

HAWAII ARMY WEEKLY

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October 28, 2005

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Halloween

Trick or Treat hours for communities serving Fort Shafter, Wheeler Army Air Field and Schofield Barracks military families are Monday, Oct. 31, from 5:30 to 7:30 p.m. only.

Children under the age of 10 require an adult escort, and parents must ensure children follow these safety tips:

- Dress in light-colored clothing (or parents should sew reflectors on dark clothing).
- Take precautions when crossing streets and use crosswalks.
- Wait for the proper traffic signals.
- Look both ways before crossing the street.
- Watch out for cars turning at intersections and leaving or entering driveways.
- Stay on the sidewalk, whenever possible.
- If there is no sidewalk, walk on the left side of the roadway facing traffic.



'I'm going in!'



A cadet from the University of Alaska team jumps into the water to get across a ravine during the rope bridge obstacle as part of the Ranger Challenge at Bellows Air Force Station, Oct. 21.

Army ROTC competes for Ranger title

Story and Photos by
Spc. Juan F. Jimenez
Staff Writer

BELLOWS AIR FORCE STATION — Representatives from the Reserve Officer Training Corps (ROTC) at the University of Alaska-Fairbanks, the University of Guam and the University of Hawaii met here Oct. 21 for the fifth annual Ranger challenge.

These young college students

gather every year to battle for the Task Force Pacific Rim ROTC Ranger Challenge Championship, which consists of six events: the physical training test, land navigation, the rope bridge, a grenade course, weapons assembly and a 10-K road march.

All events must be accomplished as a team of nine leaving the tenth cadet from each school as an alternate. Teams must also be coed, so at least one female comprises every

team of nine.

"The events are physically challenging, so they will be smoked by the end of the day," said Lt. Col. Carlos Perez, commander of the UH Army ROTC. "They must be accomplished as a team so that one stud cadet can't win the events for you," he added.

By 12 noon, with the sun at its highest point, cadets from Guam

See "Ranger," page A-3

3rd BSTB

3rd Brigade Special Troops Battalion gets reacquainted with battlefield weaponry. A-4

NSPS facts

The National Security Personnel System schedules town hall meetings to clear up confusion about NSPS. A-7

Domestic abuse

Preventing domestic violence is the responsibility of everyone. A-12

Lights Out

Bennett Youth Center offers after-school support for Schofield Barracks area families. B-3



President of AUSA reviews active division

Story and Photo by
Sgt. Sean Kimmons
Assistant Editor

SCHOFIELD BARRACKS — A couple of weeks following the Association of the United States Army conference in Washington, D.C., AUSA's top executive visited Wheeler Army Air Field and here, Oct. 19.

Retired Gen. Gordon R. Sullivan, former Army Chief of Staff, traveled alongside retired Command Sgt. Maj. Jimmie Spencer, AUSA's

director of noncommissioned officer and Soldier programs, as they spoke to 25th Infantry Division (Light) leaders and observed Soldiers in training.

The first stop of the tour was the Military Operations in Urban Terrain site here, where Soldiers from 2nd Battalion, 5th Infantry Regiment, were conducting micro air vehicle (MAV) training.

Sullivan and Spencer received an introduction on

See "AUSA," page A-9

909th QM heads out for Iraq

Spc. Cheryl Ransford
17th Public Affairs Detachment

Since 1982, the 909th Quartermaster Detachment has participated extensively in humanitarian support missions to provide water to people affected by typhoons, floods, earthquakes and other disasters.

Another chapter in the history of the unit was written Oct. 25 when 21 Soldiers prepared to deploy to Iraq in support of Operation Iraqi Freedom.

The 909th QM Det. is located at Fort Juan Muna in Dededo, Guam, home to four Reverse Osmosis Water Purification Units. Each unit is capable of producing 3,000 gallons of either potable or non-potable water every hour.

"Today marks the end of 90 days of hard training and preparation," said Maj. Gen. Donald J. Goldhorn, adjutant general, Guam National Guard. "Your mission is clear... you will provide water support to an ongoing mission. Carry with you not only the distinction of your unit but also the distinction of the many other units from Guam who are serving in Iraq and Afghanistan."

Currently, 21 Guam National Guard Soldiers in the 909th QM Det. operate the Reverse Osmosis Water Purification Unit and are proudly called the "water dawgs."

In a speech read by Goldhorn, Gov. Felix P. Camacho, the governor of Guam, said "Words cannot explain my gratitude for your service. You are Soldiers of freedom and ambassadors of peace."

Some of the unit's most notable humanitarian support missions include Palau in 1996, where it produced 12,000 gallons of water for the residents of the main island, Koror; and September 1997, July 2002 and December 2002, when the unit was called upon to provide water support to the thousands of residents of Guam and the surrounding islands when typhoons Paka, Chatta'n and Pongsona struck the territory and the Federated States of Micronesia.

The detachment's water capabilities have been instrumental in providing essential aid to communities in moments of crisis.

While this is the unit's first deployment to a combat zone, the Soldiers have maintained their morale and are

See "909th," page A-9

Family programs still remain our top priority, Army says

Three-fourths of enlisted and officer homes are now connected to the Internet, so the Army will increase virtual communications to Soldiers and their families

Tim Hippis
Army News Service

WASHINGTON — More than \$200 million has been earmarked this fiscal year for Army family programs said the Army's top personnel officer.

"We've been pushing this for years, and it's gotten better and better every year," said Lt. Gen. Franklin L. Hagenbeck, deputy chief

of staff, Army G-1, one of numerous speakers during a three-day family forum Oct. 3-5.

Family readiness groups are an official program of the Department of the Army and, as an official program, commanders can now use mission funds to support FRGs the same way they support other mission activities. Hagenbeck said the Army is counting on families' feedback to help ensure the money is properly allocated.

'Support families in Transformation'

Hagenbeck and other military leaders speaking at the family forum, part of the Association of United States Army's annual meeting, stressed the importance of supporting Soldiers and their families during the Army's transformation.

"Too often we focus exclusively on those of us wearing uniforms, but I will tell you that all of you in this room recognize full well that it's much, much more than that," Hagenbeck said. "We need in

many instances to do a better job than we do today in recognizing all the families, spouses and supporting agencies that reside inside our Army and all their components."

New Web sites support families

Col. Dennis Dingle, director of the Army's human resources policy directorate, oversees programs dealing with alcohol and drug abuse, rest and recuperation leave, sexual assault, mentorship, redeployment and retirement, among others.

See "Family," page A-8

We want to hear from you..

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 655-4816, or e-mail editor@hawaiianarmyweek.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with captions and bylines.

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Lightning Six Sends

Hawaii educators, military collaborate in D.C.

Leaders discuss how kids transition with the Army at 2005 education summit

October 20-21, at the Grand Hyatt in Washington, D.C., I attended the 2005 Education Summit, "Communities Working Together to Improve Student Transitions." This summit was designed to provide a better understanding of the Army's transformation and re-basing plans and how they will affect our community.

The summit aimed to strengthen partnerships, share ideas and identify actions and roles. Local military and education leaders valued the unique opportunity to help transform how military-connected students will transition into and out of local public schools.

Representatives from the military and education leaders from each

of the communities focused their time on working as a community team, concentrating on issues, opportunities and challenges. Our community team included Clayton Fujie, Hawaii's deputy superintendent; Col. Howard Killian, U.S. Army, Hawaii, garrison commander; Dr. Nancy Bresell, Department of Defense Dependents (DoDDS) Schools Pacific director; and Charles Toth, superintendent for the Korea District DoDDS.

Through our speakers and workgroups, each community team walked away with a good start on their local community action plan.

Locally, the Joint Venture Education Forum is a partnership with Hawaii's military branches and the Hawaii Department of Education. JVEF is a unique program that targets military-impacted public schools here in Hawaii.

Through its venue, we have sup-

ported the Aloha Military Family and Student Web Site, provided a Military Culture Course for educators and incorporated transition programs in many of our schools.

The Army in Hawaii is an active participant and partner with the Hawaii Department of Education and will continue to embrace its shared responsibility in the education of our children.

In study after study, researchers confirm how important it is for parents to be actively involved in their child's education. When parents are involved in their child's education — at home and at school, they do better. With active parent involvement, we can make a difference.

I encourage all parents to attend Parent-Teacher Association meetings, to volunteer at their child's school and to sit in on classes.

Tropic Lightning!



Maj. Gen. Benjamin R. Mixon



Benjamin R. Mixon
Major General, U.S. Army
Commanding

Scholarships for Military Students are available

Tamsin Keone
Youth Education Liaison

There is an endless array of scholarships that are available to students planning to enroll full-time at an accredited college or university. In addition, there are several scholarships that are specifically designated for military dependents.

Additional websites with scholarship info include:

- www.hawaiicommunityfoundation.org
- www.fastweb.com
- www.scholarships.com
- www.gocollege.com
- www.feeaa.org
- www.aerhq.org/education_dependentchildren.asp
- www.dodea.edu/students/dusa.htm
- www.learnandservce.gov/about/programs/pfs.asp

enrolled, or planning to enroll, full-time in the fall of 2006 in an undergraduate program of studies leading to a Bachelor's Degree at an accredited college or university and must have a minimum cumulative grade point average of 3.0 (on a 4.0 basis). Please visit www.militaryscholar.org for more information and to download the scholarship application. An application, essay (500 words or less), transcripts of grades, and a letter of recommendation are due to the local commissary in early February. Students are encouraged to visit the scholarship website in November for the specific February 2006 deadline and for the topic of the essay.

For more information about scholarships and post-secondary information, please contact the Youth Educational Liaison Officer at 655-8326.

\$322,442

This year's goal is \$630,000. For more information on CFC, contact your unit representative or Capt. Andrew Thompson, CFC project officer, at 655-8130.

CFC edges upward

The Combined Federal Campaign collects donations to help benefit a listing of more than 1,800 nonprofit organizations.

"Without our donations," said Capt. Andrew Thompson, CFC agency project officer for the 25th Infantry Division (Light), "these organizations would not be able to survive. We all use these charities, so take a minute to give back to all they have done ... and what they will do for you in the future."



USE YOUR HEAD



WEAR A HELMET

...A drama queen.

...A pretty pixy fairy.

...The man off of 'Scream.'

...A half angel, half devil.

Mark your calendar for Nov. 22, at Schofield Barracks, with keynote speaker Dave Roever:

- 6:30 a.m., Division Prayer Breakfast at the Nehelani;
- 11:30 a.m., the Wounded in Action Soldiers Reception at the Nehelani;
- 1:30 p.m., the Soldiers' Talk at Sergeant Smith Theater.

people of God that we were meant to be. It has been my joy to watch Soldiers grow and develop from the raw recruit to the enthusiastic Soldier, and finally into dynamic combat warriors and leaders.

It is a remarkable process, with many forces and factors bearing down on their lives to produce the most capable, committed, compassionate fighting force in our world. It has also been my privilege to see how so many of these strong men and women balance their lives with a healthy dose of spiritual fitness and private faith on their journey.

Next month, chaplains will host an interesting and inspiring speaker at Schofield Barracks. Dave Roever will come to share his story with humor and conviction.

Wounded and disfigured from a combat injury in Vietnam, Roever faced a difficult series of surgeries and challenges throughout years of recovery. With his faith and the support of his loving wife, he not only survived — he thrived!

He comes to share his testimony and bring encouragement to us all, wherever we may be on the journey.

All in the Army Hawaii communities are invited to attend three upcoming events, Nov. 22, with Roever. Further, if you are not yet connected to a worshipping community of faith, I invite you to join together with others on your journey.

If you are already connected, then be encouraged that even if your potential may not evident to others, it is "front and center" with our God.

Finally, be encouraged that your contributions at work or at home make our community stronger and more stable. Together we are enhancing a solid foundation for any and all future challenges that we may face together.

Voices of Lightning: Who are you going to be for Halloween?



...A S.W.A.T. team member.



...A drama queen.



...A pretty pixy fairy.



...The man off of 'Scream.'



...I'm going to be a half angel, half devil.

High-tech MAV will battle with Soldiers

Story and Photos by
Pfc. Kyndal Brewer
Staff Writer

SCHOFIELD BARRACKS — While on a dismounted patrol along a rocky dirt path, Soldiers from 2nd Battalion, 5th Infantry Regiment, stayed alert of their surroundings as they made their way to the Military Operations in Urban Terrain site here.

When it was time to enter the site, the platoon-sized element stopped in the wood line and came up with a plan of action. Minutes later, a micro air vehicle (MAV) operator called and provided information on enemy locations.

As soon as the troops had a good location of the enemy, they maneuvered on to the site grounds. When the enemy spotted the troops, a firefight ensued.

The troops remained alert and moved tactically into nearby buildings. They cleared every room until they reached the rooftops, where they began to return fire. Using its two onboard cameras, the MAV system assisted the troops in figuring out where the enemy was located.

"I think this training is good for us because it's new equipment that a lot of people haven't gotten the opportunity to train with yet," said Pvt. Gregory Goodrich, a cavalry scout with 2nd Bn., 5th Inf. Rgt.

"It isn't just training on the MAV equipment, it also helps us train more on our tactical and basic Soldiering skills," said Goodrich, who was one of the MAV operators during the training.

The MAV technology was designed to gather and transmit information to Soldiers on the battlefield.



Above — Pvt. 2 Gregory Goodrich, MAV operator, puts the MAV system together while the rest of his platoon is being fired upon by the enemy.

Left — Goodricht carries the MAV system as his platoon goes on a dismounted patrol.

According to the Website, spacewar.com, each MAV system is comprised of two air vehicles, a dismounted control device and associated ground support equipment that is carried by selected platforms and dismounted Soldiers.

The MAVs use autonomous flight and navigation with vertical take-off and landing and recovery capabilities.

Two cameras are mounted on each MAV; one looks ahead of Soldiers, the other looks down at the ground. The MAVs also carry chemical sensors.

"The MAV vehicles are the future," said 1st Lt. Mario A. Quevedo, a platoon leader with 2nd Bn., 5th Inf. Rgt. "These young Soldiers that are out here training with it will see it again, and they will

already know how to use it."

For the past month, 40 Soldiers from 2nd Bn., 5th Inf. Rgt., have been training with the new, high-tech MAV.

"This training is very beneficial to these Soldiers because when we go down range in the future, this equipment will go with us," Quevedo continued. "The MAV vehicles are here to stay."

Ranger

From A-1

and Hawaii seemed to be managing better than their Alaskan counterparts.

"For the Alaskan cadets, this is a lot more challenging," said Maj. Paul Egli, executive officer of the UH Army ROTC, "because when they left Alaska it was about 20 degrees, and here it's about 85 degrees."

Nevertheless, the Alaskan cadets took their challenges head on. And as they prepared themselves for the rope bridge — one of the more difficult events in the challenge — the determination in their eyes showed nothing would keep them from reaching their goal — neither heat nor pain was going to stop them.

The objective of the rope bridge was to cross a seven-to-eight-feet deep ravine, about 15 feet across, with full combat gear.

"The cadets must remain on the rope while they cross the ravine with full combat load, which consists of a load-bearing vest, kevlar, weapon," said Egli. "They can't fall or get any gear wet because they will lose valuable points for anything that gets wet," he explained.

All cadets who attended the ROTC Ranger Challenge had been preparing for the event since the beginning of 2005. Long and hard workouts prepared them for what they would face.

Once all had executed the last challenge, judges announced that the University of Hawaii had triumphed for the first time. The Ranger Challenge trophy stays in Hawaii, much to the dismay of Guam and Alaska ROTC cadets.

"It's a great competition for these guys and gals out here," said Perez. "It teaches them teamwork."



Cadets from University of Alaska show off their teamwork skills on the rope crossing obstacle during the Task Force Pacific Rim Ranger Challenge competition at Bellows Air Force Station, Oct. 21. The cadets completed the challenge in 2 hours and 42 seconds, which was almost a school record.

Hillclimbers join Task Force Quake

Story and Photo by
Spc. Mary Simms
25th ID (L) Public Affairs

BAGRAM, Afghanistan — Teamwork is what it's all about as active duty and reserve Soldiers from all over the country clad in both desert and woodland camouflage work fervently to re-assemble CH-47 Chinook helicopters on the south end of the airfield's flight line here.

The units and their CH-47 helicopters have come from around the world to be a part of Task Force Quake and provide humanitarian assistance and relief to victims of Pakistan's 7.6 magnitude earthquake on Oct. 8.

With many of the roads blocked as a result of the earthquake, helicopters are the only fast and efficient method of delivering relief aid to many earthquake-stricken areas.

"Everything that you do over there, you're either saving someone's life, feeding children or making someone warm. That's the mindset you have to have," said CJTF-76 Task Force Griffin Command Sgt. Maj. Hector Marin as he spoke to a group of Soldiers from Hawaii, Kansas and Texas who will soon deploy into Pakistan for what is predicted to be a three- to six-month deployment.

Transporting four CH-47's more than halfway around the world was no small feat for Company B, 214th Aviation Regiment, of the 2nd Battalion, 25th Avn. Rgt., based out of Wheeler Army Airfield in Hawaii.

The unit was faced with

the daunting task of tearing down components of four CH-47 airframes in a matter of five days. They had to remove the front and rear rotors, the top sections and other major components so the helos could fit into the bellies of three C-5 Galaxies. The group of 60 Soldiers broke up into three smaller elements to move with each aircraft.

Deploying within days of each other, every group left Hickam Air Force Base in a C-5 Galaxy aircraft loaded with gear, supplies, Soldiers and at least one CH-47 airframe.

From Hickam, the C-5 flew direct to Rota Spain — a 17-hour flight with two mid-air refuels. Upon arrival at NAS Rota, Spain, the CH-47's were transloaded into C-17's for transport to here.

Brig. Gen. John M. Bednarek, assistant division commander of operations for the 25th Infantry Division (Light) and U.S. Army, Hawaii, was on hand as the last group of Co. B, 214th Avn. Rgt., Soldiers departed the Air Mobility Command terminal at Hickam.

"These Soldiers had only five days to prepare and they had to not only do personal preparation, but also major equipment preparation. It is absolutely incredible what has occurred in the last five days," Bednarek said.

"You've got Soldiers who have been alerted for a humanitarian mission and almost every one of these Soldiers volunteered and asked to go because they

See "Hillclimbers," page A-9



Sgt. Joshua McComas, 2nd Battalion, 27th Infantry, leads his squad from the front through one of several mock structures during MOUT training, Oct. 13.

3rd Brigade strengthens its battle continuity at MOUT

Story and Photo by
Spc. Leslie Alberts
Public Affairs Office, 3rd Brigade

SCHOFIELD BARRACKS — Leaders, they come and they go. Whether coming off deployments or changing duty stations, fresh faces arriving and departing units have always been a continual flow within the military.

New personnel may be a bonus, but like a new pair of boots, there is always a little polishing needed before Soldiers can shine their brightest.

Upon redeploying from Afghanistan in early 2005, the leadership of 3rd Brigade's 2nd Battalion, 27th Infantry Regiment, faced a unique challenge — replacing and training 90 percent of its chain of command.

"All that remained were me, two first sergeants and a couple of platoon sergeants," said Command Sgt. Maj. David L. Yates, command sergeant major of 2nd Bn., 27th Inf. Rgt. "Everyone else at the leadership level was new," he added, so Yates developed a plan.

That plan was designated as Team Leader Development Week. It brought together battalion team and squad leaders, and other selected Soldiers expected to have leadership roles within the 2-27th, for three days of coordinated education and training, Oct. 11-13.

Day one of the training began early at "D" Quad, Oct. 11, with a five-and-one-half mile leadership run, which exposed participants to more discomfort than typically associated with high-impact exercise.

"I've never been on a run like that," said Sgt. Eliot Scott of 2-27th.

According to Scott, Soldiers stopped at different locations on post throughout the run, and learned about the history of Schofield Barracks.

Later in the day, the battalion's leaders received traditional classroom training and integration counseling, which emphasized the preparation of lower-enlisted Soldiers for combat, explained Yates.

Day two focused on weapons training. Battalion teams and squad leaders first "bore lighted" their respective weapons, which included M-4 rifles, semiautomatic weapons and M-240s.

"Bore lighting" is a common battle drill for infantrymen, where an optic



A team of three 2nd Battalion, 27th Infantry Soldiers clear one of several rooms in a hotel structure during MOUT training, Oct. 13.

system is attached to and aligned with the bore of a weapon to ensure accuracy," said Yates.

"The laser gets 'zeroed' to the weapon, so that who ever picks that weapon up can fire it on target," he said.

Leaders later participated in day and night iterations of reflexive fire shooting drills at the KR4 rifle range. Reflexive fire or "quick fire" shooting requires Soldiers to quickly engage targets from distances ranging from five to 25 meters with short, controlled bursts.

Soldiers also walked, turned and engaged targets from 25 meters on command. After each Soldier finished shooting, he went downrange to see where he hit the target.

"It's important to see where you hit the target at different distances," said Yates.

Day three, Soldiers conducted training at the MOUT site. There, team and squad leaders practiced room-clearing procedures, both during the day and at night. A team generally consisted of four Soldiers, and a squad generally consisted of nine to 12 Soldiers, said Yates.

"We have new Soldiers with combat experience from Afghanistan and different parts of Iraq. Guys are coming in from all over the Army with different experiences," said Yates. "It's important to get these leaders together to ensure that they are on the same page."

Several Soldiers considered their

MOUT training most valuable.

"This is the stuff we will be doing in Iraq," said Scott, a veteran of a tour in Iraq.

Sgt. Joshua McComas, who deployed with the 2-27th to Afghanistan, was quick to agree and added, "A leader needs to know that if you get a Soldier from somewhere else within the battalion, that Soldier can fall into your stack and clear a room just like your guys."

According to McComas, the training gives him — as a leader responsible for other Soldiers — the confidence to trust other Soldiers.

Sgt. Joe Hensley, 2-27th squad leader, also agreed that the MOUT training was more efficient than prior MOUT training.

"This MOUT training is better because it is just all of us NCOs and leaders without the other Soldiers, so you can get right down to work," said Hensley.

To emphasize the critical nature of the week's training exercises, Soldiers received praise and advice their final training day from Command Sgt. Maj. Frank M. Leota, 3rd Brigade's command sergeant major.

"No one is a born leader," said Leota. "Leading is a developmental process, so it is important that you absorb everything thrown at you and become as proficient as possible."

"As leaders, you must understand that what you do — or fail to do — will positively or negatively affect other people's lives."

3rd BSTB gets acquainted with weapons at Marine Corps' range

Spc. Craig W. Burns
3rd Brigade Special Troops Battalion

As any perusal of the headlines can indicate, no longer are just infantry Soldiers and Marines facing the harsh realities of combat action as the Global War on Terrorism continues, sending Soldiers into harm's way for a second, third or even fourth time.

Stories abound, in nearly every Military Occupational Specialty in the Army, of someone who has been involved in a fire-fight, in a convoy struck by an improvised explosive device, or in a hair-raising episode they never believed was part of their job description.

With the Soldier's changing role on the modern battlefield in mind, elements of the 3rd Brigade Special Troops Battalion (BSTB) left Schofield Barracks on an overcast afternoon, Oct.



Pfc. Jane Lee receives instruction from Sgt. Andy Scott on how to use the MK19 during training at Kaneohe.

11. They headed to scenic Kaneohe Bay, home of Marine Corps Base Hawaii.

After a morning that began with

Physical Training and command maintenance in the motor pool, 3rd BSTB rapidly shifted gears so the unit could load onto the Bluebird busses, equipped with ruck sacks and weapons draped from their bodies. Each was mentally prepared for two nights of sleeping

under the Kaneohe stars to familiarize him or herself with

weapons systems some had never touched, let alone fired.

The obvious purpose of the range, according to 1st Lt.

Jonathan Martinez, officer in charge, was to conduct M-9 pis-

See "3rd BSTB," page A-11

Battle buddy lends more than a helping hand

Spc. Amanda Flemett
Staff Writer

The terms "battle buddy" and "Soldiers helping Soldiers" are heard often in the military. But what do they exactly mean?

For two Soldiers of the 536th Maintenance Company (Direct Support), these words have grown to have great significance.

The 536th deployed to Iraq in September 2004. On Nov. 2 at approximately 7:30 pm, three Soldiers — 1st Lt. Tommy Davis, Master Sgt. Joseph Atalig and Sgt. Christopher Kind — were walking through the motor pool when Davis noticed one of the doors of a newly delivered Tricon container was opened.

"This concerned me because it was marked hazardous and explosive," said Davis, "so we went to secure it."

As they secured the container, Davis turned his back to Atalig and Kind and that is when the explosion happened.

The blast, from a mortar round, knocked Davis 15 feet ahead on his stomach. Flames immediately engulfed the other two Soldiers. As Davis tried to recover from the shell shock, he rushed to aid his battle buddies, who were crying out for help.

"I just heard them hollering and saw them on fire," he recalled.

Not worrying about himself, an injured Davis tried to pull the others to safety, inflicting more injuries onto himself. It was at that time, other Soldiers of 536th rushed to the scene.

"Every one of those Soldiers deserves recognition for what they did," insists Davis. "They came without any regard for their safety or well being."

Even after the medics arrived, Davis didn't stop helping Atalig and Kind until Staff Sgt. James Hunt, took the officer aside and said, "Sir, we got it!"

Davis refused treatment until the other two Soldiers were tended to and remembers saying, "I know they were much worse off than me."

And they did sustain more injuries than Davis. While Davis suffered third degree burns on thirteen percent of his body, both Atalig and Kind suffered third degree burns on more than 40 to 45 percent of their bodies.

Davis' injuries to his hand and right leg were sustained while trying to douse the flames on his Soldiers' bodies. All of the men were transported to Germany and then to Fort Sam Houston in San Antonio, but the Soldiering or "battle buddy" didn't end there.

Kind traveled from San Antonio to Hawaii and to Guam. His family had gone back to Guam when the company deployed. He couldn't drive due to his injuries and was having trouble, it seemed, taking care of personal things. It was during this time that he came to Davis for help.

"Sgt. Kind got hurt on my watch," Davis said, "and he was having a hard time with his paperwork. He just couldn't seem to get anywhere."

Davis knew that Atalig would be able to handle his own issues, and his family being here in Hawaii was a big help, but Kind didn't have those connections. So, he spoke to Capt. Michael Glotfelty, the 17th Corps Support Battalion Rear Detachment commander, about Kind's situation, Capt. Glotfelty backed Davis up completely.

Both men then went to talk to Lt. Col James Fly of 524th Corps



Courtesy Photo

1st Lt. Tommy Davis (left) with Sgt. Christopher Kind. Davis wants Soldiers to know that being a "battle buddy" is more than just saying the words.

Support Battalion.

"My point is ... don't just say you're going to take care of your Soldier on paper. Follow through with it," Davis said.

This is apparently Fly's belief also, because when Davis and Glotfelty approached the colonel and

told him the situation, he agreed to back Davis up 100 percent. He granted Davis permissive temporary duty to help Kind.

Davis used that time to help Kind get back and forth from appointments and helped him get PCS orders to San Antonio. Davis

even assisted Kind in finding a home for him and his family, going so far as to help search for good school districts for Kind's children.

"Whether the Soldier is hurt or mission capable, you have to take care of the Soldier. You start with a Soldier and end with a Soldier, they make the mission happen," said Davis.

When asked if he felt that Soldiers caring for Soldiers would be the same if the situation were turned around, Davis simply stated, "as a Soldier, the only thing this rank means is that I've been in the Army longer than you."

Davis said it best when he said, "Soldiers are what make the Army. Without them, we have no Army."

Currently, Kind is in San Antonio. He hopes to reenlist, but doesn't know to what Military Occupational Specialty at this time. He still has one more surgery on his right ankle and still strives to be a good Soldier.

Davis is awaiting his promotion to captain in November and will take a command position in Division Support Command.

The two men continue to stay in touch at least twice a week. Both believe that the issue of a Soldier helping a Soldier and taking care of your battle buddy still applies to each and every Soldier.

Being a "battle buddy" does not end after leaving a combat zone. For these two men, the term "battle buddy" will always be kept in their hearts.

Asking Davis what he would like to teach Soldiers from his and Kind's experience, he simply said, "Battle buddy isn't just a phrase. Anyone, no matter what rank, no matter how small a deed, can do something to be a battle buddy."

Military Idol is named

American Forces
Press Service
News Release

ALEXANDRIA, Va. — Five Soldiers vied for the "Military Idol" title Saturday at Fort Gordon, Ga., and when the votes came in, Sgt. William N. Glenn, 258th Military Police Company in Darmstadt, Germany, was named the Army's first Military Idol.

The show was Webcast live on Army Knowledge Online. The five finalists were Glenn; Staff Sgt. Ron Henry of Fort Eustis, Va.; Spc. Festus Togbeola, Schweinfurt, Germany; Capt. Ron Carden, Fort Knox, Ky.; and Spc. Ron Sianoya, Wurzburg, Germany.



Viewers logged on to www.militaryidols.com to connect and watch the one-time Webcast of the final competition. The winner was announced Sunday; the show is still available on AKO.

Authorized AKO users include active duty or retired Soldiers, Army Reservists and National Guardsmen. Others can get guest accounts if they know the username of an authorized AKO account holder.

Those eligible for guest accounts include other service members, ROTC and military academy cadets, civilian employees of other services and military and Cabinet agencies, contractors and family members of authorized account holders.

The Military Idol contest, an Army Morale, Welfare and Recreation program, was based on Fox network's "American Idol." Each finalist won a local contest on one of 36 Army installations, where competitions ranged from one night to eight weeks.

The judges were Jack L. Tilley, retired sergeant major of the Army; Debra Byrd, vocal coach and arranger for "American Idol"; and country music artist Michael Peterson, best known for "I Am a Soldier."

The idol received \$1,000; the runner-up, \$500; and the third-place performer, \$250.

'Golden Dragons' honor past and present

Capt. Matt Nethers
1st Battalion, 14th Infantry Regiment

Golden Dragons, past and present, met Oct. 14 to commend noteworthy Soldiers and reflect upon the regiment's history.

An awards ceremony recognized the achievements of Soldiers during "Grant Stakes," a squad-level competition named for Medal of Honor recipient Capt. Joseph X. Grant.

The guest speaker, retired Gen. David Bramlett, motivated Soldiers standing in formation with rousing anecdotes and historical comments.

As well, 25th Infantry Division (Light) leaders Maj. Gen. Benjamin R. Mixon and Command Sgt. Maj. Jerry Taylor, and 2nd Brigade's leaders Col. Stefan Banach and Command Sgt. Maj. Karl Morgan, inspired and congratulated Golden Dragons of today.

Bramlett completed his first tour with 1st Battalion, 14th Infantry Regiment and knew Grant personally. They both were lieutenants and company executive officers during their tours in Vietnam from 1966-1967.

Bramlett recalled the night for which Grant received the Medal of Honor. As the Alpha Company Executive Officer and acting commander, then 1st Lt. Grant inspired his men during an intense firefight Nov. 13, 1966. Bramlett told stories of Grant's personal courage and actions, which saved many souls



Sgt Mark Misola

Sgt. Tyrel Tierney and his squad receive an award from Maj. Gen. Benjamin Mixon, commanding general of the Tropic Lightning Division, after winning the "Grant Stakes" competition.

Pamphlet updates career management for officers

Army News Service
News Release

WASHINGTON — Department of the Army Pamphlet 600-3, Commissioned Officer Development and Career Management, has been rewritten and was released to the field electronically Oct. 21.

Officers can view the updated pamphlet at http://www.army.mil/usapa/e/pubs/pdf/p600_3.pdf. It has been updated to reflect the latest changes to the Officer Personnel Management System, said Lt. Col. Dennis Harrington of the Army G-1's Officer Accesions Policy Branch.

For instance, Intermediate Level Education, or ILE, has replaced the Command and General Staff Officer Course, he said.

Additional changes to the pamphlet are expected next year, Harrington said. He expects another DA Pam 600-3 to be released in fall 2006, that should include new career timelines.

The G-1 staff redefined the current pamphlet as a professional development guide for all officers based

on specific guidance from Army Chief of Staff Gen. Peter J. Schoomaker.

The pamphlet no longer prescribes a path of assignments or schools that will guarantee success, but rather describes the full spectrum of developmental opportunities an officer can expect throughout a career, Harrington said.

The revised pamphlet emphasizes the requirement for the future force leader to acquire the proper balance of "depth" and "breadth" of experience in challenging leadership positions with a focus on becoming "leader qualified," he said.

Human Resource Command-Alexandria, in coordination with G-1, has established a task force for the review of the entire Officer Personnel Management System.

Harrington said proposed changes are focused on developing the officer corps to successfully serve in a campaign-quality, joint and expeditionary Army, as well as to synchronize the OPMS with the Army's battle rhythm.

ON THE WEB

See www.hrc.army.mil for more details.

Pam 600-3 is the first revision since the OPMS XXI study of 1998 and incorporates the results of the Warrant Officer Personnel Management Study XXI of 2000

as well as recommendations from the Army Training and Leader Development panel studies from 2000 to 2004.

OPMS continues to develop officers with priority to Army needs, and then to officer PD and preference, officials said. Development will be based on skills required, today and tomorrow.

that night. He said the noncommissioned officers with Grant were deeply impressed by his selflessness, telling Bramlett, "Sir, you should have seen Lieutenant Grant."

Bramlett called upon current Golden Dragons to be the type of leaders that also "inspire your men with the force of your example." Soldiers in formation said they were deeply moved by Bramlett's personal testimony of Grant's service and character.

During the awards ceremony, Mixon and Taylor presented 1st Squad, Scout Platoon, with the Winner's Trophy, for having the highest score during the Grant Stakes competition, which consisted of an Army Physical Fitness Test, a six-mile foot march and a stress shoot.

Banach and Morgan presented five Soldiers with the Army Commendation Medal for their service, and Lt. Col. Robert Mundell, commander of 1-14th, and his command sergeant major, Command Sgt. Maj. Anthony Marrero, awarded 29 Army Achievement Medals and Certificates of Achievement to Soldiers for their outstanding performance.

Mundell and Marrero also presented and commended seven wives with Certificates of Appreciation for their devoted service to the Soldiers and families of the battalion.

Bramlett echoed the leaders' comments, stating to the wives, "You are the unsung heroes."

Myths cloud the new NSPS

Department of the Army
News Release

In General

MYTH: NSPS does nothing to help with national security.

FACT: Not true. The mission of DoD is national security, and civilians play a vital role in supporting that mission. NSPS provides the Department the tools necessary to recruit, retain, and manage the civilian workforce to accomplish our critical mission in a more effective and efficient manner.

NSPS will also provide flexibilities so we can reduce our reliance on the military to perform jobs that civilians can and should perform, freeing up the military to perform its warfighting duties.

NSPS is a mission-driven, performance-based system that motivates, recognizes and rewards excellence, which will result in an overall improvement to mission effectiveness and enhanced national security — critical in the Global War on Terrorism.

Regarding Benefits

MYTH: I will lose my benefits under NSPS.

FACT: NSPS will not affect rules governing retirement benefits or eligibility, health and life insurance, leave, attendance, and other similar benefits.

MYTH: NSPS eliminates veterans' preference for reduction in force (RIF) and hiring.

FACT: NSPS preserves veterans' preference. DoD is committed to the principles of veterans' preference; under NSPS, veterans continue to receive preference for both hiring and RIF.

MYTH: I will lose my job security and there will be layoffs.

FACT: No jobs will be eliminated because of NSPS. In fact, under NSPS there may be more opportuni-

NSPS Town Halls

All civilian personnel are encouraged to attend an upcoming Town Hall briefing to learn more about this new personnel system:

- Nov. 15, 1-3 p.m., Keyser Auditorium, Tripler Army Medical Center, and/or
- Nov. 16, 1:30-3:30 p.m., Sergeant Smith Theater, Schofield Barracks.

ties for civilians as military positions are converted to civilian. By easing the administrative burden routinely required by the current system, managers will turn to civilians first when assigning vital tasks.

Regarding Pay

MYTH: I will lose pay under NSPS, and I won't get credit for the time I've already spent waiting for my next within grade increase.

FACT: Employees will not lose pay upon conversion to NSPS. Employees will be converted into NSPS at their current salary. In many cases, employees will receive a salary increase equal to the amount they have earned towards their next within grade increase (known as the "WGI buy-in").

MYTH: There will be no locality pay under NSPS.

FACT: The proposed NSPS pay system includes a locality-based component of pay called a "local market supplement" that is paid in addition to an employee's basic pay. The local market supplement will be based on market conditions related to geographical and occupational factors, and may differ from one occupation to another in a given locality area.

Employees will be entitled to increases to the local market supplement, unless they are performing at an unacceptable level.

MYTH: NSPS is just a way to

freeze the pay of DoD civilians, since we're no longer entitled to the automatic January pay increase or within-grade increases.

FACT: The annual January pay increase, as we know it now, will change. The proposed pay rules provide for periodic "rate range" adjustments, to adjust the minimum and/or maximum rate of a pay band. When a minimum rate of a pay band is adjusted upward, employees will receive an equivalent increase.

There are no "steps," similar to the GS system, in a pay banding system. Instead, pay increases and/or performance bonuses are based primarily on your performance rating. Unacceptable performers are not eligible for pay increases under the proposed system.



MYTH: Under NSPS, funds for salaries and bonuses will no longer be certain.

FACT: DoD is committed to ensuring civilian compensation is protected. In fact, the law requires that the aggregate amount of money allocated for civilian compensation for organizations under NSPS cannot be less than the amount that would have been allocated under the existing system.

Under NSPS, the overall amount of money that would have been used for the annual January pay adjustment, within grade increases, quality step increases, and similar payments, will be used for civilian pay, and those funds will be protected. However, the proposed NSPS pay system will distribute those funds based primarily on performance.

On Labor-Management Relations

MYTH: Unions have had no involvement in developing NSPS.

FACT: The proposed NSPS regulations are the product of a broad-

based, collaborative effort across the Department that began in 2004. This included a number of meetings with employee representatives involving extensive and fruitful discussions on potential options for the design of the system. In several areas, the proposed regulations reflect the interests and concerns that were voiced during those consultation sessions.

We also held numerous focus groups and town hall meetings, many of which included local union involvement, to gather input and feedback on the system design. Now that we have published our proposed regulations, the next step in this process is to gather comments and recommendations on the proposed regulations, and engage in more discussions and dialogue with employee representatives as called for in the law authorizing NSPS.

MYTH: NSPS will do away with bargaining units and employee unions.

FACT: Not true. The implementation of the NSPS labor relations system will not eliminate unions or bargaining units. Employees will still be able to be represented by labor organizations and to bargain collectively. The proposed rules enable the Department to act expeditiously in carrying out its mission by limiting the situations that are subject to bargaining, and speeding up the bargaining process.

Regarding Employee Rights

MYTH: Employees will lose their fundamental rights to grieve or appeal unfair or adverse actions.

FACT: NSPS does not change critical employee rights such as merit systems principles, due process, whistleblower protections, and protection against prohibited discrimination and personnel practices. There will continue to be avenues for employees to seek redress.

For bargaining unit employees, negotiated grievance procedures will remain part of the process, and other employees will continue to have access to administrative grievance procedures and formal appeals processes for adverse actions.

News Briefs

Organization Day — Veterans of the 29th Engineer Battalion (Topographic) are invited to attend the 29th Eng. Bn.'s Organization Day, tomorrow, Oct. 29, at the Polynesian Culture Center.

Vendor Display — The GSA Global Supply Store located at Schofield Barracks will host a Hardigg storm cases vendor display Nov. 2 from 9 a.m. to 1 p.m. A free raffle will be held for a Storm iM2500. Direct questions to Mike Martin at 655-0280.

Combined Federal Campaign — No, it's not too late to contribute to the 2005 Hawaii-Pacific CFC. This year's theme is "Heroes of the Pacific — Be One!" and the 25th Infantry Division (Light) is the designated Army agency for all Army units participating in Hawaii's campaign. Staffs look forward to coordinating an effective and rewarding campaign.

As the largest workplace charity campaign in the country, and the only campaign authorized to solicit and collect contributions from federal employees in the workplace, the mission of the CFC is to promote and support philanthropy. For more details, contact Capt. Andrew Thompson at 655-8130.

Paid Interns — Every couple years, outstanding graduates are selected from universities to participate in the Department of the Army Logistics Management Internship Program at Fort Lee, Va. The next recruitment effort being pursued will use

See "News Briefs," page A-10

Air Force Space commander addresses APCSS

Mary Markovinovic
Asia-Pacific Center for Security Studies

HONOLULU — "It's not about space. It's about us down here, being able to work together."

That was the message from Gen. Lance W. Lord, commander of U.S. Air Force Space Command today as he spoke to international fellows attending the Asia-Pacific Center for Security Studies.

Lord provided more than 100 fellows from 34 countries a general overview of the U.S. Space program. He spoke of the impact that space operations have on global community, both militarily and economically.

From satellite broadcast to pagers to global positioning, the environment of space is the new "high frontier," and the U.S. Air Force Space Command serves as its guardian.

Many nations operate in space today or use services based on satellites in space.

"It is important to collaborate with our neighbors," said Lord.

One of the services the U.S. Space Command provides is the tracking of more than 10,000 objects in space. According to Lord, the command supported the recent Chinese space program by tracking objects during the Chinese craft's re-entry into earth's orbit.

Working together is a matter of international security. According to Lord, everyone reserves the right to operate in space. They also have a right to defend against the space environment.

Interoperability and cooperation are important as the global econo-

ON THE WEB

Get more details about the APCSS at www.apcss.org.

my grows in its reliance on space capabilities.

U.S. Air Force Space Command is leading the way on the high frontier as it develops new programs such as space radar and recapitalizes existing capabilities.

The Space Command is also looking at ways to make satellites and satellite launches cheaper and also to reduce the amount of time it takes to launch into space from months/weeks to hours/days. Doing so will increase responsiveness to international needs such as the ability to send up a satellite to help gather information and improve communications when dealing with international disasters such as last year's tsunami.

The APCSS regularly addresses regional and global security issues, inviting military and civilian representatives of the United States and 45 Asia-Pacific nations to its comprehensive program of courses and conferences, both in Hawaii and throughout the Asia-Pacific region.

The Center supports the U.S. Pacific Command's objective of developing professional and personal ties among national security establishments throughout the region.

APCSS focuses on a multilateral and multidimensional approach to defining and addressing regional security issues and concerns.



Photos by William R. Goodwin

Above — Gen. Lance W. Lord, commander of U.S. Air Force Space Command, Peterson Air Force Base, Colo., briefs international fellows on future initiatives at the APCSS.

Left — The APCSS frequently hosts visitors like members of the Association of Southeast Asian Nations (ASEAN) Regional Forum, who discussed "Confidence Building Measures," Oct. 17, and met with fellows attending the Executive Course.



Family From A-1

He introduced Web sites that included www.army.mil/wellbeing, www.sexualassault.army.mil and <http://mentorship.army.mil>, among others.

"There's so much to click on ... your wrist may grow tired," said Dingle, who stressed military families' needs to serve, live, connect and grow. "There are some great initiatives out there in the field that we're going to take advantage of in the coming fiscal year."

"We're going to take more trips out to see what those programs and services are and get the feedback on those programs so that

we know how to make them better."

Dingle said that as of Sept. 29 about 268,000 Soldiers have used the Rest & Recuperation Leave Program, instituted in 2003, only about 10 percent. About 40,000 Soldiers used the program before DoD started paying for flights from Dallas or Atlanta to the airport closest their homes, but only about 3,500 have sought reimbursement for airfares they purchased out-of-pocket.

"We want those [other] Soldiers to come in," he said. "We owe them the reimbursement."

Virtual family readiness groups online

Brig. Gen. John A. Macdonald,

commander of the U.S. Army Community and Family Support Center (CFSC), outlined how the multicomponent family support network and virtual family readiness groups provide support and information to assist Soldiers and families before, during and after deployments.

Macdonald said surveys indicate that 87 percent of enlisted families have a computer in their home and 93 percent of officers' homes are computer-equipped, thus explaining the Army's creation of more and more Web sites to spread the wealth of its programs.

"You can't expect the industrial age of leaving personal lives at the fence," he said. "We did that for

awhile and we had baby carriers on the bleachers during [physical training]... We've gotten smarter than that."

"You can't hire part of the person. ... And if you don't pay attention to all of that, the Department of Defense says you don't retain that skilled, motivated, very functionally capable [Soldier]... We have a group of people that we can't afford to let go," explained Macdonald.

Next phase is "Operation Ready"

Macdonald touched on refining Operation Ready, the next phase of Army Family Team Building,

Family Readiness Groups, Military One Source and the Web site www.MyArmyLifeToo.com, among other programs provided by CFSC.

Everything discussed in the forum is designed to simplify life for Army families, he said.

"We want to make every Soldier and every family feel that they can do anything that they want to do," said Brig. Gen. Russell L. Frutiger, U.S. Army Europe's deputy assistant chief of staff, G-1, adding that the Army views deployment as a family affair. "It's just a totally new way of doing business."

(Editor's Note: Tim Higgs writes for the U.S. Army Community and Family Support Center.)



Friends and family members say "goodbye for now" to Soldiers of the 909th Quartermaster Detachment at Schofield Barracks, Oct. 25.

909th From A-1

ready for what lies ahead of them.

"I'm nervous but very confident in the skills of the team," said Spc. Jason Marquez, water purification specialist. "Also, I am looking forward to the different things that we'll have the opportunity to experience while we are over there."

With motivation high, within a tight-knit group of Soldiers, the governor had one last comment

to make in his speech.

"Go with courage and strength," he said. "Do what needs to be done, knowing that every day we are thinking of you and praying for you."

When the ceremony ended, Command Sgt. Maj. Walter P. DeJesus, 105th Troop Command, Guam National Guard, gave his final parting comment.

"The time will come when you will return and share your experiences with us," said DeJesus. "Until then, Godspeed."



Photos by Capt. Jason M. Sabat

Ready for deployment

In order to be prepared for their Operation Iraqi Freedom deployment, Soldiers from 909th Quartermaster Detachment (ROWPU) recently conducted a convoy escort exercise that involved reacting to an improvised explosive device and a small arms attack. The exercise also incorporated a medical evacuation helicopter. The Guam National Guard unit held their deployment ceremony on Schofield Barracks, Oct. 25.



"Hillclimbers" of Company B, 214th Aviation Regiment (from the 2nd Battalion, 25th Aviation Regiment, Wheeler Army Air Field, Hawaii), worked tirelessly for days on the flight line at Bagram Air Field, Afghanistan.

Hillclimbers

From A-3

wanted to help; and, be part of something larger than themselves to help someone in absolute need," Bednarek added.

With the death toll topping 80,000 and climbing daily, it is truly a race against time and harsh winter weather to re-assemble the CH-47's and deploy them to Quasim Airfield.

Already, Task Force Quake has flown more than 400 sorties and delivered at least 1.2

million pounds of relief aid in the form of food, blankets, and tents. Within a few days, all four of Co. B, 214th Avn. Rgt. CH-47's will be re-assembled and in Pakistan — adding to the relief effort for the earthquake-stricken area.

For many of the Soldiers, this mission is one that they truly believe in. Sgt. Noel Rao of Co. B, 214th Avn. Rgt., took a break from re-assembling tail number 300 and had this to say, "I love what I do, and I love what we stand for. It feels good to be a part of it all."

AUSA From A-1

the easy-to-operate reconnaissance and surveillance MAV, followed by a demonstration from Pvt. Mitchell Brown, an MAV operator in the battalion.

Looking over Brown's shoulder and into the sky, Sullivan watched as he controlled the MAV above the MOUT site with a remote control.

The purpose of the MAV system is to give real-time combat information to small units, which is especially helpful in urban terrain where the enemy has more opportunities to hide.

Sullivan and Spencer then walked down to a building inside the MOUT site and observed Soldiers from 2nd Bn., 27th Inf. Rgt., enter and clear its rooms.

Wearing interceptor body armor, goggles and a Kevlar helmet, Sullivan viewed the blank and live-fire training up close, alongside the Soldiers.

Ten minutes later, all of the Soldiers gathered at the bottom of a small mound as Sullivan addressed them.

"What you remind me of today is the very simple fact — wars are not won by stuff. The stuff is great, but the fact of the matter is, it takes competent, confident, tough, courageous Soldiers to go into these buildings and do what you do," Sullivan said.

It was then off to Wheeler where



Sullivan (far left) asks a question about a OH-58D Kiowa Warrior helicopter inside a Wheeler Army Air Field hangar during a walking tour of Aviation Brigade's reset program, Oct. 19.

Sullivan and Spencer received a walking tour of the Aviation Brigade's OH-58D Kiowa Warrior helicopter reset program.

Bill Anthony, a production supervisor with Lear Siegler Services, Incorporated, answered questions from Sullivan and Spencer while other workers provided maintenance to several Kiowa helicopters inside the hangar.

An AUSA conference review and

leadership professional development occurred after the walking tour at the Post Conference Room here. Brigade and battalion commanders, command sergeants major, and primary and special staff attended the review and LPD.

A senior leader luncheon was held at the Nehelani Conference Center.

Sullivan and Spencer flew over the division's training areas on Oahu for the last part of the tour.

News Briefs From A-1

the Federal Career Intern Program, as the vehicle to hire National Supply and Maintenance Interns for FY 06.

This program is unique because it provides someone without Army working experience the opportunity to start a career with DA as an Army civilian. Interns are hired into the U.S. government and report to Army Logistics Management College (ALMC) at Fort Lee for six months.

If you're interested in finding out more, contact Jose Servida at 438-8650. The application deadline for interns starting in January 2006 is Nov. 30, 2005.

OCS Board — The next Headquarters, Department of the Army Officer Candidate Selection Board is scheduled to convene the week of Jan. 30. Soldiers who wish to be considered by this selection board must submit their applications through command channels to the Directorate of Human Resources, DA Boards Section, Building 750, Room 130 (located on Ayers Avenue), Schofield Barracks, no earlier than today.

The Installation Structured Interview Panel will convene Nov. 14-18 to interview qualified applicants. Specific interview dates, times and locations will be provided to each individual applicant. Eligibility criteria and application procedures are outlined in Army Regulation 350-51.

If you are interested in applying for OCS, provide an original and three copies of your completed application packet to DHR. For more information about education and clearance requirements, call Quenita Samuel at 655-4511.

Military Spouse 101 — Army Family Team Building (AFTB) presents Military Spouse 101, Nov. 8 and 10 from 9 a.m. to 12:30 p.m. at the Schofield Army Community Service Center. This two half-day course is designed to introduce spouses to the military lifestyle and serve as a refresher course for spouses who have been around for a while.

Spouses should come on out and meet new people, share experiences and increase their knowledge. Attendees will receive a certificate of completion and a special gift from AFTB.

Register at 655-2400. Free child care is provided with advance notice to the Child Development Center; however, children must be registered with Child and Youth Services. Contact Robin Sherrod, AFTB program manager, at 655-2744 for more information.

Native American Indian Heritage History Month — The 25th Infantry Division (Light) and U.S. Army, Hawaii, proudly present the annual Native American Indian Heritage Month Celebration, hosted by the Military Police Brigade-Hawaii.

As the first people to call our country home, American Indians and Alaskan natives have a noble history in this land and have long shaped our

nation. During National American Indian Heritage Month, the command will celebrate our commitment to respect and preserve rich Native American traditions and cultures.

This year's celebration will be held Nov. 18 at 1 p.m. on Sills Field, Schofield Barracks, and the celebration promises to be both educational and entertaining, celebrating diversity with the theme "Strength with Honor, Pride and Dedication."

For more information, call the Military Police Brigade-Hawaii Equal Opportunity Advisor's Office at 655-2155 or at 386-0579, cell.

Strong Marriages — Do you want to strengthen your marriage? Take a day off work? Spend some time alone without the kids? Stay overnight at a hotel at no cost to you?

If your answers are yes, see your unit chaplain about the "Building Strong and Ready Families" program, or contact the division chaplain's office at 655-9303.

Newcomers Orientation — Every other Tuesday, the Fort Shafter Army Community Service is hosting its Newcomers Orientation Tour for Soldiers and family members transitioning to the island of Oahu, to familiarize newly assigned personnel to the Hawaiian culture, customs, language, surrounding communities, Hale Koa Hotel and various points of interest on the island.

Registration is required and seating is limited. Call ACS Fort Shafter at 438-9285 for registration or questions about the next orientation.

'Virtual Commissary' opens doors

By Bonnie Powell
Army News Service

FORT LEE, Va. — Commissary shoppers looking for a different kind of gift for friends or family at home or abroad can let their "fingers do the clicking" at the new Virtual Commissary.

Located under the shopping link at <http://www.commissaries.com>, Virtual Commissary will open up a whole new world of Internet shopping for authorized users of the commissary benefit.

"We're excited about DeCA's first adventure into the world of Internet shopping," said Patrick B. Nixon, chief executive officer and acting director for the Defense Commissary Agency.

Initially, one of DeCA's business partners, Kraft Foods, Inc., is kicking off Internet shopping with a selection of gift baskets.

"But the number of vendors and manufacturers participating will continue to increase, along with the variety of products," Nixon said.

All of the products in the gift baskets at Virtual Commissary can be found on the shelves of "brick and mortar" commissaries, but the unique packaging of products into gift and special occasion baskets adds a new

twist. With titles like "Camouflage," "Drill Sergeant" and "Touch of Home," the baskets offer assortments of crackers, canned cheeses, cookies, candies and even beverages and coffee packs.

Secure portal for safe access

To access the extended commissary, shoppers must pass through a secure portal found under the shopping link at www.commissaries.com. Personal information entered by the customer is validated to ensure they are an authorized shopper.

Access is dependent on whether the customer is entered in the Defense Enrollment Eligibility Reporting System (DEERS). Military exchanges use a similar method to check for authorization before permitting access to exchange Web sites or online shopping.

DoD civilians stationed overseas who are otherwise authorized to shop at commissaries may not be able to access Virtual Commissary until changes are made to the DEERS database by the Defense Manpower Data Center, said DeCA officials. DMDC is targeting completion of the changes for late November.

Virtual Commissary cus-

tomers can make selections and fill in their payment and shipping information in one easy and secure step, before being transferred to the manufacturer's site where they can get total cost for the product (including the shipping) and finalize their purchase.

The customer pays shipping and handling charges, just as at most other Internet shopping sites, and charges will vary depending on the method of shipping selected, the location and the speed of delivery requested.

Customers can check for availability of delivery to APO and FPO addresses as well as get more information on what's in the gift baskets by clicking on the image of the gift basket at Virtual Commissary.

Payment for orders can be made with any credit card accepted in "real" commissaries, and customer information is not archived by DeCA.

Down the road, Virtual Commissary expansion could include making a wide variety of commissary products available, a feature that would allow deployed military service members, retirees and other authorized shoppers to order items they want and need at commissary savings.

3rd BSTB

From A-1

tol, M-249 squad automatic weapon, and MK-19 grenade launcher training, in order to familiarize Soldiers assigned to the 3rd BSTB. A secondary purpose was to build unit cohesion in a battalion that was formed from elements of disparate units, Aug. 15.

"[I liked] how the MPs [military police] were integrated into our training," said Pvt. Monica Hernandez of Company B. "We learned a lot from them."

While firing didn't begin until Oct. 12, training got underway immediately.

When the sun set, MPs from Headquarters and Headquarters Company and Military Intelligence Soldiers of Co. B erected shelters.

After the evening chow was churning in their stomachs, squads began training in movement, breaking contact and practicing nine-line medical evacuations, which could be heard echoing through the volcanic crater in the moonlit night of Kaneohe Bay.

When the first night's training was complete, guards assured security and safety, while Soldiers were lulled to sleep by the surf crashing below the K-Bay Range Training Facility.

After watching the sun rise over the bay, Soldiers fired the M-249 and M-9, and then, after a quick lunch, most assembled to fire the MK-19.

Primary marksmanship instructor and MP Sgt. Andrew Scott thoroughly prepared them to shoot. Also,

battalion commander Lt. Col. Bryan P. Truesdell joined the training — for the education, fun and motivation, he said — sitting down at an MK-19 and firing a drum of 40mm rounds at a distant hillside.

Long after the sun went down and a half-moon lighted the crater, training was still underway with Soldiers honing their MOS-related skills.

At dawn on day three, anticipation was high. Soldiers would be conducting squad movements (up and down a nearby hill) and fireman carries, and reacting to indirect fire, only to arrive, hearts pounding and out of breath, at a line of M-249s and M-9s.

Hands trembling with exhaustion, Soldiers loaded their weapons and successfully engaged their targets. When they had completed shooting, training was still far from over. Several squads gathered in the bivouac area to conduct an impromptu class in combatives. Soldiers squared off against one another — cheered on by their peers and leaders alike — to choke out their opponents.

After combatives, Soldiers moved on to the MK-19 range to again fire their weapon of choice. However, as the sun waned, the busses pulled up, and the Soldiers fell wearily into their seats, now eager to return home.

Overall, the K-Bay range training provided 3rd BSTB Soldiers exposure to a variety of weapons systems they may be required to fire in combat. Especially for young Soldiers, the training was well-received.

Pfc. Jane Lee, Co. B, 3rd BSTB, said that firing the M-249 and MK-19 helped her prepare for upcoming deployments "because there's lots of situations where I might be put on that weapon [and] I got to load it and get a feel for the weapon."

Pfc. Christopher Stokes, also from Co. B echoed similar sentiment, "[Now,] in case there's ever a problem, I can hop up in the MK-19 or something like that."

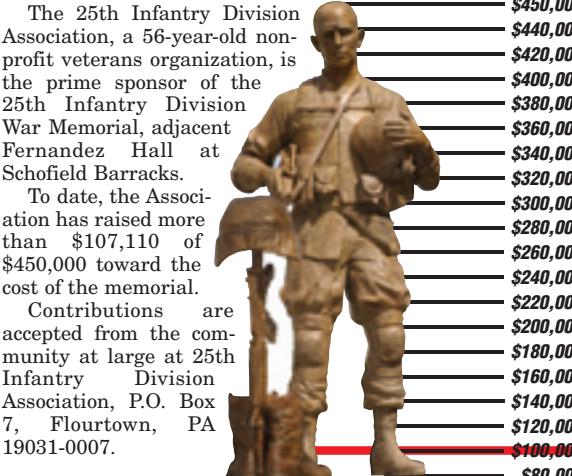
The 3rd BSTB continues to develop as a team with *esprit de corps*. Cross training amongst companies is creating a more flexible and lethal supplement to the Brigade Combat Team such that the Soldiers and leaders of the 3rd Brigade Special Troops Battalion are truly "On Point" to fight the global war against those who threaten our way of life.



1st Sgt. George Bianco, Jr.

Spc. Cynthia Archibald and Pvt. Monica Hernandez conduct combatives training at Marine Corps Base Hawaii, Kaneohe Bay. Their unit, 3rd Brigade Special Troops Battalion, also provided weapons familiarization training for Soldiers at K-Bay's Range Training Facility.

Memorial funds rise



The 25th Infantry Division Association, a 56-year-old non-profit veterans organization, is the prime sponsor of the 25th Infantry Division War Memorial, adjacent Fernandez Hall at Schofield Barracks.

To date, the Association has raised more than \$107,110 of \$450,000 toward the cost of the memorial.

Contributions are accepted from the community at large at 25th Infantry Division Association, P.O. Box 7, Flourtown, PA 19031-0007.

All can help to end Domestic Violence

Each year in October, the U.S. Army joins other Department of Defense agencies and the civilian community in observing Domestic Violence Prevention Month, to reaffirm and renew its total commitment to promoting a safe and healthy environment for all families.

The Army's theme for this year's celebration is "Stand Up and Speak Out Against Domestic Violence." Increasing the public's understanding about domestic violence can help communities support survivors and their families, as well as individuals and agencies that provide intervention and prevention services throughout the year.

The awareness month is a time to encourage the public to take active steps to prevent domestic violence. The hope is that intensified awareness efforts combined with an ongoing, broad spectrum of prevention work will bring communities closer to ending domestic violence.

The time is now for community members to stand up and speak out to say the violence must stop.

Research indicates that 30 percent of Americans say they know a woman who has been physically abused by her husband or boyfriend in the past year. Further, the Army has consistently shown the highest rates of domestic violence of all the services.

The victim of domestic violence in the military is predominately the female, civilian spouse of active duty personnel. Victims normally have children and have been married two years or less.

In a 2002 research study sampling active duty females, 29.9 percent reported lifetime intimate partner violence, defined as physical and/or sexual assault from a current or former partner.

Men in our community play an important role in our nation's efforts to stop violence against women. All men have the opportunity to serve as role models and mentors for other men and boys regarding the proper treatment of women and girls. All children need to be taught at a young age that using violence is wrong and will not be tolerated.

Men are in a unique position to communicate this message in a strong, compassionate and meaningful way. Working in partnership, men and women together can make enormous strides toward changing attitudes and perceptions around domestic violence, sexual assault, and stalking.

Education and awareness is crucial to changing attitudes and perceptions and to ending the daily occurrence of domestic violence. The Army Family Advocacy Program (FAP) and its parent organization, Army Community Service (ACS), stand ready to provide preventive resources in the areas of enhancing family relationships and educating new spouses on the military lifestyle, financial management, improving job skills, and facilitating support groups.

For families who are at risk or in abusive relationships, chaplains, FAP Social Work Services, Marriage and Family Therapy Center, and Mental Health services are committed to providing timely professional care.

U.S. Army Hawaii's Victim

COMMENTARY

Dee Athey

Advocacy Program provides comprehensive assistance to victims of spouse abuse and to active duty victims of sexual assault. Installation victim advocates provide immediate and ongoing information and referrals to a variety of military and civilian resources, to include referrals for counseling, legal services, and safe shelter for victims of Domestic Violence.

Advocates support Schofield Barracks and Fort Shafter Military Police with victim advocacy 24 hours a day, seven days a week. They provide immediate assistance to Soldiers and spouses

who are in crisis due to a domestic incident, and to assist active duty victims of sexual assault.

Domestic violence hurts everyone. We may not be able to totally eradicate domestic violence, but we can help improve the quality of life for families by changing our attitudes towards domestic abuse, availing ourselves of community resources, and encouraging others to access these resources.

The community that seriously expects to eliminate this vicious problem and break the cycle of violence must take an active stance against domestic violence.

For more information about how you can stand up

and speak out against domestic violence, the ACS FAP can be reached at 655-2400 (655-4ACS) for information.

If you or someone you know is in an unsafe relationship, call a victim advocate at 624-SAFE (624-7233).

(Editor's Note:

Dee Athey, an advocate for the Army Family Advocacy Program.)

Soldiers do not put up with domestic violence.

Take action and report.

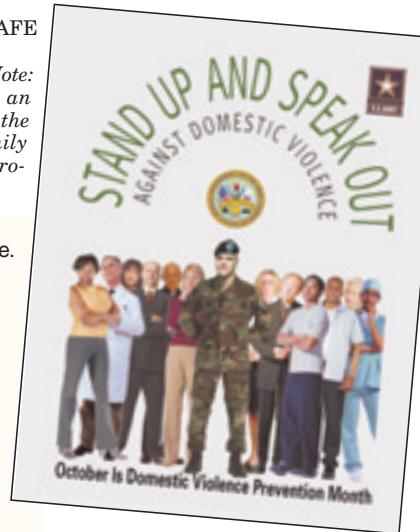
Accept no excuses.

Never ignore the signs of abuse.

Develop a strong community response.

Uphold the rights of victims.

Participate in prevention; do not be a bystander.





COMMUNITY & SPORTS

Friday

B-1

October 28, 2005

Making a difference

3rd Brigade lends some helping hands

Sgt. Maurice Smith
3rd Brigade Public Affairs

Soldiers in the Army are known for making a difference 365 days out of the year. From training, to fighting, protecting, volunteering or providing relief efforts, troops are pitching in to make some type of change whenever and wherever they go.

However, Sat-



Spc. Matthew Comley provides stability on the stage by drilling nails into the plywood.

urday was a special day focused toward doing what the military does so well, which is to lend a helping hand.

The fourth Saturday of every October is Make A Difference Day. This day is dedicated to volunteering and helping others, neighbors helping neighbors. For this year's celebration, 3rd Brigade and others helped out their neighbors in the local community.

"We are with one school, Ka'ala Elementary. They needed a parking lot striped, so we are going to do that for them," said Capt. Andy Taylor, chaplain of 2nd Battalion 5th Infantry Regiment.

Unfortunately, Saturday was filled with rain, so the unit had to reschedule the painting for the next day. Although they had to reschedule that particular volunteer effort, they were still able to help others on different projects.

The Soldiers built a wheelchair ramp adjacent to one of the sidewalks at Mililani High School, and painted the seven-inch guns displayed at Fort DeRussy.

"It's just an opportunity to

RELATED STORY

- Army Hawaii Soldiers and family members showed up in force to contribute to Make a Difference Day. B-6

enhance community relations between the military and community organizations," Taylor said.

Maj. Erik Schourek, executive officer for 2nd Bn., 35th Inf. Rgt., also felt the same way.

"I think it's really important for the guys to give some time back to the community because the community supports us in our endeavors," Schourek said.

Schourek and Soldiers from 2-35 also got in the mix for Make A Difference Day. They strengthened and refinished a stage floor for the Kipapa Elementary School in Mililani.

The stage floor is used for plays, graduations and award ceremonies at the school, and it was in pretty bad shape according to Sherry Yamaza, Vice Principle.

"The floor is pretty much worn down. It's pretty old," Yamaza said.

"We asked Maj. Schourek and his men if they could come in and redo the floor stage by putting a new floor board on it, screw it on, and basically put a new board over the old one, and tile it," she said.

The unit used the school's partnership fund to buy supplies and tools needed for the project. More than 40 Soldiers from different companies within 2-35 volunteered to help out in this task.

Having a volunteer turnout this successful really shows the true nature of 3rd Brigade's troops and the strong relationship that the community and Soldiers have built with one another here, according to Taylor and Schourek.

"This is strictly volunteer," Schourek emphasized to point out the community relationship.

"I know that last year this school did a little farewell skit for the battalion, and remained in contact with the battalion while they were deployed to Afghanistan. And then they did a

welcome presentation upon our return, which included dinner for Soldiers, so this is our time to give back to them for their support," he said.

Above —Soldiers from 2nd Bn., 5th Inf. Rgt. paint a seven-inch gun at Fort DeRussy.

Below —Sgt. Charlie Williams ensures the ground is level before concrete can be poured.



were very excited to have service members volunteer their time to help and save money. Some of the projects cost thousands of dollars to hire contractors to do the job, but Soldiers completed these tasks for next to nothing money-wise.

"I believe they saved us about \$5,000. It cost us almost nothing at all. The only thing we paid for was the pizza for their lunch, but that's no cost at all because we are glad to do it," said Yamaza.

"The teachers were so happy," she said. "I told them that we are going to have a new floor and they got so excited."

The community and the schools

Trick or Treat, is there anything still good to eat?

Compiled by Joy Boisselle
Staff Writer

Halloween Trick or Treat hours for the Fort Shafter and Schofield Barracks areas are Monday, Oct. 31, from 5:30 to 7:30 p.m. only. Children under the age of 10 require an adult escort.

The Tripler Army Medical Center's Department of Radiology will X-ray candies on Oct. 31 from 8 to 10 p.m. and again on Tuesday, Nov. 1, from 1 to 5 p.m. This service is available to eligible military beneficiaries, and children must have an adult escort.

X-rays will primarily show metallic objects within candies or treats. X-rays cannot detect whether other potential harmful substances such as fine glass, liquids, powders or chemical contaminants have been added to treats.

Parents are strongly encouraged to visually inspect all candies prior to consumption.

October 28

• SB Teen Social — Teens are invited to the Halloween Dance at the Schofield Teen Center tonight from 7 to 9:30 p.m. The cost is \$3 for CYS members and \$4 for non-CYS members. Teens wearing Halloween costumes will receive \$1 off admission.

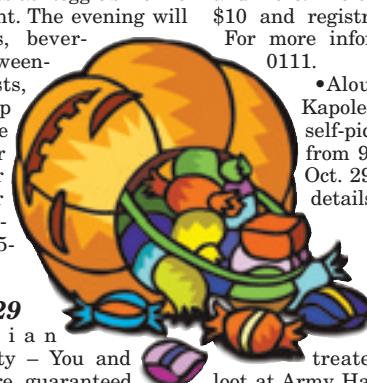
— AHFH Community Center at Helemano Military Reservation will host a magic show on Friday. Call 275-3780 for time and details.

• Monster Bash — Come enjoy a spook-filled event with plenty of tricks and treats at Reggie's from 8 p.m. to midnight. The evening will include pupus, beverages and Halloween-related contests, so dress up, stop by and enjoy the fun. Monster Bash is for adults only. For more information, call 655-4466.

October 29

• H a w a i i a n Humane Society — You and your family are guaranteed "Howl-oween" fun at the Hawaiian Humane Society's K-9 Game Day on Saturday, Oct. 29, from 9 a.m. to 2 p.m. This event will feature wacky and wild games for your dog, a pet costume contest, educational booths, dogs for adoption, "Pictures with Santa Paws" and more.

K-9 Game Day will be held at Thomas Square Park in downtown Honolulu with parking at the Neal Blasidell Center. For more information, call 356-2290 or go online at



www.hawaiianhumane.org.

• Spook-a-thon — The Schofield Barracks Craft Shop will host a Spook-a-thon on Oct. 29 from 10 a.m. to 2 p.m. Come enjoy prizes for the scariest costume, pumpkin carving, spooky crafts, cookies, juice and more. The cost for the event is \$10 and registration is required. For more information, call 655-0111.

• Aloun Farms in Kapolei is sponsoring a self-pick Pumpkin Patch from 9 a.m. until 5 p.m., Oct. 29 and 30. For more details, call 677-9516.

October 31

• Community Centers, the Schofield Inn and the PX — Trick or treaters can get more loot at Army Hawaii Family Housing community centers, the Schofield Inn and at the Schofield Barracks post exchange on Monday, Oct. 31, from 5:30 to 7:30 p.m. Stop by for lots of candy and treats.

• Fort Shafter Military Police — Children and residents all want to enjoy the Halloween tradition knowing that their children are safe. This year, Fort Shafter MPs will be at four locations during trick or treat hours to render assistance to the community: 1) Aliamanu Military Reservation's Burg-

er King parking lot, 2) AMR's Red Hill Country Store, 3) Tripler's Rainbow Park, and 4) Fort Shafter's Child Development Center parking lot (adjacent Parks Road).

For questions or concerns, call the Fort Shafter MP Operations Desk at 438-8012 or 438-8032. For an emergency, dial 911 or 438-0911.

• HMR Chapel Harvest Party & Chapel Open House — The Helemano Military Reservation Chapel will host a Harvest Party and Chapel Open House (at the HMR Chapel) from 5:30 to 8:30 p.m. This event is free and open to all.

Come out and enjoy the fall crafts, carnival games, friendly costumes, face painting, castle inflatable, shaved ice, hot dogs, candy and prizes.

• AMR Chapel Candy Carnival — AMR chapel will host a Halloween-alternative candy carnival from 6 to 8 p.m. Events include games, prizes, face painting, picture taking, candy and refreshments.

Activities are available for children, ages 3 to 5 and grades 1-6, plus for youth in grades 7-12. Chapel organizers are requesting no scary costumes; registration is required. Call 836-4599 for more information.

• Bishop Museum's 18th Annual Treat Street — Gather on the Great

Lawn for a spook-tacular night of fun for costumed keiki of all ages. Treat Street, a custom-designed neighborhood of colorful house fronts built by students of the University of Hawaii's School of Architecture, will be at the center of the evening's activities.

Children under 12 are invited to gather Halloween loot as they trick-or-treat down Treat Street. Admission is free, and the event runs from 5:30 to 8 p.m. For additional information, call 847-3511 or visit www.bishopmuseum.org.





MWR Briefs
Serving America's Army in Hawaii

OCTOBER

28 / Today

Hawaiian Luau Lunch Buffet

— Taste a traditional Hawaiian style feast today from 11 a.m. to 1 p.m. at the Hale Ikena on Fort Shafter, or 11 a.m. to 2 p.m. at the Nehelani on Schofield Barracks. Cost is \$9.95 per person.

Call the Hale Ikena at 438-1974 or the Nehelani at 655-4466 for lunch buffet reservations or information.

NOVEMBER

4 / Friday

Seafood Bucket for Two

— It's back! Seafood lovers can dig into a variety of seafood, including shrimp, crab, clams and mussels at Reggie's, tonight from 5 to 8 p.m.

Cost is \$19.95 for two and includes the seafood bucket, a pitcher of your favorite beverage and selected side dishes. For reservations or more information, call 655-4466.



Teen Social

— Join friends for an evening of fun at the Schofield Barracks Teen Center from 7 to 9:30 p.m. Listen to music, dance, play games or participate in contests. Admission is \$3 for members and \$4 for nonmembers.

7 / Monday

Nehelani Advisory Council Meeting

— Make a difference in your club system by attending the bimonthly council meeting today at the Nehelani Banquet and Conference Center, Kukui Room, on Schofield Barracks.

The meeting will begin at 11 a.m., and the community is invited to attend. For more details, call 655-4466.

Mongolian Barbecue

— Select your favorites from a large variety of meats and vegetables and Reggie's staff will grill them to your lik-



Sgt. Dijon Rolle

Artistic endeavors

Jennifer Henry, a military spouse, puts the finishing touches on a ceramic totem pole she is creating at the Ceramics Shop of the Arts and Crafts Center at Schofield Barracks.

ing. Come Nov. 7 from 5 to 8 p.m. for Mongolian barbecue, cooked outside in front of Nehelani with seating in air-conditioned Reggie's.

Cost is 65 cents for each ounce, and reservations are recommended. For more information, call 655-4466.

11 / Friday

Closures

— Reggie's and the Tropics will be closed on Nov. 11 in observance of Veteran's Day.

12 / Saturday

Yu-Gi-Oh

— Get ready to duel at the Tropics. Registration for the Yu-Gi-Oh Tournament starts at 12 p.m. and matches will start at 1 p.m.

Cost is \$6 and includes Yu-Gi-Oh merchandise. Prizes will be awarded, and all ages are welcome. Call 655-8522 for more details.

Parents Night Out

— Leave your kids in the competent hands of Child and Youth Services on Parents Night Out on Nov. 12, and then enjoy a nice night out on the town.

Children enrolled in Parent's Night Out must be registered with the Resource and Referral office no later than noon on Nov. 9. Reservations are on a first-come, first-served basis at the Resource and Referral Office. Call 655-8313 for more information.

NOVEMBER

1 / Tuesday

Hawaii Perinatal Bereavement Network

— The Hawaii Perinatal Bereavement Network will host its annual Candlelight Memorial Service on Nov. 1 from 7 to 8 p.m. at Tripler Army Medical Center. This event is free and open to all family members who have experienced a premature loss during pregnancy or the death of an infant.

A special selection of music, a guest speaker and refreshments will be available. Call 433-6606 for more information.

3 / Thursday

Starting a Small Business

— Are you interested in starting a small business? Army Community Service (ACS) and the Business Action Center will be presenting a workshop on Nov. 3 from 9:30 to 11:30 a.m. at the Schofield Barracks ACS Classroom, Building 2091. Participants can learn about resource materials, government contracts, loan programs, financing and business action centers. For reservations, call 655-2400.

4 / Friday

ACS Employment Orientation

— Take the first step in finding the job you want at employment orientation workshops to be held Fridays on Nov. 4 and 18 from 9 to 10:30 a.m. at the Schofield Barracks ACS Building 2091. Participants will learn how to prepare for the job search process and receive employment information on federal, state, private sector and staffing agencies.

Also, facilitators will discuss the ACS employment resource center, including reference materials, job listings and computers available for use. Call 655-2400 to register.

5 / Saturday

Leilehua High School Craft Fair

— Remember, Leilehua High School is hosting its craft fair in the high school cafeteria on Nov. 5. For more information, call or e-mail Moana

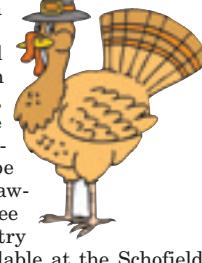
Hip Hop/R&B Night at the Tropics

— Come to the Tropics for an evening of fun and dancing from 9 p.m. to 1 a.m. An \$8 cover charge applies at the door. Call 655-5697 for more information.

19 / Saturday

Turkey Coloring Contest

— Children in grades kindergarten through six can show off their creativity by entering the Turkey Coloring Contest. Entry forms are available at the Schofield Barracks and Fort Shafter Arts and Craft Centers, Army Youth Centers, the Tropics, and area libraries.



Pictures will be displayed in those facilities, and everyone who participates will be entered in a drawing to win a free art class. Entry forms are available at the Schofield Barracks and Fort Shafter Craft Centers.

Nov. 19 is the deadline to enter, and the art class drawing will be held on Nov. 23. For more information, call the Schofield Craft Center at 655-4202 or the Fort Shafter Craft Center at 438-1315.

ONGOING

Family Child Care

— Individuals interested in caring for children in their home should inquire with the Child and Youth Services Family Child Care Program. Benefits include free training, additional income and flexible hours.



For more information, call the Aliamanu Military Reservation's Family Child Care office at 837-0236, or the Schofield Barracks Family Child Care office at 655-8373.

Army Soldier Show

— Performer and technician nominations are now being accepted for the Army Soldier Show. If you are interested in participating or want more information, call the Leisure Activities Office at 655-0112 or 655-0111.

Homeschool Support Group

— Homeschool students are invited to join biweekly group meetings where activities include arts and crafts, field trips, science experiments, computer classes and more.

Call 655-2263 to obtain a copy of the current calendar or to learn more about registration.

liberty and the pursuit of happiness.

All visitors will receive a button that commemorates the 60th anniversary of the end of World War II, which was on Sept. 2.

To take advantage of the complimentary admission offer, veterans must present a valid military ID or discharge papers at the admission window.

Hawaiian Waters Adventures Park

— Make a splash this Veteran's Day at Hawaiian Waters Adventures Park. Active duty military, reservists, National Guard personnel and retirees with a valid military ID can enjoy free all-day admission into the park on Nov. 11.

Up to four friends and family members of the ID holder will receive a 50-percent discount off of general admission. For more information, call the Schofield Barracks Information, Ticketing, and Registration office at 655-9971, or the Fort Shafter office at 438-1985.

The Military Channel

— "Voices of the Great War," a Military Channel television event, will air on Friday, Nov. 11, at 8 p.m. The program, a salute to Veteran's Day, is a very human, very real and very moving exploration of a world at war.

Far removed from sweeping and impersonal histories of the first World War, Max Arthur's best-selling book hears directly from the fighting men and women. Through the words of a generation no longer with us, we can visualize the front line and relive the endless artillery barrages and suicidal assaults across no-man's land, as well as torpedo attacks on the high seas.

ONGOING

Community Calendar Briefs — Do you have announcements of upcoming events or activities you'd like to post in the Hawaii Army Weekly? If so, e-mail your information to editor@hawaiianarmyweekly.com at least two weeks in advance of your event or activity.

HACN TV2 Schedule

Morning

- 6:00 Sign On
- 6:26 Coqui Frog Invasion in Hawaii
- 6:47 Welcome Home Redeployment Guam
- 7:00 Bulletin Board
- 7:30 What's Down the Drain
- 7:41 White Face
- 7:55 Water Safety
- 8:00 Hawaii Army Report
- 8:30 Army News Watch
- 9:00 Pentagon Channel
- 10:00 White Face
- 10:15 Change of Command Ceremony 25ID (L) & USARHAW
- 10:20 Bulletin Board
- 10:50 Welcome Home Redeployment Guam
- 11:04 Coqui Frog Invasion in Hawaii
- 11:26 VATV #2
- 11:52 Inside Afghanistan 8/31/05
- 12:00 Hawaii Army Report
- 12:35 Pentagon Channel

Afternoon

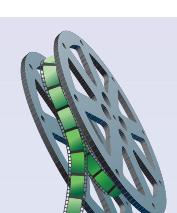
- 2:00 Inside Afghanistan 9/08/05
- 2:12 Bulletin Board
- 2:42 Welcome Home Redeployment Guam
- 2:55 Shamu: The Rhino Story
- 3:30 Coqui Frog Invasion in Hawaii
- 3:50 Hurricane Safety
- 4:00 Pentagon Channel

Evening

- 6:00 Hawaii Army Report
- 6:30 Community Focus
- 6:47 What's Down the Drain
- 6:56 Change of Command Ceremony 25ID (L) & USARHAW
- 7:00 NFL: Football Follies
- 8:00 Bulletin Board
- 8:30 Inside Afghanistan 8/31/05
- 8:42 What's Down the Drain
- 8:50 White Face
- 9:06 Volunteers
- 9:21 Welcome Home Redeployment Guam
- 9:34 Inside Afghanistan 8/22/05
- 9:45 Safety Video
- 9:49 Coqui Frog Invasion in Hawaii
- 10:10 NFL: Ice Bowl
- 11:25 Bulletin Board

Overnight

- Pentagon Channel



This Week at the MOVIES

Sgt. Smith Theater

Today
The Transporter 2
7 p.m. (PG-13)

Saturday
The Man
2 p.m. (PG-13)

Sunday
The Transporter 2
7 p.m. (PG-13)

Thursday
The Man
7 p.m. (PG-13)

The theater is closed
Monday, Tuesday & Wednesday.

Honoring tiny angels Families to remember infants lost too soon

By MAJ Darlene Julkowski, RN, MS,
OB-GYN Nurse Educator
& Perinatal Bereavement Counselor

Angela and Staff Sgt. Paul Rogers were overjoyed to be expecting their third child.

Angela had gone in for an ultrasound after one performed a couple weeks earlier showed her baby wasn't as big as expected. She was in complete shock when she learned that there was no heartbeat and that the baby had died.

"It was so hard to snap out of that mode of expecting a baby. I still found myself looking at baby names and wanting to plan for this baby even after he was gone," she explained.

Pregnant with their first child, Katrina and Sgt. Scott Davis were thrilled to start planning for the arrival of their baby. Then

Candlelight Ceremony

Tuesday, Nov. 1

Tripler AMC Chapel from 7 to 8 p.m., 3rd floor,

D-Wing, Oceanside

For more details, call Cindy Nachtigall at 433-6606.

devastation struck.

Katrina's water broke when she was only five months pregnant.

"I panicked. I knew it was bad. I couldn't believe it was happening," Katrina Davis recalled.

They lost their baby girl and many of their hopes and dreams. What has surprised Katrina most is how so many people trivialize the death of a baby.

People generally don't understand that there is no guarantee for a woman to have another baby, even if she's had a baby before. And having another baby won't replace the baby that died.

October is National Pregnancy and Infant Loss Awareness Month. More than one million baby deaths occur each year

during pregnancy or in the first months of life.

Miscarriages, ectopic pregnancies, still-births and infant deaths are misunderstood events. Not everyone understands the emotional investment parents put into their unborn children.

The loss of a baby, no matter how small, is tragic. Hopes, dreams and plans are lost, and the loss can be overwhelming for parents.

Katrina talked about having "nightmares" and reliving the experience over and over so vividly. She is trying to get over it, but "it hurts too much to talk about."

Like most people who have experienced an infant loss, she has learned that people can say such insensitive things.

"Sometimes it's better for them to say nothing because it's more painful to hear people say, 'At least your baby is in heaven now' or 'When are you going to get pregnant again?'"

Angela found that what helped her family cope with the loss of their baby was the tremendous support she received from friends and church. Just getting hugs and hearing "I'm sorry" from others truly helped.

"What was most hurtful was when friends would ignore me," Angela said.

She understands now that people sometimes just don't know what to say, and it may seem easier to avoid the topic. She encourages others who know someone who has experienced an infant loss to simply be there and let couples know you care, instead of ignoring their loss as though it will go away faster that way.

The grief never completely goes away.

"A Time To Remember" Candlelight Ceremony

A Candlelight Memorial Service, sponsored by volunteers from Tripler, Queen's, and Kaiser hospitals, will be held to both celebrate and mourn the short lives of babies lost too soon. The public is invited to attend the service and light a candle in honor of a baby's memory.

Immediately following the ceremony, all are welcome to join in fellowship on the chapel lanai.

See "Infants," page B-4



Desmond Ross (foreground), Zealund Aliki (middle), and Storm Lawason (background), play games on a computer at the Bennett Youth Center on Helemano.

Bennett now offers military after-school support

Story and Photo by
Pfc. Kyndal Brewer
Staff Writer

HELEMANO MILITARY RESERVATION -- Being a military or civilian-working parent, jobs tend to interfere with the needs of children when it comes to being picked up and looked after during work hours.

The Bennett Youth Center here is a proud supporter of the "Lights On After School" program, held last week.

"We offer a structured program for children with interaction with adults that are going to be a mentor and a positive role model," said Jessica Ferbeyre, assistant director of the youth center. "We truly offer them the opportunity to grow outside of school in more of a social setting."

The Lights On After School program began in October 2000 with more than 1,200 events across the nation. Last

year, more than half a million people came together at 7,000 events to show their support for after-school programs.

The program is a nonprofit public awareness and advocacy organization supported by a group of public, private and nonprofit entities to ensure that all children have access to after-school programs by 2010.

Youth centers on military installations across the nation and around the world host this event to inform children and their parents about the academic and enrichment activities they offer.

"I like dancing, doing karaoke and painting," said Alysha Hanevold, a child who attends the youth center.

Aside from painting, dancing and karaoke, the center also offers activities such as photography, technology, sewing and cooking classes, basically almost anything a child could be interested in.

The program also helps children with homework and any other things they might need help with in school.

"Instead of children having to go home by themselves [to] play video games, watch television or maybe play outside," Ferbeyre explained, "they can come here and are able to interact with children their own age, as well as adults."

The program was originally designed to help keep children in a safe and constructive environment during their time out of school.

"I like it because it's a lot better than going home and watching television because I have activities to do," Hanevold explained.

"Children aren't going home alone, bottom line," Ferbeyre emphasized. "They can come here and be involved in different programs that we offer, and help them grow into becoming their own person."

Local scouts cook, knot and talk story in Mililani

Frank Godek
District Membership Chairperson,
Ka'ala District Aloha Council BSA

Scouts and leaders from Troops 76, 144, 176 and 264 staged a successful Troop Fair at the Mililani Town Center, Oct. 22.

Webelos Scouts, younger Cub Scouts and interested youth from the surrounding community stopped by to talk to scouts and leaders who attended, many of whom are military children of Soldiers stationed at Schofield Barracks and Wheeler Army Air Field.

Troop 144 ran a knot-tying activity, teaching participants how to tie knots using Twizzlers candy. Also, each troop set up displays and participated in the Outdoor Cooking Contest.

State Representative Jon Riki Karamatsu, an Eagle Scout who earned his rank in Troop 75 in the Ka'ala District; Steve Lim, the Ka'ala District chairperson; and Elizabeth Baldwin, Ka'ala District's district executive judged the Outdoor Cooking Contest. Troop 176 won with its "Soda Can Chicken" entry, which was served with corn-on-the-cob, baked potatoes and garlic toast.

Boys interested in joining a local scouting program can contact Elizabeth Baldwin at 595-6366, ext. 228.



Courtesy Photos

Troop 176 Scout Kramer Ichimura (right) assists Scout Anthony Godek as he adds a floor onto his tower.



Above — A Leeward Lions Club Troop 76 scout makes ice cream in a can.

Below — A Mililani Presbyterian Troop 264 scout teaches a youngster how to tie a knot.



Infants

From B-3

How to help

Do realize the loss is real, and the grief and healing process will be painful and take time.

Do offer a hug or loving gesture.

Do send a card or flowers.

Do attend the memorial service or help arrange one.

Do call.

Do remember the anniversary date with cards and/or flowers. (Parents never forget.)

Do say: "I am sorry about your loss," "I know this is a hard time for you," "Can I bring dinner over?" "I am here if you want to talk about it," or other appropriate comments.

What not to do

Do not ignore the loss.

Do not change the subject; be a friend and listen.

Do not forget the husband's grief; he lost his child too.

Do not say: (Anything that starts with) "At least," "It was for the best," "Perhaps, it was a blessing in disguise," "It was God's will," "It must have been deformed or abnormal," "Forget it; put it behind you," "At least you didn't have a chance to get to know the baby," "Better now than later," "You can always have another baby," or "You'll get over it."

Since every life is special, every life should be remembered ... even the smallest life.

Corps of Engineers assists students 'monitoring' water

Story and Photos by Dino Buchanan
Honolulu Engineer District

HONOLULU — Seventy-three Honolulu-area middle school students created a snapshot of the water quality in Makiki Stream when they participated in sampling and assessment of the Makiki watershed as part of World Monitoring Day 2005, Oct. 21.

Students listened attentively as Honolulu District and state environmental experts explained the ahupua'a concept and the Ala Wai Canal phytoremediation project.

Their science teachers, Debbie Jensen from Washington Middle School and Lorine Pelletier and Anne Stagemeier from Our Redeemer Lutheran School, collaborated with event hosts the U.S. Army Corps of Engineers, the State of Hawaii Department of Health Clean Water Branch, the City and County of Honolulu's Department of Environmental Services, the Hawaii Nature Center and the State of Hawaii Department of Land and Natural Resource Division of Aquatic Resources to hold the event.

Forty-eight students from Washington M.S. and 25 from Our Redeemer Lutheran School began the day at Puu Ualakaa State Park on Round Top Drive in Honolulu. Once there, Ramsay Taum from the Hawaii Nature Center talked about the ahupua'a concept and the responsibilities of each student to appreciate the beauty and balances of nature in Hawaii.

Students then traveled downslope to Makiki Stream, adjacent to the Honolulu Board of Water Supply pumping station, to sample stream water for turbidity, temperature, dissolved oxygen and pH balance. Iwalani Sato and Randall Wakumoto, of the city's Environmental Services; Scott Murakawa, of the state's Clean Water Branch; and Michael Wong and Garland Ireland, with the Corps of Engineers, mentored students and provided guidance on the proper use of sampling kits.

"These students were really engaged and interested in the sampling," Ireland said. "I was impressed by their attention to detail and curiosity about the water quality at Makiki."

"After testing the water, many of the stu-



Students from Honolulu's Washington Middle School check the pH level of water sampled from the Makiki Stream during World Water Monitoring Day 2005.

dents were really interested in what would make the water cleaner," said Sato. "They wanted to know what they could do to make a difference — how to clean up the stream beds and get rid of invasive plants that could harm the water."

Later in the day, students met with Chad Durkin, a project manager with Natural Systems, Inc., who is currently working on the Ala Wai Canal phytoremediation project in Honolulu. At one of the project sites near Kapahulu and Ala Wai Avenues, Durkin told students about recent water samples and fish identification taken at the site, as well as the importance of the project to the health of the Ala Wai Watershed ecosystem.

"The hands-on water sampling and on-site briefs provided by the Corps and local envi-



Michael Wong (background right with hat), hydraulic engineer, Civil Works Technical Branch, Honolulu Engineer District, and Iwalani Sato (background, far right), City and County of Honolulu Department of Environmental Services, describe the use of a water monitoring sample kit to students from Washington Middle School and Our Redeemer Lutheran School at Puu Ualakaa State Park.

ronmental officials gives my students a keen awareness that this monitoring impacts the quality of the watershed, and what they do in their backyard affects everyone down to the ocean and beyond," said Jensen.

"This was a fun and safe field investigation and a lift-off point to taking action in a water quality improvement project," said Sato. "We [event organizers] recognize and applaud our local schools' dedication and commitment to improve the Makiki and Ala Wai Watersheds through hands-on education."

"The most visible sign of event success are the students who are confident and empowered with valuable skills including data collection, critical thinking and action-taking," Sato added.

World Water Monitoring Day was initiated by America's Clean Water Foundation (ACWF) in 2002 as a significant part of the events held in observance of the 30th anniversary of the U.S. Clean Water Act. It serves as a global educational platform for watershed leaders, educators and trained volunteers to help those with little or no experience better understand how the actions of individuals in a watershed can impact many others.

According to ACWF, last year more than 6,527 monitoring sites were registered across the world in 50 countries. Data collected by students is uploaded into usable global databases at <http://www.worldwatermonitoringday.org/>.



Big Island difference

Soldiers from 3rd Squadron, 4th Cavalry and 25th Military Police supported Make a Difference Day activities on the Big Island. The cavalry Soldiers worked at a Nature Park in Waimea while 25th MPs helped with a book fair at an elementary school in Hilo and cleared brush at the West Hawaii Veterans Cemetery.

Photos by Bob McElroy

NFL to assist military children in college prep testing

eKnowledge LLC
News Release

LOS ANGELES - In association with The Department of Defense (DoD), eKnowledge LLC announces that a group of NFL, NFL Europe, AFL and CFL football players all represented through the Victory Sports Group Agency, has sponsored several million dollars worth of \$199 SAT and ACT test prep programs to every family in the U.S. military, all branches—active or retired, for the school year 2005-2006.

Specifically, the sponsorship allows any military personnel to request as many programs as they need for the students in their lives. For example, an uncle can use his military status to order a program(s) for the students in his extended family back home. Any military person can order a program to help a student in his or her life.

To have access to the sponsorship the person placing the order must be active or retired military. The Department of Defense has created a secure website to quickly confirm a person's military status. Personnel can access the confirmation and order pages through several military related associations and organizations, including: The Department of Defense MilitaryStudent.org and Military HOMEFront websites for families, The Military Child Education Collaboration, The Military Impacted Schools' Association, and The National Military Families Association. All have access to confirm military status and process orders.

The sponsorship covers the regular purchase price of \$199 and the family pays only the shipping and handling fees of \$9.95. Programs have a one-year license and are intended for the sole individual use of students on their personal home or laptop computer and not intended for group or classroom instruction through the schools. Requests to receive the sponsored program can

be placed now on the website or over the phone. Programs ship to domestic U.S. addresses and APO addresses.

The SAT/ACT test prep training programs each have two CD-ROMs, that include more than ten (10) hours of training video and require approximately 40 hours of student participation. It can be used as a stand-alone complete course or as a supplement to other SAT/ACT prep materials. The students select the training they most need and can study at their own pace by picking which of the 120 video lessons they want to view. The program also provides progress tracking and much more.

Military personnel must visit one of the websites to verify military status through the secure Department of Defense main Database. That website then forwards the person to the sponsorship order page where they request the programs. To view a flyer that has been made to assist in the effort, please go to:

http://www.sat.eknowledge.com/information/00_SA_TACT_Flyer2Parents_Armed_Forces_v3.pdf

The Victory Sports Group represents NFL, NFL Europe, AFL, and CFL football players. It is the sports agency section of the Enslen, Pinkston and Courtney, LLP law firm—an international, full-service sports agency/firm. Some of the football players that have contributed to this effort are: Ahmaad Galloway, Scott Young, Garrick Jones, Corey Williams, Jon Bradley, Jason Radar, Dominique Dunbar, Bradly Chavez, Kelly Johnson, Elgin Hicks, Kevin Breedlove, Tim Blackwell.

eKnowledge LLC provides online and CD-ROM e-learning products and services. The company specializes in the custom design of interactive programs utilizing rich media.

Please contact: Brandon Chatham
- bchatham@eknowledge.com - 951-256-4076 for questions about this program.

Army makes a difference in community



Spc. Amanda Flemett
Staff Writer

Saturday morning, when most people were sleeping in, hundreds of Soldiers woke up early to go to work—not for military training or the call of duty, but for the sole purpose to make a difference in their local community.

Soldiers chose to volunteer time, effort and expertise such as cleaning, painting, landscaping, building and other acts of kindness to make a change in other people's lives.

"It's just part of my job," said Sgt. Danielle Singley, of 125th Finance Battalion. "It's what I do. I volunteer a lot, besides on Make a Difference Day."

Singley, and others of the 125th Finance volunteered to help at a homeless shelter downtown Honolulu. The Finance battalion arrived at 9 a.m. and began sorting clothes, then dusting and cleaning fixtures. They finished by serving hot meals to the home-

less.

"It makes you appreciate what you got; I enjoy it," said Singley.

B Battery, 2nd Battalion, 11th Field Artillery, under the command of Capt. Frank M. Buchheit, spent its day helping World War II veteran Seikatsu "John" Kikuyama, suffering from Parkinson's disease. Buchheit and his Soldiers spent the day cleaning the veteran's yard, building new cabinets for his home and erecting a wheelchair ramp at his front door.

"He's done a lot for this country; I believe us taking the day off to come out here and help him is a great honor and an inspiration," said Sgt. William Toledo.

Toledo went on to explain why helping was important.

"He's been through a lot of things that we might be going through in these wars that are happening. It's something to do and I'm proud to do it."

Spc. Michael D. Williams said he enjoys just helping out when asked why he got up so early to

contribute yard work.

Buchheit boasted about his Soldiers saying, "These guys are really committed to coming out and volunteering. That's a big joy for me as a commander to see the passion these guys have for helping out."

Make a Difference Day was first instituted in 1992 by USA Weekend magazine and co-sponsored by the Daily Tribune, in conjunction with the Points of Light Foundation. Each year 10 outstanding community efforts are selected and organizers are awarded \$10,000.

Since its beginnings, millions have joined in to do something for

their community or neighbors, just to help one person who may be having troubles.

"Every little bit counts," said Capt. LaGlenda Hudson of 125th Finance. "The news sometimes puts a shadow of only negative things [that the Army does]; we do come out and do positive things, and this is one of the things we do."

"Soldiers are here to help," Hudson added.

Above — Stacie Pung, a spouse of a Soldier in Alpha Company, 3rd Brigade Special Troops Battalion, 25th Infantry Division (Light), paints rooms at the Helemano Plantation in Wahiawa during the Make a Difference Day.

Right — Soldiers with 1st Battalion, 27th Infantry Regiment, help make a difference on Saturday at the Ma'ili Land Transitional Shelter in Waianae. They tackle yard work to beautify the surroundings of the shelter.



Dakota Oligario, a 9-year-old member of Cub Scout Pack 166, throws muddy grass into a van for disposal during the Make a Difference Day. Many spouses, Cub Scouts and other family members assisted Soldiers supporting projects in various communities around the state.



Sgt. Janieth Brown, Headquarters and A Company, 725th Main Support Battalion, and her son, Aaron, paint a lattice at the Seagull School in Kapolei, Saturday, as part of the unit's Make a Difference Day volunteer activities.



Left — Spc. Ryan Ruz helps trim bushes at Ma'ili Land Transitional Housing in Waianae on Saturday along with other Soldiers of 1st Battalion, 27th Infantry, during the annual Make a Difference Day.



Sp. Juan F. Jimenez

A Soldier from 66th Engineer Company uses a small emplacement excavator (SEE) truck to dig a sidewalk for Mililani High School as part of Make a Difference Day.



Left — 1st Sgt. Dexter Ferguson, first sergeant of Headquarters and Headquarters detachment, 556th Personnel Support Battalion, 25th Infantry Division (Light), paints walls at the Mililani Mauka Elementary School during Make a Difference Day, Oct. 22.



Spc. Juan F. Jimenez

'Catch me if you can!'

Hector Medina (#1), a quarterback for the 84th Engineer Battalion, runs a quarterback draw against 732th Military Intelligence Bn. while a teammate blocks for him during a flag football game at Stoneman Field on Schofield Barracks, Oct. 25. The game was 84th Engineers' first of the season and its first win. The unit went on to beat 732th MI by a score of 19-7.

MWR Sports

OCTOBER

29 / Saturday

Hawaii Championship Wrestling

Come watch Hawaii Championship Wrestling at the Tropics today. Doors open at 6 p.m. and matches start at 7 p.m.

The cost is \$5 for ages 12 and up, \$3 for ages 11 and under, and free for children ages 5 and under. Call 655-8522 for more information.

NOVEMBER

1 / Tuesday

Youth Basketball and Cheerleading Registration

Registration for Hawaii Youth Sports basketball and cheerleading will be held from Nov. 1 to 19 at the Youth Centers at Aliamanu Military Reservation, Fort Shafter, Schofield Barracks, Helemano Military Reservation and Wheeler Army Air Field.

First-time participants must sign up with the CYS Registration Office before they will be able to register for activities.

Cost is \$55 per person for basketball and \$60 per person for cheerleading, or \$20 per

persons using the same uniform from past cheerleading seasons. For more information, contact your area sports director.

5 / Saturday

Ladies Golf Clinic

Ladies, do you want to brush up on your golfing skills? A free golf clinic will be held Nov. 5 at the Leilehua Golf Course located right outside the WAAF front gate.

The clinic will last for one hour and will begin promptly at 3 p.m. All required equipment will be provided to participants and advance reservations are recommended. For more details or to reserve your space, call 655-4653.

6 / Sunday

"5 Game, No Tap"

Individuals are invited to participate in the "5 Game, No Tap" Tournament at the Schofield Bowling Center. Check-in is at 1 p.m. and the cost is \$20. Call 655-0573 for more information.

8 / Tuesday

Army Power Lifting

Championship — Show off your strength and compete in the Army Power Lifting Championship. Applications will be accepted through Nov. 8.

The competition takes place on Nov. 15 and 16 at the Martinez Physical Fitness Center on Schofield Barracks from 6 to 8:30 p.m.

The event is \$10 to enter and free for spectators. For more information, call 655-4804.

ONGOING

Brazilian Capoeira

Develop the mind, body and spirit to include physical fitness, self-defense and self-discipline through Brazilian Capoeira. Classes are offered Mondays from 6:30 to 8:30 p.m. at the Fort Shafter Physical Fitness Center.

The fall session will run through Dec. 19. For more information, call instructor Mestre Kinha at 247-7890.

Hawaii Okinawa Karate Do Shodukan Classes

Come to the Fort Shafter Physical Fitness Center for this exciting class, Thursdays from 6 to 7:45 p.m. or Saturdays from 1 to 2:45 p.m.

Develop character, confidence, health and self-discipline.

Contact instructor Joseph Bunch at 488-4495 for additional information.

Cardio Kickboxing

Cardio kickboxing can help develop cardio-vascular fitness, improve balance and lead to more self-confidence.

Classes are offered at the Fort Shafter Physical Fitness Center, Tuesdays and Thursdays from 4:30 to 5:30 p.m. Call DarylLynn Gandaoli at

779-4495 for more details.

Scuba Club — Join the Scuba Club for only \$7 a month and get free air fills and a 10-percent discount on all your scuba equipment rentals.

Tank rentals come with

"unlimited air" during the rental period. For more information, call 655-0143.

Group Cycling — Participants can use stationary bikes and drills to work out during group cycling. With tension

and resistance, individuals can simulate up and downhill climbs to provide challenging experiences. Classes run Thursday, Tuesday and Wednesday at various times. Call 655-8007 for more information.

Intramural Flag Football Standings

Unit	Wins	Losses	Pct.
Green Division			
HOC, 732nd MI	2	0	1.000
HHC, DISCOM	4	1	0.667
Co. B, 66th Eng.	1	2	0.333
Co. A, 1st Bn., 14th Inf.	2	3	0.400
HHC, 84th Eng. Bn.	0	0	0.000
Orange Division			
1-25 Avn. Rgt.	2	0	1.000
HHC, 3rd Bde.	2	1	0.667
Co. A, 1st Bn., 27th Inf.	1	1	0.500
556th PSB	1	1	0.500
Co. B, 725th MSB	0	3	0.000
Blue Division			
Btry. B, 2nd Bn., 11th FA	2	0	1.000
Co. C, 1st Bn., 14th Inf.	1	0	0.667
Co. C, 25th Avn Rgt.	1	1	0.500
DFAC	0	3	0.000
HHT, 3rd Sqdn., 4th Cav	0	0	0.000
Gold Division			
Btry. A. 3rd Bn., 7th FA	2	0	1.000
HQ Co. A. 225th FSB	1	1	0.500
Co. A, 2nd Bn., 5th Inf.	1	1	0.500
125th Fin. Bn.	1	1	0.500
Co. A, 1st Bn., 27th Inf	1	2	0.000
Women's Division			
40th QM	2	0	1.000
Co. B, 2nd Bn., 35th Inf	3	1	0.000
Co. C, 725 MSB	2	1	0.000
Co. C, 2nd Bn., 27th Inf	1	3	0.000
HHC, 125th STB	0	4	0.000

(Standings are current as of Oct. 21.)

Community Sports

OCTOBER

29 / Saturday

Lacrosse Tournament

The US Lacrosse-Hawaii Chapter will host 28 national and international teams at the 15 annual Hawaii Lacrosse Invitational Tournament on Oct. 29 and 30 at Kapiolani Park.

Four Masters divisions, 10 elite divisions and a record high 13 women's teams will battle at the base of Diamond Head in the hopes of taking home the prized Hawaiian trophies along with some significant bragging rights.

Games on Saturday run

from 8 a.m. to 4 p.m. on six fields. Sunday morning semi-finals will culminate in championship games at 2 p.m. for Masters Division and 3 p.m. for both the Women's and Elite Divisions.

An awards ceremony will immediately follow. The public is welcome and encouraged to come watch the action and park entry is free. For more information, contact the US Lacrosse-Hawaii Chapter at 265-2152 or go online to HawaliLacrosse.com.

NOVEMBER

12 / Saturday

UH-Military Appreciation Night

Selected military service members will be honored at Aloha Stadium, prior to the 6:05 p.m. University of Hawaii against Utah State football game.

Active and reserve Soldiers will also receive two football tickets for the price of one; however, a valid military ID is required, and only one discount offer is available per ID.

This offer is valid for pre-sale purchases only, and tickets are available at the Stan Sheriff Center and Aloha Stadium box offices only. Information on military discounts is available at 486-9300.

ONGOING

Local Sports Calendar Briefs — Do you have sports announcements of upcoming events or activities you'd like to post in the Hawaii Army Weekly?

If so, e-mail your information to editor@hawaiiamy-weekly.com at least two weeks in advance of your event or activity.