



GUARDIAN WEEKEND
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TASK FORCE SABER

JBLM troops support fight against ISIS

Unit helps provide reconnaissance, surveillance and logistical support

BY CAPT. STEPHEN JAMES
29th Combat Aviation Brigade
ERBIL, Iraq — Iraqi Prime Minister Haider al-Abadi declared victory against the Islamic State of Iraq and Syria in the city of Mosul July 9. Supporting the fight against ISIS is Task Force Saber, a task force run by 4th Attack Reconnaissance Squadron, 6th Cavalry Regiment,

16th Combat Aviation Brigade from Joint Base Lewis-McChord. While deployed in Iraq, the unit is operationally assigned to the 29th Combat Aviation Brigade. Organized as Task Force Saber, the 4-6 ARS provides reconnaissance, surveillance, logistical support and offensive strike

capabilities while supporting partner forces in both Iraq and Syria. The battle for Mosul coincided almost directly with Task Force Saber’s entry into the theater. “When we first started, there were only a couple of neighborhoods liberated on the eastern side (of Mosul),” said Maj. James Brant, the operations officer for Task Force Saber. “The Iraqis really put their heart into the fight.



Spc. Richard Pena conducts a preflight inspection for a AH-64E Apache helicopter crew at Task Force Saber in Erbil, Iraq, July 11.

SEE SABER, 10A

LEISURE TRAVEL SERVICES

Seahawks tickets raffle set for Aug. 4

Registration runs now through the day of the raffle

BY DEAN SIEMON
Northwest Guardian
With only a few months before the start of the National Football League 2017 season, Joint Base Lewis-McChord’s Leisure Travel Services is currently taking names for its annual raffle drawing to purchase tickets for Seattle Seahawks home games. Fans register to be part of the random drawing Aug. 4 at 4:30 p.m. at the Samuel Adams Brewhouse on Lewis Main. Entrants do not have to be present to earn their spot on the ticket purchase list. Names will be drawn to decide who will have the first opportunities to purchase up to four regular-season tickets to any of the Seahawks’ home games in 2017 through JBLM Leisure Travel Services. For about 10 years, Mickey Peebles, JBLM LTS manager, has tried a number of different ways to sell tickets to the JBLM community. In what will be the third consecutive year, the raffle drawing has become the most popular among football fans, he said. “(Fans have) made ICE comments saying they like the system better,” Peebles said. “Ev-

SEE TICKETS, 10A

CENTENNIAL CORNER



Soldiers unveil the new Nelson Recreation Center sign on Fort Lewis in 1960.

HOME AWAY FROM HOME
The Nelson Recreation Center was built in 1960 to provide entertainment and leisure activities for Soldiers and their families. A \$4.5 million remodel in 2010 modernized the facility to create a “Home away from home” for single Soldiers.

SINGLE SERVICE MEMBER DAY

A LITTLE BIT COUNTRY



SCOTT HANSEN Northwest Guardian

Sharif Al Droubi, right, and Brett Blakeley sing “Save a Horse” by Big and Rich during a karaoke competition at the JBLM Single Service Member Day outside the Warrior Zone on Lewis North July 19. The event also included a pong tournament, eating contests and laser tag.

Annual event includes food, games, car show

BY DEAN SIEMON
Northwest Guardian
When Mike Flanagan and Alex Manuel came to work July 19 at 23rd Brigade Engineer Battalion, 1st Brigade, 2nd Infantry Division, they didn’t expect they would spend some of their Wednesday workday out of the office. Leadership allowed them to spend part of their day enjoying the games, festivities and food at the Joint Base Lewis-McChord Single Service Member Day outside the Warrior Zone on Lewis North. They said

SEE BOSS, 10A



Roberto Velasquez, left, and Ryley Ward, right, compete in the “pong” competition during the annual JBLM Single Service Member Day outside the Warrior Zone on Lewis North July 19.

STAND WITH THOSE WHO SERVE PUBLIC SAFETY APPRECIATION EVENT

Public safety takes center stage at Memorial Stadium

BY RUTH KINGSLAND
Northwest Guardian
Saturday was a day to give thanks and honor public safety and service members as hundreds of first responders and military families gathered at Memorial Stadium for the 7th annual Stand With Those Who Serve Public Safety Appreciation Event and Career Fair. More than 30 public safety agencies — from Seattle to Salem, Ore. — were on hand with recruiting information. Hundreds of event attendees showed up just to show support or learn how they could fit into this noble profession after transitioning out of the military. The annual event was created in 2010 by Seattle Police detective and recruiter, Carrie McNally, one year after six local law enforcement officers were killed in the line of duty within eight weeks. The victims were Lakewood police officers: Tina

SEE SERVE, 10A



RUTH KINGSLAND Northwest Guardian

Seattle Police Sgt. Sage Farwell and his horse Thor participate in the Stand With Those Who Serve Public Safety Appreciation Event and Career Fair Saturday.

CENTENNIAL CORNER

JBLM troops served vital role during OEF missions

BY DUANE DENFELD AND DONNA TURNIPSEED
Joint Base Lewis-McChord Cultural Resources Program
Joint Base Lewis McChord provided essential troops for the Operation Enduring Freedom combat duties in Afghanistan. In less than a month after the horrific Sept. 11, 2001, attacks, the United States went on the offensive against al-Qaeda.

In October 2001, Special Operations and air power began targeting the Taliban and al-Qaeda. These operations would become known as Operation Enduring Freedom.

It became a campaign unlike any other in American history fought as unconventional war. Stryker brigade combat teams were deployed and their fallen are remembered at monuments in Memorial Park. In fact, the 3rd Brigade, 2nd Infantry Division's "Arrowhead" monument lists 23 fallen Soldiers from OEF operations. The brigade is now the 1st Brigade, 2nd Infantry Division.

Many JBLM units served in OEF and contributed to defending freedom. On the 864th Headquarters building, a plaque honors three Soldiers killed in action during Task Force Pace-maker in August 2007. In order to protect the integrity of a number of missions, several deployments went without public announcements but were critical to overall mission successes: these included the 2nd, 3rd, and 4th Battalions, 1st Special Forces Group (Airborne), and 2nd Ranger Battalion, 75th Ranger Regiment.

Other JBLM monuments recall Special Forces and Ranger sacrifices for missions dating from 2001 through 2016. The Special Forces monument, "In Honor of Our Fallen Team-mates," recognizes the sacrifices made by the 1st SFG since the terrorist attacks on 9-11. A polished, black granite wall carries the names of 40 fallen comrades from operations in Afghanistan, Iraq and the Philippines.

Among the names is Sgt. 1st Class Nathan Chapman, the first recorded casualty in the Afghanistan War. Chapman, from Puyallup, had served most of his 12 years in the Army on JBLM.

On Jan. 4, 2002, when leaving a meeting with tribal leaders to



SGT. CHRISTOPHER MCCULLOUGH U.S. Army Photo / 2013

Col. Charles Webster, middle, commander of the then 3rd Brigade, 2nd Infantry Division, and Command Sgt. Maj. Samuel Murphy place a wreath at the brigade's Fallen Heroes Memorial during a rededication ceremony on JBLM in 2013.

enlist their assistance in locating al-Qaeda members he and a CIA officer came under intense automatic weapons fire. The CIA officer was wounded and Chapman killed.

The street loop at the monument is named in his honor. At South Hill Park in Puyallup, a trail is named in his honor as well as a monument.

The JBLM Special Forces monument helps family members heal and preserves the Special Forces family at JBLM.

The 2nd Ranger Battalion Memorial Park remembers fallen heroes and pays tribute to the men and families of that battalion. Constructed of granite and stone, it carries inscriptions of the names of Rangers who died in combat and training.

Located at the headquarters building, the memorial is landscaped into a reflective setting to remind us of the Ranger commitment and making the ultimate sacrifice. It was dedicated Nov. 7, 2012. The names of the fallen are inscribed on a granite obelisk.

There are also living memoirs, such as the annual April "Pat's Run," in honor of Spc. Pat

Tillman. The event is a 4.2-mile run/walk (recalling his NFL jersey number 42) which supports veteran's and spouses. Pat's Run honors Tillman, who was killed in Afghanistan on April 22, 2004.

He is well known as the former NFL football star who put America ahead of his playing career. Although the main event is in Tempe, Ariz., other cities including Seattle and Tacoma host an honor run as well. Ultimately, the organization has awarded more than \$14 million in scholarships. On JBLM, in the Ranger compound is a building commemorates his sacrifice to our nation's freedom.

One of the older monuments on JBLM to commemorate our fallen Soldiers and their sacrifices is "Iron Mike" a Soldier statue dedicated in 1964. Located just beyond Liberty Gate on 41st Division Road, this monument pays homage to all Special Forces and infantrymen who have come through JBLM. Two Soldiers stationed at JBLM designed the statue.

All of these JBLM memorials forever remember individual and unit sacrifices made to guarantee our freedom.

JBLM NATIONAL NIGHT OUT

Event to focus on community safety

BY RUTH KINGSLAND
Northwest Guardian

Back to school and community safety will combine for a night of fun and free stuff at Joint Base Lewis-McChord's annual National Night Out and Lewis-McChord Communities Resident Picnic and Back to School event at the Greenwood Community Center, 5517 N. Fourth St., Lewis Main, Tuesday at 5 p.m.

National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make neighborhoods safer places to live, according to the National Night Out website.

At JBLM, the now-combined event takes place at a different base community each year. The event is coordinated by the Directorate of Emergency Services, Lewis-McChord Communities and Clover Park School District.

The event is open to all JBLM community residents and will offer safety demonstrations, relay races, informational displays, free school supplies for school-age children, raffles, prizes, food and a visit from McGruff the Crime Dog. It's a healthy, no-smoking event for the whole family, according to event organizers.

This is the second year that has combined National Night Out and the Back to School portion of the event.

"The reason why we are combining is because the picnic and the National Night Out are generally within seven days of each other," said Marcia McDowell, marketing manager for Lewis-McChord Communities. "We



SCOTT HANSEN Northwest Guardian / 2016

Wilmarie Santos, right, of JBLM, helps her daughter, Karla, 11, gather school supplies during the JBLM National Night Out event at Eagleview Community Center on Lewis North in 2016.

If you go

What: Joint Base Lewis-McChord's annual National Night Out and Lewis-McChord Communities Resident Picnic and Back to School event

Where: Greenwood Community Center, 5517 N. Fourth St., Lewis Main

Where: Tuesday from 5 to 8 p.m.

Cost: Free

find that if we get good participation with the families at one event, we generally won't at the other. So it made sense to combine them."

The event was a big success last year, so planners decided to add the annual Resident Picnic as well, McDowell said.

NEWS IN BRIEF

Pentagon responds to president's tweet on transgenders serving

The Pentagon announced Thursday it is waiting on formal guidance from the White House as a follow-up to President Donald Trump's announcement Wednesday on military service by transgender service members, said Dana White, Pentagon spokesman.

"We will provide detailed guidance to the department in the near future for how this policy change will be implemented," White said. "The department will continue to focus on our mission of defending our nation and on-going operations against our foes, while ensuring all service members are treated with respect."

— DEPARTMENT OF DEFENSE

JBLM garrison leadership set to change hands at ceremony Friday

Colonel Daniel Morgan, Joint Base Lewis-McChord garrison commander, will relinquish command to Col. Nicole Lucas in a change of command ceremony Friday at 9 a.m. on Watkins Field on Lewis Main.

Morgan has been the garrison commander since Aug. 5, 2015, where he has managed the day-to-day installation operations on behalf of the Army and Air Force senior warfighting commanders on JBLM.

Morgan's next assignment will be in New York City as the Army Chief of Staff's Senior Military Fellow to the Council on Foreign Relations.

Lucas, comes to JBLM from her previous assignment with the Joint Staff J4 at the Pentagon where she was the Strategy and Readiness Division chief.

— JOINT BASE LEWIS-MCCHORD PUBLIC AFFAIRS

No rain in more than 35 days forces JBLM water conservation

With more than 35 days without measurable rain at Joint Base Lewis-McChord, the Directorate of Public Works on JBLM initiated water conservation measures Wednesday.

At certain times of the year, JBLM may be subjected to drought conditions or periods of diminished water supplies which affects our capability to produce enough water to meet base water supply demands.

Conservation measures are required to respond to these conditions.

Our priorities are to provide safe drinking water to all customers, ensure fire protection during historically dry periods and implement conservation measures that target irrigation and vehicle washing.

Despite heavy rain over the fall and winter on JBLM, the base still has potential water shortages.

JBLM RESIDENTIAL AREAS

- Irrigation of housing areas — two times a week in accordance with the individual community area schedules;
- Washing privately-owned vehicles in base housing areas — not permitted, privately-owned vehicles can only be washed on base at commercial car washes with recycled water.

OTHER AREAS

- Irrigation of landscape trees, shrubs, ground cover — limited to 10 minutes, two times a week;
- Irrigation of pride areas — limited to 10 minutes, two times a week;
- Irrigation of parade fields — limited to 15 minutes, two times a week;
- All other irrigation — limited to 10 minutes, two times a week.
- Tactical vehicle washing at facilities with recycled water — as required;
- Aircraft washracks — as required;
- Golf courses — operate per automated systems schedule and duration;
- Family and Morale, Welfare and Recreation facilities, parks, community centers — various times and frequencies;
- Splash parks and pools — operate per published hours.

— JOINT BASE LEWIS-MCCHORD DIRECTORATE OF PUBLIC WORKS

JBLM to host Exercise Mobility Guardian Sunday to Aug. 12

Air Mobility Command's first Mobility Guardian readiness exercise will be held Sunday to Aug. 12 at Joint Base Lewis-McChord. More than 2,000 people are expected to attend to include members of the U.S. Air Force, Air Force Reserve, Air National Guard and 11 international partners.

JBLM, Fairchild Air Force Base, Spokane; Yakima Training Center and Moses Lake areas provide ideal locations to train U.S. and international mobility air forces. Communities near those area can expect increased overflights of military aircraft from U.S. and other nations during the duration of the exercise.

Exercise scenarios will include joint forcible entry and airfield seizure, a joint mission between Air Force airdrop crews and Army Airborne units, and will incorporate contingency response and humanitarian relief operations to include aeromedical evacuation.

— 62ND AIRLIFT WING PUBLIC AFFAIRS

Recruiting has started for new security force brigades in Army

The 1st Security Force Assistance Brigade commander will visit Joint Base Lewis-McChord and hold an information and recruiting briefing Thursday from 9:30 to 11:30 a.m. and 1 to 3 p.m. at French Theater on Lewis Main.

The brigade is the is the first permanent unit of its kind in the Army solely dedicated to advising and assisting partner nations in developing security force capabilities.

The Army is developing the first of six SFA brigades, and Security Force Assistance Proponency will be established under Army Training and Doctrine Command's Maneuver Center of Excellence at Fort Benning, Ga., in October.

The brigades will be designed based on two variants — infantry and armored brigade combat teams — consisting of approximately 500 senior officers and noncommissioned officers specializing in training foreign security forces based on either infantry or armor/mechanized formations.

Soldiers and leaders assigned to SFABs will be the best within their respective career management fields and receive formal schooling at the Center of Excellence for specific security assistance force tasks such as building, training, advising, assisting and assessing security forces.

There is a possible \$5,000 bonus for qualified enlisted Soldiers.

For qualifications and more information, visit armyreenlistment.com/sfab.html.

— 1ST SECURITY FORCE ASSISTANCE BRIGADE

QUOTE OF THE WEEK

“But we have other challenges — North Korea, from a sense of urgency perspective, would be our number one challenge. We are certainly dealing with malign challenges from Iran on a daily basis.”

Gen. Joe Dunford
Chairman of the Joint Chiefs of Staff

ALSO INSIDE



SCOTT HANSEN Northwest Guardian

RACE: 5K participants near the finish line during the annual JBLM Freedom Run on Lewis Main Saturday. **See story, 1B**

NWGUARDIAN.COM

● **Going to the hill:** Gen. Carlton Everhart II, Air Mobility Command commander, was invited by Congress to speak to congressional leaders at the Congressional Mobility Air Forces Caucus Breakfast July 12 in Washington, D.C. He spoke with lawmakers regarding worldwide mobility operations. Everhart’s spoke about AMC’s four mobility focus areas: readiness, growing and developing Airmen, modernization and the nuclear mission.

● **PME changes:** Air Force officials announced major changes to the enlisted professional military education program today via an initiative called Enlisted Professional Military Education for the 21st Century. A major initiative of EPME 21 is that time in service will no longer dictate



an Airman’s EPME enrollment — Airmen will only be required to complete distance learning courses as a prerequisite to their resident attendance. This initiative is now in effect. Also, the Air Force will transition to 100 percent resident EPME, allowing all Airmen an opportunity to attend Airman Leadership School, the NCO and senior NCO academies prior to promotion.

ANDERSEN SIMULATION CENTER

The evolution of medical simulation

In past 15 years, 64,000 people trained at center

BY DEAN SIEMON
Northwest Guardian

In 2002, the concept of medical simulation was largely considered a dream. Andersen Simulation Center at Madigan Army Medical Center on Joint Base Lewis-McChord was only one of 20 simulation centers in the United States.

But in the last 15 years, medical simulation has evolved to a point where this training is a vital part in military readiness. The center’s 15th anniversary was a highlight during a special presentation July 20 at Madigan’s Letterman Auditorium.

Previous ASC directors who have moved on to careers locally and nationally were present to share their stories about developing the center during the “History and Future of the Medical Simulation” presentation in front of doctors, nurses and other Madigan staff.

“We are really just at the tip of the iceberg,” said Lt. Col. Christine Vaccaro, the current ASC medical director. “It’s really starting to permeate all aspects of medicine, and we’re just on the fringe.”

After the presentation, those who helped build the ASC took a tour of the current facilities at the Old Madigan Annex in Building 9925B. What once started as a room that quickly overflowed in 2002 has become a blossoming center for simulated exercises.

Retired Col. Kenneth Azarow, the first ASC medical director, recalled the Department of Defense not having anything in terms of medical simulation when he and supporters started developing the plan for the ASC. The last time he saw the



DEAN SIEMON Northwest Guardian



center was when he retired from the Army in 2008. “We had a vision of what it would become,” Azarow said, now the surgeon-in-chief for Oregon Health and Science

ABOVE: Lt. Col. Christine Vaccaro, Andersen Simulation Center medical director, far right, provides a tour of one of the training rooms inside the Old Madigan Annex at Joint Base Lewis-McChord July 20.

LEFT: Retired Col. Kenneth Azarow recalls a training room once being dressed as the back of a Stryker vehicle during a tour of the Andersen Simulation Center.

University and Doernbecher Children’s Hospital in Portland, Ore. “It has surpassed my wildest dreams.” Other previous ASC medical directors who attended the

ical sleep staff physician at Madigan; and Col. (Dr.) Shad Deering, the chairman for the Central Simulation Committee in Washington, D.C.

Since the center’s doors opened in 2002, more than 64,000 people have been trained on JBLM. Resources back at the beginning were limited — Miller recalled using melted mixture of red and black crayons to simulate blood at the time.

A big boom took place when Deering was the center’s medical director from 2006 to 2011. While helping improve simulation training on JBLM, he was also part of the formation of the Central Simulation Committee in 2007.

Although the presentation and tour celebrated how far the center has come, there is a lot more growth in the ASC’s future. Today, there are more than 180 simulation centers nationwide — military and civilian. Nationally, more than 376,000 health care providers have received nearly 2 million hours of training.

“We recognized something that every one of you knows; it’s not OK to practice on someone if there is another way,” Deering said during the presentation.

The previous medical directors also toured the “Just-In-Time” simulation center at Madigan’s Pediatric Intensive Care Unit. The tour also included information about future expansion of the ASC.

Vaccaro provided a design drawing of a 100,000-square-foot center as part of a \$5 million renovation project of Building 9925B — expected to start in December.

“Hopefully in 10 years, we’ll be doing another ribbon cutting,” Vaccaro said.

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QUARTERMASTER LOGISTICS LIQUID EXERCISE

JBLM, Navy units conduct joint fuel logistics exercise

BY PETTY OFFICER 2ND CLASS VAUGHAN DILL
Navy Public Affairs Support Element Northwest Detachment

MANCHESTER, Wash. — Joint Base Lewis-McChord and Naval Supply Systems Command Fleet Logistics Center Puget Sound and the U. S. Army 475th Quartermaster Group and the Defense Logistics Agency conducted a convoy training exercise known as the Quartermaster Logistics Liquid Exercise 2017 at the Manchester Fuel Depot, Wash., July 17 to Monday.

The annual exercise is primarily for Army Reserve units to train for their wartime mission of providing petroleum and water to units worldwide. This year’s exercise had convoys of Army trucks, based out of JBLM, transporting fuel, provided by the Puget Sound’s Manchester Fuel Depot, to military installations around Puget Sound and throughout western Washington.

“These guys run their missions all the time, hauling fuel from here down to Whidbey Island (and JBLM),” said 1st Sgt. Marshall Ellis, 475th Quartermaster Group Command.

“Once a year, all over the country, we take over for two weeks by running these missions for them. The mission stays exactly the same; it provides our guys the opportunity to train for our wartime mission.”

The exercise was hosted by the 475th Quartermaster Group, based out of Farrell, Pa., and serves as the largest field training exercise of its kind with real-world logistic operations at the tactical, operational and strategic level.

“The mission is to haul fuel,” said Capt. Jacob Wood, a company commander with the 475th Quartermaster Group. “During the two week period that we are here to train, they turn off some of the civilian contracts that typically haul fuel in the area, and we take on those missions. Our company is a medium truck company with 7.5K tankers and we’re bulk fuel haulers, so basically we fill up bulk fuel and deliver it to the end line customer.”

The exercise began as the Petroleum Oil and Lubricant Exercise 31 years ago with the initial focus on petroleum, oils, and lubricants. In 2004 it evolved into the current exercise with a broader focus, be-



PETTY OFFICER 2ND CLASS VAUGHAN DILL U.S. Navy Photo

Army fuel trucks arrive at Naval Air Station Whidbey Island to offload fuel during the 2017 Quartermaster Liquid Logistics Exercise July 20.

coming a multiechelon, multi-component, multifunctional, and multiservice exercise. No other stateside-based exercise provides such a broad suite of real-world training opportunities for Soldiers.

The logistics center’s fuel operators manned the pumps at the fueling station that was set up for filling up tanker trucks, and conducted training with the Soldiers. During the exercise, approximately 500,000 gallons of fuel were transferred from

Manchester Fuel Depot to various sites throughout the state.

“The big thing is, we get to drive our trucks all the time, we drive them bobtail, we drive them empty, but we don’t get the opportunity to drive with fuel very often,” Wood said. “There are a lot of regulations — we can’t just go pick up fuel on a drill weekend, so this is really the only type of exercise we can do that our guys actually get to drive with a full tanker going down the road.”

Each day during the exercise, convoys of four to 10 vehicles transported fuel from Manchester Fuel Depot to sites throughout the Pacific Northwest, including JBLM and Naval Air Station Whidbey Island. For safety, some sections of road were managed by military traffic control service members while the convoys drove through, but roads remained open to regular traffic.

“When we’re not doing an exercise like this we continue to train,” Wood said. “It’s different driving a truck down the road with no fuel as opposed to being full. The fuel sloshes around, and the load is constantly shifting. We still do a lot of driving; we just don’t get the added experience of having a full tanker often.”

The logistics center provides operational logistics, business and support services to Navy, Coast Guard, Military Sealift Command and other joint and allied forces products and services include contracting, fuels, global logistics, hazardous material management, household goods, integrated logistics support, material management, postal, regional transportation and warehousing.

Viewpoint



**Commander, I Corps and
Army Senior Commander, JBLM**
Lt. Gen. Gary J. Volesky

**Commander, 62nd Airlift Wing and
Air Force Senior Commander, JBLM**
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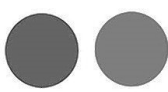
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STRAIGHT TALK

To join the “Straight Talk” conversation, visit facebook.com/JBLewisMcChord



What’s your favorite movie of all time?

“The only correct answer is ‘Forrest Gump.’”

— JUSTIN CHAPPELL

“‘Act of Valor.’”

— SERGIO LOZANO JR.

“‘Red.’”

— MIJIKAI MASON

“‘Ghostbusters’ (1984).”

— CODY MADISON

“‘Goonies’ or ‘The Princess Bride.’”

— CHAD BURROUGHS

“‘The Lone Ranger’ starring Johnny Depp as Tonto!”

— MICHAEL GORDON

“The classic ‘Blazing Saddles.’”

— ERNEST EARLE CHRISTIAN

“‘Nightmare Before Christmas.’”

— ADRIENNE LABARE

“‘Apollo 13.’”

— CHRISTOPHER DODD

Next week’s question

What is the best compliment you’ve ever received?

VIEW FROM THE TOP



STAFF SGT. MARK MIRANDA 7th Infantry Division

The 7th Infantry Division exhibit at the Lewis Army Museum features a full size diorama of a Korean War Soldier in a fighting position. That’s just part of 100 years of history on Joint Base Lewis-McChord you can see at the museum.

JBLM centennial: You can be part of history

BY JOSEPH PIEK
*Joint Base Lewis-McChord
Public Affairs Officer*

Three weeks from today, you will have the once-in-a-lifetime opportunity to be a part of Pacific Northwest history.

History will be made Aug. 18 at 4 p.m. when a large formation of Soldiers and Airmen will assemble on Lewis-Main’s Watkins Field to celebrate the centennial of Camp Lewis and Joint Base Lewis-McChord.

The ceremony is open to Department of Defense ID cardholders and their guests. It is not open to the general public.

Whether you’ve been affiliated with JBLM for years, or new to the base, you are invited to take a seat in the bleachers to witness history-in-the-making.

In the meantime, here’s a tad bit of Camp Lewis and JBLM early history:

● July 28, 1914 — One month after Archduke Ferdinand of Austria and his wife were killed by a Serbian nationalist in Sarajevo, Austria-Hungary, declared war on Serbia, thus beginning World War I in Europe. Although this war lasted for almost four-and-a-half years, the U.S. didn’t enter the war on the side of its Allies — Britain, France and Russia — until April 6, 1917. The war



ended Nov. 11, 1918.

● January 1917 — Three months before the U.S. entered the war, Pierce County bonded itself for \$2 million to buy 70,000 acres of land near American Lake to donate to the Federal government for military use.

● April 1917 — An Army-engineer company surveyed the site for use as a military camp and construction started building the camp in mid-June 1917.

● June to September 1917 -- 1,757 buildings and 422 other structures were built to support an eventual 44,685 Soldiers. The camp was built in record time and at the lowest cost (about \$7 million) of 16 national Army camps.

● July 18, 1917 — the War Department named the site Camp Lewis in honor of Captain Meriwether Lewis of the Corps of Discovery, Lewis and Clark expedition.

● Aug. 17, 1917 — Officers began to arrive at Camp Lewis to form the 91st Division. By Aug. 31, construction was complete and Camp Lewis

was ready for troops.

● Sept. 5, 1917 — The first drafted recruits arrived for training at Camp Lewis. The new Soldiers trained with the 91st Division, then served in France during World War I.

By the way, we actually know the name of the first conscript Soldier who arrived at Camp Lewis Sept. 5, 1917, ahead of all the other recruits, but you’ll need to come to the ceremony on Aug. 18 to learn his name.

Beginning Aug. 18 at 3 p.m. historic vehicles, military displays and more will be on 3rd Street (adjacent to Watkins Field) for you and your family to enjoy.

Ahead of the 4 p.m. centennial ceremony you’ll hear America’s First Corps Army Band playing period music to set the stage as we get ready to look back over JBLM’s first 100 years.

The centennial ceremony will feature hundreds of Soldiers and Airmen in formation on Watkins Field — a fabulous sight alone — as well as a P-51 Mustang ceremonial flyover, a salute battery rendering honors with 75 mm Pack Howitzers, and remarks by key military and state officials.

At the end of August we’ll place photos and other mementos from the centennial ceremony in a time capsule that will be placed in the Lewis Army Museum. This capsule will be opened at JBLM’s bicentennial in 2117.

This is your once-in-a-lifetime opportunity to say, “I was there.”

CHAPEL SERVICES

CATHOLIC MASSES

Saturday, 4:30 p.m. — Madigan Chapel
Saturday, 5 p.m. — McChord Chapel No. 2 (reconciliation at 4 p.m.)
Sunday, 9 a.m. — Lewis Main Chapel
Sunday, 9 a.m. — Madigan Chapel
Sunday, 10 a.m. — McChord Chapel No. 2
Sunday, noon — Lewis Main Chapel
Sunday, 5 p.m. — Lewis Main Chapel
Weekdays, noon — Lewis North Chapel
Weekdays, 11:45 a.m. — Madigan Chapel; call 253-968-1125
1st Friday, noon — McChord Chapel No. 2

PROTESTANT SUNDAY

9 a.m. — Liturgical — Soldiers’ Chapel
8:30 a.m. — Traditional — McChord Chapel No. 1
10 a.m. — Contemporary — Four Chaplains Memorial Chapel
10:30 a.m. — Collective — Lewis Main Chapel
10:30 a.m. — Collective — Madigan Chapel
10:30 a.m. — Contemporary — Evergreen Chapel
11 a.m. — Contemporary — McChord Chapel Support Center
11 a.m. — Gospel — Lewis North Chapel

DIVERSE WORSHIP

Jewish
Friday, 7 p.m. — Lewis Main Chapel
Islamic
Friday, 12:30 p.m. — Evergreen Chapel, 253-968-1125
Buddhist
Friday, 6 p.m. — Soldiers’ Chapel, 253-966-5959
Pagan/Wiccan
Wednesday, 7 p.m. — Building 6230, Lewis Main, 907-952-4156

JBLM SNAPSHOT



1st Battalion, 23rd Infantry Regiment Courtesy Photo

A Soldier with 1-23 Inf., 1st Bde., 2nd Inf. Div., flips over a 225-pound tire at Joint Base Lewis-McChord during the Soldier Readiness Test Pilot Improvement Project July 19. The project ends Oct. 31 when all battalion study groups have completed their final SRT and submitted all required data to Forces Command.

THIS WEEK IN HISTORY

July 28, 1868: 14th Amendment adopted.

July 29, 1965: 101st Airborne Division arrives in Vietnam.

July 30, 2003: Last classic VW Beetle rolls off the line.

July 31, 1916: “First Lady” of NASCAR Louise Smith born.

Aug. 1, 1774: Joseph Priestley discovers oxygen.

Aug. 2, 1990: Iraq invades Kuwait.

Aug. 3, 1914: Germany and France declare war on each other.

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MSRP.....\$17,850
LWF DISCOUNT.....\$415
FORD REBATE.....\$1000

\$13,292

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MSRP.....\$24,845
LWF DISCOUNT.....\$796
FORD REBATE.....\$1000

\$19,849

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FUSION SE**



SAVE \$3,670
PUSH BUTTON START
MSRP.....\$28,050
LWF DISCOUNT.....\$1020
FORD REBATE.....\$1000

\$23,940

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**2017 FORD
EDGE SEL AWD**



SAVE \$4,723
LEATHER SEATING
MSRP.....\$38,520
LWF DISCOUNT.....\$1873
FORD REBATE.....\$1000

\$33,798

**2017 FORD
FIESTA SE**



SAVE \$1,725
PERIMETER ALARM
MSRP.....\$17,160
LWF DISCOUNT.....\$415
FORD REBATE.....\$1000

\$15,435

**2016 FORD
TRANSIT CONNECT**



SAVE \$4,832
REMOTE KEYLESS ENTRY
MSRP.....\$25,035
LWF DISCOUNT.....\$1000
FORD REBATE.....\$1000

\$20,198

**2017 FORD
F-150 REG CAB**



SAVE \$7,054
26 MPG HWY
MSRP.....\$31,450
LWF DISCOUNT.....\$1154
FORD REBATE.....\$1000

\$24,396

**2017 FORD
MUSTANG COUPE**



SAVE \$2,908
REAR VIEW CAMERA
MSRP.....\$27,305
LWF DISCOUNT.....\$1108
FORD REBATE.....\$1000

\$24,397

**2017 FORD
F-150 SUPER CAB**



SAVE \$8,852
SHIFT ON THE FLY
MSRP.....\$40,350
LWF DISCOUNT.....\$2052
FORD REBATE.....\$1000

\$31,498

**2017 FORD
MUSTANG GT**



SAVE \$3,544
LIMITED SLIP
MSRP.....\$35,170
LWF DISCOUNT.....\$1544
FORD REBATE.....\$1000

\$31,626

**2017 FORD
F-150 SUPERCREW 4X4**



SAVE \$10,182
BRAKE CONTROL
MSRP.....\$48,615
LWF DISCOUNT.....\$4832
FORD REBATE.....\$1000

\$38,433

**2017 FORD
F-150 SUPERCREW 4X4**



SAVE \$9,183
AUTO START/STOP
MSRP.....\$47,665
LWF DISCOUNT.....\$4832
FORD REBATE.....\$1000

\$38,482

**2017 FORD
EXPLORER LIMITED**



SAVE \$5,293
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MSRP.....\$51,000
LWF DISCOUNT.....\$2150
FORD REBATE.....\$1000

\$46,697

**2017 FORD
EXPEDITION XLT**



SAVE \$10,905
SYNC 3
MSRP.....\$58,000
LWF DISCOUNT.....\$2000
FORD REBATE.....\$1000

\$47,995

**2017 FORD
F-350 CREW CAB 4X4**



SAVE \$6,058
ON THE FLY 4X4
MSRP.....\$58,055
LWF DISCOUNT.....\$2000
FORD REBATE.....\$1000

\$51,997

**2017 FORD
F-250 CREW CAB LARIAT**



SAVE \$6,519
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MSRP.....\$64,515
LWF DISCOUNT.....\$2000
FORD REBATE.....\$1000

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SPORT, LTHR, ROOF, NAV, AWD, ALLOYS, STK#L13213...



2014 FORD F-150 **\$37,641**
CREW, PLATINUM, LTHR, NAV, 4X4, ALLOYS, STK#L17398A...



2015 FORD F-150 LARIAT **\$38,695**
4X4, LTHR, RUNNING BOARDS, NAV, MOON ROOF, STK#L14493...



2013 FORD F-350 **\$42,995**
LARIAT, CREW, 4X4, DIESEL, LTHR, NAV, ROOF, STK#L14323...

2003 FORD TAURUS **\$2,896**
SEL, AUTO, LTHR, PW, PL, AC, ALLOYS, STK#L13176...
2000 NISSAN ALTIMA **\$2,994**
GXE, AUTO, PW, PL, AC, CO, STK#L17415A...
2004 NISSAN SENTRA **\$3,364**
1.8, AUTO, PW, PL, AC, CO, STK#L14381A...
1999 BUICK LESABRE **\$3,377**
CUSTOM, AUTO, PW, PL, AC, CO, STK#L17422A...
2000 CHEVROLET CAVALIER **\$3,548**
2DR, SSPD, STK#L17098B...
2001 CHRYSLER SEBRING **\$3,995**
LXI, LTHR, AUTO, PW, PL, AC, CO, STK#L14368A...
2000 MERCURY MOUNTAINEER **\$3,999**
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2006 CHEVROLET AVEO **\$4,652**
LS, AUTO, ONLY 91K MILES!! STK#L16753C...
2007 FORD RANGER **\$6,495**
XL, SSPD, REG CAB, STK#L17571A...
2005 BMW 525i **\$6,851**
AUTO, LTHR, ALLOYS, ROOF, AC, CO, STK#L16777B...
1994 FORD F-150 **\$6,947**
XLT, 4X4, AUTO, PW, PL, AC, CO, TOW, STK#L14473A...

2005 BMW 525i **\$6,995**
PW, PL, LTHR, MOON ROOF, STK#L16777B...
2008 FORD FOCUS **\$6,998**
SES, 2DR, AUTO, ALLOYS, CRUISE, STK#L14421A...
2007 LINCOLN MKZ **\$7,478**
AWD, LTHR, PW, PL, AC, ALLOYS, STK#L13112A...
2009 HYUNDAI TUCSON **\$8,698**
GLS, AUTO, PW, PL, AC, CO, STK#L13235...
2009 DODGE JOURNEY **\$8,784**
SXT, AUTO, PWR, ALLOYS, PW, PL, AC, CO, STK#L17223...
2006 GMC SIERRA **\$8,965**
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2013 NISSAN VERSA SL **\$9,496**
ALLOY WHEELS, AC, AUTO, PW, PL, STK#L13202A...
2011 CHEVROLET MALIBU **\$9,781**
LT, AUTO, PREMIUM ALLOYS, AC, CO, STK#L13222...
2010 FORD FUSION **\$9,787**
SPORT, AWD, AUTO, LTHR, ALLOYS, STK#L13243...
2005 TOYOTA TACOMA **\$9,993**
SSPD, AC, PS, BED LINER, STK#L14429...
2013 KIA SOUL **\$9,995**
AC, PW, PL, ALLOY WHEELS, STK#L17169A...

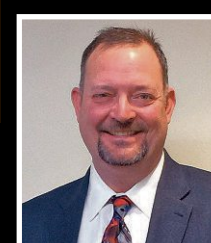
2010 FORD TAURUS **\$10,891**
LTD, LTHR, ALLOYS, PW, PL, AC, CO, STK#L14350A...
2008 INFINITI G-35 **\$10,995**
AUTO, LTHR, ROOF, PW, PL, AC, CO, ALLOYS, STK#L17252B...
2012 HONDA FIT **\$10,996**
SPORT, AUTO, PW, PL, AC, CO, STK#L13158...
2007 LEXUS ES 350 **\$11,543**
LTX, AWD, LTHR, ALLOYS, STK#L13163...
2009 CHEVROLET TRAVERSE **\$11,671**
LTX, AWD, LTHR, ALLOYS, STK#L17317B...
2012 HYUNDAI TUCSON **\$11,782**
GLS, FWD, AUTO, PW, PL, AC, CO, STK#L1400A...
2013 CHEVROLET MALIBU **\$11,847**
LS, AUTO, PW, PL, AC, CO, ALLOYS, STK#L14208B...
2015 HYUNDAI ACCENT **\$11,974**
GLS, AUTO, PW, PL, AC, CO, STK#L14414...
2016 DODGE DART **\$12,896**
SXT, AUTO, FWD, ALLOYS, PW, PL, AC, CO, STK#L17201...
2014 TOYOTA COROLLA **\$13,284**
LE, AUTO, PW, PL, AC, CO, STK#L13207...
2012 VW BEETLE 2.0 **\$13,486**
TSI, PW, PL, AUTO, ALLOYS, STK#L13190...

2016 FORD FOCUS **\$13,547**
SE, SEDAN, AUTO, PW, PL, AC, CO, STK#L14448...
2014 TOYOTA PRIUS **\$13,596**
II, AUTO, HYBRID, STK#L13204...
2008 BUICK ENCLAVE **\$13,753**
CXI, AWD, LTHR, ROOF, DVD, ALLOYS, STK#L13224...
2012 NISSAN FRONTIER **\$13,877**
SV, 2WD, S/C, CAMPY, STK#L13182...
2013 FORD MUSTANG **\$13,994**
AWD, ALLOY WHEELS, LTHR, PW, PL, STK#L17558A...
2011 FORD RANGER **\$14,991**
SPORT, S/C, SSPD, ALLOYS, STK#L14487...
2011 FORD F-150 **\$14,993**
XLT, REG CAB, 4X4, AUTO, ALLOYS, STK#L13216...
2010 GMC ACADIA **\$15,955**
AWD, ALLOY WHEELS, LTHR, PW, PL, STK#L14498...
2015 NISSAN ALTIMA 2.5 **\$15,990**
PW, PL, AC, TILT, CRUISE, STK#L14258...
2011 TOYOTA RAV 4 LIMITED **\$15,992**
PW, PL, LTHR, 4X4, MOON ROOF, STK#L14383A...
2014 SCION TC **\$15,998**
MONOGRAM, AUTO, ALLOYS, LTHR, STK#L14270...

2007 CHEVROLET TAHOE **\$16,795**
LT, LTHR, ROOF, 4X4, ALLOYS, TOW, STK#L14313...
2013 KIA SORENTO **\$17,991**
EX, AWD, LTHR, ROOF, NAV, ALLOYS, STK#L17427A...
2017 CHRYSLER 200 LIMITED **\$18,991**
LTHR, MOONROOF, PWR SEAT, PW, PL, STK#L17710A...
2008 CHEVROLET AVALANCHE **\$18,994**
LS, AUTO, 4X4, BOARDS, ALLOYS, STK#L14438...
2011 SUBARU TRIBECA LIMITED **\$19,495**
LTH, CONVERTIBLE, AUTO, ALLOYS, STK#L14438...
2015 CHEVROLET CAMARO **\$19,974**
1LT, CONVERTIBLE, AUTO, ALLOYS, STK#L14391...
2011 FORD F-150 **\$20,991**
LARIAT, CREW, 4X4, LTHR, ROOF, TOW, STK#L14218A...
2012 FORD F-150 **\$21,768**
XLT, CREW, ECO BOOST, 4X4, BOARDS, STK#L14403...
2014 FORD FLEX **\$22,596**
SEL, LTHR, ALLOYS, PW, PL, AC, CO, STK#L13174...
2014 FORD EXPLORER **\$23,555**
XLT, AUTO, ALLOYS, 3RD ROW, STK#L13220...
2013 FORD F-150 **\$23,764**
XLT, S/C, ALLOYS, ECO BOOST, TOW, STK#L14427...

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STAND WITH THOSE WHO SERVE

Job fair focuses on public safety

BY RUTH KINGSLAND
Northwest Guardian

A brutal heat beat down on the field at Memorial Stadium on Lewis Main Saturday, but high temperatures didn't deter any of the hundreds of military and public safety officers and their families who came to the 7th annual Stand With Those Who Serve Public Safety Appreciation Event and Career Fair.

Dozens of public safety agencies attended with recruiting information for everything from the Bureau of Alcohol, Tobacco, Firearms and Explosives to the Seattle Federal Reserve and many local and regional police and fire departments.

Sergeant Frank Warren, 508th Military Police Battalion, 42nd Military Police Brigade, attended the event with his wife, Arailym, so they could get ideas for what he wants to do when he transitions out of the military within the next year.

"Law enforcement is something that's always appealed to me and what I've wanted to do," he said as he talked with a representative of the Federal Way Police Department.

The couple lives in Lacey and has been at Joint Base Lewis-McChord since February 2015. He's originally from Arizona, and his wife is from Kazakhstan.

Arailym said she fully supports her husband's desire to serve in law enforcement.

"He's good at that and has a lot of desire to help the public,"



RUTH KINGSLAND Northwest Guardian

During the Stand With Those Who Serve Public Safety Appreciation Event and Career Fair at Memorial Stadium Saturday, Sarah Peloquin, left, talks with Capt. Rebecca Hsia about jobs available.

she said.

Officers Terry Jones and David Redemann, of the Washington State Liquor and Cannabis Board in Federal Way, attempted to recruit Warren and others at the event.

"There are a lot of vacancies, especially after (Initiative) 502 passed," Redemann said. "We expanded and need more officers to meet the demand."

Redemann said he enjoys his job because he gets to help

prevent crimes by stopping offenders before actions lead to worse offenses.

"For me, it's about public safety," he said. "If we can stop (offenders) before their drinking (or drug use) leads to the dangers associated with that, such as DUI crashes or such, we're all better off."

Jones, who is a Navy veteran, also shared his passion for his job.

"I'm a people person, and I

get a kick out of training people for this job," he said. "I like people — not the other side of law enforcement."

The event helped with a variety of transition ideas for Capt. Rebecca Hsia, 51st Military Police Detachment, 42nd Military Police Brigade, who has been at JBLM for three years and plans to transition out of the Army in about six months.

"It's nice to get information

"There are a lot of vacancies, especially after (Initiative) 502 passed. We expanded and need more officers to meet the demand."

Officer David Redemann
Washington State Liquor and Cannabis Board in Federal Way

and see what's out there," she said as she moved from one event table to the next.

Hsia spent some time at the Seattle Police Department's street patrol booth, where Sgt. Sage Farwell let Hsia pet his equine partner for the day: Thor, a draft and quarter horse mix.

"This would be awesome," Hsia said as Thor nuzzled her hand. "I love horses."

Air Force Reserve Staff Sgt. Adedapo Odupitan, 446th Aerospace Medicine Squadron, 446th Airlift Wing, was at the event in his Seattle firefighter uniform. The Nigerian-American lives in the Lake Tapps, Wash., area and said he enjoys serving the country where he moved to as a teen.

"We try and get a lot of veterans and military (members) in this job because they already understand ranks and structure and teamwork," Odupitan said. "And, the physical agility is basic. If you're already in the military, anything you can bring in helps."

JBLM NORTHWEST ADVENTURE CENTER

Scuba diving opens up an exciting undersea world

BY SGT. YOUTOY MARTIN
5th Mobile Public Affairs Detachment

For some, scuba diving is a hobby. For others it offers a sense of community among other divers. For retired Army 1st Sgt. Mike Nebel, it's a way of life.

"It just took over my life — this is all I do now," Nebel said, a dive instructor at the Northwest Adventure Center Scuba Shop on Joint Base Lewis-McChord.

It was the offer from his former battalion commander of the 57th Transportation Battalion that got him started. Nebel said his commander had recently started scuba and, loved it so much, he offered his unit the opportunity to attend classes on JBLM during physical fitness training. Nebel, who was closing in on civilian life in 2002, took advantage of the offer.

While the hobby would eventually become a profession, he said his initial experience with the wintry-waters of the Puget Sound almost ended any interest in scuba diving for him.



SGT. YOUTOY MARTIN 5th Mobile Public Affairs Detachment

Students from the Northwest Adventure Center go through pre-dive inspections and checks during an open water scuba class June 24.

"Honestly, I loved the pool, I loved the classroom and I did great in there," Nebel said. "But, the first day in the open water I hated it. My mask wasn't working, my gear didn't quite fit right, it was February, and it was sleet, raining sideways, cold and just not fun."

His second open-water experi-

ence was completely different. His instructor invited him on a dive in British Columbia, Canada.

"By then, I had bought a mask that fit, and that made all the difference in the world," Nebel said. "Up there (in Canada), the visibility was beautiful. The sun was shining. There was so much

(ocean) life. I got hooked."

Nebel said by the time he retired, he completed more than 200 dives and had taken all the required diving classes to become a certified instructor by December 2003.

Nebel said most of his life, all his friends were military, which he attributes to coming from a Marine household and serving in the Army for 24-years. These days, he said, everyone he knows is a diver. Nebel said people in the dive community come from all walks of life, from plumbers to military generals.

Like Nebel, assistant instructor John Gemin started diving as a hobby just before retiring from the Army.

Gemin said he enjoys diving so much he volunteers his time to help out with the open water classes. Gemin, who deals with post-traumatic stress disorder brought on from a combat deployment, said diving has become more than a hobby. It's a therapeutic way to tune out the world above.

"Since I started diving, I abso-

lutely love it," Gemin said. "For me, scuba diving is a significant part of my personal health management for the PTSD I brought back from combat, because in order to be safe while scuba diving, you have to be calm under the water."

Gemin said the calm of the water has a residual affect once he gets out.

"I am able to bring that PTSD, that hyperawareness, down and function much better in real life for a significant period of time after I've had a chance to go diving," Gemin said.

The JBLM open-water course has room for up to eight people per class. Upon successful completion, participants become Professional Association of Diving Instructors certified for up to 60-feet, which is recognized globally. The weeklong class is \$240 and includes all materials and equipment needed.

For more information, call the Northwest Adventure Center at 253-967-8282/7744 or visit jblmmwr.com/nw_adv_scu-ba.html.

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STK #170738A
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AC, CD
STK #171834A
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AC, CD
STK #171395A
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STK #W6930
\$11,888

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AUTO, LTHR, AC, ALLOYS
STK #171583X
\$11,991

2017 KIA RIO LX



AUTO, AC, CD
STK #W6946
\$12,777

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AC, CD
STK #171720A
\$13,988

2016 SCION IM



AUTO, AC, CD
STK #W6947
\$14,491

2014 TOYOTA PRIUS C



PKG II, AC, CD
STK #170327A
\$14,991

2014 SCION TC



AUTO, CD, AC
STK #W6977
\$15,495

2013 KIA OPTIMA EX HYBRID



LEATHER, NAVIGATION
STK #171588A
\$15,791

2015 TOYOTA CAMRY LE



AC, CD
STK #W6934
\$15,991

2014 HONDA ACCORD COUPE LX-S



AC, CD, ALLOYS
STK #170653A
\$16,695

2008 TOYOTA FJ CRUISER 4WD



PREMIUM WHEELS
STK #172150A
\$17,991

2014 HONDA CROSSTOUR EX-L



NAVIGATION, LEATHER
STK #171916A
\$21,991

2016 SUBARU FORESTER PREMIUM



2.5L, SUNROOF, ALLOYS
STK #W6921
\$22,891

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AC, ALLOYS
STK #W6904
\$23,798

2016 RAM 1500 BIG HORN



4X4
STK #W6948
\$28,591

2012 TOYOTA TACOMA LONGBED



4WD, CREW CAB, SR5
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\$28,691

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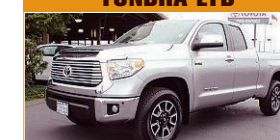
LEATHER, NAVIGATION
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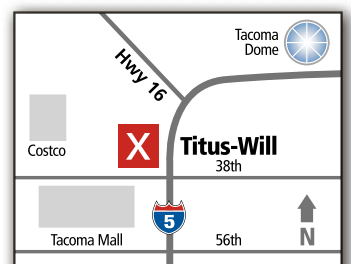
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2017 COROLLA LE: STK #171645, VIN #2T1BURHE7C90534, 36 month Toyota Financial Services lease @ \$159 per month plus tax and fees, total due at signing - customer cash of \$1350 + \$1500 TFS lease customer cash, \$0 security deposit. Total of payments: \$7023, residual: \$11213, selling price \$18990 12000 miles per year. Must finance thru Toyota Financial Service, on approval of credit. **2017 CAMRY SE:** STK #171161, VIN #11B1FK2HJ397166, 36 month Toyota Financial Services lease @ \$219 per month plus tax and fees, total due at signing - customer cash of \$2300 + \$1750 TFS lease customer cash, \$0 security deposit. Total of payments: \$9464, residual: \$13022, selling price \$23377, 12000 miles per year. Must finance thru Toyota Financial Service, on approval of credit. **2017 RAV4 LE AWD:** STK #171864, VIN #2T3BFREV1HW638667, 36 month Toyota Financial Services lease @ \$219 per month plus tax and fees, total due at signing - customer cash of \$2925 + \$250 TFS lease customer cash, \$0 security deposit. Total of payments: \$10809, residual: \$16333, selling price \$26272, 12000 miles per year. Must finance thru Toyota Financial Service, on approval of credit. **2017 Sienna LE FWD:** STK #171095, VIN #5TDKZ3DC4HS828226, 36 month Toyota Financial Services lease @ \$279 per month plus tax and fees, total due at signing - customer cash of \$2975 + \$1000 TFS lease customer cash, \$0 security deposit. Total of payments: \$13019, residual: \$18945, selling price \$31039, 12000 miles per year. Must finance thru Toyota Financial Service, on approval of credit. **2017 HIGHLANDER AWD XLE V6:** STK #171689, VIN #5TDJZFPHSHS407803, 36 month Toyota Financial Services lease @ \$339 per month plus tax and fees, total due at signing - customer cash of \$2875 + \$0 TFS lease customer cash, \$0 security deposit. Total of payments: \$15179, residual: \$26674, selling price \$31018, 12000 miles per year. Must finance thru Toyota Financial Service, on approval of credit.



Transitions

OPERATION GOODJOBS

Job fair advertises the good jobs

BY RUTH KINGSLAND
Northwest Guardian

A few hundred service members, family members and veterans strolled through the American Lake Conference Center Wednesday for a chance to see employment and educational opportunities available in the Pacific Northwest and beyond.

Operation GoodJobs and Fastport, an apprenticeship and job matching company, partnered with more than 80 other local and regional businesses and organizations for Operation GoodJobs' quarterly career fair on base. The event was a way for transitioning service members and their family members, as well as veterans, to network and see what jobs are available.

"A lot of companies want to hire veterans and service members," said Paige Thompson, marketing director for Fastport. "The military (members) make such good employees, but sometimes they just need that jump up to bridge the gap and get the job."

Cris Krisologo, program manager with the Airport Jobs Center at SeaTac Airport, also works as a facilitator in getting job seekers connected with the businesses or sections of the airport looking for employees.

There are 19,000 jobs at the airport and many open positions for employees looking for entry-level or management positions. Employees, even at the entry level, are eligible for Airport



RUTH KINGSLAND Northwest Guardian

University classes to advance their careers, as well as Alaska Airlines scholarships for outside college coursework. One doesn't have to work for Alaska Airlines to be eligible for those scholarships, Krisologo said.

"Entry level is a good way to start, and you can advance from there," she said.

Staff Sergeant Todd Hunt, who is stationed at Fort Sam Houston, in San Antonio, Texas, with the 323rd Army Band, is currently on a 20-day permissive temporary duty assignment and attended the career fair Wednesday as a way to see what jobs he might qualify for when he retires from the Army and

moves back to the Seattle area.

Hunt was stationed at JBLM from 2002 to 2006 and again in 2010 to 2012, where he played his saxophone with America's I Corps Band. He and his wife bought a home nearby and plan to retire here with their four children in November, hoping to find an IT job after retirement.

"I have a background as an electronics technician; I can fix anything," Hunt said. "I've worked in hardware and software, so a computer position is good. I really like helping people with problems, so a help desk job would be great."

One local facility hiring and with an information table at the

career fair was Wilcox Family Farms, in Roy, just beyond JBLM's East Gate.

Valerie Rogers, an employee at the five-generation family business, said there are many jobs open for both the agricultural and production sides of the farm, where chickens are raised from one-day-old to where eggs and hard-boiled eggs are packaged for sale.

"We've got on-call to full-time jobs and night jobs, too," she said.

Staff Sergeant Chris Sipe, 1st Battalion, 94th Field Artillery Regiment, 17th Field Artillery Brigade, stopped by the West Thurston Regional Fire Author-

ity booth, since he's a volunteer firefighter and EMT with West Thurston's Rochester Fire Department.

Sipe, who lives in Spanaway, has medic training through the military. He's retiring in April after 20 years in the Army. Sipe said he was looking for a job as a paid firefighter, law enforcement personnel or in a managerial position.

"I love volunteering, but I will need something to pay the bills," he said of why he was checking out his options at the career fair.

Kat Flores, human resources analyst for the city of Tacoma, spent some time enthusiastically promoting positions with her place of employment.

"We are really short staffed," she said to Staff Sgt. Lucinda Browder, Headquarters and Headquarters Company, 593rd Expeditionary Sustainment Command, who had stopped by Flores' table. "First, fill out this job interest card, then get your stuff together; but, do it fast, it happens quickly."

Browder is originally from Chicago but plans to live in Washington state when she retires with 20 years of military experience at the end of this year.

"I'm staying in Washington because they take care of veterans," Browder said. "There are a lot of opportunities and a better way of life than where I come from."

JBLM EMPLOYMENT READINESS PROGRAM

Employment programs open for spouses

BY RUTH KINGSLAND
Northwest Guardian

If you're new to Joint Base Lewis-McChord and are a military spouse, looking for a job on or around the installation might be a lot simpler than you think.

With the help of JBLM's Civilian Personnel Advisory Center and the Employment Readiness Program, priority placement is possible and even probable for military spouses.

The Employment Readiness Program, which helps with education and resume creation and revision through workshops and one-on-one counseling can be a big help to military spouses.

"We do all the prep work," said Kimberly Fallen, Employment Readiness Program manager for Armed Forces Community Service. "When someone is new to the base, they are like, 'I need to find a job, but I don't know where to look.' We can help with that; we can help them find a job. When you are new, it's kind of weird, but we get people excited about getting a job."

That's true for Youhung "Keira" Lee, who grew up in Seoul, South Korea.

She moved to JBLM in September 2015 with her husband, Capt. Colin Sexton, commander of the Headquarters and Headquarters Company, 555th Engineer Brigade, after a year at Fort

Leonard Wood, Mo.

Lee said she was a bit nervous looking for a job. She has administrative experience in Korea and earned a bachelor's degree in English communications from Sahmyook University in Seoul. Lee tried building her own resume and looking for jobs.

"I started applying, but didn't hear back from anyone," she said. "I needed help."

Staff at the Employment Readiness Program came to her rescue. Denise Chappell, who previously worked with the program, helped Lee with interview preparation and putting together a resume that got noticed.

Lee also took a one-day class with another Employment Readiness Program staffer. Within a short time, she got a job with the Department of Corrections in Tumwater.

Lee did well enough in that job as an office assistant that, getting advice on everything from wardrobe to interviewing from staff at the ERP, she was promoted to a better job after 15 months.

"That (ERP) program is so good because you can do one-on-one, and they help you adjust your resume, write a cover letter or whatever you need," Lee said. "You know that they actually care about you."

Chappell said she remembers



RUTH KINGSLAND Northwest Guardian

Kimberly Fallen, left, who works at JBLM Armed Forces Community Service, helps Danielle Hollinger fill out an application Monday.

when Lee first came to the ERP looking for assistance.

"She was petrified, but now she's living the dream," Chappell said. "That's what we want for all our clients. For them to be resilient and self-sufficient."

JBLM's Civilian Personnel Advisory Center also provides the valuable services to military spouses.

"We try to get (clients) in federal programs," Chappell said. "That way they are able to get and stay with a job if the other spouse retires."

In the past year, the JBLM CPAC helped place 36 spouses in local jobs. A lot of other

spouses have used their eligibility to apply for jobs, received consideration and also been hired, according to Amenias Robinson, human resources specialist with the JBLM CPAC.

"The program is very successful," Robinson said of the Priority Placement Program — the referral program through which eligible, immediately appointable spouses receive preference for competitive service positions in the continental United States — and its subprogram, the Department of Defense's Military Spouse Program, also referred to as "Program S."

Program S provides statutory

employment preference to military spouses who desire priority consideration for competitive service positions. By giving military spouses priority in the employment selection process, Program S works to reduce the impact of frequent relocations on spouse's careers, Robinson said.

The Priority Placement Program is a great way to get a job quickly, according to Danielle Hollinger, a military spouse who got her job as an information and referral follow-up coordinator in Armed Forces Community Service within a few weeks of going through the PPP.

One year ago, she and her husband had just moved from Offutt Air Force Base, near Omaha, Neb. She signed up for PPP immediately and was working two weeks later, she said. Spouses are eligible to submit their PPP paperwork up to 30 days before the service member's report date for a permanent change of station move with authorization for relocating family members.

The job is a three-year position, so she's currently looking for a permanent job.

"I know I will find something," she said. "I'm looking for something within AFCS — the same type of job. My heart is to help and serve people, so this is a good place for me to work."

WARRIORS TO THE WORKFORCE

Career fair coming to JBLM's American Lake in August

BY RUTH KINGSLAND
Northwest Guardian

If you're starting to look for a new career upon transitioning out of the military, the Warriors to the Workforce, Hire G.I. Veteran Career Fair is scheduled at American Lake Conference Center, 8085 NCO Beach Road, on Lewis North, Aug. 17 from 11 a.m. to 1 p.m.

The event is free and open to service members and their families, as well as veterans and reservists. The event will include a few dozen booths of information and representatives from organizations across the Pacific Northwest.

Some of those represented will be: Haselwood Auto Group, Boeing Employees Credit Union, the Department of Corrections, University of Washington Medicine, Northwest Hospital and Medical Center, General Dynamics, Masco Petroleum, Seattle police, Auto-Chlor Sys-



RUTH KINGSLAND Northwest Guardian / 2016

tem, Security Industry Specialists, BAE Systems, AFLAC, Cambia Health Solution, First Command, Food Service of America, Frito-Lay, Xerox, Comcast, Amazon, Airstream Renewables and U.S. Customs and Border Protection.

"We are excited to assist transitioning service members at JBLM with job opportunities

and have an impact in their lives," said Jermaine Higgins, director of veteran recruiting and sales for Hire G.I., a consulting agency based in San Diego.

Hire G.I. offers career fair opportunities at JBLM about once a quarter. The events provide information on the specific organizations represented, as

Representatives from local and regional organizations will discuss career opportunities during the Hire G.I. Veteran Career Fair Aug. 17.

If you go:

What: Warriors to the Workforce, Hire G.I. Veteran Career Fair

Where: at American Lake Conference Center, 8085 NCO Beach Road, on Lewis North

When: Aug. 17 from 11 a.m. to 1 p.m.

Preregistration is available at: hiregi.com.

positions at the companies represented, according to Higgins.

"That's a 23 percent hire rate," he said.

Although some of the job fairs on the installation cater to certain types of jobs, such as transportation or food services, the Hire G.I. event is open to a wide variety of companies and opportunities. Included are those in — sales, customer service, law enforcement, nursing and medical professions, software development, engineers, mechanics, banking and financial, operations managers and more.

Attendees are encouraged to sign up in advance and create an online profile so employers can be ready to meet them at the event. Information on the companies participating as well as a job board and opportunities to apply for positions also are available at the Hire G.I. website. Preregistration is available at: hiregi.com.

well as representatives to share specifics of the jobs available and match prospective military employees and their job-seeking family members with businesses and organizations that are looking for quality employees.

At the last such hiring fair in March, 157 people attended, and 37 of those were hired for

Community Ledger

ATTENTION

Event announcements must be received no later than the Friday before publication. They can be emailed to nwgeditor@nwguardian.com. Announcements can be viewed online at nwguardian.com. The Northwest Guardian office is in the basement of 1010 Liggett Ave. on Lewis Main. For more information, call 253-477-0182.



SNAPSHOT
Mooring line

Seaman David Schneider, from Chicago, tosses a mooring line to the crew of one of USS John C. Stennis' (CVN 74) rigid hull inflatable boats during a training exercise July 21. The Stennis is conducting a planned incremental availability at Puget Sound Naval Shipyard and Intermediate Maintenance Facility.

PETTY OFFICER 3RD CLASS SIERRA LANGDON
U.S. Navy Photo

LET'S HEAR IT

What do you want to know in 2017? The Northwest Guardian, Joint Base Lewis-McChord's command authorized source for installation news and information, wants to hear from you. Go to the JBLM Facebook page to answer the Straight Talk question of the week on Page A4, or submit a 1MB JPEG of your favorite photo of life on JBLM. Got a news tip or know a story you'd like to see in the Guardian? Coordinate with your unit public affairs section, then call 253-477- 0182.

SCHEDULED FAMILY DAYS FOR 2017

The following are the scheduled dates for Army's Day of No Scheduled Activity and Air Force's Family Days on Joint Base Lewis-McChord.

- Aug. 4 - Army DONSA
- Aug. 7 - Army DONSA
- Sept. 1 - Army DONSA
- Sept. 5 - Air Force Family Day
- Oct. 9 - Army DONSA
- Nov. 13 - Army DONSA
- Nov. 24 - Army DONSA and Air Force Family Day
- Dec. 26 - Army DONSA and Air Force Family Day

LOW COUNTRY BOIL'S ON AT THE CLUB

Y'all come out to the JBLM Low Country Boil Friday at the Club at McChord Field from 5 to 7:30 p.m. where you'll enjoy succulent shrimp, savory sausage, fresh corn on the cob and new potatoes served with bread — and be sure to leave room for dessert. Also order drink specials to go with this down-home meal. The cost is \$42 per couple or \$22 per person; reservations are required by calling 253-982-5581. The Club is located at 700 Barnes Blvd. on McChord Field.

JOIN IN WINE AND CANVAS EVENT

Join in the fun at the Wine and Canvas Night at the Nelson Recreation Center Friday from 6 to 8:30 p.m. Art supplies, light appetizers and your first glass of wine are included in the cost. Beginners will get instruction, plus samples of completed paintings for inspiration. Seating is limited and you must be age 21 or older to attend; please arrive 15 minutes early. The cost is \$30 per person. Prepayment is required; call 253-982-6726/ 6718.

WIN PRIZES FOR TRIVIA AT THE BREWHOUSE

Test your trivia knowledge at Samuel Adams Brewhouse's free Trivia Night Friday from 7 to 9 p.m. for fun and prizes. Enjoy happy hour specials from 6 to 8 p.m. Sam Adams is located at 2400 Bitar Ave. and Division at Lewis Main. For more information, call 253-964-2012.

ARMY, AIR FORCE PCS MOVE WORKSHOPS

Joint Base Lewis-McChord's Armed Forces Community Service hosts a First PCS Move workshop every Monday from 3 to 4 p.m. at Waller Hall, 2140 Liggett Ave., Lewis Main, and the second Thursday of each month at the Service Member and Family Readiness Center, 551 Barnes Blvd., McChord Field. For more information, call 253-967-3633 or 253-982-2695. To register, visit jblmafcscheckappointments.com.

HEADS OR TAILS AT BREWHOUSE

Get in on Heads or Tails Tuesdays at Samuel Adams Brewhouse at JBLM. Every Tuesday from 4 to 10 p.m., we flip a coin for your first drink. If you call it correctly, you receive \$1 off your first drink. Sam Adams is located at 2400 Bitar Ave. and Division at Lewis Main. For more information, call 253-964-2012.

JBLM FAMILY HOUSING FIRE SAFETY CLASS

Base housing residents are required to take a Family Housing Fire Safety class within 30 days of moving in. Service member must attend; spouse is welcome and encouraged. Classes take place Tuesdays and Thursdays at 1 p.m. at Bldg. 2014, Fire Station 107 Pendleton on Lewis Main.

PLAY BIG SUMMER BINGO AT BREWHOUSE

Samuel Adams Brewhouse is giving away hot prizes to winners for the Big Summer Bingo event Wednesday and Aug. 16 from 7 to 9 p.m. The free event is for ages 21 and older. Sam Adams is located at 2400 Bitar Ave. and Division at Lewis Main. For more information, call 253-964-2012.

BUILDING MANAGERS FIRE SAFETY CLASS

All building managers on Joint Base Lewis-McChord are required to take a Building Managers Fire Safety Class. Classes take place on are the first and third Wednesday of the month at 9 a.m. Bldg. 2014, Fire Station 107 Pendleton, on Lewis Main. The next class is Wednesday. For more information, call 253-966-7164.

CELEBRATE IPA DAY AT SAMUEL ADAMS

Raise a glass and celebrate National IPA Day at Samuel Adams Brewhouse Thursday from 4 to 10 p.m. Purchase Sam Adams Rebel IPA and keep the Rebel IPA glass. Also save \$2 on any appetizer with the purchase of any Sam Adams beer. Get in on Sam Adams gear giveaways from 5 to 8 p.m. Please drink responsibly. Sam Adams is located at 2400 Bitar Ave. and

Division at Lewis Main. For more information, call 253-964-2012.

FREE MOVIES AT THE LIBRARY THIS SUMMER

In need of some family-friendly entertainment this summer? McChord Field Library will be hosting a movie every Thursday afternoon now through Aug. 24 at 4 p.m. Free fresh popcorn will be provided. Movies will change every week, so be sure to stop by McChord Field Library and see what movie will be featured. The library is located at 851 Lincoln Blvd., ground floor on McChord Field. For more information, call 253-982-3454.

WARRIOR ZONE'S OPEN MIC AND KARAOKE

Celebrate the return of Open Mic Night at the Warrior Zone the first and second Thursday of the month at 6 p.m. Entertain your friends on stage and come back for more. Karaoke Night debuts the first and third Saturdays of the month at 6 p.m. Have fun belting out your favorite tunes with your buddies with host DJ Rae. WZ is open to ages 18 and older only. For more information, call 253-477-5756. The Warrior Zone is on the corner of 17th and D streets at Lewis North.

JOIN MCCHORD FIELD LIBRARY BOOK CLUB

Enjoy discussing books? Join the McChord Library's Novel Navigators. This adult discussion group meets the second Wednesday of each month at the McChord Library at 4:30 p.m. The next meeting is Aug. 9 to discuss "Wild: From Lost to Found on the Pacific Crest Trail" by Cheryl Strayed. Registration is required; register in person

for the group. Copies will be available at the circulation desk, 851 Lincoln Blvd., ground floor, on McChord Field. For more information, call 253-982-3454.

BRING BEST FRIEND TO YAPPY HOUR

Celebrate the dog days of summer on Samuel Adams Brewhouse JBLM's patio at Yappy Hour Aug. 10 and Sept. 7 from 6 to 8 p.m. Yes, this really is for the dogs. Bring your dog on a leash for treats, dog-oriented games and prizes. Purchase food and beverages to enjoy along with your best friend. Sam Adams is at 2400 Bitar Ave. and Division at Lewis Main. For more details, call 253-964- 2012.

FREE OUTDOOR CINEMA FAMILY EVENT

If you like free entertainment, come on out to watch "Moana" on the lawn at the Club at McChord Field Aug. 11. Set up lawn chairs, blankets and pillows and have fun with Family activities and prizes starting at 6 p.m.; the movie begins at 9 p.m. Popcorn, chips, candy, hot dogs, soda and beer are available for purchase. The movie is at 700 Barnes Blvd.

FIND SAVINGS, FUN AT NAC SUMMER SALE

Come on out to the Northwest Adventure Center's End-of- Summer Sale and Block Party Aug. 12 from 9 a.m. to 5:30 p.m. Find savings on all gear, clothing and equipment in the new retail store. From 3 to 10 p.m., enjoy fun, food and friends with DJ music, karaoke, games and inflatables. Also play bingo for ODR prizes at 4 and 7 p.m., and blackout bingo at 9 p.m. with a chance to win a grand prize. The block

party is family- and pet-friendly. For more information, call 253-967-6263. The NAC is located at 8050 NCO Beach Road at Lewis North.

REMEMBERING WWI THROUGH BOOK CLUB

Remember the 100th anniversary of World War I with Joint Base Lewis-McChord libraries' new book club, part of an Army Library initiative commemorating the United States' entry into World War I. Book discussions take place quarterly at either the Grandstaff or McChord Field libraries. The next book discussion, "Regeneration" by Pat Barker is set to take place at McChord Field Library Aug. 15 at noon. No registration required. A limited number of print copies are available at the libraries, or copies can be downloaded as E-books. For more information, call Grandstaff Library at 253-967-5889 or McChord Field Library at 253-982-3454.

SMA OF NORTHWEST MONTHLY MEETING

The general membership meeting of the Sergeants Major Association of the Northwest meets at Samuel Adams Brewhouse, Bldg. 2400 on South Division Street on the third Thursday of every month. Social time begins at 4:30 p.m. and official business at 5 p.m. Next meeting is Aug. 17.

GET IN ON USED LIBRARY BOOK SALE

Join McChord Library for the first used book sale Aug. 19 from 10 a.m. to 3 p.m. Select from books for adults, kids and teens, as well as DVDs, music CDs and more. Most items will be priced at \$2 or less. Find great titles to add to your home library. McChord

TRANSITIONS: INFORMATION TO HELP WITH LIFE CHANGES

Find jobs on the "JBLMUnlimited" website at jblmunlimited.com or on Facebook at facebook.com/jblmunlimited.

The following is a snapshot look into some upcoming employment fairs and networking opportunities:

Operation GoodJobs! Fridays 2 p.m. Starbucks, 10314 S. Tacoma Way, Lakewood. For more information, email vetservicesinfo@goodwillwa.org or call 253-573-6789.

Helmets to Hardhats Monday-Aug. 4 in Bremerton. One-week courses will connect you with careers within the construction industry throughout the U.S. Eligible participants include: Navy, Army, Marine Corps, Air Force, active duty with less than six months of service left and command approval. National Guard and reservists, recently discharged veterans with an honorable or general under honorable discharge. Course topics include: overview of the construction industry, building trades registered apprenticeship overview, construction math, blueprint reading and construction safety, 10-hour OSHA certification, and much more. Email info@helmetstohardhats.org for an application packet or call toll free 866-741-6210.

Hawk Job Fair take place Mondays (except DONSA and federal holidays) at Hawk Transition Center Auditorium at 11 a.m. Come out and speak to recruiters with employment opportunities. Walk-ins are welcome.

Career Skills Program Briefings take place Mondays at Hawk Transition Center Auditorium. Walk-ins are welcome. Noon: trades/skills/technology/business brief.

Customs Border Patrol Information Session Wednesday-Thursday from 8 a.m. to 3 p.m. at the Hawk Transition Center. U.S. Customs and Border Protection is hiring frontline law enforcement CBP officers nationwide. We have numerous locations and we have an expedited hiring that can get you onboard in a position in a very short time. As an officer, you will move up the career ladder with no competition up to the GS-12 level. For more information, visit cbp.gov/careers.

WorkSource Veterans Service Orientation Briefings take place the first and third Wednesdays of the month from 9 to 11 a.m. at 500 SW Seventh St., Renton, Wash. Next meeting is Wednesday. For more information, call 206-205-3500.

Brown Bag Mini Job Fair Wednesdays from 11 a.m. to 1 p.m. in the Hawk Transition Center Lobby. Walk-ins are welcome. Employer registration is now required by emailing shenathan.d.burton2.civ@mail.mil and mitchel.s.watson.civ@mail.mil.

Worksource Pierce Weekly Meetings Thursdays from 1 to 4 p.m., the WorkSource Pierce Career Center hosts a meeting for job seekers unemployed for 27 weeks or longer, seeking assistance to re-enter the workforce. Location is 1305 Tacoma Ave. South, Tacoma. Fore more information, call 253-593-7300 or email backtowork@workforce-central.org.

Camo2Commerce has orientations Thursdays at 3:30 p.m. at the Stone Education Center on Lewis Main for

military leaders in mid-level management roles, ideally staff and senior noncommissioned officers and junior to mid-grade officers in transition. Camo2Commerce has created the Heroes Corporate Fellowship Academy can help you land a job in a position commensurate with knowledge, skills, abilities and experience. For more information, visit: camo2commerce.com/heroes or email rob@pacmtn.org.

Boots to Business This is a three-day workshop covering topics related to how to start a business. Gain tools and knowledge needed to identify a business opportunity, draft a plan and launch an enterprise. Day three will consist of a field trip. To register, call 253-967-5599 or 253-967-3258.

Spotlight Events and Employer Hiring Check for employer spotlight events on social media at facebook.com/jblmunlimited for more information. Sign up at sfltap.army.mil or with your SFL-TAP Center at 253-967-3258/5599.

ADMIN SERVICES OFFICER IN OLYMPIA

WSECU — Salary: DOQ with benefits. Are you a skilled multitasker who loves variety? Do you thrive on attention to detail and serving others? The administrative services officer supports coworkers and leaders in a great team environment. Interested applicants should apply at jobs.wsecu.org. To be considered for employment at WSECU, all applicants must submit a resume. For more information, visit wsecu.org/careers.

ATTENDING PHYSICIAN MEDICAL DIRECTOR

Washington Department of Veterans Affairs — Salary: \$101,616 to \$263,652 annually. Lend direction to your residents with a caring attitude. Connect with your goals and change lives in accomplishing our mission of "Serving Those Who Served" with the Washington State Department of Veterans Affairs. If you are an attending physician/medical director with a passion for excellence and compassionate care, we invite you to be a part of our team at Orting, Wash. For more information about the position, email Denisl.D@dfa.va.gov.

COMPOSITE FABRICATOR AT TALENTSCALE

Talentscale — Salary: DOQ. Composite Fabricators will work directly on a prototype aircraft. Talentscale is looking for experienced aviation professionals who are excited about getting involved with this project. Candidates must be willing to work in a fast-paced, team environment. This position involves working from engineering drawings to fabricate prototype hardware. Background in woodworking, metalworking or composites a plus, but hands-on experience with good mechanical aptitude is needed. Additional training will be provided to those hired who meet minimum qualifications. Employee must be able to work in a fast-paced research and development environment and team atmosphere. For more information, visit talentscalellc.com.

REGISTER YOUTH FOR SUMMER PROGRAMS

Register your Child and Youth Services-enrolled children for summer programming at Cascade School Age Center for grades first through fifth, Lewis North School Age Center for grades kindergarten through fifth and McChord Field School Age Center for grades kindergarten through fifth. Enroll at Parent Central Services. Fees are based on total family income. For more information, call 253-966-2977 or visit fb.com/jblmcys.

REGISTER FOR SUMMER PROGRAMMING

Register your Child and Youth Services-enrolled middle-school children for summer programming at Hillside Teen Center for grades six to eight. Weekly themed programs are offered now-Aug. 21. New outdoor recreation opportunities take your youth's summer fun to the next level and are open to all middle school/teen youth. Program fees are based on total family income. Enroll at Parent Central Services. For more information, call 253-966-2977.

CALL THE ENERGY WASTE HOTLINE

To stop energy waste and save valuable resources, the Joint Base Lewis-McChord JBLM Energy Program has launched the "Energy Waste Hotline." The primary objective of this hotline is to collect information about day-burners, incandescent bulbs, damaged fixtures, steam leaks, nonfunctional thermostats, etc. If you notice any opportunity to reduce energy waste, call or text 253-219-2394. The goal is to improve energy efficiency, eliminate energy waste and save money.

FROM PAGE 1A

SABER

The 4-6 ARS, became an enabling force for the coalition by emboldening the Iraqi security forces and supporting them with fires, according to Lt. Col. Eddy Lee, 4-6 ARS commander.

“This is a fight where you feel you have a purpose and see the greater good,” Brant said.

The 4-6 ARS is equipped with the AH-64E Apache Helicopter, described by Lee as the “best platform of choice to fight in this environment.” The Apache itself became a symbol of American support to the partner forces on the ground.

“The Iraqis wanted Apaches there as a message to ISIS,” Brant said.

The Apache helicopter pairs with the RQ-7Bv2 Shadow Unmanned Aerial System which performs reconnaissance and surveillance for the coalition.

“The Shadow identifies enemy personnel and hands the target off to the fires platform to strike it,” said Chief Warrant Officer 4 Paul Van Loan, 4-6 ARS UAS operations technician.

These fires platforms include the AH-64E Apache and the 29th CAB’s MQ-1C “Gray Eagle” unmanned aircraft from



CAPT. STEPHEN JAMES 29th Combat Aviation Brigade

An AH-64E Apache helicopter from the 4th Squadron, 6th Cavalry Regiment, Task Force Saber, hovers prior to taking off to conduct a mission in Erbil, Iraq, July 11.

Delta Company, 10th Combat Aviation Brigade.

Although their equipment proved vital to the battle, one of the keys to the fight against ISIS was the mindset ingrained into the Soldiers of Task Force Saber. Before deploying to the Middle East, the 4-6 ARS trained to maintain a high state of combat readiness and prepared from the onset to be ready to get off the plane and start fighting, Lee said.

“We teach, train and empower our subordinates,” Brant said.

This expeditionary thought process trickled down to the

most junior leaders and provided a foundation for action across the squadron. This approach translated to the battlefield as subordinate leaders were able to use the tools at their disposal to quickly bring the fight to the enemy and aid the coalition.

“We focus operationally, are aggressive and have tactical curiosity,” Van Loan said.

“There is a fight out there and we want to be involved with it.”

Task Force Saber has the equipment and the mindset to actively aid partner forces in the fight against ISIS, but the most important factor has been its

maintenance and sustainment Soldiers.

“If we lose maintainers, we lose the ability to push combat power forward,” said Chief Warrant Officer 4 Shawn Middleton, 4-6 ARS battalion aviation maintenance officer.

Compounding the complexity of aircraft maintenance was the fact that Task Force Saber elements were spread across different locations in Iraq, Syria, Kuwait and initially, Afghanistan. Also, the 4-6 ARS was the first unit to field the new “E” model Apaches in theater.

“There were no ‘E’ model Apaches in theater at the time in Afghanistan and Iraq — we needed special tools and maintainers,” Brant said.

In addition, the 4-6 ARS is the first unit to operate the U.S. Army’s new Large Aircraft Infrared Countermeasures aircraft survivability equipment in combat.

Task Force Saber continues to be a team effort, with Army National Guard and active-Army elements from the 29th CAB and 16th CAB, including the 46th Aviation Support Battalion, 449th Aviation Support Battalion, 2-149th General Support Aviation Battalion and the 1-147th Assault Helicopter Battalion.

The 4-6 ARS became the first unit to conduct phase mainte-

nance on an AH-64E in Iraq, work that was completed solely by Task Force Saber Soldiers, including the 449th ASB, at their maintenance facility at Taji Military Complex, Iraq.

“They exceeded U.S. Army Forces Command standards for phase maintenance of the AH-64E for allotted time from start to completion,” Middleton said. “Without our phase line in Taji, none of this would be possible.”

Task Force Saber’s additional capabilities allow it to conduct missions beyond attacking the enemy, including aeromedical evacuation, distinguished visitor and logistical moves, according to Brant.

The distinguished visitor movements, in particular, enabled the Combined Joint Forces Land Component Command to accomplish their “advise and assist” mission as it allowed for key leaders to speak directly with their Iraqi counterparts, Lee said.

As the fight against ISIS in Iraq enters into a new phase, elements of Task Force Saber will simultaneously continue operations in Syria and will support Operation Spartan Shield in Kuwait by conducting deck landing qualifications later this summer. Task Force Saber’s 4-6 ARS is set to return JBLM this fall.

FROM PAGE 1A

BOSS

they didn’t mind having a chance to enjoy clear blue skies and a round of cornhole.

“It’s good for being in the middle of the work week,” Flanagan said.

Hundreds of single service members were given the chance to take a partial or full day off to stop by the Warrior Zone. Organized by JBLM’s Better Opportunities for Single Service Members, the day was an opportunity for building camaraderie with others on the installation.

There was no shortage of fun for the service members as the event had a carnival feel. Carnival-themed games were held in one area, including a dunk tank game, ring toss and sledgehammer strength game — or as some jokingly called it, “the smack-down up-dinger.”

Kiara Artis of 1st Battalion, 23rd Infantry Regiment, 1st Bde., 2nd. Inf. Div., had a chance to play nearly all of the carnival games,.

“It’s better than being at work, especially on a (beautiful) Wednesday,” Artis said.

Among the activities was a laser tag course set up in a va-



SCOTT HANSEN Northwest Guardian

C.J. Milewski, right, fights threw “brain freeze” to win the snow cone eating contest during the annual JBLM Single Service Member Day outside the Warrior Zone on Lewis North July 19.

cant lot across the street from the Warrior Zone. Folks from Laser Tag Live in Mill Creek provided various game-play formats that included team and individual competition.

It certainly caught the attention of many who may have

thought they saw a paintball course. Some said they enjoyed outdoor laser tag over playing indoors.

“It’s a lot easier to turn, move and turn around,” said John Tellez of 296th Brigade Support Battalion, 1st Bde., 2nd. Inf. Div.

In conjunction with the carnival theme, the event also featured five different eating contests. Entrants tried to consume the most corn dogs, snow cone and mini-pies in a set time limit.

Some contests had unique quirks. During the watermelon

eating content, participants were required to utilize a tiny sample spoon to get chunks of watermelon to their mouths.

“It was so difficult, you basically had to scoop from the top to the back,” said Robbie McElroy of 51st Expeditionary Signal Battalion, 35th Signal Brigade — winner of the watermelon contest. “For me, it’s usually watermelon to the face.”

Other activities included bench press competitions, video game tournaments, Texas Hold ‘Em and a car show with various categories.

Not only was it a chance to earn bragging rights; it was a chance for some to be proud of their rides. Daryl Alston of 51st ESB, 35th Sig. Bde., recently purchased his 1995 Lexus sedan that he had upgraded with customized parts.

When he came to Single Service Member Day two years ago, he had a different car that he was nervous to bring, but he said he was happy to sign up this year with the positive attention he received from his peers.

“I may have broken a couple of necks coming through the gate,” Alston said with a laugh.

Dean Siemon: 253-477-0235, @deansiemon

FROM PAGE 1A

TICKETS

erybody gets the fair shake.”

Interested parties need to fill out a registration form in person at LTS office at 2272 Liggett Ave., inside Bowl Arena Lanes, on Lewis Main, or at Sounders Lanes, 737 Jackson Blvd., on McChord Field, before Aug. 4 until 3 p.m. Registration is also available at the Samuel Adams Brewhouse, 2400 Bitar Ave., on Lewis Main, until Aug. 3 at 9 p.m.

Phone calls and e-mails will not be accepted as forms of preregistration.

Names drawn on Aug. 4 will be posted online no later than Aug. 7. Those who are selected will be eligible to purchase tickets Aug. 12 at the LTS office at Bowl Arena Lanes.

Prices have yet to be announced, but home games will



DEAN SIEMON Northwest Guardian/2016

Geno Burns, middle, purchases the first set of tickets to a Seattle Seahawks 2016 home game at the JBLM Leisure Travel Services ticket sale event Aug. 13 inside Bowl Arena Lanes on Lewis Main.

be placed in two pricing tiers. The 2017 Seahawks home schedule does include nationally broadcasted games against the

Indianapolis Colts, Atlanta Falcons and Philadelphia Eagles.

Peebles said prices are still going to be a better option than

going on the NFL Ticket Exchange where season ticket holders often sell tickets to games for a higher price tag.

While JBLM LTS is part of the season-ticket holder list, Peebles said the office sells tickets at a fair price to provide a service to the JBLM community.

“Last year, (tickets on the NFL Ticket Exchange) were easily selling at \$400 or \$500 for lower level,” Peebles said. “This (raffle) is giving (the community) the opportunity to have a chance to get tickets at a lower price.”

During the ticket sale event Aug. 12, the list of selected fans will be sold tickets in waves — 9 to 11 a.m., for numbers one through 50 in the raffle, and from 50 until tickets run out, between 11:15 a.m. to 1:15 p.m.

There is also a chance for some tickets to be left over. Some fans don’t buy the maximum of four, or there was noth-

ing left of the game they wanted to go to when it was their turn. If that happens, Peebles said the LTS will draw 10 more names from the drum to offer people a chance.

“If we have some left over after that, we’ll draw another 10,” Peebles said.

Ticket sales are available for authorized Department of Defense ID cardholders — including service members, family members, retirees and Department of Defense employees. A spouse of a deployed service member can enter the drawing for the deployed spouse.

For more information, call Leisure Travel Services at 253-967-3085 or 253-967-2050. JBLM LTS alerts are also available by sending “Follow @JBLMLTS” to the number 40404.

Dean Siemon: 253-477-0235, @deansiemon

FROM PAGE 1A

SERVE

Griswold, Ronald Owens, Greg Richards and Sgt. Mark Renninger; Seattle Police Officer Timothy Brenton; and Pierce County Deputy Kent Mundell Jr.

“I just felt like we needed a way to show appreciation and support for each other,” McNally said, who has been with the Seattle Police Department for 27 years.

“We’re a family, and we want our law enforcement to meet with our military family in this kind of supportive environment and build relationships,” she said. “Too often we put on a uniform and feel like targets; we feel like we have to shelter our families. Here, we’re all family.”

McNally grew up in Yakima and said she knew at the age of 6 she wanted to be a police officer.

“It’s just something I always wanted to do,” she said, adding she enjoys talking with young people and helping them see that public safety officers have to enforce the law, but they also are nice people and part of something good.

Saturday’s event included special music from America’s I Corps Band and the Seattle Police Pipes and Drums Band. There also were plenty of bounce houses and large public safety vehicles for the kids to enjoy.

Ten-year-old Brody Patenaude, of Bonney Lake, and his 7-year-old brother, Sawyer, seemed to enjoy climbing up in a large SWAT rescue vehicle.



RUTH KINGSLAND Northwest Guardian

Staff Sgt. Adedapo Odupitan, 446th Airlift Wing, right, talks with Chad Hostetler about jobs with the Department of Corrections in Shelton.

The boys’ dad is in law enforcement and mom, Kea Patenaude, said she enjoys bringing the

family to the yearly Stand With Those Who Serve event.

“We love stuff like this, where

the officers get some appreciation,” she said.

Seattle Police Sgt. Sage Farwell said he gets a lot more public support as a street patrol officer riding a horse than when he was a regular patrol officer.

“People love the horses and appreciate that we’re there for them if they need us,” he said, as he sat atop Thor, a huge 17-hands draft and quarter horse mix, in the field at Memorial Stadium.

A handful of mounted police officers alternately rode or let their horses graze during the event, providing an opportunity for everyone to pet and appreciate the service-related horses.

“The horses are great for getting people to like us,” Farwell said. “They make people happy.”

Sports

WESTERN WASHINGTON TRAVELING SKEET LEAGUE 2017

First timers give JBLM skeet league a shot

New league features a variety of skeet shooting experience, levels

BY DEAN SIEMON Northwest Guardian It was only a week removed from starting that 1st Lt. Korrie Powell, 864th Engineering Battalion, 555th Engineer Brigade, competed in the second event of the Western Washington Traveling Skeet League Saturday at Joint Base Lewis-McChord. With a mixture of experienced shooters at the JBLM Skeet and Trap Range just outside Scouts Out Gate on Lewis Main, she figured she'd give the sport a

shot. She said there were times when she was frustrated enough to forget her shoulder was in a little bit of pain from 100 total shots. But she kept receiving tips from Dick Koch, a former Army sergeant, about her shooting position and how she followed the clay pigeons that were released one or two at a time. "Give us two weeks and see where your shot is at," Koch told her after one of the rounds. Although she felt she could

have done better, she said she still found little victories here and there throughout the league event. "I'm shooting with both eyes open, and I got one double together," Powell said after the second of four rounds. She hit another two doubles by the end of the event. Little victories are cheered on by experienced shooters like Koch, who helped establish the new JBLM skeet league. The 10-event competition will continue through November, but not everyone's goal is to win. In fact, Koch said he could



DEAN SIEMON Northwest Guardian Dick Koch, right, offers tips to 1st Lt. Korrie Powell, second from right, during a Western Washington Traveling Skeet League event Saturday.

SEE SKEET, 2B

2017 JBLM FREEDOM RUN



SCOTT HANSEN Northwest Guardian

Nearly 100 service members and civilians competed in the Ten-Miler portion of the annual JBLM Freedom Run on Lewis Main Saturday.

TEN-MILERS COMPETE DURING FREEDOM RUN

Madigan pair helps set pace in 85-degree heat

BY DEAN SIEMON Northwest Guardian Nearly 100 runners participated in the Ten-Miler portion of the Joint Base Lewis-McChord Freedom Run outside Family and Morale, Welfare and Recreation's Fest Tent on Lewis Main Saturday. The field was a mixture of people from the military and civilian communities. The run also served as an opportunity for service members at JBLM to qualify for the installation's, active-duty men's and women's team that will compete at the 2017 Army Ten-Miler in October in Washington, D.C. In what was already a physically grueling 10 miles, the weather made it even tougher with temperatures surpassing 85 degrees.

SEE RACE, 2B



Capt. Kevin Knieri was the fastest overall Ten-Miler participant during the annual JBLM Freedom Run on Lewis Main Saturday. Knieri finished the race with a time of 1:03:59.

ON THE SCHEDULE

REGISTRATION OPEN FOR YOUTH, BUMBLEBEE SOCCER Youth: Joint Base Lewis-McChord Child and Youth Services' sports program is offering youth recreational soccer leagues to teach fundamentals in a fun atmosphere. Youth soccer for ages 5 to 15 is \$55. Bumblebee soccer classes for ages 3 and 4 is \$25. Register by Monday. Youth must be registered in CYS to enroll in sports. For more information, visit jblmmwr.com/cys, or call 253-967-2405.

MEETING SCHEDULED FOR PAINTBALL TOURNAMENT Intramural: The Joint Base Lewis-McChord Intramural Sports Office will host a representative meeting prior to the Aug. 12 JBLM Commander's Cup Paintball Tournament at the Nelson Recreation Center Wednesday at 6 p.m. Cost is \$75 per team; open to all JBLM active-duty service members. For more information, visit jblmmwr.com/intramural, or call 253-967-4768.

SPORTING CLAYS SHOOTING COMPETITION SCHEDULED Outdoor: The next monthly Sporting Clays shooting competition is Aug. 5 at 10:30 a.m. at the Joint Base Lewis-McChord Skeet and Trap Range on Lewis Main. Competition includes 100 targets across 10 different stations. Commonly nicknamed "golf with shotguns." Registration opens at 9 a.m. and is \$35. For more information, call 253-967-7056.

REGISTRATION BEGINS FOR OPEN LEAGUE SOFTBALL Intramural: Registration is open for Joint Base Lewis-McChord's Open League Softball season this fall, starting Aug. 26. Sign-up meeting is Aug. 16 at 6 p.m. at Nelson Recreation Center. Fee for each team is \$250. Players without teams can be placed. Open to all JBLM ID cardholders, ages 18 and older. For more information, visit jblmmwr.com/intramural or call 253-967-4768.

TRIATHLON REGISTRATION LIMITED TO 100-SPOT FIELD Races: The 2017 Pacific Pathways Triathlon has a limited 100-spot field Aug. 19 at 7:30 a.m. at Shoreline Park on Lewis North. Early registration ends Aug. 7 at 11:59 p.m. Cost is \$30 with military ID and \$40 without; \$55 for a team with military affiliation, \$65 for others. Race bib pick-up is Aug. 18 from 4 to 7 p.m. and Aug. 19 from 6 to 7:15 a.m. For more information, visit jblmmwr.com/races or call 253-967-4768.

HEALTH & FITNESS

Army Wellness Center helps military retirees stay fit, active

BY SGT. ERIC JOHNSON 5th Mobile Public Affairs Detachment For some, getting to the gym is a hassle. Finding the time and energy is just too difficult. For others, like 79-year-old retired Navy Chief Petty Officer Kimble Hartwell, neither Agent Orange nor dependence on a wheelchair are enough to keep him from his gym workouts. "I am driven by trying to improve my strength and improve my overall health," Hartwell

said. "At my age, even though I don't feel my age, I just keep trying to live a healthy lifestyle." Keeping in shape is Hartwell's main goal, but along the way he has been inspiring others. "When I saw the senior person on the rower, he inspired me so much to push myself," said Staff Sgt. Hector Garcia, Headquarter and Headquarters Battalion, I Corps. "There is nothing like seeing a man who is retired and keeping himself in shape."

Hartwell, a veteran of 25 years, enjoys using the rowing machine and the recumbent bike three days a week at Jensen Family Health and Fitness Center on Joint Base Lewis-McChord. Hartwell hasn't settled for just sitting on his front porch in a rocking chair letting life pass him by. Given his age, he continues an active lifestyle by continuing to keep in shape. The

SEE FITNESS, 2B



DEAN SIEMON Northwest Guardian / 2016

Fitness assessments at the Army Wellness Center in the Jensen Family Health and Fitness Center can help you reach your fitness goals.

FROM PAGE 1B

SKEET

care less about his scores. The only point he cares about is helping newer shooters become better so they reduce their mis- ses and continue to have fun.

“Somebody has to teach them the rules of the sport and the little tricks we have,” Koch said. “We’ve got enough experienced shooters to teach them the ropes.”

The league started July 15 at the McChord Field Sportsman’s Club. The field of competition is small, but it includes a wide range of shooting talents and experience levels.

Some have shot only a few years, including retired Tech Sgt. Airman Corey Rich. While serving with the 8th Airlift Squadron, 62nd Operations



DEAN SIEMON Northwest Guardian

Corey Rich participates in the Western Washington Traveling Skeet League event at the JBLM Skeet and Trap Range Saturday.

Group at McChord Field, Rich and coworkers spent their lunch breaks shooting at the McChord Field shooting range.

It was there he met Gil and Robin Hildebrand, who have continued to provide advice as he has continued to participate

in the sport over the last two years. The shooting community involved with current and prior service members on JBLM is one that Rich said is friendly to new- comers.

“It’s welcoming,” Rich said. “It makes you want to come back.”

Unlike the monthly Sporting Clays competitions with 10 shots and 10 different stations, the skeet league puts shooters with two to four shots at each of several stations on a single range.

Together, it resembles the format of a three-point shooting contest in basketball.

Powell said she already knows she will likely attend a few more of the league’s events on JBLM — especially after see- ing her shot improve greatly in her first foray into competitive shooting.

“I can see the targets a lot

quicker,” Powell said. “I feel a lot more comfortable shooting at multiple targets.”

There will be another eight events, with the next one Aug. 18 at McChord Field. Events will alternate between both shooting ranges on JBLM. Shooters must participate in at least eight of the events to qualify for the prize, a free six-month shooting pass on JBLM ranges.

The league will likely expand next year, according to Ronnie Pippin, recreation specialist supervisor for JBLM’s Family and Morale, Welfare and Recre- ation.

“Next year, we’ll probably start earlier in April,” Pippin said. “I have people who just want to come out and be a part of it. They’re here for the experi- ence.”

Dean Siemon: 253-477-0235, @deansiemon

FROM PAGE 1B

RACE

This led to early exhaustion for runners who are veterans of the Ten-Miler format.

Captain Kevin Kniery, of Headquarters and Headquarters Company, Madigan Army Med- ical Center, ran the fastest over- all time in one hour, three min- utes and 59 seconds. He was able to pull away from 2nd Lt. Casey Trias, 23rd Brigade Engi- neer Battalion, 1st Brigade, 2nd Infantry Division, after the two exchanged the lead during the first four miles.

“I felt exhausted,” Trias said. “At the last 2 miles, I had to stop.”

Kniery was unable to run for JBLM last year due to general surgeon training at Madigan, but he was part of the 2015 JBLM men’s team that finished sixth overall. His time then was 58:01.

Although he was not exactly thrilled about a time slower than one hour, Kniery said he consid- ers his time a good tempo run result.

“We have a few more months to train for D.C.,” he said. “This is an OK starting point. It can only get better from here.”

First Lieutenant Kristen Con- ley, with Madigan’s Alpha Com- pany, was the first female to cross the finish line with a time of 1:12:03 — also good for fifth best overall time. She is hoping to run in her third Army Ten- Miler after running the last two years while stationed at Fort Sam Houston at Joint Base San Antonio, Texas.



SCOTT HANSEN Northwest Guardian

1st Lt. Kristen Conley was the first female Ten-Miler to cross the finish line during the annual JBLM Freedom Run on Lewis Main Saturday.

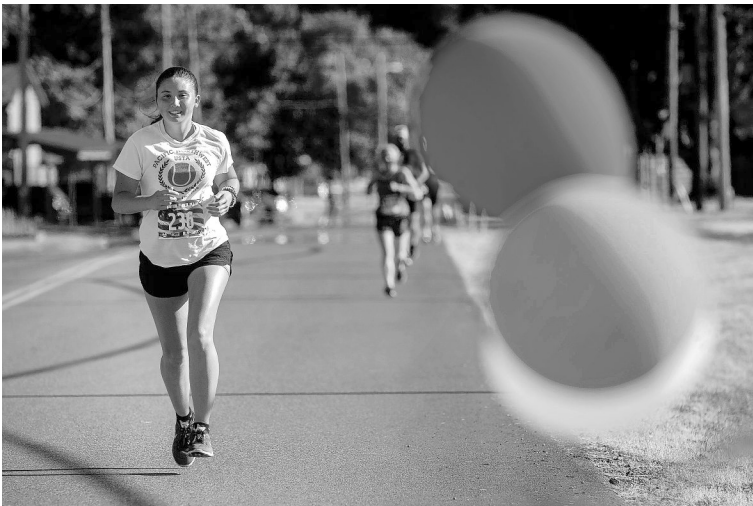
Conley said she knows there is a lot of work ahead to prepare to run with thousands of service members across the Department of Defense. Still, she knows she’ll see familiar faces if she is selected.

“I’m excited to see the people I know from San Antonio,” Con- ley said.

At last year’s Army Ten-Miler, the women finished third as a team in the Active-Duty Women’s category. The men struggled to finish ninth among all Active-Duty Men groups.



5K participants near the finish line during the annual JBLM Freedom Run on Lewis Main Saturday.



A 5K participant runs past red, white and blue balloons as she nears the finish line during the annual JBLM Freedom Run Saturday.

Ten-Miler top finishers

Ten-Miler Male – 1) Kevin Kniery, 1:03:59; 2) Casey Trias, 1:06:25.1; 3) Peter Henning, 1:08:25.3; 4) Gabriel Ortiz Garcia, 1:09:27.1; 5) Nick Davis, 1:14:45.6

Ten-Miler Female – 1) Kristen Conley, 1:12:03; 2) Daniella Young, 1:18:04.6; 3) Shoshannah Lane, 1:20:28.8; 4) Mylene Lyans, 1:20:44.1; 5) Jackie Salazar, 1:24:43.9



JBLM children begin the 1K Kids Run during the annual JBLM Freedom Run on Lewis Main Saturday.

FROM PAGE 1B

FITNESS

gym is his main place, but he does a lot around the house, such as washing windows and cars along with keeping the place spotless.

Hartwell said the standards of

the military today are different than when he was in because when he served in the Navy they didn’t have physical fitness tests.

“The guys that took care of the ship, the boatswain mates and the seaman, did a lot of hard work on the ship so they were the ones who kept in shape,” he said. “I was a

trombonist in the band, and we didn’t do much around the ship that kept us in shape.”

Army Wellness Centers work with a wide variety of individu- als and shows them programs that encourage activity.

Brittney Wiblin, health educa- tor with the wellness center at the Jensen gym accredits reti- rees with using the Family and

Morale, Welfare and Recreation facilities in a variety of ways.


“A lot of people are utilizing the exercise classes,” Wiblin said. “Some are doing individual work out plans; whereas some have trainers and some of them come to us at the AWC.


She said that some stop by the wellness centers for assistance.

“They have other kinds of

issues they may have developed such as prediabetes, high chole- sterol or blood pressure,” Wiblin said. “The wellness center’s objective is to make a plan that best benefits their needs, and we notice a good number of seniors using the facility.”

To learn more, call 253-966- 3757 or visit tinyurl.com/y9swa5et.





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Thursday, Aug. 3, 4–10 p.m.

Buy any of the Samuel Adams Rebel family of IPAs and keep the glass, plus save \$2 on any appetizer with the purchase of any Sam Adams beer.

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Friday, July 28
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Please arrive 15 minutes prior to start time.
Call 253.982.6726 or 253.982.6718 to register and prepay.
This Event is for 21 & older

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JBLM 2017

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Saturday, Aug. 19 at Shoreline Park
JBLM-Lewis North • 7:30AM start

Register online at JBLMmwr.com/races

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Join us for our first-ever used book sale. We will have books for adults, kids and teens, as well as DVDs, music CDs and more!

851 Lincoln Blvd. | McChord Field | 253-982-3454





2017 JBLM MWR Seahawks Ticket Drawing Information

Ticket Drawing Information:

Stop by Leisure Travel Services & Sam Adams Brewhouse to enter your name into our drawing to become eligible to purchase 2017 regular season Seahawks home game tickets.

Drawing will be held on Friday, Aug. 4 at 4:30 p.m. at Sam Adams Brewhouse. The drawing will determine winner's sequential place in line for ticket sales on Saturday, Aug. 12 at LTS. You do not have to be present for the drawing. Selected names will be posted online NLT Aug. 7. You must be present on Aug. 12 at LTS in order to purchase up to 4 regular season tickets.

ONLY those individuals whose names were drawn are eligible to purchase Seahawks tickets on Aug. 12. You must bring your drawing voucher (receipt) on the day of ticket sales.

Each eligible person can purchase a maximum of 4 regular season tickets at LTS on Aug. 12, at 9 a.m., while tickets last. Pricing structure to be posted on fb.com/JBLMFamilyMWR at a later date.

Phone calls and e-mails will not be accepted for pre-registration.

Leisure Travel Services
Lewis Main
2272 Liggett Ave.
(Inside Bowl Arena Lanes)
253-967-3085/2050

Register: Monday, July 24 thru 3 p.m. Friday, August 4
Hours: Mon – Fri 11 a.m. to 6 p.m.

McChord Field
737 Jackson Blvd.
(Inside Sounders Lanes)
253-582-2224

Register: Tuesday, July 25 thru 3 p.m. Friday, August 4
Hours: Tue – Fri 11 a.m. to 5 p.m., Sat 12 to 5 p.m.


Samuel Adams Brewhouse
2400 Bitar Ave. 253-964-2012

Register: Tuesday, July 25 thru Thursday, August 3 between the hours of 4 – 9 p.m.

2	FRI AUG 18	7:00 PM PDT	VIKINGS
3	FRI AUG 25	5:00 PM PDT	CHIEFS
REGULAR			
2	SUN SEP 17	1:25 PM PDT	49ERS
4	SUN OCT 01	5:30 PM PDT	COLTS
8	SUN OCT 29	1:05 PM PDT	TEXANS
9	SUN NOV 05	1:05 PM PST	REDSKINS
11	MON NOV 20	5:30 PM PST	FALCONS
13	SUN DEC 03	5:30 PM PST	EAGLES
15	SUN DEC 17	1:05 PM PST	RAMS
17	SUN DEC 31	1:25 PM PST	CARDINALS

Preseason ticket information will be released at a later date.

Sign up for JBLM LTS Text Alerts by sending "Follow @JBLMLTS" to the number 40404



JBLMmwr.com
fb.com/JBLMFamilyMWR
twitter.com/JBLMLTS



McChord Pool is now open

Noon-7PM
7 days/wk. to Labor Day

736 5th St. at McChord Field
Call 253-982-2807 for more info.



BOOK PATCH LIBRARY

MOVIE FUN NIGHT

Ages 4-10	Aug. 11 6-8 p.m.	Aug. 18 6-8 p.m.	Aug. 25 6-8 p.m.
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Kids, POP on by Book Patch Library and let us REEL you in with an awesome movie. Hot dogs & snow cones will be provided!



JBLMmwr.com/libraries

2109 N 10 & Pendleton
JBLM Lewis Main
253-967-5533





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Available on the App Store

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JBLM FAMILY AND MORALE, WELFARE & RECREATION

RECRUITING FAIR

FRIDAY, AUG 4

EAGLES PRIDE GOLF COURSE, Off I-5 at Exit 116

8–10 a.m.: CPAC receives applications and résumés

9:45 a.m.–noon: Facility managers conduct initial interviews & NAF HR extends tentative offers

Positions include: Food Service Workers, Cooks, Bartenders, Recreation Assistants, Food & Beverage Attendants and Bowling Equipment Maintenance Operators. Qualification requirements vary based on position. Interested applicants need to submit TWO paper applications at the Recruitment Fair! Tentative job offers will be extended at this hiring event, as well as all required background checks. Download DA Form 3433 from JBLMmwr.com (Community Update page).

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Details at piercetransit.org

SHOW YOUR VALID MILITARY ID AT THE GATE AND RECEIVE \$5.00 OFF 1 GENERAL ADMISSION TICKET!



GIANT CAR SHOW!

JULY 28-30

WASHINGTON STATE FAIR EVENTS CENTER

FRIDAY NIGHT VINTAGE DRAGS!	INDOOR CAR SHOW!	HUGE SWAP MEET & VENDORS!	ALL AMERICAN SUNDAY!
			

FRI 8-5, SAT 8-8 & SUN 8-3

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Model # HJA-01
Plus Get

Starting At
\$18387
1.9% Up To
48 Months OAC ***



Safety drives Subaru design.

Subaru models with EyeSight receive the highest possible rating for front crash prevention from IIHS.



Subaru is Kelley Blue Book's 2017 Most Trusted Brand, Best Overall Brand, and Lowest 5-Year Cost to Own.

2017 SUBARU CROSSTREK

Model # HRA-01
Plus Get

Starting At
\$21474
1.9% Up To
48 Months OAC ***



Safety drives Subaru design.

Subaru models with EyeSight receive the highest possible rating for front crash prevention from IIHS.



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2017 SUBARU LEGACY

Model # HAB-01
Plus Get

Starting At
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0% Up To
63 Months OAC ***



Safety drives Subaru design.

Subaru models with EyeSight receive the highest possible rating for front crash prevention from IIHS.



Subaru is Kelley Blue Book's 2017 Most Trusted Brand, Best Overall Brand, and Lowest 5-Year Cost to Own.

2017 SUBARU FORESTER

Model # HFA-01
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Starting At
\$22238
.9% Up To
63 Months OAC ***



Safety drives Subaru design.

Subaru models with EyeSight receive the highest possible rating for front crash prevention from IIHS.

2017 SUBARU OUTBACK

Model # HDB-01
Plus Get

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\$25006
.9% Up To
63 Months OAC ***



Safety drives Subaru design.

Subaru models with EyeSight receive the highest possible rating for front crash prevention from IIHS.



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2017 SUBARU WRX

Model # HUN-01
Plus Get

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63 months OAC ***



Safety drives Subaru design.

Subaru models with EyeSight receive the highest possible rating for front crash prevention from IIHS.



Subaru is Kelley Blue Book's 2017 Most Trusted Brand, Best Overall Brand, and Lowest 5-Year Cost to Own.

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*ALG: ALG is the industry benchmark for residual values and depreciation data, www.alg.com.

**KBB: Vehicle's projected resale value is specific to the 2017 model year. For more information, visit www.kbb.com. Kelley Blue Book is a registered trademark of Kelley Blue Book Co., Inc.

***OAC Financing on select models.

Kobe Petite SRF 1 1/2" Thick **Save \$3.00 Lb**

Sirloin Steaks \$7.99 Lb

Ground Sirloin 7% Fat \$3.99 Lb **Save \$3.00 Lb**

Teriyaki Marinated Pork Tenderloin \$3.00 Lb **Save \$3.00 Lb**

Kabobs \$3.99 Lb

Fresh Boneless Skinless Chicken Breast \$3.99 Lb **Save \$3.00 Lb**

Bulk Pork Sausage w/Applewood Bacon \$2.99 Lb **Save Big!!**

Deli Sliced Lemon Pepper Turkey Breast \$4.99 Lb **Save Big!!**

Black Forest Ham \$3.99 Lb

They're Amazing! Big Sweet Local Raspberries

Only \$1.15 Half Flat **Stock Up And Freeze Some You'll Be Glad You Did!**

Big Beautiful Hanging Baskets

Only \$3.35 Ea **1000's to Choose From!**

Super Crunchy Pink Lady & Fuji Apples

Only 79¢ Lb **\$1.15 Twenty Pound Bag or Box**

Puget Sound's Biggest and Best Selection of Gluten Free Foods All At Fantastic Prices! ENJOY!

Super Sweet, Acid Free Pineapples \$3.00 Each **Always Free Samples**

Tacoma Boys "Famous" Big Sweet Juicy Peaches \$2.99 Lb

Super Sweet, Walla Walla Sweet Onions \$1.00 Lb

They're Here! Hermiston Seedless Watermelons 69¢ Lb

World's Sweetest Corn, AMAIZE Sweet Corn \$1.00 Ear

Fresh Local Cucumbers \$1.99 Lb

Fresh Local Grown Zucchini \$1.99 Lb

Fresh Red & Green Leaf Lettuce \$1.50 Head

Fresh Broccoli Crowns \$1.99 Lb **Just the Tops No Waste!**

New Crop, Bartlett Pears \$1.99 Lb

ALLOY WINE WORKS Alloy Wine Works 2016 Everyday Rose \$8.99 500ml

This wine has sold so much better than we ever could have anticipated. You'll love the bright flavors of strawberry, guava, grapefruit accented with hints of mint, rose petal and tart sour patch kids (seriously, it sounds weird, but it works!).

North Coast Brewing Passion Fruit - Peach Berliner Weiss \$6.49

Influential beer author, the late Michael Jackson, describes "Berlin White Beer" as having an "elegant fullness in the nose, a sharp dry palate and a tison of quenching sour acidity in the finish." North Coast Brewing's Passion Fruit-Peach Berliner Weiss is made with the juice of patches from California and passion fruit from Ecuador, a Pan-American take on the German classic.

Big Beautiful Dinner Plate Dattilas \$30.00 Five Gallon Pot

New Crop Basil Plants \$3.00 4 Inch Pot

Gallon Size Perennials \$6.99 Pot

Junco Mixed Planters \$30.00

Amazing Hydrangeas \$15.00

One Gallon Size Gerbera Daisies \$8.99



New Shipment of Ceramic Pots Just Arrived! 1000's to Choose From! New Lower Prices! ALL HALF PRICE This Week, Enjoy!

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Fresh Wild Alaskan Sockeye Salmon Filets \$14.99 Lb

Fresh Wild Dover Sole \$7.99 Lb **Save \$3.00 Lb**

Filets \$7.99 Lb

Boneless Skinless Tilapia \$4.99 Lb **Save \$3.00 Lb**

Wild Ahi Tuna Medallion Steaks \$7.99 Lb **Save \$3.00 Lb**

Fresh Sweet Manila Clams \$5.99 Lb **Save \$2.00 Lb**

From Washington Coast

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SEATTLE SEAHAWKS

2017 JBLM MWR Seahawks Ticket Drawing Information

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(Inside Bowl Arena Lanes)
253-967-3085/2050

Register: Monday, July 24 thru 3 p.m. Friday, August 4
Hours: Mon – Fri 11 a.m. to 6 p.m.

McChord Field
737 Jackson Blvd.
(Inside Sounders Lanes)
253-582-2224

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Samuel Adams Brewhouse

2400 Bitar Ave. 253-964-2012

Register: Tuesday, July 25 thru Thursday, August 3
between the hours of 4 – 9 p.m.

Ticket sales are for authorized DOD ID card holders only. All authorized active duty, retirees & DOD (GS/NAF Employees) ID cardholders are eligible to enter. Limit one entry, for the drawing, per adult ID card holder. A spouse of a deployed Service member may enter the drawing for the deployed spouse. Family members who are not active duty or a DOD employee cannot enter the drawing.

▼	2	FRI AUG 18	7:00 PM PDT		VIKINGS
▼	3	FRI AUG 25	5:00 PM PDT		CHIEFS
REGULAR					
▼	2	SUN SEP 17	1:25 PM PDT		49ERS
▼	4	SUN OCT 01	5:30 PM PDT		COLTS
▼	8	SUN OCT 29	1:05 PM PDT		TEXANS
▼	9	SUN NOV 05	1:05 PM PST		REDSKINS
▼	11	MON NOV 20	5:30 PM PST		FALCONS
▼	13	SUN DEC 03	5:30 PM PST		EAGLES
▼	15	SUN DEC 17	1:05 PM PST		RAMS
▼	17	SUN DEC 31	1:25 PM PST		CARDINALS

Preseason ticket information will be released at a later date.

Sign up for JBLM LTS
Text Alerts by sending
“Follow @JBLMLTS”
to the number 40404



JBLMmwr.com
fb.com/JBLMFamilyMWR
twitter.com/JBLMLTS

Western Washington Traveling Skeet League 2017 Schedule

Months	McChord Field	Lewis Main
July	15 th	22 nd
August	19 th	26 th
September	9 th	23 rd
October	14 th	21 st
November	11 th	18 th

For entry details, call 253-967-7056

All levels welcome — no membership required.
Great quality & value: \$16 per week (targets & lunch included)!
Participate in at least 8 of 10 shoots to be eligible for the grand prize (a free six-month shooting pass).

SUMMER THEATER THURSDAYS

McChord Library
Every Thursday at 4 p.m.
from June 15 – Aug. 24

In need of some family-friendly entertainment this summer? McChord Library will be hosting a movie every Thursday. Fresh Popcorn will be provided! Movies will change every week so be sure to stop by McChord Library and see what movie will be featured.

FAIRY BOOKS | Harborstone

summer programming for school-age youth

Enrollment is ongoing at Parent Central Services.
Choose from the following locations:

- Cascade School Age Center 2042 Bitar Ave. at Lewis Main, grades 1–5 (253-967-6710)
- Lewis North School Age Center 8584 American Lake Ave., grades K–5 (253-966-7166)
- McChord School Age Center 3032 Dogwood St., grades K–5 (253-982-2203)

Parent Central is located at 2295 S. 12th St. at Lewis Main and 560 Lincoln Blvd. at McChord Field. Fees based on total family income.

fb.com/JBLMcys | @JBLMcys

JBLM Child & Youth Services | 253-966-2977

SUMMER PROGRAMMING

Offered weekly 7 a.m.–1 p.m.
June 19–Aug. 21 for students currently in grades 6–8.

NEW THIS YEAR – Outdoor rec opportunities to take your student’s summer fun to the next level! (open to all MST youth)

253-966-2977
fb.com/JBLMcys | @JBLMcys

HILLSIDE TEEN CENTER
JOINT BASE LEWIS-McCHORD, WA

FREE. trivia night

Fridays, Aug. 11 & 25 7–9 p.m.
Big Fun & Big Prizes!
Check out our Happy Hour specials while you’re playing!

SAMUEL ADAMS BREWHOUSE
2400 Bitar Ave & Division Lewis Main
253-964-2012

fb.com/jblmsamueladamsbrewhouse

2017 SUMMER READING PROGRAM

Register online at
JBLMmwr.com/libraries
June 12 – July 28
JBLMmwr.com/libraries

McCHORD LIBRARY
851 Lincoln Blvd.
JBLM McChord Field
253-962-5454

BOOK PATCH LIBRARY
Cascadia Community Library
2109 N 10th & Penland
JBLM Lewis Main
253-967-5533

JBLM
NORTHWEST

guardian weekend

SECTION C

ALSO INSIDE:

For more fun things to do,
see the JBLM calendar. 2C

COVER STORY

HYDRO RACIN' CELEBRATION

Seafair Weekend in Seattle includes
hydro boat racing, Blue Angels, 3C



FOR THE WEEK OF JULY 28 TO AUG. 3

28

STRIKE ZONE AT SOUNDERS LANES 11 a.m. to 8 p.m. Chicken-fried steak for \$8.25.

SAMUEL ADAMS BREWHOUSE 4 p.m. to midnight. Trivia Night from 7 to 9 p.m.

McCHORD PUB 4 to 9 p.m. Drop in to relax after work. Enjoy programs on four overhead TVs, and challenge your friends to a game of darts or poker. Order appetizers from the pub menu to go along with your favorite drinks.

29

SOUNDERS LANES Noon to 9 p.m. Cosmic Blacklight Bowling from 7 to 9 p.m. Two hours plus shoe rental for \$12 per person.

SOUNDERS LANES AND BOWL ARENA LANES Kids Bowl Free this summer. Register to get your bowling passes at KidsBowl-Free.com/JBLM.

30

WHISPERING FIRS HABAÑERO MEXICAN GRILL 7 to 10:30 a.m. breakfast and 11 a.m. to 2 p.m. lunch. Order a hearty breakfast burrito or traditional breakfast.

WARRIOR ZONE Save 15 percent on your pizza order with the purchase of a beverage or buy one pizza and get the second half-off.

31

McCHORD GRILL 11 a.m. to 1 p.m. Dine at the grill with a huge salad bar, pasta made to order, grilled burgers and sandwiches with fries.

STRIKE ZONE CAFÉ AT BOWL ARENA LANES 11 a.m. to 10:30 p.m. Soup and sandwich daily specials.

BATTLE BEAN AT McCHORD FIELD 7 to 11 a.m. Order breakfast with your made-to-order coffee. Breakfast burritos, muffins, pastries and more.

1

SAMUEL ADAMS BREWHOUSE 4 to 10 p.m. Guess correctly on a coin toss and you get \$1 off your first drink.

STRIKE ZONE AT SOUNDERS LANES 11 a.m. to 6 p.m. Swedish meatballs for \$8.25.

BATTLE BEAN AT STONE EDUCATION CENTER 7:30 a.m. to 5 p.m. Take-away breakfast and lunch with a variety of pastries.

2

SAMUEL ADAMS BREWHOUSE 7 to 9 p.m. Play Big Summer Bingo. Every \$5 you spend, you get an extra bingo card. Winners get prizes.

STRIKE ZONE AT BOWL ARENA LANES 4:30 to 7 p.m. All-you-can-eat pizza and bowling. Reserve your lane by calling 253-967-4661.

STRIKE ZONE AT SOUNDERS LANES 11 a.m. to 6 p.m. BBQ pulled pork sandwich for \$8.25.

3

WARRIOR ZONE 10 a.m. to 11 p.m. Take the stage at Open Mic and Karaoke Night at 6 p.m. and purchase patio meal specials.

SAMUEL ADAMS BREWHOUSE 4 to 10 p.m. International IPA Day. Buy any Samuel Adams Rebel IPA and keep the specialty glass, plus get \$2 off any appetizer when you purchase any Sam Adams brew. Also get in on giveaways of Sam Adams gear from 5 to 8 p.m.

STRIKE ZONE AT SOUNDERS LANES 11 a.m. to 6 p.m. Jaegerschnitzel for \$8.25.

JOINT BASE LEWIS-MCCHORD MARKETPLACE DIRECTORY

Battle Bean at AFC Arena253-964-8837

Bowl Arena Strike Zone253-967-4661

Caddy Shack Bar & Grill253-964-2792

Cascade Community Center/Heroes Lounge253-964-0331

Globemaster Grill at McChord Club253-982-5581

McChord Catering253-982-8175

The Bistro at Russell Landing253-964-2813

The Warrior Zone (Lewis North)253-477-5833

Whispering Firs Habanero Mexican Grill253-982-3271

To see menus, visit JBLMmwr.com.

AT THE MOVIES

Carey Theater on Lewis Main

The House (R)

Friday at 7 p.m.

Transformers: The Last Knight (PG-13)

Saturday at 1 p.m.

The House (R)

Saturday at 7 p.m.

Transformers: The Last Knight (PG-13)

Sunday at 1 p.m.

The House (R)

Sunday at 7 p.m.

MOVIE TIMES

For movie times, contact your local theater:

Tacoma Area

Blue Mouse Theatre: 253-752-9500

Grand Cinema: 253-593-4474

Lakewood Towne Center Cinemas:

Not available by phone, online fandango.com

Regal Lakewood Stadium 15: 844-462-7342, 411#

Century Point Ruston and XD: Not available by phone, online cinemark.com

Puyallup

Longston Place: 253-770-9901

South Hill Mall Six: 253-445-8801

Bonney Lake

Regal Tall Firs 10: 253-891-5445

Gig Harbor

Galaxy Uptown Theatre: 253-857-7469

Port Orchard

Regal South Sound 10: 360-871-2294

Eatonville

Roxy Theatre: 360-832-7699

South King County

Century Federal Way 16: 253-946-0942

Federal Way Gateway 8: Not available by phone, online fandango.com

Auburn Stadium 17: 253-735-6721

Yelm

Yelm Cinemas: 360-400-3456

Olympia/Lacey

Martin Village Stadium 16: 360-455-5003

Century Olympia: 360-943-0769



Will Ferrell, left, and Amy Poehler star in the new Warner Bros. Pictures release “The House.”

Warner Bros. Pictures



TED S. WARREN The Associated Press

The annual Seafair hydroplane races will take place over three days at Genesee Park on Lake Washington in Seattle Aug. 4-6. Hydroplane qualification will take place Thursday.

SEAFAIR 2017

Seafair honors military

BY DEAN SIEMON
Northwest Guardian

Seafair is seen as synonymous with Seattle, especially in the summer. Seafair was originally put together in 1950 to build community — one that includes a military component.

Seafair actually kicked off

June 14 at Westlake Park, and a variety of events will continue through Aug. 20. The schedule includes the Torchlight Fanfest Saturday at the Seattle Center; the Torchlight Parade will feature a military presence from Joint Base Lewis-McChord's I Corps and 62nd Airlift Wing.

Richard Andersen, Seafair

chief executive officer, said the military has become a big part of Seafair traditions. He said the military has historically had ties to Seafair festivities since the earliest editions of the festival.

"It's a holistic approach; the military is connected in most

SEE SEAFAIR, 11C



The U.S. Navy Blue Angels will perform three times over Lake Washington during Seafair Weekend in Seattle.

JULY 29

APE CAVE ADVENTURE IN MOUNT ST. HELENS

Travel to Mount St. Helens to explore the largest continuous lava tube in the Western Hemisphere. We will travel deep into the underside of a 2,000-year-old lava flow to scramble and climb over and under volcanic formations. In this subterranean environment, the average year-round temperature remains a constant 45 degrees, so dress warm. Minimum age: 12. Ages 17 and younger must be accompanied by an adult. Difficulty: Moderate. Two features that must be traversed include a 6-foot and 8-foot vertical wall and numerous rock pile up to 20 feet high. Distance: 3 miles. Elevation Gain: 250 feet. Departure time and location: Northwest Adventure Center at 8 a.m. No McChord pickup is available. Preregistration required. **\$55.**

SEE ORCA WHALES IN SAN JUAN ISLANDS

The world's best opportunity to see wild orca whales is right here in the San Juan Islands. This amazing boat trip provides plenty of opportunities to see a variety of wildlife. Ages 2 and younger: \$40; Ages 3 to 12: \$80; Adult 13 and older: \$155. Departure time and location: Northwest Adventure Center at 5:30 a.m. or McChord Field, Adventures Unlimited at 5:45 a.m. Preregistration is required. **\$155.**

YOGA AND ROCK CLIMBING COMBO TRIP

Yoga and rock climbing complement each other in an extraordinary way, and as such, this is the perfect opportunity to take the yogic disciplines of breath, balance, focus and flexibility into the vertical world. Take your rock-climbing skills to the next level with individualized instruction during a workshop at Exit 38. Start the day with an invigorating yoga practice, climb all day learning new tricks or refining others and wind down with a relaxing flow as the sun sets. Preregistration required. Meet at the Northwest Adventure Center at 7 a.m. No McChord pickup is available. Minimum age 16. Ages 17 and younger must be accompanied by an adult. **\$85.**

JULY 30

INFLATABLE KAYAK/SUP IN WENATCHEE

Enjoy this beautiful trip down the Wenatchee River as guides will help you navigate your own inflatable kayak or stand-up paddleboard. The river has a number of exciting Class-III rapids. Gear, river instruction, safety equipment and transportation are included in registration. Difficulty: Beginner to intermediate. Distance: 12 miles. Time: Three hours. Minimum age: 16. Meet at the Northwest Adventure Center at 8 a.m. Preregistration required. **\$65.**

AUGUST 2

ATTEND THE NEXT ALPINE CLUB MEETING

Climbers are invited to the Alpine Club meeting Wednesday at 6 p.m. The activity and meeting location differ each month. Members, check out jblmalpine-club.blogspot.com for more information. **Free.**

AUGUST 3

ENJOY A SUP TRIP AFTER THE WORK DAY IS DONE

Paddle off into the sunset with Outdoor Recreation after work on American Lake. After a long day at work, relax and enjoy some paddling. All instruction and equipment is provided. All ages welcome but children under 12 must be on a board with an adult. Ages 13 and older: Preregistration required. Meet at the Northwest Adventure Center at 6 p.m. **\$35** for ages 13 and older. **\$20** for ages 3 to 12.

AUGUST 3-7

TRIP TO MOUNT OLYMPUS' BLUE GLACIER

This incredible adventure takes you into the Olympic

Mountains through one of the last remaining true old growth rainforests in the continental United States. The Olympic National Park is a designated UNESCO World Heritage Site and as such is in the company of such wonders as the pyramids of Egypt, the Serengeti National Park in Tanzania, and the Great Barrier Reef in Australia. The journey begins by hiking through impressive old growth, eventually arriving at a view of the heavily glaciated summit of Mount Olympus. The approach hike along the Hoh River is long but virtually flat, providing ample opportunity to appreciate the beauty and diversity of the surrounding terrain.

While reaching the 7,962-foot high summit of the mountain is one objective of this trip, the abundance and diversity of natural beauty experienced on this trip makes it perhaps the most complete and rewarding mountain experiences offered in the Northwest. From the camp at Glacier Meadows, the trip will explore the various features of the 3.8 mile-long Blue Glacier and learn the necessary glacier travel skills for our ascent. The climbing route goes to the top of the Snow Dome, where two large glaciers originate, and then on to the summit pyramid to

scramble up rock of moderate difficulty. **\$750.**

AUGUST 5
CHOOSE BETWEEN
BUNGEE AND ZIP LINE

For those who crave adrenaline, this trip will not disappoint. Head to the base of Mount St. Helens to bungee jump off the highest bungee bridge in the United States. Zip line over the canyon for an adventure in the tree on seven different zip lines. Bungee jumpers get two jumps and a T-shirt.

Minimum weight: 90 pounds. Ages 17 and younger must be accompanied by an adult. Meet at the Northwest Adventure Center at 9 a.m. Preregistration required before

Wednesday at 5 p.m. **\$135.**

CLIMBING IN THE CENTRAL CASCADES

Join us for a day of climbing right in JBLM's backyard. Exit 38 is one of the most popular destinations in Washington state, right off of Highway 90 in the Central Cascades. Enjoy a variety of sport climbing routes from a view on top of the valley. All gear is provided. Preregistration required. Minimum age: 16. Ages 17 and younger must be accompanied by an adult. Meet at the Northwest Adventure Center at 8 a.m. **\$75.**

SEE OUT, 8C

Everyone Welcome!

TACOMA BON ODORI
A JAPANESE FOLK DANCE FESTIVAL

SATURDAY, JULY 29
5:00-9:00 P.M.

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- Beer garden
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Sunday, August 13 | 1:35 p.m.
Cheney Stadium

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Kanoelani Galiza Halau

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There will be cultural booths from the different islands and island desserts available for tasting!

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Kap Te'o-tafti
World renowned Fire Dancer
Photo by Gil Villagracia

PURCHASE TICKETS NOW!

EVENTS

ONGOING

Sunrise Village - 2017 Cruz Ins 5 to 9 p.m. Saturdays through August. Meridian Sunrise Village, 10507 156th St. E., Puyallup. Donations for the Food Bank. Interested in bringing your car? Contact by calling at 253-904-8923 or email: info@mysunrisevillage.com. Free. mysunrisevillage.com/cruz-ins.

Black Hills Audubon Society Bird Walk 8 a.m. to noon. Every Wednesday. Nisqually National Wildlife Refuge, 100 Brown Farm Road, Olympia. Phil Kelley leads a bird walk. Parking fee is \$3.

COMMUNITY

Pacific Northwest Scottish Highland Games and Clan Gathering 8 a.m. to 5:30 p.m. Saturday and Sunday. Enumclaw Expo Center, 45224 284th Ave. SE, Enumclaw. Featuring athletic competition, pipes and drums and more. \$7-\$25 with multiple day tickets available. 206-522-2541, sshga.org.

Tacoma Bon Odori 4:30 to 9 p.m. Saturday, Tacoma Buddhist Temple, 1717 S. Fawcett Ave., Tacoma. Street festival featuring Japanese folk dancing, food, beer garden, taiko drum performances and kids activities. Free admission. Menu items \$1 to \$9. 253-627-1417, tacomab-t.org.

Fly Fishing Fair 9 a.m. to 4 p.m. Saturday. Environmental Services Building, 9850 64th St. W., University Place. Casting clinic, guest speakers displays, fly tying, used gear sale, silent auction, fish dissection for kids, displays of marine life of Puget Sound, programs and activities for beginners through accomplished fly fishers. Free. 831-247-8655, psff.org.

Steilacoom Historical Museum Association Salmon Bake Noon to 4 p.m. Saturday. Sunnyside Beach, LaFayette St., Steilacoom. Parking is available in town with a free shuttle from the Town Hall and the Old Pioneer Middle School, 511 Chambers St., to Sunnyside Beach. \$15 for salmon meal, \$6 for hot dog meal. 253-588-7937, steilacoomhistorical.org.

Skyline Night Out 5:30 to 8:30 p.m. Tuesday. Grace Baptist Church, 2507 N. Vassault St., Tacoma. Neighborhood Night Out Festival, music, food and games. Free. 253-752-6643.

Scavenger Hunt 4:30 to 7 p.m. Wednesday. Tollefson Plaza, 1700 Commerce St., Tacoma. Walk and take public transit downtown to find clues. Work as a team or individually. Bring your digital camera. Awards will follow. Free. 253-682-1734, downtownonthe-go.com/go/walking.

Puget Sound Anglers South Sound Chapter 7 p.m. Thursday. Lacey Community Center, 6729 Pacific Ave. SE, Olympia. Guest speaker Ron Gschwend will talk about fishing for kings on the Hanford Reach/Lower Columbia River. Free and open to the public. 360-491-0431, sschap-terpsa.com.

Kite Festival 10 a.m. to 3 p.m. Aug. 5. Chambers Creek Regional Park, 9850 64th St. W., University Place. Free, fun-filled day of kites, including demonstrations, food and other activities. The first 250 children will also have the chance to make their own kites. 253-798-4141, co.pierce.wa.us/1268/Kite-Festival.

FARMERS MARKETS

Broadway Farmers Market 10 a.m. to 3 p.m. Thursdays. Broadway Farmers Market, 921

Broadway, Tacoma. 253-272-7077, tacomafarmersmarket.com.

South Tacoma Farmers Market 11 a.m. to 3 p.m. Sundays. STAR Center, 3873 S. 66th St., Tacoma. 253-272-7077, tacomafarmersmarket.com.

North Pearl Farmers Market 1 to 4 p.m. Sundays through Aug. 27. Antique Sandwich Company, 5102 N. Pearl St., Tacoma. Free. 253-209-5112, explorenorthpearl.com.

Eastside Farmers Market 3 to 6 p.m. Wednesdays through Aug. 30. Salishan Family Investment Center, 1724 E. 44th St., Tacoma. 253-272-7077, tacomafarmersmarket.com.

Lakewood's Farmers Market 10 a.m. to 3 p.m. Tuesdays through Sept. 12. Lakewood City Hall, 6000 Main St. SW, Lakewood. 253-589-2489.

FILM

"Dave Made A Maze" With Filmmaker Q&A 9 p.m. Friday. The Grand Cinema, 606 S. Fawcett Ave., Tacoma. \$10 General Admission. Discounts for students, seniors and military. 253-593-4474, grandcinema.com/films/dave-made-a-maze.

Summer Bash And Movies in the Park Friday at Kandle Park, 2323 N. Shirley St., Tacoma, with "Lego Batman Movie." "Hidden Figures" will be shown Saturday at Wright Park, 501 S. I St., Tacoma. More dates to come through August. For official times and locations, visit metroparkstacoma.org.

Movies Off Main Friday at dusk. Heritage Park, 914 Kincaide Ave., Sumner. Series begins Aug. 4 with "RV." Continues with "American Graffiti" Aug. 11, "The Secret Life of Pets" Aug. 18 and "Up" Aug. 25. Free 253-299-5781, sumnerwa.gov/living/arts/movies-off-main/.

TALKS

Community Cats 7 p.m. Monday. Lakewood Library, 6300 Wildaire Road SW, Lakewood. Learn how you can help save and care for cats living outdoors in your neighborhood. Community Cat Coordinator Patty Rusnak will talk about the Humane Society's "Trap/Neuter/Return" program. Free. 253-548-3300, piercecountylibrary.org.

Summer Lecture Series at Nisqually National Wildlife Refuge 7 to 8:30 p.m. Wednesdays through Aug. 23. Billy Frank Jr. Community Services Center, 4820 She-Nah-Num Drive SE, Olympia. Join the Nisqually National Wildlife Refuge for engaging talks about nature and the wildlife around us. Free. 360-753-9467, fws.gov/refuge/billy_frank_jr_nisqually.

VOLKSSPORT/WALK

Capitol Volkssport Club 5:45 p.m. Tuesday. Burfoot Park, 6927 Boston Harbor Road NE. Meeting for a 9K walk. Club will also meet at 8:45 a.m. Thursday for the Eatonville Walk, starting at the Martin Way Park and Ride for carpooling. Also meeting 9:45 a.m. at Arrow Lumber and Hardware, 388 Center St. E., Eatonville. 10K walk with 5K option. All events are free. Future events can be found at capitolvolkssportclub.org.

Daffodil Valley Volkssport Vashon Island Walk on Wednesday at 8 a.m. Meeting at the Point Defiance Ferry parking lot. Also plan on sharing cost of ferry for the car in which you are carpooling. Early registration required. Next walk will be the Tacoma Narrows Bridge Walk Aug. 9, meeting 9:15 a.m. at the Tacoma YMCA, Morgan Branch, 1002 S. Pearl St. 6K, 10K

and 12K options available. Free events. 253-845-6592, daffodilvalleyvolkssport.com.

MUSIC

CONCERT SERIES

Music Off Main Concert Series 6:30 p.m. Friday. Heritage Park, 914 Kincaide Ave., Sumner. Colt and the Peacemakers performing honky-tonk country. Free. 253-299-5781, sumnerwa.gov/living/arts/music-off-main.

2017 Performers on the Plaza 5 p.m. Saturday. Point Ruston, 5005 Ruston Way, Tacoma. Power Laces performing. Series continues Aug. 5 with Ted Brown Showcase, Aug. 19 with Sotaria Gibson, Aug. 26 with Lady A Band and Sept. 2 with Ethan Tucker Band. Bring chairs, blankets and refreshments. tinyurl.com/ya37bt8r.

Summer Sounds at Skansie Tuesday. Skansie Brothers Park, Skansie Brothers Park, 3211 Harborview Drive, Gig Harbor. Bobby Sox and the Jukebox performing. Series continues Aug. 8 with The David Corrae Group and Aug. 15 with Ranger and the Re-Arrangers. Free.

Sunrise Village's 2017 Summer Concerts 6 p.m. Tuesday. Meridian Sunrise Village, 10507 156th St. E., Puyallup. Contemporary country with Jessica Lynne. Series continues Aug. 8 with Tim Noah and Cyndi Soup and Aug. 15 with Colt and the Peacemakers. Free. 253-904-8923, mysunrisevillage.com/summer-concerts.

Listen Live at Lunch Noon. Wednesday. First Lutheran Church, 524 S. I St., Tacoma. Clarinetist David Salge and pianist Coni Liljengren. Series continues Aug. 9 with organist Curt Sather, Aug. 16 with

violinist Maria Sampen and violinist/violist Tim Christie and Aug. 23 with soprano Allison Pohl, and cellist Allistair MacRae. Free. 253-272-1538, listenliveatlunch@flctacoma.

Concerts in the Park: Curran Apple Orchard 6:30 to 8 p.m. Thursday. Curran Apple Orchard Park, 3920 Grandview Drive W., University Place. Clave Gringa performing. Series concludes on Aug. 17 with U253. Free.

Jazz Under the Stars 7 p.m. Thursday. Pacific Lutheran University's Mary Baker Russell Music Center, 12180 Park Ave. S., Tacoma. Ana Velinova performing. Series continues Aug. 10 with Jazz Sound Trio. tinyurl.com/h4sxtsj.

Concerts on the Lawn 6:30 p.m. Thursday. Franka Tobey Jones Retirement Community, 5340 N. Bristol St., Tacoma. Scott Cossu's light jazz. Series continues Aug. 10 with 8 Second Ride, Aug. 17 with Tacoma Concert Band, Aug. 24 with Hank Cramer and Aug. 31 with Maia Santell and House Blend. Bring lawn chairs and/or blankets. Free. 253-752-6621, franketobeyjones.com/

SEE EVENTS, 9C

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JBLM ARMED FORCES COMMUNITY SERVICE

AFCS steers Soldiers through the car buying process

BY PVT.
ETHAN VALETSKI
5th Mobile Public Affairs
Detachment

The anxiety is setting in. You're sweating and starting to get nervous. The stress is starting to overwhelm you, and there is a slight feeling that you are being watched.

You're not in a horror movie right now — you're just at a car dealership.

Purchasing a car is a major investment. To make the right decision, service members and their families should do their homework before buying a car.

Fortunately, on Joint Base Lewis-McChord and online, there are a number of outlets and websites to assist service members with the car-buying process.

One resource readily available to service members, their family members, retirees and Department of Defense civilians, is the JBLM Armed Forces Community Service.

"We're here to help our (service members) and their family members sustain a healthy lifestyle," said Donna Gotel, AFCS financial readiness program manager.

She said counselors can assist service members via one-on-one meetings and through regularly-scheduled classes. With AFCS's financial readiness counselors, Service members can get help creating budgets and have their credit scores pulled for free without penalty.

"If service members can come to one of our financial counselors, we can

break it down for them," Gotel said. "We'll create a budget by looking at their leave and earning statement, and assess what their appropriate price-range should be."

Gotel said there are other budget issues that must be taken care of before sealing the deal.

"Something that sneaks up on a lot of people is the insurance payment," she said. "A new (service member) buys a new Mustang and now all of a sudden they are paying more in insurance than the actual car payment. That isn't even including gas or various maintenance and repairs they will pay for."

Every three months, the AFCS counselors host a car buying class, with the next one scheduled Sept. 7 at

the AFCS classroom on Lewis Main. Topics include negotiating, financing, high-pressure sales tactics and common practices at dealerships.

"We want people to realize there isn't a stigma with coming to a financial help class, and, most importantly, it's free," Gotel said.

Gotel said the AFCS offers several classes including Better Banking, Being Financially Fit, Home Buying Basics and Managing Debt and Credit.

Military.com is another resource for service members seeking car buying tips. It is designed to appeal to current and former service members with information on the special factors that come into play buying a car in the military.

According to Military

.com, lenders realize that military service requires you to keep your finances in order. Service members are easy to locate, which makes it is easy to collect, and many military car-buyers are first-time buyers with little experience making big financial decisions.

Further, it is recommended on the website that service members consider the unique risks that they are faced with when taking on a car loan, like an overseas deployments, or a change of duty station that can create financial

stress and unique financial difficulties.

To schedule an appointment with AFCS, call the appointment line on Lewis

Main at 253-967-1453 or on McChord Field at 253-982-3125 or visit <http://jblmfrp.checkappointments.com>.

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Join Horton, The Cat in the Hat, and other Dr. Seuss favorites in a musical journey that explores the power of friendship, loyalty, and community!

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August 5
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Block Party on Broadway between 9th & 11th

Ticket before August 1: \$25 / DD: \$10

40 Washington beers and ciders, food trucks, and live music!

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Sat, Aug 12 • 2 pm

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Bridge on the River Kwai
Fri, Aug 11, 7 pm • UK • Winner Best Picture & 6 other Academy Awards

Rabbit Proof Fence
Sat, Aug 12, 2 pm • Australia • True story of aboriginal removal program

Airlift
Sat, Aug 12, 7 pm • India • Thriller based on true story of Kuwait evacuation

Like Father, Like Son
Sun, Aug 13, 2 pm • Japan • Winner Cannes, New York Film Festivals

Neerja
Sun, Aug 13, 7 pm • India • Flight attendant risks life to save passengers

Bonsai Display • Juried Art & Photo Exhibit • Music by Jeannie Hill

More info: 253-861-1366 or praschke@comcast.net

AIRLIFT
Sat, Aug 12 • 7 pm

LIKE FATHER, LIKE SON
A FILM BY KORE-EDA HIROKAZU
Sun, Aug 13 • 2 pm

NEERJA
Sun, Aug 13 • 7 pm

ON SALE THIS WEEK

MOS DEFYASIIN BEY Performing Black on Both Sides, Aug. 31 at the Neptune Theatre, Seattle. Tickets go on sale Friday.

ALREADY ON SALE

ED SHEERAN 7:30 p.m. Friday, Tacoma Dome. are \$36.50-\$86.50.

GREEN DAY 7 p.m. Tuesday, White River Amphitheatre, Auburn. \$22-\$81.50.

KENDRICK LAMAR 7:30 p.m. Tuesday, Tacoma Dome. \$39.50-\$99.50.

LADY GAGA 7:30 p.m. Aug. 5, Tacoma Dome, Tacoma. \$45-\$250.

KENNY ROGERS: THE GAMBLER'S LAST DEAL 7 p.m. Aug. 5, Tulalip Amphitheatre, 10400 Quil Ceda Blvd. \$40-\$185.

STEVE MILLER BAND 7:30 p.m. Aug. 5, White River Amphitheatre, Auburn. \$20.25-\$101.

METALLICA 6 p.m. Aug. 9, CenturyLink Field, Seattle. \$55-\$155.

GEORGE THOROGOOD AND THE DESTROYERS, 7 p.m. Aug. 13, Emerald Queen Casino, Tacoma. \$35-\$80.

TOM PETTY AND THE HEARTBREAKERS 7:30 p.m. Aug. 19, Safeco Field, Seattle. \$49-\$149.

NICKELBACK 7:30 p.m. Sept. 1, Washington State Fair, Puyallup. \$80-\$100.

GUNS N' ROSES 7:30 p.m. Sept. 3, Gorge Amphitheatre, George. \$90-\$275.

"THE SOUND OF MUSIC" Sept. 6-11, Paramount Theatre, Seattle. stg presents.org.

FOREIGNER AND CHEAP TRICK 7 p.m. Sept. 9, White River Amphitheatre, Auburn. \$29.95-\$99.95.

BILL ENGVALL Sept. 9, Tulalip Casino Ticketmaster.

MELISSA ETHERIDGE 7:30 p.m. Sept. 11, Washington State

Fair, Puyallup. \$28-\$48.

MASTERS OF ILLUSION 7:30 p.m. Sept. 13, Washington State Fair, Puyallup. \$25-\$35 for reserved infield seating, grandstand seating is free.

BEACH BOYS 7:30 p.m. Sept. 14, Washington State Fair, Puyallup. \$30-\$55.

I LOVE THE '90S 7:30 p.m. Sept. 15, Washington State Fair, Puyallup. \$40-\$75.

AARON NEVILLE 8 p.m. Sept. 15-16, Skagit Valley Casino \$55-\$65.

HANK WILLIAMS JR. 7:30 p.m. Sept. 16, Washington State Fair, Puyallup. \$45-\$70.

ABOVE AND BEYOND 4 p.m. Sept. 16, Gorge Amphitheatre, George.

JIM GAFFIGAN 8 p.m. Sept. 16, KeyArena, Seattle. \$31.75-\$65.75.

THOMAS RHETT 7:30 p.m. Sept. 20, Washington State Fair, Puyallup. \$70-\$90.

MODEST MOUSE 7:30 p.m. Sept. 21, Washington State Fair, Puyallup. \$58-\$85.

EARTH, WIND AND FIRE 7:30 p.m. Sept. 22, Washington State Fair, Puyallup. \$45-\$80.

MARLON WAYANS 7:30 p.m. Sept. 23, Washington State Fair, Puyallup. \$30-\$45.

COLDPLAY 7 p.m. Sept. 23, CenturyLink Field, Seattle. \$25.50-\$185.50.

JASON ALDEAN 7:30 p.m. Sept. 24, Washington State Fair, Puyallup. \$100-\$150.

GORILLAZ 8 p.m. Sept. 30, KeyArena, Seattle. \$49 and up.

THE PIANO GUYS 7:30 p.m. Oct. 3, McCaw Hall, Seattle. \$47-\$167.

FLORIDA GEORGIA LINE 7 p.m. Oct. 6, White River Amphitheatre, Auburn. \$34-\$239.

IMAGINE DRAGONS 7:30 p.m. Oct. 6 at KeyArena, Seattle. \$25.50-\$95.50.

MOON TAXI 9 p.m. Oct. 6, Neptune Theatre, Seattle. \$23.50.

FROM PAGE 4C

OUT

AUGUST 6

HORSEBACK RIDING AT CLE ELUM RANCH

Come and explore the beautiful Cascade Mountains by horseback with Cle Elum's Flying Horseshoe Ranch. This dude ranch has been around since 1955 and they will walk through the steps it takes to groom, prepare and safely ride your horse. Then we will cruise around the hillsides enjoying everything the area has to offer. Escape the hustle of the summer and get away and make a new furry friend.

Minimum age: 10. Ages 17 and younger must be accompanied by an adult. Meet at the Northwest Adventure center at 9 a.m. Preregistration required. **\$70.**

SCENIC PHOTOGRAPHY AT COLUMBIA GORGE

A photographer can spend a lifetime capturing images of the spectacular Columbia River Gorge. Spanning 80 miles through the heart of the Washington and Oregon Cascade Range, The Gorge is one of the Pacific Northwest's most dramatic and scenic landscapes.

In this photography workshop, the group will tour the Washington side of the Gorge where two unique ecosystems collide. High-desert scrub lands with sagebrush and tall Ponderosa Pines mingle with white oak and Douglas fir trees.

The landscape is open, colorful and dramatic with rocky outcroppings and streams and rivers around every corner. If the skies are clear, views up and down the Gorge are sure to

inspire the most creative photographs with the possibility of photos with Mount Hood in the background.

Minimum Age: 16. Ages 17 and younger must be accompanied by an adult. Meet at the Northwest Adventure Center at 7:30 a.m. Preregistration required. **\$90.**

AUGUST 12-13

TAKE A WILDERNESS FIRST AID COURSE

The Wilderness First Aid course will help you prepare for the unexpected. This fast paced, hands-on training is designed to meet the needs of trip leaders, camp staff, outdoor enthusiasts and individuals working in remote locations.

The course is an introduction to caring for people who become ill or injured far from definitive medical care. Classroom lectures and demonstrations are combined with realistic scenarios where mock patients will challenge to integrate learning.

All students are required to have current first aid, CPR, and AED training before the course date. This is available to every student the Friday night from 6 to 8 p.m. before your course for an extra \$25.

Students provide the following: bag or backpack packed with everything one would bring on a normal hiking trip, grungy clothing one doesn't mind getting ruined and appropriate food for the day.

Instructors provide learning

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materials, instruction and certification card in the mail. Meet at the Northwest Adventure Center at 8 a.m. Minimum age: 16. Preregistration required. **\$225.**

AUGUST 12-14

DISAPPOINTMENT CLEAVER CLIMB

A climb up the iconic Disappointment Cleaver Route of Mount Rainier is a stunning hike up through the high sub-alpine meadows of Paradise and onto the famous Muir snowfield.

Two nights of camping at historic Camp Muir allow for acclimatization. A summit attempt on the second night will lead you across the Cowlitz and Ingraham glaciers and up onto the majestic summit cone at 12,000 feet.

Weather dependent grand views from the summit await after a short walk across the crater. **\$750.**

AUGUST 12

SEA KAYAK TRIP TO CUTTS ISLAND

Don't miss this South Sound classic. The trip begins in Carr Inlet to Cutts Island and then around raft island before returning to the van.

This small island has a steep rock face on the south end, and there are many birds that make this island their home. The water in this area is known to be a little warmer than other places in the sound, so take a dip while enjoying lunch and exploring the island.

Minimum Age: 12. Children younger than 18 must be accompanied by an adult. Difficulty: Beginner-intermediate; Distance: 6 miles; Paddle time: 3.5 Hours.

Meet at the Northwest Adventure Center at 11 a.m. Preregistration required. **\$60.**

AUGUST 13

CLIMBING IN THE CENTRAL CASCADES

Join us for a day of climbing right in JBLM's backyard. Exit 38 is one of the most popular destinations in Washington state, right off of Highway 90 in the Central Cascades.

Enjoy a variety of sport climbing routes from a view on top of the valley. All gear will be provided. Preregistration required. Minimum age: 16.

Children younger than 18 must be accompanied by an adult. Meet at the Northwest Adventure Center at 8 a.m. **\$75.**



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FROM PAGE 5C

EVENTS

upcoming-events.

COUNTRY

Kenny Rogers 7 p.m. Aug. 5. Tulalip Resort Casino, 10200 Quil Ceda Blvd., Tulalip.

Terri Clark 7:30 p.m. Aug. 11. Pantages Theater, 901 Broadway, Tacoma. \$29-\$69. broadwaycenter.org.

FOLK/POP

Belle and Sebastian 8 p.m. Aug. 8. The Paramount Theatre, 911 Pine St., Seattle. \$43.50. 206-467-5510, stgpresents.org/paramount.

HIP-HOP/RAP

Kendrick Lamar 7:30 p.m. Tuesday. Tacoma Dome, 2727 E. D St., Tacoma. Ticketmaster.

Against All Odds Tour 8 p.m. Aug. 8. WaMu Theater, 800 Occidental Ave. S., Seattle. Featuring Meek Mill, Yo Gotti, Yfn Lucci and Moneybagg Yo.

\$52. Ticketmaster.

JAZZ

Diana Krall 8 p.m. Friday. Chateau Ste. Michelle Winery, 14111 NE 145th St., Woodinville. \$57.25-\$107.25. Ticketmaster.

Chateau St. Michelle Festival of Jazz 2 p.m. Saturday. Chateau Ste. Michelle Winery, 14111 NE 145th St., Woodinville. \$45-\$65. Ticketmaster.

POP

Ed Sheeran 7:30 p.m. Saturday. Tacoma Dome, 2727 E. D St., Tacoma. \$36.50-\$86.50. Ticketmaster.

ROCK

Green Day 7 p.m. Tuesday. White River Amphitheatre, 40601 Auburn Enumclaw Road SE, Auburn. \$22-\$81.50. 360-825-6200, livenation.com.

Violent Femmes 5:45 p.m. Wednesday. Woodland Park Zoo, 5500 Phinney Ave. N., Seattle. Ticketmaster.

The Steve Miller Band 7:30 p.m. Aug. 5. White River Amphitheatre, 40601 Auburn Enumclaw Road SE, Auburn. \$20.25-\$101. 360-825-6200,

livenation.com.

Lady Gaga 7:30 p.m. Aug. 5. Tacoma Dome, 2727 E. D St., Tacoma. \$46-\$251. Ticketmaster.

The B-52s 7 p.m. Aug. 5. Snoqualmie Casino, 37500 SE North Bend Way, Snoqualmie. \$55-\$100. snocasino.com/entertainment.

AFI 7:30 p.m. Aug. 5. The Paramount Theatre, 911 Pine St., Seattle. \$35.50 advance; \$41 day of show. stgpresents.org/paramount.

Metallica 6 p.m. Aug. 9. CenturyLink Field, 800 Occidental Ave. S., Seattle. \$55.50-\$155.50. Ticketmaster.

Cake 6 p.m. Aug. 10. Woodland Park Zoo, 5500 Phinney Ave. N., Seattle. Ticketmaster.

Michael McDonald - Boz Scaggs 7 p.m. Aug. 10. Chateau Ste. Michelle Winery, 14111 NE 145th St., Woodinville. \$45-\$75. Ticketmaster.

Young the Giant 7 p.m. Aug. 11. WaMu Theater, 800 Occidental Ave. South, Seattle. Starting at \$36.50. Ticketmaster.

NIGHTLIFE

FRIDAY

Acme Tavern 1310 Tacoma Ave. S., Tacoma, Karaoke with

DJ No Pants 9 p.m. 253-503-6712.

B Sharp Coffee House 706 Opera Alley, Tacoma, Jazz Collective CD Release Party, 8 p.m. \$5. 253-292-9969.

Buffino's Golden West Saloon 5228 South Tacoma Way, Tacoma, Back Porch Band 9 p.m. 253-471-9892.

Emerald Queen I-5 Nightclub 2024 E. 29th St., Tacoma, Harmonious Funk, 9 p.m. 253-594-7777.

Forza Coffee Company 1520 Wilmington Drive, DuPont, live music 6:30 p.m. 253-964-1407.

Forza Coffee Company 2209

N. Pearl St., Tacoma, open mic 7 p.m. 253-759-9320.

G. Donnalson's 3814 N. 26th St., Tacoma, Cara Francis, jazz vocals, 7:30 p.m. 253-761-8015.

Great American Casino 10117 South Tacoma Way, Lakewood, Nite Crew, 9 p.m. 253-396-0500.

Jazzbones 2803 Sixth Ave., Tacoma, The Paperboys 8 p.m. \$15-\$18. 253-396-9169.

Louie G's 5219 Pacific Highway E., Fife, Jamie Nova Sky, Zenith, Ira Michele, Anne Zsburg, 8 p.m., \$10. 253-926-9700.

SEE EVENTS, 10C

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GIG HARBOR
The Maritime City

FROM PAGE 9C

EVENTS

Real Art Tacoma 5412 South Tacoma Way, Tacoma, Joyfield, Michelle Limanni, Greater Space and Seatrash, 6 p.m. \$10. realarttacoma.com.

The Swiss 1904 S. Jefferson, Tacoma, No Cheese Plase, The Moberlys and Wrecking Yard, 9 p.m. 253-572-2821.

Urban Timber Coffee 6621 166th Ave. E., Sumner. Open Mic Night All ages, family friendly, 6 to 10 p.m. 253-826-3936.

The Valley Pub 1206 Puyallup Ave., Tacoma, Taiwan Housing Project, 8 p.m. 253-248-4265.

SATURDAY

B Sharp Coffee House 706 Opera Alley, Tacoma, T-Town Blues Revue with Kevin Andrew Sutton, 8 p.m., \$7. 253-292-9969.

Buffino's Golden West Saloon 5228 South Tacoma Way, Tacoma, Back Porch Band, 9 p.m. 253-471-9892.

Emerald Queen I-5 Nightclub 2024 E. 29th St., Tacoma, Harmonious Funk, 9 p.m. 253-594-7777.

G. Donnalson's 3814 N. 26th St., Tacoma, Paul Green, jazz

and blues, 7:30 p.m. 253-761-8015.

Great American Casino 10117 South Tacoma Way, Lakewood, Nite Crew, 9 p.m. 253-396-0500.

Jazzbones 2803 Sixth Ave., Tacoma, The Infinity Project, tribute to the band Journey, 9 p.m. \$10-\$15. 253-396-9169.

Louie G's 5219 Pacific Highway E, Fife, Live it OutLoud, 9 p.m. 253-926-9700.

The Swiss 1904 S. Jefferson, Tacoma, Ed Sheeran PreFunk Party, The Phoenix, 9 p.m. 253-572-2821.

Uncle Thurm's Finger Lickin' Ribs & Chicken 3709 S. G St., Tacoma, live music featuring blues, brews and barbecue, 8 p.m. 253-475-1881.

The Valley Pub 1206 Puyallup Ave., Tacoma, Mobina Galore, NeutralBoy, Young Go Hards and Suburban Vermin, 8 p.m. 253-248-4265.

SUNDAY

Dawson's Bar and Grill 5443 South Tacoma Way, Tacoma, Tim Hall Band, 8 p.m. 253-476-1421.

G. Donnalson's 3814 N. 26th St., Tacoma, open mic, 5 p.m. 253-761-8015.

The Spar 2121 N. 30th St.,

Tacoma, Jessie James, blues, 7 p.m. 253-627-8215.

Stonegate Restaurant Bar and Grill 5421 South Tacoma Way, Country Roadhouse Jam with Dave Nichols, 8:30 p.m. 253-473-2255.

MONDAY

G. Donnalson's 3814 N. 26th St., Tacoma, Jim Mech, piano jazz, blues, 7 p.m. 253-761-8015.

Jazzbones 2803 Sixth Ave., Tacoma, Rockaroake with a live band, 10 p.m. 253-396-9169.

TUESDAY

Antique Sandwich Company 5102 N. Pearl St, Tacoma, open mic, 7 p.m. 253-752-4069.

Daves of Milton 1502 11th Ave, Milton, Jerry Miller and CD Woodbury alternate, 7 p.m. 253-926-8707.

Dawson's Bar and Grill 5443 South Tacoma Way, Tacoma, Leanne Trevalyan/Billy Stoops, 8 p.m. 253-476-1421.

G. Donnalson's 3814 N. 26th

St., Tacoma, James Haye, 7 p.m. 253-761-8015.

Great American Casino 10117 South Tacoma Way, Lakewood, karaoke with Virginia, 9 p.m. 253-396-0500.

Real Art Tacoma 5412 South Tacoma Way, Tacoma, Get Out, 8 p.m. realarttacoma.com.

Stonegate Restaurant Bar and Grill 5421 South Tacoma Way, Blues Jam with Roger Williams, 8 p.m. 253-473-2255.

WEDNESDAY

Dawson's Bar and Grill 5443 South Tacoma Way, Tacoma, Linda Myers, 8 p.m. 253-476-1421.

G. Donnalson's 3814 N. 26th St., Tacoma, James Haye, 7 p.m. 253-761-8015.

Joeseppe's Ristorante, 2207 N. Pearl St., Tacoma, Robin Miller, standards, 6 to 9 p.m. 253-761-5555.

Real Art Tacoma 5412 South Tacoma Way, Tacoma, Snail-mate, Creature Hole, 7:30 p.m. realarttacoma.com.

Rock The Dock 535 Dock St., Tacoma, open mic with Virginia, 8 p.m. 253-272-5004.

Stonegate Restaurant Bar and Grill 5421 South Tacoma Way, Leify Green Acoustic Jam, 8 p.m. 253-473-2255.

The Valley Pub 1206 Puyallup Ave., Tacoma, Duane Mark and Reverend Freakchild, 8 p.m. 253-248-4265.

THURSDAY

Dawson's Bar and Grill 5443

South Tacoma Way, Tacoma, Billy Shew Band, 8 p.m. 253-476-1421.

G. Donnalson's 3814 N. 26th St., Tacoma, John Maxwell, blues guitar and vocals, 7 p.m. 253-761-8015.

Rock The Dock 535 Dock St., Tacoma, open mic with Dustin, 8 p.m. 253-272-5004.

The Swiss 1904 S. Jefferson, Tacoma, Comedy Show with Liz Donahue, 9 p.m. 253-572-2821.

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FROM PAGE 3C

SEAFAIR

everything we do," Andersen said. "Everybody is here on a rotation. We're trying to make it feel like home."

In addition to service members being part of the Torchlight Parade starting at 7:30 p.m., there will be a special area set aside for military families to enjoy the parade with more than 100 units marching, floating or dancing down the streets of Seattle.

But the biggest event of the summer festival will be Seafair Weekend Aug. 4 to 6 at Seattle's Genesee Park. This is considered the signature weekend with military flyovers, hydroplane racing and additional demonstrations by way of sky and sea.

This year's Seafair Weekend will also bring new additions to the entertainment lineup, including

If you go

What: Seafair Torchlight Fanfest

When: Saturday at 7:30 p.m.

Where: Seattle Center, 305 Harrison St., Seattle

What: Seafair Weekend

When: Aug. 4-6

Where: Genesee Park, 4316 S. Genesee St., Seattle

To learn more: seafair.com

some of the best wakeboarding professionals and top BMX bicycle stunt riders providing exhibitions.

It is during Seafair Weekend when service members, retirees and veterans can receive free admission each day. They are also able to purchase general admission tickets



TED S. WARREN The Associated Press

for family members and friends at \$20 per day — usually sold for \$40 per person.

"It's an opportunity to enjoy the heart and soul of

Seattle," Andersen said. "The idea is to, as a community, show a way to honor all that they do."

Andersen said Seafair developed a new partnership this year with Aetna Insurance to

provide a special play area for children that military families can also utilize. The children's area will be free to access and is viewed as one of the best play areas outside of Disney, according to Andersen.

Andersen also noted that Seafair has a history of having great weather, which makes Seafair Weekend the perfect time to get out of the house.

"Statistically, the first weekend of August is the best weather weekend of the year," Andersen said.

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Tue: 2:00, 4:15, 8:45
Wed: 2:00, 4:15, 6:30, 8:45
Thu: 2:00, 4:15, 8:45

Dunkirk (PG-13)
Fri: 4:35, 7:00, 9:20
Sat-Sun: 11:45 AM, 2:15, 4:35, 7:00, 9:20
Mon: 2:15, 4:35, 7:00, 9:20
Tue: 4:35, 7:00, 9:20
Wed-Thu: 2:15, 4:35, 7:00, 9:20

Maudie (PG-13)
Fri: 1:20, 4:00, 6:45
Sat-Sun: 1:20, 4:00, 6:45, 9:15
Mon: 1:20, 4:00, 9:15
Tue: 1:20, 4:00, 6:45, 9:15
Wed-Thu: 1:20, 4:00, 9:15

The Big Sick (R)
Fri-Tue: 1:00, 3:40, 6:15, 9:00
Wed: 3:40, 6:15, 9:00
Thu: 1:00, 3:40, 6:15, 9:00

Dave Made A Maze (NR)
WITH FILMMAKER Q&A: Fri: 9:00

Tommy (PG)
WEIRD ELEPHANT SERIES: Sat: 11:00

Moka (NR)
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Eyes of the Totem (NR)
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