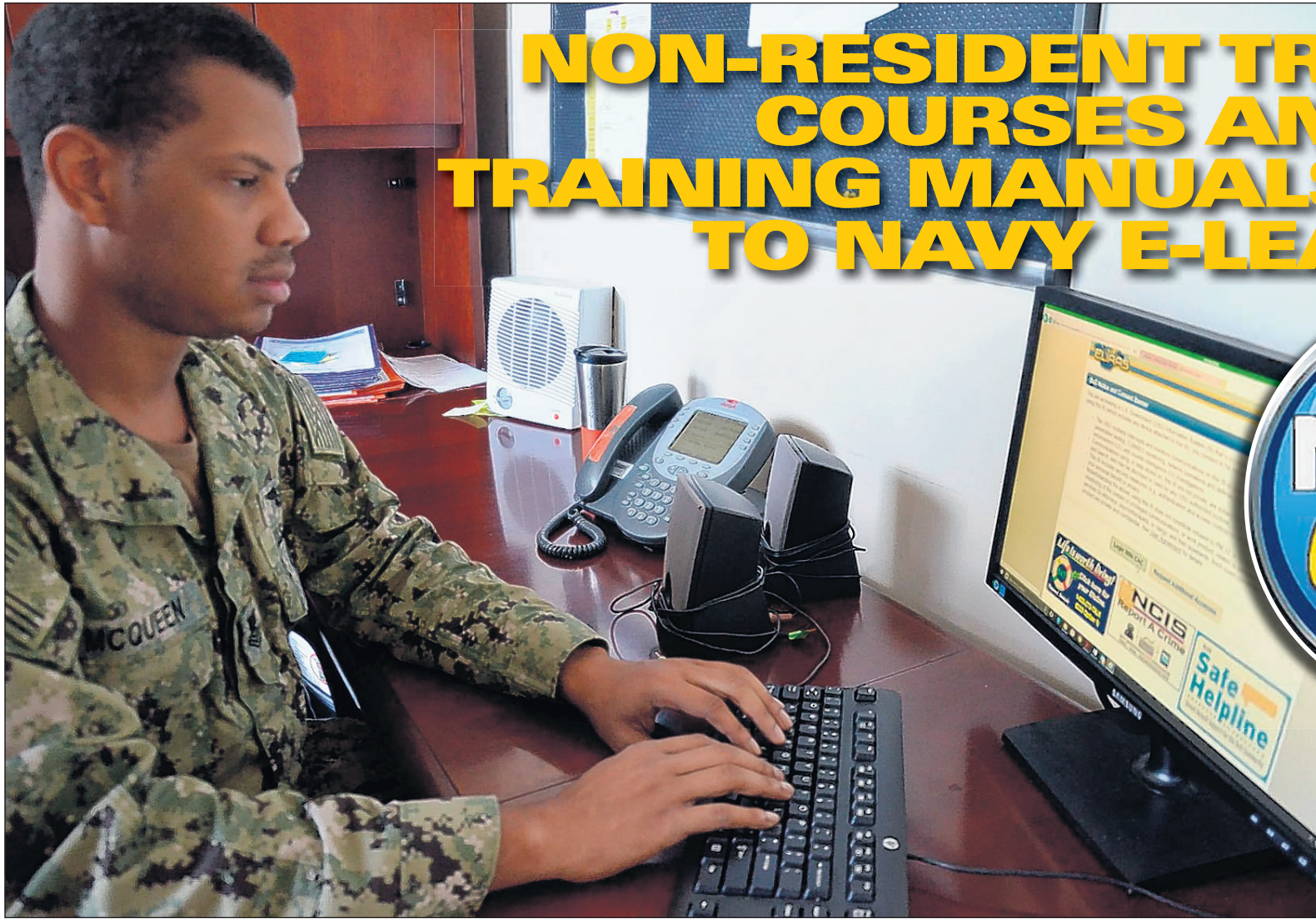


NON-RESIDENT TRAINING COURSES AND RATE TRAINING MANUALS MOVE TO NAVY E-LEARNING



Navy Counselor 1st Class Maurice McQueen, the Naval Air Station Pensacola Command Career Counselor, logs on to Navy e-Learning, the new home for Non-Resident Training Courses and Rate Training Manuals.

Bruce Cummins

By Ed Barker

Naval Education and Training Professional Development Center Public Affairs

PENSACOLA, FLA.

Beginning Oct. 1, Sailors will access Navy Non-Resident Training Courses (NRTC) and Rate Training Manuals (RTM) exclusively through the Navy e-Learning (NeL) and My Navy Portal (MNP) websites.

Used primarily to prepare for advancement exams or to expand

life-cycle rating knowledge, 159 NRTC and RTM self-study packages previously available through the netc.courses.navy.mil website will be moved to NeL. NeL and MNP both require a Common Access Card to browse or download.

“We’ve moved our entire course and manual library under the NeL umbrella, eliminating the need for Sailors to print and mail-in their completion data,” said Frank Topf, NRTC program manager for the Naval Education and Training

Command. “Instead of validating and recording everything manually, NeL will grade, offer certificates, and record completions automatically, entering them into a Sailor’s Electronic Training Jacket.”

Sailors will be able to download the materials for offline study or for review at home or while at-sea, but must have online connectivity in order to complete electronic assessments of NRTC or RTM materials. Formal course enrollment is required for assessments.

“Moving to the Navy’s NeL Learning Management System (LMS) will allow continuous improvements and also facilitate updates to NRTC and RTM content and assessments going forward,” said Hank Reeves, assistant program manager, Sea Warrior Systems/PMW-240.

For NRTC and RTM access through MNP (www.mnp.navy.mil), look under professional resources, then select Personnel Qualifications Standards. Down-

loadable .pdfs provide assessment questions similar to the course completion assessment format in NeL and allow Sailors to accomplish all learning/study offline if necessary, however, credit for NRTC/RTM completion can only be accomplished within NeL.

For access through NeL (<https://learning.nel.navy.mil>), select the course catalog tab near the top of the page, and within the Learning

» See **TRAINING** | A7



MC2 Michael R. Sanchez Air Force Gen. Terrence J. O’Shaughnessy, commander of U.S. Northern Command (NORTHCOM), speaks to Sailors and Marines utilizing the amphibious assault ship USS Kearsarge’s (LHD 3) announcement system. Kearsarge is currently positioned off the coast of North Carolina as part of the Department of Defense-wide response to areas affected by Hurricane Florence.

Department of Defense transitions assets in the Carolinas

From United States Northern Command Public Affairs

PETERSON AIR FORCE BASE, COLO.

In close coordination with Federal Emergency Management Agency and state officials, the Department of Defense is tailoring its forward force structure to meet the current needs of the Hurricane Florence response effort. DoD will be returning some personnel and capabilities to their home stations, allowing them to resume other DoD missions. However, these and other DoD units will be available to support, if needed.

DoD played an important role in the response to Hurricane Florence. This included a

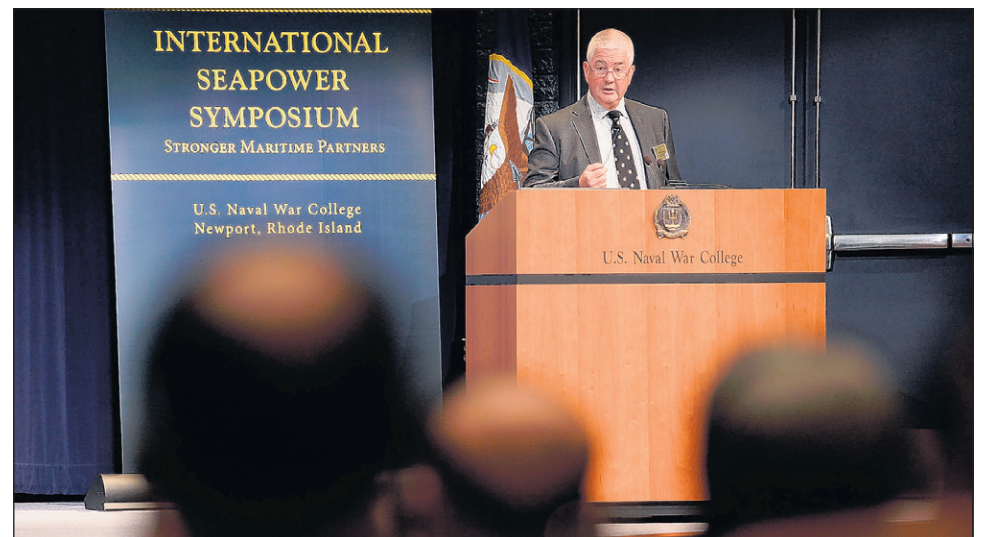
robust response from the National Guard, the U.S. Army Corps of Engineers, the Defense Logistics Agency and by local military installations. U.S. Northern Command served as the DoD synchronizer and brought additional DoD capabilities and capacity to the hurricane response efforts.

The overall response has exemplified how the National Response Framework is designed to work.

“There has been a strong local response from first responders all the way through to the state and their emergency operations centers. This is coupled with the strong National Guard support and the broader response from FEMA and DoD,” said Gen. Terrence O’Shaughnessy, Commander, North American Aerospace Defense Command and U.S. Northern Command.

Active-duty Soldiers, Sailors, Airmen and Marines, as well as those military assets not actively being employed in rescue operations, such as the Navy’s amphibious

» See **MOVED** | A7



MC1 Hueming Mui Chris Trelawny, special advisor to the Secretary-General of the International Maritime Organization, provides a “Cooperative Strategies” keynote address during the Chief of Naval Operations’ 22nd International Seapower Symposium (ISS) at U.S. Naval War College in Newport, Rhode Island.

Global leaders assemble at 23rd International Seapower Symposium

By MC2 Kristi Nanco
U.S. Naval War College Public Affairs

NEWPORT, R.I.

Military leaders from more than 100 nations converged to discuss cooperative strategies for enhancing global security, order and prosperity at the chief of naval operations’ (CNO) 23rd International Seapower Symposium (ISS) held at U.S. Naval War College (NWC), Sept. 18-21, 2018.

ISS is the world’s premier naval gathering, bringing together heads of services to bolster maritime security by discussing common challenges and shared opportunities.

CNO Adm. John Richardson and NWC President Rear Adm. Jeffrey Harley co-hosted the symposium, which included more than 90 heads of service and eight former NWC presidents. Keynote speakers

» See **ISS** | A7



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NAVY SCIENTISTS AND ENGINEERS INSPIRE FIFTH GRADERS AT 2018 NAS OCEANA AIR SHOW

Virginia Beach elementary students enjoyed STEM education at the Oceana Air Show. The program led education efforts through hands-on displays to fifth grade students throughout the air show.

» see **A4**



WREATH LAID

Under Secretary of the Navy Thomas Modly laid a wreath at the memorial for the Sailors and Marines killed and wounded during the Battle of Tarawa.

» see **B1**

HAMPTON HAUNTS

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» see **C1**

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Navy announces updates to Uniform Policies

From Chief of Naval Personnel Public Affairs

WASHINGTON

Navy announced updates to uniform policy, grooming standards and the launch of a uniform working group in NAVADMIN 233/18, Sept. 21.

Highlights of the changes include:

- Completion of fittings and wear tests for new, improved female officer and chief petty officer slacks and skirts, scheduled to be available for purchase by the end of 2018

- Announcement of the improved general safety boot (I Boot 4) with enhanced comfort and durability features, expected to be available for purchase in October 2018

- Commanding officer's (CO) approval for the wear of coyote brown ball cap with coveralls and flight suits

- CO authorization of command logos on t-shirts worn with Navy Working Uniform (NWU) Type I, II and III, coveralls and flight suits

- Fingernail grooming standards for men and women, including guidance on length, shape and color of nails

- Lock hairstyle standards for wear, size, length and guidance for wear in uniform

- Wear guidance and changes to the allowed material for rings and bracelets

- Announcement for Sailors assigned to Marine Corps units, who must now abide by Marine Corps grooming standards when wearing Marine Corps uniforms

- Authorization and wear guidance for the optional simultaneous wear of the Post-Tour Command at Sea and Command Ashore/Project Manager insignia

Navy has launched a uniform policy working group to provide



MC1 Ryan U. Kledzik
Ensign Paris Smith stands watch in the pilot house aboard the Arleigh Burke-class guided-missile destroyer USS Carney (DDG 64), Sept. 18, 2018. Carney, forward-deployed to Rota, Spain, is on its fifth patrol in the U.S. 6th Fleet area of operations in support of regional allies and partners as well as U.S. national security interests in Europe and Africa.

a forum for direct Fleet feedback on uniform wear and regulations. Commands interested in having a crew member participate in a future working group can submit a command endorsed request with the name, rank, rate and availability of the Sailor to the "Ask The Chiefs" email list at umo_cmc@navy.mil.

Sailors can provide feedback and recommendations on Navy uniforms and the Navy Uniform App at any time via the "Ask The Chiefs" email, on the Navy Uniform Matters Office website at www.npc.navy.mil, or a link available on the Uniform App.

Read NAVADMIN 233/18 in its

entirety for details and complete information on all of the announced uniform changes, updates and guidelines at www.npc.navy.mil.

For more news from Chief of Naval Personnel, visit www.navy.mil/local/cnp/.



Chief Gas Turbine Systems Technician (Mechanical) Dennis Mottley says goodbye to his family before departing Naval Station Norfolk aboard the guided-missile destroyer USS Mitscher (DDG 57). Mitscher departed Naval Station Norfolk for a scheduled deployment in support of ballistic missile defense to the Navy's 5th and 6th fleet areas of operation.

MC2 Justin Wolpert

Navy updates Post-9/11 GI Bill benefit transfer request process

From Chief of Naval Personnel Public Affairs

WASHINGTON

The Navy released a new electronic form for completing the Statement of Understanding (SOU) needed to submit Post-9/11 GI Bill Transfer of Education Benefits (TEB) requests, and a new policy allowing Purple Heart recipients to transfer education benefits, in NAVADMIN 236/18, Sept. 24.

Starting Oct. 1, Sailors will be able to complete the required SOU online via My Navy Portal, or the

My Education web site at <https://myeducation.netc.navy.mil/webta/home>, instead of the paper "page 13" that must be processed before submitting an initial TEB request.

Sailors should verify their current email information to ensure prompt feedback on TEB applications. After completing the SOU, Sailors will receive a link to the Defense Manpower Data Center (DMDC) milConnect portal where they can complete the application.

Sailors who are unable to complete the SOU or TEB application online may contact the Navy Per-

sonnel Command GI Bill Office (PERS-311) to request assistance with their application.

The new process does not impact Sailors who already have an approved TEB request in milConnect, or the process for adding a dependent or modifying benefits allocated to dependents on approved TEB requests.

The NAVADMIN also announced that Purple Heart recipients are immediately eligible to transfer their unused education benefits to their dependents, without the requirement for six years

of service and agreement to serve four additional years. Purple Heart recipients are also eligible if their total military service exceeds 16 years.

All other Sailors requesting transfer of education benefits must have served at least six years and have at least four years remaining on their service commitment, as outlined in NAVADMIN 170/18.

Effective July 12, 2019, any Sailor who has more than 16 years of total service will no longer be eligible to transfer education benefits to their dependents, unless they

are a Purple Heart recipient. Take action now to avoid losing this opportunity!

All Sailors who are or will be eligible to transfer their Post-9/11 GI Bill education benefits should discuss their options with their command career counselor.

For detailed information on transferring Post 9-11 GI Bill education benefits, read NAVADMIN 236/18 at www.npc.navy.mil.

To contact the NPC GI Bill office, visit <https://www.public.navy.mil/bupers-npc/career/education/gibill/pages/default.aspx>

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NEWS FROM NAS OCEANA

Virginia Beach key Influencers, Media fly with Blue Angels

By MCSN Mark Thomas Mahmood
NAS Oceana Public Affairs

VIRGINIA BEACH, VA.

Key influencers and media from the Virginia Beach area took flight with the U.S. Navy's flight demonstration squadron, the Blue Angels, Sept. 18 at Naval Air Station (NAS) Oceana.

Each year before the NAS Oceana Air Show, key influencers from the Virginia Beach City Public Schools system and a member of the local media are selected to take part in the Key Influencer/Media Rider event at NAS Oceana, where participants board one of the Blue Angels' F/A-18 Hornets for a demonstration of their tactical flight skills.

Jennifer Nannery, music specialist at Kempsville Elementary School, Jason Stanley, assistant principal at Landstown High School, and Cheryl Nelson, television host for Coast Live on WTKR News 3, were chosen by a selection committee to ride with the Blue Angels.

Stanley, who was selected as an alternate rider in 2017, said it felt great to finally be chosen for the event.

"I got a call last week telling me that I was going to be able to fly," said Stanley. "I was driving, and I drove all the way home with my jaw dropped. It was so surreal."

Stanley said being chosen for this event was not only important for him, but also for the school students he works with every day.

"I work with a lot of students who are in a tough spot," said Stanley. "They come to me dealing with different things, and at that point, it's my job to make them feel like they're worth something. Me being able to be a part of something like this shows them that they can also do great things by being a regular, everyday person."

Nannery, who regularly attends the NAS Oceana Air Show as a chaperone for her school, spoke about the students' reactions to participating in the annual STEM (science, technology, engineering and math) Lab Learning Day and seeing the



Cheryl Nelson, Coast Live television host, sits in the back seat of a F/A-18 Hornet assigned to the U.S. Navy's flight demonstration squadron, the Blue Angels, during the Key Influencer/Media Rider event on board Naval Air Station Oceana. A selection committee chose two key influencers from Virginia Beach City Public Schools system and one member of the local media to participate in the event.

air performances.

"I love the looks on the childrens' faces," said Nannery. "They are in awe of what the Blue Angels can do. There are so many kids who would've never had the opportunity to go and see such a spectacular event."

All three riders spent approximately 45 minutes in flight with Blue Angels #7, Lt. Cmdr. Andre Webb, performing show maneuvers and experiencing what a pilot feels while flying the F/A-18 Hornet.

Nelson, who was the last of the three riders to fly, said flying with Webb was the ride of a lifetime and now knows what pilots experience when performing flight operations in the U.S. Navy.

"Now I know what fighter pilots go through, what they

experience, what they feel," said Nelson. "They handle it so nonchalantly because they're so used to it. They are amazing. I really give a lot of props to them for being able to do what they do while serving our country and protecting the United States."

After his flight, Stanley said he hopes his students can look at his experience as an example of what they can achieve.

"Last night, I bought a miniature Blue Angels jet to put on my desk," said Stanley. "For those kids who come in having a difficult day, I'm going to use this opportunity to remind them that it doesn't matter who you are or where you come from. You can still have great experiences in life and continue to push forward."





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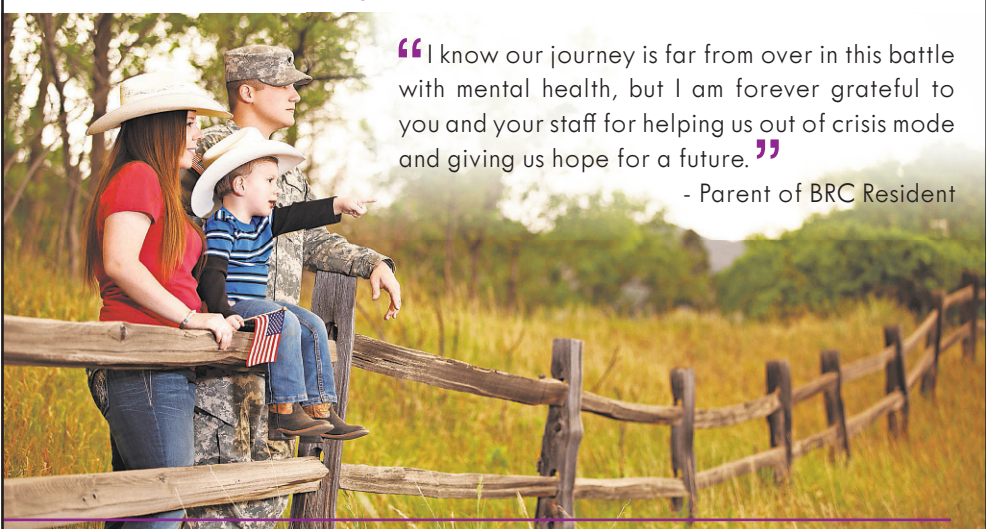







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U.S. Navy photo

The combined science, technology, engineering and mathematics (STEM) team from Naval Surface Warfare Center Dahlgren Division, NSWCDD Dam Neck Activity, and Dahlgren's Sly Fox program led education efforts through hands-on STEM displays to fifth grade Virginia Beach elementary school students at the annual NAS Oceana Air Show.

Navy Scientists and Engineers inspire fifth graders at 2018 NAS Oceana Air Show

By Joe Navratil

NSWC Dahlgren Division Dam Neck Activity Public Affairs

VIRGINIA BEACH, VA.

Hundreds of fifth-grade Virginia Beach elementary school students learned more about science, technology, engineering and mathematics (STEM) through fun hands-on displays at the annual Naval Air Station (NAS) Oceana Air Show, Sept. 21.

Navy civilian scientists and engineers from Naval Surface Warfare Center Dahlgren Division (NSWCDD), NSWCDD Dam Neck Activity, and Dahlgren's Sly Fox program engaged the students with robots, liquid nitrogen, unmanned vehicles, slime, and more.

"The goal of our STEM displays is to get kids to understand what the Navy does in science, technology, engineering, and math fields," said Corey Guilbault, NSWCDD Dam Neck Activity's STEM lead. "We need diversity in our STEM fields and this is an important way to help with that."

Guilbault and his STEM team have been

mentoring students at eight to 10 local elementary schools each year. They hope to increase their visits to 20 schools in 2019.

The NAS Oceana Air Show featured the Navy's Blue Angels and many current and classic airplanes performing aerial maneuvers for thousands of guests, but the STEM displays may have been the most popular for the schoolchildren.

The most popular of the STEM displays? "Slime," said Guilbault. "Always the slime."

Lauren Sencio, NSWCDD Dam Neck Activity's STEM Air Show coordinator, agreed. "Slime. And robots."

Among the many displays put on by the team of 30 civilian personnel were puzzles, liquid nitrogen, optic lenses, pulley demonstrations, static electricity and unmanned ground vehicles.

"In every display, our team talks with the kids and gets them to realize what engineering is," said Sencio. "In my case, they get to see that I'm a woman and an engineer and they put a face to what a woman engineer looks like. The girls realize that they can be

one too."

Sencio began planning for the STEM display at the NAS Oceana Air Show six months in advance and finalized displays two months ago.

Dahlgren's Sly Fox team brought their unmanned vehicles and other hands-on displays that were popular with many schoolchildren. Their tablet-based system enables automated ship maneuver recommendations to hopefully avoid future collisions that recently resulted in loss of life and extensive damage to several Navy ships.

What's more, students enjoyed the opportunity to remotely-control a swarming unmanned vehicle system. "We develop networked unmanned systems to search and identify possible targets that could be a threat," said Kevin Cogley, Sly Fox's process mentor, who brought the unmanned system to the show.

"Getting the chance to get fifth-grade students excited about STEM careers in the Navy, both in uniform and as civilians, is critical to our nation's future," said Cmdr. Andrew Hoffman, NSWCDD Dam Neck Activity's commanding officer. "We need to inspire some of them toward a career in the sciences and this is always an important way to do that. As the Navy's only research and development lab in Hampton Roads, we have a special obligation to be a bridge to the amazing opportunities the Navy provides."

“The goal of our STEM displays is to get kids to understand what the Navy does in science, technology, engineering, and math fields. We need diversity in our STEM fields and this is an important way to help with that.”

Corey Guilbault, NSWCDD Dam Neck Activity's STEM lead

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Quartermaster Seaman Donovan Smith lowers the United States flag from the bridge wing of amphibious transport dock ship USS Arlington (LPD 24).



Jacqueline Gates, from the USS George H.W. Bush (CVN-77) re-enlisted today aboard the USS Wisconsin (BB-64).



Seaman Brinio Urena mans the helm of the Arleigh Burke-class guided-missile destroyer USS Carney (DDG 64).



See more of this week's deployment photos & submit your own!

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MC2 Lyle Wilkie

The San Antonio-class amphibious transport dock ship USS New York (LPD 21) transits the Mediterranean Sea June 16, 2018. New York, homeported in Mayport, Florida, is conducting naval operations in the U.S. 6th Fleet area of operations in support of U.S. national security interests in Europe and Africa.

USS NEW YORK VISITS NAMESAKE

By MC2 Lyle Wilkie
USS New York Public Affairs

NEW YORK

The amphibious transport dock ship USS New York (LPD 21) arrived in New York City today for a namesake port visit, Sept. 21.

The ship and its crew have not visited New York City in nearly two years. For many of the crew members, this will be more than a visit to the ship's namesake. Some of the 350 Sailors aboard are returning home for the first time since they joined the ship's crew.

"Having a port visit to New York as a city native, while also being stationed on the New York, is truly a once in a lifetime experience,"

said Yeoman Seaman Odera Obikwelu.

"This moment is a dream for New Yorkers in the Navy and I'm overjoyed to make that dream become a reality. I plan on showing my friends and family where the spirit of the Twin Towers resides and also letting them know that we are upholding its legacy with honor and dignity."

The New York crew is planning to visit with Navy Junior Reserve Officer Training Corps Cadets at Curtis High School in Staten Island. They will also be taking part in tours of the 9/11 memorial sites alongside gold star families and survivors of the attacks on the World Trade Center. The Sailors and Marines will also have a chance to give back to the

community by assisting with a food drive hosted by Project Hospitality.

In addition to the scheduled events around the city, the New York City Navy League will host a dinner to congratulate the Senior Sailors, Junior Sailors and Blue Jackets of the Year and quarter for their hard work and accomplishments aboard the ship.

"It is always great when you can bring a ship home to its namesake city," said Commanding Officer of the USS New York, Capt. Brent DeVore. "I am very excited to be able to share the ship and its crew with the people of New York."

USS New York is an amphibious transport dock ship homeported in Mayport, Fla. It was

christened March 1, 2008 by Dotty England, wife of Deputy Defense Secretary Gordon R. England, and placed into commission Nov. 7, 2009. The ship incorporates advanced performance and warfighting technologies that enhance the fleet's operational flexibility with the ability to deploy landing force vehicles, equipment, and Marines in support of expeditionary warfare missions.

New York's bow stem contains 7.5 tons of steel from the wreckage of the World Trade Center that serves as a constant reminder of the ship's motto, "Strength Forged Through Sacrifice...Never Forget."

For more USS New York news, visit www.facebook.com/ussnewyork.

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U.S. Navy Combat Camera legacy honored during bicoastal disestablishment ceremonies

By **Cmdr. Cate Cook**

Navy Expeditionary Combat Command Public Affairs

NORFOLK

Ceremonies recognizing the disestablishment of the Navy's two combat camera units were held in Norfolk, Virginia and San Diego, California Sept. 21.

After 67 years of service, both Expeditionary Combat Camera (ECC) and Fleet Combat Camera Pacific (FCCP) officially disestablish Oct. 1, 2018 as part of an overall cost savings measure.

The commemorative events honored the legacy of Navy combat camera as well as the past and present contributions of Sailors who served as part of combat camera units.

Since 1951, combat camera Sailors have recorded historical events from the land, air and sea, providing images and video spanning from the Korean War to Operation Enduring Freedom. The ceremonies commemorated their accomplishments and duties of documenting U.S. military operations around the world.

"As a nation, we've reveled in the stories revealed through the use of combat camera imagery. To those who lived it ... your legacy will live on, so take comfort in knowing that you were part of something much bigger than yourselves," said FCCP's final Commanding Officer Cmdr. Doug Houser during the San Diego ceremony.

"All of those who have served at combat camera have conveyed everything they've had to give, creative vision, a drive to excel, and a willingness to sacrifice. Many have done the best work of their careers here, and that imagery has made a legacy that will live on, and inspire us to carry on," said ECC's final Officer in Charge Lt. Michael Larson during the Norfolk ceremony.

Navy combat photography began its roots during World War I when the Navy organized its first photographic division to capture aerial reconnaissance photographs. During World War II, the Navy added Combat Photographic Units and sent them to the Pacific and European theaters of war to document major campaigns including Normandy and Iwo Jima. After the onset of the Korean War, the Navy established the Pacific Fleet Combat Camera unit, and subsequently established the Atlantic Fleet Motion Picture Unit, which would become Atlantic Fleet Combat Camera Group in 1966, and eventually Expeditionary Combat Camera in 2010.

"There was an expectation for every Sailor who was assigned to combat camera to do their absolute best," said retired Senior Chief Petty Officer Daniel Smith, who served at FCCP for more than 30 years in both active duty and civil service roles. "We owe that to ourselves and to the legacy



MC1 Darren Moore

U.S. Navy Acting Chief of Information Capt. Gregory L. Hicks, right, delivers remarks as the keynote speaker during the Expeditionary Combat Camera disestablishment ceremony aboard Naval Station Norfolk, Sept. 21.

of those who've come before us, and we had an excellent legacy. We were devoted not only to our craft, but a deep belief in each other; that is what made combat camera great!"

Through the decades, as technology and training evolved, combat camera Sailors were able to fully embed with both conventional and special operations forces. Sailors deployed in small teams and documented missions in the maritime environment and on the ground throughout the geographic combatant commands around the globe.

"So while we move on from a fine legacy, let's not forget that we all have a continuing duty to those still in the fight, to teach and mentor from our seabag of experiences and knowledge. And if we do that, Navy combat camera will forever remain relevant," said retired Chief Photographer's Mate Johnny Bivera, who served two tours as a combat cameraman.

Nearly 200 former combat camera personnel attended the ceremonies serving as a visual reminder of the strong bond and association shared between the men and women who served as part of the units. During the bicoastal ceremonies, the combat camera veterans in attendance were asked to stand and be recognized. As the veterans stood, the end of Expeditionary Combat Camera and Fleet Combat Camera Pacific were officially marked when the final combat camera active duty Sailors were dismissed from formation and directed to join the ranks of their fellow veterans.

Rear Adm. Robert Durand, the Navy's vice chief of information, emphasized the importance of the mission over the past 67 years, and offered a strong piece of advice on the way ahead for the community.

"As America's primary forward-deployed force, our Navy is continually at Phase 0 of combat operations, where images have the power to assure our allies and deter potential ad-



MC3 Lisa Reese

Command Senior Chief Herbert Banks, Jr., ECC's senior enlisted advisor, right, reports the securing of the watch for Expeditionary Combat Camera (ECC) to Officer in Charge Lt. Michael L. Larson, during their disestablishment ceremony aboard Naval Station Norfolk.

versaries," said Durand. "If we are to answer the CNO's call to perform at or near our theoretical limits, the competence, character, and can-do spirit of combat camera must live on in every Navy photographer."

Capt. Gregory Hicks, Navy's acting chief of information, emphasized the pride that all combat camera members past and present should have for their contributions to the Navy and history.

"Visual storytelling, the type that this organization pioneered for our military, is a critical instrument in our communications toolkit that we will need for years to come to help us feed that demand signal."

He concluded with a final request of each of the members of the unit.

"I have one ask to each of you: Never stop teaching. You are all, in some ways, the last of the breed. You've learned incredible ways to document and tell our Navy story visually...through dynamic and captivating content," said Hicks. "Continue to teach and mentor from your experience, I cannot overstate the importance of this task."

Expeditionary Combat Camera's legacy video may be viewed at: <https://www.youtube.com/watch?v=8074WlcZTPM>

Fallen remembered with dedication of JEBLCFS' Heroes Circle Nature Trail

By **MC2 Tamara Vaughn**

Navy Public Affairs Support Element East

VIRGINIA BEACH, VA.

More than 200 Sailors, Gold Star families and friends gather on Sept. 11, for the ribbon cutting and dedication ceremony of the Heroes Circle Nature Trail, on the Joint Expeditionary Base Little Creek-Fort Story (JEBLCFS).

"We take time to reflect on the tragic events that took place on September 11, 2001 and honor and memorialize the sacrifices of the men and women who gave their lives during 9/11, while serving and defending our freedom and way of life," said Capt. Joey Frantzen, commander Joint Expeditionary Base

Little Creek-Fort Story.

Guest speaker and former Sailor Congressman Scott Taylor, Second Congressional District of Virginia attended the dedication ceremony, which was held in conjunction with the 17th Anniversary of September 11th.

"It was a small moment for us but with a big meaning," said Taylor. "Just a few weeks ago I stood with tears in my eyes at the site of the twin towers overlooking the continuous waterfall of the 9/11 memorial with my young son. He is too young now, but I want him to know how the world changed our lives forever that day."

The trail features plaques every eight feet on either side of the trail as a visual reminder

of the heroism honoring each of the 83 service men and women who lost their lives in combat, military training or service-related deaths since 9/11.

Taylor reflected on his memories of 9/11, and gave ceremony attendees a snapshot of his time in the Navy and those he served alongside.

As a Sailor who served right here on this base I served with many of these men," said Taylor. "My thoughts still remain lucid when I think about fighting through 'Hell Week' right alongside them. Now we gather to pay tribute, to unveil and to dedicate this trail of heroes. We do so, not simply for them but also for us."

A highlight of the ceremony was the JEBLCFS-area chief petty officer selectees who contributed to the ceremony by stating each victim's name while ringing a bell in his or her memory.

The conclusion of the ceremony was marked by a 21-gun salute accompanied by Taps played by Fleet Forces Band and the singing of "God Bless America" by the attendees.

"We can only attempt to understand the gravity of the pain and loss of the families," said Frantzen. "Their legacy lives on through this living land mark. That's why we are here to reflect. To reflect on their tragic loss of life inflicted on our country through the 9/11 terrorist attack."

After the ceremony, guests were invited to enjoy the scenic memorial formerly known as the Circle H Nature Trail, which runs through 24 acres of lush forest and freshwater marsh situated on the Little Creek side of the base.

"We are privileged to have a trail with so much meaning," said Jenifer Williams. "We thank those who have put in the time and effort into making this trail a success so the community can enjoy it for recreational purposes, while recognizing and remembering those impacted by the 9/11 tragic events."

For more news from Navy Public Affairs Support Element, visit www.navy.mil/local/npasehq/.

USS George H.W. Bush mourns the loss of Airman Apprentice

From **Commander, Naval Air Force Atlantic Public Affairs**

NORFOLK

On Monday, Sept. 17, Airman Apprentice Joseph Min Naglak lost his life aboard the aircraft carrier USS George H.W. Bush (CVN 77) when he was struck by the turning propeller of an E-2C Hawkeye after securing the aircraft to the flight deck.

Naglak, who enlisted in the Navy in his home state of New Jersey in April 2017, was an Aviation Boatswain's Mate (Handling) Airman Apprentice. He reported to the ship four months later upon completion of his training in Pensacola, Florida.

The loss of a shipmate is a heartbreaking experience for a crew of a Naval vessel and

those aboard USS George H.W. Bush will mourn Naglak's passing and remember him always for his devoted service and sacrifice to our Nation.

The cause of the mishap remains under investigation. USS George H.W. Bush has resumed flight operations and remains underway at sea to complete naval pilot aircraft carrier qualifications.

If you have questions, please contact CDR Dave Hecht, the Public Affairs Officer for Commander, Naval Air Force Atlantic at (757) 836-4375 or by email at Richard.d.hecht@navy.mil.



An undated file photo of Airman Apprentice Joseph Min Naglak provided by his family.

U.S. Navy Photo

MOVED | Assets transitioned in Carolinas

Continued from A1

readiness group, with Marines embarked from the 22nd Marine Expeditionary Unit, are positioning back to their home stations where they will continue preparation for their upcoming deployments and other military operations. Many of the service members who are returning from being positioned to support hurricane operations live in communities affected by the storm and will now be able to return to their communities and continue assisting with recovery and clean-up locally.



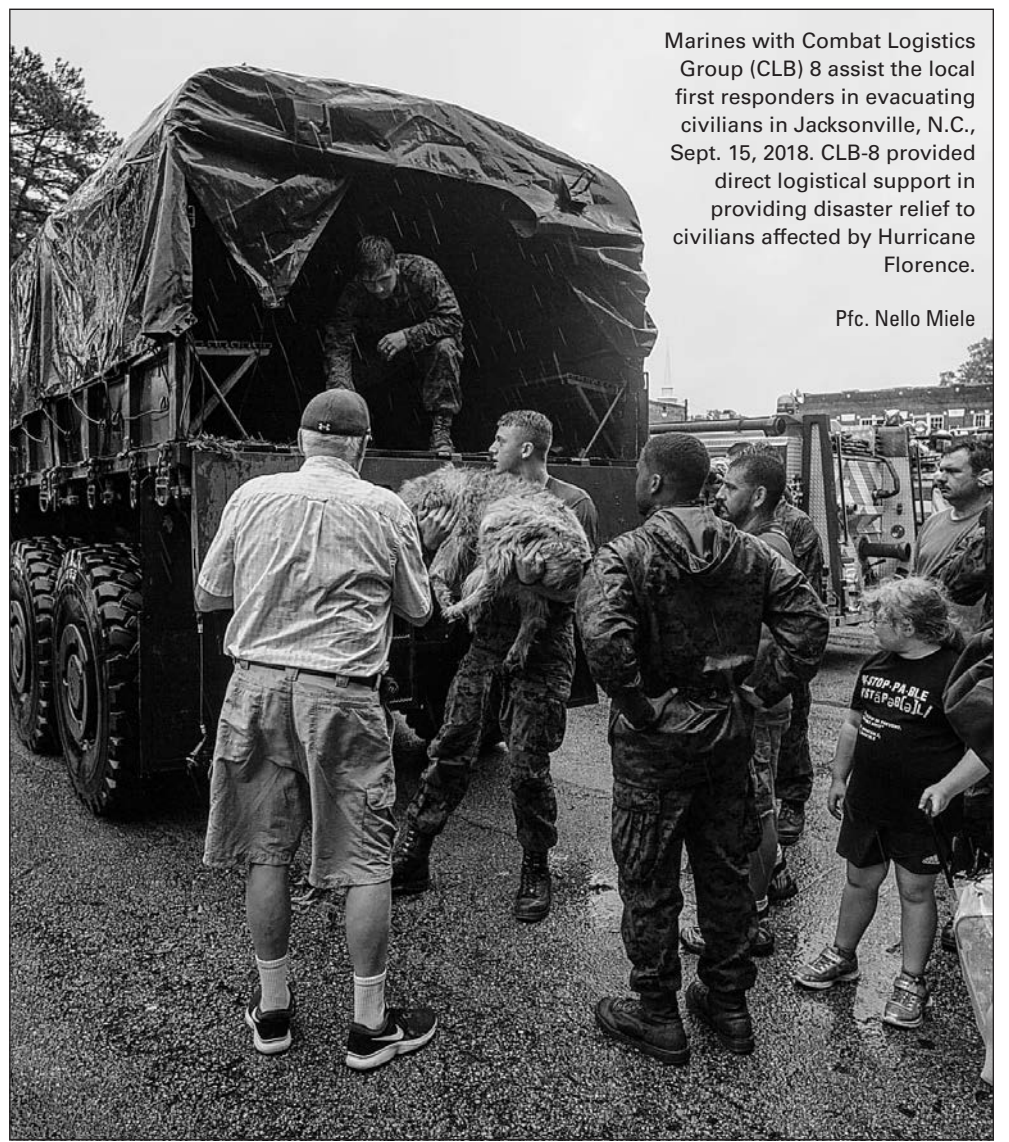
MC2 Ryre Arciaga

The Wasp-class amphibious assault ship USS Kearsarge (LHD 3) and the amphibious transport dock ship USS Arlington (LPD 24) transit off the coast of North Carolina. U.S. Naval Forces Northern Command deployed Kearsarge, along with embarked elements of the 22nd Marine Expeditionary Unit and the Expeditionary Strike Group 2 command element, to be positioned to provide Defense Support to Civil Authorities from the sea in response to Hurricane Florence, should support be requested.

While USNORTHCOM's number one priority is homeland defense, helping Americans in their greatest time of need will always be a sacred responsibility. We are members of the affected communities and are proud to be part of the response efforts.

For more information about NORAD, refer to <http://www.norad.mil/>.

For more information about USNORTHCOM, refer to <http://www.northcom.mil/>.



Marines with Combat Logistics Group (CLB) 8 assist the local first responders in evacuating civilians in Jacksonville, N.C., Sept. 15, 2018. CLB-8 provided direct logistical support in providing disaster relief to civilians affected by Hurricane Florence.

Pfc. Nello Miele

TRAINING | Manuals move to E-learning

Continued from A1

Category, select "What's New." NRTC and RTMs are segmented by chapter, and Sailors can choose to either save or launch the chapter. After each chapter is launched and completed, the subsequent assessment is available. All NRTC/RTM individual assessments within each chapter must be accomplished in this manner to record completion.

The enrollment of NRTC courses in the LMS should be a user-friendly process. Through Oct. 31, Sailors with questions about the new NRTC/RTM enrollment, download,

or assessment process can contact the NRTC Help Desk at 877-838-1659 and select option 5 or submit a ticket at

<http://supportsystem.livehelpnow.net?cid=30432>. After Oct. 1, any questions for enrollment through NeL can contact My Navy Career Center (MNCC) Help Desk via MNP at 833-330-MNCC (833-330-6662) or askmncc@navy.mil. Frank Topf is the POC for any concerns about the program and can be reached at frank.topf@navy.mil or 757-492-9002.

An additional program — Navy Credentialing Opportunities On-Line (Navy COOL), provides information about licenses and certifications applicable to all Navy occupations, offering resources and funding to help Sailors gain appropriate civilian desired, and in many cases required, credentials.

For more information about Navy COOL, visit <http://www.cool.navy.mil/> or call 850-452-6683.

Get the latest information by following Navy Voluntary Education on Facebook: <https://www.facebook.com/NavyVoluntaryEducation/>.

The NRTC/RTM migration to NeL is part of the Manpower, Personnel, Training

and Education (MPT&E) Transformation, a modernization effort that will overhaul the way human resources (HR) services are provided to all Sailors, their families, and future recruits. Over the next several years, the transformation will change how services are offered throughout a Sailor's entire "Hire-to-Retire" life cycle, by streamlining processes and systems to improve the speed, accuracy, and quality of HR services.

Additional information about the Naval Education and Training Professional Development Center can be found via <https://www.netc.navy.mil/netc/netpdc/Default.htm>.

ISS | Global leaders meet

Continued from A1

included Secretary of Defense James Mattis; Secretary of the Navy Richard V. Spencer; retired Adm. Timothy J. Keating; and Peter W. Singer, strategist and senior fellow at New America.

"We seek a true partnership based upon the concept of shared risks producing shared rewards," said Spencer. "A partnership in which no single nation is the expert, and the ability to lead resides within all of us. When we work together this way, we can produce an equation where 1+1 = 3, and everyone benefits."

Panelists and speakers of ISS frequently expressed a shared goal to improve interoperability among the world's navies, based on the principle that "we are stronger together." Working together in exercises, joint deployments, personnel exchanges, attending each other's schools, and gathering at events like ISS enhances mutual security, protects the rules-based order that benefits all nations, and contributes to global prosperity.

In a crisis, the ability to quickly assemble relies on these pre-existing bonds between navies as nations embark on missions that matter to security, order and economic prosperity.

"Every day, our allies and partners join us in defending freedom, deterring war and maintaining the rules which underwrite a free

and open international order," said Spencer.

Oceans that once were the physical and psychological barriers that kept nations apart are now the maritime superhighways that bring nations together. Strong maritime forces are uniquely suited to help manage the increasing pace and complexity of change, by virtue of the uniquely productive relationships that are possible, and by virtue of strong history and advocacy for behavior in accordance with a well understood and agreed-to set of rules.

"ISS-23 is a manifestation of this desire to strengthen the bonds of trust and confidence among partners, and to explore new opportunities on which we can collaborate and from which we can learn," said Richardson. "Make no mistake, this desire to sail together in support of our fellow citizens — regardless of the winds, waves and weather around us — is the current that has drawn us here to Newport."

"The more we cooperate, the better we would be able to provide presence globally and around the clock," said Keating, one of the keynote speakers. He continued his address by saying secure communication is essential to effective maritime strategy.

Panel discussions, presentations and one-on-one conversations by the delegates concerned common issues of the maritime domain such as combined operations, communication at sea, drug trafficking, piracy, smuggling, natural disaster relief and methods of securing free and open ocean spaces.

During his remarks, Singer suggested that

in order to maintain peace, flexibility and consciousness, it's necessary to understand the changes occurring on the water and in the world. It is paramount to the future of not just maritime warfare but also to national policy.

Indian navy Chief of the Naval Staff and Chairman of the Chiefs of Staff Committee Adm. Sunil Lanba recommended during a panel on defense of the maritime commons "mutual trust" as an important attribute that should be included in the foundation of all present and future collaboration.

Sally Yozell, environmental security director for the Stimson Center, illustrated the impact of illicit networks on both natural resources and larger geopolitical relationships.

"The full extent of illegal, unregulated and unreported (IUU) fishing goes far beyond the environment," said Yozell. "It threatens the economic and food security of communities dependent on fisheries. It has even been linked to increasing geopolitical tensions in the South China Sea, piracy off the Horn of Africa and the drug trade in Latin America. IUU fishing often uses the same networks as other transnational organized crime who are engaged in selling black market goods. We need to take a regional approach and to share intelligence across navies and coast guards to combat these illicit networks."

Four U.S. ships were present for ISS: the amphibious transport dock USS New York (LPD 21), the guided-missile destroyer USS Lassen (DDG 82), the expeditionary fast

transport USNS City of Bismarck (T-EPF-9), and the U.S. Coast Guard Cutter Lawrence Lawson (WPC 1120). Delegates and their spouses had the opportunity to tour the ships, fostering good relationships and shared experiences for the mariners in attendance.

During his remarks, the CNO explained the importance and necessity behind maritime collaboration among allies and partners which secures the vital sea lanes that underpin global commerce.

The biennial ISS was first held in 1969 in Newport and was designed to allow naval leaders from around the world to meet and discuss common issues they faced, how to address these issues, and ultimately find solutions for them. Previous years' symposiums have resulted in enhanced cooperation in countering piracy, providing disaster relief and humanitarian assistance, coordinating search and rescue at sea (including submarine rescue), and countering arms, drug and human trafficking as well as fishery and pollution violations.

Established in 1884, NWC is the oldest institution of its kind in the world. More than 50,000 students have graduated since its first class of nine students in 1885. Approximately 300 of today's active-duty admirals, generals and senior executive service leaders are alumni.

For more news from Naval War College, visit www.navy.mil/local/nwc/.

Iceland dignitaries embark Truman

By MC2 Thomas Gooley

USS Harry S. Truman (CVN 75) Public Affairs

NORTH ATLANTIC

The Icelandic Minister of Foreign Affairs, Gudlaugur Thor Thordarson, and ambassadors from Canada, Germany and the United Kingdom traveled aboard USS Harry S. Truman (CVN 75) Sept. 19 to observe operations and meet with command leaders and Sailors.

Canadian Ambassador Anne Tamara Lorre, German Ambassador Herbert Beck, and British Ambassador Michael Nevin were joined by U.S. Chargé D'affaires to Iceland Jill Esposito and five members of the Icelandic parliament for the embark.

"We were honored to host a delegation from the Icelandic government aboard Harry S. Truman (CVN 75)," said Commander, Carrier Strike Group (CSG) 8, Rear Adm. Gene Black. "We value the opportunity to engage with leaders from an old and trusted ally — a NATO charter member — and showcase the flexible warfighting capability that a

carrier strike group brings to bear in support of our common interests.

For more than 70 years, the U.S. and European allies and partners have advanced freedom, openness, peace and prosperity around the world. USS Harry S. Truman Carrier Strike Group's presence secures vital European sea lanes that underpin global commerce and prosperity.

"As one of the founding members of NATO, we have a strong connection and commitment to our allies," Minister Thordarson said. "We are a non-military member of NATO, but we participate in traditional defense activities. So this was a great opportunity."

Minister Thordarson added Iceland and its NATO partners are committed to working together and ready to adapt to new challenges.

"No doubt — history has shown the importance of NATO," exclaimed Minister Thordarson. "And history will continue to show it is equally as important now as it will be in the future."

Currently operating in the U.S. Sixth Fleet



MC2 Thomas Gooley

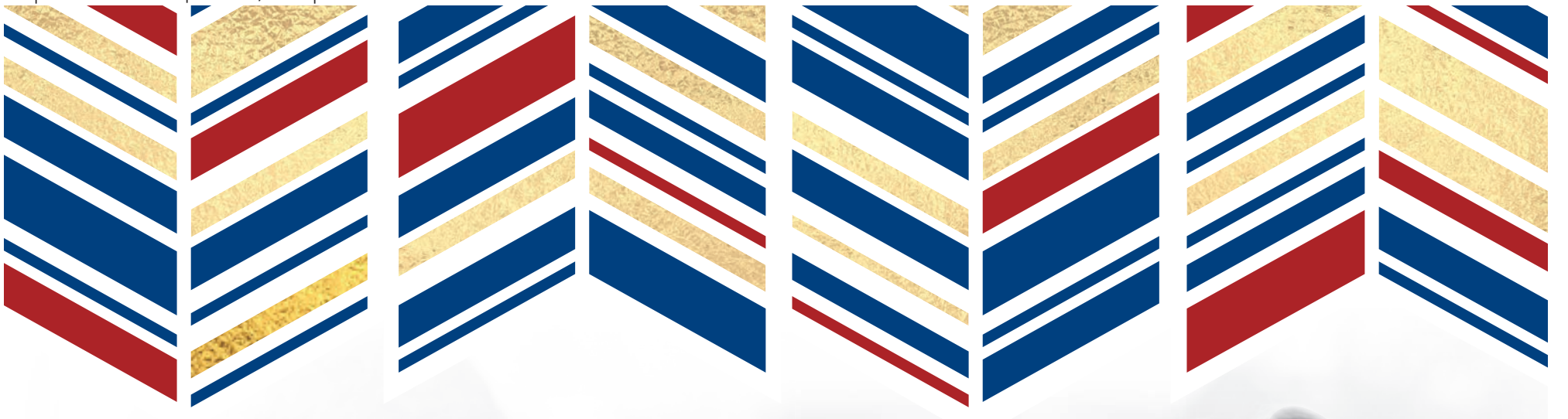
The Icelandic Minister for Foreign Affairs, Gudlaugur Thor Thordarson, and ambassadors from Canada, Germany and the United Kingdom traveled aboard the Nimitz-class aircraft carrier USS Harry S. Truman (CVN 75) to observe operations and meet with command leaders and Sailors, Sept. 19, 2018.

area of operations, Harry S. Truman will continue to foster cooperation with regional allies and partners, strengthen regional stability, and remain vigilant, agile and dynamic.

For more information, visit <http://www.navy.mil/>

www.navy.mil/

For more news from USS Harry S. Truman (CVN 75), visit <http://www.navy.mil/local/cvn75/>



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» See B6

SECTION B | FLAGSHIPNEWS.COM | 09.27.18



USS CONSTITUTION HONORS GOLD STAR FAMILIES AND STATE EDUCATORS WITH UNDERWAY DEMONSTRATION

Seaman Tiana Coots

USS Constitution fires a 21-gun salute during 'Old Ironsides' underway honoring Gold Star Families and state educators. The crew of USS Constitution hosted Gold Star Families and state educators as a thank you for their tremendous support of the U.S. Armed Services, Veterans, and the Nation.



MC1 Joshua Hammond

Seaman Taylor Ruggle, assigned to USS Constitution, helps to fold the national ensign during an underway demonstration.

By MC3 Casey Scoular
USS Constitution Public Affairs

BOSTON

USS Constitution and her crew got underway from the ship's berth in Charlestown, Massachusetts, Sept. 21 to honor Gold Star Families and State Educators.

In coordination with Naval History and Heritage Command and USS Constitution Museum, the crew of USS Constitution hosted Gold Star Families and State Educators as a thank you for their tremendous support

of the U.S. Armed Services, Veterans and the Nation.

Slipping her berth at 10:00 a.m. with 344 guests, Constitution navigated down the Charles River Basin out to Boston's Inner Harbor.

"I think it's a real honor that USS Constitution dedicated an entire underway to our organization," said Karen Lounsbury, President of the Boston Chapter of American Gold Star Mothers, Inc. "I think it's an honor and a privilege to work with the Navy and know that our children are not forgotten.

Our biggest disappointment with being Gold Star Mothers is figuring out that life goes on without our children and then people forget their sacrifices. To have the Navy open up Constitution and dedicate the day is an honor and a privilege because it lets us know that the Navy hasn't forgotten."

Constitution fired a 21-gun salute which was returned by the 101st Field Artillery Unit of the Massachusetts National Guard near Fort Independence on Castle Island. Fort Independence is a Massachusetts Department of Conservation and Recreation

site that served as a defensive position for Boston Harbor from 1634 to 1962.

"This has been an unbelievable experience," said Garcia Dalzon, a 9th grade history teacher at East Boston High School. "To be aboard Constitution, a vessel that was created to protect us as a nation, I think was important. Being able to see where the Sailors stayed during the War of 1812 and how the ship is actually run was exciting. What I teach my students about USS Constitution is in a book. They might see something like

» See **DEMONSTRATION** | B7

Under Secretary of the Navy Modly lays wreath for Sailors, Marines in Tarawa

From the Office of the Navy Chief of Information

TARAWA, KIRIBATI

On a multi-nation visit to the Oceania region, Under Secretary of the Navy Thomas Modly laid a wreath at the memorial for the Sailors and Marines killed and wounded during the Battle of Tarawa.

"Those who fell here were part of a long heroic campaign 75 years ago. They gave their lives for freedom, for liberty in this place, and all around the world," Modly said in Tarawa, Kiribati at a late morning ceremony Sept. 24.

The memorial inscribed, "In grateful memory to those men who paid for liberty with their lives ..." honors the Sailors and Marines killed and wounded during the battle Nov. 20-23, 1943.



Cmdr. Scott McNay

Under Secretary of the Navy Thomas Modly lays a wreath at the memorial for the Sailors and Marines killed and wounded during the Battle of Tarawa during a ceremony, Sept. 24, 2018.

At the ceremony were also Mateo Tekai-ara, Senior Assistant Secretary, Ministry of Foreign Affairs and Immigration, Republic of Kiribati, and Jon Mote, Commander of Maritime Police.

Modly is on a multi-nation visit to the Oceania region focused on strengthening partnerships and cooperation.

Goetsch Hall, located at Navy Personnel Command, houses the MyNavy Career Center (MNCC) Contact Center.

MCC Dustin Kelling



MyNavy Career Center open for business 24/7

From Navy Personnel Command Public Affairs

MILLINGTON, TENN.

Delivering on a promise to provide Sailor-focused customer service and around-

the-clock assistance, Navy Personnel Command (NPC) opens the MyNavy Career Center (MNCC) contact center.

"To put to sea the Navy the Nation Needs, we need a talented and committed total force team, focused on maintaining and expanding our operational overmatch against great power competitors. Attracting and retaining the caliber of Sailors needed for this force requires a modernized personnel system on par with industry-leading providers, and

» See **MYNAVY** | B7

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Newport News
Virginia

Heroes at Home

AN ACCIDENTAL REGULAR AT THE COMMISSARY

By Lisa Smith Molinari

The day after my honeymoon 25 years ago, I moved into my Navy husband's apartment in Alexandria, Va. He carted me around to get a military ID, submit Tricare forms, and obtain base pass stickers for my car, so I'd be an official, card-carrying military spouse.

Then he went to work, leaving me home ... alone.

I checked the kitchen for something to eat. The cupboards contained a plastic barrel of pretzels, a half loaf of white bread and an expired box of Shake'N Bake left there by his old girlfriend. In the fridge, I found baloney, a gallon of milk, a bag of onions and a bottle of ketchup.

"I'd better go shopping," I thought.

Rather than pay seven bucks a pound for ground beef at a DC store, I hopped in the car and braved the tangle of highways to get our rightful discounts at the base commissary.

The commissary didn't look like a normal supermarket. It was a drab warehouse with austere interior — no soothing background music or eye-catching displays.

The shoppers were all business, and seemed to know exactly what they were doing.

I, on the other hand, wandered aimlessly, despite the directional arrows painted on the floor. Although my new military ID card got me into this bastion of military support services, I didn't seem to belong there. I felt like a teenager who just got into a nightclub with a fake driver's license.

I completely forgot what I came to buy. Into my cart I nervously threw grapefruits, oyster crackers, a pound of ground beef, a gallon of cooking oil and a box of raisins. I despised raisins and had never purchased oyster crackers in my life. Overwhelmed and unable to focus, I headed for the check out.

My paltry purchases were placed into three plastic bags by a tall, thin bagger with a graying beard.

"Ma'am, I'll carry these to your car."

"Oh no!" I said, trying to be polite, "I'll just carry them myself."

As I started toward the door, the smile drained from the bagger's face. He crossed his arms, looked away, and muttered, "That's your

prerogative."

Not sure what I'd done to irritate him, I scurried to my car like a cockroach running under a pantry door.

Francis returned from work, eager to experience his first home-cooked meal as a married man. Puzzled by the dinner of meatloaf with a side of grapefruit, he asked, "So how was your day, Honey?" I related my commissary fiasco, and Francis immediately realized my mistake. Over dinner, he explained that in the military, one must always tip the baggers.

Humiliated, I thought I'd never show my face in a commissary again, but as the years passed, it soon became a comfort zone. A place where things made sense no matter whether we were stationed in the remote English countryside or near the sprawling bases in Norfolk, Va. A place where the food was cheap. A place without distracting colorful signs or tempting free samples. A place where I didn't have to worry about discount cards or environmentally-friendly plastic bag bans.

A place that came to feel like home.

Nowadays, my minivan shows up at the Naval Station Newport commissary at least once a week. No matter how long my shopping list, I grab one of the small carts that is easier to maneuver. I head for the produce section, pausing briefly at the sushi counter to check for my favorite crunch rolls.

Some days, the commissary is well-stocked. Other days? Not so much. But I'm accustomed to making due. No bok choy? I'll just use cabbage. No vodka sauce? Marinara'll do.

By the time I reach the deli, my cart is overflowing. I order smoked turkey, making sure to get the coupon. I chat with a friend before heading to the check out. The cashier makes me laugh, something about his dog, and the bagger makes the obligatory comments about the weather. I tip her generously.

On the way home, I relish the familiar routine that has kept me grounded as a Navy wife for 25 years, and I wolf down a hunk of crunch roll. My favorite.

www.themeatandpotatoesoflife.com

Frozen Pizza

By Amanda-Lee Pitzer

We ran to Target the other day for something, and as we were leaving I saw the 20% off cart-wheel for frozen pizza. Jackpot! I grabbed a few pizzas. Okay, okay, several pizzas and we were on our way to checkout. As the lady began checking us out, she commented on the pizza deal. I instantly felt the need to explain my bad parenting. "My husband is deployed, pizza helps make life easy..." and I went on.

Why did I feel the need to defend myself? She wasn't commenting on anything other than the sale, not my reason behind my purchase. And even if she was, who cares? Well, turns out I care. Probably way too much. We arrived home and started doing normal after school things and then I made dinner (REAL dinner, not pizza!) I probably felt compelled to actually cook as a means to make up for the sin I had just committed. But standing there, in my kitchen, I thought to myself, "why do I care what anyone thinks?" Nobody is living my life but me. Nobody else is standing there, refreshing their email every ten minutes just in case an



NavyLife101

email came through that I didn't hear. Nobody else is trying to fill the role of two parents. Nobody else is tracking his location on a map or counting down till he's home again. Nobody else has a to-do list that includes cleaning, the lawn, homework, a job, the FRG, and yes... cooking. Who cares if I cut a corner here and there to make it easy on myself?

This is the stage of deployment for cutting corners. This is the the where you get back in the groove and finally figure out how to juggle it all again. Yes, they were only home for a

few weeks, but in those few weeks I could just be. I had a my best friend; I had my partner to help ease the burden. I can't tell you how many times I have dropped the ball already. I've forgotten homework or things to that needed to go into school...but I'll get there. Week three has passed and this is the part where I get my bearings and learn how to be Super Woman again. But I'll tell you what, Super Woman is a big fan of gluten-free pizza these days. And I'm not ashamed of that.

NavyLife101

Info-packed household goods webinars to start

From NAVSUP Corporate Communications Public Affairs

MECHANICSBURG, PENN.

If you're moving soon, planning a personally procured move (PPM), moving overseas, retiring or separating from the Navy, set aside an hour to attend a household goods (HHG) webinar.

Webinars offer basic information to get your move headed in the right direction, as well as the opportunity to have your specific question answered.

Topic-specific webinars include Moving Soon — topics include basic terminology, details about what can be shipped, and your responsibilities; PPM — moving yourself and weight tickets; moving overseas — what can and can't be shipped, what to do with your vehicle, and storage; retiring or separating from the Navy — final move, storage, and more.

Times and topics are detailed online at www.navsupsup.navy.mil/household.

To join a session, click on it and then follow these instructions:

Provide your name and email.

See the yellow and green square icon on the lower right corner of your computer. Click it. (You may be asked to download the Adobe Connect file if you have never used it.)



U.S. Navy photo

Navy family members relax on their front lawn while movers deliver household goods to their new home.

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Turn microphone to "mute" to avoid hearing an echo or static.

Note that Google Chrome is not compatible using an NMCI computer. Choose a different browser.

For more information from the Navy Household Goods team, go online at:

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The Household Goods team can also be reached by email at householdgoods@navy.mil

or via telephone at 855-HHG-MOVE (855-444-6683).

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For more news from Naval Supply Systems Command, visit www.navy.mil/local/navsup/.



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Master Chief Mario Rivers, the Naval Air Station Pensacola command master chief, carries the Prisoner of War/Missing in Action (POW/MIA) flag during the 359th Training Squadron-sponsored POW/MIA Remembrance Run Sept. 20 in the Naval Air Technical Training Center (NATTC) courtyard aboard Naval Air Station Pensacola, Fla. U.S. Air Force, Navy and Marine Corps service members volunteered to walk or run circuits of the courtyard from 3 p.m. Sept. 20 through 3 p.m. Sept. 21, taking shifts in an effort to keep the POW/MIA flag in motion for the 24-hour event.

U.S. Navy photo

Air Force's 359th Training Squadron hosts POW/MIA Remembrance Run

By **Ens. Scott Reagh**

Naval Air Station Pensacola Public Affairs

PENSACOLA, FLA.

Service members of the 359th Training Squadron organized a 24-hour Prisoner of War/Missing in Action (POW/MIA) Remembrance Run Sept. 20-21 around the Naval Air Technical Training Center (NATTC) courtyard onboard Naval Air Station (NAS) Pensacola.

More than 300 U.S. Air Force, Navy and Marine Corps service members attended the Vigil Run opening ceremony, some service members volunteered to walk or run circuits of the courtyard from 3 p.m. Sept. 20 through 3 p.m. Sept. 21, taking shifts in an effort to keep the POW/MIA flag in motion for the 24-hour event.

359th Training Squadron Instructor Tech. Sgt. Matthew Barnes said the event served to not only create an awareness of the nearly 131,000 U.S. service members classified as prisoners of war and more than 82,000 U.S. service members classified as missing in action for the largely student population attending the event, it also ensured the sacrifices made by service members from years past are not forgotten.

"Prisoners of War are held captive 24-hours a day, 365 days a year," he said. "This is a not as well-known day that we recognize every year, and we wanted to start this run today [Sept. 20] and continue it for 24 hours to symbolize the vigilance and courage those POWs must have daily while held in captivity."

Guest speakers at the event included former POW U.S. Navy Capt.(Ret.) Robert Doremus, a U.S. Navy radar intercept officer who spent nearly 2,800 days in captivity in Vietnam and was released from captivity during Operation Homecoming on Feb. 12, 1973, and Master Chief Mario Rivers, NAS Pensacola command master chief.

Doremus, who was forced to eject from his McDonnell-Douglas F-4 Phantom II over North Vietnam on Aug. 24, 1965, addressed the largely student audience on the importance of working together as a means of achieving common goals.

"The whole time we were there, we were joint forces. We had Marines, we had Air Force, we had Navy – enlisted and officer – and there were some civilians," he said. "You followed your creed and you became part of a team. And the whole idea is that of the 'team,' and that's what it looks like out there when you see these troops running, marching, and

standing at attention – they're a team. That's how it works, and that's how it worked in prison."

Rivers also spoke to the gathered students, stressing the importance of teamwork from the inception of a service member's training and maintaining the strong heritage all services share.

"No matter the uniform that you wear, we're all brothers in arms and we could all be put in harm's way," he said. "Here at NAS Pensacola we're joint – one team, one effort, and that's something we try to stress no matter if you're Air Force, Army, Navy, Marine Corps or Coast Guard. There's a rich history in our country of folks who went to the front lines and served their country honorably and are still here today. It's incumbent on us as leaders to ensure that we keep that legacy alive for years to come."

Naval Air Station Pensacola, referred to as the 'Cradle of Naval Aviation,' is designed to support operational and training missions of tenant commands, including Naval Aviation Schools Command, the Center for Naval Aviation Technical Training, Marine Aviation Training Support Groups 21 and 23 and is the headquarters for Naval Education and Training Command.



U.S. Navy photo

U.S. Navy Capt. (ret.) Robert Doremus, guest speaker at the 359th Training Squadron's Prisoner of War/Missing in Action (POW/MIA) Remembrance Run, speaks to the nearly 300 individuals during the Run's opening ceremonies in the Naval Air Technical Training Center's (NATTC) courtyard aboard Naval Air Station Pensacola, Fla. U.S. Air Force, Navy and Marine Corps service members volunteered to walk or run circuits of the courtyard from 3 p.m. Sept. 20 through 3 p.m. Sept. 21, taking shifts in an effort to keep the POW/MIA flag in motion for the 24-hour event.

For more news from Naval Air Station Pensacola, visit www.navy.mil/local/naspen-sacola/.

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MC3 Morgan K. Nail

The Arleigh Burke-class guided-missile destroyer USS Michael Murphy (DDG 112) participates in a photo exercise with ships from 15 countries, totaling 24 ships and one submarine, during exercise Kakadu 2018. Michael Murphy is participating in the Australian exercise, Kakadu 2018, to enhance maritime security skills with participating nations by highlighting the value of information sharing and multilateral coordination.

USS MICHAEL MURPHY COMPLETES KAKADU EXERCISE

From Commander, Task Force 70
Public Affairs

DARWIN, AUSTRALIA

Arleigh Burke-class guided-missile destroyer USS Michael Murphy (DDG 112), along with a P-8 Poseidon maritime-surveillance aircraft assigned to the “Pelicans” of Patrol Squadron (VP) 45, and staff from Commander, U.S. 7th Fleet, and Commander, Task Force 70 participated in the Australian naval exercise Kakadu, Sept. 6-13.

Held biennially, Kakadu is the Royal Australian navy’s premier exercise and provides an opportunity for regional nations to participate in multinational maritime activities. The 2018 exercise featured 24 ships and one submarine from 15 coun-

tries.

“Kakadu was a valuable experience for Michael Murphy’s crew, and I am proud to say they performed exceptionally well throughout the harbor and at-sea phases,” said Cmdr. Kevin Louis, commanding officer of Michael Murphy. “Learning to operate with ships from many different nations can be a challenge, but we adapted quickly and ultimately Kakadu was an outstanding training opportunity for our watch teams.”

The exercise began with an in-port planning conference in Darwin, Australia. During the conference, Sailors from Michael Murphy participated in a sports competition, enjoyed a cultural festival of nations, toured foreign ships, and

hosted tours of Michael Murphy for sailors from other navies.

Once at sea, the exercise participants trained together to complete a series of complex at-sea warfighting scenarios, including tactical maneuvering, underway replenishment, air defense exercises, anti-submarine warfare exercises, search and rescue training, and gunnery exercises.

“Kakadu 2018 was an awesome opportunity to work with our international maritime partners and showcase not only our crew’s abilities, but also the P8-A Poseidon’s capabilities,” said Lt. j.g. Brendan Pery, from VP-45. “The exercise provided challenging scenarios that were enhanced with the chance to work with partner nations and improve our ties throughout the re-

gion.”

Michael Murphy is forward-deployed to the U.S. 7th Fleet area of operations in support of security and stability in the Indo-Pacific region. The ship is named for Lt. (SEAL) Michael P. Murphy, a New York native, who was posthumously awarded the Medal of Honor for his heroic actions during Operation Red Wings in Afghanistan in 2005. Murphy was the first person to be awarded the medal for actions in Afghanistan and the first member of the U.S. Navy to receive the award since the Vietnam War.

For more news from Commander Task Force 70, visit www.navy.mil/local/ctf70/.

“ Learning to operate with ships from many different nations can be a challenge, but we adapted quickly and ultimately Kakadu was an outstanding training opportunity for our watch teams.”

Cmdr. Kevin Louis

Constitution crewmember naturalized aboard America’s Ship of State

By MC3 Casey Scoular

USS Constitution Public Affairs

BOSTON

Logistics Specialist Seaman Jason Petitfrere, a Sailor assigned to USS Constitution, was naturalized aboard ‘Old Ironsides’ during a ceremony held Sept. 20.

With over 200 people in attendance, U.S. District Court, Massachusetts, the Honorable Judge Rya Zobel administered the Oath

of Allegiance to 24 pending citizens, representing 21 nationalities, all became U.S. Citizens aboard America’s Ship of State.

Petitfrere, a member of Constitution’s crew since Feb. 2018, described the event as feeling unreal and that it filled him with a renewed sense of patriotism.

“If I could bring this feeling down to only two words, the first one would be surreal,” Petitfrere said. “This whole event and the organization that went into making this happen

has been unreal. The second word would be America because I feel that surging sense of honor and duty towards being a Sailor in the U.S. Navy as an American now. That gives me even more of a sense of indebtedness and of dedication towards this cause for which I voluntarily fight.”

USS Constitution’s 75th Commanding Officer, Cmdr. Nathaniel R. Shick, stated about the first naturalization ceremony held aboard this year, that he was proud of his Sailor and the other individuals who strived to become citizens.

“It was a privilege to host one of the most iconic traditions our government facilitates on behalf of passionate citizen candidates,” Shick said. “Witnessing the genuine emotions and overwhelming happiness of our new citizens is something I will always remember. I am extremely proud of Petitfrere and honored to share this moment with him and his family.”

U.S. Citizenship and Immigration Services naturalizes approximately 680,000 new American citizens every year.

Constitution, America’s Ship of State, actively defended sea lanes against global threats from 1797-1855. The World’s Oldest Commissioned Warship Afloat, Constitution embodies 220 years of maritime heritage and unwavering service to her country. Now a featured destination on Boston’s Freedom Trail, Constitution and her crew of active duty U.S. Navy Sailors offer community outreach and education about the ship’s history and the importance of naval sea power to more than 500,000 visitors each year. Constitution is berthed at Pier One in Charlestown Navy Yard.

For more news from USS Constitution, visit www.navy.mil/local/constitution/.

First in class ship, future USNS John Lewis (T-AO 205) starts construction

From Team Ships Public Affairs

SAN DIEGO

A ceremony was hosted at General Dynamics-National Steel and Shipbuilding Company (GD-NASSCO) shipyard to celebrate the start of construction of the Navy’s first John Lewis-class fleet replenishment oiler, the future USNS John Lewis (T-AO 205), Sept. 20.

Before proceeding with the start of construction, the Navy conducted a Production Readiness Review (PRR) in order to verify the effectiveness and efficiency of the design and production planning within the program. Among other indicators, the program reported detail design and 3D modeling of

the entire ships to be 95 percent complete. The results of the PRR were certified by the secretary of the Navy and submitted to Congress on Sept. 6, 2018.

“Today marks a great accomplishment by the Navy and NASSCO team on this important program,” said James F. Geurts, Assistant Secretary of the Navy for Research, development and Acquisition. “Their tremendous collaboration on this new double-hulled design is a great example setting a positive trajectory leading into production.”

In developing the T-AO 205 design, the Navy worked closely with industry partners to conduct trade off studies that matured the government-developed ship specifications. The results of the trade-off studies were then

combined into integrated ship designs. GD-NASSCO was later competitively awarded a Fixed Price Incentive block buy contract for the detail design and construction of six T-AO 205 class fleet replenishment oilers.

The John Lewis-class ships are based on commercial design standards and will recapitalize the current T-AO 187 class fleet replenishment oilers to provide underway replenishment of fuel to Navy ships at sea. These ships are part of the Navy’s Combat Logistics Force and will become the backbone of the fuel delivery system.

John Lewis will be operated by the Navy’s Military Sealift Command and is the first ship named after the civil rights leader and Presidential Medal of Freedom recipient.

“As the first ship of its class, the future USNS John Lewis will play a vital role in the mission of the Navy and Marine Corps, just like its namesake John Lewis’ vital role as a national leader in the movement for civil rights and human dignity,” said Mike Kosar, Support Ships, Boats and Craft program manager, Program Executive Office Ships (PEO Ships).

“ Today marks a great accomplishment by the Navy and NASSCO team on this important program.”

James F. Geurts,
Assistant Secretary of the Navy for
Research, development and Acquisition.

As one of the Defense Department’s largest acquisition organizations, PEO Ships is responsible for executing the development and procurement of all destroyers, amphibious ships, sealift ships, support ships, boats and craft.

For more news from Naval Sea Systems Command, visit www.navy.mil/local/havsea



Ernest D'Antonio, director of Navy Voluntary Education, discusses education issues during the Naval Education and Training Command (NETC) offsite. Leaders from throughout the NETC domain gathered to focus on a variety of "street to fleet" topics involving transformation efforts, such as Sailor 2025 and Ready, Relevant Learning; future information technology systems; Sailorization; voluntary education; and recruiting advances.

Carla M. McCarthy

NETC conducts leadership offsite

From Naval Education and Training Command Public Affairs

PENSACOLA, FLA.

Leaders from the Naval Education and Training Command (NETC) domain gathered for a meeting to discuss the "street to fleet" process of transforming civilians into warfighters Sept. 18-19.

Senior leaders from NETC, Navy Recruiting Command, Naval Service Training Command, Naval Education and Training Professional Development Center, and NETC's learning centers and training support centers, examined force development execution strategies supporting fleet readiness across the accession supply chain. Among several major focus issues, the week was spent

assessing how the entire Force Development domain becomes "better, faster and more effective" in supporting the fleet customer as the Manpower, Personnel, Training and Education (MPT&E) enterprise undergoes transformation.

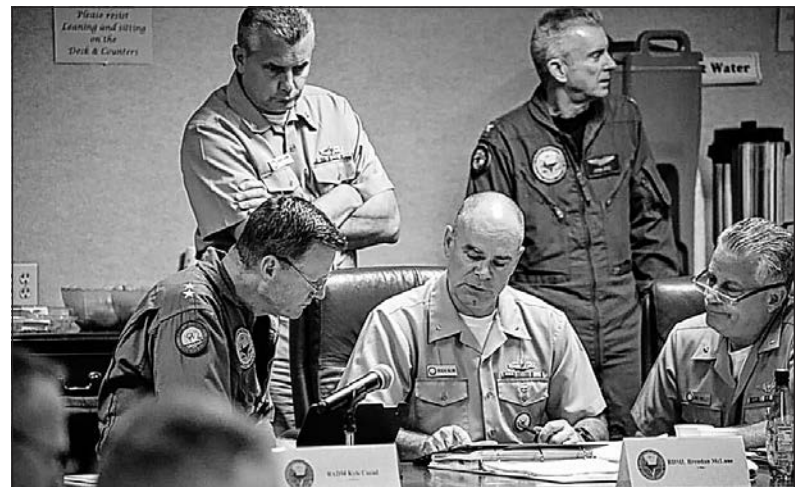
"People are the key enabler to our Navy's competitive edge in an environment that today is focused upon great power competition," said Rear Adm. Kyle Cozad, NETC commander. "We owe the fleet the very best including greater agility and responsiveness in training system and curriculum delivery. How we recruit, train, and then provide our Sailors with continuous learning and development is an essential element in the competition that we face today for people."

Sailor 2025 is a key aspect, particularly the Ready, Relevant Learning (RRL) piece, that is changing an industrial model of training to a modernized method of delivering the right training at the right time in a Sailor's career.

"Our focus on execution of the first stage of RRL, where we'll leverage technology to bring modern, mobile and modular training to our Sailors." "We're also excited about the work we're doing to support the next stage of RRL, where we'll leverage technology to bring modern, mobile and modular training to our Sailors."

Harnessing future information technology (IT) is also critical to streamlining personnel management processes to improve quality of service to Sailors, fleet commanders and the Navy as a whole. This includes integrating IT architecture, highlighting adaptability and focusing on the goals of enabling Sailor self-service through single sign-on, commercial-off-the-shelf (COTS) products and authoritative data consolidation.

"We're pursuing a learning stack concept when it comes to our technology that operates around a robust integrated COTS architecture," said Robyn Baker, NETC's command information officer. "Today's Sailors prefer to learn by gaming, demonstration videos, simulations and collaboration. NETC's move to a cohesive, integrated IT solution with



Carla M. McCarthy

Rear Adm. Brandon McLane, commander, Navy Recruiting Command (CNRC) (center), discusses "street to fleet" issues with Rear Adm. Kyle Cozad, commander, Naval Education and Training Command (NETC) (left), along with Rear Adm. Andrew Mueller, deputy commander, CNRC (right) during the NETC offsite.



Carla M. McCarthy

Rear Adm. Kyle Cozad (center), commander, Naval Education and Training Command (NETC), discusses "street to fleet" issues with Rear Adm. Mike Bernacchi (center left), commander, Naval Service Training Command, along with John Jones, NETC executive director (left), during the NETC offsite.

best business practices and modern user interfaces will provide dynamic training solutions."

Along with technology advances, the group also discussed changes to the ways that the Navy plans for recruiting and detailing Sailors as they move through initial and advanced skills training.

"We are all working toward a more agile and customer-focused approach across the board as we manage our talent," said Cozad. "Working hand in hand with the fleet, the goal is all about improving the way we recruit, train, educate, manage and retain the best Sailors in the world."

The MPT&E Transformation is a modernization effort that will overhaul the way human resources (HR)

services are provided to all Sailors, their families, and future recruits. Over the next several years, the Transformation will change how services are offered throughout a Sailor's entire "Hire-to-Retire" life cycle, by streamlining processes and systems to improve the speed, accuracy, and quality of HR services.

For additional information on Naval Education and Training Command, visit the NETC website at <https://www.netc.navy.mil> or <http://www.navy.mil/local/cnet/> and follow us on Facebook at <http://www.facebook.com/netcpao>.

Get more information about the Navy from US Navy facebook or twitter.

Ronald Reagan Strike Group arrives in Guam following Valiant Shield 2018

By MCSN Codie L. Soule
Commander, Task Force 70, Public Affairs

APRA HARBOR, GUAM

The Ronald Reagan Strike Group arrived at Naval Base Guam for a port visit Sept. 24.

Personnel from the Ronald Reagan Strike Group, to include Sailors from the aircraft carrier USS Ronald Reagan (CVN 76) and the Ticonderoga-class guided-missile cruiser USS Chancellorsville (CG 62), will have the opportunity to experience the island of Guam, following the successful completion of Valiant Shield 2018.

Over the previous week, the strike group joined with more than 15,000 U.S. Navy, Air Force, Army, and Marine Corps personnel, taking part in the U.S. — only field training exercise that takes place every two years. Participating forces exercised a wide range of capabilities of the joint force in carrying out a range of air, surface, sub-surface and land warfighting scenarios.

The port visit is an opportunity for ship leadership to reflect on the importance of Guam and the Marianas Island Range Complex in providing a premier training environment that boosts strike group readiness and efficiency. The air, land and sea ranges on Guam and the Marianas allow Naval forces and other service assets the location to carry out effective and realistic training.

U.S. Navy ships and aircraft leverage the unique training environment of the island chain, and in the recent Valiant Shield exercise, operate alongside their joint force partners in a geographic area that provides the full spectrum of conditions they might operate under in the future.

"Guam is a beautiful island and the surrounding waters afford a tremendous opportunity to train and execute our wide range of missions," said Rear Adm. Karl O. Thomas, Commander, Task Force 70. "The U.S. Navy is committed to the defense of the island of Guam and its people, and Valiant Shield highlighted both joint interoperability and especially the inherent flexibility and lethality of our Carrier Strike Groups. We are grateful for the support that Guam provides us as the most capable maritime force in the world."

The commitment to Guam stretches back decades and will remain strong as the region plays host to Naval forces who seek a broad range of options to conduct live training in a realistic environment. Additionally, Reagan strike group Sailors demonstrated that commitment to Guam in participating in the recent recovery efforts following Typhoon Mangkhut.

Sailors will also be taking the opportunity to give back to the locals in the area by participating in several community outreach



MC2 Kenneth Abbate

Aviation Ordnanceman Airman Christian Delacruz speaks with local media after the forward-deployed aircraft carrier USS Ronald Reagan (CVN 76) pulls into Guam for a port visit. Ronald Reagan provides a combat-ready force, which protects and defends the collective maritime interests of the U.S. and its allies and partners in the Indo-Pacific region.

events. Some of these events will include spending time with senior citizens in the area, playing sports and talking to kids at their school, and helping to clean up community beaches.

"After demonstrating United States strength and resolve across the region for the last month and completing combat exercises in local waters, Reagan Sailors have looked forward to visiting Guam for some time now," said Capt. Pat Hannifin, commanding officer of Ronald Reagan. "While Guam's strategic value and our common security interests bind us as a Nation, it is

our shared values and genuine fellowship that unite us as a people. We are fortunate to enjoy an island of such scenic beauty and character, and look forward to both relaxing and engaging with the local community over the next several days."

The Ronald Reagan Strike Group is forward-deployed to the U.S. 7th Fleet area of operations in support of security and stability in the Indo-Pacific region.

For more news from Commander Task Force 70, visit www.navy.mil/local/ctf70/.

Submarine Squadron 15 supports Sister Village in Typhoon Mangkhut recovery

By Lt. Lauren Spaziano

Commander, Submarine Squadron 15 Public Affairs

INARAJAN, GUAM

Sailors assigned to Commander, Submarine Squadron (COMSUBRON) 15 and Performance Monitoring Team Detachment (PMT DET) Guam volunteered time to assist with typhoon recovery in the command's sister village of Inarajan, Sept. 17-19.

The command dedicated 20 volunteers over a three-day period in a collaborative effort with the Inarajan mayor's office to clear fallen trees and brush following Typhoon Mangkhut, which hit the island Sept. 10.

"After the storm, we knew we wanted to reach out to our sister village and offer our assistance," said Capt. Timothy Poe, COMSUBRON 15. "They've always been welcoming and supportive, and I am glad we were able to send some volunteers to help them. We all live on this beautiful island, and we do what every good neighbor would do: we help each other out in times of need."

The collaborative recovery effort was an opportunity for the Sailors and their families to engage with the residents of Inarajan and

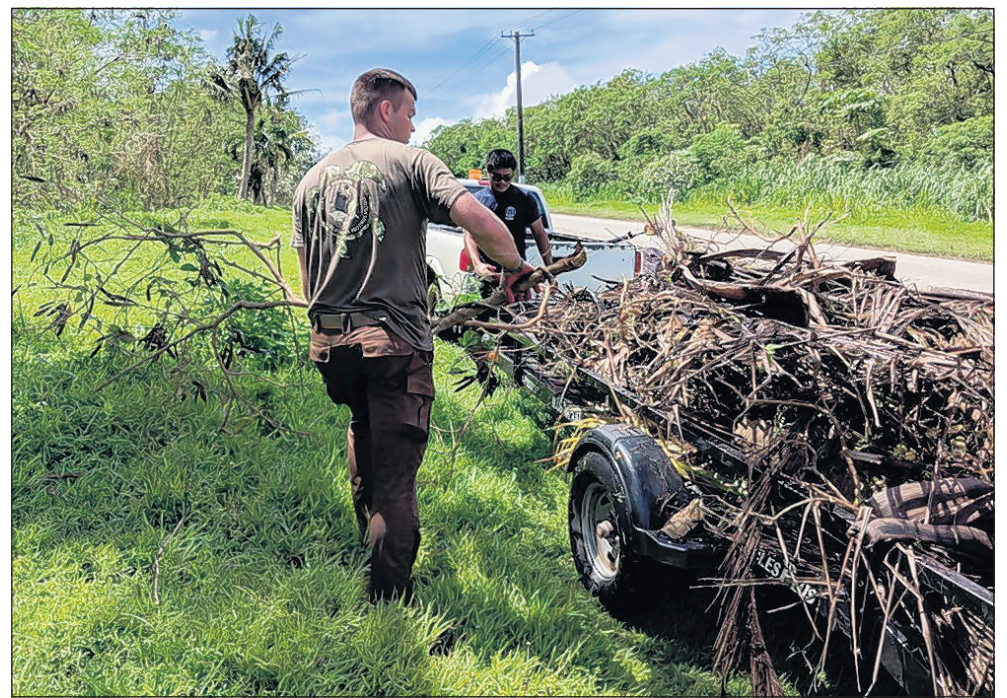
foster relationships between the military and local community. It also allowed the village to recover at a quicker pace.

"It really touches my heart for you folks to come down here and help us during the typhoon recovery efforts," Inarajan Mayor Doris Lujan said. "I really appreciate each and every one of you for helping the community."

COMSUBRON 15 and PMT DET Guam volunteers included Sailors, family members and friends, and they were joined by the staff of the Inarajan mayor's office. Together, they cleared fallen trees, brush and trash along Route 4 in Malojloj and Inarajan as well as three side roads. Residents thanked the volunteers for assisting with the clean-up as they came by clearing debris.

"The clean-up was a wonderful experience," said Electronics Technician (Navigation) 1st Class Alex Hepburn, a volunteer from COMSUBRON 15. "Our volunteers came together with our sister village to achieve the same goal. It was a great opportunity, and I loved working side by side with the hardworking people of Inarajan."

The mayor's office provided lunch for volunteers on all three days and plans to throw a



Lt. Lauren Spaziano

Chief Electronics Technician (Navigation) Benjamin Johnson, left, assigned to Submarine Squadron (SUBRON) 15, collects fallen branches, trash, and other debris with Noah Meno of the Inarajan mayor's office during a collaborative clean-up with the command's sister village following Typhoon Mangkhut, Sept. 17. SUBRON 15 Sailors and family members join other service members from Indo-Pacific Command in providing Department of Defense support and working with Guam and Commonwealth of the Northern Mariana Islands' civil and local officials for Typhoon Mangkhut recovery efforts.

fiesta to celebrate the teamwork between the Sailors and the village during the recovery efforts.

"On behalf of the community of Inarajan and the mayor's office and staff, I would like to express our big 'thank you' for helping us with the typhoon recovery efforts," said Lujan. "This is really great for the community and the partnership we have with the submarine squadron."

COMSUBRON 15 participates in volunteer events with Inarajan throughout the year, fostering the strong relationship between the Sailors and the local community. The command plans to assist Inarajan with the Guam International Coastal Cleanup on Sept. 29, which was rescheduled from Sept. 15 due to the typhoon.

"The submarine squadron is always there with us, and we really appreciate it," Lujan said. "Thank you from the bottom of our hearts."

COMSUBRON 15 Sailors and family members join other service members from Indo-Pacific Command in providing Department of Defense support and working with Guam and Commonwealth of the Northern Mariana Islands' civil and local officials for Typhoon Mangkhut recovery efforts.

COMSUBRON 15 is located at Polaris

Point, Naval Base Guam in Apra Harbor, Guam, and consists of four Los Angeles-class attack submarines. The squadron staff is responsible for providing training, material and personnel readiness support to these commands. Also based out of Naval Base Guam are submarine tenders USS Frank Cable (AS 40) and USS Emory S. Land (AS 39). The submarines and tenders are maintained as part of the U.S. Navy's forward-deployed submarine force and are readily capable of meeting global operational requirements.

For more news from Commander, Submarine Squadron 15, visit our official Navy website, <http://www.csp.navy.mil/css15> and be sure to 'Like' our official Facebook page, <https://www.facebook.com/SubmarineSquadron15/>.

Are you considering Guam as a duty station? Check out the official 'Go Guam!' website at <http://www.csp.navy.mil/go-guam/> and the downloadable '1st Fifteen' pamphlet to learn more about assignment to Guam and the unique opportunities here!

For more news from Commander, Submarine Squadron 15, visit www.navy.mil/local/subron15/.



Lt. Lauren Spaziano

Noah Meno of the Inarajan mayor's office grabs a branch from Lt. j.g. Lawrence Moore, right, assigned to Submarine Squadron (SUBRON) 15, during a collaborative clean-up with the command's sister village following Typhoon Mangkhut, Sept. 18.

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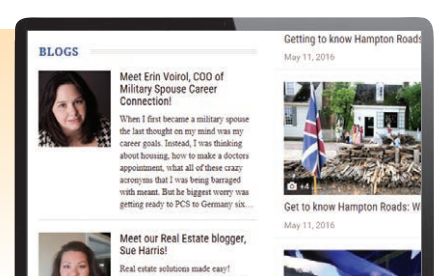
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Continued from B1

delivering an unprecedented level of customer service for our Sailors is at the core of our transformation efforts," said Rear Adm. Jeff Hughes, commander, NPC.

Opened Sept. 24, the contact center represents an evolution in Navy pay and personnel services delivery by providing Sailors a tiered system, available 24 hours a day, seven days a week, to handle their queries and transaction requests. Tier Zero is the service member's self-service option through MyNavy Portal (MNP), my.navy.mil. Tier One is communication with one of our contact center agents by phone and email. Finally, if a Sailor's inquiry or transaction request cannot be handled by a customer service agent, they will be escalated to Tier Two, where a subject matter expert will take appropriate action and then reach out to them.

"This is good for everyone, Sailors, because they will have 24/7 access through a single point of entry for answers to questions, current information and responsive support to their transaction needs. This returns time and energy to Sailors to focus on the mission and their families," said Hughes.

"It benefits commands because it allows for more effective and efficient service by the Manpower, Personnel, Training and Education (MPT&E) enterprise team, command administrative leaders and command pay and personnel administrators. Finally, it is good for the MPT&E enterprise team, as the services rendered on-line or by the call center agents provide more opportunity and time for subject matter experts to focus on transaction processing and complex cases," Hughes added.

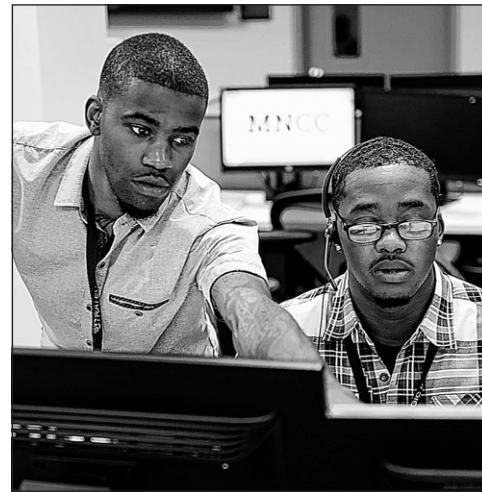
Another aspect of the MNCC contact center is its ability to evolve, to increase its functionality and provide improved support.

"As we receive feedback from Sailors and gain more insight and experience into what services Sailors need, we'll continually add more capability to the MNCC contact center," said Ann Stewart, director, Pay and Personnel Management.

This MNCC contact center launch is just the beginning. It is an incremental step toward an evolving development effort, where we will field modern and industry standard telephony and customer relationship management tools later next year, to enhance our ever-expanding list of services offered.

For questions regarding pay and personnel issues, reach out to the MNCC contact center at 833-330-MNCC (6622) or askmncc@navy.mil.

For more news from Navy Personnel Command, visit www.navy.mil/local/npc/.



MCC Dustin Kelling

A supervisor helps a customer service agent with a call at the MyNavy Career Center (MNCC) Contact Center at Navy Personnel Command in Millington, Tenn.



MC2 Matthew Riggs

Rear Adm. Jeff Hughes, right, commander of Navy Personnel Command (NPC), Ann Stewart, assistant commander of NPC for pay and personnel management, and Cmdr. Ross Drenning, MyNavy Career Center operations center director, cut a ribbon to open the MyNavy Career Center (MNCC) Contact Center. Staffed with more than 200 agents, the MNCC Contact Center is a customer service center offering round-the-clock support for Sailors who need help with administrative needs. Sailors can contact the MNCC at 1-833-330-MNCC, via email at askmncc@navy.mil, or at MyNavy Portal at my.navy.mil.



Doug Bedford

A customer service agent speaks with a Sailor by telephone at the MyNavy Career Center (MNCC) contact center at Navy Personnel Command in Millington, Tenn.

DEMONSTRATION | Constitution honors Gold Star families and educators

Continued from B1

it in a movie, but to actually have an opportunity to be on Constitution and actually experience the ship was absolutely amazing. I want to bring my class to the ship so they can experience the real thing."

The ship also fired an additional 17 rounds

as she passed the U.S. Coast Guard Station, the former site of Edmund Hartt's shipyard where Constitution was built. Each round of this salute honored the 16 states that comprised the U.S. when Constitution launched in 1797 and one in honor of the shipyard itself.

The ship returned to her berthing, Pier 1 of the Charlestown Navy Yard, at 1:30 p.m.

Starting in World War I, the families of U.S. Soldiers and Sailors often flew flags that had a blue star for each member of the family that was serving in the military. If one of them died in battle, the blue star was changed to a gold star. In Aug. 1947, Congress autho-

rized the military to present a gold star lapel pin to the family members of those killed in action. That first pin was a simple gold star on a purple background with a laurel wreath around the star. Another pin—this time a gold star with a gold background and four oak sprigs around the star—was authorized by Congress in 1973. It was awarded to the next of kin of service members who die during military service.

Constitution, America's Ship of State, actively defended sea lanes against global threats from 1797-1855. The World's Oldest Commissioned Warship Afloat, Constitution embodies 220 years of maritime heritage

and unwavering service to her country. Now a featured destination on Boston's Freedom Trail, Constitution and her crew of active duty U.S. Navy Sailors offer community outreach and education about the ship's history and the importance of naval sea power to more than 500,000 visitors each year. Constitution is berthed at Pier One in Charlestown Navy Yard.

For more information, visit www.history.navy.mil/ussconstitution or www.facebook.com/ussconstitutionofficial.

For more news from USS Constitution, visit www.navy.mil/local/constitution/.



Petty Officer 2nd Class Antarius Bryant, a member of U.S. Fleet Cyber Command's multicultural committee, highlights the contributions of Nobel Prize in Physics recipient Luis Alvarez during the command's 2016 Hispanic Heritage Month observance October 6, 2016. U.S. Fleet Cyber Command serves as the Navy component command to U.S. Strategic Command and U.S. Cyber Command. U.S. 10th Fleet is the operational arm of Fleet Cyber Command.

Steven Mavica

U.S. Navy observes Hispanic Heritage Month

By Yonca Poyraz-Dogan
Navy Office of Information Public Affairs

WASHINGTON

The Navy observes National Hispanic Heritage Month, Sept. 15-Oct. 15, highlighting the histories and accomplishments of Americans from Spanish-speaking areas.

This year's theme is "Hispanics: One Endless Voice to Enhance our Traditions."

As of June 2018, approximately 59,000 active and Reserve Sailors of Hispanic heritage serve in the U.S. Navy contributing to the strength of the nation's force. Hispanic Americans' military service dates back to the Civil War.

One well-known example is Jorge Farragut who was born on the Spanish island of Minorca and joined the South Carolina Navy in 1779. Remembered as one of the first Hispanic Revolutionary War heroes, he was instrumental in securing a Union victory in New Orleans on April 28, 1862. When Adm. Farragut died in 1870, President Ulysses S. Grant led 10,000 Soldiers and Sailors through the streets of New York during his funeral procession.

Several members of the Hispanic community — military and civilian — have significant contributions toward protecting the nation and embodying Department of Defense values. Sixty people

of Hispanic heritage have been awarded the Medal of Honor, two were presented to members of the Navy, 13 to members of the U.S. Marine Corps and 46 to members of the U.S. Army.

USS Rafael Peralta (DDG 115) was named in honor of Navy Cross recipient Marine Corps Sgt. Rafael Peralta who was killed in Fallujah, Iraq, in 2004. An Arleigh Burke-class guided-missile destroyer, Rafael Peralta was commissioned in a ceremony at Naval Air Station North Island in July last year. Peralta, who was born in Mexico City, Mexico, immigrated to the United States with his family. He joined the Marine Corps in 2000, after receiving his Green Card. Peralta

was awarded a Navy Cross, the country's second highest military award, subsequently.

The tradition of observing Hispanic heritage began in 1968, when President Lyndon B. Johnson designated a week in mid-September as National Hispanic Heritage Week. Twenty years later in 1988, President Ronald Reagan extended that week to a month-long observance.

The heritage month's dates refer to Independence Day anniversaries of Latin American countries — Sept. 15 is the anniversary of independence for Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. Mexico declared its independence Sept. 16, and Chile

Sept. 18.

The Navy is strengthened by the diversity of its force as it underlines that patriots of Hispanic American Heritage continue to build legacies of freedom and diversity as they fight for the security of the country and the peace of the world.

Defense Equal Opportunity Management Institute (DEOMI) provides printable posters, presentation, guidance for organizing observance and education facts on their website, under the section "Special Observances."

For more information about the history of Hispanic Americans and their numerous contributions to the Navy, visit Naval History and Heritage Command's website.

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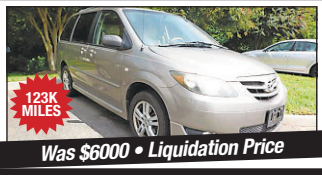
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2002 LINCOLN BLACKWOOD CREW CAB PICKUP
Very Hard to Find Vehicle, Leather, Full Luxury Package, Chrome Wheels, Power Fiberglass Bed Cap, Too Much to List! #B8397A
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Loaded with Navigation, Sunroof, Stereo CD, Backup Camera and Much More. Excellent Condition! #BP1771
\$13,750*



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Great Condition, 3rd Row Seat, A/C, Stereo CD and Much More. #F80477A
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Great Condition, 3rd Row Seat, A/C, Stereo CD and Much More. #F80477A
\$6975*



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A/C, Leather Seats, Power Windows & Locks, Stereo CD and More. #E7058A
\$9975*
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2012 VOLKSWAGEN BEETLE COUPE
A/C, Leather Seats, Power Windows & Locks, Stereo CD and More. #E7058A
\$9975*



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\$13,975*
Was \$16,000 • Liquidation Price

2014 TOYOTA CAMRY LE SEDAN
Like New, Lots Of Warranty Left, Automatic, Stereo CD, Power Windows & Locks Plus Much More! #AP1476A
\$13,975*



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CX Package, One Owner, Fully Equipped and Well Maintained. #CP1250A
\$7875*



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Loaded with Power Options, Stereo CD, A/C, Well Maintained Vehicle, Won't Last Long! #CP1389A
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\$11,885*



2012 CHEVY EQUINOX LTZ
Leather Seats, Chrome Package, Sunroof, Alloy Wheels and Much More! #F80475A
\$14,855*
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Leather Seats, Chrome Package, Sunroof, Alloy Wheels and Much More! #F80475A
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Automatic, A/C, Stereo CD, Alloy Wheels, Locally Owned, Well Maintained Vehicle! #C8465C
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Sunroof, Loaded with Options, Alloy Wheels, Stereo CD, One Owner. #A80383A
\$11,975*



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Hardtop, A/C, Stereo CD, Alloy Wheels and Much More #F80299A
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Hardtop, A/C, Stereo CD, Alloy Wheels and Much More #F80299A
\$14,975*



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\$8555*
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2012 FORD FUSION SPORT SEDAN
Loaded with Sunroof, Stereo CD, Alloy Wheels, A/C, Full Power and Much More! #FX80411B
\$8555*



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Automatic, A/C, Power Windows & Locks, Stereo CD, Cruise and More. Like New! #ACP1397A
\$12,975*
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2015 NISSAN ALTIMA 2.5 S SEDAN
Automatic, A/C, Power Windows & Locks, Stereo CD, Cruise and More. Like New! #ACP1397A
\$12,975*



2010 NISSAN FRONTIER PRO KING CAB 4X4
One Owner, Camper Shell, A/C, Power Options, Alloy Wheels, Hard to find! #B8778A
\$14,975*
Was \$16,500 • Liquidation Price

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One Owner, Camper Shell, A/C, Power Options, Alloy Wheels, Hard to find! #B8778A
\$14,975*

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FASHION FUNDS THE CURE

The National Pediatric Cancer Foundation is working to find a cure for our youngest fighters. You can celebrate their courage as they make their debut on the runway for Fashion Funds the Cure, Saturday, September 29 at 2 p.m. in MacArthur Center.

» See C2

SECTION C | FLAGSHIPNEWS.COM | 09.27.18



Photos Stanley M Belback



HAMPTON HAUNTS

Find a full month of Halloween happenings, just across the water, in Hampton

From Hampton CVB

Hampton, VA- Summer may have come to an end, but as quickly as we emptied the sand from our beach bags, we realized that with fall leaves comes one very exciting holiday...HALLOWEEN. Hampton has not let you down this year as far as our lineup of exciting haunts goes; after all, 400 years of history has left us with quite a few ghost tales to tell.

October 9- November 5 Haunted Hampton Carousel Rides

Trick or Treating with the Headless Horseman" and free candy are part of the fun in store for visitors to "Haunted Horse Rides" at the historic Hampton Carousel beginning October 9, and continuing Tuesday through Sunday until November 4. Located in Carousel Park, Downtown Hampton, the Hampton Carousel will be decorated for the season of ghosts and goblins, with costumed carousel staff giving candy to visitors. The finely carved and painted horses will also be decorated, with one of the horses occupied by the infamous Headless Horseman. Entry to the carousel pavilion and Halloween candy are free. Rides on the carousel are just \$1.00. 10:00 a.m. - 5:00 p.m. (602 Settlers Landing Road, Hampton, VA 23669)

Oct. 13 Legend of Sleepy Hollow

Celebrate Halloween and witness superstitious schoolmaster Ichabod Crane's child-friendly, spooky adventures as he encounters

the galloping Headless Horseman in this eye-catching adaptation of Washington Irving's literary classic. A Virginia Rep on Tour Production. The American Theatre. 11:00 a.m. \$10. 757/722-2787. www.hamptonarts.net (125 East Mellen Street, Hampton, VA 23663)

Oct. 13 Phoebus Fall Festival

This is the 49th year for this event! Presented by the community of Phoebus, this event features local craft beers, vendors, music, dancers, pie eating contest, doggie costume parade, and more. 10 a.m. - 5 p.m. Free Admission. 757/826-1862. www.phoebusvaevents.com (212 E Mellen Street, Hampton, VA 23663)

Oct. 19-21 Fort Monroe Ghost Walk

Come and discover where history meets mystery! Learn the hidden secrets of Fort Monroe's rich 400 year history during our guided ghost walks. Special priced tickets go on sale in September. Tours are rain or shine. Please be advised that this is a walking tour and most of the areas of the tour are not handicapped accessible. This tour is not recommended for children under the age of 12. Children under the age of 17 must be accompanied by an adult. Fort Monroe. 6 p.m. - 9:30 p.m. \$15 in advance, \$20 night of tour. 757/690-8061. www.fmauthority.com (Fort Monroe)

Oct. 20 Bluebird Gap Farm Fall Festival

Each year the City of Hampton ushers in the fall season at the Bluebird Gap Farm Festival. The festival offers a variety of children's activities, hayrides and much more. Entry and activities are free, and food vendors and pumpkins are available for purchase. 757/825-4750. (60 Pine Chapel Rd. Hampton, VA 23666)

Oct. 22-26 Hampton Horror Tours

These 60-minute tours include eerie tales of Old Hampton and the Coastal Virginia area. The tour will encounter actors portraying the first witch recorded in America, ghosts of Civil War soldiers, pirates from Blackbeard's Crew, a speakeasy proprietor, escaped prisoners, yellow fever victims, and more characters from the city's tales of mystery and the macabre. Each tour will include the grisly side of Hampton history; special surprises and a spooky lantern tour of the St. John's Church graveyard, and other points of fright along Queen Street and around downtown Hampton. Hampton History Museum. 6:30 p.m. & 8 p.m. Admission Fee. 757/727-1610. www.hamptonhistorymuseum.org (120 Old Hampton Lane, Hampton, VA 23669)

Oct. 27 Downtown Hampton Halloween Block Party

Hampton takes to the streets for a fun-filled street fair including live music by DJ Griffin & Galaxy Groove, cold refresh-

ments and plenty of activities for the young and old. Best Costume Contest at 8:00 p.m. Downtown Hampton. 6:00 p.m. -10:30 p.m. Free Admission. 757/727-1271. www.hamptonblockparty.com (Queens Way, Downtown Hampton, 23669)

Oct. 31 Rocky Horror Picture Show

Grab your fishnets, and pelvic thrust your way to The American Theatre's creature feature presentation of THE ROCKY HORROR PICTURE SHOW! Coming this October, audiences will TIME WARP back to the 1970s and shimmy the night away to the voices of Magenta, Frank-N-Furter & Riff Raff on The American Theatre's silver screen. Dust off your gold sequin top hat, snap on your rubber gloves and lace up your corset for some harmless musical fun—a delightful spoof of Hollywood horror movies and Old Dark House melodramas! The American Theatre. 8:00 p.m. \$10. 757/722-2787. www.hamptonarts.net (125 East Mellen Street, Hampton, VA 23663)

Don't forget about pumpkins!

Wood's Orchards Farm Market (where President Obama purchased pumpkins back on October 19, 2011) is the perfect place to find carve-worthy pumpkins this year, offering a selection ranging from \$3-\$45, and varying from small to very large pumpkins, with a whole field of white pumpkins. Hours of operation: 9:00 a.m. - 5:00 p.m. Monday-Friday; 9:00 a.m. - 4:00 p.m. on Saturdays.

The Foodbank of Southeastern Virginia and the Eastern Shore hosts Taste of Hampton Roads

The Foodbank of Southeastern Virginia and the Eastern Shore will host Taste of Hampton Roads as the finale of Hunger Action Month — a month dedicated to spreading the word and taking action on the hunger crisis. With three distinct culinary crawls, Taste will provide attendees with the opportunity to sample several restaurants throughout Olde Towne Portsmouth, Granby Street in Norfolk, and the Town Center of Virginia Beach — all while supporting the Foodbank's mission to eliminate hunger.

Participating restaurants include: Stellar Wine Co., Gosport Tavern, Roger Brown's, Scoops Ice Cream & Café, The Grilled Cheese Bistro, The Barrel Room, LUCE, Todd Jurich's Bistro, McCormick and Schmick's Seafood & Steaks, Tupelo Honey, Bravo! Cucina Italiana, and more. For a complete restaurant list, please visit www.foodbankonline.org/taste-events.

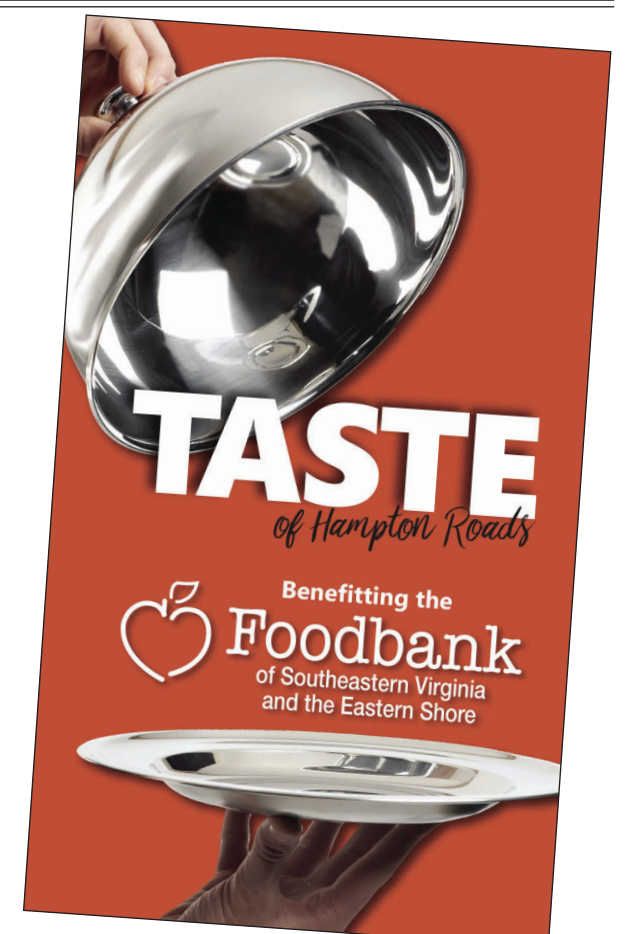
WHEN/WHERE:

September 29, 2018 — Old Town Portsmouth
October 6, 2018 — Downtown Norfolk
October 21, 2018 — Town Center of Virginia Beach
2:30 p.m. - 5:30 p.m.

Tickets can be purchased online for \$35 per person, per city; or \$50 the day of each event. The ticket price includes food samples at all participating restaurants in that city. Each ticket purchased for the event will help to provide 100 meals for children, families, adults, and seniors struggling with hunger in our community.

About the Foodbank of Southeastern Virginia and the Eastern Shore

For over 35 years, the Foodbank of Southeastern Virginia and the Eastern Shore has provided over 261 million meals to those in our community who face hunger. Through our programs, facilities, and large network of community partners, we "eliminate hunger" on a daily basis for many. However, we understand that our current work addresses hunger for individuals in the short term. It does not address the root causes which force individuals to return to a food pantry again and again. This understanding has led to the creation of a new 3-year strategic plan aimed to move Hampton Roads closer to achieving the mission of eliminating hunger for those we serve — not only for the day, or for the week, but for a lifetime. For up-to-date information on the Foodbank, visit www.foodbankonline.org.



Calendar

For a complete list of events in Hampton Roads or to submit your own, visit www.flagshipnews.com/calendar



Courtesy The Norva

Clutch, Sevendust & Tyler Bryant and the Shakedown at the Norva

- Sept. 27, 7 p.m. \$33 advance, \$36 day of show
- The NorVa, 316 Monticello Ave., Norfolk
- www.thenorva.com

Clutch returns with heavy-hitters Sevendust and Blues rocker Tyler Bryant & the Shakedown. Special Offer: The price of your ticket when purchased in advance online includes a physical CD copy of Clutch's new album "Book of Bad Decisions." You'll receive information on how to redeem the album after purchasing your ticket. Offer valid through 10/29/18. US residents only. Not valid on Resale tickets.

45th Annual Neptune Festival Boardwalk Weekend

- Sept. 28-30. Free
- Virginia Beach Oceanfront
- www.neptunefestival.com

2018 marks the 45th anniversary for the Virginia Beach Neptune Festival and its signature Boardwalk Weekend-Virginia Biggest Party! Every year, hundreds of thousands of people celebrate at the festival's many offerings! Daily concerts at festival stages are scattered along 32 blocks of the boardwalk and feature 35 performances from local, regional, and national recording artists. On the boardwalk, you can find over 250 artisans displaying handmade work, at an Art & Craft Show that has been ranked in the Top 20 Fine Art and Design Shows across the country. Keep walking to find 22 magnificent sand sculptures created by world-renowned international sculptors at Neptune's International Sand Sculpting Championship. Other weekend events include Neptune's 8k Race, Grand Parade, Volleyball Tournament, Atlantic Regatta, Youth Art Show, and more!

Boardwalk Weekend fills 3 musical stages with great local and national talents. Visit <https://www.neptunefestival.com/events/boardwalk-weekend#liveMusic> for full music schedule. Stages are located at 17th, 24th, and 31st Streets on the Boardwalk, and all shows are FREE!

Bon Secours Annual Drive-Thru Flu Shot Day

- Sept. 29. 8-11 a.m. Free
- Bon Secours DePaul Medical Center in Norfolk, Bon Secours Health Center at Harbour View in Suffolk, Bon Secours Maryview Medical Center in Portsmouth, and Bon Secours Mary Immaculate Hospital in Newport News
- www.BonSecours.com/flushots

Get the Shot, Not the Flu! Join us for our FREE Drive-Thru Flu Shot Day:

Portsmouth - Pink Ribbon 5K

- Oct. 3. 8 p.m. \$23, \$28 day of event
- NSHR Portsmouth - Riverview Fitness Center, 1101 Holcomb Rd., Bldg. 276, Portsmouth
- 757-953-7024

Wear pink and show your support for Breast Cancer Awareness Month at NSA Hampton Roads - Portsmouth's Pink Ribbon 5K on Wednesday, October 3 at 11:30 a.m. at Riverview Fitness Center. The free race is open to all DoD ID card holders and medals will be awarded to all finishers. Online registration is now open through Friday, September 28 (see below). Same-day registration begins at 10 a.m.

For more information, call 757-953-7024.



Photo by Harry Gerwien

The 2018 Navy Ball is approaching!

- Oct. 13. **TICKETS ON SALE NOW**
- E6 & Below: \$50
- O1-O4/CWO/E7-E9: \$70
- O5-O6: \$80
- O7 & Above/SES: \$90
- Retiree/Other DoD/Civilians: \$90
- Virginia Beach Convention Center, 1000 19th St., Virginia Beach
- www.militarynews.com/navy-ball/
- Follow "Register" link to purchase tickets

The Flagship Inc. invites you to attend the 2018 Hampton Roads Navy Ball. Join us on Saturday, Oct. 13, at the Virginia Beach Convention Center for this time honored tradition. Seating is limited and will be sold on a first-come, first-served basis.

Community

■ Submit YOUR events, news and photos

The Flagship welcomes submissions from our readers online.

Please submit **events** here: www.militarynews.com/users/admin/calendar/event/

Please submit **news** and **photos** here: www.militarynews.com/norfolk-navy-flagship/submit_news/.



Courtesy Virginia Zoo

Zoovies is something to roar about

By Ashley Grove Mars

NORFOLK

Join the Virginia Zoo for a night the whole family will roar about! Bring the kiddos or your friends to Zoovies, an outdoor movie night under the stars on the Zoo's Event Field. On October

5, the Disney hit "The Lion King" will be shown to celebrate our littlest lion, Emery's first birthday.

Emery was born on October 28, 2017 to parents Zola and Mramba in the Zoo's Africa - Okavango Delta. Before the movie, watch a special video recapping Emery's first year where attendees

will hear from his Keepers about what he's been up to. No birthday celebration would be complete without a surprise, so the first 100 children will receive a fun birthday favor!

General admission tickets are just \$5 and Virginia Zoo members are free with a valid Virginia Zoo membership card. Gates open at 6 pm, movie begins at dusk. Chairs and blankets welcome. Popcorn, snacks, beverages, beer and wine will be available for purchase. Purchase your tickets in advance at virginiazoo.org/events.

World's largest Viking ship to sail into Norfolk. . .Take Two

Viking ship, Draken gets rescheduled arrival date

From Nauticus

Norwegian Viking ship, Draken Harald Hårfagre (Draken) has announced Norfolk, VA as an official stop on its Expedition America: East Coast Tour 2018 presented by Highland Park Single Malt Scotch Whisky. The tour, which launched in July 2018, will bring the world's largest operating Viking ship to Norfolk for a 3-day stopover from September 27 through September 30. Beginning with an arrival ceremony on September 27 and continuing with 3 days of ship tours and activities in the Draken Village, the Draken visit promises visitors an engaging look at the modern-day Viking spirit.

"Nauticus is proud to welcome this amazing vessel to the downtown Norfolk waterfront," said Stephen Kirkland, Nauticus executive director. "It's a chance for the community to meet an international team of mariners and learn more about traditional Viking shipbuilding."

"We are excited about the arrival of the Draken, and the opportunity for our visitors to explore the decks, learn about the history of the ship and see demonstrations" said Sam Rogers, interim president & CEO of Visit Norfolk.

Hosted in partnerships with Visit Norfolk, the Draken will dock at Nauticus and offer a once-in-a-lifetime opportunity for visitors to relive history in a way never experienced be-

fore. Draken will allow guests to not only marvel at this stunning Viking ship - but also to interact with the crew as they share their personal experiences of thrill, fear, and exhilaration while enduring the ship's 2016 transatlantic crossing - reliving the Viking discovery of the New World more than 1,000 years ago.

The Draken Experience in Norfolk

Thursday, September 27

Draken Arrival Ceremony, 4 p.m.

Guests are invited to greet the Draken ship as it sails into port with a display of Viking valor and excitement. Captain Björn Ahlander and his crew will step ashore to welcome the crowd and introduce the Draken. This event is free and open to the public.

Friday, September 28 through Sunday, September 30

Draken Village & Deck Tours, 10 a.m. - 8 p.m.

Beginning daily at 10 a.m., Draken will be open for timed and ticketed deck tours. Tour tickets, which run \$6 for kids (ages 5 to 15, free admission for ages 4 and under); \$12 for adults (ages 16 and over); and \$30 for a family pack (includes two adults, and up to three children) can be purchased online at www.drakenhh.com, or on-site at the Draken Village. During each 30-minute tour, guests are guided through the ship and offered a look at a day-in-the-life of the crew and the historic craftsmanship used to build the ship with oak, tar, hemp, iron, and silk.

56th Annual Ocean View Art Show just a few weeks away

From David Hinde

The 56th Annual Ocean View Art Show is just a few weeks away. Applications have been received from many local artists, and from artists around the country. This year's show is shaping up to be a great time for everyone. There will be painters, sculptors, jewelers, potters, and many more displaying their art work in the Ocean View Beach Park. Each artist will have work displayed and for sale in their booth. Your favorite food vendors will also be there, and many local bands will be entertaining the crowds.

Once considered a small local art show, the Ocean View Art Show has really taken off. Artists from the Hampton Roads area will be working side-by-side with artists from around Virginia and from several other states. Norfolk will be welcoming artists from as far away as Florida and Connecticut. Many of the artists are top award winners in art shows around the country. The word is out in the art world, the Ocean View

Art Show is the place to be in October!

Show times are 10 to 5 both Saturday and Sunday, Oct. 13 and 14. The Ocean View Beach Park is located at 100 W. Ocean View Avenue, in Norfolk, VA. If you've been around the Hampton Roads area for long, you will remember this site as the home of "The Rocket" Roller Coaster and the Ocean View Amusement Park.

One of the popular features of the Ocean View Art Show is the student tent. Students from area Middle and High Schools are invited to display their work. There is no charge for the students, the work will be judged, and awards presented. This is an excellent opportunity for students to experience the excitement of an Art Show, and to mingle with and learn from the area's finest artists. 2017 saw over 50 students displaying their work.

The Chesapeake Bay Art Association was formed in 1961 when a group of artists living in Norfolk's Ocean View area got together. The outdoor Art Show was their first big event, and has been held in Norfolk since 1962. This is Virginia's oldest and largest artist run show, and the only one giving back to the art world in the form of art scholarships. John B. Tenney was one of CBAA's original members. He donated a painting to be auctioned off, with the proceeds going towards a high school scholarship fund. That tradition has continued since his passing, with 7 High School students being awarded scholarships in 2018.



CHILDREN BATTLING CANCER TO TAKE THE STAGE FOR "FASHION FUNDS THE CURE"



Photos courtesy National Pediatric Cancer foundation

From MacArthur Center

The National Pediatric Cancer Foundation is working to find a cure for our youngest fighters. You can celebrate their courage as they make their debut on the runway for Fashion Funds the Cure, benefitting The National Pediatric Cancer Foundation. The runway show is scheduled for Saturday, September 29 at 2 p.m. in MacArthur Center in Norfolk, VA.

This event provides the perfect opportunity to see the latest fashions and make a difference in the lives of children battling cancer, all at the same time. We are anticipating an attendance of 300+ at this premier event in center court at MacArthur Center.

The fashion show will highlight the latest fashions from Charming Charlie, Chico's, Dillard's, Francesca's, Loft and Talbots. During the first segment of the show we will meet each featured pediatric cancer patient

and learn about their hobbies and interests. The second segment showcases the newest trends of the season. As a finale, each featured model will walk dressed as what they want to be when they grow up, walking with someone from that profession. The uplifting finale will be staged with music that complements each child's dream.

A Silent Auction will round out the event and showcase many of MacArthur Center's merchants including Aveda, California Pizza Kitchen, Dillard's Pandora, Sephora, Talbots, The Children's Place, Yankee Candle and an item from Fink's Jewelry valued at \$1,000.

Founded in 1991, The National Pediatric Cancer Foundation is dedicated to funding clinical trials by collaborating with a network of cutting-edge hospitals across the nation to eliminate childhood cancer and fast track less-toxic, more targeted treatments

and therapies. The NPCF has received a perfect 100% score for financial health and transparency and is recognized as the top-rated cancer charity in the U.S. by Charity Navigator.

Why is this important?

- Cancer is the #1 cause of death by disease among children.
- 43 children per day are expected to be diagnosed with cancer.
- Only 4% of the billions of dollars that are annually spent on cancer research and treatments are directed towards treating childhood cancer.
- More than 95% of those who survive childhood cancer will have a significant health related issue by the time they are 45 as a result of being treated with drugs designed for adults.

SPECIFIC DETAILS & TICKET INFORMATION

Event: Fashion Funds the Cure benefits National Pediatric Cancer Foundation

Date: Saturday, September 29, 2018

Location: MacArthur Center, Center Court, 300 Monticello Ave., Norfolk, VA 23510

Time: Runway show begins at 2 p.m.

Tickets: Public is invited to purchase tickets at NationalPCF.org (NationalPCF.org/Norfolk), or by calling 813-269-0955. General Admission tickets \$25. Group ticket prices are available.



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Fabulous Fall Flavors: Why Autumn is ideal for gardening, plus timely tips for success

From Brandpoint

For any gardener, fall is bittersweet. The exuberance of summer's bounty has started to fade, while cooler nights and less daylight signal the approach of cold, dark winter.

However, there's still plenty of time to savor some of the garden's best flavors before you close your door on the season. In fact, now is the perfect time to plant what are collectively known as "cool weather" crops — tasty favorites that thrive in autumn's chill.

Bonnie Plants grows a wide variety of cool-weather veggies and herbs, perfect for fall planting. Availability of Bonnie's fall varieties is limited to specific regions, so check your local garden retailers to find plants near you.

Select some hardy favorites to get weeks of crisp cabbage slaws, healthy kale bowls, crunchy cauliflower and broccoli or even hearty greens like collards or Swiss chard, perfect to pop in a long-simmering winter braise.

Other fall favorites include Brussels sprouts — delicious roasted with slivers of garlic, olive oil and a touch of balsamic vinegar — or any of the versatile salad greens like lettuce and spinach or flavorful herbs like cilantro that tend to suffer and bolt prematurely in sweltering summer sun.

Here's six timely tips from Bonnie Plants to help you make your fall garden as enjoy-

able as your summer harvest.

1. Go big at home

Plant pre-started vegetable or herb transplants rather than seeds to squeeze every last moment out of fall's compressed growing season. These plants love warm soil coupled with cool air and will start to grow quickly. Using transplants instead of seed also means you'll be gathering tasty produce weeks earlier than you would with seed-sown varieties.

2. Stretch the season

While you can certainly plant cool-season veggies and herbs in pots or in the ground, a simple, commonly available garden product, a "cold-frame", can help you extend your fall season by providing some added protection. A cold frame is a four-sided, clear box — open to the soil at the bottom — with a hinged lid. Because the ground inside stays warmer than the ambient air temperature, a cold frame protects plants long after unsheltered veggies start to fail. (On warm, sunny days, be sure to crack the lid open to prevent too much heat from building up inside.)

3. Prepare your plot or pot

If planting in-ground, be sure to clear the area of previous planted crops and weeds, as they may decay and harbor bacteria. Always bag, tie and discard debris. Turn up the soil's



Brandpoint image

top layer and add some bagged compost, and mulch. If planting in a pot, be sure to sanitize pots and use fresh, new potting soil, specifically formulated for containers.

4. Proactively patrol for pests

While pest numbers naturally decline in the cooler days of fall, they don't disappear entirely. Common pests of cool-season plants include tiny, sap-sucking aphids, caterpillars (particularly from cabbage white butterflies) and harlequin bugs. Inspect your plants for tiny clusters of aphids or tell-tale holes in the leaves. Handpick caterpillars or harlequin bugs from plants and dispose of them or use a strong blast of water from a hose to dislodge aphids.

5. Embrace cooler, carefree comforts

With the warm days and cool nights of fall, less moisture evaporates from your garden or pots, so you'll need to water less often. (Only water when the soil 2" deep is dry.) In addition, many cool weather crops handily survive light frosts, growing well until a very hard freeze ends their productivity. Better yet, chilly weather improves the flavor of many late-season varieties, including members of the cabbage family, kale, Brussels sprouts and chard, by turning their starches into natural sugars, making them a sweet and healthy treat.

6. Take time to relax

Just like plants, gardeners enjoy a break from the stifling heat of summer. With the leisure of cool days, fewer chores and less weeding as the garden begins to wind down, you'll be able to enjoy the garden more while you wait to harvest your fall favorites to

“There's still plenty of time to savor some of the garden's best flavors before you close your door on the season. Now is the perfect time to plant what are collectively known as "cool weather" crops — tasty favorites that thrive in autumn's chill.”

boost your recipes and brighten your table.

If you don't want to give up on your garden's bounty, pick up a selection of cool-season favorites from Bonnie Plants now — and keep your garden growing!

For more information on fall gardening and varieties, please visit www.bonnieplants.com.



Brandpoint image

8 home security hacks recommended by police

From Brandpoint

Did you know that many police departments have a community affairs officer whose primary goal is to build a strong working relationship with the community? That means you have access to a trained safety expert who wants to give you ideas to keep your home and neighborhood safe.

Read on for eight simple home security hacks from a recent home safety evaluation conducted by a police officer.

1. Change the locks

When was the last time you changed the locks? How many previous owners have there been and how many keys have been given out to neighbors, friends, family or delivery people? You never know who has a second copy, and for less than \$100 at Home Depot, you can change your locks immediately.

2. Replace outdoor lightbulbs

If you don't have outdoor flood lights, get them. If you have them, make sure the bulbs are in working order.

3. Place an alarm sign in your yard

Many would-be thieves won't approach a house if they think it has an alarm. You can get an alarm sign online.

4. Buy an indoor camera

Cameras can capture a suspect in the act and let homeowners check the footage from anywhere. FunLux indoor cameras offer high-quality images and night vision, and they're motion activated and affordable. You can get them on Amazon for about \$25 each.

5. Get out the garden shears

Every bush outside of your windows should be below the window line, usually 2-3 feet in height, to maximize your



Brandpoint image

visibility from the inside of your house to the outside, so that means you must trim your bushes. You can get garden shears at your local hardware store for \$15.

6. Bake some cookies

One of the best ways to stay safe is to work together as a neighborhood. We all need to keep an eye on each other and what better way to start that relationship than with a plate of cookies?

7. Protect your neighborhood

There are many measures you can take to improve your community safety, with varying levels of affordability. Some cost hundreds of thousands of dollars and some, like Flock Safety, you can buy for less than \$3 per month, per home.

Outdoor security cameras, like Flock Safety, can reduce crime and prevent would-be criminals from entering the neighborhood.

8. Ask for a security survey

Officers will walk around your house, inside and out, to assess its safety and could reveal some surprising tips. They want to help, and they are motivated to solve and prevent crime.

For more information on keeping your home and neighborhood secure, as well as a free cost estimate for outdoor security cameras, visit www.flocksafety.com/securityhacks.

Sports

Admirals 2018 training camp: The world is pointing to Norfolk

Ten countries expected to be represented; scrimmage schedule announced

From Norfolk Admirals

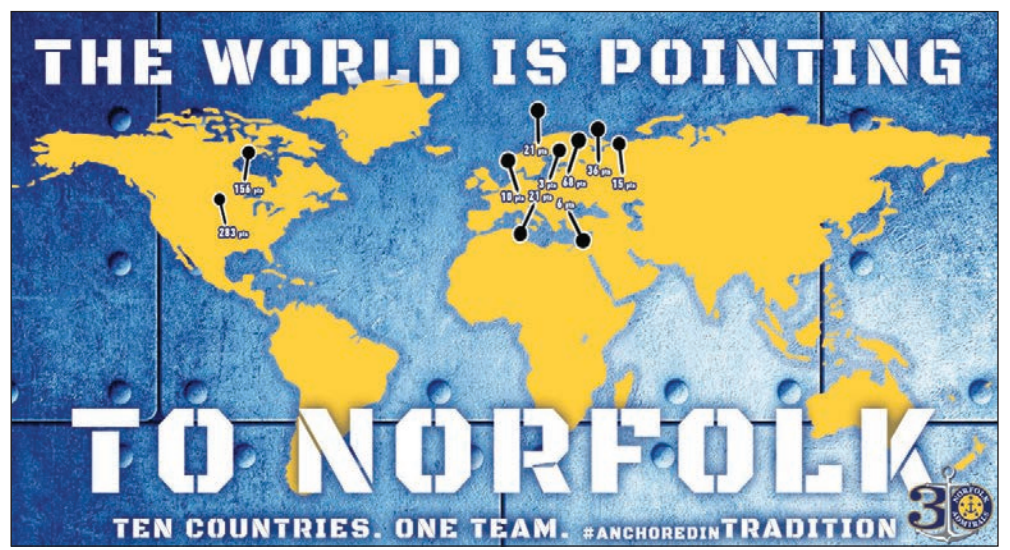
The Norfolk Admirals are pleased to announce that the team's 2018 Training Camp roster is comprised of players representing ten different countries. Players hailing from the United States, Canada, Austria, Switzerland, Latvia, Sweden, Poland, Hungary, Czech Republic and the Ukraine will all head to Norfolk to compete for a spot on the Opening Night Roster. Training Camp opens on Friday, September 28. The complete training camp roster will be announced at a later date.

Several of these players have played on their respective country's national teams. The roster features players signed to standard player contracts (SPC) and amateur tryout agreements (ATO), while others are under contract with the team's new affiliates the Arizona Coyotes (NHL) and the Tuc-

son Roadrunners of the American Hockey League (AHL).

"Recruiting is a year-round process," said Admirals Head Coach Robbie Ftorek. "We had a good second half last season, and we look to build off that momentum heading into the upcoming year. We are excited to bring back some key players from last season, while adding several proven players from across the ECHL and the college ranks as well. Additionally, we have expanded our recruiting to a global scale and will be bringing in players from all over the world who want to be part of what we are doing here."

"There's a lot to be excited about as we head into our 30th Anniversary Season," said Admirals President Trent Ferguson. "The organization as a whole is heading in the right direction both on and off the ice. Off the ice, we have already seen an 11-percent increase in season ticket sales. On the ice, we have players from all over the globe that have expressed their interest to become part of the tradition of Admirals Hockey. It is going to be an exciting and very competitive train-



Courtesy Norfolk Admirals

ing camp and we welcome our fans to come check it out."

The team will open its 2018 Training Camp on Friday, September 28. The team will take part in several scrimmages during the opening weekend of camp (Sept. 28-30).

2018 scrimmage schedule:

Friday, September 28, 6 p.m.
Scrimmage 1
Saturday, September 29, 10 a.m.
Scrimmage 2
Sunday, September 30, 10 a.m.
Scrimmage 3

All scrimmages will take place at the Norfolk Scope and are free to the public.

The complete Training Camp Roster and camp practice schedule will be announced at a later date.

The Admirals open their 30th Anniversary Season on October 13 at home against the Wheeling Nailers. Game time is set for 7:00 p.m.

Full and partial season ticket plans are now available by visiting NorfolkAdmirals.com or by calling the Admirals office at (757) 640-1212.



(L-R) Migo voiced by CHANNING TATUM and Percy voiced by JAMES CORDEN in the new animated adventure "SMALLFOOT" from Warner Bros. Pictures and Warner Animation Group.

Courtesy of Warner Bros.

new in theaters

SMALLFOOT (PG)

A smart young yeti encounters a stranded human mountaineer, creating chaos amongst his small village of disbelievers. Desperate to prove the existence of the "smallfoot", he sets out to find the mountaineer and bring an end to the debate once and for all.

THE HOUSE WITH A CLOCK IN ITS WALLS (PG)

Ten-year-old Lewis goes to live with his uncle in a creaky old house that contains a mysterious ticktock noise. When Lewis accidentally awakens the dead, the town's sleepy facade magically springs to life with a secret world of witches and warlocks.

FAHRENHEIT 11/9 (R)

Michael Moore's "Fahrenheit 11/9" is a provocative and comedic look at the times in which we live. It will explore the two most important questions of the Trump Era: How the f**k did we get here, and how the f**k do we get out? It's the film to see before it's too late.

LIFE ITSELF (R)

As a young New York couple goes from college romance to marriage and the birth of their first child, the unexpected twists of their journey create reverberations that echo over continents and through lifetimes.

AMERICAN DRESSER (NOT RATED)

When a recent widower consumed with regret seeks absolution in riding his motorcycle cross-country to confront the mistakes of his past, he unexpectedly discovers that life is about moving forward, one mile at a time.

ASSASSINATION NATION (R)

High school senior Lily and her three best friends live in a haze of texts, posts, selfies and chats -- just like the rest of the world. Their small town gets turned upside down when an anonymous hacker starts to reveal personal messages and secrets of thousands of people. As anger erupts into full-blown violence, the four girls soon find themselves in a fight for their lives against an armed mob.

GARRY WINOGRAND:

ALL THINGS ARE PHOTOGRAPHABLE (NOT RATED)

Described as a "poet," an "athlete," or a "philosopher" of photography, Garry Winogrand harnessed the serendipity of the streets to capture the American 1960s and '70s. His Leica M4 snapped spontaneous images of everyday people, from the Mad Men era of New York to the early years of the Women's Movement to post-Golden Age Hollywood. Once derided by the critics, Winogrand's "snapshot aesthetic" is now the universal language of contemporary image making. Garry Winogrand: All Things are Photographable is the first cinematic treatment of Winogrand's work, including selections from the thousands of rolls of film still undeveloped upon his unexpected death in 1984.

THE GREAT BATTLE (NOT RATED)

With epic scale and breathtaking action, THE GREAT BATTLE tells the story of the Siege of Ansi, where Goguryeo forces held their fortress against 500,000 invading Tang soldiers in a battle that raged for eighty-eight days.

LOVE, GILDA (NOT RATED)

Love, Gilda opens a unique window into the honest and whimsical world of beloved performer Gilda Radner, whose greatest role was sharing her story. Working with the Radner estate, D'Apolito unearthed a collection of diaries and personal audio and videotapes documenting her childhood, her comedy career, her relationships and ultimately, her struggles with cancer. These never-before-seen-or-heard footage and journal entries form the narrative spine of the documentary, allowing Gilda to tell her own story -- through laughter and sometimes tears.

THE SISTERS BROTHERS (R)

It is 1851, and Charlie and Eli Sisters (Joaquin Phoenix and John C. Reilly) are both brothers and assassins, boys grown to men in a savage and hostile world. They have blood on their hands: that of criminals, that of innocents... and they know no state of existence other than being gunmen. The older of the two, introspective Eli (Reilly) rides hard with his younger sibling yet dares to dream of a normal life. The younger of the two, hard-drinking Charlie (Phoenix) has taken charge with gusto as lead man on the duo's assignments. Each increasingly questions, and quibbles with, the other's methods. The Sisters brothers find themselves on a journey through the Northwest, bringing them to the mountains of Oregon, a dangerous brothel in the small town of Mayfield, and eventually, the Gold Rush land of California -- a journey that will test the deadly family ties that bind. But, can it also be the path to rediscovering what remains of their humanity?

base theaters \$3 Movies



Courtesy The Jim Henson Company

Detective Phil Phillips is a down-on-his-luck puppet who used to work for the Los Angeles Police Department. When two puppets from an old TV show wind up dead, Phil suspects something is afoot and rejoins the LAPD as a consultant. Reunited with Connie Edwards, his former human partner, the bickering duo soon find themselves in a race against time to protect other former cast members before the killer strikes again.

JEB Little Creek, Gator Theater – 462-7534

Friday, September 28

6 p.m. Alpha (PG-13)
9 p.m. Searching (PG-13)

Saturday, September 29

1 p.m. Alpha (PG-13)
4 p.m. Searching (PG-13)
7 p.m. The Nun (R)

Sunday, September 30

1 p.m. The Meg (PG-13)
4 p.m. Alpha (PG-13)
7 p.m. Crazy, Rich, Asians (PG-13)

NAS Oceana, Aero Theater – 433-2495

Friday, September 28

6 p.m. Searching (PG-13)
9 p.m. The Nun (R)

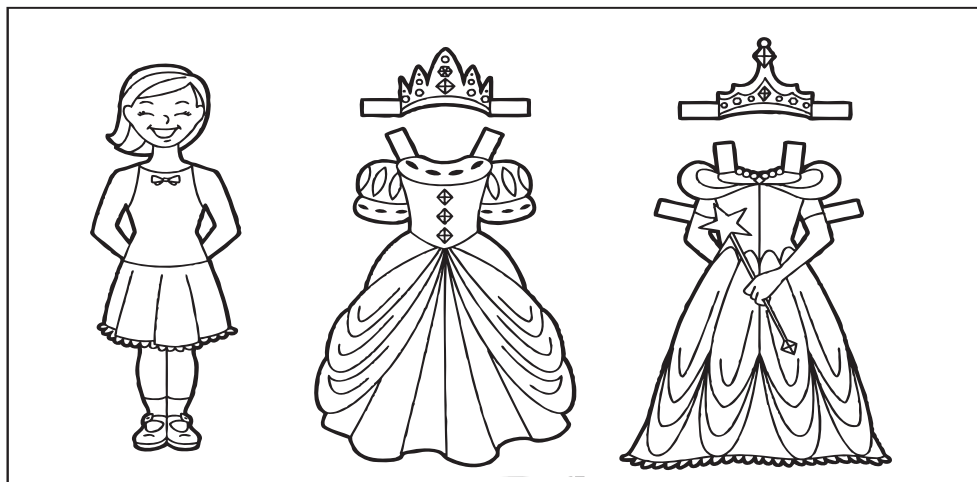
Saturday, September 29

12 p.m. Alpha (PG-13)
3 p.m. Happytime Murders (R)
6 p.m. The Nun (R)

Sunday, September 30

12 p.m. Crazy, Rich Asians (PG-13)
3 p.m. Mile 22 (R)
6 p.m. Happytime Murders (R)

Schedule is subject to change. For your weekly movie showtimes and more, check out the Navy Mid-Atlantic Region MWR website at discovermwr.com.



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HD 2003 Softail Springer 100th Anniversary, EC, Vance and Hines Pipes, \$9,999. (757) 423-8730

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Honda 2013 CRV EXL, mocha, AWD, cross bars, weather mats, \$16,800. 757-424-2442.

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Ford 1994 F250, Extra Cab, 8' bed, new tires, 145K mis., \$3800. Snyder's RV 499-8000

Ford 1996 F150 XLT Excel cond, 5.0, new tires, 8' bed /liner, utility box, tow pkg, a/c, power interior, 259K hwy miles. \$6,900. 757-239-1572

Freightliner 2001 Box Truck 26' box, well maintained, high miles, \$9,750 Tom 757-718-9460

Isuzu 1984 Pup-Diesel, long bed, lots new, best offer, 757-466-1239.

Vans

Honda 2013 Odyssey EXL, 84K, leather, roof rack, well-maintained, \$16,000. 404-2666.

4-Wheel Drives

Jeep 2006 Commander V-8, leather, sunroof, fully loaded, aftermarket wheels, tires, stereo, \$6000 obo 757-406-0421

CHOOSE CAR SEAT: BY AGE & SIZE

THE ONES WHO ACTUALLY DO.

THE NUMBER OF PEOPLE WHO THINK THEY HAVE THEIR CHILD IN THE RIGHT SEAT.

KNOW FOR SURE

IF YOUR CHILD IS IN THE RIGHT CAR SEAT.

VISIT SAFERCAR.GOV/ITHERIGHTSEAT

Ad Council NHSTA Child Car Safety

Fun and Games

Super Crossword

DRUNK IN THE KITCHEN

ACROSS

1 Deceive
8 Scarce supply
14 Champaign's twin city
20 Composer Vivaldi
21 Concert bonus
22 "La Cage aux..."
23 What Swiss steak may be braised in
25 Circular window
26 Personal identity
27 High-arcing shots
28 "Gotcha!"
30 To be, in Bordeaux
31 Expanded
35 Ballpark snack with lots of toppings
39 Amtrak stop
40 Care for
41 Make sad
42 Title for Tuck
44 Big bird that doesn't fly
47 Honeybunch
48 They may be sprinkled on sauteed spinach

DOWN

55 Partner of Porgy
56 Southern French city
57 Yuletide
58 Quits
61 Arab prince
62 Mine metal
64 Genie's gift
66 Actor Cariou
67 Actor Jacobi
70 Popular cookout side
73 Armour product in a can
76 With 96-Down, "Hang on a minute!"
77 "I'm impressed!"
78 Jane of fiction
80 Suffix with pagan
81 Final words from Caesar
82 Superstars
84 Two-masted craft
86 Exhorting individual
87 Abnormally deep sleep
90 Movie theater tubful
94 Staves off
97 Colo.-to-Ga. direction

101 "'Tis a shame"
104 Middy snoozes
109 Specialty of Popeyes
112 Cause of heartache
113 Elvis' middle name
114 Go — spree
115 Indian tourist city
117 Ride ordered by app
118 Like some census data
121 Rolltop's main ingredient
126 Big name in online brokerages
127 Alternative to PJs
128 Oozing stuff
129 Teeterboard
130 PC-linking protocol
131 Head locks

2 Unlike the Atkins diet
5 Ending for phenyl
6 Assistance
7 "I" or "J" top
8 Floor model
9 Empower
10 Follows, as advice
11 Aussie hopper
12 Tire feature
13 Pronoun for both genders
14 Aliens' craft
15 Fabled bird
16 Maryland crustaceans
17 Mentally alert
18 Woody Allen film subject
19 Sizes up
24 Prehistoric
29 Total up
32 Schisms
33 '90s weep
34 "Idyls of the King" lady
36 Yemeni city
37 Homer's TV neighbor
38 LummoX
40 Sextet half
43 Sleeping woe
45 Lotsa
46 4x4, briefly

48 Judo-like exercise fad
49 Financial guru Suze
50 Comparable
51 Sahara-like
52 Info-packed
53 Lily of drugs
54 Sea dogs
59 Look as if
60 Termination
62 Certain reed
63 Program for getting clean
65 Lance
67 Turn loose
68 Western film
69 Do a 180
71 Palme —
72 Finches' homes
74 Wavy mark in Spanish
75 Bygone Ford make, briefly
79 Reuben bread
82 Fragrant white flowers
83 Natl. voting day
85 Spun traps
86 Agitate
87 Subway charges, e.g.

88 Judge too highly
89 So-so
91 Ship wood
92 UTEP part
93 Big elevator innovator
95 Nugent with a guitar
96 See 76-Across
100 Pi-sigma link
102 Enter via the cracks
103 "Life of Pi" director
105 Drinks loudly
106 Memoirist Wolf
107 Redress
108 Durable coat fabrics
110 Data for a database
111 Michael of "Alfie"
112 Sonny
116 Be still
119 Mouth rinse bottle abbr.
120 Writer Wallace
122 Cato's 450
123 33rd pres.
124 Eternally, to poets
125 Singer Des—

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **S** equals **L**

K CJB'I SKUX IJ EPC-OJTIV
OXIPSRJFUXFH EXZPTHX K
IVKBU WXJWSX HVJTSC
FXHWXZI IVXKF RXSCXFH.

Last week's CryptoQuip answer
If you'd like your folder flaps to stay accessible, you might consider keeping tabs on them.

last week's answers

ALIST ICEBOX MOMENTUM
REFER TIRADE ONETOONE
CANCANDANCERTAXAUDIT
DEUCY AOK ALI GATE
SMELTING SOCCERPLAYER
LIDA NEET RORY ROT
UNBROKENHORSEPIA PJS
REELS STER VENT OOH
YOYO BABYONTHEWAY
QUA LENOS NOELS NENE
UNDIES KICKING ACORNS
AEON ERROL SAITH SET
KARATEMASTER NOAH
ESE AXIS OAHU FIERGON
RED CUT DISCHARGED GUN
FIR GERE ABEL DONA
HABITBREAKER ASONEMAN
ALAN END HEN VENAL
ROCKSTAR SPIKEDEGGNOG
SHOELACE GENERA REINE
HANDOUTS TIEDON IMAGE

4 5 1 8 2 6 7 3 9
2 3 7 5 9 4 1 6 8
8 9 6 7 1 3 2 5 4
6 1 2 3 4 7 8 9 5
5 8 4 9 6 1 3 2 7
3 7 9 2 8 5 6 4 1
9 4 3 1 7 2 5 8 6
7 6 5 4 3 8 9 1 2
1 2 8 6 5 9 4 7 3

Sudoku

4			3					5
		7	9	1				4
	2				8	1		
		2			3	6		
7	8			4				3
9			2					4
	1				2	9		3
		3		7				8
6			5					1

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<p>2018 4RUNNER</p> <p>\$1000</p> <p>CASH BACK FROM TOYOTA²</p>	<p>2018 Highlander</p> <p>\$1750</p> <p>CASH BACK FROM TOYOTA²</p>	<p>2018 Sienna</p> <p>\$3000</p> <p>CASH BACK FROM TOYOTA²</p>
<p>2018 TUNDRA Crew Max</p> <p>UP TO \$2500</p> <p>CASH BACK FROM TOYOTA²</p>	<p>2018 TACOMA</p> <p>\$1000</p> <p>CASH BACK FROM TOYOTA²</p>	<p>2018 SEQUOIA</p> <p>\$3000</p> <p>CASH BACK FROM TOYOTA²</p>

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