





Guardian Weekend
Get ready to Turkey Trot, 3C

ALSO INSIDE

1st SFG Soldier honored, 3A

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WARFIGHTER EXERCISE 18-2

I Corps exercise tests G-6 team readiness

Signal and communications team maintains network in South Korea

BY SPC. KEVIN CASEY I Corps Public Affairs

CAMP HOVEY, South Korea — In basic training, Soldiers are trained early on how any combat operation relies on three main tenets, the ability to shoot, move and communicate. While some worry about just how to use a few pieces of equipment to communicate, the I Corps signal and

communications, or G-6, section, from Joint Base Lewis-McChord, works to make sure every aspect of the communication infrastructure is working properly.

During Warfighter Exercise 18-2, the I Corps G-6 team is using the training exercise to ensure they are able to support and provide the critical communications infrastructure to prepare units for decisive action missions.

I Corps' most recent exercise is designed to enhance real-world readiness. This is no small task for the G-6 section where they train in a real-world environment establishing and maintaining communications networks throughout I Corps from the ground up.

"You have to anticipate how fast units are entering the thea-

SEE I CORPS, 10A



BY SPC. KEVIN CASEY I Corps Public Affairs

Pfc. Matthew Cavender, of I Corps Signal Intelligence Sustainment Company, tests satellite connection during Warfighter Exercise 18-2 at Camp Hovey, South Korea, Saturday.

VETERANS IN BLUE 2017

Air Force highlights stories of 38 Airmen

Annual project available online

Secretary of the Air Force Public Affairs

JOINT BASE SAN ANTONIO-LACKLAND, Texas — Veterans in Blue 2017 is now available online. First launched in 2010, Veterans in Blue is a portrait collection showcasing men and



Palmer

women who have contributed to the security of our nation and the legacy of the Air Force.

This year, the series showcases 38 stories of service by Air Force veterans. The

Airmen highlighted helped maintain readiness and our nation's security during the Cuban missile crisis and global conflicts, drove innovation to secure the service's future, strengthened alliances and developed leaders in all walks of life — priorities for all Airmen today.

Airmen like Aubrey Palmer, who joined the Air Force as part of the buddy system in November 1970. He served in the air cargo career field at McChord Field. After his separation, he went on to work as an engineer for Jefferson County in Washington state for 26 years.

Many of the veterans selected have continued their service by

SEE BLUE, 10A

IN THE NEWS



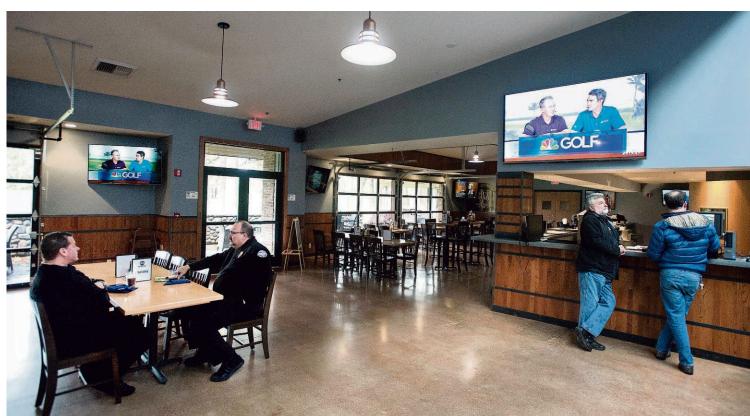
Department of Defense Photo

Deputy Secretary of Defense Pat Shanahan tries out the Javelin anti-tank missile system on Joint Base Lewis-McChord Tuesday.

FIRST BASE VISIT

Deputy Defense Secretary Pat Shanahan's first trip in his current role included a stop at Joint Base Lewis-McChord Tuesday before heading to Canada. **See story, 2A** **EAGLES PRIDE GOLF COURSE**

NEW BREWHOUSE OPEN FOR LUNCH OR BUSINESS



SCOTT HANSEN Northwest Guardia

The newly opened Samuel Adams Brewhouse at Eagles Pride Golf Course on Lewis Main features a restaurant, bar and conference rooms.

The \$570,000 project includes bar, restaurant, conference room facility

BY RUTH KINGSLAND Northwest Guardian

he new Samuel Adams Brewhouse at Eagles Pride Golf Course opened Nov. 10 in a series of soft openings gearing up for its grand opening ceremony Nov. 30 at 3 p.m.

The brewhouse's bar and dining facility is open now Thursdays through Mondays from 7 a.m. to 9 p.m.

The new bar and meal house is a remodel of the Eagles Pride restaurant and conference room area that's been a part of a handful of restaurants previously, but may have found it's niche as a Samuel Adams Brewhouse with a new menu and kitchen, four big screen TVs, concrete counter top bar and four windowed garage doors that open up to a large patio and grill area.

Each of the garage doors have an air curtain that blows air down preventing insects from entering the kitchen and main seating area, according to Roger Disbrow, business operations chief for Joint Base Lewis-McChord.

SEE BREW, 10A



Rebecca Yohonnes, left, serves Brad Shanrock a club sandwich with fries during lunch at the new Samuel Adams Brewhouse Monday.

AUBURN VETERANS DAY PARADE

Annual parade honors service members, veterans

BY SGT. 1ST CLASS RESHEMA SHERLOCK 189th Combined Arms Training Brigade

AUBURN — Despite the cloudy skies and occasional rainfall, an exuberant crowd lined Main Street in Auburn, to honor and pay respect to service members and veterans during the city of Auburn's 52nd annual Veteran's Day Parade Saturday.

The parade, which has been in existence since 1965, has grown into one of the largest Veterans

Day parade west of the Mississippi River and positively focuses on honoring both veterans and service members and to their military missions of defending freedom around the world.

"It's the one time of the year that all veterans, regardless of service affiliation, can all come together, and truly feel the level of respect and gratitude in the air," said retired U.S. Navy Mas-

SEE PARADE, 10A



PVT. ADELINE WITHERSPOON 20th Public Affairs Detachment

Soldiers
with the
189th
Combined
Arms
Training
Brigade on
JBLM march
in the 52nd
annual
Veterans Day
Parade in
Auburn
Saturday.

FRIDAY **NOVEMBER 17** 2017 NORTHWEST GUARDIAN

DEPARTMENT OF DEFENSE



Deputy Secretary of Defense Pat Shanahan, left, prepares to take a ride in a Stryker combat vehicle with 2nd Brigade, 2nd Infantry Division Soldiers at Joint Base Lewis-McChord Tuesday.

Deputy secretary visits base

BY PAMELA KULOKAS Northwest Guardian

Deputy Defense Secretary Pat Shanahan's first international trip in his current role included a stop at Joint Base Lewis-McChord Tuesday on his way to the second annual U.N. Peacekeeping Defense Ministerial in Vancouver, British Columbia, Canada.

Shanahan observed military unit readiness at JBLM during visits with service members and leaders from the 62nd Airlift Wing, 16th Combat Aviation Brigade, 2nd Brigade, 2nd Infantry Division and Army Special Operations units on the

"The professionalism of Soldiers and Airmen showcased the capabilities and power projection of our joint base and joint force," said Maj. Gen. Willard Burleson III, 7th Infantry Division commanding general.

As the power projection platform for readiness, JBLM is the second-largest joint base in the Department of Defense's inventory. Shanahan's observation of the base was his first opportunity to see military unit readiness outside of the Washington, D.C., area since he took the office in July.

What an incredible opportunity for us to get someone of (Shanahan's) level out here to



Defense Secretary Pat Shanahan, right, checks out a Blackhawk helicopter with Chief Warrant Officer 3 Joseph Atkinson.

see what the joint base does," said Col. Stephen Snelson, 62nd AW vice commander. "Not only was this his first joint base visit, this was his first base visit period. So for us to kind of be that first exposure for a person of his level is an honor for us. Quite frankly, you look at all the other bases in our military, no one has the same capabilities and what we offer across the entire DOD. We take a lot of pride in that."

Readiness, one of the DOD's highest priorities Shanahan said, was observed during engagements with Air Force and Army where he was briefed on challenges toward building a more lethal force.

Shanahan visited a C-17 Globemaster III on McChord Field and engaged with its crew, troubleshooted process improve- members before continuing on ment with Airmen working on

3-D printing opportunities to save the DOD time and money, rode in a Stryker combat vehicle and observed Expert Infantryman Badge training and testing by Soldiers from 8th Squadron, 1st Cavalry Regiment, 2nd Bde., 2nd Inf. Div.

"I think the visit went very well," Snelson said. "He got to meet and talk with our (service members) and our civilians who are executing the mission every single day and are on the forefront of innovation. They were provided what I think are some great ideas that hopefully we can implement not just the across the Air Force but across the entire DOD.

The secretary also visited Naval Air Station Whidbey Island Wednesday to engage with U.S. Navy leadership and service to Vancouver.

SURVIVOR OUTREACH SERVICES

Tree ornaments to honor fallen heroes

BY RUTH KINGSLAND Northwest Guardian

Getting through the holidays can be tough when you've lost a loved one. That's why Joint Base Lewis-McChord's Survivor Outreach Services offers a holiday event geared toward survivors and honoring those fallen military who are no longer able to gather 'round the Christmas

Survivors and fallen service member families are invited to participate in the fourth annual Fallen Heroes Memorial Tree Decorating Potluck at Waller Hall, 2140 Liggett Ave., Lewis Main, Dec. 2 from 3 to 6 p.m.

The event is a chance to put your fallen loved one's passportsize photo on an angel ornament or, if a photo isn't available, write information on a special star ornament to be placed on the tree. And, though it is a somewhat solemn event, it's not meant to be sad, according to Rochelle Hicklin, coordinator for JBLM's Survivor Outreach Services.

"That's why we make it a potluck; we don't want it to be sad," Hicklin said, adding attendees of the event are asked to bring their favorite holiday dish, to share their good memories of the holidays.

There also will be a hot chocolate bar for the children and a photo booth with holiday decorations, for kids and adults to

"We want families to have a joyous good time; share stories; find or be a mentor; meet new people; and, for the kids to make new friends," Hicklin said. "It's important for survivors to see they are still part of our military

family." Norma Melo, a surviving military spouse, said participating



The Fallen Heroes Memorial Tree Decorating event will take place at Waller Hall, on Lewis Main, Dec. 2 from 3 to 6 p.m.

If you go

What: SOS Fallen Heroes Memorial Tree Decorating

Where: Waller Hall, 2140 Liggett Ave., Lewis Main.

When: Dec. 2 from 3 to 6 p.m.

To learn more: Guests are asked to bring a favorite holiday dish to the event and register in advance at tinyurl.com/ybluyp2d . For more information, call 253-966-5047 or 253-967-3672.

in the event has been helpful to her in recent years since her late-husband, Staff Sgt. Julian Melo, 1st Battalion, 5th Infantry Regiment, 1st Brigade, 25th Infantry Division, died in a mess hall bombing in Mosul, Iraq.,

Dec. 21, 2004.

"It allows me to stay connected," she said, of the SOS holiday event, which, she added, honors several of her husband's fellow fallen Soldiers. "Having their ornaments on the tree allows them to still be standing, and it's a reminder of what (war) has cost so many families."

Although she hasn't made it to each of the tree decorating events in the past four years, Melo said she goes by the tree on different occasions throughout the holiday season to sit by the tree and the angel wings and remember.

"It's important," she said. This is the first year the tree will be placed at Waller Hall, a location where more families can come by and reflect, according to Hicklin.

'We want to make it more accessible," Hicklin said. "We want everyone who has a family member honored on the tree to be able to see and find comfort."

NEWS IN BRIEF

Give the gift of life that can help save three lives over the holidays

This holiday season, the Defense Health Agency Armed Services Blood Program encourages you to Give Hope to an ill or injured service member in need by donating blood.

"The need for blood donations does not take a holiday," said Navy Capt. Roland Fahie, ASBP director. "Blood is perishable and cannot be artificially reproduced. Over the course of the holiday season, collecting blood can sometimes be a challenge for military and civilian collection organizations. There are a lot of service members in harm's way. Some also have family members in need of blood worldwide. Your selfless act will help save their lives."

Year-round, a portion of the military blood program's donor pool is unable to donate because of previous deployments. These type of travel deferrals mean that the ASBP has to rely heavily on donations from military families in order to ensure blood needs are met.

Armed Services Blood Bank Center-Pacific Northwest is located at the Madigan Annex, located in Building 9904, on East Johnson Street, on Lewis Main. Walk-in donations are welcome, however, appointments are encouraged by calling 253-968-1850.

On JBLM, the next blood drives are:

• 864th Engineer Battalion, 555th Engineer Brigade, Building 12821, Friday from 9 a.m. to 3 p.m.

• 504th Military Police Battalion, 42nd Military Police Brigade, Building 3365C, Monday from 11 to 3 p.m.

• Waller Hall, Building 2145, Tuesday from 10 a.m to 2 p.m. To find a list of upcoming blood drives in your area, visit militarydonor.com.

"A whole blood donation takes less than an hour of your time to complete," Fahie said. "In that short amount of time, you are making a difference for a service member, or one of their family members."

- ARMED SERVICES BLOOD PROGRAM

Public memorial set for Sunday for fallen Soldier from Puyallup

A public memorial will be held Sunday at 3 p.m. in Puyallup for Staff Sergeant Bryan Black, a 3rd Special Forces Group medic, Fort Bragg, N.C., who was killed in Niger last month along with three other Soldiers. The memorial will take place at the Pioneer Park Pavilion in Puyallup, 330 S. Meridian.

Free parking is available in the adjacent library lot or across the street at city hall.

Black, 35, attended Puyallup High School where he excelled in wrestling and chess. Black simultaneously earned his associate's degree from Pierce College along with his high school diploma. He enlisted in the Army in 2009.

During his service, Black was awarded the Army Good Conduct Medal, the National Defense Service Medal and the Global War on Terrorism Service Medal. He was additionally decorated with the Special Forces tab, the Ranger tab and the Marksmanship Qualification Badge for sharpshooter with rifle.

On Oct. 4th, Black and other members of the 3rd SFG were ambushed during a joint patrol of U.S.-Niger forces. The purpose of the patrol was to advance stability efforts in the region.

- CITY OF PUYALLUP

Don't let the big one get away coho salmon giveaway Tuesday

The Nisqually Tribe's Clear Creek Hatchery, located within Joint Base Lewis McChord, will give away coho salmon Tuesday from 8 a.m. to noon. The JBLM Mounts Road gate will be open Tuesday only until I p.m.

The fish are given away after the eggs and sperm from the returning adult salmon are obtained to produce more fish at the hatcheries.

From I-5, take the Mounts Road exit 116 and follow Mounts Road to the gate, roughly a half mile from the exit. Make a left at the stop light at the gate.

Once inside the gate, make a right and follow the gravel road for about 10 minutes — stay right at forks in the road and you will come to a small green sign that says Clear Creek Hatchery. Please be aware of congestion and car pool if possible. Parking is limited.

For more information, call Debbie Preston, Nisqually Tribe public information officer, at 360-456-5221, ext. 1245.

- NISQUALLY TRIBE

Gifts, 'elves' needed for the holiday season at Santa's Castle

With Christmas fast approaching, now is the time for families to start thinking about holiday shopping. The team at Santa's Castle on Joint Base Lewis-McChord was thinking about Christmas 2017 not long after Christmas in 2016.

Providing a brighter Christmas for children is the yearround focus for Santa's Castle, and the group is hoping to find elves and other volunteers for the holiday season.

Each child served by Santa's Castle receives one stuffed animal and a quilt made by local civilians. Parents will do the shopping for their kids during distribution from Nov. 27 to Dec. 1 and Dec. 4 to 8.

There is still work to be done; there are several items Santa's Castle has a short supply of — coloring books, crayons, board games, books and items meant for both toddlers and teenagers. Both toy and monetary donations are accepted all year.

Links for volunteering and referrals can be found at jblmsantascastle.org. Referrals must be made by a member of unit leadership. Volunteers must be at least 15 years of age to participate.

For more information, email secretary@jblmsantascastle.org or call 253-966-2355.

– DEAN SIEMON, NORTHWEST GUARDIAN

Your favorite holiday story could earn \$1,000 prize from Exchange

The holidays evoke fond memories of family gatherings, delicious food and fun. Those memories could be worth \$1,000 in the Army and Air Force Exchange Service's latest

Now through Dec. 25, authorized shoppers 18 years old or older can submit an essay of 500 words or less about one of their favorite holiday stories. The winning entry will receive a \$1,000 Exchange gift card with second and third place receiving \$500 and \$300 gift cards, respectively.

Essays can be sent to sweepstakes@aafes.com with "Storybook Essay" in the subject line and will be judged on creativity and the ability to inspire. Complete rules and details can be found at shopmyexchange.com/sweepstakes.

Winners will be notified no later than Jan. 12.

- ARMY AND AIR FORCE EXCHANGE SERVICE

Page Three

QUOTE OF THE WEEK

"When people heard about the shooting (at Sutherland Springs Nov. 5), we didn't have to do a recall. People came in immediately and pitched in ... not to watch, but to help. We ended up with more medical staff in the operating rooms, emergency department and (intensive care units) than we needed."

Army Col. (Dr.) Kurt Edwards, Brooke Army Medical Center



Commander's Cup Indoor Soccer Championship game. See story, 1B

SOCCER: 627th LRS defeated 308th BSB 6-2 to win the JBLM

NWGUARDIAN.COM

Ground-breaking ceremony: Descendants of Soldiers from World War I and others will soon be able to visit a national memorial in the nation's capital that commemorates the sacrifices of those who fought in "The Great War." An array of politicians, military leaders, veterans and officials from the World War I Centennial Commission broke ground for the National World War I Memorial Nov. 9 in Washington, D.C. This year marks the 100th anniversary of U.S. involvement in World War I when the U.S. declared war on Germany.

• Passing on history: The McChord Chapter of the Air Force Sergeants Association marked its 50th anniversary by presenting the chapter's original charter to the Julius A. Kolb Airman Lead-



ership School at Joint Base Lewis-McChord Oct. 31. Retired Chief Master Sgt. Cary Hatzinger, former 62nd Airlift Wing command chief and current senior adviser of the Chief Master Sgt. Thomas N. Barnes AFSA Chapter, gifted the decades old document to Master Sgt. Kenneth Markline, ALS commandant, who accepted on behalf of the organization and its students.

1ST BRIGADE, 2ND INFANTRY DIVISION

Brigade hones war-fighting skills

Ghost Brigade smokes live-fire drills in Yakima

BY STAFF SGT. SAMUEL NORTHRUP 1st Brigade,

2nd Infantry Division
YAKIMA — Soldiers of 1st
Brigade, 2nd Infantry Division
conducted Operation Argos, a
training exercise held Oct. 27 to
Wednesday at the Yakima
Training Center, to build the
brigade's war-fighting capabilities

The purpose of the exercise was to prepare the units of 1st Bde., 2nd Inf. Div. for their upcoming Bayonet Focus, at Fort Hunter Liggett, Calif., and National Training Center rotation at Fort Irwin, Calif. The training included company combined arms live-fire exercises and a sustainer gunnery.

"It is important for everyone to know what is going on the battlefield," said Staff Sgt. Kiser Russell, a weapons squad leader with Alpha Company, 2nd Battalion, 3rd Infantry Regiment, 1st Bde., 2nd Inf. Div. "Communicating with one another is essential to get the job done in a timely manner. When everyone is on the same page, it makes it easier for us to move pieces around the battlefield and accomplish the mission."

The exercise was a complex operation with a lot of moving parts, Russell said.

Getting the coordination down between the different platoon leaders, the company commander and the support by fire element is important and this training was good



STAFF SGT. SAMUEL NORTHRUP 1st Brigade, 2nd Infantry Division

A Soldier from 296th Brigade Support Battalion, 1st Brigade, 2nd Infantry Division, fires an M2 50-caliber machine gun during a training exercise at Yakima Training Center Nov. 6.



A Shadow Unmanned Aerial System, operated by Soldiers from the 23rd Brigade Engineer Battalion, 1st Brigade, 2nd Infantry Division, comes in for a landing at Yakima Training Center Nov. 7.

practice for that.

During the exercise, the habitual relationships with the

other units were solidified, according to Maj. Joe Mangan, the executive officer for 23rd Brigade Engineer Battalion, 1st Bde., 2nd Inf. Div. There are platoons of engineers who will have a habitual relationship with the different infantry units.

These platoon-size elements of engineers will go through the lanes with an infantry company to remove impediments to the mission such as mined wire obstacles.

"We use a specific jargon within the engineer field when we talk about things such as a Bangalore breach," Mangan said. "That is great internally, but now we need to ensure the maneuver elements understand that jargon so they can better synchronize their operations. We also learn to communicate effectively with those maneuver elements. This helps create

"It is important for everyone to know what is going on the battlefield. Communicating with one another is essential to get the job done in a timely manner. When everyone is on the same page, it makes it easier for us to move pieces around the battlefield and accomplish the mission."

Staff Sgt. Kiser Russell

Weapons squad leader with Alpha Company, 2nd Battalion, 3rd Infantry Regiment, 1st Bde., 2nd Inf. Div.

that shared understanding among us.

"That is a critical piece of this exercise that we wouldn't get if we were out executing a platoon live-fire by ourselves without the infantry units."

It is essential for these units to get that foundation of skills down before moving onto the more complex environments that are at Bayonet Focus and NTC, Mangan said.

It is important to build that foundation, especially between those assets such as the Chemical Nuclear, Radiological, Nuclear and Explosive's reaction team and engineer service members, Russell said. When the unit has to work with those assets later on, they are already tracking how this unit operates and what is expected from each other.

"Ultimately it boils down to when you are deployed, you are going to be part of a larger team and it is critical to get out there and integrate and train the way that you would fight," Mangan said.

1ST SPECIAL FORCES GROUP (AIRBORNE)

University honors fallen alum from JBLM

JBLM Soldier is honored a year after his death

BY SGT. BRANDON WELSH 1st Special Forces Group

(Airborne) IRVINE, Calif. — On Veterans Day, members of Staff Sgt. Matthew Thompson's 1st Special Forces Group (Airborne) team unveiled a plaque at the Staff Sgt. Matthew Thompson Veterans Resource Center at Concordia University Irvine in California honoring Thompson's service as a graduate of the school. The school chose Saturday to unveil the center along with Thompson's family, fellow Soldiers and school members.

Thompson, then 28, died Aug. 23, 2016, of wounds after an improvised explosive device exploded while on a foot patrol in Helmand province, Afghanistan. Thompson met his wife, Rachel, at Concordia University and spoke to her two nights prior letting her know that he was about to go on a dangerous mission. He told her he loved her and everything would be OK.

"Matt loved what he did,"



said Capt. Brian Walsh, 1st SFG, Thompson's team leader. "He was a brother to all of his teammates, and as a medic, had a true passion for taking care of his brothers both physically and emotionally.

"In his career as a Green Beret, he pursued his love of medicine, shooting and mountaineering to the point of mastery, so that he could teach others" To others, Thompson was more than just a Soldier.

"Matt was one of the medics on the detachment, and I was impressed with his medical knowledge and his eagerness to learn all the other skills required of him as a Special Forces Soldier" said Chief Warrant Officer 2 Jacob Marker, 1st SFG, who was Thompson's former assistant team leader. "Matt was one of the best Sol-

Veterans Day by renaming its Veterans Resource Center after **CUI** alumnus U.S. Army Staff Sgt. Matthew Thompson from 1st Special Forces Group (Airborne) with a ribbon-cutting ceremony Saturday.

Concordia

University

Irvine marked

Courtesy Photo

diers that I ever had the privilege of serving with, and he was one of the best people I have ever known. My life is better for having known him, and he will never be forgotten."

Doctor Kurt Krueger, president of the university, spoke about Thompson at the un-

"We believe Matthew Thompson is an American hero who gave his life in service to his country so that we may continue to enjoy the freedoms

so important to us all," he said. Thompson's parents, traveling from Milwaukee, attended the event as well. His father, Mark, spoke on behalf of the family, honoring Matthew's commitment to his faith and how he strived to live as both a good Christian and Soldier.

"You can always find something positive to be thankful for," he said remembering Thompson's positive outlook.

Thompson, who grew up in Brookfield, Wisc., graduated from CUI with a Bachelor of Arts degree in theological studies in 2010. As a CUI student, he was a competitive swimmer and he hosted a Bible study group.

After graduating from college, he traveled to east Africa and helped start a nonprofit organization for homeless boys in the slums of Nairobi, Kenya. He enlisted in the Army in March 2011.

In August 2014, Thompson was assigned to 3rd Battalion, 1st SFG at Joint Base Lewis-McChord as a Special Forces medical sergeant. He deployed in support of Operation Inherent Resolve in December 2014 and then to Afghanistan in June 2016.



Commander, I Corps and **Army Senior Commander, JBLM** Lt. Gen. Gary Volesky

Commander, 62nd Airlift Wing and Air Force Senior Commander, JBLM Col. Rebecca Sonkiss

Joint Base Garrison Commander, JBLM Col. Nicole Lucas

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STRAIGHT TALK

To join the "Straight Talk" conversation, visit facebook.com/JBLewisMcChord







What's your number one hack for making the morning easier?

"Getting to sleep at a decent time."

- TRISH HUNSINGER STEWART

"Coffee and laving out clothes for you and the kids the night before makes getting ready way quicker!"

- ALICIA DAWN MCMILLAN

"Preloading the coffee maker — just have to push a button."

- JANET JOHENGEN

"Prayer and coffee. Calibrates my day!"

— JOSHUA-MALEN HVIDDING

"Good music as my alarm gets me moving."

- ARETHEA TORRES-MONGE

"Set out clothing the night before, choose my beverage for my to go cup and be grateful!"

- KATHRYN PLETT

"Wearing ear pro to formation and ignoring everyone at PT."

– FRANCIS DÉCARIE

"Sleep in PT uniform."

- CHRIS RICHMAN

Next week's question

What talent do you appreciate about your spouse/significant other?

VIEW FROM THE TOP

In the wake of tragedy, love triumphs over hate

BY ELAINE SANCHEZ Brooke Army Medical Center Public Affairs Joint Base San Antonio-Fort Sam Houston

was shocked and horrified when I heard the news about the Sutherland Springs shooting Nov. 5 on the TV screen mounted on the wall at the gym at Joint Base San Antonio-Fort Sam Houston, Texas. The initial reports were varied and confusing, but there was no doubt that lives had been lost and many injured.

My cellphone blew up with calls. Still in workout clothes, I raced out of the gym and into work at Brooke Army Medical Center. As one of two hospitals in San Antonio with the highest level of trauma care, I knew patients from the shooting would be on their way.

We received eight of the 20 injured victims that Sunday afternoon - six adults and two minors. The days that followed were filled with a torrential barrage of media calls and condition requests. As I fielded calls, my heart broke as I watched the news: 26 people killed, including eight members of a family spanning three generations.

As of Wednesday, Brooke Army Medical Center continues to care for five victims of the shooting. Three have been discharged.

However, as is often the case after tragedy, I was inspired and uplifted by our nation's outpouring of love and support for the victims and their families. With this tragedy so close to home, I was also privileged to witness an outpouring of support for our community's first responders and the staff at Brooke Army Medical Center.

Last week, I received a call from a colleague at the Sunrise Hospital and Medical Center, in Las Vegas. Sunrise was the closest hospital to the Oct. 1 shooting at the Las Vegas Strip that left 58 people dead and 546 injured — the deadliest mass shooting by an individual in the U.S. The hospital received more than 200 victims.

My colleague told me the Sunrise hospital staff wanted to show their support to our hospital in the wake of this tragedy, dissimilar in scope but alike in a pain that can't be mea sured. She was mailing a banner, she said, signed by the hospital staff and intended for Brooke Army Medical Center staff caring for Sutherland Springs victims and their fam-

I was touched by this thoughtful gift, as were my leaders. We plan to display it a week at a time in each ward where patients have been treated.



ROBERT WHETSTONE U.S. Army Photo

A Brooke Army Medical Center, in Texas, trauma team examines a patient in the emergency department recently. Brooke Army Medical Center received eight of the 20 injured victims of the Sutherland Springs shooting Nov. 5.

"As a nurse, this is a very emotional place, especially when I pick up the phone and someone is looking for a loved one. If I walk out of here and can't cry, then I can't come back because that means I don't care anymore. Caring is what I do."

Air Force Maj. Belinda Kelley, who took the initial call that patients from a mass shooting were on their way.

Another call came from Capt. John Arroyo and Capt. Katie Blanchard, who asked to speak with the recovering victims. As survivors of unspeakable violence, both can relate to the journey that lies ahead for these patients and their families.

In 2014, a fellow Soldier walked up to Arroyo in a parking lot at Fort Hood, Texas, and shot him at close range in the neck. The shooter killed three Soldiers and wounded 14 others. Blanchard had been doused in gasoline and her face lit on fire by a former employee at her post in Kansas in 2016.

They are still recovering, and perhaps struggling to understand what led to those attacks, yet both feel compelled to share a message of

Perhaps the most touching conversation I've had this week was with the charge nurse who was on duty that Sunday afternoon when we received eight of the 20 wounded from the shooting.

Air Force Maj. Belinda Kelley took the initial call that patients from a mass shooting were on their way. The staff sprang into action, opening up 15 trauma bays to accommodate a larger number of patients.

More than two dozen trauma surgeons heard the news and showed up to work, not to observe, but to assist. This was a number more than matched by nurses, medics, pharmacists and countless other staff members.

Kelley coordinated the teams and ensured everything needed was on hand. Later that evening the gravity of the events struck her.

"As a nurse, this is a very emotional place," she said, her eyes filling with tears, "especially when I pick up the phone and someone is looking for a loved one. If I walk out of here and can't cry, then I can't come back because that means I don't care anymore. Caring is what I

Sadly, there are some who will always seek to cause tremendous harm and pain. But, there are countless others, like the Sunrise Hospital staff, whose abundant acts of love will always triumph over unfathomable hate.

CHAPEL SERVICES

CATHOLIC MASSES

Saturday, 4:30 p.m. — Madigan Chapel

Saturday, 5 p.m. — McChord Chapel No. 2 (reconciliation at 4 p.m.) Sunday, 9 a.m. — Lewis Main Chapel Sunday, 9 a.m. — Madigan Chapel Sunday, 10 a.m. — McChord Chapel

Sunday, noon — Lewis Main Chapel Sunday, 5 p.m. — Lewis Main Chapel Weekdays, noon — Lewis North Chapel

Weekdays, 11:45 a.m. — Madigan Chapel; call 253-968-1125 1st Friday, noon — McChord Chapel No. 2

PROTESTANT SUNDAY

9 a.m. — Liturgical — Soldiers' Chapel

8:30 a.m. — Traditional — McChord Chapel No. 1 10 a.m. — Contemporary — Four **Chaplains Memorial Chapel**

10:30 a.m. — Collective — Lewis Main Chapel 10:30 a.m. — Collective — Madigan

Chapel 10:30 a.m. — Contemporary — Evergreen Chapel 11 a.m. — Contemporary –

McChord Chapel Support Center 11 a.m. —Gospel — Lewis North Chapel

DIVERSE WORSHIP

Jewish

Buddhist

Friday, 7 p.m. — Lewis Main Chapel Islamic Friday, 12:30 p.m. — Evergreen

Chapel, 253-968-1125

Friday, 6 p.m. — Soldiers' Chapel, 253-966-5959

Pagan/Wiccan Wednesday, 7 p.m. — Building 6230, Lewis Main, 907-952-4156



Members of the 1st Special Forces Group (Airborne) participate in a Veterans Day Ceremony at the Yelm Cemetery Saturday. JBLM service members supported more than 30 Veterans Day events around the Puget Sound area to positively focus on honoring veterans and currently serving service members.

THIS WEEK IN HISTORY

Nov. 17, 1558: Elizabethan Age begins.

Nov. 18, 1987: Congress issues final report on Iran-Contra scandal.

Nov. 19, 1863: Lincoln delivers Gettysburg Address.

Nov. 20, 1945: Nuremberg war-crimes trials begin.

Nov. 21, 1927: 1927 Holland Tunnel appears on the cover of "Time."

Nov. 22, 1718: Blackbeard killed off North Carolina.

Nov. 23, 1966: Elvis Presley's "Spinout" opens in U.S. theaters.

Soldiers compete for Best Medic

BY EMILY YEH Regional Health Command-Pacific Public Affairs

HONOLULU -The U.S. Army Medical Command's 2017 Command Sgt. Maj. Jack L. Clark Ir. Best Medic Competition took place over 72 hours, at Camp Bullis, Texas, Oct. 29 to Nov. 2. Regional Health Command-Pacific's top two finishers from the 2017 Pacific Best Medic competi-



tion represented the region at the event.

The region, which includes Joint Base Lewis-McChord, was represented by 2nd Lt. Adam Schafer, 65th Medical Brigade, Yongsan Garrison in South Korea, and Sgt. Ryan Harpster, Bassett Army Community Hospital, Fort Wainwright, Alaska, at the U.S. Army Best Medic team event alongside other two-person U.S. Army medic teams. Schafer and Harpster represented RHC-P well, placing second overall in the Army's Best Medic competition and winning the best medical skills category.

Schafer and Harpster earned the honor to represent the region after Schafer received the highest score of all competitors in the 2017 Pacific Best Medic competition, while Harpster was the runner-up. Both Soldiers have also earned the Expert Field Medical Badge or the Combat Medical Badge a prerequisite for participating in the competition.

"Placing second and winning the best medical skills category shows the strength of the medics in our region," said Command Sgt. Maj. Richard Watson, RHC-



Regional Health Command-Pacific's 2nd Lt. Adam Schafer, left, and Sgt. Ryan Harpster competed at the U.S. Army Best Medic team event alongside other combat medic teams Oct. 29 to Nov. 2.

P's senior enlisted adviser. "Second Lieutenant Schafer and Sergeant Harpster's performance also sets the bar for future best medic competitors."

Soldiers faced numerous challenges during the competition including a Soldier readiness test, a World War I era physical fitness test, a foot march, a chemical, biological, radiological lane event, an orienteering course, rifle skills, combat stress shoot, obstacle course and warrior task and battle drills. The exercises tested medical personnel on modern standards and procedures that they may face in

"The most challenging part of

the competition was staying sharp and attentive to the small details while I was very physically uncomfortable," Schafer said. "There was never a point where I was not hot, freezing, sore, in pain or struggling with fire ant bites. It required a mental toughness to push out those distractions which was crucial for our success."

Throughout the competition Soldiers could be seen flipping tires, as well as conducting patient drags and litter carries. They completed numerous movement exercises which required navigating obstacle cours-

During the competition, Sol-

diers were required to conduct medical exercise testing lanes showing their ability to properly don gear and perform patient decontamination, in some instances under enemy fire, to recover and treat patients, dragging and low-crawling patients up a hill to a decontamination area. They were also challenged to cut through the simulated metal skin of a helicopter with axes to rescue a wounded crew member. Each team performed life-saving interventions before

According to Schafer, it took raw grit to succeed. He never wanted to let his partner down,

continuing on to a helicopter

MEDVAC.

"From both a team and an individual perspective, resiliency was huge. Being able to move past mistakes and focus on what was ahead for us in the competition was the key to our success."

2nd Lt. Adam Schafer, 65th Medical Brigade

so when things got hard he just had to push back harder.

His ability to communicate and understand his teammate's strengths and weaknesses were essential to knowing where each needed to be at any given time.

"From both a team and an individual perspective, resiliency was huge," Schafer said. "Being able to move past mistakes and focus on what was ahead for us in the competition was the key to our success."

Lieutenant General Nadja West, surgeon general of the U.S. Army and commanding general, U.S. Army Medical Command, and Command Sgt. Maj. Gerald Ecker, U.S. Army Medical Command senior enlisted adviser, presided over the award ceremony where teams were presented with certificates of achievement. Each team was acknowledged for their representation of their command and participation in the competition.

This achievement is huge for me," Schafer said. "I never expected to compete at this competition, let alone do as well as we did. It also improved my Soldier readiness. I can now take what I experienced back to my unit and prepare Soldiers with better day-to-day training and assist in preparing those who may compete in future Best Medic competitions.

USO NORTHWEST

USO NW opens new Camp Lewis Center

BY RUTH KINGSLAND Northwest Guardian

A new USO Northwest facility – the Camp Lewis Center – is set to open at the America's Credit Union structure at the corner of 12th Street and Pendleton Avenue, on Lewis Main, with a dedication ceremony planned for Monday at 10:30 a.m.

Although the USO Shali Center on McChord Field is thriving, service members from Lewis Main and Lewis North found it challenging to travel to the other side of the installation, USO Northwest officials said.

"The USO should be located where our military and their families are located," according to retired Navy Cmdr. Donald Leingang, executive director of USO Northwest. "The USO Northwest board and staff wanted to offer another option to provide program information and entertainment for Soldiers and their family members rather than waiting at Waller Hall in

between appointments. "We felt that sharing the same venue with the USO Inc. Pathfinder program was also advantageous to our all service members, especially those who may be transitioning from the military following completion of

their JBLM tour." The name Camp Lewis Center



SCOTT HANSEN Northwest Guardian

was selected for the facility in honor of the 100th anniversary of Camp Lewis at JBLM.

According to Leingang, the USO has a 76-year history.

"Just as important as our USO history is the history of the military and those units we serve," he said. "With (JBLM) celebrating 100 years this year, we felt the name Camp Lewis USO Center was an appropriate name to connect the 100 years of

history with the present and

future.

Services at the facility will include:

- A troop lounge with multiple televisions.
- Computers with free in-
- XBox gaming system.
- Support to base operations
- during troop deployments. United Through Reading, part of the Bob Hope Legacy

Reading Program, which allows deployed parents to stay connected with their children by recording story times.

 Information hub for USO programs.

The facility will be open weekdays from 9 a.m. to 5 p.m., or as requested by Army leadership.

Tim Bogle, USO Northwest development director, said he's "excited and proud of the newest addition to the USO's three

If you go

The Camp

Center, a

new USO

facility,

wiii be

Credit

Union

and Pendleton

building at the

corner of

Avenue

Main.

on Lewis

12th Street

the

Northwest

located in

America's

Lewis

What: Opening and dedication ceremony of the USO Northwest Camp Lewis Center.

When: Monday at 10:30 a.m.

Where: America's Credit Union, Building 2201 at the corner of 12th Street and Pendleton Avenue, on Lewis Main.

current centers."

The new USO Northwest facility adds a fourth to USO Northwest locations at McChord Field; SeaTac International Airport and Portland International Airport.

"Due to the increasing demand for USO programs and services, (the new Camp Lewis facility) is an additional center, and fills a critical gap in service delivery," Bogle said.

The USO Northwest SeaTac Center is one of the largest USO in the country and serves more than 120,000 service members and their families every year, according to Bogle.

The USO Northwest SeaTac Center was opened July 11, 1966, and the USO Northwest Shali Center opened Nov. 11,

JBLM FIRE AND EMERGENCY SERVICES

Make safety the centerpiece of Thanksgiving holidays

BY RUTH KINGSLAND Northwest Guardian

Before you start gobbling up your Thanksgiving turkey, take some time to think about a few rules to keep you and your family safe this holiday season.

"You can get caught up in all the things you need to do to have the perfect holiday and sometimes the safety can get away," said Ed Chavez, Joint Base Lewis-McChord fire inspector.

Because much of the Thanksgiving holiday revolves around the kitchen, JBLM firefighters will be on call because most fires on the installation start in the kitchen during the holiday. That's in part because families entertain and often leave items on the stove or in the oven unat-

tended while they go out of the room to spend time with guests, Chavez said. Although it may seem like just a few moments, that's enough time for the gravy to boil over or the turkey to burn, Chavez said.

Leaving items near the stove top — such as potholders, wooden utensils, food packaging, towels or curtains - also can be a danger as they can catch fire in an instant.

"The cooking range, or cook top, is involved in the majority of cooking fire incidents, deaths and injuries," Chavez said. "If you're going to cook, cook."

Frying foods also can be dangerous, according to Chavez. If you are frying food and have a pan fire, it's important to turn off the burner and have a lid

available to slide onto the pan. It's also good to have baking soda on hand to extinguish the blaze if the lid isn't readily available, Chavez said.

Chavez also suggests having activities for children at holiday events, so the kids are away from the kitchen during cooking. Another tip, he said, is to make sure and look inside the oven before turning that appliance on, as sometimes children hide objects — a football or other toy — inside and when it's time to put the turkey inside the oven, there's already a burning object inside.

If you choose to fry your turkey in a turkey fryer, make sure the fryer is at least 15-feet away from the house or other building. And, though there are many

fryers that claim to have safety certifications, none are UL certified, according to Chavez.

It's also important to make sure the turkey is completely thawed before placing in the fryer, Chavez said.

Some more things Chavez suggests to think about at this time of the year:

• Storms can be a big concern if there is a power outage. Multiple houses caught fire in Seattle a few years ago after an outage as residents neglected to turn off their stoves and when the power came back on, items on the stove caught fire.

• If you use a generator during an outage, don't place it near a door or near windows or ventilation systems that can cause fumes to enter the house.

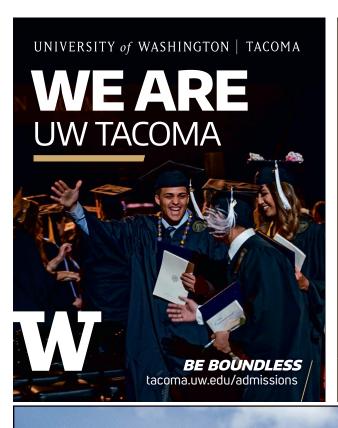
• If there is a power outage, don't bring the barbecue or grill indoors for heat or cooking, as carbon monoxide can be a kill-

• When you leave the home, be sure your children are old enough to be left alone and also teach them what to do in an emergency.

• It's also good to let neighbors know if you will be gone, so they know what to do if they hear alarms.

• If you use candles, make sure they are in a noncombustible holder and away from items that can catch fire, such as branches, paper and other

If you have questions about fire safety, call Chavez at 253-966-7164.





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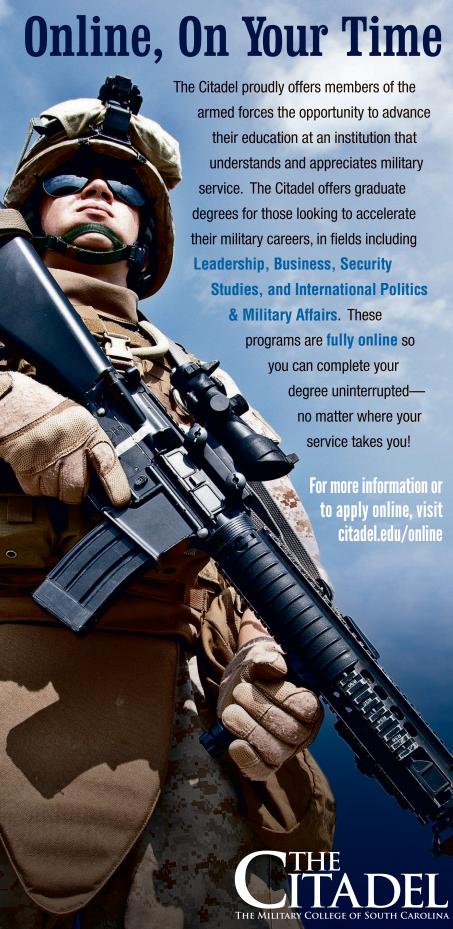
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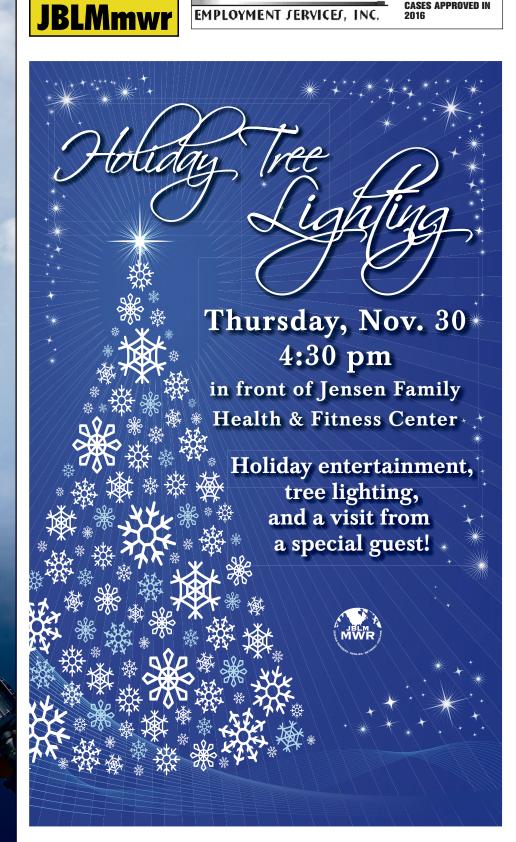
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63 OF 64 COMPLETED CASES APPROVED IN







Carving Station and Hot Buffet Line:

Carved baron of beef with horseradish sauce and au jus Carved turkey breast with gravy and cranberry-orange chutney Glazed ham Red-skin garlic mashed potatoes

Sweet potato casserole Traditional Thanksgiving stuffing Sautéed asparagus tossed in lemon-garlic butter Mix of vegetables

Cold Station:

Chilled shrimp display with cocktail sauce and lemon

Colorful fresh fruit display Smoked salmon with herbed cream cheese and bagels Caesar salad

Spinach salad with Bourbon candied walnuts, dried cranberries and blue cheese Variety of bread rolls and croissants

Desserts:

Pumpkin & pecan pies Assortment of cakes and cheesecakes, Apple-peach cobbler

Beverages:

Fruit punch, iced tea, fountain drinks, coffee and tea



Meal No. 1 that feeds 6–8 guests.

You receive a 15- to 20-pound roasted whole turkey or a holiday half-ham, home-style stuffing, mashed potatoes, steamed green beans, sweet potato casserole, pumpkin pie, cranberry sauce and turkey gravy. The cost is \$159.95.

· Meal No. 2 that feeds 10-12 guests

includes both the ham and turkey, all sides, vegetables, casseroles and dessert, plus an apple pie. The cost is \$249.95.

Take-and-bake options

that include prepared, seasoned and panned uncooked menu items. Cooking and heating instructions are provided, along with a food thermometer. Meal No. 1 is \$139.95. Meal No. 2 is \$229.95.

ALCC is at 8085 NCO Beach Rd. at Lewis North







MWR THANKSGIVING HOURS

Business Operations

American Lake Conference Center

Closed Nov. 23–24

Bowl Arena Lanes

Closed Nov. 23 Open Nov. 24 with \$2 games & \$2 shoe rental all day

Club at McChord Field

Thanksgiving Buffet Nov. 23; reservations only. Closed Nov. 24

Eagles Pride Golf Course

Open Nov. 23 until 1 p.m. (no cart service, Sam Adams closed)

McChord Field Battle Bean

Closed Nov. 23–24

Samuel Adams Brewhouse JBLM Closed Nov. 23–24

Sounders Lanes Family Fun Center Closed Nov. 23

Stone Ed Center Battle Bean

Closed Nov. 23–24

Stone Ed Center Bookstore

Closed Nov. 23–24

Whispering Firs Golf Course

Closed Nov. 23

Child Development Centers & School Age Programs

Closed Nov. 23–24

Family Child Care

Administration & USDA Closed Nov. 23–24

Parent Central Services

Closed Nov. 23–24

Raindrops & Rainbows

Closed Nov. 23–24

SKIESUnlimited

Closed Nov. 23-24

School Support Services

Closed Nov. 23–24

Youth Centers & Teen Zone

Closed Nov. 23–24

Youth Sports

Closed Nov. 23-24

Sports, Fitness & Aquatics

Cowan Stadium & Intramural

Office.

Closed Nov. 23–24

Jensen Family Health

& Fitness Center

Closed Nov. 23–24

Keeler Pool

Closed Nov. 23

Kimbro Pool

Closed Nov. 23

McChord Fitness Center

9 a.m.-4:30 p.m. Nov. 23-24

McChord Fitness Center Annex

Closed Nov. 23–24

McVeigh Sports & Fitness Center

8 a.m.-4 p.m. Nov. 23-24

Sheridan Sports & Fitness Center Closed Nov. 23

Soldiers Field House

NORTHWEST GUARDIAN

Noon-8 p.m. Nov. 23-24

Soldiers Field House Pool

Closed Nov. 23

Wilson Sports & Fitness Center

10 a.m.-6 p.m. Nov. 23-24

Adventures Unlimited

Community Recreation

Closed Nov. 23–24

Arts & Crafts Center Closed Nov. 23-24

Book Patch Library

Closed Nov. 23–24

Grandstaff Library

Closed Nov. 23-24

Leisure Travel Services Lewis Main & McChord Field

Closed Nov. 23–24

Lewis Auto Center

Closed Nov. 23–24

McChord Auto Center

Closed Nov. 23–24

McChord Field Library

Closed Nov. 23–24

Nelson Recreation Center

Closed Nov. 23–24

Northwest Adventure Center Closed Nov. 23-24

Warrior Zone & the Zone

Open 9:30 a.m.–11 p.m. Nov. 23

in front of **Tensen Family** Health & Fitness Holiday entertainment, Center tree lighting, and a visit from Thursday, Nov. 30 a special guest! 4:30 pm



KEEP IN TOUCH ON THE GO!

with JBLM MWR's apps for iOS & Android. Event Info, GPS directions & Hours of Operation Search for "JBLM MWR"



STONE EDUCATION CENTER

Education center highlights opportunities

BY DEAN SIEMON Northwest Guardian

In honor of Celebrate American Education Week on Joint Base Lewis-McChord, the Stone **Education Center on Lewis** Main hosted a special education fair on Tuesday inside the college mall.

Twenty-six colleges and universities, as well as military transition programs and organizations, set up tables to present educational and transitional opportunities for service members, veterans, spouses and other members of the military community.

In addition to the eight resident schools that offer classes on JBLM, there were schools offering various degree options from different parts of the state. And while each school wanted to attract service members to enroll, there was no sign of competition among the pro-

"This is the first time I've seen schools work together for the benefit of the student," said Carol Jack, a counselor at Pierce College. "If there's something we can't offer, we direct them to another school."

There were schools like Pacific Lutheran University, Seattle University and The Evergreen State College promoting traditional degree programs for undergraduate and graduate studies. There were also technical schools like Bates Technical



DEAN SIEMON Northwest Guardian

College and Clover Park Technical College on hand offering another option for potential students.

Those options were appealing for Sgt. Major Matt Hill of Headquarters Support Company, I Corps, on JBLM. Hill came into the education fair interested in technical schools to pursue going into airframe or auto mechanical career fields. But he also gathered information from universities and colleges about business degrees, in case he wanted to work for himself one

"I can research online, but it's always good to speak face-toface," Hill said. "You're able to

learn about other programs or the tracks they have.

Some service members have only taken a few classes here and there, but were looking at what was available while they were stationed at JBLM. Specialist David Juarez of the 56th Multifunctional Medical Battalion, 62nd Medical Brigade, was talking to schools that not only had a physical campus, but also offered online classes as well.

"So I can have opportunities when I get home and I can continue taking classes," Juarez

Schools and programs also provided information to help military community members know how to utilize assistance toward their education, like the G.I. Bill and tuition assistance.

Spc. David Juarez,

right, speaks with Brandman

University's Emery

Lunsford about

degree options during an

education fair

on Joint Base Lewis-McChord

on Tuesday.

hosted by Stone

Education Center

Schools informed interested parties about the flexibility of having the choice between online or in-class courses. Something that Greg Fennessy, the director of online operations at Northwest University's College of Adult and Professional Studies, knows personally.

Fennessy retired from the Air Force in 2009 as a master sergeant with the 4th Airlift Squadron on McChord Field. He was able to take online classes to work his way to a master's degree from Hawaii Pacific University.

Sgt. 1st Class

experiences

earning an undergraduate

Sotoamaya, right,

speaks about his

degree during a

student panel at

the Council of

Educators of

Washington

Military

State's

Daniel

Now he's proud to help a school established in Washington state that can provide a wide reach of online opportunities that can be vital for those serv-

"For me, I would have never completed my undergraduate and graduate degrees without the help of online (courses)," Fennessy said.

But there were additional options beyond associate's, bachelor's and master's degrees. Sojourner Thomas, an installation administrator for JBLM Career Skills Program, was also present to provide information about the various fellowship and training programs.

Through the program, transitioning service members and spouses within 180 days of their separation date, are able to enroll in internship and training courses like the Commercial Driver School or Veterans in Piping.

Some even count as college credits that can be transferred toward a degree down the road, like Microsoft's Software and Systems Academy for example.

"It prepares everyone for civilian careers with a guaranteed interview with an employer," Thomas said. "It's good to start looking at them early, like a year out. Some programs have testing and interviews.'

Dean Siemon: 253-477-0235, @deansiemon

COUNCIL OF MILITARY EDUCATORS OF WASHINGTON STATE

Military education council meets to discuss improvements

BY DEAN SIEMON Northwest Guardian

The Council of Military Educators of Washington state held their seventh annual conference inside Stone Education Center's auditorium on Joint Base Lewis-McChord Monday.

Representatives from a variety of schools, military education programs and counselors met to discuss what's working and what needs and improvements are needed to provide service members and veterans with educational opportunities.

Thousands of service members transition from active duty and stay here in Washington state," said Roel van der Lugt, director of military affairs and senior policy adviser for Congressman Denny Heck in Washington's 10th District. "Their contributions to our society cannot be understated. They make us better, stronger, more innovative and you all have a lot to do with that.'

One part of the conference was a student panel with a mixture of current and retired service members. It was a chance for the school and program representatives to hear about the military student experience.

Alanna Rathkopf, a retired Army sergeant first class and

current student at Pacific Lutheran University in Parkland, suggested that counselors and educators can do better getting on the same level as the incoming military students. As someone who walked onto the PLU campus last spring, she was overwhelmed with all of the different programs where guidance was a key — thanks to the school's military outreach and their counselors.

"Understand that this is new territory for (these students)," Rathkopf said. "No matter how experienced you were, this is completely brand new. This is like walking into high school for the first time.'

A majority of the students in the panel discussed the importance of being realistic with their time as they worked toward a degree. For Sgt. 1st Class Daniel Sotoamaya, Headquarters and Headquarters Company, 593rd Expeditionary Sustainment Command, it took him seven years, enduring two deployments to Afghanistan, to complete his undergraduate degree from the University of Oklahoma.

"There are some units will go to Yakima Training Center for 30 days; they'll be back for three weeks before going to



DEAN SIEMON Northwest Guardian

California or Louisiana for another 30 days — try (fitting) a class in at that time," Sotoamaya said

Moments later, another panel discussion, featuring a variety of military education counselors, spoke about challenges service members and veterans sometimes face. One challenge is how some service members may not know about all of the benefits they are eligible for during their service.

Captain Eric Flowers, an education service officer for the Washington Army National

conference at Stone Education Center on Monday. Guard at Camp Murray, said he's noticed some service members take out student loans on

their own. "We have (financial aid), we have the G.I. Bill and there are other scholarship opportunities," Flowers said. "We don't want to saddle them with student debt when there are so many options for them out there.'

Both the counselors on the panel and some of the school representatives had equal concerns about the word getting out and how to help get members of

the military community connected with the various programs available.

The timetable of completing a degree was also brought to the discussion. Educational specialist Sandra Azevedo, of the U.S. Army Recruiting Battalion in Seattle, noted that service members can be frustrated with how an associate's degree might take more than the normal two years, or a bachelor's degree takes more than four years.

"Not everybody's path is going to be the same," Azevedo said. "They can start planning early on and begin working with the institutions.'

Conversations continued through the day in an effort to get the ball rolling on improvements on JBLM and other military installations in Washington.

"We look forward to establishing and maintaining effective relationships with you, as well as the state-level directorates, boards and other agencies in our joint effort to enhance the volunteer education opportunities for our military community," said Susan Sine, an education service officer at IBLM.

Dean Siemon: 253-477-0235, @deansiemon





Community Ledger

ATTENTION

Event announcements must be received no later than the Friday before publication. They can be emailed to nwgeditor@ nwguardian.com. Announcements can be viewed online at nwguardian.com. The Northwest Guardian office is in the basement of 1010 Liggett Ave. on Lewis Main. For more information, call 253-477-0182.



SNAPSHOT

Father-Daughter Dance

Sgt. Maj. Chad Miller, 2nd Battalion, 1st Special Forces Group (Airborne), dances with his three daughters at the 2nd Battalion Father-Daughter Dance at Joint Base Lewis-McChord Nov. 8. The unit hosted the event in order to strengthen family relationships despite a rigorous training cycle.

SGT. CODIE MENDENHALL U.S. Army photo

LET'S HEAR IT

What do you want to know in 2017? The Northwest Guardian, Joint Base Lewis-McChord's command authorized source for installation news and information, wants to hear from you. Go to the JBLM Facebook page to answer the Straight Talk question of the week on Page A4, or submit a 1MB JPEG of your favorite photo of life on JBLM. Got a news tip or know a story you'd like to see in the Guardian? Coordinate with your unit public affairs section, then call 253-477-0182.

SCHEDULED HOLIDAYS AND FAMILY DAYS

The following are the scheduled dates for Army's Day of No Scheduled Activity and Air Force's Family Days and federal holidays on Joint Base Lewis-McChord.

Nov. 23 - Thanksgiving Day

Nov. 24 - Army DONSA and Air Force Family Day Dec. 25 - Christmas Day Dec. 26 - Army DONSA and Air Force Family Day Jan. 2 - Army DONSA Jan. 12 - Army DONSA

ORDER THANKSGIVING DINNER BY MONDAY

Order a complete homemade Thanksgiving dinner from American Lake Conference Center. Place your orders by Monday for:

 Meal No. 1 that feeds six to eight guests. You receive a 15- to 20-pound roasted whole turkey or a holiday half-ham, homestyle stuffing, mashed potatoes, steamed green beans, sweet potato casserole, pumpkin pie, cranberry sauce and turkey gravy. The cost is \$159.95 for this ready-made meal.

• Meal No. 2 that feeds 10 to 12 guests includes both the ham and turkey, all sides, vegetables, casseroles and dessert, plus an apple pie. The cost is \$249.95 for this ready-made

• Take-and-bake options include prepared, seasoned and panned uncooked menu items. Cooking and heating instructions are provided, along with a food thermometer. Meal No. 1 is \$139.95 and Meal No. 2 is \$229.95. Call 253-966-3987 for ordering details.

ARMY, AIR FORCE PCS MOVE WORKSHOPS

Joint Base Lewis-McChord's Armed Forces Community Service hosts a First PCS Move workshop Mondays from 3 to 4 p.m. at Waller Hall, 2140 Liggett Ave., Lewis Main, and the second Thursday of each month at the Service Member and Family Readiness Center, 551 Barnes Blvd., McChord Field. For more information, call 253-967-3633 or 253-982-2695. To register, visit iblmafcs checkappointments.com.

JBLM NEWCOMERS' ORIENTATION BRIEF

Joint Base Lewis-McChord has grown and changed over the years. Whether you're new, returning or just want to learn your way around the base, all service members, civilians and adult family members are invited to attend the Newcomers' Orientation Tuesday at American Lake Conference Center at 8085 NCO Beach Road on Lewis North. Report time for Soldiers and Airmen is 7:30 a.m. Orientation is set to begin at 8 a.m. Complimentary hot breakfast and free on-site child care is available upon request with registration; call 253-966-2977. For more information, call 253-967-3633 or visit jblmafcs checkappointments.com.

JBLM FAMILY HOUSING FIRE SAFETY CLASS

Base housing residents are required to take a Family Housing Fire Safety class within 30 days of moving in to Lewis-McChord Communities. Service member must attend; spouse is welcome

and encouraged. Classes take place Tuesdays and Thursdays at 1 p.m. at Bldg. 2014, Fire Station 107 Pendleton on Lewis Main. Doors open at 12:30 p.m.; class starts at 1 p.m. Parking is limited, so arrive

THANKSGIVING DAY **FEAST AT THE CLUB**

Bring your friends and family to the Club at McChord Field's popular annual Thanksgiving Day feast Thursday. The cost is \$27.95 for ages 13 and older, \$13.95 for children ages 4 to 12 and free for ages 3 and younger. Club members receive a \$2 discount per meal. Seating is at 11 a.m., 1 p.m. and 3 p.m. Reservations are required; call the Club at 253-982-

YOUTH EVENTS AT HILLSIDE CENTER

Hillside Youth Center and Teen Zone has tons of fun events planned for middle school and teen youth in the coming weeks:

• Friday: Teen Lock-In from 8 p.m. to 8 a.m. with fun activities and team challenges.

• Dec. 1: Hail and Farewell. Open to the entire family with a free dinner from cooking club recipes.

• Dec. 8: Enjoy late-night activities for enrolled kids, including basketball and movies throughout the center. Bring a friend.

• Dec. 16: Free community Holiday Fest from noon to 4 p.m. Enjoy crafts, games, cookies, a bounce house and more.

Hillside is open to middle school and teen youth who are registered with Child and Youth Services; registration is free. The center is located at 6397 Garcia Blvd. at Lewis Main. For more information, call 253-967-4441.

GET A FREE DINNER AT THE CLUB NOV. 29

The Club at McChord Field appreciates its members. Enjoy a free dinner Nov. 29 from 5 to 7 p.m. Guests and family members pay \$5. Not a member? Ask how you can sign up and receive discounts and savings at events and select Family and MWR purchases, plus get exclusive Club member freebies. The Club is located at 700 Barnes Blvd. on McChord Field. For more information, call 253-982-5581.

ARTS AND CRAFTS'

NEW CERAMICS STUDIO Your Arts and Crafts Center is offering a new "paint-n-go" ceramics studio. Beginning Dec. 1, the studio is open from 9 a.m. to 5 p.m. with clean-up at 4:30 p.m. You can reserve the studio for ceramics parties, kids' craft parties or a friends' day out by calling ahead. The Arts and Crafts Center is located at 1121 Barnes Blvd. on McChord Field. For more information, call 253-982-6726/6718.

BUILDING MANAGERS FIRE SAFETY CLASS

All building managers on Joint Base Lewis-McChord are required to take a **Building Managers Fire** Safety Class. Classes take place on the first and third Wednesday of the month at 9 a.m. in Bldg. 2014 at Fire Station 107 Pendleton on Lewis Main. Next class is scheduled for Dec. 6. Fire Safety Class is limited to the first 25 people. Doors will open at 8:30 a.m. For more information, call 253-966-7164.

JOIN MCCHORD FIELD LIBRARY BOOK CLUB

Enjoy discussing books? Join the McChord Library's Novel Navigators. This

adult discussion group meets the second Wednesday of each month at the McChord Library at 4:30 p.m. The next meeting is Dec. 13 to discuss "The Help" by Kathryn Stockett. Registration is required in person. Copies will be available at the circulation desk, 851 Lincoln Blvd., ground floor, on McChord Field. For more information, call 253-982-3454.

FREE BIKE RENTALS NOW AVAILABLE

The GO Bike program has expanded availability to include Department of Defense family members ages 18 and older. Now all DOD employees, their family members ages 18 and older and JBLM contract employees can check out a free GO Bike for up to two weeks. Use the bikes to run errands, get to appointments or spend some exercise time outside. Find the GO Bike check-out locations on GOLewisMCChord.com.

FIRE EXTINGUISHER ANNUAL SERVICING

All facility fire extinguishers on base must be recertified and retagged annually. Accomplish this either by contractor via GPC card or hand-carry facility extinguishers to the fire extinguisher shop located at the rear of Bldg. 2014 on Lewis Main. The maximum number of extinguishers one facility manager may rotate a day is 10. For more information, call the fire extinguisher shop at 253-966-2600.

FREE RIDE TO DUPONT WITH GO TRANSIT

Enjoy a free ride out to the City of DuPont with GO Transit Route 1 weekdays from 7 a.m. to 5:40 p.m. with 20 minute frequencies. Route goes from the City

of DuPont to Madigan Army Medical Center. Visit popular DuPont restaurants and coffee shops, take a stroll, run errands, make a connection to Seattle or Tacoma, or access JBLM without driving a car. Common Access Card is required to board at the DuPont stop. For more information, call 253-966-3939 or visit GOLewisMcChord.com.

SKIESUNLIMITED **INSTRUCTORS NEEDED**

SKIESUnlimited is looking for team members to join the team as instructors. Share your talent or hobby with youth as a SKIES contractor or subcontractor. Areas of need include gymnastics, karate, dance, art, music, boxing, theater and more. Interested? For more information, call 253-966-3539 or email cindy.j. arnold.naf@mail.mil.

SCORE THE BEST **DEALS ON TEXTBOOKS**

The next college quarter starts soon. Don't break the bank on books; let Family and Morale, Welfare and Recreation's Bookstore inside Stone Education Center help you get your books for less. For more information, call 253-964-

MOVING RESOURCES AVAILABLE ONLINE

Automated Housing Referral Network is sponsored by the Department of Defense and is designed to improve the process of securing available housing for relocating military families. Visit ahrn.com. Defense Travel Management Office consolidates, streamlines and centrally manages commercial travel. This single point of contact ensures consistency in the department's focus, policy

and execution, marking a

new era in government travel. For more information, visit defensetravel .dod.mil. Defense Personal Property System is a centralized, integrated onestop source for managing personal property moves. For more information, visit move.mil.

GET CREATIVE AT ARTS AND CRAFTS CENTER

Relax, de-stress and learn a new skill at the Arts and Crafts Center on McChord Field. Classes include sculpture, painting, drawing, book binding, knitting, sewing, quilting, Zentangle, matting/framing and more. For current class descriptions and schedules, visit jblmmwr.com/arts_crafts. For more information, call 253-982-6723.

SIGN UP FOR JBLM **ALERT NOTIFICATIONS**

Joint Base Lewis-McChord Alert Notifications is a free service that allows you to sign up and receive emergency notifications about road closures, severe weather, utility service interruptions and public safety messages from Pierce County and the base. For more information, call 253-966-7526 or visit tinyurl.com/gl5g3sq.

CALL THE ENERGY WASTE HOTLINE

To stop energy waste and save valuable resources, the base Energy Program has launched the Energy Waste Hotline. The primary objective is to collect information about day-burners, incandescent bulbs, damaged fixtures, steam leaks and nonfunctional thermostats. If you notice any opportunity to reduce energy waste, call or text 253-219-2394. The goal is to improve energy efficiency, eliminate energy waste and save money.

THE USE OF SPACE **HEATERS ON JBLM**

The Joint Base Lewis-McChord Fire Department is not the authority for the use of space heaters on the installation in your work area; the Directorate of Public Works' Energy Conservation is the OPR for the use of all space heaters on JBLM. Contact Eric Waehling at 253-966-1772, eric.r.waehling.civ@mail.mil or Amin Sakhawat at 253-966-9011, sakhawat.amin .ctr@mail.mil. If DPW authorizes the use, JBLM Fire Prevention will ensure space heaters are used in a fire safe manner.

LEARN THE BASICS OF SOCIAL MEDIA

Do you or someone you

know struggle to understand setting up an email or social media account? Do your kids, grandkids or friends wish you could join them online? Would you like to keep in touch with receive photos and messages more often? The Arts and Crafts Center offers a new social media class for beginners, on-demand. The course teaches to teach you how to establish, use and maintain an email account and introduces you to Facebook. You'll also be given an overview of other social media sites to see where your newfound skills can be applied. Grab a friend or two and check out what you can do online. The cost for the class is \$5. For more information, call 253-982-6726/6718.

TRANSITIONS: INFORMATION TO HELP WITH LIFE CHANGES

Find jobs on the "JBLMUnlimited" website at jblmunlimited.com or on Facebook at facebook.com/jblmunlimited.

The following is a snapshot look into some upcoming employment fairs and networking opportunities: Operation GoodJobs!

Fridays 2 p.m. Starbucks, 10314 S. Tacoma Way, Lakewood. For more information, email vetservicesinfo@goodwillwa.org or call 253-573-6789.

Hawk Job Fair take place Mondays (except DONSAs and federal holidays) at Hawk Transition Center Auditorium at 11 a.m. Come out and speak to recruiters with employment opportunities. Walk-ins are welcome.

Career Skills Program Briefings take place Mondays at Hawk Transition Center Auditorium. Walk-ins are welcome. Noon: trades/skills/ technology/business brief.

Brown Bag Mini Job Fair Wednesdays from 11:30 a.m. to 1:30 p.m. in the Hawk Transition Center Lobby. Walk-ins are welcome. Employer registration is now required by emailing shenathan.d.burton2 .civ@mail.mil and mitchel.s .watson.civ@mail.mil.

Worksource Pierce Weekly Meetings Thursdays from 1 to 4 p.m., the WorkSource Pierce Career Center hosts a meeting for job seekers unemployed for 27 weeks or longer, seeking assistance to re-enter the workforce. Location is 1305 Tacoma Ave. South, Tacoma. Fore more information, call 253-593-7300 or email back-

towork@workforce-central.org. Camo2Commerce has orientations Thursdays at 3:30 p.m. at the Stone Education Center on Lewis Main for military leaders in mid-level

management roles, ideally staff and senior noncommissioned officers and junior to midgrade officers in transition. Camo2Commerce has created the Heroes Corporate Fellowship Academy can help you land a job in a position commensurate with knowledge, skills, abilities and experience. For more information, visit: camo2commerce.com/heroes or email rob@pacmtn.org.

Construction Direct2Apprenticeship Nov. 28 from 9 a.m. to noon at Camp Murray, Building 91 in DuPont. Come and connect with training directors, employers and apprenticeship coordinators from construction industries in Washington. Hear from a multitude of panelists, learn about your GI Bill benefits in apprenticeship, and see what jobs there are in Washington State. Don't miss out on this opportunity to network and start a new career in construction. Learn more about the apprenticeship training model and about Washington's growing economy. Transition into living wage careers now.

WorkSource Veterans Service Orientation Briefings take place the first and third Wednesdays of the month from 9 to 11 a.m. at 500 SW Seventh St., Renton. Next meeting is Dec. 6. For more information,

Second Monday of the month from 1:45 to 3:15 p.m. at Work set for Dec. 11. Email kmyers@esd.wa.gov, or call

call 206-205-3500. What's My Next Move?

Source Pierce. Next meeting is 253-552-2547. **Spotlight Events and**

employer spotlight events on social media at facebook.com/ jblmunlimited for more information. Sign up at sfl-tap.army.mil or with your SFL-TAP Center at 253-967-3258/5599 Boots to Business This is a

Employer Hiring Check for

three-day workshop covering topics related to how to start a business. Gain tools and knowledge needed to identify a business opportunity, draft a plan and launch an enterprise. Day three will consist of a field trip. Classes are located at Hawk Transition Center. For more information, call 253-967-

Military to Manufacturing Career Pathways Program is a manufacturing industry-driven program sponsored by the Center for Advanced Manufacturing Puget Sound. M2M is a two-day workshop focusing on entry-level, semi-skilled, skilled and leadership positions in the manufacturing industry. Special emphasis is placed on helping military personnel understand advanced manufacturing and the skills translation from military to manufacturing positions. CAMPS works through the process that results in job placement. For more information, email Stacie Buchanan at stacie. buchanan@camps-us.com or Marcus Warren at marcus.war-

ren@camps-us.com. **Onward to Opportunity** The NW Edge is a six-week program facilitated by different partnering agencies providing specialized transition workshops covering: speaking civilian, social media-LinkedIn,

WA state economic demographics, resume tailoring, interviews, WA state opportunities, and a NW Edge social with employers. For more information, email Ben Dufay at bjdufay@syr.edu.

OCONUS JOBS AVAILABLE WITH SALLYPORT

Sallyport Global — Salary: DOQ. One of the biggest challenges after leaving the military is finding a company to work for that provides more than just a job but rather a career with opportunities for growth. At Sallyport, we understand the challenges that you face which is why we have recently established relationships with many military organizations to help ease the transition for service members entering the civilian workforce. For more information, visit tinyurl.com/y8xp75o2.

TECHNOLOGY AND

TELEMETRY SUPERVISOR Washington State Department of Ecology — Salary: \$71,040 to \$93,156 annually. The Air Quality Program is currently looking to fill a Technology and Telemetry unit supervisor position located in the headquarters building in Lacey. The position provides a wide range of Information Technology services. Protecting Washington State's environment for current and future generations is what we do every day at Ecology. We are a culture that is invested in making a difference. For more information, visit careers.wa .gov or email Lisa Knutson-Sealey at careers@ecy.wa.gov.

FROM PAGE 1A

I CORPS

ter of operations and who needs to talk and when," said Master Sgt. Allen Fontenot, I Corps service systems support sergeant major. "Setting up critical communications is extremely important. You really can't get that training value in any other type of environment besides at these types of exercises. When using the (primary, alternate, contingency, and emergency) plan of setting up initial communications, everything has to be working together at the same time so we can hit the ground running in a combat environment. The first things we need to set up are out of necessity, and then we branch out to refine our process.'

The I Corps G-6 team has a multitude of responsibilities during training and real-world exercises. Within the preparation timeline, the unit mustered, conducted predeployment tasks, and prepared key personnel and equipment for movement to a



Spc. Phoebe Moreo checks a satellite communication system during Warfighter Exercise 18-2 at Camp Hovey, South Korea, Saturday.

forward location.

Due to their critical roles, much of the section is required to deploy to exercises far before the rest of the unit to ensure follow on sections are up and running.

"Everyone has a role to play in this exercise, no one person makes it effective, everyone in the G-6 combines to pull all the

necessary actions and equipment together whether that be network engineers, current operations, or cyber security." Fontenot said. "Everyone on our team is extremely willing to work and support these missions. Activeduty and Reserve Soldiers and Airmen all work in our section to do their part in providing communications infrastructure to

support the fight."

Besides ensuring that overall communications networks stay online, the G-6 is also responsible for all day-to-day communication responsibilities.

"We are both proactive and reactive. We will go above and beyond with our efforts to make sure everyone at Warfighter Exercise 18-2 can communicate properly," said Spc. Victor Castaneda, a cable installer and maintainer with the 304th Sustainment Brigade out of March Air Reserve Base, Calif. "We go to all the sections, checking on connections and making sure things are running smoothly, but we also answer help-desk inquires when sections need assistance with communications. I love going around fixing problems, we go and fix problems before they turn into bigger ones."

Castaneda, an Army Reserve Soldier from Southern California, volunteered to help support this exercise.

"Coming to work on active duty, seeing everyone work together, seeing a sergeant major running cable, reminds you

every one is still a Soldier," Castaneda said.

Working at the corps level also presents a large number of challenges and benefits, especially for those younger Soldiers

new to the Army. "It is a challenge — learning all the separate sections and what each one specifically needs

to succeed," Castaneda said. Fontenot agrees, and sees the challenges as rewarding.

"My Soldiers also get a better appreciation of what each element is doing within the fight and how we need to personally support each war fighting function," Fontenot said.

Fontenot sees the whole exercise as a puzzle, but instead of each section being its own piece, all of the sections make up one big picture.

As technology and conditions on the battlefield change, one thing remains constant — the need to complete a successful mission. In order to make this happen, I Corps G-6 has to find a way to meet the communication infrastructure needed, so combat units can remain ready to shoot and move.

FROM PAGE 1A

BREW

"This is really cool," Disbrow said, as he walked through the new facility that he's spent nearly two years planning and coordinating. "We've been working on it quite some time," he said of the \$570,00 project that began in January 2016 and remodeled everything from floors to walls, bar, ceilings and more.

This is the second Samuel Adams Brewhouse for JBLM. The first opened in 2016 at the old Cascade Community Center on Lewis Main near the intersection of Bitar Avenue and Division Drive.

The brewhouses are coordinated through a partnership that began eight years ago between the military and the Boston Beer Company, which owns Samuel Adams, according to Disbrow.

Similar brewhouses have been created at Fort Irwin, Calif., and Fort Bliss, Texas, as well as one at Naval Base Kitsap in Bremer-

At the Eagles Pride Brewhouse, Boston Beer Company paid for much of the signage, menus; and uniforms for employees. JBLM paid for the rest, out of capital funds for projects on the installation.

Monies earned at the Brewhouse go into a fund that maintains nonappropriated facilities on base, Disbrow said.

That includes costs from rentals of the brewhouse's conference room area, which was also refurbished extensively. Now,



SCOTT HANSEN Northwest Guardian

Bartender Shaun Brown prepares an order at the newly opened Samuel Adams Brewhouse at Eagles Pride Golf Course on Lewis Main Monday.

the conference area can be separated into a handful of separate rooms, with new big screen TVs, sound systems and a WiFi projection system.

At the Eagles Pride Brewhouse, there are eight beers on tap, of which five are of the Samuel Adams' 60 varieties of beers, and the rest are local

brews. The Lewis Main Samuel Adams offers 16 beers on tap, including three or four local

beers, Disbrow said. Despite fewer variety of beers, the new Brewhouse is larger and more conducive to large gatherings and entertainment, accord-

ing to Disbrow. "We really hope it becomes someplace that many locals like

to gather," he said. The facility already is a hit

with some JBLM employees. JBLM Deputy Fire Chief James Elways and Assistant Fire Chief Brad Shanrock enjoyed lunch at the Brewhouse Monday and both said they plan to come back soon. Shanrock, a native of Minnesota and Minnesota Vikings fan, said he plans to come by the Brewhouse to watch football games when his team plays the Seahawks. Elways said he will be back for the atmosphere and the food.

"We approve of the new Brewhouse — as firefighters and as food eaters," Elways said.

FROM PAGE 1A

BLUE

leading in businesses and their communities. Through the Veterans in Blue project, these service members share their personal stories of how the Air Force has made a difference in their

"Every veteran's contribution has helped make our Air Force what it is today, and we are proud to be able to tell the stories of these men and women and honor their service to our country," said 1st Lt. Kippun Sumner, 3rd Combat Camera Squadron and lead for this year's project.

Among the 38 Airmen highlighted are:

 Chad Hennings graduated from the Air Force Academy in



Chad Hennings, left, an Air Force Academy graduate and a former member of the Dallas Cowboys, is among the 2017 Veterans in Blue.

1988 and served as an A-10 Thunderbolt II pilot flying 45 combat missions in support of Operation Provide Comfort. After separating as a captain, Hennings played for nine seasons in the National Football League, winning three Super Bowls in four years. Hennings was the guest speaker at the Joint Base Lewis-McChord's **National Prayer Luncheon** at the Club at McChord Field

Feb. 2.

• Retired Maj. Gen. Lorraine Potter was commissioned into the Air Force in 1973 as the first female chaplain. She was also the first female chaplain in the armed services to promote to general officer in 1999. During her military career, Potter visited and preached in 39 countries and all 50 states.

• James Forman enlisted as a private in the Army Air Corps in 1940 and served for 14 years in both World War II and the Korean War before separating as a major. During his service, he trained recruits on camera maintenance and usage and was a photo interpretation officer.

• Kathy Durst was one of the first female Air Force Academy cadets, graduating in the top 10 percent of her class. After commissioning, she served as a T-38 instructor pilot. She now works as the first female chief pilot for a major U.S. airline.

• Retired Col. Kathy Cosand was part of the first group of women to graduate from the Air Force Undergraduate Pilot Training program. She was the Air Force's first female aviator qualified on the C-141 and the first female to earn the Air Medal in 1978.

View their biographies, photos and video interviews on the VIB website, veterans-in-blue.af.mil. Each veteran's portrait will also be displayed on the fifth floor of the Pentagon in A ring between the eighth and ninth corridor.

FROM PAGE 1A

PARADE

ter Chief Petty Officer James Mcinerney. "Having personally served in the Vietnam War, and attending this parade faithfully for the last 16 years, it's always amazing to hear some of the stories and be able to swap stories amongst other veterans

This year's mile-long parade was no different than last year's, as it's no surprise, the city of Auburn and its citizens have a long history of recognizing veterans for their service to our nation. The parade kicked off with a flyover and consisted of more than 6,000 participants, more than 200 entries and paid special tribute to the Fleet

Reserve Association.

The entries included, static displays, marching bands, the joint service honor guard, veteran units, antique military vehicles, JBLM culinary Soldier and Noncommissioned Officer of the year, and two marching formations from both the 189th Combined Arms Training Brigade and the 6th Military Police Group (CID).

'Marching in the parade as both a veteran and Soldier was an absolute honor," said Capt. Phillip Williams, 2nd Battalion, 358th Armored Regiment operations officer. "Being able to converse with veterans from previous wars, is a memory I will never forget.

I will forever continue to honor the service and sacrifice of those who have served, and continue to serve.'

The wet, cold and gloomy weather did not stop spectators from showing support and waving their flags during the patriotic salute to veterans. Sarah Whitfield, daughter of a U.S. Army veteran, has been attending the Veterans Day parade for the last 25 years.

"The feeling of excitement and patriotism hasn't changed, since the first time I attended this parade," she said. "I look forward to it each year, and I will forever honor and respect those who have served, and continue to serve."

The city of Auburn is a proud Vietnam War commemorative partner, and is designated by the Veterans Day National Committee and the U.S. Department of Veterans as an official, regional site for celebration of Veterans Day.



Col. Sarah Albrycht, commander of the 6th Military Police Group (CID), salutes with her daughter at the Veterans Day Parade Saturday.



ARMED FORCES BASKETBALL CHAMPIONSHIP

JBLM players contribute to All-Army teams

Wilson, Kirkland help teams advance to tournament gold medal games

BY DEAN SIEMON Northwest Guardian

It isn't the first time that 2nd Lt. Kyle Wilson, of 1st Battalion, 37th Field Artillery Regiment, 2nd Infantry Division Artillery, at Joint Base Lewis-McChord, has worn Army on his basketball

The former collegiate player from the U.S. Military Academy at West Point, N.Y., represented the All-Army men's team at the 2017 Armed Forces Basketball Championships Nov. 1 to 7 at

Joint Base San Antonio, Texas.

Wilson started in all of the games as the Army men went 5-1 in pool play to qualify for the men's championship game against the Air Force. Army won the title game for the second consecutive year with a 95-85 win over the Air Force Nov. 7.

Wilson contributed 17 points after converting seven of 15 from the field, three out of five behind the 3-point arc. Through the seven games, Wilson averaged 11.4 points and shot 50.8

percent from the field while coming in second on the Army team for minutes logged — averaging 26 per game.

"I was just looking to come into every game aggressive on offense and effective on defense," Wilson said. "(I) do whatever the team needs me to do to get the win.'

Wilson was a solid 6-foot-4 guard for the Army in key moments. During a 98-87 overtime win over the Air Force Nov. 5, Wilson led the team with 24 points from eight of 15 field goal attempts — four of seven from 3-point range — while logging 41

SEE ARMY, 2B



2nd Lt. Kyle Wilson, of JBLM, was a member of the All-Army team at the Armed Forces Basketball Championship Nov. 1-7.

JBLM COMMANDER'S CUP INDOOR SOCCER CHAMPIONSHIP



627th LRS teammates celebrate after winning the JBLM Commander's Cup Indoor Soccer Championship game at Wilson Sports and Fitness Center on Lewis North Nov. 9. 627th LRS defeated 308th BSB 6-2.

627TH LRS CROWNED INDOOR CHAMPIONS

Fast start, strong finish lifts team to 6-2 victory

BY DEAN SIEMON Northwest Guardian

hether playing a game on a regular outdoor pitch or on a converted indoor basketball court, a key to a soccer win is making the right adjustments.

That's what the 627th Logistics Readiness Squadron team did to finish strong with a 6-2 win over the 308th Brigade Support Battalion in the Joint Base Lewis-McChord Commander's Cup Indoor Soccer Championship Nov. 9 at Wilson Sports and

Fitness Center. After David Cortez's goal from behind the half-court line gave the 627th LRS a 3-0 lead, the 308th BSB was able to make a push toward the net that led to two goals within two minutes by Crispin Afriyieaddo.

SEE SOCCER, 2B



627th LRS forward Amec Lujan Rincon, middle, battles 308th BSB defender Crispin Afriyieaddo, left, at the JBLM Commander's Cup Indoor Soccer Championship game Nov. 9.

ON THE SCHEDULE

CYS BUMBLEBEE SOCCER **ENROLLMENT BEGINS DEC. 1**

Youth: Enrollment for Joint Base Lewis-McChord's soccer season is Dec. 1-Jan. 18, 2018. Bumblebee Soccer for ages 3 and 4 is \$25 per child. Soccer enrollment for ages 5 to 15 costs \$55 per child. A parent meeting for both seasons is Feb. 10; both seasons kick off Feb. 12. Register at jblmcysregistration.com. For more information, call 253-967-

JBLM JINGLE BELL JOG IS SCHEDULED FOR DEC. 9

Races: The annual Joint Base Lewis-McChord 5K Jingle Bell Jog and 1K Reindeer Romp is at the Wilson Sports and Fitness Center Dec. 9. Race bib pickup is from 7 to 9:30 a.m., with the 1K starting at 9:30 a.m. and the 5K starting at 10 a.m. Race includes an ugly sweater contest, finisher medals and prizes. Register early by Nov. 29 at 11:59 p.m. Military with valid ID pay \$20 for the 5K and \$10 for the 1K. Others pay \$25 for the 5K and \$15 for the 1K. For more information, visit jblmmwr.com/races.

SPECIAL OLYMPICS HOOPS, CHEERLEADING NOW OPEN

Youth: Enrollment for Child and Youth Services' Special Olympics basketball and cheerleading is now open. Participation fee is \$50 for ages 8 to 18. Parents' meeting is Dec. 14. Register at jblmcysregistration.com. For more information, call 253-967-

CYS WINTER BREAK CAMPS **SCHEDULED FOR DEC. 20-22**

Youth: Sign up for Joint Base Lewis-McChord's Child and Youth Services' winter break sports camps. Start Smart Camp for ages 3 and 4 is Dec. 20-22 for \$25. Volleyball camp for ages 9 to 18 is Dec. 20-22 for \$35. Flag football camp is Dec. 27-29 for ages 9 to 18 for \$35. Youth must be registered with CYS and have a current sports physical on file to enroll. For more information, visit iblmcvsregistration-.com or call 253-967-2405.

FAMILY SPECIALS OFFERED AT JBLM GOLF COURSES

Golf: Both Eagles Pride Golf Course, on Lewis Main, and Whispering Firs Golf Course, on McChord Field, have a family golf special Saturdays and Sundays after 2 p.m. A family of four can play nine holes for \$30. Deal includes carts, rental clubs, range balls and a hot dog and soda. Offer valid for families with children ages 15 and younger until Jan. 31, 2018. For more information, call 253-967-6522 or 253-982-2124.

WARRIOR CARE MONTH

Injured Marine fulfills boyhood dream of learning to surf

BY SHANNON COLLINS Department of Defense News Service

WASHINGTON, D.C.-Growing up in Gardena, Calif., now-Marine Corps Cpl. Leighton Anderson recalled that as a boy his Navy father would take him to military airshows.

At that time, Anderson said he wanted to be a fighter pilot.

"I (later) realized I can't do that because of my eyesight," he said. "But my dad took me over to (Marine Corps Air Station)

Miramar, and I saw all of the aviation things and the people flying. I always wanted to be a part of the Blue Angels with

Anderson didn't get assigned with the Blue Angels maintenance and support team, but he did get become a crew chief with MV-22 tilt-rotor Osprey

aircraft at Okinawa, Japan. As an Osprey crew chief, Anderson said he inspected the aircraft, repaired the engines and replaced worn parts.

"While we're flying, we back up the pilots," he said. "We load cargo and passengers as well.'

LIFE ON HOLD

In December 2016, after serving four years on Osprey aircraft, Anderson was severely injured in an Osprey crash during a training mission.

We crashed at 200 mph, and I was strapped down," he said. Anderson said he received a

SEE SURF, 2B



E.J. HERSOM Department of Defense Photo

Marine Corps Cpl. Leighton Anderson learns to surf during the Naval Medical Center San Diego surf therapy clinic in Del Mar, Calif. Sept. 14.

FROM PAGE 1B

ARMY

minutes on the court.

Wilson is used to playing in high-pressure environments, he said. He played four seasons for the Army Black Knights men's college basketball team from 2012 to 2016. In his career, he averaged 16.1 points per game with a four-year 40.9 field goal percentage.

Although he didn't play against top college basketball programs like Duke University and Notre Dame University, Wilson said he considered the Armed Forces Basketball Championship a fun experience.

"Once you're college career is done, there's not a lot of chances for players to play beyond college," Wilson said.

Wilson's time with the All-Army men's team began in October for a month-long training camp. Practices took place twice a day for six days a week, but it



Armed Forces

Sgt. Latrel Kirkland was part of the All-Army women's team at the Armed Forces tournament at Joint Base San Antonio, Texas, Nov. 1-7.

also included trips to practices for Duke and the University of North Carolina's men's basketball teams.

Thankful to his chain of command to allow him to play, Wilson said he would love to get

back on the court where he developed friendships with his teammates.

"I also realize that I have a job to support 1-37 FA in any way possible," Wilson said. "If I'm lucky to get the chance to play

again next year, I would love to."

WOMEN'S TEAM

Another JBLM Soldier was part of the Army women's team that advanced to their respective gold medal game. Coming off the bench, Sgt. Latrel Kirkland, of 1st Special Forces Group (Airborne), played two minutes of the championship game before tearing the ACL in her right knee during Army's 70-54 loss to Navy Nov. 7.

The injury took place when Kirkland was defending Navy's Nyesha Adams as she attempted to drive toward the hoop. Kirkland had to be helped off the court with the help of her teammates. She later called the injury a freak accident and said she never thought she would "be part of the torn ACL club."

"It completely shifted," Kirkland said. "My body went one way and my knee went the other. I keep replaying that moment over and over in my head and it makes my stomach churn every

time."

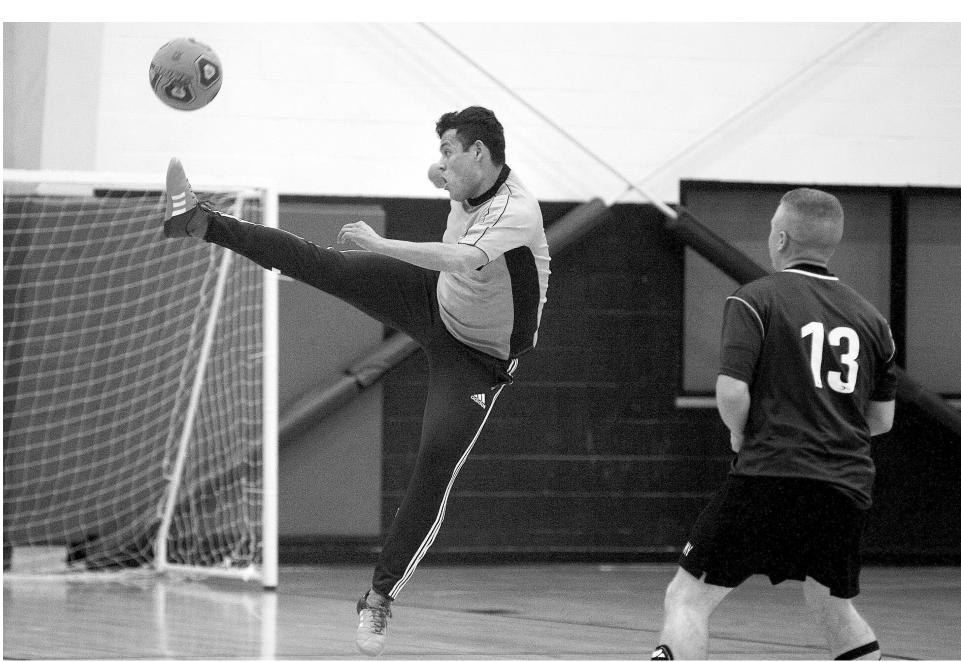
Kirkland began her rehabilitation earlier this week and has a surgery scheduled for December. Coming off the bench for the Army team, Kirkland had a couple of good games with 10 points in Army's 98-51 win over the Marine Corps Nov. 1 and 10 points again in a 95-37 win in a pool play rematch with the Marines Nov. 4.

Kirkland said she is hoping she'll be able to recover from her injury by this time next year to play for the women's All-Army team.

Having been on the roster for three consecutive years, her favorite part about the tournament experience is the sisterhood she's developed with some of her teammates.

"A few of them I played with the last two years," Kirkland said. "It's always like a reunion, and I look forward to seeing them every time."

Dean Siemon: 253-477-0235, @deansiemon



SCOTT HANSEN Northwest Guardia 627th LRS forward Fredy Cordova Trejos, left, redirects a ball past 308th BSB defender Jakob Bierer (13) during the Commander's Cup Indoor Soccer Championship game Nov. 9.

FROM PAGE 1B

SOCCER

"That was tough," said Fredy Cordova Trejos of 627th LRS. "When they almost caught up, we moved a couple of players around."

The 627th LRS was able to make a push of its own with three unanswered goals, starting with an unassisted goal by Cordova in the 32nd minute of a 40-minute game.

Cordova made a quick pass to a wide open Eliamani Oendo, who was able to get past 308th BSB's goalkeeper, Robert Aaron. Cordova scored the final goal with one minute left off a steal, giving him four goals on the night.

Cordova, who was named the championship's most valuable player, said the team was able to move players to different positions. He also noted his scoring opportunities were based on the 308th BSB's defense.

"I was taking advantage of the positions the other team gave me," Cordova said. "They allowed me more wiggle room to run up to them."

The game was fast and could have been a lot closer in the first half. The 308th BSB team had a



SCOTT HANSEN Northwest Guardian

308th BSB forward Jakob Bierer, middle, splits a pair of 627th LRS defenders during the Indoor Soccer Championship game Nov. 9.

few quality scoring chances, including a pass by Afriyieaddo that went just too far ahead of Jakob Bierer, who had the left

side of the goal open.

Bierer also had two chances in the early second half on breakaways toward the goal, but was stopped by key saves from the 627th LRS' Brian Kim. It was a tough night for the 308th BSB, who won the first JBLM Commander's Cup Indoor Soccer

Championship last year.

"We had some unlucky touches," Bierer said. "We just couldn't put the ball in the back of the net."

The 627th LRS led with shots on goal, 32-15; however, the shot total doesn't factor in the difficulty of saves by Kim: a goal-keeper who entered the net for the first time in his life at the halfway point of the regular season.

Scoring summary

627th LRS 2 4 - 6

308th BSB 0 2 – 2

- L Fredy Cordova Trejos goal (Amec Lujan Rincon assist), 3rd minute
- **L** Cordova Trejos goal (unassisted), 10th minute
- **L** David Cortez goal (unassisted), 24th minute
- **B** Crispin Afriyieaddo goal (Jakob Bierer assist), 27th minute
- **B** Afriyieaddo goal (Iheanyichukwu Uche assist), 29th
- minute

 L Cordova goal (unassisted),
- L Eliamani Oendo goal (Cordova assist), 39th minute

32nd minute

L – Cordova goal (unassisted), 39th minute

Shots on goal – 627th LRS, 32; 308th BSB, 15. Corner kicks – 627th LRS, 4; 308th BSB, 1. Yellow

cards - 627th LRS, 0; 308th BSB,

Having played as a forward on the soccer fields throughout his

life, Kim was able to use that

mentality to defend his net.

"When they are approaching you, you sometimes think about where they're likely going to shoot," Kim said.

The 627th LRS also led in corner kick opportunities, 4-1. Both teams were able to play fast, especially with both teams scoring six goals combined in the second half.

Both teams had to time their shot selections and passes perfectly. Unlike playing soccer on a grass or turf field, the ball in indoor soccer can slide across the hardwood court faster and can't be controlled as one can normally do outside. That didn't stop some players from being creative at times.

One highlight in the second half came when Oendo of 627th LRS attempted a bicycle kick — landing directly onto his back on the hardwood floor. He said it didn't hurt much because he knew how to fall properly.

Despite the harder-than-usual landing, Oendo said it was still worth taking the shot — even though it sailed well over the

"I don't get to try that a lot, so I took my opportunity," Oendo said.

Dean Siemon: 253-477-0235, @deansiemon

FROM PAGE 1B

SURF

concussion, and injured his jaw and one of his eyes. He said he was required to wear an eye patch over the injured eye, which required stitches.

Anderson said he also broke

his right hand and right foot.
"I broke some ribs and collapsed my left lung,"

Anderson continued. "I bruised my heart and fractured my right

scapula."

Anderson said he also has traumatic brain injury and post-traumatic stress disorder.

SURFING CLINIC

November is Warrior Care
Month where the Department of
Defense honors the courage of
wounded, ill or injured service
members, and highlights the
programs that support their
return to duty or transition to

the civilian community. Today, Anderson is a patient at Naval Medical Center San Diego, where he's learned how to surf as part of his recovery.

Anderson said he looked at the other recreation programs the Naval Medical Center San Diego's Health and Wellness Department's Wounded, Ill and Injured Wellness division offers, but the surfing clinic stood out

to him the most.
"I've always wanted to learn

how to surf since I'm from California," he said. "I tried it three times in my life and never did it. And I was like, 'Let me try it through the program here.' And then after that, I was hooked. It was pretty sweet."

Anderson said the surfing clinic has helped him physically and mentally.

and mentally.

"I had so many barriers because once I was injured I was like, 'I don't know if I can do that. I might hurt myself,'" he

said. "I have a little bit of PTSD,

and I didn't think I would enjoy anything."

But once he put his fears aside and hit the waves, he's not looked back.

"Once I tried it, I broke down a lot of barriers I had mentally and physically," he said. "I had weak tendons in my hand and my foot, but with surfing they're starting to get better. And mentally, it makes me happy. I love it. Everybody's really supportive. It's just something everybody should take on."





Thursday, Nov. 23

\$27.95 for ages 13 & older • \$13.95 for ages 4-12 Free for ages 3 & younger • Club members receive \$2 discount

Reservations required; call 253-982-5581

Seating is at 11 a.m., 1 p.m. and 3 p.m. Ask about joining the Club for more deals & discounts!





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Meal No. 1 that feeds 6-8 guests. You receive a 15- to 20-pound roasted whole turkey or a holiday half-ham, home-style stuffing, mashed potatoes, steamed green beans, sweet potato casserole, pumpkin pie, cranberry sauce and turkey gravy. The cost is \$159.95.

Meal No. 2 that feeds 10-12 guests includes both the ham and turkey, all sides, vegetables

casseroles and dessert, plus an apple pie. The cost is \$249.95.

Take-and-bake options

that include prepared, seasoned and panned uncooked menu items. Cooking and heating instructions are provided,

Meal No. 1 is \$139.95.



Saturday, Nov. 18 MWR FEST TENT **Registration link at** JBLMmwr.com/races

CityUniversity

kbtc()

























EAGLES PRIDE GOLF COURSE OFF 1-5 AT EXIT 116

8-10 A.M. APPLICANTS SUBMIT APPLICATIONS AND RÈSUMÈS

9:45 A.M.-3 P.M.

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QUALIFICATIONS, PAY BANDS & PAPER

APPLICATION: FB.COM/JBLMCYS





The Novel Navigators Adult Book Discussion Group



Dec. 13 • 4:30 p.m. **McChord Library**

Join us the second Wednesday of each month at McChord Library for our book discussion group. This month we'll be discussing "The Help" by Kathryn Stockett..

Registration is required.

851 Lincoln Blvd., McChord Field | 253-982-3454 | JBLMmwr.com



HALF BOOKS. Harborstone



Saturday, Dec. 9 · 10AM **Wilson Sports & Fitness Center**

11596 D St. & 41 Division, JBLM-Lewis North

Registration details at JBLMmwr.com/races

Ugly Christmas Sweater Contest Prizes • Giveaways • Finisher's Medal



Join SKIES Unlimited for a holiday event vour children will remember forever

Friday, Dec. 8, 7 p.m. Saturday, Dec. 9, 7 p.m. Sunday, Dec. 10, 2 p.m. Evergreen Theater 3405 2nd Division Dr., Lewis Main



SKIES Unlimited

Tickets are \$5 and available for purchase at Leisure Travel Services 2272 Liggett Ave., Lewis Main



McChord Library

kbtc()

Vizarding

The Witches and Wizards of McChord Library request the pleasure of your company at the Wizarding Yule Ball. Dress robes are allowed but not required and wizarding costumes are encouraged.

Refreshments and fun activities will be provided.

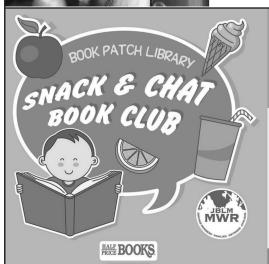
SATURDAY, DEC. 16

5 P.M. • AGES 5+

HALF BOOKS Harbors

851 Lincoln Blvd. JBLM McChord Field 253-982-3454

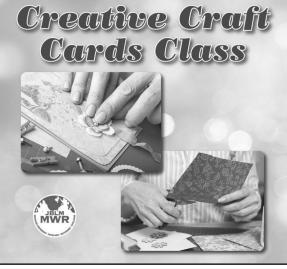
MWR



Friday, December 8 Humor

Take a look, then check Grades 3-5 out a book from our library's monthly book club display! Each month we will explore a new and exciting book genre. Then meet, greet, snack and chat! No registration required. For more info, call 253-967-5533

JBLMmwr.com/libraries



Saturday, Dec. 2nd **Grandstaff Library** 1 p.m. | Ages 18+

Create cute holiday cards! Confectionery & punch will be available.

No registration required! For details, call 253-967-5533.

JBLMmwr.com/libraries 2109 N. 10th & Pendleton, JBLM Lewis Main

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FRIDAY NOVEMBER 17 2017

NORTHWEST GUARDIAN



Business Operations

American Lake Conference Center

Closed Nov. 23–24

Bowl Arena Lanes

Closed Nov. 23
Open Nov. 24 with \$2 games
& \$2 shoe rental all day

Club at McChord Field

Thanksgiving Buffet Nov. 23; reservations only.
Closed Nov. 24

Eagles Pride Golf Course

Open Nov. 23 until 1 p.m. (no cart service, Sam Adams closed)

McChord Field Battle Bean

Closed Nov. 23-24

Samuel Adams Brewhouse JBLM

Closed Nov. 23–24

Sounders Lanes Family Fun Center

Closed Nov. 23

Stone Ed Center Battle Bean

Closed Nov. 23–24

Stone Ed Center Bookstore

Closed Nov. 23–24

Whispering Firs Golf Course

Closed Nov. 23

Child Development Centers & School Age Programs

Closed Nov. 23–24

Family Child Care

Administration & USDA Closed Nov. 23–24

Parent Central Services

Closed Nov. 23–24

Raindrops & Rainbows

Closed Nov. 23–24

SKIESUnlimited

Closed Nov. 23-24

School Support Services

Closed Nov. 23–24

Youth Centers & Teen Zone

Closed Nov. 23–24

Youth Sports

Closed Nov. 23-24

Sports, Fitness & Aquatics

Cowan Stadium & Intramural

Office

Closed Nov. 23-24

Jensen Family Health

& Fitness Center

Closed Nov. 23-24

Keeler Pool

Closed Nov. 23

Kimbro Pool

Closed Nov. 23

McChord Fitness Center

9 a.m.-4:30 p.m. Nov. 23-24

McChord Fitness Center Annex

Closed Nov. 23-24

McVeigh Sports & Fitness Center

8 a.m.-4 p.m. Nov. 23-24

Sheridan Sports & Fitness Center

Closed Nov. 23

Soldiers Field House

Noon-8 p.m. Nov. 23-24

Soldiers Field House Pool

Closed Nov. 23

Wilson Sports & Fitness Center

10 a.m.-6 p.m. Nov. 23-24

Community Recreation

Adventures Unlimited

Closed Nov. 23–24

Arts & Crafts Center

Closed Nov. 23–24

Book Patch Library

Closed Nov. 23–24

Grandstaff Library

Closed Nov. 23–24

Leisure Travel Services

Lewis Main & McChord Field Closed Nov. 23–24

Lewis Auto Center

Closed Nov. 23-24

McChord Auto Center

Closed Nov. 23–24

McChord Field Library

Closed Nov. 23–24

Nelson Recreation Center

Closed Nov. 23–24

Northwest Adventure Center

Closed Nov. 23–24

Warrior Zone & the Zone

Open 9:30 a.m.–11 p.m. Nov. 23





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Bazaars

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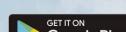


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NOVEMBER 17, 2017 » WEEKEND NWGUARDIAN.COM

FOR THE WEEK OF NOV. 17-23



STRIKE ZONE AT SOUNDERS LANES

11 a.m. to 10 p.m. Chicken-fried steak with mashed potatoes for \$8.25.

SAMUEL ADAMS BREWHOUSE 4 p.m. to midnight. Play trivia for prizes from 7 to 9 p.m.

McCHORD PUB Did you know that you can use the McChord Pub for Right Arm events, Commander's Calls, Hails and Farewells, Club member parties and other small events? Call the Club at McChord Field at 253-982-5582, and make your reservation today.



SAMUEL ADAMS BREWHOUSE 4 to 11 p.m. Watch your favorite college sports right

SOUNDERS LANES

11 a.m. to midnight. Cosmic Blacklight Bowling from 7 to 9 p.m. \$12 per person. Try the Laser Maze, PAC-Man standup console, photo booth and play area.

19

SAMUEL ADAMS BREWHOUSE 1 to 10 p.m. Football bingo games with prizes. 12th Fan special: burger with fries and a draft pint for \$12.

WARRIOR ZONE

10 a.m. to 11 p.m. Chicken and waffles combo for \$5.50 or grits and bacon or sausage for \$3.50 from 9:30 a.m. to 1 p.m.

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Globemaster Grill at McChord	
Club	253-982-5581
McChord Catering	253-982-8175
The Bistro at Russell Landing	253-964-2813
The Warrior Zone (Lewis North)	253-477-5833
Whispering Firs Habanero	
Mexican Grill	253-982-3271
To see menus, visit IBI Mmwr.com.	



McCHORD GRILL

11 a.m. to 1 p.m. Dine at the grill with a huge salad bar, pasta made to order, grilled burgers and sandwiches with fries.

SAMUEL ADAMS BREWHOUSE 4 to 10 p.m. Happy hour 4 to 5:30 p.m. Get six wings for \$5, half-off flatbread, \$2 off Sam Adams pitchers and \$1 off Sam Adams pints.

STRIKE ZONE AT SOUNDERS LANES

11 a.m. to 8 p.m. Meatball sandwich for \$8.25.

BATTLE BEAN AT McCHORD FIELD 7 to 11 a.m. Order breakfast with your made-toorder coffee.



WARRIOR ZONE DINING 10 a.m. to 11

p.m. Try a Buffalo chicken sandwich for \$6, toasted cheese sandwich and tomatobasil soup combo for \$5.50, a turkey cranberry melt sandwich for \$6.50, teriyaki chicken bowl for \$5.50 or teriyaki steak bowl for \$6 to go with your Happy Hour bottles, pints and pitchers.

Ages 18 and older only.

STRIKE ZONE AT SOUNDERS LANES

11 a.m. to 8 p.m. Chicken club sandwich for \$8.25.

BATTLE BEAN AT STONE EDUCATION CENTER 7:30 a.m. to 5 p.m. Takeaway breakfast and lunch with a variety of pastries.



McCHORD GRILL

11 a.m. to 1 p.m. Dine at the grill with a huge salad bar, pasta made to order, fresh, never frozen, grilled burgers and sandwiches with fries.

STRIKE ZONE AT SOUNDERS LANES

11 a.m. to 8 p.m. Spaghetti and meatballs for \$8.25.

WARRIOR ZONE

10 a.m. to 11 p.m. Every time you spend \$12, you can enter to win a team-of-your-choice jersey or a team swag gift basket at the end of the season. Ages 18 and older only.

STRIKE ZONE AT BOWL ARENA LANES

All-you-can-eat pizza and bowling from 4:30–7 p.m. Reserve your lane by calling 253-967-4661.

23

THE CLUB AT McCHORD FIELD

Make your reservations by Tuesday for the annual Thanksgiving buffet with all your favorites on the menu. Seating is at 11 a.m., 1 and 3 p.m. Call 253-982-5581.

WARRIOR ZONE DINING 9:30 a.m. to 6:30 p.m. Come in to watch Thanksgiving Day games and enjoy catered food.

AT THE MOVIES

Carey Theater on Lewis Main

Blade Runner 2049 (R)

Friday at 7 p.m. **My Little Pony: The Movie (PG)** Saturday at 1 p.m.

Thor: Ragnarok (PG-13)
Saturday at 7 p.m.

Geostorm (PG-13)
Sunday at 1 p.m.

Daddy's Home 2 (PG-13)

Sunday at 7 p.m.

MOVIE TIMES

For movie times, contact your local theater.

TACOMA AREA

BLUE MOUSE THEATRE: 253-752-9500

GRAND CINEMA: 253-593-4474 LAKEWOOD TOWNE CENTER CINEMAS: Not available by phone, online fandango.com

REGAL LAKEWOOD STADIUM 15: 844-462-7342 411#

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CENTURY FEDERAL WAY 16: 253-946-0942

FEDERAL WAY GATEWAY 8: Not available by phone, online fandango.com

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Warner Bros. Pictur

Ryan Gosling, right, Harrison Ford and Ana de Armas star in the new Warner Bros. Pictures release, "Blade Runner 2049."



Nearly 800 runners participated in the 2016 JBLM Turkey Trot 5K funrun, a record for the Thanksgiving-themed event.

JBLM TURKEY TROT

Annual fun run offers chance to help food banks

Raffle, costume contest scheduled

BY DEAN SIEMON Northwest Guardian

he holiday season is a time for giving. On Joint Base Lewis-McChord, it can also fall in conjunction with the season of running.

The annual JBLM Turkey Trot scheduled for Saturday morning outside Family and Morale, Welfare and Recreation's Fest Tent on Lewis Main will offer a chance to collect food for people in need. Last year, hundreds of runners dropped off canned food items that were distributed to multiple area food banks.

Runners receive a raffle ticket for each food item they donate — up to a maximum limit of four raffle tickets. Mallory Loy, race coordinator, said the food drive is part of what brings out a large turnout.

"The gift of giving is

If you go

What: JBLM Turkey Trot

When: Saturday at 9:30 a.m. 1K Drumstick Dash; 10 a.m. for the 5K run.

Where: Family and MWR's Festival Tent, 2200 Liggett Ave., Lewis Main. Day-of registration table open at 7 a.m.

To learn more: jblmmwr.com/races

important to some runners," Loy said.

That gift of giving continues through the raffle as there will be Thanksgiving-themed gift

SEE TURKEY, 9C



SCOTT HANSEN Northwest Guardian / 201

Participants at the annual JBLM Turkey Trot 5K fun run and 1K Drumstick Dash kids' run will also have a chance to win a prize for best costume. The kids run begins at 9:30 a.m.; the 5K starts at 10 a.m.

NOVEMBER 18-19

LEARN TO PROVIDE FIRST AID ANYWHERE

The Wilderness First Aid course will help you prepare for the unexpected.

This fast-paced, hands-on training is designed to meet the needs of trip leaders, camp staff, outdoor enthusiasts and individuals working in remote locations.

It is an introduction to caring for people who become ill or injured far from definitive medical care.

Classroom lectures and demonstrations are combined with realistic scenarios where mock patients will challenge participants to integrate your learning.

At the end of the course, all students will have the know-ledge, skills and ability to make sound decisions in emergency situations.

All students are required to have current First Aid, CPR and AED training before the WFA course date.

This is available to every student the Friday night before the course from 6 to 8 p.m. for an extra \$25.

Students provide: A bag or backpack packed with everything one would bring on a normal hiking trip, grungy clothing that will likely get ruined (stained, cut or torn) and appropriate food for the day.

Instructors provide: Learning materials, instruction and certification card in the mail. Depart from the Northwest Adventure Center at Lewis North at 8 a.m.

Minimum age: 16 (younger than 18 must be accompanied by an adult). Register at jblmmwrregistration.com. \$225.

NOVEMBER 18

LEARN THE BASICS IN PHOTOGRAPHY 101

This is the perfect training session for anyone looking to learn the fundamentals of photography.

Whether someone is a new photographer needing to learn the basics or a seasoned shooter brushing up on the world of digital, this class puts all students on firm ground for advancing



JBLM Outdoor Recreation

Joint Base Lewis-McChord's Northwest Adventure Center will offer a few backcountry skiing trips this winter, including a trip to the Cascade Mountains Dec. 23.

their photography.

Learn the basic principles of photography including:

- Camera settings: Learn the settings and get the camera set up right.
 Depth of field: What it is
- and how to use it to make better photos.
- Exposure: Get it right in the field without any fuss.
- Focus: Learn how focus is affected and how to take control of it.
- Composition: Explore the rules and learn when to break them.

Minimum age: 12; children younger than 18 must be accompanied by an adult.

Depart from the Northwest Adventure Center at Lewis North at 9 a.m.

Register at jblmmwrregistration.com. **\$45.**

NOVEMBER 19

LEARN THE BASICS IN PHOTOSHOP 101

It's often difficult for beginners to know where to start, but this Photoshop 101 seminar covers nearly every tool and menu available in detail.

This is the starting point for getting introduced to the editing possibilities in Photoshop. Learn how to edit quickly, build confidence in Photoshop skills and ensure your images come out looking great

Topics include layers, masking, groups, typography, quick masks, introduction to filters and more.

Meet at the Northwest Adventure Center at Lewis North at 9 a.m. Register at JBLMmwrRegistration.com. \$45.

NOVEMBER 21

SEA KAYAK SKILLS CLASS

We offer five levels of the two-hour kayak skills class. Start at any time, and master as many of the five levels as you would like.

- Level 1: Proper paddling techniques and how to buddy rescue.
- Level 2: Edging maneuvers and self-rescue.
- Level 3: Recovery techniques and muscle memory exercises for the roll.
- Level 4: Multi-day kayak trip prep and T-rescue.
- Level 5: Learning the kayak roll.

After the fifth level, continue to perfect the roll. Minimum age: 12; children younger than 18 must be accompanied by an adult. Meet at Kimbro Pool at 7:30 p.m. Register at jblmmwrregistration.com. **\$35.**

NOVEMBER 25 PHOTOGRAPHY TRIP TO HURRICANE RIDGE

This course is designed for individuals with a basic understanding of how to use their camera who also like to mix in a bit of adventure with their photography. With this unique class, students will learn how to capture amazing landscape photography at Hurricane Ridge in the Olympic National Park. In a fun atmosphere, learn how to use settings on the camera to capture the best results in cold, wet or even sunny conditions. This course is appropriate for beginning to intermediate photographers using any kind of camera. Learn

to frame mountainous scenes, achieving beautiful effects beyond simple snapshots. Students are asked to bring their camera and manual. Transportation and instruction are included. Minimum age: 12; children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 8 a.m. or McChord Field's Adventures Unlimited at 8:30 a.m. Register at jblmmwrregistration.com. \$80.

NOVEMBER 26

HIKING ADVENTURE AT CAPE FLATTERY

From this scenic trail, people can view Tatoosh Island while standing on the most northwesterly tip of the contiguous lower 48 States.

Four observation decks on the Cape Flattery Trail provide spectacular views of the rugged rocks, birds and the jade waters of the Pacific Ocean.

The Pacific takes on many hues depending on the weather and cloud cover from steel gray to light pink or yellow at sunset. Watch for gray whales off the cape and sea lions on Snake Rock just east of Tatoosh Island. Minimum age: 10; children younger than 18 must be accompanied by an adult.

Depart from the Northwest Adventure Center at Lewis North at 7 a.m. and McChord Field's Adventures Unlimited at 7:30 a.m. Register at jblmmwrregistration.com. **\$70.**

DECEMBER 1

YOGA TRIP DESIGNED JUST FOR HIKERS

Hikers have spent the day exploring the great outdoors. They have been on Washington's sandy beaches, winding trails and beautiful views. Of course, they've also been hiking up, down, across and zigzagging along paths.

The hiking inevitably leads to tight calves, hamstrings, hips and quads. Join other outdoor enthusiasts in a 60-minute class away from the studio designed specifically for preparing the muscles to endure the adventures ahead this winter.

Classes will take place at

SEE OUT, 8C

EVENTS

BAZAARS

St. Leo Fair Trade Market 4 to 7 p.m. Friday, 3 to 7 p.m. Saturday and Sunday. St. Leo Parish, 710 S. 13th St., Tacoma. Free admission. 253-272-5136, facebook.com/annualholiday-market.

Pilgrim Lutheran Church Christmas Bazaar 10 a.m. to 2 p.m. Saturday and 10:30 a.m. to 1 p.m. Sunday. Pilgrim Lutheran Church, 15010 136th St. E., Puyallup.

DuPont Annual Holiday Bazaar 9 a.m. to 4 p.m. Saturday. Pioneer Middle School, 1750
Bob's Hollow Lane, DuPont. More than 30 vendors offering crafts and gifts for the holidays. Proceeds will benefit City of DuPont Parks and Recreation and the DuPont Historical Society. \$1 admission. 253-583-7200, dupontwa.gov/DocumentCenter/View/2143.

Messiah Lutheran Church Bazaar 9 a.m. to 3 p.m. Saturday. Messiah Lutheran Church, 410 H St., Auburn. Featuring more than 50 crafts, youth cafe, handmade items, holiday decorations, and bake sale. 253-833-5280.

Annual Danish Sisterhood Bazaar 10 a.m. to 4 p.m. Saturday. Pacific Lutheran University, 12180 Park Ave. S., Tacoma. Authentic Danish baked goods including Aebleskiver and 30 craft vendors. Free admission. 253-858-8819.

Hawks Holiday happening Gift and Craft Fair Dec. 2. River Ridge High School, 350 River Ridge Drive SE, Lacey. nthurston.k12.wa.us/HawksHoliday-Happening.

Steilacoom High School's Red Ribbon Bazaar 9 a.m. to 4 p.m. Dec. 2. Steilacoom High School, 54 Sentinel Drive, Steilacoom. Hosted by the SHS Booster Club. 253-983-2300.

COMMUNITY

Geology, Landscapes and the Biogeography of the Birds of Kenya 6:45 to 8:30 p.m. Friday. University of Puget Sound's Thompson Hall, North 14th Street and Union Avenue, Tacoma. The Advanced Birding Club and the University of Puget Sound Slater Museum of Natural History presents James Bradley. \$10. abcbirding.com.

Nifty 50 Networking Luncheon 11:30 a.m. Saturday. Joeseppi's Italian Ristorante, 2207 N. Pearl St., Tacoma, With two



CHARLES DHARAPAK The Associated Press

Former White House photographer Pete Souza, right, will lead a visual tour of his time covering President Barack Obama at the Moore Theatre in Seattle Nov. 27 at 7 p.m.

entertaining and informative speakers \$10 for lunch and program. 253-891-0221.

Gingerbread Showcase
Thursday to Dec. 8. Courtyard
Tacoma Downtown, 1515 Commerce St., Tacoma. Displayed
from Thanksgiving through New
Year's Day, gingerbread landmarks created by local bakers
and culinary students from
Tacoma Public Schools, showcase the history and flavor of
Tacoma. Free. 253-238-0977,
rebuildingtogetherss.org/gingerbread.

Gingerbread Jamboree 10 a.m. to noon and 1:30 to 3:30 p.m. Nov. 25. Hotel Murano-Bicentennial Pavillion, 1320 Broadway Plaza, Tacoma. Featuring candy buffets and lots of frosting. Build the gingerbread house of your dreams either as a family of individually. \$50 per family of four (includes 1 house), additional guest \$7 and additional houses \$25. Register online at PlayTacoma.org/gingie or call Miranda Owen at 253-627-6031 ext. 221.

Pete Souza 7 p.m. Nov. 27. Moore Theatre, 1932 Second Ave., Seattle. The chief official White House photographer takes us on a visual tour of key moments in former President Barack Obama's presidency and shares his recollections. stgpresents.org.

NPR's Wait, Wait Don't Tell Me 7:30 p.m. Nov. 30. Moore Theatre, 1932 Second Ave., Seattle. With NPR newsman Carl Kasell serving as judge, score-keeper and straight man, host Peter Sagal leads a group of regular panelists, NPR personalities and listeners through a series of games designed to test both their knowledge of the week's news and their wit. \$37-\$67. stgpresents.org.

Tacoma! Boldy Went: Your Adventure Stories and Podcast 6:45 p.m. Nov. 30. Peaks and Pints, 3816 N. 26th St., Tacoma. Live Adventure Storytelling: an evening of sharing your outdoor adventure stories and meet like-minded people. \$5-\$15. 206-696-6565, boldlywentadventures.com/events.html.

Joe Biden: American Promise 7:30 p.m. Dec. 3. Benaroya Hall, 200 University St., Seattle. seattlesymphony.org.

Washington Sports Trivia

Night 7 p.m. Dec. 5. Black Star Pub, 158 100th St. S., Parkland. Celebrating Washington sports history and the History Museum's upcoming exhibit "Glasnost and Goodwill: Citizen Diplomacy in the Northwest" Bring a team or play on your own for prizes and bragging rights. Free. washingtonhistory.org.

Light Up the Night: Annual St. Lucia Festival 5 to 6:30 p.m. Dec. 8. Harbor History Museum, 4121 Harborview Drive, Gig Harbor. Celebrate Gig Harbor's Scandinavian heritage with crafts, games, and traditional. \$2 Admission. 253-858-6722, harborhistorymuseum.org.

HOLIDAY

City of Lakewood Tree Lighting Ceremony and Parade 5:30 to 8 p.m. Dec. 1. Lakewood City Hall, 6000 Main St SW, Lakewood. Free. 253-983-7887. Meeker Mansion Candlelight

Christmas 5 to 8 p.m. Dec. 8 Meeker Mansion, 312 Spring St., Puyallup. View the mansion in all of its evening glory, listen to entertainment, plus enjoy hot cider and cookies. \$6. 253-8481770, meekermansion.org.

NIGHTLIFE

FRIDAY

Magician Cary Durgin 6 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way, Tacoma. 253-473-2255.

Open Mic 6 to 10 p.m., Urban Timber Coffee, 6621 166th Ave. E., Sumner. All ages, family friendly. 253-826-3936.

Live Music 6:30 p.m. Forza Coffee Company 1520 Wilmington Drive, DuPont. 253-964-1407.

Open Mic 7 p.m. Forza Coffee Company, 2209 N. Pearl St., Tacoma. 253-759-9320.

Jet City Improv 7:30 p.m. Auburn Avenue Theater, 10 Auburn Ave., Auburn. \$15-\$18. 253-931-3043, app.arts-people.com/index.php?show=78623.

Brian Posehn 7:30 and 10:30 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. \$15-\$20. 253-282-7203, tacomacomedy-club.com.

Will Jordan and Jessica Domingo 8 p.m. Jazzbones, 2803 Sixth Ave., Tacoma. \$10-\$15. 253-396-9169.

Selwyn Birchwood and Girls Love Rockets 8 p.m. Louie G's, 5219 Pacific Highway E, Fife. 253-926-9700.

Mos Generator and C.F.A.

Cody Foster Army 8:30 p.m. The Valley Pub, 1206 Puyallup Ave., Tacoma. 253-248-4265.

Karaoke with DJ No Pants 9 p.m. Acme Tavern, 1310 Tacoma Ave. S., Tacoma. 253-503-6712.

Notorious 253 9 p.m. Emerald Queen I-5 Nightclub, 2024 E. 29th St., Tacoma. 253-594-7777.

The Hipsters 9 p.m. The Swiss, 1904 S. Jefferson, Tacoma. \$8. 253-572-2821.

SATURDAY

Brian Posehn 7:30 and 10:30 p.m. Tacoma Comedy Club, 933 Market St., Tacoma. \$15-\$20. 253-282-7203, tacomacomedy-club.com.

Thunder Dome 7 p.m. Real Art Tacoma, 5412 South Tacoma Way, Tacoma. realarttacomacom

Almost Human; Kiss Tribute 7:30 p.m. Auburn Avenue Theater, 10 Auburn Ave., Auburn. \$18-\$21. 253-931-3043, app.artspeople.com/index.php?show=78624.

Brandin Reed 8 to 10 p.m. Metronome Coffee, 3518 Sixth Ave., Tacoma. 253-301-2375, metronomecoffee.com.

Champagne Sunday 8 p.m. The Spar, 2121 N. 30th St., Tacoma. 253-627-8215.

Stoned Evergreen Travelers,

SEE EVENTS, 7C







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TICKETS

ON SALE THIS WEEK

AIR SUPPLY Feb. 14, 2018. Emerald Queen Casino, Tacoma. Tickets go on sale Friday.

PAW PATROL LIVE: RAVE TO THE RESCUE April 3, 2018. McCaw Hall, Seattle. Tickets go on sale Friday.

TIM MCGRAW and FAITH HILL SOUL2SOUL WORLD TOUR 2018 July 13, 2018. KeyArena, Seattle. Tickets go on sale Friday.

FOO FIGHTERS: CONCRETE AND GOLD TOUR Sept. 1, 2018. Safeco Field, Seattle. Tickets go on sale Saturday.

MIRANDA LAMBERT Feb. 1, 2018. Tacoma Dome, Tacoma. Tickets go on sale Sunday.

ALREADY ON SALE THE SHELL TOUR: ENTER **SLUGZ CITY EDITION** 7 p.m.

Nov. 17. Tacoma Dome.

KID CUDI — PASSION, PAIN & DEMON SLAYIN' 9 p.m. Nov. 22. WaMu Theater, Seattle.

TRANS-SIBERIAN ORCHES-TRA 2017 8 p.m. Nov. 25. KeyArena. Seattle.

SO YOU THINK YOU CAN DANCE TOUR 7 p.m. Nov. 26. Paramount Theater, 911 Pine St., Seattle.

BILL MURRAY, JAN VOGLER AND FRIENDS 8 p.m. Nov. 29. McCaw Hall, Seattle. Ticketmas-

STORM LARGE 8 p.m. Dec. 1. Performing Arts and Event Center of Federal Way, 31510 Pete Von Reichbauer Way S., Federal Way.

CHRIS ISAAK: HOLIDAY TOUR Dec. 3. The Moore Theater, Seattle.

"ELF THE MUSICAL" TOUR Various times. Dec. 5-10. Paramount Theatre, Seattle.

JAY Z - 4:44 TOUR 8 p.m. Dec. 13. Key Arena, Seattle. Ticketmaster.

GARY ALLEN 8:30 p.m. Dec. 15. Emerald Queen Casino, Tacoma.

CIRQUE DREAMS HOLI-DAZE Various times. Dec. 22-24. Paramount Theatre, Seattle.

stgpresents.org. HARLEM GLOBETROTTERS 7 p.m. Dec. 29. KeyArena, Seat-

tle. Ticketmaster. "BOOK OF MORMON" Jan. 2-14, 2018. Paramount Theatre, Seattle. stgpresents.org.

MONSTER JAM TRIPLE THREAT SERIES Various times.

Jan. 12-14, 2018. Tacoma Dome.

SMOKEY ROBINSON 8 p.m. Jan. 20, 2018. Emerald Queen Casino, Tacoma.

QUEENS OF THE STONE AGE: VILLIANS TOUR 2018 7 p.m. Jan. 25, 2018. KeyArena,

MIRANDA LAMBERT 7 p.m. Feb. 1, 2018. Tacoma Dome, Tacoma.

KATY PERRY 7:30 p.m. Feb. 3, 2018. Tacoma Dome, Tacoma. **TOBYMAC** Feb. 16, 2018. Key Arena, Seattle.

MARK MORRIS DANCE

GROUP Feb. 17, 2018. The Moore Theater, Seattle. **LORDE'S MELODRAMA**

SEE TICKETS, 10C

TACOMA

SARAH IOANNIDES



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Stravinsky & Tchaikovsky Andrew Tyson, piano

SYMPHONY

Nov. 18 · 7:30 p.m. · Pantages Theater

Tickets start at \$19

Stravinsky: Firebird Suite Ravel: Piano Concerto in G Tchaikovsky: Symphony No. 4

Presented with support from the Tacoma Philharmonic Endowment



WE ON STAGE

NOV. 30

BROADWAY CENTER PRESENTS

A Charlie Brown Christmas Nov. 30 · 7:30 p.m. · Pantages Theater

Tickets start at \$19

The television special comes to life in a stage adaptation featuring the Peanuts gang as they mount a play, save a tree, and discover the true meaning of Christmas.



AlaskaUSA CHI Franciscan Da tta. SOUND



RUSSIAN GRAND BALLET PRESENTS The Nutcracker

Dec. 19 · 7:30 p.m. · Pantages Theater

Tickets start at \$35

Experience magic for all ages as the beloved holiday story dances across the Pantages stage, enjoy Tchaikovsky's lustrous music and the magnificent choreography of Marius Petipa with Russia's brightest ballet stars.

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EVENTS

Ando Ehlers and Truck Bed Boys 8 p.m. The Valley Pub, 1206 Puyallup Ave., Tacoma. 253-248-4265.

Dr. Crue and Mas Tequila 8 p.m. Louie G's, 5219 Pacific Highway E, Fife. Tribute bands to Motley Crue and Sammy Hagar. 253-926-9700.

Kim Archer Band and Sevens Revenge 8 p.m. Jazzbones, 2803 Sixth Ave., Tacoma. \$10-\$12. 253-396-9169.

Live Music Featuring Blues, Brews and Barbecue 8 p.m. Uncle Thurm's Finger Lickin' Ribs and Chicken, 3709 S. G St., Tacoma. 253-475-1881.

Sub-Vinyl Jukebox 9 p.m. Stonegate Restaurant Bar and Grill. 5421 South Tacoma Wav. Tacoma. 253-473-2255.

Nite Wave 9 p.m. The Swiss 1904 S. Jefferson, Tacoma. 1980s New Wave dance hits. 253-572-

Notorious 253 9 p.m. Emerald Queen I-5 Nightclub, 2024 E. 29th St., Tacoma. 253-594-7777.

Sonic Funk 9 p.m. Great American Casino, 10117 South Tacoma Way, Lakewood. 253-396-0500.

SUNDAY

Puget Sound Music for Youth Association 2:30 to 8:30 p.m. The Swiss Pub. 1904 S. Jefferson Ave., Tacoma, 253-572-2821. facebook.com/ events/224288104774475.

Classical Sundays 3 p.m. Antique Sandwich Co., 5102 N. Pearl St., Tacoma, Ecco Chamber Ensemble. Donation. 253-752-4069.

The Stingy Brim Old Time Blues Band 5:30 to 7:45 p.m. Cliff House Restaurant, 6300 Marine View Dr., Tacoma. No cover. 253-927-0400.

Little Bill and the Blue Notes 7 p.m. The Spar, 2121 N. 30th St., Tacoma. 253-627-8215.

Pub Team Trivia 7 to 8:15 p.m. Rock the Dock Pub and Grill, 535 Dock St. Tacoma. Four fun rounds of team trivia with raffle prizes along the way. Free. 253-272-5004,liveeventtrivia.com.

Tim Hall Band 8 p.m. Dawson's Bar and Grill, 5443 South Tacoma Way, Tacoma. 253-476-

Country Roadhouse Jam with Dave Nichols 9 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way, Tacoma. 253-473-2255.

MONDAY

Pub Team Trivia 7 p.m. Flana-

gan's Craft Pub, 120 S. Meridian, Puyallup. Four fun rounds of team trivia with raffle prizes along the way. Free. 253-268-3246, liveeventtrivia.com.

Rockaroake with Live Band 10 p.m. Jazzbones, 2803 Sixth Ave., Tacoma, 253-396-9169.

TUESDAY

Pat Watson 6 to 9 p.m. Vino Aguino Winery, 4417 Sixth Ave., Tacoma, Free, 253-272-5511.

Jerry Miller and CD Woodbury 7 p.m. Daves of Milton, 1502 11th Ave, Milton. Alternate Tuesdays. 253-926-8707.

Open Mic 7 p.m. Antique Sandwich Company, 5102 N. Pearl St, Tacoma. 253-752-4069.

Blues Jam with Roger Wil-

liamson 8 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way, Tacoma. 253-473-

Leanne Trevalyan and Billy Stoops 8 p.m. Dawson's Bar and Grill. 5443 South Tacoma Way. Tacoma. 253-476-1421.

New Talent Tuesdays 8 p.m. Tacoma Comedy Club. 933 Market St., Tacoma, \$15-\$20. 253-282-7203, tacomacomedyclub.com.

Karaoke with Virginia 9 p.m. Great American Casino, 10117 South Tacoma Way, Lakewood. 253-396-0500.

WEDNESDAY

Silver Dollars with Twang Junkies, Buford Rock and the No Shows and Dennis Porter 7

SATURDAY, NOVEMBER 25 | 4-7pm

SIP, SNACK, & SHOP LOCAL ARTISTS AT MUSEUM OF GLASS

+ HOLIDAY FILMS & HANDS-ON ACTIVITIES

DETAILS AT MUSEUMOFGLASS.ORG

FREE ADMISSION **

p.m. The Valley Pub, 1206 Puyallup Ave., Tacoma. 253-248-4265.

Jose's Thanksgiving Eve 7:30 and 10 p.m. Tacoma Comedy Club. 933 Market St., Tacoma. \$15-\$20. 253-282-7203, tacomacomedyclub.com.

Linda Myers 8 p.m. Dawson's Bar and Grill, 5443 South Tacoma Way, Tacoma. 253-476-1421.

Acoustic Jam with Leify Green 8 p.m. Stonegate Restaurant Bar and Grill, 5421 South Tacoma Way, Tacoma. 253-473-2255.

Mike's Movie Riff Off 8 p.m. Acme Tavern, 1310 Tacoma Ave. S., Tacoma. All you need is a phone capable of texting, your wit and your comments will appear on the movie. 253-503-

MUSEUM

OF GLASS





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One coupon special per party. Please present coupon. Expires 11/30/17. Not valid with any other discount.





LOTs A,B& C!

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Hour Day Valid only through

Dec. 31, 2017 Code #1400 TNTO

LOT A 18220 Int'l Blvd • LOT B 2907 South 170th St • LOT C 16025 Int'l Blvd

Fine Arts and Crafts Festival tidefest.org

Gig Harbor High School 5101 Rosedale St. NW Gig Harbor, WA 98335

December 2nd & 3rd

Sat. 10am - 5pm Sun. 11am-4pm

Cost: \$5.00

FROM PAGE 4C

OUT

McChord Field's Adventures Unlimited at 6 p.m., surrounded by inspiring outdoor equipment. Minimum age: 12. Register at jblmmwrregistration.com. \$17.

DECEMBER 2-3

OVERNIGHT TRIP TO VICTORIA, B.C.

Enjoy Victoria, B.C., and Butchart Gardens during the holiday season. Take a 90minute ferry ride from Port Angeles to Victoria, where there might be a view of marine life. In Victoria, explore the shops and cafes of Government Street, Chinatown and the Inner Harbor and catch the Christmas lights.

Visit Butchart Gardens and experience the festive mood among the lights, wreaths and carol singers. Trip includes transportation and hotel. Children younger than 18 must be accompanied by a parent/guardian. Preregistration required by Nov. 15 at 5 p.m.

Register at JBLMmwrRegistration.com. Depart from the Northwest Adventure Center at Lewis North at 5 a.m. **\$375. \$188** for ages 3 to 12. **\$95** for ages 2 and younger.

DECEMBER 3 FREE SNOWBOARD AND SKI TUNING SEMINAR

Join the Northwest Adventure Center for monthly free seminars touching on a wide range of introductory topics. Learn a new skill, ask some questions or figure out how to use snowboarding and/or ski gear in a few hours with instructors.

This introduction class will teach students how to take care of their skis and snowboards as the winter season approaches. Learn how to do a detailed hot wax to revamp the bases, fill in last season's core shot with P-Tex or sharpen the edges so they're ready for an epic winter.

This free seminar is at 11 a.m. at McChord Field's Adventures Unlimited. Register at jblmmwrregistration.com. **Free.**

DECEMBER 6

ALPINE CLUB TO MEET IN DECEMBER

Climbers are invited to the Alpine Club meeting Dec. 6 at 6 p.m. The activity and meeting location differ each month. For details, members may check out JBLMalpineclub.blogspot.com. **Free**.

DECEMBER 7-13

VISTING GERMAN CHRISTMAS MARKETS

The holiday season is already bright and warm and festive, but throw in the German twist and you have some of the most beautiful scenery you've ever seen. If you've been to a holiday market in Germany, then you know how special it is. If you haven't, now is the chance for you to see three of them.

Explore the giant and colorful market in Munich that takes you through the shopping district to the famous Glockenspiel. This trip will also take us down to the incredible Bavarian town of Garmisch-Partenkirchen, nestled in the Alps right under the glorious Zugspites Mountain. Enjoy a few days of the festival, hiking through the Partnach Gorge, even taking the tram to the top of the glacier.

Let's not forget about the Austrian town of Berchtesgaden where we can visit the Eagle's Nest, and most importantly, experience the unique Krampus Festival; watching Saint Nicholas and his watchful demons prance around while sipping hot Gluwein at the local festival.

This trip requires a current valid passport and is considered international. This trip is subject to Family and MWR's international standard operating procedures guidelines, and by paying for this trip you agree to abide by the approved document. For more information, email JBLMadventuretrips@gmail.com or stop by the Northwest Adventure Center.

Children younger than 18 must be accompanied by parent or guardian and have approval from guides. Register at JBLMmwrRegistration.com. \$4,000 or \$3,000 without flight.



JBLM Outdoor Recreation

Snowmobile driving comes with some of the backcountry skiing trips offered through Joint Base Lewis-McChord's Northwest Adventure Center.

DECEMBER 9

FREE WINTER TRAVELING SEMINAR

Join the Northwest Adventure Center for monthly free seminars touching on a wide range of introductory topics. Learn a new skill, ask some questions or figure out how to use different gear in a few hours with their instructors. Those new to Washington weather may complain about the amount of rain we get through the winter months. This is normal, but here's some perspective; fans of water sports and/or snow sports should embrace the rain. Rain in the valley is usually snow in the mountains.

A heavy snowpack in the mountains will bring us large river flows in the spring and summer months. That stockpile of precipitation gives us our water in the summer to keep us green and satisfied until next winter. Don't hate the rain: learn

how to thrive and survive in any condition. With that perspective and a few winter tips, students will be ready to make the most of a Washington winter. Join the instructors for this free seminar at McChord Field's Adventures Unlimited at 11 a.m. to find out how to prep your car for winter travel, have the appropriate clothing for winter adventure and where to go to experience the best of the Pacific Northwest. Register at jblmmwrregistration.com.

LEARN THE BASICS OF PHOTOGRAPHY

This is the perfect training session for anyone looking to learn the fundamentals of photography. Whether someone a new photographer needing to learn the basics or a seasoned shooter wanting to brush up on the world of digital, this class puts all students

SEE OUT, 11C







COTT HANSEN Northwest Guardian / 201

The annual JBLM Turkey Trot 5K fun run and 1K Drumstick Dash kids' run are scheduled to take place outside Family and MWR's Festival Tent on Lewis Main Saturday.

FROM PAGE 3C

TURKEY

baskets awarded after the fun run. But the raffle includes turkeys being awarded to a few lucky runners.

It's no surprise that the turkey giveaway is also a big part of the event having a good turnout. It's also no surprise some people, like Loy, enjoy seeing the reaction of their ticket number called for a free turkey in time for Thanksgiving week.

"Even if they don't keep it because sometimes they tend to donate (the turkey) to someone else, the look on their face is priceless," Loy said.

Runners can also have a chance at winning a prize through the Turkey Trot's costume contest. The most creative costume will be named. Expect plenty of contenders as runners have often gotten creative with various Thanksgiving foods for their attire — even strollers being decked out and the babies dressed as little turkeys.

Nothing is off limits in terms of what people can dress up as.

"People have crazy ideas, so I wanted to leave (the category) as 'most creative,'" Loy said. "Sometimes it has nothing to do

with Thanksgiving and that's OK."

The JBLM Turkey Trot features a 5K run at 10 a.m. that is similar to other 5K fun runs held in that part of Lewis Main. Children can also participate in the 1K Drumstick Dash that will start 30 minutes before the 5K begins.

The online registration deadline has passed, but interested runners can still sign up the day of the race. Registration table at Family and MWR's Fest Tent opens at 7 a.m. and will remain open until the runs begin.

The cost of the registration for runners with a valid military identification card is \$30 for the 5K and \$20 for the kids' 1K dash.

Runners without a military ID will pay \$35 for the 5K and \$25 for the 1K.

Dean Siemon: 253-477-0235, @deansiemon

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TICKETS

WORLD TOUR 7 p.m. March 9, 2018. KeyArena, Seattle.

JEFF DUNHAM: PASSIVELY AGRESSIVE March 10, 2018. Tacoma Dome.

TIME MACHINE/MASHINA VREMENI March 28, 2018. Moore Theatre, Seattle. **MONSTER ENERGY AMA**

SUPERCROSS April 7, 2018. CenturyLink Field, Seattle.

BILL MAHER 8 p.m. April 14, 2018. Paramount Theatre. Seattle. stgpresents.org.

PBR TOUR April 14-15, 2018. Tacoma Dome, Tacoma.

JUDAS PRIEST: FIREPOWER 2018 NORTH AMERICAN TOUR April 15, 2018. ShoWare Center, Kent.

PINK: BEAUTIFUL TRAUMA WORLD TOUR 7:30 p.m. May 13, 2018. KeyArena, Seattle. **WEIRD AL YANKOVIC:**

AROUND THE SUN TOUR 4 p.m. July 7, 2018. CenturyLink Field, Seattle.

Seattle.

Seattle.

NIALL HORAN: FLICKER WORLD TOUR 7 p.m. Aug. 2,

ILL ADVISED TOUR 8 p.m. May

MAROON 5 7:30 p.m. May 30,

20, 2018. The Moore Theater,

CELTIC WOMAN: HOME-

COMING TOUR 7:30 p.m. June

2, 2018. Paramount Theatre,

KENNY CHESNEY: TRIP

2018. Tacoma Dome.

2018. White River Amphitheater, Auburn.

WEEZER AND PIXIES 7:30 p.m. Aug. 4, 2018. White River Amphitheatre, Auburn.

ED SHEERAN: 2018 NORTH AMERICAN TOUR 7 p.m. Aug. 25, 2018. CenturyLink Field, Seattle.

GAME OF THRONES LIVE CONCERT EXPERIENCE Sept. 6, 2018, Key Arena, Seattle.

SAM SMITH: THE THRILL OF IT ALL TOUR 8 p.m. Sept. 8, 2018. KeyArena, Seattle.



LAURA ROBERTS Invision/AP

Country artist Miranda Lambert is scheduled to perform at the Tacoma Dome Feb. 1. Tickets go on sale Sunday.



SATURDAY • NOVEMBER 18, 2017 • 7:00PM

Tacoma Youth Symphony

NIGHT

Urban Grace Church

Featuring Respighi's The Fantastic Toy Shop and Trombonist Rebecca Good in Cimarosa's Concerto in C Minor. Ticket Info: Main level tickets: \$14. Balcony tickets: \$24. Call (253) 627-2792 for more information or to purchase tickets. Sponsored by The Greater Tacoma Community Foundation.

SUNDAY • NOVEMBER 19, 2017 • 3:00PM

Tacoma Youth Symphony

SODNIDS FROM THE OPERA

Rialto Theater

Featuring Mezzo Soprano Melissa Plagemann in a selection of opera arias and Mendelssohn's Italian Symphony. Ticket Info: Main level tickets: \$14. Balcony tickets: \$25. Call (253) 627-2792 for more information or to purchase tickets. Sponsored by the City of Tacoma and an Anonymous donor.

NOV 24-DEC 17 • FRI & SAT 7:30PM • SAT & SUN 2PM

ONCE **UPON A MATTRESS**

Tacoma Musical Playhouse 7116 6th Ave, Tacoma, WA 98406

Hans Christian Andersen's classic fairy tale The Princess and the Pea gets the full musical treatment in this production of Once Upon a Mattreess - with a few surprises! Ticket Info: Adult: \$31:

Senior|Military|Students: \$29; Children: \$22; Groups of 10 or more: \$27

NOVEMBER 24-DECEMBER 17, 2017 • FRIDAYS & SATURDAYS 8PM • SUNDAYS 2PM

Lakewood Playhouse

Lakewood Playhouse DICKENS' A

CHRISTMAS CAROL

5729 Lakewood Towne Center Blvd SW, Lakewood, WA 98496 One Christmas Eve, three spirits show

Ebenezer Scrooge what life really means in this original adaptation of the classic tale. LAKEWOOD: Shop, Eat, Play, Stay!

Ticket Info: Full Price \$26 Seniors/Military \$23 Students/Educators \$20 (253) 588-0042 or online www.lakewoodplayhouse.org

SUNDAY, DEC. 3, 2017 • 2:00 PM

Christ Lutheran Church

HANDEL'S **MESSIAH SING-**ALONG OR LISTEN-ALONG

Christ Lutheran Church, 8211 112th Street SW. Lakewood, WA, 253-582-3011

A sing along or listen along Messiah conducted by Anne Lyman, DMA, accompanied by professional instrumentalist and featuring professional vocal soloists.

Ticket Info: Thanks to generous donations, this event is Christ Lutheran's gift to our community. No tickets are required. Participants are encouraged to bring non-perishable food items to be donated to area food banks as was the tradition in Handel's day. Coffee and cookies (most festive and homemade!) provided at intermission.

FRIDAY • NOVEMBER 17 • 7:00PM

UP for Arts

FALL ARTS & CONCERT SERIES



UP Civic/Library Atrium 3609 Market Square (36th and Bridgeport)

An Evening with Liszt Known for his musical insight, beautiful tone and technical command, Pianist Wolfgang Wortberg will delight audiences with selections by Liszt, Featured Artist: Pamela Phelps - Jewelry

Ticket Info: Tickets available at the door. \$15 adults, \$5 students and free for UP for Art members. www.upforarts.org

NOVEMBER 19

Immanuel Presbyterian Church

BLUES VESPERS

SUNDAY

901 N J Street Tacoma WA 12th Annual Blues Vespers Harmonica

Showcase featuring Grant Dermody & Band with Jay Mabin and Mark Dufresne. Ticket Info: Free 253.627.8671

ipctacoma.org



DEC 1-DEC 24 • FRI/SAT 7:30PM • SUN 2:00PM

Tacoma Little Theatre SEUSSICAL MUSICAL

210 N I Street, Tacoma, WA 98403

Join TLT and The Cat in the Hat for the holidays as all your favorite Dr. Seuss characters come to life on stage in this musical spectacular. Special performances Wed Dec 20 and Thur Dec 21 at 7:30pm and Dec 23 at 2:00pm.

Ticket Info: \$26 adult; \$24 SR/ST/MI; \$22 Children 12 and under. www.tacomalittletheatre.com 253-272-2281

FROM PAGE 8C

OUT

on firm ground for advancing their photography. Learn the basic principles of photography including:

- Camera settings: Learn the settings and get your camera set up right.
- Depth of field: What it is and how to use it to make better photos.
- Exposure: Get it right in the field without any fuss.
- Focus: Learn how focus is affected and how to take control of it.
- Composition: Explore the rules and learn when to break

Minimum age: 12. Children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 9 a.m. Register at jblmmwrregistration.com. \$45.

DECEMBER 10

NIGHT PHOTOGRAPHY TRIP TO SEATTLE

Just because the sun's gone down, it doesn't mean the day of photography has to end. Night photography is fast becoming one of the most popular forms of digital photography. Take a journey of Seattle after dark. Minimum age: 12. Children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 3:30 p.m. or McChord Field's Adventures Unlimited at 3:45 p.m. Register at jblmmwrregistration.com. \$65.

ON RATTLESNAKE RIDGE

this amazing state. The Pacific Northwest is such a unique location, with the mountains offering visitors tranquility in vast forests, high alpine lakes and breathtaking scenery. Join instructors for a 9-mile hike to the top of the 3,000-foot lookout of Rattlesnake Ridge. Follow the moderate trail through the lush forest and massive rock faces to a spectacular view of the Upper Snoqualmie Valley. Difficulty: moderate;

yoga can be an incredible contribution while riding to maintain mental clarity and specifically designed to strengthen the muscles that push you and relax the ones outdoor recreators in a 60-

The Northwest Adventure Center has a couple of snowshoe hiking trips planned next

month, including visits to Hurricane Ridge Dec. 16 and Snow Lake Dec. 17.

minute class away from the studio, designed specifically for preparing the muscles to endure those long rides through the Pacific Northwest. Class is scheduled to take place at 6 p.m. at McChord Field's Adventures Unlimited surrounded by inspiring outdoor gear. Minimum age: 12. Register at jblmmwr registration.com. \$17.

DECEMBER 16

SNOWSHOE TRIP AT HURRICANE RIDGE

Hurricane Ridge in Olympic National Park is one of the most spectacular places to snowshoe in Washington. Enjoy stunning alpine views while trekking across ridge lines decorated with snow sculptures, constantly being reshaped by the legendary winds for which the area has earned its name. Distance: 6 miles, roundtrip; elevation gain: 800 feet. Minimum age: 12. Children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 8 a.m. or McChord Field's Adventures Unlimited at 8:30 a.m. Due to winter conditions, location is subject to change for safety reasons. Register at jblmmwrregistration.com. \$90.

FREE BEGINNERS YOGA TECHNIQUES SEMINAR

Join the Northwest Adventure Center for monthly free seminars touching on a wide range of introductory topics. Learn a new skill, ask some questions or figure out how to use gear in a few hours with our instructors. This introduction class covers the basics of getting into yoga. Do a 30-minute session of poses that can be done at home and discuss the basics of poses, breathing, studio culture, intimidation, fears and interests when it comes to the desire to learn about this amazing practice. No equipment necessary. This class is held at 11 a.m. at McChord Field's Adventures Unlimited. Register at jblmmwrregistration.com. Free.

DECEMBER 17

SNOWSHOE ADVENTURE AT SNOW LAKE

The Pacific Northwest is a unique location, its mountains offering visitors tranquility in vast forests, high alpine lakes and breathtaking scenery. Snow Lake is no exception. Nestled in the central Cascades, this lake is accessed up 2,000 feet of elevation gain to an overlook of the snow covered valley. Due to winter conditions, location is subject to change for safety

reasons. Difficulty: moderate; distance: 8 miles; time: 3 to 4 hours. Minimum age: 12. Children vounger than 18 must be accompanied by an adult. Meet at the Northwest Adventure Center at Lewis North at 8:30 a.m. Register at jblmmwrregistration.com. \$65.

SNOWMOBILING AND BACKCOUNTRY SKI TRIP

Take a snowmobile tour around Sasse Mountain in Cle Elum for fun, action, beauty and excitement. Those who are looking for the most fun-filled winter experience should check out this snowmobiling trip through the Cascade

SEE OUT, 12C



Nightly at 7:00 pm • Rated PG-13 Sat & Sun Matinee at 4:15 pm

Fri 11/17 • Friday Night Frights CHILD'S PLAY 2 10:00 pm 253-752-9500 www.bluemousetheatre.com



The Grand Cinema 606 S Fawcett Ave 253-593-4474

Jane (NR)

Fri: 2:15, 4:40, 7:00, 9:10 Sat-Sun: 12:05, 2:15, 4:40, 7:00, 9:10 Mon: 2:15, 4:40, 7:00, 9:10 Tue: 2:15, 4:40, 9:10

Loving Vincent (PG-13)

Fri: 2:05, 4:25, 6:45, 9:00 Sat: 10:30 AM, 11:50 AM, 2:05, 4:25, 6:45, 9:00 Sun: 11:50 AM, 2:05, 4:25, 6:45, 9:00 Mon-Tue: 2:05, 4:25, 6:45, 9:00

The Florida Project (R)

Fri-Mon: 1:35, 4:05, 6:35, 9:05 Tue: 4:05, 6:35, 9:05

Victoria & Abdul (PG-13)

Fri-Tue: 1:15, 3:45, 6:15, 8:45

Rise of the Guardians (PG)

FREE FAMILY FLICK Sat: 10:00 AM

Psycho (R) WEIRD ELEPHANT SERIES Sat: 11:00

Trophy (NR) TUESDAY FILM SERIES

Tue: 1:30, 6:55

HIKING/SNOWSHOE TRIP

Hike through the views of distance: 9 miles; time: 3 to 4 hours. Minimum age: 12. Meet at Northwest Adventure Center at Lewis North at 8:30 a.m. Register at jblmmwrregistration.com. \$65. **DECEMBER 15** YOGA TRIP DESIGNED JUST FOR CYCLISTS The attention to breath and

the mind-body connection in calmness. After logging some serious miles on the bike, come treat the body to a yoga class that get you there. Join other

FROM PAGE 11C

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Mountains.

Transportation, snowmobile, helmet, boots, gloves and snowsuit are provided. Dress in layers. Minimum age to drive: 16

Backcountry skiing/snow-boarding refers to areas not covered by a resort or lifts including terrain reached by hiking, split-boarding, touring or sledding (snowmobile). The backcountry usually has the best snow because it's not easily accessible to others.

Almost all of the best snowboard videos are filmed in the backcountry. Join instructors for a mega-fueled snowmobiling adventure where participants can be dropped off at the top of a hill, shred it on skis or snowboard, then hop back on and do it all over again.

Ground transportation, snowmobile, backcountry ski or split snowboard, avalanche beacon, shovel, probe and airbag included. Depart from the Northwest Adventure Center at Lewis North at 7 a.m.

Register at jblmmwrregistration.com. **\$185** for snowmobiling (**\$75** for children younger than 15). **\$165** for backcountry skiing.

DECEMBER 19

SEA KAYAK SKILLS CLASS

Five levels of the two-hour kayak skills class are offered. Start at any time and master as many of the five levels as you would like.

Level 1: Proper paddling techniques and how to buddy rescue.

Level 2: Edging maneuvers and self-rescue.

Level 3: Recovery techniques and muscle memory exercises for the roll.

Level 4: Multi-day kayak trip prep and T-rescue.

Level 5: Learning the kayak

After the fifth level, continue to perfect your roll. Minimum age: 12; children younger than 18 must be accompanied by an adult. Meet at Kimbro Pool at 7:30 p.m. Register at jblmmwrregistration.com. \$35.

DECEMBER 22

SHOPPING TRIP TO PORTLAND, ORE.

Head across state lines to shop Portland, Ore., where we'll make stops at IKEA, Columbia Gorge Premium Outlets and downtown Portland. We'll eat dinner downtown before heading home. Don't worry about driving, parking or storage; we'll take care of all of it. We know you love to shop, so we will have a trailer to bring it all home. This shopping adventure includes transportation. Depart from the Northwest Adventure Center at Lewis North at 8 a.m. Register at jblmmwrregistration.com. \$60.

DECEMBER 23

BACKCOUNTRY SKIING AT CASCADE MOUNTAINS

Ski all over the Cascade Mountains this winter. Backcountry skiing is growing in popularity and backcountry access is increasing. Don't miss the opportunity to see amazing alpine wilderness and truly unforgettable skiing. This trip provides all the gear needed to go safely into the backcountry. Trip includes transportation, skis or split board, boots, float pack, avalanche safety kit and guide. Minimum age: 16 years; children younger than 18 must be accompanied by an adult. Participants must be an intermediate skiers. Due to weather, location is subject to change for safety. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at jblmmwrregistration.com. \$110.

SNOWSHOE ADVENTURE AT JUNE LAKE

Strap on the snowshoes and explore the Marble Mountain trails with a gentle hike to June Lake in the shadow of Mount St. Helens. June Lake's wide basin sits on the lower southern slope of the nearby volcano. Find the bench near the shoreline and marvel at the 40-foot waterfall. Distance: 5 miles, roundtrip; elevation gain: 500 feet. Minimum age: 12; children younger than 18 must be accompanied by an adult. Depart from the Northwest Adventure Center at Lewis North at 8 a.m. Register at jblmmwrregistration.com.

DECEMBER 29

HOLIDAY YOGA EXERCISE ON MCCHORD

Don't let the stress of holiday preparations be a bother. Enjoy the holiday spirit by giving the gift of yoga. Join instructors in a 60-minute class away from the studio to relax and enjoy the season. Class is at 6 p.m. at McChord Field's Adventures Unlimited surrounded by inspiring outdoor gear. Minimum age: 12; children younger than 18 must be accompanied by an adult. Register at jblmmwrregistration.com. \$17.

DECEMBER 30

NEW YEAR'S BACKCOUNTRY SKI TRIP

For those who want to take the plunge into the back-country with their ski skills, this class is the perfect class. An educational day will teach everything from how to set up the ski kit, how to engage the avalanche float bags and perfecting turns in deep powder. Get away from the lift lines and learn how to earn turns any-

where the snow falls. Let the guides lead you on an adventure. Ground transportation, backcountry ski or split snowboard, avalanche beacon, shovel, probe and airbag included. Come get fitted for gear the week before the trip. Due to weather, location is subject to change for safety. Minimum age: 16 (those younger than 18 must be accompanied by an adult). Participants must be intermediate skiers. Depart from McChord Field's Adventures Unlimited at 8 a.m. Register at jblmmwrregistration.com. \$110.

MOONLIGHT SNOWSHOE AT SNOQUALMIE

Head to the Snoqualmie Pass area to snowshoe in the moonlight. Participants should dress warm because the sun won't be seen on this trip. Difficulty: beginner; distance: 1.5 miles; elevation gain: 50 feet; time: 2 hours.

Depart from the Northwest Adventure Center at Lewis North at 5:30 p.m. or McChord Field's Adventures Unlimited at 6 p.m. Register at JBLMmwrRegistration.com. **\$50**.

