

GUARDIAN WEEKEND
A preview of the Washington State Fair, 3C

ALSO INSIDE
Buffalo Soldiers vs. Tuskegee Airmen, 10A

JBLM NORTHWEST NWGUARDIAN.COM
guardian
 III Authorized newspaper of Joint Base Lewis-McChord, Washington • September 2, 2016

2016 JBLM AIRSHOW AND WARRIOR EXPO

A SHOW OF FORCE



SCOTT HANSEN Northwest Guardian

Members of the U.S. Air Force Thunderbirds air demonstration team perform high above McChord Field during day one of the JBLM Airshow and Warrior Expo Saturday.

Thousands see service members put on a show on McChord Field

BY RUTH KINGSLAND
Northwest Guardian

The wind blew the dust around and kept some aircraft on the ground on Saturday, but it did little to calm the excited spirit of attendees at the 2016 Joint Base Lewis-McChord Airshow and Warrior Expo. About 100,000 airplane enthusiasts from across the state came to the show Saturday and Sunday on McChord Field.

The event began with the U.S. Army Golden Knights parachute demonstration team and Sgt. 1st Class Jennifer Espinoza performing her 1,393rd parachute jump — this time to the patriotic

MORE INSIDE

- Thunderbirds, Golden Knights team members visit Madigan patients, **12A**
- You'll find more photos on the JBLM Airshow and Warrior Expo photo page, **14A**

stirrings of the national anthem. Espinoza wafted gently downward with her golden parachute and a stream of red smoke, as she proudly carried the American flag.

Aircraft big and small lifted off and flew by as crowd excitement grew and young and old experienced a bit of desire take to the skies.

SEE AIRSHOW, 11A



SCOTT HANSEN Northwest Guardian

Sgt. 1st Class Brian Karst, right, prepares to jump with fellow members of the U.S. Army Golden Knights Parachute Team Saturday.

A Knight returns to familiar place

BY RUTH KINGSLAND
Northwest Guardian

It's been more than six years since Vancouver, Wash., native Sgt. 1st Class Brian Karst returned to Joint Base Lewis-McChord from a tour in Iraq and subsequently received orders to Hawaii. He served at JBLM from 2006 to 2010 with the 5th Brigade (now 2nd Brigade), 2nd Infantry Division, and I Corps Headquarters Company.

Karst's time in Hawaii was short but sweet — just a year and a half. That's where he first tried skydiving and fell in love with

SEE KNIGHT, 11A

LEWIS MAIN CHAPEL

Army nurse ends career after 36 years

BY RUTH KINGSLAND
Northwest Guardian

There were hugs, handshakes, good wishes and plenty of shared memories as about 100 colleagues, friends and family members honored the career of Col. Lena F. Gaudreau, regional nurse executive, Regional Health Command-Pacific, at a retirement celebration in the fellowship hall of the Lewis Main Chapel Aug. 24.

"It's very hard to take off the uniform; this is what I've done most of my life," Gaudreau said

SEE NURSE, 11A

AWARD CEREMONY

Vietnam veteran finally awarded Silver Star



SCOTT HANSEN Northwest Guardian

Edward Dvorak, middle left, visits with Maj. Gen. Mark R. Stammer after Dvorak was awarded the Silver Star in Tacoma Wednesday.

Soldier risked all to save wounded

BY RUTH KINGSLAND
Northwest Guardian

TACOMA — He was only 19 years old when he risked his life to heroically save the lives of his fellow Soldiers in Vietnam Nov. 30, 1968.

Now 68 years old, Edward Dvorak, a former Army sergeant with Foxtrot Company, 51st Infantry Regiment was finally presented the Silver Star for that bravery by Patrick J. Murphy, Under Secretary of the Army, at a ceremony Wednesday at the Narrow's Bridge Veterans of Foreign War Post No. 10018 in

Tacoma. Along with Murphy, Maj. Gen. Mark R. Stammer, I Corps deputy commanding general, and U.S. Representative Derek Kilmer, from Washington's 6th Congressional District, were among the people attending the ceremony.

Dvorak served two tours in Vietnam, from 1967 to 1970. He entered the military after graduating from Winner High School in Winner, S.D., and served his basic training in 1966 at Joint Base Lewis-McChord. The 48-year belated citation honors Dvorak for gallantry in action in the Republic of Vietnam.

At the time, he was serving as team leader of a long-range

SEE SILVER, 11A

7TH INFANTRY DIVISION



STAFF SGT. LINDSEY KIBLER U.S. Army Photo/2013

Soldiers assigned to the 16th Combat Aviation Brigade push a High Mobility Multipurpose Wheeled Vehicle in the Humvee push portion of the Bayonet Week challenge at Joint Base Lewis-McChord in 2013.

Units preparing to battle for coveted Bayonet Cup

BY RIO FERNANDES
Northwest Guardian

A handful of units from the 7th Infantry Division will be battling each other in a slew of different sports Tuesday through Sept. 9 as they attempt to win Bayonet Week and claim the coveted Bayonet Cup.

This new tournament is similar to the Commander's Cup, where units send their best to compete against rival unit's best. Similar to the Olympics, units will meet for an opening ceremony, with music and opening remarks, before racing to face each other in 19 events. The end of the week will feature a closing ceremony and award presentations.

"The goal is to try and build teamwork and bring people together," said Lt. Col. Frederick Williams, 7th Inf. Div. public affairs officer.

There will be eight units vying to win the Bayonet Cup. They include: 7th Infantry Division, 1st Brigade 2nd Infantry, 2nd Brigade, 2nd Infantry Division, 16th Combat Aviation Brigade, 17th Field Artillery Brigade, 201st Expeditionary Military Intelligence Brigade, 555th Engineer Brigade, 2nd Infantry Division Artillery.

The games will feature a slate



SPC. NATHAN GOODALL U.S. Army Photo/2013

7th ID Soldiers battle during the last Bayonet Week combatives tournament on JBLM in 2013.

of unique events, including basketball, combatives, swimming, tug of war, bowling, CrossFit, dodgeball, powerlifting and much more. More often than not, games will be structured in a tournament bracket, with teams being rewarded based on how they perform.

Whichever team ends the week with the most points is the winner.

"You're bringing the brigades together and giving them a focal point to rally behind and cheer for," said Capt. Edward Miller, 7th Inf. Div. Bayonet Week planner. "A unique bond can be built through sportsmanship. We are already a team on the battlefield, but this gives us a chance to compete."

While promoting competition

is something officials might enjoy, the ultimate goal of this week and the games is to build camaraderie throughout the division. The genesis of Bayonet Week comes from a military vision to build a team of Army professionals that are combat ready to fight and win in a complex world, Williams said.

Officials believe that the week is critical to helping develop this mentality, which is why the planning for the week has been ongoing since May.

"There is a lot of excitement for the week," Miller said. "Across the entire division, there is expertise everywhere and now we will have a little competition to see who is the best."

WOMEN'S EQUALITY DAY

Program examines women's suffrage

BY RIO FERNANDES
Northwest Guardian

History came to life at Carey Theater on Women's Equality Day Aug. 26 with a performance from Rachel McClinton that took everyone in attendance through time to witness the women's suffrage movement.

McClinton began the performance with a quick slideshow that provided background about the battle to secure women the right to vote. Activists' efforts culminated with the passing of the 19th Amendment Aug. 26, 1920, which changed the face of the American electorate forever. The anniversary of the ratification of the amendment became known as Women's Equality Day — a nationally-recognized day that commemorates the suffrage movement and celebrates the continued advancement of women around the country.

"Today has particular significance to share this program and to highlight this history for folks that are interested," said McClinton, the artistic director for Living Voices.

Her performance featured the use of a video background that flashed photos of the suffrage movement and historic landmarks. Using the screen as the backdrop, McClinton acted out a handful of critical moments from the movement through the eyes of a fictional young suffragette.

"The best way to describe the character is that she is a composite character drawn from oral history and individual suffragettes of this time period," McClinton said. "So all the events happened to real people, but the character was created to take us on this historical journey."

McClinton allowed the audience to see the character learn



RIO FERNANDES Northwest Guardian

Rachel McClinton, of Living Voices, performs a story about a young suffragette in the midst of the Women's Suffrage Movement in the early 1900s Aug. 26.

about the suffragette movement, protest outside the White House, try to convince her brother and father that her cause was just, be thrown in prison, lobby for political support to pass the amendment and much more. The goal of the performance was both to educate everyone in attendance about the nuances and challenges in the women's suffrage movement and to remind people how recent the movement was.

"For a lot of folks, both younger and older, it's hard to imagine that half of the American population so recently achieved the vote," McClinton said. "This is pretty recent history, to have something so basic in terms of what it means to be a citizen and how difficult and sometimes violent the struggle was."

The event seemed well received, with a large crowd piling into Carey Theater to enjoy the reenactment of history. Officials said they knew they wanted to do something to highlight

Women's Equality Day, but wanted to think outside the box to make sure people would want to come and remain engaged.

"We went with Living Voices because of the theatrics of it and their ability to present historical facts in a manner that draws a lot of people," said Sgt. 1st Class William Allen, 1st Brigade, 2nd Infantry Division, who organized the event. "Hopefully, the word of this presentation and how it was done will get out, and people will be more interested in the next Equal Opportunity Office event."

Current events also made the conversation around women's equality and the look back at the suffrage movement even more important, Allen said.

"There are a lot of things happening right now in general," Allen said. "Women (are) being fully integrated into combat roles, so the face of the infantry is changing. It's important to let everyone know that it's been a struggle throughout history when it comes to voting and equal rights."

NEWS IN BRIEF

The range fire on JBLM is contained, continues to burn

The range fire that's been burning in the south side of the Joint Base Lewis-McChord artillery impact area for about two weeks is contained on three sides where JBLM Forestry and Fish and Wildlife Service firefighters can safely locate themselves to cool it down.

Firefighters cannot enter the impact area due to the risk of unexploded ordnance.

The fire continues to lessen, and this week's cooler temperatures and precipitation favor efforts to fully control the fire. JBLM officials expect the fire to continue to make smoke for the next few days.

The fire originally started from artillery training.

JBLM has not used helicopters and fire buckets on this fire because those base resources are at the Yakima Training Center where the wildfire risk is much higher.

— JOINT BASE LEWIS-MCCHORD PUBLIC AFFAIRS

DOD encourages 2016 Workplace and Gender-Relations Survey

WASHINGTON — More than 750,000 service members have the opportunity to shape what the Defense Department knows about sexual assault in its ranks by taking the 2016 Workplace and Gender Relations Survey, Defense Department spokesman Eric Pahon said today.

The selected active-duty service members have until Sept. 28 to take the online or paper survey and its results will inform the Defense Department's future prevention and response efforts, Pahon continued.

The survey is conducted by the Defense Manpower Data Center as part of a biennial cycle of health and resilience surveys outlined in Title 10 USC 481, and its results will provide information on service members' experiences of unwanted, gender-related behavior.

The survey is completely confidential, and DoD is promising confidentiality to those who were selected to participate in this important survey, the documents say.

Active-duty service members can check to see if they've been chosen to participate in the survey at the following ticket look-up site: dodsurveys.mil/.

— BY CHERYL PELLERIN DOD NEWS, DEFENSE MEDIA ACTIVITY

'Have a Ball' with the Lewis Community Spouses' Club

The Lewis Community Spouses' Club invites you to "Have a Ball" Thursday at 10:30 a.m. — the club's sports-themed luncheon at American Lake Conference Center. Sport your favorite team's gear for this special event.

Reserve your spot today at lewiscommunityspouses-club.org/2016-september-luncheon/. Cost is \$17 per person. Call 920-341-5272 for more information.

— LEWIS COMMUNITY SPOUSES' CLUB

Updated EPME reenlistment, promotion eligibility policy

JOINT BASE SAN ANTONIO-RANDOLPH, Texas — The Air Force's updated reenlistment and promotion eligibility policy, which goes into effect Jan. 1, 2017, requires Airmen to complete their enlisted professional military education distance learning course within 12 months of the date they are notified by Air Force Personnel Center or automatically be rendered ineligible to reenlist, extend or promote until the requirement is met.

Airmen are encouraged to highlight their notification date and plan out their time in order to meet the requirement.

More information about EPME is available on myPers. Click "Force Development" from the active duty enlisted landing page, then the Enlisted Professional Military Education link. For more information, visit mypers.af.mil.

— BY KAT BAILEY, AIR FORCE PERSONNEL CENTER PUBLIC AFFAIRS

Clover Park School District broadcasts on the radio

Beginning in September, listeners can learn more about what's happening in the district on a regular basis.

Each month a CPSD representative will participate in a "Community Conversation" on KLAY 1180 AM. Radio interviews are conducted live on the first Friday of each month and can be listened to from the district's website at clover-park.k12.wa.us. Topics will vary each month and conversations run about ten minutes.

"Two of the school board's goals are to increase community engagement and ensure communication with all stakeholders," said CPSD superintendent Debbie LeBeau. "Our community conversations on KLAY are another tool for us to use to share good news and information on important issues facing the district. We are excited to partner with our local radio station to expand the number of people we reach."

KLAY 1180 AM features news, talk, weather, traffic and sports reporting. KLAY 1180 AM has had the same, local ownership for over 50 years and broadcasts 24/7 to more than one million people. KLAY is the only commercial radio station in the greater Tacoma area.

Visit Clover Park School District's website at clover-park.k12.wa.us to hear the latest "Community Conversation."

— CLOVER PARK SCHOOL DISTRICT

National Preparedness Month and Suicide Prevention Month

Thursday marked the beginning of two DOD observances, National Preparedness Month and Suicide Prevention Month.

We can all play a role in preventing suicide, but many people don't know what they can do to support the service member or veteran who is going through a difficult time. The DOD's theme for Suicide Prevention Month is: BeThere — your action could save a life. To learn more, visit defense.gov/news/special-reports/0916_suicideprevention?source=GovDelivery.

The DOD plays a vital role in supporting the U.S. government's preparations for and responses to a wide range of threats posing the greatest risks to national security — threats that include acts of terrorism, cyber threats, pandemics, and catastrophic natural disasters. By collaborating, we can be prepared to meet these threats and to mitigate future crises. Partnering together where we work, live, learn and visit makes us all safer, stronger and more secure.

For more information, visit defense.gov/News/Special-Reports/National-Preparedness-Month-2016.

— U.S. DEPARTMENT OF DEFENSE

Page Three

QUOTE OF THE WEEK

"The cumulative effect of these operations has served to cut off key lines of communication for ISIL while restricting the enemy's ability to bring in additional fighters. As you look across the full battlespace, you see that ISIL is under more pressure now than at any other time in the campaign. We are causing the enemy to have to look in multiple directions and they are struggling to respond under this pressure ... We are making progress against ISIL in Iraq and Syria. That said, challenges do remain and there is much work still to be done to defeat this enemy in both countries."

Army Gen. Joseph L. Votel
Commander, U.S. Central Command

ALSO INSIDE



POLO CLINIC: Instructor Tim Kelley, right, assists Michelle Gillespie with her swing during a clinic at the Tacoma Polo Club. **See story, 1B**

DEAN SIEMON Northwest Guardian

NWGUARDIAN.COM

● **Former chaplain uses comedy:** As an Army chaplain, James King served nearly two decades taking in others' pain and feeling helpless as his comrades were sent to war. Eventually, the now-retired lieutenant colonel realized that the buildup of emotions he carried needed to be addressed. "I became aware that my life was becoming unmanageable, and that I was depressed," King said. "I was isolating myself. I was not using healthy practices. I was not eating healthy. Since starting the class in April, King has not only performed in local comedy shows, but has taken the class as an opportunity to show others that it's possible to overcome



personal demons.

● **Anti-terrorism efforts:** As Anti-terrorism Awareness Month closes, it's important to remember vigilance is required year-round to protect ourselves from the global threat of terrorism. We must synchronize awareness efforts to avoid circumstances that could increase risk of becoming a target. Keeping us safe is everyone's responsibility.

18TH AIR FORCE

18th Air Force leaders visit JBLM

62nd Airlift Wing Public Affairs

Lieutenant General Sam Cox, 18th Air Force commander, along with his wife, Tammy Cox, and Chief Master Sgt. Todd Petzel, 18th Air Force command chief, visited Joint Base Lewis-McChord, Aug. 16 to 19 to meet with Airmen and to discuss the mission and its impact on Rapid Global Mobility.

During the visit, Cox received mission briefs, flew a local C-17 mission, met with Airmen, visited the Child Development Center, met with civic and community leaders and concluded his visit with a McChord Field all call.

"This has been a fantastic opportunity for us to come and spend a little bit of time with some great Airmen," Cox said. "This is our opportunity to say thank you and highlight some of the things that you do for the nation."

The capabilities Cox was referring to involve McChord Field's airdrop capabilities (both combat and humanitarian), the Prime Nuclear Airlift Force mission and aeromedical evacuation, just to name a few.

Cox said that just within the last six years, the Air Force's



SENIOR AIRMAN DIVINE COX 62nd Airlift Wing Public Affairs

involvement in conflict and disaster relief has evolved and is constantly evolving in response to different scenarios.

"There's a lot of things going on (in the world), and I don't think it's going to slow down," Cox said.

The mission at JBLM, accord-

ing to Cox, matters more than we can comprehend.

"The combination of the capability that exists between the Airmen here, the C-17s that you fly and the 35,000 Soldiers (on Lewis Main) is really important," Cox said. "What you do is really important."

Currently the Air Force is the

smallest it has ever been since its inception, but the demand for its capabilities is growing, Cox said.

"The mission has to be done and that's a no fail, every single day," Cox said. "I want you to seek to be the very best at your job, because that's what we need, but have fun doing the

job you get to do. Come to work with a positive attitude and don't ever forget the impact that you have."

Petzel also spent time visiting with Airmen while on this visit.

"I will tell you the sense of pride that takes place here is inspiring," Petzel said. "What's most amazing is that your most junior enlisted Airmen understand their strategic importance. But we need each and every one of you to understand how you tie into the mission each and every single day."

Cox and Petzel both acknowledged the strain put on the Airmen as a result of Air Force manning cuts. As the Air Force grows to meet the needs of the nation, they both reiterated our roles in completing the mission.

"We're growing to where we need to be, but we cannot do this (accomplish the mission) without viewing air power as a team sport; that includes active, Guard, Reserve, civilian, and our joint brothers and sisters in arms," Petzel said. "What you do is pretty special, so be proud of that. You're part of something bigger than yourself, because that's what the Air Force is."

JBLM LEGAL ASSISTANCE

Most legal services free to JBLM community

BY STAFF SGT. BRYAN DOMINIQUE
I Corps Public Affairs

Legal services can be expensive, but not for service members and retirees here at Joint Base Lewis-McChord.

Legal assistance available through civilian law providers is free and covers everything from family law and estate planning to military administration and consumer law issues, along with free tax preparation from January to April.

One service that legal assistance does not provide is representation in court, but that may be changing.

"It's always been out there," said Denise Meenan, JBLM legal assistance chief. "There's always been the possibility that either civilian or (military attorneys) could go to court, but it's never really been pushed. So, hopefully, this coming year, we'll be able to start going to court. It would be a really great opportunity for all of us."

However, legal assistance can provide special victims legal



Courtesy Photo

Lt. Gen. Stephen Lanza, far left, awards the I Corps and JBLM legal assistance and claims teams with awards in excellence Aug. 17.

counseling to victims of sexual assault.

"(Special victims counsel) is attorney's providing representation to victims of sexual assault," said Capt. Javier Talavera, a brigade judge advocate for the 189th Infantry Brigade at JBLM.

He has served as a lawyer in the Army for more than six years, and worked with the JBLM and I Corps legal assistance team from the summer of 2014 to the sum-

mer of 2016. Prior to his departure, he submitted the JBLM legal team for consideration for the 2015 Chief of Staff Award for excellence in legal assistance — an award that has not been seen at JBLM in five years.

Earlier in August, Lt. Gen. Stephen Lanza, I Corps commanding general, presented the team with the award.

"Just the fact that the office personnel are getting this recog-

ognition for the work (they do) day-in-day-out, it's amazing," Talavera said. "I spent a year as a chief, and I can tell you the people that work in this office are amazing. Not only do they really care for the (service members who) come in, but they really go above and beyond to provide those legal services. So to have that recognition come down from the Department of the Army, it just feels amazing."

According to Meenan, there were 4,338 individual attorney consultations in fiscal 2015, with the legal assistance team providing services valued at more than \$1 million.

"Of course all of our services are free, but shockingly a lot of (service members) still don't know that they have access to free legal here," she said. "Or they think all we do is make wills, and that's not true. Family law is the number one service we provide, and a lot of people need that service."

The legal services provided at JBLM and across the Department of Defense extend beyond the

ones provided by legal assistance. Co-located with legal assistance is the JBLM claims office, which for the 10th consecutive year was awarded the Judge Advocate General Excellence in Claims Award.

"It is gratifying to know that the hard work that my office puts in each day has been recognized by the Army leadership," said Jeffery Smith, chief of the JBLM Claims Division.

The job of the JBLM claims team differs from other Army offices because of the base's size, scope and location to major population areas.

"Our office has a four-state area of responsibility, (being) Washington, Oregon, Idaho and Montana," Smith said. "We are responsible for receiving, processing, and resolving claims filed under several different federal statutes."

For more information about the services provided by the entire JBLM and I Corps legal team, visit jointbaselewis-mcchord.com/community-services/legal-assistance-office.

446TH AIRLIFT WING

Aeromedics participate in Patriot Warrior exercise

Largest field exercise in Air Force Reserves

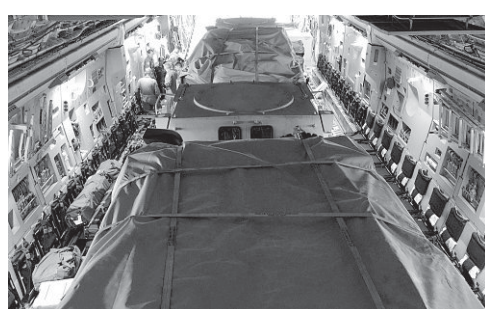
446th Airlift Wing
Public Affairs

446th Aeromedical Evacuation Squadron members from the 446th Airlift Wing at Joint Base Lewis-McChord participated in the annual Patriot Warrior exercise at Fort McCoy, Wis., Aug. 9 to 23.

In a C-17 Globemaster III flight carrying more than 100,000 pounds of equipment and personnel, Joint Base Lewis-McChord members arrived at the bare bones base to begin training.

Patriot Warrior is the Air Force Reserve Command's largest field exercise and is part of the Army's Global Medic exercise.

This joint and multinational exercise is designed for the participants to demonstrate their contingency deployment



MAJ. BROOKE CORTEZ 446th Airlift Wing Public Affairs

abilities ranging from base infrastructure buildup to full aeromedical evacuation

operations.

The two-week long exercise began with bare-base

A view of a C-17 Globemaster III flight carrying more than 100,000 pounds of equipment and service members from JBLM to Fort McCoy, Wis.

conditions, and military members were challenged to turn the facilities into a fully functioning base able to accept medically evacuated wounded patients in mobile hospitals.

More than 11,000 members from the United States armed forces and their reserve components, including Air Force, Army, Navy, and Marine Corps are participating alongside British, Canadian, and Saudi Arabian forces during Patriot Warrior.

Viewpoint



JBLM Commander
Col. Daniel S. Morgan

Public Affairs Officer
Joseph Piek

Command Information Officer
Kelsy Husted

Editor
Bud McKay

Journalists
Dean Siemon
Ruth Kingsland
Rio Fernandes

Assistant Editor
Pamela Kulokas

**Photojournalist,
Page Designer**
Scott Hansen

To contact the **Northwest Guardian**, call 253-477-0182. The newspaper office is in Building 1010, Joint Base Lewis-McChord, WA 98433-9500; email NWGEditor@nwguardian.com. Provide feedback online at <https://ice.disa.mil>.

Contents of the **Northwest Guardian** are not necessarily the official views of or endorsed by the U.S. government, the Department of Defense, the Department of the Army or Joint Base Lewis-McChord. The **Northwest Guardian** is an authorized, unofficial newspaper published every Friday by the JBLM Public Affairs Office, Building 1010, ATTN: IMWELEW- PA, Joint Base Lewis-McChord, WA 98433-9500, under exclusive contract with The News Tribune, a private firm incorporated in the State of Washington and in no other way connected with the Department of Defense or the U.S. Army. Circulation is 20,700.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron.

A confirmed violation or rejection of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source until the violation is corrected.

All editorial content of the **Northwest Guardian** is prepared, edited and provided by the Joint Base Lewis-McChord Public Affairs Office. The civilian printer is responsible for all commercial advertising.

The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of Defense or The News Tribune, of the firm, products or services advertised. Call the advertising staff at 253-428-8000 for classified or 253-597-8749 for display ads.

For mail subscriptions call 253-597-8711. Base information can also be found on the Joint Base Lewis-McChord home page at www.lewis-mcchord.army.mil, or the online edition of the paper at nwguardian.com.

STRAIGHT TALK

To join the "Straight Talk" conversation, visit facebook.com/JBLewisMcChord



If you attended the JBLM Airshow and Warrior Expo, what is one thing you would change to make the experience better?

"No complaints from me really. The show was amazing. My family loved it, too!"

— SINDY PAGE

"I would have had a B-1B flying demo and the Expo go every year. Oh it was so #JBLMAWE-some to thank you guys, sit in many cockpits and watch a C-17 do an airdrop."

— JOE KUNZLER

"Better signs so people understand that the main gate was only for airshow attendees."

— BETHANY GARBARINI

"When it comes to getting something autographed by the pilots, please could you have a special place for this?"

— KAREN EDGEMON MULLER

"I think the vendors need to have the ability to take debit or have more ATMs."

— TARA RAE HAYES

"Get rid of the beer tent. Do we really need drunk people trying to climb up the stairs of a C-5?"

— NICK SUE

"Thank you for the breast-feeding tent and changing area."

— TIFFANY E ANGULO-TOLEDO

Next week's question

What goals have you set for yourself in your career?

VIEW FROM THE TOP



SGT. JORGE HIGUERA 17th Field Artillery Brigade

First Sgt. Brian Reeder, of Headquarters and Headquarters Company, 308th Brigade Support Battalion, 17th Field Artillery Brigade, jumps into American Lake from a CH-47 Chinook during a helocast in July.

Army's top priority is military readiness

BY MAJ. GEN. MARK STAMMER
I Corps

Deputy Commanding General

Our military is focused on readiness and we need your help to spread the word. Over the past couple years, you have probably heard readiness mentioned or discussed by our military leaders.

What is it and why is it so important? Readiness may be unclear to some, especially those not in uniform, but it really is a simple concept: it is our ability as military professionals to

do our jobs — which for us is to fight and win our nation's wars. It is the capabilities we bring as a joint and combined arms team to defeat our enemies with a full range of military operations.

Readiness is our Army's number one priority. It is the Army chief of staff's number one priority, the United States Army Forces Command commander's number one priority and the I Corps commander's number one priority.

Army readiness is measured

through manning, training, equipping and leader development. To win our nation's wars, our Army must be well-manned, well-trained, well-equipped and well-led.

Our Army is a people-based organization where individual Soldier readiness is the foundation of Army readiness. We categorize our Soldiers as deployable or nondeployable.

A deployable Soldier is in compliance with all required personnel readiness standards and able to go anywhere to perform the unit's core designed and assigned missions.

To effectively do our jobs, we must maximize the deployability of our units. It starts with all our service members meeting their individual training and medical requirements to verify they are healthy and ready to go.

Whether it's ensuring you are medically deployable by personally reviewing your Medical Protection System status, ensuring you remain current on the Army Physical Fitness Test, completing annual Army training requirements from Army Regulation 350-1, conducting your personnel and finance record re-

views, or going to the rifle range and gas chamber semiannually, these are personal, leader and unit commander responsibilities.

Improving our readiness also means caring for our military families and ensuring they are healthy and informed. We must be ready both personally and professionally.

We all need to do our part. Each and every Soldier is responsible for their own readiness and those under their leadership. Have discussions with your folks and stress the importance of readiness.

Anticipate when your Soldiers are due for training and ensure they complete their requirements. Hold yourself and those in your organizations accountable to these fundamental Army standards.

Support your command team and lead the way by personal example. We must spread the word and get after readiness. Let's get after it and do this together.

I truly enjoy serving alongside our team of professionals.

I appreciate your support and look forward to building readiness with you all, your organizations and our community.

CHAPEL SERVICES

CATHOLIC MASSES

Saturday, 4:30 p.m. — Madigan Chapel

Saturday, 5 p.m. — McChord Chapel No. 2; (reconciliation at 4 p.m.)

Sunday, 9 a.m. — Lewis Main Chapel

Sunday, 9 a.m. — Madigan Chapel

Sunday, 10 a.m. — McChord Chapel No. 2

Sunday, noon — Evergreen Chapel

Sunday, 5 p.m. — Lewis Main Chapel

Daily (Mon-Fri), noon — Lewis North Chapel

Daily (Mon-Fri), 11:45 a.m. — Madigan Chapel; call 253-968-1125

1st Fridays, noon — McChord Chapel No. 2

PROTESTANT SUNDAY

9 a.m. — Liturgical — Soliders Chapel

8:30 a.m. — Traditional — McChord Chapel No. 1

10 a.m. — Contemporary — Four Chaplains Memorial Chapel (chapel Next)

10:30 a.m. — Collective — Lewis Main Chapel

10:30 a.m. — Collective — Madigan Chapel

10:30 a.m. — Contemporary — Evergreen Chapel

11 a.m. — Contemporary — McChord Chapel Support Center

11 a.m. — Gospel — Lewis North Chapel

DIVERSE WORSHIP

Jewish
Every Friday at 7 p.m. — Lewis Main Chapel

Islamic
Fridays, 12:30 p.m. — Four Chaplains Memorial Chapel, 968-1125

Buddhist Thursday, 6 p.m. — Lewis North Chapel, 966-5959

Pagan/Wiccan
Wednesday, 7 p.m. — Building 6230, Lewis Main, 907-952-4156

JBLM SNAPSHOT



62nd Airlift Wing Public Affairs

Puget Sound civic leaders spent their lunch at Joint Base Elmendorf-Richardson, Alaska, meeting with Airmen Wednesday. The civic leaders were part of a civic leader tour from the 62nd Airlift Wing from McChord Field.

THIS WEEK IN HISTORY

Sept. 2, 1789: Congress founds U.S. Treasury.

Sept. 3, 1939: Britain and France declare war on Germany.

Sept. 4, 1886: Apache chief Geronimo surrenders to U.S. government troops.

Sept. 5, 1774: First session of Continental Congress convenes.

Sept. 6, 1915: First tank produced.

Sept. 7, 1776: World's first submarine attack.

Sept. 8, 1664: New Amsterdam becomes New York.

Buy gently used home & yard items at the FALL FLEA MARKET SATURDAY, SEPT. 10, 8AM-NOON, MWR FEST TENT, Lewis Main, 2200 Liggett Ave.

LAKEWOOD



LABOR DAY SALE

NEW 2016 FORD
ESCAPE TITANIUM 4WD



SALE PRICE \$29,987
OR GET 0% FOR 72 MOS + UP TO \$2,500 REBATE*

MSRP \$35,745
LWF Discount -\$2,000
Retail Customer Cash -\$1,000
Retail Bonus Customer Cash -\$1,000
Smart Bonus Cash -\$1,000
Labor Day Bonus Customer Cash -\$500

2.0L ECOBOOST, TECHNOLOGY PKG, ACTIVE PARK ASSIST, TRAILER TOW, REAR CAMERA
THIS ONE, STK#16D40

YOU SAVE \$9,758

NEW 2016 FORD
F-150 CREW CAB XLT 4X4



SALE PRICE \$36,897
OR GET 0% FOR 72 MOS + UP TO \$1,500 REBATE*

MSRP \$48,620
LWF Discount -\$2,100
Retail Customer Cash -\$1,000
Retail Bonus Customer Cash -\$1,000
Bonus Customer Cash -\$1,000
Ford Credit Retail Bonus Customer Cash -\$1,000
Labor Day Bonus Customer Cash -\$500

2.7L ECOBOOST, TRAILER TOW, REAR CAMERA, REMOTE START
THIS ONE, STK#16549

YOU SAVE \$11,723

SALE PRICE \$15,898
OR GET 0% FOR 72 MOS + UP TO \$2,000 REBATE*



NEW 2016 FORD
FOCUS SE HATCHBACK

1.0L ECOBOOST, PWR WINDOWS, PWR LOCKS, REAR CAMERA, REMOTE KEYLESS START
THIS ONE, STK#16477

MSRP \$20,385
LWF Discount -\$1,487
Retail Customer Cash -\$1,000
Retail Bonus Customer Cash -\$500
Smart Bonus Cash -\$1,000
Labor Day Bonus Customer Cash -\$500

OTHER REBATES MAY APPLY:
Military Appreciation Bonus Cash -\$500

YOU SAVE \$4,487

SALE PRICE \$17,898
OR GET 0% FOR 72 MOS + UP TO \$2,000 REBATE*



NEW 2016 FORD
FOCUS SE SEDAN

AUTO, PWR SEAT, PWR WINDOWS, PWR LOCKS, REMOTE KEYLESS ENTRY
THIS ONE, STK#16698

MSRP \$21,960
LWF Discount \$2,062
Retail Customer Cash -\$1,000
Retail Bonus Customer Cash -\$500
Labor Day Bonus Customer Cash -\$500

OTHER REBATES MAY APPLY:
Military Appreciation Bonus Cash -\$500

YOU SAVE \$4,062

SALE PRICE \$19,289
OR GET 0% FOR 72 MOS + UP TO \$2,500 REBATE*



NEW 2016 FORD
TRANSIT CONNECT XL

2.5L, FIXED ROW GLASS, AC, TILT, 6 SPD TRANS, PWR WINDOWS, PWR LOCKS
THIS ONE, STK#16080

MSRP \$24,985
LWF Discount -\$1,696
Retail Customer Cash -\$2,500
Smart Bonus Cash -\$1,000
Labor Day Bonus Customer Cash -\$500

YOU SAVE \$5,696

GO TO LAKEWOODFORD.NET

SALE PRICE \$20,987
OR GET 0% FOR 72 MOS + UP TO \$4,000 REBATE*



NEW 2016 FORD
FUSION S HYBRID

PWR WINDOWS, PWR LOCKS, REAR CAMERA, REAR DEFROST, KEYLESS ENTRY
THIS ONE, STK#16713

MSRP \$26,550
LWF Discount -\$2,063
Retail Customer Cash -\$500
Retail Bonus Customer Cash -\$2,500
Labor Day Bonus Customer Cash -\$500

YOU SAVE \$5,563

SALE PRICE \$20,978
OR GET 0% FOR 72 MOS + UP TO \$2,500 REBATE*



NEW 2016 FORD
FORD FUSION SE

2.5L 4 CYL, PWR SUNROOF, 18" WHEELS, MY FORD TOUCH, REAR CAMERA
THIS ONE, STK#16100

MSRP \$28,765
LWF Discount -\$3,837
Retail Customer Cash -\$1,450
Retail Bonus Customer Cash -\$1,000
Smart Bonus Cash -\$1,000
Labor Day Bonus Customer Cash -\$500

OTHER REBATES MAY APPLY:
Military Appreciation Bonus Cash -\$500

YOU SAVE \$7,787

SALE PRICE \$22,898
OR GET 0% FOR 72 MOS + UP TO \$4,000 REBATE*



NEW 2016 FORD
C-MAX SE HYBRID

2.0L ATKINSON HYBRID MOTOR, SMART GAUGE WITH ECO GUIDE, SYNC 3, PWR WINDOWS
THIS ONE, STK#16430

MSRP \$29,360
LWF Discount -\$1,962
Retail Customer Cash -\$500
Retail Bonus Customer Cash -\$2,500
Smart Bonus Cash -\$1,000
Labor Day Bonus Customer Cash -\$500

YOU SAVE \$6,462

SALE PRICE \$28,089
OR GET 0% FOR 72 MOS + UP TO \$2,500 REBATE*



NEW 2015 FORD
MUSTANG PREMIUM COUPE

2.3L 4 CYL, PWR WINDOWS, PWR LOCKS, 50TH ANNIVERSARY PKG, REAR CAMERA
THIS ONE, STK#150642

MSRP \$33,985
LWF Discount -\$3,496
Retail Customer Cash -\$900
Smart Bonus Cash -\$1,000
Labor Day Bonus Customer Cash -\$500

YOU SAVE \$5,896

SALE PRICE \$39,398
OR GET 0% FOR 72 MOS + UP TO \$3,250 REBATE*



NEW 2016 FORD
TAURUS SHO

HD RADIO, SONY SOUND SYSTEM, HEATED STEERING WHEEL, PWR MOON ROOF
THIS ONE, STK#16505

MSRP \$46,935
LWF Discount -\$3,087
Retail Customer Cash -\$2,950
Smart Bonus Cash -\$1,000
Labor Day Bonus Customer Cash -\$500

YOU SAVE \$7,537

SALE PRICE \$39,489
OR GET 0% FOR 72 MOS + UP TO \$1,500 REBATE*



NEW 2016 FORD
EDGE TITANIUM AWD

2.0L ECOBOOST, NAV, REMOTE START, HEATED AND COOLED SEATS, 20" WHEELS
THIS ONE, STK#16399

MSRP \$46,325
LWF Discount -\$4,336
Retail Customer Cash -\$1,000
Smart Bonus Cash -\$1,000
Labor Day Bonus Customer Cash -\$500

YOU SAVE \$6,836

HURRY! ENDS MONDAY!

SALE PRICE \$46,398
OR GET 0% FOR 72 MOS + UP TO \$1,500 REBATE*



NEW 2016 FORD
EXPLORER SPORT 4WD

3.5L ECOBOOST, NAV, LEATHER, HEATED STEERING WHEEL, MEMORY SEATS
THIS ONE, STK#16568

MSRP \$52,455
LWF Discount -\$3,107
Retail Customer Cash -\$1,450
Smart Bonus Cash -\$1,000
Labor Day Bonus Customer Cash -\$500

YOU SAVE \$6,057

SALE PRICE \$49,489
OR GET 0% FOR 60 MOS + UP TO \$3,750 REBATE*



NEW 2017 FORD
EXPEDITION XLT 4WD

3.5L ECOBOOST, HEAVY DUTY TRAILER TOW, REMOTE START, CLIMATE CONTROL SEATS
THIS ONE, STK#17057

MSRP \$58,320
LWF Discount -\$3,081
Retail Customer Cash -\$2,000
Retail Bonus Customer Cash -\$2,750
Ford Credit Retail Bonus Customer Cash -\$500
Labor Day Bonus Customer Cash -\$500

YOU SAVE \$8,831

SALE PRICE \$54,489
OR GET 0% FOR 72 MOS + UP TO \$1,500 REBATE*



NEW 2016 FORD
F-350 CREW CAB LARIAT 4X4

6.7L DIESEL, NAV, PWR, SUNROOF, CHROME PKG, REMOTE START, TAILGATE STEP
THIS ONE, STK#16018

MSRP \$67,455
LWF Discount -\$3,716
Retail Customer Cash -\$1,000
Ford Credit Retail Bonus Customer Cash -\$750
F-Super Duty Retail Bonus Customer Cash -\$350
Lakewood Ford Sale Price Bonus Customer Cash -\$500
Smart Bonus Cash -\$1,000
Labor Day Bonus Customer Cash -\$500

YOU SAVE \$12,966

HUGE SELECTION OF PREOWNED

2004 CHEVY SUBURBAN 5.3L V8, 4 SPD AUTO, 1500, AWD, STK#13884A... \$7,985	2009 DODGE RAM 1500 SLT, 2WD, 4.7L V8, 5 SPD AUTO, STK#2833... \$14,996	2015 ACURA ILX 2.0L 2.0L VTEC, 5 SPD AUTO, PW, STK#150802A... \$21,985	2010 TOYOTA 4 RUNNER AWD, 4.0L V6, AUTO, CRUISE, STK#16700A... \$25,985
2010 KIA SOUL 2.0L 4 CYL, 4 SPD AUTO, AC, PW, STK#16598B... \$7,985	2015 MAZDA3 I SPORT 2.0L 6 SPD AUTO, ABS, AC, STK#L3938... \$15,585	2015 FORD TRANSIT T-250 3.7L V6, 6 SPD AUTO, STK#13910... \$22,985	2014 RAM 1500 ST 4WD, 5.7L V8, HEMI, AUTO, STK#12869... \$25,996
2012 FORD FOCUS SE 2.0L 4 CYL, 6 SPD AUTO, PW, PL, STK#12821... \$9,986	2016 TOYOTA COROLLA S PLUS, 1.8L 4 CYL, AUTO, CVT, STK#12871... \$15,996	2014 JEEP WRANGLER 4WD, SPORT, 3.6L V6, AC, STK#12859... \$22,996	2016 AUDI A3 1.8T PREMIUM, FWD, 1.8, 4 CYL, STK#12889... \$26,996
2014 KIA OPTIMA LX 2.4L 6 SPD AUTO, PL, PW, ABS, STK#L3857... \$12,995	2011 INFINITI G25 2.5L C6, AWD, 7 SPD AUTO, STK#12883... \$17,996	2015 CADILLAC ATS 2.0L 2.0L TURBO, 6 SPD, ABS, STK#12842... \$23,996	2014 NISSAN FRONTIER SV, 4WD, 4.0L V6, 5 SPD, STK#150968A... \$27,995
2015 HYUNDAI ELANTRA 1.8L 4 CYL, 6 SPD, AC, PW, STK#12895A... \$13,596	2014 NISSAN ROGUE SV 2.5L AWD, PW, PL, STK#16655A... \$20,985	2013 FORD F-150 4WD 5.0L V6, 6 SPD AUTO, STK#12861... \$24,896	2014 TOYOTA TACOMA 4.0L V6, 4WD, ABS, PW, PL, STK#16719B... \$28,995
2014 TOYOTA COROLLA 1.8L 4 CYL, PW, PL, STK#L3920... \$13,995	2010 MERCEDES-BENZ E-CLASS 3.5L V6, 7 SPD AUTO, PW, PL, STK#12886... \$20,996	2014 FORD EDGE LMTD AWD, 3.5L V6, 6 SPD AUTO, STK#L3862... \$24,995	2015 JEEP WRANGLER UNLIMITED, SPORT, 4WD, 3.6L, STK#16475A... \$29,885



BRIDGEPORT EXIT LAKEWOOD
8-8 MON-FRI | 9-6 SAT | 11-6 SUN

253.474.0511 LOCAL
888.793.6361 TOLL-FREE
LAKEWOODFORD.NET

All vehicles are one only and subject to prior sale. All pictures are for illustration only. All prices are plus tax, license and up to \$150 documentary service fee. ** All Ford Credit Rebates require financing with Ford Credit and rates and loans are subject to bank approval. -\$500 Military requires being active duty military. *Not all vehicles may have all equipment listed. See dealer for complete details. Subject to credit approval. +0% for 72 months (Explorer 60 months) and any rebate is in lieu of all other rebates. 0% is subject to approval by Ford Motor Credit. Not all buyers will qualify. Expires 9/5/16.

2016 ARMED FORCES RUGBY CHAMPIONSHIPS

JBLM coach leads Air Force to silver

Air Force unable to stop Army in championship

BY DEAN SIEMON
Northwest Guardian

Lieutenant Colonel John "Andy" McQuade, the deputy commander of the 627th Air Base Group at Joint Base Lewis-McChord, recognizes that the All-Army rugby program is at a much higher level than the All-Air Force program.

He just hopes to one day close that gap and break Army's streak of dominance in sevens rugby.

McQuade was the head coach for the All-Air Force squad that once again took second place in the Armed Forces Men's Rugby Championships. The tournament was played in one of the pools of the 2016 Serevi Rugbytown Sevens tournament Friday to Sunday at Infinity Park in Glendale, Colo.

The Air Force once again struggled to top the now four-time champions in All-Army. In their first meeting in pool play, Army dominated the game by a score of 41-0. Air Force racked up a couple of wins between Friday and Saturday to move into second place in the standings.

The three-game winning streak included a 38-5 win over Navy, a close 14-5 win over the Coast Guard and a sizable 27-7 win over the Marines.

The Army was the Air Force team's kryptonite in the rematch during the championship game in a 55-5 loss Saturday.



Air Force rugby head coach John "Andy" McQuade, second right, walks onto the field after his team defeated Navy during the Armed Forces Rugby Championships at Infinity Park in Glendale, Colo., Aug. 26.

"They have a very good program, and we respect what they've done," McQuade said. "For us coming forward, we recognize that the Army has put in place a program that is at that level and we have to develop our guys as best we can to facilitate cohesion."

With the loss to Army, Air Force's work wasn't done. All teams were then placed into four different championship brackets for a chance to win trophies. Although the tournament's cup was the top prize in the tournament, teams were

also competing for the tournament's Plate, Bowl and Shield.

The tournament overall featured plenty of talented teams from all over the world who were aiming for the \$10,000 winner-takes-all prize for winning the Cup championship. Both Army and Air Force started in the Cup quarterfinals, with the Air Force falling to the Ramblin Jesters of the United Kingdom, 45-0.

The Air Force squad fell into the semifinals for the Plate, only to lose to the SoCal Grifins from Long Beach, Calif.,

42-5 during the final day of the tournament.

McQuade noted that the Armed Forces Championship was played in a 20-minute format instead of the usual pair of seven-minute halves. This drained both Army and Air Force players before they went into the Cup quarterfinal round.

"That's going to be an aspect that puts us in a bad spot, but the civilian teams coming into this tournament are world-class teams," McQuade said.

Although a silver medal isn't

"For us coming forward, we recognize that the Army has put in place a program that is at that level and we have to develop our guys as best we can to facilitate cohesion."

Lieutenant Colonel John "Andy" McQuade

Deputy commander of 627th Air Base Group, All-Air Force Rugby coach

bad, McQuade said he would love to clinch gold and break the All-Army team's streak at the Armed Forces Men's Rugby Championships next year. There will be a big focus on building more cohesion amongst the All-Air Force rugby program while recruiting more athletes to come to camps.

Additionally, McQuade wants to build experience for the new and younger players who had never played in front of more than 1,000 fans under the lights.

This is why he rolled in the younger athletes on his team in the games against the Ramblin' Jesters and the SoCal Grifins.

"As we move forward, our desire is to get as many Air Force guys in (as we can) to get them that experience," McQuade said. "When they roll out there again, we won't have the jitters or the nerves."

Dean Siemon: 253-477-0235, @deansiemon

ADVENTURE RECREATION FUN EVENTS DINING & MORE

We have it all!

Visit www.jblmmwr.com

Social Security Disability APPLICATION HELP

PATTY SEXTON, REPRESENTING DISABLED CLIENTS SINCE 1992

360.798.2920 OR 866.686.7556

MISSION POSSIBLE

- 96% APPROVAL RATE 2006-2015
- 57 OF 57 COMPLETED CASES APPROVED IN 2015

EMPLOYMENT SERVICES, INC.

Find us on Facebook

/JBLMFamilyMWR

Oktoberfest

4th Annual

LITTLE CREEK CASINO RESORT

SAT, SEPT 24

3PM-9PM

GERMAN FOOD SPECIALTIES and ENTERTAINMENT

\$10 entry | Souvenir Mug & Drink Tickets
Free Entry for Black Tier Members

GAMING • HOTEL • SPA • GOLF • DINING • ENTERTAINMENT • RV PARK • ARCADE

LITTLE CREEK CASINO RESORT

SKOOKUM CREEK EVENT CENTER

LITTLECREEK.com

For tickets visit the Box Office, online, or call 1-800-867-7711. Must be at least 21 years of age to attend.

10 MILLION WARFIGHTERS

HAVE TRUSTED THEIR EYES TO **ESS**

ROLLBAR™ SUNGLASS
Unit Issue Kit: EE9018-01
NSN: 4240-01-630-8249

CROSSBOW® EYESHIELD
Unit Issue Kit: 740-0607
NSN: 4240-01-630-8327

INFLUX™ GOGGLE
Unit Issue Kit: EE7018-04
NSN: 4240-01-630-6343

ALSO AVAILABLE AT:

GSA

ARMY CLOTHING SALES STORE

X EXCHANGE

BUILT FOR BATTLE

ESS

TOUGH FOR LIFE

www.esseyepro.com

© 2016 ESS, a subsidiary of Oakley, Inc. All rights reserved.

SUMMER Specials At HANSON MOTORS



2016 **KIA RIO LX**

STOCK# 9764K
KNADM4A35G6691701

\$12,999 *

2016 **KIA RIO AUTOMATIC**

STOCK# 9886K
KNADM4A35G6669715

\$13,999

2016 **KIA RIO 5 AUTOMATIC**

STOCK# 9916K
KNADM5A31G6635681

\$14,299

2016 **KIA SOUL AUTOMATIC**

"HIGHEST RANKED COMPACT MULTI-PURPOSE VEHICLE IN INITIAL QUALITY"

The 2016 Kia Soul received the lowest number of problems per 100 vehicles among compact MPVs in the J.D. Power 2016 Initial Quality Study, based on 80,157 total responses, evaluating 245 models, and measures the opinions of new 2016 vehicle owners after 90 days of ownership, surveyed in February-May 2016. Your experiences may vary. Visit jdpower.com.

STOCK# 9880K
KNDJN2A23G7867105

\$14,999 **

2016 **KIA FORTE**

STOCK# 9748K
KNAFK4A65G5554529

\$14,999

2016 **KIA SOUL AUTOMATIC**

"HIGHEST RANKED COMPACT MULTI-PURPOSE VEHICLE IN INITIAL QUALITY"

The 2016 Kia Soul received the lowest number of problems per 100 vehicles among compact MPVs in the J.D. Power 2016 Initial Quality Study, based on 80,157 total responses, evaluating 245 models, and measures the opinions of new 2016 vehicle owners after 90 days of ownership, surveyed in February-May 2016. Your experiences may vary. Visit jdpower.com.

STOCK# 9888K
KNDJN2A22G7348675

\$15,999

2017 **KIA SPORTAGE AUTOMATIC**

2016 KIA SPORTAGE "HIGHEST RANKED SMALL SUV IN INITIAL QUALITY"

The 2016 Kia Sportage received the lowest number of problems per 100 vehicles among small SUVs in the J.D. Power 2016 Initial Quality Study, based on 80,157 total responses, evaluating 245 models, and measures the opinions of new 2016 vehicle owners after 90 days of ownership, surveyed in February-May 2016. Your experiences may vary. Visit jdpower.com.

STOCK #9973K
KNDFM3AC6H7135760

\$22,999

2016 **KIA SEDONA**

STOCK# 9854K
KNDMA5C14G6207644

\$24,999

All Prices Are After Rebate, All Prices Are Plus Tax, License And Negotiable \$150 Documentary Service Fee. Prices Expire One Week From Publication



HANSON KIA
Family owned and operated for over 40 years

2300 Carriage Loop SW Olympia, WA 98502
SALES 360-943-2120 | www.hansonkia.com

GREEN FLAG LITTLE ROCK

Preparing Airmen, Soldiers for operations

BY AIRMAN KEVIN SOMMER GIRON
19th Airlift Wing Public Affairs
LITTLE ROCK AIR FORCE BASE, Ark. — This event, referred to as Hit Night, marked the beginning of Green Flag Little Rock 16-09. Among the largest rotational air mobility training events in the world is a realistic scenario-based training opportunity for the U.S. Air Force to interact with ground-force elements.

The emphasis of GFLR was placed on strengthening the joint relationship between Air Mobility Command and the Army ground forces. C-17 aircrews from McChord Field participated in the exercise.

Throughout the weeklong exercise, AMC aircrews launched from Little Rock to Intermediate Staging Base Alexandria, La., in support of Army operations at the Joint Readiness Training Center in Fort Polk, La.

“We are here for our aircrews and the U.S. Army to receive the most accurate and realistic training as well as build our relationship in order to work together more cohesively and efficiently,” said Air Force Maj. Bryant Jarrell, 34th Combat Training Squadron exercise director.



AIRMAN KEVIN SOMMER GIRON 19th Airlift Wing Public Affairs

An Airman from Little Rock Air Force Base, Ark., arrives at an intermediate staging base near Fort Polk, La., in support of Exercise Green Flag Little Rock 16-09 Aug. 18.

The mass static-line personnel drop marked the beginning of a one-of-a-kind joint service training event.

Six C-130s from Little Rock and Dyess Air Force Base, Texas, flew alongside six C-17s from

Joint Base Lewis-McChord and Charleston Air Force Base, N.C.

The fleet lined the sky as they dropped containment delivery systems bundles and hundreds of paratroopers onto the secured

landing zone near Fort Polk.

With key cargo dropped ahead of them, the Soldiers' first objective was to create a blocking position, securing the landing zone while keeping opposing forces at bay.

“Once they get the LZ secured, we can bring in follow-on cargo — beans, bullets and more fight or whatever they need — through landing procedures,” Jarrell said.

In total, AMC aircrews off-loaded approximately 750 paratroopers, 491 tons of cargo and flew 29 sorties.

“The Air Force gets the job done on time, which is good because the faster they get us out there, the faster we can do our job on the ground,” said Pfc. Bradley Gardinier, 82nd Airborne Division forward observer. “All of my jumps have been off Air Force aircraft — this being my 10th jump.”

Green Flag Little Rock provides the most realistic, tactical-level, joint-combat employment training, tailored to air mobility forces and Army needs. It also allows the crossflow of information to boost communications between branches.

“It's the Army's playground down here and a great training environment for us to utilize good airspace,” Jarrell said. “We work with the Army consistently because they're the ones utilizing our aircraft in contingency operations. We depend on each other for land and air support, time-and-time again.”

The South Sound's Property Management Experts

Let Us Show YOU the Way Home!

Providing consistent skilled services you need, and the peace of mind you desire!

OUR SERVICES INCLUDE:

- Property Oversight
- Rent Collection
- Monthly Accounting
- Extensive Rental Listings, Updated Daily

HOMETOWN PROPERTY MANAGEMENT

www.hometownpm.com

1600 4th Ave E, Olympia | 360-456-7368 | 877-456-7368

J & S WE MOVE AUTOS

Get a FAST FREE QUOTE anytime.

Transportation **1-888-610-2510**

Thank You for Your Service. **Military Discount CODE: FRTLEW**

Moving cars & trucks for over 16 years.

IT'S THE PERFECT TIME FOR WINDOW CLEANING!

Put Us to Work for You!

Elite Cleaning of Washington

- PROFESSIONAL
- COMMERCIAL
- RESIDENTIAL

Leave the cleaning to us! **360.529.2277**

Discover the Elite Cleaning Difference. www.elitecleaningofwa.com

Wine & Canvas at The Club at McChord Field

Friday, Sept. 16 6-8:30 p.m • 21+

Club Members: \$27 Non Members: \$30

Limited seating. Prepayment is required. For more details, please call 253-982-5581

WINE SELECTION: White Zinfandel, Chardonnay, Cabernet

700 Barnes Blvd. JBLM McChord Field JBLMmwr.com/club

Social Security Disability APPLICATION HELP

PATTY SEXTON, REPRESENTING DISABLED CLIENTS SINCE 1992

360.798.2920 OR 866.686.7556

MISSION POSSIBLE

- 96% APPROVAL RATE 2006-2015
- 57 OF 57 COMPLETED CASES APPROVED IN 2015

EMPLOYMENT SERVICES, INC.

Fresh Cuts Local Produce!

Gibson's Custom Meats

Prices effective 9/2/16 - 9/8/16

	Hamburger Patties	\$4.49/lb
	Red Hook Beer Brats	\$2.99/lb
	Boneless Ribeye Steaks or Roast	\$7.49/lb
	Beef Back Ribs	\$1.49/lb
	Chicken Hindquarters	59¢/lb
	BY THE 40 LB CASE.....	.49¢/LB = \$19.60
	Pork Baby Back Ribs	\$2.99/lb

Providing great quality, selection, service, and prices for the surrounding communities.

New owners Chuck Gibson, Kimberly Iverson, and family thank you for your support.

We accept all debit, credit and EBT cards

7912 MARTIN WAY E, LACEY
360.489.0129

WEDNESDAY SENIOR CITIZEN DAY
Customers 60 and older enjoy 5% off!

MILITARY PERSONNEL
All active and retired military personnel receive 5% off every day

RIDE PIERCE TRANSIT'S FAIR EXPRESS

FROM 3 LOCATIONS

- Lakewood Towne Center
- Tacoma Mall
- South Hill Mall

Washington STATE FAIR 2016

DO THE PUYALLUP!
SEPT. 2-25
(CLOSED TUESDAYS)

day to go!

167 FAIR EXPRESS

Details at piercetransit.org & THEFAIR.COM

ULCHI FREEDOM GUARDIAN

75,000 U.S., Korean, Canadian forces gather in Pacific

BY C. TODD LOPEZ
Army News Service

As part of the ongoing rebalancing in the Pacific, about 400 Soldiers from I Corps, headquartered out of Joint Base Lewis-McChord, headed to South Korea last week to participate in the Ulchi Freedom Guardian exercise, a joint and bilateral exercise involving as many as 75,000 service members from South Korea, the U.S. and Canada.

"It is the largest exercise we do with Korea all year," said Lt. Gen. Stephen R. Lanza, I Corps commanding general, who departed for the Korean peninsula on Aug. 23 to take charge of the I Corps operational headquarters during the exercise.

I Corps will have about 300 Soldiers participating in Korea,

with an additional 100 from its support element. The rest of the corps will participate in the exercise from back at JBLM. In total, 25,000 U.S. service members, with about 50,000 Republic of Korea service members will participate.

The goal of Ulchi Freedom Guardian is to enhance training and readiness across the corps, at all levels, and develop relationships between U.S. and its partner forces. With increasing tensions between North Korea, and America's partner, South Korea, Lanza said the continued training is preparing I Corps to be a dependable partner should conflict arise.

"I'm very confident in the training and readiness of I Corps, whether it be to go to Korea or any place in the world," he said.



SGT. DANIEL SCHROEDER 5th Mobile Public Affairs Detachment / 2014

"Obviously, there are contingencies for that. But I Corps remains ready, trained and able to respond to any contingency, whether it be in the Pacific or globally."

While the future remains unclear, Lanza said, one thing is certain: the Army will tackle any future conflict as a total force. That means the regular Army will

depend on and fight alongside the Army National Guard and the Army Reserve, in the same way that the total force is now training together at Ulchi Freedom Guardian.

Given that the Army will be reduced in size in the coming years, Lanza said, more training in the future will have to be con-

ducted collectively. In October, he will participate in a senior leader conference at JBLM involving I Corps, National Guard and Army Reserve partners to plan just that kind of training.

I Corps is the only Army corps currently assigned to a geographic combatant command. It has been aligned for more than four years now to U.S. Pacific Command. Its region alignment, Lanza said, has enhanced trust with partner militaries and ensured the freedom within the Pacific needed to conduct operations.

"I've seen this grow, I've seen this progress, and I've seen it be very helpful to achieve (the goals of Adm. Harry Binkley Harris Jr., commander, U.S. Pacific Command) ... and his strategic approach to the security environment in the Pacific."

Stein Hoist Contest

at

Samuel Adams

Thursday,

September 8

during the

1st

NFL game

of

the season

starting at

5:30 p.m.

2400 Bitar & S. Division
JBLM Main

HOURS:

Monday 3-10 pm

Tue & Wed Closed

Thursday 3-10 pm

Friday 3 pm-Midnight

Saturday 9:30am-Midnight

Sunday 9:30 am-10 pm



SHARE THE GOOD FORTUNE

Refer up to five eligible friends and family for Navy Federal membership during September, and when they join, you'll each **get \$50.***



Allenmore Marketplace
3407 South 23rd Street, Tacoma, WA

Lakewood Towne Center
6030 Main Street SW, Suite F, Lakewood, WA

The Landing at Hawks Prairie
1140 Galaxy Drive NE, Suite A, Lacey, WA

15815 Meridian E, Puyallup, WA

NAVY
FEDERAL
Credit Union

For more information, visit
navyfederal.org/5050,
ask a representative
or call 1-888-842-6328.

Federally insured by NCUA. *Offer valid between 9/1/2016 and 9/30/2016 and can expire anytime without prior notice. Any current Navy Federal Credit Union member 18 or older and in good standing may be a referring member. Recipient is solely responsible for any personal tax liability arising out of the acceptance of this incentive. This offer may not be combined with any other new-member offers at the time of the account opening. Referees must be eligible to join. Accounts must be in good standing for credits to be processed. Recruiters are not eligible to refer recruits. \$5 minimum balance is required to open and maintain savings account and to obtain bonus. If you have not funded your new membership savings account at the time the bonus is credited, we will hold the minimum \$5 share required for your membership. Annual Percentage Yield (APY) 0.25%, effective 8/1/2016. Bonus deposited within 14 business days of account opening. Program must be mentioned at time of joining for account to be credited. Fees may reduce earnings, and rates may change. Limit five referrals per member. Navy Federal employees and their immediate family are not eligible to participate in this program. If the referred person is ineligible for membership, Navy Federal reserves the right to reclaim the referral awards and related bonuses, and to close any resulting new accounts. © 2016 Navy Federal NFCU 10111_lewis (8-16)



LABOR DAY FESTIVAL

Softball game celebrates past, future

JBLM service members play as historic groups

BY DEAN SIEMON
Northwest Guardian

It's important to reflect on the past contributions of military service members; figures from the past can inspire the future.

The concept of honoring the past and embracing the future is the main theme for an upcoming Labor Day festival for the Buffalo Soldiers Museum in Tacoma and the Tuskegee Airmen Sam Bruce Chapter in Seattle. Both groups known as African-American military groups who have broken color barriers by serving in the Army (Buffalo Soldiers) and the Air Force (Tuskegee Airmen). Both have ties to the areas around Joint Base Lewis-McChord.

The two groups will be spotlighted during a special festival Monday at 11 a.m. at Heidelberg Davis Park in Tacoma. The big attraction of the festival is a special Army vs. Air Force softball game when both teams will represent the Buffalo Soldiers (Army) and Red Tail Hawks (Air Force), featuring service members from JBLM.

"The event really is about honoring the past but also embracing our active-duty military service members of today," said Jackie Jones-Hook, executive director of the Tacoma Buffalo Soldiers Museum. "(We're) doing something that preserves history and promotes culture."

Just like both groups are an integral part of the American military, so is America's pastime in baseball. Even the Buffalo Soldiers' 25th Infantry had a baseball team that won several Army championships between 1899 and 1918. It also played a number of teams from Major League Baseball and the Pacific Coast League during that time.

According to Jones-Hook, it makes sense having the current



SCOTT HANSEN Northwest Guardian / 2014

Buffalo Soldiers team member Chuck Garmon takes aim at a pitch during the "Honoring the Forgotten Heroes" Labor Day home run derby at Stanley Playfield in Tacoma in 2014. This year's game is at Heidelberg Davis Park in Tacoma Monday at 11 a.m.

If you go

What: Buffalo Soldiers Museum's Labor Day Festival — Army vs. Air Force Softball Game.

When: Monday at 11 a.m.

Where: Heidelberg Davis Park, 1902 S. Tyler St., Tacoma.

Free admission and open to the public. For more information, call 253-272-4257.

service members take the baseball field — albeit for a slightly different game of softball.

"In days of yesteryear, this has always been a sport that

has been done in the military," Jones-Hook said. "(An Army vs. Air Force game) allows us to piggy back on this tradition within the military and bring it

out to the community."

The Buffalo Soldiers Museum previously hosted a similar festival in 2014 with Army and Air Force teams competing in a home run derby competition. The softball game is just one part of the overall festival.

After the post-game award ceremony, retired Army Col. Willie Stewart will speak. After serving on JBLM, he spent several years working as an administrator and board member for Tacoma schools.

The event will also feature music, food, arts and crafts and other vendors that aim to celebrate both the Buffalo Soldiers

and the Tuskegee Airmen. The event is free and open to the public.

Jones-Hook said it's not only a chance for people to learn more about the two influential military groups, but for military service members and their families to enjoy a community event outside of the installation.

"Oftentimes, our military feels underappreciated," Jones-Hook said. "This is a way to celebrate them on a positive note."

Dean Siemon: 253-477-0235, @deansiemon

SURPLUS AMMO & ARMS

COME CHECK OUT OUR EVERYDAY LOW PRICES!

**102 PUYALLUP AVE
TACOMA, WA 98421
253.301.0642**

**NORTHWEST
ADVENTURE
CENTER
GUN & SCUBA**

**END OF SUMMER
AUCTION**

**Guns: Sept. 3 & 17 • Scuba gear: Sept. 24
8050 NCO Beach Rd. • JBLM-Lewis North.
For info, call 253-967-8282.**

Online, On Your Time

The Citadel proudly offers members of the armed forces the opportunity to advance their education at an institution that understands and appreciates military service. The Citadel offers graduate degrees for those looking to accelerate their military careers, in fields including **Leadership, Business, Security Studies, and International Politics & Military Affairs.** These

programs are **fully online** so you can complete your degree uninterrupted—no matter where your service takes you!

For more information or to apply online, visit citadel.edu/online

**THE
CITADEL**
THE MILITARY COLLEGE OF SOUTH CAROLINA

FROM PAGE 1A

AIRSHOW

For many, the B-25 Mitchell bomber, made famous in World War II with the Doolittle Raiders on Tokyo, was the plane to watch. Another crowd favorite was the P-38 Lightning — also a World War II bomber.

But, for 8-year-old Wyatt Mattila, who is about to enter the third grade in Yelm, those

planes were a bit “too big.”

“They are all really cool, but I want to fly the smaller planes,” Wyatt said, adding that he plans to fly rescue planes for the Coast Guard someday.

Wyatt’s dad, Sgt. 1st Class Todd Mattila, 17th Field Artillery Brigade, smiled as he watched his son’s excitement over the planes flying by. Mattila said Wyatt comes by his aircraft enthusiasm honestly. The youth’s grandfather on his mom’s side is a retired Air Force

aircraft mechanic.

Mattila is originally from Puyallup, and he previously worked for a subcontractor with the Boeing Company before becoming an Army mechanic. The family moved to JBLM in July from Fort Riley, Kan.

“This is Wyatt’s first airshow, and I came more for him, but we’re really enjoying it together,” he said.

In addition to various aircraft and military equipment on display, food booths and other

vendors, the highlight for many was the dynamic demonstrations by the Air Force Thunderbirds. This was the first airshow at JBLM since the Thunderbirds and Golden Knights performed together here during the 2012 Air Expo.

For 8-year-old Rachael Wood of Spanaway, the most fun part of this year’s airshow was climbing onto some of the dozens of military aircraft on static display at the event.

“We got to go on some of the

big planes, but I like the smaller ones better,” Rachael said. “I want to be an airplane driver.”

Rachael attended the event with her mom, Kalynn and 6-year-old brother Samuel, who also wants to be a pilot someday.

“I want to be in the Navy, so I’ll be on ships and on planes,” Samuel said.

“The event was a great way to spend family time together,” Kalynn said. “This is our first airshow and we’re loving it.”

FROM PAGE 1A

KNIGHT

the sport enough to apply, audition for and get accepted into the Army’s prestigious Golden Knights parachute team.

“It’s the best tour I’ve ever had,” Karst said of his five years with the Golden Knights. “You get to represent the Army in a good light and meet people across the country.”

While in Hawaii, he got to know Sgt. 1st Class Arvel Schultz, a former Golden Knight who encouraged Karst to become part of the team.

“He told me about the camaraderie of the Golden Knights,” Karst said. “You don’t get any better.”

Potential Golden Knights must perform a minimum 100 free-fall parachute jumps and maintain a clean Army record before trying out for the selection process, which occurs in the fall, he said.

Karst is the second son of Gary and Betty Karst of Vancouver, and he has an older brother, Gary. Karst joined the

Army in 2002 and graduated from Mountain View High School in Vancouver in 1999. He earned an associate’s degree prior to entering the military and is working on earning a bachelor’s degree in business accounting.

Karst serves as team leader with his team of Golden Knights and is stationed in Fort Bragg, N.C. He said he plans to move back to the Pacific Northwest someday, when he retires.

As a member of the Golden Knights’ Gold Team, Karst and his teammates perform at airshows and other events across the country dozens of times each year. His team was in Atlantic City two weeks ago and will perform in Cleveland this weekend.

“I love being a Golden Knight, I wouldn’t trade it for the world,” he said.

As thousands of people watched from a fenced-off portion of the field, including Karst’s mom and his girlfriend, he led his team skydiving downward to open the JBLM Airshow and Warrior Expo Saturday and Sunday.

The dramatic jumps involved



SCOTT HANSEN Northwest Guardian

Sgt. 1st Class Brian Karst, middle, and fellow members of the U.S. Army Golden Knights Parachute Team prepare for their performance during the JBLM Airshow and Warrior Expo on McChord Field Saturday.

Karst and his teammates, each with a golden parachute, accompanied by streams of red smoke provided by smoke cans attached to each teammate’s ankle. One jumper held a Washington state flag; another held the American flag. Karst was the jumper with the Army star on his parachute.

“For his 36th birthday, here’s

Sgt. 1st Class Brian Karst of Vancouver,” the announcer said, as Karst landed on his feet on McChord Field in front of the public address stands, to applause from the crowd.

It was a moment of pride for many who know Karst, including Staff Sgt. Abel Rodriguez, Warrior Transition Battalion, Madigan Army Medical Center. Ro-

driguez has been friends with Karst since the two deployed with I Corps to Iraq in 2009.

“Brian is my best friend — more like my brother,” Rodriguez said. “When you know him, you want to be his friend. He’s always there for you, and he’s got the biggest heart.”

Rodriguez said he enjoyed spending time with Karst while the Golden Knights were in town.

“We always send texts or call each other or spend time together at the holidays,” he said. “When Brian is in town, we like to go to Farrelli’s or the Red Wind Casino.”

Rodriguez remembers when his friend first told him about trying out for and becoming a Golden Knight.

“I said, ‘Holy smokes, you did it!’” he said.

Rodriguez said he’s glad his friend is part of the parachute team and can artistically show his military pride.

“Oh my God, it’s awesome,” Rodriguez said of watching Karst perform. “I’m like a proud parent when they call the names. Brian makes us all proud.”

FROM PAGE 1A

SILVER

patrol which established an ambush position along a well-used enemy trail. As the team engaged a platoon-size force, Dvorak put himself in the line of fire to protect seriously wounded team members.

Although wounded himself, Dvorak continued to direct fire onto enemy positions and engage the enemy with his own weapon, at great risk to his own safety, according to reports. Murphy paid homage to Dvorak’s acts of bravery.

“It’s great to be here and pay tribute to an American hero,” Murphy said, adding it was time to “make sure that we righted this wrong and that we honored Sergeant Dvorak’s actions. He was suffering great pain, but that no-quit attitude is the embodiment of the American Soldier.”

Dvorak’s submission to receive an award for bravery came about when he and a former Vietnam veteran, Myron Anderson, were looking through the records of fellow Soldiers to make sure acts of bravery were recognized for others who



SCOTT HANSEN Northwest Guardian

Edward Dvorak, right, pauses to remember fellow Vietnam veterans while reflecting on what receiving the Silver Star means to him during a ceremony at the Narrows Bridge VFW Post 10018 in Tacoma Wednesday.

served, Dvorak said. Dvorak and his fellow Vietnam service members meet together throughout the year and are called, somewhat affectionately, “The Elite

Bastards,” according to Anderson, who also attended the ceremony for his friend.

Anderson suggested Dvorak’s name be turned in along with

other brave Soldiers from that group. Dvorak said he initially was submitted for a Bronze Star, but the military upgraded that request.

“I thought I’d receive a Bronze Star at most,” he said. “It’s very rare to get upgraded. I’m very humbled.”

During the ceremony, Dvorak accepted the award: “Onetwelfth for me and eleventwelfths for the team.”

The Silver Star is the third-highest military combat decoration that can be awarded for valor to a member of the United States Armed Forces.

Dvorak’s life since Vietnam also is worthy of recognition. He served as a police officer with the Los Angeles County Sheriff’s Department from January 1973 through March 2004. In 1977, he earned a bachelor’s of science degree in public administration from the University of Redlands, in Redlands, Calif.

After retiring as an L.A. County detective lieutenant, Dvorak moved his family to the Seattle area. He’d fallen in love with the area during his basic training days here, he said.

He and his wife, Patricia, have two adult children, Erin of Portland, Ore., and Jon of Quincy, Calif. They also have several grandchildren.

In 2013, Dvorak became owner of Dvorak Marine Surveying and Security Consultant.

FROM PAGE 1A

NURSE

of her 36 years of military service. “I absolutely loved my time in the military; I’ve had a wonderful career.”

Gaudreau enlisted in the Army Reserve in 1980 as a combat medic — she has gone from the rank of private to colonel in the Army.

She graduated with a bachelor’s degree in nursing from the Army ROTC at the University of Tennessee in Knoxville, Tenn., in 1984. She worked as a medical-surgical and oncology nurse before joining the active-duty Army in 1989. She would graduate with dual master degrees as a clinical nurse specialist and family nurse practitioner from the University of Tennessee, Chattanooga, Tenn., in 2001.

During her extensive military career, Gaudreau served across the country as well as in Europe and in Iraq in support of Operation Iraqi Freedom. Gaudreau credits her path of service for helping her become a better officer.

“Having come in as an enlisted Soldier helped me as an officer and served me well,” she said.

Gaudreau was born in Tennessee and is the middle of seven children — three brothers and three sisters. Two of her siblings have died, but the re-



RUTH KINGSLAND Northwest Guardian

Col. Lena Gaudreau, right, regional nurse executive, Regional Health Command-Pacific, is pictured with Brig. Gen. Ronald T. Stephens, deputy commanding general, RHC-Pacific, middle, and Command Sgt. Major Horace B. Tyson, Madigan Army Medical Center, during her retirement ceremony at the Lewis Main Chapel Aug. 24.

maining four siblings flew in to celebrate her formal retirement at a second ceremony Aug. 26 at Joint Base Lewis-McChord.

“I was blessed with a wonderful family who taught me it’s better to give than to receive,” she said to the crowd at her first of two retirement services.

Gaudreau’s brother, Clint, who died two years ago, was the one who motivated Gaudreau, as a young girl, to enter military service. He was a Soldier in Vietnam and earned a Purple Heart and Bronze Star when he was wounded saving the life of a fellow Soldier.

“My brother always told me how proud he was of me,” she said. “I only wish he knew how much he inspired me.”

Gaudreau has been an inspiration to those she served beside as well as those she mentored, according to Lt. Col. Sara Rush, an Army Reservist at Madigan Army Medical Center, who shared a hug with Gaudreau after the ceremony. Rush worked under Gaudreau when Rush was mobilized to active duty to Madigan in 2011.

“Colonel Gaudreau was one of the few mentors I’ve had, and she’s an outstanding nurse,

officer and leader,” Rush said.

Colonel Michael L. Place, Madigan Army Medical Center commander, was first in a long line of those who waited to shake hands with and share memories with Gaudreau at the conclusion of the service. Gaudreau previously served as deputy commander for nursing at Madigan.

“It’s always sad to see a colleague go, but I’m so happy to celebrate her 30-plus years of service,” Place said. “She has touched so many lives, personally and professionally.”

Gaudreau’s optimism and longevity of service were lauded during a short speech by Brig. Gen. Ronald T. Stephens, deputy commanding general, Regional Health Command-Pacific and market manager, Puget Sound Military Health System.

“We’re here to celebrate a great American, a great Christian, a great Soldier and a great person,” Stephens said. “She’s had so many jobs, you think: ‘Holy cow, she can’t keep a job,’” he said jokingly of Gaudreau’s lengthy biography within the ceremony program. “Most people who retire out of military service have been a Soldier longer than they were not a Soldier. Such is the case with Lena. This is a great day, let there be no doubt. Lena, we appreciate your service.”

Stephens also presented Gaudreau with a slew of certificates, coins and other honors. He also

thanked Gaudreau’s husband of nearly 23 years: Norm. The couple met in Augsburg, Germany, on her first tour as a lieutenant.

“It wasn’t on my to-do list,” Gaudreau said, of falling in love with and marrying a civilian.

Norm, 68, was a clinical pharmacist and retired after working for the Army, Navy, Air Force and Veterans Administration. Although one might expect the couple to take it easy in coming months, Gaudreau said that’s not likely.

She and Norm are planning a whirlwind trip to visit family in Maine, Tennessee and Michigan and a trip to Paris. She’s also planning to go to Honduras on a medical mission trip.

During the invocation at Gaudreau’s retirement, Lt. Col. Dallas M. Walker, chief of Madigan’s Department of Ministry and Pastoral Care, referenced the Biblical charge: “To whom much is given, much shall be required.”

“I can think of no better example of (those who) lived this creed than Colonel Lena Gaudreau and her husband, Norm,” Walker said. “Over her distinguished (36) years of military service, she lived the principle to love thy neighbor as thyself and the Golden Rule to treat others the same way (one) wants to be treated.”

“Today it is time for her to untie her Army boots, having run the race set before her.”

Health Beat

MADIGAN SHOUT OUT

The Green Team at Madigan Army Medical Center on Joint Base Lewis-McChord won best in its class in JBLM's Net Zero competition.

The Green Team's efforts include a comprehensive recycling program to include hard-to-recycle medical equipment, composting pre- and post-consumer food waste from the dining facility and the coffee shop, and replacing a high-level chemical disinfectant with an enclosed system that uses hydrogen peroxide.

Madigan scored second highest amongst all of the competitors thanks to its strong com-



mitment to making JBLM a sustainable installation. Units participation in the competition contributes to fewer tax dollars spent; a reduced environmental "footprint," helping JBLM becoming a Net Zero base.

MADIGAN ARMY MEDICAL CENTER

GENERAL SERVICES

Emergency: 911
Nurse Advice Line: 1-800-874-2273, option 1
Madigan directory: 253-968-1110
Tricare Regional Appointment Center (TRAC): 800-404-4506
Tricare On-Line: tricareonline.com
United Health Care: uhc-militarywest.com, 877-988-9378
Pharmacy Refill: 253-968-2999
Tricare Express-Script pharmacy service: 877-363-1433 or www.express-scripts.com
Referral Coordination Center Hotline: 253-968-2903

Patient Admissions: 253-968-3827/3829
Patient Advocacy: 253-968-1145
Beneficiary Counseling Assistance Coordinator: 253-968-3348/3491

BEHAVIORAL HEALTH SERVICES

Behavioral Health Services: 253-968-2700
Soldier Readiness Service: 253-968-5140
Child and Family Behavioral Health: 253-968-4843
Military One Source: 800-342-9647
National Suicide Prevention

Life Line: 800-273-8255 (Option 1)
Exceptional Family Member Program: 253-968-0254/1370
Armed Forces Blood Bank Center: 253-968-1850
Fisher House: 253-64-9283
Public Affairs Office: 253-968-1901
Veterinary Treatment Facility: 253-982-3951
Madigan Directory Assistance: 253-68-1110
Madigan Army Medical Center website: mamc.amedd.army.mil
Email: usarmy.jblm.medcom-mamc.mbx.pao@mail.mil
Fisher House: 253-964-9283

MADIGAN ARMY MEDICAL CENTER

Civilian nurses offered training

BY SUZANNE OVEL
Madigan Public Affairs

Civilian nurses at Madigan Army Medical Center can now get in-house training to specialize as perioperative and emergency nurses.

In August, a civilian nurse began training with Madigan's Consolidated Education Division in a course which previously only trained military nurses. Opening up the existing perioperative, or operating room, course to civilians and developing a new emergency room training course for civilians allows Madigan to invest in its civilian employees, which comprises nearly 68 percent of the hospital staff.

Many nurses may see a grade increase after specializing as well.

"One of goals is to help us find talented people for hard-to-fill positions and grow our own," said Col. John Groves, Madigan's chief nursing officer. "We think investing in them here will make them more dedicated employees and will help us to retain our best people."

Before now, civilian nurses who wanted to specialize in these areas often left federal service to get training in the civilian workforce. Groves believes that offering specialized



TECH. SGT. SONNY COHRS U.S. Air Force Photo

training here will also serve as a recruiting tool as it enhances nurses' professional development.

"Once you get a couple of years under your belt as a (medical-surgical) nurse, there's also a chance for you to move into the operating room and the ER, and I think that's exciting for any nurse to have that chance to develop," he said.

Madigan is also considering a future intensive care unit nursing course as well.

The operating room course lasts 16 weeks and the ER course is scheduled to take 12 weeks; both offer a combination of self-study, classroom and clinical teaching. Madigan is ensuring the ER self-study program uses the "gold standard" of a program already accredited by the Emergency Nurses Association, Groves said.

After graduating from the courses, employees enter orientation programs in the specialty areas. Offering the clinical

training alongside of nurses already in these fields also allows leadership to better evaluate the trainees before hiring them.

"When you move into critical care, specifically ICU, the ER and the operating room, we've got to make sure it's a good fit," Groves said.

Both specialties require the ability to work in intense environments.

"You keep the calm in the chaos," said Maj. Sandra Var-

gas, the operating room head nurse. "You have to be prepared to handle a trauma at any time."

While the operating room course has already had its first civilian student, the ER course is predicted to start this fall. The ER course is being developed by Lt. Col. Katherine Frost, the unit's clinical nurse officer-in-charge, and by Michelle Darcy, a trauma nurse educator with the Consolidated Education Division.

Although each program may initially train one to two nurses in the first course, the programs may train four to six students a year depending on the need of each specialty area, according to Lt. Col. Vincent Leto, chief of the Consolidated Education Division.

"I'm absolutely convinced this will be a successful endeavor," Groves said, who shared that Madigan has some of the best teachers and clinical mentors he's seen in 29 years.

The training helps prepare nurses for future national board-certified tests as well. Madigan nurses who want to apply for this specialized training should work through their chains of command and annotate this goal in their individualized development plans.

JBLM AIRSHOW AND WARRIOR EXPO

Patients meet Thunderbirds, Golden Knights

'Stars' for JBLM airshow make stop at Madigan

BY SUZANNE OVEL
Madigan Public Affairs

Some patients at Madigan Army Medical Center received surprise visitors when members of the U.S. Air Force Thunderbirds air demonstration team and the U.S. Army Golden Knights parachute demonstration team stopped by the hospital Aug. 26.

The elite fighter pilots and parachutist teams took time out from preparing for the Joint

Base Lewis-McChord Airshow and Warrior Expo on Saturday and Sunday to chat with Madigan inpatients, sharing smiles, laughter and service stories.

Meeting the team members gave some of the patients the chance to walk down memory lane.

Benjamin Lewis, a retired Army Airborne officer, told the Golden Knights that he actually served with the 101st Division in the 1970s when retired Gen. Colin Powell was his brigade commander, and that his daughter followed in his footsteps 30 years later.

Knowing just what's required of parachutists gave Lewis a

profound respect for the team.

"You really are the best there is; I know what it takes to do some of those things and I've watched you do it," he said.

In fact, the Golden Knights parachutists have broken 348 world records and won 2,148 gold medals in national and international competitions.

When the Thunderbirds met with Lewis' roommate, the former C-141 Starlifter flight engineer got the chance to reminisce as well.

Frederick Bottger swapped stories with the Airmen about his Air Force days also doing maintenance on everything from F-102A Delta Daggers to B-47 Stratojets.

"It's very refreshing to see people like you," Bottger said of the Thunderbirds team, who fly and provide ground support for F-16 Fighting Falcons.

Thinking of the airshow brought the Air Force veteran back to his flightline days.

"Once in a while, the smell of burnt jet fuel will give you some nostalgia to think about the good times."

Down the hall, Charles Hill shared stories with the Golden Knights of his own parachuting days.

On Saturday, Bottger watched them perform — from his hospital room. His daughter and granddaughter visited to help him enjoy the show.



SUZANNE OVEL

Thunderbird Maj. Alex Turner, right, visits Madigan Aug. 26.

BEST MEDIC COMPETITION

Best Medic competition tests Madigan's overall skills

Medics respond to many 'twists' in the action

BY SUZANNE OVEL
Madigan Public Affairs

This year's Best Medic competition at Madigan Army Medical Center came with a few twists, from an increased focus on training to a move away from only evaluating the medics' responses to "standard-issue war wounds" such as gunshot wounds and blast injuries.

"We threw them a little bit of a curveball out the gate," said Master Sgt. Kaleb Twilligear, the noncommissioned officer in charge of Madigan's Consolidated Education Division and one of the planners for the event, which was held here Aug. 16 to 18. "Their very first med-

ical lane was the scene of a car crash on (base), they had no medical equipment and they had to respond to a patient that had severe internal bleeding."

While the mock patient had distracting injuries, like facial lacerations and a broken arm, "the point was to get these guys to recognize what that patient needed and what was killing the patient right now," Twilligear said.

Realizing that the medics would need to get the patient to a surgeon right away and to a location which could offer a blood transfusion, out-of-the-box thinking was required.

"It's important for a medic to be a critical thinker," Twilligear said.

The four competitors for Madigan's Best Medic event underwent 72 hours of mental and physical tasks altogether, ranging from additional medical drills to a physical chal-

lenge and an obstacle course, day and night land navigation, a qualification range and a written test.

Because the event planners wanted the Best Medic to go beyond a simple competition and also become an opportunity for readiness training, they designed it to serve as a training opportunity for the competitors and opened it up to other Soldiers to use for training and allowed the event support staff to participate in the tasks as well. In addition, the competition doubled as an evaluation for Madigan's Soldier and NCO of the Quarter as well.

In the end, Staff Sgt. David Nagle emerged as Madigan's Best Medic for 2016. It was the first time in his nine years as a medic that the simulation training center NCO in charge tried his hand at the competition.

"I had to hang in there with the younger guys," Nagle said,

who's worked in the simulation center for the past few years. While he's been out of direct patient care for a while, he stayed sharp on his medical knowledge due to the nature of his job.

"Literally my job is to teach the most current medical (techniques) — so I had a leg up there," Nagle said.

A competitive person, he enjoyed winning and yet called the preparation ahead for the Regional Health Command-Pacific competition "daunting." He encourages others who consider competing to dig into the combat casualty care doctrine.

"You've got to kind of knock the dust off that stuff," Nagle said.

Nagle and Sgt. Robert McCarthy, an emergency room medic who earned second place, described the toughest part of the competition as the physical challenges and ruck marches.

Both advance to the RHC-Pacific competition, hosted at Madigan from Sept. 19 to 23.

Twilligear and Sgt. 1st Class Richarda Barrett, the event's co-planner and Madigan's NCOIC for operations, plan to refine the event for the region competition based on feedback from event staff and competitors alike. They lauded the support they received to put the event together, from NCOs in departments across Madigan to the 62nd Medical Brigade.

"We had a huge amount of support, from various (military occupational specialties) plus various talent from our support staff that just really dug deep to make this happen," Twilligear said. "We enabled them and challenged them to be team players and thinking proactively to make the event more efficient, and they did, without a doubt, every single one of them."

Community Ledger

ATTENTION

Event announcements must be received no later than the Friday before publication. They can be emailed to nwgeditor@nwgardian.com. Announcements can be viewed online at nwgardian.com. The Northwest Guardian office is in the basement of 1010 Liggett Ave. on Lewis Main. For more information, call 253-477-0182.



SNAPSHOT

Flying home

The Thunderbirds pilots fly over Mt. Rainier, Wash., during their return to Nellis Air Force Base, Nev., Monday. The Thunderbirds performed at the Airshow and Warrior Expo at Joint Base Lewis-McChord Saturday-Sunday.

TECH. SGT. CHRISTOPHER BOITZ U.S. Air Force

LET'S HEAR IT

What do you want to know in 2016? The Northwest Guardian, Joint Base Lewis-McChord's command authorized source for installation news and information, wants to hear from you. Go to the JBLM Facebook page to answer the Straight Talk question of the week on Page A4, or submit a 1MB JPEG of your favorite photo of life on JBLM. Got a news tip or know a story you'd like to see in the Guardian? Coordinate with your unit public affairs section, then call 253-477-0182.

SCHEDULED FAMILY DAYS FOR 2016

The following are the scheduled dates for Army's Day of No Scheduled Activity, Air Force's Family Days and federal holidays on Joint Base Lewis-McChord.

Friday — Army DONSA and Air Force Family Day

Monday — Federal holiday

Oct. 7 — Army DONSA
Nov. 14 — Army DONSA

NAC GUN AUCTION SATURDAY

The Northwest Adventure Center is hosting auctions on select equipment. Everything must go:

- Guns are being auctioned Saturday.

The shop is open from 9 a.m. to 5:30 p.m. and is located at 8050 NCO Beach Road at Lewis North. For more information, call 253-967-8282.

ARMY, AIR FORCE PCS MOVE WORKSHOPS

Joint Base Lewis-McChord's Armed Forces Community Service hosts a First PCS Move workshop every Monday from 3 to 4 p.m. at Waller Hall, 2140 Liggett Ave., Lewis Main, and the second Thursday of each month at the Service Member and Family Readiness Center, 551 Barnes Blvd., McChord Field. For more information, call 253-967-3633 or 253-982-2695. To register, visit jblmafcscheckappointments.com.

WORK FROM HOME AS CHILD CARE PROVIDER

Are you looking for a fun, rewarding job? Become a Family Child Care provider and make a difference in the lives of military children and their families. FCC providers earn up to \$2,000 a month, may qualify for subsidies and receive free child care while in training and free resources for their business. Learn more at the orientation Tuesday from 6 to 8 p.m. at the FCC office, 2013B Third Street and Pendleton at Lewis Main. Children are not allowed at the orientation due to space and discussion topics. Full-day training classes meet weekdays from 8 a.m. to 4:30 p.m. following the orientation. FCC will provide free child care during the training classes. For more information, call 253-967-3039.

JBLM HOME FIRE SAFETY CLASS

Base housing residents are required to take a Family Housing Fire Safety class within 30 days of moving in. Service member must attend; spouse is welcome and encouraged. Classes take place Tuesdays and Thursdays at 1 p.m. at Bldg. 2014, Fire Station 107 Pendleton on Lewis Main.

MILITARY CAREGIVER PEER FORUM SET

The Military Caregiver Personalized Experiences, Engagement and Resources Forum meets the first Wednesday of the month from 9 to 11 a.m. at the Fisher House, 9999 Wilson Ave., on Lewis Main. Military family life counselors will listen to issues impacting your day-to-day quality of life, hear your needs and connect you with other military caregivers for practical and social support. The next forum is set

for Wednesday. For more information, call 253-329-6546.

BUILDING MANAGERS FIRE SAFETY

All building managers on Joint Base Lewis-McChord are required to take a Building Managers Fire Safety Class. Classes take place on the first and third Wednesday of the month at 9 a.m. Bldg. 2014, Fire Station 107 Pendleton, on Lewis Main. The next class is set for Wednesday. For more information, call 253-966-7164.

MCCHORD SPOUSES' CLUB FAMILY NIGHT

All military families are welcome to attend the McChord Spouses' Club Family Night Thursday from 5:30 to 8:30 p.m. at the McChord Housing Community Center, 3209 Maple St. SW on McChord Field. Come out for free dinner, games and prizes to meet your McChord Spouses' Club and learn how your talent and time can make a difference in the community. Flying solo or have a large crew? This event is for everyone. RSVP by Thursday to the McChord Spouses' Club's Facebook page where you can join the event.

'HOT WORKS' FIRE SAFETY CLASS

Hot Works Fire Safety Classes, for base and contract welders, cutters, brazers and solders, take place on the first and third Thursday of the month at 9 a.m. at Bldg. 2014, Fire Station 107 Pendleton, on Lewis Main. The next class will take place Thursday.

STEIN HOIST AT SAM ADAMS BREWHOUSE

Test your grip in the Stein Hoist Contest at Samuel Adams Brewhouse

during the first NFL game of the season Thursday starting at 5:30 p.m. The person who holds 40 fluid ounces straight up the longest wins a prize. Please drink responsibly. Samuel Adams Brewhouse is located at 2400 Bitar Ave. and Division at Lewis Main. For more details, call 253-964-2012.

SELL OR BUY AT FALL FLEA MARKET

Make some quick cash by selling your gently used items, or come to buy unique treasures at the annual Joint Base Lewis-McChord Fall Flea Market Sept. 10 from 8 a.m. to noon in Family and Morale, Welfare and Recreation's Fest Tent next to Bowl Arena Lanes, 2200 Liggett Ave. at Lewis Main. Rent two 6-foot tables, spaces or combos for only \$26. Three tables/space combos (18 feet) are \$30. Rent an additional 6-foot table or space for \$6 more. You must be an authorized Department of Defense ID cardholder in order to sell your household or yard items. No crafts or resale merchandise are allowed. For more information on table and space reservations, email special-events@jblmmwr.com or call 253-967-6772.

JOIN MCCHORD FIELD LIBRARY BOOK CLUB

Like to discuss books? Join the McChord Library's Novel Navigators. This adult discussion group meets the second Wednesday of each month at the McChord Library at 4:30 p.m. The next meeting is Sept. 14 to discuss "The Husband's Secret" by Liane Moriarty. Register in person for the group. Copies will be available at the circulation desk, 851 Lincoln Blvd., ground floor, on McChord

Field. For more information, call 253-982-3454.

SMA OF NORTHWEST MONTHLY MEETING

The monthly general membership meeting of the Sergeants Major Association of the Northwest meets at the Joint Base Lewis-McChord Samuel Adams Brewhouse (renovated Cascade Community Center, Bldg. 2400 on South Division Street) on the third Thursday of every month. Social time begins at 4:30 p.m. and official business at 5 p.m. Next meeting is Sept. 15.

NEWCOMERS' ORIENTATION/TOUR

Joint Base Lewis-McChord has grown and changed over the years. Whether you're new, returning or just want to learn your way around, all service members, civilians and adult family members are invited to attend the Newcomers' Orientation and Bus Tour Sept. 20 at American Lake Conference Center, 8085 NCO Beach Road on Lewis North. Report time for Soldiers and Airmen is 7:30 a.m. Orientation begins at 8 a.m.; bus tour for Soldiers and Airmen only begins at 12:30 p.m. Complimentary hot breakfast is available. Free on-site child care available with registration; call 253-966-2977. For more information, call 253-967-3633 or visit jblmafcscheckappointments.com.

WINE, NINE AND DINE GOLF EVENING

Sign up for a fun golf evening of wine sampling, nine-hole golf and dinner at Whispering Firs Golf Course Sept. 21. The cost of \$85 per couple includes your green fees, share cart, wine and dinner. Golfing begins at 4:30 p.m. with

dinner following at 7 p.m. For more details, call Whispering Firs at 982-2124.

JBLM ID CARDS/DEERS APPOINTMENT UPDATE

The Joint Base Lewis-McChord ID Cards/DEERS Section on Lewis Main is now by appointment only. Hours of operation are Monday to Wednesday and Friday from 7:45 a.m. to 3:30 p.m. and Thursday from 8:30 a.m. to 3:30 p.m. Units should contact the Major Subordinate Command, S1 Section. Requesting an appointment is easy. Follow these steps to request appointment:

- Log in to rapidsappointments.dmdc.osd.mil.
- Click "make appointment."
- Select a state: Washington. Click "go."
- Select: second JBLM; click "submit;" click "select."
- Make an appointment.

GET THE BEST DEALS ON TEXTBOOKS

If you're studying in college, you can get the best deals on your textbooks from the Family and Morale, Welfare and Recreation's Bookstore at the Stone Education Center. Rent your course textbooks with more than 6 million to choose from online. Buy or sell used textbooks or download e-books. For more information, visit jblmmwr.com/bookstore or call 253-964-8185.

FIRE EXTINGUISHER SERVICING

All facility fire extinguishers on Joint Base Lewis-McChord must be recertified and retagged annually. Accomplish this either by contractor via GPC card or hand-carry facility extinguishers to the fire extinguisher shop located at the rear of Bldg.

TRANSITIONS: INFORMATION TO HELP WITH LIFE CHANGES

Find jobs on the "JBLMunlimited" website at jblmunlimited.com or on Facebook at [facebook.com/jblmunlimited](https://www.facebook.com/jblmunlimited).

A LIST OF UPCOMING EMPLOYMENT FAIRS

The following is a snapshot look into some upcoming employment fairs and networking opportunities:

Operation GoodJobs!
Fridays 2 p.m. Starbucks, 10314 S. Tacoma Way, Lakewood. For more information, email vet-servicesinfo@goodwillwa.org or call 253-573-6789.

Career Skills Program Briefings take place Mondays at Hawk Transition Center Auditorium. Walk-ins are welcome. Noon: trades/skills/technology/business/brief.

Mini Career Technical, Apprenticeship and Education Fair takes place Mondays at Hawk Transition Center Auditorium at 10:30 a.m. Walk-ins are welcome.

WorkSource Veterans Service Orientation briefings take place the first and third Wednesdays of the month from 9 to 11 a.m. at 500 SW 7th St., Renton, Wash. The next meeting is Wednesday. For more information, call 206-205-3500.

Brown Bag Mini Job Fair takes place every Wednesday from 11 a.m. to 1 p.m. in the Hawk Transition Center lobby. Walk-ins are welcome.

Worksource Pierce Weekly Meetings Every Thursday from 1 to 4 p.m., the WorkSource Pierce Career Center will host a weekly meeting for job seekers unemployed for 27 weeks or longer, seeking assistance to re-enter the workforce. Location is 1305 Tacoma Ave. South, Tacoma. Call 253-593-7300 or email backtowork@workforce-central.org.

IT Industry Forum will take

place at Joint Base Lewis-McChord Sept. 9. Save the Date.

What's My Next Move?
Second Monday of the month from 1:45 to 3:15 p.m. at Work Source Pierce. Next meeting is Sept. 12. Email kmyers@esd.wa.gov or call 253-552-2547.

Afterburner Transition event will take place at the Club at McChord Field Sept. 20 from 7 a.m. to 4:30 p.m. To register, email rnixon@afterburner.com.

Washington Small Business Fair will take place Sept. 24 from 9 a.m. to 3:30 p.m. at Renton Technical College at 3000 NE 4th Street, Renton. For more information, visit bizfair.org.

Redefining Your Future will take place Sept. 28-29 from 9 a.m. to 4:30 p.m. at the Washington National Guard Aviation Readiness Center (2nd Division Drive, Bldg. 6224) on Joint Base Lewis-McChord. To register, visit eventbrite.com/e/redefining-your-future.

Camo2Commerce Attention military leaders in mid-level management roles, ideally staff and senior noncommissioned officers and junior to mid-grade officers in transition. Camo2Commerce has created the Heroes Corporate Fellowship Academy to help you land a job in a position commensurate with your knowledge, skills, abilities and experience. This goes above and beyond the traditional job-seeking efforts and puts you in the driver's seat of a corporate management level role in companies like Amazon, Star-

bucks, UPS, and TrueBlue. For more information, visit: camo2commerce.com/heroes/. Attend orientation on Thursdays at 3:30 p.m. at the Stone Education Center on Lewis Main. Email rob@pacmtn.org.

Spotlight Events and Employer Hiring Check for employer spotlight events on social media at facebook.com/jblmunlimited. Sign up at sfl-tap.army.mil or with your SFL TAP Center at 253-967-3258/5599.

ELECTRICIAN JOB IN TACOMA

Tacoma Community College HR — Salary: \$44,652 to \$50,496 annually, DOE/DOQ. This position will consistently perform skilled journey level work and independently functions as a fully qualified electrician to perform skilled installation, maintenance and repair work on low voltage electrical equipment and systems of 750 volts or less such as interior wiring and cables, connections for electric machines, switches and controls, fuse boxes, breaker panels, distribution and instrument panels, buzzer and bell circuits, hearing and power circuits and distribution systems. This position provides professional and effective facility maintenance and operation services to ensure an attractive and efficient physical plant that will provide students, faculty, staff and visitors a safe and productive environment to learn, work and enjoy recreational and cultural events. To apply, visit tinyurl.com/hyj4nbx.

APPLICATION AND SYSTEM TESTER IN TUMWATER

Washington State Department of Revenue — Salary: \$4,678 to \$6,137 monthly. This position will author testing artifacts and related planning documentation, attend and participate in requirements and daily stand up meetings, use Team Foundation Server work items for test cases and bugs, use Microsoft Test Manager for Test Plan and Test Run execution and reporting, provide weekly status reports on testing activities, design, edit and execute manual and automated software tests and ability to understand application requirements from a customer's business perspective. To apply, visit tinyurl.com/j9ehtmt.

CAMPUS SECURITY OFFICER ASSISTANT

Tacoma Community College HR — Salary: \$12 per hour. Tacoma Community College is pleased to invite applications for campus security officer assistant. This is a part-time hourly position responsible to perform general duty security work, enforce laws and ordinances, maintain order, prevent and investigate crime on the Tacoma Community College Campus. This position will patrol campus buildings, grounds and parking lots to identify activities or other irregularities and take appropriate action to correct on-campus situations which could reasonably be considered detrimental or harmful to persons or property. For more information or to apply, visit tinyurl.com/z798rqc.

2014 on Lewis Main. The maximum number of extinguishers one facility manager may rotate a day is 10. For more information, call the fire extinguisher shop at 253-966-2600.

MOVING RESOURCES AVAILABLE ONLINE

Automated Housing Referral Network is sponsored by the Department of Defense and is designed to improve the process of securing available housing for relocating military families. For more information, visit ahrn.com. Defense Travel Management Office consolidates, streamlines and centrally manages commercial travel. This single point of contact ensures consistency in the department's focus, policy and execution, marking a new era in government travel. For more information, visit defensetravel.dod.mil. Defense Personal Property System is a centralized, integrated one-stop source for managing personal property moves. For more information, visit move.mil.

SKIESUNLIMITED CLASSES AVAILABLE

SKIESUnlimited offers multiday classes in art, theater, music and more during the summer for Joint Base Lewis-McChord youth. Pick and choose what days you want to enroll your children. Visit jblmcssregistration.com for the list of classes. Children must be registered with Child, Youth and School Services. For more information about registration, call 253-966-2977.

SIGN UP FOR JBLM ALERT NOTIFICATIONS

Joint Base Lewis-McChord Alert Notifications is a free service. Sign up and receive emergency notifications about road closures, severe weather, utility service interruptions and public safety messages from Pierce County and the base. For more information or to sign up, call 253-966-7526 or visit tinyurl.com/gl5g3sq.

RUSSELL LANDING VOLUNTEERS NEEDED

Enjoy being outdoors this summer? Russell Landing needs volunteers to assist with maintaining and cleaning watercraft, instructing and assisting patrons on watercraft usage and lake rules, issuing life jackets and customer service. Training will be provided. Volunteers are needed: Wednesday-Sunday from 8:45 a.m. to 5:45 p.m. Apply on myarmyonesource.com or call the manager at 253-966-0396.

NEW FAMILY HOURS AT THE BREWHOUSE

The new Samuel Adams Brewhouse recently modified its hours to allow family members younger than 21 years old to dine the first two hours of Samuel Adams' regular operating days. Current hours are Tuesdays-Thursdays from 3 to 9 p.m., Fridays from 3 p.m. to midnight and Saturdays from 4 p.m. to midnight. Menu includes quesadillas, potato skins, salads, flatbread pizzas, sandwiches, wraps and burgers and beers on tap. Check out the full menu and happy hour specials at jblmmwr.com/samueladams.



SCOTT HANSEN Northwest Guardian

ABOVE: U.S. Army Golden Knights Parachute Team member Spc. Jason Wenger exits the plane over McChord Field during the JBLM Airshow and Warrior Expo Saturday.

JBLM AIRSHOW AND WARRIOR EXPO

An aerial showcase

Thousands witness military expertise at its finest during weekendlong extravaganza on Joint Base Lewis-McChord



AT LEFT: Two members of the U.S. Air Force Thunderbirds air demonstration team perform the "Calypso Pass" high above McChord Field.

BELOW: A C-17 Globemaster III crew performs a cargo drop.



TOP: Lenny Vasquez, of Tacoma, and his son Luke, 3, watch an F/A-18 performance over McChord Field.

MIDDLE: A CH-47 Chinook performs during the JBLM Airshow and Warrior Expo Saturday.

ABOVE: A pair of young pilots enjoy a plane ride of their own at the kids' carnival during the JBLM Airshow and Warrior Expo on McChord Field Saturday.



ABOVE: Zixing Wu, of Zhejiang, China, makes video of the Thunderbirds performance over McChord Field during the JBLM Airshow and Warrior Expo Saturday.

AT LEFT: Gregory Colyer, in his T-33 Shooting Star, performs high above McChord Field.

Sports

JBLM HOCKEY

JBLM team sweeps series against Fairchild

Team wins pair of games played at Eastern Washington University

BY DEAN SIEMON
Northwest Guardian

A group of service members who have formed the Joint Base Lewis-McChord Firs hockey team played two games against a team from Fairchild Air Force Base Saturday and Sunday at the Eastern Washington University Recreation Center in Cheney, Wash.

Although winning is nice, the JBLM team had the goal of helping develop its players and getting everyone some time on the

ice. The JBLM team was leading Fairchild 5-1 after the first period of game one, which led to "B" and "C" players getting experience to finish the 7-5 win.

The second game was much closer. Fairchild scored a goal late in the third period in the second game Sunday to force overtime. The Fairchild goalkeeper tripped over a teammate while a puck entered his net to give JBLM the 4-3 win.

"It got a little out of hand (in the first game), but they're

actually a decent team who put up a good fight," said Troy Geer, a right winger for the JBLM team. "It was good to go out there and compete against a bunch of great guys."

The team from Fairchild has competed in military tournaments over the last three years, but the team does not have the same type of talent as the JBLM Firs. The nonprofit organization Hockey Saves formed a Washington state chapter about a year ago. A good portion of service members from JBLM go to weekly skates in Tacoma.

Since then, the chapter has



Courtesy of Christina Perdue

Members of the JBLM hockey team pose for picture during their weekend series with Fairchild Air Force Base in Cheney, Wash.

SEE HOCKEY, 2B

U.S. POLO ASSOCIATION CLINICS



DEAN SIEMON Northwest Guardian

Sean Hardeman, left, swings for a ball as instructor Sean Schmidt guides his horse during a clinic at the Tacoma Polo Club in Roy Saturday.

SERVICE MEMBERS GET INTO SWING OF THINGS

Cavalry once used polo to train troops, horses

BY DEAN SIEMON
Northwest Guardian

ROY — Before United States military service members used tanks and Humvees, they rode horses onto the battlefield. Polo was a sport that helped train these service members, and that is why the U.S. Polo Association would like to involve the military community in its sport.

The association has awarded grants to a number of schools and instructors to offer free clinics, including the Tacoma Polo Club in Roy. It made sense for instructor Claudia Howell to apply for the grant since Joint Base Lewis-McChord is right down

SEE POLO, 2B



Instructor Claudia Howell, left, helps Sean Hardeman with his swing during the first part of an introduction to polo clinic at the Tacoma Polo Club in Roy Saturday.

ON THE SCHEDULE

SIGN UP FOR WOMEN'S INDOOR SOCCER LEAGUE

Intramurals: A representative meeting will take place at JBLM Thursday at 6 p.m. at the Warrior Zone on Lewis North for those interested in participating in the Open Women's Indoor Soccer league beginning Sept. 17. The league is open to all members of the JBLM community with military ID, age 18 and older. For more information about the league, call 253-967-4768, or visit jblmmwr.com/intramural.

YOUTH SOCCER CHALLENGE SCHEDULED FOR SEPT. 10

Youth: The Knights of Columbus are hosting a Youth Soccer Challenge Sept. 10 at 10 a.m. at Cowan Stadium on Lewis Main. The event is open to military youths ages 9 to 14 to compete in respective age divisions. For more information or to sign up for the challenge, call 253-966-2977.

HOOPS FOR TROOPS WITH SEATTLE STORM

Sports: Members of the military community, including those at JBLM, can use a special voucher that is redeemable for four tickets to the Seattle Storm vs. Los Angeles Sparks game Sept. 11 at 4 p.m. at Key Arena in Seattle. For more information about Hoops for Troops, visit storm.wnba.com/heroes and use the code "HEROES2016."

FINAL JBCC GOLF TOURNEY SCHEDULED FOR SEPT. 16

Sports: Register for the last Joint Base Commander Golf Tournament of the year, which is set to take place Sept. 16 at 1 p.m. at Eagles Pride Golf Course on Lewis Main with a shotgun start. The fee is \$35 per golfer, which includes the green fees and a cart rental. You can sign up as an individual or form a four-person team. For more information and to register, call 253-982-2124 or 253-967-6522.

JBLM SALMON RUN SCHEDULED FOR SEPT. 17

Races: The best time to sign up for the annual JBLM Salmon Run — scheduled for Sept. 17 at Heritage Park on McChord Field — is now through Wednesday at 11:59 p.m. The early registration fee for the 12K is \$25 for those with a military affiliation and \$35 for civilians. A children's "Smolt 1K" will also be available and costs \$5 for kids with military affiliation and \$7 for civilians. The event includes a free salmon bake for registered participants. For more information and to register, visit jblmmwr.com/races.

2016 ARMED FORCES GOLF CHAMPIONSHIPS

Holmes leads Army to silver medal at golf championships

Peter Holmes, of JBLM, attempts to sink a putt during the third round of the 2016 Armed Forces Golf Championships in Fort Jackson, S.C., Aug. 20.



Armed Forces Sports

BY DEAN SIEMON
Northwest Guardian

Golf is a game where every shot counts, especially in a close match where making putts can be the difference in winning gold or silver.

Peter Holmes, a captain with I Corps on Joint Base Lewis-McChord, was one of the six men who represented the Army in the 2016 Armed Forces Golf Championships Aug. 20 to 23 at Fort Jackson Golf Club in Fort Jackson, S.C. Army finished

second place with a total team score of 1,763 — three strokes short of the Air Force men (1,760).

After qualifying for the team, Holmes had a rough start with a score of 76 in the first day of competition. He was able to improve to rounds of 74 on both the second and third day of the competition before scoring a 72 on the final day of the competition to finish with a four-day score of 296.

Holmes had the fourth best

score on the Army men's six-person team led by Brian King of Fort Rucker, Ala. King led the team with scores of 69, 71, 73 and 70 for a 283 final total. Holmes said he was OK with his performance, considering he only played in one other tournament this golf season.

"I'm not necessarily pleased because I had been stationed at Fort Jackson three years ago, so I know that course," Holmes

SEE GOLF, 2B

FROM PAGE 1B

HOCKEY

formed teams to play against Navy Region Northwest and local college clubs like the University of Washington. Many players like Marcel Alvarez and Mike Santee have played professionally or collegiately.

"They have one or two guys who have played juniors or club college, while we have 15 who have played in junior leagues or higher," said JBLM defenseman James Schuyler. "Our selection is a lot deeper than theirs. You can't fault them for anything."

The goal of having hockey games for military service members and veterans is to provide a fun outlet for those who have a passion for the sport. The two games against Fairchild did provide an opportunity for some

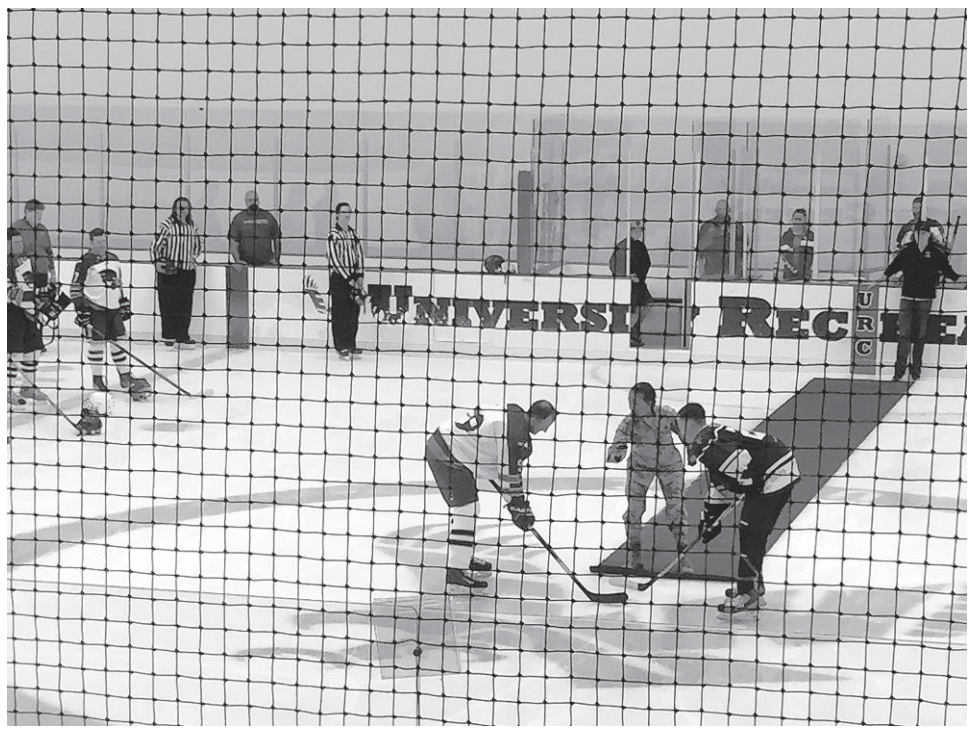
players still new to the JBLM group to build chemistry with the rest of the team.

JBLM defenseman Adam Hernesman has only been with the group for about two months after transitioning from Fort Drum, N.Y. While he played for a club at his previous duty station, tournaments were small against teams with players who never competed in junior-level hockey.

After only a few months at JBLM, Hernesman said he feels like he's part of a great community program that hopes to continue expanding with games against other local college clubs and other services around the country.

"It's really nice to go back to your glory days and play a sport you love," he said.

Dean Siemon: 253-477-0235, @deansiemon



Courtesy of Christina Perdue

The ceremonial puck drop began the first of two games over two days between hockey teams from JBLM and Fairchild Air Force Base at the Eastern Washington University Recreation Center in Cheney, Wash., Saturday-Sunday.



DEAN SIEMON Northwest Guardian

Instructor Tim Kelley, right, helps lead the horse as Michelle Gillespie practices her swing during an introduction clinic at the Tacoma Polo Club in Roy Saturday.

FROM PAGE 1B

POLO

the road from the organization's polo field in Roy, she said.

With the grant money, she offered a free introduction to polo clinic for the military community Saturday at the Tacoma Polo Club.

"The goal is to get the word out that the Polo Club is right next door," Howell said. "There are a lot of people who don't know that polo exists. This is a get-acquainted sort of event where we can show that you can do this."

There have been service members who have come out to previous clinics and classes that she offers at the Tacoma Polo Club. She said it is a good sport that service members could use as a team-bonding exercise that requires cooperation and collaboration both with teammates — and the horse.

"It's a great stress reliever because you're going hard at it and playing hard," Howell said. "Then there's the element of being around horses, which I find relaxing. It's the most fun you can have sitting down."

Before students could get on a horse, they had to learn how to swing a shorter polo mallet and make contact with the ball. This also meant learning the proper body positioning and proper swinging to account for the horse.

The technique of swinging both forward and backward took some adjustment, but the participants started to get the hang of it during a scrimmage between them and the instructors.

"At first, I felt like my wrist was really being overworked," said April Henderson, who came to the class with her husband, Spc. Sean Hardeman, assigned to the 657th Field Artillery Battalion.

Then students were brought



Claudia Howell, right, goes over body position and technique with April Hardeman during a clinic at the Tacoma Polo Club in Roy.

to the horses and taught to tie the tails into braids, so that they wouldn't get caught up with the mallets. After wrapping their

legs and putting pads on them, the horses were ready for mounting with an English-style saddle.

It was much different than the saddles most horse riding classes and sports use, but it didn't seem to bother anyone in the class.

"I actually found the English saddle was more comfortable," Hardeman said.

The students took the polo field with instructors leading the horses. This allowed the students to focus more on swinging the polo mallets — now at six feet long — properly to hit the ball. There were some misses, but by the end of the two-hour clinic, there were three naturals leaving the club.

Hardeman said he would likely speak with members of his unit to try the sport out and maybe sign up for a class with the Tacoma Polo Club.

"It would be a great exhibition for a unit fundraiser, a family day event or a good team building exercise," he said.

Dean Siemon: 253-477-0235, @deansiemon

FROM PAGE 1B

GOLF

said. "I just couldn't putt well. I had about 30 putts in each round."

The Air Force team was led by Kyle Westmoreland and had a total four-day score of 280. Westmoreland's best games included a round of 69 in day two and a round of 68 on the final day. He finished first among all male golfers at the championship.

The Air Force led by eight strokes after the first day, followed by Army building a huge lead after doing 13 shots better than Air Force. The Air Force

team scored eight under part in the third day and about 11 under par on the final round.

"They just played better golf than us those last two days," Holmes said.

The Navy team took third place with a six-person total score of 1,819, followed by the Marines with a score of 1,865. It was clear after the first couple of rounds that it was going to come down between the Army and the Air Force.

The top three players from Army and Air Force were selected to compete for the U.S. Armed Forces team in the International Military Sports Council Golf Championship in Amsterdam, Netherlands that started Sunday.

It was just the second time Holmes has qualified to play for All-Army and the first since 2011. Being an active-duty service member does put a damper on training for golf tournaments, but Holmes said he is hopeful he will have a chance at coming back for the 2017 Armed Forces Golf Championship.

"Competition is the only thing that drives your focus," Holmes said. "I'm looking forward to the spring season and trying to focus on (United States Golf Association) events, local state events and finding other players to compete against."

Dean Siemon: 253-477-0235, @deansiemon



Armed Forces Sports

Capt. Peter Holmes, of JBLM, watches his approach shot during the 2016 Armed Forces Golf Championships in Fort Jackson, S.C., Aug. 20.

FALL FLEA MARKET



MWR FEST TENT

2200 Liggett Ave. at Lewis Main

**Saturday
Sept. 10
8AM-NOON**

Want to sell your home & yard items?

- You must be an authorized ID cardholder to sell.
- Email specialevents@jblmmwr.com for reservations or download an application from JBLMmwr.com under Special Events.



SUNDAY BOWLING SPECIAL



\$43

INCLUDES:

- 1.5 hours of bowling
- 4 shoe rentals
- \$15 same day snack bar voucher

Limit 6 people per lane Additional shoes \$2.75 per pair
Additional time \$9/half-hour Voucher has no cash value

2272 Liggett Ave.
JBLM Lewis Main
253-967-4661

JBLMmwr.com

737 Jackson Blvd.
JBLM McChord Field
253-982-5954



**Saturday Sept. 17
Heritage Hill
McChord Field**

**Register at
JBLMmwr.com**



**FREE SALMON BAKE
FOR RACE PARTICIPANTS**



BECOME A CERTIFIED BABYSITTER

Reserve your seat in an upcoming free course!

SEPT 15-17
Hillside Youth Center

For ages 12+ to learn basic care,
first aid, CPR & more
253-967-4441

fb.com/JBLMcyss | @JBLMteens



McChord Library Presents

Feng Shui

September 17 | 11 a.m.

Do you ever get the feeling that something is not quite right in your home, but don't know what? Learn how simple changes in your home can affect your life.

Register through our homepage or call 253-982-3454.

Harborstone Credit Union

851 Lincoln Blvd. | JBLM McChord Field | JBLMmwr.com

SAMUEL ADAMS BREWHOUSE

NEW HOURS START 1 SEPT!

Hours of Operation
NOW OPEN: Sunday: 9:30 am - 10 pm
Monday: 3 - 10 pm
Tue-Wed: Closed
Thursday: 3 - 10 pm
Friday: 3 pm - Midnight
Saturday: 9:30 am - Midnight

Schedule your Right Arm Nights with us!
Catch all major sporting events here!
Enjoy 16 different beers on tap!
Watch all UFC Pay Per Views here!

Happy Hour Specials
Enjoy our Happy Hour specials from 4 to 6 pm

50% off Appetizers!
Roasted Red Pepper Hummus
Potato Skins
Pepperoni Flatbread
Chicken Quesadilla
Cheese Quesadilla

Drinks
\$2 Off a Pitcher of Samuel Adams Draft Beer
\$1 Off 16oz Domestic Draft

Ages 21 & up

2400 S Division
Lewis Main, WA
(253)964-2012

BOOK PATCH LIBRARY PRESENTS

Come Craft, Create and Conversate Girls Club!

For tweens and teens!

BEAD IT!
September 9 | 4-5 p.m.

THE COFFIN CORNER!
October 14 | 4-5 p.m.

NAIL IT, STRING IT & HANG IT-BEAUTIFUL!
November 18 | 4-5 p.m.

DREAM WARRIORS!
December 9 | 4-5 p.m.

No registration required!
For more information, call 253-967-5533.

2109 N 10 & Pendleton
JBLM Lewis Main
JBLMmwr.com

JUNIOR PHEASANT HUNT

Dedicated to the young sportsman; open to hunters ages 15 & younger.

Preregistration required in person at the NAC!
Participant hunting registration starts **Sept. 1 at 9 a.m.** at the Northwest Adventure Center, 8050 NCO Beach Rd. All hunters must bring current documentation, review a safety film and receive your registration hunting permit number. Call 253-967-6263 (NAC) or 967-7056 (Skeet Range) for more information and guidance. No youth will be turned away.

The two-day hunt is Sept. 17 & 18

7 a.m.: Organize dogs & handlers, safety brief to hunters & handlers
8 a.m.: Organize hunters & dogs with handlers. Hunting will begin!
Training area 12 is projected for the youth hunt.

Remember your camera!
If you want to volunteer, we'd like to talk to you!

For more details, call 253-967-6263 (NAC) or 967-7056 (Skeet Range)

END OF SUMMER AUCTION

NORTHWEST ADVENTURE CENTER GUN & SCUBA SALE

Everything must go!

Scuba gear - Sept. 24
Guns - Sept. 17

8050 NCO Beach Rd. at Lewis North

NFL at Sam Adams

Kick off football season right at Sam Adams Brewhouse JBLM!

Catch ALL the NFL action LIVE on our big screens
16 beers on tap, plenty of great food & more!

2400 Bitar & S. Division
JBLM Main

HOURS:
Monday 3-10 pm
Tuesday Closed
Wednesday Closed
Thursday 3-10 pm
Friday 3 pm-Midnight
Saturday 9:30am-Midnight
Sunday 9:30 am-10 pm

OPEN WOMEN'S INDOOR SOCCER

REP MEETINGS:
September 8 at 6 p.m.
Warrior Zone
11592 17th & D St., Lewis North

LEAGUE PLAY:
September 17

For more information, visit JBLMmwr.com/intramural or contact the Intramural Sports Office at 253-967-4768.

Open to JBLM Community ID cardholder ages 18+

The Novel Navigators

Adult Book Discussion Group

September 14 • 4:30 p.m.
McChord Library

Our Book Discussion Group will meet to discuss "The Husband's Secret" by Liane Moriarty.

Registration is required.

851 Lincoln Blvd., McChord Field | 253-982-3454

KIDS BOWL FREE

SUMMER BOWLING PROGRAM

SIGN UP NOW FOR 2 FREE GAMES EVERY PROGRAM DAY ALL SUMMER

Check online for details!

www.KidsBowlFree.com

BOWL ARENA LANES & SOUNDERS LANES

ANDROID APP ON Google play

Available on the App Store

KEEP IN TOUCH ON THE GO!

with JBLM MWR's apps for iOS & Android.
Event Info, GPS directions & Hours of Operation
Search for "JBLM MWR" or scan the QR code



Kobe Petite Sirloin Steaks & London Broil **\$7.99** Lb.
 Save \$3.00 Lb.

Angus

Flank Steaks **\$6.99** Lb.
 Save \$4.00 Lb.

Red Hook Bratwurst **\$6.99** Lb.
 Only \$3.99 Lb.

Pork Baby Back Ribs **\$3.99** Lb.
 Save BIG!!
 No Hormones • All Natural

Garlic & Black Pepper Pork Tenderloin Kabobs **\$3.99** Lb.
Fajita Rubbed Pork Cap Steaks **\$2.99** Lb.
 Great for Fajitas

Deli Sliced Back to School
Lemon Pepper Turkey Breast **\$3.99** Lb.
Honey Ham **\$4.99** Lb.
Medium Rare Roast Beef **\$4.99** Lb.

They're Here! New Crop! Amazing Tasting *CRUNCHY* Honeycrisp Apples **\$1.99** Lb.
 ALWAYS FREE SAMPLES!



New at Tacoma Boys • Delicious Fresh Genuine French Pastries!
 Made Locally by Jean Claude - A French Pastry Chef of 50 Years - You Will Love 'Em! Enjoy!

Sweet Crunchy Fuji Apples **99¢** Lb.

Local Growth Sweet Juicy Bartlett Pears **99¢** Lb.

Local Growth Big Sweet Juicy Nectarines **\$2.99** Lb.

Local Growth Tacoma Boys Famous Big Juicy Peaches **\$2.99** Lb.

Local Growth Yakima Beefsteak Tomatoes **\$1.99** Lb.

Local Growth Fresh Picked Cabbage **50¢** Lb.

Local Growth Crispy Cucumbers **2 For \$1**

Local Growth Fresh Broccoli Crowns **\$1.00** Lb.

Local Growth Fresh Red & Green Leaf Lettuce **\$1.00** Head

Local Growth New Crop Russet Potatoes **\$3.00** Lb.
 TEN POUND BAG

Vine Ripe Roma Tomatoes **\$1.00** Lb.

Local Growth Super Sweet Walla Walla Sweet Onions **\$1.00** Lb.

Amazing Tasting Orange Flesh Honeydew Melons **\$1.50** Lb.
 ALWAYS FREE SAMPLES

Local Growth Seedless Watermelons **69¢** Lb.

Local Growth Big Juicy Black Plums **\$1.99** Lb.

PELICAN PUB & BREWERY
BEAK BREAKER DOUBLE IPA **\$5**

HALT! Pick of the Week! Watermill Winery Chances R Red **\$16**
 It's back and better than ever!!

HALT! Pick of the Week! Cavatappi 2015 Pinot Grigio **\$10**
 One of the best values around! Try the Sangiovese too!

HALT! Pick of the Week! Cavatappi 2015 Pinot Grigio **\$10**
 One of the best values around! Try the Sangiovese too!

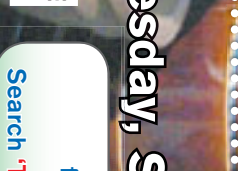
Ceramic Pot Blowout Sale! All Ceramic Pots BUY ONE GET TWO FREE!

New Crop! Sweet Crunchy Gala Apples **69¢** Lb.
Picked Fresh Every Morning! Super Sweet Incredible Corn **\$3.00** Half Dozen!

Wild Alaskan Copper River Sockeye Fillet **\$12.99** Lb.
Wild Fresh Red Rock Snapper Filets **\$6.99** Lb.
 Save \$4.00 Lb.
Wild Cold Water Lobster Tails **\$8.99** Ea.
Wild Red King Crab Legs **\$14.99** Lb.
 Save \$5.00 Lb.
Wild Fresh Sweet Manila Clams **\$5.99** Lb.
Wild Fresh Live Medium Oysters **\$8.99** Dz.

TACOMA BOYS
 Tacoma • 5602 6th Ave., Tacoma 253-756-0902
 Puyallup • 901 39th Ave. SW. & 94th 253-864-8568

OPEN 24 hours 7 Days a Week



Valid thru Tuesday, September 6th
 Like us on Facebook for daily Facebook specials!
 Search 'Tacoma Boys Markets' and click Like!

H&L PRODUCE
 7320 Lakewood Dr. W.
 253-471-1830
OPEN 24 hours 7 Days a Week



southsoundclassifieds.com

place your ad. browse by listing.
search by keywords.

253.428.8000

southsoundclassifieds

Northwest Guardian your easy solution anytime, **print+online**

Merchandise

Appliances

APPLIANCES- Largest Selection Of Washers - Dryers - Ranges- Refrigerators- Freezers. Terms & Delivery Available* Recycling Appliances In Pierce Co. Since 1982* TV Time - 581-3406. 8814 Bridgeport Way- Home of the 1-yr Warranty

Lawn & Garden Supplies

Craftsman T1400 Lawn Tractor, NEVER USED. \$1000. CASH ONLY. 253-272-8502

Misc. Merchandise

3 Cemetery Lots at Mountain View Cemetery in Tacoma \$4,000 each OR trade for RV 360-972-9190

I BUY: Small Antiques, old ham radio equipment, tubes, hi-fi components, large speakers, etc. 360-819-0957

Pool table, 8ft/slate. Exc. cond. Access. & cover. BEST OFFER. 253-858-7505

What are you looking for? Find it in Classified! 253-428-8000

Financial

Financial

MONEY TO LOAN
Private local investor has cash to loan on real estate equity. Fast Cash, No Credit req. Mr. Unger 253-858-4440

Animals & Pets

Dogs

AKC German Shepard, Shebalnu, Coonhound Puppies, Sugar Gliders 360-400-0205

If you have a job opening, nothing will fill it faster than a help wanted ad in the News Tribune! PLACE YOUR AD TODAY!
253-428-8000
www.southsoundclassifieds.com

Agricultural

Farm Products/Supplies

Fresh Albacore Tuna
Dock 8 in Westport \$2.59 lb
360-268-1328

Real Estate

Apartments/Condos

Olympia

FREE CABLE FOR A YEAR!!!
2BR apts \$950 mo w/s/g/ parking & on busline. 360-584-2120

Rooms for Rent

ROOM FOR RENT , nice, quiet home in Tac. \$485mo or \$575 for mstr bedrm SS & Disability Welcome 253-213-9372

THE POWER OF 3
Gets Results!

I Sold My Car for \$32
and Made a Bundle!

Get a photo and a classified ad in The News Tribune, plus an online ad on cars.com for \$32
Ads run for two weeks

southsoundclassifieds
253.428.8000
southsoundclassifieds.com

Other

EXTRA INCOME OPPORTUNITIES

delivery

Earning Potential \$800-\$1500 monthly

To join our team of independent contractors, you must be at least 18 years old and have a valid driver's license, as well as reliable transportation. Newspaper carriers are independent contractors and are not employees of The News Tribune or The Olympian. Interested? Call today.

For Puyallup, Edgewood, Milton, Spanaway, Graham: Daybreak Delivery, 253.435.1538
For Lakewood, Steilacoom, South Tacoma, North Tacoma, East Tacoma, Fircrest, University Place, Shelton, Ocean Shores: ABC Distribution, 253.278.6719

Who Does It! Find the right business for your home, garden, pet, personal service needs and more right here!

Business and Services

Cleaning Janitorial

MI'S HOUSEKEEPING
Making Customers Happy for over 25 yrs!
Specials for New Customers
4 HR service - \$84
8 HR service - \$158
(253)-926-1012 www.mjshousekeeping.com

REYNA'S CLEANING SERVICES
23 Yrs Exp. Commercial, Homes & Apts.
Move In/Out: Call For Details. Lic/Ins.
4Hrs = \$85 New Client 253-334-0942

Home/Business Improvement

ACE CONSTRUCTION "ROOF PROS"
Complete Roofing Service
BEST PRICES and IMPECCABLE REFS.
Leak Repair Special. BBB "A" rated
Free Est. Senior Disc. #accoc932de
CALL BRUCE 253-389-4758

ALL WAYS- Roof & Gutter Cleaning
\$99 SUMMER SPECIAL! Most homes
free est. #HANS129ZAN 253-282-2373

DAVE OWENS PAINTING
Interior/Exterior
FREE EST! 20 yrs exp! Military and Sr Disc. #dave00p895qb 253-202-8196

Home/Business Improvement

BAILEY'S SPECIALTY SERVICES
PAINTING Lic# 603619568
1 Story Starting At \$1,299
2 Story Starting At \$1,999
Ask About Our Services 253-455-9021

DON'S ROOFING & CONSTRUCTION
Repair & Replacement Free estimate
253-984-0743 donsci973kb
www.donsroofingandconst.com

I-5 PAINTING

Exterior Painting
\$2,395-\$4,595 Most Homes.
Incl Labor & Materials. Guaranteed
10% Off Remodeling
TACOMA: 253-219-2903
Call Or Text 24/7 | lic#i5paint844bn

FRIENDSHIP BUILDERS
BATHROOMS: Tubs, Tile, Floors, Dry Rot, Etc. Lic#frienb*946p3 Nate 253-405-0463

GRAY'S ROOTER
FAMILY OWNED PLUMBING COMPANY
* Drain cleaning
* Sewer & septic problem solving
* Camera line inspections
* Water line replacement & MORE!
Lic# GRAYR857KM FREE est!
253-313-3865 or 253-353-3168
graysroooter@outlook.com

JOE'S PLUMBING
Repairs, Repipe, Water Heaters
#joesp183pq 253-381-4525

JOHNS DRYWALL & PAINTING
Drywall, Hang, Tape & Texture.
Interior/Exterior Painting
1 Story Starting = \$1,995
2 Story Starting = \$3,495
Prep & Paint Included
Lic#johnsdp938ps | 253-820-1171

JT ROOFING Specialist, tear off & reroof, Press. washing, 15 years exp. Free est. LOW PRICES!
253-222-1136
www.jtroofinglandscaping.com

ROOF & GUTTER CLEAN/REPAIR
Pressure Washing, Ashes To Beauty
Lic/Bond/Ins | 253-381-3057

Senior Citizen Plumbing
\$20 OFF ANY ONE SERVICE!
"We Do All Ages!"
www.seniorcitizenplumbing.com
253/858-7599, 848-5221, 475-6115
Lic/Bond/Ins. Lic# seniop882d3

TRADEMARK
20+ YRS IN SKILLED TRADE
Specializing in Excavation & Foundations concrete, landscape, remodels & decks. LIC/BOND/INC #603600800 Bruce 253-449-7888

Home/Business Improvement

The Great Northwest Building Company Inc
FREE On Site Consultation & Estimate.
Design / Build Room Additions & Homes, Garages, All types of Remodeling, Kitchens, Bathrooms, Structural Repairs, Decks / Foundation to Finish greatnorthwestbuilding.com
Lic#greatnb022n4 | 253-847-4710

THE WINDOW GUYS
Energy Efficient Windows & Doors
Lic/Bond/Ins lic# windog*933bq
FREE EST! SR. DISC. | 253-380-4496

Tony Marques Landscaping & General Contractor

- Fencing • Roof/gutters
- Tree service • Top soil
- Painting • Seeding/pruning
- Pressure washing • Concrete
- Sprinkler system • Cement
- Trash hauling • Comm/resid.
- Sidewalks

Professional work PLUS 10 years exp! Lic/Ins/Bons. FREE EST!
360-801-7337

Junk Removal

EZ HAULERS
We Haul Anything
Home - Garage - Yard Clean Up
LOWEST RATES! 253-310-3265

Lawn/Lndscpng/Trees

Affordable Landscaping & Maintenance
All Spring Clean-Ups, Lawn Cutting, Hedges, Edge, Trim, Weed, Land Clearing, Planting & Pruning, Bark, Hauling, Roof Cleaning & More! Free Est
Call Domingo | 360-551-6172

ALPHA Y LA OMEGA
Get your projects ready before summer ends! All landscape construction & maintenance. Resid & Comm. Clean ups, Patios, Decks, Fences, Hauling, Removal Tree Pruning, 10% disc for NEW customers & SENIORS! Lic#ALPHAYL944LI
360-740-9754 360-880-3347
alphaylaomega.com

JT LAWN SERVICE
Lawn Maint., Sod, Full Clean Up's, Sprinkler System, Retain Walls, Concrete Work, Fence, Comm & Resid. LOWER PRICES! FREE ESTIMATES!
www.jtroofinglandscaping.com
★ 253-222-1136 ★

LATINOS LANDSCAPING
Specializing In Lawn Service
Clean-Ups, Trees, Bark, trim & hedging, hauling, Etc.
Blackberry Removal. FREE EST!
Comm/Res. Lic# 603602698
253-882-7625 | 253-468-7279

LATINOS LAWN SERVICE
All yard work, clean ups, Berries, Bark, Hauling junk removal! LOW PRICES!
lic/ins FREE EST. 7 days/wk
★ 253-209-0973 ★

NGUYEN YARD WORK & Lawn Maint.,
yard clean-up, tree trim/prune, remove stumps, thatch, aerate, overseed, moss killer, fertilize, beauty bark, power wash gutters & driveways, repair sprnklr sys, new lawns. Call Nguyen 253-279-4324.

Lawn/Lndscpng/Trees

TORRES FAMILY LANDSCAPING LLC
Lawn Care, Year Round Maintenance, Bark, Sod, Irrigation. Comm/Res. FREE ESTIMATE! lic#torrefi859pb
Lic/Bond/Ins | 253-590-7537

Misc

JT FENCE
New Fences & Repair, wood/chainlink, decks, comm/residential Free est. Jtlanif889me Lower Prices!
www.jtroofinglandscaping.com
★ 253-222-1136 ★

Interact with the FUN side of the military!

VISIT US ONLINE
at Joint Base Lewis-McChord

iFollow JBLM

JBLMmwr.com/mobile

facebook.com/JBLMFamilyMWR

twitter.com/JBLMmwr

flickr.com/jblmmwr/sets

MWR
SERVICE MEMBERS • FAMILIES • RETIREES • CIVILIANS

www.JBLMmwr.com

Pick up a copy of this month's Focus Magazine
Joint Base Lewis-McChord MWR's fun, food, travel & well-being guide

Available at MWR facilities and select JBLM locations.
Prefer a digital copy? Visit JBLMmwr.com/focus



KEEP IN TOUCH ON THE GO!

with JBLM MWR's apps for Android and iPhone
Search for JBLM MWR

MOBILE JBLM MWR
Scan the QR code for easy access!

MOBILE JBLM MWR
Now in the App Store. Scan the QR code for easy access!






MILITARY ★ PROGRAM ★



YOU PROTECTED US. IT'S TIME WE RETURN THE FAVOR.

After all you've done to protect our country, you deserve the best. So we're giving the brave men and women of the military* the opportunity for big savings on top of all current incentives.* Like up to \$1000 on select models. If you're an Active or Reserve U.S. Military, U.S. Retired Military who completed at least 20 years of Active or Reserve duty, or a U.S. Veteran discharged from active service within the past year, Nissan's Military Program is open to you and your spouse or partner. To get started, just print your Military Program Certificate, gather your proof of eligibility, and head to your local Nissan store today.*

Visit NissanUSA.com/military



**Innovation
that excites**

*Eligibility requirements apply: Eligible individuals include U.S. Active and Reserve Military, U.S. Military Veterans within 12 months of separation from Active or Reserve duty, U.S. Military Retirees that have completed at least 20 years of Active or Reserve duty required. Military cash certificate available towards the lease or purchase of a qualifying new Nissan vehicle from dealer stock. Excludes Nissan Versa Sedan S Trim, Maxima, Murano, Murano Cross Cabriolet, 370Z, Quest, Pathfinder, Armada, Titan, GT-R and NV. Military cash certificate amount varies by qualifying model. Offer valid from 3/1/16 through 3/1/2017. Limit up to 2 vehicle leases or purchases per calendar year per qualified participant for personal use only. Offer not valid for fleet or business use. Down payment may be required. Available on lease or purchase. Must take delivery from new dealer stock. Subject to residency restrictions. Other restrictions apply. See dealer for details. Offer is subject to change at any time. Always wear your seat belt and please don't drink and drive. Nissan, the Nissan Brand Symbol, Innovation That Excites, and Nissan model names are Nissan trademarks. ©2016 Nissan North America, Inc. All rights reserved. Visit www.ChooseNissan.com.

JBLM
NORTHWEST

guardian weekend

SECTION C

ALSO INSIDE:
For more fun things to do,
see the JBLM calendar. 2C



COVER STORY

DO THE PUYALLUP

A quick preview of the Washington State Fair, 3C

FOR THE WEEK OF SEPTEMBER 2-8

2

SAMUEL ADAMS BREWHOUSE JBLM 3 p.m. to midnight. Taste signature brews, sample delicious menu items and enjoy the friendly atmosphere.

THE BISTRO AT RUSSELL LANDING 11 a.m. to 2 p.m. Crabby melt sandwich w/ choice of side for \$13.95.

SOUNDERS LANES FAMILY FUN CENTER 11 a.m. to 10 p.m. Chicken-fried steak for \$7.75.

WARRIOR ZONE CAFE 10 a.m. to 11 p.m. Trading Card Game Night at 9 p.m. Ages 18 and older only.

3

WARRIOR ZONE 10 a.m. to 1 a.m. PC: League of Legends at 2 p.m., Dungeons and Dragons at 5 p.m., anime in the theater at 8 p.m. 18 and older only; no cover charge.

4

WHISPERING FIRS HABAÑERO MEXICAN GRILL 7 to 10:30 a.m., 11 a.m. to 2 p.m. Order a hearty breakfast burrito or traditional breakfast for your Sunday morning out in the new outdoor dining area.

5

WARRIOR ZONE 10 a.m. to 11 p.m. Save with Happy Hour specials 5 to 7 p.m. weekdays: Reduced prices on all brews and select appetizers. Ages 18 and older only.

WHISPERING FIRS GOLF COURSE Green fees are \$20 Mondays after 11 a.m.

6

SOUNDERS LANES FAMILY FUN CENTER Chicken bacon ranch wrap for \$7.75.

THE BISTRO AT RUSSELL LANDING 11 a.m. to 2 p.m. Caribbean jerk chicken with rice and beans for \$14.95.

BATTLE BEAN DRIVE-THRU and STONE ED BATTLE BEAN Receive a free flavor upgrade on any coffee drink.

STONE ED BATTLE BEAN 2 to 4 p.m. Get in on "double-punch" happy hour.

WARRIOR ZONE CAFÉ 10 a.m. to 11 p.m. Tasty flatbread pizza, gourmet sandwiches, wraps, quesadillas and much more. Ages 18 and older only.

7

BATTLE BEAN DRIVE-THRU and STONE ED BATTLE BEAN Get one free espresso shot in your coffee order.

THE BISTRO AT RUSSELL LANDING 11 a.m. to 2 p.m. Carne asada with refried beans and Spanish rice for \$14.95.

SOUNDERS LANES FAMILY FUN CENTER 11 a.m. to 9 p.m. Ask about healthy combo options to include with your meal —side salad or apple slices instead of fries. Spaghetti and meatballs for \$7.75.

EAGLES PRIDE GOLF COURSE Green fees are \$20 Wednesdays after 11 a.m.

8

WARRIOR ZONE 10 a.m. to 11 p.m. Macho nachos for \$5.50 or meatball sub for \$4 during the kick-off game. Ages 18 and older only.

SAMUEL ADAMS BREWHOUSE JBLM Catch NFL games every Thursday, Sunday and Monday nights. Check out happy hour specials. Great food and plenty of Samuel Adams beer on tap. Stein Hoist competition is tonight.

THE BISTRO AT RUSSELL LANDING 11 a.m. to 2 p.m. BLT club sandwich with choice of side for \$11.95.

STRIKE ZONE AT SOUNDERS LANES 11 a.m. to 3 p.m. Beef Stroganoff over noodles for \$8.25.

JOINT BASE LEWIS-MCCHORD MARKETPLACE DIRECTORY

Battle Bean at AFC Arena	253-964-8837
Bowl Arena Strike Zone	253-967-4661
Caddy Shack Bar & Grill	253-964-2792
Cascade Community Center/ Heroes Lounge	253-964-0331
Globemaster Grill at McChord Club	253-982-5581
McChord Catering	253-982-8175
The Bistro at Russell Landing	253-964-2813
The Warrior Zone (Lewis North)	253-477-5833
Whispering Firs Habanero Mexican Grill	253-982-3271
To see menus, visit JBLMmwr.com.	

AT THE MOVIES

Carey Theater on Lewis Main

Jason Bourne (PG-13)

Friday at 7 p.m.

Ice Age: Collision Course (PG)

Saturday at 3 p.m.

Jason Bourne (PG-13)

Saturday at 7 p.m.

Jason Bourne (PG-13)

Sunday at 3 p.m.

Jason Bourne (PG-13)

Sunday at 7 p.m.

MOVIE TIMES

FRIDAY

TACOMA AREA

BLUE MOUSE THEATRE: 253-752-9500

Ghostbusters (PG-13) 7

GRAND CINEMA: 253-593-4474

Morris from America (R) 2:25, 4:45, 7, 9:10 Southside With You (PG-13) 2:15, 4:30, 6:35, 8:40 Don't Think Twice (R) 2, 4:15, 6:45, 9 Florence Foster Jenkins (PG-13) 12:45, 3:15, 6, 8:30

LAKEWOOD TOWNE CENTER CINEMAS: 888-262-4386

The Light Between Oceans (PG-13) 10:45, 12:15, 3:30, 6:30, 9:35 Morgan (R) 11:05, 1:55, 4:45, 7:15, 9:30 Don't Breathe (R) 10:35, 12:45, 3:15, 5:30, 8, 10:30 Hands of Stone (R) 11:40, 2:30, 5:10, 7:50, 10:25 Mechanic: Resurrection (R) 11:30, 2, 4:35, 7, 9:25 Kubo and the Two Strings (PG) 1:45, 2:15, 4:15, 6:55, 9:25 War Dogs (R) 10:30, 1:20, 4:15, 6:45, 9:30 Pete's Dragon (PG) 1:50, 7

Sausage Party (R) 12:55, 3:25, 5:45, 8:10, 10:25 Suicide Squad (PG-13) 10:45, 1:35, 4:30, 7:30, 10:15 Bad Moms (R) 7:55, 10:20 Jason Bourne (PG-13) 11, 1:55, 4:05, 9:40 Star Trek Beyond (PG-13) 11:10, 4:40, 7:25, 10:10 The Secret Life of Pets (PG) 10:40, 1:10, 3:20, 5:40

REGAL LAKEWOOD STADIUM 15: 844-462-7342

Morgan (R) 2:10, 4:40, 7:30, 10 Don't Breathe (R) 2:30, 5:10, 7:20, 8, 9:45, 10:15 Mechanic: Resurrection (R) 1:40, 4:30, 7:10, 9:55 Southside With You (PG-13) 2:15, 4:50, 7:40, 10:05 Ben-Hur (PG-13) 1, 6:30 Kubo and the Two Strings 3-D (PG) 9:30 p.m. Kubo and the Two Strings (PG) 1:30, 4:10, 6:50 War Dogs (R) 3:50, 9:30 Hell or High Water (R) 1:50, 4:25, 7, 9:50 Pete's Dragon (PG) 1:05, 3:35, 6:10, 9 Sausage Party (R) 2:40, 5:15, 7:50, 10:10 Suicide Squad (PG-13) 1:20, 4:20, 6:40, 9:35 Jason Bourne (PG-13) 2, 5, 6:45, 9:40 Ice Age: Collision Course (PG) 1:35, 4 Lights Out (PG-13) 8:10, 10:20 Star

Trek Beyond (PG-13) 2:20, 5:20, 8:20 Ghostbusters (PG-13) 6:20, 9:10 The Secret Life of Pets (PG) 1:25, 3:55 Finding Dory (PG) 1:10, 3:40

CENTURY POINT RUSTON AND XD: 800-246-6215 #3238

Bad Moms (R) 10:10 p.m. Don't Breathe (R) 10:40, 1:10, 4:10, 7, 9:50 Finding Dory XD (PG) 9, 2:40, 5:10 Kubo and the Two Strings (PG) 9:20, 12:20, 3:20, 6:20, 9:20 Mechanic: Resurrection (R) 10:50, 1:50, 4:50, 7:50, 10:50 Morgan (R) 9:50, 12:40, 2:50, 5:40, 8, 10:30 Pete's Dragon (PG) 9:40, noon, 2:30, 5, 7:30 Sausage Party (R) 10, 11:50, 2:20, 4:40, 7:20 Star Trek Beyond XD (PG-13) 11:30, 7:40, 10:40 Suicide Squad (PG-13) 10:20, 12:50, 4, 6:40, 10 War Dogs (R) 10:30, 1:20, 3:50, 6:30, 9:30

PUYALLUP

LONGSTON PLACE: 253-770-9901

The Light Between Oceans (PG-13) 1, 4, 7, 9 Morgan (R) 2, 4:30, 7:30, 10 Don't Breathe (R) 1:40, 4:40, 7:20, 10 Mechanic: Resurrection (R) 1:50, 4:50,

7:40, 9:40 Ben-Hur (PG-13) 1:15, 4, 6:45, 9:30 War Dogs (R) 1:10, 3:50, 6:40, 9:20 Hell or High Water (R) 1, 3:50, 7:10, 9:40 Sausage (R) 2:15, 4:45, 7:15, 10:10 Suicide Squad (PG-13) 1:20, 4:20, 7:20, 9:50 Bad Moms (R) 1:45, 4:10, 6:30, 10:10 Jason Bourne (PG-13) 2:20, 5:20, 8:20 Nerve (PG-13) 2:45, 5:15, 7:45, 10:05 Star Trek Beyond (PG-13) 1:05, 3:45, 6:45, 9:30 Ghostbusters (PG-13) 2:40, 5:50, 8:40

SOUTH HILL MALL SIX: 253-445-8801

Kubo and the Two Strings 3-D (PG) 3:25, 8:45 Kubo and the Two Strings (PG) 12:50, 6:10 Florence Foster Jenkins (PG-13) 12:45, 3:20, 5:55, 8:30 Pete's Dragon (PG) 12:55, 3:35, 6:15, 8:50 Ice Age: Collision Course (PG) 1:10, 3:45 Hillary's America: The Secret History of the Democratic Party (PG-13) 6:05, 8:30 The Secret Life of Pets (PG) 1, 3:40, 6:20, 8:55 Central Intelligence

SEE MOVIES, 6C



PATRICK HAGERTY

The Washington State Fair Western Rodeo Parade kick offs rodeo weekend Sept. 9. The parade travels down Meridian Street in Puyallup. The fair runs Friday through Sept. 25.

WASHINGTON STATE FAIR • SEPT. 2 - 25

Ain't nothin' like 'The Fair'

BY RIO FERNANDES
Northwest Guardian

One of the state's premier outdoor events, the Washington State Fair at the Puyallup Fairgrounds, kicks off Friday and will run through most of the month, concluding Sept. 25. Hundreds of thousands of people from around the state and the world are expected to attend

➔ ONLINE

For more on the schedule of events at the Washington State Fair, visit thefair.com

and enjoy the array of events.

Service members should also know that every Monday at the fair is Military Appreciation Day, which grants free admission to

SEE FAIR, 11C



The Washington State Fair Columbia Bank Concert Series will feature a wide range of artists this year, including Kid Rock, DNCE, Smash Mouth, Alan Jackson and Jimmy Buffett.

SEPTEMBER 2-4

ALPINE CLUBS HOSTS
MOUNT RAINIER CLIMB

Rising 14,410 feet above sea level, Mount Rainier offers nearly unlimited climbing possibilities. Tackle some of the 60 climbing routes on this iconic symbol of Washington state with the Joint Base Lewis-McChord Alpine Club. Transportation and gear are provided on multiday trips. Prerequisite requirements: demonstrated skills or completion of the Alpine Club's Basic Alpine Climbing Course. A \$150 non-refundable climbing permit fee or full payment is required upon registration for each trip. Full trip details will be provided upon registration. For more information, email jblmalpine-club@gmail.com. **\$750.**

SEPTEMBER 3

NIGHT KAYAK TRIP IN
PUGET SOUND

Head to Seattle's Shilshole Bay to kayak this beautiful area at night. This location of the Puget Sound is known for its bioluminescent plankton and algae. Paddle toward Discovery Park and its West Point Lighthouse, along the way trying to catch the glow of the sea. Minimum age: 12. Depart from the Northwest Adventure Center at Lewis North at 6 p.m. **\$75.**

SEPTEMBER 4

TAKE THE ATV
RIDERCOURSE

In this half-day course, ATV Safety Institute instructors will guide you through the fun and excitement of safely riding an ATV. We ride rain or shine, so dress for the weather. ASI ATV RiderCourse™ certification will be awarded upon completion. Minimum age: 16. Meet at the JBLM ORV Park at 9 a.m. **\$35.**

DESTINATION SUP YOGA
TRIPS AROUND REGION

Break down the barriers of where your practice should take place, and change the expectations of what your practice should look like. Whether you are a lifelong yogi wanting to switch up your scenery, or have never said the word "namaste" and are inspired to try

something new, this trip is for you. Pack up the paddleboards and head for the serene lakes of the alpine wilderness. Imagine standing on the secluded beach of Lake Kachess, preparing your board, with only mountains surrounding you. Experience an hour of yoga while floating on the crystal-clear waters of this pristine lake. Paddle through the passage into Little Lake and hike up to the waterfalls, or try your hand at some cliff jumping. Sounds like a day in paradise. Minimum age: 12 (under 18 must be accompanied by an adult). Depart from the Northwest Adventure Center at Lewis North at 7 a.m. **\$60.**

LEARNING NIGHT
PHOTOGRAPHY

Just because the sun's gone down doesn't mean your day of photography has to end.

Take a journey of Tacoma and Gig Harbor after dark. Night photography is fast becoming one of the most popular forms of digital photography, so check it out.

Depart from the Northwest Adventure Center at Lewis North at 4 p.m. or McChord Field's Adventures Unlimited at 4:15 p.m. Trip with NAC expert guides. **\$55.**

SEPTEMBER 7

NEXT MEETING FOR THE
JBLM ALPINE CLUB

Climbers are invited to the Alpine Club meeting at 6 p.m. The activity and meeting location differs each month. Members, check out jblmalpine-club.blogspot.com for more information.

SEPTEMBER 10

BELLA DONNA BIKE
THROUGH SNOQUALMIE

Ride through the Snoqualmie Tunnel — it's nearly two miles long — on a ladies-only trip. From there, snake your way around the hills and over old train trestles on the way to Rattlesnake Lake. The best part? It's all downhill. Difficulty: easy; distance: 22.5 miles; ride time: 3.5 hours. Minimum age: 14. The trip fee includes guide, transportation, bike, helmet, gloves and headlamp. Depart from the Northwest Adventure Center at Lewis North at 8:30 a.m. **\$55.**

BUNGEE JUMP AND
ZIPLINE ADVENTURES

If adrenaline is what you crave, you won't be

disappointed with this trip. Head to the base of Mount St. Helens to bungee jump off one of the highest bungee bridges in the country. If bungee jumping isn't your thing, you can zipline over the canyon for an adventure in the trees on seven different ziplines. Bungee jumpers get two jumps and a T-shirt. Minimum weight: 90 pounds. Depart from the Northwest Adventure Center at Lewis North at 9 a.m. Preregistration required by Monday at 5 p.m. **\$135.**

KAYAK TRIP AT THE
BOSTON HARBOR

Take advantage of the tide that starts at Boston Harbor and paddles to downtown Olympia.

Seals and bald eagles are often seen. Difficulty: intermediate; distance: seven miles; paddle time: four hours. Minimum age: 12. Depart from McChord Field's Adventures Unlimited at 8 a.m. or the

Northwest Adventure Center at Lewis North at 8:30 a.m. **\$60.**

SEPTEMBER 11
MOUNTAIN BIKE TRIP AT
DUTHIE HILL

If you've always wanted to give mountain biking a try, this instructional ride is for you. Spend the day learning the basics while getting plenty of time to work on your newfound

skills. Location may vary based on conditions. Difficulty: easy; distance: five to six miles; ride time: four hours. Minimum age: 12. Depart from the Northwest Adventure Center at 8:30 a.m. Popular family trip. **\$35.**

RAFTING TRIP ON WHITE
SALMON RIVER

Experience the class-III

SEE OUT, 8C

The Imperial Dragon Restaurant

2 For 1 Dinner Special \$21⁹⁵ For Two

Wonton Soup • BBQ Pork • Egg Roll • Fried Wonton
Sweet & Sour Pork • Almond Fried Chicken • Chicken Chow Mein
Pork Fried Rice • Tea & Fortune Cookie

565-5477 • 6805 6th Ave, Tacoma

One coupon special per party. Please present coupon. Expires 9/15/16. Not valid with any other discount.

O'Malley's Irish Pub

A little slice of Irish heaven on 6th Ave



A FRIENDLY NEIGHBORHOOD PUB

- Happy Hour 11am-6pm, 7 Days a Week
 - Mon - Acoustic / Open Mic / Micro Brew
 - Tues - FREE LIVE TRIVIA 8-10pm
 - Wed - Wings!
 - Thur - Taco Thursday / Ladies Night
 - Daily - Drink Specials
 - Hours 11am - 2am, 7 Days a Week
- 2403 6TH AVE. | 253.627.9403**

Little Jerry's

Breakfast & Burgers

8233 South Park Ave
Tacoma, WA 98408

253.474.2435

Open Tuesday-Sunday, 7a-3p

Serving
breakfast
ALL day

ART ON FIRE

It doesn't get any
hotter than this!

Plan your visit at
museumofglass.org

Photo by Ken Emly



MUSEUM
OF
GLASS

Tacoma, Washington

EVENTS

COMMUNITY

Labor Day Steam Train Excursions a special weekday steam train run on Labor Day, in addition to the railroad's usual weekend steam train schedule. 11 a.m.-4 p.m. Saturday-Monday. Northwest Railway Museum, 38625 S.E. King St., Snoqualmie. \$12-\$22; under 2 free. 425-888-3030, trainmuseum.org.

Faith Baptist Church Labor Day Block Party with a short service, lunch on the grill, fun activities for all ages, live bluegrass music, a car show, softball and more. 10:45 a.m.-1:45 p.m. Sunday. Faith Baptist Church, 25636 140th Ave. SE, Kent. Free. 253-631-0990, faithkent.org.

Hood Canal Summer's End with live music, local art and locally sourced food and drinks. Sunday. Alderbrook Resort and Spa, 10 E Alderbrook Drive, Union. Free. 360-898-2200.

Summer Ender Fender Bender an end-of-summer bash celebrating the best of the Northwest: great cars, specialty food trucks and live music. 3-6 p.m. Sept. 10. LeMay-America's Car Museum, 2702 E. D St., Tacoma. Free. 253-779-8490, americascarmuseum.org/event/summer-ender-fender-bender.

Meeker Mansion Psychic Fair 10 a.m.-4 p.m. Sept. 10. Meeker Mansion, 312 Spring St., Puyallup. \$5, plus psychic fees. 253-848-1770, meekermansion.org.

Off Leash Area Grand Opening and Seahawks Rally will include pet vendors, hot dogs, raffle, children's activities and more. noon-2 p.m. Sept. 10. Powderworks Park, 1775 Bob's Hollow Lane, Dupont. Free. 253-964-8121, visitdupont.com.

Community Kids Day featuring a wide variety of entertainment and activities for kids of all ages. 10 a.m.-2 p.m. Sept. 17. Lakewood Gardens, 12317 Gravelly Lake Drive SW, Lakewood. \$1, 253-584-4106.

Junk In Your Trunk Community Garage Sale 9 a.m.-3 p.m. Sept. 17. Sprinker Recreation Center, 14824 C St. S., Tacoma. 253-798-4141.

Outstanding Eagle Dinner Boy Scouts of America is recognizing Frank Bannon, Charles "Buck" Hubbert and Mark Johnson for their lifetime achievements. 6-9 p.m. Sept. 17. Pacific Lutheran University, 12180 Park Ave. S., Tacoma. \$40. 360-480-

6797, phc.kintera.org/noesa2016.

Bug Blast Touch tarantulas and other bugs and enjoy live bug shows with the Bug Chicks and more. 10 a.m.-4 p.m. Sept. 18. Burke Museum of Natural History and Culture, 17th Avenue Northeast and Northeast 45th Street, Seattle. Included with museum admission. Free for Burke members, UW students, staff & faculty w/ID. 206-616-3962 www.burkemuseum.org/calendar/bug-blast.

FESTIVALS

Boats Afloat Show With over 200 new and used vessels on display. 11 a.m.-6 p.m. Sept. 14-16. South Lake Union Seattle, 901 Fairview Ave. N., Seattle. \$12; \$5 ages 11-17; 10 and younger free. 206-748-0012, boatsafloatshow.com.

Pioneer Days Festival live music and storytelling, hands-on demonstrations, heritage crafts, old-time games and races. noon Sept. 17. Job Carr Cabin Museum, 2350 N. 30th St., Tacoma. Free. 253-627-5405.

Fremont Oktoberfest Sample more than 80 craft beers in our signature mini mug or enjoy traditional big German beers Oktoberfest-style. 5-11:59 p.m. Sept. 23. Fremont Neighborhood, Phinney Ave N., Seattle. \$25. 206-633-0422, fremontoktoberfest.com.

FUNDRAISERS

Tacoma Walk to End Alzheimer's noon Sept. 11. University of Puget Sound, 1500 N. Warner St., Tacoma. 206-363-5500, tinyurl.com/j57cm9y.

Flavor celebrate the culinary talents and contributions of immigrant owned and/or immigrant friendly restaurants, support Tacoma Community House programs. Sept. 22. Tacoma Community House, 1314 S. L. St., Tacoma. tacomacommunityhouse.org/flavor.

TALKS

Humanities Washington: Ripe for the Telling with Julia Harrison will cover how produce entwines with historic events. 6-7 p.m. Wednesday. Harbor History Museum, 4121 Harborview Drive, Gig Harbor. Free. 253-858-6722, harborhistorymuseum.org/events.

Buccaneers, Brigands and Bandits Cruiseship speakers John and Donna Mollan will give a talk on myths and realities of pirate life. 10:30 a.m. Wednesday. Pierce County Library System Headquarters, 3005 112th St. E,



AL WAGNER Invision/AP

Country artist Carrie Underwood is scheduled to perform a concert at KeyArena in Seattle Thursday.

Tacoma. \$10. plu.edu/liferoad-scholar www.plu.edu/liferoad-scholar 253-241-4166.

Options for the Future: Living Choices for Older Adults and People with Disabilities Hear from experts in the community on options for aging adults and people with disabilities. 6:30-8:30 p.m. Sept. 13. South Hill Library, 15420 Meridian E., Puyallup. Free. 253-798-4600, Pierceadrc.org.

WORKSHOPS

Solar in Tacoma workshop series hosted by Artisan Electric. Learn how to get started. 6-7:30 p.m. Sept. 13 and 10-11:30 a.m. Oct. 1, Tacoma Nature Center, 1919 S. Tyler St., Tacoma. Refreshments provided, registration requested at solarintacoma.e-ventrbrate.com.

Marymount Driver's Ed: Ford Model T unique hands-on experience, course will teach the skills required to drive a Ford Model T. 9:30 a.m. Sept. 10. LeMay Marymount Event Center, 325 152nd St. East, Tacoma. \$150. 253-272-2336, lemaymarymount.org/marymount-drivers-ed-class-ford-model-t.

Step-by-Step Landscape Redesign with Marianne Binetti. Bring a photo of your landscape. 10 a.m.-noon Sept. 17. Pagoda, Point Defiance Park. \$20, limited to 100. brownpapertickets.com.

Marlene's Market & Deli-Tacoma, 2951 S. 38th St., Tacoma. Reflexology for Pain Reduction and Better Health with Linda Frank. 6:30-8 p.m. Tuesday. Free; Moroccan Culinary Adventure and Wine Pairing with Mitra Mohandessi. Registration required. 10 a.m. Sept. 10. \$30. 253-472-4080.

Marlene's Market & Deli-Federal way, 2565 S. Gateway Center Place, Federal Way. Preventing Age-Related Sports Injuries with Tim Newton, 6:30-8 p.m. Thursday. Free. 253-839-0933 marlenesmarket-deli.com.

MUSIC

CLASSICAL

Jacobsen Series: Debussy and Friends Harpist Catherine Case, flutist Karla Flygare, cellist Alistair MacRae, violist Joyce Ramee, violinist Maria Sampsen, pianist Tayna Stambuk and mezzo-soprano Dawn Padula. 7:30 p.m. Sept. 9. University of Puget Sound Schneebeck Concert Hall, 1500 N. Warner St., Tacoma. \$15; \$10 students; seniors and military; free for Puget Sound students. 253-879-3100, pugetsound.edu/calendar.

Oasis Saxophone Quartet 7:30 p.m. Sept. 20. University of Puget Sound-Schneebeck Concert Hall, 1500 N. Warner St., Tacoma. Free. 253-879-3555,

pugetsound.edu/calendar, tickets.pugetsound.edu.

Organ at Noon Joseph Adam, organist, presents works by Buxtehude, J.C. Bach, Krebs and J.S. Bach. 12:05-1 p.m. Sept. 23. University of Puget Sound-Kilworth Memorial Chapel, 1500 N. Warner St., Tacoma. Free. 253-879-3555, pugetsound.edu/calendar.

Collage 2016 Faculty/Student Showcase an evening of various musical styles and instrumental groupings featuring University of Puget Sound faculty members and students. 7:30 p.m. Sept. 23. University of Puget Sound-Schneebeck Concert Hall, 1500 N. Warner St., Tacoma. Free. 253-879-3555, pugetsound.edu/calendar, tickets.pugetsound.edu.

COUNTRY

Carrie Underwood 7 p.m. Thursday. KeyArena, 305 Harrison St., Seattle. Ticketmaster.

ELECTRONIC

Sigur Ros from Iceland. 8:30 p.m. Sept. 20. The Paramount Theatre, 911 Pine St., Seattle. \$75.75.stgresents.org.

Garbage 8 p.m. Sept. 19. The Paramount Theatre, 911 Pine St., Seattle. stgresents.org.

FAMILY/KIDS

Caspar Babypants Proceeds support the Fox Island

Community Recreation Association. 10:30 a.m.-noon Sept. 17. Nichols Community Center, 690 Ninth Ave., Fox Island. \$8; free for babes in arms. 253-549-2050, ficra.org.

JAZZ

Jazz LIVE at Marine View featuring The Jon Pugh Quartet. 5 p.m. Sept. 11. Marine View Presbyterian Church, 8469 East-side Drive NE, Tacoma. Free. 253-229-9206, marineviewpc.org.

POP

Fifth Harmony 7 p.m. Sept. 13. White River Amphitheatre, 40601 Auburn Enumclaw Road SE, Auburn. Starting at \$47. 360-825-6200, livenation.com.

Blink-182 Sept. 17. KeyArena, 305 Harrison St., Seattle. Ticketmaster.

R&B/HIP-HOP

Snoop Dogg 7 p.m. Friday. White River Amphitheatre, 40601 Auburn Enumclaw Road SE, Auburn. \$20-\$370. Ticketmaster.

ROCK

Counting Crows Saturday. Chateau Ste. Michelle Winery, 14111 N.E. 145th St., Woodinville. Ticketmaster.

Daryl Hall & John Oates 7 p.m. Sept. 9. White River Amphitheatre, 40601 Auburn Enumclaw Road S.E., Auburn. \$25-\$125. Ticketmaster.

Prophets of Rage 7 p.m. Sept. 10. White River Amphitheatre, 40601 Auburn Enumclaw Road SE, Auburn. Starting at \$55. 360-825-6200, livenation.com.

Coheed & Cambria 7 p.m. Sept. 13. Showbox SoDo, 1700 First Ave. S. Seattle. \$29.95. showboxpresents.com.

WORLD

Jake Shimabukuro 7:30 p.m. Wednesday. Pantages Theater, 901 Broadway, Tacoma. \$29-\$85. 253-591-5894, broadwaycenter.org.

NIGHTLIFE

FRIDAY

B Sharp Coffee House 706 Opera Alley, Tacoma, 253-292-9969.

Buffino's Golden West Saloon 5228 South Tacoma Way, Tacoma, Back Porch Band (9 p.m.). 253-471-9892.

Emerald Queen I-5 Nightclub

SEE EVENTS, 9C

FROM PAGE 2C

MOVIES

(PG-13) 6, 8:35 **Finding Dory** (PG) 1:05, 3:30**BONNEY LAKE**
REGAL TALL FIRS 10: 253-891-5445**Morgan** (R) 1, 4:10, 7, 9:35
Don't Breathe (R) 1:05, 4, 7:10, 9:40
Mechanic: Resurrection (R) 1:10, 3:50, 6:40, 9:05
Ben-Hur (PG-13) 3:45, 9:40
Kubo and the Two Strings 3-D (PG) 12:45, 9:10
Kubo and the Two Strings (PG) 3:20, 6:15
War Dogs (R) 12:50, 6:50
Pete's Dragon (PG) 12:40, 3:10, 6:35, 9:25
Sausage Party (R) 1:15, 4:05, 6:45, 9:20
Suicide Squad (PG-13) 12:30, 3:30, 6:30, 9:30
Jason Bourne (PG-13) 12:35, 6:20, 9:15
The Secret Life of Pets (PG) 12:55, 3:25, 6:25, 9
Finding Dory (PG) 3:40**GIG HARBOR**
GALAXY UPTOWN THEATRE: 253-857-7469**Morgan** (R) 12:15, 2:45, 5:15, 7:45, 10:15
The Light Between Oceans (PG-13) 12:30, 3:45, 7, 10:10
Don't Breathe (R) noon, 2:30, 5, 7:30, 10
Finding Dory (G) noon, 3, 6, 9
Kubo and the Two Strings (PG) 12:30, 3:30, 6:30, 9:30
War Dogs (R) 1:30,4:20, 7:15, 10
Pete's Dragon (PG) 12:15, 3:15, 6:15, 9:15
Suicide Squad (PG-13) 12:20, 3:30, 6:30, 9:30
Jason Bourne (PG-13) 1, 4, 7:10, 10:10
Star Trek Beyond (PG-13) 12:45, 3:45, 9:45**PORT ORCHARD**
REGAL SOUTH SOUND 10: 360-871-2294**Morgan** (R) 1:10, 4:10, 7:05, 10:30
Don't Breathe (R) 1:30, 4:30, 7:30, 10:30
Mechanic: Resurrection (R) 1:20, 4:20, 7:20, 10:20
Ben-Hur (PG-13) 6:30, 9:30
Kubo and the Two Strings 3-D (PG) 4, 9:55
Kubo and the Two Strings (PG) 1, 7:10
War Dogs (R) 3:40, 9:40
Pete's Dragon (PG) 12:55, 3:50, 6:50
Sausage Party (R) 4:40, 7:35, 10:10
Suicide Squad (PG-13) 12:50, 3:55, 7, 10:05
Jason Bourne (PG-13) 12:40, 6:40
Ice Age: Collision Course (PG) 12:30, 3:30
Star Trek Beyond (PG-13) 9:50 p.m.
The Secret Life of Pets (PG) 1:15, 4:15, 7:15, 9:45
Finding Dory (PG) 1:40**EATONVILLE**
ROXY THEATRE: 360-832-7699**Suicide Squad** (PG-13) 7
OLYMPIA/LACEY
MARTIN VILLAGE STADIUM
16: 360-455-5003
The Light Between Oceans (PG-13) 12:30, 3:35, 6:40, 9:50
Morgan (R) 12:30, 2:50, 5:10, 7:40, 10:05
Don't Breathe (R)12:40, 3, 5:20, 7:50, 10:15
Mechanic: Resurrection (R) 2:10, 4:50, 7:30, 10:10
Southside With You (PG-13) 4:05, 9:20
Ben-Hur (PG-13) 1:10, 6:25
Kubo and the Two Strings 3-D (PG) 8:50 p.m.
Kubo and the Two Strings (PG) 12:45, 3:25, 6:50
War Dogs (R) 6:55, 9:45
Florence Foster Jenkins (PG-13) 12:50, 3:40, 6:30, 9:15
Hell or High Water (R) 1:50, 4:30, 7:20, 9:55
Pete's Dragon (PG) 12:35, 3:20, 6:10
Sausage Party (R) 2, 4:40, 7:10, 9:30
Suicide Squad IMAX (PG-13) 1, 4, 7, 10
Suicide Squad (PG-13) 9 p.m.
Bad Moms (R) 1:20, 4:10, 6:45, 9:25
Jason Bourne (PG-13) 12:35, 3:30, 6:35, 9:35
Star Trek Beyond 3-D (PG-13) 3:50, 9:40
Star Trek Beyond (PG-13) 12:55, 6:50
Ghostbusters (PG-13) 9:10 p.m.
The Secret Life of Pets(PG) 1:30, 3:55, 6:20
Finding Dory (PG) 1:40, 4:20**CENTURY OLYMPIA: 360-943-0769****Don't Breathe** (R) 10:30, 12:45, 3, 5:5, 7:40, 10:10
Hands of Stone (R) 10:40, 4:35, 10:20
Kubo and the Two Strings (PG) 10:45, 1:15, 4:05, 7, 9:45
Mechanic: Resurrection (R) 10:55, 1:25, 4:15, 7:30, 10
Morgan (R) 11:20, 2, 4:30, 7:10, 10:35
Sausage Party (R) 10:35, 12:55, 3:15, 5:35, 8, 10:25
Suicide Squad (PG-13) 10:50, 1:45, 4:50, 7:50, 10:45
War Dogs (R) 11, 1:50, 4:35, 7:20, 10:20**YELM**
YELM CINEMAS: 360-400-3456**Yoga Hosers** (PG-13) 7
Florence Foster Jenkins (PG-13) 11:30, 2, 4:30, 7, 9:30
Hands of Stone (R) 12:15, 2:50, 5:30, 8,10:35
Hell or High Water (R) 11:30, 1:50, 4:10, 6:30, 8:50, 11:10
Mechanic: Resurrection (R) 12:20, 2:35, 4:45, 6:55, 9:05, 11:10
Don't Breathe (R) 11:30, 1:55, 4:20, 6:35, 8:45, 11
Kubo and the**Two Strings** (PG) 11:40, 2, 4:20
War Dogs (R) 9:25 p.m.
Pete's Dragon (PG) 12:50, 3, 5:30, 8
Sausage Party (R) 10:20 p.m.
Suicide Squad (PG-13) 11:40, 2:30, 5:10, 7:50, 10:50

MENTION THIS AD FOR A FREE GIFT!

ENUMCLAW POWERSPORTS

FINANCING AVAILABLE!

VETERAN OWNED AND OPERATED

408 Roosevelt Ave. (Hwy. 410) • Enumclaw
(360) 825-4502 • ENUMCLAWSUZUKI.COM

Blazing Onion
BURGERS, BREWS & SPIRITS

Tacoma Mall Blazing Onion
4502 S. Steele St, Tacoma, WA 98409
Bus: (253) 476-5053 • Fax (253) 476-5057
www.blazingonion.com

FREE BURGER

With purchase of burger or entrée of equal or greater value and two beverages.

One offer per coupon, Tacoma Mall Blazing Onion location only, expires 9/30/16.

Meet Your Neighbors...
Hummingbirds

Spend \$20 at regular price, get a
FREE *

Mini High Perch™ Hummingbird Feeder (\$14.99 Value)

*Valid only at the Puyallup location. One discount per purchase. Sale, clearance & DSC discounted items do not count toward \$20 minimum. Offer expires 9/30/16.

Wild Birds Unlimited
Nature Shop

4621 S Meridian St - Puyallup on South Hill - Next to Michaels
(253) 845-5434 • www.wbu.com/puyallup

BIRD FOOD • FEEDERS • GARDEN ACCENTS • UNIQUE GIFTS

RETURN OF IMPROV!

CLASSES ARE 5 THURSDAYS
STARTING SEPTEMBER 8TH, 6:30-8 PM

HELD AT: THE INN AT GIG HARBOR
3211 56TH ST. NW
CASCADE ROOM

CLASS SIZE STRICTLY LIMITED.
ENROLLMENT ENDS SEPTEMBER 1ST

TO SECURE YOUR PLACE IN CLASS, SEND \$50.00
(TOTAL FEE FOR 5 CLASSES) CHECK OR MONEY
ORDER MADE OUT TO JOSEPH REICH. SEND TO:

JOSEPH REICH
PMB#202
5500 OLYMPIC DRIVE SUITE H105
GIG HARBOR, WASHINGTON 98335

FOR ANY FURTHER INFORMATION, EMAIL ME AT:
IMPROVISATION@MAIL.COM

JOIN US FOR **American Diabetes Association**

Day AT THE Fair

Presented by
coordinated care

September 4

Fundraise to **Stop Diabetes**, earn free early admission to the Washington State Fair and more.

Visit **diabetes.org/adaday** for details.

ON SALE THIS WEEK

Famed comedienne **LILY TOMLIN** will perform at 8 p.m. Oct. 29 at the Tulalip Resort Casino, Tulalip. Tickets for the show are \$60-\$70, and go on sale at 10 a.m. Friday.

ALREADY ON SALE

J. COLE 7:30 p.m. Friday, Washington State Fair, Puyallup. \$70-\$115.

SNOOP DOGG and **WIZ KHALIFA** 7 p.m. Friday, White River Amphitheatre, Auburn. \$26-\$70.75.

BUMBERSHOOT Friday to Sunday, Seattle Center. \$180-\$700.

TIM MCGRAW 7:30 p.m. Sunday, Washington State Fair, Puyallup. \$85-\$95.

CREEDENCE CLEARWATER REVISITED 7:30 p.m. Wednesday, Washington State Fair, Puyallup. \$30.

SMASH MOUTH 7 p.m. Thursday, Washington State Fair, Puyallup. \$30.

CARRIE UNDERWOOD 7 p.m. Thursday, KeyArena, Seattle. \$45.50-\$75.50.

THOMPSON SQUARE DANCIN' IN THE DIRT PARTY 9 p.m. Sept. 9, Washington State Fair, Puyallup. \$35.

JUAN GABRIEL 7 p.m. Sept. 9, Tacoma Dome. \$63.50-\$203.50.

CHRIS JANSON DANCIN' IN THE DIRT PARTY 9 p.m. Sept. 10, Washington State Fair, Puyallup. \$35.

FOR KING & COUNTRY and **MATT MAHER** 7:30 p.m. Sept. 12, Washington State Fair, Puyallup. \$26-\$46.

FIFTH HARMONY 7 p.m. Sept. 13, White River Amphitheatre, Auburn. \$29.95-\$79.95.

DNCE 7:30 p.m. Sept. 14, Washington State Fair, Puyallup. \$28-\$55.

SINBAD 7:30 p.m. Sept. 14, Emerald Queen Casino, Tacoma. \$25-\$65.

X AMBASSADORS and **RACHEL PLATTEN** 7:30 p.m. Sept. 15, Washington State Fair, Puyallup. \$40-\$65.

DRAKE 7 p.m. Sept. 16, Tacoma Dome. \$49.50-\$129.50.

KELLOGG TOUR OF GYM-NASTIC CHAMPIONS 7:30 p.m. Sept. 16, KeyArena, Seattle. \$31-\$294.

ALAN JACKSON 7:30 p.m. Sept. 17, Washington State Fair, Puyallup. \$50-\$85.

EVERGREEN FEST Noon Sept. 17, White River Amphitheatre, Auburn. \$67-\$92.

CHRIS YOUNG and **CASSA-DEE POPE** 7:30 p.m. Sept. 19, Washington State Fair, Puyallup. \$40-\$60.

GAVIN DeGRAW 7:30 p.m. Sept. 20, Washington State Fair, Puyallup. \$43-\$65.

DOLLY PARTON 7:30 p.m. Sept. 21, ShoWare Center, Kent. \$39.50-\$125.

DIERKS BENTLEY 7:30 p.m. Sept. 22, Washington State Fair, Puyallup. \$65-\$100.

JEFF FOXWORTHY and **LARRY THE CABLE GUY** 7:30 p.m. Sept. 23, Washington State Fair, Puyallup. \$55-\$80.

FLO RIDA 7:30 p.m. Sept. 24, Washington State Fair, Puyallup. \$40-\$68.

WANDA SYKES 8 p.m. Sept. 24, Tulalip Resort Casino, Tulalip. \$50 and \$60.

TRAIN 7:30 p.m. Sept. 25, Washington State Fair, Puyallup. \$50-\$75.

WILD KRATTS LIVE 5 p.m. Sept. 25, McCaw Hall, Seattle. \$23.25-\$44.50.

G. DONNALSON'S
LIVE JAZZ & BLUES - NIGHTLY

Tacoma's Best for Intimate Jazz & Blues
3814 North 26th Street | Tacoma's Proctor District | 253-761-8015

Authentic **THAI FOOD SPECIALTIES**
DINE IN • TAKE OUT

See Our Complete Menu at ChiliThai.com

2 OR MORE DINNERS
15% off
DINE IN ONLY
ONE COUPON PER FAMILY PER VISIT AT CHILI THAI. EXPIRES 9-30-16

3 LOCATIONS!

University Place 7406 27th St W 253.564.9099	Tacoma 3213 S 38th St 253.267.0779	Puyallup 3712 9th St 253.864.7005
---	---	--

MON-THUR 11-9 • FRI-SAT 11-10 • SUN NOON-9

SPRING LAKE AFTER DARK
TUESDAY THRU FRIDAY • 4 TO 8 PM

PROHIBITION ENDS IN FIRCREST!
NOW SERVING BEER & WINE

BISTRO DINNERS and CAFE SALADS
GREAT HOMEMADE DESSERTS • LOCAL MICRO BEERS
WASHINGTON WINES

TWO FOR ONE
with Two Beverages • Expires 9-30-16
Tuesday-Saturday • 4-8 pm • Dine-In Only

GREAT NIGHTLY SPECIALS • SEE US ON FACEBOOK!

Spring Lake Cafe

616 REGENTS BLVD, FIRCREST
FOR RESERVATIONS CALL 253.460.0919

Tacoma Elks & Allenmore Event Center

Every Thursday Starting Sept 15th
\$10 dance lesson before each dance

Come get a dance lesson from one of the greatest dance instructors in the Great North West

APRIL MORROW
Widely respected for her ability to teach solid social dance basics. April specializes in leading & following techniques and diagnostic skills, and is quickly able to spot a dancer's problem areas and suggest a change in technique, often resulting in immediate improvement. April loves choreographing and teaching all styles and levels of dance, whether for beginners, wedding couples, competitive dancers or show dance performers.

(\$10 fee separate from dance entry fee's)
Lesson; 6:30 to 7:30pm
Dance; 7:30 to 11pm

Tacoma Elks and Allenmore Event Center
www.tacomaelks.com/

Tacoma Elks
#174

Come have dinner at the URBAN ELK before the dance!

2013 S Cedar St, Tacoma 98405
www.facebook.com/ElksAllenmore/
Find us on Facebook at 'Allenmore Event Center'

SPECIAL AIRPORT PARKING RATE! FOR A LIMITED TIME ONLY!

LOTS B & C ONLY!

Must present coupon to receive discounted rate. Offer not valid in conjunction with any other offer. Rates do not include City tax, airport access fee, living wage surcharge, or WA State sales tax.

\$9.99 Per 24 Hour Day

Valid only through Sept 15, 2016
Code #1401

MasterPark
AIRPORT VALET PARKING

LOT B 2907 South 170th St. • LOT C 16025 International Blvd.

Serving only the **FINEST FRESH INGREDIENTS**
In the Style of the original Greek food Artisans

Ammar's MEDITERRANEAN GRILL

\$10 off with purchase of two entrees.
Exp. 9/15/16
- WITH THIS AD -

Enjoy our Happy Hour: 2pm-6pm • Mon-Thurs
409 East 26th Street, Tacoma
Sunday-Monday: Noon -8pm | Tues-Saturday: 11am-9pm
253.272.1047

FROM PAGE 4C

OUT

rapids of the White Salmon River. The trip ends at the legendary class-VI 10-foot high Husum Falls (depending on water levels, Class IV). Minimum age: 12. Depart from the Northwest Adventure Center at Lewis North at 9:30 a.m. Preregistration required before Wednesday. **\$110.**

WATERFALL PHOTOGRAPHY COURSE

Capturing waterfalls, a continuously flowing subject, requires a delicate balance of the available light through proper use of aperture and shutter-speed. This workshop will show you how and when to use different shutter-speeds to convey your mood. Travel to hidden gems in the Mount Adams area for spectacular scenery and marvel at the power and beauty of nature. What you need to bring: camera and tripod, good, sturdy footwear, rain gear, food/snacks and water. Minimum age: 12. Depart from the Northwest Adventure Center at Lewis North at 7:30 a.m. Trip with NAC expert guides. **\$85.**

SEPTEMBER 15 STANDUP PADDLEBOARD AND STEAK DINNER

Head to American Lake for enjoyable paddles until the sun sets. All ages are welcome, but children younger than 12 must be on a board with an adult; steak dinner is an optional add-on. Depart from the Northwest Adventure Center at Lewis North at 6 p.m. Preregistration is required by 5 p.m. two days prior. Trip with NAC expert guides; add **\$20** for meal and souvenir cup. **\$30**; ages 3 to 12: **\$20.**

SEPTEMBER 16-18 ALPINE CLUB HOSTS MOUNT RAINIER CLIMBS

Rising 14,410 feet above sea level, Mount Rainier offers nearly unlimited climbing possibilities. Tackle some of the 60 climbing routes on this iconic symbol of Washington



JBLM Outdoor Recreation

The JBLM Northwest Adventure Center has a number of opportunities to try standup paddleboarding, including classes on American Lake.

state with the Joint Base Lewis-McChord Alpine Club. Take on the DC Route Sept. 16-18. Transportation and gear are provided on these multiday trips. Prerequisite requirements: demonstrated skills or completion of the Alpine Club's Basic Alpine Climbing Course. A **\$150** nonrefundable climbing permit fee or full payment is required upon registration for each trip. Full trip details will be provided upon registration. For more information, email jblmalpine-club@gmail.com. **\$750.**

THREE-DAY SMITH ROCK CLIMB

Enjoy a weekend climbing at Smith Rock, an international destination climbing area. With hundreds of routes to choose from there is something for everyone, beginner to advanced.

Aug. 19-21 and Sept. 16-18, follow the guides up simple sport routes or choose to be guided up the famous monkey face route. Camp in Skull Hollow surrounded by juniper pines and open fields. All technical and camping gear is included; bring clothing appropriate for the conditions, food for the duration, backpack and a sleep-

ing bag. Minimum age: 18. Depart from the Northwest Adventure Center at Lewis North at 6 a.m. **\$400.**

SEPTEMBER 17-18 CAMP OUT AND RAFT THE TIETON RIVER

When most other rivers in the Pacific Northwest have run out of water, the Tieton River rafting trip provides an excellent season finale. Thanks to the release of water from Rim Rock Lake each September, the Tieton River turns into a big-wave, class-III+ rollercoaster. With steep gradient and guaranteed water, this trip offers nonstop action from start to finish. All camp gear, aside from the sleeping bag, will be provided. Dinner Sept. 17 and breakfast and lunch Sept. 18 are also provided. Lunch on the way to the camp and dinner on the way home are not included in the trip fee. Difficulty: class III; distance: 18 miles; paddle time: 2.5 hours. Minimum age: 12. Depart from the Northwest Adventure Center at Lewis North at 11 a.m. Preregistration is required by Sept. 10 at 5 p.m. Trip with NAC expert guides. **\$140.**

SEPTEMBER 20 SEA KAYAK SKILLS CLASS

Outdoor Recreation offers five levels of two-hour kayak skills classes.

- Level one: proper paddling techniques and how to buddy-rescue.
- Level two: edging maneuvers and self-rescue.
- Level three: recovery techniques and muscle memory exercises for the roll.
- Level four: multiday kayak trip prep and t-rescue.
- Level five: the roll.

You may start at any time and master as many of the levels as you'd like. Meet at Kimbro Pool inside McVeigh Sports and Fitness Center at 7:30 p.m. Minimum age: 12. Clinic with NAC expert guides. **\$25.**

SEPTEMBER 24-25 WILDERNESS FIRST AID COURSE

The WFA course will help you prepare for the unexpected. This fast-paced, hands-on training is designed to meet the needs of trip leaders, camp

staff, outdoor enthusiasts and individuals working in remote locations. You'll be introduced to caring for people who become ill or injured far from definitive medical care. Classroom lectures and demonstrations are combined with realistic scenarios where mock patients will challenge you to integrate your learning. At the end of the course, you'll have the knowledge, skills and ability to make sound decisions in emergency situations. Prerequisites: Must hold current adult CPR/AED certification. Visit the Community Updates page at jblmmwr.com for details on CPR classes at Joint Base Lewis-McChord. Minimum age: 18. Depart from the Northwest Adventure Center at Lewis North at 8 a.m. **\$225.**

SEPTEMBER 24 ADVENTURE TO APE CAVE

Head to Mount St. Helens to explore the largest continuous lava tube in the Western Hemisphere. Go deep into the underside of a 2,000-year-old lava flow to scramble over and climb under volcanic formations. Two features that must be traversed include 6-foot and 8-foot vertical walls and numerous rock piles up to 20 feet high. In this subterranean environment, the average year-round temperature remains a constant 45 degrees, so dress warmly. Difficulty: moderate; distance: three miles; elevation gain: 250 feet. Minimum age: 12. Depart from the Northwest Adventure Center at Lewis North at 8 a.m. Trip with NAC expert guides. **\$55.**

STANDUP PADDLEBOARD IN LAKE UNION

Enjoy standup paddleboard on Seattle's Lake Union. Paddle past houseboat communities, yacht yards and the NOAA research-ship facility, as well as many trendy urban neighborhoods. Stop for lunch at the Aqua Verde Paddle Club where

BLUE MOUSE THEATRE
2011 N. Proctor
Rated PG-13
Nightly at 7:00 pm
Saturday & Sunday Matinee at 4:00 pm
253-752-9500 www.bluemousetheatre.com

you may eat your packed lunch or purchase a meal for \$4 to \$8. Difficulty: beginner-intermediate; distance: 5.5 miles; paddle time: 3.5 hours. Minimum age: 12. Depart from McChord Field's Adventures Unlimited at 8 a.m. or the Northwest Adventure Center at Lewis North at 8:30 a.m. **\$60.**

SEPTEMBER 25 BICYCLE TRIP THROUGH SNOQUALMIE TUNNEL

Ride through the Snoqualmie Tunnel; it's nearly 2 miles long. From there, snake your way around the hills and over old train trestles on the way to Rattlesnake Lake. The best part? It's all downhill. Difficulty: easy; distance: 22.5 miles; ride time: 3.5 hours. Minimum age: 14. The trip fee includes guide, transportation, bike, helmet, gloves and headlamp. Depart from the Northwest Adventure

SEE OUT, 10C

THE GRAND CINEMA
606 S Fawcett Ave
GRANDCINEMA.COM
253-593-4474

Morris from America (R)
Fri: 2:25, 4:45, 7:00, 9:10
Sat-Mon: 12:00, 2:25, 4:45, 7:00, 9:10
Tue: 4:45, 9:10
Wed: 2:25, 4:45, 7:00, 9:10
Thu: 2:25, 4:45, 9:10

Southside with You (PG-13)
Fri: 2:15, 4:30, 6:35, 8:40
Sat-Mon: 12:00, 2:15, 4:30, 6:35, 8:40
Tue-Thu: 2:15, 4:30, 6:35, 8:40

Don't Think Twice (R)
Fri: 2:00, 4:15, 6:45, 9:00
Sat: 11:45 AM, 2:00, 6:45, 9:00
Sun-Mon: 11:45 AM, 2:00, 4:15, 6:45, 9:00
Tue-Thu: 2:00, 4:15, 6:45, 9:00

Florence Foster Jenkins (PG-13)
Fri-Thu: 12:45, 3:15, 6:00, 8:30

Vanishing Sail (NR)
SPECIAL SCREENING:
Thu: 6:45
DIRECTOR WILL BE IN ATTENDANCE FOR A Q & A FOLLOWING THE FILM

Under the Sun (NR)
TUESDAY FILM SERIES:
Tue: 1:45, 6:50

AIR CONDITIONED THEATERS
Now serving local beer & wine
Friday-Sunday evenings!
Tacoma's only nonprofit movie theater.

FROM PAGE 5C
EVENTS

2024 E. 29th St., Tacoma, Nite Crew (9 p.m.). 253-594-7777.

Forza Coffee Company 1520 Wilmington Drive, DuPont, live music (6:30 p.m.). 253-964-1407.

Forza Coffee Company 2209 N. Pearl St., Tacoma, open mic (7 p.m.). 253-759-9320.

G. Donnalson's 3814 N. 26th St., Tacoma, Little Bill Engelhart and Rod Cook (7:30 p.m.). 253-761-8015.

Great American Casino 10117 South Tacoma Way, Lakewood, The Afrodisiacs (9 p.m.). 253-396-0500.

Jazzbones 2803 Sixth Ave., Tacoma, DJ Minus (10:30 p.m.). 253-396-9169.

Louie G's 5219 Pacific Hwy. E, Fife, Bleed the Stone, Pacific Drive, Await the Avalanch, Riot and Rhythm, Static (8 p.m.). 253-926-9700.

Muckleshoot Casino 2402 Auburn Way S., Auburn, Chapter 5 (9:30 p.m.). 253-333-1848.

Real Art Tacoma 5412 South Tacoma Way, Tacoma, Power Laces, Little Donuts, Peace & Red

Velvet, (7 p.m.). realarttacoma.com.

Rock The Dock 535 Dock St., Tacoma, Jim Mack (8 p.m.). 253-272-5004.

Royal Bear 35731 W. Valley Highway S., Algona, Ghost 211 (9 p.m.). 206-628-0888.

The Swiss 1904 S. Jefferson, Tacoma, Heritage, The Ill-Legitimates (9 p.m.). 253-572-2821.

The Valley Pub 1206 Puyallup Ave., Tacoma, The Pearls, Shotgun Kitchen, Sofie Lute (8 p.m.). 253-248-4265.

SATURDAY

Buffino's Golden West Saloon 5228 South Tacoma Way, Tacoma,

Back Porch Band (9 p.m.). 253-471-9892.

Emerald Queen I-5 Nightclub 2024 E. 29th St., Tacoma, Nite Crew (9 p.m.). 253-594-7777.

Emerald Queen I-5 Showroom 2024 E. 29th St., Tacoma, Asia Fest (8 p.m.). 253-594-7777.

G. Donnalson's 3814 N. 26th St., Tacoma, Little Bill Engelhart and Rod Cook (7:30 p.m.). 253-761-8015.

Great American Casino 10117 South Tacoma Way, Lakewood, The Afrodisiacs (9 p.m.). 253-396-0500.

Jazzbones 2803 Sixth Ave., Tacoma, Mike Deez & Jig, DJ Jusz, NYCE DJ Schematik (9 p.m.).



TUESDAY:
Spaghetti & Meatballs
\$10.99

WEDNESDAY:
1/2 off bottled wine

THURSDAY:
Dessert free with entree

NEW DAILY LUNCH SPECIAL:
1/2 sandwich with salad or soup **\$9.95**

Enjoy Authentic Italian Cuisine in our Outdoor Courtyard

Grassi's RISTORANTE & CATERING
2811 Bridgeport Way W | University Place | 253-565-0633
www.grassis-ristorante.com



ARTS & Entertainment Guide

A Special Supplement
Inside the News Tribune
Go and Northwest
Guardian Weekender

Coming Friday September 16, 2016
The Fall Arts & Entertainment Guide
Have your business showcased by
calling 253-597-8779



OLYMPIA VINTAGE TUGBOAT RACES & FESTIVAL HARBOR DAYS

Labor Day Weekend!

SEPTEMBER
2, 3, 4

From Port Plaza to Percival Landing



Visit HarborDays.com for schedules, activities, FAQ's, maps & more!

FROM PAGE 8C

OUT

Center at Lewis North at 8:30 a.m. Popular Family trip; trip with NAC expert guides; volunteer option. **\$55.**

SEPTEMBER 29
SUNSET SUP AND STEAK DINNER

Head to American Lake for enjoyable paddles until the sun sets. All ages are welcome, but children younger than 12 must be on a board with an adult; steak dinner is an optional add-on. Depart from the Northwest Adventure Center at Lewis

North at 6 p.m. Preregistration is required by 5 p.m. two days prior to each trip. (\$30; ages 3 to 12: \$20) Trip with NAC expert guides; add \$20 for meal and souvenir cup. **\$30; \$20** for ages 3 to 12.

OCTOBER 1

RAFTING ON THE WHITE SALMON RIVER

Experience the class-III rapids of the White Salmon River. The trip ends at the legendary class-VI 10-foot high Husum Falls (depending on water levels, Class IV). Minimum age: 12. Depart from the Northwest Adventure Center at Lewis North at 9:30 a.m. Preregistration required by

Sept. 27 at 5 p.m. **\$110.**

SUNRISE PHOTOGRAPHY WORKSHOP

Head to Sunrise to photograph the early morning sunrise as it hits Mount Rainier. In this workshop, learn how exposure for the fast-changing light conditions as the area explodes into vibrant colors as the sun rises over the Cascades. Bring a pack to carry personal items, enough food to get you

through the day, water, extra layers of warm clothing and weather protection, camera, lenses and other camera-related equipment. Minimum age: 12. Depart from the Northwest Adventure Center at Lewis North at 4 a.m. **\$75.**

OCTOBER 2

TAKE THE SEATTLE PHOTOGRAPHY TOUR

Beautiful and eccentric,

Seattle is the perfect subject for honing your photography skills. Explore the Emerald City while learning techniques for depth of field, ISO, metering and photo composition. Some of the locations on the visit include Snoqualmie Falls, the Fremont Troll, Ballard Locks and one of the best views of Seattle, Kerry Park. Minimum age: 12. Depart from the Northwest Adventure Center at Lewis North at 8 a.m. or McChord Field's Adventures Unlimited at 8:15 a.m. **\$70.**

TAKE THE ATV RIDERCOURSE

In this half-day course, ATV Safety Institute instructors will guide you through the fun and excitement of safely riding an ATV. We ride rain or shine, so dress for the weather. ASI ATV RiderCourse™ certification will be awarded upon completion. Minimum age: 16. Meet at the JBLM ORV Park at 9 a.m. **\$35.**

HD'S AUTO SALES 253-535-6804
8806 Canyon Rd E Puyallup, WA 98371

"Service that is worth the drive"

www.hdsautosales.com

For over 30 years on Canyon Road, HD's Auto Sales is your number one destination for the finest, pre-owned cars, trucks and SUVs.



The Great Northwest
GLASS PUMPKIN PATCH

Free Admission!

Featuring 2,000+ hand-blown glass pumpkins crafted by local glass artisans.

There are a dazzling array of one-of-a-kind glass pumpkins in a variety of colors, shapes, sizes and price ranges.

Saturday, Sept 3, 9am-3pm
Watson's Nursery
6211 Pioneer Way East, Puyallup, WA 98371

Sponsored by Tacoma Glassblowing Studio
253.292.9681 | www.tacomaglassblowing.com

* A portion of every sale will be helping Children here in the Northwest and abroad.



LAKESIDE
9638 Gravelly Lake Drive SW Lakewood WA
253-588-2647

Original House of Donuts

Hot Coffee & A Donut (with a hole in it) **\$1**
Buy 1 Donut Get 1 FREE (at regular prices)

TACOMA
766 St Helens Ave Tacoma WA
253-314-5702

www.originalhouseofdonuts.com - info@thehouseofdonuts.com - [@OriginalHouseOfDonuts](https://www.facebook.com/OriginalHouseOfDonuts)




Party World Also the home of PartyWedding.com
2 Floors to Explore!

In need of Football Party Supplies? We have you covered with Licensed Seahawks Merchandise!

PARTY WORLD 1565 Center St, Tacoma
253.272.2181 | PartyWedding.com



art & tix



SEPT. 9, 2016

FRIDAY

University of Puget Sound School of Music
JACOBSEN SERIES: DEBUSSY AND FRIENDS

Schneebeck Concert Hall
A chamber program of French music featuring three works for harp performed by Catherine Case, harp, joined by flute, cello, viola, violin, piano, and voice.
Ticket Info: \$15 general; \$10 sr. citizen, military, student. Call 253.879.3100, or go to tickets.pudgetsound.edu

SEPTEMBER 9 - OCTOBER 9 • FRI & SAT 8PM • SUN 2PM

Lakewood Playhouse
3-ACTOR COMEDY "HOUND OF THE BASKERVILLES"

5729 Lakewood Towne Center Blvd SW
Homes, Watson, a family curse, a desolate moor, a spectral hound, a deranged killer on the loose ... it's a comedy!
LAKEWOOD: Shop, Eat, Play, Stay!
Ticket Info: Adults \$25; Military \$22; Seniors \$21; Students/Educators \$19 (253) 588-0042 or online www.lakewoodplayhouse.org

SEPT 9-24

SEPT 9 & 10 • FRI & SAT • 7:30PM

Assemblage Theater
MOBY DICK- THE TALE RETOLD

Tacoma Youth Theater, 924 Broadway
Moby Dick, The Tale Retold powerfully captures the eloquent language, the soaring sea adventures and the unforgettable characters of Melville's masterpiece of an obsessed sea captain and his quest for revenge.
Preview: Thursday, September 8 @ 8 p.m. All seats \$5, available at the door only.
Ticket Info: \$15 adults; \$10 students, active military & adults 65+. Available at the door or in advance at www.BrownPaperTickets.com. www.assemblagetheater.com, (253) 761-8288

SEPTEMBER 10

SATURDAY

6-9PM

Tacoma Little Theatre
98TH SEASON OPENING GALA AND SILENT AUCTION

Tacoma Little Theatre
210 N I Street, Tacoma, WA 98403
Join TLT for a sneak peek of all 7 shows coming up in their 98th season while bidding on some great silent auction items. Ticket includes drink and hors d'oeuvres.
Ticket Info: All seats \$30; 253-272-2281 www.tacomalittletheatre.com

Sponsored by The News Tribune and participating Art Groups
For advertising information, contact Erica Wilkins 253.597.8264 or Melissa Meissner 253.552.7061 • Fax 253.552.7057

THE NEWS TRIBUNE
www.news-tribune.com

FROM PAGE 3C

FAIR

all active, reserve, retirees, National Guard members and dependents with military IDs. There will be three Military Appreciation Days in total: Monday, Sept. 12 and 19.

"We want to make sure that those who have served are appreciated and this is the least we can do to give thanks for them serving our country," the Fair's Public Relations director Stacey Howard said.

For those that don't qualify for Military Appreciation Days, tickets are \$12.50 for adults and \$9 for students and seniors. Children age 5 and younger are always free.

The fair, which started back in the early 1900s, has a variety of attractions, including rides like a giant Ferris wheel and roller coasters. It also offers a swath of popular carnival food, a farmers market, contests and a rodeo.

Music fans will get a chance to enjoy a diverse group of musicians, spanning 21 days worth of music and including nearly every musical genre. Some of the headliners include Kid Rock on Saturday and country music star Tim McGraw Sunday. There will be concerts throughout the duration of the fair, such as X Ambassadors and Rachel Platten performing Sept. 15, Jeff Foxworthy and Larry the Cable Guy doing a comedy show Sept. 23 and a Flo Rida concert Sept. 24. The concerts conclude with a performance by Train Sept. 25. For a full lineup of concerts, visit thefair.com/concerts.

A few of the most popular attractions at the fair include the Discover the Dinosaurs exhibit, where visitors get to walk through a hands-on journey through time featuring dinosaur replicas. Fans of Marvel and DC Comics will also enjoy Superhero headquarters, where kids and adults will get a chance to meet their heroes. The town will feature the Batman, Superman,



PATRICK HAGERTY

The Washington State Fair features rodeo for the adults and Mutton Busting for kids. Shows run daily, Friday through Sept. 25.

Wonder Woman, Thor, Supergirl, Captain America and the Teenage Mutant Ninja Turtles.

Beer drinkers will also enjoy the return of the Beer Haven, which will feature more than 60 local breweries and music and a live DJ on weekends. Sports fans will also have a chance to meet Seattle Seahawks star defensive end Michael Bennett Sept. 23 at 6 p.m. when he hosts a Q&A format session.

There will also be a tailgate party at the End Zone Sports Bar Sept. 25, to watch Seattle take on its bitter rival, San Francisco. The fan with the best Seahawks themed costume will be named "The Ultimate Fan" and will win a new Aqua Quip grill.



The Washington State Fair's Beer Haven is billed as the world's largest mobile bar. It features 60 taps of the best local craft beer.

THE STATES BIGGEST PARTY STARTS TODAY!

Washington STATE FAIR®

2016

DO THE PUYALLUP!

SEPT. 2-25

(CLOSED TUESDAYS)



KIDS GET IN **FREE** SEPT. 2-5

COURTESY OF
BECU



SUPERHERO HEADQUARTERS

Opening weekend come meet **Captain America & Thor!** See other superheros on select days! **FREE** with Fair admission.

© 2016 MARVEL



MONDAY SEPT. 5, LABOR DAY!

A **FREE** concert in the Grandstand by Jimmy Buffet Tribute Band A1A at 5pm. Start the party early at the **PRE-SHOW PARTY** from 3pm-5pm. Purchase tickets now at THEFAIR.COM to get your island-inspired meal with a margarita or pina colada, **FREE** games, **FREE** prizes and early seating for the **FREE** concert!

\$2* RIDES UNTIL 2PM

Good for use throughout the entire day.

*EXCLUDES EXTREME SCREAM AND ADVENTURE ZONE RIDES.

FREE BIG WA BOBBLE HEAD

FIRST 1,000 PAID GUESTS

MILITARY APPRECIATION DAY

FREE gate admission, with valid ID. Sponsored by Nissan.



NEW GRAND WHEEL

Get a bird's eye view of the Fair from the thrilling new Grand Wheel soaring 108' in the air.



   #PartyBigWA

THEFAIR.COM