard.

In 1995, Cedeno made a lateral move to the 3300 field as a Food Service Specialist. He was assigned to the rifle range detachment aboard Stone Bay. In May 1997 he was assigned to the Base Brig at Camp Lejeune as Chief Cook.

His personal decorations include the Combat Action Ribbon, Navy and Marine Corps Achievement Medal, and the Good Conduct Medal.

He is survived by his wife, Kashenma, and son Di'Nero of Jacksonville.



Sgt Bobbie J. Bryant

...mmunity Leaders meet

...**right**, Onslow County Commissioner, **Calvin Wells**, Chief Executive Officer of North Carolina Gas; and **...tonald G. Richard**, Commanding General, Marine Corps Base Camp Lejeune, meet at a ceremony Oct. ... Officers Club on Camp Lejeune. The event celebrated the opening of a 71-mile gas pipeline that runs ...nt Olive to Camp Lejeune.

TOTS from 1A

been endorsed by such celebrities as **Bob Hope, Brooke Shields, Clint Eastwood, Tim Allen** and **Rosie O'Donnell** just to name a few.

Last year, the Marines collected more than 11,200,000 toys which were distributed to over 4,800,000 needy children throughout all 50 states, the District of Columbia, Puerto Rico and American Samoa. The extraordinary efforts of the 314 local Toys for Tots coordinators, along with the support of Americans nationwide and corporate America made 1998 the most successful campaign in the history of the program.

So, this year when you're out doing your holiday shopping, pick up a new unwrapped toy and drop it in one of the Toys for Tots barrels. One toy can go a long way!

If you would like more information on Toys for Tots, call 451-8774.

TOWN from 1A

also did not have access to the long list of community and family programs offered to today's Marines and Sailors by the base and Marine Corps Community Services.

Town meetings are offered throughout the year for the various housing areas on Camp Lejeune. The program has established a good foothold on Camp Lejeune and has become and engine of change in the base community as a whole.

For more information about town meetings for housing residents, contact the Marine Corps Community Services assistant chief of staff at 451-2524.

Loss of eyesight from Diabetes national health problem, concern

Compiled by
Camp Lejeune Naval Hospital

Loss of eyesight in people with diabetes is a national health problem.

November is National Diabetes Month, and the National Eye Institute and 39 other organizations are emphasizing the importance of maintaining healthy vision.

"We are urging all people with diabetes to get a dilated eye exam at least once a year," said Navy **LT Todd Lauby** of the Optometry Department, Naval Hospital, Camp Lejeune. "The facts are these: diabetic eye disease can cause as many as 25,000 new cases of blindness every year. People with diabetes are 25 times more likely to become blind than those without diabetes. Yet the only way to diagnose early signs of diabetic eye disease is through a yearly dilated eye exam."

> *"We are urging all people with diabetes to get a dilated eye exam at least once a year."*
>
> **LT Todd Lauby**
> Optometry Department
> Naval Hospital, Camp Lejeune

"One of the most frightening things about diabetic eye disease is that there are no early warning signs and no symptoms," said **Dr. Carl Kupfer**, director of the National Eye Institute, one of the federal government's National Institutes of Health. "People with diabetic eye disease do not realize that their eyesight is slowly deteriorating. And because there are no symptoms and vision seems to be normal, people with diabetes might not make it a health priority to visit an eye care professional."

Lauby said nearly half of the nation's estimated 16 million people with diabetes will develop some degree of diabetic retinopathy, the most common form of diabetic eye disease.

Diabetic retinopathy damages the tiny blood vessels in the retina, the light sensitive tissue that lines the back of the eye.

Other eye problems that can develop in people with diabetes include cataracts and glaucoma.

"Eyesight lost from diabetes cannot be restored. Yet in about 90 percent of those who would otherwise become blind, the early detection of diabetic eye disease through annual dilated exams, as well as laser surgery when needed, has helped preserve vision," he added.

Kupfer said that "the longer a person has diabetes, the more likely it is that person will develop diabetic retinopathy."

However, studies have shown that people with diabetes who keep their blood sugar levels as normal as possible slow the onset and progression of diabetic retinopathy and lessen the need for laser surgery. This may also help reduce other complications from the disease, such as kidney disease, stroke and nerve damage," he added.

A free brochure, *Don't Lose Sight of Diabetic Eye Disease*, is available by writing to Diabetic Eye Disease, 2020 Vision Place, Bethesda, MD, 20892-3655.

...ED CARS TRUCKS AND VANS BLOWOUT!
...ES GOOD ONE WEEK ONLY...Final Day...TODAY!

...OLET CAPRICE NOW ONLY $15,275	'97 CHEVY CAVALIER 4 DR STKKT254AP 2 to choose from Was $11,995 NOW ONLY $8,975	'97 FORD MUSTANG Was $14,495 NOW ONLY $12,975	'99 FORD F-150 STK9T882AT 18,000 Miles Was $17,995 NOW ONLY $15,985
...GHTY EIGHT LS NOW ONLY $17,265	'99 CHEVROLET CAVALIER 5900 Miles Was $13,495 NOW ONLY $11,485	'98 CHEVROLET CAMARO T-Tops 29,000 Miles Was $17,495 NOW ONLY $15,885	'97 TOYOTA TACOMA EXT. CAB Auto Trans Was $15,495 NOW ONLY $13,695
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...LEETWOOD BROUGHAM NOW ONLY $19,955	'97 CHEVROLET MALIBU 66K XT211AP Was $12,995 NOW ONLY $10,875	'96 MITSUBISHI GALANT 22,000 Miles Was $12,995 NOW ONLY $9,975	'99 CHEVROLET ASTRO LS Was $18,995 NOW ONLY $16,995
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Defense leaders stand firm on anthrax shot progr

Linda D. Kozaryn
American Forces Press Service

WASHINGTON — They offered no options — the lives of their Soldiers, Sailors, Marines and Airmen are not negotiable. Their message was clear: Anything less than DoD's mandatory anthrax vaccination program is unacceptable.

Senior military leaders recently delivered that firm message to Congress. Late September, hearings were held because of congressional concerns about the impact on military readiness of servicemembers refusing vaccinations. These concerns were fueled by controversial reports, many of them sprouting up on small Internet sites, that claim DoD's vaccine is untested and dangerous.

Deputy Defense Secretary **John J. Hamre** testified on the issue Sept. 30 before the Military Personnel Subcommittee of the House Armed Services Committee. He was followed by **Gen Anthony Zinni,** Commander, U.S. Central Command and **LtGen Ronald E. Blanck,** MC, surgeon general of the Army. The Army is the immunization program executive agent.

Hamre stressed that DoD's Anthrax Vaccine Immunization Program, implemented in March 1998, is a vital part of the military's force protection strategy. Over the next seven years, the department plans to immunize 2.4 million active duty and reserve component personnel against the threat posed by at least 10 nations suspected of having weaponized anthrax.

The Defense Department received unequivocal evidence in 1997 that Iraq had weaponized anthrax, Hamre said. Anyone in the U.S. Central Command's theater of operations is especially at risk, and the anthrax vaccine is as necessary for force protection as a flak jacket or a helmet, he said.

"If you don't get inoculated, you're going to die," he said.

Weapons-grade anthrax is as deadly as the Ebola virus and virtually always fatal if inhaled. Anthrax normally is a livestock disease transmitted to humans by skin contact and though dangerous is not usually fatal if treated in time.

> *"We have a moral obligation to do everything in our power to protect our troops from the anthrax threat."*
>
> **Gen John Keane**
> **Army Vice Chief of Staff**

The DoD vaccine is the same one licensed in 1970 by the U.S. Food and Drug Administration and used ever since by the U.S. livestock industry.

Internet misinformation and rumor mongering about the vaccine has alarmed some servicemembers, Hamre said.

"I would admit we have not done a good enough job explaining to all of the people at home," he said. Emphasis was put on education of servicemembers in Central Command, where the threat was the most urgent, he said.

The deputy noted that the Pentagon's top leaders, including himself, Defense Secretary **William S. Cohen** and other top Pentagon leaders including every service chief, service secretary and commander in chief have all taken the shots.

"I am not going to ask a soldier to put something in his arm if I'm not prepared to take it first," Hamre said.

Zinni acknowledged that anthrax vaccinations are voluntary among allied and coalition forces, but he rejected a voluntary program for the United States. "On battlefields, we overwhelm our medical capability," he said. "If we accept voluntary inoculation, I accept additional casualties."

As a commander, Zinni said, he would not place U.S. forces in a position where they would be reliant on unvaccinated coalition forces. "I think I would make that promise to any American, mother, father or leader of this country," he said.

Blanck reported that the vaccination program as of Sept. 30 had immunized more than 340,000 personnel, including 27,000 guardsmen and reservists. Very few of those personnel have experienced significant and serious side effects, he said, and the numbers are consistent with the results of extensive safety studies done over the years in humans.

The anthrax vaccine is a biological product — as are the vaccines used for the seven other required immunizations troops receive, he said.

"That means when they're injected, there are often local side effects that include tenderness, soreness, redness, a lump at the site, fever, muscle aches and pains," he explained. The effects are mild and go away on their own, he said.

Blanck said 72 cases of serious side effects have been reported that required hospitalization or missed duty for greater than a day. Of those cases, FDA and Department of Health and Human Services officials could attribute only 55 to the anthrax vaccine, he said, and all 55 servicemembers involved have returned to full duty.

The surgeon general noted that there are no known long-term health consequences to the vaccine, which can counter more than 30 anthrax strains.

About 500 employees at the Army's Medical Research and Materiel Command at Fort Detrick, Md., have received the vaccine since the 1970s and have evidenced no signs of illness related to the vaccine, he pointed out.

Blanck attributed problems in some units to a lack of education.

"In those organizations," he said, "The command information program to get the soldiers and the troopers the exact facts of the situation has not been what it should be." He stressed that commanders' total involvement is called for in educating bers about the threat and the v

As a physician, Blanck cc bottom line is very clear.

"If we're attacked with this have a force that's vaccinated a our Soldiers, Sailors, Airmen an largely survive. If they're no they will inevitably die."

Gen John Keane, Army vice who ac- companied Hamre, o f exposure to U.S. and he believes safe and effectiv

"We have a mo to do everything in protect our troops from threat," he said. "Despite contrary, results so far have bee ingly positive. We have very by comparison, to the number we have inoculated."

Although the military does n track the number of refusals, Ke are ultimately gleaned from m channels. Servicemembers w shots first go through educati seling to ensure they know all are making an informed decisio refuse, the commander can ther judicial punishment, separation vice or court-martial.

Keane said there have beer martial, and all have conv servicemembers' insistence on

Motorcycle fatalities becomes big concern

Naval Safety Center
Norfolk, Va.

You may hear that FY99 was the third best year ever for motor vehicle safety. However,121 Sailors and Marines killed on highways does not constitute a good year. The number is simply appalling and we need to do something about this unacceptable number, 21 died in motorcycle crashes and we are off to a dismal start in FY00. This month, an ensign bought a motorcycle on a Wednesday and died on Friday. Had he completed a rider course? No. Could it have saved his life? Probably.

Riding a motorcycle is a high risk activity. A motorcyclist is 16 to 20 times more likely to be killed or seriously injured in a collision than a car driver. Competent motorcycle riders are those whose perceptions about risk correspond most closely with reality.

The highway transportation system consists of three main elements: vehicle, highway and human. Our highways and vehicles are becoming safer each year, However, the human factor continues to kill other people. Attitude and rider responsibility closely parallel the perception of risk related to riding a motorcycle.

Navy and Marine Corps deaths in FY99 support national statistics: Lack of state motorcycle license endorsement or training completion could not be confirmed for 14 of the 21 dead Sailors and Marines. License endorsement training completion and documentation provides a guarantee that important steps have been taken to protect lives; Excessive speed and errors in judgment. Speed was a specific factor in nine of the 21 cases. Other errors in judgment claimed the lives of the rest; Alcohol has been involved in 20 percent (12 of 60) of the deaths in the last three years and plays a major role in most high risk activities.

Unless an individual perceives riding to be a high risk activity, it is difficult to motivate any change in behavior. *Rider vulnerability is one of the most critical differences* between cars and motorcycles. However, in dramatic contrast to cars where side impact beams, safety belts and air bags often increase occupant safety, increases in motorcycle technology and design cannot reduce the rider's vulnerability. The human factor tied to a perception of risk, right decisions and protective gear may be the only factors between life and death.

What can you do to lessen the risk of you or your people being killed or injured on a motorcycle? Make sure you all know the dangers involved. Poll your command to determine who rides and who has completed a rider's course.

The Navy Safety Center contains information on instructor certification courses and a risk management publication called "The Decision to ride: Accepting the risk," found on the web site *www.safetycenter.navy.mil* It provides information needed to make sound decisions.

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Sgt Arthur Stone

Trust me

Illusionist **Christopher Bays** of Christopher & Company, Jacksonville, N.C., thrusts a sword through the neck of Detroit, native, **Navy LT Jason Darby,** 2d Medical Battalion, for the entertainment of children and parents alike during a Southern Illinois University Alumni Bash at the Goettge Field House here Oct. 16.

Program helps hosp corpsmen retain ski

Seaman Cherri Boggs
National Naval Medical Center

BETHESDA, Md. — Hospital corpsmen have a demanding job that requires qualification in a variety of skills.

At some duty stations, however, there is not always an opportunity to practice hospital corpsman skills at a level and consistency demanded by their rate and rating.

Hospital Corpsmen at Walter Reed, Army Medical Hospital routinely assigned to the Neurosurgery/Orthopedics, Pediatric and Psychiatric wards, work alongside Army medics whose scope of practice is more narrow.

Hospital Corpsmen perform the same tasks as army medics, but that only allows them to meet the requirements at Walter Reed, not the requirements of the Navy. To ensure hospital corpsmen keep their skills, the Corpsmen Initiative Program was created.

Through the Corpsmen Initiative Program, which began October 4, hospital corpsmen at Walter Reed Army Medical Center v form all of the tasks tha by the Bureau of Medic gery. They will be able the same level as their fe corpsmen throughout th is something that the ho men at Walter Reed hav ing forward to.

"I'm looking forwar tient contact," said **Sear Im,** who is assigned to t ward at Walter Reed.

"I'm excited about thing I went to school f

The program was in Navy Nursing Liaiso Walter Reed. **Chief P Michel Shoulberg** of th the program will encour pital corpsmen to con Reed.

"We've established (hospital) corpsmen can dual environment," sai "We wanted to make th that other (hospital) cor ing in other facilities c efit."

Cadence Corner

Submitted by Cpl B. Miley

Sittin' at home talkin' to Joe, Nothin' to do and no where to go,
A Marine Corps Recruiter came to me, And he asked me what I wanted to be,
I said I wanted to be lean and mean, The world's finest fighting machine,
So he booked me on a silver jet, The night was cold and the ground was wet,
It flew me off to a distant land, It was hot as h*** and c sand,
They strapped me barber's chair, Seconds hair, They issued me s greens, and I marched an M-16,
Three months later I v machine, A lean, mean, MARINE!

Civilian Personnel

The Office of personnel Management provides these answers to frequently asked questions about the Federal Employees Health Benefits Program:

• When my youngest child turns 22 and only my spouse and I are covered under my self-and-family enrollment, will my premiums decrease? Can I enroll in a self and spouse enrollment?

Your plan's premiums will not decrease due to your family's getting smaller, just as the premiums did not increase because you added children and your family grew. The law permits you to choose between self-only coverage or self and family coverage only. Other coverage types such as self-and-spouse, self-and-one-child (two children, three children etc.,), and self-plus-one are not available.

• I am a new federal employee. Why should my premium include Medicare enrolled annuitants? Why can't they have a separate enrollment category for people with Medicare?

Enrollees may choose from self-only coverage or self-and-family coverage. Other coverage types, such as Medicare enrolled or Medicare eligible, are not available. Interestingly, younger enrollees often benefit from older enrollees' Medicare enrollment. This is because substantial savings can be realized from an aggressive coordination of benefits program between the plan and Medicare. The savings are applied to all enrollees' rate.

AFGE Meetings:

Executive Board Meeting wil 16 at 6 p.m. at the AFGE Satellite ing 762, Camp Lejeune.

Members Meeting will be he 6 p.m. at the AFGE Satellite Off 762, Camp lejeune.

Editor's note: *The above in compiled by the Civilian Perso*

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LCpl Thomas M. Corcoran

Marines prepare for takeo ff during the HRST course at Stone Bay. Marines who take the course become certified instructors .

New River Marines hanging from, learning ro

Marines learning how to become masters of suspension

LCpl Thomas M. Corcoran
New River Correspondent

NEW RIVER, N.C. —Dangling from a rope suspended from a helicopter 500 feet above the ground is one of the most exhilarating experiences students will have while attending the Helicopter Rope Suspension Training (HRST) masters course aboard the Stone Bay training facility, Camp Lejeune.

An HRST master is qualified to oversee and instruct units in rope suspension techniques.

Recently, two Air Station Marines from Aircraft Rescue and Firefighting tested their skill and became certified HRST masters. Marine Expeditionary Units (MEU) take authority in the enrollment of the course, but many military and law enforcement personnel become enrolled in the course by the demand for HRST masters in their units, according to **SSgt Patrick J. Koch**, II Marine Expeditionary Force (II MEF), Special Operations Training Group (SOTG), HRST Instructor.

"An HRST master is in charge of the HRST system and having all its members repel, fast-rope and SPIE (Special Insertion and Extraction) safely," said **Cpl Steven B. Lewis**, Headquarters and Headquarters Squadron Aircraft Rescue and Firefighting Division.

The thorough two-week course to become an HRST master begins with a week of training for the students on the duties and responsibilities of an HRST master.

They learn 12 classifications of knots and rigging techniques used on towers and aircraft. At the end of the week, before they move on to the "air phase," the students are tested in their hands on abilities and skills comprehension of the materials, said **SSgt Patrick J. Koch**, HRST instructor.

> *"If They don't meet the criteria, they're dropped. Their knowledge is continually being checked."*
>
> **SSgt Wilton F. Starzynski**
> **HRST Course Chief Instructor**

"If they don't meet the criteria, they're dropped," said **SSgt Wilton F. Starzynski**, Chief Instructor of the HRST course, II MEF SOTG.

"Their knowledge is continually being checked."

The second week is to, "Master the mastering techniques of all aircraft," said Koch.

This week consists of fast-roping from a Huey, a CH-46 and CH-53. Repelling from the CH-46 and CH-53, and SPIE rigging from a Huey are also covered.

Dennis P. O'Keeffe, one of two Special Weapons Assault Team officers from Henrico County, Va., a similar Army course which he said, "Didn't compare to this." "This opens and expands the horizons of future ways we can use air support," said **Dewayne R. Wilson**, an officer from the same unit, about his home unit.

Opening and expanding the horizons of air support is exactly what **Cpl Jason M. McCann** and Lewis, Headquarters and Headquarters Squadron Aircraft Rescue and Firefighting, are hoping for the future of aircraft rescue and firefighting.

The two suspect that the fast roping, rapelling, and Special Insertion and Extraction techniques they acquired could become Crash Fire Rescue doctrine.

"If a bird goes down someplace inaccessible to a firefighting vehicle, the crash crew may incorporate an HRST entry into the crash site," said Lewis.

"Bottom line, they're doing something that is relatively dangerous.

"I'm not going to send them out there to jeopardize another Marine's life," said Starzynski.

LCpl Thom

Marines practice Specia and Extraction (SPIE) rig Stone Bay training c during the HRST course

"After the training I' here," said McCann, "I fe in my HRST master abiliti

When the course is co students are certified HR for 18 months until they n

Overall, the experienc the course and the experie being an HRST master ca multiplier to both the HR and his unit.

Sgt Sharon G. Angell

Small unit winners

Col Robert C. Dickerson (second from left), Commander of 2d Force Service Support Group (FSSG) presents **GySgt Kenneth J. DiCicco**, left, **SSgt Glen R. Lockemby**, **Maj James D. DeCarl**, and **1stSgt Kim E. Davis**, all from Combat Service Support Detchment-21, 2d FSSG, with the first Commanding General's Career Planning Award for first place for a small unit.

Sgt Sharon G. Angell

Large unit winners

Col Robert C. Dickerson (left), Commander of 2d Force Service Support Group (FSSG), presents **SSgt Mark C. Huiet**, **GySgt Matthew L. Bontrager**, **LtCol Brian J. Vincent III**, and **SgtMaj William H. Bly, Jr.**, all from 8th Engineer Support Battalion, 2d FSSG, with the first Commanding General's Career Planning Award for first place for a large unit.

UNITAS *from 1A*

development with a rigorous trainin schedule in a multi-national force, S Marines also had the unique oppo visit Rio de Janiero and Salvador, B

"Visiting Rio de Janiero was a d true," said **Petty Officer First Class** of Quebradillas, Puerto Rico.

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Participating ships during this yea Phase included Mayport-based *USS* (CG 69), *USS O'Bannon* (DD *McInerney* (FFG 8); Little Creek- *Carter Hall* (LSD 50) with embark Forces Unitas and Groton-based *Corpus Christi* (SSN 705).

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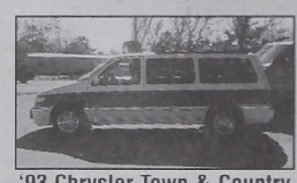

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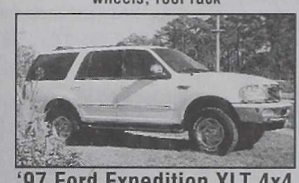

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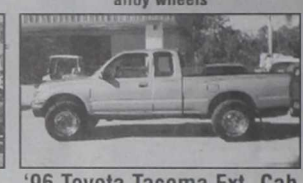
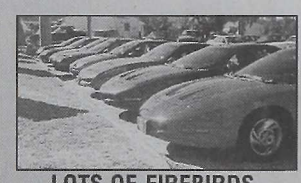
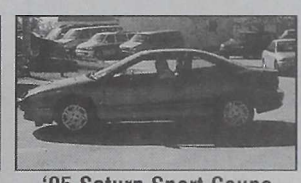


'96 Toyota Tacoma Ext. Cab
4x4, 5 spd, air, AM/FM Cass, alloy wheels



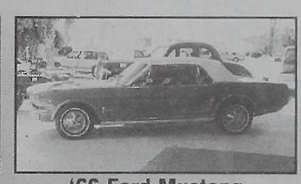
LOTS OF FIREBIRDS, CAMAROS, MUSTANGS!



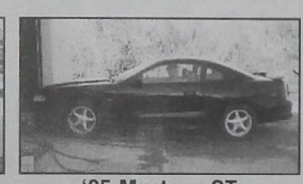
'95 Saturn Sport Coupe
auto, air, pwr windows

'95 Cadillac Sedan Deville
auto, air, tilt, cruise, pwr w/l, LOADED, LEATHER

'94 Chevrolet Corvette Convertible
auto, air, pwr w/l, LEATHER, alloy wheels



'66 Ford Mustang Convertible
Must SEE to Believe!
Automatic



'95 Mustang GT
5 spd, air, tilt, cruise, pwr w/l, alloy wheels, BLACK

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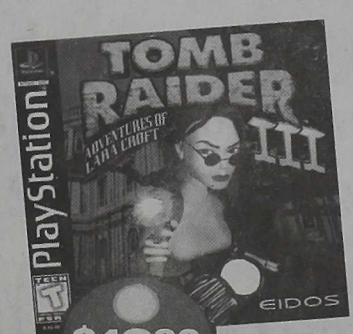

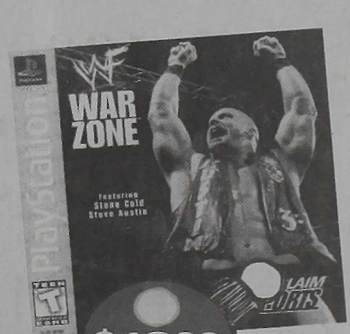

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Marine Corps Exchange
Camp Lejeune, NC

Hundreds pay tribute to victims of pea

Cpl Chet Decker
Camp Lejeune correspondent

It was 16 years ago when this area was shaken to its very foundation as a terrorist's bomb killed 238 Camp Lejeune Marines and Sailors in Beirut, Lebanon, on a Sunday morning.

Area residents and servicemembers paid tribute to those members of the 24th Marine Amphibious Unit (presently known as the 24th Marine Expeditionary Unit) who went to Beirut to keep peace but ended up losing their lives. Hundreds attended the annual Beirut Memorial ceremony Oct. 23, held at the memorial near the entrance to Camp Johnson. The memorial, dedicated in 1986, was built by the city of Jacksonville and lists the names of all 270 service members killed in Beirut as well as three Marine pilots from the area killed in Grenada.

"The people of Jacksonville shared the pain and anguish of the families," said keynote speaker **Gen James L. Jones**, Commandant of the Marine Corps. "The city mourned her adopted sons as somberly as if they were her own. This city has helped us assure this sacrifice will never be forgotten."

Jones, a former commanding general of the 2d Marine Division, told the story of a Marine who transported several of the bodies from Cherry Point to Camp Lejeune after they returned stateside.

"Her sorrow grew deeper as she reached the base," said Jones. "Upon her arrival, she broke down and cried."

At the same time, a community was in mourning. From Cherry Point to Camp Lejeune, Highway 24 was lined with civilians paying their respects.

Black and yellow ribbons were tied to trees and people saluted the caravan of fallen heroes.

Three years later, the city would dedicate the Beirut Memorial as a place for people to mourn and to remember.

"Every time we pass the memorial it brings back the memory of what happened that fateful Sunday," said **MajGen Ronald G. Richard**, Commanding General, Marine Corps Base, Camp Lejeune.

Just before 6:30 a.m., Oct. 23, 1983, an explosive-laden Mercedes truck passed a Lebanese checkpoint at the Beirut International Airport where the Marine headquarters building stood.

The truck turned into the airport parking lot, circled twice and picked up speed for a deadly run at the building. After breaking through several barriers, it sped between two sentry boxes and crashed through more obstacles, penetrating the building's first floor.

The explosives detonated, taking the lives of the 241 Marines, Sailors and Soldiers.

Most died in their sleep or were crushed as the building collapsed, while a handful have died in the years that followed due to injuries sustained from the bombing.

"We must never let this day go unnoticed. We must never let this day go undone," said Jacksonville Mayor **George Jones** at the ceremony.

The 2d Marine Division band participated in the ceremony, as did the 1st Battalion, 8th Marine Regiment Color Guard. **MajGen Robert Blackman Jr.**, Commanding General, 2d Marine Division, participated in a wreath laying in front of the memorial.

"Each of those brave Marines and Sailors are still with us in our hearts," said Gen. Jones. "And they will remain there forever."

Cpl Chet Decker

SSgt Agee Osborne, from Honaker, Va., and of Weapons Company, leads the 1st Battalion, 8th Marines rifle squad at the Beirut Memorial during honors to fallen American servicemen. PFC Devin Laizure, of Centerville, Va., stands tall to his right.

Cpl Chet Decker

MajGen Robert Blackman Jr. (left), Commanding General, 2d Marine Division, participates in the wreath-laying portion of the ceremony.

(Above) The 1st Battalion, 8th Marine Regiment Color Guard partici ceremony. A majority of the 24th MAU Marines killed in the Beirut bombir 1st Battalion, 8th Marines. **(Below), Cpl Hadrian Hernandez**, of Elm provides the most somber part of the ceremony as he performs *Taps*. H part of the 2d Marine Division Band. The Color Guard and the bugler were the ceremony at the Beirut Memorial which helped local Marines, Sailors remember the servicemembers who gave their lives for their country in Beir

Cpl Chet Decker

SSgt Donald Moeller, from Lakewood, N.J., and of 2d Force Reconnaissance Company, observes 2d Recon Battalion's memorial ceremony for the 16 Marines and one Sailor from 2d Recon Bn. who were killed in the bombing in Beirut.

Beirut sergeant not forgotten; legacy lives on with wife, son

Sgt Bruce Huffman
Globe contributor

A 15-year-old boy sat wide eyed, clutching a black and white photograph of the father he never knew, as his mother told their story and how the events that took place in Beirut, Lebanon in late 1983 changed their lives forever.

Evi M. Cox, a petite woman with dark hair and a thick Cuban accent, held her son Anthony's hand as she relived the past. She explained how her husband, **Sgt Manuel A. Cox**, was killed by a mortar attack in Beirut two days after their son Anthony was born and just weeks following the barracks bombing that killed 241 American servicemembers.

Evi and Manuel both came to America, as children, with their families from Cuba. Castro's men had executed Manuel's father so he and his mother found themselves in Union City, N.J. where Manuel began to thrive.

"Manny was a very talented violin player who attended the Juliard School of Music," said Evi.

Things went well, until Manuel's mother died when he was a teenager and a twist of fate left him homeless, sleeping in a park. State officials found him and sent the orphan to live with his elderly grandmother who also lived in New Jersey. He lived with his grandmother briefly, but his yearning for independence and challenge eventually led him to the Marine recruiter, where he forged his grandmothers' signature and enlisted in 1979.

"Manny was very well respected by his peers," said Evi. His drive and mental toughness advanced him quickly to the rank of sergeant and the position of squad leader.

Evi was pregnant with their son Anthony and home alone with their other two children **Yervant** and **Yvette** when Manuel's unit, Battalion Landing Team 2/8, got the order to divert to Beirut, Lebanon.

"Manny's letters told how sad the Marines were after the bombing and how they all pulled together in Grenada before going to Beirut," said Evi. "Manuel extended his tour to be with his Marines during all of this, and I couldn't understand it at the time," said Evi.

"When Manny was in Beirut, his squad was taking enemy fire out by the Drews enemy line," said Evi. "A direct hit by a string of mortar rounds took out his whole squad except for the radioman." Manuel died instantly from a fatal wound to his neck, Dec. 4, 1983, according to the surviving radioman.

> *"I never thought it would happen to me."*
>
> **Evi M. Cox, Widow of Sgt Manuel A. Cox**

Evi struggled for years with her husbands' death, and clung to her three children and the other Beirut victims families for support. Her active involvement with the Beirut Veterans Association and many close friendships has brought her full circle in dealing with the tragedy.

When Evi's oldest son Yervant became old enough to enlist, former commandant, **Gen Al Gray**, who was at Manuels' funeral, personally called the recruiter as a favor to Evi.

Photo court

Sgt Manuel A. Cox, Battalion Landing Team 2/8, poses with his weapon, his country in Beirut, Lebanon. Cox's son, Yervant, has his sights set or his father's footsteps as a United States Marine.

Her friendship with retired **MajGen Ray L. Smith**, who was Manuels' commanding officer in Beirut, and close relationship with retired **Maj Bob Jordan**, have set young Anthony's sights on the Corps as well.

"It's hard for a Marine wife or parent to truly understand what the Marine Corps represents and what it means t themselves, until we're faced w

"I never thought it would h Being the wife of a Marine is n we're sometimes forced to put t then we find out what it's really Evi.

roic Marine ges valiant ncer battle

n G. Angell
e correspondent

g "You don't know what you've got until it's s all to true to the Marines of the 2d Force erpretation Unit (FIIU) at Marine Corps Air ry Point, who recently lost a Marine to cancer. arines lose one of their comrades who they elied upon for a lot of things, they begin to important that person really was.

erald J. Engelhaupt, Intelligence Systems sioned Officer in Charge for FIIU, Production Company, 2d Intelligence Battalion, II Marine ry Force, joined the Marine C orps in August ling to his wife **Judy Engelhaupt** of Chapel

g his basic training, Engelhaupt, a Portland, attended computer repair school in Millington,

tationed with the 2d FIIU starting in 1982. Engelhaupt was a lance corporal and he met **W. Rankin**, Staff Noncommissioned Officer d Acting Officer in Charge of the 2d FIIU, then Rankin became a long lasting friend of Jerry,

the first time I worked with Jerry and I realized was. It was like he had a computer chip in his most people know about hardware or software you find someone who knows about both,"

tioned in Cherry Point, he married Judy Sept.

Marine

shing his tour in Cherry Point, he became an the intelligence school in Good Fellow Air n San Angelo, Texas.

tructing in Texas, their first daughter Tamara 1988, and their second daughter Jennifer was 9. In 1992, his son Eric was born in North

g this duty assignment, he was stationed all rld, including 1st FIIU in Camp Pendleton, d FIIU in Okinawa, Japan.

s stationed at all three FIIU's in his career. He g all over the world," said Rankin.

b knowledge gave him the opportunity for a both in the military and private sector. The to make a lot of money when he got out was chose to stay in the Marine Corps because great dedication for his job, said his wife.

ed in because he believed in serving his y was very proud of the Marine Corps and he job," said Judy.

outer whiz

merous businesses call him at home and work ions because their systems were down and not figure out what was wrong with them, Rankin. They also called offering him a job for decided to get out of the Marine Corps, he

to joke with them about charging them for all was doing. He could sit at home and log onto system from his personal computer and fix ns while still on the phone. They were amazed Rankin.

pt had the ability to solve virtually any oblem within a matter of minutes, according to

a little 'Tim the Tool Man' in him. He always

See **WARRIOR**, 5B

Best of the best

Corps' deadliest tank crews square off for top gunner title

Cpl Edward S. Harcher

Top Tank Crew: 2d Tank Battalion sent its top TOW crew (from L to R) **LCpl S. B. Niehaus**, **Cpl M. E. LeClerc** and **LCpl B. A. Neal**, who won the TOW crew competition Oct. 15, and its top tank crew (from L to R) **LCpl B. Cohen**, **GySgt C. E. Potts**, and **Cpls W.H. Plummer** and **J. O. Harper**.

Cpl Edward S. Harcher
Camp Lejeune correspondent

As the trees began dropping their leaves, succumbing to the inevitable approach of winter, the hills just south of Fort Knox, Ky., rang with the crash of echoed thunder. Nearby, thoroughbreds with dreams of Kentucky Derby fame started at the sound of Marine Corps "Iron Horses" clashing for top honors in the Fourth Annual Tank Gunnery Competition, TIGERCOMP IV, held Oct. 16.

The event, hosted by 4th Marine Division, pitted the best tank crews from 1st, 2d, 4th and 8th Tank Battalions against each other in a heated battle on Fort Knox's Yano tank gunnery range.

Confined to a secluded Quonset hut before the competition, the crews had no idea where the range's pop-up and moving targets would come from. Only when they were on the firing line would each scenario become clear.

Lejeune's tankers were drawn to fire second, behind the reserve crew from 4th Tank Bn., in a random drawing by **BGen Douglas V. O'Dell Jr.**, Deputy Commanding General, 4th Marine Division, at an honors dinner Oct. 15. The defending champions, 1st Tank Bn., were selected to fire last.

Though the pressure of competing against the best crews from each of the other battalions was high, the crew from 1st Battalion had an extra helping. The crew awoke with news of a 7.0 magnitude earthquake at their home base in Twentynine Palms, Calif.

"Our company master gunner called back [to Twentynine Palms] and made sure everything was all right in the rear," said **Sgt Tim Duvall**, Tank Commander. "That took a lot of the stress off us, and by the time they locked us in the shack, I was not even thinking about it."

Their added stress did not show through, as no one knew who the winner would be.

"This is a great display of competition and camaraderie," said **BGen Jon A. Gallinetti**, Deputy Commander, Marine Corps Reserve. "These Marines have put their hearts and souls into preparation for today."

The amount of preparation was evident as each crew blasted its way through the course. Whether the target was an infantry squad or an enemy tank, crews reacted with lightning speed to eliminate the threat.

"The key to winning this competition is to kill everything as fast as you can," said **Sergeant First Class David Cooley**, 1st Battalion, 16th Cavalry. "The crews are scored on time as well as accuracy."

As each target popped up, Cooley and the other scorekeepers tracked how long it took for the tank crew to neutralize. Using a formula adjusted for defensive or offensive posture, the scorekeepers calculated a point value for each engaged target. Adding the point values of all targets for each crew distinguished the winner.

"Even though they didn't place first, we are very proud of our Marines."

1stSgt Phillip L. Mendoza, H&S Company First Sergeant.

Though extremely close, the crew from 4th Tank Bn. edged out the favored 2d Tanks Marines to take the **GySgt Howard McCard** trophy, named after the legendary platoon sergeant from 4th Tank Bn., based in Boise, Idaho.

"This year's competition was exceptionally fierce," said **1stSgt Phillip L. Mendoza**, Headquarters and Service Company First Sergeant. "Even though they didn't place first, we are very proud of our Marines."

Gallinetti was especially impressed with the level of competition. "This was the first time I've seen this many tank rounds go down range," the Californian Marine aviator said. "We saw active duty and reserve elements, and could not tell which was which. They are very fine competitors, and displayed awesome firepower and awesome tactics."

Sgt Bobbie J. Bryant

An emotional **Mary Ann Preston** receives the Camp Lejeune District Teacher of the Year Award just prior to the kick-off at Camp Lejeune High School's homecoming game. She became the first Lejeune High School teacher to win the award.

Lejeune teacher gets top grade in district

Sgt Bobbie J. Bryant
Camp Lejeune correspondent

A local teacher was awarded the Camp Lejeune District Teacher of the Year award Oct. 22 in a ceremony just prior to the kick-off at Camp Lejeune High School's homecoming football game.

Mary Ann Preston, a native of Jacksonville, Fla., who teaches English at the high school, is the first teacher to win the award at the high school.

A committee of educators selects a winner from eight competing schools.

After reviewing packets sent in by nominated teachers, the winner was announced Sept. 1, said **Dr. Elaine B. Hinman**, Superintendent of Camp Lejeune Dependant Schools.

Criteria included in the packets are professional credentials, accomplishments, and letters of recommendations from principles, students, parents, and teachers.

Nominees also submit an application and a statement on their teaching philosophy, said Hinman.

The application is an excellent tool of assessment to see where a teacher is in the classroom, said Preston. On a day-to-day basis your time is spent focusing on the students not on yourself.

Preston will represent 333 teachers from the Camp Lejeune district as part of a task force in Washington, D.C., at a national conference with other Department of Defense Education Activity winners.

Preston cares passionately for her students, said Hinman. She touched the committee's heartstrings.

"She's a great teacher for all students not just some of her students," said Hinman.

"Every successful teacher has his or her own strengths and weaknesses and knows how to use them," said Preston.

There is no guaranteed formula to be a successful teacher.

"You must look at your students. Don't look through them or beyond them, but instead look at them," said Preston. "Know who they are. Know them as individuals. Let them know who you are as an individual," she said.

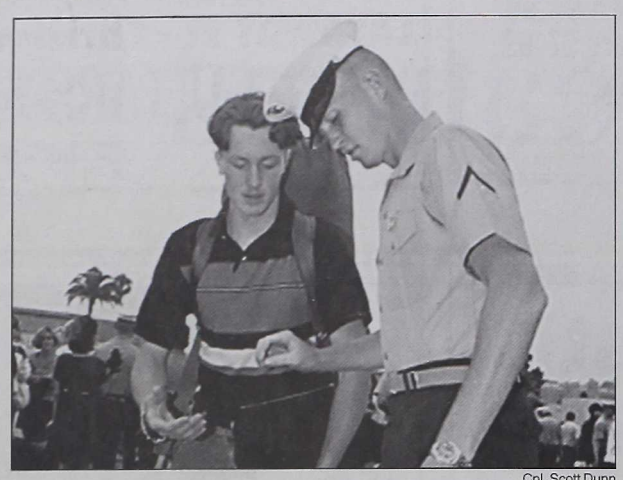
Sgt Houston F. White Jr.

Sgt Houston F. White Jr.

Norwegian General visits

(Left), Norwegian **LtGen Thorstein Skiaker**, greets the Marines of 3rd Platoon, 2d Light Armored Reconnaissance Battalion during his visit Oct. 20. (Above), **Sgt Rod D. Sanchez**, right, 2nd Platoon, Bravo Company, 2d Tank Battalion, gives **MajGen Emil R. Bedard**, Commanding General, II Marine Expeditionary Force and his guest, Skiaker, Commander Allied Forces Europe, a tour of an M1A1 Abrams Tank.

AROUND THE CORPS



Cpl. Scott Dunn

Jacob R. Ryker gets a hand from his younger brother, **Josh,** at graduation. Josh has also been credited for helping wrestle the 15-year-old that opened fire in an Oregon high school May 1998.

Hero joins Marine Corps

Sgt John Glover
Marine Corps Recruiting Command (12th District) Portland, Oregon

OREGON — The Marine Corps has forged many heroes throughout its history, but not all heroes who call themselves Marines were created by the Corps.

A young man, who some would call hero, recently joined the Marine Corps and graduated from recruit training Sept. 10.

PFC Jacob R. Ryker shipped for Marine Corps recruit training June 21, after waiting a year to observe injuries received at Thurston High School in Springfield, Ore.

Ryker received a chest wound that punctured his lung as well as a hand wound when he tackled a gunman in his school. He ended the shooting spree, which had taken two students' lives.

While Ryker down played his role in ending the shooting, others in his community consider him a hero and an influential member of his community, according to **SSgt James P. Baxter,** Ryker's recruiter. Ryker believes the focus should be on those who were hurt and emotionally scarred rather than the student who started the shooting and the hero who ended it.

After the tragedy at Thurston, Ryker received calls from recruiters of every branch of the military but he was only interested in joining the Marine Corps.

"I wanted to join the Marine Corps because they push you the hardest," said Ryker. "The other services offered me all kinds of things, but the only thing I wanted was the challenge of being a Marine."

Ryker checked into Bridge Company B, 6th Engineer Support Battalion, Portland, Ore., the day after graduation, where he will serve as a combat engineer for one weekend a month while attending Lane Community College. He joined with the split option program which allows applicants to join and ship for recruit training during the summer and return in time to begin fall classes at any selected college.

With guidance from the Officer Selection Office in Corvallis, Ore., Ryker has also applied to become an officer through the Platoon Leadership Class, a six-week version of Officer Candidate School following the applicant's freshman year in college.

Whether or not the young Marine chooses to call himself a hero or not, according to Baxter, he is an addition to the Marine Corps' band of brothers.

Marines highlight close air supp in multinational training package

Sgt Kane Walsh
Egypt correspondent

Egypt — Bomb-laden French Mirage jets screech toward a mock surface-to-air missile site laser-targeted by a United States Marine AN/PAQ-3 Modular Universal Laser Equipment system deep in the Sahara Desert.

On the ground, a British tactical air officer calls in the attack and gives the "Go" to drop munitions using U.S. Marine communications assets.

The tactical air control party training is just one small part of Exercise Bright Star 99/00, an exercise bringing together nearly 50,000 servicemembers including members of each of the U.S. Armed Forces and the militaries of 10 other nations.

The primary purpose of Bright Star is to improve readiness and interoperability among coalition members, a goal achieved if the smoke clouds on the horizon and twisted steel of the targets here are any indication.

The practical application held Oct. 18 followed a class the Marine Corps presented to coalition members describing the Corps' concept of close-air support and a description of the nine-line brief, a Marine tool used to call for close-air support.

The nine-line brief describes such things as target description and location, how the target is marked, friendlies in the area, and how to safely exit the theater of operations.

"They're getting good solid Marine Corps training," said **Capt Mark Thrasher,** 3rd Light Armored Reconnaissance Battalion Air Officer. "For some of the countries represented here, this is their first exposure to tactical air control. For others, this is a chance to familiarize themselves with how the Marine Corps does it."

The ground participants represented such nations as France, the United Kingdom and the Netherlands. Aircraft included Marine Corps AV-8Bs, Air Force B-1Bs, Navy F-14s, Egyptian F-16s, Italian AMXs, French Mirage 2000s, and others. In all, more than 50 sorties

Target marking was provi MULE or 81mm mortar round amphibious assault vehicles, b provided by 3rd LAR Battalion

Today's battlefield is often c by coalition operations where training could make the differe success and failure.

"In the modern theater of v important to cross train like thi attempt to standardize certain and to familiarize all of the resp and units with each other," Royal Marine **Capt Rob Benne** air control officer assigned to H and Signals Squadron, 3 Com gade. "Greater familiarity will ev to develop new procedures."

Maj Adam Tharp, assistan 22d Marine Expeditionary U Operations Capable), concurre

"There are a lot of times whe planes are dropping for other co vice versa," he said, citing his e Bosnia.

LCpl Ch

San Jose, Calif., native, **LCpl Eric Barton,** Delta Company, 3rd LAR Battalion, paints a target two and a h the distance with the MULE targeting laser deep in the Sahara Desert as part of international TACP trainin

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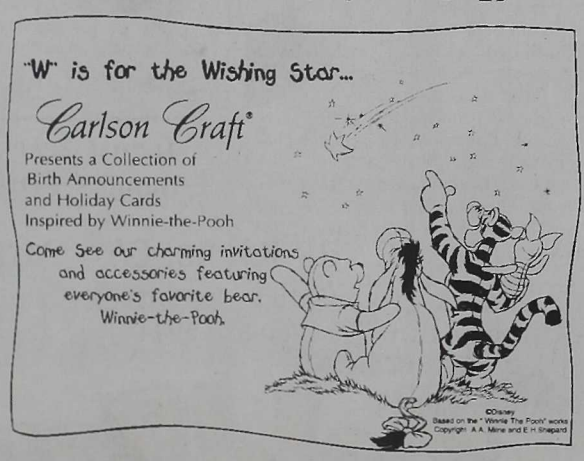

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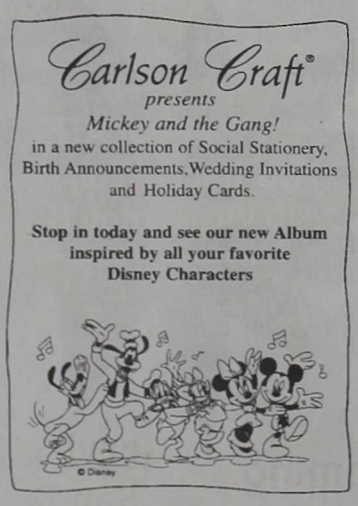

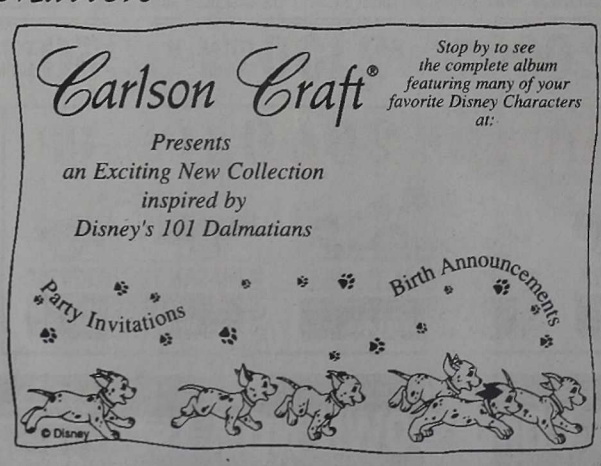

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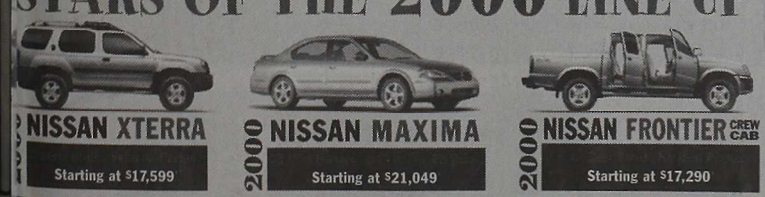

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On the road to TIGERCOMP IV

2d Tank Battalion sends top crew to Kentucky

Story and photos by
Cpl Edward S. Harcher
Camp Lejeune correspondent

When the best tank crews in the Marine Corps squared off to decide who was number one Oct. 16, 2d Tank Battalion was prepared.

Last year, the tank crews of the battalion had begun a long road; its termination, Fort Knox, Ky. Through constant training and gunnery competitions, the crews were whittled down to one in a final gunnery competition held in the spring. When the dust had settled, the crew led by **GySgt C. E. Potts** had emerged as the 2d Tank Bn. representatives for the annual Corps-wide competition.

"Of a possible 1000 points, we shot a 990," said **LCpl Bennie Cohen**, driver, a Biscoe Ark. native, "We spent a lot of time preparing for this, and it is an honor to represent the battalion."

Though he was the driver for the tank, Cohen has been in the tanker community for less than two years.

"Before I came in, I never in my wildest dreams thought I would be driving a tank in a competition with the best in the world," he said.

As the crew began their turn on Fort Knox's Yano range, the future looked bright for a victorious finale.

With their eyes set firmly on the McCard trophy, the 2d Tanks Marines performed excellently. As each target appeared, the crew engaged with either the .50-caliber machine gun, used for infantry targets, or the 101mm main gun for armor and vehicle targets. Speed and accuracy were the key factors in the competition, and the Lejeune-based crew stretched their abilities as a team.

Their competition, though, also had their eyes set on the trophy, and the marks were exceptionally close.

"There has been some really good competition here," Cohen said. "It is definitely the best of the best here, and I am really impressed with the level of proficiency the other crews have shown."

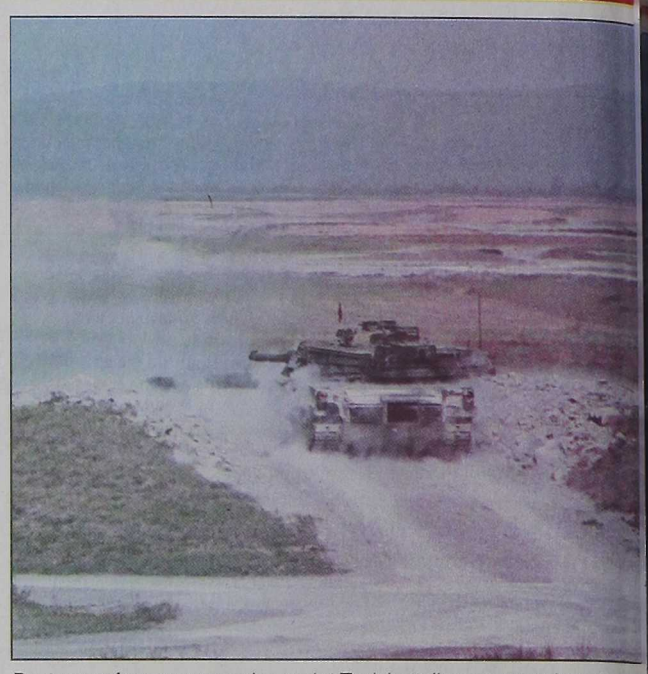
After watching the crews from 8th and 1st Tank Battalions fire, his enthusiasm was unabated. "I think we still have a pretty good shot at winning today," he said.

The defending champions, 1st Tank Bn., were not as confident. "The crew did real well, but we had trouble identifying some of the targets, and that hurt our score," said **Sgt Tim Duvall**, Tank Commander, from Loco, Okla.

2d Tanks' confidence did not wane until **BGen Jon A. Gallinetti**, Deputy Commander, Marine Corps Reserve, announced the winning crew. A wave of shock washed through the crowd as 4th Tank Bn. was proclaimed victorious.

"I thought we did exceptionally well," said **SgtMaj Timothy J. Sauer**, 2d Tank Bn. Sergeant Major. "I was sure the winner would be either us or 8th [Tank Bn.]"

Though this year's road was at an end, 2d Tank Bn. is already preparing for TIGERCOMP V. ""This is a fabulous event," said **LtCol T. Brant Bailey III**, 2d Tank Bn. Commanding Officer. "There is a lot of spirit in this competition, and we will be back."



Dust pours from every crevice as 1st Tank battalion crewmembers fire fo

On more than 18,000 acres of range, a plume of dust is sometimes the only identifying mark of a tank's location. Finding targets requires concentration and skill.

Strangers in foreign lan

Cpl Edward S. Harcher
Camp Lejeune correspondent

Fort Knox, Ky., is home to the national gold depository, many famous Army tank brigades, the Marine Corps' annual tank gunnery competition, but many Marines are unaware of the small group of fellow Devil Dogs permanently stationed there.

Marine Detachment, Fort Knox consists of less than 50 permanent Marines on a base of more than 8,000 Soldiers. Though many Marines would shudder at being such a minor presence on such a large Army base, this small group of professionals has embraced the challenge to work closely with its fellow servicemen.

"For the most part, I think everyone in the detachment likes it here," said **1stLt Brian R. Lewis**, Operations Officer for the detachment. "Kentucky is beautiful, and this is not a hectic fleet unit. The Marines here get a chance to catch their breath and serve the armor community."

That service can range from being an instructor at the variety of tank related courses offered at the Armor School to arranging administrative matters with the detachment.

"We supply instructors for an average of 450 Marines in all the classes conducted here," Lewis, from Richland, Wash., said. "Since this is the armor center for both the Army and the Corps, any armor related issues and conferences are held here, as well."

The duties of the detachment Marines include setting up such armor conferences and providing support for the annual gunnery competition, held here each fall.

Unstated, yet possibly even more important, is the detachment's role as a liaison between the Marine Corps and the Army.

"We have a good relationship with the Army," Lewis said. "We try to keep an open exchange of ideas flowing between our respective services. We focus on identifying what they do well that we could possibly use, and what we do well that could improve their operations."

With this good relationship, the detachment avoids many of the problems stereotypically associated with the Marine vs. Soldier rivalry.

"This is a great command," said **Sgt Lester P. Dews**, Unit Diary Chief for the detachment.

"I play on the post t team every year. I am the or on the team, but they are p about it," the Dallas nati "By our actions as Ma have commanded a lot from the post."

Dews went on to expla Marines and Sailors aboa have an extremely pro attitude toward each oth really work closely with e and try to help each othe way we can," he said.

The "culture shock" o an isolated base, owned an by another service still sets

"There really is not muc in town here," Dews said. pretty boring."

On many isolated bas the world, such as Guanta Cuba, the mix of Marines and little to do during fre ignite physical bouts. For th of Fort Knox, however, t much concern.

"We have maintained relationship with the A through our common bo Lewis. "We are all memb armor family."

Hercules headed for fleet service

Story and photos by Cpl Edward S. Harcher
Camp Lejeune correspondent

An M1A1 Abrams tank prowls the battlefield. Though the enemy is nowhere in sight, it is near. The crew focuses on maneuvering undetected through the morning haze, nearing its prey.

Suddenly the ground gives way under the right track, sending the "Iron Horse" tumbling down an embankment onto its turret.

Luckily for this particular tank, the battle is not real and over the horizon is the newest addition to the Marine Corps' arsenal of mechanized tools, the M88A2 Hercules recovery vehicle.

The flipped tank was part of a demonstration held at Fort Knox, Ky., during the TIGERCOMP tank gunnery competition Oct. 16.

Though the tank was resting on its turret in soft, sandy soil, the improved capabilities of the Hercules allowed the crew to put the tank back in action in a mere five minutes.

"This type of recovery would take two, possibly three of the M88A1s," said **Keith D. Powell**, of Warren, Mich., acquisition logistics specialist with Combat Mobility Systems. "With the capabilities of the A2, it can be done using only one [recovery] vehicle."

The M88A1 has a peak output of 750 horsepower, while the new Hercules can be adjusted up to 1200 with obvious results; higher driving speed, more lifting power and less recovery time.

"We have to retrain drivers who have experience with the A1s to handle the A2s," Powell said. "The difference in power and acceleration makes this an entirely different experience [than the old recovery vehicles]," he added.

Some of the problems are with handling the vehicle under a load.

With the higher power, the vehicle reacts differently than the older systems, and can cause the load (disabled tank or otherwise) to shift in unexpected ways, risking damage to both vehicles.

The A2 is not, however, merely a new engine on an old chassis. Every system on board the vehicle has had some form of improvement.

The tow bars, located at the rear of the vehicle, are 30 percent lighter and 20 percent stronger than the towbars of the A1, according to Powell.

Access hatches, tool kits, spare parts and auxiliary winch systems have been redesigned to improve crew operations. Since most of the spare parts involved in tank recovery are extremely heavy, the A2 has seven stations atop the vehicle where the auxiliary boom can be set up, facilitating easy removal of spare parts from the sides of the vehicle.

Another major improvement is the boosted lifting power of the main winch. With variable setups, the winch is capable of lifting more than 140 tons, according to Powell, more than enough to extract most stuck vehicle.

The incredible power of the winch presents one problem. "It has so much power, it can actually crush the (cable intake) drum," Powell said. "That means $100,000 in repairs."

Though this danger is present, Powell said proper procedures to avoid such a costly mistake are ingrained in trainees. "We had some problems when we first began training with the new vehicles," he said, "but we learned quickly, and have not lost any equipment."

When the vehicle hits the fleet, scheduled for some time in the next two years, it will also bring added survivability to its crews.

"This vehicle has been tested to withstand a direct hit from a 30 mm round and a 155 mm overhead burst," Powell said.

Combined with its armament of a .50 caliber machine gun, the ability to withstand bombardment comes as good news to the recovery crews waiting to put it in operation.

It is also good news for the tank crews who will depend on it to get back in action, prowling the battlefield.

(Above) an M88A2 Hercules recovery vehicle pulls a flipped M1A1 Abrams onto its tracks. The same job would require up to three M88A1s.

(Right) SFCs Brian Fretschel, left, 2d Bn., 16th Cavalry, and **David Cooley**, 1st Bn., 16th Cavalry, operate the timing board and spot targets from the tower high above Yano range.

e Marines learn strengths, weaknesses during Express Sword

hotos by Sgt Arthur Stone
correspondent

f 10th Marine Regiment traveled , N.C., to take part in Operation rd 1-00, Oct. 1 - 28.
imental Combat Operations), under **Col Henry T. Gobar**, of , La., Commanding Officer, 10th ment, directed all operations ployment, which included direct shoots, helicopter support team artillery pieces, and a mass entire regiment.
rom 2d Battalion, 10th Marine rived early for the operation at order to get additional training turning from Mediterranean .
the crews were seasoned d needed little practice to ir skills, as they had been gether for several years. th artillery, safety is everything environment.
e of the seasoned artillerymen g together for the first time and eamline their cooperation.
, this is a potluck dinner," said ., native, **Sgt Rich A. Schefano**, f, Gun 3, Fox Battery, 2d Bn., . "It took them about two days working for me and working ll in all, they've been doing together."
's statements were modest, as hit nine out of 10 targets during hoot that week, and according y commander, their tenth shot it that went through the target yond the target zone.
gun crews, anything from four ut of 10 on a direct fire shoot would be considered good shooting.

Schefano's crew had performed poorly during a previous shoot on Camp Lejeune and used the competition to better themselves.

"Being artillery, you've got to work together," said **Cpl Carlos Lopez**, an El Paso, Teaxs, native, and a Marine in Schefano's gun crew. "We knew we could do it and we really performed well. We're doing better than anyone expected us to do. The battery proved itself."

Other battalions within the regiment did not have the benefit of having seasoned veterans making up the gun crews in each battery. Kilo and India Battery, 3rd Bn., 10th Marines used Express Sword to train new Marines on their gun crews.

Corporals and sergeants used the time to train new Marines straight out of school at Fort Sill, Okla., how to function as a team.

Another aspect of the training, in addition to putting steel on target and making things explode, was teaching the new Marines how to rig their M-198 155mm howitzers to be transported by a CH-53E Super Stallion helicopter.

Helicopter Support Teams (HST) from Charlie Company, 2d Landing Support Battalion, 2d Force Service Support Group, came to Fort Bragg to train the new Marines how to safely shackle their howitzers for lifting and explain the risks involved with the operation.

Within minutes of the class, Marines from both batteries were geared up and preparing their guns for the approaching CH-53E Super Stallion's of Heavy Helicopter Squadron-464. In turn, each crew was escorted into the landing zone (LZ) by the HST team to connect their howitzers for the lift. Hurricane-force winds battered the Marines as they successfully completed their mission and hopped a ride to their waiting M-198s aboard the last CH-53E.

"That was the most exciting thing I've done since coming into the Marine Corps - besides blowing things up," said Snyder, Texas, native, **PFC Eric Childress**, Gun 3, Kilo Battery, 3d Bn., 10th Marines.

The regiment used its time at Fort Bragg to brush up on old skills, learn new ones, compete with their peers, and flex the muscles behind the hard hitting fist of the Ground Combat Element — Marine artillery.

PFC Kurt W. McCage, foreground, a Gainesville, Texas, native, and **PFC Bobby G. Allison Jr.** of Palm Bay, Fla., both of India Battery, 3d Battalion 10th Marine Regiment, take up defensive positions around the landing zone after being dropped off by CH-53E Super Stallions. The Marines quickly returned to their guns and prepared them for firing.

Safely under way, a CH-53E Super Stallion from HMH-464 lifts an M-198 155mm howitzer from a landing zone on Fort Bragg and transports it to the battalion's rally point.

(Above), Marines of Kilo and India Batteries, 3d Battalion, 10th Marine Regiment wait with an HST crew from Company C, 2d Landing Support Battalion, 2d Force Service Support Group for their turn to shackle up another M-198 155mm Howitzer to an approaching CH-53E Super Stallion.

(Below), Minneapolis native, **Sgt Dale E. Owens**, India Battery, 3d Battalion, 10th Marine Regiment discusses the mission with his Marines prior to the HSTs.

(Left),Marines of India and Kilo Batteries, 3d Battalion, 10th Marine Regiment hopped a ride to the rally point to link up with their M-198s during Express Sword 1-00 Oct. 21 at Fort Bragg, N.C.

PFC Juan A. Gavilones of Danbury, Conn., and Odessa, Texas native, **PFC Xavier A. Quinones**, both with Kilo Battery, 3rd Battalion 10th Marine Regiment, rig up their M-198 for the very first time.

R from 1B

things run faster," said

led college for a while but the knew he learned from ad.
n't have a computer book t by his side, something " she said.

rdspiral

took a big turn for in November 1998.
. 3 at about 1:50 p.m., he over a computer desk g in a wire when he stood er the phone. When he k it up and talk to his wife, he femur in his leg," said

upt was rushed to the Cherry Point Naval Hospital and was eventually flown to the Camp Lejeune Naval Hospital.

Surgery was performed to repair the leg and a biopsy was done to find out what the tumor on his leg was caused by, according to his wife.

He was transferred to the Chapel Hill hospital after being diagnosed with bone cancer. That is where he received most of his chemotherapy treatment, said Judy.

"He stayed on top of his treatment and he always had a positive attitude about things. He never lost hope of recovering and getting better. The hardest part for him was telling his children that he had cancer and he was dying," said Judy.

On Nov. 10, 1998, the Marines of 2nd FIIU had a cake specially made for Engelhaupt and went to his home in Chapel Hill to celebrate the Marine Corps birthday with him, said Rankin.

The cancer eventually took over his lymph nodes and caused him more problems. He thought he was fighting it but it just kept spreading, said Rankin.

Jerry was medically discharged from the Marine Corps April 12 by **MajGen William L. Nyland**, Commanding General of 2d Marine Aircraft Wing, Cherry Point.

The command took buses, cars and vans to retire him in a ceremony at his house, because he was unable to get up and move around, said Rankin.

"We dressed him in his cammies and camouflaged his bed for his retirement ceremony," he said.

On April 16, Engelhaupt had his leg removed in hopes to slow the cancer down and prolong his life.

"He did really well for the first six weeks after his surgery. He started putting weight back on and getting along a lot better. Jerry even came in to visit everyone in the office and he looked good," said Rankin.

Engelhaupt went in for a follow up visit after his surgery and found out that the cancer had spread to his right lung, spleen, kidney, chest bones and some back bones. He never gave up hope though, according to Rankin.

Continued support

His friends and family supported him unconditionally through his whole battle, said his wife.

"My husband was very proud to call himself a Marine because the Marine Corps is a family and they stood behind his family," she said.

During the last few weeks of Engelhaupt's life, he began deteriorating fast.

"It was sad to see him going like this. He was such a big asset to the shop and to the Marine Corps, we didn't want to see him go," said Rankin.

His shop stayed in contact with him and his wife until he died Sept. 16 at 5 a.m. After his death, the shop traveled to Chapel Hill to bury him Sept. 21. The 2nd FIIU arranged for *Taps* to be played by a bugler, and arranged a 21-gun salute for his funeral. **LtCol Cosmas R. Spofford**, Commanding Officer of Marine Wing Headquarters Squadron-2, Cherry Point, presented Judy Engelhaupt with the American Flag.

"The Marine Corps will never know what it has lost with Gunny Engelhaupt," said Rankin.

A special thank you goes out to all of the friends and family who helped the Engelhaupt family in their time of need. "There are not enough words to express the family's gratitude for all the help we received," said Judy.

Chapel Schedule

ROMAN CATHOLIC

Sunday Masses

Brig	8 a.m.
Courthouse Bay Chapel	9 a.m.
MCAS New River Chapel:	
(Transportation provided from Chapel)	8:45 a.m.
St. Francis Xavier Chapel	8:30 and 11:30 a.m.

Weekday Masses (Monday-Friday)

Naval Hospital Chapel (Thursday only)	10:30 a.m.
MCAS New River Chapel	11:45 a.m.
St. Francis Xavier Chapel	11:45 a.m.

Saturday Masses

St. Francis Xavier Chapel	5 p.m.

Holy Day Masses

(Except Christmas/ New Years)	11:45 a.m. and 7 p.m.

Confessions

Saturday at St. Francis Chapel	4 p.m.
or contact unit chaplain	

EASTERN ORTHODOX

Camp Johnson Chapel, Divine Liturgy	10:30 a.m

LATTER DAY SAINTS

Scripture study Tuesdays	7 p.m.
Sunday services	
Call **Chaplain Vance**	451-3210
Call **Bishop Maloney**	743-2569

PROTESTANT

Sunday Worship/Religious Education

Base Chapel, Holy Communion	7:30 a.m.
Base Chapel, Contemporary Service	9 a.m.
(Sunday School Protestant Chapel Annex)	9 a.m.
Base Chapel, Worship Service	10:30 a.m.
Camp Geiger Chapel: Holy Communion	
(Episcopal/Lutheran Liturgy)	8 a.m.
Brig	9 a.m.
Camp Geiger Chapel: Praise and Worship	9:30 a.m.
Camp Johnson Chapel	9 a.m.
Courthouse Bay Chapel	9 a.m.
French Creek Chapel, Holy Communion	9 a.m.
Midway Park Chapel	11 a.m.
Naval Hospital Chapel	9 a.m.
Tarawa Terrace Chapel	10:30 a.m.
(Sunday School, Religious Ed. Building.)	9:15 a.m.
New River Chapel	11 a.m.

ISLAM (MUSLIM JUMAH)

Base Chapel Annex Building 16 (Friday)	11:45 a.m.
Brig Chapel	1 p.m.
French Creek Chapel	1 p.m.

JEWISH

Sabbath Eve Service Building 67 (Fridays)	7:30 p.m.
Religious School (Sundays)	10 a.m.

CHRISTIAN SCIENCE

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Tarawa Terrace Chapel	1st and 3rd Mondays	7 p.m.

Marine Corps Bithday Prayer Breakfast

Nov. 23 at 7 a.m.

The Marine Corps Birthday Prayer Breakfast will be held at Marston Pavilion in the Tinian Room. The speaker will be **Capt Norman Holcomb,** Marine Forces Atlantic Chaplain. Tickets are $6 and are available Nov. 1 from your Unit Chaplain or contact the Marine Corps Base Chaplain's Department at 451-3210.

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Friday

8 a.m.	Lejeune After Hours
10 a.m.	Hurricane Preparedness
10:30 a.m.	The Choice
11 a.m.	Navy/Marine Corps News
11:30 a.m.	Carolina Marines
12 p.m.	Pendelton Journal
12:30 p.m.	Combat Digest
1 p.m.	FSC Program
1:30 p.m.	FSC Program
2 p.m.	Marriage in the Corps and Volunteer Appreciation
3 p.m.	Hurricane Preparedness
3:30 p.m.	In the Corps 8th & I
5:30 p.m.	Hurricane Preparedness
7 p.m.	Lejeune After Hours

Monday

8 a.m.	Hurricane Preparedness
9 a.m.	Infomercial/Year in Review '98/Division Anniversary
9:30 a.m.	FSC Program
10 a.m.	Hurricane Preparedness
10:30 a.m.	Forged w/Pride
11 a.m.	Navy/Marine Corps News
11:30 a.m.	Carolina Marines
12 p.m.	Pendelton Journal
12:30 p.m.	Combat Digest
1-2 p.m.	FSC Program
2:30 p.m.	Marriage in the Corps and Volunteer Appreciation
3 p.m.	Hurricane Preparedness
3:30 p.m.	Combat Digest
5:30 p.m.	Hurricane Preparedness

Tuesday

8 a.m.	Lejeune After Hours
9:30 a.m.	Ethics
10 a.m.	Hurricane Preparedness
10:30 a.m.	The Choice
11 a.m.	Navy/Marine Corps News
11:30 a.m.	Carolina Marines
12 p.m.	Pendelton Journal
12:30 p.m.	Combat Digest
1-2 p.m.	FSC Program
2:30 p.m.	Forged w/Pride USMC 71-87
3 p.m.	Hurricane Preparedness
3:30 p.m.	Combat Digest
5:30 p.m.	Hurricane Preparedness
7 p.m.	Lejeune After Hours

Wednesday

8 a.m.	Hurricane Preparedness
9 a.m.	Infomercial/Year in Review '98/Division Anniversary
9:30 a.m.	FSC Program
10 a.m.	Hurricane Preparedness
10:30 a.m.	Forged w/Pride USMC 71-87
11 a.m.	Navy/Marine Corps News
11:30 a.m.	Carolina Marines
12 p.m.	Pendelton Journal
12:30 p.m.	Combat Digest
1-2 p.m.	FSC Program
2:30 p.m.	Marriage in the Corps and Volunteer Appreciation
3 p.m.	Hurricane Preparedness
3:30 p.m.	In the Corps 8th & I
5:30 p.m.	Hurricane Preparedness

Thursday

8 a.m.	Lejeune After Hours
9 -9:30 a.m.	Naval Hospital Consumer Health Care Council Mtg
10 a.m.	Hurricane Preparedness
10:30 a.m.	The Choice
11 a.m.	Navy/Marine Corps News
11:30 a.m.	Carolina Marines
12 p.m.	Pendelton Journal
12:30 p.m.	Combat Digest
1 & 1:30 p.m.	FSC Program
2 & 2:30 p.m.	Naval Hospital Consumer Health Care council Mtg
3 p.m.	Hurricane Preparedness
3:30 p.m.	Combat Digest
5:30 p.m.	Hurricane Preparedness
7 p.m.	Lejeune After Hours

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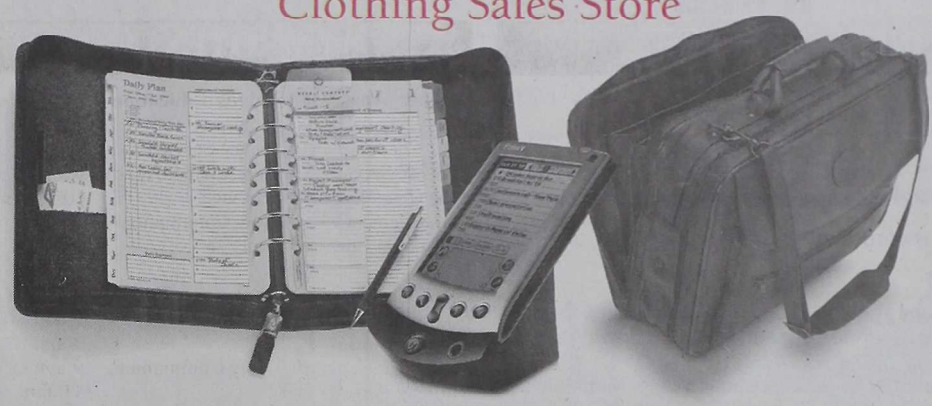

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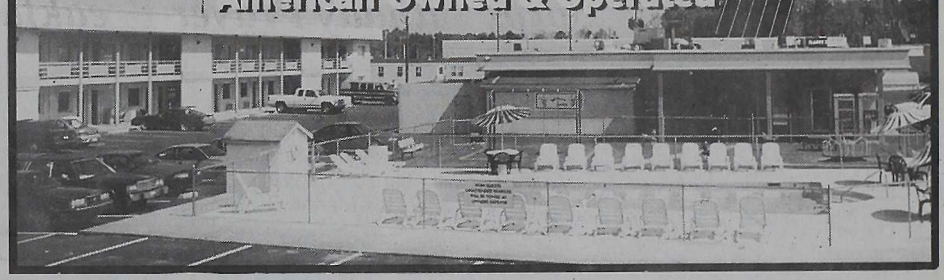

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In celebration of our Corps' 224th Birthday, the **MCA is providing special membership rates to all non-members.** All who partake of this special offer and whose payment has been postmarked anytime during the month of November 1999 will be entered into a drawing. The winner will select a trip of choice with Military Historical Tours to an exciting destination such as China, France, Israel, Germany, Korea, Vietnam, Australia or Belgium. Depending on the tour, some fees may apply. A random drawing will be held in December.

Help the Marine Corps Association support Marines and their families by joining today! For immediate membership by credit card call 1-800-336-0291 ext. 331 or fill out and return the membership form.

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Bulletin Board

II MEF

L.I.N.K.S will be holding its next session Tuesday-Thursday from 9 a.m.-12:30 p.m. at the CREDO Office aboard Tarawa Terrace. For more information or to register, call 451-1299.

II MEF Marine Corps Ball will be held Nov. 9. For more information, call your unit coordinator.

MMEA will be aboard through Nov. 5. Call your unit coordinator for details.

Special Operations Training Group, II MEF is looking for highly motivated and physically fit Marines who meet the following requirements for instructors:
0369/03xx — Summer Mountain Leader, Winter Mountain Leader, II MEF Assault Climber Course, II MEF HRST or Small Craft Coxswain, 8111/8112, Boat Company Experience. If you have two years on station and the FMF requirements, contact **MSgt Lynch** at 450-2974.

2d MarDiv

You can now find out where and when the 2d Marine Division band is playing, check out their web site at www.geocities.com/Pentagon/6481.

The following are scheduled dates for the 1999 2d Marine Division Birthday Ball celebrations. Wednesday, Enlisted Ball (GFH); Thursday, NCO Ball (GFH); Nov. 5, SNCO Ball (GFH) and Nov. 10, Officer Ball (GFH). For more information, contact **Cpl Johnson** at 451-1305/1424.

The 2d MarDiv has a day full of events, scheduled for Nov. 19 beginning at 8 a.m. with a colors ceremony; at 9:10 a.m. escorts are assigned and introduced; at 9:15 a.m. refreshments will be served in the 2d Marine conference room; at 10 a.m. a dedication of 2d Marines Quarterback will be held; at 10:45 a.m. a static display and indoor simulated marksmanship demonstration will held; at 12:30 p.m. lunch with Marines/WWII display will be held; at 1:10 p.m. Prayer/honor deceased Tarawa vets will be held and at 1:30 p.m. (Approx) Vip's depart. For more information about these events, call **Sgt Mark Wittlinger** or **Maj Winbon Twiford** at 451-1305/1424.

2d FSSG

Get Connected: State Primary Elections begin soon, if you have not registered to vote, or would like to vote via absentee ballot, contact your unit voting assistance officer or visit www.fvap.ncr.gov. Voting is your connection to the future.

Register now for Key Volunteer Training held at bldg. 84, Marine Corps Family Team Building Classroom. For more information, call 451-0176.

MCB

The SNCO Marine Corps Ball will be held Nov. 11 at the Goettge Field House. Tickets are $15 each and are available now. For more information, call **SSgt Allen** at 451-2202.

Effective Monday, passport services will no longer be provided by the Consolidated Legal Assistance Office. Passport services has been relocated to TMO/Passenger Services, bldg. 233. **Elizabeth Thorne-McKenzie** will still be the passport agent for Camp Lejeune and New River. For more information, call 451-1971.

The Marine Corps Association (MCA) will open a new store at the Camp Lejeune Marine Corps Exchange Annex, bldg. 84 today at 11:30 a.m. **Retired Capt Ted McKeldin** will sign copies of his new book "From the Horse's Mouth" from noon-4 p.m.

II MACE

Toys for Tots. If any units/individuals wish to establish a drop point within their work area, church, or area school, contact the Toys for Tots Coordinator, **CWO-4 Butler** at 451-8778. Servicemembers, spouses and teenage children who desire to help with pick-up and distribution of toys or in other assistance capacities for this worth while community service program are welcome to participate and encouraged to call.

To submit your units events' (change of commands, volunteers, openings/closings, training sessions, family days, etc.) phone ***Candy McDonald*** *at 451-7429 or email McDonaldcr@lejeune.usmc.mil.*

Cpl

For your hard work

LtCol Michael J. Dean, Commanding Officer, 2d Reconnaissance Battalion, presents **Sgt Macky Outlaw** with Sword and the **SSgt Richard Hamilton Award,** which honors the outstanding Recon Team Leader of the Year. Tl honors Hamilton, a 2d Recon Bn. Marine killed in the bombing of the 24th Marine Amphibious Unit headquarters b Beirut, Lebanon on Oct. 23, 1983.

Support Groups

"Triumph Over Tobacco" Support Group continues for those who have successfully quit tobacco use, those currently trying to quit and for those who are 'thinking' about quitting. Meetings fall on the last Wednesday of each month at 4:30 p.m. at Building 65 classroom. For more information, contact Kim Hugeback at the Naval Hospital, Camp Lejeune, Health Promotion Program at 451-3712.

Marine Corps Family Team Building/ L.I.N.K.S. (Life-style, Insights, Networking, Knowledge, and Skills) "links" spouses with real life tips, positive attitudes, Marine Corps culture, benefits associated with the ID Card, and available resources that they can use to help themselves become more self-sufficient members of the Marine Corps Family whether their Marine/Sailor is in for three years or 30. Sessions offered monthly. Make new friends and enjoy being part of the Marine Corps Family at Camp Lejeune. For more information, call the L.I.N.K.S. Office at 451-1299.

Self-Improvement

Vehicle Repair Loans may be available to you through the Navy-Marine Corps Relief Society. Need based, they can offer interest free loans for necessary vehicle repairs, not affordable from your own resources. All you will need is a current driver's license, registration, insurance visable budget for repayment, estimated cost of repairs and repayability, including upkeep. For more informaion, visit your local Navy-Marine Corps Relief Office.

Seminar Opportunity for Amphibious Warfare School Phase I Students will be held Nov. 16-Feb. 8. This seminar is conducted by the local regional coordinator for Marine Corps University, which will sequentially cover the 8501 and 8502 courses. For more information, or to sign up, call **Jim Wheeler** at 451-9309.

Exceptional Family Member Program (EFMP) is defined as an authorized family member residing with the sponsor who requires special medical, psychological or educational services. The EFMP requires mandatory enrollment as per OPNAVINST 1754.2 or MCO P 1754.4A series for any family member who resides with the sponsor is enrolled in Defense Enrollment Eligibility Reporting System (DEERS) and who is affected by a physical, emotional or education condition requires ongoing special medical care or special education not generally available in isolated areas or overseas location. For more information, call 451-3212/3219 ext. 109.

Transition Support Services (TSS) presents welcome aboard/newcomer's orientation brief every Tuesday from 8 a.m.-noon at the Camp Lejeune Base Theater. Representatives from the following agencies participate: Human Services, Transportation Management Office, Provost Marshal Office, Family Housing, Naval hospital, Financial Management, Base Education, Legal Assistance and MCCS. This brief is mandatory and in accordance with MCO 1320. 11E. Spouses are encouraged to attend. For more information, call 451-3212 ext. 135.

Upcoming Events

Magic Show will be held Saturday at Bonnyman Bowling Center. There will be two-one hour shows, youth begin at 11:30 a.m. and adults begin at 9 p.m. This event is free. For more information, call 451-5121.

Birthday Ball Child Care sponsored by Marine Corps Community Services is free child care service for you on the night of your ball, held at Tarawa Terrace Child Development Center from 6 p.m.- 1:30 a.m. A dinner will be provided. Register at Tarawa Terrace CDC. Present Ball tickets (minimum 3 days prior to ball), complete registration (1 page form). Cancellation request six hours advance or by 5 p.m. on Friday for weekend balls. You will need to bring a change of clothes, blanket/pillow and infant care needs. For more information, call 451-5458.

Tarawa Veteran's Reunion will be held Nov. 19 at 8 a.m. at the 2d Marine Division Headquarters, Building H-1. Scheduled events are as follows: 8 a.m. Color Ceremony; 10 a.m. Dedication of 2d Marines Quarterdeck; 10:45 a.m. Static Display; 11 a.m. Indoor Simulation Marksmanship Demo; 12;30 p.m. Luncheon with Marines/WW II display. For more information, contact **Maj Twiford** or **MSgt Walker** at 451-1305/1424, DSN 751-1305/1424.

U.S. Marine Corps Forces, Atlantic will be holding a 1999 Marine Corps Ball Nov. 5 at Waterside Marrion Hotel, Norfolk, Va. Cocktails will begin at 6 p.m., Birthday Ceremony at 7:15 p.m., the dinner will be held at 8:15. **Gen. James L. Jones**, Commandant of the Marine Corps will be the guest of honor. For ticket sale information, contact **LtCol Sakievich** at 836-1691 or email sakievichty@marforlant.usmc.mil.

Car Wash will be held Saturday from 9 a.m.-2 p.m. at Dominoes Pizza parking lot, mainside Camp Lejeune. All donations welcomed. Proceeds raised to aid in the purchase of uniforms.

9th Annual Salute to Women in the Military will be held Nov. 16 from 11:30 a.m.-2 p.m. at the SNCO Club, Camp Lejeune, N.C. Special guest speakers will be **Capt Carl A. Carney** and **Retired SgtMaj Mary Sabourin.** Tickets are $8 per person. Ticket deadlir For more information, contact MC at 451-5372 Marine Corps Base; **land** at 451-5600 2d FSSG; **GySg** 8734 2d MarDiv; Civilians at 353-2 change; **HM3 Scott** at 450-4047 and **MSgt Swaney** at 450-5608 M

Volunteers

Volunteer Scouters are nee for the Camp Lejeune/Onslov County area to work as a boy sco leader, cub scout leader, explore and venturer advisors, consulta and merit badge councilors. F more information, call 326-3383 email whiteoakriver@Hotmail.co

Navy/Marine Corps Relief terrific training opportunities to professional skills. Individuals help in reception, administratio layettes, bookkeeping, public r loan management. Childcare an are reimbursed. This is a great o work with a fun filled team environment. For more informa **Rhonda Hancock** at 451-5346 ex

Transition Support Servic seeking volunteers who are learning new skills or enhancing Volunteering is also an exceller experience in a new field that future career opportunities. available in numerous areas suc with computers, public speak duties, working with seniors and more information call 451-3212/3

Youth

Storytime will be held Tuesd at Midway Park Community Center for preschool children from 9:30-10 a.m. Wednesday it will be held at Tarawa Terrace Community C school children from 9:30-10 a.m. it will be held at the base librar room for 2-3 year olds from 9:30-1 4-6 year olds from 10:30-11 a.m.

A Free Movie "Matilda" wil today for K-8 grade from 4-6 p.m ference room at the base librar "Harriet the Spy" will be playing children from 9:30-11 a.m. in the room of the base library.

Teens Talk About Books will day and Nov. 9 for grades 8, 9 a sessions will be held at Brew School library from 6:30-8 p.m. Campbell, will lead the teen grou of selected reading. Register books at the base library.

USO

Upcoming Events

455-3411

If you are the spouse of a service member, the USO Spouse Support Group is for you, whether your spouse is deployed or not and regardless of rank.

Visit the USO, Station No. 22 on the self-guided tour of Jacksonville. Stop in to pick up your brochure and enjoy a tour of the oldest USO in the world. A Snack bar is available.

Commanding officers, sergeants major and command master chiefs, did you know the USO can bring a birthday cake to any single military personnel in their command upon request?

Armed Services YMCA now has email up and running at the USO. Services are free, however, a donation is always welcome. It is for enlisted servicemembers and their families. For more information, call Bill Hickey at 451-1504.

The USO will be having a Halloween Sunday from 3-5 p.m. Come dressed in your favorite costume and join the fun, games and treats for all ages.

Retiree's Ball will be held at Marston Pavilion Nov. 6. Tickets are $15 each and may be purchased at the USO.

The Marine Corps Birthday cake cutting ceremony will be held at the USO Nov. 7.

Coastal Paintball presents the 2nd annual 3-player novice Christmas Cash USO Fundraiser Tournament Dec. 18 at Coastal Paintball, Highway 17 S. Entry fee is $90 per team (6-game format). Air fee is $10 per player (air included for rentals). Paintballs are $70 case/2000 ct. or $17 per 500 rd. This is a field paint only event. Rental package is available and it includes: gun, mask, air and 500 rds of paint — $30 (team entry fee additional). Cash and prizes will be given. To register, call 347-4199 Thursday-Sunday. Registration is accepted no later than 7 p.m. Dec. 17.

Off-limits establishments

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2. Name: **Centennial Enterprises, Inc.**
Address: 1489 E. Thousand Oaks Blvd., Suite 2, Thousand Oaks, CA (HQ's Office)
3. Name: **Easy Money**
Address: 233-F Western Blvd., Jacksonville, NC
4. Name: **Esquire Massage**
Address: Hwy. 258 W, Richlands, NC
5. Name: **Jacksonville Speedway Auto Parts (A.K.A. Raceway Auto Parts & Raceway Used Auto Parts)**
Address: 401 Blue Creek Elementary School Rd., Jacksonville, NC
6. Name: **North Carolina Catalog Sales**
Address: 1943 Lejeune Blvd, Jacksonville, NC
7. Name: **Playmates II/Kelly's Playmates**
Address: Corner of Hwy. 24 & Piney Green Rd., Jacksonville, NC
8. Name: **Pleasure Palace (Formerly known as Playmates)**
Address: 830 Wilmington Hwy., Jacksonville, NC
9. Name: **Pleasure Palace**
Address: Hwy 24 East, Jacksonville, NC
10. Name: **Private Dancer II**
Address: Wilmington Hwy., Jacksonville, NC
11. Name: **Private Pleasures (formerly Carriage House)**
Address: 3054 Wilmington Hwy, Jacksonville, NC
12. Name: **Private Pleasures (A.K.A. Carriage House)**
Address: 5527 Hwy. 258, Jacksonville
13. Name: **Reflections Photo Finishing**
Address: 353 Western Blvd., Jacksonville, NC
14. Name: **Tender Touch (Baby Dolls)**
Address: Hwy. 258, Jacksonv
15. Name: **The Doll House**
Address: Hwy. 258 West, Jacks NC
16. Name: **The Joshua Exp Club Access** Address: 200 Oak Ct., Suite 425, Va. Beach,
17. Name: **Touch of Magic**
Address: 104 Canady Rd., J ville, NC
18. Name: **Student Assistanc pany** Address: 244 South Ran Suite III, Elgin, IL
19. Name: **Easy Money Catal** Address: 112 Crocker Rd., H NC
20. Name: **Brooks Property**
Address: East Hwy 210 M Bridge Rd., Spring Lake, NC
21. Name: **Campbell Terrace**
Address: Fayetteville, NC

Camp Lejeune, N.C.

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Carolina Living

er 29, 1999

Wolanski Review 2C
Community Briefs 3C
Birth Announcements 4C

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Beach nprovement

en Ronald G Richard, nding General, Marine Base Camp Lejeune, announced the start of the Beach Improvement The Project is designed prove facilities and cture at Onslow Beach on ejeune.

ioned as a cooperative hip with City and County and businesses to be ed in accordance with guidelines governing such hips, the Project aims at g Quality of Life for the , Sailors, family members, and civilian Marines of ejeune. Existing structures w Beach will be renovated proved, along with new onal facilities.

ntly in its planning stages, ct may include considering elect functions and areas tized. While not a part of partment of Defense's s Reform Initiative, the ill include opportunities for ses.

ore information, contact np Lejeune Consolidated ffairs Office at 451-5655.

New Store

Marine Corps Association g a bookstore in the Camp e Exchange Annex on Blvd. The grand opening at 11:30 a.m.Retired **Capt. Keldin** will sign copies of "From the Horses' Mouth," m.

ood Relief

lp people devestated by e Floyd and the following , Seymour Johnson Air ase officials are asking e who attends the base's ommunity appreciation day to bring at least one ishable food item.The is Saturday from 9 a.m. m. Entry and parking are more informaticn, please 722-0027.

Breakfast scheduled

will be a retired military t for all retirees and active urday at the Camp Lejeune lub.

l Hour will begin at 7 a.m. akfast beginning at 8 a.m. ore information, call retired **Meyer** at 938-1610.

Volunteers needed

Muscular Dystrophy ation is looking for rs for an event scheduled nesday.

e are several different r volunteer assistance to drivers.

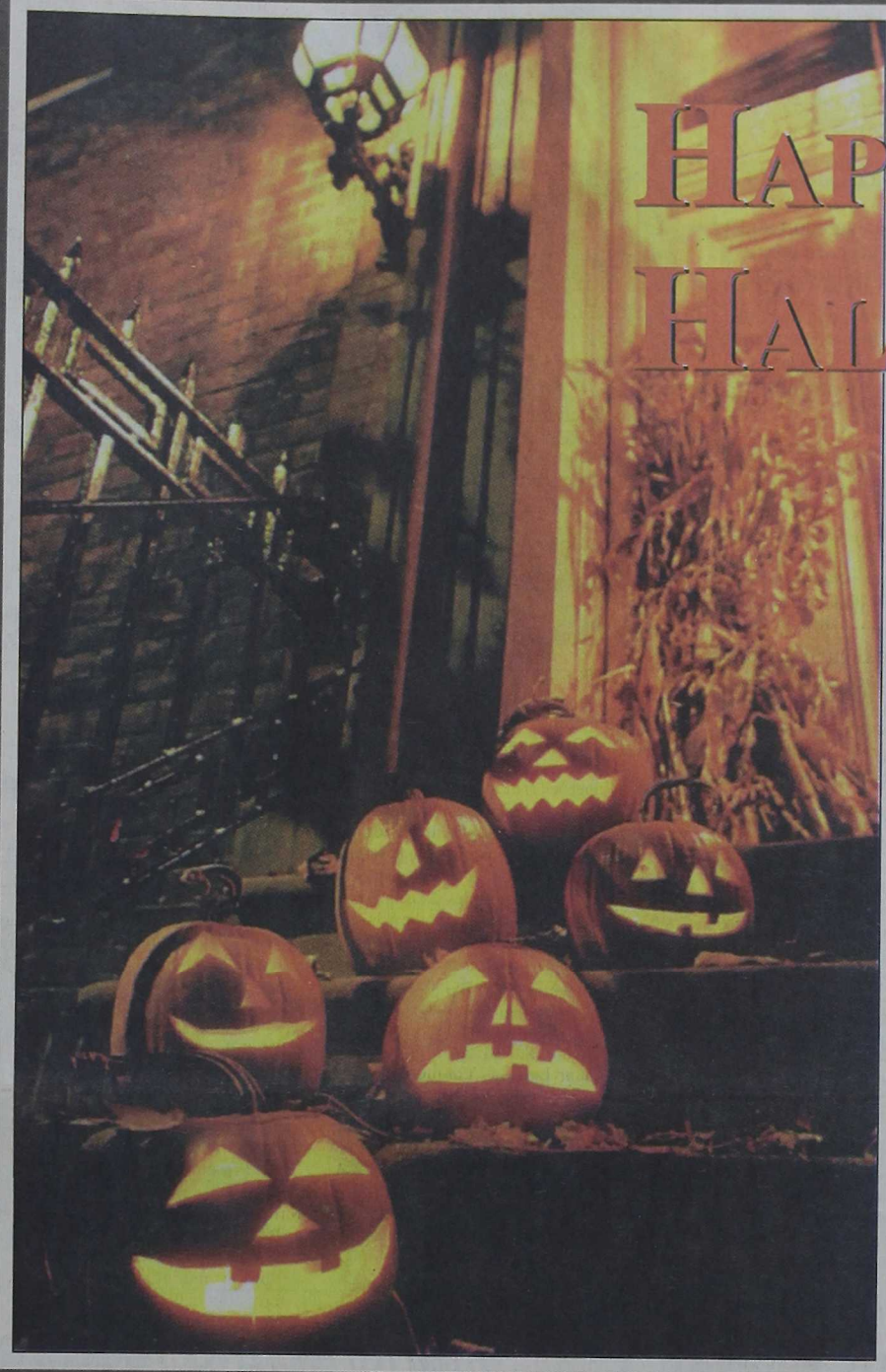
year, Camp Lejeune s were responsible for his event a great success. ore information, call (919) 2.

Weekend Weather

nny and pleasant;
4 Low 50

Sun mixed with
4 Low 52

Clouds, possible
0 Low 50



HAPPY HALLOWEEN

The origins of today's celebration on Oct. 31 trace back to the ancient Celtic festival of Samhain. In the Celtic year, Nov. 1 was the beginning of the new year. Samhain marked the transition from life to death. During this time, the crops have been harvested, and animals were slaughtered to prepare food for the long, dark winter. The Druids had all fires estinguished, and created a huge bonfire on this night, buring sacred oak branches, along with sacrifices to mark the end of the sun's reign. Sacrifices included crops, animals, and many times humans.

Because the lives of the Celts were deeply intertwined with nature, the death of the world around them became associated with human death. During this time, it was believed that the veil between the worlds of the living and the dead were thinnest. The living were able to communicate with their dead loved ones during Samhain.

Trick or treating may have developed from the custom of people leaving food out for the spirits that were believed to wander the earth during this time. Another theory is that it developed from the celebration honoring Muck Olla, where a parade of people begged for food. The leader of the parade wore a mask, which may have been the origin of the Halloween costume.

Of course, if the spirits were able to travel between the worlds on Samhain, so too could malevolent spirits. To scare these baddies away, the Celts carved faces into turnips and lit them with candles. Scary costumes were also worn to scare the bad spirits.

Feralia, the Roman festival of the dead, was later combined with Samhain. With the Christianization of the Celtic people, the Church found that old habits died hard. Because the Celtic people weren't easily willing to give up their traditions, the Church tried to replace Samhain with All Saints' Day, a day to celebrate dead saints. Witches (those who dared to follow the old ways against the will of the Church) and evil demons were said to ride that night, doing the Devil's bidding.

Halloween didn't become widely celebrated in the United States until the 1800s. Immigrants from Ireland and Scotland were beginning to settle in the U.S., and brought many of their customs with them. The New World provided pumpkins, which were more suitable as lanterns, and are a major symbol of modern Halloween.

Information compiled from internet websites on Halloween.

Trick or Treat

Marine Corps Base Camp Lejeune "Trick or Treat" hours will be Saturday, from 5:30 to 8 p.m.

Residents are reminded to be especially careful due to the large number of pedestrians.

Halloween is a fun time for kids of all ages. Here are some tips to make your Halloween safe, as well as fun:

—Costumes should be of a light color, or should have reflective areas so the wearer can be seen in the dark.

—Costumes should be flame-retardant, and not too baggy or long to cause tripping.

—Masks, wigs, and hoods should not obstruct the child's vision. If they do, use face makeup instead.

—Children should trick-or-treat while it is still light, or should carry a flashlight or glowstick if it is dark.

—Children shouldn't go trick-or-treating alone. An adult or teenager should accompany them.

—Parents/guardians should know where the children will be trick-or-treating, and the route they will take.

—Children should walk on the sidewalks, never in the street. If there is no sidewalk, walk on the side of the road, facing oncoming traffic.

—An adult should check all candy before allowing children to eat it.

Haunted Forest

Camp Lejeune Youth Activites and Boys and Girls Clubs present the Haunted Forest at Marston Pavilion from 7:30 to 9:30 p.m. today through Sunday. Are you brave enough to survive the winding paths filled with the screams of the undead? Open to the public. Call 451-3375 for info.

Costume Contest

The Halloween costume contest and matinee movie will be at 9 a.m. Saturday at Carmike Cinema on Western Blvd. The cost is one canned-good per person. For more information call 347-5332.

It's a Party

The Jacksonville USO is having a Holloween Party Costume Contest from 3 to 5 p.m. Sunday. There will candy and games for people of all ages. Prizes will be awarded for the best costumes. Open to the public. Call 455-3411 for more information.

Haunted Hayride

Surf City Volunteer Fire Department presents the Haunted Hayride from 7 p.m. until midnight today and Saturday. Located on Highway 50 towards Surf City between Docksider and Gilligan's. Call 329-291,1 for more information.

Test your Halloween knowledge

Pumpkins have always been a part of Halloween, right?

Pumpkins were only used at Halloween in America. There were no pumpkins in Europe until they were exported from the New World.

Why are carved pumpkins called "jack-o-lanterns?"

The term 'jack-o-lantern' comes from an old legend about a man named Jack who's ghost is doomed to walk the earth with a lantern forever because he made a deal with the Devil.

Dracula actually existed. Was he a vampire?

No. Dracula was actually lad Tepes, prince of Wallachia in the mid 1400s, who was known for his brutality toward his enemies. Bram Stoker combined Vlad and vampire legends to create his novel Dracula.

How did black cats become connected with Halloween?

Druids believed that black cats were reincarnated humans. Christians believed they were demons in animal form sent by Satan to help witches.

Isn't calling someone a witch an insult?

No more than calling someone Catholic, Protestant, or Jewish is! Witches are not old, ugly women with green skin and a wart. Real witches are people who follow the religion of Wicca, or The Craft.

Zombies aren't real. Aren't they made up by the movies?

Real zombies are a part of Voudun belief, and are nothing like their Hollywood counterparts.

Frankenstein is a monster, just like Dracula and the Wolfman, right?

Wrong. Frankenstein is the name of the doctor. His creation is called "Frankenstein's monster."

Is a Warlock a male Witch?

No. A male witch is a witch, not a warlock. "Warlock" is a Scottish term meaning "traitor" or "oathbreaker."

Local Marines, Sailors donate time to school

Program helps Lejeune students with reading, writing, arithmetic

Cpl Sharon M. Kalyn
Camp Lejeune correspondent

With the new school year well underway, many Camp Lejeune military units are giving up time from their busy work schedules to volunteer at the dependent schools here.

As part of the former commandant's Adopt-A-School program, Marines and Sailors give their time to "MASTERS," Marine/Navy Adopting Students Toward Enriching the Three Rs (reading, writing and arithmetic).

"When adults, other than teachers, are in the schools, achievement goes up," said **Dr. Joan Halloran**, Assistant Superintendent of Camp Lejeune's Department of Defense Dependent Schools. "Children read better, and schools are safer, more productive and friendlier."

The school adoption program is meant to encourage adult mentoring for school-aged children and positive contributions to society.

Marines and Sailors give one or more hours to supporting academics within the classroom per week. Volunteers work with the same classes each week, teaching small groups reading, writing and math skills. Teachers give guidance to the volunteers by offering lesson plans and material to work on with the children.

Some schools have computer labs, where volunteers with computer experience can apply their expertise.

It is very difficult for teachers to provide constant individual guidance to all children in their classrooms. Volunteers can help give the children the one-on-one assistance that may make the difference in academic achievement. Some children who were not up to par, have been brought up to standard by as little as one hour per week with a volunteer.

According to Halloran, children have shown significant improvements in their performance due to the efforts of the Adopt-A-School program.

Volunteers also help with other activities, such as sports days, blood drives, theater productions and maintenance around the schools. Some of the other volunteer programs within dependent schools include repair/school projects, parent volunteer programs, community support, school-to-work/job ready programs.

"The impact of this program on our young Russell students is immeasurable," said **Sunnie Tortorici-McCarthy**, School Adoption Coordinator at Russell Elementary School. "We now call our adopt-a-school program by last year's nickname 'Semper Educate Fi.'"

Even during the summer months, Marines have held a summer reading program at Russell Elementary School where students came to have lunch and be read to by Marines.

Every elementary and middle school at Camp Lejeune has a unit to sponsor them. The following is a list of Adopt-A-School programs with volunteer units that have taken time out of their busy schedule this year to better the education of children, both on and off military establishments:

2d Tank Battalion, 2d Marine Division, began their program in October 1998 at Brewster Middle School.

2d Maintenance Battalion, 2d Force Service Support Group, began in March 1997 at Russell Elementary School.

Marine Corps Combat Service Support Schools commenced their program at Tarawa Terrace II Elementary School in the spring of 1998.

Marines of 8th Engineer Support Battalion, 2d FSSG, volunteer their time to Stone Street Elementary.

Headquarters and Support Battalion, 2d FSSG, takes part in the program at Berkeley Manor Elementary School.

Marine Helicopter Training Squadron – 302, Marine Corps Air Station New River, takes time out for Delalio Elementary School students.

Bravo Company, Headquarters and Support Battalion, Marine Corps Base has recently gone into town to give its time to Jacksonville Commons Middle School.

8th Marine Regiment, 2d Marine Division, started volunteering at Queens Creek Elementary School in April 1999.

Medical Logistics Company, 2d Supply Battalion, 2d FSSG, began in September 1999 at Thompson Elementary School.

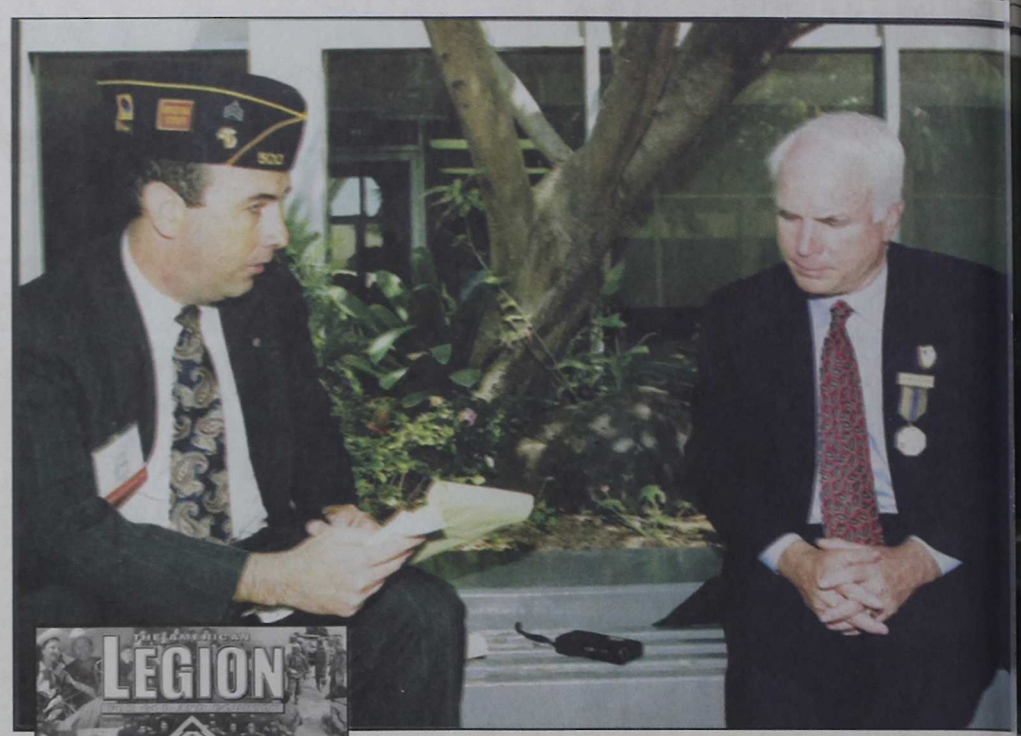
Marine Aircraft Group – 29, Headquarters, MCAS NR, goes to Bell Fork Elementary School to help the children.

Marine Aviation Logistics Squadron – 26, 2d Marine Aircraft Wing, MCAS New River, volunteers at Blue Creek Elementary School.

According to Marine Corps Adopt-A-School program statistics, there are 31 schools with 21,066 students in the Onslow County School System. During the 1997-98 school year, 2,951 volunteers logged in 53,936 hours, and an estimated 37 percent of the volunteers are federally connected. A large number of military families attend Onslow County Schools.

Many units within the Marine Corps complain about shortages. There never seems to be enough hours in a week to complete all the tasks that pile up, yet many Marine units are donating time and personnel for the good of the children in our communities.

Any units or potential volunteers interested in adopting a school in Onslow County should first contact the school.



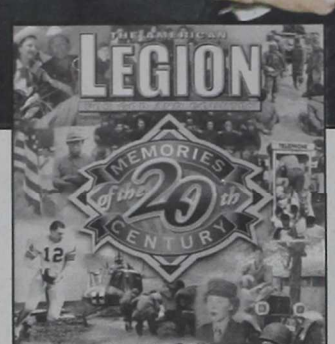


Photo courtesy of Amer

Continued success

John Raughter, left, talks with Arizona Senator **John McCain**. Raughter, a Marine Corps sergeant, was recently promoted to editor of *The American Legion Magazine*. Raughter served in the Marine Corps from 1983-90. He atten Defense Information School and served in Public Affairs as a photojournali Marine Aircraft Wing in New Orleans, La.; Marine Corps Logistics Base E Calif.; Camp Butler, Okinawa; and Marine Corps Air Station Cherry Poi After leaving the Marine Corps, Raughter earned a bachelor's degree in Science and a master's in Journalism.

Don't play with tooth dec

Teeth Talk

LT Todd Miller

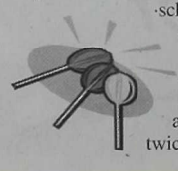
Sounds like a ontradiction in terms esn't it? With Halloween just around the corner, we need to think about cavity prevention in our children. This is one holiday that is known for costumes and candy. We sometimes forget how important it is to keep these "baby" teeth clean during this time of year. A University of Minnesota dental researcher suggests that most children who get cavities when they are older, had poor oral dental habits in infancy and early childhood.

Dr. Pamela Erickson, Assistant Professor at the University of Minnesota Dental School reported that infants and toddlers who develop cavities in their baby teeth are up to 17 times more likely to get cavities in permanent teeth than children who had no cavities.

Erickson compared two groups of young children at the school's Pediatric Dental Clinic where 58 had baby bottle caries and 57 were cavity free. After 6 years, she found remarkable differences. The children with the cavities had far more decay in their permanent teeth.

Our advice, like that of most dentists, is to start good oral hygiene habits early in life and follow the list that follows:

·start brushing the teeth as soon as they erupt.



·schedule children to see the dentist at around 1 year old.

·take the child to the dentist for recall appointments at least twice yearly.

·have sealants placed on permanent molars a premolars to reduce the chance of cavities on the biting surfaces of these teeth.

·never allow the child to sleep with a bottle containing sweetened liquids milk.

·have child brush at least 2 ti using only a very amount of toothpaste on the brus swallowing the exce over-fluoridating the child.

·parents should help childre brushing until they are about 5

·last but not least, try to limi and frequency of the candy they

This message was brought t 2d Dental Battalion, Camp L *Floss.com.*

A Family Affair

Emory, left, and **Aryona Carpenter** both recently qualified to advance to the Sunburst Beauty Pageant to be held in Charlotte, N.C., in May 2000. The little beauties, featured from around the state, will be judged on facial beauty, poise, and an individual interview. Emory and Aryona are the daughters of **Jennifer Ptacek** and **Sgt. Joel Carpenter**, with the 24th Marine Expeditionary Unit Command Element.

Hunting: the hidden military bene

Surf and Turf

Eric "the Red" Steinkopff

Here at Camp Lejeune we have a tremendous opportunity to hunt and we should treat it as one of our hidden military benefits. It is much simpler to stalk game here as compared to off base areas, such as the Croatan National Forest, where the locals will tell you that you really have to work for your harvest.

The wildlife on base is already accustomed to human scent, as well as the noise and smell of vehicles, so they are less likely to be spooked. If a troop movement didn't scare them into the afterlife, then a cautious hunter is very likely to be successful. The managed forests on base also provide easier access to areas that would otherwise be hopelessly overgrown.

Many hunters claim that they are going to wait until later in the season, when the weather is a little cooler, but some hunters swear by the early season. There are good points to both. When the weather is still too warm for us to move about comfortably, most of the buck movement will be limited to just before sunris after sunset. When it first starts to get a litt however, many of the pre-rutt bucks are on t Some hunters recently have described the eve movement over the past week as very good a to have seen deer on every scouting trip.

After almost two full weeks into open dee nearly every hunting conversation turns into a contest. Two local spoke with recently three deer between why don't you take to let us know of y success?

If you have any c questions or advice regarding hunting, fi general outdoors activities, please feel free to via "snail mail" at the Globe (Attn: Surf and email me at: *globesurfnturf@yahoo.com.*

Until next week, may you reach your bag may your stringer be full.

Time, toddlers tend to take toll on toys

Wolanski Review

Laura Wolanski

Mothers keep the strangest things: locks of curly hair from a toddler, embarrassing pictures of their children as awkward, out-of-sorts adolescents, your placenta and umbilical chord in the deep freeze – did you wonder what Monday night's mystery meat actually was?

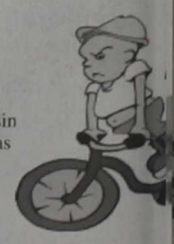
One of the brighter ideas my own mother had was to keep my *Fisher Price* toys, which she recently gave to my daughter. The toys that I used to play with are no longer being manufactured and so they are apparently collector's items – not that I care. I don't want to collect them. What I want is for my children to get as much fun out of them as I did. And do they ever! The only surviving *Fisher Price* people I have are the old versions, much smaller and with painted wooden bodies and detailed plastic heads. They are a motley crew, having been played with in every imaginable context and under all kinds of conditions. They have been chewed on, cooked, buried, drowned, run over by countless bicycles and endured the unspeakable tortures only a 5-year-old could think of. I used to have a fondness for sliding my bottom teeth under the red helmet of hair on one particular doll.

To my amazement, my children do exactly the same thing. Unfortunately, my son managed to rip a whole section of her hair off, exposing a curious circular hole in the crown of her head. We now call this doll "Lobotomy Girl."

There is also a little blonde doll, who looks like Drew Barrymore when she was in the movie, *E.T.* and a frowning boy with freckles and his baseball cap to the side – I now refer to him as "juvenile delinquent." (Searching through the sofa cushions, you can hear me call, "kids, have you seen juvenile delinquent?") There is Bert, of *Sesame Street* fame, with a cylinder of textured, black plastic hair rising up out his head. I've never really been able to decide whether or not Bert is a puppet or a man. I suspect Bert suffers from the same dilemma, so I call him "Existentially Confused Bert," or "E.C.B." for short. Then there is the little railroad engineer. He has a cute cap, a plastic red kerchief around his neck and two black squiggles for a mustache. To me, he is now, "Blue Oyster Bar Boy." There is also a dog whose ears were chewed off long ago. He has a spiked collar and the dots on his snout look like a five o'clock shadow. He's Blue Oyster Bar Boy's companion.

The irony in all this, is that 20 years later, I'm still playing with these toys. They are not annoying little objects to toss in the garbage when they get in the way of the vacuum. (How I often wish Legos had a molecular expiration date, so that after a few days they would just evaporate and save me from bending over 50 times a day to pick up yet another connecting piece or helmet.) When I come across any member of my *Fisher Price* gang, I return them carefully to wherever they were last being used, whether that's in a sink full of water with a big toy shark as my son re-enacts the boating scene from *Jaws II* or sitting patiently in a custom-designed one-seat car waiting for someone to push them so they can get where they need to go. (Could you imagine if we had to rely on other people to push our cars all the time? Drivers of *Ford* trucks must feel like *Fisher Price* people.)

How lacking in personality are the newer, safer toys! Although I am genuinely glad that we have made advancements in the safety of children's toys, I often wonder if we are not so obsessed with protecting our children and making their environment as danger-free as possible, that we have taken away a great deal of their fun in the process. After all, there just isn't any real danger-free way to cover a *Barbie* doll in grape jelly and plant her by her dainty feet in a hill of red ants. But doing so is a part of growing up. Not all childhood exercises should be learning disguised as fun. Something as completely inane as burying a *G.I. Joe* doll in the dirt under the pear tree is just plain fun. My daughter recently asked her uncle, my brother, why he broke my musical Ferris wheel by pouring dirt into it from above as it went around and around, until the gravel choked the little gears and it ground to a halt . . . forever. My brother sin replied, "because it was there." There are plenty of totally pointless activities that are plenty of fun — just ask anyone who plays golf.



And yet, parents nowadays are far more li their children a set of toy golf clubs than sho to pluck the arms from a *Barbie* doll and bury th into the ground as a ghoulish warning to other dolls. (If you must try to find some educatio such an activity, I suppose you could p mechanics of a ball-and-socket joint as your rip arms.) Some people might accuse me of violent behavior in kids. I think that's like ac encouraging kids to grow. I don't have to e they do it all by themselves. It's the nature beasts. Anyone who has a toddler in the house to be true. My 1-year-old son is the most vi I know. I think it's an amusing waste of demolition crews with those huge wrecking down derelict buildings. They should just tak class of a local day care before nap time in there loose. I think they should hire toddlers as pa in junkyards. The next time I need a front quar my van, I'll just bring my son along with me the one I want and say, "let's play with that

Community Briefs

Reunion announced

rawa Veteran's Reunion Lejeune will take place Points of contact for the e **Maj Twiford** or **MSgt** or more information, visit *nt@usmc.mil* or call 451-1-1424.

Craft Fair

fficers' Wives' Club is craft fair at Marston ov. 20 from 9 a.m. until 6 ov. 21 from 12 until 5 p.m. vill have something for , please plan to attend lerful event. For more on, please call **Jackie** 53-2507.

obby Shop

eramic Hobby Shop is Patron Celebration Day, urday. Join us for mold ercent off all supplies, l refreshments. For n call 451-2077

umismatics

Carteret Numismatic l hold its monthly meeting Wednesday at the Old t Station, 612 Broad Street . The meeting will include siness session, show and ial session, educational raffle and auction. The blic is welcome. For more n call 728-1627.

all Business

Cameron School of t the University of North Wilmington is sponsoring a Small Business," a Nov. 6. Registration Thursday. Call 962-3195 ation.

Bazaar

oods United Methodist ll have a Bazaar Nov. 6 until 3 p.m. We will have barbecue dinners, gifts, crafts and baked goods. Please come by and support a good cause. For more information, call 455-3770.

Holidays on the coast

The Cape Fear Coast is open and welcome to visitors to experience the color and pagentry of more than 30 unique holiday events. To assist visitors with their holiday travel plans, the Cape Fear Coast Convention and Visitors Bureau is offering free Holiday Events Brochure, which is now available while supplies last. For a free brochure, call 1-800-222-4757.

Hunting Safety

The Onslow County Parks and Recreation Department and the N.C. Wildlife Resources Commision will be conducting a hunting safety class Monday - Wednesday. The class will be held from 6-9 p.m. at Blue Creek Elementary School. Registration through Onslow Pines Park Administration Office is required. For information, call 347-5332.

Fire Safety

The Onslow County Parks and Recreation Department, Onslow County Public Library, and Hammocks Beach State Park are sponsoring the Fall Nature Program, "Loggerhead Sea Turtle." The program will be Wednesday at Onslow County Public Library at 7 p.m. Everyone is invited. For more information, please call **Michael T. Reyer** at 347-5332.

LHS Alumni

Lejeune High School will host "Reunion 2000," for all classes from 1945-1999 July 7-9, 2000. All graduates, former students, faculty and staff are invited. Reservations are needed by April 1, 2000, to attend. For information, visit the website, *www.lejeunealumni.com*, or call 451-2451.

Performers needed

New Bern Civic Theater announces auditions for "Plain and Fancy," at Centenary United Methodist Church Monday and Wednesday at 7 p.m. Men, women and children are needed for actors, singers and dancers. Performance dates are Feb. 18, 19, and 24-27. For more information, call 634-9057.

College Courses

Coastal Carolina Community College's Fall Human Resources Development Course Lineup: Helping people find new direction through new skills. Workforce Computer Skills (begins Monday); Step Into the World of a Child (begins Monday); College Bound - How to be Successful in College (begins Nov. 29). Call 938-6189 for information.

Children's Theater

"The House at Pooh Corner," presented by the Council for the Arts, will be performed by the Theater IV Company from Richmond, Va., Nov. 7 at 2:30 p.m. in the Southwest High School Auditorium. This is the first of four professional theater programs for children in the "Theater Time" series. Tickets are $3 and are available in advance or at the door. For information call 455-9840.

Opening slated

Accounting Business Systems, Inc., announces the opening of their Wilmington office. Accounting Information Systems is a business/accounting software value-added reseller serving small to medium-sized businesses.

For more information, call 800-284-4393.

1999 Birthday Ball Schedule

Date	Event	Location
Nov. 1	ISS	Goettge Memorial Fieldhouse
Nov. 2	8th Communications Battalion	Goettge Memorial Fieldhouse
Nov. 3	2d Marine Division Enlisted	Goettge Memorial Fieldhouse
Nov. 4	2d Marine Division NCO	Goettge Memorial Fieldhouse
Nov. 5	2d Marine Division SNCO	Goettge Memorial Fieldhouse
Nov. 5	2d Radio Battalion	Marston Pavilion
Nov. 6	2d FSSG	Goettge Memorial Fieldhouse
Nov. 6	Retirees	Marston Pavilion
Nov. 6	II MACE	Officers Club
Nov. 7	MCB/2d FSSG NCO	Goettge Memorial Fieldhouse
Nov. 8	MCB/2d FSSG Enlisted	Goettge Memorial Fieldhouse
Nov. 9	II MEF	Goettge Memorial Fieldhouse
Nov. 9	II MEF Officer's Dinner	Officers Club
Nov. 10	2d Marine Division Officers	Goettge Memorial Fieldhouse
Nov. 10	2d Marine Division Officer's Dinner	Officers Club
Nov. 11	MCB Officers/SNCO	Goettge Memorial Fieldhouse
Nov. 11	2d FSSG Officers	Officers Club

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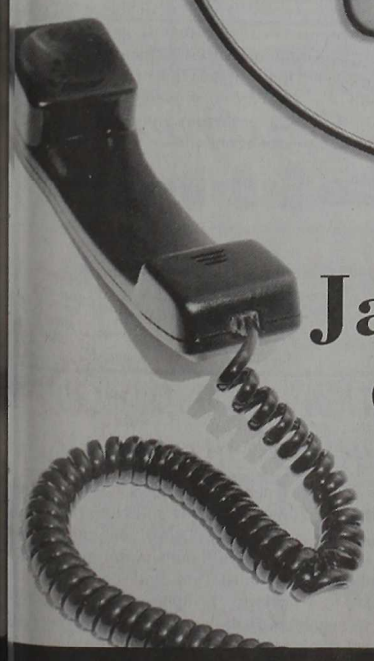
7¢ A MINUTE



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Support greatly appreciated

The Shrimp Festival Committee wishes to express its sincere appreciation for the support renedered to the 1999 Sneads Ferry Shrimp Festival by the United States Marine Corps.

The static display was truly one of the highlights of our field event entertainment. It was evident that participating Marines and equipment were well prepared, inspected and ready for public scrutiny. The Marines and displays were the subject of numerous favorable comments during and after the festival.

I would like to point out that the leadership and attention to detail of 1stLt. Scott E. Ference, Fox Battery, 2d Battalion, 10th Marine Regiment, was evident in the performance attitude and demeanor of each Marine participating in the static display.

Once again, the highlight of our Shrimp Festival parade was the 2d Marine Division Color Guard and Band, marching in the lead. This symbolized the long-standing relationship between Camp Lejeune and Sneads Ferry.

Sincerely,
Retired Marine Col. David N. Noble
Military and Police Liaison

On behalf of the entire single Marines and Sailors aboard Camp Lejeune we would like to thank everyone who came out on Oct. 9 to support Operation Lifeline.

All the scouts were there to help out; we even had a troop from Raleigh that joined in. A special thanks goes to the Officers Wives Club and the Staff NCOs Wives Club. The OWC made a wonderful and unexpected donation of $1,000 to the operation. All of the funds that were collected were forwarded to the Office of the Governor.

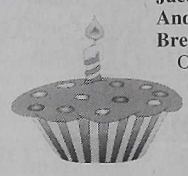
We also received special donations from the staff at the base theater. They donated their tips from "Evening at Broadway" to the effort. Thanks for everything that you all are doing. The Single Marine Program from MCAS New River also joined in the effort by delivering needed items — way to show Semper Fidelis!

Sincerely,
Renee Valdov
Single Marine Program Coordinator

Welcome Aboard

The following is a list of births from Naval Hospital, Camp Lejeune, North Carol 1 to 15:

Oct. 1: **Samantha Alexis** born to LCpl Charles III and Amanda Mowery
Oct. 2: **Kaya Marie** born to Sgt Leroy III and Tracy Hamilton
Tiffany Amber born to Sgt Miguel and Magda Montesdeoca
LaNae Jean born to DT3 Brian Sr. and Holly Fay
Oct. 3: **Brittani Marie** born to LCpl Anthony Sr. and Kimberly Rayback
Benjamin Fred Jr. born to Cpl Benjamin Sr. and Trimeka Johnson
Isabel Rose born to HM3 Sherri and Nathaniel Kennedy
Oct. 5: **Ryan Nathaniel** born to SSgt John and Sandra Schaffer
Sarah Elizabeth born to Sgt Jonathan and Patsy Taggett
Noah Scott born to Sgt Justin and Ashley Fuqua
Hector Noel Jr. born to Sgt Hector and Darlene Ortiz
Oct. 6: **Ethen Matthew** born to LCpl Matthew and Deona White
Cody James born to HN Edward III and Kristi Woodall
Alyssa Renee born to Cpl William and Dianna Rice
Oct. 7: **Victoria Reign** born to Sgt Maureen and Daniel Gilyeat
Riley Ann born to Cpl Julie and Roy Matthews
Oct. 8: **Tyreke Antoine** born to Sgt Carl Jr. and Trisha Hart
Cameron Milan born to Cpl John and Cpl Jessica Cirino
Cainan Lee born to Cpl Aaron and Shannon Mechell
Oct. 9: **Jasmyn Aliyah Marie** born to LCpl Jamaal and Jennifer Henry
Oct. 10: **Emmanuel Tyrell** born to Cpl Miguel and LCpl Melony Lo'pez
Oct. 11: **Xhevdet Raeder** born to Capt Christopher and Deborah Krajacich
Oct. 12: **Benjamin Martin** born to Lt Barry and Heather Gentry
Oct. 13: **Javier Jr.** born to Cpl Javier and Kareen Santiago
Kathryn Klugmann born to HM3 Charles and Angela Stewart
Samuel Gerard born to Cpl Joel and Sarah Kirouac
Cameron Thomas born to HM2 Thomas and HN Angela Boggs
Parker Lewis born to HM2 Jeffrey and Stephanie Baumgardner
Oct. 14: **Chase Arron** born to Sgt Jason and Angela Elliott
Jaedyn Michelle born to Cpl Charles and Maria Arnold
Andre born to Sgt Eric and Patricia Mena
Brett Allen born to LCpl Kristi and Jeremy Resler
Oct. 15: **Corey II** born to Cpl Corey I and Felicita
Amaryllis Eleni born to LCpl Victor Jr. and Karen



Single Marine Program

Lots of upcoming events are planned. We have a hypnotist that will appear at the Haunted Forest, Blizzard of Bucks at Central Area Recreation Center on Nov. 6.

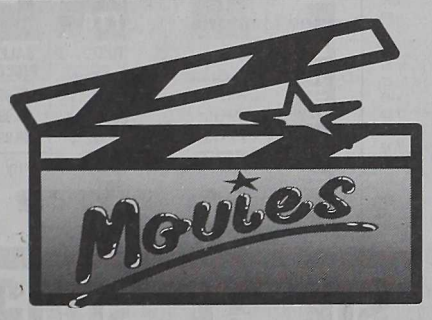
We have heard your requests for additional programming in your recreation centers and are working hard to bring you the entertainment and activities that you have asked for. We also invite everyone to come and enjoy the Haunted Forest from Friday to Sunday. This is the primary fundraiser for the Single Marine Program, so come on out and have a spooky time in the Haunted Forest and then come on over and buy a caramel apple, hot chocolate, sno-cone or a bag of popcorn!

For those of you who are interested in getting involved in the Single Marine Program, following is a list of the meeting schedule for the remainder of the year:

Camp Johnson	8 a.m.	Nov. 4,18; Dec. 2,16
Area 4/5	9 a.m.	Nov. 4,18; Dec. 2,16
Naval Hospital	10:30 a.m.	Nov. 4,18; Dec. 2,16
French Creek	10:30 a.m.	Nov. 10,24; Dec. 8,22
CHB	2 p.m.	Nov. 10,24; Dec. 8,22
**ESC	3 p.m.	Nov. 9,23; Dec. 7,21

** Presidents and vice presidents of all councils.

For more information call, 451-0499.



Now playing at a base theater near you!

Camp Lejeune

Friday		
The Muse	*PG-13*	*7 p.m.*
Chill Factor	*R*	*9:45 p.m.*
Saturday		
The Iron Giant	*PG*	*2 p.m.*
The Muse	*PG-13*	*7 p.m.*
Chill Factor	*R*	*9:45 p.m.*
Sunday		
The Iron Giant	*PG*	*2 p.m.*
Chill Factor	*R*	*7 p.m.*
Monday		
A Dog of Flanders	*PG*	*7 p.m.*
Tuesday		
Mickey Blue Eyes	*PG*	*7 p.m.*
Wednesday		
The 13th Warrior	*R*	*7 p.m.*
Thursday		
The Muse	*R*	*7 p.m.*

New River

Friday		
A Dog of Flanders	*PG*	*7 p.m.*
The 13th Warrior	*R*	*9:30 p.m.*
Saturday		
A Dog of Flanders	*PG*	*7 p.m.*
The 13th Warrior	*R*	*9:30 p.m.*
Sunday		
A Dog of Flanders	*PG*	*3 p.m.*
The 13th Warrior	*R*	*6 p.m.*
Monday		
Mickey Blue Eyes	*R*	*7 p.m.*
Wednesday		
Mickey Blue Eyes	*R*	*7 p.m.*

No shows Tuesday or Thursdays

No admission fee

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$2 Speci
Timing Belt/Water Pump
• Replace timing belts, water pump
• Replace cam and crankshaft seals
• Replace coolant and all outer belts
• All Hondas - 90 models and up factory recommends replacement at 90,000 miles or 6 years
10 DISC
WE USE GENUINE HONDA OIL F
LEJEUNE HONDA CARS
N. Mar
Jacks
346-4944 • Toll Free 1-800-849-808

The Doctrine of Signatures was an ancient belief that plants, by the shape or form of their parts, indicated to man their medicinal uses.

TENT SALE TIRE BLOWOUT

Get your tires mounted while you shop at the TENT!

SPECIAL PRICES GOOD DURING THE TENT SALE THURSDAY, FRIDAY AND SATURDAY!

FREE shuttle between TENT SALE and Central Service Station!

GOODYEAR #1 in Tires

TIRES FOR ALL YOUR VEHICHLES NEEDS!

CAMP LEJEUNE MARINE CORPS / TENT SALE
Thursday - Saturday OCTOBER 28, 29, 30
MAIN EXCHANGE PARKING LOT

THREE DAYS ONLY !!!
.....MANAGERS SPECIAL
Take an additional $8 per tire off special sale prices on Goodyear Tires! (Thursday - Saturday 9am-5pm only)

Sale Prices Good on All These Goodyear Tires!

PASSENGER
REGATTA AQUATRED II CONQUEST

PERFORMANCE
EAGLE #1, GA, RSA, EAGLE GT II, EAGLE HP, EAGLE F1, GS-C, VR/ZR

LIGHT TRUCK
WRANGLER RADIAL, MT, AT, AT/S WRANGLER RT/S, HT, HP
WORKHORSE RADIAL and EXTRA GRIP

Take EXTRA $8 on EACH GOODYEAR Tire!

PERFORMANCE

EAGLE GT II

SIZE	CODE	REGULAR PRICE	SALE PRICE
P215/60R15	B	87.99	
P225/60R15	B	90.99	
P215/60R16	B	98.99	
P225/60R16	B	102.9[illegible]	
P185/60R14	BSL	72.[illegible]	.99
P195/65R14	BSL	78	.99
P195/60R14	BSL	7[illegible]	.99
P195/50R15	BSL		54.99
P195/65R15	BSL		65.99
P195/60R15	BSL		61.99
P205/50R15	BSL		65.99
P205/55R15	BSL		80.99
P205/65R15	BSL		69.99
P205/60R15	BS[illegible]		63.99
P205/55R16	BS[illegible]		84.99
P225/50R16	B[illegible]	6.99	102.99
P235/55R16		17.99	94.99
P245/50R16		199.99	113.99
P275/60R17		108.99	86.99
P175/70R13		63.99	48.99
P195/70R14		73.99	57.99
P205/70R1		77.99	61.99
P215/70R	L	80.99	63.99
P225/70R	/L	85.99	67.99
P235/6[illegible]	WL	89.99	71.99
P235/7[illegible]	RWL	89.99	71.99
P255	RWL	95.99	76.99
P25[illegible]	RWL	98.99	78.99
P2[illegible]	RWL	101.99	81.99
P[illegible]	RWL	113.99	91.99
F[illegible]8	RWL	107.99	86.99
[illegible]16	RWL	111.99	89.99
[illegible]17	RWL	101.99	81.99
[illegible]R17	RWL	111.99	89.99
[illegible]0R14	W	84.99	67.99
[illegible]65R15	W	87.99	69.99

GOODYEAR

FREE
$70.00 VALUE
Specially designed for the Exchange!
Waterproof Eagle Jacket
With the purchase of any 4 Goodyear Tires*
*Except Decathlon and T-Metric
FREE MAIL-IN OFFER

PASSENGER

REGATTA

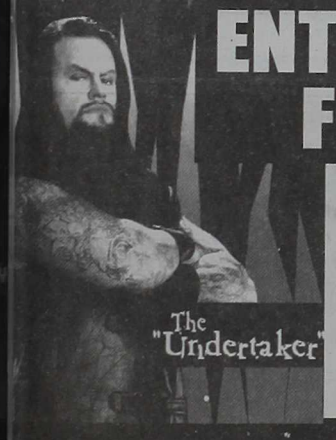
SIZE	CODE	REGULAR PRICE	SALE PRICE
P225/70R15	ENW	85.99	67.99
P225/75R15	ENW	82.99	65.99
P235/75R15	ENW	86.99	68.99

• 65,000 mile treadlife warranty
GOODYEAR

This advertisement was not paid for, in whole or in part, by the Department of the Marine Corps, MCCS. This advertisement does not constitute endorsement by the Exchange, Department of Defense, or the U.S. Government of the products or services advertised. Some advertised sizes and styles may be temporarily not available.

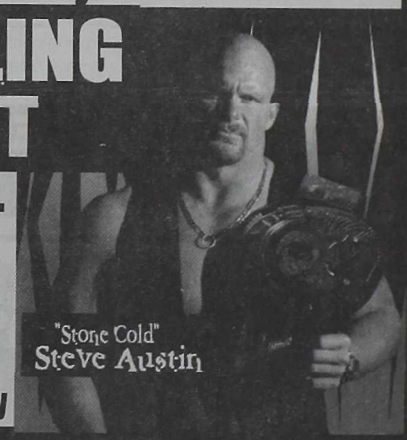
Marine Corps Exchange
-AN MWR ACTIVITY-

Last haircut make you look like Stone Cold Steve Austin?
Got tattoos that would make The Undertaker jealous?



ENTER THE Castrol WORLD WRESTLING FEDERATION LOOK-ALIKE CONTEST

Come to the TENT SALE before Sunday to enter-
Winner receives 2 tickets to the Nov 6th WWF match in Raleigh --plus $200.00!
Several runners-up will receive WWF hats and T-Shirts---Winners chosen Sunday



SAVE 10-15% ON THESE TIRES FROM

MICHELIN — Because so much is riding on your tires.
BFGoodrich Radial Long Trail T/A
UNIROYAL Tried. And True.

Take EXTRA $5 on EACH Michelin Tire!

nforce MX4
m all-season tire offeri[illegible]nd-grip and long mileag[illegible]d for a broad [illegible]m of auto-[illegible]s from [illegible]t to sport [illegible]ehicles.
[illegible]y of war-[illegible] details
65,000 TREADWEAR WARRANTY

IZE		Reg. Price	Sale Price
55R13	BL	$46.00	$41.00
65R13	BL	51.00	46.00
75R14	RBL	60.00	55.00
85R14	RBL	65.00	59.00
185/75R14	WW	64.00	58.00
195/75R14	WW	67.00	61.00
205/75R14	WW	72.00	65.00
205/75R15	WW	75.00	68.00
215/75R	WW16	78.00	71.00
215/75R	WW16	82.00	74.00
215/75R	WW16	86.00	79.00
65/75	9T RRBL	59.00	53.00
75/7	2T RRBL	66.00	60.00
85/	6T RRBL	71.00	64.00
75	4T RRBL	69.00	63.00
85	8T RRBL	77.00	70.00
75	1T RRBL	79.00	71.00
85	5T RRBL	84.00	76.00
75	9S WW16	79.00	72.00
75	9S WW16	78.00	71.00
75	9S WW	84.00	76.00
R14	8T RRBL	63.00	55.00
R14	8ST RRBL	69.00	60.00
R15	8ST RRBL	79.00	69.00
R15	9T RRBL	83.00	75.00
R65R15	9T RRBL	79.00	71.00
R65R15	9S RRBL	84.00	76.00
R75/60R15	8T RRBL	83.00	72.00
205/60R15	9S RRBL	84.00	75.00
215/60R16	9S RRBL	95.00	83.00
225/60R16	9S RRBL	100.00	87.00

Take EXTRA $3 on EACH B.F.Goodrich Tire!

BFGoodrich Radial Long Trail T/A

The perfect replacement light [illegible] radial because it's the ideal OE light truck radial.

All-season performance, excellent mileage and a smooth, quiet ride plus a crisp sidewall treatment that gets the OE look just right.

MSPN	SIZE		Reg. Price	Sale Price	FET
57332	LT235/75R15	C	[illegible]97.00	$ 86.00	
60594	LT225/75R16		98.00	87.00	
47769	LT245/75R16		115.00	102.00	0.17
96960	LT265/75R16		122.00	109.00	1.24
62654	LT255/70R16	VL	122.00	109.00	0.59
73232	30X9.50R15	RWL	87.00	77.00	
54179	31X10.50R15	RWL	95.00	84.00	0.17
61216	31X10.50R15	BSW	90.00	80.00	0.17
54731	P205/75R14	ORWL	61.00	54.00	
52527	P205/75R1[illegible]	ORWL	64.00	56.00	
71557	P215/75R	ORWL	68.00	60.00	
48594	P225/75[illegible]	ORWL	72.00	63.00	
90897	P235/7[illegible]	ORWL	83.00	73.00	
86175	P225[illegible]	BSW	84.00	75.00	
59264	P245[illegible]	ORWL	104.00	92.00	
50163	P24[illegible]	BSW	99.00	88.00	
97199	P2[illegible]	ORWL	64.00	56.00	
63349	P[illegible]	ORWL	67.00	59.00	
89268	[illegible]	ORWL	76.00	67.00	
93559	[illegible]	BSW	79.00	70.00	
61200	[illegible]6	ORWL	107.00	94.00	
6120[illegible]	[illegible]16	ORWL	112.00	99.00	
503[illegible]	[illegible]R16	ORWL	117.00	104.00	
96[illegible]	[illegible]R16	BSW	111.00	99.00	
9[illegible]	[illegible]R16	ORWL	110.00	97.00	
[illegible]	[illegible]70R15	BSW	111.00	99.00	
	[illegible]70R17	ORWL	123.00	110.00	

TIGERPAW AWP

* See copy of warranty for details.

Our premier all-weather radial - a new level of quality and performance in every weather condition.

MSPN	SIZE	SW	Reg. Price	Sale Price
56942	P145/80R13 75S	BLK	$45.00	$35.00
65657	P155/80R13 79S	BLK	46.00	36.00
43874	P185/75R14 89S	BLK	57.00	44.00
63864	P195/75R14 92S	BLK	60.00	47.00
75687	P205/75R15 97S	BLK	66.00	52.00
53938	P215/75R15 100S	BLK	64.00	54.00
79551	P235/75R15 SL	BLK	75.00	59.00
43490	P235/75R15 XL	BLK	79.00	62.00
94224	P175/70R13 82S	BLK	53.00	41.00
73566	P185/70R13 85S	BLK	56.00	44.00
53875	P185/70R14 87S	BLK	57.00	45.00
67631	P195/70R14 90S	BLK	60.00	47.00
82726	P205/70R14 93S	BLK	63.00	49.00
73690	P205/70R15 95S	BLK	66.00	51.00
87816	P215/70R15 97S	BLK	68.00	53.00
78521	P225/70R15 100S	BLK	72.00	56.00
91956	P185/65R14 84S	BLK	62.00	48.00
71629	P205/65R15 92S	BLK	65.00	51.00
72879	P215/65R15 95S	BLK	69.00	54.00
47145	P215/65R16 96S	BLK	73.00	57.00
75819	P205/75R14 95S	RCWL	69.00	54.00
83014	P205/75R15 97S	RCWL	73.00	57.00
60628	P215/75R15 100S	RCWL	76.00	59.00
75500	P225/75R15 102S	RCWL	79.00	62.00
43266	P235/75R15 105S	RCWL	83.00	65.00
72600	P235/75R15 XL	RCWL	86.00	68.00
50556	P215/70R14 96S	RCWL	73.00	57.00
65842	P185/75R14 89S	WW	59.00	46.00
71996	P195/75R14 92S	WW	62.00	49.00
88243	P205/75R14 95S	WW	66.00	51.00
40929	P205/75R15 97S	WW	69.00	54.00
71632	P215/75R15 100S	WW	71.00	56.00
67235	P225/75R15 102S	WW	75.00	59.00
72817	P235/75R15 SL 105S	WW	78.00	61.00
50797	P235/75R15 XL	WW	82.00	64.00
99458	P185/70R14 87S	WW	59.00	46.00
74126	P205/70R14 93S	WW	66.00	51.00
68591	P205/70R15 95S	WW	68.00	53.00
88837	P215/70R14 96S	WW	69.00	54.00
78230	P215/70R15 97S	WW	71.00	55.00
83299	P225/70R15 100S	WW	74.00	58.00
40215	P235/70R15 102S	WW	77.00	60.00

Mail-in Rebate Offer
FREE Emergency Roadside Kit
With the purchase of 4 Michelin Tires
Mail-in and Score ends October 31, 1999

TENT SALE SAVINGS FROM

BRIDGESTONE Firestone

Take EXTRA $4 on EACH Firestone Tire!

SAVE 20%

$31.00 PASSENGER

Firestone

FR410

SIZE	REGULAR PRICE	SALE PRICE	SIZE	REGULAR PRICE	SALE PRICE
[illegible]0R14	$45.00	$35.00	P205/75R14	$50.00	$39.00
[illegible]5R14	$49.00	$39.00	P205/75R15	$52.00	$41.00
[illegible]65R14	$51.00	$40.00	P215/75R15	$54.00	$42.00
[illegible]/65R14	$52.00	$41.00	P225/75R15	$56.00	$44.00
[illegible]5/80R13	$37.00	$29.00	P235/75R15	$59.00	$46.00
[illegible]65/80R13	$40.00	$31.00	P205/70R14	$50.00	$39.00
[illegible]175/80R13	$42.00	$33.00	P215/70R14	$52.00	$41.00
P185/80R13	$43.00	$33.00	P205/70R15	$52.00	$41.00
P185/75R14	$46.00	$36.00	P215/70R15	$53.00	$42.00
P195/75R14	$48.00	$37.00	P225/70R15	$55.00	$44.00

BRIDGESTONE

SAVE [illegible]%

$4[illegible] PASSENGER

155R13
70,000 Mile Limited Warranty

BT70s

SIZE	REGULAR PRICE	SALE PRICE	SIZE	REGULAR PRICE	SALE PRICE
165R13	$50.00	$41.00	175/65R14	$57.00	$48.00
175/70R13	$52.00	$44.00	185/65R14	$59.00	$50.00
185/70R13	$54.00	$45.00	195/65R14	$60.00	$50.00
185/70R14	$58.00	$49.00	185/65R15	$62.00	$52.00
195/70R14	$62.00	$52.00	195/65R15	$64.00	$54.00
205/70R14	$66.00	$55.00	205/65R15	$68.00	$57.00
205/70R15	$68.00	$58.00	215/65R15	$71.00	$60.00
215/70R15	$71.00	$60.00			

Take EXTRA $3 on EACH Firestone Tire!

SAVE 15%

$62.00 LIGHT TRUCK

P235/75R15
60,000 Mile Limited Warranty

Firestone

WILDERNESS HT

SIZE	REGULAR PRICE	SALE PRICE	SIZE	REGULAR PRICE	SALE PRICE
P225/70R14	$71.00	$60.00	P205/75R14	$63.00	$53.00
P225/70R15	$74.00	$63.00	P215/70R14	$66.00	$55.00
P255/70R15	$77.00	$65.00	P225/70R15	$71.00	$60.00
P225/75R15	$71.00	$60.00	P215/65R15	$71.00	$60.00
P235/70R16	$78.00	$66.00	P235/70R16	$75.00	$63.00
P225/60R16	$88.00	$75.00	P235/70R16	$75.00	$63.00
P195/75R14	$60.00	$50.00	P235/70R16	$75.00	$63.00
P205/75R14	$63.00	$53.00	P255/70R16	$87.00	$74.00

28-31 Oct 99

Marine Corps Exchange
Camp Lejeune, NC

51-5030

MasterCard VISA

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Classifieds

TO PLACE YOUR AD, PHONE (910) 938-7467 OR FAX (910) 938-2722
DEADLINE IS FRIDAY @ 5:00PM OR MAIL ENC PUBLICATIONS 1300 GUM BRANCH RD, JACKSONVILLE, NC. 28540

VISA MasterCard

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Automobile Leasing....
Automobiles/Trucks Wanted....
Vehicle Accessories....
Automobile Supplies....
Automotive....
Trucks For Sale....
Vans For Sale....
Boats For Sale....
Boats/Marine Supplies....
RV Sales/Rentals....
Antique Automobiles....
Motorcycles....
Bicycle-Sales/Services....

1 Announcements

IN APPRECIATION - The United Way of Onslow County wants to thank all of those active duty military and civilian employees aboard Camp Lejeune and Marine Corps Air Station, New River for contributing over $424,000 to the Fall 1998/1999 Combined Federal Campaign. A total of $28,795.07 was donated to help local nonprofit organizations, with $17,622.07 designated to help local United Way agencies in Onslow County. Your generosity and caring is very much appreciated. TFN

Enthusiastic volunteers needed on a regular basis to support Onslow Community Ministries (Soup Kitchen/Shelter). All skills appreciated. Located on corner of Court and College St. Parking in rear. Back door entrance. For more information, please call Sherri Nult. 347-3227 , TFN

MILITARY Order of the Purple Heart, Chapter 642 meets at 7 pm. 2nd Tuesday of every month. American Legion Bldg., Onslow County Fairgrounds. All active duty, retired and honorably discharged Purple Heart recipients from all branches of the Armed Forces are encouraged to attend. 346-6088 or 347-4958. TFN

THE SERVICEMEN'S CHRISTIAN CENTER at 575 Corbin St. is open to all Service Personnel for your enjoyment with Recreation, Refreshments and Christian Fellowship. Bible Study starts at 6:30 each Tuesday and Friday evening. Phone 577-7000 for transportation. TFN

T.O.P.S. #NC 380 will hold weekly meetings on Mondays at 7 pm in the USO Basement, 9 Tallman St. T.O.P.S. is a nonprofit weight loss support group. TFN

40 Employment

AVIATION OPPORTUNITY - Qualify for a career. We offer FAA Approved Courses. Ask about our Flight Specials. Ellis Airport. Jacksonville. TARHEEL AVIATION 324-2500. TFN

SOCIAL WORKERS for temporary work. BSW, MSW, or previous socical work experience required. Vanguard Professional Staffing, inc. P.O. Box 8177, Wilson, NC 27893. 252-291-6699 or 252-293-0904. 10/29

ATTENTION SALE PROS!! (10 pt) We are an industry leader. Sell our package and make $2000-$5000 a week. 1-800-418-5372 #8067. 10/29

NEEDED: 38 people to lose 5-30 pounds before Thanksgiving. 100% natural. Doctor recommended. 100% guaranteed. Call 919-537-6339 or www.daretolose.com 10/29

TEACHER/TUTOR Experience in working with middle school aged students preferred; Technology experience required; licensed teacher preferred, but not required. Flexible hours: 10 to 20 hours per week. Licensed Teacher: $12 per hour; Non-certified: $8 per hour. For additional inforamtion, conatact: Onslow County Schools, Personnel Department, 200 Broadhurst Rd., Jacksonville, NC 28541-0099 or FAX 910-989-2094. EOE. 10/29

Finance Manager growing consumer finance company has an immediate opening in our Jacksonville office for the positon of branch Manager. Prior military experience a plus, as our customers are predominantly servicemembers. Responsibilities to include credit approval, staffing, new loan solicitations, marketing, base relations, report to home office, etc. To qualify, you will have excellent communication, orgainzational and leadershp skills and will be energetic, entrepreneurial, solution oriented, and committed to adding value to our company. Salary commensurate with experience. Excellent benefits including 401k. Fax resume to 888-982-6664 or e-mail to: GCONMI@aol.com 10/29

80 Pets & Supplies

KITTENS & CATS: Adopt a stray! Friendly, waiting for loving homes, hugs and toys. OPERATIONS TOPCAT, 910-328-4769. TFN

Classifieds Work!

Call 938-7467

187 Military

★★ REGULATION ★★
MILITARY MEDALS
©1999
MEDAL AND RIBBON SETS expertly mounted for uniform wear. We stock all Medals (large, miniature, brass, anodized) Ribbons, Devices, Mounts. On time, inexpensive.
★★★★
FRAMED MILITARY MEDAL DISPLAYS professionally done for Retirements, Gifts, Special Occasions. We can supply all Wars, All Branches, Medals, Emblems, Badges, Engravings, Framing. We ship worldwide. The perfect gift!
★★★★
455-1982

195 Miscellaneous For Sale

FOR SALE: Beanie Babies. Current and retired, also have some bears. Call 347-3935 for list and prices. TFN

201 Homes for Rent

Emerald Isle, 3BR, 2BA, 3 levels, garage, built 1996, screen porch, 1/2 mile from bridge, all appliances, $960 per month, plus security deposit. Call 760-433-8712 or 252-354-3716. 11/12

3BR, 2BA, Piney Green area, freshly painted inside out, new tile, unfurnished, quiet neighborhood $650, NO PETS, 910-355-9578. 11/5

210 Homes for SALE

Sneads Ferry - Pelican Point
IDYLLIC WATERFRONT Motivated Seller will Owner Finance. Below replacement cost at $282,000. Will accept highest offer over $253,000 on Dec. 4. On Chadwick Bay 4BR, 3BA, 2700 sq.ft. Call 910-327-1586. 10/29

230 Rooms for Rent

Bedroom for Marine. Near Jacksonville High School. Clean, quiet, cable TV. Private bathroom. Reasonable rate. Call 455-9917. 10/29

242 Manufactured Homes for Rent or Sale

3BR, 1BA, Southwest area, NO PETS, $250 mo. After 5:30 M-F anytime, Sat. & Sun. 455-6465. 11/5

310 Furniture & Household Goods

Color TV, 25", Sears model, console. $100. Call 577-1157.TFN

320 Computers/ Supplies

($0 DOWN COMPUTER FINANCING) Bad Credit? No Problem! New, fully loaded. Info/apply by phone 24 hours, A-1 computers, 1-800-274-8183. TFN

401 Automobiles for Sale

1981 Blue Corvette, 383 Stroker/ eng. 32,000 mi on new eng. 410 HP. $9,600, call for more info. 455-5871. TFN

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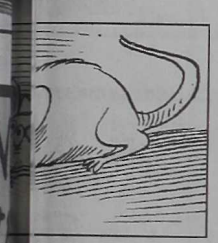

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Section D

29, 1999

Camp Lejeune, N.C.

Sports

■ East Coast Regional Basketball Results 2D

■ Sports Briefs 4D

■ Trader Classified Ads 6D

the Sidelines

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ecently in the Major League Baseball Playoffs, the New York Yanated the Boston Red e American League nship Series to adheir third World Seryears. The Yankeesy is one that has great competitive tradition, ra of fate.

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l example is the "rally eball players believe y take their caps off, inside out, and put on their heads, that will put some guys Clearly, the powersave bigger concerns wins a ballgame, so a ll of poor fashion is to change fate. But,

See **SIDE**, 3D

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Lejeune hosts Regional hoops

New River comes from behind to win tournament

Sgt Houston F. White Jr.

New River and Beaufort players battle for the ball in the East Coast Regionals Basketball Tournament's championship game.

Sgt Houston F. White Jr.
Camp Lejeune correspondent

The MCAS New River men's basketball team emerged from the loser's bracket to win the 1999 East Coast Regional Tournament at the Goettege Memorial Fieldhouse, Oct. 22.

For New River to win this year's tourney they would have to defeat the defending regional champions, MCAS Beaufort, twice in the same day to accomplish the feat.

Entering their first (and what many of the small group of spectators in attendance felt would be, only) matchup with Beaufort at 9 a.m., New River wasn't expected to topple the returning champs, especially after getting out to a poor start that left them facing a 40-35 deficit at halftime.

New River turned up their second-half defensive intensity and perimeter shooting however, which lead to their eventual 84-71 victory, keeping their championship hopes alive, as well as forcing a 3 p.m. title game with Beaufort.

New River trailed early as they had the previous contest, but after an open-court dunk by Beaufort center **Sgt Floyd T. Spears**.

Spears gave his team a 23-21 lead with 9:30 remaining in the first half, while New River players buckled down on defense.

Tight defense allowed New River to force turnovers and run the fast break.

LCpl Ronald P. Hill took full advantage of the opportunities as he converted a variety of lay-ups and jumpers to help New River take the lead.

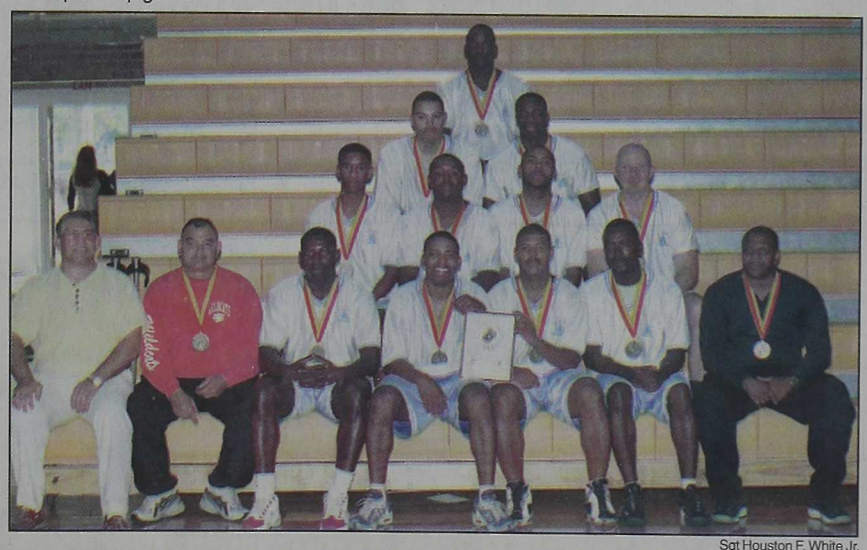
The explosive 3-point shooting of **Sgt William S. Gundy** expanded the New River lead to 49-39 at the half, placing Beaufort in the unfamiliar position of playing come-from-behind.

Beaufort players and coaches complained that the 10-point lead New River held should have only been seven points because of a spectacular half-court shot by **GySgt Darryl E. Shamble**, which wasn't counted at the buzzer.

Beaufort started the second half scoring with a strong drive by Spears, in an attempt to quickly close the point gap.

Sgt Billy J. Shanks attacked the basket hard for New River, but came up empty three consecutive times and the team's defense began to get frustrated. After going on an 11-point run sparked by **SSgt Kevin D.**

See **HOOPS**, 2D



Sgt Houston F. White Jr.

The Marine Corps Air Station New River Basketball Team poses with their trophies after coming from behind to win the 1999 East Coast Regional Basketball Tournament.

Sgt Houston F. White Jr.

LCpl Ronald P. Hill reaches in for the ball on **Sgt Floyd T. Spears.**

PREVIEW

FIELD MEET

Cpl Brian E. McElaney

U.S. and British Royal Marines recently competed against each other in several sports at Marine Corps Base Quantico, Va.

U.K. vs U.S. Marines: Bloody good time

Cpl Brian E. McElaney
MCB Quantico correspondent

QUANTICO, Va. — Marines from Headquarters and Service Bn. Hosted Kilo Company, 42nd Commando of the British Royal Marines in a recent field meet.

The Kilo Co. is one of several companies from the 42nd in country from Blickleigh, Plymouth, United Kingdom, completing field training at Fort AP Hill, Va.

"We are just trying out a different type of terrain and weather pattern than we normally experience," explained **Capt Harry Clark**, Officer-In-Charge, Kilo company.

Each battalion here was tasked to host a company of Royal Marines for a day. HqSvcBn. chose a barbecue and sports day, challenging the Royals to games of soccer, baseball, tug-of-war and the 100-yard dash.

The Royal Marines chose soccer, defeating their American counterparts, 3-2. The Royals scored two goals in the first five minutes of the game while the American defense was still coming together.

The Americans then scored a goal of their own and held the Royals off until the second half. Both teams scored a final goal in the second half. "I think it was very equally matched," said **Ed Buchanan**, referee for the match. "It was well played, a lot of competition there. They (the Royal Marines) just got a lucky shot in the beginning and carried it through the game."

The baseball part of the competition didn't last long, as none of the Royal Marines had ever played before.

After a quick period of instruction on how to play ("This is a baseball bat ...") and a drubbing by the CED softball team, the Americans and Royals mixed it up for a little bit of friendly ball.

See **MEET**, 3D

8th Marines dominate II MEF in intramural eight-man tackle football

Sgt Houston F. White Jr.
Camp Lejeune correspondent

The reddish-orange autumn sky provided the perfect backdrop for the first game contested here at Liversedge Field Oct. 25, as the eight-man football squads representing 8th Marines (2-2) and II Marine Expeditionary Force (0-2) faced off in intramural play.

After returning the first kickoff of the game to their own 40 yard line, the 8th Marines offense started off with a bit of trickery by lining up **Sgt Aaron E. Perry** to the far left of the formation near the 8th Marines sideline, unbeknownst to the II MEF defense.

Before the ball could be snapped, however, an alert II MEF linebacker, **PFC Enrique Mederos**, noticed Perry and II MEF was able to converge on the receiver before he could gain major yardage. On the very next play from scrimmage, speedy 8th Marines quarterback **Cpl Asar L. Long** once again went to the air, resulting in a 50-yard touchdown reception for Perry. II MEF stopped the 2-point conversion, making the score 6-0 barely two minutes into regulation.

On the ensuing kickoff, II MEF found themselves in good field position after a 30-yard return.

They began marching the ball toward the end zone on a variety of draw plays and sweeps, made possible by the rugged running back combination of **LCpls Kenneth B. Davis** and **Fitzgerald L. Hunter Jr.**

The two proved to be the keys to nearly every successful II MEF offensive play during the game.

Unfortunately, those opportunities came few and far between thanks to the smothering 8th Marines defensive pressure. The pumped-up infantrymen swarmed strong-armed II MEF quarterback **1stLt Christopher D. Hafer** throughout the contest, constantly flushing him from the pocket.

On the rare occasions when a frustrated Hafer had enough time to operate, the large gains were called back due to untimely offsides and holding penalties.

Minutes after his first touchdown opened the scoring; Perry caught another pass for a 30-yard touchdown.

On their next possession, 8th Marines "hit the ground running" when **Cpl Anthony D. Shaw** high-stepped 60-yards through II MEF defenders on his way to his first touchdown of his 200-plus-yard night.

After the two teams traded fumbles near the end of the half, 8th Marines went to their sky attack once again, this time with **Cpl Timothy M. White** catching an uncontested bomb in the end zone, pushing the lead to a lopsided 30-0 figure at halftime.

As the mercury on the thermometer dropped, both defenses turned up the heat in the hitting department. Bodies collided in a smash-mouth second half that saw players on both sides get leveled by tackles that could be heard as far away as the base post office.

Meanwhile, 8th Marines continued its unstoppable all-out attack on both sides of the ball. On defense,

Sgt Houston F. White Jr.

8th Marines and II MEF face off at the line of scrimmage.

Cpl Randy Barker intercepted a II MEF pass on one series and on the following II MEF possession, **Seaman Harry W. Fortson** made arguably the most spectacular play of the game.

Fortson returned an unbelievable 70-yard touchdown interception, during which he broke eight tackles, pushing the 8th Marines score even higher.

Fortson would collect his second interception soon afterward, as II MEF continued to struggle on offense.

Fittingly, 8th Marines finished the game with an 80-yard dash across the

See **FOOT**, 2D

SPORTS SHORTS

ROPES COURSE

Have you tried the Marine Corps Base Challenge Ropes Course? The Ropes Course takes your group to an outdoor setting to focus on the development of human relationships within a group, gives new meaning to the importance of working together as a team, and challenges you as an individual. The course is available to all authorized patrons over the age of 12, active duty, retirees, MCCS employees, and civilians. The minimum group size is eight, with a maximum size of 15. Open all year, Monday - Friday, and on Saturday - Sunday by appointment only. Group rates are available. When participating with your unit, all active duty military members are free! For more information, call 451-3925.

WOMEN'S SOCCER

The Camp Lejeune women's soccer team is currently looking for players for a possible fall season. No experience necessary. Must be active duty Marine or Sailor either stationed aboard Camp Johnson, Camp Geiger or Camp Lejeune. This team will be sponsored by MCCS and play other base teams and recreational teams in the local community. For more information call 577-7072.

SOCCER

The Camp Lejeune Varsity Sports Office is looking for varsity soccer players for a men's team. The teams will contend with other bases as well as various universities. The league is sponsored by MCCS. For more information on the men's soccer team, contact **SSgt Edward Herrera** at 451-2950.

GROUP EXERCISE

The Semper Fit team has kicked-off a new schedule! If you love the water, you'll love Aqua Fitness. This complete water workout focuses on all muscle groups and involves little or no impact. Excellent for weight loss and recovery from injuries. Body Pump is a full hour of power step, slide, or aerobics mixed with resistance training. A great challenge workout is Combat Cardio using kicks, punches, plyometrics, resistance training, bags and gloves. Step For Beginners is a basic introductory class intended for those who have never taken step classes. If you would like more class information, call 451-5841 or stop by a fitness center.

LACROSSE

The Camp Lejeune Lacrosse team is currently looking for players. Active duty, reserve, retired or dependents are eligible to play. No experience necessary but a willingness to learn is a must. This league plays in tournaments along the East Coast, against collegiate clubs and other military stations. For more information, contact **Capt Jeff Miller** at 451-1450 or 326-3640.

Marines tackle free weights to increase mass, PFT sco

Cpl Jonathan E. Agee
New River correspondent

Due to the demanding physical aspects of the Corps, Marines are constantly trying to improve their fitness.

The only problem is, Marines often hit a point where they feel they can no longer proceed in their training. Yes, everyone has a limit to what their body can handle, but many people give up long before their limit is ever reached.

They hit a plateau in their training and stay there, with no hopes of ever surpassing that goal.

Fortunately, with today's fitness equipment and exercise research, many people are surmounting their sticking-points that once kept them behind the power curve of fitness.

The first thing you must keep in mind is that breaking through the plateau is not going to happen over night, according to **Joseph Aguinaldo**, seven-year bodybuilder. "First and foremost ... stay motivated and stay driven!" said Aguinaldo.

"Don't let the fact that you can't get through your plateau frustrate you ... just keep at it and good things will happen," he said.

Once your mind is in the game it is time to start attacking some of the physical aspects that will help propel you through the fitness barrier.

One of the most common methods is to change the workout routine, according to **Kara Gummow**, Marine Corps Base Camp Lejeune Fitness Instructor.

For example, if you have reached a one-rep max of 200 pounds doing a flat bench press, you may have overworked that specific muscle group and need to attack it from a different angle.

One way to do this is to simply change your grip on the bar. Many times when weight lifters execute the bench-press they use a very wide grip.

By doing this, they are working the pectoral (or chest) muscles much more than other muscle groups. The important thing to remember, however, is that other muscle groups are involved when doing the bench press.

By shorting the grip, a weight lifter is now training the tricep muscle more than the original wide-grip, said Gummow.

What this means for the weight lifter is that when he/she returns to the wide grip bench press, the tricep muscle will be contributing more to the lift and in turn will increase the amount of weight the person can lift.

"I was stuck at 205 (on bench press) for the longest time and I stopped benching," Aguinaldo.

"I switched over to weighted dips (body-weight + 45lbs plate) for about a month-and-a-half then tried 225 pounds and actually got three-and-a-half unassisted reps!"

Changing the routine can be done with almost any exercise, and the benefits seem endless.

"You have to shock your muscles," said Gummow. "If your muscle is use to lifting 30-pound dumbbells, it will adapt to that weight and you will keep lifting the same. "(In order to improve) the muscle has to react in a different way."

Marine Corps physical trainers suggest staying with the new routine for at least six to eight weeks.

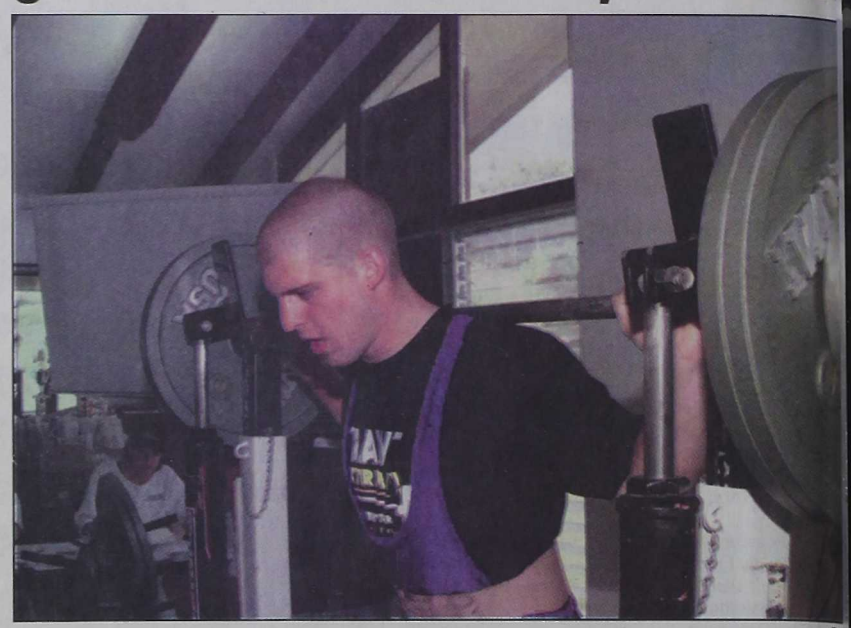
This not only provides adequate time for the over-trained muscles to heal, it also provides enough time for the new muscles to adapt to the extra training they have been receiving.

Another method used by bodybuilders to help excel past sticking points is to cycle the weight. What this means is, if you are stuck on a certain weight, cut back the poundage and increase the repetitions, according to Aguinaldo.

"On the set before your max, if you use 250 pounds and do that for six repetitions, go for eight instead and use that as your 'heavy' set," said Aguinaldo.

"Once you get eight reps at that weight, add five pounds and start over again."

It is suggested to use the cycling method for at least three to six weeks. After about a month, go back to the one-rep-max and see what happens. Most likely, you will see an increase in strength and endurance.



Many Marines lift weights to help build mass and muscle, but experts encourage avid weightlifte right way in order to get over the plateau.

The idea behind cycling is that it is still working your chest, but in a different way than just going heavy, according to Aguinaldo.

"You are still trying to increase your intensity, but instead of by weight, it's by number of repetitions."

One last method that will push one's gains beyond imagination is negative lifts.

'Negatives' are one of the most intense exercises a bodybuilder can do, according to Aguinaldo. It stresses muscles out so much that they should only be done at the end of a workout.

The most important thing to remember when doing negatives is that a spotter is needed. Due to the intense strain on the muscles, fatigue often occurs quickly and could leave the lifter in a dangerous position.

"No one should be lifting without a spotter," said **Keith Hutchins**, Marine Corps Base Camp Lejeune, physician assistant of sports medicine. "A spotter will insure the bar is not tilting and that no injury occurs."

The spotter should also be aware that the lifter is focusing strictly on the negative or eccentric part of the exercise and that all positive or concentric motion should be lifted with maximum effort by the spotter.

For example, the lifter has just finished the final set of bench press and is ready to begin negatives.

The first thing to do is add more weight than the lifters one-rep-max.

The spotter should then pass the bar over and the lifter should hold it up. Because the weight is more than the lifter's one-rep-max, the weight will begin to drop.

As the weight is coming down, the lifter should continue to fight the resistance until the bar reaches about three inches off the lifters chest.

At this point the spotter should begin to help lift back up the weight and the exercise should be repeated three more times, according to Aguinaldo.

"These are really intense and if you overdo it, you might end yourself," said Aguinaldo. limits, but be smart about

What the negative mo lows the lifter to achieve i tense workout on fewer of muscles, according to C

For instance, it may tak tor units of muscle to push upward, but to bring it dc only 3,000.

By using the negative more weight, a lifter is muscle motor units to thei effort.

Once those muscles he should be able to move sticking point with no pro

A final thought that sl be overlooked when trainir tice correct form (no twist movements) and always nutrition and plenty of re

By following these prin the most dedicated bc should be able to improv by a couple of pounds.

from 1D

Sgt Houston F. White Jr.

CWO-2 Joseph J. Ramsey prepares to stiff arm an 8th Marines defender .

FOOT from 1D

goal line by Shaw, making the final score 50-0.

Even though they suffered a devastating defeat, II MEF head coach **GySgt James C. Mills** still felt proud of his team's effort.

"Even though nothing went our way out there tonight, my guys never gave up. They kept fighting until the end," he said.

"Our offense made the pivotal plays tonight," said **Capt Grayson T. Story** of his team's scoring success.

Story also praised the defense by saying, "They had an absolutely perfect game tonight," he said.

With the victory, 8th Marines improved their record to 3-2, while II MEF fell to 0-3.

HOOPS from 1D

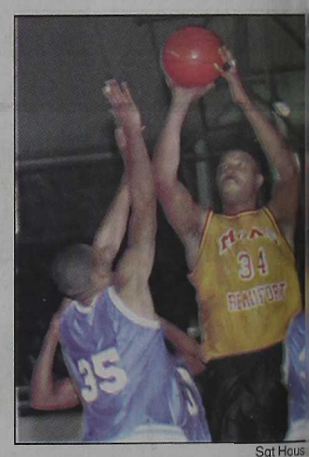
11-point run sparked by **SSgt Kevin D. Spivey**, Beaufort led 63-61, forcing New River to call a timeout.

Emerging from the bench with a new attitude, the offensive combination of Shanks, Hill and Gundy proved to be too much for Beaufort to handle as they led New River on a 22-13 run in the final nine minutes of play to dramatically claim the championship.

"Even though we were down at times," said New River Coach, **MSgt Danny R. Hall**, "we never lost our confidence.

"It feels good to win a championship, but this championship wasn't for the coaches, it was for the players," he said.

Gundy led New River in scoring with 22 points, while Spears paced Beaufort with 23 points.



Sgt Hous

Sgt Floyd T. Spears, from MCAS goes up for a shot against MCAS

East Coast Regional Basketball Tournament Brackets

Winner's Bracket

7 Div/MEF 70
Norfolk 90
8 Norfolk 71
1 Beaufort 86
Beaufort 101
Beaufort 102
2 Cherry Point 78
Beaufort 106
9 FSSG 91
3 Hend. Hall 59
MCB 86
4 MCB 97
New River 97
10 New River 95
5 Albany 96
Albany 73
Albany 88
6 Quantico 88
Albany 107
11 New Orleans 70

Beaufort 71
New River 71
New River 83

Loser's Bracket

Hend. Hall
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Div/MEF
FSSG
Quantico
New River 77
FSSG 78
FSSG 97
New River
Norfolk 81
Norfolk 71
New Orleans 75
Cherry Point 77
Cherry Point
Cherry Point 83
MCB

om 1D

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Because by turning your hat inside out, you can alter your
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aring the same t-shirt, unwashed, you wore last week when
d three touchdowns, while you may not be the most endeared
he team odor-wise, you can make yourself believe that it had
to do with the success — and carry a positive attitude into
mpetition.
, the Peruvian soccer team visited a witch doctor to get rid of
fore winning a big game.
ere a curse? Depends on what you believe — but after it was
," the team seemed to find success in the comfort that it was

many won't admit it, most athletes have some sort of super-
me make sure to step (or not to step) on the out-of-bounds
running onto the field or court, some eat the same breakfast
e day, and some follow the same warm-up routine until they
l game.
s are very particular about their equipment. Many a ballplayer,
e, has fallen apart after breaking a favorite bat, or wearing out
love.
urse of the Bambino" has added a new chapter in the past
Red Sox challenged fate recently by having the Babe's 82-
aughter herself toss out the ceremonial first pitch.
t is easy to discount the fact that such a thing as a curse in
ht exist, the frustrations of the Red Sox organization and their
ry real.
t the Sox are in the longest-running drought in baseball.
n even longer for the Cubs, and some teams, like the Mariners
rs, couldn't even tell you what a World Series is.
no curse on those teams, though.
e "Curse" give the Red Sox a subconscious atmosphere of
n before they begin their annual run at the World Series?
o think not. But Sox players and fans can't help but be pelted
abe's name from the media. Psychologically, it has to have
t.
itions develop early and die hard. Athletes can be quite stub-
it comes to certain beliefs. If any of you with kids in sports
und this out yet, you will soon.
lly, no one gets too ridiculous about it — keep your fingers

om 1D

00 yard dash, the British proved themselves the faster. After
ces to narrow down the finalists, Kilo Co.'s Marine Drew
feated **LCpl Walter Jones** by three feet.
of war went in favor of the U.S. Marines, who took the Royal
a best of three competition.
Robert Soto, Company First Sergeant, Training and Educa-
HqSvcBn., attributed the U.S. Marines' success to the diver-
team.
ning about these Marines is that there is so much diversity
said of the soccer team. "There are so many Marines from so
grounds here, and they all have this sport in common."
aid his unit enjoyed the event, and the chance to have a little
mpetition with other Marines.
roup has a tendency to be a bit more reserved and relaxed,"
in response to a hearty Ooh-Rah shouted by Marines during
ar match. "But we enjoyed meeting with you. We don't have
contact often enough."

Intramural Standings

8-man Tackle Football Standings
as of Oct. 28

Pittsburgh Division		Cowboy's Division		Carolina's Division	
1. MCCSSS	4-0	1. 2d MAW	4-1	1. 2d Supply	4-0
2. 2d Tank	4-0	2. 8th ESB	3-1	2. MCAS NR	4-0
3. Hq 8th Mar	3-2	3. 2/10	3-1	3. HqSptBn	3-2
4. Hq 10th Mar	2-2	4. HqSvcBn (FSSG)	3-2	4. LSB	3-2
5. 6th Mar Reg	2-3	5. 8th Motor T	2-2	5. 2d CEB	2-2
6. II MEF	0-3	6. FCAC/Med Bn	2-3	6. 8th Comm	1-4
7. HQBn (Div)	0-5	7. Navy Hosp	1-5	7. 2/2	0-3

Former Marines named to MLB's All-CenturyTeam

Tom Alberghini played guard for Pittsburgh in 1945. **Bill Albright** was a tackle for the Giants from 1951-1954.

Harold Bradley, out of Iowa, played guard for both Cleveland from 1954-1956 and Philadelphia in 1958.

Hardy "Thumper" Brown was a linebacker for SMU and Tulsa and played for a number of pro teams to include: Brooklyn in 1948, the Hornets in 1949, Baltimore and Washington in 1950, San Francisco from 1951-1956, the Cardinals, and Denver in 1960.

Moses Denson was a back for Maryland St. before going on to play in Washington from 1974-1975.

Abe Gibron, who played for Valparaiso and Purdue, went on to play tackle for Buffalo, Cleveland, Philadelphia and the Bears.

He went on to coach the Bears from 1972-1974. His pro football career spanned more than 10 years.

Roscoe Hansen, out of North Carolina, was a tackle for Philadelphia in 1951.

Jim Martin was a utility man for Notre Dame. He played center, offensive guard, offensive tackle, defensive end, offensive linebacker, middle linebacker and was the place kicker for several teams. Cleveland, Detroit, Baltimore and Washington all used his skills from 1950-1964.

Frank Sinkwich, the 1942 Heisman Trophy winner out of Georgia, was Detroit's first round draft pick in 1943. He played for them for two years and went on to the Yankees in 1946 and then to Baltimore in 1947.

Among the list of former Marines who coached pro footballs include; **Bill Arnsparger**, Giants, 1974-1976, **Bum Phillips**, Houston 1975-1980 and New Orleans from 1981-1985.

Les Steckel led Minnesota for one year in 1984.

Jack Chevigny coached the Cardinals in 1934 but was killed in action on Iwo Jima.

John North, **Jim Mora** and **J.D. Roberts** all coached for the Saints. Mora coached for 10 years and is still in charge of Indianapolis.

Once a Marine, Always a Marine
Col John Gunn

Editor's note: Col John Gunn is an independent journalist and is also the author of two books involving former Marines in football.

Power Lifting

The MCCS Health and Fitness division is sponsoring the Marine Corps Powerlifting Championships Dec. 11 at the French Creek Fitness Center. Early weigh-in will be held from 8 - 10 p.m. Dec. 10 and the first lift will go at 9 a.m. the next morning. The competition will be divided up into four divisions with 12 weight classes in each. The events will include full meet (open, equipment assisted), bench press only and deadlift only. Registration ends Dec. 1. To register, visit the fitness center near you for a form. Registration fees are $20 for military, $25 for civilians and $15 for each additional entry. For more information call 451-1799.

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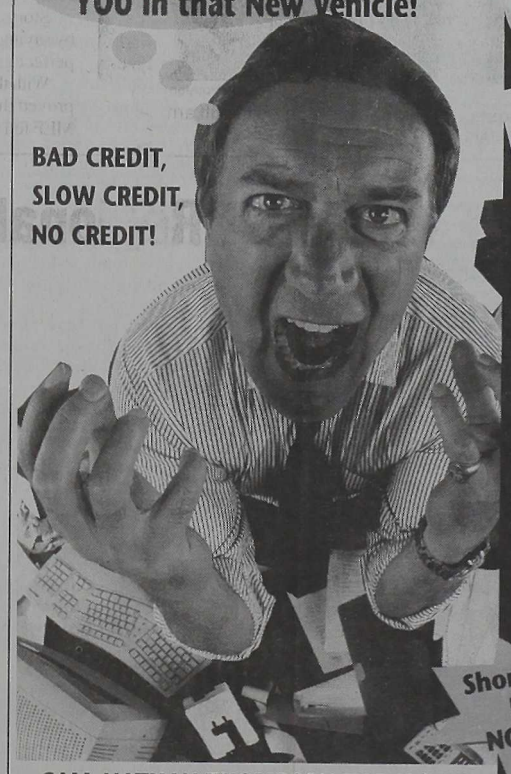

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Preview of Saturday's Division II Youth Football Games

Dennis Rautmann
Youth Sports Assistant Coordinator

We have come to a point in the season where standings, the prior game score, or pending outcomes are not that important.

By now the handwriting is on the wall, most teams know the outcome for their next game before it is played.

As we near the end of the season, it's time to talk about courage, sportsmanship and effort.

Watching these games every Saturday from the sidelines, I am proud to be a part of the Youth Sports team!

I am proud to be a part of the team that makes it possible for these young athletes to suit up and display their courage on the field.

I am proud and envious of every participant, regardless of the team, regardless of their record.

For those teams that have not had a good year, remember that success can be measured in many ways, not just by the amount of points scored for or against.

Pride and sportsmanship will allow you to finish the remaining games with the same level of courage, desire and effort you started the season.

For those teams that have enjoyed success, I know your players are disappointed the season is coming to an end.

When you're a winning team, it's easy to play with courage, the effort comes easy and winning makes for good sports.

I hope to see these teams continue their successes while displaying true sportsmanship, humility and refrain!

Broncos (0-4) vs Vikings (3-1)
Game time is 9 a.m.
Rams (2-2) vs Falcons (1-3)
Game time is 10:30 a.m.
Redskins (1-3) vs Panthers (4-0)
Game time is noon.
Fortyniners (4-0) vs Colts (3-1)
Game time is 1:30 p.m.
Packers (2-2) vs Eagles (0-4)

Sports & recreation briefs

BASE, CITY & COUNTY

Adult Basketball

The Jacksonville Recreation and Parks Department is holding an organizational meeting for the upcoming adult basketball programs Nov. 10 at the Jacksonville Commons Recreation Complex. The women's meeting will be held at 7 p.m. while the men's meeting will be held at 8 p.m. For more information, contact **April Denson** at 938-2538 or **Allison Lachman** at 938-5304 between 8 a.m. and 5 p.m weekdays.

Officials needed

The Jacksonville Recreation and Parks Department is in need of Baseball and Flag Football officials for the 1999 Youth Fall Baseball and Flag Football seasons. North Carolina High School rules will be used for their baseball program and NFL Flag Football rules will be used for the Flag Football program. For more information, contact **Allison Lachman** at 938-5304 weekdays between 8 a.m.-5 p.m.

Baseball

The Jacksonville Recreation and Parks Department is accepting applications for potential baseball coaches for the fall season. Anyone interested in coaching can pick up an application weekdays at the Athletic Office in the Jacksonville Commons Recreation Complex. All applicants must be at least 21 years old. For more information, call **Allison Lachman** at 938-5304, weekdays between 8 a.m. and 5 p.m.

Volleyball players wanted

The Onslow County Parks and Recreation Department is looking for teams and/or individuals who would like to participate in the upcoming Adult Co-Recreational Volleyball League. All players must have turned 16 by Jan. 1, 1999. For more information contact the Department at 347-5332.

Race cancelled

The North-South Boat Race scheduled for Saturday and Sunday at the Gottschalk Marina has been cancelled. For more information or for potential rescheduling, call 451-8307.

OWC Golf Scramble

The OWC Golf Scramble will be helf Nov. 18 at the Scarlet Golf Course at Paradise Point. The scramble will begin at 12:30 p.m. with a shotgun style start. The cost is $35 per person and it is open to the public. This event is sponsored and catered by Outback Steakhouse. Prizes from various local sponsors will be given to the winners. For more information, call **Tonya Field** at 353-0772.

Youth Sports Soccer Standings

Division II Teams

	Non-Conf	Conf
Dragons	0-2	0-2-1
Mutiny	0-2	0-3
Hammerheads	2-0	3-0
Revolution	1-1	3-0
Lightning	2-0	2-1
Hurricanes	1-1	0-2-1

Division III Teams

	Non-Conf	Conf
Sharks	0-1	2-2
Eagles	1-0	4-0
Hammerheads	1-0	3-1
Cougars	0-1	0-4
Scorpions	1-0	2-2
Sidekicks	0-1	1-4
Stampedes	0-0	3-2

Division IV Teams

	Non-Conf	Conf
Wildcats	0-2	2-1
The Blast	1-1	1-2
Typhoons	2-0	3-0
Sidekicks	0-2	0-3
Scorpions	1-1	1-2
Yellow Jackets	2-0	3-0
Cougars	2-0	0-3
Renegades	0-2	0-3
Timberwolves	1-1	1-2
Natural Disasters	1-1	2-1
Warriors	0-2	2-1
Gators	2-0	3-0

MCCS Semper Fit Group Exercis

SCHEDULE

LOC/TIME	MON	TUE	WED	THUR	FRI
FC. AEROBICS RM 6AM	EARLYBIRD AEROBICS		SLIDE/HI IMPACT		EARLY BIR AEROBICS
AREA 3 8AM		COMBAT CARDIO		COMBAT CARDIO	
TT FITNESS CENTER 8AM			STRETCH CLASS		
TT FITNESS CTR. 9 AM	BODY PUMP	STEP	AEROBOX	HI/LO IMPACT	AEROBOX
TT FITNESS CTR. 10:15 AM					
AREA 3 GYM 11:30 AM	COMBAT CARDIO	SPORTS CONDI.	COMBAT CARDIO	SPORTS CONDI.	COMBAT CARDIO
FR. CREEK AEROBICS 11:30 AM	TNT	AEROBOX	TNT	HI/LO IMPACT	STEP SLIDE
TT FITNESS CENTER 11:30	AEROBOX	BODY PUMP	STEP/SLIDE	BODY PUMP	DOUBLE/ QUAD STE
FRENCH CREEK GYM 11:30 AM & NOON	BELLY BURNER	BELLY BURNER	BELLY BURNER	BELLY BURNER	BELLY BURNER
AREA 2 POOL 11:30 AM	WATER RUNNING	WATER AEROBICS	WATER RUNNING	WATER AEROBICS	WATER RUNNING
AREA 2 POOL 1700		WATER AEROBICS		WATER AEROBICS	
AREA 3 GYM 1700	SPORTS CONDI.	COMBAT CARDIO	SPORTS CONDI.	COMBAT CARDIO	
FRENCH CREEK GYM 1700	SINGLE/DOUBLE STEP	TNT	HI/LO IMPACT	STEP	TNT
TT FITNESS CENTER 1730	BODY PUMP	DOUBLE/QUAD STEP	AEROBOX	STEP	AEROBOX
TT POOL 1815	WATER AEROBICS		WATER AEROBICS		WATER AEROBICS
TT FITNESS CENTER 1845	AEROBOX	AEROBOX	DOUBLE/QUAD STEP		STEP FOR BEGINNER

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A boiled sweet in England is what Americans know as hard candy.

How To Bake The Best Apple Pie Ever

(NAPS)—You've got some crust. That's what pie lovers may say when tasting your next apple pie—if you follow a few tips from the experts.

To make your next pie the apple of everyone's eye, here are some pastry pointers from experts at King Arthur Flour:

• For a golden-brown bottom crust, bake pie in a dark-colored pan on the lowest rack of your oven.

• For the tenderest, most flaky pie crust, avoid overworking your dough. It's okay to be a bit rough when combining the flour and fat, but once you add liquid, take it easy. Stir in only enough to moisten, gently form the crust into a disk, and refrigerate for 30 minutes.

• To roll crust out, use short strokes, starting in the center and rolling outward; don't roll back and forth across the dough.

• For a deep golden-brown top crust, brush the crust with milk (and sprinkle it with coarse sugar, if desired) before baking.

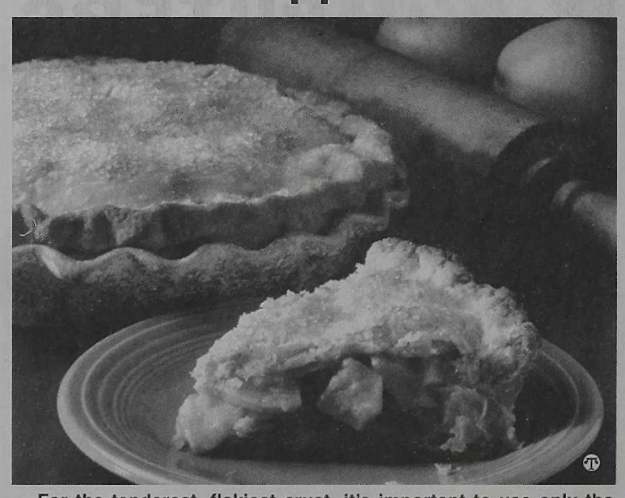
• Instead of using all butter to make the crust, you can use half butter and half cold vegetable shortening or lard.

• When you use milk or buttermilk to make the crust, the protein in the milks (and the acidity in the buttermilk) mellow the crust, making it more tender than crust made with just water.

• For complex flavor and texture, many cooks prefer to use a variety of apples. While a pie made only with McIntosh apples is not recommended because of their ultra-soft texture, a few thrown in can add a very nice flavor.

For more baking tips and great recipes, visit www.kingarthur.com.

The following recipe for apple pie may rival mom's best.



For the tenderest, flakiest crust, it's important to use only the finest ingredients.

The Best Apple Pie Ever

Crust
2½ cups unbleached all-purpose King Arthur flour
¾ teaspoon salt
1 cup (2 sticks) butter, cut into ¼ inch-cubes and *frozen* for 30 minutes or longer
6 to 8 tablespoons cold milk, buttermilk or water

Filling
10 cups peeled, sliced tart apples, such as Cortland or Granny Smith (about 10 apples)
2 tablespoons butter
1 teaspoon cinnamon
⅛ teaspoon allspice or ground cloves
2 teaspoons vanilla
1 tablespoon lemon juice
1 tablespoon dark rum (optional)
¾ cup sugar
⅓ cup unbleached all-purpose King Arthur flour

Crust: Combine flour and salt in a medium-sized mixing bowl. Add the frozen butter using two knives, or a pastry blender until the flour forms coarse, uneven crumbs. Note: For the flakiest crust, leave some chunks of butter larger than the others.

Add the milk and stir until the pastry starts to come together. Turn the dough out onto a work surface and pull it together into two balls. (If the dough won't hold together, sprinkle it with a little extra milk or water.) Flatten each of the balls into a disk, wrap well, and refrigerate for 30 minutes.

Filling: Melt the butter slowly in a large saucepan. Toss the apples with the remaining ingredients and add to the saucepan; cook on medium-high heat, stirring often, for about 15 minutes. When the apples are crisp-tender and the juice is thick, remove them from the heat, and cool.

Assembly: Remove one dough disk from the refrigerator. Flour both sides and roll it into a 12-inch round. Fold it in half, then in quarters. Gently place it in 9-inch pie plate. Unfold and gently pat into place. Roll out the other piece of crust as directed above and set aside.

Preheat oven to 425°F. Spoon the filling into the bottom crust, and cover with the remaining crust, sealing and crimping the edges. Brush the crust with milk, and sprinkle with coarse sugar, if desired. Cut several small slashes in the top crust to allow steam to escape. Bake for 15 minutes, then reduce the oven heat to 375°F. and bake for an additional 35 to 40 minutes, until the top is brown and the filling bubbly. Remove from the oven and cool for 1 hour (or longer) before slicing. Yield: 1 pie, about 10 servings.

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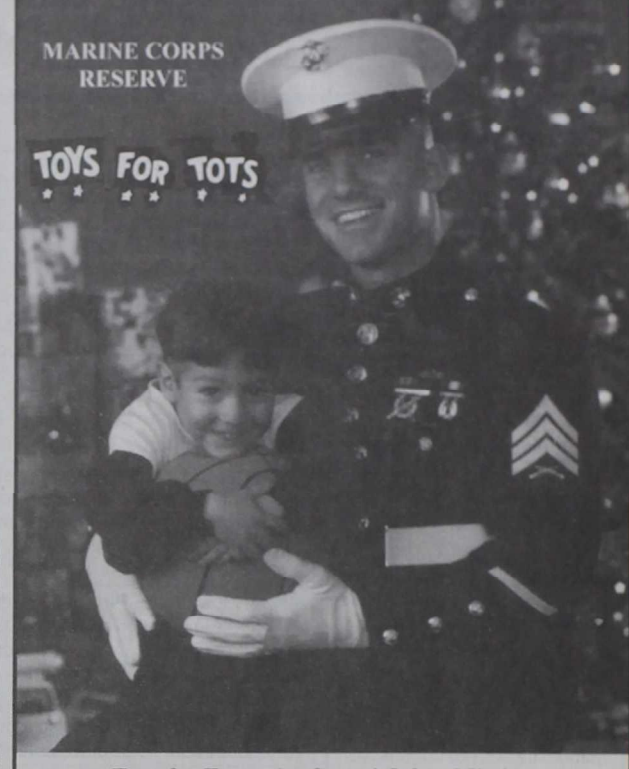

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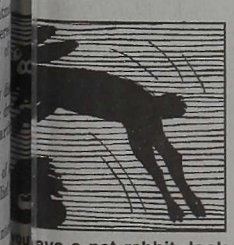

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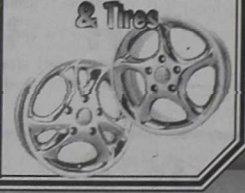

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1956 Chevy 265 V8 longblock engine, needs rebuild. 4 new 225 70R-14 radial tires mounted on keystone classic mags. Fits Chevy or GM. Each item $250 OBO. 252-447-5013.

1992 BMW 535 4dr whitet w/grey leather. Original owner. Mint cond. $14,995. 347-6405.

1984 full size Ford Bronco, fair cond. 4x4 $1,800. Must sell have orders. Call Rick at 347-6038.

For Sale: 1993 Ford Crown Victoria, LX with all options, very clean and in exc. cond. 455-2424.

1994 Ford F-150 XLT 4x4 351/5.8L 6" lift kit. New 35" Baja Radials, Posi-trac. Hunter green , LOADED. Call 577-7911 for an appointment. $10,995 OBO.

1991 Ford Probe, 88,000 miles, LOADED, 5 speed. $3,500. Call 355-6638.

1995 Honda Accord LX, 4 dr., auto. trans., all power, AM/FM cass., new tires. Asking $9,500 OBO. Please call 353-0656.

1995 Honda Civic Del Sol. Teal, convertible, 5 speed, 2 seater. Excellent cond., only 24,000 miles. Asking $9,500. 937-1807.

1997 Hyundai Sonata GL, 30K, auto, 4 doors, hunter green, cruise, tilt, power windows & locks, AM/FM cass., A/C. Take over payments or $10,800. Leave message. 355-9341.

1971 Mach 1 Mustang-351C with mega cam, cobra heads, NOS, 4:11 rear end plus more. Needs head gaskets. $3,500 OBO. Call before 9:00 PM 353-5454.

1988 Nissan Pathfinder 4x4 A/T AC, SEV6, CD, mint cond., original owner, tilt & cruise, PW, PL. $6,995. 347-6405.

1994 Red Nissan Pickup, 4 Cyl, 5 speed, A/C, Pioneer CD Player. Equalizer and sound system, Chrome Wheels, Low Milelage, clean and in very good cond.. Must sell!! If interested please call: 937-7036.

1985 Nissan Pulsar, Automatic, 99K. Great running order. Outstanding interior and exterior. New tires. Asking $2,200 OBO. 355-9678.

1995 Plymouth Neon, runs good, 5 speed, 70,000 miles, AM/FM cassette, 4,700 OBO. Call 326-8989 ask for Pam.

1996 Plymouth Voyager Minivan. V-6/AC/PS/PB/Tilt/Tint/driver side slider/hunter green/very nice cond. Must Sell - payoff $11,000. Call Ken 326-7582.

Sonoma/S10 flareside extras. hood/window wind deflectors, full bed liner, soft bed cover, ext. cab, louvers, half original; cost, 355-9971, Leave message.

For Sale: 1998 Toyota Corolla CE. $11,000. Call 355-0929.

Sporty 1991 NissanSentra SE 5 speed, 2 door, black with AM/FM cass. Car has wing on trunk and rims! Excellent gas mileage. $1,500. Call 938-4577.

Sporty 1991 Nissan Sentra, 5 pd, 2 door, black with AM/FM cass. This car has wing and rims! Excellent gas mileage! Call 938-4577.

1989 Eagle Summit 4 door, 5 speed, maroon/maroon. New tires. Very reliable. $2,200 OBO. Call 329-5230.

1973 Ford Truck F-100. Auto, 351 Cleveland. Not the prettiest, but can do the job. $950 OBO. 389-5230.

1997 Toyota Camry, green with grey interior, power moon roof, keyless entry/alarm, 12 CD changer, dealer maintained. $11,500 OBO. 252-354-6775.

1968 short wide Chevy C-10, 350 SB runs very strong, TH350 w/ B&M shift kit, new centerline wheels, new headers and exhaust, interior looks great. $4,500 firm. 355-2669.

1989 Olds Cutlass Supreme, black, 2 door, all power, 149,000 most highway needs minor cosmetics. Asking $2,400 OBO. Call 353-6316.

1952 Chevy P/U Emerald and Forrest Green Metallic 235 6 cylinder, 3 speed manual. Must see to appreciate $3,500. OBO. 353-3568.

1994 Saturn 5 spd AM/FM radio, A/C, excellent condition, must sell for larger family vehicle. $4,700. OBO. Call 346-8511. Lv. Msg.

1997 Chevy 1500 w/t, auto, air, cruise, tilt, AM/FM cass., bedliner, rails, box and more. Very Clean. 41,000 miles. White. Asking $11,700. After 6PM 324-4543.

BOATS

Boat for Sale: 1988 24' Albemarle Express. Cuddy cabin with hardtop and full curtains. Downrigger, VHF, depth finder, Loran and Teak swim platform. 1997 Magic Trailer. Ready to fish! Very clean. $13,900. Call 910-327-2165.

14Ft. Bass Tracker Boat. 3 seat, raised deck, lights, eagle fish/depth finder. 1994 20HP Johnson, less than 40 Hrs. Trailer and all Accessories. $2,000. 324-5372.

19' Center Console Offshore, 150 hp Mariner SS prop, dept/fish finder, GPS, all equip., galvanized trailer $12,500. 938-1105.

Sailboat 25Ft. Catalina w/9.9 hp Yamaha outboard motor, 3 sails, VHF radio and galvanized trailer. Ready to sail. $8,500 OBO. Tel 910-353-1193 evenings. 451-0095 day time.

Paddle Boat, foot paddles. Best Offer. 326-3000

ELECTRONICS

13" Color TV w/remote - $50, TV stand w/casters - $25, JVC Stereo receiver and multi-disk CD player w/remote controls-each $75, Technics tower speakers w/passive radiators-$100pr. Call 353-5970.

N-64 w/ 1 game, 2 controllers, rumble pack, memory card. $150. Call 346-2196. Leave message.

SONY Home stereo w/5-disc changer. $200. Call 346-2196. Leave message.

52" Pioneer big screen TV. $1,500 firm. Call 346-2196. Leave message.

Panasonic Dot Matrix Computer Printer $25 910-219-1024.

Packard Bell-261CD comp., monitor and Hewlett Parkard 540 printer. Complete computer. Great to upgrade. $150. Call after 5:00 PM 353-9263.

Peavey Backstage Chorus 208 AMP, two channel input, equalizer, lead gain, voicing, reverb stereo headphone output. Very good condition. Must Sell! Please call: 910-937-7036.

Yamaha Componet stereo with two Cerwin vaga D-5 speakers, III dbx, ADC equalizer, Luxman tape deck, $300. 355-2041.

FURNITURE

White, solid wood bedroom set.(2) 3 drawer dressers, bookshelf, desk, night stand, full size poster bed w/canopy. Call 938-0755 8am-8pm.

Washer/dryer. Excellent condition. $300. 577-1627.

4 sale water-day bed with drawer's below. New condition. Price $450. 346-6285.

washer: Kenmore $200, dryer: Kenmore $200, top-of-line, excellent condition. Call 326-3000.

For sale rectangle dining room table. $25. Armoire $100. Washer/dryer $300. Computers $400. Call 455-7620.

GE dryer LTD.. New element. Excellent cond. $135. Call 355-2466.

Sofa; cresent shaped, off white. Excellent cond. $150. Call 355-2466.

Chair w/arms $15. Computer chair $15. Call 455-3798.

Moving to Japan, washer/dryer $300. Couch/loveseat $600. Carpet (fits Midway Park) $30. OBO. Alot of items. Please call 577-8448.

Loveseat and couch. Nice color, good condition. Sale $150. Call anytime. 353-2984.

Maple Jenny Lind Crib and also changing table for sale. 6 mos. old. $150. call 989-1468 after 6pm.

Couch and loveseat $50. Kitchen table w/6 chairs $50. Portable dishwasher $50. Everything must go. 353-6265 after 5PM.

HotPoint cooking stove. All burners and oven works. $100. Call after 5PM. 353-9263.

Quennsize water bed, heated, exc. cond. $150. set.347-7051.

Computer desk. $20. Call 910-219-1024.

MISC.

Complete left-handed golf clubs, exc. cond. Includes King Cobra Irons, driver, fairway woods, putter, SW, bag with stand, $325 obo. 577-8832.

Jessica McClintock Ball Gowns gorgeous, must sell prices! Call 355-2489.

Heavy car trailer. $700 obo. 577-6692.

Large capacity bagger for Lowes lawn tractor. $75 obo. 577-6692.

Tires for sale, new, 225, 60,VR 15's and wheels for sale. Fits BMWs. Call 363-0656.

Large oil drum and stand. 346-6285.

Compound bow, Oneida Eagle Tomcat, very fast, inc. fiber optic sights, carbon arrows and broadheads, quiver, release, etc. Like new cond. $265. Call 326-1367.

Ball gown, extras inc. gloves, choker, earrings, etc. First come, first serve, cheap. 355-0172.

Four foot swimming pool from Sears, 3/4 HP Hayward pump, sand filter, brand new liner, best offer. Call 326-3000.

Dog kennel, only used for five months, grey, great cond., biggest kennel available. $80. Call 937-1807.

Ball gowns, sizes 6-10, sequined, satin, velvet, various colors and styles, Oleg Cassini and Niteline. Only worn once. $25 and up. Call 577-6795.

Wedding dress, never worn, brand new, already altered for size seven and 5'5". Asking $600. Shoes size seven and veil included. Call 937-1807.

Craftsman lawn mower, 4HP, self-propelled, bag, $125. Call 355-2466.

White, Pace mini trailer, $1,700. Call 455-3798.

Solid wood table, $250 obo, couch w/queen sleeper and loveseat, $175 obo, baby bouncer, $15, car seat, $20, Diaper Genie, $15, Call 355-3009.

Riding lawn mower, 42", four years old, works great, $200 obo. Wood bunk bed w/desk and dresser underneath, $150. Call 347-0894.

Bundy Trumpet, $200 obo. Call 577-7448 after 3 p.m.

Electric car buffer for sale, $20. Call 353-9551, leave message.

Craftsman, 16" bench, scroll saw, $40. Volvo car top carrier, fits on rain gutter, $30. Call 210-1024.

New and used military uniforms for sale. Bravos 16x35, blues trousers 38L, cammie blouses and pants med-long and covers. Call 353-4770.

Full size Hitachi camcorder w/tripod. Like new, $150. Call 346-3704.

Good, used Culligan water conditioner, used only five years. Best offer. Call 326-7301.

Big block Pontiac 400 ci. engine. runs, complete, $250. Call 937-0465.

M-1 Garand rifle, exc. cond., $600. Call 353-6062 after 5:30 p.m.

Perfect Christmas gift. Large riding toy, 4-wheeler, battery operated, charger included, perfect cond. $25. Call 355-2551.

Barbie everything! Three boxes of Barbie stuff, camper, tent, jeep, race car, many different sets, theme accessories, clothes and much more, all for $50. Call 355-2551.

Two dress blue coats for less than half price, 40R and 43R. Two Creighton long sleeve shirts, size 16 with SSgt chevrons, $15 each. One all purpose coat size 34R. Call 355-2041.

1979 12'x70' trailer w/pop out living room, 2 bed, 1 bath, good cond., $1,500 obo. Call 938-8386.

For sale: stationary exercise bike, rowing machine, storm windows for two-story Pinewood Downs home. Call 353-3233.

Ball gowns in small sizes, 0-5 for sale or trade. Queen size headboard/footboard, Broyhill, Fontana, asking $100. Call 938-0247, leave message.

MOTOCYCLES

1997 Harley Davidson, custom Sportster, silver-black, 6500 miles, looks new. $8,000. Call 989-0300.

1990 Kawasaki Ninja 600. 11,600 miles. Runs Great, looks good. $1,500. OBO. 938-8386.

1986 Harley FLTC w/two-seat sidecar. 49K. Mikuni carb, Screaming Eagle cam. Hack seats two adults, convertible top/windows. Consider selling sidecar only-mail: rickcrabb@juno.com.

PETS

Friendly 11 month old Blue/gold Macaw. Large blue cage, toys and accessories. Must sell $2,000. Call 577-3362.

FREE 2yr old Russian Blue Cat to a good home. Has been nuetered and declawed.All shots up to date. All living items included.

American Eskimo Spitz, female, 2 years old, all shots, spayed, great with kids, housebroken, very loving dog, well mannered, all white. $150 nego, 327-1570.

Rottweilers for sale. 1 year old. 1 male and 1 female. Asking $300 each. Please call 353-0656.

Pit Bull puppies, wormed, all shots, top bloodlines. Phone 910-647-1033.

For Sale: 2 Cockitels with big cage and accessories included. $100. Call 355-0989.

FREE to very loving home. 2 year old female Black Lab. Obedient, gentle, friendly, pretty, indoor dog. Great with children. Shots updated. Call 355-9601.

REAL ESTATE

4 rent 12x60 mobile home-near air station. Price $295 month. Call 346-6285.

For Sale: 4BR, 2BA home located in Hubert area on a large corner lot. Has screened in black deck. Very nice asking $79,800 for more more info. call 326-3866 anytime. Lv. Msg.

1996 Freedom Home, 3BR/2BA on base (KMHP) & low payments. Excellent cond. with central heat/air & extras. Pay off $15,500. 355-0172.

4 sale lot & trailer near Air Station. Price $12,500. Call 346-6285.

Real Estate for Sale: 3BR, 1BA home, $65K large fenced yard, workshed w/elec., 2 car port, lg playroom & more. A must see. Call Toni for Appt. 938-2676.

1995 14x80 3BR,2BA destiny mobile home for sale. Beautiful home in excellent condition located on base at Knox MPH. Financed under NFCU. Asking $25,000. Available now. 355-9420.

1998 Fleetwood 14x70, 2BR, 2BA, includes fridge, stove, washer, dryer, central heat/air and storage shed. A must see. $500 down/take over payments. Call 353-3577 leave message.

For Sale: 3 to 4 bricked in modular. 2BA, built in closets 1/2 acre, minutes from base, beach ping. $49,900. 910-647-1

2BR Mobile Home, wash central air. Near West Pa ping center. 346-9055.

House for Rent: 4BR, 2.5 garage, brick, large yard, cation near CCCC and gu Quiet neighborhood. Appr sq. ft. $1,000 month. 1 y ing. 910-347-4414.

Two-story family home in ville-Commons area. 4BF eat in kitchen, formal dini den w/fireplace, sun room fenced yard.. Call 938-09

House for rent: 3BR, 1BA shed, quiet neighborhc quires 1 year lease. $45 455-5243.

1997 3BR,2BA home in ville. 10 min. from MC River. 49 acres, fenced decks, large room with fi eat-in-kitchen, many $69,000. We pay $500 o cost. 910-324-6291.

YARD SAL

Wanted - BMX and Freest and equipment. 355-9341

WANT/LO

Yard Sale Friday & Satu tober 29 & 30, 7 AM-2 Landing Ct., Swansboro Washer/Dryer, swimmi paddle boat, Misc. 326-3

Yard Sale-Oct. 30th 8AM 205 Mahogany Dr. (End rock-off Gum Branch) items, bedding, dryer, mi & ends.

Yard Sale: Saturday & S & 17 from 11 AM to 4 PM Word Processor, clothing furniture, etc. At 3509 Cho TT2. 353-5762.

Yard Sale: Moving to Ja Oct. 23 7:30 AM til 1

TRADERS

HOW TO PLACE YOUR FREE TRADER AD

THE GLOBE, Camp Lejeune, N.C. October 29, 1999

• TRADERS is a free service provided by the Public Affairs Office. Ads must be resubmit EACH WEEK and reach the Public Affairs Office by noon, Friday, a week prior to publ tion. Ads must be signed legibly with ALL information filled in. Ads MUST be on a TRAD FORM. Ads that do not contain the required information will not be printed. No ads for service or businesses such as the sale of AKC or CFA registered animals by breeders wil printed. The Public Affairs Office reserves the right to withhold ads which may be deem inappropriate for any reason. All trader ads submitted by civilians employed at Camp Lejeune or MCAS New River will be published. Office receives more ads than space per certain ads will not be published until the following week.

• Print legibly. If we can't read it, it will NOT be published.
• Individual forms must be filled out for each category of items. I.E., automobiles, pets.
• No more than 25 words per form. Only three forms per household a week will be publi

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Camp Lejeune, NC 28542-0004

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Signature **Rank** **Organization**

Home Address

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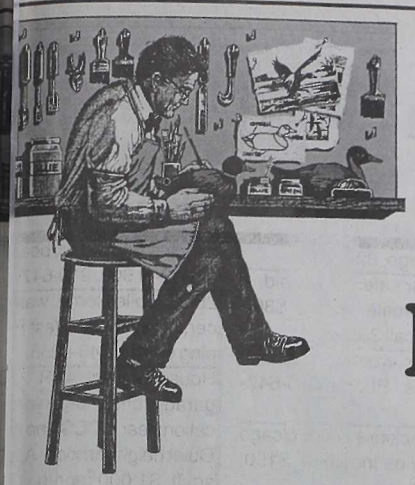

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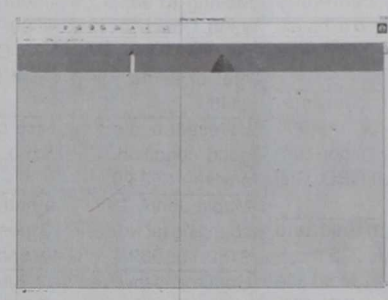

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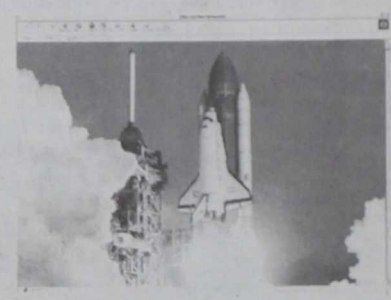

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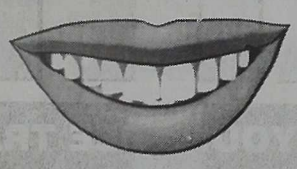

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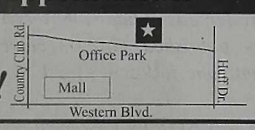

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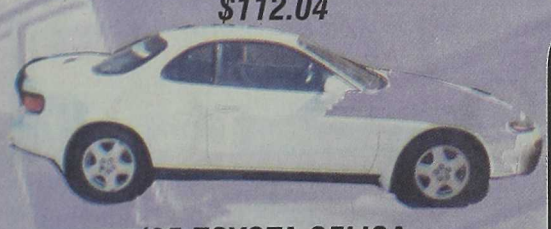

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