

CNATRA

HQ COMMANDER

MAY 2019

BLUES CO SELECTION

New Blue Angels CO
selected for 2020 season

WINGS OVER SOUTH TEXAS

Air show draws thousands
to NAS Corpus Christi

CNATRA KICKS OFF SPECIAL OLYMPICS SPRING GAMES

TW-4 UNVEILS HERITAGE WALL

/ MISSION BRIEF

To safely train the world's finest combat quality aviation professionals, delivering them at the right time, in the right numbers, and at the right cost to a Naval force that is where it matters, when it matters.

/ WE ARE TEAM CNATRA

- We are "all in" for the mission
- We are professionals dedicated to improving ourselves, our team, and the naval services
- We lead with integrity, moral courage, and discipline
- We are accountable to the nation, our service, each other, and our families
- Integrity is our foundation

/ ADMIRAL'S SUGGESTION BOX

Got a suggestion? There are several ways to submit your suggestions to Rear Adm. Harris or COS:

1. Go to: <https://adss.navy.mil/applications/00sb.aspx>
2. Visit www.cnatra.navy.mil and click on "Contact" then "Contact Us" to find a link to the suggestion box.
3. Use the link on the SharePoint portal.
4. Use the suggestion box at the CNATRA quarterdeck.

/ ON THE COVER

Ensign Matthew DeMar, a student naval aviator assigned to Training Squadron (VT) 2, logs flight hours after a training flight at Naval Air Station Whiting Field in Milton, Fla., April 1. *U.S. Navy photo by Lt. Michelle Tucker.*

/ COMMAND INFO

CNATRA: RDML Greg Harris	Rm 233
COS: CAPT Scott Starkey	Rm 232
SEL: AWCS Johnnie Sikes	Rm 212
CDO: Various	(361) 537-7243
CMEO: LT Michelle Tucker	Rm 121
DAPA: YNI Terry McQuaig	Rm 226
HR: Becky Sousa	Rm 225
Ombudsman: Kristine Gibbons	(360) 929-6312
Ombudsman: Anne Owens	(361) 533-2200
SAPR POC: LT Rick Robley	Rm 130
SAFETY/ORM: Dave Watson	Rm 310
SARC: Pat Capitan	(361) 523-3580
SECURITY MGR: Allison Oser	Rm 226
DoD Safe Helpline:	(877) 995-5247

/ MAY IN NAVAL AVIATION HISTORY

May 1, 1934 - Lt. Frank Akers makes a hooded landing in an OJ-2 at College Park, Maryland, in the first blind landing system intended for an aircraft carrier.

May 4, 1961 - Cmdr. Malcolm D. Ross, pilot, and medical observer Lt. Cmdr. Victor A. Prather, Jr, ascend in two hours to more than 110,000 feet in Strato-Lab 5, setting altitude record for manned open gondola.

May 5, 1948 - Fighter Squadron Seventeen A (VF-17A), with 16 FH-1 Phantoms, becomes the first carrier-qualified jet squadron in the U.S. Navy.

May 8, 1911 - Capt. Washington I. Chambers prepares the requisition for the first US Navy airplane, the Triad A-1, marking the birth of Naval Aviation.

May 15, 1942 - The first Naval Air Transport Service flight across the Pacific takes place.

May 18, 1969 - Apollo 10 is launched with Cmdr. John W. Young as command module pilot and Cmdr. Eugene Cernan as the lunar module pilot. The mission is a dress rehearsal for the first lunar landing.

May 22, 1958 - Marine Corps Maj. Edward N. LeFaivre, pilots an F4D-1 Skyray at NAMTC Point Mugu, Calif., scoring five world records in speed climbs up to 3,000, 6,000, 9,000, 12,000, and 15,000 meters with marks of 44.392, 66.095, 90.025, 111.224, and 156.233 seconds.

May 24, 1945 - Patrol bomber PBM aircraft sink Japanese Special Coast Defense Ship No.21 off the China coast. Task Force 58 attacks airfields on southern Kyushu. In return, the Japanese attack U.S. positions and ships at Okinawa and kamikazes strike USS William C. Cole (DE 641), USS Sims (APD 50), LCS (L) 121.

May 25, 1943 - Patrol bombers from (VP 84) sink German submarine U 467 south-southeast of Iceland.

May 25, 1952 - The feasibility of the angled-deck concept is demonstrated in tests conducted on a simulated deck by Naval Air Test Center and Atlantic Fleet pilots using both jet and prop aircraft on board USS Midway (CVB 41).

May 31, 1919 - Curtiss flying boat NC 4 lands at Plymouth, England, concluding the first transatlantic flight.

Blue Angels Announce New Commanding Officer

From Blue Angels Public Affairs

The U.S. Navy Flight Demonstration Squadron, the Blue Angels, recently announced the commanding officer for the 2020 and 2021 seasons at a press conference at the National Museum of Aviation on board Naval Air Station Pensacola.

A selection panel comprised of nine admirals and former commanding officers selected Cmdr. Brian Kesselring to succeed Capt. Eric Doyle.

Applicants are required to have a minimum of 3,000 flight hours and be in current command or have had past command of a tactical jet squadron.

Kesselring, a native of Fargo, North Dakota, joins the Blue Angels after serving as the commanding officer of Strike Fighter Squadron 81. His previous assignments include four squadron tours, where he flew the F/A-18 Hornet and deployed in support of Operation Iraqi Freedom, Operation New Dawn, Operation Enduring Freedom and Operation Inherent Resolve.

Kesselring holds bachelor's degrees in physics, mathematics and business administration from Concordia College and a masters in



National Security Strategy from the U.S. Naval War College. Kesselring has more than 3,790 flight hours and 812 carrier-arrested landings. His decorations include the Air Medal, Strike/ Flight Air Medals, Navy Commendation Medals, Navy Achievement Medals, as well as various campaign and unit awards.

"It's absolutely humbling and I'm honored to be here to represent the Navy and Marine Corps team," said Kesselring.

"Throughout my career as an F/A-18 pilot, I've always looked to the Blues as a source of inspiration."

Kesselring will serve as Commanding Officer and Flight Leader for the 2020 and 2021 Blue Angels air show seasons. He will report for initial training in Pensacola, Florida

in September, and officially take command of the squadron at the end of the air show season in November. The change-of-command ceremony is slated for Nov. 10, at the National Naval Aviation Museum.

As the Blue Angels' commanding officer, Kesselring will lead a squadron of 141 personnel and serve as the demonstration flight leader, flying the number one jet. The Blue Angels perform for 11 million people annually across the United States, and are scheduled to perform 56 shows in 29 locations for the 2020 season.

The mission of the Blue Angels is to showcase the pride and professionalism of the United States Navy and Marine Corps by inspiring a culture of excellence and service to country through flight demonstrations and community outreach.

Since 1946, the Blue Angels have performed for more than 496 million fans.

For more information about the Blue Angels, including the 2019 and 2020 air show schedules, visit www.blueangels.navy.mil. 🇺🇸



PENSACOLA, Fla. Members of the Blue Angels Commanding Officer Selection Board meet at the National Naval Aviation Museum at Naval Air Station Pensacola. U.S. Navy photo by Lt. Michelle Tucker

ASIAN AMERICAN PACIFIC ISLANDER HERITAGE MONTH • MAY

UNITE OUR MISSION

BY ENGAGING EACH OTHER



Naval Air Training Command Announces Winners of Inaugural Civilians of the Year Program

By Marine 1st Lt. Pawel Puczko

CORPUS CHRISTI, Texas – Naval Air Training Command (NATRACOM) distinguished two individuals as the inaugural Civilian and Senior Civilian of the Year, April 12.

Chief of Naval Air Training (CNATRA) Rear Adm. Greg Harris presented the NATRACOM awards to Patricia Mumford for Civilian of the Year and Rick Weaver for Senior Civilian of the Year.

“I continue to be impressed by the quality of work put out by our civilian team,” said Harris. “We are always looking for new ways to recognize some of our extraordinary support staff, and the winners of this new award embody everything our team at CNATRA is doing right.”

CNATRA invited all the nominees for this inaugural award to Naval Air Station Corpus Christi to take part in the ceremony. In addition to


the ceremony, the nominees toured flight simulator facilities at Training Air Wing 4 on base – a chance for them to see firsthand the impact of their daily work. Each nominee had the chance to get behind the controls of T-6B and T-44 simulators as well as the newly implemented T-6B virtual reality simulators.

Weaver, the administrative officer with Training Air Wing 6 at NAS Pensacola, Florida, is responsible for the effectiveness of administrative policies and procedures for more than 800 military instructors, student naval flight officers, civilians, and contractors.

“It was a great honor being selected as the NATRACOM Senior Civilian of the Year for 2018,” said Weaver. “It was humbling to be selected amongst the other candidates considering the quality work my fellow competitors demonstrated throughout the year towards the CNATRA mission of training the

world’s best naval aviators.”

Mumford, a support services supervisor with Training Squadron 22 at NAS Kingsville, Texas, is responsible for the effective management of aviation training jackets, log books, and naval air training and operating procedures standardization (NATOPS) jackets. During 2018, she was responsible for the planning, coordination, and administrative requirements for two jet training carrier qualification detachments.

“It is always nice to be recognized for your hard work, and this was above and beyond anything I could have imagined,” said Mumford. “I enjoyed getting to spend the day at CNATRA and seeing where some of our student naval and Marine aviators begin their training. I also have a whole new respect for the hard work and effort it takes to be selected for these pipelines.” 

CORPUS CHRISTI, Texas Chief of Naval Air Training Rear Adm. Greg Harris, center, presents the awards for the Naval Air Training Command (NATRACOM) Civilians of the Year program, April 12. Harris is accompanied by all the nominees for the inaugural presentation of this award.





USING SOCIAL MEDIA TO FIND A JOB / EFFECTIVE SALARY NEGOTIATIONS

05-07-19 | 6:00 PM

NAS Corpus Christi FFSC

10651 E St, 4th Floor, Naval Health Clinic,
RSVP: corpus@hiringourheroes.org

EVENT DESCRIPTION

Learn the most effective ways to utilize social media for networking and find employment. We'll examine LinkedIn, Facebook, and other resources that we can tap into to find meaningful opportunities. It's time to get serious about negotiating! Join us as we consider salary negotiation best practices from local experts and employers.

Event is open to all military, DoD, Dept. of State, and contractor spouses. Please RSVP by May 3rd for reservation purposes.

Corpus/Kingsville Leads: Brooke Spitzer, Brandie Hayden, Alyssa Weinhold

Email Address/Phone: corpus@hiringourheroes.org / 757-574-5277

Facebook Group: fb.com/groups/MSPNCorpus

CNATRA Helps Kick Off South Texas Special Olympics Spring Games

By Marine 1stLt. Pawel Puczko

CORPUS CHRISTI, Texas – South Texas Special Olympics athletes performed the opening ceremony for the 2019 Spring Games alongside the Chief of Naval Air Training (CNATRA) in the Flour Bluff area of Corpus Christi, April 6.

More than 400 athletes arrived at Flour Bluff High School Saturday morning to compete in the games, escorted by friends and family, and local Sailors and Marines from Training Air Wing (TW) 4.

CNATRA Rear Adm. Greg Harris, along with a dozen officers from across the command, took part in the opening ceremony and led athletes in a procession around the track. The crowd cheered and waved as their athletes passed by.

“It’s a fantastic opportunity for us to give back to the community of Corpus Christi,” said Harris. “The local area supports the military so much and everything we do on

base, it’s an honor to support these athletes with the Special Olympics and give our thanks back.”

The opening ceremony began at 9 a.m. with a brief introduction of each competing region. The athletes walked hand in hand with CNATRA officers, ready to compete. Despite a few nervous looks, most of the athletes were clearly excited to be able to compete in their events. Commodore, TW 4 Capt. Kevin Delano escorted athletes from Ingleside, Texas, reassuring them to do their best and to have fun.

“It has been overwhelming to see the joy this event brings to the kids and the smiles on their faces,” said Delano.

The athletes had the opportunity to take part in various track and field events. Some of the young athletes played a vital role in the opening ceremonies as well. Rolland Garza was the last athlete to run with

the torch and was responsible for lighting the ceremonious flame. Many athletes trained for months prior to the competition, and all of them left with a ribbon or medal that day.

“Just to see how excited they are to compete, to see the look on their faces and how thrilled they are to meet you, it’s inspirational,” said Lt. Col. Brian Dennis, executive officer of Training Squadron 35. “It makes me thankful to be a part of this community and that I could be a part of such a special event.”

Special Olympics events provide an invaluable stepping stone of accomplishment for all athletes who participate. This kind of event offers an opportunity for Sailors and Marines to get out and talk to youth in the local community and perhaps inspire them to find their dreams and reach for the sky. 🇺🇸

CORPUS CHRISTI, Texas Chief of Naval Air Training Rear Adm. Greg Harris accompanies the Flour Bluff Hornets during the opening ceremony of South Texas Special Olympics Spring Games, April 6. More than 400 athletes attended the event, escorted by officers representing CNATRA.
U.S. Navy photo by Anne Owens



Training Air Wing 4 Unveils Heritage Wall

By Lt. Chanon Ortega, TW4 Public Affairs

Training Air Wing Four unveiled its new Heritage Wall showcasing Naval Air Station Corpus Christi's rich aviation history April 8.

The floor-to-ceiling display consists of a video presentation of the base's founding and interviews with aviators and aircrew who were stationed at the base in the past along with photographs depicting the wing's aircraft and personnel. Footage includes an in-depth interview with the City of Austin's former Mayor Lee Leffingwell, a naval aviator who earned his "Wings of Gold" in 1964.


"I find it awe inspiring to look at the history of Naval Air Station Corpus Christi and realize that not only am I walking in the footsteps of some of the most famous aviators in

history to include John Glenn and Neil Armstrong but to see how this base has transformed over the years from not only being a training base but also housing POWs in World War II," said Ensign Mark Gettmann, a student naval aviator with Training Squadron (VT) 28 who helped with the project.

Construction of the base began in June 1940. Then Congressman Lyndon B. Johnson attended the official dedication ceremony when the base opened March 12, 1941. Johnson, who later became president of the United States, was a lieutenant commander in the Navy Reserve and was instrumental in getting the base in Texas.

"It's an incredible honor to be a part of the rich legacy of naval aviation

here at NAS Corpus Christi," said Commodore of TW-4 Capt. Kevin Delano. "To be associated with so many of the giants in Naval Aviation is humbling, and at the same time extremely motivating. The Training Wing 4 heritage wall allows all aviators, young and old, who walk through our doors to experience this legacy and understand the footsteps they follow. It's an inspiring reminder of our history, our ideals, and our privilege to wear the Wings of Gold."

Training Air Wing 4 trains the world's premier military pilots utilizing the T-6B Texan II single-engine turboprop aircraft for primary phase and the T-44C Pegasus for advanced phase multi-engine training. 

CORPUS CHRISTI, Texas

Student Naval Aviators Ensign Derek Hansen, left, and Ensign Benjamin Harrison view Training Air Wing 4's new heritage wall on the command quarterdeck. Students created the wall as a reminder of the rich Naval Aviation heritage at Naval Air Station Corpus Christi.

U.S. Navy photo by Lt. j.g. Khaled Atef



www.public.navy.mil/navsafecen/
(757) 444-3520 (DSN-564)



I AM THE FINAL CHECK.
WHEN I SIT DOWN IN FRONT
OF THE CONTROLS,
I ACCEPT THE RESPONSIBILITY FOR VERIFYING
THAT THE AIRCRAFT IS READY
FOR WHAT I AM ABOUT TO DO.

Ltjg. Jess Phenning, HSL-48

DoD civilians authorized to purchase consumable food items at NEX


From the Navy Exchange Service Command

The Navy Exchange Service Command (NEXCOM) has revised its current internal policy to allow Department of Defense (DoD) civilians, contractors and authorized base visitors to purchase consumable food items at all NEX locations to align with the overarching DoD policy as well as the policies of the other military exchanges. In overseas locations, access and sales are subject to the limitations imposed by the host government. The policy change became effective September 1, 2014.

“DoD policy has always said that its civilians can purchase consumable food items at military exchanges,” said Richard Dow, Senior Vice President, NEXCOM Store Operations. “NEXCOM previously allowed access to purchases from food courts, restaurants and other locations where food was primary focus. This change in policy now includes any NEX facility that sells food items typical for immediate consumption, such as mini marts.”

The food and beverages authorized



for sale include non-alcoholic carbonated/noncarbonated beverages and all food items that will be consumed on the installation such as snacks, single-serve items and microwavable items. This policy specifically excludes the sale of alcohol, tobacco and all other items. 

CNATRA GOLF INVITATIONAL 2019

DEADLINES

Golf Registration: 14 May

Lunch Only: 17 May

- Thursday May 23rd 2019 @ 0800
- Gulf Winds Golf Course, NAS Corpus Christi
- 4 person team scramble format
- All skill levels encouraged
- Awards banquet and lunch included (individuals that do not golf may attend and purchase lunch for \$8.75)
- \$50 per person entry fee (Includes: golf, cart, range balls, tee gifts, lunch and raffle prizes)
- Questions? Email mark.lux@navy.mil or richard.w.robley@navy.mil



Thousands flock to NAS Corpus Christi for Wings Over South Texas Air Show

From NAS Corpus Christi Public Affairs

Tens of thousands of people made their way through the gates of Naval Air Station Corpus Christi this past weekend to watch some of the best pilots in the world perform at the 2019 Wings Over South Texas Air Show.

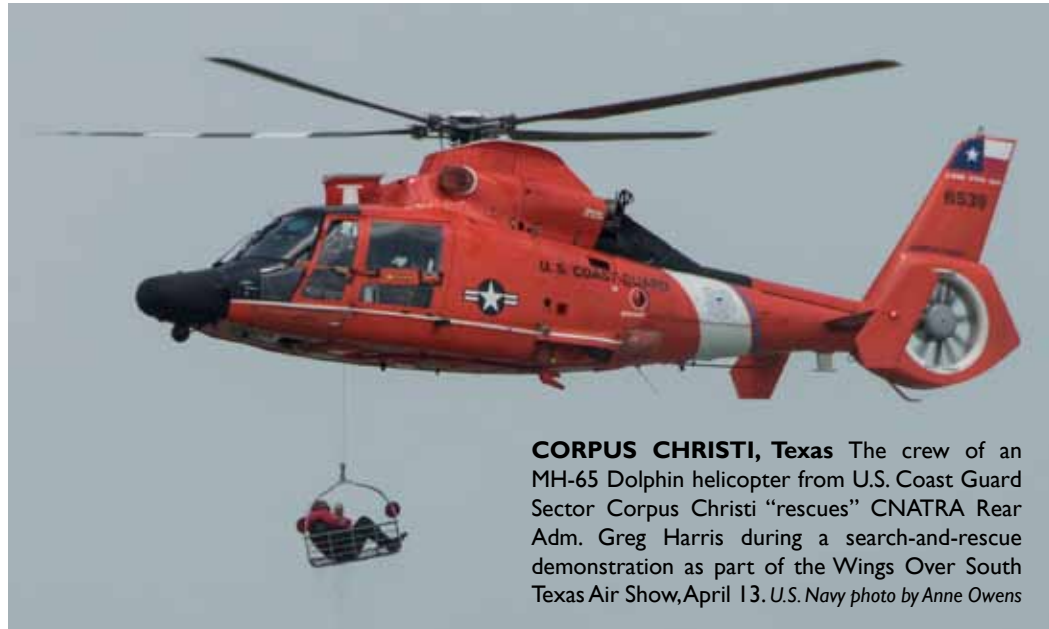
With the weather warm and clear, the crowds came out in force to first watch several military and civilian acts such as Randy W. Ball, 16-time world champion Rob Holland, the A-10C Thunderbolt II Demonstration Team and the world-famous Blue Angels put on a dazzling aerial display.

The Blue Angels' heart-stopping performance lasted for nearly an hour. Fat Albert, the team's trademark C-130 aircraft that transports equipment and support staff to their air shows, was up first with a fly-by to loud applause from the audience.

The Blue Angels then wowed the crowd by performing many of the aerobatic moves that have drawn huge crowds to their shows throughout North America, maneuvers such as the Loop Break Cross and Fleur-De-Lis.

Their knife-edge pass, where two planes come at each other at fast speeds and appear to almost fly into each other before passing in an "X" formation, drew cheers from the audience.

Jennifer and Carlos Ramirez, from Lake City, Texas, said their boys are obsessed with the Blue Angels.



CORPUS CHRISTI, Texas The crew of an MH-65 Dolphin helicopter from U.S. Coast Guard Sector Corpus Christi "rescues" CNATRA Rear Adm. Greg Harris during a search-and-rescue demonstration as part of the Wings Over South Texas Air Show, April 13. U.S. Navy photo by Anne Owens

"We try to make it to the show every year," Jennifer said. "We started coming when Jon was an infant, and now it's all these little guys will talk about. They loved the Meet the Blues event the other day, and they made sure we stayed until they could get as many Blue Angel autographs as possible."

Thomas Dolby, a Florida native currently residing in Corpus Christi, came out to the show particularly to see the Blue Angels, whose performances he used to watch as a child.

"They're just incredible," Dolby said. "I haven't seen them fly since I was a kid and my dad used to take me to shows. You're never too old to watch these guys perform."

The Blue Angels are scheduled to headline the 2020 Wings Over South Texas Air Show at Naval Air Station Kingsville next year.



U.S. Navy photo by Sean Dath

The dates for the next air show will be released later this year on the official Wings Over South Texas Facebook page at www.facebook.com/wostairshow. 🇺🇸

TH-57 CLS Contract Awarded

Following a series of contract protests, the new TH-57 Logistics Support (CLS) contract has been awarded to Dyn-Corp International (DI). DI will provide organizational and depot-level aircraft maintenance services for the 41 TH-57B and the 72 TH-57C aircraft assigned to CTW-5 at Naval Air Station Whiting Field.

CNATRA N4 and the CNATRA Det. Whiting Field are working closely with both the CTW-5 Staff and DI to ensure a smooth transition between the previous and the new contractors. Full performance is slated to begin June 1. 🚁



Bowling League

Although CNATRA Bowling Team “Strikers” won the battle for the last game of the season by defeating the league’s number one team, they fell short in winning the war and came up second in the overall standings. Well done, Strikers. The goal of fun was met. Can you spot Lt. Cmdr. Ronnie Stahl, who is busy on a CQ det? 🚁



U.S. Navy photo illustration by Anne Owens

NAS Corpus Christi Veterinary Clinic

10651 E. Street, Bldg H-110

Corpus Christi, TX 78419

Facebook.com/nasccvtf

(361) 961-3952



Walk-In Vaccine Clinic

Date: Saturday, May 4th **Time:** 0900 - 1300

Location: 10651 E Street, Bldg. H-110

Feline

FVRCP.....\$15
Leukemia.....\$18
Leukemia/FIV Test..... \$30

Canine

DAPv (Distemper/Parvo).....\$15
Leptospirosis.....\$15
Heartworm Test.....\$10

Rabies.....\$10

Microchip.....\$25

Bordetella.....\$18

Exam.....\$35

Preventatives Available to Purchase:

(with a current heartworm test on file)

♦ Trifexis

♦ Heartgard

♦ Revolution

♦ Bravecto



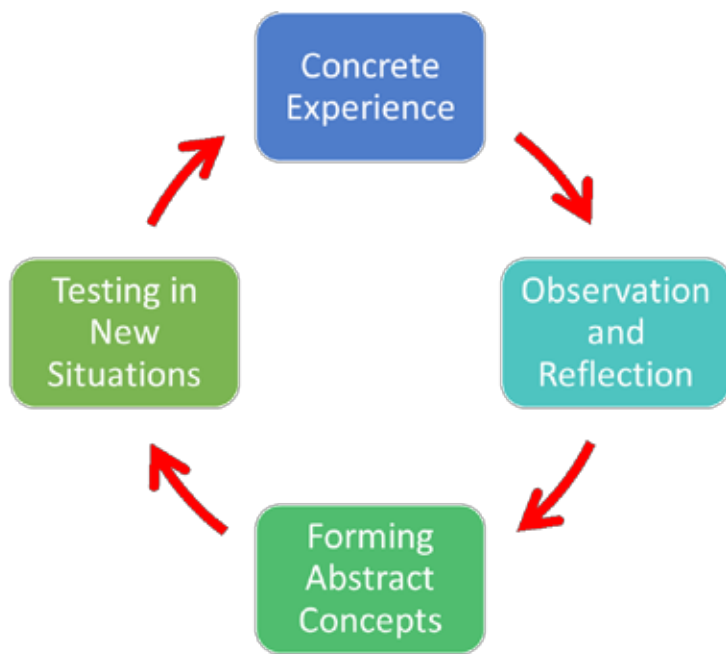
****First Time Clients**:**
Please be sure to bring your
pet(s)' records with you or
come by the clinic and
register before the event.

In accordance with DoD policies, services and purchases are limited to military-affiliated members presenting proper government issued identification cards. (i.e., Military sponsors, dependents, & retirees).

N7//Instructional Systems Design in the NATRACOM

The NAVEDTRA 134 Navy Instructor Manual Chapter 4's topic is the Principles of Learning. While recognizing that there are numerous theories on learning it focuses on behaviorist and constructivism. We discussed behaviorist theory in the last edition, this edition we look at constructivism. Instead of viewing knowledge as something to be received, the constructivist model of learning enables the student to construct knowledge through interaction. Learners build their own internal renditions of external events often by relating them to prior experiences. The constructivist theory is often associated with John Dewey and Malcolm Knowles.

Figure 1. Constructivist Learning Model



Constructivism is very much student-focused, self-directed learning. The student actively “constructs” or builds new ideas and meaning as a result of an open dialogue and ongoing reflection on one’s own prior experiences or knowledge. It is a building block model for learning and has increased in popularity throughout classrooms across the United States since the 1960s.

A Learning Organization


The Fifth Discipline: The Art and Practice of the Learning Organization (Senge 1990) is a book by Peter Senge (a senior lecturer at MIT) focusing on group problem solving using the systems thinking method in order to convert companies into learning organizations. In addition to “disciplines,” which Senge suggests are beneficial to what he describes as a “learning organization,” Senge also posits several perceived deleterious habits or mindsets, which he refers to as “learning disabilities.”

The Learning Disabilities are: I am my position, the enemy is out there, the Illusion of Taking Charge, the Fixation on Events, the Parable of the Boiling frog, the Delusion of Learning from Experience, and the Myth of the Management Team.

In discussing “The Fixation on Events,” Senge says, *Conversations in organizations are dominated by concern with events: last month’s sales, the new budget cuts, last quarter’s earnings, who just got promoted or fired, the new product our competitors just announced, the delay that just was announced in our new product and so on.*

Generative learning cannot be sustained in an organization if people’s thinking is dominated by short-term events. If we focus on events, the best we can ever do is predict an event before it happens so that we can react optimally. But we cannot learn to create.

Master Curriculum Guides (MCG) Changes

All newly developed MCGS will include an interactive table of contents. While many of us have to come to expect this feature in documents we read, they have not been present in our MCGs until now. Starting this month all new or revised MCGs will incorporate an interactive table of contents. This feature will enable students or instructors to rapidly find the chapter, section, or topic they need to review. Formats for CNATRA MCGS are covered in CNATRAINST 1550.6F the Training Improvement Program manual and are standardized. However, this new feature is expected to make reading and navigating the MCGs quicker and easier. Tables of contents are often taken for granted but serve an important role in organizing the content, managing learner expectations, and provide a road map of the training. 

Welcome Aboard!

CNATRA extends a welcome aboard to Kent Peckenpaugh who is joining the CNATRA Team as Innova Systems' on-site representative for the Training Command Sierra Hotel Aviation Readiness Program (T-SHARP). Kent arrived in Corpus Christi in early April after serving as the SHARP Support Representative at NAS Whidbey Island for a few months short of 15 years. Prior to taking that contractor role, Kent retired from the Naval service as a helicopter pilot. He flew SH-60B Seahawk's from cruisers, frigates and destroyers as well, flying UH-3H's as a station Search and Rescue pilot in the mountains of northwest Washington state. Now he is fitting into the CNATRA N7 team working to ensure the new T-SHARP program is ready to help



meet CNATRA's requirements in training the best pilots and flight officers in the world. Kent's family will join him in Corpus Christi when they move into town a little later this spring. 🚢

N7 Word of the Day

Disequilibrium: The inability to fit new information into our existing schema. In this context schema is the thoughts or behavior that organizes categories of information and the relationships among them, in other words, how we think the world works. Disequilibrium occurs if new information does not make sense in relation to prior experience. This state of imbalance requires learners to readjust mental schema, or create new schema in order to understand information. Therefore, an instructor must help learners understand their existing cognitive structures and activate prior knowledge at the time of learning.

Shipmates in the Spotlight

On the Spot Awards. The following individuals were nominated by their supervisors and recognized by the command for outstanding contributions made to the CNATRA mission.

Israel Hernandez – for initiative in researching and analyzing issues associated with creating 360 degree video content of training flights for use with CNATRA curricula.



Angie Hahnert – For her efforts in screening nearly 700 aviation training jackets for accuracy and completeness, correcting deficiencies and cataloging aviation completion data in the Electronic Aviation Training Jacket Data Base to prepare them for shipment to the Federal Record Center as well as working extra hours to review, authenticate for accuracy, and prepare presentation binders for the annual Chief of Naval Air Training Aviation Training Awards panel.



Elizabeth Aguilar – an N7 Training Technician at TW4 she assisted in the creation of the new log book printing tool, replacing the obsolete Excel version. Working with N6 to transition the report to Wing Stats, the new report reduces the time it takes for clerks to update the logs. She provided functionality testing and provided one on one training during implementation. 🚢





N7 Fundraiser – SUCCESS! Our meatball subs, Easter bags, baskets, and Easter Egg Hunt raised us \$477.50. A huge THANK YOU to all who supported and helped! The monies will go into the CNATRA Social Committee piggy bank for upcoming future events!

N3 12-Week weight loss challenge: Over a short 12-week period, both Catherine Powers (N4 Det) and Kerry Honore (N7 FTSC) lost a combined total of 50 lbs by observing stringent workout regimens. Additionally Powers adhered to a healthy diet. Congratulations to our winners!



Farewell, Shipmate!

After 20 years, Lt. Cmdr. Sean Curtin is retiring. He joined the Navy in 1995 after graduating from the U.S. Naval Academy. He reported to CNATRA in 2017, where he has served as the Primary Training officer. He has accumulated more than 3,600 flight hours in six different types of aircraft. Good luck and we wish you well in your new endeavors. Fair Winds and Following Seas!



THE PRINCIPLES OF RESILIENCE

Bending without Breaking

Predicting challenges, maintaining a sense of control, strengthening relationships, fostering trust and finding meaning are critical to building resilience and navigating stress.



Controllability

Keep An Even Keel

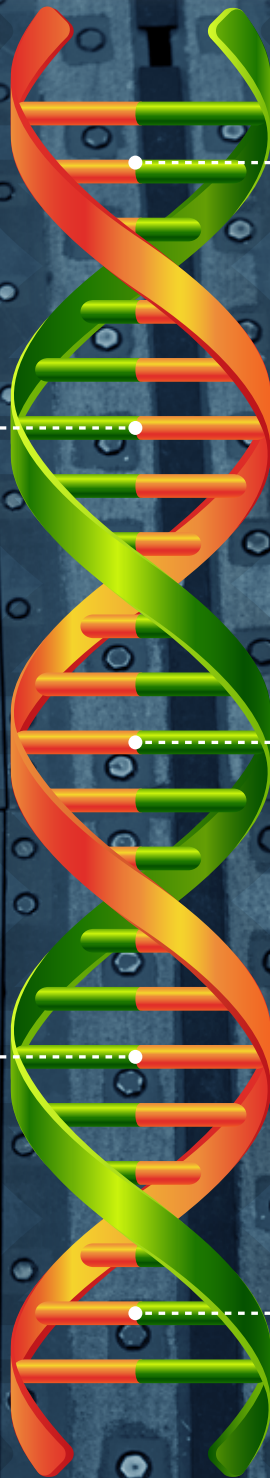
Controllability is about making choices that help restore a sense of empowerment during adversity – from emotional responses to problem-solving actions.



Trust

Know Who to Turn To

Presence of trust increases willingness to confide in others, utilize resources and address concerns before stress injuries occur.



Predictability

Be Ready

Negative outcomes are less likely when we prepare for expected challenges and plan for the unexpected.



Relationships

Stay Connected

Loss of important relationships and a sense of belonging can increase stress and lead to cracks in one's foundation of resilience.



Meaning

Find Purpose

A sense of purpose promotes healthy stress navigation, thoughtful decision making and better performance.



Follow Navy Operational Stress Control online



[facebook.com/
navstress](https://facebook.com/navstress)



[twitter.com/
navstress](https://twitter.com/navstress)



[flickr.com/photos/
navstress/](https://flickr.com/photos/navstress/)



[navstress.
wordpress.com](https://navstress.wordpress.com)

Government Ethics Corner

Employee Receives Reprimand for Side Business

Been a while since we have delved into DoD's Encyclopedia of Ethics Failure. Here's a true tale of an individual not demonstrating the ethical mindset SECDEF expects:

"A civilian employee was reported for running a side business through his office. It turns out that the employee had developed a computer program during duty hours and on government equipment. He then marketed the program, and his consulting services, via the internet. He also used his government APO address as his business address so that he would be able to handle all of his personal business at his government office. The employee received a letter of reprimand and was forced to stop selling the software. Since it was developed on government time and using government resources the program was deemed government property."

Couple of ethical principles in play. All of us are required to use official time in an honest effort to perform official duties. While engaging in outside employment is not necessarily prohibited, it can't spill into the federal work place and/or affect the employee's ability to carry out official duties. Perhaps the most interesting part of this story is that the determination that the computer program was owned by the government – certainly not what the employee was thinking or expecting!

Should you have any questions about use of official time, outside

employment, or any other ethics issue, talk to your friendly Ethics Counselors in the CNATRA Legal Office at (361) 961-3510. 🐉

Protection of PII and CUI

In January, the secretary of the Navy released ALNAV 010/19, reminding us of our "special responsibility" to protect the sensitive and closely held information that we are entrusted with, and to be vigilant in executing this responsibility.

While not handling classified information, all of us may touch Controlled Unclassified Information (CUI) during our normal duties – PII, student records, budget information, contractor proprietary data, law enforcement sensitive documents, physical security and/or critical infrastructure descriptions, technical information, information system vulnerability information, etc.

CNATRA Instruction 5570.1 sets forth policies and procedures within the NATRACOM to safeguard CUI. All of us need to be conscious of those times when we're handling CUI, both hard copy and electronically.

On April 8, CNATRA Chief of Staff Capt. Scott Starkey kicked off the annual requirement to conduct PII spot checks. This may be a period in which we pay special attention to PII, but protecting sensitive information is a daily requirement.

All hands need to properly mark, manage, distribute, and protect CUI, particularly if pushed around electronically. So, before emailing PII or other sensitive non-public information, a good practice is to ask yourself:

****Does the recipient(s) have an official "need to know"?***

****Have I marked the email correctly? ("CUI//PERS" if sending personnel records, for example)***

****Have I digitally signed and encrypted the email?***

****If I have printed off copies and have them on my desk, do I have a CUI cover sheet on top?***

****Is hard copy CUI properly protected and secured in my work center?***

On the next page is a CUI cover sheet, which you should print off and utilize. Any questions about whether something is CUI or how to properly manage and protect information, discuss with your supervisor, the CNATRA security manager, and/or your Legal Office staff. 🐉

CONTROLLED

CONTROLLED UNCLASSIFIED INFORMATION (CUI)

All individuals handling this information are required to protect it from unauthorized disclosure.

Handling, storage, reproduction, and disposition of the attached document(s) must be in accordance with 32 CFR Part 2002 and applicable agency policy.

Access to and dissemination of CUI shall be allowed as necessary and permissible to any individual(s), organization(s), or grouping(s) of users, provided such access or dissemination is consistent with or in furtherance of a Lawful Government Purpose and in a manner consistent with applicable law, regulations, and Government-wide policies.

CONTROLLED



SECRETARY OF DEFENSE
1000 DEFENSE PENTAGON
WASHINGTON, DC 20301-1000

2/2/2019

MEMORANDUM FOR ALL DEPARTMENT OF DEFENSE PERSONNEL

SUBJECT: Leading with an Ethics Mindset

Congress and the Nation have placed their trust in us – trust that we will deliver high performance results and remain accountable to the American people as good stewards of their tax dollars. As we continue translating strategy into action, we must demonstrate our commitment as leaders in carrying this trust forward. A key component of leadership is reinforcing ethical behavior across the full spectrum of our work and recognizing ethics principles as the foundation upon which we make sound, informed decisions.

I ask that you and your teams reinforce this foundation at every turn. Make ethics a natural and constant part of your everyday conversations. Identify gray areas to prevent future missteps. Remain in the ethical midfield and take advantage of the resources at your disposal to gain clarity. We are accountable for our actions as individuals, but we are also strongest when we work as one team to achieve results – ethics is no exception.

Our mindset must focus on more than just meeting minimum compliance standards. Experience has shown that discussions of potential or past scenarios is the most effective way to reinforce a culture of values-based, ethical decision-making. I expect senior leaders to be personally involved in presenting annual ethics training to their organizations and ensuring completion of that training by November 30th of each calendar year. While DoD ethics counselors will participate and provide resources for these events, I expect leaders to take initiative in developing the content. Lead by example with your commitment to ethical decision-making and conduct.

I am proud to serve alongside you as we drive progress along our strategic priorities and maintain the most lethal – and ethical – fighting force in the world.

A handwritten signature in black ink, reading "Patrick M. Shanahan".

Patrick M. Shanahan
Acting

N4 Teammate in the Spotlight

Jackie Hilles joined our team in January as a quality assurance specialist. She was born and raised in Elkland, Pennsylvania and joined the Navy in 1984, attending Parachute Rigger School in Lakehurst, New Jersey. Her duty stations include HC-3, VR-22, HM-12 and subsequent years served at NASC Land Survival School, PR "A" School, and LPO at NSTI Physiology onboard Naval Air Station Pensacola. She retired in 2004 and has been the PR division lead with Vertex for the

past 12 years. Jackie enjoys traveling, reading, and spending time with her daughter, Megan, and her son, Zechariah. She is currently the vice president of a Mardi Gras Krewe and helps raise money for local charities. She is currently assigned to the COMBS contract as well as performing audits and monitors on all Aviation Life Support Systems. We are fortunate to have her expertise and look forward to her supporting the CNATRA Team. 🇺🇸



Jackie Hilles inspects flight gear in the T-6 paraloft.

Bravo Zulu!



Lt. Cmdr. Bill Lozier recognizes Gene Mills as CNATRA N4 Det. Pensacola Civilian of the Quarter, 2nd Quarter FY19.



Lt. Cmdr. Christopher Leffakis presents Arriegious Thomas a Letter of Appreciation for being selected as CNATRA N4 Det. Pensacola Civilian of the Quarter, 1st Quarter FY19.

CNATRA N4 Det. Pensacola welcomes incoming Officer in Charge Lt. Cmdr. Bill Lozier. He quickly adapted to detachment operations and is a fully qualified DAWIA Level II PQM professional with 27 years of Naval Aviation maintenance experience.

NEW: CNATRA N4 Det. Pensacola has been busy coordinating several facility upgrades including new 3 ton overhead hoists being installed in the T-45 and Blue Angels hangars in addition to a modernized AFFF sprinkler systems. 🇺🇸


PENSACOLA, Fla. Personnel remove the wings of a T-45 Goshawk jet trainer aircraft for structural repairs -- a major and complex maintenance evolution being performed for the first time at NAS Pensacola.



CNATRA detachments work together for improved safety

Chief of Naval Air Training (CNATRA) Det. Corpus Christi conducted its first Material Condition Inspection during the week of April 8. Quality assurance specialists inspected two T-6B Texan II aircraft, two T-44 Pegasus aircraft, and 12 sets of Aviation Life Support Systems (ALSS) equipment. Det. Kingsville's Ron Orr, a subject-matter expert on aircrew survival equipment, provided assistance during the ALSS inspection. Orr is a Navy-trained aircrew survival equipment expert, serves as Det. Kingsville's Quality Assurance specialist, and came onboard for this cross-detachment training opportunity.

Orr also spent a day with Quality Assurance Specialists Chad Bervinkle, Dean Manglona, and Russell McGilvray providing training on inspection techniques for aircrew survival equipment.

"Working together with our other detachments ensures consistency and a standard of excellence across the board," said Andy Barrientez, assistant officer in charge for CNATRA Det. Corpus Christi. "We are here to ensure the safest aircraft for these students and we continue to improve our processes through every inspection across our detachments." 



Ron Orr, above, and Chad Bervinkle, below, quality assurance technicians for CNATRA Det. Kingsville, examine g-suits during a material condition inspection aboard Naval Air Station Corpus Christi, April 9.
U.S. Navy photos by Anne Owens

