



History of civil service
shows growth in opportunities ■ 11A

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Thursday, August 15, 2019

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>> IRON FOCUSED

Master Sgt. Alejandro Licea / 1st Armored Division

Staff Sgt. David Marley, assigned to the Headquarters and Headquarters Battalion, 1st Armored Division, prepares for an advise and assistance mission August 4 in southeastern Afghanistan. Elements of the 1st AD's headquarters deployed in July and August out of Fort Bliss for Operation Resolute Support and Freedom Sentinel supporting of Afghan and Coalition partners. Resolute Support is a NATO-led, non-combat mission to train, advise and assist the Afghan National Defense and Security Forces.



Photo courtesy of Army Shutterstock
Army-funded researchers at Cornell University are using artificial intelligence to search for a catalyst that would allow them to replace hydrogen with methanol to make fuel cells more efficient.

Innovative AI system could help make Army fuel cells more efficient

By U.S. Army CCDC Army Research Laboratory Public Affairs

RESEARCH TRIANGLE PARK, N.C. – As part of an effort to address the gap the U.S. Army faces in the need for long-lasting power and batteries for warfighters, the Army Research Office funded a research team who developed an artificial intelligence system that officials say identifies a promising material for creating more efficient fuel cells.

Researchers said the system, developed at Cornell University, is a potential breakthrough in both materials science and machine learning. It relies on a collective of algorithmic bots each performing a distinct task and sifts through hundreds to thousands of combinations of elements to create a map of phases – arrangements of atoms in relation to each other – that humans can then use to determine which might work as a new material.

“The exciting part about basic science research is you can’t always predict where the results will lead,” said Dr. Purush Iyer, division chief, network sciences at Army Research Office, an element of the U.S. Army Combat Capabilities Development Command’s Army Research Laboratory. “We funded this research to better understand collective intelligence (wisdom of crowds). While material science applications, such as design of novel alloys, were always on the cards, the serendipitous nature of the eventual outcome, that of a catalyst to aid in designing better fuel cells, is solving a problem of immense importance for the Army – battery power in the field – shows the importance of investing in basic research.”

The problem forced researchers to develop a whole new approach, they said.

“[It] really pushes the frontier of AI to derive physically meaningful solutions,” said Dr. Carla Gomes, professor of computer science and director of the Institute for Computational Sustainability, and first author of the paper published in June in Materials Research Society Communications.

Researchers seeking to improve fuel cells for cars are searching for a catalyst that would allow them to replace hydrogen, which is difficult to store, with methanol, which could be far more efficient. But because no known materials are efficient catalysts for methanol oxidation, a new material is needed, said co-author John Gregoire, Ph.D., a staff scientist at the Effieffia Institute of

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In the face of danger, chaos

Soldier channels training and courage during tragedy

By Spc. Matthew Marcellus | 1st Armored Division

In the face of unknown danger and chaos, it is easy to let fear overwhelm you; for one Fort Bliss Soldier, he defied this fear, bolstered by Army training and personal conviction.

Pfc. Glendon Oakley, a native of Killeen, Texas and an automated logistical specialist assigned to 504th Composite Supply Company, 142nd Combat Support Sustainment Battalion, 1st Armored Division Sustainment Brigade, reacted heroically during the active shooter tragedy in El Paso, Texas, August 3.

Oakley gathered several panicked children at the Cielo Vista Mall and brought them to the safety of law enforcement as chaos enveloped the adjacent Walmart, the scene of the tragedy which claimed 22 lives.

The Walmart store is approximately 800 feet from the Cielo Vista Mall, separated by a park-

ing lot, which caused law enforcement officials to evacuate both buildings as the shooter attempted to flee just north of the Walmart store.

“You could hear all of the chaos going around, and that’s when I did what I was trained to do,” said Oakley, “I quickly reacted and I thought to myself if my child were there how I would want someone else to react. I just took action and tried to get as many kids as possible.”

Oakley’s quick and decisive action ensured the safety of the rescued children as law enforcement worked to deescalate the tense situation.

“I just thought about keeping them as close as I could, a couple of them were jumping out of my hands, but the ones I could keep with me, I made sure that they made it to where they needed to be,” said Oakley. “They were just scared, so I just did what I could do possible.”

Army training has played a vital role in preparing Soldiers such as Oakley to respond in a quick and efficient manner in the face of danger, preparing them for any threat.

“Raising my right hand and being in the Army has taught me that I’m serving for the people and I need to protect the people,” said Oakley. “The Army taught me everything I know about being prepared for things like

“It hurts like I lost part of me, I don’t even know the people that died or the kids that I took with me.”

>> Pfc. Glendon Oakley

this.”
Oakley credits the Army for the training and experience that it has provided him.

“I understand that what I did was heroic, but I did that because that’s what I was trained to do and what the military has taught me to do,” said Oakley. “I’m thankful to be in the military and for what they’ve taught me.”

The selfless trait which defines Oakley’s character has been apparent to those around him for years.

“He comes from a great family and he’s not a selfish person, so it does not surprise me that

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Pfc. Glendon Oakley

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FORT BLISS

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Social media scams target service members

By Katie Lange | Defense.gov

WASHINGTON – Nowadays, you have to be cautious of everything you do online. Scammers are always trying to get money, goods or services out of unsuspecting people – and military members are often targets.

Here are some scams that have recently been affecting service members, Department of Defense employees and their families.

Romance scams

In April, Army Criminal Investigation Command put out a warning about romance scams in which online predators go on dating sites claiming to be deployed active-duty Soldiers. It's a problem that's affecting all branches of service – not just the Army.

CID said there have been hundreds of claims each month from people who said they've been scammed on legitimate dating apps and social media sites. According to the alleged victims, the scammers have asked for money for fake service-related needs such as transportation, communications fees, processing and medical fees – even marriage. CID said many of the victims have lost tens of thousands of dollars and likely won't get that money back.

Remember: Service members and government employees do not pay to go on leave, have their personal effects sent home or fly back to the U.S. from an overseas assignment. Scammers will sometimes provide false paperwork to make their case, but real service members make their own requests for time off. Also, any official military or government emails will end in .mil or .gov – not .com – so be suspicious if you get a message claiming to be from the military or government that doesn't have one of those addresses.

If you're worried about being scammed, know what red flags to look for. If you think you've been a victim, contact the FBI Internet Crime Complaint Center and the Federal Trade Commission.

DoD officials said task forces are working to deal with the growing problem, but the scammers are often from African nations and are using cyber cafes with untraceable email addresses, then routing their accounts across the world to make them incredibly difficult to trace, so be vigilant.

'Sextortion'

Sexual extortion – known as "sextortion" – is when a service member is seduced into sexual activities online that are unknowingly recorded and used against them for money or goods. Often, if a victim caves on a demand, the scammer will just likely demand more.



DoD graphic by Regina Ali / army.mil

Military experts are constantly warning service members about social media scams that can affect them and their families.

Service members are attractive targets for these scammers for a few reasons:

- They're often young men who are away from home and have an online presence.
- They have a steady income and are often more financially stable than civilians.
- Because of their careers, they're held to a higher standard of conduct.
- Military members have security clearances and know things that might be of interest to adversaries.

To avoid falling victim to sextortion, don't post or exchange compromising photos or videos with anyone online, and make sure your social media privacy settings limit the information outsiders can see – this includes advertising your affiliation with the military or government. Be careful when you're communicating with anyone you don't personally know online, and trust your instincts. If people seem suspicious, stop communicating with them.

DoD officials said sextortion often goes unreported because many victims are embarrassed they fell for it. But it happens worldwide and across all ranks and services. Here's what you should do about it if it happens to you:

- Stop communicating with the scammer.
- Contact your command and your local CID office.
- Do not pay the perpetrator.
- Save all communications you had with that person.

Service member impersonation scams

Scammers love to impersonate people of authority, and that includes service members.

These people often steal the identity or profile images of a service member and use them to ask for money or make claims that involve the sale of vehicles, house rentals or other big-ticket items. These scammers often send the victim bogus information about the advertised product and ask for a wire trans-

fer through a third party to finish the purchase, but there's no product at the end of the transaction.

Lately, fake profiles of high-ranking American military officials have been popping up on social media websites using photos and biographical information obtained from the internet. Scammers often replicate recent social media posts from official DoD accounts and interact with official accounts to increase the appearance of legitimacy.

Scammers are making these profiles to defraud potential victims. They claim to be high-ranking or well-placed government/military officials or the surviving spouse of former government leaders, then they promise big profits in exchange for help in moving large sums of money, oil or some other commodity. They offer to transfer significant amounts of money into the victim's bank account in exchange for a small fee. Scammers that receive payment are never heard from again. Here are some ways to lower the chances of you being impersonated or duped by a scammer:

- To avoid having your personal data and photos stolen from your social media pages, limit the details you provide on them and don't post photos that include your name tag, unit patch and rank.
- If an alleged official messages you with a request or demand, look closely at their social media page. Often, official accounts will be verified, meaning they have a blue circle with a checkmark right beside their Twitter, Facebook or Instagram name. General and flag officers will not message anyone directly requesting to connect or asking for money.
- Search for yourself online – both your name and images you've posted – to see if someone else is trying to use your identity. If you do find a false profile, contact that social media platform and report it.

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Technology.

"If a viable catalyst exists, it's going to need to be discovered by combining elements of the periodic table, and the number of combinations is so vast that it can't be done with traditional experimentation," Gregoire said.

Researchers also need to understand the crystal structure, or phase, of the material, because solids may have multiple phase structures and each one behaves differently as a catalyst.

"Humans can solve the phase map for simple composition systems containing two elements," Gregoire said, "but whenever there are more than two elements, it's too much information for humans to process, and we need AI to assist."

Existing machine learning approaches, however, were not well suited for the strict constraints of scientific discovery, in which solutions must not only be plausible but also obey the laws of physics and chemistry, Gomes said.

To meet the challenge, Gomes and colleagues developed a system called CRYSTAL for crystal phase mapping, in which multiple bots each take on a different part of the problem, from predicting the phase structures of various combinations to make sure those predictions obey the rules of thermodynamics.

Gomes said CRYSTAL was inspired partly by the IBM Watson supercomputer, which used a community of AI agents coming up with different possible solutions to beat human champions at "Jeopardy!"

Using the system, researchers were able to identify a unique catalyst, composed of three elements crystallized into a certain structure, which is effective for methanol oxidation and could be incorporated into methanol-based fuel cells.

"The outcome of this research is to make battery power readily, and continuously, available to Soldiers in a form that is safe and easily transportable, which could have a huge impact on the lives and performance of our Soldiers," Iyer said.

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Publisher/Commanding General 1st AD and Ft. Bliss
Maj. Gen. Patrick Matlock

Garrison CSM
CSM Brian Holschbach

Garrison Public Affairs Officer
Guy Volb

1st AD and Fort Bliss CSM
CSM Robert Cobb

EDITORIAL STAFF

1st AD Public Affairs
Lt. Col. Rosy Poulos
Master Sgt. Alejandro Licea

Managing Editor
Michelle L. Gordon

Staff Writer
David Poe

Garrison Commander
Col. Stuart M. James

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he's putting others before himself. He fully understands what he's trained to do," said Bobbie Reeders, principal of Pathways High School in Killeen where Oakley attended.

Oakley's father is a retired Army sergeant major, his mother a retired Army master sergeant and his sister a former Army commissioned officer.

"Some things you learn as a child on up and I believe that the selfless acts he showed by saving those children, because as he's said, 'I was just thinking about the children' shows that all through his life he's been taught that when you help others, you help yourself," continued Reeders.

It comes as no surprise to those around him that Oakley would demonstrate the courage and bravery needed to act in the face of unknown chaos and fear.

"You can see that this is something that's intrinsic, not something that was superficial," said Reeders when discussing Oakley's character. "Glendon, I'm proud of you, one day you told me that I would hear of you doing great things and you are a man of your word. Thank you."

The tragedy weighs heavily on Oakley, whose sympathy for the affected families has defined his attitude in the aftermath of the incident.

"It hurts like I lost part of me, I don't even know the people that died or the kids that I took with me," said Oakley. "I send my prayers and my condolences and I'd love to do it in person. I'd love to hug them and give



Photos by Spc. Matthew Marcellus / 1st Armored Division

Pfc. Glendon Oakley, a native of Killeen, Texas and an automated logistical specialist assigned to 504th Composite Supply Company, 142nd Combat Support Sustainment Battalion, 1st Armored Division Sustainment Brigade, helped children to safety during the active shooter tragedy in El Paso, Texas, August 3. "You could hear all of the chaos going around, and that's when I did what I was trained to do," said Oakley, "I quickly reacted and I thought to myself if my child were there how I would want someone else to react. I just took action and tried to get as many kids as possible."

them my comfort, because that's exactly what they need."

Oakley's actions during the active shooter tragedy helped protect and secure vulnerable children through selfless service and courage strengthened by training and opportunity provided by the Army.

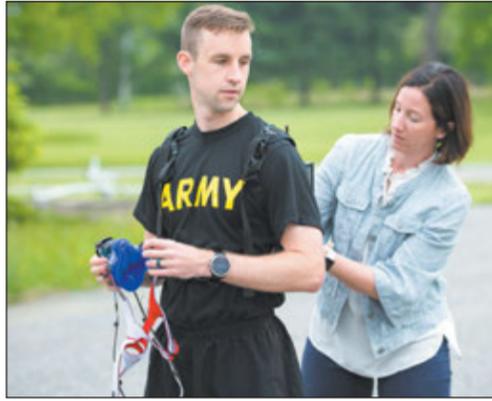
"I'm thankful for all of the training that I've went through and the noncommissioned officers that have been there and taught me how to shoot and how to zero and how to protect the people who I am supposed to protect," Oakley said. "That's exactly what I raised my hand up to do."

UNIT NEWS >>

Training is the oil that keeps the engine of our Army running



New program launched
to catch sexual assault offenders ■ 10A



AWCs offer Soldiers,
families world-class fitness services ■ 13A



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Oshiki takes over WBAMC commander is honored, excited, ready for challenges

By David Burge | Special to the Fort Bliss Bugle

The new commander for William Beaumont Army Medical Center knows he is in for a busy command tenure and is up for the challenge.

Col. Michael Oshiki, a 55-year-old from Washington, D.C., took command of the Army hospital at Fort Bliss on July 19.

Beaumont is facing five major challenges during the next two years, he said.

Chief among them is to conduct a seamless transition to the new Beaumont replacement hospital, Oshiki said.

The new hospital – being built on East Fort Bliss at Loop 375 and Spur 601 – is scheduled to be ready and seeing patients by the end of summer 2020, he said.

“My main concern is to make sure it is as seamless as possible for our patients, our staff, and we maintain full support for the 1st Armored Division, Fort Bliss and all our beneficiaries,” Oshiki said.

Beaumont is also scheduled to go through two Joint Commission reviews, before and after the move to the new facility. The Joint Commission provides accreditation for more than 21,000 health-care programs and organizations across the country.

In addition, the hospital is moving to a new medical record system – MHS Genesis – next year.

On top of all that, starting this fall, the hospital will fall under the jurisdiction of the Defense Health Agency, as part of a broader reorganization of military medicine.

“Those five things, any one of them is a phenomenal stressor to a hospital staff member,” Oshiki said. “We are really challenging our staff with doing these five things. I think

they are absolutely up for it.”

Oshiki is a doctor who is board certified in family medicine and is still clinically active. He is also a flight surgeon and a dive medical officer.

Most recently, he was a student at the National Defense University in Washington. Before that, he served as commander of Fox Army Health Center at Redstone Arsenal, Alabama.

Oshiki has past ties to Fort Bliss, serving here from 1988 to 1992 when he was an armored cavalry officer with the 3rd Armored Cavalry Regiment. That included a deployment to Operation Desert Shield/Desert Storm.

For Oshiki, it feels like a homecoming.

“It is amazing to be back,” he said. “It is an interesting blend of familiar and wow, lots of changes.”

His wife, Ginger, whom he hadn't met when he was stationed here before, is also impressed by their new home, he said.

At Beaumont, he oversees a staff of about 4,000 Soldiers, civilians and contractors who provide a wide range of medical care to active-duty military, family members, retirees and referrals from the Department of Veterans Affairs.

The hospital is also a major training platform for Army Medicine. It has residency programs to train future Army doctors and also trains other medical professionals, like nurse anesthetists, licensed practical nurses and physician assistants.

Beaumont has two main missions related to readiness, Oshiki said.

“We have a responsibility to maintain a medically-ready force,” he said. “The 1st



David Burge / Special to the Fort Bliss Bugle

Col. Michael Oshiki took command of William Beaumont Army Medical Center on July 19. He expects a busy command tenure with the hospital undertaking five major initiatives, including moving into the new replacement hospital next year.

Armored Division – America's only tank division – these Soldiers have to be medically ready to go out and do their wartime mission.”

The hospital also makes sure that its own medical Soldiers are ready to deploy anywhere in the world and provide medical support for deployed operations, he added.

As for the move to the new hospital, they will start moving staff, programs and equipment into the new building next year.

All of Beaumont's departments have already set up transition teams to make the move as seamless as possible.

Col. Jason R. Sepanic, the hospital's deputy commander, is overseeing the transition.

But Oshiki said he has already met with the Army Corps of Engineers, which is overseeing the project, and gone on a walk-through of the new facility to see its layout.

His role is to provide big-picture guidance and make sure that the hospital continues to

provide high-quality care to its beneficiaries, train future Army medical Soldiers and ensures a ready force at Fort Bliss throughout the transition, he said.

“My moniker is: ‘mission first, people always,’” Oshiki said. “At the end of the day, we are in the military. The mission is what we are all about, but our people are what underline everything. If you don't take care of your people, you lose them.”

Oshiki said he is extremely honored and excited about commanding Beaumont and looks forward to the challenges that lie ahead.

“To be selected to be part of such a phenomenal team, it is a tremendous honor,” Oshiki said. “It is very humbling to come in and see this amazing group of professionals and see what they do every day, supporting one of the Army's largest power projection platforms here at Fort Bliss.”

>> OPERATION RESOLUTE SUPPORT/ FREEDOM SENTINEL

Iron Soldiers support advise and assist mission



(Above left) A crew chief assigned to the 1st Armored Division's Combat Aviation Brigade checks his surroundings on a CH-47 helicopter while providing transportation support for an advise and assistance mission Aug. 4 in southeastern Afghanistan. Elements of the 1st AD's headquarters deployed in July and August out of Fort Bliss for Operation Resolute Support and Freedom Sentinel in support of Afghan and Coalition partners. Resolute Support is a NATO-led, non-combat mission to train, advise and assist the Afghan National Defense and Security Forces.

(Above right) British Brig. Gen. Leigh R. Tingey, left, commander of Task Force Southeast, greets a U.S. Soldier during an advise and assistance mission Aug. 4 in southeastern Afghanistan.



Photos by Master Sgt. Alejandro Licea / 1st AD

A Soldier assigned to the Headquarters and Headquarters Battalion, 1st AD watches as a UH-60 Blackhawk Helicopter prepares to land during an advise and assistance mission Aug. 4 in southeastern Afghanistan.



Photos by Jonathan Koester / Joint Modernization Command Public Affairs



>> JMC LEADS MOTORCYCLE MENTORSHIP RIDE

Event encourages safe riding, awareness of traffic surroundings

The U.S. Army Joint Modernization Command held a motorcycle mentorship ride on July 25, emphasizing the encouragement of safe riding behavior on and off duty. The eight participants rode up to Hatch, New Mexico, then through the pecan fields on the back roads near Mesilla, New Mexico, as they returned to Fort Bliss, said ride participant Kevin Picklesimer. Picklesimer works in the plans and operations section of Joint Modernization Command. "After a briefing that focusing on motorcycle safety, we had a great ride through parts of Texas and New Mexico," Picklesimer said. "With comradery and leadership, we were able to have an enjoyable and safe day of riding."

(Top) The U.S. Army Joint Modernization Command held a motorcycle mentorship ride on July 25, emphasizing the encouragement of safe riding behavior on and off duty.

(Left) A motorcyclist heads down Highway 28 towards Mesilla, New Mexico. The route takes you through the Stahman Farms Pecan grove.

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Army could replace CAC with wearable token

By Douglas Scott | army.mil

ABERDEEN PROVING GROUND, Md. – The Army Futures Command, or AFC, is developing wearable identity authentication and authorization technologies that will enable Soldiers to securely access network-based capabilities while operating on the move in contested, threat-based environments.

Since 2001, the Common Access Card, or CAC, has served as the de facto, government-wide standard for network and system security access control. However, CACs are not operationally suited for use in every environment.

Moreover, the Army lacks a standard way for Soldiers at every echelon to prove their identity when operating systems, devices and applications on Army networks.

With this in mind, AFC's major subordinate command, the U.S. Army Combat Capabilities Development Command, or CCDC, is researching and developing authentication technologies that will provide Soldiers with secure and simple ways to identify, authenticate and be authorized access to Army networks, operating systems, servers, laptops, applications, web services, radios, weapon systems and handheld

devices.

CCDC's Command, Control, Communications, Computers, Cyber, Intelligence, Surveillance and Reconnaissance, or C5ISR, Center is designing wearable identity tokens for Soldiers to use to log on to mission command systems, networks and tactical platforms. The tokens are wireless, lightweight, flexible and rugged, and they can be inserted in a Soldier's pocket, attached to a sleeve or integrated into a wrist band like a Fitbit.

Conceptually, Soldiers wearing these tokens could simply approach a system to login, be recognized by that system, which would then prompt the Soldier to enter a PIN or use a biometric as a second factor, and be automatically logged out when they walk out of the system's range.

"The Army is driving toward a simpler and intuitive tactical network, so we're aligning our science and technology resources to explore the challenges associated with this mission space, inform senior decision makers of the lessons learned and deliver capabilities that support Army modernization and address the Soldier's needs – now and in the future," said Brian Dempsey, tactical network protection chief for the C5ISR Center's Space and Terrestrial Communications Directorate.

The wearable identity tokens combine the security of a public key-based credential – similar to the credential on the CAC – with cutting-edge advances in the commercial wireless payment industry and flexible hybrid electronics, explained Ogedi Okwudishu, project lead for the Tactical Identity and Access Management, or TIDAM, program.

"As part of the Army Futures Command, we're looking to move at the speed of the information age. We want to be able to research, test, proof the concepts and integrate emerging IT capabilities from industry as they become available. There's no point re-inventing the wheel," Okwudishu said.

Under the current paradigm, tactical platforms would need to be retrofitted with specialized equipment in order to read new identity authentication technologies. Such deployments and retrofitting can be very costly. Wearable tokens, however, leverage already existing communication and protocol capabilities, Okwudishu pointed out.

"Soldiers should not have to take out a smartcard, insert it into a card reader and then remember to remove the card from the reader when they are done," said Okwudishu. "Contactless identity tokens are not only easy to use, they provide a significant cost savings for the Army. You can continue to add authentication capabilities without needing to redesign, or deploy new, tactical hardware to every laptop, server, handheld device or weapon system in the field."



Spc. Dustin D. Biven / 22nd MPAD

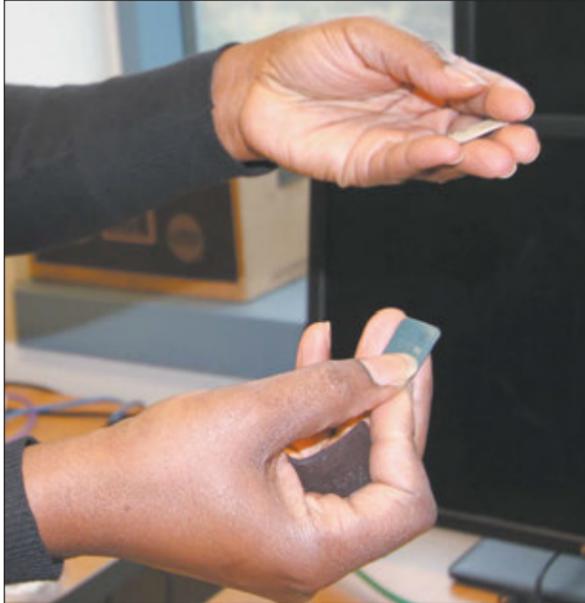
The CCDC C5ISR Center is developing wearable authentication tokens that will enable Soldiers at every echelon to prove their identity when operating systems, devices and applications on the Army tactical network.

Since beginning the TIDAM program in 2017, the C5ISR Center has worked closely with Soldiers and Program Executive Offices, or PEOs, Soldier and Command, Control Communications-Tactical, or C3T, to validate, demonstrate and mature the technology.

The center's S&TCD is working with Project Manager Integrated Visual Augmentation System, or IVAS, to finalize a transition agreement with PEO Soldier for wearable authenticator infrastructure technologies. In the meantime, the directorate is developing a wearable authenticator software provisioner that will enable the secure placement of credentials on the wearable tokens and the ability to do this "locally" at the brigade level and below.

S&TCD is also working from a roadmap it jointly developed with PEO Soldier to integrate the capability with various systems from PEO Soldier and PEO C3T. Currently, the goal for fielding the tokens is in FY 22.

"I think this is a really great idea," said Sgt. 1st Class David Worthington, senior enlisted advisor for the C5ISR Center. "Nobody has done anything like this yet. If done properly, it will make the authentication process a lot easier and a lot faster. More important, it provides more reciprocity at the tactical level for log-ins, so you can track what people are doing on the network."



Douglas Scott / army.mil

The tokens are lightweight, flexible and rugged, and they can be inserted in a Soldier's pocket, attached to a sleeve or integrated into a wrist band like a Fitbit.



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Golden rejoining: Japanese art represents healing after tragedy

By Capt. David L. Davis | 16th Engineering Battalion

On Saturday, August 3, 2019, a tragic event struck our community shaking many of us down to the core. A hate-filled, angry young man opened fire, killing at least 22 people and injuring many others. Fear hit the community like wildfire as the news of the shooting spread. Our world became broken, the safety of our community shattered, having both a psychological and psychosocial impact upon individuals, families, and social organizations. What are we to do when the world as we know it falls apart?

When I was a young man, I found a bowl in my great-aunt's cupboard that seemed to have veins of gold running through it. I asked her about the bowl, and she explained that the bowl had belonged to her great-grandmother. It was one of her favorite possessions and held many positive memories of the past. When she was younger, she had accidentally dropped the bowl and watched in horror as it shattered. She was devastated. This was her last connection to her past. As she lamented to a friend, she was reminded that the bowl as she knew it was gone, but the bowl could be salvaged, and become something new in the process. Intrigued, she continued to listen.

She learned of Kintsugi, a 15th-century Japanese style of art dedicated to the restoration of ceramic pottery. Kintsugi or "golden rejoining," patiently takes the broken remains of a shattered vase or bowl and rejoins the pieces back together with gold or silver laced epoxy to form a new ceramic piece, as well as an original work of art. My great-aunt's bowl once broken could never be placed together the way it had been before. It needed to rebound from the adversity it experienced. It needed to be reinvented.

The concept of resilience is just that – the ability to rebound from adversity, stronger and more resourceful, as well as to withstand other life challenges. Throughout our lives, we will be faced with normal challenges such as aging, physical and mental ailments, losing a job, or even the death of a loved one. Unfortunately, we will also be faced with tragic events



Capt. David L. Davis / 16th Eng. Bn.

A shattered bowl rejoined by Kintsugi, a 15th-century Japanese style of art dedicated to the restoration of ceramic pottery. Also known as "golden rejoining," Kintsugi rejoins the pieces of a shattered vase or bowl with gold or silver laced epoxy, forming a new ceramic piece, as well as an original work of art.

that affect whole communities, such as natural or manmade disasters, like the recent shootings. For the human spirit to endure such brokenness, we need to take a holistic approach to heal our communities. Following a traumatic experience, we can remember the acronym, ABCD.

Anybody: Never deal with suffering alone. It is when we are alone that we are most vulnerable to distressing thoughts. Turn to someone to give and/or receive support. Our community is strong and filled with fantastic people from all over the world. Our friends and family members are our first defense. They know us better than anyone else. They can tell when something is wrong, and they are there to provide love and support. We can

also turn to those who have gone through a similar tragic experience and aid one another to see that we are having a normal response to an abnormal situation.

Behavioral health: There may be times when you cannot shake the memories, intrusive thoughts, or emotions involved with an event, even if you shared those thoughts and feelings with others. There are trained counseling professionals throughout Fort Bliss and the El Paso area. Websites like militaryonesource.mil and myarmyonesource.com are great resources that can help you connect with counseling agencies anywhere in the world. If you need immediate help, contact the Military Crisis Line at 800-342-9647, the National Suicide Prevention Lifeline at 800-273-8255, or

Kintsugi or "golden rejoining," patiently takes the broken remains of a shattered vase or bowl and rejoins the pieces back together with gold or silver laced epoxy to form a new ceramic piece, as well as an original work of art.

your organization's chaplain.

Clergy / chaplains: Spiritual leaders tend to the soul and are a great resource to help connect or reconnect with deity and a spiritual community of fellow believers. Clergy and chaplains also provide pastoral care and counseling. Many are trained to assist during times of duress and have other resources available to provide you assistance in the healing process.

Doctors: Medical practitioners focus on your overall physical health. They can help mend what is broken and give professional advice to help with sleep, nutrition, and physical fitness, which can directly affect your mental, and spiritual wellbeing. Doctors likewise have access to a variety of resources to include specialized doctors and a wide range of medication for various ailments.

Out of tragedy can come growth and we as a community have a responsibility to ourselves, our families, and those around us to foster that growth. We are the gold that bonds the pieces of our community together. Don't allow yourself to retreat into groups focused on hurt, anger, pain, or division. Instead, find support groups, volunteer with social organizations that serve to better the community. If you need help, remember ABCD and turn to anyone – behavioral health, chaplains, and doctors. I pray that you continue to grow even in these hard times.

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Army general, SOCOM commander emphasizes character to new SEALs

By Jim Garamone | Defense.gov

CORONADO, Calif. – The legendary toughness of the Navy’s SEAL teams was on display as the general in charge of U.S. Special Operations Command addressed the 57 sailors graduating from SEAL Qualification Training Class 322 in Coronado, California.

Socom Commander Army Gen. Richard Clarke opened his Aug. 2 address noting he felt fortunate to be addressing the graduating class.

“I am glad to break the streak as the first U.S. Army officer and the first U.S. Army Ranger to preside over a [SEAL qualification] graduation,” Clarke said.

The class began training 15 months ago with 157 students. The physical and mental challenges the sailors faced whittled down the numbers and polished those who made it through to graduation.

“For each of you preparing to walk across this stage, it is an almost indescribable achievement,” Clarke said.

The new SEALs are a diverse group, hailing from 21 different states, the general said, telling the graduates the only thing they shared when the training began “was a desire to test yourselves, to experience a unique challenge, to be part of something bigger than yourselves and to put the needs of the nation ahead of your own.”

Clarke noted the new SEALs have charged through the surf many times in the past 15 months of training, but the next time they do it, it will be different — it will be as members of operational units.

“Right now, around the globe, Navy SEALs — your teammates — are hard at work,” Clarke said. “SEALs have — and will continue to play — an active and vital role in our national security efforts.”

SEALs continue to quietly and professionally set the conditions for their fellow service members to deter, disrupt and defeat

any adversary, the general said. “You can be sure that we will continue to ask our SEALs to accept the most difficult missions,” he said. “This will challenge you in ways you cannot anticipate, and you need to be ready now.”

That these missions will require physical and technical competence is a given. But they will also require the SEALs to demonstrate character, the general told the graduates. “The themes of trust and teamwork have been a large part of your training,” Clarke said. “Across the [Special Operations Command] enterprise, trust is our currency with the American people. It’s a powerful but fragile credibility that each of us must guard fiercely.”

The new SEALs are now part of this greater team of special operators who “share a common commitment to protect the American people, our prosperity and, most importantly, our way of life,” Clarke said.

“The American people trust that you — that we — will take on these challenges,” he added. “That we will not only win, but win with honor [and] with your values intact. Never allow a disordered loyalty to an individual or team to obscure the values, commitment and trust you share with your great Navy service, with Socom and with the nation.”

Clarke said the new SEALs will have lives in their hands, and how they respond will affect their fellow citizens. Graduating from the SEAL Qualification Course is the first step. “We count your success here as assurance of your courage, your competence and, most of all, your character. I know that all of you are sufficient for the task,” he said.

The next time they have to wade into cold waters, Clarke said, he wants them to “wade into the unknown boldly, and keep your hands steady.”



Photos by Petty Officer 1st Class Abe McNatt

Army Gen. Richard D. Clarke, commander of U.S. Special Operations Command, speaks to Navy SEAL candidates participating in Basic Underwater Demolition/SEAL training in San Diego, Aug. 2, at the end of “Hell Week.” Hell Week is a strenuous five-day crucible meant to test a candidate’s physical and mental toughness as part of the 63-week training required to become a Navy SEAL.



Clarke shakes the hand of a U.S. Navy SEAL candidate participating in Basic Underwater Demolition/SEAL training in San Diego, August 2 at the end of “Hell Week.”

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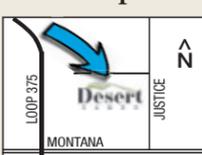
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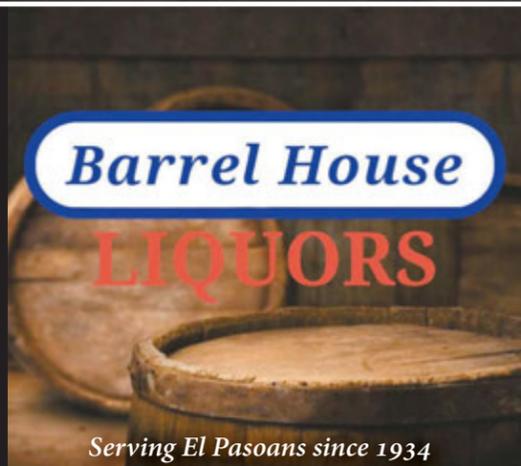
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DoD launches new program to catch repeat sexual assault offenders

By U.S. Army

WASHINGTON – The Department of Defense has a new investigative tool to help identify perpetrators of sexual assault.

The new Catch a Serial Offender – or “CATCH” – program, fully operational as of August 5, is run by the Naval Criminal Investigative Service for all branches of the armed forces and the National Guard. CATCH gives people making a restricted report of sexual assault an opportunity to anonymously disclose suspect and incident information to help the Department of Defense identify repeat offenders.

The details the victim provided to the CATCH program are compared to others’ CATCH entries and other sexual assault reports. If the information appears to match with other allegations, one victim’s submission on a suspect matches another victim’s submission, the participating victims are notified privately. Participants can then decide whether to convert their restricted report to an unrestricted report and participate in the investigation of the suspect.

“Victims of sexual assault deserve our best support and resources,” said Dr. Nate Galbreath, acting director of the DoD sex-

ual assault prevention and response office. “We’re excited for the launch of CATCH, which will empower victims to disclose information about their assailant or assault in a safe and confidential way.”

Participation in the CATCH program is voluntary. Victims can also decline to participate in the process at any point, even after being notified that there was a potential match, with no negative consequences if the victim does not agree to participate.

“Research suggests that some suspects commit multiple incidents before being reported or caught. With CATCH, the department has a new tool to identify these suspects,” said Dr. Galbreath. “What’s great about this new program is that both currently serving and veteran service members who made a restricted report can participate. We hope that those who have since left the service will consider contacting a sexual assault response coordinator and opt into CATCH.”

Each service will assign military criminal investigative organization investigators/analysts to the “MCIO CATCH Program Team” to run inquiries against the CATCH system on a regular basis. The National Guard Bureau will also assign a point of

contact from the office of complex investigations for investigative matters. In addition, each service and NGB headquarters will designate one sexual assault prevention and response CATCH POC to work closely with the MCIO CATCH program team and coordinate match notifications. Mr. Nathan Evans, of the Army sexual harassment/assault response and prevention division, is the Army’s CATCH POC.

Victims should contact their SARC for more information on the CATCH program or to make a report of sexual assault. To locate the nearest SARC, the Department of Defense Safe Helpline provides a responder database available at <https://www.safehelpline.org/nearme>.

With restricted, or confidential reporting, the adult sexual assault victim can access health care, advocacy services, and legal services without a notification to command or law enforcement. Under unrestricted reporting, victims may also access these support services, but both the command and law enforcement are notified and the report is referred for investigation.

If you need to speak to someone immediately, you can reach the DoD Safe Helpline



Airman 1st Class Monica Roybal / army.mil
A Soldier wears a sexual harassment/assault response and prevention program pin. The new CATCH program gives people making a restricted report of sexual assault an opportunity to anonymously disclose suspect and incident information to help the DoD identify repeat offenders.

for anonymous and confidential, 24/7 support at 877-995-5247 or www.safehelpline.org.

Safe Helpline is the DoD’s sole sexual assault hotline, and provides specialized services including one-on-one crisis intervention and support, peer-to-peer support, information, resources, and self-care exercises, available anytime and anywhere.

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History of civil service shows growth in professionalism, opportunities

By Kari Hawkins | AMC

REDSTONE ARSENAL, Ala. — Kim Midkiff remembers a time when hiring into federal civilian service was much like winning the “golden ticket” in a state lottery.

When Midkiff was a teenager growing up in West Virginia in the 1970s, her parents eyed federal government jobs in the Washington, D.C., area for their three daughters. To their generation, the jobs represented good pay and benefits, employment stability and opportunity.

“Our parents said we were going to work for the federal government after high school graduation, so off we went. I took a typing test and hired in as a GS-2 at the Department of Agriculture,” Midkiff said.

But, Midkiff also had a part-time job as a waitress at a pizza restaurant where customers were generous and co-workers were friendly. For a short while, she juggled both jobs, calling in sick when late nights serving pizza made her too tired for a full day of administrative work.

“My government boss finally found out and told me I had to choose. I knew my mom and dad would kill me if I quit my government job,” she recalled.

Not long after she made a full commitment to government service, Midkiff went to work for the Department of Army Materiel and Readiness Command, which became Army Materiel Command.

Thirty-nine years later, Midkiff, who is the assistant to the AMC’s Secretary to the General Staff, is now looking toward the opportunities of government retirement in a few years, leaving behind a federal workforce that has changed drastically in terms of educational, professional and career opportunities.

Since the Continental Congress first created its Army in 1775, Army civilians have been central to its service in peace and war, fulfilling such duties as clerks and wagon drivers in those early years to today’s scientists, engineers and administrative assistants, among other career fields.

“A real strength of our civilians is that they are stable, remaining in their jobs for much longer periods of time than the military. They thus learn their jobs and are able to hone the skills necessary to be at the highest level of skill and knowledge in their fields,” said retired Lt. Gen. James Pillsbury, a former Army Materiel Command deputy commander, in the publication A Brief History of U.S. Army Civilian 1775-2015.

While history holds many examples of civilians providing significant support in all aspects of Army service, modern day developments for federal employees provide a glimpse of how civilian roles have transformed over recent decades. Beginning with the Civil Service Reform Act of 1978 that established the personnel merit system and other personnel practices to improve the management of the civilian workforce, other Congressional as well as Department of Defense and Army directives grew the professionalism of the civilian workforce. This culminated with the establishment of the Army Civilian Corps Creed in 2006 and the establishment of Career Programs for all Army civilian occupational specialties in 2011.

For long-time Army civilian Claus Martel, those directives put on paper what he had first experienced as a young nursing Soldier working alongside a civilian medical staff at Walter Reed Medical Center in the late 1970s.

“My familiarity with civilians supporting the Army goes back 43 years when Army Soldiers and civilians worked as one team at Walter Reed,” said Martel, who later began a civilian career as an Army historian and who now leads the history program at Army Materiel Command.

Although always stable, the uniformity of civil service employment in the 1960s, 70s and early 80s didn’t encourage innovation, initiative and professional development beyond the job at hand.

“In almost half a century as a civilian Army employee, I’ve seen changes from the old civil service system that did not promote accountability and goal setting, and where you were pretty much locked in for your entire career, to programs that encourage education and leadership development,” Martel said.

“Things started to change in 1986 with the Federal Employment Retirement System that allowed civilians greater flexibility in their careers and more opportunity to build greater wealth for retirement through those careers.”

Throughout the ‘80s and ‘90s, there was tremendous growth in educational opportunities and leadership development for civilians, Martel said. That continued into the 2000s as civilians deployed in support of troops during war, civilian leadership training programs were put in place and, in 2011, the Career Program System was established.

“The Career Program System was a gigantic leap forward in terms of being able to network with people of similar occupations, and in terms of finding job opportunities and developmental opportunities,” Martel said. “There are so many more opportunities for civil servants than there were 30 or 40 years ago.”

With those opportunities also comes a growing respect for what civilians contribute to the Army mission, he said, which is ironic in an era when there are fewer Army civilians than ever before. At AMC, where the workforce is more than 95 percent civilian, AMC Headquarters employed 25,000 civilians in 1962. Today, it is home to 600 civilian employees.

“We’ve learned to do more with less,” Martel said. “The Army has worked to keep an engaged but smaller workforce by providing educational opportunities.”

“One of AMC’s greatest success stories is its intern program. There are so many people I know who started as an intern and who are now senior executive service members. That’s a testament to AMC’s commitment to educating the workforce and providing opportunities to progress.”

Martel is a product of Army educational opportunities, having attended college on the GI Bill and then joining the Army workforce at Redstone Arsenal, Alabama through the co-op program, which he describes as “a creative educational program that allowed people who did not consider a civil service career to be introduced to it.”

Even though the Army’s civilian landscape has seen significant change, growing a civilian career still requires the same recipe for success — being prepared and working hard, Martel said.

“Things have changed so much. But, what hasn’t changed is the simple fact that if you are prepared to work hard and take advantage of opportunities and training, then you will be rewarded,” Martel said.



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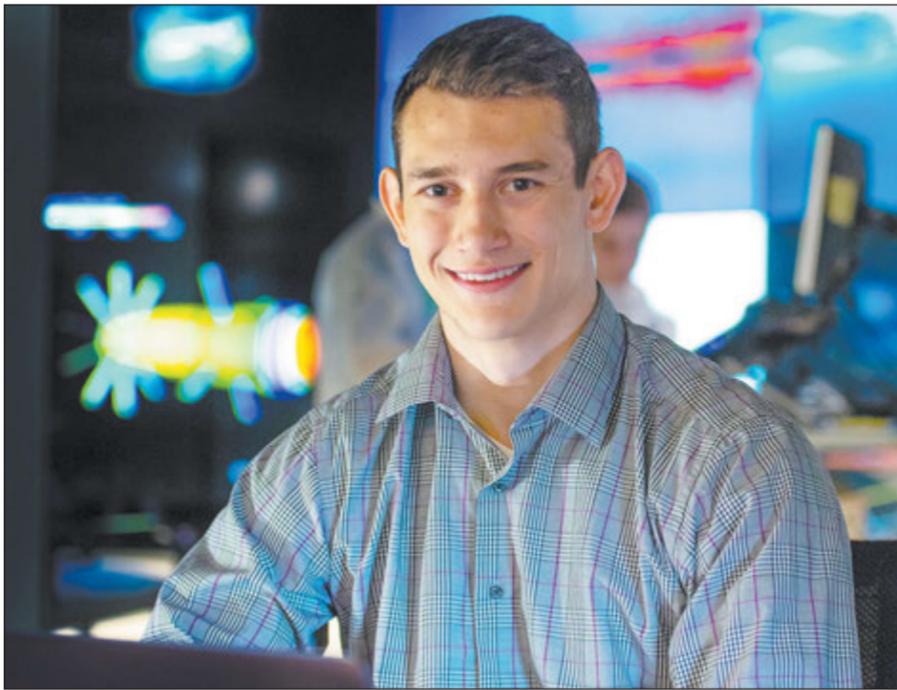
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David McNally / army.mil

Nikita Kozak, an intern with the U.S. Army Combat Capabilities Development Command's Army Research Laboratory, is an Iowa State junior pursuing a mechanical engineering major. Kozak is now a recipient of a scholarship from the Barry Goldwater Scholarship and Excellence in Education Foundation, which encourages outstanding students to pursue careers in STEM research.

Army intern earns premier scholarship in STEM

By U.S. Army CCDC Army Research Laboratory Public Affairs

ABERDEEN PROVING GROUND, Md. – An Army intern has received the nation's premier undergraduate scholarship in mathematics, natural sciences and engineering.

Nikita Kozak, an intern with the U.S. Army Combat Capabilities Development Command's Army Research Laboratory, is an Iowa State junior pursuing a mechanical engineering major. Kozak is now a recipient of a scholarship from the Barry Goldwater Scholarship and Excellence in Education Foundation, which encourages outstanding students to pursue careers in STEM research.

Kozak is spending this summer working as an ARL High Performance Computing intern. He was one of 5,000 Goldwater Scholarship applicants from 443 institutes. Only 493 students were selected.

Kozak's work at the Army lab is in optimizing gas turbine engines for variable speed operation. His experience working for the Army made him more competitive, he said.

"My time as an Army intern allowed me to develop into a better researcher and problem solver as well as providing me with real world research experience," Kozak said.

The one-year scholarship is available to juniors and two-year scholarships are available to sophomores. It covers the cost of tuition, fees, books and room and board up to a maximum of \$7,500 per year.

"This is quite a significant accomplish-

ment," said Dr. Simon M. Su, DoD supercomputing Resource Center.

After graduating from Iowa State, Kozak plans to pursue a doctorate in mechanical engineering. He hopes to one day establish his own multidisciplinary research group focused on engine design and computational modeling approaches at a national laboratory.

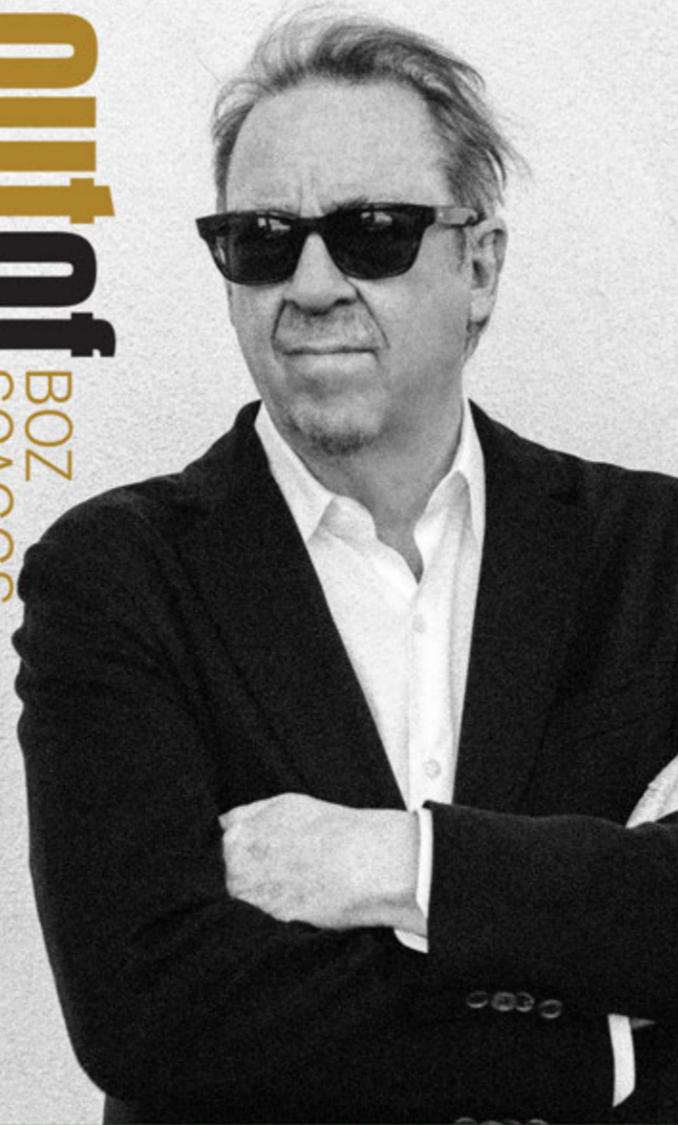
Kozak, who is serving on his second summer internship at the laboratory, is co-mentored by Army researchers Drs. Anindya Ghoshal, Muthuvel Murugan and Luis Bravo, from ARL's Vehicle Technology Directorate.

"Nikita Kozak is an exceptional student who has demonstrated a superior ability to understand scientific concepts, communicate complex topics with ease, and values working in a military S&T environment," Bravo said. "He has an impressive drive to reach the highest academic levels and has reached important research milestones using High Performance Computing in support of Army's Future Vertical Lift program. I am very glad to see him a recipient of the Goldwater fellowship."

Kozak said plans to keep his options open and continue working with his Army research mentors as he pursues his doctorate in mechanical engineering.

"My Army mentors treat as a collaborator, allowing me to explore and learn with freedom and receive expertise when needed," Kozak said.

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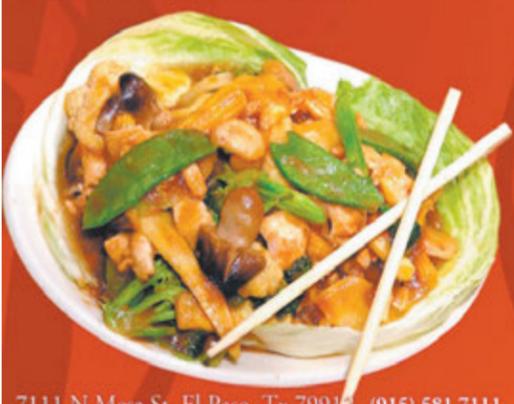
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AWCs offer Soldiers, families world-class fitness services

By Douglas Holl | USAPHC

ABERDEEN PROVING GROUND, Md. – Are you struggling to meet Army weight standards or need to improve your run time to pass the Army physical fitness test or Army combat fitness test? Maybe you just signed up for the Army Ten-Miler and would like to improve your performance.

Did you know there is a world-class team of experts at an Army Wellness Center near you with access to cutting-edge technology just waiting to help? No need to hire a personal trainer, your AWC offers free services and programs to help you meet your fitness goals.

Last year, AWCs served 60,000 clients and achieved a 97 percent client satisfaction rating, according to the Army Public Health Center's 2018 Health of the Force report. Program evaluations of AWC effectiveness have shown that individuals who participate in at least one follow-up AWC assessment experience im-

provements in their cardiorespiratory fitness, body fat percentage, body mass index, blood pressure and perceived stress.

Making improvements in cardiorespiratory fitness and body mass index are particularly important because increased levels of cardiorespiratory fitness and decreased levels of body mass index are associated with decreased musculoskeletal injury risk.

"The types of assessments provided at an AWC are world class," said Todd Hoover, division chief for Army Wellness Center Operations, Army Public Health Center. "If a client is interested in losing weight, AWCs provide an assessment called indirect calorimetry or simply metabolic testing. The test involves a client breathing into a mask for 15 minutes. After the test we can measure, with an extremely high accuracy, the total number of calories an individual needs to lose, gain or maintain weight. The information provided from this test is often the difference between someone reaching their goals or not."

There are currently 35 AWCs located at Army installations around the globe offering programs and services to Soldiers, family members, retirees and Department of the Army civilians, said Hoover. AWCs are known for being innovative in the use of testing technology for health, wellness and physical performance.

Hoover said the best client for an AWC is a Soldier who is not meeting APFT/ACFT performance standards. Those with low or high body mass index plus poor run times are the highest-risk populations. These individuals are the majority at risk for musculoskeletal injury, which account for more than 69 percent of all cause injuries in the Army.

One of the AWC's newest pieces of gear is a portable metabolic analyzer called the Cosmed K5. This system measures how well muscles use oxygen during any type of strenuous activity. From this measurement, AWC experts can determine how efficient the body is at using oxygen to produce energy and identify the



Photos by Graham Snodgrass / army.mil

Megan Amadeo, Army wellness center project officer, Army Public Health Center, assists Capt. Zachary Schroeder, headquarters and headquarters company commander, Army Public Health Center, with putting on the new K5 metabolic testing unit May 9, as part of his training to compete in the Army Ten-Miler in October. The K5 portable V02 unit, which is available at certain Army Wellness Center locations, allows Soldiers and athletes to measure how well their muscles use oxygen, and can be used to optimize performance and train for events.



Schroeder runs with the new K5 metabolic testing unit May 9, as part of his training to compete in the Army Ten-Miler in October.

exact threshold or intensity level an individual should train at to improve performance.

"Essentially the devices provide the most accurate measurement of aerobic performance," said Hoover. "From the testing, we can precisely advise a Soldier or family member the exact training intensity for them. What this means is there is no guessing. This is an exact physiological representation of the individual's needs for a particular activity. It doesn't get better than this."

AWCs are built on a foundation of scientific evidence, best practice recommendations and standards by leading health organizations to include the American College of Sports Medicine, the U.S. Centers for Disease Control and Prevention, and U.S. Preventive Services Task Force, said Hoover. As a result, clients of AWCs receive highly-individualized health and wellness services to improve overall health-related factors as well as enhanced performance through effective coaching strategies.

An article summarizing the effectiveness

of the AWC program was recently submitted to the American Journal of Health Promotion, which recognized their success by selecting the article as a 2018 Editor's Pick.

"The staff academic and credentialing requirements surpass industry standards," said Hoover. "This means that each AWC health educator has completed advanced education plus achieved national board certification in related fields for delivering health promotion programs."

AWC health educators also undergo more than 320 hours of intensive core competency training prior to seeing their first client, said Hoover. Basic health coaching requires an additional 80 hours of training.

The Army Public Health Center focuses on promoting healthy people, communities, animals and workplaces through the prevention of disease, injury and disability of Soldiers, military retirees, their families, veterans, Army civilian employees, and animals through studies, surveys and technical consultations.

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Spc. Matt Oldham, right, assists a fellow member of the infantry in weapons training during a deployment to Arta, Djibouti. Oldham helped pull a trapped driver from a burning vehicle in Dallas, July 24.

Army training helps Soldier save life

By Joe Lacdan | army.mil

FORT MEADE, Md. – When Matt Oldham saw the black SUV erupt in flames, he sprinted toward the fire.

The Army specialist's heart raced as he approached the injured driver, whose vehicle had collided into the brick building across the street from the Dallas Holocaust Museum, where he worked as a security guard.

It had started as an ordinary, quiet summer night in downtown Dallas July 24. Oldham, a member of the Texas National Guard, had volunteered for the night shift because of graffiti recently strewn upon the museum's new building.

The blaring crash broke the silence. The accident occurred at about 12:40 a.m., with an ensuing fire trapping the driver inside.

"I heard the tires screech," Oldham said. "It was a very large crash."

Oldham peered through the windows on the west side of the museum to assess the situation before he instinctively began running toward the wreckage.

"My whole family has served all the way back through World War I," Oldham said. "So it's always kind of been in my nature to serve and to ... run toward fire – literally. It was kind of like muscle memory or instinct; whatever you want to call it. I knew I had the training, the equipment to help. I couldn't not act."

Two Dallas police officers hunkered over the vehicle, desperately attempting to free the injured driver from the vehicle with no luck. The entire front end of the black SUV lay crunched against broken glass and brick. The impact sandwiched the driver between the building and car.

Carrying a tourniquet, the Wylie, Texas, native acted quickly. He credited the combat buddy care and lifesaver training he received

at Fort Benning, Georgia, with helping him perform the successful rescue.

As the flames rose around him and the heat began to flicker on his skin, the 22 year old said he remained focused on extracting the trapped man from the vehicle.

"I definitely didn't realize the magnitude of the fire," Oldham said. "Or destruction of the vehicle from the driver's side because you couldn't really see it as much. You just kind of block all that out; you focus on your tasks."

Oldham saw the injured man crunched inside the steering column of the vehicle. He scanned the man's body for injuries and learned the man had suffered a compound fracture, broken bones in both arms and a partially-amputated right foot. He also had a partially-crushed chest, though his airway remained intact, Oldham said.

The man remained conscious, though heavy intoxication and shock prevented him from communicating. Oldham said the injured man is expected to survive, though he will likely be taken into custody for driving under the influence.

Oldham said the collision gave him his first opportunity to exercise his combat lifesaving skills that he could use in a future deployment. Oldham deployed from 2017-2018 to the Horn of Africa with his National Guard unit: C Company, 3rd Battalion, 144th Infantry Regiment from nearby Seagoville, Texas.

While in Africa, he participated in air-base defense, patrols and general theater security. But he didn't encounter anything during the nine-month deployment like he did July 24 in Dallas.

"You try to kind of block it out because it is traumatic," he said. "Especially if you've really never seen things like that. I've seen plenty of pictures in training ... it's different when you see it in person. And being an infantryman, it's very similar to a combat injury."



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Tenant rights, responsibilities in on-post housing

By Kristin Tyree | Fort Bliss Legal Assistance Office

Do you or any of your friends live in on-post military housing? Are you a service member or family member living in on-post housing? Service members and their families have rights living in privatized military housing. The most important right that tenants have is the right to a habitable home. What does a habitable home mean though? A habitable home is a home which is safe and livable. A habitable home provides individuals with basic necessities including: hot water, heat, air conditioning, a roof and other necessities required to live. Furthermore, a habitable home must be absent of asbestos, mold, lead paint and other health hazards. These issues make a home unlivable.

What happens if you have an issue with your house causing it to be uninhabitable? Tenants have a responsibility to alert housing about any maintenance issue. In order for maintenance issues to be fixed, tenants must report issues, even if these issues were caused by the tenant. Even small issues should be reported to housing in order to be fixed. For example, if you find that a pipe is leaking underneath your sink, report it to housing immediately. Service members should always document issues with pictures and videos. These videos and pictures provide evidence of the issue, which could later be provided to housing.

Once a tenant has reported the issue to the military housing office on-post, the housing office must be given a reasonable amount of time to fix the issue. Tenants should report maintenance issues in writing. If you have not heard from housing within a reasonable amount of time, always follow-up with the office. What is a reasonable amount of time?

For example, if you report that your bathroom sink is leaking and do not hear from maintenance for two weeks, this would most likely not be considered a reasonable amount of time. If housing does not respond within a reasonable amount of time, follow-up on the issue. Always follow-up in writing.

What happens if housing doesn't respond or doesn't fix the issue? Remember service members and family members always have a right to a habitable home as tenants. Tenants should follow-up by contacting other employees in the housing office with multiple emails. Try to get housing to agree to an adequate time for the issue to be fixed, or request temporary lodging in another house. If issues continue, or there are other tenant/landlord issues, service members and family members always have legal recourse. First, individuals may have legal recourse under contract law. The lease between a Soldier and a landlord is a contract. Second, Soldiers and family members have rights under state and local landlord/tenant laws. There is no federal landlord/tenant law, so states often default to state law.

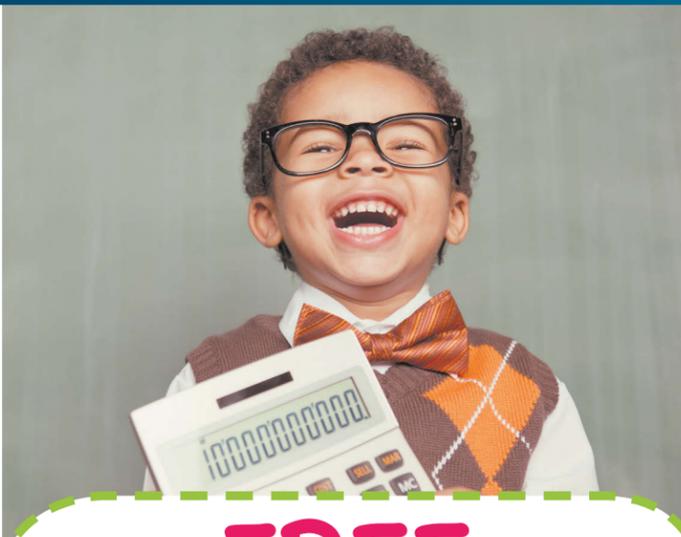
Lastly, all branches of the military are preparing a tenant bill of rights in order to provide Soldiers and families with a clear picture of their rights upon signing a lease. Be on the lookout for this list.

Make an appointment to speak with an attorney at the Fort Bliss Legal Assistance Office if you have any issues or questions regarding your rights as a tenant in military housing. The LAO is located on the first floor of Building 113 on Pershing Road on Fort Bliss, and the appointment scheduling line is 568-7141.

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Bienvenidos á Fort Bliss
relocation fair ■ 3B



Soldiers get innovative to stay fit
compete against themselves ■ 7B



Holloman Airman
reaches for the stars ■ 8B

Things to do:

Alfresco! Fridays: Catch 80'Z, a 1980s retro band, this week at 6 p.m. at the Convention Center Plaza. These free outdoor summer concerts are presented by ElPasoLive. No outside food or beverages, or pets allowed. 534-0600

Bobby Bones and the Raging Idiots: The nationally-syndicated radio host and musician presents his "It's Just the Two of Us (... Sorry)" Tour at 8 p.m. Saturday, at the Plaza Theatre, with special guest Emma Klein and featuring Walter Burroughs. Cost: \$30-\$40; \$85 VIP (Ticketmaster).

RATT: The metal band performs at 8 p.m., Saturday, at Speaking Rock Entertainment Center, 122 S. Pueblo Rd. Free. 860-7777 or speakingrock.com

Our Lady of the Valley Bazaar: Our Lady of the Valley Church and School, 8600 Winchester, hosts its annual kermess 5 p.m.-midnight Friday, 3 p.m.-midnight Saturday and 5-10 p.m. Sunday. The event includes games, a cake walk, loteria, vendors, Matachines, and Ballet Folklorico, live music by Loretta's Barbed Wire Band, Los Federales de Teran, Kandela, Little Mike, Sonora Blu, Mestizo, Escape, and the Starliners. Food includes gorditas, enchiladas, funnel cake and more. Free. 859-7939

Cardboard Regatta: Who's ready to float the high seas of the Community Pool in their own cardboard boat? There are three age categories registered participants will compete in: Adults, ages 18 and older, Youth, ages 10-17 and Parent/Child, ages 5-10. Free. Register by 4:30 p.m., Friday. www.bliss.armymwr.com or 568-2554

UFC Fight Night: The bout between current champion Daniel Cormier and former champion Stipe Miocic is 6-11 p.m. Saturday, at the Monti Warrior Zone on Fort Bliss with drinks, food, pool, games and more. Open to the public. Free; age 18+ welcome. 741-3000

Tour de Tolerance: The 14th annual "Riding to Remember" bicycling event, benefiting the El Paso Holocaust Museum and Study Center, will be Sunday, with a 50K competitive or non-competitive bike ride and a 5K run/walk. 351-0048, ext. 24, or elpasoholocaust-museum.org

El Paso Chihuahuas: The city's AAA baseball team takes on the Fresno Grizzlies Monday-Wednesday. Home games are played at Southwest University Park on Santa Fe Street in Downtown El Paso. Game time is 7 p.m. Cost: \$11-\$30. 533-BASE or EPCihuahuas.com

'Disney's High School Musical: Kids-N-Co. closes its season with the musical based on Disney Channel's smash hit movie Friday through Sept. 1, at First Presbyterian Church, 1340 Murchison. Shows are 7:30 p.m. Friday-Saturday, and 2:30 p.m. Sunday. Cost: \$7 (\$5 students, seniors, military). 274-8797

Rough Riders Turkey Run: The Rough Riders Motorcycle Club Hueco Chapter, will host its 15th annual run to fund Thanksgiving turkeys for the needy 11 a.m.-6 p.m. Aug. 25, from Barnett Harley Davidson to San Elizario. \$10. rough-riders-mc.com

Nelly, TLC and Flo Rida: The three top hip-hop artists perform at 7 p.m., Aug. 27, at UTEP's Don Haskins Center. Cost: \$32.75-\$72.75. (Ticketmaster).

Marfa Lights Festival: The 33rd annual festival that pays tribute to Marfa's mysterious lights is Aug. 30-Sept. 1 around the Presidio County Courthouse in Marfa, Texas. Activities over the Labor Day Weekend include food and crafts booths, a main street parade, contests, concerts and street dances in the Presidio Courthouse area.

UTEP Football: The Miners open the season against Houston Baptist at 6 p.m. Aug. 31, at Sun Bowl Stadium. Season tickets are \$60 (general admission) \$100-\$330 reserved; \$1,300 Captain's Club. Family packs available for \$198. 544-5234 or visit utepathletics.com



Gymnastics classes are offered from beginner through competition-level with the Fort Bliss SKIES Unlimited program. Children are invited to visit the open house August 24 to participate in classes and determine interests.



Fencing is one of the more than 50 SKIES Unlimited classes offered through Fort Bliss Family and Morale, Welfare and Recreation. Children are invited to visit the open house August 24 to participate in classes and determine interests.

Photos courtesy of Fort Bliss MWR Marketing

The SKIES unlimited when it comes to youth activities

By Michelle L. Gordon | Fort Bliss Public Affairs

Summer days are drifting away, schools are starting back, and so are after-school activities, however, many schools are not able to provide the gamut of classes offered by the Fort Bliss Family and Morale, Welfare and Recreation SKIES Program.

In 2004 the Army Installation Management Command launched the SKIES Unlimited program – Schools of Knowledge, Inspiration, Exploration, and Skills – now in its fifteenth year, the program is at Army installations worldwide. Fort Bliss FMWR currently offers more than 50 SKIES Unlimited classes on a monthly basis. Classes range from beginner-to-advanced

levels in art, piano, dance, gymnastics, music, Judo, fencing, cheerleading, swimming, driver education, automotive maintenance, and more.

Parents and children are invited to the SKIES open house Aug. 24, where they will be able to participate in classes free of charge to determine their interests. Doors open at 9 a.m., the first class will begin at 10 a.m., classes will continue throughout the day until 3 p.m. Parent Central Registration will be on-site to enroll new families.

If families cannot make it to open house, program manager Joy Clickener said children are always welcome to try a class for free before committing. In most cases, they may do so

without prior notification, except music. She said they need to know in advance if a child is trying a music class to ensure instruments are available.

Class length depends on the activity, but Clickener said they typically run around 55 minutes. The majority of SKIES classes are held in building 3508 in Logan Heights.

The program had a second location on West Fort Bliss, but it closed in March and is currently pending building renovations. Clickener would like to see SKIES return to West Bliss for parent convenience, but until that time, she

See SKIES Page 4B

NCOL CoE officially welcomes SMC Class 70

By David Crozier | Command Communications

The Noncommissioned Officer Leadership Center of Excellence formally welcomed the students of the U. S. Army Sergeants Major Academy, Sergeants Major Course, class 70 during ceremonies held August 9, in the Cooper Lecture Center.

Command Sgt. Maj. Jimmy J. Sellers, the 22nd commandant, hosted the event and welcomed the students to what will be their home for the next 10 months.

"This is going to be a great year, an awesome year for you all," he said. "For the record, there are 708 in attendance for class 70. So, if you want to tie the record for graduation, previously set by class 68 which had 708 graduates, everybody has to graduate. Everybody has to finish."

Taking a cue from the Soldier's Creed, Sellers told the class that everyone graduating does not mean they will enact the "no sergeant major left behind law."

"That is not going to happen. You getting there will be by design and because you earned it," Sellers said. "I want you to finish. I want you to do well, but you are going to earn it."

The NCOL CoE and USASMA staff will help the students get across the finish line, Sellers said, adding that they will not encounter a more knowledgeable, respected, and trusted group of military and civilian professionals in their career. Sellers then turned his focus on the makeup of class 70, noting the nine members

of the sister services – five Marines, two airmen, and two coast guardsmen, as well as the 61 international students representing 49 partner nations.

"On behalf of the United States Army, thank you for attending this course and spending your time with us," he said. "What you bring to the classroom is vital and cannot be substituted. To the class, you might be wondering what to expect for the coming year," Sellers said. "Thanks for asking," he quipped. "Collectively, we are going to challenge you. We are going to comprehensively look into your intellect, your character, your competence, your behavior, your knowledge, your physical fitness, and your leadership abilities – all to determine if you truly are ready to be a sergeant major. So get comfortable with being uncomfortable."

Sellers noted the students are going to get more out of this course than any other continuing education class, they have taken in the past. Telling them, they will be taken out of their comfort zones.

"Have fun and enjoy your time here," he said. "Re-engage with yourself and your family, and enjoy what El Paso has to offer."

To survive the year, Sellers listed his top 10 imperatives to success, which included networking, treating others with dignity and respect, remaining humble, and checking egos at the gate, among others.

"There is no room for egos inside the class-

room; there is no room for egos in the auditorium; there is no room for not treating people with dignity and respect; and there's no room for not being humble," Sellers said. "All of you are great. That's why you are here, but you are no longer the best first sergeant in your organization, the best master sergeant, or the best platoon sergeant. You are now equal. So, take this humility, check your ego, be confident in what you do, and then lead the change."

Sellers ended by challenging the students to get in shape, lead by example, understand that the Army Combat Fitness Test is here to stay and know that Army leadership requires sergeants major to do what their class mottos says – lead the change.

"If we can't do it, our Soldiers aren't going to do it," he said. "This is our opportunity to get it right, an opportunity to lead the effort and have ownership in the way we do business."

The SMC is the consummate institution. It prepares senior enlisted leaders to execute at all command levels throughout the Department of Defense. This professional military education is provided by leveraging both resident and distributive learning educational methods and technologies. The NCOL CoE provides professional military education that develops enlisted leaders into fit, disciplined, well-educated professionals capable of meeting the challenges of an increasingly complex world.

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Bienvenidos á Fort Bliss!

By Master Sgt. Vin Stevens | 1st Armored Division

Every time I move to a different duty station, I feel like I don't ever get all the information I need or desire during installation and unit in-processing.

Moving to a large installation like Fort Bliss can seem daunting, especially with the amount of Soldiers, training areas and amenities that are located here.



On Aug. 6, my anxiety was alleviated when I learned how great this installation and the El Paso community truly are after I stepped inside the Centennial Banquet and Conference Center.

The Fort Bliss Morale, Welfare, and Recreation hosted approximately 100 on- and off-post agencies lined up behind endless rows of tables at the 15th-annual Bienvenidos á Bliss Relocation Fair.

"We had more than 750 Soldiers and families attend our event this year," said Cheryl Rankin, ACS relocation assistance program educator. "We're excited to host this annual event. This is our welcome for Soldiers and families to Fort Bliss and El Paso."

I immediately started walking from table to table, talking to each representative, who were very helpful in expressing what information I needed as a geobachelor living in El Paso.

There are so many activities that Soldiers, families, and civilian employees can enjoy, both on and off the installation.

A representative from Team Red, White and Blue invited me to participate in a variety of volunteer and exercise events. Who knew they did more than just running?

MWR, Better Opportunities for Single Soldiers and the Fort Bliss Outdoor Recreation Center offered a variety of tours and events during the fair. You can sign up to attend mountain hikes, farmer's markets, and out-of-

state trips to places such as New Mexico, Arizona and California.

"We provided our Discord server app to newcomers, which is where they can see our upcoming events right on their smartphone," said Sgt. Gavin Tomeny, Fort Bliss BOSS president.

I walked away with a lot of useful information and free stuff after speaking with representatives from the many Army Community Service tables, Army Wellness Center, the Fort Bliss Arts and Crafts Center, and the various William Beaumont Medical Center tables.

I also spoke with numerous volunteer and off-post organizations. Army Community Services works with many of these organizations if you're interested in volunteer opportunities.

ACS can help units track volunteer hours and if Soldiers accumulate enough hours, they are eligible to submit for a Military Outstanding Volunteer Service Medal. There are also other volunteer awards and perks, such as designated parking spaces at on-post facilities.

MWR held prize drawings throughout the fair as newcomers turned in bingo cards stamped by representatives at various tables.

I personally won four free tickets to an El Paso Locomotives men's soccer game. I've seen the Locos play a few times at Southwest University Park downtown, where the men's baseball team also plays – the El Paso Chihuahuas.

The Bienvenidos á Bliss Relocation Fair is one of two information fairs that MWR hosted this year. They also hosted the Que Pasa Newcomer's Fair in February.

I personally recommend you check out the Fort Bliss ACS and MWR Facebook pages for more information about when the next fair will be as well as upcoming events.

I also recommend checking out what else the Fort Bliss and El Paso communities have to offer. Whether it's an outdoor event, concert, or historical tour, there are plenty of fun activities to do here.

(Top right) Fort Bliss MWR hosted the annual Bienvenidos á Bliss Relocation Fair at the Centennial Banquet and Conference Center August 6.

(Right) Children play in a bouncy house at the fair August 6.



Photos by Master Sgt. Vin Stevens / 1st AD



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Space Force: one giant leap for military spouses

By Lisa Smith Molinari | themeatandpotatoesoflife.com

While Congress hashes out the details of President Trump's proposed "U.S. Space Force" – who will oversee it, how many personnel are needed, whether we can afford it, where will it be located – I am selfishly wondering what the future holds for the military spouse community after this 6th branch of the armed forces stands up.

If Trump's plan is implemented, there will be 15,000 personnel serving in the Space Force in 2024. Since about 51 percent of military service members are married, that means there could be up to eight thousand new Space Force military spouses in a few years.

What will life be like for Space Force spouses and what effect will they have on our military spouse community?

As a military spouse of many years, I've learned that, although we undoubtedly have our fellow spouses backs when the chips are down, we're also pretty competitive. If I had a dollar for every time I heard military wives brag about how many times their husbands were deployed, or how long their husbands' deployments were, or how many times they've PCSed, or how many pieces of furniture were broken in their moves – I'd have enough money to replace the microwave cart our military movers broke back in '98 during move number three.

Throw eight thousand Space Force spouses into the milspouse mix, and they'll

beat the rest of us Army, Navy, Air Force, Marine and Coast Guard wives and husbands, hands down. Imagine, if you will, a typical spouses club brunch, in a combined club dining room, on a joint base a decade from now. Spouses from the various branches exchange idle chit chat at their table while they wait for crystal bingo to begin.

"Billy's going down range again," one Army wife laments with a pitiful sigh.

"Jimmy's been at sea all summer," a Coast Guard wife moans, resentfully spearing a cube of cantaloupe with her fork.

"Tammy's off to Bosnia for 170 days," an Air Force husband says while picking mournfully at his quiche.

"Ricky's halfway through his one-year IA tour," a Marine wife sighs while absently buttering a croissant.

"When Johnny's done with work ups," a Navy wife says with a pregnant pause, "he goes out on a carrier for another nine month deployment.... It's his third." She sips her mimosa with smug satisfaction. Her life is most definitely the worst, she thinks with pride.

But then, the Space Force wife chimes in. "Frankie was supposed to be home from the Lunar Station before our fifth PCS, but his unit got sucked into a wormhole during a routine expedition, and now they're telling me he won't be back until 2050. The good news is, he's promised to bring home jewelry from the Mars BX."

The other spouses slump into their chairs in silent defeat.

The existence of a U.S. Space Force presents more ridiculous scenarios than there are stars in the galaxy, but we better buckle up and get ready to blast off, because it's coming in 2020 whether we like it or not. Before long, this new corps of superior military spouses will be prancing around our base neighborhoods like Jane Jetson, sipping Tang martinis and bragging about their spouses' latest exploits on the final frontier. Our own tales of our spouses' experiences with state-of-the-art ships, tanks, drones, cyber technology, missiles and fighter jets will be dwarfed by their stories of rocket launches and Moon landings.

There's no way for us to compete without looking pathetic. What can we say? "Well, at least Navy wives don't put freeze dried snickerdoodles in our husbands' care packages! Take that, you fancy space cadet wives!"

Let's face it, the best thing for military spouses to do, is to stop competing altogether. Why do we pit ourselves against one another in a competition for who has it worse, anyway? It's pretty ridiculous when you think about it. We all face the ups, downs, rewards and challenges of this unique lifestyle. So whether our spouses fulfill their duty to serve on land or sea, in air or outer space, let's all take this giant leap into the future – together.

SKIES *Continued from Page 1B*

does not want to see the program fail.

"When we moved we had about 800 kids enrolled in classes and now, we have about 300," she said. "SKIES is 100 percent parent-funded, meaning the salaries of the instructors, the janitorial upkeep of the building – everything – is 100 percent funded by the parents, so if it's not utilized, we will have to look at downsizing classes."

Low enrollment recently affected gymnastics class options. Clickener was not able to offer Monday morning classes in July because of low registration.

Some of the classes still take place on main Fort Bliss – the babysitting class is held in the Replica Youth Center, art class is at the Art and Hobby Shop, Judo is in the Youth Sports Plex, and swimming classes are held at the Aquatic Training Center and Replica Aquatics Center.

All classes are conducted on a monthly basis. Registration opens the twentieth of the prior month and closes the seventh of the current month. Currently enrolled families get an extra week to ensure they secure their spot in class; registration for current enrollees opens the fifteenth of the prior month.

To see a list of all SKIES classes, visit the Fort Bliss MWR website and if a class is not listed, call Clickener, 568-5544

"I've been looking for a TaeKwonDo instructor for nearly four years," she said. "I'm always looking for new classes. So, if it's something that we don't offer and you have that ability, we can do contract. I'll advertise the class and if there is interest, it will happen."



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Crossroad Service Sunday 9 a.m.
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1st Armored Division

(11272 Biggs St.)
Gospel Service Sunday 8:45 a.m.
Chapel Next Sunday 11:30 a.m.
Latter Day Saints Service Sunday 1:30 p.m.

USASMA Memorial Chapel

(11275 Biggs St.)
Traditional Service Sunday 10 a.m.

WBAMC Protestant Community

(5005 N Piedras Dr.)
Protestant Service Sunday 10 a.m.

RELIGIOUS ACTIVITIES

Catholic Women of the Chapel

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Friday 8:45-11 a.m.

Protestant Women of the Chapel

(Bldg. 11272 1st AD Chapel)
Thursday 9:00-11:30 a.m.

Teen Connection - Teens of the Chapel

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(Bldg. 11272, 1st AD Chapel)
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Weekday Mass 11:35 a.m.
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Saturday Confession 4 p.m.
Saturday Mass 5 p.m.
Sunday Mass 8 a.m.
Sunday Mass 11 a.m.
1st Friday of the Month - Adoration 1 p.m.

WBAMC Hospital Chapel

(5005 N. Piedras Dr.)
Weekday Mass 12:05 p.m.
Saturday Mass 5 p.m.
Sunday Mass 8 and 11:30 a.m.

German Chapel

(5312 Buffalo Soldier)
Sunday Mass 10 odd days

OTHER RELIGIOUS SERVICES

Jewish Chapel

(Bldg. 1441)
Friday Oneg Shabbat 7 p.m.

Islamic Service

(Bldg. 442)
Friday Jummuh 1:30 p.m.
Sunday Ta' Aleem 12:30-2 p.m.

Buddhist Service

(Bldg. 449 Pershing Road)
Thursday 6 p.m.
Intro to Nichiren Buddhism
2nd Tuesday 5 p.m.

Don't give in to fear

By Maj. Deborah Brown | NCO Leadership Center of Excellence

"For God hath not given us a spirit of fear; but of power, and of love and a sound mind." - 2 Timothy 1:7

Let us think about this powerful scripture as we unify our hearts, minds and spirits in one accord. What happened in El Paso and our communities has affected us all in some kind of way. Whether it was the initial shock caused by anxiety for ourselves, for others, or for our families, we experienced a moment where we felt something. What was the something that you felt?

Anger, hatred, fear, thankfulness, confusion — the list could go on, so, how do we make sense of it all?

First, we can choose to harbor negative thoughts, or we can choose to let the positive manifest within us. The adversary is always inclined to his job, and his job is to cause fear and division. As you begin each day, I encourage you to speak life into yourself and one another as we face these challenges that may cause others to fret. Try to see the



Maj. Deborah Brown

good in things, even when evil has appeared to have snatched our light. Remain positive!

Secondly, the positive spirit that I am referring to was exemplified in the unity from embracing strangers during the recent crisis that brought us together. Our community donated blood, gave time and resources, and provided many thoughtful acts of service. This is the epitome of — and the opposite of — what is known in the aforementioned scripture as a "spirit of fear." Can you imagine the deterioration of the spirit of fear that we could bring about if all demonstrated this consistency during and beyond a crisis? We would truly make our enemy quiver!

Lastly, now is our time to demonstrate what it means to be reborn, to build relationships within our communities, and to become more encompassing of one another. This is the "power" of the human race as we accelerate in "love and a sound mind." Let us create an environment that will be more resilient than ever before. I pray that we remain vigilant in our surroundings, find outlets that inspire a positive inner spirit, and maintain a faith that cannot be shaken.

Robin Roberts, American newscaster and recipient of the ESPN Arthur Ashe Courage Award for her inspirational battle with cancer challenged us with these words, "When fear knocks, let faith answer the door." May we answer her challenge showing each other, and the world, that we are, indeed, #elpasostrong #armystrong.



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2018 DODGE GRAND CARAVAN STK# P1908 \$18,995 FAMILY FUN	2019 JEEP CHEROKEE LATITUDE, STK# P1934 \$19,995 NOT A MISTAKE	2017 BMW X3 STK# P1885 \$25,995 GET MORE FOR LESS	2017 JEEP WRANGLER SPORT STK# P1916 \$25,995 2 TO CHOOSE FROM
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2018 DODGE CHARGER R/T, STK# P1926 \$26,995 WHY BUY NEW			2015 AUDI A5 CONVERTIBLE, STK# P1826 \$27,995 HOT SELLING IMPORT
2015 RAM 3500 DUALLY, STK# T28721A \$27,995 WON'T LAST	2019 CHEVY COLORADO STK# P1905 \$27,995 WHY BUY NEW	2018 BMW 430Xi CONVERTIBLE, STK# P1884 \$28,995 WON'T LAST	2017 FORD EXPEDITION PLATINUM, STK# T29515A \$45,995 BEYOND DESCRIPTION

2018 FORD FUSION HYBRID, STK # A15956 \$15,995 NOT A MISTAKE	2016 FORD MUSTANG CONVERTIBLE, STK# A15974 \$21,995 HONEY OF A DEAL	2019 DODGE CHALLENGER SXT, STK # A15979 \$23,995 ONLY 11K MILES	2018 DODGE CHARGER RT, STK # A15969 \$24,995 FUN TO DRIVE
2016 RAM 1500 SLT CREW CAB, STK # 26099B \$24,995 HONEY OF A DEAL	2018 BMW X2 X-DRIVE 28i \$28,995 TWO TO CHOOSE FROM WHY BUY NEW		2018 FORD EDGE TITANIUM, STK# A15958 \$25,995 WHY BUY NEW
2018 JEEP GRD CHEROKEE LTD, STK# A15977 \$27,995 WON'T LAST LONG			2018 FORD MUSTANG GT STK# A15978 \$28,995 NOT A MISTAKE
2018 FORD E350 SUPER DUTY CUTAWAY TRUCK, STK# A16150 \$36,995 WAY TOO CHEAP	2014 FORD F150 RAPTOR, 4X4, STK# 26468A \$40,995 HOT RED AND READY	2018 CHEVY SILVERADO K2500, DSL, 4X4, STK# A15988 \$45,995 WAY TOO CHEAP	2017 PORSCHE BOXTER CONVERTIBLE, STK# A15947 \$47,995 SAVE THOUSANDS

C90898 2008 JEEP LIBERTY \$6,900	P2036 2019 VW JETTA \$17,995
T28534B 2007 DODGE DURANGO \$6,995	T29492B 2012 RAM 1500 \$15,995
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T29523B 2008 CHEVY COLORADO \$6,995	C9195A 2014 DODGE CHALLENGER \$15,995
P2043 2013 FIAT 500 \$9,995	P2039 2017 DODGE GRAND CARAVAN \$16,995
T28738A 2015 HYUNDAI ELANTRA \$9,995	P1955A 2013 BUICK ENCLAVE \$16,995
T28705A 2013 CHEVY MALIBU \$9,995	T29390A 2014 HYUNDAI SANTA FE \$16,995
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C9193A 2013 DODGE CHALLENGER \$12,995	P2037 2018 CHEVY IMPALA \$21,995
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P1874A 2012 FORD MUSTANG \$13,995	T29443A 2019 HYUNDAI KONA \$22,995
T29507A 2013 DODGE DURANGO SXT \$13,995	C9220A 2012 JEEP WRANGLER \$23,995
C9095B 2017 KIA SOUL \$13,995	P1975 2017 SUBARU OUTBACK \$23,995
T28619A 2013 VOLVO S60 \$14,995	T28619A 2016 TOYOTA HIGHLANDER \$25,995

A16097 2017 FORD FIESTA S \$8,995	26037B 2017 CHEVY CRUZE LT \$15,995
25958A 2012 DODGE CHARGER SE \$9,995	26281A 2016 HYUNDAI SONATA SPORT \$15,995
26264A 2014 DODGE JOURNEY SXT \$10,995	26459A 2010 CHEVY CAMARO SS \$15,995
25964A 2007 FORD EXPLORER SPORTTRAC \$11,995	A16085 2016 FIAT 500L TREKKING \$15,995
A15783 2017 NISSAN VERSA SV \$11,995	A15738 2019 TOYOTA COROLLA LE \$15,995
A15802A 2016 NISSAN SENTRA SV \$11,995	A15778B 2014 CHRYSLER 300 \$15,995
26449A 2015 BUICK ENCORE \$12,995	A15929 2018 DODGE GRAND CARAVAN SXT \$16,995
3A16102 2016 SCION IA \$12,995	A15956 2018 FORD FUSION HYBRID \$16,995
26173B 2015 CHRYSLER 200 LTD \$12,995	A16118 2018 CHEVY CRUZE LT \$16,995
A16135 2014 FORD FUSION SE HYBRID \$12,995	A15624 2017 NISSAN ALTIMA SV \$16,995
A16021A 2016 CHEVY TRAX LS \$13,995	A15608 2017 JEEP CHEROKEE SPORT \$16,995
26069A 2013 HYUNDAI SANTA FE \$13,995	A15654 2017 CHEVY MALIBU LT \$16,995
26260A 2016 HYUNDAI SONATA SPORT \$13,995	A16109 2017 SUBARU IMPREZA PREMIUM \$16,995
A15844A 2015 HONDA CIVIC SE \$13,995	A16113 2017 VW BEETLE 1.8 TURBO \$16,995
16103 2016 KIA RIOS \$13,995	26441A 2015 FORD MUSTANG \$16,995
A16114 2018 NISSAN VERSA NOTE \$13,995	26111A 2016 TOYOTA COROLLA S \$16,995
A16072A 2014 HONDA CIVIC EX \$13,995	A15598 2018 TOYOTA COROLLA SE \$18,995
26143A 2014 JEEP CHEROKEE LIMITED \$14,995	A15735 2019 JEEP CHEROKEE LATITUDE \$19,995
A16017A 2016 JEEP COMPASS \$14,995	26034A 2015 JEEP GRAND CHEROKEE \$22,995
2610A 2015 DODGE JOURNEY CROSSROADS \$14,995	A15791 2019 FORD MUSTANG CONVERTIBLE \$26,995
25957A 2015 JEEP CHEROKEE SPORT \$14,995	A15429 2017 RAM 1500 LONESTAR \$27,995
26289A 2015 JEEP RENEGADE LATITUDE \$14,995	

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PUSHING THE LIMIT

Soldiers get innovative to stay fit, compete against themselves

By Senior Airman Sarah McClanahan | army.mil

BALTIMORE – Some Soldiers physically push themselves, compete against who they were yesterday, and train above and beyond meeting the minimum requirements of an Army physical fitness test. As motivation to be physically active can vary, some Maryland Army National Guard Soldiers conduct their regular exercise routines in innovative ways.

Soldiers like Capt. Meghan Landymore, an ultra-marathoner and member of the All Guard Marathon Team; Sgt. Donita Adams, a basketball coach and All-Army Women's Basketball team member; and Capt. Ben Smith, an avid obstacle course racer and American Ninja Warrior participant, are passionately competing in high levels of sports and maintaining their personal fitness.

Soldiers are required to maintain a certain standard of physical fitness. The annual Army physical fitness test requirement for Soldiers gives commanders an indication of the overall fitness of the Soldier. The Army is now transitioning to the Army combat fitness test, a six-event, age and gender neutral test, designed to assess a Soldier's physical fitness and readiness for physically demanding combat situations. Staying active can help prepare individuals to maintain a level of fitness for the physical demands of military service.

Runner for life

Capt. Meghan Landymore, a Joint Force Headquarters Medical Detachment physician assistant, is an accomplished ultra-marathon runner and member of the All Guard Marathon team. Each year, Army and Air guardsmen compete for a position on the All Guard Marathon Team during the National Guard Marathon Trials. The trials take place during the Lincoln Marathon, a traditional 26.2 mile marathon race, in Lincoln, Nebraska. Landymore placed third in her age group, sixth overall, and qualified for the national team with a time of 3:23:09.

Landymore first moved off the starting block as a competitive runner in high school, where she was required to participate in a sport. As a kid who grew up performing gymnastics, running wasn't her initial choice. However, after some encouragement from her father, she found her path – cross country.

On her first day of practice where every single person raised their hand in response to the question "who trained over the summer?" Every person except for her. The feeling of being behind the curve wasn't something she was comfortable with. But, after working hard with her new coach, Landymore quickly became one of the top athletes on the team after just a couple short months.

Once she started, no one could stop her stride. Landymore ran all throughout her years in college and ran her first marathon, the 2010 New York City Marathon, while in graduate school. In 2012, she placed ninth overall for her first ultra-marathon, the Golden Gate Trail Run Winter 50K, with a time of 5:02:34. Ultra-marathons are anything over the traditional 26.2 mile marathon and sometimes through challenging trails that



Sgt. 1st Class Thaddeus Harrington / army.mil

Sgt. Donita Adams, a religious affairs noncommissioned officer, has been in the National Guard since 2015. Originally she was going to be a human resources specialist, but her recruiter helped guide her into a slot that combined her desire to serve, with her commitment to faith.

require hiking or climbing. With more than 30 ultra-marathons under her belt, this July she competed in the 106-mile North Dakota Maah Daah Hey Trail Run with the All Guard Marathon Team.

For ultra-marathon athletes like Landymore, training for a race becomes more than just a form of physical fitness, it becomes a lifestyle.

"It affects everything," said Landymore. "It becomes your personality and becomes what you talk about, and who you hang out with."

Training includes a combination of all types of running, from lengthy distances, overnight trail runs, tempo runs on a track, to hitting a strength training session in the weight room. However, training extends beyond the track or gym, needing to balance nutrition and family life can be a challenging task.

"It takes a lot to try and eat enough calories that are not junk calories," says Landymore. "Other than nutrition, you're fatigued. Just getting through daily life is actually really hard as an ultra-runner. I think we overlook it because it's just what we do. It's exhausting, I have two young kids. It affects my husband. Though they are supportive and understanding as much as they can be."

On race day, her family often plays an impactful role of supporting her through the experience. Her husband will sometimes pace her for portions of her runs or act as a support crew providing various supplies like dry shoes or socks at each stop throughout the race. Her 4-year old son even ran with her through the finish line during the 2017 Patapsco Valley 50K.

Landymore explains that the supportive community of ultra-marathoning is what the experience is all about. Ultra-marathon racing is more than simply running, it gives other invaluable attributes.

"I think a big part of people [competing in any sport] is being able to be in pain and to

handle it for any given time whether that's a few seconds or few minutes," says Landymore. "You have to know how to be uncomfortable. I think that's necessary for most of life."

Nothing but net

Sgt. Donita Adams, a MDNG chaplain's assistant and All-Army Women's Basketball team member, connects her faith and the love she has for the game of basketball. She is the only National Guard member selected for an all-star team to compete at the 2016 Conseil-International-Du-Sport-Militaire World Military Women's Basketball Championship.

"Basketball is a way that I can cope with a lot of things," says Adams. "If I'm stressed out, I know I can go play basketball and clear my mind from anything. It's my peace. God has given me a way to escape and go into an element where him and I can connect. Basketball is almost like that connection that I have with God. It ties us together because it's something that I'm passionate about."

Both basketball and her faith have been pivotal elements in Adams' life. At 5-years old she picked up a basketball for the first time and by 8-years old started playing on a team. It wasn't until high school that Adams found her love for coaching.

At 16, Adams landed her first coaching gig at a summer camp. Unbeknownst to her, one of the girls she would coach that summer was the daughter of an inspiring teacher Adams had in the sixth grade. This teacher saw the potential in Adams and made a point to push her to succeed. It was at this camp that her passion for mentorship and coaching ignited.

"My Amateur Athletic Union coach was a big influence in my life, a father that I didn't have," said Adams. "I knew that I wanted to give back to my community and this [coaching] was my way to give back."

Prior to enlisting in the Army, Adams took on a head coaching job at Watkins Mill

High School, the school she attended prior to transferring to Damascus High School. For four years, she taught and developed nearly 100 female student athletes on and off the basketball court. She taught the importance of mentorship and being a role model as an athlete.

"Sometimes you don't sign up for this stuff," said Adams. "But when you put on that jersey, or when you sign up for a sport, it comes along with it."

Adams recently resigned from her head coaching position to give herself the opportunity to impact young athletes beyond the walls of Watkins Mill High School. Now she coaches the young men and women of Truth Basketball, a personal venture dedicated to teaching, coaching, and mentoring young athletes. Truth Basketball holds fundraisers to cover much of the fees associated with playing basketball. Adams hopes to turn the venture into a non-profit in the future to continue making basketball accessible and providing more resources to young men and women.

In addition to coaching, Adams is in her third year of playing for the All-Army Women's Basketball team. This October, she's headed to Wuhan, China to play with Team USA in the Military World Cup Games. For the second time, Adams will have the opportunity to play with Team USA representing the Maryland Army National Guard on an international stage. However, this will be the first time she will play in an Olympic-level event.

Leaping over obstacles

Capt. Ben Smith, 32nd Civil Support Team survey team leader, is an avid obstacle course runner and a participant in the 2019 Baltimore Maryland City Qualifiers for American Ninja Warrior, a show where contestants demonstrate their agility and strength through challenging obstacle courses.

Through his training for the Toughest Mudder races, an overnight, eight-hour version of the Tough Mudder races, Smith realized while he was adequately conditioned to run the course, his technique work in tackling obstacles needed to be strengthened. This is where Smith was introduced to the world of American Ninja Warrior.

"I began ninja warrior training to increase obstacle course proficiency," said Smith. "From there, I fell in love with the sport."

Each year, ANW hosts city qualifying and final competitions in different cities throughout the nation, including Baltimore. Each qualifier race consists of six obstacles testing competitors' ninja skills including: grip strength, lateral transversing, static or dynamic balance, and explosive movement. Competitors will need to efficiently and cohesively use all of these skills to complete an ANW course.

"The principles are the same as the preparation for any school, task, or mission," explains Smith. "I worked through minor obstacles and adjusted my plan for major ones. The first key was to assess the skills I would



Photos by Airman 1st Class Quion Lowe / 49th Wing Public Affairs

Staff Sgt. Joseph Haug, 49th Communications Squadron knowledge management supervisor, kicks a soccer ball, July 25, on Holloman Air Force Base, N.M. Haug plays for Holloman's soccer team and the all Air Force soccer team.

Holloman Airman reaches for the stars

By Airman 1st Class Quion Lowe | 49th Wing Public Affairs

HOLLOMAN AIR FORCE BASE, N.M. – Reach for the stars, you might hit the moon.

As kids, we often dream about what we want to do when we are older. Some wanted to be an astronaut, while others a movie star or a professional athlete. The reality is that we cannot all live out our initial dreams, but the few who get the chance to relish the opportunity – even if it is a different circumstance.

Staff Sgt. Joseph Haug, 49th Communications Squadron knowledge management supervisor, knew from as early as four years old that he had a passion for soccer and wanted to play at the highest level possible.

This October, Haug is set to play for the U.S. Armed Forces soccer team at the International Military Sports Council Military World Games in Wuhan, China.

"I grew up watching the U.S. men's national (soccer) team," said Haug. His eyes lit up as he reminisced. "It's pretty cool that I'm getting a shot to represent my country on the soccer field, even if it's not necessarily for the national team."

Standing at about 5 feet, 5 inches tall, with an athletic frame, Haug looks like a soccer player. Although he says playing professionally for the men's national team is no longer his primary goal, one would not know that from seeing him workout or watching the way he leads his teams.

"Typically I work from 7:30 a.m. to 4:30 p.m. every day," said Haug. "Then, I'll go do fitness on my own, and attend practice with the base team."

Haug practices three times a week with his team. With the dedication he displays at practice, he expects the same from his teammates. During practice one can often hear Haug calling out words of encouragement to his teammates, or driving them to push themselves harder. He radiates an infectious positive energy that permeates throughout the team.

"Being confident in my abilities and what I say really reflects how my teammates not only treat each other, but how they play themselves," said Haug. "I know that I have to be a motivating factor to bring out the best in the team."

Haug also played a big part in getting the base team to varsity status, something that has not existed for the base soccer team in about 10 years.

As talented as he is on the soccer field, Haug has had an interest in the military from a young age as well.

"My aunt and uncle both went to West Point, so the military was always in the back of my mind, and I knew I wanted to play soccer," said Haug. "A recruiter telling me I could play soccer in the Air Force was just the best of both worlds."

Pursuing both soccer and military service, Haug has many people he has looked to for inspiration and continues to meet more as his career goes on.

"Obviously the coaches I've had have inspired me," said Haug. "My teammates on the armed forces and Air Force team inspire me by what they do every day. Some of these other guys are Marines working downrange, or they're in the Navy on a ship six months out of the year. They inspire me by not only staying in shape, but by being able to keep their soccer ability up while working a mission that's probably more strenuous than mine."

Haug is not only motivated on the soccer field. His enthusiasm is shown in his job as well. Haug works as a unit deployment manager, and a unit fitness program manager for his squadron, along with supervising five Air-



Haug is set to play for the U.S. Armed Forces soccer team in the International Military Sports Council Military World Games in Wuhan, China.

men. With all these different commitments, Haug stays busy, but he also stresses that it is an honor to be a part of the team.

"It's a really small percentage of Americans that get to represent their country in the first place," said Haug. "Some do it through sport, like the men's national team, others through military service. Not only do I get to represent in my military uniform, but I also get to represent in the American uniform when I step on the soccer field. It's truly an honor and a privilege and something that I don't take lightly."

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OFF DUTY

Off Duty is a compilation of military-affiliated information and events focused on the Soldier, their family members and veterans. Information should be 100 words or fewer and contain no editorializing. An informational brief that is not time-specific will not run for more than four weeks. Submissions are due no later than Friday for publication in the following week's paper. To learn more, call 568-4088.

Bliss Briefs

Traffic lights advisory: The traffic lights on Haan Road at the intersections of Haan and Jeb Stuart, Haan and Chaffee, and Haan and Carrington are switching to flashing amber for the east and westbound directions on Haan and flashing red for the north and southbound directions on the intersecting streets. In addition, traffic lights at Cassidy/Chaffee and Cassidy/Carrington will flash red in all directions. The flashing hours will be 6 p.m.-5 a.m., seven days a week. Officials ask that drivers use caution at each of the noted locations.

DHR Training Holiday Labor Day: The Directorate of Human Resources will have reduced operations Aug. 30 and will be closed Sept. 2. For emergencies during closure, call 568-3093.

McGregor/FBIX ammo point closings: The McGregor Range/FBIX Ammunition Supply Point will be closed Sept. 16-20. Issue documents can be submitted through TAMIS during the closures. 569-9528

New traffic pattern: Bliss DES has added an additional, temporary lane at Old Ironsides gate to alleviate congestion during peak hours 5-9

a.m., Monday-Friday. This change is intended to increase capacity and decrease wait times. Be on the lookout for new signs and proceed safely as drivers adjust to the change. 744-1551

Eye exams: Optometry Services at Mendoza and SFMC Clinics are open for routine eye exams for dependents and retirees enrolled in TRICARE Prime and Tricare For Life. If you have had a routine eye exam on the economy through TRICARE or other health insurance in the past year, please do not book an appointment until it is time for your next exam. To schedule an eye exam, call the Mendoza Optometry clinic at 742-2229 or SFMC at 742-2390.

Lower Beaumont traffic disruptions expected: Trucks may cause traffic disruptions in Lower Beaumont until late November, according to the Fort Bliss Department of Public Works. It is part of a cleanup project to haul debris from former WBAMC Lower Beaumont buildings, incinerator, arroyo, and WBAMC landfill areas to an off-site, licensed landfill. The work will be scheduled Mondays-Saturdays, 6:30 a.m.-6:30 p.m.

TARP training: Fort Bliss offers Threat Awareness Reporting Program training at two locations monthly at the SAC on East Fort Bliss on the second Tuesday of the month, or at Stayton Theater on West Fort Bliss on every third Thursday of the month. 568-4604

ICE comments: Make your voice heard. Tell us exactly how we are doing. Good or bad: Bring it on. You may remain anonymous, if you choose to do so. Listing your contact information allows us to provide direct feedback. Fort Bliss has an outlet available, the Interactive Customer Evaluation program, fully functional again to all customers. Find it online at https://ice.disa.mil/index.cfm?fa=site&site_id=435.

cfm?fa=site&site_id=435.

FMWR

Cardboard Regatta: Who's ready to float the high seas of the Community Pool in their own cardboard boat Aug. 24? There are three age categories registered participants will compete in: Adults, ages 18 and older, Youth, ages 10-17 and Parent/Child, ages 5-10. Free. Must register by 4:30 p.m., Friday. www.bliss.armymwr.com or 568-2554

UFC Fight Night: Catch UFC Fight 241 for free at 6 p.m., Saturday at Monti Warrior Zone. There will be drink specials available. 741-3000

Basketball tournament series: The fun begins with a 3-point Shootout Tournament, Aug. 24 from 4 to 10 p.m. at Monti Warrior Zone! Then, take on the challenge later this fall with a HORSE contest Sept. 28 and a 3-on-3 tournament Oct. 26. Cost: \$15 per person, per tournament, which includes a t-shirt and one drink of your choice. Tournaments are open to the public, ages 18+. 741-3000

Old Mesilla Farmers Market: Outdoor Rec will be going to Old Mesilla Farmers Market, Aug. 24 from 7:30 a.m.-5:30 p.m. There you will be able to walk through the small historic town, shop, eat and experience the culture. Cost: \$10 per person and includes transportation. Registration required. Open to ages 21+. 744-1532

Doggy Swim Day: Dogs can cool off Sept. 7 from 11 a.m.-2 p.m. at the Community Pool. There will be games and prizes to enjoy. Only 18+ allowed in the pool with their dogs. For safety precautions: No children, ages 5 and younger will be allowed at the event. Dogs must have proof of current vaccinations (Rabies and Parvo/Distemper) to be shown at time of entrance. Vets on hand. You must make a vet appointment prior to the event. 568-2554

Mini Garden Series: Join the Mickelsen Community Library for Mini Garden Series starting Sept. 14 from 11 a.m.-1 p.m. and create a rock

garden. Free. Supplies provided. Open to DoD ID cardholders, ages 8+. 568-6156

Oktoberfest tickets on sale: Enjoy authentic German beer, food and entertainment by Terry Cavanagh and the Alpine Express band, and performances by Fort Bliss' German Air Force Schuhplattler dancers! Come over to Biggs Park Sept. 20-21 from 6 p.m.-midnight and Sept. 22 from noon-5 p.m. Cost: \$25 (includes stein) for Sept. 20 and 21, Open to adults ages 18+ only. Sunday is free family fun day, all ages are welcome. Tickets at eventbrite.com or at any Leisure Travel Services located at Freedom Crossing food court or SAC. 588-8247

Golden Girls Crochet Club: Crochet, chit chat and watch the Golden Girls every Wednesday from 11:15 a.m.-12:15 p.m. at the Art & Hobby Shop. Cost: \$5 per session, basic supplies are provided, but feel free to bring your latest project to work on. Registration is recommended at Auto Crafts, located at 820 Marshall Road. Open to DoD ID cardholders. 568-5563

Go Youth

SKIESUnlimited: SkiesUnlimited offers a variety of fun and educational programs geared for children of all ages and talent levels. Music classes like piano, voice, guitar and drums are available. SKIES also has a variety of art, sports, driver's training and babysitting courses. 568-4374 or 568-5544

Story Time: It's Story Time! Stop by the Mickelsen Library every Tuesday from 10:15-11 a.m. or 11-11:45 a.m. as children ages 2-5 listen to stories read aloud. There will also be crafts, activities and refreshments available. 568-6156

Family Day at the Wall: The SAC holds "Family Day at the Wall" every Thursday, Friday and Saturday 12-6 p.m. On family day, the wall is open to all climbers age 6 and older. Climbing is available on a first-come, first-served basis. 20732 Constitution Ave. 744-1532

Community

Car seat safety checks: The TxDOT Traffic Safety Division in El Paso is partnering with Whataburger and the El Paso Police Department to offer car seat checks at specific locations. Each car seat check will take place at a selected Whataburger from 8 a.m.-10 a.m. on the dates below. Technicians will assist attendees on a first come, first served basis, and TxDOT Traffic Safety Specialist and other certified CPS technicians will be on-hand to provide education on proper use and correct installation of car seats. Residents must bring their child and/or children along with the car seat or booster seat the child is currently using. Scheduled car seat safety check locations:

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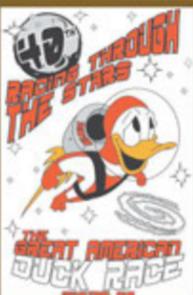
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Great American Duck Race

Racing through the stars. [TRUE]

Deming is
NEW MEXICO True



GET READY FOR THE 40TH ANNUAL GREAT AMERICAN DUCK RACES

AUGUST 22nd - 25th, 2019

The Great American Duck Race, presented by Luna Energy Facility, is celebrating with duck race competitions, a carnival, hot air balloons, a parade, craft vendors and nonstop entertainment.

demingduckrace.com

LIMIT *Continued from Page 7B*

need to develop. This is a challenge as no two ninja courses are the same. I set out a plan to identify weaknesses and train them in lieu of improving only my strengths.”

To be selected, Smith competed for one of around 600 slots against about 60,000 applicants. The selection decision rested entirely on his submission video. Once he was selected, his ANW training began.

Smith explains simply being physically fit will not carry an athlete far in ANW and a more well-rounded approach to training is required. To prepare for his competition, Smith’s physical training and conditioning focused on improving endurance, speed work, functional strength, balance, and active recovery. This often resulted in late nights at his obstacle course gym multiple times a week. Smith would also incorporate ninja training into his regular physical training for the Army by including exercises focused on grip strength, balance, or running on curbsides for portions of his regular runs.

However, the biggest obstacle for Smith’s training was the unknown. The day prior to the competition he was able to see the course but wasn’t able to touch any of the obstacles prior to competing.

Though challenging, tackling the ANW course helped Smith identify areas he could improve upon including his speed and fluidity between the different obstacles. His training leading up to the race focused on individual skills. In practice, it was a struggle to apply them cohesively on the course.

Unfortunately, Smith did not successfully complete his run of the Baltimore Maryland City Qualifiers and was stopped short at the second obstacle of the race, the double twister. This obstacle involves two free-spinning pendulums where competitors must leap from a springboard to the first pendulum and use their momentum to move from each pendulum and finally to the landing platform. An unexpected stopper restricting the movement of the second pendulum caused Smith

to ultimately plummet into the water.

While his run was not aired on this episode of ANW, a short clip of his entrance was aired of Smith ripping off of a modified level A vapor protection suit. Vapor protection suits are crucial for protection against dangerous chemicals encountered in Smith’s job with the 32nd Civil Support Team.

Despite recently sustaining a broken ankle, he is determined to work through his injury and get back to training and sharpening his ninja skills for the next round of applications.

The MDNG athlete

For every Maryland National Guard Soldier, “game day” may not come in the form of an ultra-marathon, basketball game, or obstacle course race. Instead, the training, conditioning, and physical readiness of each and every Soldier is tested by the APFT or fast-approaching ACFT.

It’s important to note that the ACFT will not be an easy test and must be approached with a well-rounded training program personalized for each individual Soldier to build them up from where they are starting to where they need to be, explained Landy-more.

Competing at a higher level of sports is not the only option for Soldiers preparing for the ACFT. A voluntary program called “Fit to Serve” is available to Soldiers for coaching in fitness and offers technology to track physical activity and sleeping habits. The program also provides physical therapy resources which focus on overall health wellness and resiliency.

“The best advice I can give is to use the resources around you,” says Adams. “There are people in your circle or even in your unit who are experts, like trainers or athletes, so use those resources. They are very knowledgeable. Take time during your drill weekend to do the exercises and workouts because it’s going to help you. Because as soon as it’s implemented we are expected to perform.”

Aug. 16 - Whataburger, 4640 Transmountain; Sept. 6 - Whataburger, 650 Sunland Park Dr.; Sept. 21 - Whataburger, 1300 Airway Blvd.

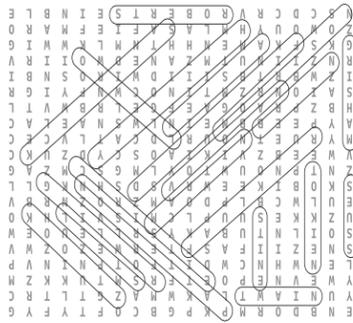
Great American Duck Race: The 40th annual running of the ducks is Aug. 22-25, in Deming, N.M. This year’s theme is “Racing Through the Stars.” Free. (888) 345-1125, (575) 544-0469 or demingduckrace.com

‘Rolling Stones’ Gem/Mineral Show: Grant County Rolling Stones Gem and Mineral Society’s 36th annual show is Aug. 31-Sept. 2 at the Grant County Veterans’ Memorial Conference Center, 3031 U.S. 180 East in Silver City. Free. The show features dealers from around the Southwest with mineral specimens, jewelry, and arts crafted from rock and gems. Quantities of “rough” stones are available for cutting and polishing work, as well as equipment and supplies. (575) 654-4424 or rollingstonesgms.blogspot.com

Hatch Chile Festival: The “chile capital of the world” holds its 48th annual celebration Aug. 31-Sept. 1, at the Hatch Airport on N.M. Hwy 26, 1 1/2 miles west of Hatch, featuring vendors, carnival rides, arts and crafts, chile food and ristra tying and painting demonstrations, live

music, beer garden, mud volleyball, mariachi competition, and fresh roasted Hatch green chile and contests. (575) 267-5483, hatchchilefest.com

Marfa Lights Festival: The 33rd annual Marfa Lights Festival that pays tribute to Marfa’s mysterious lights is Aug. 30-Sept. 1 around the Presidio County Courthouse in Marfa, Texas. Activities include food and crafts booths, a main street parade, contests, concerts and street dances in the Presidio Courthouse area. marfacc.com



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3717 Wickham Ave: 3 bdrm/1 ba\$800	3723 Grand Bahamas: 4 bdrm/2.5 ba\$1495
14300 Gil Reyes: 2 bdrm/2 ba, no sec deposit\$875	3180 Hidden Creek: 3 bdrm/3 ba\$1700
14748 Horizon View: 3 bdrm/2 ba, no sec deposit\$975	11740 Campfire: 5 bdrm/2.5 ba\$1750
12504 Martin Bauman: 3 bdrm/2 ba\$1000	13829 Hollywood Dr: 4 bdrm/3.5 ba\$1775
11956 Mesquite Gum: 3 bdrm/2 ba\$1025	493 Horizon Heights: 3 bdrm/2 ba\$1799
424 Castile Ave: 4 bdrm/2 ba\$1200	

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EL PASO STRONG!
By: Livia Sappington

El Paso has come through once again when help was needed to heal the community. By last Sunday, just a week after the worst disaster experienced by this border city, \$4.5 million plus was donated by individuals and businesses serving the community.

A monster with hateful intentions killed 22, injured dozens, and destroyed countless lives on that faithful day, Saturday, August 3rd, just as I was planning to stop by the very same Walmart where the horrific massacre took place.

The phone alert with the stunning message “active shooter” stopped me in my tracts and shook me to my core. Not here; not in one of the safest cities in America - I, with many others thought.

We will all remember that day and will remember the victims forever! We will not, however let hate poison our souls.

Close to 15 thousand individuals as well as businesses have made donations in just over a week to help with short-term and long term needs of the victims and the city.

El Paso Del Norte Foundation and El Paso Community Foundation have established funds for the victims. Also helping are Project Hope and United Way of El Paso County.

Providence Hospitals owner tenet Healthcare donated \$100,000 and committed to match employee donations up to another \$50,000.

Helen of Troy will also match employee donations and gave \$200,000.

Ysleta Del Sur Pueblo gave \$100,000, American Airlines \$75,000, Macy’s \$20,000 and Albertsons has a pin pad campaign in 200 of their stores.

Stephanie Karr of RMPersonnel will work to help with coordination and release of funds to the victims.

El Pasoans are being tested and are stepping up to the plate.

We are doing it with the love, caring, and kindness that the People of El Paso have always lived by. Our strength is in remembering our principles of fairness and just treatment of others during these hard times.

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Yard Sale

Aug. 17 from 6-10 a.m. only. 6145 Quail sp.147, (in the NE off of Railroad) DVDs, CDs, kitchen items, speakers, hutch, sofa, clothing, hanging rack, clothes, travel DVD Player other items.

Vehicles

2010 BMW 335d, one owner, 80,000 highway miles, excellent condition, \$9,000. 227-4021

EMPLOYMENT



New Mexico Military Institute EMPLOYMENT OPPORTUNITY

Troop Leadership Advisor (TLA)



New Mexico Military Institute, a four-year college preparatory High School, two-year Junior College, and military boarding school, is seeking applicants for full-time, 10-month a year position, as Troop Leadership Advisor (TLA).

NMMI's mission is to produce leaders capable of critical thinking and sound analysis who possess uncompromising character and are able to meet challenging physical demands.

Within a military structured environment, TLAs work to develop the "whole person" with emphasis on academic achievement, leadership and physical fitness. TLAs work for the Commandant of Cadets and play a crucial role mentoring cadets on a daily basis.

A Bachelor's Degree from a regionally accredited college or university is preferred, however, must be obtained within five (5) years of employment; a Master's Degree is desired. Academic emphasis or a degree in leadership, counseling, management or education is preferred. Military experience as a senior non-commissioned, warrant or commissioned officer with supervisory and instructor experience working in training or academic environment is most desired. Applicant should have 5 years of supervisory, counseling or teaching experience and be in good physical condition.

Annual 10-month salary range from \$38,500 to \$45,000 based on education and experience. Excellent benefits available.

Applications will be accepted at the NMMI Human Resources Office.

Application is available at: <https://www.nmmi.edu/human-resources/employment-opportunities/> Send the completed application and a Letter of Interest to NMMI, Attn: Human Resources Office, 101 W College Blvd. Roswell, NM 88201. NMMI is an Equal Opportunity Employer.

PUZZLE time

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to reading. Each number corresponds to a letter. (Hint: 22 = e)

A. 18 23 25 22 3
Clue: Bound papers

B. 15 19 19 4 1 23 17 4
Clue: Identifies a place in a book

C. 2 22 6 25 9 21
Clue: How many pages

D. 2 16 9 22 17 23 9 10 17 22
Clue: Written works

Answers: A. pages B. bookbank C. length D. literature

WORD SCRAMBLE

Rearrange the letters to spell something pertaining to reading.

K B O S O

□ □ □ □ □

Answer: Books

Guess Who?

I am an athlete born in Jamaica on August 21, 1986. A high school cricket coach urged me to pursue a career in track and field. I have earned eight Olympic gold medals as well as the nickname "Lightning."

Answer: Usain Bolt

AUTHOR WORD SEARCH

E	N	B	D	O	R	M	P	K	P	G	B	C	O	F	T	Y	F	Y	G
Y	U	N	I	A	W	T	L	A	K	W	M	A	Z	G	T	L	T	R	C
Y	W	E	V	N	E	P	O	E	T	F	R	S	M	T	U	K	K	Z	M
L	E	N	W	H	N	C	W	D	I	T	F	O	T	F	N	I	N	V	P
S	N	E	Z	I	I	F	A	S	F	T	E	R	W	E	Z	O	Z	W	V
S	O	I	L	N	T	U	B	A	K	Y	S	R	L	L	E	U	O	E	W
U	Z	K	K	E	S	U	U	P	L	C	M	I	S	V	I	L	H	K	O
E	U	L	W	C	B	L	P	D	O	A	M	Z	R	O	Z	N	R	B	V
S	K	O	B	I	K	E	E	W	R	V	S	D	S	H	N	K	G	L	L
Z	N	T	P	N	O	U	W	T	O	Y	L	M	G	S	C	M	Z	A	G
V	W	E	E	B	Z	V	I	K	I	A	O	S	C	Y	D	Z	U	K	C
M	Y	R	U	E	T	N	O	U	R	L	D	C	A	T	L	V	C	E	C
A	Y	P	E	E	B	B	M	E	I	N	L	W	S	N	A	E	L	A	C
H	B	Z	P	R	A	O	G	A	E	F	G	E	L	R	B	W	V	T	L
S	A	I	O	N	R	Z	M	T	I	N	O	C	W	N	F	Y	I	G	R
I	Z	W	B	R	T	B	S	I	I	I	D	W	I	R	O	S	N	B	I
R	N	Z	I	I	N	U	T	M	Z	A	N	E	D	W	O	I	I	R	V
G	K	S	F	K	A	M	E	N	H	H	T	N	M	L	K	W	W	I	G
Z	O	W	O	U	Y	H	M	L	A	S	A	F	I	E	F	M	A	R	O
N	S	C	D	C	R	V	R	O	B	E	R	T	S	E	I	N	B	L	E

WORDS

AUSTEN	HEMINGWAY	ORWELL	STINE
BROWN	KING	PATTERSON	TOLKIEN
CHRISTIE	KOONTZ	ROBERTS	TWAIN
DAHL	LEE	ROWLING	
FAULKNER	MARTIN	SEUSS	
FITZGERALD	MORRISON	STEEL	
GRISHAM	NABOKOV	STEINBECK	

See answers on page 10B

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<h3>Attention!</h3> <h2>-Veterans of Foreign Wars-</h2> <p>Exclusively for combat veterans--McKelligon Canyon VFW Post 812, est. 1921, in Franklin Mountains State Park! Join up and enjoy one more benefit of your service to our country.</p> <p>Secluded--a place like no other--to meet and enjoy your fellow, combat-zone veterans. Check out our grand ballroom overlooking El Paso for your unit party! Tel. (915)562-2161, FB pg #VFW 812 2400 Davis Seamon Rd (also the post location).</p>	

*All real estate advertised in this newspaper is subject to the Federal Fair Housing Act of 1968, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion or national origin, or any intention to make such preference, limitation or discrimination. The Bugle will not accept any advertisement for real estate which is in violation of the law. All dwellings advertised in this newspaper are available on an equal opportunity basis."

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