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### **IS STRAIGHT FROM** TTLEFIELD

nes looking for extra ing on how to survive will soon receive les-traight from the bat-in pocket-sized ts. The individual ts, called Marine Warfighting ation Interims, will fit Marine's cargo pock-leature up-to-date ation in areas rele-the Marines in Iraq, s urban operations s urban operations nvoy tactics.

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arine Corps' newest and attack helicopie UH-1Y and AH-1de their first shipliandings May 7 conducting ship-compatibility testene whelicopters ted to replace the fleet of AH-1W 4-1N aircraft, which een operating at the Marine Corps by years. Currently, 1Y and six AH-1Z are in production Helicopter's Fort and Amarillo, Texas s. By 2014, the Corps will have ad 100 UH-1Y and 180 AH-1Z Cobras.

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### May 26, 2005 / Vol. 67 No. 20 BRAC recommendations signify changes ahead for Marine Corps

### MAJ. NAT FAHY Headquarters Marine Corps

WASHINGTON — Months washingfron — Months of rumors and nationwide speculation were finally put to rest when Secretary of Defense Donald H. Rumsfeld formally submitted the Department of Defense's Base Realignment and Closure recommendations to the BRAC Commission May 13

Minutes after uniformed service members were televised distributing hard copies of the list to members of Congress, word of major closings spread

rapidly.

In contrast to previous BRAC rounds in the mid-90s,

the Marine Corps will not have an active base completely closed. However, it will see significant transformation across many types of installations and installation functions within both the Reserve and active communities. Changes range from relocation of Reserve units and functions to major realignments of supply, storage and industrial capacity functions, to becoming a "receiver site" for another service organization.

"The Marine Corps was strategically positioned fairly well in advance of the 2005 BRAC process," said Brig. Gen. Willie J. Williams, assistant deputy commandant for Installations and Logistics.

tate	A-0		Out		ln .		n/(Loss)	Net Mission	Total
Installation	Action	Mil	Civ	Mil	Civ	Mil	Civ	Contractor	Direct
Marine Corps Air Station Cherry Point	Realign	(16)	(664)	64	8	48	(656)	(20)	(628)
Marine Corps Base Camp Lejeune	Realign	(182)	(16)	0	15	(182)	(1)	(9)	(192)

"These recommendations will improve our organizational alignments and help us achieve a more efficient base infrastruc-ture. We look forward to work-ing with the BRAC Commission

in their further analysis of these recommendations, and ultimately implementing the decisions made by the president and the

Congress."

If the recommendations are

approved, nine Navy-Marine Corps Reserve centers in California, Ohio, Wisconsin, Louisiana, Oklahoma, West

See CHANGES | 9A

### Battle Color Detachment | Camp Lejeune visit



Marines with the Silent Drill Platoon, Battle Color Detachment, Marine Barracks Washington, perform during a Battle Colors Ceremony at Liversedge Field Tuesday. The Silent Drill Platoon, along with the Marine Corps Drum and Bugle Corps and the Marine Corps Color Guard, also showcased their abilities at Marine Corps Air Station New River Wednesday.

### Corps assembles elite team to support overseas operations

4TH MARINE EXPEDITIONARY BRIGADE (ANTITERRORISM) Press Release

The Marine Corps deployed a number of Border Transition Teams to undisclosed locations near the Iraqi border this week, each challenged with the daunting task of working under perhaps the most austere and dangerous conditions in theater. tions in theater.

a component of the

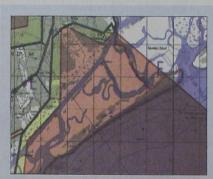
Iraqi Multi-National Security Transition Command, the mission of the BTT is to advise and assist existing Iraqi forces to deter, disrupt and interdict cross-border movement of contraband, illegal aliens and insurgent support by establishing a border defense force and enabling effective regulation of Ports of Entry.

The 4th Marine Expeditionary Brigade (Antiterrorism) recently finished training and equipping

finished training and equipping these teams, preparing more than

100 Marines in mere weeks. The brigade's command element and headquarters company personnel made lengthy strides in everything from conducting Enhanced marksmanship training to acquiring tactical vehicle, weapons and communications equipment. "We've assembled these teams with the best and brightest the Corps has to offer," said Col. Michael R. Pannell of Columbus,

See TRAINING | 10A



### **Browns Island - Imminent** danger to local boaters

Staff Reports

"Avoid Browns Island!" That's what the director of range control, Lt. Col. Gary Oles, is telling boaters who routinely pass the island during their fun in the sun. He said what some people don't realize (and what some others realize but choose to ignore) is that Browns Island is a live-impact area that still holds unexploded ordnance. According to Oles, the Corps dropped bombs and shot artillery and tank shells onto the island for nearly 30 years, until the mid-1980s. Marines still routinely conduct live-fire machine gun training in the area.

Located between Onslow Beach and Hammocks Beach State Park, Browns Island a.k.a. "Bomb Target Three" looks like an ideal place for boaters to stop and fish and even camp for the night. However, Oles said that's the problem. Despite the red and white signs warning people to avoid the area, his Marines continue to find footprints amongst the areas with unexploded ordnance.

"What really got my attention was seeing the little tiny footprints of a child - maybe five or six years old - next to a piece of dud ordnance," stated Oles during a Jacksonville Daily News interview. "This is, no place for souvenir hunters."

The dangers are real, and boaters can easily come into harm's way when going ashore Browns Island. Oles stated that the base's Explosive Ordnance Disposal Platoon found 19 500-pound bombs during sweeps of the island

See DANGER | 11A

### New law to affect insurance premiums

DONNA MILES

WASHINGTON - Defense and Veterans Affairs offi-cials are ironing out details of programs that will expand benefits provided through Service members' Group Life Insurance

Insurance.

The \$82 billion supplemental legislation signed into law by President George W. Bush May 11, increases maximum SGLI coverage to \$400,000 and provides payouts of up to \$100,000 for service members with traumatic injuries, explained Stephen Wurtz, the VA's deputy assistant injurier for insurance.

for insurance. The increased SGLI coverage will take effect Sept. 1, and the so-called "traumatic SGLI" benefit, Dec. 1. Wurtz said the legislation directs that both benefits will be retroactive to Oct. 7, 2001.
"Traumatic SGLI" benefits will be retroactive for troops who have lost limbs, eyesight or speech or received other traumatic injuries as a direct result from

See SEARCH | 10A

### Norwegian exchange officers visit Camp Lejeune

### CPL. STEPHEN M. DEBOARD II Marine Expeditionary Force

Eleven Norwegian officers and one Norwegian civilian visited Camp Lejeune May 17-18, as part of the Marine Corps' Pre-posi-tioned Program-Norway. "The tour is an annual officer-

"The tour is an annual officer-exchange program event sponsored by Headquarters Marine Corps. Its purpose is to allow the Norwegian defense establishment to familiarize Norway's armed forces with Marine Corps capabilities and equipment relative to MCPP-N, a program designed to base equipment and supplies sufficient to support a marine expeditionary brigade in a variety of operations anywhere in the world," said Maj. Robert D. Freeman, an operations analyst with the Installations and Logistics Division, Headquarters Marine Corps.



A Landing Craft Air Cushion vehicle approaches Onslow Beach during the 2005 II Marine Expeditionary Force Capabilities Exercise May 18 through May 20, CAPEX is designed to allow personnel of different backgrounds and military occupational specialties to gain a better understanding of the Marine Air-Ground Task Force.

"We try to expose them to every possible aspect of MCPP-N deployments, planning and operations, as well as training and maintenance of facilities that support such activities," Freeman said.

"The goal of the program is for

"The goal of the program is for the Norwegian officers to learn

more about the U.S. organization, capabilities and force structure so they can better understand the program in a wider perspective," said Lt. Col. Kato Waage, exchange program officer, Norwegian army.

See VISIT | 11A











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"How do you plan to be safe over Memorial Day weekend?"



Ensure all Marines know the consequences of drunk driving."

Sgt. Brian Fountain 2d Maintenance Bn., 2d FSSG

"Properly brief young Marines on safety precautions before liberty."







"I'm going into the field, but Marines should do the right thing because they know it's the right thing to do.

Cpl. Michael J. Hall 2d Transportation Support Bn., 2d FSSG

"Staying home with my wife. We're going to travel after the busy weekend.



Lance Cpl. Alfred Milton 3rd Bn., 10th Marine Regiment, 2d MarDiv.



driving, stay in liberty boundaries and let someone know where you are going to be.

2nd Lt. Melanie Stock Headquarters and Service Co. 2d FSSG

Please be safe Memorial Day weekend!

### Honoring our nation's heroes

Commanding General Marine Corps Base MAJ. GEN. ROBERT C. DICKERSON

On May 30, 2005, Americans will appropriately remember our nation's heroes who have given the last full measure in support of freedom. In this nation's march for justice throughout history, the men and women of our great country have served a greater cause than their own interests. Our mothers, fathers, sisters and brothers have sacrificed from the first days of the American Revolution in 1770 to our modern day fight against terrorism. Heroes come in all forms. We often remember our military on this day but must also remember our citizen soliers, public servants and the common man, who in times of trouble, volunteer to serve for the greater good. Dedicate yourselves and families to reflect on all those brave comrades who came before us risking persecution or death for the fundamental and basic rights of all humans. Remember those that continue to answer the call and are currently serving abroad carrying the torch of honor. If you are traveling or staying local, please ensure that you make responsible decisions concerning recreational activities and alcohol consumption. As we continue the Global War on Terrorism, we need every person in this fight. Losing someone to an off-duty accident is a senseless waste. Remember, I'd rather have you home late than not at all. Make the right calls. Semper fidelis.

Maj. Gen. Robert C. Dickerson is the Commanding General for Marine Corps Base Camp Lejeune.



### Memorial Day, more than a day off work

Combat Correspondent LANCE CPL. SHANE SUZUKI

What are federal holidays, if not a chance to kick back, relax and not go to work for a day? Holidays such as Memorial Day and Veterans Day have the strength of the strength

Memorial Day and Veterans Day have long lost their meaning as days of remembrance. Now, for most people, it is nothing more than a three-day weekend with barbecues and parades. With Memorial Day coming up, there has been a push to have Americans recognize a moment of silence at 3 p.m. However, the reality of the holiday is that most people just don't care. And who can blame them?

don't care. And who can blame them?
We, as a military community, should be the most enthusiastic and dedicated to the idea of honoring our fallen brothers and sisters, especially the Marines, with our respect for the Corps' storied history.
Sadly, this is not the case. Some people see the lack of respect toward our past as symptomatic of a commercialized culture that brings everything to its lowest denominator. Religious holidays, such as Christmas and Easter, are now just a chance for busi-

nesses to make up sales lost during the rest of the year. The Fourth of July is no longer a celebration of a suc-cessful experiment in democracy; it's now an all day fireworks and beer fes-tival, dedicated to liquor companies and hot dog distributors. And, sad as it seems, Memorial Day is no differ-

The ads will be bursting out of the newspapers; radio stations will be playing ads for car dealerships and television stations will carry commentelevision stations will carry commer-cials with announcers screaming the weekend's furniture sales. Quite a bit different from the initial request of Memorial Day. Founder Maj. Gen. John Logan said, "...let pleasant paths invite the coming and going of reverent visitors and fond mourners. Let no neglect, no ravages of time, testify to the present or to the coming generations that we have forgotten as a people the cost of a free and undi-

generations that we have forgotten as a people the cost of a free and undivided republic."

Memorial Day came out of the need to stop and recognize the horrors of the Civil War and the sacrifices of the men and women who died during its battles. During World War II, the day grew to honor all soldiers, sailors, airmen and Marines who gave their

life for the cause of fred democracy. However, between World War II and tural shift away from the of democracy happened.

Maybe it was the socia surrounding the Vietnam W first" culture of the eighties thetic nature of the nineties thetic nature of the nineties the cause, the country at including Marines, need to back and realize what it fighting for overseas. Re down, as is support for ou and the Global War on Te day for the country to fl what it means to be an Am those who fight for those rake us the most powerf make us the most powerficountry in history, might n ference in the minds of a fe

If we are not going to where we came from, the o to control the future will no nized. Memorial Day is a than recognizing the sacrabout not having to make the fices again.

Lance Cpl. Shane Suzuki bat correspondent at Mar Base Camp Lejeune publ office.





If there is something you would like to see changed or added in The GLOBE, e-mail Cpl. Elsa Portillo at elsa.portillo@usmc.mil.

No cell phones in POVs unless the operator has a hands free device on the phone.



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CPL. C. J. YARD

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### - Lejeune | Deployed

### Vor Jarrior looks forward to w school in the Corps

CPL. C. J. YARD orce Service Support Group

AMP FALLUJAH, Iraq or a Marine who earned of a Marine who earned
degrees from Southern
bis University at
ondale, he has no qualms
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to work out.

nen not working in the administration

Walker can usually be found in the gym,
pouring off his clean-shaven head,
ng out and attending the "Killer Abs"
citing, "I just don't like to be fat," for

usually try to work out everyday," said ormer college cheerleader. "You have to pretty good shape to do that. Besides, wan't take your shirt off at the club if



"I hand picked Lance Cpl. Walker because in a deployed environment, you need a strong shop," said Diana. "I needed somebody who is strong in the administrative and legal aspects of an administrative shop. He is all the functions of the administration shop. Whatever I task him with, whether he knows how to do it or not, he can get it done because he will figure out how to do it. He catches on very quickly."

Walker, will use his experience in the

See Law | 11A

### Snipers scout out danger

CPL. MIKE ESCOBAR 2d Marine Division

SAQLAWIYAH, Iraq "To patiently suffer, and suffer patiently." That's what Sgt. Willis Davis thinks is the formula for success in his line of work

work.

While many Americans who spend a nine to five workday stuck inside an office cubicle may feel the same about their job, Davis' reason is perhaps more extreme. He spends days at a time in one spot, barely moving a muscle.

The 31-year-old Lake

moving a muscle.

The 31-year-old Lake Guntersville, Ala., native is a scout sniper team leader with the Camp Lejeune-based infantry unit, 1st Battalion, 6th Marine Regiment. As a member of the battalion's Surveillance, Target and Acquisition platoon, Davis and fellow snipers serve as the eyes and ears of the battalion.

talion.

"Everything we do is on our belly," stated the 1991 Guntersville High School graduate. "We insert into a position as covertly as possible and stay there to observe what's going on. You don't stand up, so sometimes it gets pretty rough. We'll be going for two, three, four days at a time in the baking sun in 113 degree weather."

Once set up in their positions, Davis and his teanmates scan the area searching for

scan the area searching for

"We look for patterns," he explained. "All people create patterns. We're here to detect it."

it."

Insurgents in Iraq routinely observe coalition forces' techniques, tactics and procedures in an attempt to circumvent their efforts. It is this threat that the snipers counter.

"We're also looking for guys placing improvised explosive devices," Davis said.

From concealed positions, the scouts look for people digging holes or placing suspicious objects alongside the road.

"We're on to their [insurgents'] game," Davis stated.
"They know they don't have

time to dig them in, so a lot of them are surface-laid. One of our teams has already caught an IED planter.

To maintain their conceal-ment as they perform these sur-veillance missions, Davis and his teammates wear something he calls "the one thing a scout sniper takes pride in," a gilly

sniper takes pride in," a gilly suit.

These suits are full-body outfits made of materials such as tree leaves, burlap sacks and twigs, designed by each sniper to blend into his surroundings as much as possible. Davis said his snipers often wear their gillys despite performing missions in a primarily urban environment.
"Each individual makes his own gilly suit," he continued. "That helps you understand the beauty of depth perception and concealment, and that sometimes, you don't need to seek cover from fire because concealment is just as effective."

Although these suits help them perform these tasks unnoticed, Davis said it makes working in Iraq's heat uncomfortable.

"If it's 113 outside, it gets to be 146 150 incide, gillberith."

able.
"If it's 113 outside, it gets to be 145-150 inside a gilly suit," Davis continued.
In addition to concealment, the scouts come armed with two weapons: extraordinary situational awareness, and their 7.62

nonai awareness, and their 7.62 mm scope-equipped M-40A3 sniper rifle.

"This weapon has a max effective range of 1000 yards on a point target," Davis explained.
"It's a pretty nasty little deal."

He further said that he and his teammates could snipe a sprinting insurgent from burs.

his teammates could snipe a sprinting insurgent from hundreds of yards away.

"We can shoot movers at a full sprint from about 800 yards away through a system developed by some Marines in our platoon, both former scout sniper school instructors. Two of them came up with this formula that's just 'dead on the money."

Despite their marksmanship proficiency, Davis said his pla-toon always keeps the basics in mind.

"A good thing to do is to take that 'center mass' shot, like the Marine Corps trains you to do. It gives you a little bit of variance," Davis added.

In recruit training, instructors teach every trainee to aim for the center of a target. This way, the round still strikes, even if inches away from the original point of aim. The snipers continue to apply their fundamental skills in the performance of their missions.

However, the scout sniper

However, the scout sniper team members are more than just deadly shooters.

"Lots of people think, 'damn, those guys are good shooters,' but we're damn good scouts too," Davis stated. "We provide a lot of information when we're out on the field, letting the companies know where the good cover and conceal-

ting the companies know where the good cover and conceal-ment points are, and locations where they might want to move Marines to. We paint the battle-field for the commander." Additionally, snipers serve as forward observers. These Marines are trained to call in indirect fire, such as artillery and mortar fire, upon insur-gents' positions. "If an indirect fire asset is there for us, we can destroy the

"If an indirect fire asset is there for us, we can destroy the enemy or delay them until the 'grunts' get in there and finish the job," Davis said.

Although highly trained and members of a close-knit elite unit, Davis and his teammates remain humble.
"There's prothings thick

remain humble,
"There's nothing 'high
speed' about our job," he said.
"I'm not gonna say we're the
best Marines in the battalion;
we're just experts at what we

Through these difficult mis-

Through these difficult missions, Davis said the STA Marines stay motivated, finding comfort in each others' friendship.

"We've got a lot of respect for each other, because we all know the pain and suffering we go through. There's a lot of heart in this platoon, and that's what it takes to make it out here; intestinal fortitude," Davis concluded.

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### Around the Corps

### President meets task force

MASTER GUNNERY SGT. DWAINE ROBERTS

TBILISI, Ga. —
Tbilisi officials struggled to contain the enthusiasm of an estimated 250,000 Georgians who turned out to greet the American president. "Garmariohal"

to greet the American presinterest of the Markette of the Ma

um with Georgia's President Mikheil Saakashvili. They were joined by their wives Laura and Sandra.

"America is proud to call Georgia our partner in freedom." Bush told the cheering crowd. "Freedom has no better friend than those who have a fresh memory of tyranny," he added, speaking of Georgia's tumultuous history that has been filled with revolution and occupation. After the ceremony, President Bush met with 20 members of an American task force that is helping the Georgian military prepare for deployment to Iraq. The Sustainment and Stability Operations Program Task Force had a once in a lifetime opportunity to greet the president. "I never expected to really meet President Bush and shake his hand. That was lantastic," said Cpl. John Knapp, instructor trainer from Hackensack, N.J.

Some members of the task force didn't totally grasp the significance of the moment until President Bush was a few feet away. "Meeting the president was much greater than my anticipation of the event. Standing before him and him thanking us personally for our service to our country - that was awesome," said Chief Warrant Officer, Ryan Stewart, personnel officer from Talladega, Ala. The task force is currently training the Georgian 23rd Light Infantry Battalion. The



training began April 23 and continues through April of 2006 in a Continuing Cooperative Military Program. This training builds upon the success of Georgian Train and Equip Program, which concluded last year.

Major Eric Lehman, the GSSOP Task Force commander, from Iona, Mich., said, "This region is strategically critical to our ongoing efforts to fight the global war on terror, and this program will assist the Georgian military's effort to provide capable, trained units to sustain their scheduled deployment to Iraq,"

Accordingly, Georgia is very supportive of the U.S. anti-terrorism efforts and seeks to become familiar with and participate in other United Nations peace keeping and stability operations. The newly trained Georgian battalions will replace Georgian units currently in Iraq, to help provide security for the coalition mission in Baghdad, Iraq.

The SSOP task force is composed of Marine Corps infantry and small arms trainers, a Navy emergency medical training team, Air Force communications technicians and an Army contracting expert and visual communications specialist.

In total, the training will include peacekeep-

cialist.

In total, the training will include peacekeeping, logistics skills as well as specialized training for engineering, signal and reconnaissance.

Also, the brigade staff will receive command and signal training and is scheduled to conclude in April 2006.

### Marines show off gu

DELGADO

Marine Corps Base Camp Butler

TAK, Thailand — More than 100 Marines with 3rd Battalion, 12th Marine Regiment, Combined Marine Forces, Cobra Gold, participated in a live-fire training exercise May 5 as part of Exercise Cobra Gold 2005.

The Marines fired M2, 500

The Marines fired M2 .50 caliber machine guns, M240G medium machine guns, MK19 40mm machine guns and M249 squad automatic

M249 squad automatic weapons.
"We're training gun crews for the sake of familiarization," said Lt. Col. Robert Plantz, executive officer for 12th Marines. "It is a consolidated effort to train Marines so they can use these weapons officiently, should they need." efficiently, should they need

to."

The exercise is an annual Cobra Gold event and rotates between various ranges located throughout Thailand, according to Plantz.

"We rotate between similar training areas," Plantz said. "Last year, the Marines fired in Lopburi, [Thailand]. It's pretty much the same [at every range.] Hilly, open terrain really is ideal for this

Know the Rules

kind of training."
Plantz explained that Thailand offers certain advantages over training in Japan.
"Range space is very limited on Okinawa, Japan."
Plantz said. "For one, you're not allowed to fire towards mountains like we're doing here. The firing range here is also a lot larger and more open, which allows us to train more efficiently with these kinds of weapons."
Though there were not as many restrictions at the ranges here as are in place at Camp Hansen, Okinawa, safety was still a major concern, according to Staff Sgt. Duane C. Patton, a range safety officer with 12th Marines.
"Safety is as much a kinger of the staff of the safety is as much a kinger of the safety in the safety of the safety is as much a kinger of the safety of the safe

"Safety is as much a big concern here as it is any time you're operating these kinds of weapons," Patton said. "These Marines do not fire

on my command. The their flak jackets and helmets on the firing all must wear all must wear ear Training and safety hand in hand. That wo change, no matter whare training."

Some Marines at the vocalized their and

vocalized their exc over the training explained that they we

weapons in a foreign in "It's a really great ence for me," sai Joshawa T. Myers, a mgunner with 3/12. "It's while since I've fire kinds of curs and the said of curs and curs and the said of curs and the said of curs and the said of curs and curs and curs and curs and curs and curs

while since I've lite kinds of guns, and the of remediation will de help me out in the lon Royal Thai army a from the 4th Roya Infantry Division also ed the training exer witness the training.



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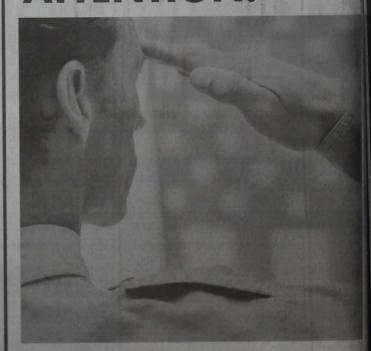
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those whose sacrifice made our freedom possible. Each day is a reminder. We can never thank them enough.



### Health | Safety

### Decision to ride, accepting the risk

NAVAL SAFETY CENTER Special to The Globe

Special to The Globe

Editors note: This is part one of a two part series, which will continue in the June 9th edition of The Globe.

When people decide to ride a motorcycle, they select a unique and challenging form of transportation. However, riding is not for everyone, and a motorcycle will not always be your best choice of transportation.

For many, motorcycling is more than a means of transportation—it is an enthusiast's sport. The attraction of motorcycling often comes from the unique mental and physical skills necessary to operate the machine. There are many varieties of motorcycles and motorcyclists. But all motorcyclists share something in common—an increased element of physical risk.

The first step in making a

Tisk.

The first step in making a responsible decision to ride is understanding the high level of risk in motorcycling. We can lower the risk through our attitudes, with the protective gear we wear, and developing mental and physical strategies through training. But even so, the motorcyclist is physically vulnerable in a mishap. You are 20 times more likely to be injured on a motorcycle than in a car. cycle than in a car.

### PEOPLE WHO RIDE MOTORCY-CLES: THE MOTORCYCLES THEY

Many different types of people ride motorcycles, and for many reasons — recreation, commuting, touring, image, sport riding and competition.

There are also a wide variety of motorcycles - cruisers, touring, sport bikes, dual purpose, and standard. Since it is not feasible for one type of motorcycle to meet all a rider's needs, each of these represents a compromise of these represents a compromise between performance, rider comfort, and other capabilities within intended use.

within intended use.

Often, there is a connection between the rider, riding style and type of motorcycle. The young service member may be attracted to a motorcycle's price vs. the high level of performance. Others may be attracted to the cruiser with its black-leatheriseket mystique, as a break from jacket mystique, as a break from life's routine. Motorcycle tour-ing, either solo or with a group, may be both a recreational and social activity.

CAR VS. MOTORCYCLE: ADVANTAGES AND DISADVANTAGES EXPOSING THE MYTHS

Size - Motorcycles are smaller than cars. They are easier to park. But they are harder to see, especially when you wear dark, non-reflective clothing; have limited loads; and can carry only one passenger.

only one passenger.

Maneuverability
Motorcycles can be quite maneuverable, with a trained rider, at lower speeds. But maneuverability decreases as you ride faster.



Performance - Motorcycles provide a high level of performance per purchasing dollar, but require a higher level of physical skill to operate. The rider can get in trouble very fast.

Cost - Motorcycles may have a lower purchase cost, but use may be limited by season extremes; passenger and load limits. Also, cost and frequency of routine maintenance, especially tires on high performance machines, may be much higher than a car.

Protection - When you ride,

you become one with the envi-ronment and have the wind in your face. But the motorcycle rider is more physically vulnera-ble; is more likely to be injured in an accident; and when not dressed properly, can be mental-ly distracted from the riding task.

### SAFETY AND RISK

You ride home on that new bike. Your family, friends and even neighbors offer their opinion, "Motorcycles. Seem like fun but they're so dangerous!" And you know they are right.

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Can you ride a motorcycle with no risk and free from danger, damage or injury? The obvious answer is no. There are many things we do that have risk: fly planes, scuba dive, ride bicycles, jog and drive cars. Some activities have more risk than others.

The element of risk and our

The element of risk and our perception of it is constantly changing. We can't eliminate risk, but we can lower it. We should first understand the risk inherent to motorcycling. Next,

See RIDE | 11A



torcyclists aboard Camp Lejeune must first take a motorcycle astal Carolina Community College, ensuring riders learn proper sa d protective gear-requirements, before riding aboard the base pe and protective g Order 5100.19E

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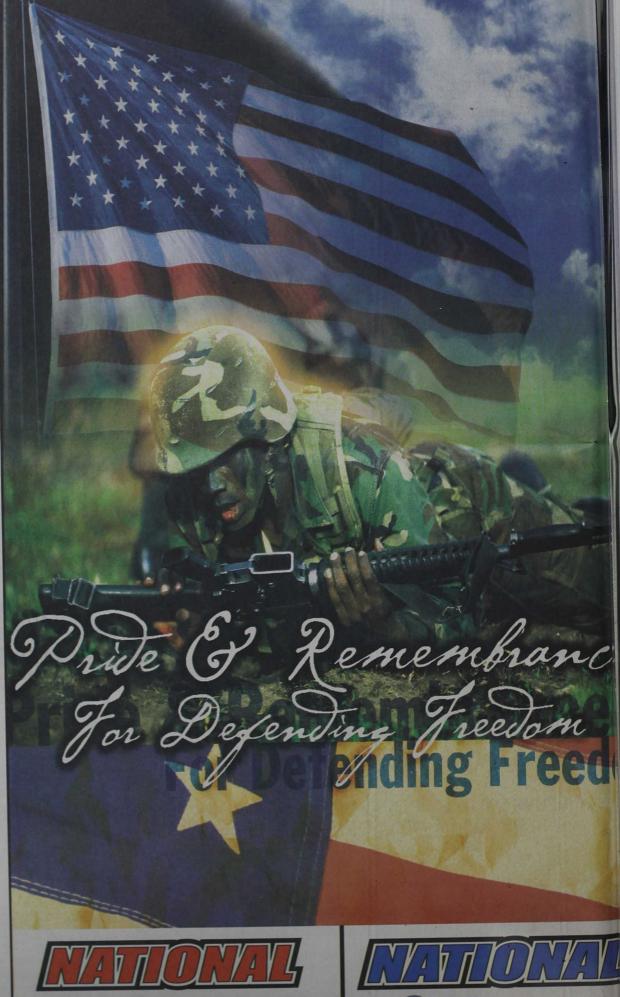
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[Available payments total \$5,724. Option to purchase at lease end for IrailBlazer and Malibu. Lessee pays for excess wear. Not available with other offers.

[Available payments total \$5,000 miles for Cobalt or \$.20/mile over 48,000 miles for Silverado, IrailBlazer and Malibu. Lessee pays for excess wear. Not available with other offers.

[Available payments total \$5,000 miles for Cobalt or \$.20/mile over 48,000 miles for Cobalt or \$.20/mile over 48,000 miles for Silverado, IrailBlazer and Malibu. Lessee pays for excess wear. Not available with other offers.

[Available payments are for a 2005 Chevy Cobalt Sedan with an MSRP of \$15,040. 36 monthly payments total \$5,724. Option to purchase at lease end for IrailBlazer and Malibu

### Career | Education

### Buyer beware of online degrees

MINDY JONES

Countless universities and col-leges now offer online degrees. While many of these schools and their degrees are legitimate and accredited — many are not. Promises of quickly delivered degrees and diplomas, with no exams necessary, are simply too good to be true. Such bogus certifi-cates are often the result of illegal diploma mills.

Sometimes people don't realize they are dealing with a diploma mill. The school may have a name that is similar to that of a well-known institution, make their pro-grams look genuine or may even have brochures with pictures of a

Accreditation is a validation that a school, or a department within a school, has been investigated and found worthy of approval by a ver-ified accrediting agency.

### IMPORTANCE OF ACCREDITATION

ton of students who are transfer-ing from one school to another. More importantly, it is required when applying for federal grants or scholarships — the schools involved must be regionally accred-ited. As a member of the U.S. mili-

tary, your school must be accredited in order to be recognized by the military. The Montgomery GI Bill, Military Turtion Assistance and Federal Student Aid will not pay for courses at a non-accredited college. Although diploma mills sell everything from college transcripts to high school diplomas, their products aren't worth much. Academic and professional communities do not commonly accept applicants or hire employees with degrees from unaccredited schools. Some states have even determined that using a unaccredited schools. Source sales have even determined that using a bogus degree to get a job or promotion is a crime. Typically treated as a misdemeanor, it is punishable by a fine, ranging from \$350 to \$2,500.

### VERIFYING AUTHENTICITY OF ACCREDITING AGENCIES

Any school can claim that it is accredited. Some will even go so far as to set up their own accrediting ar as to set up their own accreuding agency. If you are interested in a particular school, there are steps you can take to ensure that it has been recognized by a verified accrediting agency. The question that you need to ask is "Accredited by whom?"

by whom?

American universities are validated at the state level by regional agencies. There are six regional accrediting agencies recognized under Generally Accepted Accrediting Principles. For an

accrediting agency to offer recog-nized accreditation, the agency must be recognized by at least one of the following: - Council on Higher Education Accreditation in Washington, D.C. - U.S. Department of Higher Education

US Department of Higher Education
 The relevant national education agency, or it must be part of that agency
 A school offering diplomas with little or no work is probably a diploma mill. However, there are many legitimate opportunities for service members to earn a degree online. Start the online education search through the programs for service

Start the online education search through the programs for service members sponsored by the Department of Defense.

Remember that any degree program must accommodate the military life style. Ensuring that a school's accreditation is recognized, according to GAAP, will ease the transfer of credits and ensure that the school is recognized by the military. This guarantees educational assistance programs from the Navy and Marine Corps and the transfer of classes from one military sasignment to the from one military assignment to the

next.

If you or someone you know is taking an online planning on taking an online course, call the Base Education Center at 451-3091 to find out information about courses that are Frocking | Wissler



ivate first class Jamond D. Roberts (left), a Cheneyville, La., native; Brig. Gen. John E. Wissler, co ander of 2d Force Service Support Group (Forward), a Brooklyn Park, Minn., native; and Lt. Cm mothy D. Hogan, chaplain for Combat Logistics Regiment 25, a Southgate, Mich., native, pose to ture after Wissler's frocking ceremony May 18.



AND THOSE WHO GIVE SO MUCH

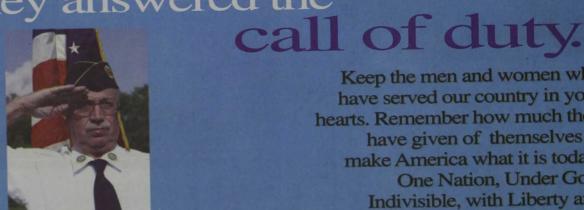
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Sington Three Marine
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members during the inceremony. Ireen Heast to Ahlmeyer, origin Pearl River, N.Y.; Photoher to Tycz, origin om Milwaukee; Sareley, sister to Miller, or Tampa, Fla.; rom Tampa, Fla.; from Tampa, Fla.; ie Irene Sharp, mothe p, originally from Calif., all accepted f behalf of their fami p was buried May 1 Jose and was honore

onnaissance patrol oper the Marine base at and came under ack in the very early must of May 10, 1967, cupying a defensive po the four were killed a set of the engagement to hostile fire, their beald not be recovered with the control of the second of the se

### - Veterans Affairs

### Sirvice members return home ater 38 years, receive honors

NNERY SGT. KENT ine Barracks 8th and I

M RINE BARRACKS,
A.S. INGTON — Gone, but
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con issance mission deep in
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hall come home. This homemic puts a close on the
ape of four lives cut short
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The families of 2nd Lt.
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nony. Mour men were part of a nasance patrol operating Marine base at Khe d came under enemy the very early morning sz May 10, 1967, while ang a defensive position or were killed at the the engagement, but coostile fire, their bodies that be recovered when

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Members of the motorcycle club Rolling Thunder render a final salute honoring three Marines and a sailor killed during a reconnaissance patrol May 10, 1967, in the Quang Ti Province of South Vietnam. Artington National Cemetery, the final resting place for America's honored heroes, we sit he backforcy May 10, 2005, that saw hundreds of friends and families pay tribute to the four men who gave the ultimate sacrifice exactly 38 years ago.

honor than attending this interment, particularly after commanding reconnaissance Marines in combat myself," Copp said. "With Gen. Kelley's presence, as well as the former 3rd Reconnaissance Battalion veterans and friends of the Corps, it truly was a significant event and profound reinforcement of our Corps' motto—Semper

our Corps' motto-Semper Fidelis."

the rest of the patrol was extracted by helicopter, later that morning.

The Marines of the Corps' "Oldest Post" were entrusted with the ceremonial duty of laying their brothers to rest. The Body Bearers of Company Et have the duty of burials at ANC.

The 28th Commandant of

have the duty of burials at ANC.

The 28th Commandant of the Marine Corps Gen. Paul X. Kelley (retired), escorted the funeral procession as it wound its way from the transfer point at Patterson Circle to the gravesite in Section 60 of ANC.

"It is truly an honor to be here today and be part of this event," said the former commandant, who was presented one of the flags during the graveside ceremony.

Former commanding officer of 1st Force Reconnaissance Battalion and current Marine Barracks Washington executive officer, Lt. Col. A.J. Copp, said the ceremony was significant because not only did it bring closure to the families and teammates of these heroic service men, but if also demonstrated the resolve of the government in recovering our missing in action.

"I can think of no greater

### CHANGES CONTINUED FROM 1A

CONTINUED FROM 1A

Virginia, Pennsylvania and Alabama will close. Two inspector-instructor sites in Rome, Ga., and West Trenton, N.J., will be shut down as well. In a move designed to further join interoperability among the services, personnel operating out of these facilities will be primarily reassigned to Armed Forces Reserve Centers located nearby in their respective states.

The Marine Corps Support Activity in Kansas City, M.O., will close and move its Mobility Command to Naval Air Station, Joint Reserve Base, New Orleans, but retain an enclave for the 9th Marine Corps District. The 24th Marine Regiment Marine Forces Reserve Headquarters is scheduled to follow suit, moving out of its current location at the Naval Support Activity, New Orleans, also recommended for closure.

Support Activity, New Orleans, also recommended for closure.

Four Marine Corps Reserve aviation squadrons and other select aviation support units are recommended to make eventual moves from installations slotted to close. Naval Air Station Atlanta will see its Reserve Marine Fighter Attack Squadron 142 relocate to NAS Joint Reserve Base, Fort Worth, Texas. Marine Light Attack Helicopter Squadron 773 will relocate to nearby Robins Air Force Base, Ga. The Reserve Marine Heavy Helicopter Squadron 772 out of NAS Willow Grove, Pa., will eventually move to

McGuire AFB, and HMLA-775, Detachment A, from Johnstown, Pa., will also be relocated to McGuire AFB.

To eliminate excess infra-structure and functional redundancy, corrected facilistructure and functional redundancy, corrected facilities on three major bases are being consolidated under the central management of Joint Correctional Facilities - one on each coast. Inmates and staff members aboard Marine Corps Base Quantico, Va., and MCB Camp Lejeune, will be relocated to a mid-Atlantic Joint Regional Correctional Facility at the Naval Support Activity in Chesapeake, Va., while those aboard MCB Camp Pendleton, Calif., will eventually relocate to a joint correctional facility at Marine Corps Air Station Miramar, Calif. Each of the bases closing their corrected facilities, will maintain at least some pre-trial confinement capability.

Marine Corps Logistics Base Barstow, Calif. will maintain its West Coast presence to provide a close, responsive source for heavy depot maintenance support, while some of its selected commodity depot-level functions to be relocated to MCLB Albany, Ga. MCLB Albany will expand to meet the additional support requirement.

Other notable recommendations involve the eventual consolidation of service investigative departments aboard MCB Quantico. The base will harman was a consideration of service investigative departments aboard MCB Quantico. The base will harman was a consideration of service investigative departments aboard MCB Quantico. The base will harman was a consideration of service investigative departments aboard MCB Quantico. The base will harman was a consideration of service investigative departments aboard MCB Quantico. The base will harman was a consideration of service investigative departments aboard MCB Quantico. The base will harman was a consideration of service investigative departments aboard MCB Quantico. The base will harman was a consideration of service investigative departments aboard MCB Quantico. The base will harman was a consideration of service investigative departments aboard MCB Quantico. The base will harman was a consideration of service investigative department aboard MCB Quantico.

solidation of service investiga-tive departments aboard MCB Quantico. The base will become the host installation for Counterintelligence Field Activity and Defense Security Service, Naval Criminal Investigative Service and the Army Criminal Investigation

Command. Such a move is expected to warrant an influx of more than 3,000 additional personnel to the

base.
"This will facilitate multi-"This will facilitate multi-service missions by creating a joint organizational and basing solution that will not only reduce waste but also maximize military effective-ness," said Col. James Lowe, Marine Corps Base Quantico, Va. base com-mander, in a recent press statement.

mander, in a recent press statement.

In testimony to the BRAC Commission May 17, Secretary of the Navy Gordon England summed up his view of the recommendations, "As I look at the infrastructure footprint, I'm confident that it is more than sufficient to support the Navy and Marine Corps infrastructure."

The Department of Defense's recommendations are by no means final. The BRAC Commission will review the recommendations and forward their report to President Bush by Sept. 23, the president must send his decision to Congress, which in turn has 45 legislative days to accept or reject the recommendations in their entirety. When that occurs, the recommendations then become law and must be implemented within 6 become law and must be implemented within 6

years.
For a complete, detailed list of closures and realignments across the Marine Corps and the Department of Defense, go to www.defenselink.mil/brac.





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### SEARCH CONTINUED FROM IA

injuries received during Operation Iraqi Freedom or Operation Enduring Freedom. The bemefit does not apply to service members suffering from disease.

"The retroactive coverage increase is payable as a result of deaths in either operation, or under other conditions prescribed by the secretary of defense," Wurtz said.

Service members enrolled in the SGLI program will notice an increase in their premiums when the increases take effect. "The "Traumatic SGLI benefit will be rolled into the basis CGLI program and will likely cost about \$1 a month," Wurtz said.

"Troops opting for maximum SGLI coverage — \$400,000 vs. the current \$250,000 will see their monthly premiums increase."

erage — \$400,000 vs. the current \$250,000 - will see their monthly premiums increase from \$16.25 to \$26," Wurtz said. This is based on the rate of 6.5 cents per \$1,000 of

insurance coverage.

SGLI coverage is currently available in \$10,000 increments, but as of Sept. 1, the increments will increase to \$50,000.

"Because the rates have not changed, service members who retain \$250,000 or less coverage will see no increase in their premiums," Wurtz said, "except for the \$1 "Traumatic SGLI" premium."

"While these expanded benefits will be provided retroactively, affected service members won't be charged retroactive payments," he said. DoD will absorb that cost. In the case of members who are not married,

notice will be provided to the designated beneficiary when the member purchases less

beneficiary when the member purchases less than the maximum coverage.

According to Wurtz, the new "Traumatic SGLI" benefit is designed to provide "a quick infusion of cash" for cash-straped families of troops recuperating from traumatic injuries received in the line of duty.

Compensation will range from \$25,000 to \$100,000 and is designed to help families of severely wounded troops leave their homes and jobs to be with their loved one during recovery. "These families incur a lot of expenses, and this is designed to help them financially," Wurtz said.

While VA staff members consult with DoD to write regulations that will put the

DoD to write regulations that will put the new SGLI benefits into effect, Wurtz said, "lots and lots of details have to be worked

Among outstanding issues is the fact that the expanded SGLI coverage is part of the supplemental legislation package that funds operations only through Sept. 30. That's 30 days after the new SGLI limit takes effect and two months before the "Traumatic SGLI" benefit begins.

SGLI\* benefit begins.

Wurtz said that VA is confident Congress
will resolve this issue before there's any

lapse in coverage.

VA will continue to oversee and control

the SGLI program.

In a new twist introduced through the supplemental legislation, troops with dependents must get their spouse's approval to purchase less than the full amount of SGLI cov-

### TRAINING CONTINUED FROM 1A

Ohio, team chief with BTT-1 "The teams are seasoned, predominantly senior enlisted personnel with tons of experience and proven leadership success. We're looking for-ward to the challenges of ward to the chanteness of coaching the Iraqis to a standard where they can effectively guard their border."

Pannell added that a tremental coaching the standard of the coaching the standard of the standard

Pameli added that a fremendous amount of fast-paced training was required to prepare the BTIs to deploy. This training included communications, tactical vehicle driver instruction (all BTT members are required to have tactical vehicle operator certification),

and crew-served weapons.
"It's extremely important, with teams this size, that we're flexible and interchangeable," he said. "With changeable," he said. "With cess depends on every Marine being able to per-form every skill set and task throughout the team and this

According to Pannell, these interchangeable skill sets will be necessary to train the Iraqis under demanding

"We're going to an area where there are no forward operating bases," he said. "We're going to live where they live, eat what they eat and show we're committed to their training."

their training."
Part of that training,
Pannell added, will be some
old-fashioned Marine Corps leadership and mentoring.
"I hope we're able to con-

"I hope we're able to convey Marine Corps training and leadership standards to their forces during the early teach-the-teacher phase," he said. "If we [instill] the Marine rifleman mission, to locate, close with and destroy the enemy, and can get the Iraqis to share that mentality, it will be of tremendous strategic importance. It could set the groundwork for Iraqis potentially defending their own borders, without assistance."

Iraq has an estimated

3,650 kilometers of border, 3,650 kilometers of border, some of which is known to be used as common passage for insurgents. Securing this vast amount of territory with such small, independent teams requires what Pannell described as special operations skill sets.

The need for these unique skills, along with the indi-

The need for these unique skills, along with the individual reporting requirements of such small teams, make the BTT deployment similar to those of U.S. Army Special Forces, explained Pannell.

"This is as close to special operations capability mission, without actually being characterized as one, that I've been a part of in my career," Pannell said. "This is definitely cutting-edge and essential to border security in Iraq. The maturity, experience, leadership expertise and dedication to the mission should make my team outstanding coaches, teachers and mentors to the teachers and mentors to the Iraqis – and eventually secure their borders."

### Money Matters

### **Beware of insurant** agencies, companis

RUDI WILLIAMS

WASHINGTON

Department of Defense offi-cials are working to thwart insurance and investment marketing practices that exploit military personnel. "You really have to be a lit-

tle bit skeptical if somebody says if you invest a little bit of money with us today, you'll have a great deal of money tomorrow," warned Air Force tomorrow," warned Air Force Col. Michael A. Pachuta, DoD's director of Morale, DoD's director of Morale, Welfare and Recreation policy. "Also, you should shop for investment opportunities like you would for anything else. Don't buy the first thing that comes along. Make some com-

parisons."
Congress raised concerns
last fall after press reports documented abusive insurance and
investment sales practices at
some military installations,
including Camp Pendleton,
Calif., and Fort Benning, Ga.
This caused DoD to step up its
efforts to improve oversight
and enforcement of policies.
"New service members are

"New service members are sometimes enticed to go off base to what they think are investment seminars that end up being insurance sales pitch-es," Pachuta said.

es," Pachuta said.
"Unfortunately, our policies
don't apply off the installation,"
Pachuta continued. "So we
have to rely on financial education, which we've tried to
improve at the first basic-training opportunities with our new service members."

Pachuta recommended that troops ensure there are no combat-exclusion clauses in life insurance that they buy. "We're going to be in harm's way, and it doesn't make any sense to have a policy that won't cover those kinds of events," Pachuta noted.

He encourages service mem-bers to seek counseling and

advice for financial matters through base family support centers and legal offices.

Service members should be on the lookout for such things as something presented as a savings plan with an insurance component to it. "That's a red flag," he said. Before buying insurance, service members insurance, service members should compare what the pre-mium would be for a rate of

mium would be for a rate of coverage compared to the rate for the same amount of coverage through the Servicemen's Group Life Insurance program.

About 96 percent of service members have SGLI, and 92 percent of them have opted for full SGLI coverage of \$250,000. More than 160,000 service members have military service members have military pay allotments for supplemen-tal commercial life insurance.

tal commercial life insurance. The premiums they, pay total over \$190 million per year, according to DoD statistics. "SGLI, to a large extent, especially for single service members who have no dependents, should fulfill most of their insurance needs," Pachuta poted. "But a lot of pimes our insurance needs," Pachuta noted. "But a lot of times, our young service members are looking at putting away some money. And some of these insurance sales pitches are disguised as savings plans, although there's an insurance aspect to it that wasn't explained clearly when they signed up."

signed up."
Pachuta suggests that service members who want to open ice members who want to open a savings account should consider the Thrift Savings Plan. "It's a tax-deferred plan, and there are not many investments, other than tax-free bonds, that have the same kind of advantages that TSP has," he said.

DOD officials are rewriting parts of the department's com-

parts of the department's com-mercial-solicitation policy to enhance enforcement. This includes a requirement for installations that detect policy violations to report them to their service headquarters, and

to keep a record of have them availab lations to check v

Pachuta said th 14 prohibited p DoD's commercia directive, such as without an appoints ing door-to-door, as

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ring Range - Ext Hazard - Keep Off

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individuals during d their work places. "Those are the ki cies that limit when solicit someone on tion," he said. "We'd concerned about ag access to allotmer having them there fice member to sign And even the agent t forms to finance to processed.

"We think that I over the line," Pacl "Pay is a personal d a member has to maneed to be the one any kind of allotm investment or insu goes through the m

He said financial is the key to stopp members from being

members from being by unscrupulous agents and companie "The department a financial-readiness about a year and a ha 28 federal and nonpr organizations that sp financial education, s Securities and Securities and Commission, Depa Treasury, and Treasury, and Association of Dealers," Pachuta sa are large, reputable tions that have goot tion. They have great great training tools, provided us informat provided us informat



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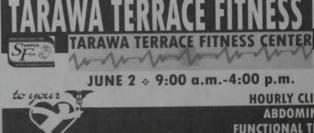
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### NUED FROM 3A

ens.

Corps to help him with are plans of attending law

n going to have a little then I finally get to law "he said. "I already know bit about it, and the ses of some of it because egal side of my job." know that Lance Cpl. has talked about going a Officer Candidate on a legal contract he wants to be a lawyer," ianā. "I think he would a great lawyer in the Corps."

from there to be to be a lawyer. The contract of the cap a recovery and an a recovery and a great lawyer in the dearman and a great lawyer in the company and a great lawyer in the corps."

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nical education with the Island. There is no unities and ing as a close call with unitission, Desir ded ordnance. It just sury, and 361 and then it's too late." octation of 10 pport of boating safety len," Pachus 200 amerald, Casper's marine large, reputable ley's marina will be constant have gard one courtesy safety inspections of the party of the party

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July

### CONTINUED FROM 6A

we should be mentally and physically willing and capable to take the steps necessary to reduce the risk. Training and experience are the most effective ways of completing these two steps.

However, when we ride, we must accept the possible consequences of the risk. Even when we have reduced the risk to the lowest possible level, we are still 20 times more likely to be injured in a crash than the operator of a car.

MANAGING RISK: MENTAL PREPARATION

It has been said that motorcycling is perhaps 90 percent mental. Mental preparation for the ride is critical for the motorcyclist. This begins with being alert and free from stress and other emotional distractions.

Equally important is the rider's attention. Lack of attention to the riding task is a predominate cause of many vehicle crashes. The physical vulnerability of motorcycling adds unique challenges to our attention - motorcycles offer little protection against the environment. It's hard to concentrate when we are freezing cold or hot or with rain pelt-

ing against unprotected hands or face.

Protective gear helps. Dressing for the ride can minimize physical distractions of riding so the motorcyclist can pay attention to the riding task. There are also times when the motorcyclist might decide not to ride. The most obvious would include times of fatigue, stress or any type obvious would include times of fatigue, stress or any type of mental or physical impairment. Perhaps less obvious, yet equally important, would be any time the rider is not comfortable with a given situation - like inclement weather or heavy traffic. The motorcyclist should always have the option to decide that the risk, real or perceived, is too high. It may be best to use an alternate means of transportation.

MANAGING RISK: PHYSICAL PREPARATION.

In the days where a cardriver's comfort in even a modest car is controlled by a computer chip, the motorcyclist must rely on protective gear. Given the rider vulnerability and the ever-changing environment, selecting, purchasing and wearing appropriate protective gear is critical. It may also be a time-consuming and potentially expensive task.

The section on mental preparation talked about

dressing for the ride so we can enjoy the ride and better pay attention to the riding task. Research says that protective gear can sometimes reduce injury in the event of an accident. Thus, motorcyclists must also prepare by dressing for the fall.

Protective gear warrants a separate discussion. However, the minimum-protective gear includes a helmet, eye protection, gloves, over-the-ankle boots, long-sleeve upper garment and long pants constructed of a material that protects from the environment and the potential fall.

Detection of the motorcyclist in traffic is another major cause of accidents, so in addition to dressing for the ride as well as the fall, we need to dress to be seen. Bright colors and retro-reflective materials on the helmet, upper garments and vest should be mandatory components of our protective gear.

By deciding not to wear

gear.

By deciding not to wear any one part of protective gear, vulnerability and risk increase. Are we willing to accept this increased level of risk? Bottom line: if you feel that you have to compromise your safety for comfort, leave the motorcycle at home and select another means of transselect another means of trans portation. Do you have that option?

### INSURANCE CONTINUED FROM 10A

use in our financial-education

use in our financial-education programs.

Pachuta said that DoD policies apply to any military or civilian employees as long as the transaction takes place on a military installation. "That has been the problem," he noted. "Some people have been enticed to go off the installation to carry out these business agreements. So we're interested in working with the federal and state regulatory agencies to broaden our oversight."

He pointed out that DoD policies cover insurance and investment agents who operate overseas, as well. The companies have to apply to DoD each year for permission to operate on U.S. military installations overseas.

Pachuta said that he'd like to hear from individuals who have been taken advantage of by such

unscrupulous practices. People can send comments to him at Michael Pachuta@osd.mil no later than June 20.

He also recommended that anyone who has a problem with an insurance product contact the appropriate state regulatory.

anyone who has a problem with an insurance product contact the appropriate state regulatory agency. "They're the ones that have a strong hammer if there has been a legal or ethical violation," Pachuta said.

The Securities and Exchange Commission or the National Association of Securities Dealers are oversight bodies for investment products. "So if someone feels they've been taken advantage of in the financial-investment arena, those are the agencies they should contact," Pachuta added. He also said that to his knowledge no one has been targeting service members deploying to Iraq or Afghanistan. "The problems we've become aware of have been primarily in training environments," Pachuta said.

### CONTINUED FROM 1A

The tour began May 17 with remarks by II MEF Operations office. Opening remarks were followed by a visit to II MEF Logistics and several briefings by various II MEF commands. "The Norwegian contin-gent was very impressed with

You Send the Love

the II MEF Capabilities Exercise, which served as the culminating event of the tour, especially the urban combat demonstration, beach landing and combined arms demonstration," said Waage.

"This tour is all a part of getting to know the Marine Corps better," said Waage. "It was excellent. I loved it."





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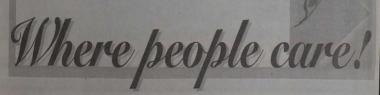
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### Hammerheads shutout Charlotte, move into a first place tie



BRIAN BERGER Leieune Sports Editor

WILMINGTON, N.C. — Playing in front of 3,374 fans, their largest crowd of the 2005 season, the Wilmington Hammerheads shutout the previously undefeated Charlotte Eagles 2-0 Saturday night.

The victory over their cross-state rivals moves Wilmington into a first place tie, with Charlotte at the top of the United Soccer League's second division.

sion.

With the big early season matchup looming, Wilmington had a particularly intense week of practices leading up to Saturday night's game. The practice paid off in a dominating performance, marked by numerous scoring opportunities for the Hammerheads and few opportunities for the Eagles at the opposite end.

Wilmington was able to capitalize on several opportunities, while the few chances Charlotte had to put the ball on net were sealed off by Wilmington goal-keeper Jordan James. The Hammerheads are 5-1 with James in the net, and he marked his second shutout of the season Saturday.

marked his second shutout of the season Saturday.

Coming out of halftime with the game scoreless, the Hammerheads played their finest second half of the season. At times this year, the Hammerheads have played lackluster and uninspired soccer in the second half, after establishing leads in the first half. But with the game scoreless and a chance to move into a first place tie, Wilmington displayed a level of intensity that had been missing in previous second halves and got on the board first, when striker James Gledhill fed midfielder George Corrie from the right side. Corrie executed a pretty stutter step to split two defenders in the box and side. Corrie executed a pretty stutter step to split two defenders in the box and

fake-out the goalkeeper. When Charlotte keeper Chris McClellan went low, Corrie sent a soft chip over his head and into the net for his first goal of the year, in the 53rd minute.

53rd minute.

Ten minutes later, Gledhill astonished the crowd and the Eagles' defense when he took a pass off the back of an official, dribbled up field, stopped on a dime, leaving his defender on the ground, then cut-back toward the center of the box where he found some daylight to blast in a shot from 10 yards out.

The two goals were enough to beat Charlotte, which had allowed only three goals in their previous six games.

Design by Ena Brave Features & Layout Edite

The Hammerheads are undefeated at Wilmington's Legion Stadium but are winless on the road, where they will be headed for a three game road stretch.

After a home friendly exhibition game against the Charlotte Battery of the First Division, Wilmington travels to Long Island, N.J. to face the Rough Riders May 28. The Hammerheads defeated Long Island 2-1 at home a week ago.

Wilmington then travels to Cincinnati for a June 3 game against the Kings, followed by a June 8 game at the Northern Virginia Royals before returning home to take on the New Hampshire Phantoms June 10.

### Marine Corps Celebrity Invitational | Practice round







### Shirreffs' horse finishes strong in major races



the emburrassed about, either. Giacomo's bid to buck up his Kentucky Derby victory ended Saturday with a 3rd-place finish at the Preakness in Baltimore. As he did in the derby, the horse rallied gamely. This time, though, it

Preakness in Baltimore. As he did in the derby, the horse rallied gamerly. This time, though, it wasn't enough.

Affect Alex survived a scary collision to win the race ahead of Scrappy T and Giacomo, who stormed to the finish after standing in 10th place at the three-quarters pole, the Associated Press reported.

It was a gallant effort by the horse that shocked the racing world by capturing the derby as a 50-1 shot, but it means that another year will go by without a Triple Crown winner.

Giacomo was bidding to become the first Triple Crown winner since Affirmed in 1978. He was the third choice in the race, and justified that by paying \$4.80 to show. He is the first horse to win the Kentucky Derby and lose the Preakness since Monarchos in 2001.

"I don't think there was any embarrassment in running third in the Preakness," said trainer John Shirreffs, a Marine vet. "We were pleased with the effort. I think it says a lot of horse at the wire. He was full of run."

Giacomo. Mike Smith said he had a lot of horse at the wire. He was full of run."

Giacomo's jockey Smith did a wonderful job of weaving through traffic in the 20-horse Kentucky Derby but couldn't do the same in the 14-horse Preakness, according to AP. "I didn't get loose until we got to the quarter pole. I was just stuck right behind them. I could have went around, but that was an awful long way to go around. I was going to lose at least 10 lengths." long way to go around. I was going to lose at least 10 lengths."

least 10 lengths."
Two days before the Kentucky Derby,
Shirreffs had an experience that would have
made his first trip to America's most famous
race one to cherish, no matter the outcome of
the race, The New York Times reported. As he
watched the colt he trained gallop around
Churchill Downs for the first time, he was dis-

BRIAN GRENIER

Special to THE GLOBE

The addiction of multi

The addiction of multi sporting events...where does it come from? We all come to these sports via other sports or a commitment to get in shape that flows into running a race, and then you are hooked. I came into the sport to satisfy a Type A personality and to comfort myself at the end of a marriage. I say comfort, but I guess it could be switched to punish. My dear friend Terrie was in the same boat, and to keep ourselves out of

Terrie was in the same boat, and to keep ourselves out of trouble, we started racing.

At first, all we had was the fitness that the military had given us and an eight minute mile. Okay, so it was bad, and we added sprints after morning physical training. Eventually, I started riding a bicycle home. 20 miles

nig. Eventually, I started rid-ing a bicycle home, 20 miles after work, and as a single dad, I drove my kids nuts with diet changes and long weekend runs and hours at the pool. They did enjoy the pool, except in the winter.

tracted by an equally satisfying thought.

On Giacomo's back was Frankie Herrarte, the gray colt's regular exercise rider who showed up at Shirreffs' barn at Hollywood Park with a teenager from the neighborhood, Park with a teenager from the neighborhood, looking for a job. Shirreffs hired him as a hot-walker, and Herrarte proved a good one.

But the boy wanted more. He wanted to learn how to exercise racehorses in the morn-

Shirreffs taught Herrarte the basics own stable pony, and then footed the bill for him to take more advanced lessons. Now there was Shirreffs, 59, and Herrarte, 22, together

him to take more advanced lessons. Now there was Shirreffs, 59, and Herrarte, 22, together on horse racing's most hallowed ground.

"John was proud of Frankie, and I was proud of John, it was a wonderful moment," said Shirreffs' wife, Dottie Ingordo-Shirreffs. "Here was this young man who had never been out of California getting a horse ready for this important race. It's what John is about. He treats horses and people as individuals and believes if you do right by both, you can change lives."

In the 2:02:75 it took Giacomo to win the Kentucky Derby, the lives of the Shirreffs, Herrarte and the colt's owners, Jerry and Ann Moss, had indeed been transformed. And, of course, almost immediately, Shirreffs tried to stall the transformation. He has a habit of skipping the winners' circle ritual, figuring the horse deserves the glory and the owners all the fun, according to The Times.

Shirreffs had been a genial presence ever since arriving for the Kentucky Derby on a Wednesday with his wife, Herrarte, and the Mosses. He has campaigned good horses before, like the multiple-stakes winners Bertrando and Manistique, but never one that has thrust him in the national spotlight, no matter how briefly.

So as Shirreffs has been hounded by reporters and surrounded by cameras, he tried

matter now briefly.

So as Shirreffs has been hounded by reporters and surrounded by cameras, he tried to keep the focus on Giacomo and a sport he came of age with as a boy on a farm in New

Obviously, I'd like to be sitting on the appreciate horse racing and how important horse racing is to us as professionals in the business, and wanting other people to enjoy

See SHERRIFF | 3B

I learned:

focused on aerobic conditioning, spending lots of time on long slow runs, high cadence, bike rides and swims. To me, aerobic conditioning is the key. The ability to go long with no effort was my plan. Hey, I am a Marine and more is better. I met someone who knew what he was doing. Chris Carmichael. Through books and phone calls, I got a plan together. This is what I learned:

Lance Armstrong is human. George Hincappie is

an animal.

Show up, focus, and you may win!!

Columnist Brian Grenier

is currently ranked first in the Mid Atlantic Region Championship Series for Duathlon and competes reg-ularly in the event on the international level. Grenier

international level. Grenter focuses on the disciplines of swimming, running and cycling and will touch on some weight training and nutrition, based on his per-

Dedication, training brings

triathalon success, victory

a.m. Then came the dare:
"Lets do a triathlon." My
first triathlon was the Parris
Island Triathlon in South
Carolina, which was fitting
since it is from that sand flee
infested parade grounds that
my true adult life started.
The swim took place in
the Parris Island training
pool, which is kept at about
98 degrees so the new
Marines can stay in there all
day where they even get

Marines can stay in there all day where they even get their lunch served to them in the water. I love the Marine Corps! But having water at 98-degrees for a 1500 meter competitive swim isn't good, and we all exited the pool dehydrated! Next was the bike, and on Paris Island, there are no hills unless you are a DI, then there are plenty of mountains to climb, but the 20 miles of the bike went quick as did the run, and it

quick as did the run, and it

lie, she lit up



CARDIFF, Wales (AP) - If Alex Ferguso and his Manchester United stars and fans though the season couldn't get any worse, they dight'r reck on with a disastrous Football Association Cup final After dominating Arsenal for 120 minutes, hit

ting the post and the crossbar, and missing two easy close-range headers, Ferguson's team lost the first penalty shootout in the history of the world's oldest

penalty shootout in the history of the world's oldest cup competition.

The Gunners, who didn't have a single goalbound shot in the first 90 minutes, survived for a 0-0 scoreline after extra time and won the penalty shootout 5-4, without missing one.

"In the cup, you need a wee break and we didn't get it," said Ferguson, who was chasing his sixth FA Cup triumph with the club and United's first backto-back final victories in the competition. "I thought we played some great football."

Paul Scholes and Ruud van Nistelrooy headed over the bar from six meters out, Wayne Rooney hit the post and a Van Nistelrooy header was deflected onto the crossbar by Arsenal midfielder Fredrik Ljungberg, who was standing on the line.

"When Van Nistelrooy missed near the end, at that point, I thought it wasn't going to be our day," Ferguson said.

Ferguson said.

It really hasn't been United's season.
For the third time in four years, Ferguson's team finished third in the Premier League, and Saturday's loss to Arsenal, meant missing out on winning a tro-phy. United also failed to reach the quarterfinals of the Champions League and, with Chelsea the new force in domestic soccer, United has a lot of catch-

ing up to do.

These are not the sort of results to impress n American owner Malcolm Glazer, who has plans to make the club more marketable in the United States and around the world

Like the players on the field, it wasn't a great day for those United fans, who launched a campaign to get rid of Glazer and were threatening to disrupt the

Around Millennium Stadium hung banners say-ing "Glazer rot in hell," "Yankee Go Home," and "MUFC = 127 years. Glazer = not in a million

years."

The prematch protest amounted to no more than 100 fans marching to the ground with banners and, although the Reds fans roared their team on throughout 120 minutes of frustration, they headed for the exits within seconds of Patrick Vieira's title winning shot in the penalty shootout, and didn't even stop to see their stars collect runner-up medals. While the United coach, players and fans reflected on a title that got away, the Arsenal contingent chuckled in quiet satisfaction after beating its bitter rival.

"We were fortunate," Arsenal manager Arsene
Wenger said after his team's third FA Cup final triumph in four years, and his fourth overall.

"I thought Man United created four great
chances and they played well. We won it with our
mental strength and resilience rather than the usual
style."

Beaten twice by United in the league, and also ousted from the League Cup by the Reds, Arsenal ended the season with the most famous trophy of all in their hands.

in their nands.

"It's important to go back with the trophy, even though we could have played better," Wenger said.

The Gunners manager also admitted he may have had a little good fortune with the ejection of the Astron

Jose Antonio Reyes, for two yellow cards seconds before the end of extra time.

"The red card was harsh," Wenger said. "But, maybe it saved us the trophy because I wanted him to take a reachin."

-Robert Millward, Associated Press

### NASCAR

CONCORD, N.C. (AP) — In a throwback paint scheme that honored his glory years, Mark Martin raced as if he was in the prime of his career.

Martin won the Nextel All-Star Challenge and its S1 million paycheck Saturday night by piloting a car painted like the one he drove to four consecutive victories in 1993. This win didn't convince Martin to call off plans to retire at the end of the season, but it was enough for him to agree to defend his title in it was enough for him to agree to defend his title in

his favorite race track.

Martin turned it into a popular viet most respected driver in the garage. Al and all his fans treasured the opportunity and all his fans treasured the opportunity of the properture of

"I had a great time racing Mark Mars' up Elliott Sadler said. "I had some watching him run up there, with that pur So did Martin.

So did Martin.
"Tve got to thank everybody that he a glimpse of old school with that pain's said. "The car ran like it did in 1993."

Awash in the emotion of the victorquickly professed he'd come back for m. "Thank you guys! Thank yout screamed as he crossed the finish line Motor Speedway. "I'll be back next you give me a ride!"

As an All-Star race winner Motor.

As an All-Star race winner, Martin is

gible to enter the race regardless of v competes the rest of the year.

Martin was in second place, lined u Sadler, on a restart with 19 laps left in the Sadler bumped into the side of Martin or and the contact knocked Sadler out of jit then dured into the lead.

and the contact knowced sadder out of githen durted into the lead.

"I think we both knew whoever got t
on the outside first, was going to win
Sadder said. "I didn't want to give up my
and we got into each other and it dropper
"But with 19 laps to go and \$1 millior
the line, you are coing to use every we

the line, you are going to use every a trade. Mark just outsmarted me." Martin never looked back after gettin Sadler and was never challenged in w second All-Star race. Martin also won event, but picked up a paltry \$257,500 fc

tory.

Brian Vickers, who raced his way into by winning a qualifying heat right befar Star Challenge, finished third.

Jeff Gordon was fourth and was fa Jimmie Johnson, Dale Jarrett, Kurt E Jeremy Mayfield. Bobby Labonte a Earnhardt Jr. rounded out the top 10.

The 90-lap race was broken into three and there were accidents in two of them.

The first was an 11-car wreck that angry confrontation between Kevin Haloe Nemechek.

Joe Nemechek.

It was clear that Tony Stewart ran im
of Nemechek, who turned inside and h
They then collected all the cars behind th
wasn't so clear was, who was to blame!
tial contact between Stewart and Nemech
Harvick firmly believed Nemechek w
hopping out of his mangled car and daru
Nemechek's. He threw his restraint s
Nemechek's window and followed it wa
of gestures.

of gestures.

Nemechek jumped out of his car an after Harvick, who answered with a ligh Nemechek's helmet. NASCAR officia separate them, and warn crew members teams to back down after they ran into the protect their drivers.

protect their drivers.

"I'm tired of Joe Nemechek acting likn't do anything," said Harvick, who also tan accident the two were involved in at Nemechek blamed Harvick for that one a water bottle at him after it.

Nemechek insisted this one wasn't his "Kevin Harvick thinks he owns the tan't squat," Nemechek said, "That se fault."

Stewart wasn't sure who was to blame

Stewart wasn't sure who was to blame "Somehow I got into the ! [Nemechek],"he said. "The bad thing i know that I didn't cause it."

The second accident came one lap into 20-lap sprint when Ryan Newman, who high 45 laps, wiggled. The motion cause lose control of his car and spin into the teammate Rusty Wallace.

That brought out the final caution any stage for Martin to race to the win.

Jenna Fryer, Associated Press

### College Football

HUNTINGTON, W.Va. (AP) — Ca that ad taking somethin USA athletic directors have recommended by said "If you to experimental use of limited instant reply to give you more energy to that helpow, the confirmation of the the confirmation

experimental use of limited instant replace for you more energy of the said. "If you to 2005 football season.

"The Conference's Board of Directors and the poun his a sider the plan at its June 6-7 meeting in a commissioner Britton Banowsky said May to The conference would follow a model NFL uses in the final two minutes of play and the property of the players used if a review is needed, but the referee will sea the final call on the field. Coaches will be so make a challenge, a difference from the New Young we have the season of the players used.

the final call on the field. Coaches will be a make a challenge, a difference from the N and Tve seen it icy.

Marshall debuts in Conference USA II find any, You do fellow Mid-American Conference member by the make fellow Mid-American Conference member of know what they remain shoots such as East Carolina, Houston, M and trainers willing to Southern Miss, Tulane and UAB.

Associated Press

No lie, she lit up a Newport and started to walk around the transition area puffing away. She had come in first for the females and to came in third for the males. We both qualified for the nationals in lowa that year! The training I did was very simple, as all success-ful training plans are. I nutrition, oase on his per-sonal experience, with a mix of beginner and advanced training information. If there is something you would like to see or have questions about, you can e-mail him at "This is how I want to do it," Martin said. "And we did this by racing smart with a great race car. I am excited about what is coming up ahead of us."

This was supposed to be the final All-Star race for the 46-year-old Martin, who has not wavered in his decision to walk away. Do the weekends, Terrie and I would run 5Ks and 10Ks. Once we did two races back to back, one started at 7 a.m. the other at 9 about, you can e-mail I grenierb59@lycos.com

**Amphe** 

SATTLE (AP) - The C

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Francisco Giants n Iclub," true enou chington Nationals k Robinson, a hall e observers of the ened his lips in a ha drew his thumb and

Among more than 5: willing to speak on the secses about how wide see" are still used, and see all anyone could absence of an 10 percent to more ercent of all major leag You hear stories abo ing them as soon as the to believe the higher first accurate and that a mes should be banned

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HURREFFS PORTINIED FROM 2

### mphetamines striking up controversy in baseball

STEVE WILSTEIN

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ine racing Math said. "I had a up there, with the

Associated Press

Associated Press

EATTLE (AP) — The clambod with a pair in baseball clubhouses with a guyst line as a pixel of come base and a pair of come base and a pair of the year own caffeine-spiked, vitamic pair of the side of the pair of the side of the year own caffeine-spiked, vitamic pair of the side of the year own concoccitions promising and year all the rage, lining do year all the rage, lining do year all the rage lining down on promising and pair of the year own packing no more the side of the year own packing no more than a cup of drip coffee. The year of the year own packing no more than a cup of drip coffee of the year own packing no more than a cup of drip coffee. The year own packing no more than a cup of drip coffee of the year own packing no more than a cup of drip coffee. The year own packing no more than a cup of drip coffee of the year own packing no more than a cup of drip coffee. The year own packing no more than a cup of drip coffee of the year own packing no more than a cup of drip coffee. The year own packing no more than year own packing no more t

### Tulsa, Texasin onference men cisting Confe olina, Housaco and UAB. TREFES M NUED FROM 2B

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Shreffs took out his init, license in 1978 and antie cars soaking up the landing of horsemanship as a sistant in Southern lift hia. He is a deliberate, andern trainer who is more mit lable with a few from is an independ-

gers

Table with a few owners.

Junn is an independirrnalist and retired ince officer who has two books about and football.

was that: "greenies" are still used in baseball, the only question being how widely; amphetamines are not considered performance enhancers that give players a competitive advantage, but rather performance enablers that get them through some games on little sleep; and baseball should add amphetamines to the banned list as much for health reasons as to get rid of another contentious issue.

"I am against amphetamines, absolutely, without reservation," San Francisco Giants trainer Stan Conte said. "Whether that drug has been part of the culture of the sport or not, it's still illegal. In addition, I'm very concerned about the message it sends to college, high school and little league players that somehow they need something other than practice to move up the ladder."

The players were divided on whether baseball should continue

The players were divided on whether baseball should continue its own drug-testing program with stronger penalties or turn it

over to an independent agency, such as the World Anti-Doping Agency, which polices Olympic athletes.

Amphetamines and other stimulants glaringly were left out of Major League Baseball's most recent drug-testing agreement with the players' association. Baseball has no penalties for amphetamine use by players on 40-man major league rosters, although amphetamines are banned for players with minor league contracts.

Selig proposed stiffer penalties for steroid offenders last month and called for testing for amphetamines because "we need to put an end to all whispers."

"There's a lot of anecdotal stuff that's gone on," Selig said.
"I was a young kid who walked into the Milwaukee Braves clubhouse and I heard about it. That was 1958, so that's 47 years ago. You can talk to people that go four, five and six decades back."

Union head Donald Fehr said Amphetamines and other

in a letter to Selig that the players were willing to listen, but he gave no indication they would budge

no indication they would budge on amphetamine testing.
"There's going to be a real fight on the hands of the owners if they try to ban amphetamines."
Kansas City pitcher and former player representative Brian Anderson recently told The Kansas City Star. "At the same time, if they make as big a stink about amphetamine use as they did about steroids, the players have already been beat up bad about steroids.
"If they take that fight to the

about steroids.

"If they take that fight to the public, we're going to get slaughtered if the public buys into it."

None of the current or former players interviewed by the AP seemed to know what was in "greenies," which were usually Benzedrine when they were introduced to baseball and football by players returning from the military after using the pills in World War II.

"Even while they were in the

Even while they were in the

service, they played sports," said Charles Yesalis, a leading sterood and stimulant expert at Penn State. "My dad was in the 101st Airborne. When he were in on D-Day, he was issued amphetamines.
"During football and baseball games, they quickly learned they work. When these guys came back to the pro leagues and colleges, they brought amphetamines back with them, and that's how it started. They speed arm-partly through a variety of other sports."

sports."

Benzedrine, Dexedrine and other variants were used, and are still used, in the military to forestall fatigue, increase energy level and boost aggressiveness, Defensive linemen in football, in particular, found amphetamines useful, Yesalis said, as did the kickoff teams.

Baseball players had different motives.

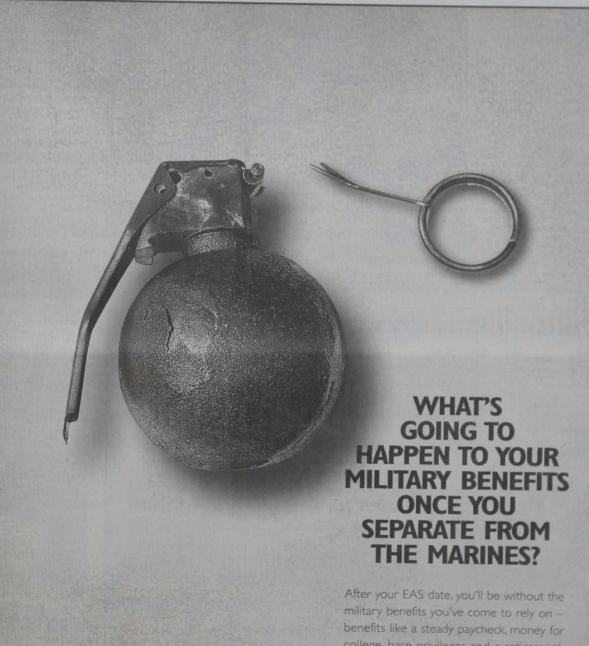
motives.
"There is no fatigue in base-ball, per se," Yesalis said. "The

old saying is, 'B's five minutes of action packed into these hours.' Why would they use there? But there's a consistency among the bullplayers I've talked with over the last several decades, and others who have talked with journalists and written books. It all receives were all the several the first series of the party of the pa ists and written books. It all revolves around the fact that it's a very long season with very long road trips and recovering from nights out on the town. It's used for getting over hangovers, the doldrams, the borndom of a 162-game season."

The trouble is that amphetations are as danagerous, degenerates.

The trouble is that amphetu-mines are so dangerous, dramati-cally more so than steroids, that the deaths they caused to cyclints, students and others who were using them led to the 1970 feder-al Controlled Substances Act and to drug testing in the Olympics. "It was absolutely staggering, how widely used amphetamines were in the general population in the 1960s," World Anti-Doping

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# Newcomers make mark in mountain bike race serie jemsor

New talent emerges, sets the stage for fierce competition in future race

JEFF LEBLANC

Special to THE GLOBE

With cycling clubs arriving from Wilmington, Greenville and New Bern, N.C., as well as members of the local Down East Cyclists club, 28 competitors edged their wheels to the starting line for the fifth and final race in DEC's 2005 Mountain Bike Race Series. Jason Millington has won the expert class of the series for the past four years and was set to do so again in the May 15 race at Camp Lejeune's "Brig Trail." Going unchallenged at this race, all Millington had to do was finish the race to wrap up first place in the top class. Although not in the expert class, a newcomer to the series, Caleb Smith, was wheel to wheel with Millington for each of the required three laps. With Smith finishing first overall and first in the sport class, he is poised to move up to the expert class next year and give Millington a run for his money. Johnny Edens, last year's sport class winner, moved up to expert and having completed the first three second place overall finish in the 2005 series.

Joe Baes, the former president of

Joe Baes, the former president of DEC, recently returned from a deployment to Iraq and was right back in the saddle finishing second for the series in the sport class. Todd Brown, a newcomer to mountain biking this year, started off big with a first place overall series finish for the beginner class, and 64-year-old Charlie Goodrich took the honors in the masters 45+ class, taking on Greg Gabent, and Jeff LeBlanc, still in their 40s.

Elizabeth Nelson, a triathlete from Greenville who wanted to "try" off- road cycling, won in the women's class with Dana Gribble and Brandy Jones close behind in second and third, respectively.

"Keeping up with the Jones" took on a new meaning in the series with Tim and Brandy Jones placing third in their respective classes, and their 12-year old son, Coleman, earning a first place finish in the youth category. Joe Baes, the former president of



Jason Millington won first place overall, expert class, in the Down East Cyclists 2005 Mountain Bike Race series, after finishing the final race May 15. Newcomer, Caleb Smith, and Johnny Edens are among those who will be aiming to end Millington's long run at the top of the expert class.



Matt Hepperlly and 27 other competitors competed in the May 15 race the final race in Down East Cyclists' winter series, at Camp Lejeune's "Brig Trai



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Beginner: 1st Todd Brown 2nd Jason Koplin 3rd Mike Rhodes

Beginner 35+: 1st Steve Mason 2nd Monty Mitchell 3rd Tim Jones

Masters 35+: 1st Charlie Goodrich 2nd Greg Gabent 3rd Jeff LeBlanc

1st Elizabeth Nelson 2nd Dana Gribble 3rd Brandy Jones

Youth: 1st Coleman Jones

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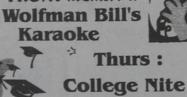
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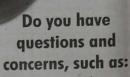
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EMSON, S.C. (AP)

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Leggett said imann and Harbin hav mann and Harbin has not every game. Cha are a regular in ear of the college gam an struggled and was a back-to-back losses south Carolina in Mare shave gone must since the ACC seepan. The Tigers had \$3-12 (21-9) in the ACC tournament.

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Two combins on IIe, Fla.

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sacrifice bunts, one off the Clemson single season record. Widmann has made only four errors in ACC play.

Harbin (362) and Chalk (354) are 1-2 in team batting average. The three combined have hit .333 with 12 homers and 82 RBIs.

They've got Tigger face.

and 82 RBIs.

They've got Tiger fans thinking of a few years back when Greene (now starring with the San Diego Padres), third baseman Jeff Baker and first baseman Michael Johnson powered the team to the 2002 College World Series.

Harbin said they take it in stride, not letting the accolades and comparisons swell their heads or deter their hard work.

"Being compared with those three guys is unbelievable," Harbin said. "But we're just trying to come out and compete and make our contributions to the team."

Harbin has been the offensive star, not surprising for South Carolina's all-time high school homer king with 52 at Travelers Rest. Against North Carolina State last month, Harbin went 5-for-5 with three homers and eight RBIs in Clemson's 16-9 victory.

Almost as important as his skills at the plate, Leggett says, is Harbin's attitude, If it helps Clemson succeed, that's what Harbin wants most, his coach said.

That was on display in an 8-

coach said.

That was on display in an 8-

That was on display in an 8-5 win over the College of Charleston last week when Harbin fought off a difficult pitch in the first inning for a fly ball out to left, scoring Herman Demmink. Once the run crossed, Harbin trotted back to the dugout clapping his hands all the way.

Their willingness to learn has pleased Leggett. Harbin and Widmann both came to campus as shortstops. Instead of setting up a divisive rivalry, the two worked together to fit

er Clamn report proLiEVE helps address to following hormonal issues:

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in and improve. The room-mates now play alongside each other "like they've been together seven or eight years," Leggett said.
Widmann said that it was easy to work hard with others like Harbin doing the same.
With Harbin's upstate high-

school power display and Chalk being on two state championship teams at Riverside High in Greer, S.C. Widmann might have been overlooked among the newcomers, Leggett said. But Widmann is as skilled at this position as any prospect the

coach has ever seen.

After the big three of Baker,
Greene and Johnson moved on
a few years ago, Clemson felt
the loss when highly regarded
prospects like Jeff Francour,
Jeremy Hermida and Zach
Greinke signed with the Tigers
out of high school then became

first-round Major League Baseball draft picks.
Leggett hopes he has found the foundation for another suc-cessful run. 'We know we're not looking for a shortstop, second baseman or center fielder real soon," Leggett said.

### INTRAMURAL SOFTBALL TEAM STANDINGS

merican League Team	Record
leadquarters Service Bn., 2d FSSG	7-0
d Amphibious Assault Bn.	5-1
th Engineer Support Bn.	5-2
laval Hospital	4-2
th Marine Regiment	4-3
th Marine Expeditionary Brigade	3-3
2d Marine Expeditionary Unit	3-4
4th Marine Expeditionary Unit	1-1
ustomer Service Desk	1-5
ruck Company	1-6
d Medical Bn.	0-2

Radio Bn.	
MCCSSS	
2d Supply Bn.	
II MHG	
10th Marine Regiment	
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National League Team

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### a remarkable run, will Allen and McMillan return

TIM KORTE

SEATTLE (AP) — Ray Allen choked back tears in the interview room, getting misty as he described how much he enjoyed his Seattle teammates and coaches this season.

"I've never felt a stronger, tighter bond than I've felt for this group of guys this year," he said.

What a year it was The

this group of guys this year, he said. What a year it was. The Super Sonics exceeded expec-tations by winning 52 games and the Northwest Division

title.
After Seattle's 98-96 loss to San Antonio on Thursday night that eliminated the Sonics from the Western Conference semifinals in six games, the five-time All-Star was sentimental.

games, the five-time Ali-Star was sentimental.
"We took it deep into the playoffs," Allen said. "We played great basketball, no doubt about that. We beat some good teams and had a lot of fun. The difference with this team? We really liked each other."
Nobody knows what's

Nobody knows what's

Nobody knows what's next.

Allen is one of nine free agents and one of the NBA's premier players on the market this summer. Even if Seattle brings him back, things are likely to be different next fall.

After Allen earned about \$14\$ million this season, Seattle could have given him a maximum \$97\$ million, fiveyear extension.

It's believed the Sonics proposed a deal worth more than the five-year, \$65\$ million contract that Steve Nash signed with Phoenix last summer before his MVP season.

Unfortunately for Allen and the Sonics, negotiations during the regular season didn't work out, and both sides agreed to try again after the

agreed to try again after the

agreed to try again after the playoffs.

Asked if he'll return, Allen really couldn't say.

"That's been my goal the whole time," he said. "It's tough to think about now. People ask me, 'Could this possibly be my last game in the building?' I don't know.

"I know basketball for me is over for a couple of months. I just plan on being in uniform," he added.

Antonio Daniels, meanwhile, holds an option, while Jerome James and Reggie Evans can shop for offers after each blossomed into promising post players.

after each blossomed into promising post players.
Vladimir Radmanovic is a restricted free agent, so the Sonics could match competing bids. The other free agents are Ronald "Flip" Murray, Vitaly Potapenko, Damien Wilkins and Mateen Cleaves. "This is a business, so who knows if this team will be back together again next year the way it was." Daniels said. "But the guys left it on the floor. That's all you can ask." And let's not forget those two big free agents from the

two big free agents from the management side: coach Nate McMillan and general manag-er Rick Sund. Both went into this season without exten-





LeBron James has already targeted McMillan as the coach he'd most like to see in Cleveland, and the former Seattle point guard known as "Mr. Sonic," his No. 10 hangs from the Key Arena rafters, no doubt raised his currency with a remarkable, overachieving

Not that it was his primary

"It wasn't really about win-

ning or losing for me this sea-son," McMillan said. "That may sound crazy being in a contract year, but it was all about how these guys played, how hard they worked and the commitment to playing together."

together."

Nobody expected the Sonies to do much. Questions at training camp focused on whether Seattle would improve on a 37-win season,

not whether they'd be among the NBA's top squads. Then Rashard Lewis made his first trip to the All-Star game, though he missed a stretch late in the regular sea-son with a frot injury and the son with a foot injury and the last three playoff games with a last three r bruised toe.

Team owner Howard Schultz made good on a pledge in the fourth year of his five-year plan. The

Starbucks chairman had vowed when he took over the Sonics in 2001 to make them an elite team.

an elite team.
Ultimately, the Sonics were one of the final eight teams in the postseason. Not bad, considering the marquee acquisition was foul-prone, muscle-man Danny Fortson.
"A lot of good things happened this year," Fortson said. "This is just terrible. I honestthe Sonics

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They didn't, but no San Antonio's celet after the final horn dampen what Allen fel he gathered his colleas midcourt for one final "I told them I appropriately appropriately and the said court for the said court for one final the sa

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much the mall has to categorical impletamines," Wadler by have to categorize it rformance-enhancing as a drug of abuse, a different pathway of the control of the control of the control of the control of the categorical in the categorical and the categorical It is tody see ent. They've got to rid m of it for health reasons, or ing the spirit of sport refor legal reasons, for m ice reasons."

It is to ask these players in has the capacity to kill

e For ALI

them suddenly. And if they can't relate to that, do they realize they're taking a substance which is a first cousin of a Ephedra that killed one of their colleagues named Steve Bechler? Now how do you juriful related to the substance of the sub do you justify taking it? So you don't get tired? Give me a break. You're bored? Well, if you're that tired and that bored, then leave

tree and that bored, then leave the sport."

None of the players or managers interviewed by the AP acknowledged using an amphetamine, though some said they had used dietary supplements with Ephedra before it was banned by the FDA. A federal judge struck down the ban last month, and the FDA said it is evaluating the decision.

Yet, as Yesalis had found, most players cavalierly dismissed amphetamine's danger and justified its occasional use to offset the rigors of travel, the length of the season and the night-day games.

inght-day games.

Angels manager Mike
Scioscia doesn't think amphetamines should be allowed in
baseball, but he sympathizes
with players who have taken
them.

"This schedule is incredibly "This schedule is incredibly taxing on a player who plays every day," Scioscia said. "The days off are few and far between, especially if you're playing on the West Coast. They're gobbled up. A day off is getting up early, getting on a plane and flying six hours to get to a hotel room to get ready to play a game the next day." "So if you're going to get rid of some of the things that have been around baseball for a long time, you're going to have to maybe make some adjustments to the length of the season or the density of the season to give some more days off so guys can play at the high level they need to, said Scioscia."

Detroit Tigers third baseman

Detroit Tigers third baseman Brandon Inge agreed.
"We play every day, straight through. You're playing in front of anywhere from 15,000 to 50,000 people, and there's more pressures there than a normal job. So there's a need of something," Inge said.
Aside from the fact that people in normal jobs don't make

ple in normal jobs don't make millions of dollars a year to play a game, the notion that baseball players need pep pills to func-tion doesn't make any sense to

someone like Tommy Lasorda. The former Los Angeles Dodgers manager, now the team's special adviser to the chairman, strongly favors ban-ning and testing for ampheta-mines.

ning and testing for amphetamines.

"I played and managed a lot of years," Lasorda said.
"Nothing wrong with a long season. I wish we could have played all year round. How the hell could they get tired doing something they love to do? A guy plays center field, he jogs out there nine times and he jogs back nine times. He goes to bat four times, maybe gets on one time. What the hell's so tiring about that? How can anybody tell you that they're tired playing this game. It's a joke."

Baseball took the whole amphetamines issue as a joke, or at least saw it as unworthy of attention 35 years ago when former New York Yankees pitcher Jim Bouton wrote his landmark inside-the-game book, Ball Four.

Baseball continued to ignore.

inside-the-game book, Ball Four.

Baseball continued to ignore amphetamines in 1984 when former Boston pitcher Bill Lee wrote about players popping "greenies" in The Wrong Stuff. In 1985, Dave Parker and Dale Berra testified in court during a cocaine scandal that they got amphetamines from Hall of Famer Willie Stargell, and John Milner testified he had used liquid amphetamines called "red juice" that Hall of Famer Willie Mays kept in his locker.

In 1999, when Dwight Gooden wrote in Heat about at least 10 New York Mets regularly using "greenies," baseball still did nothing. Nor did it move on the issue in 2003 when another former Yankees pitcher, David Wells, now with the Red Sox, wrote in his own book that greenies continued to be prevalent in the game. He said many

greenies continued to be preva-lent in the game. He said many players bought "a season-long stockpile" of hundreds of pills and often shared them with

and often shared them with teammates.

Rex Hudler, a former infield-er and now a TV analyst for the Angels, told the AP that "gree-nies" were common when he was in the minors and the

majors.

"I'm sure they were in the game long before I even passed through," he said. "It wasn't like it was a huge deal. To me it was like routine."



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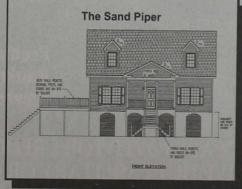


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# **MainSide**

he Globe I Thursday, May 26, 2005 I www.militarynews.com/globe



**TOPPERS** 

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s: nd Stripes is offering the nline Father's Day to e posting service at the posting service and the posting service at the posting servi par in a special. edition to be inserthe Stars and Middle East Sunday

### SERVICES BLOOD

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### FEVT CEREMONY

manding officer of Corps Engineer Camp Lejeune, the pleasure of the pleasure of papary at the post of ceremony for Sgt. It n J. Sekula Jr., nv at Ellis Field, Il use Bay, beginning n. For more informall 450-7521 or 5.

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### MOLT

ind the Brief work-has a new loca-Marine Corps am Building Room in Building heetings are held dnesday from 9 –

### HE LINE

olidated Issue cated at Building has an addition icers and staff



Shawna Cartmell, a student at Parkwood Elementary School, has her blood pressure and pulse checked by Lt. Gregg Geppson, a firefighter paramedic with Fire and Emergency Services Division, outside the Marine Corps Exchange during EMS week.

### Emergency Medical Services week educates community

PRIVATE FIRST CLASS DREW W. BARKER Marine Corps Base

Firefighters and paramedics had the opportunity to interact with the public and educate the community about Camp Lejeune's Emergency Medical Services during the base's second annual EMS week, which began May 15 and concluded May 20.

"It's a good opportunity for people to meet paramedics in a controlled, safe environment," said Lt. Mitchell A. Wiggs, a fire fighter paramedic, with Fire and Emergency Services Division. "It gives folks a chance to become more familiar and comfortable with the individuals that they're entrust-ing their lives with in an emer-

gency."

The primary responsibility of EMS is immediate patient care on both basic and advanced levels of life support in life-threatening situations, according to Robin E. Lewis, fire chief of Marine Corps Fire Services, Fire and Emergency

Services Division.

"EMS has become a huge part of FESD," said Lewis. "They do everything from applying simple bandages for cuts and scrapes to treating major coronary attacks and serious traumas. This week gives us a great chance to get the word out to people so they understand exactly what we do to help."

The most important objective of EMS week is for paramedics and firefighters to get ou into the community

See COMMUNITY | 2C



Sergeant Maj. Alexander McBride, Marine Corps Air Station Beaufort sergeant major, presents Lance Cpl. Brian Erickson, 2d Light Armored Reconnaissance Battalion, with a basket May 18 at the Naval Hospital. Quilts and baskets were given to the Marines made by volunteers from the community program Millitary Ministries Team.

### Care packages bring smiles to injured service members

LANCE CPL. SHANE SUZUKI Marine Corps Base

Marine Corps Base

Sergeant Maj. Alexander McBride, Marine Corps Air Station Beaufort sergeant major, presented service members with care packages, baskets and quilts from the Military Ministries Team May 18 at the Naval Hospital.

"We all put together what little we have, and it really adds up to a lot," said Debby Mallette, leader of the Military Ministries Team. "We knew some of our guys were going to come back wounded. Sometimes, when they are injured, these young men and women can feel isolated. We want them to know we are here for them," Mallette added.

The Military Ministries Team is a Jacksonville, N.C. organization dedicated to reminding deployed Marines, sailors, and

their families, that this community is behind them 100 percent.

"We started off doing care packages for the deployed Marines and sailors," said Mallette. "Single Marine Program and the Travel Management office, along with II Marine Expeditionary Force, worked with us to send all our care packages free of charge to the men and women serving in Iraq and Afghanistan."

Many members of the team are former military families, and understand the difficulties and loneliness of being away from home. By providing little things to the deployed troops, the team hopes to remind them that they are not forgotten.

"Even though you're gone now, we will be here when you get

"Even though you're gone now, we will be here when you get back," said Mallette." We know what it's like to be away from

home. The Marine Corps is a small family, and just like families take care of their own, the Marines take care of their own. We just try and help."

and help."

Along with the baskets and quilts, which were sewn by supporters of the military in Beaufort, S.C., are scheduled to be given to every injured Marine and sailor who comes back to the naval hospital for extended treatment.

"Coming here and being able to see these Marines is really special to me," said McBride. "It made the trip completely worthwhile."

For more information about the Military Ministries Team or volunteering goods or services, contact Debby Mallette at 455-8688 or via e-mail at wecareteam04@yahoo.com.

"A lot of people want to help, they just don't know where to start," she concluded.

### Short-term loans prove bad for longterm security

LANCE CPL. SHANE SUZUKI

Payday loans, check advances and title loans are a trend among Marines, especially junior Marines who are still learning the basics of financial responsibility. Payday loans work just like any other commercial loan — a lender gives someone money, which is paid back in installments with interest charged.

The problem with payday-loans, however, is the interest being charged. According to Consumer Reports magazine, lenders have been known to charge rates as high as 900 percent annually, which is nothing short of highway robbery.

"Payday lenders are actually illegal here in North Carolina," said Roy Ells, financial education specialist. "But, they have ways of getting around the law. They will attach themselves to a national bank or they make it seem as though they are selling a product."

A common scheme here in Jacksonville is to provide a cash loan to a person and then lock them into a contract making them purchase phone cards every month, according to Ells.

"We had a sailor come in not to long ago who got a loan for \$260," said Ells. "To pay back the loan, he had to buy \$50 phone cards each month. At the end of the year, he ended up paying an annual percentage rate of more than 90 percent."

These high-interest rates though, are not keeping Marines from acquiring these loans. These lenders know that many Marines are living on their own for the first time and are more likely to buy into the idea of quick cash. Eleven check cashing companies located in the Jacksonville area are listed in the phone book.

According to a Military OneSource article, 13 states have banned payday lenders completely, understanding the threat these institutions represent. Many other states are looking at payday lenders and either regulating how they operate or completely banning them from business.

See LOANS | 2C

### **Incentives program targets** demand for translators

PFC. DREW W. BARKER Marine Corps Base

The need for properly trained linguists and translators is greater than ever, with continuing operations in Iraq and other Arabic speaking countries of the Middle East, which is why Headquarters Marine Corps has approved an Arabic linguist re-enlistment incentive program.

approved an Arabic linguist re-enlistment incentive program.

"When locals encounter Marines who have taken the time to learn their language and culture, they become much more receptive and cooperative," said Master Sgt. Bruce Meloy, assistant forcign languages officer with Headquarters Marine Corps Intelligence Operations and Personnel. "It's a great advantage in the field. It makes you more aware of what's going on, especially during patrols when proper communication can be a matter of life or death."

Meloy hosted an Arabic linguist reenlistment incentive brief May 5 at the base theater. The brief focused on clarifying the incentive program and explaining what it has to offer qualified Marines who are planning to re-enlist.

"We are trying to equip the Marine Corps with culturally aware and language enabled Marines at all levels in the chain of command," said Meloy. "We simply do not have the resources to send a translator out on patrol with every unit. We are suffering from a severe shortage of personnel, which can create

a very dangerous environment for Marines in the field."
In an effort to enhance unit capabilities in the Global War on Terrorism, the Marine Corps is offering qualified Marines training to become an Arabic translator as a secondary military occupational specialty during the fiscal year 2005.

Prerequisites for eligibility in the program include having a minimum general technical score of 105 and a score of at least 100 on the Defense Language Aptitude Battery. Also, reenlisting Marines are required to have at least 36 months of active service remaining on their contract after the anticipated date of graduation from the course, according to Meloy.

Marines will receive approximately six hours of training everyday during the 63-week course of instruction, in which they will be submersed in the standard written and spoken dialect, history, culture and government structure of the Arabic community in the Middle East.

Upon completion of the course,

Middle East.

Upon completion of the course,
Marines will be assigned to the Fleet
Marine Forces based on their primary
MOS, therefore, putting language
enabled Marines in a variety of units
throughout the Marine Corps.

Marines, especially linguists and
translators, must be culturally in tune

See TRANSLATORS | 2C

### Simulator helps prepare service members for combat situations

PFC. DREW W. BARKER Marine Corps Base

The Indoor Simulated Marksmanship Trainer, which is housed at, and maintained and oper-ated by the Reserve Support Unit, Mobilization Support Battalion is

housed at, and maintained and operated by the Reserve Support Unit,
Mobilization Support Battalion, is
helping Marines maintain and
improve their weapons skills in
preparation for deployment.

"The most fundamental quality of
being a Marine is being able to fire a
weapon," said Cpl. Brian
Hutcherson, ISMT operator with the
Reserve Support Unit, Mobilization
Support Battalion. "This equipment
will help Marines get the experience
they need with all the different
weapons and maintain their basic
marksmanship skills."

The ISMT consists of four main
pieces of equipment: the computer
program, which utilizes realistic
imaging to imitate terrain and enemy
targets; the projector, which displays
the scene on a wall-size screen; the
weapons, which include virtually
everything available to our troops on
the battlefield, including the M-9 pistol, M-16 A2 service rifle, M-240
Gulf machine gun, Remington shot-

gun; and the laser tracking device, which pinpoints the exact point of impact for each "round," or laser fired by the weapons, according to

"The ISMT is a very valuable tool," said Maj. Jeffrey Falcone, executive officer of the Reserve Support Unit. "We're responsible to make sure the troops we send on deployments are prepared for com-bat. The simulator helps us do that by making weapons training more convenient, cost efficient and

"It gives Marines like me, who aren't 'grunts', a chance to practice with these weapons — that we are supposed to be familiar with and comfortable handling during combat," said Sgt. Mark Cvetnich, an administrative clerk with the Reserve Support Unit, Mobilization Support Battalion. "If it weren't for this equipment, I would not feel confident handling anything but an M-16 A2 service rifle."

Other great aspects of this training are that it teaches weapons safety and 'It gives Marines like me, who

Other great aspects of this training are that it teaches weapons safety and awareness without the use of any live ammo, and the virtual weapons resemble the fit and function of live

See SIMULATOR | 2C

### **Installation Support Division downsizes**

E CPL. MATTHEW K. HACKER

One hundred forty-nine people with Installation Support Division transi-tioned into the civilian sector after retiring at a picnic cere-mony May 17 at Marston

Marine Corps Base Camp Lejeune, after a careful cost savings review, announced that it had reached a tentative that it had reached a tentative decision to contract out the Facilities Maintenance and Repair and Heavy Equipment Services functions on base.

The commercial activities program mandates that government agencies compate.

ernment agencies compete through a cost comparison non-core functions based on non-core functions based on in-house performance. The ultimate goal of the program is to ensure the government is utilizing the most economical means available for performing the work.

The tentative decision to contract performance of the Facilities Maintenance and Repair, and Heavy Equipment Services functions was made

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Club Liquid

after a review indicated it was more cost effective to contract for the functions than it was to continue performance by civil service base personnel. "We could debate whether

"We could debate whether any of this change has been good," said Navy Capt. Mason Crum, assistant chief of staff, Installations and Environmental Division. "At this point, however, there would be no value in debat-ing that topic. Instead, at this point what we need to focus on is the thing that has not on is the thing that has not changed. The one constant that has been in place from 1941 through today – that civilian Marines on the Base Maintenance team have been 100 percent committed to serving the many Marines that call Camp Lejeune home."

home."
The base met with the employees impacted by this tentative decision and continu tentative decision and contin-ues to make every effort to ensure each individual employee was made fully aware of their options regarding early retirement, available separation incen-tives, employment opportu-nities with the contractor that

**Off-limits establishments** 

The following businesses are designated

by the base commanding general as "off-limits"

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353 Western Blvd, Jacksonville

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Highway 258, Jacksonville

240 US 70 West, Havelock

Thousand Oaks, Calif.

508 Kilmarnick St., New Bern

244 S. Randal Rd., Elgin, III.

3054 Wilmington Highway, Jacksonville

George Washington Highway, Tabb, Va.

La Miranda, Calif.

New Bern

Joshua Experience/Club Access 200 Golden Oak Ct., Virginia Beach, Va.

To report business fraud, call 451-3928.

Highway 17, Jacksonville

Highway 17, Jacksonville

4951 Richlands Highway, Jacksonville

6568 Richlands Highway, Jacksonville

future and other employment opportunities that may be available in other sectors of

At the ceremony, hundreds gathered as they celebrated the 149 retirements by brated the 149 retirements by serving food and playing games including: ping-pong, volleyball, musical chairs, scavenger hunts and golf putting. They also had a dunk tank, where employees volunteered to spend a few hours getting wet.

After getting out of the dunk tank, Crum began talking about how grateful he was for all the retirees' hard work.

"There is nothing some one like me could say at one like me could say at a retirement ceremony for even one of the employees that is leaving us that could even come close to adequately recognizing what these fine Americans have done for our nation and our Corps," said Crum.
"I salute each and every one of you and I am proud to say that I served our nation alongside you," said Crum.

Corporal Johnathan O. Avila, Marine Aircraft Group 29, 2d Marine Aircraft Wing, was convicted at a special court-martial of wrongful use of marijuana, two counts of wrongful use of cocaine and unauthorized absence. He was sentenced to a bad-conduct discharge, confinement for 75 days, forfeiture of \$400 and reduction to private. days, forfeiture of reduction to private

Lance Cpl. Mario Tejeda Jr., Marine Aircraft Group 29, 2d Marine Aircraft Wing, was con-victed at a general court-martial of rape and indecent assault. He was sentenced to a bad-con-duct discharge, confinement for 54 months, forfeiture of \$88,614 and reduction to pri-vate.

Lance Cpl. Herbert Velez Jr., Marine Aircraft Group 29, 2d

Marine Aircraft Wing, was convicted at a general court-martial of disrespect toward a staff noncommissioned officer, flee-ing apprehension, wrongful use of cocaine, wrongful use of marijuana and larceny. He was sentenced to confinement for 12 months, forfeiture of all pay and allowances for five months and reduction to private.

Private first class Darryl L.
Brantley, 1st Battalion, 10th
Marine Regiment, 2d Marine
Division, was convicted at a
special court-martial of two
counts of unauthorized
absence, making a false official statement, three counts of
wrongful use of marijuana
and one count of wrongful use
of cocaine. He was sentenced
to a bad-conduct discharge,
confinement for 135 days,
forfeiture of \$4,938 and

reduction to priva

Private first cla Roldan-Olaveja, lss 10th Marine Reg Marine Division, wa at a special court unauthorized absence ing movement. He tenced to a bad-co charge, confinemen months, forfeiture and reduction to priva

Private first clas E. Shorter Jr., 2 Battalion, 2d Fort Support Group, was at a general coun-three counts of dist marijuana. He was to a bad-conduct confinement for 1 He was forfeiture of allowances ar private.

### **Main Side Briefs**

### MARINE 4 LIFE PROGRAM

The Marine Corps is looking for employers interested in hiring Marine returning to the Jacksonville area after serving on active duty. Prospect employers are invited to join an online network managed by the Marine 4L program, which helps Marines make the transition from the Corps to the comunity. For more information, contact Sgt. Dana M. Hamm dana.hamm@m4l.usmc.mil or 376-4153, or apply via the Marine 4 Life W.

### **WOMEN'S PERSPECTIVE GROUP**

A women's prospective group is available to active-duty females, spour of active-duty service members, retirees and spouses of retirees to discrevarious topics involving behavioral traits which contribute to violent sit tions and how to recognize good and bad relationship factors and how to have the state of the sta dle them. For more information, call Dr. Perlie Jones at 451-2864.

Permanent Change of Station moves are a fact of life for the Marine Confamily. MCCS OneSource offers relocating assistance, brought to you in panership with Marine and Family Services. There is no cost associated wasing this service, and best of all, it's available anytime of day, wherevery are. So get in touch with us today. We have consultants who speak Spaniand offer simultaneous translation into more than 150 other language Phones are 800-346-9188, En español, llame al 800-375-5971 or call colleged 484-530-5908. For more information on relocation, visit www.mccson. 484-530-5908. For more information on relocation, visit www.mccson source.com.

### DRIVER VOLUNTEERS WANTED

At least 10 volunteers are needed to drive a parking lot shuttle bus at 1 Camp Lejeune Naval Hospital. The shifts are four hours long and voluntemust have a valid driver's license. Call 450-4596 or 451-2173 for more infer

Inicate Denial PLAN

Is your family signed up for the Tricare Dental Plan? United Concords handles the enrollment process. Enrollment is easy but must be initiated the sponsor by completing a TDP enrollment form. Forms are available a calling United Concordia at 888-622-2256, by accessing the Web site www.ucci.com or by visiting any of the base dental clinics. To verify enrol ment, call customer service for United Concordia at 800-866-8499, 24-hours a-day, Monday-Friday.

### TRAFFIC ACCIDENT TESTIMONIALS SOUGHT

The Navy is seeking testimonials from 18 - 25-year-old sailors at Marines who have been in car or motorcycle wrecks and who have been save by seatbelts or helmets. We also want to hear from those who were injured because they weren't wearing proper safety equipment, and who have learned a lesson about the importance of protective gear. We would like them to shat their experiences so others can learn the consequences of their actions who it comes to vehicle safety. Those interested should contact from Klinkenberger at fred.klinkenberger@navy.mil or 757-444-3520, Ext. 731 (DSN 564).

### TOBACCO CESSATION CLASSES

Tobacco cessation classes are offered to all active-duty service member family members, retirees and Department of Defense civilian personnel. For more information or class enrollment, call 451-3712.

### TRANSLATORS CONTINUED FROM 1C

with the customs and traditions of the region to which they are deploying in order to be effective during any overseas operations. They should also have a good understanding of the history of the area and it's people and possess some degree of fluency in the foreign language, said Meloy.

The real incentive for this re-enlistment program is the class, which will be at the Defense Language Institute at the Foreign Language Center in Monterey, Calif. The classes are equivalent to approximately 36 semester hours at most accredited colleges and universities, and after the completion of a few core classes at the local Monterey Peninsula College during liberty, graduates of the college's basic translator course can darn Associate of Arts degree in the language studied, aaccording to Meloy.

Translator are of a monetary nature, with a service re-enlistment bonus of five, which is five times the Marine's base pay multiplied by the times the Marine re-enlists to times the Marine re-enlists brought to the battlefield by trained linguists are critical to the success of the mission and should not be underestimated.

Although there are several benefits to re-enlisting with this secondary MOS, there are also many opportunities for individuals with training as an Arabic translator in the civilian sector and with government agencies, according to Meloy.

Lance Cpl. Charles Becker, a machine gunner with 1st Battalion, 8th Marines Regiment, 2d Marine Division, who is considering the program said, "If or when I get out of the Corps, I want to become a teacher at a university, and the

The re-enlistment incentives for Marines who already have the secondary MOS of Arabic translator are of a monetary nature, with a service re-enlistment bonus of five, which is five times the Marine's base pay multiplied by the number of additional years the Marine re-enlists for. The only requirement for these Marines to qualify for the bonus is being deployed for a minimum of 179 days within the next two years following their re-enlistment.

Although there are several benefits to re-enlisting with this secondary MOS, there are also many opportunities for individuals with training as an Arabic translator in the civilian sector and with government agencies, according to Meloy.

Lance Cpl. Charles Becker, a machine gunner with 1st Battalion, 8th Marines Regiment, 2d Marine Division, who is considering the pro-

training I will receive through this program can make that possible. Having experience with the Arabic language will also give me a number of opportunities in the CIA and FBI."

The demand for more Arabic linguists grows as the Global War on Terrorism presses forward. The skills brought to the battlefield by trained linguists are critical to the success of the mission and should not be underestimated.

"Our skills as translators are absolutely critical in support of Operation Iraqi Freedom," said Lance Cpl. Tariq Dahdal, a military policeman with a secondary MOS of Arabic translator.

Dahdal, who served 13 months in Iraq as a translator said, "Understanding Arabic, as well as English, gives us the ability to convey ideas, as opposed to just words, and that is an invaluable gift during combat operations. Without translators, we could not accomplish the mis-

### COMMUNITY CONTINUED FROM 1C

and meet the people they serve and provide them with an opportunity to learn about EMS, according to Lewis.

according to Lewis.

It is imperative in an emergency situation that the victims, especially young children, remain calm and are cooperative with paramedics and firefighters. The best way to ensure that is through education, according to Wiggs.

"If a person understands how we're going to react and treat them in an emergency, they aren't as likely to panic and resist," said Wiggs.

"An accident can be a very scary scene for a victim. If they know what to expect from us, it can take some of that fear away."

"It's also a great chance to make the public aware of the fact that we've worked to improve response times and capabilities," said Lewis.
"Because EMS has become such a big unit, we've been able to assign paramedics to more fire stations around base, so we can get medical attention to any emergency faster than ever before."

All members of the fire department, includ-

ing the 18 firefighter paramedics, were involved in the events of EMS week, which incorporated a blood pressure and sugar level monitoring station at the Marine Corps Exchange with an EMS truck on display and

educational gift bags for children.

"We offer to check people's blood pressure
and sugar levels, which gets them to sit down and sugar levels, which gets them to sit down for a minute, so we have a chance to talk to them and introduce ourselves," said Wiggs. "They can look in the truck and see how everything works and ask us questions. The kids really love it, we even have little "goody bags" for them."

In only it's second year, EMS week is gaining popularity and has aiready made plans for next year's events. According to Wiggs, who is in charge of the organization and execution of EMS week, EMS hopes to schedule a staged accident next year and have a full response for public viewing to demonstrate the capabilities and reaction time.

"It's not much, but it seems like people are talking an interest in EMS, and we're getting our message out," said Wiggs. "If this helps even one person get through an emergency then it's served its purpose." In only it's second year, EMS week is gain

### LOANS CONTINUED FROM 1C

"A few years ago, I would say almost 50 percent of Marines in financial trouble used these payday lenders," said Ells. "But the word is getting out; now I see far fewer Marines using these services."

Although these business-Although these businesses often target military members, it's those same military members who have the most options for financial help. The Navy-Marine Corps Relief Society and other organizations like it can provide interest-free loans to service members in need, and if they can't help, local military credit unions can offer loans with much more reasonable interest rates.

Even with options avail-

who get themselves into trouble financially, the best way to avoid trouble is to make a financial plan and stick to it.

"Without knowing how much you have to work with each month, you can't accurately plan for life's expenses," said Ells. "Keeping track of how much you bring in each month and how much goes out each month is very important to understanding your own finances."

Once a basic understand-

finances."

Once a basic understanding is realized, a service member can then look into improving their financial wellbeing through investments and savings programs.

"It doesn't matter how much you make," said Ells.
"It's what you do with what you make that will determine how you live."

### SIMULATOR CONTINUED FROM 1C

weapons to include recoil. Als:

training provides accurate, to diagnostics, including point to tenamon Dr. 3/2
weapon status, trigger press to continuate Dr. 3/2
"A lot of us don't have the status determined by the southwest Dr. 3/2
get out to the live ranges as ofts should," said Sgt. Eric Bambaration and producing produci

snould, said Sg. Elic Ball training noncommissioned offi the Reserve Support Unit. "Th lator gives Marines a conven-to practice their marksmanshi on a more regular basis, and i them to try out weapons they m have access to otherwise."

One of the simulator's few that it is not very realistic in re reloading the weapons. Insteading to remove the empty missecure it, grab a full magazinsert it, all you have to do is the empty clip and immediately it, according to Hutcherson. "It's as close as you can ge real thing," said Falcone. "It's if fect, but it's a great alternative lot of substantial benefits."

Training on in ISMT is avail various locations aboard Cample and interested personnel can can be local operations office for montantion. One of the simulator's fer

mation.

"Any authorized personnel interested in training with the will be given the opportunity. Hutcherson. "We want people this equipment. We've had contractors, Navy corpsmen, of Army National Guard. It's a very able tool and should be taken age of "

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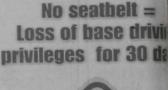
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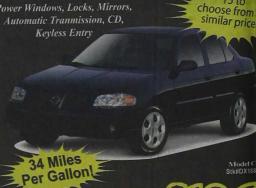
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Damp Lejeune of Board will conduct on Sept. 15 to fill ming vacancies on amp Lejeune indent Schools' oi board. Candidate botain an intent to election package any of the eight oils or the supering soffice until close in the supering soffice until close in less Aug. 29. Indidates must be ve duty or a spous ding at Camp Lejeurine Corps Air Vew River. All tales must be nort by one eligible.

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HEATHER CARUSO Carolina Living Staff Writer

8

The anticipation of Memorial Day is mounting and many are planning outdoor activities and barbecues as a way to kick off the summer. During the course of the day, take time to remember the origin of the holiday – honoring fallen service members – and consider doing something to pay tribute to their sacrifice, such as attending the Salute to Freedom parade in Jacksonville.

It seems fitting to have such an event in a town full of military history like Jacksonville, which is one reason why The Door Christian Fellowship Church decided to conduct its first Memorial Day parade three years ago.

"As always our main goal is The anticipation of Memorial

Memorial Day parade three years ago.

"As always, our main goal is to show support to the military—both active and retired." said Wally VanTiem, one of the parade organizers. He added that the parade also shows support for the nation's veterans, the president and those who gave the ultimate sacrifice for our freedoms.
"People take for granted the freedoms we have here in the United States. We want people to take time to salute their sacrifice," he added.

Each year, the parade has

fice," he added.
Each year, the parade has grown in size and received more support from the community. This year, organizers are expecting over 300 participants and several floats depicting the military and other patriotic symbols such as the founding fathers, who believed in a free society. Some out of state church organizations will be a part of the festivities as well.

well.

This year's parade begins Saturday at 2 p.m. at Rose Bros. Furniture on Onslow Drive and continues down Henderson Drive to an end-of-parade rally in the Piggly Wiggly parking lot in the New Market Square shopping center. The rally will last roughly one hour with live musical entertainment and speakers.

The first Memorial Day, originally called Decoration Day, was May 30, 1868, commemorating the sacrifices of fallen Civil War soldiers by decorating their graves. On May 5, 1868, Gen. John A. Logan from the Grand Army of the Republic, an organization of former sailors and soldiers, declared General Order No. 11 that:

The 30th of May, 1868, is designated for the purpose of strewing with flowers, or otherwise decorating the graves of comrades who died in defense of their country during the late rebellion, and whose bodies now lie in almost every city, village and hamlet churchyard in the land. In this observance, no form of ceremony is prescribed, but posts and comrades will, in their own way, arrange such fitting services and testimonials of respect as circumstances may permit.

Both union and confederate soldiers were honored.

This practice of decorating graves continued through the years, and after World War I, the scope was broadened to encompass all fallen warriors in America's wars. It wasn't until 1971 that Congress declared Memorial Day a national holiday celebrated the last Monday of May.

Today, a small flag is placed on each grave during this holiday in the Arlington National Cemetery, and it is customary for the president or vice-president to give a speech honoring the fallen heroes and place a wreath on the Tomb of the Unknown Soldier.

Hundreds of thousands of America's men and women lie in graves today, because they established or reinforced our freedom, and many more continue to maintain our freedom today. As you celebrate Memorial Day 2005, with outdoor activities or barbecues, remember it is more than a day off from work; it's a memorial

Historical data was gathered from www.historychannel.com.

### MEMORIAL DAY EVENTS

A Memorial Day Gun Salute will take place in front of Building 1 at noon on Monday conducted by Headquarters and Support

The Coastal Carolina State Veterans Cemetery in Jacksonville will have a Veteran Memorial Day Service Monday at 10 a.m. George G. Cleveland, N.C. house representative, will be the guest speaker. A flag burning ceremony and luncheon will follow the service at Fleet Reserve Association Branch 208 Puller Hall, 121 Stillwood Road in Jacksonville.

The American Legion will hand out poppies to Jacksonville Mall visitors in remembrance of all soldiers lost during wartime. After World War I, the poppy became a symbol of the ulti-mate wartime sacrifice.

Sneads Ferry's 2nd annual Memorial Day Parade will be Monday at 10 a.m. The route begins at Salem Baptist Church on Sneads Ferry, follows along the waterfront onto Wheeler Creek Road and ends at the New River Community Church, where a remembrance ceremony will take place.

The Carteret County Veterans Council will have a Memorial Day service Saturday at the Courthouse Square in Beaufort, N.C., at 10:30 a.m. Congressman Walter B. Jones will be the guest speaker.



The Memorial Day parade in Jacksonville last year honored past and present service members who secure our freedom.

LL	V- IU   daide
8 a.m.	The Morning Report
8:30 a.m.	Air Force News
9 a.m.	Your Corps
9:30 a.m.	Army Newswatch
10 a.m.	Cape Fear
10:30 a.m.	Okinawa War Chronicles
Noon	The Morning Report
12:30 p.m.	Pacific Report
1 p.m.	Navy-Marine Corps News
1:30 p.m.	No Memorials
2 p.m.	Pentagon Channel On Assignment
2:30 p.m.	Pentagon Channel Studio 5
3 p.m.	Doing it Right
3:30 p.m.	Shooting Gallery Episode #26
4 p.m.	The Morning Report
4:30 p.m.	Air Force News
5 p.m.	Your Corps
5:30 p.m.	Army Newswatch
6 p.m.	Cape Fear
7:30 p.m.	Okinawa War Chronicles
8 p.m.	The Morning Report
8:30 p.m.	Pacific Report
9 p.m.	Navy-Marine Corps News
9:30 p.m.	No Memorials
10 p.m.	Pentagon Channel On Assignment
10:30 p.m.	Pentagon Channel Studio 5
11 p.m.	Doing it Right
11:30 p.m.	Shooting Gallery Episode #26
M.C.deliaht	The Morning Report

### Explore exciting vacation spos just miles from Camp Lejeun

LCTV-10

CPL. PATRICK MCHUGH



elcome to another week of informative and entertaining programming on Lejeune Cable Television-10. As always, LCTV-Television-10. As always, LCTV-10 shows you what is going on around the military community and worldwide deployments with a selection of news shows from the Army, Navy, Air Force and Marine Corps team. We're proud to continue bringing you programming straight from the Pentagon channel with everything from news updates to a look at how you can take better care of your

neath.

This week, we'll be taking a look at some local travel spots in Camp Lejeune's backyard. Wilmington, N.C., is part of the Cape Fear Coast, home of Wrightsville Beach and the Cape Fear

River. If you feel like getting away for a week-end, but don't have the means to spend a lot of money or time going to Florida, chances are there's something you would enjoy on the Cape

there's something you would enjoy on the Cape Fear Coast.

We'll also be taking a look at Virginia Beach, Va., a short drive north of Camp Lejeune. Virginia Beach is filled with shopping and dining, and the beach itself is the state's largest attraction. Walk along its famous boardwalk or check out the many restaurants, cafes and dance clubs available throughout the city. Whether it's museums or nightlife you're into, Virginia Beach has something for everyone.

For history buffs, we'll be showing War Chronicles: Okinawa, the Last Battle. Tune in to learn about the final battle of World War II, from the brave Marines landing on hostile shores to the fierce resistance conducted by the remnants of Japanese forces. See what influenced the decision to drop the atomic bomb instead of invading the Japanese mainland from Okinawa, Japan.

Also, stay tuned to channel 10 for our great line-up of military news. Be sure to watch Camp Lejeune's own news program, The Morning

Report, which airs live eve Wednesday and Friday at 8 a. Marines as we show you what's hall corps and around Camp Lejeune, date on what's going on in our natic military branches by watching Corps News, Air Force News Newswatch. Viewers can also stay local area happenings by watching screens and tickers. We keep the of sports, national, international, entertainment news. If you or your get information put on LCTV-www.lejeune.usmc.mil.

With Marines constantly le Lejeune and our Corps, LCTV-10 in infort of and behind the camera, especially needing to fill the position from the morning show. If yoe din working with a crew of humo ed individuals and want to learn a video production and television better the state of the production and television of the particle.

video production and television b 451-1239 or e-mail Cpl. Patrick producer, at patrick.m.mchugh@us.



For information on concerts, festivals, special events and classes going on up and down the Carolina coast, check out What's Happenin' each week. To add your event, e-mail Ena Bravo, features and layout editor at ena.bravo@militarynews.com Space limited to availability.

Thursday 26

• The Piano Men at the Thalian Hall in Wilmington - www.ncp-Rogersville Road at

 Shawn Christian & The Carolina Band at the Riverwalk Crossing Park in Jacksonville. For more infor-mation, call 937-7222.
 Flashpoint at Jaycee Park in downtown Morehead City.

Florence information, call. Lucky's in Wilmington - www.luckys-rocks.com.
Story Time presents Summer Fun at the Camp Lejeune library - For more information, call 451-3178. Nik Ponos and Hobex at Kefi's in Wilmington - Kenicious Fizz at Lucky's
 Wilmington - www.luckys-Absolute 80's at Ziggy's in Wilmington - www.ziggySaturday 28

In-V at the Arena Sports Bar in Jacksonville www.arenasportsbar.com.
• St. Somewhere at Tiki's
in Beaufort - www.thesandbar.org/tikibar.html.
• Creekside and Jubal
at Kefi's in Wilmington www.kefislive.com.

www.kefislive.com.

• Doublewide and
Countermeasure at
Lucky's in Wilmingtor
www.luckys-rocks.co.

Bright Eyes, The Faint, Mars Black at Ziggy's in

Thursday 2

Purple Crayon Productions at the Thalian Hall in Wilmington -

Wilmington www.ncpresenters.org.
Mondays Off at
Lucky's in Wilmington www.lucky-rocks.com.
- www.lucky-rocks.com.
- Swansboro Friends
of the Library will
host a stress-tolerant
bedding plants gardening program at the
Swansboro Branch
Library at 5:30 p.m.
For more information,
call 326-4888.

Friday 3

Bombay Circus at the Riverwalk Crossing Park in Jacksonville. For more infor-mation, call 937-7222.
 Slavemachine at the Arena Sports Bar in Jacksonville The Arena Sports Bar com-

www.arenasportsbar.com.

Perfect Wedding by Purple
Crayon Productions at the
Thalian Hall in Wilmington

www.nopresenters.org.

Surfrider benefit with 4th &
Dock, Mole Cricket, The
Burnin Symurnans, The Big
Mighty, Sacred Circle,
Amiss, Allornothing at Kefi's
in Wilmington - www.kefislive.com.

Carolina E cho Carpe Norm

### The Interpreter: First movie shot inside United Nations building

27

MOLDENHAUER HUNEYCUTT



The Interpreter is a political thriller with international intrigue. A United Nations interpreter must try to convince someone to believe that she has overheard a death threat made against an African head of state scheduled to address the General Assembly.

Nicole Kidman (Cold Mountain, The State State)

Assembly.
Nicole Kidman (Cold Mountain, The Stepford Wives, Moulin Rouge) stars as Silvia Broome, an African born U.N. translator, whose life is in danger after she overhears this threat against a vicious African dictator. Now she finds herself embroiled in an international assassination

Realizing she has become a target of the assassins as well, Silvia desperately tries to foil the plot. As an innocent bystander, she has trouble finding someone to believe Sean Penn (Mystic River, 21 Grams, I am Sam) stars as

Sean Penn (Mystic River, 21 Grams, 1 am Sam) stars as Tobin Keller, the skeptical federal agent sent to investigate the interpreter's claim. He is also charged to protect her but suspects she may not be telling the whole truth. Silvia and Tobin see life from different points of view. The U.N. interpreter believes in the power and sanctity of words; the federal agent believes in reading people based on their behavior, no matter what is said.

Co-statring is Catherine Keener (Death by Smoothy, Lovely and Amazing) as Keller's partner. Also appearing are Jesper Christensen, Yvan Attal, Earl Cameron and George Harris.

George Harris.
Sidney Pollack (*Random Hearts, Sabrina, The Firm*,), directing his first political thriller since the classic 1975 hit, *Three Days of the Condor*, plays a cameo role as

hit, Three Days of the Condon, page 1864.

Keller's supervisor.

No feature film crew has ever been allowed into the United Nations building, but Pollack finally persuaded Secretary-General Kovi Annan for permission to shoot scenes during nights and on weekends.

Real life locales, instead of props and digital worlds, are a big plus for The Interpreter. For authenticity, Kidman had to learn a fictional language similar to Swahili. She mastered Ku, an invented tongue native to the nonexistent scenes during nights and on weekends.

Real life locales, instead of props and digital worlds, are a big plus for *The Interpreter*. For authenticity, Kidman had to learn a fictional language similar to Swahili. She mastered Ku, an invented tongue native to the nonexistent African nation Matobo as portrayed in the movie. Penn

The Interpreter, with its talented stars, is an interesting, exciting, intense and very sophisticated psychological thriller with political overtones. It is now playing at Camp Lejeune's theater.

Crash is an urban drama and tells a story about the intersecting lives of a racially diverse cast of Angelenos. It is a tragicomic multi-character study of Los Angeles race

The film follows several characters of different races and social class, observing how their beliefs and prejudices affect them when they interact and collide within a 36-hour period.

There are pipe alor lines in the

36-hour period.

There are nine plot lines in this tale and many diverse and different characters: a Brentwood housewife and her district attorney husband; a Persian storeowner; two police detectives, who are also lovers; a black television director and his wife; a Mexican locksmith; two carjackers; a rookie cop; and a middle-aged Korean couple. The story begins with the principle character, Graham Waters, a hardworking homicide detective, played by Don Cheadle (Hotel Rwanda, Ocean's Twelve). He and his partner, played by Jennifer Esposito (Taxi, Breaking All the Rules), crash their car. It is the first of many collisions between multiethnic Angelenos.

The lives of the following characters intertwine throughout the course of a day. The heavyweight stellar players include:

Players include:
Brendan Frasier (*The Mummy*) as Rick Cabot, the unprincipled and ambitious district attorney, and Sandra Bullock (*Miss Congeniality, The Net*) as his furious and moody wife Jean, who gets carjacked by two hoods.

Matt Dillon (*There's Something About Mary*) as Ryan, a bigoted L.A. police officer, who freaks out his new partner, Thomas Hanson, played by Ryan Phillippe (*Gosford Park*), by harassing innocent blacks.

Thandie Newton (*The Truth About Charlie*) and Terrence Howard (*Ray*) play a glamorous African-American couple, who are pulled over and humiliated by Officer Ryan.

Shaun Toub (Out to Sea) is an angry Persian storeowner wanting to kill the hardworking Latino locksmith, played by Michael Pena (Buffalo Soldiers), who he thinks



Sean Penn, as federal agent Tobin Keller and Catherine Keener as his partner, agent Dot Woods, in *The Interpreter*.

as stereotypes and gain humanity as the film progresses.

Haggis also wrote the adaptation of the recent Oscar Award winning hit Million Dollar Baby.

Crash does not have an agenda; however, with its excellent and compelling storytelling, it takes us places we have never been. It is deadly serious and leads us on an emotional roller coaster ride.

Crash is an overwrought but gripping ensemble piece, with superb acting and strong cinematography, as seen before in Traffic and Shortcuts. This film, however, focuses on automobile accidents and is filled with not only fender benders and head-on collisions, but collisions of the characters themselves.

The emotional conclusion of this film shows that there is good and evil in each of us, and it only takes a small

is good and evil in each of us, and it only takes a small-push one way or the other to seal your fate. Crash is now playing in the Jacksonville theater. Humeycut is the public affairs assistant at the Base Public Affairs Office

Movie gossip, rumork

MISSION: IMPIO Lindsay Loha up where Johansson bail Hollywood that she will the U.S. military, and with director J. At winess communications (Lost, Alias) a 18th have become snow prospect of plants. Mission: Impesi Lohan told Hollywood that sh prospect of playi opp Tom Cruise. I hat Tom Cruise. Is a sound of Katie I.a. ing her nai Associated Press

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Code isn't h but there's alrea there are no ac seen, just some mation ... and a ing Mona Lisa. moviebox.net)

Foppish Frast Indeed, Kelsey has finagled a 1 Matthew Vaugh Matthew Vaugh second sequel; Beast, a 355-pc haired mutant. Avi Arad took deflecting fan c advance, insiss



### **Midway Park**

Saturday Guess Who (1:44) Beauty Shop (1:45) Sunday Beauty Shop (1:45) PG-13 2 p.m. PG-13 5 p.m.



### **Camp Lejeune**

Friday A Lot Like Love (1:47) A Loi Like Lote (1.47). The Interpreter (2:08) Saturday Kings Ransom (1:35) A Lot Like Love (1:47). The Interpreter (2:08) Sunday King's Ransom (1:35) A Lot Like Love (1:47) fuesday The Interpreter (2:08) Wednesday The Amityville Horror (1:29)

3:30 p.m. 6:30 p.m. 9:15 p.m. 6:30 p.m.

6:30 p.m 6:30 p.m

LL DIGITAL SOUND 350 WESTERN BLVD.
JACKSONVILLE MALL - 577-3964 THE LONGEST YARD PG13 KICKING AND SCREAMING PG 12:30 2:45 5:00 7:15 9:30 MADAGASCAR PG STAR WARS 3 PG-13 1:15 4:15 7:25 10:25 KINGDOM OF HEAVEN R STAR WARS 3 PG-13 NO PASSES ACCEPTED THE LONGEST YARD PG13 UNLEASHED R 1:30 4:10 7:00 9:30 THE LONGEST YARD PG13 MONSTER-IN-LAW PG13 STAR WARS 3 PG-13
1:45 4:45 7:45 (10:45 PML & SAT)
NO PASSES ACCEPTED
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HOUSE OF WAX R 1:45 4:30 7:05 9:40 MADAGASCAR PG 1:00 3:10 5:20 7:30 9:40 MADAGASCAR PG 1:30 3:40 5:50 8:00 10:10 AMITYVILLE HORROR R

12:30 2:40 4:50 7:00 9:10 (1128) MARS 3 PG-13 12:45 3:50 7:00 10:00 NO PASSES ACCEPTED SHOWTIMES & GIFT CERTIFICATES @ www.carmike.com •ALL SHOWTIMES INCLUDE PRE-FEATURE CONTENT•

Compa voice r SGT. 1ST

WASHINGTON — TE is are the most popula their families to comm in Cleveland is offering side of ramming of the ramming of th there is no limit to the n receive, and callers v Bonadio noted an exa

Borauto Notes at home.
During a Christmas parenter who was deput this service member andees called the Tro mances cannot the 110 mice messages of love, for jokes," she added.
Bonadio said although exerice of speaking the ervice will help those pairments, may miss equirements, may miss bey do not have access "Quite frankly, if a se-ity live, that's the ultima p, so that those that time and voice the er's Troop Talk number nd friends as care to set There is a cost for the rvice member for a onths, but Bonadio sai up to defray the co

however, we see or th subscriptions 1 Already, several opTalk with dona ed Services YMC

X-MEN 3

deflecting fan Cadvance, insiss Beast is the med gent mutant, a d geneticist, and overly erudite was the perfect Sure, just as lon doesn't sig (www.variety.co.

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### Nartime communication advances

### company offers oice messaging

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Code isn't haters for more the but there's alread trailer for it? Pr

there are no ac seen, just some mation ... and a ing Mona Lisa. moviebox.net)

X-MEN 3 Foppish Fras indeed, Kelsey has finagled at Matthew Vaugh

American Forces Press Service

VASHINGTON — Though letters, text e-mail and telephone

i are the most popular ways for deployed service members
their families to communicate, a telecommunications compain Cleveland is offering yet another option.

InlyOne, which provides voice communication and messagservices to individuals and businesses, is using its technoloto bring service members and their families together through
ice messaging service it calls TroopTalk.

The company is providing the service through the Armed
ices Young Men's Christian Association.

Ccording to Judi Bonadio, executive vice president for the
pany, the idea behind TroopTalk is to provide service memand their spouses and families a way to communicate anyanywhere, just by picking up a telephone.
ach service member is assigned a TroopTalk account with an
itated 10-digit telephone number. The spouse or family memitals the number and leaves a voice message. TroopTalk then
erts the messages to an attachable voice file and sends the
attachment to the service member's e-mail. The attachment
the voice message are then played through the computer.
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pacieve, and callers will never hear a busy signal, she said, madio noted an example of how TroopTalk helped benefit at home.

Tring a Christmas party, the discussion came up about a servember who was deployed, she said. "Someone remembered his service member had a TroopTalk number. The party lees called the TroopTalk number and took turns sending messages of love, merriment, encouragement and even a bkes," she added.

anadio said although TroopTalk won't replace the ultimate ience of speaking to family members over the phone, the e will help those service members who, due to mission ements, may miss hearing messages from home because lo not have access to a telephone.

uite frankly, if a service member can get to talk to their fame, that's the ultimate," she said. "But what we do is bridge p, so that those that are left at home ... can pick up a phone time and voice their love and concern."

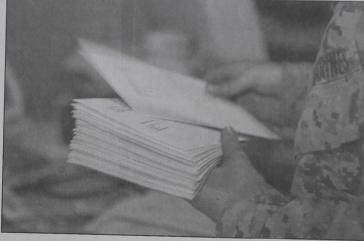
other unique feature of the service is that the service mem-froopTalk number is accessible by as many family members iends as care to send voice and fax messages, she said.

The said are to send voice and fax messages, she said.

The said are to send voice and fax messages from \$118 per emember for a six-month subscription to \$220 for 12 s, but Bonadio said she is hopeful she can get companies to p to defray the cost by sponsoring a service member or a second so the cost is only \$16.95 a month for an individual subscrip-

ne cost is only \$16.95 a month for an individual subscriptions for \$118 and 12-month subscriptions for \$118 and 12-month subscriptions for subscriptions for \$118 and 12-month subscriptions for adv, several companies have promised to support Talk with donations for subscriptions, she said. And the 1 Services YMCA is helping to match companies with serving subscriptions, she said. And the 1 Services YMCA is helping to match companies with serving and the service and with director 1 U.S. military, and Interactive Intelligence, which provides secommunications for small- to-medium-sized businesses, sected and services and with service and services and services and services which provides with director 1 U.S. military, and Interactive Intelligence, which provides sected and services and services which provides sected and services which provides with director 1 units.

See Messaging | 4D



The post office at Camp Tagaddum, Iraq, prints nearly 700 MotoMails daily. The 24 Marines with Headquarters and Service Battailion, 2d Force Service Support Group (Forward), postal route the MotoMail and parcels to the thou-sands of service members serving throughout Western Iraq.

### MotoMail motivates leathernecks, families

HEATHER CARUSO Carolina Living Staff Writer

If you were told you could get a handwritten letter or a picture your child drew to your beloved Marine in Iraq within 24 hours, how would you respond? It may sound daunting, but the senders of approximately 75,000 MotoMail letters last month will testify to this truth.

truth.

MotoMail is a mail service that is digital at the sender's end, but in the form of a tangible printed letter at the recipient's end. This digital-paper combination allows quick communication for Marines in Iraq without access to e-mail or telephone.

phone.
Overall, the accessibility to
e-mail and telephones in Iraq is
quite impressive. Many
Marines have the opportunity to
e-mail or call home multiple
times a week and stay updated
on family news back home. But
unfortunately all don't.
Chief Warrant Officer Don
McCarty Jr., MotoMail project

officer, knew that communication could be improved for infantry and artillery Marines who don't have frequent access to phones or e-mail when he learned about E-Bluey, a form of British armed forces mail service that MotoMail is modeled after.

"E-mails are great and quick, but you have to have access to e-mail to read it," said McCarty. Before e-mail, troops received handwritten letters from home that they could reread time and time again when an extra morale boost was needed. Few Marines, if any, have access to printers in Iraq, so Marines can't print out letters to read over and over. MotoMail is the best of both worlds since it is quick and can be tucked away in a pocket.

a pocket. MotoMail is highly praised

AVAIL

by its many users, because it is simple, fast, secure and free. Feedback from its users has

simple, last, secure and free. Feedback from its users has been extremely positive. One user posted on the MotoMail Web site, "Thanks United States Marine Corps for creating MotoMail. It is a wonderful tool, and it helps quell my anxiety to know that I can communicate with my Marine in a way that is quick and efficient."

In the beginning, many feared MotoMail letters could be read by Marines working with the postal system, but that is simply incorrect. The letters are electronically sent to the MotoMail server and printed by secure machines at the USMC post office nearest to the recipient. The letter does not reach human hands until it is securely

See Express | 4D

### Sending visual love

HEATHER CARUSO

worth a thousands words. The same is true about video e-mail when long distance separates family and friends. Since April of last year, free use of a simple video e-mail service has been available to anyone who has access to Camp Leieune.

At first thought, the service is beneficial for visual communication when communication when deployment puts geographical distance between families. At second thought, it is a wonderful tool for military families to maintain close ties with extended family and friends, when service members are uprooted from their hometown or duty station.

their hometown or duty station.

Wives have brought their children into the Hadnot Point Exchange, where the video e-mail stations are located, for the children to sing their ABCs for their deployed dad, and some teenagers use the service to stay in touch with friends from previous duty stations, said Stan Fitzgerald, manager of Pioneer Services in Jacksonville.

The service enables users to send unlimited quantities of five minute long video e-mail messages to anyone with an e-mail account and computer The video is

account and computer speakers. The video is embedded into the e-mail, so the recipient doesn't need to have any particular computer program to play the message.

message.
"This is a way to say thank you to our service members and their families who do so much for our country," said Fitzgerald.

### Free Altissimo sampler with purchase of any two of these patriotic CDs! The best of checking and savings

in one...

rine FCU's MarChek Account n a MarChek Account from Marine FCU you'll **earn money** because dividends paid monthly based on the average daily balance. You're encouraged to ppare our dividend rates with other financial institutions—see how you'll earn

**e money** because there are no monthly or per check fees. You may also benefit a several different plans that can protect you from overdrafts (bounced checks)

venient access to your hard-earned money comes in many forms ... checks, Is, and a VISA chek card. It's easy to keep track of the money in your Chek Account with MFCU @ Home\* and monthly statements.

 2005, and you'll automatically be entered into 100 drawing that will be held on July 1, 2005. Tules are available at any 11 Marine FCU or online at 100 drawless.

| Marine FCU or online at 100 drawless | MCUIA NCUA



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### **EXPRESS** CONTINUED FROM 3D

sealed in envelopes with perforated edges, similar to the way many paychecks or pay stubs are sealed.

are sealed.

Mail call is two words
Marines looked forward to
hearing 50 years ago just as
much as they do today during
the Global War on Terrorism.
Anticipation bubbles up from
within, with hopes of receiving
news from home when the bearer of mail arrives. Since news from home when the bearer of mail arrives. Since
MotoMail has been introduced,
there is more excitement during
mail call. "Marines look more
for MotoMail than the letters
because they know it is news
within 24 hours," said McCarty.
Since the MotoMail news is
recent, telephone conversations
can be more in-depth and not
just catching up on family happenings.

penings.

Any family member or friend who has access to the Internet can use MotoMail and can sign up for an account by following six easy steps. All the user needs to know is the unit address, not the location. Logon to www.motomail.us, and with-

in five minutes, you can be Motomailing your Marine. It's

Motomailing your Marine. It's that easy. In addition, the Harriotte B. Smith Library on Camp Lejeune recently received a MotoMail scanning station that allows handwritten letters or hand drawn pictures to be sent through the MotoMail system. McCarty suggests picking up several of the designated sheets of paper used for this service, so letters or pictures can be created in the convenience of the ated in the convenience of the home, and then send it through the scanner the next time you're

the scanner the next time you re near the library.

McCarty expects many moms will use the MotoMail scanner stations around Father's Day for their young children to send dad a special drawing or letter.

drawing or letter.

Currently, the Marine Corps is the only branch that took advantage of the British's knowledge of this new communication tool, and they are offering the service free of charge to service members of other branches that are stationed at Marine camps under the USMC postal service in Iraq.

### MESSAGING CONTINUED FROM 3D

Meanwhile, she said, the World Wrestling Entertainment Group has loaned the voices of several of its stars to entice callers to leave messages for TroopTalk subscribers.

Bonadio is asking that more companies come forward. Only about 100 families are currently being sponsored in the program, she said. "We would like to find more donors that could come in... It's bringing such joy to the people we are starting to set up for this service," she explained.

The focus of her company's effort, Bonadio said, is solely to help the troops and their families. She said it's important that the troops not be forgotten.



Together, we can save a life www.redcross.org







### Stone Street Elementary | Student Fun Day



After a whole year of learning, students at Stone Street Elementary took a break from books to celebrate the school year's end May 19 at Marston Pavilion. Teachers and parents manned the fun day activities that included races, games, inflatable moonwalks and stiffes

Above: Thad Springer and Vanessa David catch tennis balls with Velcro mitts. Each time the ball was successfully caught, they took one step farther away.

Right: Courtney Hensley and Lilly Garis play-fully compete in potato sack races.



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### Service Member of the Month | Lance Cpl. Paul Gooden



ommerce Service Member of the Month rps birthday - and graduated from recruit g aboard Marine Corps Air Station New he plans on being a career Marine, and les and desires to eventually instruct fire

### Stone Street Elementary School | Closing cer



### Camp Lejeune Naval Hospital Birth Announcements

April 1 Louis Gavin born to Cara and Capt. Brian Greene April 1 Alyssa Shea born to Sgt. Stacy and Troy Pollock April 1 Chloe Renae born to Emily and

and Troy Pollock
April 1 Chloe Renae born to Emily and
Sgt. Frank Signor
April 2 Sophia Mae born to Stephenie
and Capt. Edward Biel
April 2 Kai Michael born to Katherine
and Gunery Sgt. James Brown III
April 2 Brett Anthony born to Privates
first class Ashley and Joseph Livengood II
April 2 DaRon Malyk born to Idrany
and Cpl. Ronald Long Jr.
April 3 Alexandra Faith born to
Jennifer and 1st Lt. Thomas Richardson
April 4 Cody James born to Rebecca
and Sgt. Derek Boyd
April 4 Morrigana Rose born to Jessica
and Sgt. Derek Boyd
April 5 Siaiah Christopher born to Cpl.
Shannon and Sgt. Lucien Sudlow
April 6 Tatyana Jae born to Lance Cpls.
Brianne and Luke Billingsley Jr.
April 6 Madison Elaine born to Tiffani
and Sgt. Christopher Munzinger
April 7 Naomi Elizabeth born to Flor

and Sgt. Lucas Deras-Perez
April 7 Willow Zoey born to Joan and
Petty Officer 1st Class Devin
McConnell

McConnell
April 8 Alexis Morgan born to Tiffany
and Cpl. Jeremiah Sewell
April 9 Alexandra Sabrina born to
Jessica and Staff Sgt. Felix Conde Jr.
April 9 Zackary James born to Jennifer
and Lance Cpl. James Crossland
April 9 Kayde Riley born to Janice and
Cpl. Russell Fender
April 9 Sean Matthew born to Anne and
Petty Officer 3rd Class Jeffrey
Manalansan

Petty Officer 3rd Class Jeffrey Manalansan April 11 Christian Edward born to Crystal and Cpl. John Bard April 11 Brawlee Reighn born to Meghan and Lance Cpl. Tyrone Drage April 12 Arianna Maria born to Lance Cpl. Sondrae and Pfc. Gregg Omine Jr. April 12 Kaylee Marie born to Stephanie and Sgt. Craig Wells April 13 Christopher Isaae born to Maria and Cpl. Christopher Speer April 14 Aaron James Corpez born to Marlyn and Staff Sgt. Jason Foster

April 14 Sean Allen born to Nakesha and Lance Cpl. Jason Oliver April 15 Emaline Nicole born to Christina and Lance Cpl. James Davison

Christina and Lance Cpl. James Davison
April 15 Brianna Kellye born to Brittny and Cpl. Biff Knight
April 16 Adriana Lynn born to Angela and Sgt. Sean Engle
April 16 Mason Joel born to Sara and Staff Sgt. Jayme Gibbs
April 16 Carson Michael born to Stacie and Cpl. Brian Kitt
April 16 Leiana Joann born to Caline and Lance Cpl. Daryl McNatt
April 16 Katherine Elizabeth born to Dina and Gunnery Sgt. David Rodgers
April 17 Jasmine Faith born to Marilou and Master Sgt. Martin Looney
April 18 Malachi Elijah born to Sara and Lance Cpl. Martin Howard
April 18 Aamy'yah Ka'Shae born to LaTasha and Cpl. Charley Jennings Sr.
April 20 Valeree Anna Michelle born to Ashlee and Ryan Barbour
April 20 Casey Wayne born to Jennifer and Gunnery Sgt. Aaron Martin

April 20 Madison Adelle born to Naomi and Sgt. John Spencer April 21 Nicholas Michael born to Seaman Erica and Cpl. Chad

Boudreaux April 21 Alexander Joseph born to Jennelie and Staff Sgt. William Hagerty

Jennelie and Staff Sgt. William Hagerty
Jr.
April 21 Casey Alan Charles born to
Melissa and Lance Cpl. Joel Murray
April 21 Jillian Makayla born to Katie
and Sgt. Daniel Sorrell
April 22 Paulina born to Petty Officer
3rd Class Rocio and Nathan Conte
April 22 Jacque David Jr. born to
Kimberly and Sgt. Jacque Gorris
April 22 Conor James born to Andrea
and Lance Cpl. Thomas Winn
April 23 Gabriel Joseph born to
Fred and Lance Cpl. Lyle-Anne Lemieux
April 23 Andrew Joseph born to
Rachelle and Staff Sgt. Andre Lumpiesz
April 25 Harley Alexander born to
Melody and Lance Cpl. Matthew Jaynes
April 25 Lauren Nicole born Lisa and
Capt. Douglas Keller
April 25 Michael Javin born to Cpl.

Best and

Attorne

David

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Darcia and Sgt. Michael Jana April 26 Bladen Kyle born in Sgt. Chadd Jackson April 26 Amayah Janae born, and Pvt. Tamall Spurlock April 26 Gabriel Joseph be and Cpl. Alakai Torres April 27 William Michael born to Meghan and Cpl. Childress April 27 Marcuss Deoh Tammatha and Staff S. McClenton April 27 Tyler Scott born Istaff Sgt. Tracy Roesler April 27 Christopher Shawn Tiffany and Cpl. Christopher April 28 Riley Jacob born and Lance Cpl. Mark Borkon April 28 Keira Elizabeth be Marie and Capt. Andre Salva April 29 Miguel Angel I Melissa and Capt. Andre Salva April 29 Ophelia Mia born to and Staff Sgt. David Smith April 30 Kyra Renee born to and Cpl. Vernon Place

### Scholarships reward 500

PRESS RELEASE

and the color green is bursting forth, but for 500 diligent stu-dents it's not just the "garden variety" green found in the backyard. It's more like Federal backyard. It's more like Federal Reserve green. Thanks to the Scholarships for Military Children program, 500 students are receiving \$1,500 scholar-ships to apply toward college tuition this fall. Jessica Marva, Robert McDonald and Meagan Laskowski are three Camp

Robert McDonald and Meagan
Laskowski are three Camp
Lejeune dependents who
received these scholarships.

"We're excited to report that
the scholarship program continues to be a success in helping
military families defray the
costs of education," said Patrick
Nixon, Defense Commissary
Agency acting director and
chief executive officer. "We're
proud to be associated with a
program that has awarded neariy \$4 million to more than 3,000
students since its inception in

Scholarship Managers, professional scholarship fi

patrons purchase items at cost plus a 5 percent surcharge, which covers the cost of buildwhich covers the cost of building new commissaries and
modernizing existing ones.
Shoppers save an average of 30
percent or more on their purchases compared to commercial
prices – savings worth approximately \$2,700 annually for a
family of four.

A core military family support element and valued part of
military pay and benefits, commissaries contribute to family
readiness, enhance the quality

readiness, enhance the quality of life for America's military and their families, and help recruit and retain the best and brightest men and women to serve their country.



### Memorial

a day of remembrance who have died in our nation's

We cherish too, the Poppy That grows on fields where valor It seems to signal to the That blood of heroes never

Written by Moina Michael



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### urnalizing leaves a valuable living history for others

NGO

wrote about how we ously, I wrote about how we real history during our lives, stion however is, "What do we leave as history, and how do we story to get told? Well, I have ong time advocate of keeping a history or journal with photo to clips, as I talked about last call it making a "Living",

; been said of many acclaimed that we often covet their per-urnals and own story most to ater insight into them and their ater insight into them and their It was what we could learn am that became the most interhe recent blockbuster success Hobbit trilogy of J. R. R. s also an example. His persongs and notes have been of great o fans anxious to know more man behind the epic.

I even well-known writers, the volumes of great literary and their most coveted work to own personal history, how ore would our own families

and Sgt. Michael Jah 6 Bladen Kyle born w add Jackson 6 Amayah Janae born 7 Amayah Janae born 7 Amail Spurlock 6 Gabriel Joseph born 8 Alakai Torres 7 William Michael 8 Meghan and Cpl

treasure the rew personal writings of us?

I read a story about a young man's father who suffered a sudden and premature death. He cherished the journals that his father left behind. It shared how the entries were simple and somewhat mundane; but, for a son who wanted to hold on to his father's memory, they became a priceless inheritance. The entries were not long, but they were regularly written for years. As a result, the pages of the journal did not just document his father's life; they became a compilation of values, a sampling of challenges and successes, a quiet testament of love and faith to a bereaved son.

ment of love and faith to a bereaved son.

Most know that the reader and writer alike, realize the benefits of writing personal histories or journalizing. Not only do those receiving such an outstanding gift of living history appreciate what has been given to them, but the person who tells their thoughts, feelings and story derives an indefinable satisfaction from reflecting, reliving and recounting their life's legacy. As in the related story, the young man's father didn't think anyone would ever be all that interested in his personal reflections. He, like most of us, wasn't the greatest writer. However, by keeping his thoughts, feelings and events on paper, it helped him achieve closure on

yesterday's events and start each new day with a fresh sheet of paper and a fresh outlook.

fresh outlook.

In a program I have used and shared with others, from the Life Balance Institute, this very concept of writing feelings in a journal is taught. This simple and highly effective way of sharing who you are with others, who might eventually read your works, is so very rejuvenating. It frees us each day to express what is on our mind and truly move ahead lighter and more full of energy.

My hours of reminiscing while conenergy.

My hours of reminiscing while converting videotape and of reading special journal clips do much the same thing. I have an incredible journal from my great-great grandfather, Benjamin Oscar Ringo, It's handbound and written in his pen — almost calligraphy. He writes about the weather, his children and an amazing amount of family histories of the day.

I found out he was a jeweler, a school teacher and a farmer. He also had two patents for mechanical movement. I found out he collected and wrote poetry and wrote much of his last few years of journal entries in poetry. I want to share a piece with you now that relates to this overall topic, written May 24, 1902, about three years before he died at age 53. It is titled A Total Loss.

A moment passed is gone forever: Can't be reclaimed; no, no, never. If you idly let it slip; Did not ry to gain by it; To you is lost that it might gain; A total loss you can't reclaim.

How many thus, who waste their time And then at age of poverty whine! Know they not when wasting it. How that old age comes bit by bit? And that to them in time would come, A time of need, if thus they run?

If with the sun the time we'd keep, And utilize in mode discrete, All our moments as they fly; Not let one go idly by; Who knows the time we thus would

Or who in wealth our soul could bathe?

Beware, you insignificant elf.

Beware, you insignificant elf:
There's only so much time for self:
Spend that time in idle play;
Want will harass you someday:
Repentance then will be in vain;
For time that's lost, you can't regain!
I, too, am very grateful for a greatgreat grandfather taking the time to
share some of his thoughts and feelings
in a simple handbound journal. There is
much written about the weather or the
neighbor being ill, but most of all, it
shares with me how and what he

this is that all of it is actually part of my history. A part of my story. Now I need to be consistent about doing the same

instory. A part of my story. Now I need to be consistent about doing the same for my posterity.

I think for those who may find themselves in harm's way and also those who are left at home, this simple daily activity could bring monuments of loving expressions for generations to come. If we would make the commitment to share ourselves by journaling what we think, feel and experience, we could leave lasting histories. I can only imagine what those who lost loved ones Sept. 11 would feel if they came across a journal with the writings of their loved one. I would wager that it would be a highly cherished possession.

That is probably why the Lord counseled St. John in Revelations 1:19, "Write the things which thou hast seen, and the things which thou hast seen, and the things which thou hast seen, and the things which are..."

Journalizing can also be a great source of personal strength, courage and renewal to draw upon. My prayer this week is that we seek to leave our living history.

Chaplain Ringo at the Naval Air

week is that we seek to leave our living history.

Chaplain Ringo at the Naval Air Station Lemoore Hospital, holds a doctorate of philosophy in counseling, is a certified trauma specialist and a member of the International Board of Directors for the Association of Traumatic Stress Specialists.

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# The latest trend in luxury hotels: European casting alanch

MARY LOU JANSON

Associated riess

Travelers don't have to live like a king to vacation like one. Throughout Europe, authentic castles are being converted into luxury hotels where guests can stay overnight, enjoy spa treatments and even dine with royalty.

Despite their formidable appearance and medieval architecture, today's no-hassle castles feature conveniences that put them on par with any modern hotel. In addition to indoor plumbing, climate control, fine linens and gourmet food, guests can be treated to heated towel racks and afternoon tea service. And, for the ultimate in royal treatment, can be treated to heated tower racks and treated to heated tower racks and treated tea service. And, for the ultimate in royal treatment, fairytale-like touches such as personal valets, on-site helipads for airport transfers, private golf courses or

netipas for amport unsistens, private gone courses, such as St. Andrews in Scotland, can complement a castle stay. But the real appeal of drifting off to sleep in such a manor has more to do with the colorful past of these striking structures than with any luxuries and

"They're fun. And it completes the travel experience. Why stay in a standard, generic hotel room
when you can sleep in Mary Queen of Scots' bedchamber, or look through arrow slit windows out to
a drawbridge or moat?" said Pamela Barrus, who has
visited royal residences since the 1970s.

"Accommodations are a good part of the vacation."

Accommodations are a good part of the vacation

"Accommodations are a good part of the vacation budget and should offer more than just a place to lie down and shut one's eyes. Castle hotels also offer insight into the history and culture of a region," said Barrus, author of Dream Sleeps: Castle and Palace Hotels of Europe [Carousel Press].

Like any lodging, Europe's castles come in all shapes, sizes and locations and offer a range of rates from a single night for one person to a king's ransom to book an entire castle for a group. Although constructed centuries ago, these former fortresses have kept up with the times to accommodate travelers with disabilities, families with small children and even guests requiring computer access. A moat doesn't have to equate with remote. These historic hotels have been renovated to keep pace with modern day travel demands, from offering children's menus or catering options for those preferring to prepare their own foods to stocking electronic games and DVDs.

Of course, sleeping on a king-sizzed bed in a room once occupied by a king is part of the attraction, but

there are numerous ways to spend time. Some travelers escape to castles for romantic reasons and others to enjoy reuniting with family or friends. Rest and relaxation may be part of the itinerary, but there's also a surprising array of activities whether the castle overlooks the French countryside or a Scottish moor.

Scottish moor.

Garden tours, biking and hiking are generally available. Some elite retreats even provide heated pools. Others can arrange trout fishing in nearby lakes, balloon rides, dining in a dungeon, archery instruction and clay pigeon shoots.

Whether reading in front of a roaring fire, strolling through the stables or trying to explore every corner of the estate, the hospitality and service are what make guests feel at home within the castle walls.

are what make guests feel at home within the castle walls.

"We make the castle your home for the duration so it has the services of a five-star hotel, but we tailor it for the client so they can breakfast in the garden, dinner at midnight or afternoon tea on a local beach. The difference to a five-star hotel is that we operate the castle to the guests' rules," said Lavinia Dowling, general manager of Myres Castle, a 16th Century Scottish castle.

As plush and posh as certain castles may be, the novelty of hotnobbing with royalty can be a significant part of the appeal.

When David and Jan Hooks "overknighted" at Thornbury Castle in South Gloucestershire, England, a few years ago, they were delighted to discover they would be bedding down inside a castle turret. "The key to our room must have weighed five pounds. When we walked upstairs, we discovered we were staying in a turret that overlooked formal gardens. There were hidden doorways and a fireplace with a serving of port set up," said David, a real estate consultant with offices in Chicago and Clearwater, Fla. "We had cocktails with the owner, the baron of the estate, who shared the history of the castle and the area. Where else can you have drinks with a duke or eat with an earl."

Still, it's wise to approach a stay in a castle with a

castle and the area. Where else can you have drinks with a duke or eat with an earl."

Still, it's wise to approach a stay in a castle with a sense of humor and an appreciation for adventure.

Barrus pointed out that some castles may be far removed from major cities, making it difficult to commute between the two. And because they weren't originally built to be over-sized guesthouses, the narrow halls, winding staircases and rounded walls common to castles can be disconcerting.



Throughout Europe, castles are being converted into luxury hotels. Henry VIII and Anne Boleyn once rooms and grounds of Thornbury castle, a 500-year-old castle located in South Gloucestershire, Englar

"I would advise people to put aside American pre-conceived notions about overnight stays. Think distinctive, lasting memories, not fast food and mini-bars. We were sleeping in history," said Michael Kilgore of Tampa, Fla., who arranged to be married in a castle online through www.scottishwedding-consultants.com. He and wife Kathleen recently exchanged vows at Edinburgh's Borthwick Castle.

A spokesman for Celtic castles, an Internet-based booking company representing dozens of such prop-erties throughout the United Kingdom and Ireland, reported that the demand in castle accommodations

hts out a week fe recognized his

ITCHEN & LIGI

as well as the number of castles being co hotels is growing. What type of people b tions in castles?

"We get a full mix across the board. It youngest customer was 13 years old; he b castle for his parents and himself because to stay in a castle. Many seniors enjoy bring extended families back to the ancestral he said Roger Masterson, managing director Castles. While location, authenticity a should be considered before booking any should be considered before booking any best advice Masterson offers first timers lots of pictures and absorb the history."

### Spa resorts rescue those seeking an escape from day-to-day stress

MARY LOU JANSON

MARY LOU JANSON
Associated Press

A television show about celebrity spa
resorts first convinced Barbara Pirie to
find out what she was missing. Twenty
years later, the New Jersey resident regularly travels the country to have heated
rocks placed on her back or get massaged
while floating in warm waters.

"I don't look for a health spa to lose or
manage my weight. This is pure luxury
and indulgence in a setting that is
unmatched," said the retired educator,
who regularly visits resorts and destination spas to take treatments. Since discovering the 24,000-square-foot Mii amo
Spa overlooking Boynton Canyon from
Sedona's Enchantment resort, Pirie has
faithfully returned, typically with friends
or family members. She's currently planning her seventh visit.

Luxury hotels must keep pace with
travelers' changing tastes and spas are
catching on. Now that state-of-the art
sleeping quarters and meals prepared by
celebrity chefs are de rigueur, the focus
has shifted to fitness. On-premise, fullservice spas and wellness centers are
opening, or expanding, to accommodate
a growing demand for upscale workout
facilities and beauty treatments.

"The spa experience is quickly
becoming part of the whole luxury hotel
experience," said Marshall Calder, senior
vice president of marketing for the
Leading Hotels of the World, a luxury
hospitality organization representing
more than 420 hotels, resorts and spas in
80 countries. "It has become as essential
as a restaurant."

A 2005 survey by the organization
asked guests, who have stayed at its 420
member, pronetties, about, their, sen

as a restaurant."
A 2005 survey by the organization asked guests, who have stayed at its 420 member properties, about their spa habits. Of the 3,500 respondents, 59 percent said they specifically arranged vacations that included a spa experience. When asked how important an on-site spa When asked how important an on-site spa was in choosing a hotel, 31 percent thought the presence of a spa was extremely important and nearly half – 49 percent – ranked the presence of a spa at a hotel as important. More than a third revealed they visit spas three to five times a year, while 16 percent make spa trips more than 10 times a year. This marked the first year for the survey.

"There is no doubt that the presence of a full service spa in a hotel or resort helps

a full service spa in a hotel or resort helps business and increases the length of stay," Calder said. In addition to more spas opening at hotels, savvy properties are maximizing the time guests spend at these facilities by marketing multi-day packages and designing spacious, private treatment rooms where an entire day's worth of pampering and polishing can be

worth of pampering and poinshing can be enjoyed.

In keeping with the elegant environment of a luxury property, these splashy new spas are spacious and gracious, a far cry from the modest workout rooms and hair styling salons of old. Instead of stationary bikes there are group spinning classes. In addition to basic facials, sertions, include non-survival facelifits.

sage beds and warm waterfalls. The Mandarin Oriental

Hotel Group is among those at the forefront of the spa-hotel development boom, offering spa experiences at most of its existing properties and includ-ing this component at all of its new hotels.

ing this component at all of its new hotels.

"What we create are cutting edge wellness and spa destinations in urban and resort settings which offer a wide variety of 'wow' experiences," said Ingo Schweder, who oversees 13 existing spas and seven others currently under construction as group spa director of Mandarin Oriental Hotel Group. "Years ago, people simply wanted a good spa treatment. Now they want a variety of experiences that can be combined and personalized."

Whatever the goal – stronger muscles or smoother skin – a Mandarin Oriental spa concierge works with guests to guide them through the myriad of choices available and, based on the amount of time the guest allows, creates a program particularly suited to that individual.

"One day it could be Pilates training followed by a steam bath and the next day a skin refining treatment followed by yoga," Schweder said. "Guests are not

followed by a steam bath and the next day a skin refining treatment followed by yoga." Schweder said. "Guests are not only into pampering but also aging prevention and de-toxing. They want a complete spa service that helps them to stay healthier for long periods of time."

To accommodate the staff, space, products and services required for everything from Thai massage to weight train-

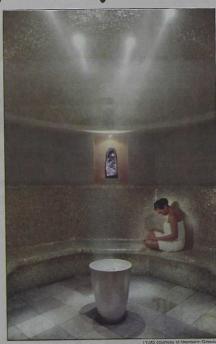
thing from Thai massage to weight train-ing, the Mandarin Oriental is creating ing, the Mandarin Oriental is creating larger spas than ever before. Facilities that once totaled 12,000 square feet, now encompass 15,000 to 20,000 square feet. Driving the development of these bigger specialty centers is the demand by hotel guests who have the wealth to look after

'In general, today's travelers are lthier, wealthier and better educated than any other previous generation," said Schweder. "They have more disposable income than any generation before and are comfortable spending some of that on

themselves."

Travelers, who don't typically take time to patronize spas or frequent day spas at home, are among those eagerly spending part of their vacation relaxing and rejuvenating at spas. And to ensure they will be blissfully wrapped, rubbed and scrubbed to their heart's delight, appointments are often booked before ever leaving home.

We have guests seeking escape from



hyper-active lifestyles. We are finding, increasingly, guests desire to spend more time, plan ahead and review information online and make advance appointments for their stay in the spa, instead of squeezing the spa into their vacation," said Becky Dreisbach, executive vice president of the Grand Floridian Spa and Health Club at Disney World Resort in Orlando. "We have guests who come to the spa daily while on holiday to fully experience the therapeutic and relaxing elements of many different treatments." Procedures and programs may vary depending on the destination and the spa. Some will focus on holistic healing while

others specialize in addressing stress. Whether trying a treatment for the first time or returning to a favorite spa, the experience should be one that lingers long after the visit has ended, experts

"There is a spa experience for every-one. They come in more shapes, sizes, philosophies and experiences than you can ever imagine. But whatever the spa can ever imagine. But whatever the spa experience, it should be fun and unex-pected. It should leave you feeling more connected and your life more in balance," said Jim Root, spa director at Miraval Life in Balance Resort in Southern Arizona and board member of the International Spa Association. "This is

### Traveling tips for those v take their canine compan

### More than 15 million Americ travel with their pets every y

STAFF REPORT

When actress Alicia Silverstone travels with her dog Samson, a mix of rottweller, pit bull and Doberman, even the toniest hotels, roll, out the toniest hotels roll out the red carpet and serve dog bones. When Alicia's mother, Didi

earpet and serve dog bones. When Alicia's mother, Didi Silverstone, traveled cross-country last summer, she and her three dogs stayed mostly in more economical hotels.

"They didn't even ask how big the dogs were," Didi Silverstone said. "We had a wonderful time."

Across the country, an estimated 38,000 hotels, from the posh Regency Hotel on New York City's Park Avenue to rustic cabins at the Redwoods in Yosemite National Park, welcome dogs. According to the American Pet Products Manufacturers Association, more than 15 million Americans travel with their pets—a number that grows every year.

"We've seen an incredible

year. "We've seen an incredible transition in the last three or four years," said Tara Kain, author of the Dog Travel Guide at www dogfriendly.com, which provides details on hundreds of lotels, parks, beaches and attractions where dogs are welcome. "Places that once took only small dogs, or put people with dogs in smoking rooms, now take multiple dogs of up to 50 pounds. Some places really welcome dogs with a basket of welcome dogs with a basket of goodies, a pet menu for room service and bottled water."

It's a matter of meeting demand, said Steve Tempelman, owner of Take Your Pet, an online pet travel rour Pet, an online pet travel club at www.takeyourpet.com.
"Pets have become part of the family and people who are traveling for pleasure don't want to leave them at home. Hotels finally got smart and realized that."

But, before packing up the pooch, experts offer a series of

Unless the dog is small enough to fit under an airplane seat, leave it at home on vaca-tions where the rest of the fam-

tions where the rest of the family is flying.

Plan your trip carefully and call ahead to make sure hotel policies haven't changed before making reservations, Tempelman said. "We work very hard to keep our online information updated, but you need to call and talk to the front

desk to find out about that affect your specific the specific situation." Make sure the dog are up-to-date and carry priate documentation, hotels will require a her tificate detailing current

tificate detailing curren nations.

Pack carefully for t making sure to includ medications, bowls, lee crate, pooper scooper. Some hotels provide accessories but others d it's best to be prepared.

For the safety of both and canine passengers is

and canine passengers is dogs should be restraine either a safety harnes crate. "If you have an act the last thing you want dog flying around in the it's not safe for him and sad for you if he comes it's not safe for him and good for you if he comes over your seat." sale Vetere, managing direc APPMA and owner of pound golden retriever. are new restraints availab that attach to seat belts even lift smaller dogs uper an enjoy the views 100.

even lift smaller dogs up-can enjoy the views too."
Consider microchip id-cation that works arou world, whether the dog is ing a collar or not. "If 2,000 miles away and the gets pulled off, you don' want to think about how cult it could be to find dog," Vetere said, microchips, which are in into a dog's shoulder, a an identification numbe can be read with a specia can be read with a sp

trol, traveling with a careal pleasure, experinstance, planning a tacanine companio making stops every which also makes th

pleasant for people,
"Last summer, w
11,000 miles across t
with our daughter a with our daughter and
We stopped at parks in
towns or on the side
road, and we tried to fine
with playgrounds so on
could walk the dog wh
other watched Jodi burn
a little energy in the
ground."

In many ways, tre

In many ways, tra with a dog is like traveling a child, she said. "You I plan your trip knowin you'll be together the time, because you shouldn't leave a dog in.

### Cashlancing family and friends

"If you can't get

you may consider an intervention on the

part of a chaplain, counselor or clergy person."

LIFE DIVIAS

My husband spends much time with his ddies and leaves me Iddies and leaves me home to take care of row children. I work during the dly need him to help kids and share more usehold chores. He if I keep "nagging" going to file for a I certainly don't vorce, but I'm not at with the way things What should I do? ce

Project, start I knew years ago into similar situation, ng married around est, he found himself not the following the following

managing direction, authenticity fore booking at offers first timer to the history."

time and time again by his wife, the sailor decided one day to speak with a lawyer about getting a divorce.

day to speak with a lawyer about getting a divorce. Rather than encouraging the sailor to first consider counseling and eager to make some money on processing the case, the l a w y e r requested a down payment of \$1.500. The

through to your husband on your own, about a behavior you and most wives would find intolerable, then

ment of 181,500. The l a w y e r assured the sailor that his ability to have him access low child support and alimony payments by the court would more than make up for any and all legal fees involved.

When the s a i l o r informed me of his deci-

of his decision to divorce his wife, whom I had met earlier with him at a command function, I asked him to stop by my office to chat about this very important decision. When he said that I was wasting my time because he had already put out \$1,500 for a lawyer, I asked him if his entire life and happiness was

only worth that amount. He got the point and promised to stop by for a visit.

Prior to his appointment, I had a chance to speak with his wife to gain her perspective and ascertain what was going on in their relationship. When the sailor arrived and we discussed his six year mar-

arrived and we discussed his six year marriage, it became clear that, apart from his spending an inordinate amount of time with his friends and leaving his wife alone to take care of their daughter, they actually had a very good mar-

adughter, they actually had a very good marriage.
In the course of the counseling, I asked him, "What will you do when all your buddies remarry and their second wives will not allow them to go out with you like you've been going out on your wife these past months?" In addition to giving him a few things to think about, I also gave him the Marriage and Military Life inventory to take home and complete with his wife. I later learned they

stayed up that night completing and discussing the inventory statements until the early morning hours. When the sun rose, he decided that it was better to throw \$1,500 away than to give up two people who were worth far more. In time, he and his wife had two more children, and today, they have a very strong and loving marriage.

I share this story with you to illustrate how an intervention such as the one described above can have long-term consequences in our lives, and how many marital problems can be resolved with professional help.

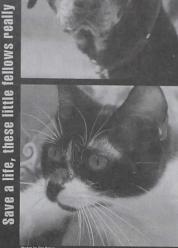
Consequently, if you can't get through to your husband on your own, about behavior you and most wives would find intolerable, then you may consider an intervention on the part of a chaplain, counselor or clergy person. Such a professional, particularly aided by the results of inventories such as Marriage and Military Life, can help you assess your strengths and weaknesses, appraise your expectations and assist you in making some critically important decisions about the future of your relationship.

Gene-Thomas Gomulka is the author of The Survival Guide for Marriage in the Military. If you have a question you would like answered, write Gomulka at letters@plaintec.net.

# Pets of the week



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