



Neighborhood center opens on Hainerberg

Facility is part of improved housing process, based on customer feedback

Anna Morelock

USAG Wiesbaden Public Affairs

U.S. Army Garrison Wiesbaden's first neighborhood center opened on Hainerberg Aug. 5. While the change wasn't apparent to many, junior enlisted newcomers arriving in Wiesbaden who were eligible for housing in Hainerberg and Crestview began their home search at the center instead of through the central housing office.

Additional neighborhood centers are planned, with Aukamm expected to open mid-September.

See 'Neighborhood' on Page 2

Summer reading fun



Karl Weisel/USAG Wiesbaden Family and MWR

Children roar, moo, cluck and bark on cue during an "Old MacDonald's Farm" sing along July 27 as part of the Wiesbaden Library's Summer Reading Program. See more pictures from summer on Page 8-9.

Chapel community welcomes newcomers at lodge



Anna Morelock/USAG Wiesbaden Public Affairs

Newcomers take advantage of a meal offered by the Religious Support Office Aug. 1 at the Wiesbaden Lodge.

Anna Morelock

USAG Wiesbaden Public Affairs

To welcome newcomers to U.S. Army Garrison Wiesbaden, the Religious Support Office and its auxiliary groups provide free dinner on Thursdays for residents at the Wiesbaden Lodge in July and August.

"One of the priorities for our commander is that our inbound residents get assimilated quickly," said Chap. (Maj.) Daniel Claypoole, the RSO's Family Life Chaplain. "So we figure there's not much better way to do that than to feed them, show them a smile

ing face and let them know some of the opportunities available to them, should they choose it, for assimilation into the community."

On Aug. 1, Claypoole and other chapel volunteers carried in sub sandwiches. Members of the Protestant Women of the Chapel dropped off side dishes and desserts. As newcomers came into the lodge, volunteers ensured they knew about the free meal and offered conversation and information throughout dinner.

"We want the community to know they've got service members and Family members that are welcoming them in to Wiesbaden,"

Claypoole said.

While the free meals at the lodge are offered during the heavy moving season, Claypoole said there are still opportunities for food and fellowship with the RSO throughout the year. Once the lodge meals end in August, the RSO's Wednesday Night Alive program and other chapel programs will begin.

For more information on RSO services, classes and auxiliary programs, stop by the Clay or Hainerberg chapels or visit <https://home.army.mil/wiesbaden/index.php/my-fort/all-services/chaplain-1>.



BEST DAYS OF SUMMER

See photos from the 4th of July, ACS birthday and more. Page 8-9



BACK TO SCHOOL

Say goodbye to summer and hello to a new year. Page 3



SUMMER HIRES GAIN EXPERIENCE

Students worked for six weeks at the garrison. Page 5

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NEIGHBORHOOD

Continued from page 1

Once newcomers are entered into the Housing Office system as they initially in-process at the Welcome Center on Clay Kaserne, they can then head to the neighborhood center to meet with staff and look at available homes. After settling into their new home, and for current residents, the neighborhood center will provide a place where residents can find general neighborhood information, assistance with service orders and other housing-related information.

“Based on customer feedback, we’ve been working over the past year to transform the housing assignment process and improve our residents’ experiences,” said USAG Wiesbaden Commander Col. Noah Cloud. “This is just one step of many in that process.”

Cloud said he encourages residents to continue to provide feedback and get involved. Residents can provide feedback to staff, through the Interactive Customer Evaluation system online, or attend neighborhood town halls to provide their feedback directly to him. The next round of town hall meetings is scheduled from 5:30 to 6:30 p.m. Aug. 19 at the Clay Chapel for Newman Village and Clay Kaserne housing; Aug. 20 at the Hainerberg Chapel for Hainerberg housing; and Aug. 21



Anna Morelock/USAG Wiesbaden Public Affairs

U.S. Army Garrison Wiesbaden’s first neighborhood center will have its official grand opening on Hainerberg Sept. 5.

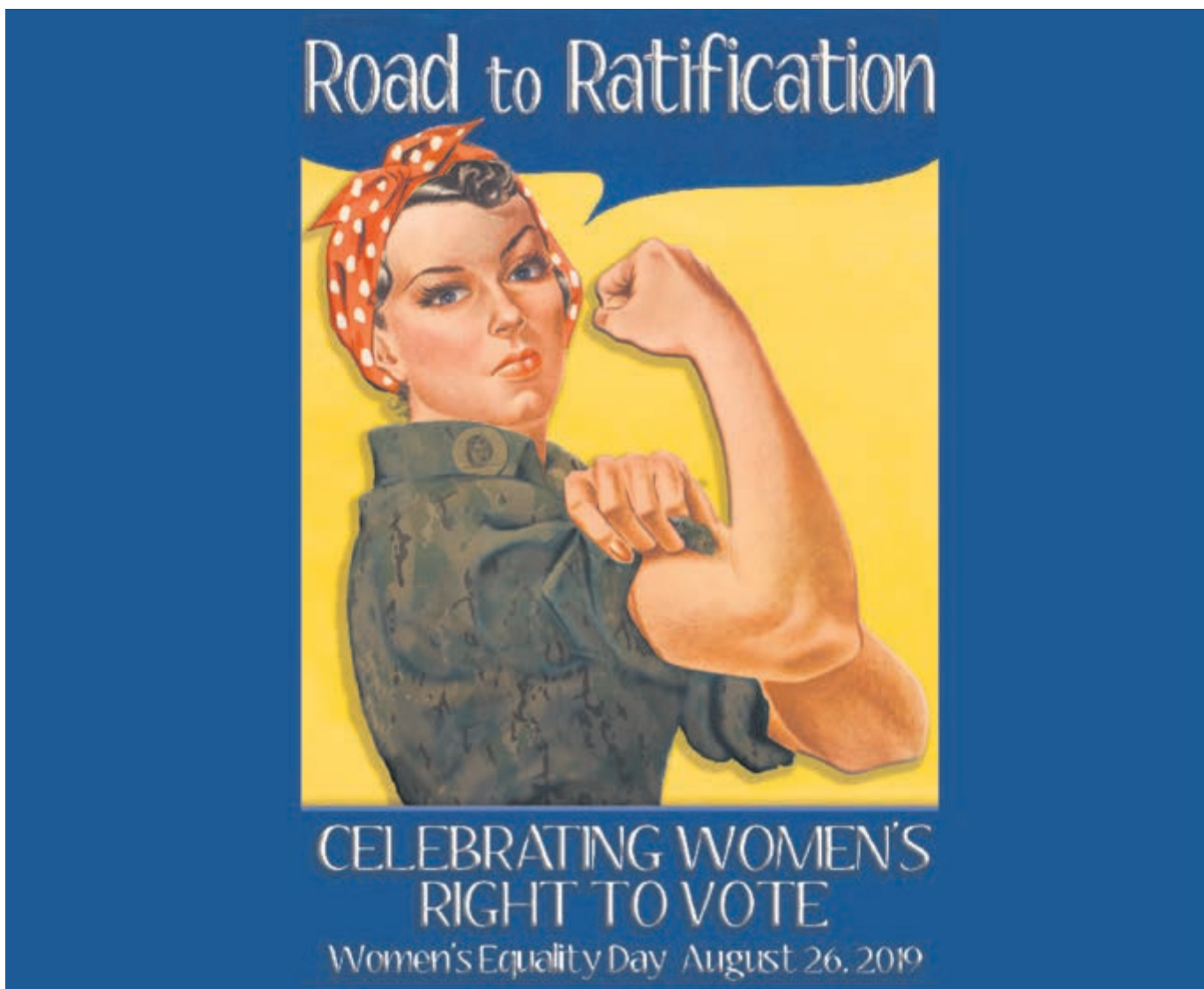
at Aukamm Elementary School for the Aukamm and Crestview neighborhoods.

Another ongoing change in housing is the re-designation of neighborhoods based on rank. Families are not moved out of their homes, but as Families move on to other duty stations, those homes are being reassigned based on the neighborhoods’ designated ranks. Neighborhoods are designated as follows: Hainerberg, junior enlisted housing; Aukamm, officer and senior noncommissioned officer housing; Clay Kaserne, enlisted and officer housing;

**Hainerberg
Neighborhood Center**

Sept. 5 – Grand opening
Bldg. 7802
(0611) 143-548-4455/4456/4457/4458
Monday to Friday: 8-11:30 a.m.
and 12:45-2:30 p.m.

Newman Village, officer and senior NCO housing; and Crestview, junior enlisted and officer housing.



Find our list of home-based businesses and learn how to become a garrison approved HBB at www.herald-union.com/usag-wiesbaden-approved-home-based-businesses.

Register students in school and child care

USAG Wiesbaden Public Affairs

School starts for the 2019-2020 school year on Monday, Aug. 26.

Sure Start and Kindergarten

Sponsors for Sure Start and Kindergarten students should contact the school for registration and application packets. Sure Start is offered at Hainerberg Elementary School, for children who will be 4 years old before Sept. 1.

Priority Sure Start enrollment is for sponsors E-4 and below. Registration for Kindergarten is for children who will be 5 years old before Sept. 1.

School buses, drop off

Parents are highly encouraged to send kids to school on the bus, if possible. Parents who drop their children off at school are asked to use the designated drop off locations for the safety of all children. Marked bus parking stalls are reserved for bus use only during school days.

Child and Youth Services

CYS provides services for nearly 1,000 children and youth on a daily basis. For preschool



Lena Stange/Herald Union file

Children arrive at Aukamm Elementary on the first day of school last year. The 2019-2020 school year begins Aug. 26 at all Wiesbaden-area DoDEA schools.

child care needs, information on a full range of CYS programs and program registration email usarmy.wiesbaden.imcom-europe.list.mwr-central-registration@mail.mil. Waitlist child care can be found here:

<https://militarychildcare.com/>.

Home school

For those interested in home school connections, several groups are active in Wiesbaden. They have chat groups on social media. No

community or school registration is required for homeschool students. Contact the school liaison officer for more information.

Leadership

Aukamm Elementary School Principal: Angelia Hadley (0611)705-6260/DSN 337-6260

Hainerberg Elementary School Principal: Dr. Tonya Laliberte, (0611)705-2220/DSN 337-2220

Wiesbaden Middle School Principal: Dr. Lee Hill, (0611)705-2240/DSN 337-2240

Wiesbaden High School Principal: Dr. Heather Ramaglia, (0611)705-2260/DSN 337-2260

Bus Office: Dan Samek, (0611)705-2251/DSN 337-2251

School Liaison Officer: Peter Witmer (0611)143-548-9305/DSN 548-9305

Registration checklist

What do you need to register your child for school?

- Updated orders/extension orders
- Updated shot records,
- Updated contact information

Home, mobile and duty phone numbers

- Email addresses and emergency contact information

Contact information

Answers to many school questions can be found on the school liaison officer page, <https://wiesbaden.armymwr.com/programs/school-liaison-officer-slo>.

For school registration, the Department of Defense Education Activity has established an online registration process at <https://dodea-registration.hosted.src-solutions.com/>.

School registrars can assist with registration and provide specifics on curriculum options.

WiesbadenMS.Registrar@eu.dodea.edu

WiesbadenHS.Registrar@eu.dodea.edu

Hainerberg Elementary School: (0611)705-2220/DSN 337-2220 HainerbergES.Registrar@eu.dodea.edu
Aukamm Elementary School: (0611)705-6260/DSN: 337-6260 (Aukamm does not have a designated registrar email. Aukamm Elementary is only for those who live in Aukamm.)

New license holders must take in-person class, test

USAG Wiesbaden Public Affairs

A local U.S. Army Garrison Wiesbaden policy change now requires all incoming Soldiers, civilians and Family members, who have never held a U.S. Army Europe driver's license, to take the in-person class and test to obtain their license.

Newcomers were previously allowed to take an online exam, but due to an increase in vehicle accidents, the in-person class is now required. Those who have previously held a USAREUR license can still take the online test.

According to the policy, "USAG Wiesbaden's safety profile over the past year has shown an increase in vehicle accidents. The number is higher than the USAREUR average and is our highest source of

Practice test

To access drivers training materials and a practice test, visit home.army.mil/wiesbaden and click "My Wiesbaden" and "For Newcomers."

risk for Soldiers, Civilians and Family Members."

The two and one-half hour class and 100 question written test can be taken at the Drivers Training and Testing Station in Bldg. 1023 West on Clay Kaserne by appointment on Tuesday, Wednesday and Friday mornings. There is a \$20 fee for taking the test and test takers must score 85% or better to pass.



Emily Jennings/Herald Union file

Newcomers who have never held a U.S. Army Europe driver's license must now take the in-person class and test to get their license. Those who have previously held a USAREUR license can still take the online test.

News flash

Upcoming holidays

Community members should be aware of the following U.S. federal and training holidays, which may affect garrison front-door services.

Aug. 30 — Training holiday

Sept. 2 — Labor Day, American holiday

Call before you go on U.S. and training holidays. Find the garrison phonebook at home.army.mil/wiesbaden.

Soldiers should confirm with their local chain of command whether they have a federal or training holiday off.

Post office temporary job

The post office is looking for temporary postal operations clerks for the upcoming holiday season. Apply by Aug. 31 at <https://www.usajobs.gov/GetJob/ViewDetails/539930000#>.

Thrift shop moves

The Wiesbaden Community Spouses' Club Thrift Shop has moved to its new location on Hainerberg across from the Taunus Theater. Check their Facebook page for the latest information, www.facebook.com/wscsthriftshop.

SHIP store access

The Self Help store can now be accessed via the road adjacent to the PX. Signage is in place.

Next CIE

The next CIE is at 9:30 a.m. Aug. 21 at Wiesbaden Middle School. The theme will be back to school.

Vehicle inspection

U.S. Army Garrison Wiesbaden personnel may now schedule a vehicle inspection appointment online by going to home.army.mil/wiesbaden and clicking the "My Wiesbaden" tab at the top, then scrolling to the "Vehicle Registration" section and then clicking the link for "Online Appointments for Vehicle Inspection." A vehicle registration appointment can be made through a separate link on the website.

Emergency numbers

For on-post emergencies call the military police at (0611) 705-114 or DSN 114; for an ambulance or in case of fire on post call (0611) 705-117 or DSN 117. For off-post emergencies call 110 for the German Polizei or 112 for the German Fire and Rescue.

Shuttle bus

Find the current shuttle schedule on the garrison website. Go to home.army.mil/wiesbaden and mouse over "My Wiesbaden," and then click "Getting Around."

Garrison gets new crest

USAG Wiesbaden Public Affairs

U.S. Army Garrison Wiesbaden Commander Col. Noah Cloud unveiled a new installation crest to employees at the July All Hands meeting.

The new crest includes the U.S. and German flags, as well as city seals for Mainz and Wiesbaden. The Wheel of Mainz, or Mainzer Rad, was the coat of arms of the Archbishop of Mainz and the Electorate of Mainz. It consists of a silver wheel with six spokes on a red background. Currently, the city uses a double wheel connected by a silver cross.

The Wiesbaden coat of arms shows three golden lilies, or fleur de lis, which appeared in the city seal



for the first time in the 16th century, surrounded by a blue field. The seal in its present form was established in 1906.

In the crest, the city seals are on either side of the "Berlin Peace Bridge," which mimics the bridge on the Berlin Airlift weather vane

memorial near Newman Village on Clay Kaserne. The weather vane at the memorial is one of many that were displayed on the roofs of barracks housing Berlin Airlift pilots in 1948 and 1949. The "air bridge" sits on top of the silhouettes of two Douglas C-54 Skymasters, airplanes used in the airlift, and represents the link created by pilots as they flew supplies to Berlin during the airlift.

The 84 stars on the edge of the crest are divided into three segments representing the 14 Germans, 39 British and 31 Americans who lost their lives during the Berlin Airlift.

The final element of the design is the garrison slogan, "Our Home in Germany."

Stay informed with variety of community resources

USAG Wiesbaden Public Affairs

Information is key. Tune in to the following resources to stay up-to-date:

Garrison website

Find us online at home.army.mil/wiesbaden. For Family and MWR activities, visit wiesbaden.armymwr.com.

Social media

Like us on Facebook at facebook.com/usagwiesbaden and facebook.com/WiesbadenArmyMWR.

Herald Union

The Herald Union is published monthly and distributed to offices and services across post, such as the Exchange, Commissary, fitness center, library, welcome center and shoppette.

It is also available online at herald-union.com. It can be helpful to search the site for specific information when needed. Chances are there is a story in the archive on just that topic.

Photos

Check out photos from garrison events at davidshub.net/usagw and flickr.com/photos/wpao.

AFN

Listen to American Forces Network on 103.7 FM to learn about various garrison services and activities.

CIE

Come to the Community Information Exchange, another forum to learn about community events, and



Screenshot

The garrison website has information on garrison services; on-post trash pick-up schedules; a phonebook; online appointments for vehicle inspection, registration, passports and ID cards; a link to submit Interactive Customer Evaluation comments; a link to sign up for Alert! Mass Warning System; news stories and more.

ask questions of garrison leaders. Times and dates are announced on Facebook and the Herald Union page. The CIE includes information from the schools, health clinic, garrison directorates, FMWR and more. The latest slides are always available on the garrison website, home.army.mil/wiesbaden, click the "My Wiesbaden" tab at the top, then "News and Info."

Commander's hotline

The Commander's Hotline is for Wiesbaden military community

members to voice their opinions, suggestions, issues, complaints and recommendations.

Go to home.army.mil/wiesbaden and click on Commander's Hotline.

Feedback

USAG Wiesbaden directorates want to hear about their customers' experiences. Via the Interactive Customer Evaluation system, feedback can be provided to garrison services. When contact information is included customers will receive a response.

Students get work experience at garrison jobs

Emily Jennings

USAG Wiesbaden Public Affairs

Thirty-six high school and college-aged students spent a good part of their summer working, earning money and getting job experience as part of the U.S. Army Europe Youth Employment Program — Summer Hire Program.

Within U.S. Army Garrison Wiesbaden, five went to work at the post office, two at the Wiesbaden Library and two at the Rheinblick Golf Course for the six-week program. Others worked for U.S. Army Corps of Engineers Europe District and U.S. Army Europe.

“The program is set up to try to teach them what it’s like to work in a professional environment, to teach them the skills and to have to get up in the morning, go do a job and be held accountable,” said Patricia Benz, supervisory Workforce Development Program specialist.

Gabrielle Ruffin and Julia Kaiser worked in the library. Their supervisor, JoAnn Ogrenc, said they have been reorganizing hundreds of books, helping customers find things, reshelving items



Emily Jennings/USAG Wiesbaden Public Affairs

Julia Kaiser (left) and Gabrielle Ruffin collect items from the book drop outside the Wiesbaden Library. Kaiser and Ruffin worked at the library for six weeks as part of the Summer Hire program.

and helping with the summer reading program.

Kaiser, who is attending the University of Maryland University College, said she likes working at the library because besides bringing in much-needed funds

it has helped renew her interest in reading for fun.

“I’ve gotten into Harry Potter — I’m on the third book now.”

She added that she was appreciative of the convenient seasonal times of the

Summer Hire Program, which caters to students.

“I’m really blessed to be in this situation with my work and college where I can live with my parents and still save money at the same time.”

Ruffin, a sophomore at Wiesbaden High School, said her job at the library has taught her how to better manage her time. She also said the job is a chance for her to give back to her parents who have always supported her.

Summer Hire positions are announced on www.usajobs.gov in April each year, and candidates may choose to be placed in a clerk or laborer position.

“The program promotes good work ethics through experience and fosters responsibility in preparation for future education and career goals, thus giving a positive influence to the youth in the community and supporting the Army mission during the summer season,” said Lorraine Liebes, Human Resources specialist with the Wiesbaden Civilian Personnel Advisory Center.

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Lodging Supervisor of the Year



Johnny Herring/USAG Wiesbaden Family and MWR

Installation Management Command-Europe Director Tommy R. Mize (left) presents Ronald G. Toler, the Wiesbaden Army Lodge's housekeeping manager, with the Lodging Supervisor of the Year Award during a presentation July 26. Toler received the Army-wide recognition for his overall excellence among MWR Army lodging professionals. Among his many achievements were the oversight of nearly 30 employees, having a customer-focused approach to his job with enhanced services, financial improvements, frequently assuming the job of the general manager in his absence and revised employee standards to better meet or exceed guest expectations.

Beware of child ID theft

U.S. Army Criminal Investigation Command

Your child's future looks bright. You've planned well. You've praised and shared in their successes and taught them the value of honesty and ethics. Grades are good. Teacher reports are good. Social skills are good. You've protected them from evil elements of society and taught them stranger danger.

Their future is, indeed, bright. You thought of everything — you thought.

But did you think about your child's identity? Your child's credit history? "My child has a credit history?" you ask, slightly confused.

Maybe so. In 2017, more than 1 million children were victims of identity fraud.

Cybercriminals compromise various data sources and steal the personally identifiable information of millions of people every year. Children are not immune. Anything a thief can do with an adult's identifying information can be done with a child's information — open credit cards, obtain mortgages and auto loans, open lines of credit like utility accounts, apply for government benefits and more.

From the identity thief's perspective, children make excellent targets. Their lives and their credit are blank slates — no entries, good or bad and parents are unlikely to monitor or even check their child's identity or credit. Dark marks a cybercriminal might make on your child's credit history probably won't be discovered for years, perhaps even decades. By then, the cybercriminal has moved on and any evidence that might have been is gone.

In about half of child identity frauds, the child discovers the theft themselves when they apply for credit as an adult and find they're not creditworthy — years of bad debts, debt collections and credit charge-offs have taken a toll. On the surface it might seem that correcting the problem should be easy. Any debt or loan attributable to a 9 year old must be a mistake. But 10 years later, one quarter of child identity fraud victims are still dealing with the credit issues.

Be aware of where and how you release your child's personally identifiable information and consider freezing your child's credit.

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Community notes

Back-to-School Expo

A Back-to-School Expo will feature booths, community information, carnival games, giveaways, entertainment and face painting from 10 a.m. to 3 p.m. Aug. 23 at the Exchange on Hainerberg.

SFL-TAP

The Soldier For Life-Transition Assistance Program offers a variety of workshops, such as Transition Overview, MOS Crosswalk, Financial Planning, VA Benefits and Services, DOL Employment Workshop, Continuum of Military Service and more. Participants must be registered and have completed initial counseling to attend workshops. For more information, call (0611)143-548-1318/1319/1320.

Mommy and Me Art

The Wiesbaden Arts and Crafts Center features Mommy and Me Art events from 11:30 a.m. to 12:30 p.m. every second and fourth Friday of the month. The free art sessions include a variety of arts and crafts. Sign up at the center or call (0611) 143-548-9838.

Learn the basics

The Wiesbaden Arts and Crafts Center holds a Quilting Basics class Aug. 17 and a Sewing Basics class Aug. 24. Call (0611) 143-548-9838 to register.

Play in the Playground

Army Community Service's New Parent Support Program invites children and their parents for a play date at local playgrounds throughout the summer. The next play date is from 10-11:30 a.m. Aug. 23 at the Aukamm Playground (between Hessen Strasse and Wuerttemberg Strasse).

Spouse Orientation

Network with subject matter experts, meet fellow spouses and learn more about your home away from home during Spouse Orientation from 9 a.m. to 1 p.m. Aug. 21 at Army Community Service. Register one week in

advance for free child care. Call (0611) 143-548-9201.

College money

Parents are invited to two different 90-minute presentations on learning how to navigate the college application process and find the money to pay for it. The Sept. 16 session topics are Get College Ready, Gratitude Initiative, Picking the Right College (For You) and Finances and Financial Aid. The Sept. 30 session topics are Scholarships, The College Application Essay, Local Colleges and Free Application for Federal Student Aid. Both sessions are from 6:30 to 8 p.m. in the Wiesbaden Entertainment Center. For more information contact the school liaison officer at (0611)143-548-9305 or peter.g.witmer.naf@mail.mil.

Auto Skills can help

The Wiesbaden Automotive Skills Center on Clay Kaserne North offers services including wheel alignment, tire pressure monitor system repair, basic maintenance class for spouses and more. Call (0611) 143-548-6679.

Host Nation Orientation

Host Nation Orientation is a way for newcomers to learn about German culture, language, public transportation, and tips about living in our community. Host Nation Orientation is held from 9 a.m. to 5 p.m. every Tuesday at the Wiesbaden Entertainment Center. Call Army Community Service at (0611) 143-548-9201 for more information.

Guitar and bass lessons

Enjoy individual electric and acoustic guitar lessons or electric bass guitar lessons for adults at the Wiesbaden Arts and Crafts Center. Lessons are 30 minutes long and generally available from 2-4 p.m. Tuesday through Friday. Call (0611) 143-548-9838.

ACS classes

Army Community Service offers free classes throughout

the month, including Army Family Team Building training, a resume seminar, banking and checking accounts and home buying. Check out wiesbaden.armymwr.com/europe/wiesbaden/programs/army-community-service-acs and click on the calendar link for times and locations.

Car classes

The Wiesbaden Automotive Skills Center offers two car classes in September — a Brake Service Class Sept. 8 and a Basic Car Maintenance class Sept. 22. Call (0611) 143-548-9817.

Wiesbaden Walking Tour

Learn how to navigate around the city during this free Wiesbaden Walking Tour, hosted by Army Community Service's Relocation Readiness Program on Sept. 19. Bring euros for public transportation and any personal purchases. Call ACS at (0611) 143-548-9201 to sign up.

Harry Potter: Back to Hogwarts

The wizards and witches at the Wiesbaden Library invite all Harry Potter fans, wizards and muggles to celebrate the start of the new school year during the Harry Potter: Back to Hogwarts event on Sept. 19 from 4:30-5:30 p.m. Enjoy crafts, photo ops and Potter trivia. Come dressed as your favorite character.

'Disney's Frozen Jr.'

The Amelia Earhart Playhouse presents "Disney's Frozen Jr." from Sept. 20 to Oct. 6. Play dates are Sept. 20, 21, 27, 28, Oct. 4 and 5 at 7 p.m.; Sept. 22, 29 and Oct. 6 at 2 p.m. Purchase tickets at the Playhouse or Wiesbaden Arts and Crafts Center.

AFTB: Personal Growth

Army Community Service hosts a free Army Family Team Building class on Personal Growth on Sept. 10-11. Call ACS at (0611) 143-548-9201 to register.

CYS Special Opening

Wiesbaden Child and Youth Services will hold a special Friday evening opening from 6:30-11:30 p.m. Sept. 27, to give parents a night out. Cost is \$20. Make reservations at Parent Central Services. Current CYS registration is required. Call (0611) 143-548-9350.

Rolling on the river

Spend a day cruising on the Rhein River with Army Com-

munity Service's Relocation Readiness Program Sept. 11. Call (0611) 143-548-9201 to register and for more information.

Canvas and Corkscrews

Painters from beginners to advanced are invited to an evening of socializing and creating art at the Wiesbaden Entertainment Center at 6 p.m. Sept. 6. Instructor Claudia will provide instruction and tips during the painting evening. Cost is \$45 including all supplies. Sign up at the Wiesbaden Arts and Crafts Center or call (0611) 143-548-9838.

SHARP symposium

The Sexual Harassment Assault Response and Prevention Leadership Symposium from 8 a.m. to 3 p.m. Sept. 24 will provide command teams, first sergeants, chaplains, deputies and other command leadership with current and updated SHARP information and regulations. There will also be a panel discussion. Call (0611) 143-548-9201 for details.



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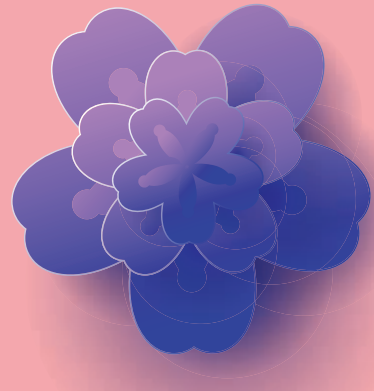
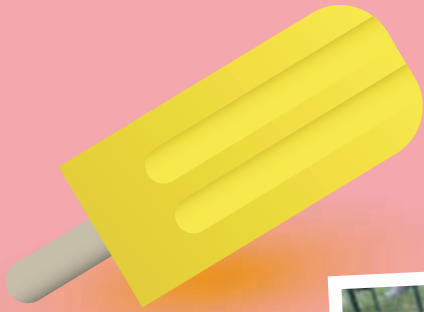


patsop05@yahoo.de



Pfingstgemeinde
Rhein-Main Wiesbaden

Best of S



Karl Weisel/USAG Wiesbaden Family and MWR
Child and Youth Services representative Valerie Cribbs introduces children to the harp during a celebration for Army Community Service's 54th birthday July 25 on Hainerberg.

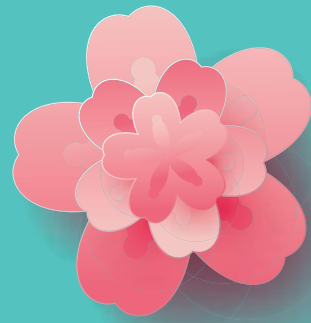


Karl Weisel/USAG Wiesbaden Family and MWR
Children make ukuleles out of pizza boxes and rubber bands during a music-themed session at the Wiesbaden Library's Summer Reading Program July 27 at the Community Activity Center.



USAG Wiesbaden Family and MWR
U.S. Army Garrison Wiesbaden Family and MWR hosted an Independence Day celebration with rides, games, food and live music July 4 on Hainerberg.

Summer



Emily Jennings/USAG Wiesbaden Public Affairs
Beatrix Bessent, 10, sells pink lemonade to customers July 18 on Clay Kaserne. She said she set up the lemonade stand as a way to save up to buy gifts for her loved ones.



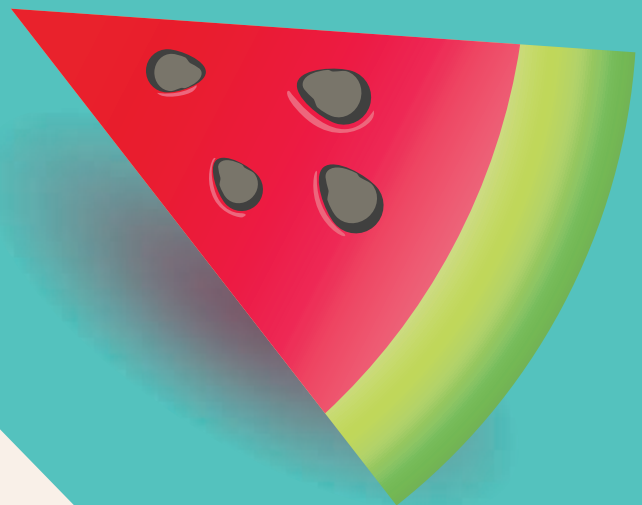
Karl Weisel/USAG Wiesbaden Family and MWR
Community members join Army Community Service staff and volunteers in celebrating ACS's 54th Birthday July 25 on Hainerberg.



USAG Wiesbaden Family and MWR
U.S. Army Garrison Wiesbaden Family and MWR hosted an Independence Day celebration with rides, games, food and live music July 4 on Hainerberg.



USAG Wiesbaden Family and MWR
U.S. Army Garrison Wiesbaden Family and MWR hosted an Independence Day celebration with rides, games, food and live music July 4 on Hainerberg.



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Garrison to request community input through micro-surveys

USAG Wiesbaden Public Affairs

In August, micro-surveys will be available regarding in and out processing, personnel services, Soldier transition services, Parent Central Services, personal property shipping, vehicle inspection and registration, the Postal Service Center and self-help store.

Through various methods, U.S. Army Garrison Wiesbaden asks for input from its customers to continually improve services and shape plans

for the future. As changes are implemented across the garrison, micro-surveys will be conducted to ensure the changes are meeting customer needs.

Look for surveys at the service locations or for survey links posted to the garrison Facebook page at www.facebook.com/usagwiesbaden or the website at home.army.mil/wiesbaden to provide your feedback on service changes.

Changes being measured were put in place this spring

after the most recent customer survey in 2018. Customers rated 67 services on their importance and performance. Overall, 70% of 575 customers taking the survey reported that garrison services met their needs. Services in need of improvement based on the comparison of importance and performance were also identified. These services in need of improvement, where changes were made for the summer PCS season, are those now being re-evaluated.



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Employees recognized at All Hands Meeting

USAG Wiesbaden Public Affairs

Garrison employees were recognized during the 3rd Quarter, Fiscal Year 19 Garrison All Hands Meeting July 12 at Clay Kaserne

Ainhoa Revuelta received the Commander's Award for Civilian Service for her exceptional service as the Army Substance Abuse Program specialist from May 17, 2017 to March 30, 2019.

Lena Stange was recognized in 2018 with a second place, Installation Management Command-level Keith L. Ware Award for a story she wrote on the Berlin Airlift Mural.

Terese Toennies was the 2nd Quarter Professional of the Quarter for demonstrating outstanding performance in strategic planning, knowledge management, the monthly points of main effort and the

Service Culture Campaign.

Bradley Provancha and Diana Benson were recognized as the 3rd quarter Professionals of the Quarter; one for Category 1, GS01-GS11 and one for Category 2, GS12-GS14.

Benson was selected for working closely with the Civilian Personnel Advisory Center to decrease hiring time and taking over the awards program.

Provancha was selected for leading the garrison's planning efforts for the Berlin Airlift 70th Anniversary event.

Tracy Manera won the 2nd Quarter Customer Service Award for the month of January.

The 3rd Quarter Team Excellence Award winners were the Directorate of Resource Management, Budget Division: Alica Theiss, Cecile Sabron, Christina Little, Juergen Wagner, Julijana Halilagic, Kannika

Sitthideth, Lars Chitka, Martin Heinen, Matthias Wagner, Renea Rodolfo, Su Kyong Son, Tina Saines, Sarah Ouachee and Surinder Dhadwall.

The Cross-Organizational Awards went to those who worked on the Berlin Airlift 70th Anniversary event.

Berlin Airlift 70th Table Top Exercise Team: Charles Banfi, Alberto Marquez, Michael Horne, Elizabeth Moore, David Hullett, Sgt. David Lavikoff, Julius Muehleck, Sabine Schindler, Daniel Corzelius, Michael Bahe, Erich Hoffmann and Nadine Bower.

Berlin Airlift 70th Silver Awardees: Andreas Albrecht, Anna Morelock, Charles Banfi Jr., Chris Pittman, Edward Earle, Edwin Johnson, Richard Jungmann, Emily Jennings, Gordon Ross, Gregory Holzinger, Capt. Jonathon Watson, Leia M. Hall, Lena Stange, Peter Zeisberger, Phillip Driskill, Richard Dutkiewicz, Sgt. 1st Class Shannon Wyatt, Steffen Kirchner, Terese Toennies, Wolfgang Hoehn, Anthony King, Dieter Hoehn, Gregory Burke, Lt. Col. Edwin Escobar, James McKee Jr., Karl

Neubert, Kent Mohr and Sonia Buescher.

Berlin Airlift 70th Gold Awardees: Bradley Provancha, Adrian Ruehl, Benjamin Loney, Casey Malloy, Corinna Faulk, Daniel Corzelius, Elizabeth Moore, Hartwig Knorr, Jacob Corbin, Johnny Herring, Sgt. 1st Class Joseph Kirkey, Julius Muehleck, Keith Garrison, Klaus Schick, Mark Smith, Oliver Stroh, Ronald Locklar, Ryan Step-toe, Sabine Schindler, Timo Spindler, Klaus Schick, Jean Chambers, Juergen Thieme and Nadine Bower.

The Church of St. Augustine of Canterbury
 English speaking Episcopal church in the center of Wiesbaden (since 1864)
 Welcoming all nationalities & denominations.

Sunday worship (Holy Eucharist) at 10am including Sunday School & fellowship
 Wednesday Worship at 10.00 a.m. followed by Bible Study

UPCOMING SPECIAL SERVICES & EVENTS:

Wednesday August 21: Luncheon Recital 1.00 pm
 Sunday August 25: Outdoor Family Service with Picnic and BBQ 11.00 am
 Friday September 6: Night of the Churches (Evensong, concert, hospitality) 6.00 - 11.00 pm
 Wednesday September 18: Luncheon Recital 1.00 pm

Herzlich Willkommen!

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KINGDOM MENTALITY

FRIDAY 11 Oct 7:30 pm
 Pastor Elisha Lawson

SATURDAY 12 Oct 10:00 am

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Our military and civilian retirees and family members live in the areas of Aschaffenburg, Darmstadt, Giessen, Hanau, Frankfurt, Lampertheim and Wiesbaden. We meet in Darmstadt every month for lunch and a moderated group discussion about matters which interest us. Recent table-side conversations focused on Health and Fitness for Seniors, Dental Care for Seniors, Finance and Wealth Management, Recognizing and Avoiding Scams, thoughts about the EUROWAHL, and much more. We also publish a monthly newsletter which is colorful, entertaining, and full of insights into popular and current matters of interest.

To join our group and/or subscribe to our newsletter, contact us at:
selandca@yahoo.com or teddy6779@outlook.com



Jesus World Outreach Center
 Reaching People to Reach the World

Pastors Elisha & Phyllis Lawson

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 12:30 - 14:00 pm

Bible Encounter
 19:00 - 20:00 pm

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Travel guidance, protective measures for public events

USAREUR Antiterrorism Division

This guide provides general location and activity-based tips. It is important to tailor protective measures to your situation.

Festivals, concerts, Christmas markets and public events

Pre-incident/event

Stay vigilant and situationally aware.

Report suspicious activity, unattended bags or anything outside of the norm.

Avoid high traffic and peak visiting times.

Avoid locations which restrict or limit movement or ability to exit the venue quickly.

Remain especially observant near pedestrian entry and exit points.

Don't stay near controlled

entrances where crowds gather and be extra vigilant when moving through.

Do not loiter in areas accessible to large vehicles.

Know where emergency evacuation points are located and establish predetermined Family or group rally points.

Identify closest exit point to your location.

Locate other exit points and have an escape plan.

Active shooter response is, run, hide, fight.

Move away from incidents, seek cover and avoid panicked crowds.

If an attack occurs and you are in a safe area, attempt to communicate with responders electronically.

Post-incident/event

Do not move toward responders unless directed.

Remain calm.

Be prepared to answer security or first responder questions.

Exit the location as quickly as possible, keeping in mind the security environment.

Secure personal identification documents and have them readily available.

Remember where predetermined Family or group rally points are located.

Help others when appropriate.

Ensure responders and medical personnel know your nationality, if appropriate.

Returning home

Remain vigilant and situationally aware.

Update chain of command, legal or law enforcement as required.

Provide lessons learned to chain of command.



This decision could be the difference between a safe ride home and the end of your career.

Don't drink and drive.

No Official DoD, U.S. Army and/or Federal Endorsement Implied.

BACK to SCHOOL EXPO



Friday, Aug. 23 / 10 a.m. - 3 p.m. / Hainerberg Exchange

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Army Community Service

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wiesbaden.armymwr.com & facebook.com/wiesbadenarmymwr

Know your German emergency numbers

You're not on base and you have an emergency. Dialing 911 will not get you very far in Germany — but who will you call? In the states, it doesn't matter whether you are dealing with a medical emergency or witnessing a crime — the emergency number you call there is always 911. However, Germany has two emergency numbers and even in some regions a number for medical non-emergencies, but which one do you call in what kind of emergency situation?

Daniel Corzelius, fire chief with the U.S. Army Garrison Wiesbaden Directorate of Emergency Services, Fire Department, explains the difference: "If you dial 110, you will reach the police and if you dial 112, you will be connected to the fire department. However, if you have a medical emergency, the

fire department can forward the call immediately to an emergency medical dispatch center. Some cities even have integrated dispatch centers, which are a combination of fire department and medical emergency dispatch centers."

When experiencing an emergency that involves a life-threatening medical situation, one should always call 112 without the area code. "When calling 110 or 112 on a cell phone, the cell phone should connect to the closest emergency dispatch center," said Thomas Becker, first police chief inspector (Erster Polizeihauptkommissar) with the Wiesbaden Police Directorate. "The operator determines the type of emergency and will transfer the call to the correct dispatcher. This saves time, because it doesn't put the caller in the situation of having to make that determination."



Emily Jennings/Herald Union file

After hours doctor

If you need to consult a doctor while your regular doctor's office is closed, but you think the situation is not an emergency, you can dial the number 116 117. This connects you with a medical on-call service, which lets you speak with a medical professional for matters such as a high fever or a stomach ache, especially during night hours

or on weekends and holidays when your local doctor's office is closed. "This non-emergency number is supposed to be used in non-life-threatening situations," Corzelius said. "It directs non-emergencies away from the hospital emergency rooms."

However, U.S. Army Soldiers, Families and members of the civilian workforce in any of the USAG Wiesbaden

facilities and in the housing areas, who do not feel comfortable calling a German emergency line, can simply contact the USAG Wiesbaden Fire Department or Military Police. "For medical and fire emergencies at USAG Wiesbaden, you can call DSN 117 or Civ. (0611)705-117. In order to call the USAG Wiesbaden Military Police, call DSN 114 or Civ. (0611)705-114. This way, the Directorate of Emergency Services' dispatcher can notify the PONDSD guards, in order to facilitate quicker access at the ACP," Corzelius said.

It helps to have all emergency numbers already saved on your phone.

By Nadine Bower, U.S. Army Garrison Wiesbaden Community Relations Specialist.

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AWC can enhance sleep quality

Richard Hoke

Army Wellness Center Director

The Army Wellness Center provides a holistic approach to mind and body wellness services that help achieve lifestyle change and prevent or alleviate chronic conditions including diabetes, heart disease and stroke. The AWC leverages state of the art techniques and equipment to build and sustain health and provides care for active duty service members, adult Family members, retirees, and Department of the Army civilians.

Services that would normally add up to thousands of dollars are offered at the AWC free of charge.

No cost services include:

- **Sleep Education:** Services include general information about healthy sleep habits, impact of sleep on health and well-being, tools, tips and positive action steps to improve sleep quality. This class

provides resources for sleep tracking and highlights the latest technology to assist with healthy sleep habits. Participants will craft healthy sleep goals and create a basic sleep plan to improve sleep habits.

- **Activity through Exercise Testing and Exercise Prescription:** A personalized exercise regimen based on true VO2 max (maximal volume of oxygen that the body can deliver to the working muscles per minute) is essential to optimum cardio training. Knowing the unique anaerobic threshold can be used to design a workout plan that will improve fitness and maximize calories burned. The test report includes a table indicating how many calories you burn at every exercise heart rate level. With this information, there is no longer a need to rely on generalized estimates of calories burned provided by a bike or treadmill.

- **Nutrition Education:** Nutri-

tion plays a prominent role in weight management and overall health. This class discusses nutrient needs, sources of macronutrients, and how to decipher a nutrition label. Participants will develop a better understanding of the Dietary Guidelines for Americans and leave ready to make healthier food choices.

These services are the action arm for the Performance Triad making sure you maintain good sleep, activity and nutrition habits throughout your life promoting resilience and readiness.

The Wiesbaden AWC is located in Bldg. 1201 on Clay Kaserne, open from 7:30 a.m. to 4 p.m. Monday to Friday. To schedule an appointment call (06371)9464-1478 or DSN 590-1478. More information can be found at: <http://rhce.amedd.army.mil/wiesbaden/Services/ArmyWellnessCenter.html> or www.facebook.com/AWCwiesbaden.

Wiesbaden Army Health Clinic Hours:

Monday to Friday:
7:30 a.m. to 4:30 p.m.

Schedule appointments:

Online at www.tricareonline.com
Call DSN 590-5762
or (06371) 9464-5762

Medical readiness

1.74%

Percent of Soldiers classified as Medical Readiness Classification (MRC) 4 HQDA Standard is 2%.

*Data as of July 25

Access to Care (Appointment Wait Time)

Patients who call for an **URGENT** appointment are seen within:

.88 day

Tricare standard = 1 day

*Data as of June

Patients who call for a **ROUTINE** appointment are seen within:

3.8 days

Tricare standard = 7 days

*Data as of June

Patient Satisfaction

JOES Satisfaction Levels

96.2%

*33 responses

Positive ICE Comments

65%

*23 responses

*Data as of June

Your feedback matters to us. Please complete the Joint Outpatient Experience Survey (JOES) or Interactive Customer Evaluation.

RHCE Soldiers participate in 4-day, 100-mile march in the Netherlands

Russell Toof

Regional Health Command Europe

NIJMEGEN, Netherlands — The 103rd edition of Nijmegen, or International Four Day Marches, kicked off in the early morning hours of July 16 with about 47,000 walkers from 73 countries taking part.

Nijmegen, or Vierdaagse in Dutch, is the largest multiple day marching event in the world. It is organized every year as a means of promoting sport and exercise. Participants walk 30, 40 or 50 kilometers daily depending on their age and gender.

This year, approximately 5,900 members of the armed forces from 31 different countries took part. Among those 5,900, were more than three-dozen Soldiers from Regional Health Command Europe. In addition to those who marched, Soldiers from RHCE provided medical support to all participants.

Landstuhl Regional Medical Center sent two teams to this year's event. They finished in second and third place of all U.S. teams in the Day 3 ruck, the only competition ruck.

"This was truly a team LRMC achievement," said Capt. Aaron Berg, commander of LRMC's Charlie Company and officer in charge of the LRMC contingency to Nijmegen. "We had participation from nearly every command lane in the hospital and representation from each of the four companies and the 86th Medical Squadron."

"At Nijmegen, the camaradery of participating forces and civilians, combined with the cheers, high-fives, music and snacks from local citizens always injected energy into the marchers," said Staff Sgt. Augustin Yobunt, a cardiovascular noncommissioned officer.

Maj. Monika Jones was one of three Soldiers who represented Public Health Command Europe.

"I wanted to participate in Nijmegen because of the opportunity to train and persevere alongside military personnel from other nations," said Jones. "Nijmegen is such an amazing example of how members of different countries can help each other out and establish the bonds of friendship through enduring something so diffi-



Maj. Monika Jones/U.S. Army

Two U.S. Army Soldiers from Public Health Command Europe participate in the 2019 Nijmegen or International Four Day Marches. Nijmegen is the largest multiple day marching event in the world.

cult together. I am so thankful to have learned of this event and to have been able to take advantage of it while stationed in Europe."

Jones is an Army veterinarian and currently the officer-in-charge at the Spangdahlem,

Germany Veterinary Treatment Facility.

Those who crossed the finished line received the Dutch "Cross for Marching Proficiency," also known as the Kruis Voor Betoonde Marsvaardigheid or Vierdaagsekruis.

Sports & travel

Dog and Jog 5K

The Wiesbaden Veterinary Clinic and Sports, Fitness and Outdoor Recreation Center are teaming up to host a Dog and Jog 5K Run/Walk at 9 a.m. Sept. 7. Pick up free information on pet care and enjoy a little exercise with your favorite pet pal. Registration will be from 7:30-8:30 a.m. on the day of the event at the fitness center. Call (0611) 143-548-9830 for details.

Rheinblick Club Championship

The Rheinblick Golf Course holds its Club Championship Aug. 31 to Sept. 1. This is a 36-hole, stroke play event, open to all eligible patrons with a verifiable golf handicap. Call the Pro Shop at (0611) 143-548-5485 to register.

Europa Park trip

Wiesbaden Outdoor Recreation heads to the Europa Park amusement park Aug. 24. Cost is \$99 for adults, \$89 for children up to age 11. Call (0611) 143-548-9801.

PGA Sports Academy

Young people ages 7-17 are invited to get outdoors and to learn the game of golf during PGA Sports Academy lessons at the Rheinblick Golf Course on Saturdays. Cost is \$50 for four sessions (per month). Call the Rheinblick at (0611) 143-548-5486.

Recreational Shooting

Get in some target time with Wiesbaden Outdoor Recreation at the McCully Range in Wackernheim

from 10 a.m. to 3 p.m. Aug. 17. Call (0611) 143-548-9830.

Martial arts classes

Learn self-defense techniques during ongoing Golden Sage Martial Arts Classes at the fitness center. Classes are from noon to 2 p.m. Saturdays and cost \$8 per class. For more information visit www.bob-karnes-golden-sage.com or call (0611) 143-548-9830.

Scramble of the Year

Make your own team for this 18-hole, four-person, Scramble-format event Sept. 28 at the Rheinblick Golf Course. Shotgun start is at 9 a.m. Call (0611) 143-548-5485 to register.

Bad Duerkheim Wine Fest

Visit the world's biggest wine festival, located on the German Wein Strasse (Wine Street) in Bad Duerkheim, Sept. 7 with Wiesbaden Outdoor Recreation. Cost is \$59 per adult, \$39 for children ages 16 and below. Call (0611) 143-548-9801.

Biggest Loser

Change your life during the eight-week-long Wiesbaden's Biggest Loser fitness program. Sessions are from 6:30-7:30 p.m. Mondays and Wednesdays Sept. 23 to Nov. 18. Sign up at the Wiesbaden Sports, Fitness and Outdoor Recreation Center.

E-bike Dutch back roads

Join Wiesbaden Outdoor Recreation on a MOSA E-Bike trip in the Netherlands, Sept. 21-22, 2019.

Explore the back roads of Limburg and Maastricht and spend the night in a teepee. Cost is \$329 per person including transportation, use of the E-Bikes and one overnight stay in a teepee. Bring euros for meals. Another trip will be featured on Oct. 5-6. Sign up at the Wiesbaden Sports, Fitness and Outdoor Recreation Center or call (0611) 143-548-9801.

Oktoberfest Express

Sit back and let Outdoor Recreation do the driving to the world's largest and most famous beer festival — the Munich Oktoberfest. Cost is \$89 per person, \$69 for children ages 15 and under. Sign up at the Wiesbaden Sports, Fitness and Outdoor Recreation Center.

Rhein River Cruise

Take a cruise up the Rhein River with Wiesbaden Outdoor Recreation on Sept. 14. Cost of the trip is \$49 for adults, \$29 for children up to age 11. Outdoor Recreation also offers a rafting the Rhein trip Sept. 21. Call (0611) 143-548-9801 to sign up for either trip.

Fitness Resolution

Enjoy a host of free fitness and wellness opportunities at the Wiesbaden Sports, Fitness and Outdoor Recreation Center during the seventh annual Powerful Change Fitness Resolution on Sept. 21 from 9 a.m. to 1 p.m. Get information on Boot Camps and the Biggest Loser program, speak to a personal trainer, pick up tips from the Wellness Center, try a protein shake or sample a chair massage.

Get Golf Ready

The Rheinblick Golf Course offers another weeklong session of lessons during the Get Golf Ready program Sept. 9-13. Learn the fundamentals from a professional. Cost is \$99. Register at the Rheinblick Pro Shop or call (0611) 143-548-5485.

Sixth Annual Duathlon

The Sixth Annual Duathlon on Sept. 21 consists of a 20-mile bike ride wrapped between two five-mile runs. Participants start with the five-mile run, then take off on a 20-mile bike ride before finishing with another five-mile run. Register at the fitness center.

Go skydiving

Enjoy a tandem jump with the skydiving experts in Bitburg on this Outdoor Recreation adventure Sept. 14. Cost is \$329 for round-trip transportation and the tandem jump. Call (0611) 143-548-9801 for more information.

Friday Night Scramble

Unwind after the work week with a little friendly competition on the greens during the Friday Night Scramble at 6 p.m. Sept. 13 at the Rheinblick Golf Course. Call (0611) 143-548-5485 to register.

Recreational shooting

Get in some target time with Wiesbaden Outdoor Recreation at the McCully Range in Wackernheim from 10 a.m. to 3 p.m. Sept. 14. Call (0611) 143-548-9830.

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