



NMCPHC QUICK HITS

Chronic Condition Health Education Toolbox Resources

The Navy and Marine Corps Public Health Center's (NMCPHC) health promotion and wellness (HPW) department has launched the Chronic Condition Health Education Toolbox. This toolbox is designed to improve access to health and wellness resources for the health education of service members, retired military and their families. This site is an easy-to-use, efficient way for patients and providers to find and share information on cholesterol, diabetes, healthy weight, high blood pressure and tobacco cessation.

Featuring a user-friendly design, the toolbox is organized into two sections – one for patients and the other for health care providers and medical staff. It also provides quick downloads for PDFs and a bookmarking feature.

Chronic Condition Health Education Toolbox

The Chronic Condition Health Education Toolbox provides resources to promote health and wellness among Sailors, Marines, dependents and retirees. These resources are from the Navy and Marine Corps Public Health Center (NMCPHC) and trusted partner organizations (e.g., Centers for Disease Control and Prevention [CDC], National Institutes of Health [NIH], U.S. Department of Health and Human Services [HHS]).

If you are in need of information specific to certain chronic conditions, the Chronic Condition Health Education Toolbox serves as a resource library to support patients, health care providers and medical staff with guides, fact sheets, videos and more. Check back often for new resources and information to prevent and manage chronic conditions.

PROVIDER AND STAFF RESOURCES

Access guides, tools, and additional resources to enhance your health education interactions with patients.

PATIENT RESOURCES

Access patient tools and additional resources to learn more about your specific health conditions.

Patient Resources

Interested in learning more about your health conditions? The Chronic Condition Health Education Toolbox provides patient resources to help you better understand your health and wellness. Discover guides, fact sheets, videos, and more to learn how you can manage and improve your conditions.

Cholesterol

Diabetes

Healthy Weight

High Blood Pressure

Tobacco Cessation

Additional Resources

Select a topic on the left to view a list of available resources.

All resources located on the Chronic Condition Health Education Toolbox have been reviewed and approved by Health Promotion and Wellness subject matter experts at the Navy and Marine Corps Public Health Center. Patients should use caution when accessing medical or health education resources and information. Talk to your health care provider about trusted organizations to look for when accessing health information websites.

Patients

This site is easily-accessible with trusted resources to encourage patients to become advocates for themselves. Active duty service members and retired military, along with their families, can find information within this toolbox to help them learn about chronic health conditions.

Providers and Staff

This toolbox is a central resource repository for health care providers and medical staff to help shorten their time searching for information.

The Chronic Condition Health Education Toolbox features a “Suggestion Corner” located in the Provider and Staff section where users can submit feedback and share resources to be vetted by NMCPHC subject matter experts and considered for inclusion.

Access

To explore and share the Chronic Condition Health Education Toolbox, visit: <https://www.med.navy.mil/sites/nmcpHC/Chronic-Condition-Health-Education/Pages/Chronic-Condition-Health-Education-Toolbox.aspx>

To learn more about NMCPHC, visit:

<http://www.med.navy.mil/sites/nmcpHC/Pages/Home.aspx>

Provider and Staff Resources

The Chronic Condition Health Education Toolbox contains health care provider and medical staff resources specific to your patients' health education needs. Discover guides, fact sheets, videos, and more to help you promote health and wellness among Sailors, Marines, dependents, and retirees.

EVERYDAY TOOLS

- NMCPHC HPW Interactive Map **New!**
- CarePoint Portal
- Clinical Practice Guidelines
- Learn More About NMCPHC
- Centers for Disease Control and Prevention

HEALTH EDUCATION AND PLANNING

- Patient Goal Check List
- Group Class Curriculum Overview and Resources
- Group Class Planning Guide
- Health Educator Guide to MedlinePlus
- Smoking and Tobacco Use: CDC Clinician Resources

Health Promotion Toolbox

Diabetes Resources & Collaboration Hub

Suggestion Corner

Community Guide Toolbox

Access Patient Resources



NAVY AND MARINE CORPS PUBLIC HEALTH CENTER
PREVENTION AND PROTECTION START HERE

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