



APG NEWS

Published in the interest of the people of Aberdeen Proving Ground, Maryland

www.TeamAPG.com

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APG North gate times to change Oct. 30

By **YVONNE JOHNSON**
APG News

In response to a recent survey querying driver preference, the senior installation commander has directed that a test of gate operating hours be conducted at the APG North (Aberdeen) entry points.

Starting Oct. 30, and running through Nov. 30, the Maryland Boulevard (MD Rt. 715) gate will open 5 a.m. to 7 p.m., Monday – Friday and close weekends and the Harford Boulevard (MD Rt. 22) gate will open 24 hours-a-day.

New APG North gate schedule:

MD 715: 5 a.m. to 7 p.m., Monday thru Friday

MD 22: 24 hours-a day

According to Director of Emergency Services Chris Ferris, the survey results from post residents and members of the community were overwhelmingly in favor of the change.

“It’s also to facilitate local shopping in the Aberdeen area,” Ferris said.

Also affected by the change will be visitor control center operation. During the test of gate

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inside

LEADERSHIP

Army launches ‘Not in My Squad’ online assessment resource.

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HONOR

USS Cole crew honors Sailors who died in 2000 terrorist attack.

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RIVALRY

The 116th Army vs. Navy game kickoff Dec. 12.

Army | 14



8 days until
Oktoberfest

Oct. 23 & 24

see page 10 for details

online

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Bayside homes go solar



APG Garrison Commander Col. James E. Davis, right; Scott Kotwas, Corvias Military Living business director, center; and Keisha Brown, Corvias program development analyst, watch workers install solar panels on a Bayside Village home, Oct. 7. APG is the first Corvias installation to receive cost-saving solar panels through the Department of Defense Privatized Housing Solar Challenge initiative.

APG first Corvias installation to receive solar panels

Story and photos by
YVONNE JOHNSON
APG News

In support of the Department of Defense Privatized Housing Solar Challenge initiative, Aberdeen Proving Ground became the first Corvias installation to receive solar panels on its residential housing units.

The move is part of a portfolio-wide initiative to install solar power at partner military installations across the U.S. at no cost to the military.

Contractor Onyx Renewable Partners, LLC is installing 1.14487 kilowatts of solar

power on 210 home in the APG Bayside community. The panels are expected to generate 1,487 megawatt hours of solar power each year, or 73 percent of residential power use.

Estimates are that the effort will provide rate stabilization for military housing projects resulting in reinvestment of utility savings and increased energy security while eliminating approximately 92,000 tons of carbon emissions each year.

“Installing solar panels as a clean energy source allows us the opportunity to better manage utility expenditures over the long

term and do something good for the environment by reducing annual carbon emissions,” said Scott Kotwas, business director for Corvias Military Living.

Kotwas said Corvias portfolio-based solar programs across 12 military installations will enhance DOD goals to reduce emissions by 26 percent by 2025; increase the use of renewable energy to the level of 20 percent by 2030; install 300 megawatts of renewable energy across federally subsidized housing by 2020; and double energy productiv-

See **SOLAR**, page 17

EAP places focus on moving forward

By **YVONNE JOHNSON**
APG News

Concerned about an attachment to alcohol or drugs that is negatively impacting your work performance or family life? Are stressful issues in the workplace jeopardizing your overall wellbeing? The Army Employee Assistance Program (EAP) is here to help.

The EAP provides services for government employees for substance abuse-related and other challenges. The purpose of the job-based program is to help employees identify and resolve personal problems that may



Stokes

affect their job performance and well-being, to assist management in addressing productivity issues, and to promote installation work, life and wellness programs.

EAP provides free, confidential services that include screening to identify problems, short-term counseling and, when appropriate, referrals to off-post facilities or services.

Robins Stokes is the Aberdeen Proving Ground EAP manager. Located in the Army Substance Abuse Program (ASAP) Bldg. 2477 on APG North (Aberdeen), the office serves government civilians and their families, military family members, and military retirees and their families. Participation in the EAP is voluntary and, ultimately, it is the client’s decision to participate.

Stokes said that while client issues vary, many EAP cases involve drug and alcohol abuse.

“Whatever life throws at you, EAP can help you handle it,” Stoke said. “You have the power to choose not to abuse. And you can have a great life without abusing alcohol or drugs.”

Help is available

Along with substance abuse, challenges addressed by EAP include:

- Work/live balance
- Workplace and home stress
- Anxiety
- Basic budgeting
- Anger management
- Grief
- Relationship issues
- Workplace conflicts

Stokes said she wants to get the message

See **EAP**, page 17

Open houses promote fire prevention



By **RACHEL PONDER & STACY SMITH**
APG News

The Directorate of Emergency Services marked Fire Prevention Week with two open houses; one on the C4ISR Center of Excellence campus, Oct. 7, and a second, larger event at the APG North (Aberdeen) fire station, Oct. 9.

DES Assistant Chief of Prevention John Roush said the events focused on promoting attention toward fire safety and prevention, adding that this year DES aimed to reach a wider audience.

“We’re taking different strategies this year,” Roush said. “Everything is mobile,

See **FIRE**, page 18

Two APG Firefighters put out a fire in a helicopter training vehicle at the Fire Prevention Week Open house, held at the APG North fire station, Oct. 9.

Photo by Molly Blossie

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STREET TALK

It's National Bullying Prevention Month. How do you stand up to a bully?

If I saw someone being rude to a friend at school or the youth center I would tell a teacher or a counselor, especially if the fight is physical. I would stick up for the person being bullied.



Rodney Williams
Age 12

I would go to the friend and ask them if they are okay, and I would tell the bully to back off. I try to follow the Golden Rule, which is treat others the same way you want them to treat you.



Tiarah Vickers
Age 11

I would look for a teacher and ask the bully why they are acting that way. Usually when a person acts like a bully [it's] for a reason, like they are having a problem at home. If someone tries to bully me, it doesn't bother me.



Lauryn Carr
Age 11

I have been bullied, so I would tell a teacher if I saw someone else being bullied, because bullying is not nice.



Kina Brady
Age 6

I would tell the teacher or the principal. I would try to talk it out or just get my friend to walk away.



Kiyen Alexander
Age 7

APG works to confront spiraling heroin epidemic

By **YVONNE JOHNSON**
APG News

With statewide concerns over the spiraling heroin epidemic in Maryland – including in surrounding communities – Aberdeen Proving Ground is joining the fight to combat the accompanying rise in overdose deaths.

According to Devita Hampton, social services assistant with the APG Army Substance Abuse Program (ASAP), the problem does not stop at the APG entrance gates. Therefore, ASAP, in partnership with the Maryland Overdose Response Team from the Harford County Health Department, will present Naloxone certification training to APG first responders.

Also known as Narcan, Naloxone is an opioid antagonist used to reverse the opioid effects of overdose.

Hampton explained that opiates are compounds naturally found in the opium poppy plant while opioids, such as heroin and prescription pain killers like oxycodone and hydrocodone, are made, rather than found naturally.

She said top priorities are to get the

word out about overdose warning signs and increase prevention education.

“The numbers have really spiked, regarding heroin use and heroin overdoses, and health officials have had to become proactive to save lives,” she said. “An educated public means being aware and paying attention to behaviors, moods, skin tones and other indicators out of the norm. Hopefully, this event will provide the guidance needed when dealing with an opiate overdose.”

Hampton said Naloxone training and certification for APG first responders is set for noon to 2 p.m., Wednesday, Oct. 28 at the Garrison Training Facility, Bldg. 3147. Attendees will be certified to administer Narcan for opioid overdose. They’ll also receive two hours of the mandatory Substance Abuse Training for FY16.

“This is a community problem that’s become an epidemic,” she added. “And the state has come up with an excellent intervention plan to combat overdoses. We’re very fortunate to be able to bring these professionals in to provide this training.”

Harford County efforts

Harford County is conducting hour-long sessions at area middle schools to inform parents and students about the crisis, Hampton noted. Parents are urged to attend the sessions which address illegal drugs, the symptoms of

addiction, available treatment options and ongoing efforts to eradicate heroin from the community.

Future sessions are set for 6:30 p.m.:

- Thursday, Oct. 22 at North Harford Middle School
- Wednesday, Oct. 28 at Edgewood Middle School
- Thursday, Nov. 5 at Southampton Middle School

According to a letter from Harford County Government, heroin can be snorted or injected, is readily available for as little as \$8, and studies show that most children will be introduced to drugs and alcohol in middle school by a friend or family member.

Heroin is not confined by zip codes, the letter warns.

“This action places the community on the front lines,” Hampton said. “This means if overdoses are still happening, then we haven’t reached the right audience. It’s gotten to the point that we not only need to educate but also provide the tools to enable them to intervene.”

She said training will cover all opioids as addictions to prescriptions pain killers remains a problem.

For more information, contact Hampton at 410-278-1716 or email devita.d.hampton.civ@mail.mil; or the Harford County Office of Drug Control Policy at 410-638-3333 or www.harfordcountymd.gov/services/drugcontrol.

Recognizing LGBT History Month

By **NICOLE DECAMPLI**
Social Security District, Abingdon

October is National Lesbian, Gay, Bisexual, and Transgender (LGBT) Month. This month is intended to encourage honesty and openness about being LGBT. First celebrated in 1994 to coincide with National Coming Out Day, the month has evolved to include a more diverse range of people identifying as LGBT.

On June 26, 2015, the Supreme Court issued a decision in *Obergefell v. Hodges*, holding that same-sex couples have a constitutional right to marry in all states. As a result, more same-sex couples will be recognized as married for purposes of determining entitlement to Social Security benefits or eligibility for Supplemental Security Income (SSI) payments.

Since a previous Supreme Court decision in 2013, Social Security has been able to recognize some same-sex marriages and non-marital legal same-sex relationships for purposes of determining entitlement to or eligibility for benefits. We also consider same-sex marriage when processing claims for SSI. Marriage may affect your SSI eligibility or payment

amount.

Social Security is working closely with the Department of Justice to develop and implement policy and processing instructions to implement the June 26, 2015 Supreme Court decision. Social Security will update its website and issue instructions to our staff as additional information becomes available.

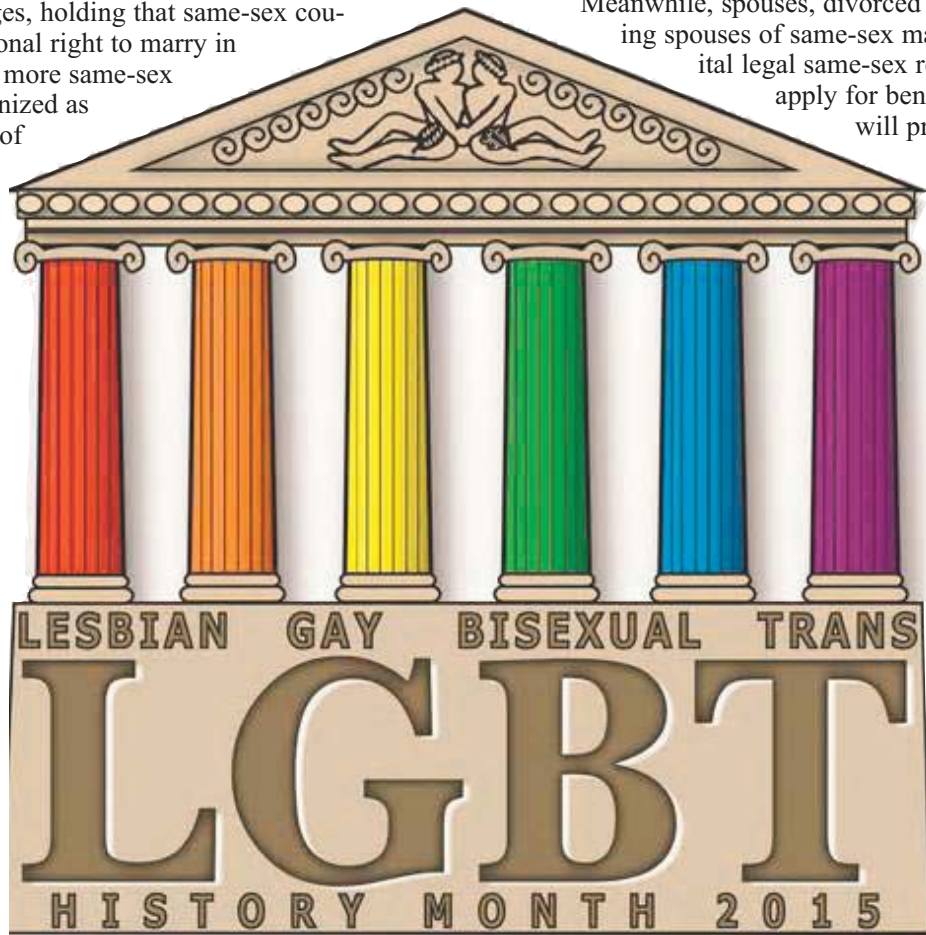
Get more information for same-sex couples at www.socialsecurity.gov/people/same-sex-couples.

Meanwhile, spouses, divorced spouses, or surviving spouses of same-sex marriages or non-marital legal same-sex relationships, should apply for benefits. Applying now will preserve the filing

date, which protects against the loss of potential benefits.

For more information, or to apply for benefits, call toll-free 1-800-772-1213 (TTY) 1-800-325-0778. We can answer specific questions from 7 a.m. to 7 p.m., Monday through Friday. Generally, you’ll have a shorter wait time if you call during the week after Tuesday. We treat all calls confidentially.

Visit www.socialsecurity.gov/people/same-sex-couples to learn more.



APG SEVEN DAY FORECAST

Thurs	Fri	Sat	Sun	Mon	Tue	Wed
66° 47°	63° 42°	58° 35°	55° 33°	55° 36°	60° 44°	67° 48°

APG NEWS

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Deadline for copy is Thursday at noon for the following Thursday's paper.

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SSCF program visits Antietam battlefield

By **JAMES OMAN.**
DAU

Fellows from the Defense Acquisition University - Senior Service College Fellowship Program (SSCFP), Class of 2016 participated in the first staff ride of the academic year with a visit to the Antietam National Battlefield in western Maryland, Oct. 6.

The excursion provided a study on leadership and decision-making as well as afforded the fellows with the opportunity to “walk the ground” where more than 23,000 casualties occurred earning the distinction of the “bloodiest single day in American history.”

National Park Service Ranger Brian Baracz accompanied the group and deftly shared his perspectives and insights throughout the staff ride. Baracz explained the tactical, operational, and strategic decisions made by key Union and Confederate Army leaders, and described how those decisions determined the immediate and long-lasting outcomes of the war.

Through experiences such as this, SSCFP fellows gain a deeper appreciation of critical thinking, making leadership choices, and the need to consider the effects of second and third orders.

In the spring of 2016 the SSCFP will travel to Europe to visit significant World War I and World War II battlefields. Visits to the North Atlantic Treaty Organization (NATO), the Supreme Headquarters Allied Powers Europe, (SHAPE), the U. S. European Command (EUCOM), U.S. Africa Command (AFRICOM), and the U.S. Army in Europe (USAREUR). At each command the fellows will meet with multiple senior leaders and learn about the roles and missions associated with each



Courtesy Photo

APG Defense Acquisition University Senior Service College fellows, from left, Willie Jackson, Wing Young, Ben Pryor, Shauna Dover, Nick Saacks, Melanie Loncarich, Dan Schwartz, and Patrick Morse learned about the significance of the Battle of Antietam and the many tough choices made by leaders from National Park Service Ranger Brian Baracz, kneeling, during an Oct. 6 staff ride to Antietam National Battlefield.

organization.

The SSCFP is a nationally-recognized, Army-sponsored program designed to develop strong, effective senior leaders for the Department of Defense Acquisition community. An SSCFP announce-

ment calling for applications for the class of 2016-17, which starts July 25, 2016 is expected to run from Dec. 2, 2015 through March 9, 2016.

Program announcement information will be posted on the U.S. Army Acquisi-

tion Support Center website at <http://asc.army.mil/web/>. For more information, visit the DAU website at www.dau.mil/sscf/Pages/apg.aspx or contact James Oman at 410-272-9470 or james.oman@dau.mil.

See Something

Cut along dotted lines and fold in middle for use as wallet reference Card.

Say Something

INSTALLATION WATCH CARD	INSTALLATION WATCH CARD
<h3>DO OBSERVE & REPORT</h3> <ul style="list-style-type: none"> • Suspicious activity or suspected surveillance. • Unusual questions or requests for information relating to capabilities, limitations, or operational information. • Unusual vehicles operating in or around APG. • Unusual phone calls, messages, or e-mails. • Unusual contacts on or off post. • Unusual aerial activity near or around installation. • Any possible compromise of sensitive information. 	<h3>DON'T</h3> <ul style="list-style-type: none"> • Discuss any aspect of military operations or planning. • Discuss military capabilities or limitations. • Discuss FP measures, capabilities, or posture. • Disclose information about R&D and testing. <p>Report suspicious activity immediately to APG Police!</p> <p>APG (North & South): 410.306.2222 Off Post in Maryland call 1-800-492-TIPS or 911</p> <p><small>Card created by APG Intel</small></p>

APG suicide prevention manager presents at state training session

ASAP

Lamont Cogger, APG Suicide Prevention Manager with the Army Substance Abuse Program, recently presented a training session during the Maryland 27th Annual Suicide Prevention Conference at Martin's West in Baltimore, Oct. 7.



Cogger

Titled, "Shining a Light on Hope and Recovery," the event, which is hosted

It sends the message that the Army is cognizant of the importance of suicide prevention and is devoted to raising awareness of the signs and symptoms of suicidal thinking and behavior.

Lamont Cogger

APG Suicide Prevention Manager with ASAP

by the Governor's Commission on Suicide Prevention, involved a series of workshops with suicide prevention and mental health care professionals from

around the state.

Cogger presented a Session III workshop titled "ACE: Ask, Care, Escort." He said ACE is a suicide prevention

course designed for military personnel, family members and government civilians. The two-hour workshop focused on the ACE objectives: identify warning signs, risk factors and how to care for someone with suicidal ideations.

Cogger said he was honored to present the Army perspective of suicide prevention before fellow peers and professionals.

"It sends the message that the Army is cognizant of the importance of suicide prevention and is devoted to raising awareness of the signs and symptoms of suicidal thinking and behavior," he said.

Resilience key to overcoming depression

By **IHSAN ABDUR-RAHMAN** and **CAPT. DONELL BARNETT,**
Army Public Health Center

Sam woke to gentle sunlight streaming through the blinds and turned to see his wife sleeping peacefully beside him. He heard their children playing nearby. A few months ago, he would have been eager to jump out of bed and get the day started. However, in the past weeks, his interest in daily routines and family life had diminished.

A year ago, Sam returned home from a second deployment to Iraq. During his 18-month tour, his children accomplished great things. His son made the Little League team, and his daughter took her first steps. Sam's family was eager for his return. At first, Sam seemed fine; he showed affection toward his family, excelled at work, and played basketball with his buddies in his spare time.

However, as the days progressed, a dark feeling began to creep into Sam's mind, dulling other sensations. He found himself spending more time at work and less time on the basketball court and with his family. At a routine Troop Medical Clinic visit, Sam revealed he had been feeling "out of the norm" and having bouts of digestive problems. His doctor asked about feel-

ings of irritability, isolation and withdrawal. Sam admitted to feeling those things and spending more time at work. The doctor suggested he may be suffering from depression.

Sam's story is fictional, but depression is quite real. Individuals cope with depression in different ways. Some may feel overwhelmed by sadness, guilt and helplessness. Some, like Sam, may try to find relief from symptoms by isolating themselves from family and friends, or overworking.

One does not have to cope with depression alone. Depression is a treatable and manageable medical condition. Sam demonstrated resilience by seeking care and having an open conversation about his feelings with his physician.

Soldiers' careers carry expectations, responsibilities and stressful situations. Soldiers who demonstrate resilience during times of hardship find the tools to resolve challenging situations. Habits that build resilience are the same habits that may reduce the symptoms of depression: participating in physical activity, adopting a healthy diet, practicing healthy sleep habits, seeking care from behavioral health professionals and joining support groups. Resilience can be learned, preparing Soldiers for lifelong success in finding solutions to



U.S. Army photo

Soldiers who demonstrate resilience during times of hardship find the tools to resolve challenging situations

difficult situations.

One program for building resilience in Soldiers and their families is the Comprehensive Soldier and Family Fitness, or CSF2 Program. CSF2 uses a systematic process to build mental strength, professional acumen and the Warrior Ethos.

If you or someone you know is experiencing depression, help is available from a variety of sources. Contact your local military treatment facility, TRICARE or a civilian community counseling facility. Military OneSource at 800-342-9647 can direct you to an appropriate resource.

October is National Depression Awareness Month

National Alliance on Mental Health

According to the Centers for Disease Control and Prevention (CDC), depression is characterized by depressed or sad mood, diminished interest in activities which used to be pleasurable, weight gain or loss, psychomotor agitation or retardation, fatigue, inappropriate guilt, difficulties concentrating, as well as recurrent thoughts of death.

The CDC aligns with the National Alliance on Mental Health (NAMI) to observe National Depression Awareness Month which is highlighted by National Depression Screening Day a courtesy online screening offered at <https://mentalhealthscreening.org>.

As an illness, depression falls within the spectrum of affective disorders and diagnostic criteria established by the American Psychiatric Association dictates that for depression to exist five or more of the above symptoms must be present for a continuous period of at least two weeks.

Depression poses a substantial burden globally – and to the individual suffering from this disorder. As research has found that interpersonal relationships are particularly likely to suffer when someone is depressed, data suggest that few families or networks of friends are likely to remain unaffected by depression.

Major depression frequently goes unrecognized and untreated and may foster tragic consequences, such as suicide and impaired interpersonal relationships at work and at home. The use of medications and/or specific psychotherapeutic techniques has proven very effective in the treatment of major depression, but this disorder is still misconstrued as a sign of weakness, rather than being recognized as an illness.

Getting a comprehensive evaluation is important. Underlying medical issues that can mimic a major depressive episode, side effects of other medications or any other medical causes must first be ruled out. Understanding life stressors and prior responses to treatment effort can help shape a good treatment plan. Understanding how any co-occurring conditions fit into the diagnostic picture

also informs treatment options.

Symptoms

Just like with any mental health condition, people with depression or who are going through a depressive episode (also known as major or clinical depression) experience symptoms differently. But for most people, depression changes how they function day-to-day.

- Changes in sleep.
- Changes in appetite.
- Lack of concentration.
- Loss of energy.
- Lack of interest.
- Low self-esteem.
- Hopelessness.
- Changes in movement.
- Physical aches and pains.

Causes

Depression does not have a single cause. It can be triggered, or it may occur spontaneously without being associated with a life crisis, physical illness or other risk. Scientists believe several factors contribute to cause depression:

Trauma. When people experience trauma at an early age, it can cause long-term changes in how their brains respond to fear and stress.

Genetics. Mood disorders and risk of suicide tend to run in families, but genetic inheritance is only one factor. Identical twins share 100 percent of the same genes, but will both develop depression only about 30 percent of the time. People who have a genetic tendency to develop depression are more likely to show signs at a younger age. While a person may have a genetic tendency, life factors and events seem to influence whether he or she will ever actually experience an episode.

Life circumstances. Marital status, financial standing and where a person lives have an effect on whether a person develops depression, but it can be a case of "the chicken or the egg."

Brain structure. Imaging studies have shown that the frontal lobe of the brain becomes less active when a person is depressed. Brain patterns during sleep change in a characteristic way. Depression is also associated with changes in

Local NAMI events

NAMI Homefront Education Program

NAMI Homefront is a free, six-week education program for family, friends and significant others of military service members and veterans with mental health conditions. It focuses on the unique needs of military and veteran communities, such as post-deployment and post-discharge transitions.

The course is designed to help family members understand and support their loved ones while maintaining their own well-being.

NAMI Homefront sessions are held 6 to 8:30 p.m. each Thursday at Bread of Life Church in Aberdeen.

Registration is required. For more information, call 410-884-8691 or email info@namimd.org.

how the pituitary gland and hypothalamus respond to hormone stimulation.

Other medical conditions. People who have a history of sleep disturbances, medical illness, chronic pain, anxiety, and attention-deficit hyperactivity disorder (ADHD) are more likely to develop depression.

Drug and alcohol abuse. Approximately 30 percent of people with substance abuse problems also have depression.

Children and teens

All children experience ups and downs while growing up, but for some, the downs aren't commonplace—they are symptoms of depression. Children and teens at higher risk for depression include those who have attention deficit/hyperactivity disorder, learning or anxiety disorders and oppositional defiance disorder. A young person who has experienced considerable stress or trauma, faced a significant loss or has a family history of mood disorders is at increased risk for depression.

Children with depression are more likely to complain of aches and pains than to say they are depressed. Teens with depression may become aggressive, engage in risky behavior, abuse drugs or alcohol, do poorly in school or run away. When experiencing an episode, teens have an increased risk for suicide. In fact, suicide is the third-leading cause of death among children aged 15-19.

Diagnosis

To be diagnosed with depression, a person must have experienced a major depressive episode that has lasted lon-

ger than two weeks. The symptoms of a major depressive episode include:

Loss of interest or loss of pleasure in all activities

- Change in appetite or weight
- Sleep disturbances
- Feeling agitated or feeling slowed down
- Fatigue
- Feelings of low self-worth, guilt or shortcomings
- Difficulty concentrating or making decisions
- Suicidal thoughts or intentions

Although depression can be a devastating illness, it often responds to treatment. The key is to get a specific evaluation and a treatment plan. There are a variety of treatment options available for people with depression.

Though other accompanying illnesses can complicate treatment, successfully treating depression almost always improves related illnesses. Successful treatment of PTSD, ADHD or substance abuse usually improves the symptoms of depression.

For more information, contact your local health care provider; visit the APG Army Substance Abuse Program (ASAP) Bldg. 2477, call 410-278-7779 or email lamont.a.cogger.civ@mail.mil; Kirk U.S. Army Health Clinic Behavioral Health at 410-278-1715; the U.S. Army Public Health Center website at <http://phc.amedd.army.mil/>; the NAMI website at <http://www.nami.org/>; or the National Suicide Prevention Lifeline at 1-800-273-8255.

Five Corvias installations achieve Top Ten ranking in Army Housing Survey



Corvias

Corvias Military Living, the military housing division of Corvias Group, has announced that five of its communities – Fort Rucker, Alabama; Fort Riley, Kansas; Fort Sill, Oklahoma; Fort Bragg, North Carolina; and Aberdeen Proving Ground – placed in the top ten for resident satisfaction in the 2015 Headquarters Department of the Army (HQDA) Residential Communities Initiative (RCI) Resident Survey. Fort Rucker received the highest score of any installation overall.

“We’re extremely honored to have received such praise from our residents and our installation teams deserve credit for their hard work,” said Chuck Parker, division president of Corvias Military Living. “We’re very eager to review the survey’s findings to see how we can improve the service we provide to service members and their families, which remains our priority.”

The 2015 HQDA RCI Resident Survey was distributed to 43 Army installations and filled out by 19,431 residents. The feedback provides the Army and Corvias with vital information to evaluate the current state of the

Properties Receiving A List Award			
Multifamily criteria: Service Satisfaction Score of at least 85.0, and a Response Rate of at least 20%.			
	Property Name	Service Score	Response Rate
1	APG,PATRIOT VILLAGE	85.0	26.0%
2	BRAGG,LINDEN OAKS-CLUBHOUSE	86.2	21.7%
3	BRAGG,NORMANDY-BASTOGNE GABLES	90.4	25.2%
4	POLK,CYPRESS TERRACE	87.1	24.3%
5	POLK,PALMETTO TERRACE	85.7	28.0%
6	RILEY,ELLIS HEIGHTS	86.9	33.8%
7	RILEY,HISTORIC MAIN POST	87.0	40.5%
8	RUCKER,ALLEN HEIGHTS	93.0	29.4%
9	RUCKER,BOWDEN TERRACE	88.3	41.5%
10	RUCKER,MUNSON HEIGHTS	87.2	37.0%

partnership and guide future improvements to the housing facilities and residential services.

Fort Rucker received the Crystal Installation Award for an overall score of at least 85 and a response rate of at least 20 percent. Rucker was one of two installations to receive this distinction. Fort Riley placed fourth while Fort Sill placed sixth. Aberdeen Proving Ground finished ninth while Fort Bragg rounded out the top ten. Fort Polk was listed ninth in the service category.

At the neighborhood level, Reece Crossings placed third while Randolph Pointe was presented with the A List

Platinum Award for a score of 96.2 percent and a response rate of 20 percent as the top neighborhood in the survey. Ten additional neighborhoods received the A List Award with a score of at least 85 percent and a response rate of at least 20 percent: Patriot Village at Aberdeen Proving Ground; Linden Oaks-Clubhouse and Normandy-Bastogne Gables at Fort Bragg; Cypress Terrace and Palmetto Terrace at Fort Polk; Ellis Heights and Historic Main Post at Fort Riley; and Allen Heights, Bowden Terrace and Munson Heights at Fort Rucker.

Corvias actively manages 13 U.S. government partnerships and addition-

al private partnerships. In the past 12 years, the company has raised the capital needed for the construction and redevelopment of more than 12,000 acres in communities serving more than 24,000 families. Corvias is also currently responsible for implementing more than \$11 billion in maintenance and infrastructure repairs, and will reinvest \$4.4 billion into its current public sector partnerships for continuous maintenance, upgrades and redevelopment during a 50-year span.

For more information, visit the Corvias Military Living website at <http://corviasmilitaryliving.com/>.

Leave Donations

Employees eligible for donations in the Voluntary Leave Transfer Program

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); or OPM 630- B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). Please contact Sue Campbell at 410-306-0266 or sue.a.campbell8.civ@mail.mil

Acevedo, Rachel
Acosta, Jeannie M.
Adair, Jennifer
Alba, Audrey
Briggs, Gregory Lynn
Bukosky, Velorie F.
Ciborowski, Steven
Clark, Lyra
Clelland, Louis A.

Dissek, Michael J.
Finegan-Bell, Antoinette
Fleetwood, Phylcia R.
Gaddis, Lonnie
Guy, Jessica
Hazel, Wanda L.
Humphries, Theresa
Johnson, Douglas W.
Kent, Nathaniel

King, Sharon M.
Kladitis, Johnathan
Kuciej, Andrea D.
Leonforte, John L.
Lloyd, Wayne F.
Mancini, Jennifer
McCauley, Adrienne
Meadowcroft, Catherine
Mielke, Sylvia A.

Morrison, Cassandra D.
Morrow, Patricia D.
Russo, Vincent
Solomon, Je'Neane
Urban, Brenda G.
Vincelli, Louis
Yoo, Alexia D.

MARK YOUR CALENDAR

events&town halls

THURSDAY OCTOBER 15

THURSDAY SOCIAL AT TOP OF THE BAY

In a bid to bring Team APG together and build camaraderie, Thursday Socials have returned to Top of the Bay, with the next social scheduled for Thursday, Oct. 15 at 4:30 p.m.

Team APG personnel are encouraged to stop by after work to share a few laughs with coworkers or battle buddies, network with new acquaintances, or reconnect with old friends.

Hosted by the APG Garrison and FMWR, free light hors d'oeuvres will be served and a cash bar will be available.

For more information, contact Teri Hall at teri.s.hall.naf@mail.mil or 410-278-3062.

FRIDAY OCTOBER 16

CORVIAS PUMPKIN PATCH/DECORATING CONTEST

The Annual Resident Pumpkin Patch featuring Halloween costumes and prizes will be held 4 to 6 p.m. at the Bayside Community Center. Come dressed in your creative Halloween costumes. Prizes will be awarded by age groups. A category for most creative family costume is included. The costume parade takes place 5:30 p.m.

This event is free and open to all on-post housing residents.

For more information, contact the Community Office, 2727 Chesapeake Boulevard, at 410-305-1076.

RESIDENT HALLOWEEN DECORATING CONTEST

Corvias Military Living invites all residents to participate in a Halloween Decorating Contest. Judging will take place 5 to 6 p.m., Oct. 21 and 22. Winners will receive a gift card based on the creativity and overall impression of their yard.

For more information, contact the Community Office, 2727 Chesapeake Boulevard, at 410-305-1076.

SATURDAY OCTOBER 31

HALLELUJAH HARVEST

The post chapel will host the annual Hallelujah Harvest – a family fun night and Halloween alternative filled with games, food and prizes - 5:30 to 7:30 p.m. at the APG North (Aberdeen) post chapel. For more information, contact Joyce Wood at 410-278-4333.

meetings&conferences

TUESDAY OCTOBER 20

CREDIT SCORE INFO SESSION

The C4ISR Wellness Committee will host a Credit Score Informational Session at Bldg. 6002, third floor, room 114, 11:30 a.m. to 12:30 p.m.

Credit cards are a great tool—as long as they're used wisely. In today's tough economy, that's more important than ever. Evidence is mounting that credit card holders aren't using plastic to their advantage, and there are plenty of people living on the financial edge.

The session is open to all installation employees, however registration is required for all attendees. Registration is due by Oct. 13 and must include a C4ISR visitors form. All visitors must meet in the lobby of Bldg. 6002 at 11:15 a.m. to be escorted to the training room.

At the seminar, you'll find out how to use credit cards to your advantage. You'll learn the benefits—and costs—of credit cards, how to build a good credit history, the warning signs of having too much debt, how to avoid credit card fraud, and how to get and read your credit report and understand your credit score.

For more information, contact Tiffany Grimes at 443-861-7901 or tiffany.l.grimes.civ@mail.mil.

THURSDAY OCTOBER 29

WOA MEETING

The U.S. Army Warrant Officer Association Aberdeen-Edgewood Silver Chapter will hold its quarterly meeting noon to 1 p.m. at the APG North (Aberdeen) recreation center, Bldg. 3326.

For information, contact retired CW4 Jesse Fields at 410-278-9673/908-956-3368; email jesse.p.fields.ctr@mail.mil or visit the Silver Chapter website at <http://www.apgwoa.org>.

RESTORATION ADVISORY BOARD MEETING

The next APG Restoration Advisory Board Meeting will be held at the Ramada Conference Center in Edgewood, Maryland from 7 to 9 p.m. Discussion topics will include remedial action and an operations update.

The RAB is also seeking volunteers to serve on the board. Members must be willing to serve a two-year term and attend six meetings throughout the year.

For more information, or to apply for RAB membership, call 410-436-7313 or 800-APG (274)-9998.

TUESDAY & WEDNESDAY NOVEMBER 3 & 4

ARL OPEN CAMPUS OPEN HOUSE

The U.S. Army Research Laboratory (ARL) will host an Open Campus Open House to provide members of the science and technology community an opportunity to:

- Learn about the ARL Open Campus business model
- Hear details of ARL strategic research areas
- Interface with ARL scientists and engineers to discover new opportunities for side-by-side collaboration
- Visit ARL specialized laboratory facilities
- Participate in technical presentations and poster sessions
- Meet one-on-one with some of the Army's leading researchers

Registration is ongoing and closes Oct. 19. No on-site registration will be offered. For more information, visit www.arlopen-campus2015.com

ARL has been a national leader in fundamental research for over 20 years. ARL research spans the spectrum from high strain rate mechanics and novel materials manufacturing, to cyber defense and advanced electronics, to atmospheric sciences and translational neuroscience. ARL's Open Campus business model is building an international science and technology ecosystem among government, academia, small business, industry, and entrepreneurs.

For more information about ARL Open Campus collaboration opportunities and the Open Campus Open House, visit www.arl.army.mil/opencampus.

TUESDAY NOVEMBER 17

HOT TOPIC TRAINING FORUM

DAU will host the Hot Topic Training Forum, "Additive Manufacturing: What it is and how it impacts aerospace, medical and defense industries," 11:30 a.m. to 1 p.m. at the APG DAU facility, 6175 Guardian Gateway on Aberdeen Proving Ground.

The forum will seek to define additive manufacturing and types of additive manufacturing processes. It will explore the state of additive manufacturing technology and discuss what it has to offer us in the future. Attendees can expect to discover the strengths and limitations of additive manufacturing and current happenings in the field today.

The presenter will be Mark Vitale, specialist leader, Deloitte Consulting LLP. Vitale has over 25 years of consulting and industry experience assisting commercial sector and federal government clients across a wide range of initiatives including: operations strategy, additive manufacturing, maintenance operations, demand/supply planning, inventory management, distribution/logistics, sourcing/procurement, and performance based logistics.

Attendees can bring lunch to consume during the presentation.

This training forum provides 1.5 Continuous Learning Points. To register, contact Ben Metcalfe at benjamin.metcalfe@dau.mil or 410-272-9471 before Tuesday, Nov. 17.

health&resiliency

THURSDAY OCTOBER 15

BREAST CANCER AWARENESS INFO SESSION

The C4ISR Wellness Committee will host a Breast Cancer Awareness Informational Session at the Myer Auditorium, Bldg. 6000, 11:30 a.m. to 12:30 p.m.

Dr. Atsuko Okabe, Medstar Franklin Square Breast Center at Bel Air, will provide the latest updates in breast health to include screening, treatment, and breast cancer prevention.

The session is open to all APG employees. For more information, contact Tiffany Grimes at 443-861-7901 or tiffany.l.grimes.civ@mail.mil.

WEDNESDAY OCTOBER 21

BREAST CANCER AWARENESS WALK & COMBINED FEDERAL CAMPAIGN KICK-OFF

The APG Army Performance Triad initiative will host the third annual Breast Cancer Awareness Walk at noon at Fanshaw Field on APG North (Aberdeen). The event will be held in conjunction with the Combined Federal Campaign Kickoff, and the route will be 3 kilometers, or 1.86 miles, in distance. Participants are encouraged to wear pink.

For more information, contact Capt. Joanna Moore, Performance Triad Action Officer, at (410) 278-1773 or joanna.t.moore.mil@mail.mil.

TUESDAY OCTOBER 27

DISASTER PLANNING TRAINING

In 2014, the Red Cross Chesapeake Region responded to more than 500 fire/storm incidents and assisted nearly 2,800 individuals. Disasters can affect you and your family at any time of day or night. The APG Community Health Promotion Council will host a Disaster Planning Training at the Myer Auditorium, Bldg. 6000, on the C4ISR campus from 11:30

a.m. to 12:30 p.m.

The event is open to all installation personnel and will feature guest speaker Fran Goucher, Red Cross Chesapeake Region volunteer leader.

For more information, contact Gale Sauer at gale.m.sauer.ctr@mail.mil or 443-861-9260, or contact Tiffany Grimes at tiffany.l.grimes.civ@mail.mil or 443-861-7901.

THROUGH OCTOBER

LIMITED OPTOMETRY SERVICES

During October, Optometry services at Kirk U.S. Army Health Clinic will be restricted due to limited staff.

Full services will remain available to active duty Soldiers, however full eye exams will likely not be available to family members and retirees.

Active duty appointments will be opened up to family members and retirees only if they are not filled within a reasonable time period.

Patients are reminded during this time of limited availability that full eye exams are a covered benefit under TRICARE, and can be obtained at any network provider without the need for referral once every calendar year. Referral Services or Tricare can provide information as to which providers in the community are network providers and can provide this service.

Full services are anticipated to resume in mid-October.

THURSDAY NOVEMBER 5

HEALTH FAIR

The Army Test and Evaluation Command will host the installation 2015 Health Fair 9 a.m. to noon at Bldg. 2202, ATEC headquarters. The event includes more than 30 county and state health care vendors and giveaways. Free flu vaccination will be available 10 a.m. to noon. Scheduled events include a Walk/Run rally starting 6:15 a.m. and the following information/exercise sessions:

- Transcendental meditation, 11 to 11:30 a.m.
- Improving Your Self Talk: Enhancing self-image & confidence, 11:30 a.m. to noon
- Women's personal health specialist, 11:30 a.m. to 12:30 p.m.
- Holy Yoga, noon to 1 p.m.
- Xtend Barre, noon to 1 p.m.
- For more information, contact Gale Sauer, ATEC health and wellness coordinator, at 443-861-9260 or gale.m.sauer.ctr@mail.mil

ONGOING

KUSAHC CLOSED 1ST WEDNESDAY OF EVERY MONTH

Kirk U.S. Army Health Clinic believes the key to being the premier health and readiness platform is a professionally-developed workforce, and reinvesting in employees is an investment to their service to APG.

As such, KUSAHC will close the first Wednesday of every month for training purposes until further notice, starting Wednesday, Oct. 7.

For more information, visit <http://kusahc.narmc.amedd.army.mil/SitePages/Home.aspx> or www.facebook.com/KUSAHC.

ONGOING

WEAR BLUE: RUN TO REMEMBER HARFORD COUNTY/APG

A Harford County/APG-based Wear Blue: Run to Remember community has been established, with ongoing meets the second Saturday of every month 8:30 a.m. at the Maryland and Pennsylvania Heritage Trail in Fallston.

Wear Blue: Run to Remember communities run, jog and walk in honor of the nation's fallen, fighting and families.

Those interested in participating in the run should meet at the Annie's Playground – Pavilion at 864 Smith Lane, Fallston, Maryland. Pets are allowed, but park rules do not allow retractable leashes.

All ability levels are welcome. Participants are strongly encouraged to wear blue.

Upcoming dates include:

- Nov. 14
- Dec. 12

For more information, contact Robin Bruns at 910-987-6764 or brunsr@yahoo.com.

THROUGH 2015

2015 CPR, AED CLASS SCHEDULE

The APG Directorate of Emergency Services has announced the CPR/AED class schedule for 2015. Classes are open to the entire APG community.

Oct. 21 – APG South Conference Center, Bldg. E4810 – 9 a.m. and 1 p.m.

Nov. 18 – APG North Chapel, Bldg. 2485 – 9 a.m. and 1 p.m.

Dec. 16 – APG South Conference Center, Bldg. E4810 – 9 a.m. and 1 p.m.

For more information, contact Mike Slayman at 410-306-0566.

family&children

WEEKENDS OCTOBER 16-31

VALLEY OF THE HAUNTED

The Boys & Girls Club of Harford County will host a bone-chilling Valley of the Haunted Halloween attraction in the woods of northern Harford County each weekend, starting Oct. 16, through Halloween.

With the assistance of the Harford County Office of Economic Development, Valley of the Haunted will crawl with flesh-hungry zombies, maniacal clowns, and more, all led by the twisted mind of one little boy who lived on the property over 200 years ago.

Valley of the Haunted is open to adults and children 10-years-old and above. Children under 12 must be accompanied by an adult. Little Haunts activities are also planned for younger children, including trick or treating, pumpkin painting, costume contests and more.

Valley of the Haunted is a one-mile haunted walking trail at Camp Hidden Valley in White Hall, Maryland. It is open, Oct. 16-18, 23-25, 30 and 31, 6:30 to 10:30 p.m. Friday and Saturday, 6:30 to 9:30 p.m. Sunday. Little Haunt Sundays are planned for Oct. 18 and 25, 2 to 6 p.m.

For more information, visit <http://www.valleyofthehaunted.com/> or contact Teri O'Neal at 410-836-7180 or teri@abrightideonline.com.

miscellaneous

ONGOING

NEW HOURS FOR WEEKDAY MASS

The hours of weekday Mass have changed to the following:

At the APG North (Aberdeen) chapel, Mass is celebrated 11:45 Monday, Tuesday and Friday in the main sanctuary; Thursday in the Blessed Sacrament Chapel.

On first Fridays at the APG North (Aberdeen) chapel, Mass begins 11 a.m. with Holy Hour with exposition of the blessed sacrament, meditation and confessions prior to the 11:45 a.m. Mass.

At the APG South (Edgewood) chapel, Wednesday Mass will be celebrated at noon followed by confession.

For more information, contact the Religious Support Administrative Office at 410-278-4333.

THROUGH NOV. 1

ARMY ACCEPTING LAW SCHOOL APPLICATIONS

The Office of The Judge Advocate General is accepting applications for the Funded Legal Education Program (FLEP). Under FLEP, the Army anticipates sending up to 25 active duty commissioned officers to law school at government expense. Selected officers will attend law school starting in the Fall 2016 semester and remain on active duty while in school.

FLEP is open to commissioned officers in the ranks of second lieutenant through captain. Applicants should review Army MILPER Message 15-013 and Chapter 14, AR 27-1 (The Judge Advocate General's Funded Legal Education Program) to determine their eligibility. Applicants must have at least two, but not more than six, years of total active federal service at the time legal training begins. Eligibility is governed by statute (10 U.S.C. 2004) and is non-waivable.

Eligible officers should immediately register for the earliest offering of the Law School Admission Test and send requests through command channels, to include the officer's branch manager at the Army Human Resources Command.

Send the original application to the Office of The Judge Advocate General, ATTN: DAJA-PT (Attn: Yvonne Caron-Room 2B517), 2200 Army Pentagon, Washington, DC 20310, to be received by Nov. 1, 2015.

Applications should be submitted well in advance of the deadline.

For more information, contact the APG Office of the Staff Judge Advocate Bldg. 6001, 3rd floor or call 443-861-5133.

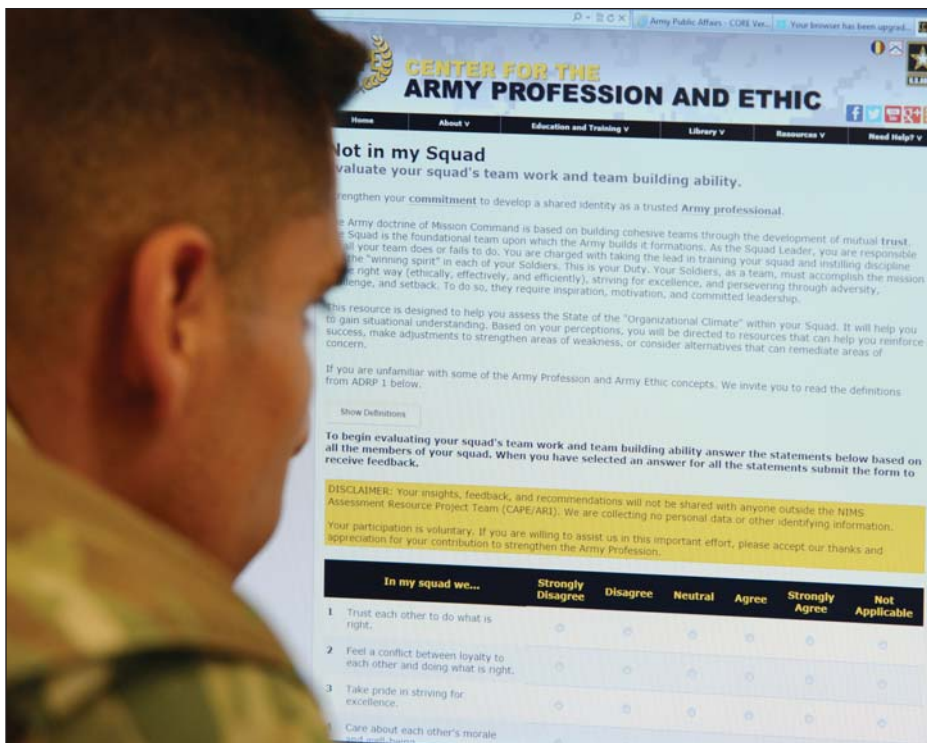
If you see it,
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Aggressive driving has
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MORE
ONLINE

More events
can be seen
at [www.
TeamAPG.com](http://www.TeamAPG.com)



A Soldier looks at the Army's new website, "Not In My Squad Assessment Resource," a tool designed to help improve squad leaders' professional development and make good squads even greater.

'Not in My Squad Assessment Resource' now online for self-improvement

Story and photo by **DAVID VERGUN**
ARNEWS

The Army has launched a new website, "Not In My Squad Assessment Resource," or NIMS, a tool designed to help improve squad leaders' professional development and make good squads even greater, said Sgt. Maj. David L. Stewart.

Stewart, is the sergeant major of the U.S. Army Training and Doctrine Command's Center for the Army Profession and Ethic, known as CAPE, located at the U.S. Military Academy, West Point, New York. He said that as the Army lead for the "Not In My Squad" initiative, CAPE designed this online resource as a way to help the sergeant major of the Army, or SMA, in that initiative.

The online assessment focuses on four areas:

- Shared identity of trusted Army professionals
- Standards and discipline
- Professional climate
- Esprit de corps

How it works

In June, the SMA invited 32 of the best squad leaders from around the Army to the Pentagon to discuss how junior noncommissioned officers can further build and sustain a climate of dignity, respect, trust and inclusion, Stewart said.

CAPE listened in on that discussion and used the squad leaders' feedback to design the assessment, which consists of 24 statements related to NIMS focus areas. For example, one statement reads: "In my squad, we feel a conflict between loyalty to each other and doing what is right." Those who participate in the assessment will be asked to rate how strongly they agree or disagree with that statement.

Once the evaluation is taken, results are immediately calculated and are available to the Soldier, said Timothy B. Lempicki, a CAPE knowledge management consultant.

If the Soldier wishes, he or she can share a link of those results with other squad members. The link will not give

that Soldier's name or other identifier, just the numerical results by category.

Another feature is that once the assessment is completed, the Soldier will see how well he or she scored compared to everyone else who participated, Lempicki said. Over time, as more data is received, even better comparisons should be offered.

An important note on terminology: Stewart said he uses the term "squad" and "squad leader," but in some of the non-combat arms branches, the term team, "crew" or "section leader" can be substituted.

While the assessment is designed with the squad-level in mind, higher formations like platoons or even companies could use it as well, Stewart said. Senior noncommissioned officers, officers and Army civilians might also be interested in using it.

Taking the test is voluntary and shouldn't take longer than 10 or 15 minutes, Stewart said.

"Ideally, members of the squad will take it at the same time, share their results, and then have a group discussion on ways they can improve," he added. "The squad leader may or may not have the same perception about the squad that the junior Soldiers have. It could be an interesting and sometimes eye-opening experience for them to share."

To aid the squad in improving, the assessment links the Soldier with training and education materials, as more helpful and relevant resources become available, those will be added to the site over time Stewart said.

He suggests taking the assessment more than once to see if there's any improvement. There is no limit to how many times the assessment can be taken, and it's easy to take, since a common access card is not needed to log onto the site.

Stewart said when he was a squad leader years ago, the assessment would have been a welcome tool for leader and Soldier development. Soldiers with a lot of drive and initiative won't be disappointed with its effectiveness, he promised.

Exchange shoppers can score big in NCAA Sweeps Contest through Oct. 29

AAFES

The Army & Air Force Exchange Service is giving military shoppers the chance to score \$500 in the NCAA Sweeps contest. Exchange shoppers worldwide can enter at www.shopmyexchange.com/sweepstakes for their chance at one of 10 \$500 Exchange gift cards.

"With [college] football season in full swing, every fan could use an extra \$500," said Air Force Chief Master Sgt. Sean Applegate, Exchange senior enlisted advisor. "Whether they're looking for a new TV to watch the games or supplies for the ultimate tailgate party, 10 lucky fans will score big at the end of this sweepstakes."

No purchase is necessary, and authorized shoppers 18 and older can enter the sweepstakes at www.shopmyexchange.com/sweepstakes through Oct. 29. The drawing will take place on or about Nov. 5.

Pentagon dims lights for Energy Action Month

By **LISA FERDINANDO**
News, Defense Media Activity

The lights have been dimmed at the Pentagon for October as part of federal efforts to conserve resources for Energy Action Month. John Conger, acting assistant secretary of defense for energy, installations and environment, said lighting levels in common areas throughout the building have been scaled back this month to the amount used on weekends.

The change will reduce the building's utility bill and will help to motivate people to think about the energy they use and ways to be more efficient, he said.

The Pentagon, which is the Department of Defense headquarters, has 25,000 occupants and runs 24/7. Its monthly utility bill is about \$1.5 million, Conger said.

Taking action for efficiency

The move is in conjunction with President Barack Obama's Executive Order 13693: "Planning for Federal Sustainability in the Next Decade," in which federal agencies are adopting more sustainable operations to reduce taxpayer energy costs.

"We care about energy at our installations and in the field, because we need energy in order to do our jobs in order to protect the country," Conger said. "However, one of the dynamics that feeds into that is we also need money to do all those things."

In these times of tight fiscal constraints and slashing budgets, Conger said, it is especially important to be cognizant of spending, while preserving the national security mission.

"We're past cutting fat and now we're cutting muscle, and we see that throughout the department as the budget cuts come down," he said. "If we can save some money without having an impact on mission, we should do it."

Using a natural resource to cut bills

Many of the areas where the lights have been dimmed have natural light that comes in, Conger said. Lighting also has been scaled back in a common area of a nearby complex, the Mark Center. By taking advantage of a natural resource and reducing the lighting, he said, the building will save an estimated



90,000 kilowatt-hours of energy.

"Because we have such a big utility bill, we're continuing to look for ways to increase the efficiency of our operations, not just in the Pentagon, but across the enterprise," Conger said.

He added that in his office the staff is looking at no-cost or low-cost changes to save money, such as further reducing the lighting and adjusting heating and cooling temperatures.

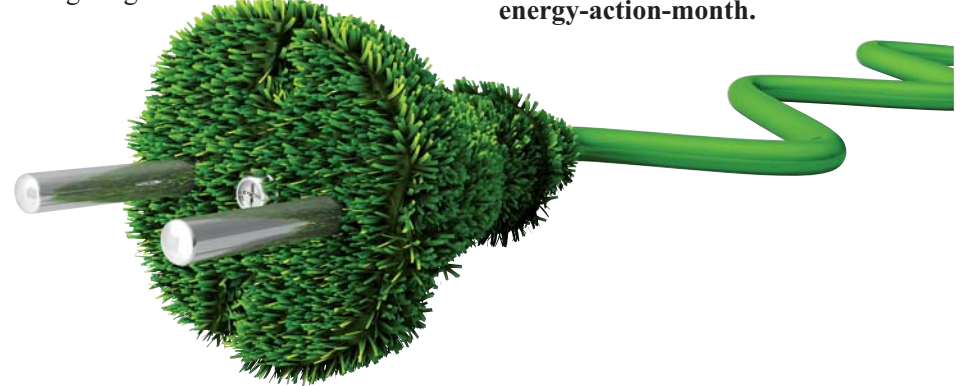
"This isn't going to solve the DOD budget problems by any stretch of the imagination," he said, "but if everybody saves energy in little ways across the enterprise, it will make a difference."

Future steps for efficiency

The dimming was done in coordination with Washington Headquarters Ser-

vices, which runs the Pentagon, Conger said.

The exercise is a test of what else the Pentagon can do to be more efficient, he explained. Washington Headquarters Services already is planning some changes, including using lower wattage of lighting in areas



where daylight is plentiful, Conger said.

Energy Action Month 2015 Energy.gov

Lead the nation to a secure, clean, and prosperous energy future

As proclaimed by President Barack Obama, October marks Energy Action Month. With the March announcement of Executive Order 13693: "Planning for Federal Sustainability in the Next Decade," the federal government faces even more challenging goals to reduce energy consumption. Agencies are committed to stepping up and adopting more sustainable operations to cut greenhouse gas emissions and reduce taxpayer energy costs.

Through their participation in various high-profile programs and initiatives, including the Presidential Performance Contracting Challenge, the Capital Solar Challenge, and the Better Buildings Data Center Challenge, as well as through day-to-day operations and projects, federal agencies, while working hard year-round to meet stringent energy management goals, continue to lead the nation to a secure, clean, and prosperous energy future.

During Energy Action Month and throughout the year, the Federal Energy Management Program recommends the use of these resources to raise awareness of energy- and water-saving possibilities and support your agency's mission:

- Creating an Energy Awareness Campaign: A Handbook for Federal Energy Managers
- Facility Energy Checklist
- Home Energy Checklist
- Office Energy Checklist

For more information, visit the Department of Energy Office of Energy Efficiency & Renewable Energy website at <http://energy.gov/eere/femp/energy-action-month>.

BY THE NUMB#RS

National Cyber Security Awareness Month

In 2004, President Obama designated October as National Cyber Security Awareness Month, a collaborative effort between government and industry to ensure every American has the resources to stay safe and secure online and increase the resiliency of the nation in the event of a cyber-incident.

\$781 million +

Total monetary losses from cybercrimes reported to the FBI in 2013, with an average of nearly \$3,000 per complaint.

17 million +

Number of U.S. residents who experienced identity theft in 2014, up one million from 2012.

170

Estimated number of cyber-attacks that occur every hour in the U.S.

80

Estimated percentage of cybercrimes that go unreported. To file an Internet crime complaint, visit the Federal Bureau of Investigation's Internet Crime Complaint Center at <http://www.ic3.gov/default.aspx>.

47

Percentage of American adults who had their personal information exposed by hackers in 2014, primarily through data breaches at large companies.

17

Percentage of global online users that have experienced digital theft. On average, a person is more likely to have their email account hacked than their home broken into.

By **STACY SMITH** APG News

Source(s): www.bjs.gov, www.cbs.com, www.ic3.gov

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ALL THINGS MARYLAND

Milburn Orchards

Local farm features family-friendly activities



The corn maze is one of the most popular attractions in the Milburn Orchards Big Backyard area which also features hay rides, a farmyard playground and other family-friendly activities.

Story and photos by **RACHEL PONDER**
APG News

Go apple picking, eat a fresh apple cider donut and get lost in the corn maze at Milburn Orchards in Elkton. Founded in 1902, Milburn Orchards is a local family-owned and operated business in Cecil County.

In celebration of the fall harvest, Milburn Orchards is currently hosting fall festival weekends through Nov. 1. The activity area, called the “BarnYard” features several family-friendly attractions

including a petting zoo, a hayride, a rope maze, an inflatable obstacle course, a playground and a non-scary Halloween-themed building called a “boo barn.”

“This is our busy season,” said Melinda Milburn Palmeri, co-owner and marketing representative of Milburn Orchards. “We are known for our fall activities.”

Visitors from Maryland, Delaware, Pennsylvania and New Jersey also flock to Milburn Orchards to pick their own fruit. This activity, called “U-Pick

Adventures,” includes a free tractor ride to the picking area.

“Guests are supplied with everything they need. The produce is weighed, so you pay for what you pick,” Palmeri said.

She said that picking produce is an educational experience that appeals to all ages, and school groups tour the orchards throughout the year to learn about farming.

“The focus is to educate young families about where their food comes from,”

she said. “They get first-hand experience picking fruit. There are not a lot of farms left around, so people do not have these opportunities as much as they used to.”

According to Palmeri, apples and raspberries are their most popular produce. Visitors can also pick cherries, blueberries, blackberries and grapes, when they are in season.

Rebecca Deboda, from Middletown, Delaware, called yearly excursions to Milburn Orchards a “family tradition.”

“Our favorite activity is the hayride,” she said. “We have been coming here since my daughter was a baby.”

Alicia Ricci, who recently moved to Newark, Delaware from California, brought her sons for a family outing.

“The orchards are beautiful,” she said. “This is our first time visiting; we will definitely come back.”

In addition to recreational and educational activities Milburn Orchards sells fresh fruits, vegetables and baked goods at its Farm Market. One of its best sellers is the apple cider, made fresh from apples grown on the farm. Other popular items include caramel apples, apple butter, jams, local cheeses, honey and syrups. Visitors can also enjoy a light lunch and homemade ice cream on the deck overlooking the farm.

Milburn Orchards is located at 1495 Appleton Road, Elkton, Maryland. It is open from June-December, and on select weekends in the spring for Easter egg hunts. Fall festival weekends are on Saturday and Sunday, 10 a.m. to 4 p.m. The Farm Market is open from Monday-Saturday 9 a.m. to 7 p.m. and Sunday 10 a.m. to 5 p.m.

For more information about hours of operations or upcoming events, call 410-398-1349, visit www.milburnorchards.com/ or search “Milburn Orchards” on Facebook.



(Above) A picturesque pumpkin “barn” is part of the Milburn Orchards pumpkin patch.



(Above) Locally grown Golden and Red Delicious apples are sold in the Farm Market.

(Left) Ciro Guerriero, 2, from Avondale, Pennsylvania pets a goat during a fall festival weekend Oct. 11.

MORALE, WELFARE & RECREATION



Upcoming Activities



APG OKTOBERFEST OCT. 23-24

Team APG will host the third annual Oktoberfest open to the entire community Friday & Saturday Oct. 23-24.

The event is family-friendly and will include German food, music, live entertainment, kids activities and more!

Activities include:

- Festhalle with live entertainment
- Volksmarch
- Car and bike show
- Fireworks
- Childrens activities & amusements
- Main Street Marketplace
- German food and beverages

For more information, visit www.apgmwr.com/2015-oktoberfest.

CHILD & YOUTH SERVICES

CIZE LIVE TUESDAYS, OCT. 13 - NOV. 24

CIZE™ LIVE is professional dance for everyday people! Learn the hottest professionally-choreographed dance routines, step by step. From your first class, you'll be bustin' out moves you can take anywhere! It's so much fun, so exciting, you'll forget you're actually working out!

Class will be held at the APG North (Aberdeen) youth center, Bldg. 2522, from 6 to 7 p.m. each Tuesday, Oct. 13 through Nov. 24. Open to children ages 7 and up, the cost is \$49 for the seven-week session, or at an \$8 drop-in rate for CYSS members.

To register, call 410-278-7571/7479.

MINI INDOOR SOCCER REGISTRATION OPENS OCT. 15

Registration for the upcoming Mini Indoor Soccer league will open Oct. 15 at Bldg. 2503. Registration will run through Nov. 2, and space is limited to 40 children.

Games will be held at the APG South (Edgewood) youth center, Bldg. E1902. Games begin Nov. 3 and will be held each Tuesday through Dec. 8 at 5:45 or 6:30 p.m.

Mini Indoor Soccer is open to girls and boys, ages 4-6. Children must be 4-years-old by Nov. 1. The cost is \$20 per child. A sports physical is required to play and tennis shoes or indoor soccer shoes must be worn, along with shin guards.

For more information, contact Bill Kegley at william.m.kegley3.naf@mail.mil or call 410-306-2297.

LET'S COOK

OCT. 24
NOV. 14
DEC. 12

International cooking class will teach children different skills to prepare foods from different places around the world. The children will learn about sanitation and kitchen safety. They will also be taught different recipes that require little help from their parents. Children will learn to cook up to 3 dishes including a main dish and a dessert.

Each class, open to children ages 7 and up, will be held at the Corvias Bayside Community Center, 2658 Chesapeake Ave., 10 a.m. to 1 p.m. The cost is a \$17 supply fee, per class.

For more information, contact Shirelle Womack at shirelle.j.womack.naf@mail.mil or call 410-278-4589.

PRE-SCHOOL AND KINDERGARTEN CHILD CARE OPENINGS

Child, Youth and School Services (CYSS) at Aberdeen Proving Ground (APG) offer Active Duty military, DOD Civilians, and DOD Contractors a comprehensive program to assist with full-day child care needs.

The Aberdeen CDC has immediate full-time child care openings at their facility for children ages 3 and 4 years old in need of full-time care and children attending Kindergarten that need Before & After School Care.

Through Teaching Strategies Creative Curriculum and TS Gold, our installation helps children work with their strengths, interests, and each other, to feel good about themselves, and to grow as individuals. Activities are offered in the areas of oral language, social/emotional, physical, cognitive, literacy, mathematics, science & technology, social studies, arts and English language acquisition. Sign up your child today!

Participants must be registered with Parent Central Office. Fees are based on total family income.

For additional information contact Parent Central Office at (410) 278-7479 or (410) 278-7571.

SPORTS & RECREATION HOYLE GYM HOT WATER OUTAGE OCT. 20-21

Due to an APG South (Edgewood) steam outage, there will be no hot water at the Hoyle Gym Tuesday, Oct. 20 starting at 5 p.m., through Wednesday Oct. 21.

CUSTOMER APPRECIATION FALL GOLF OUTING OCT. 31

Ruggles Golf Course will host a Customer Appreciation 4-person scramble fall golf outing Oct. 31. Registration will begin at 11:30 a.m., with a 1 p.m. shotgun start. There will be on-course games and prizes. Cost is \$50 for a regular patron, \$40 for an annual patron. Cost includes course food and four beverage stations.

For more information, or to register, call the Ruggles Pro Shop at 410-278-4794.

VETERANS DAY

SCRAMBLE NOV. 11

Ruggles Golf Course will host a Veterans Day 4-person scramble golf tournament. Registration will begin at 8:30 a.m. with a 10 a.m. shotgun start. There will be special contests for all veterans and prizes for the low veteran's teams. Cost is \$60 for a regular patron, \$45 for an annual patron. Lunch and awards will follow the tournament.

For more information, or to register, call the Ruggles Pro Shop at 410-278-4794.

ARMY COMMUNITY SERVICE

DOMESTIC VIOLENCE HELPLINE 410-652-6048

Help is available around the clock, every single day of the year for victims of domestic violence.

NEWCOMERS ORIENTATION OCTOBER 21

All newly assigned Soldiers and civilian employees are required to attend the APG Newcomer's Orientation, with the next orientation scheduled for Wednesday, Oct. 21 from 1 to 3 p.m. at the APG North (Aberdeen) recreation center, Bldg. 3326. Sponsors are encouraged to bring their family members. More than 35 APG community activities and organization representatives will welcome new community members with handouts, literature, and answer questions regarding their programs and services.

For more information and to provide numbers for attendance, contact Jennifer Eichner at 410-278-2500.

APPLYING FOR FEDERAL EMPLOYMENT NOV. 9

ACS will host an "Applying for Federal Employment" workshop, exploring the 10 steps to federal employment. Seating is limited to 30 individuals. Participants are encouraged to bring their lunch.

Registration is required. Visit www.mwe-jobs.maryland.gov; create a user account; go to events calendar on left-hand side; move forward to appropriate date; click on "APG How to Apply for Federal Jobs"; Click register.

CREDIT & DEBT MANAGEMENT OCT. 29

ACS will host a class on the advantages and disadvantages of using credit, 11:30 a.m. to 12:30 p.m., at Bldg. 2503. Topics include: how to choose and apply for credit cards and installment loans and how to responsibly manage these accounts will be discussed.

This class will address how to establish a credit record, protect your credit history and correct credit report mistakes. Options available to manage and reduce debt also

will be discussed. The class is in partnership with the ACS Financial Readiness Program and Aberdeen Proving Ground Federal Credit Union.

Registration is required; to reserve a seat call ACS at 410-278-9669/7572.

IDENTITY THEFT DEC. 3

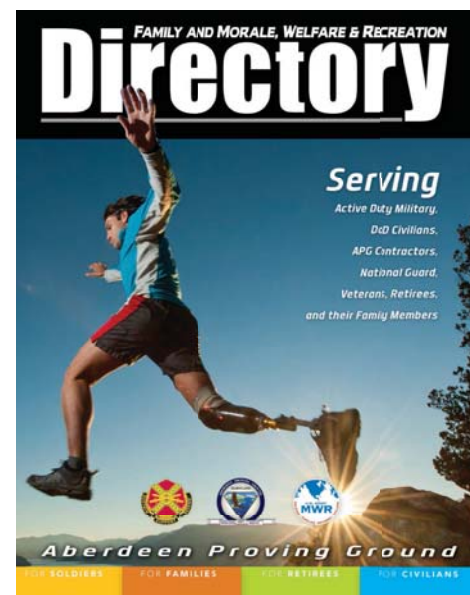
ACS will host a course discussing what ID theft is, how thieves steal your ID, and what you can do to deter, detect and defend against identity theft, 11:30 a.m. to 12:30 p.m., at Bldg. 2503. The class will also explain the different classifications of ID theft and how you can safeguard your information.

To reserve a seat call ACS at 410-278-9669/7572.

CREDIT FINESSE DEC. 10

ACS will host a course identifying ways to properly use and build credit, 11:30 a.m. to 12:30 p.m. at Bldg. 2503. The course will also explain good credit practices; identify measures to protect your credit; explain what is in a credit report; pinpoint credit report information used in forming your credit score; identify security measures to protect from identity theft; and identify ways to maintain a good credit report. The course is held in partnership with ACS Financial Readiness Program and Aberdeen Proving Ground Federal Credit Union

To reserve a seat call ACS at 410-278-7572/9669.



Learn more about APG MWR activities and services by going online at www.apgmwr.com and download the FMWR Directory.

Thursday Social

October 15 4:30 p.m.
Top of the Bay, 30 Plumb Point Loop

Building camaraderie
FREE Light Hors D'oeuvres
Cash Bar

All Soldiers, Civilians and Contractors are invited to attend

For more information contact Teri Hall
Teri.S.Hall.naf@mail.mil
410-278-3062

Strike Out

AGAINST DOMESTIC VIOLENCE
FREE MONDAY NIGHT BOWLING

BOWLING TOURNAMENT TO RAISE DOMESTIC VIOLENCE AWARENESS

MONDAY NIGHTS
OCTOBER 5-26
STARTING AT 5:30PM

FOR MORE INFORMATION OR TO REGISTER CONTACT THE BOWLING CENTER AT 410-278-4041.
NO BOWLING ON OCTOBER 12TH

Teen Night October 26

FREE Pizza and drink each week!

USS Cole crew draws inspiration from service, sacrifice of others

By **DEVON HUBBARD SORLIE**
Naval History and Heritage Command

Onboard the guided missile destroyer USS Cole (DDG 67), no one stands watch alone.

Throughout the ship, there are small memorials to the 17 Sailors who died when terrorists attacked the ship while it was refueling in Yemen, Oct. 12, 2000. Among the fallen was Fireman Joshua Langdon Parlett, 19, from Churchville, Maryland. Langdon is buried at Harford Memorial Gardens in Aberdeen. Seaman Craig Bryan Wibberley, 19, of Williamsport, Maryland also was killed. Wibberley is buried in Saint Marks Episcopal Church Cemetery in Lappans, Maryland near Hagerstown.

Each memorial on the ship serves as vivid reminders to the more than 200 Sailors who have inherited the legacy of those who died and those who valiantly fought to save their ship.

In a passageway along the mess line, there is the “Hall of Heroes” leading to a memorial listing the names of those who made the ultimate sacrifice. Seventeen stars are embedded in the blue-speckled deck, representing the Sailors who walked that hallway 15 years ago, the ones who died when a terrorist-driven small bloat exploded at 11:18 a.m. on the port side of the destroyer, ripping open a 40×60-foot hole in the ship’s hull. Another 39 Sailors were injured. For 96 hours, with temperatures well into the 90s, the crew worked furiously to keep the ship afloat and limit the damage, while others triaged the wounded and recovered their fallen shipmates.

Commemoration

To commemorate the 15th anniversary, the ship was opened to tours Monday, Oct. 12 and a ceremony was held at the USS Cole (DDG 67) Memorial at Naval Station Norfolk.

Among the memorabilia on the ship, the three flags may pack the most emotional punch. The first flag was flying the day of the bombing, still tarnished with smoke.

“That flag flew the entire time the crew was fighting the fires,” said Ensign Dustin Baker. At age 30, Baker is similar in age and rank to Cole victim Lt. J.G. Andrew Triplett, a fact that doesn’t go unnoticed by the Tennessee native.

“There is no way you can see the sacrifice they made and not have it drive you to do your best,” he said.

The second flag was draped over the casket of commingled remains discovered onboard the ship when it returned to the U.S. On Dec. 9, 2002. The remains were buried at sea with full military honors once the ship returned to the fleet.

The third flag flew on the destroyer when USS Cole sailed back into the Gulf of Aden in July 2006, a symbol of strength and perseverance.

Inspiration

While the Sailors who serve on Cole today understand the importance of the date of Oct. 12, and the need to remember the service and sacrifice of that day, they will also tell you that they are acutely aware – every day – of the importance of their missions, the need to keep training, and to be constantly vigilant in their duties. The artifacts throughout the ship continue to inspire and motivate them.

“We see these tributes every day – the three flags, the 17 stars, the Hall of Heroes – daily reminders of why we are here and protecting the United States and each other,” Baker said.

Hospital Corpsman 3rd Class Lorraine Farfanlopez, 25, has served on the ship for a year.

“To be onboard this ship is an honor, not every corpsman gets to serve on a ship,” she said. She added that every day, when she sees the memorials, it is a constant reminder of the dangers faced by America’s Sailors operating forward in a dangerous world.

Sailors on destroyers often talk about how closely they all work together, and that’s no different for Farfanlopez.

“I can only imagine what those corpsmen went through [on the day of the bombing] because we all know each other and there isn’t a day when we don’t see someone. We help keep the crew going physically and emotionally as well,” she said.

What happened on the destroyer is an example of why the crew trains so hard at damage control, she added, because it is because of expert damage control that USS Cole is still with the fleet.

Returning to the fight

The bombing only strengthened the resolve of the Sailors who served on USS Cole and across the Navy, a fitting tribute to the Arleigh Burke-class destroyer, which will soon be back at



U.S. Navy photos

Seventeen Sailors were killed and 39 others were injured Oct. 12, 2000, in Aden, Yemen, when a terrorist bomb ripped a giant hole in the port side of the destroyer USS Cole. This year marks the 15th anniversary of the bombing.

“There is no way you can see the sacrifice they made and not have it drive you to do your best.”

Ensign Dustin Baker
USS Cole

sea after completing its current round of maintenance.

It took only 14 months for Cole’s return to the fleet following the bombing, a fitting tribute to the ship’s motto, Determined Warrior, and the skill and dedication of the American shipbuilding industry.

A year after the attack on USS Cole, a memorial was dedicated at Naval Station Norfolk. The three granite slabs representing the tri-colored U.S. flag are surrounded by 28 black pine trees to signify the 17 Sailors and the 11 children they left behind. Steel from the ship’s hull was used to forge the commemorative plaque that highlights the crew’s response to the bombing.

“Drawing upon their Navy training and discipline, the crew heroically conducted more than 96 hours of sustained damage control in conditions of extreme heat and stress. Deprived of sleep, food and shelter, they vigilantly battled to preserve a secure perimeter and restore stability to engineering systems that were vital to the ship’s survival,” the plaque states.

Although the ship honors those who died while serving on the ship, it is no floating memorial or museum. Having deployed more than a half-dozen times since the Oct. 12, 2000 bombing, USS Cole (DDG 67) remains a fighting warship in the U.S. Navy, thanks to the incredible efforts of those who fought to contain the damage from the bombing, as well as those who serve aboard the ship today with the same honor, courage and commitment.

USMC Sgt. Darrell S. Cole

This is a fitting tribute to the perseverance and bravery of the ship’s namesake, Medal of Honor recipient Marine Sgt. Darrell S. Cole. He was rated as a field musician at the beginning of World War II, but was determined to serve in combat as a machine-gunner, not a bugler. Each time he requested a rate change, he was denied. But that didn’t stop the 24-year-old Missouri native, who filled in so often for machine-gunners he earned the nickname “Fighting Field Musician.” On his fourth request, Cole was finally granted permission to change his rating.

Cole was at Iwo Jima in February 1945 during the Marine-led assault to take back the island. When his unit was pinned down by two Japanese encampments, he attacked them both, individually taking them out before being killed by an enemy grenade as he returned to his unit. Besides the Medal of Honor, Cole received two Purple Heart and a Bronze Star medals.

For more information, visit <http://navylive.dodlive.mil/>.



There are 17 gold stars in the deck along the crew’s mess line onboard USS Cole commemorating the Sailors who lost their lives in the Oct. 12, 2000 attack.

17 SAILORS FOREVER REMEMBERED

Hull Maintenance Technician 2nd Class Kenneth Eugene Clodfelter, 21 Mechanicsville, Virginia	Seaman Lakiba Nicole Palmer, 22 San Diego, California
Chief Electronics Technician Richard Costelow, 35 Morrisville, Pennsylvania	Fireman Joshua Langdon Parlett, 19 Churchville, Maryland
Mess Management Specialist Seaman Lakeina Monique Francis, 19 Woodleaf, North Carolina	Fireman Patrick Howard Roy, 19 Cornwall on Hudson, New York
Information Systems Technician Seaman Timothy Lee Gauna, 21 Rice, Texas	Electronic Warfare Technician 1st Class Kevin Shawn Rux, 30 Portland, North Dakota
Signalman Seaman Cherone Louis Gunn, 22 Rex, Georgia	Mess Management Specialist 3rd Class Ronchester Manangan Santiago, 22 Kingsville, Texas
Seaman James Rodrick McDaniels, 19 Norfolk, Virginia	Operations Specialist 2nd Class Timothy Lamont Saunders, 32 Ringgold, Virginia
Engineman 2nd Class Marc Ian Nieto, 24 Fond du Lac, Wisconsin	Fireman Gary Graham Swenchon Jr., 26 Rockport, Texas
Electronics Warfare Technician 2nd Class Ronald Scott Owens, 24 Vero Beach, Florida	Ensign Andrew Triplett, 31 Macon, Mississippi
	Seaman Craig Bryan Wibberley, 19 Williamsport, Maryland

Golden Dragons run to honor historic Battle of Mogadishu

By **STAFF SGT. MARK A. MOORE II**
2nd Brigade Combat Team

When Detroit native Cory Smith joined the Army in the early 1990s, he knew his life would be different, but he could not have predicted the magnitude of how much it would change.

Smith attended infantry basic combat training at Fort Benning, Georgia, where he began nurturing relationships that would develop into lifelong friendships. The bonds between him and fellow Soldiers were strengthened through teamwork and shared hardships as they overcame the complexities of learning advanced infantry tactics.

Upon graduation, Smith and many of his classmates were assigned to Company B, 2nd Battalion, 14th Infantry Regiment, 2nd Brigade, 10th Mountain Division (LI), at Fort Drum, New York. He described their initial experience in the Army as an oddity compared to how initial training is conducted today.

“You went to basic and advanced individual training together, we trained [at our unit] together, and then we deployed together,” he explained. “It’s not like the units now where you have only one or two guys [who have stayed] together.”

Smith said they saw each other as family, as brothers, and as someone they could lean on when times became difficult. He said they would spend many weeks with each other’s families.

“We were really tight,” Smith said. “We all knew each other’s families. There were times when my buddies couldn’t go home for the holidays, and I’d take them back with me to Michigan so they didn’t have to be alone.”

Everything the Soldiers had worked toward, everything they had become, was tested during their first and for many, their last deployment.

Mission in Mogadishu

Their deployment to Mogadishu, Somalia, supported Operation Restore Hope, a U.S.-led, United Nations-sanctioned multinational force mission designed to establish a safe environment for conducting humanitarian operations.

Unified under the name Task Force Mountain, the unit was composed of Soldiers assigned to the 1st and 2nd Brigades, 10th Mountain Division (LI), who assumed the responsibility of securing supply routes used to deliver food and water to the local population.

Mid-deployment, Operation Gothic Serpent was given the green light, during which elements of the 75th Ranger Regiment, Special Forces Operational Detachment Delta, 160th Special Operations Aviation Regiment, and members of SEAL Team 4 conducted a mission to capture high-ranking Somali militant leaders responsible for regional civil unrest.

They were met with heavy resistance



Photo by Staff SGT. Mark A. Moore II

Soldiers, assigned to 2nd Battalion, 14th Infantry Regiment “Golden Dragons,” alongside five Mogadishu veterans and family members, commemorated the anniversary of the Battle of Mogadishu with a two-mile run and wreath-laying ceremony at their battalion headquarters, Oct. 2.

as they attempted an air insertion into the city by UH-60 Black Hawk helicopters that subsequently resulted in the loss of two aircraft. This was the beginning of a two-day battle that left 18 U.S. Soldiers killed in action and another 73 wounded in action.

The Battle of Mogadishu occurred Oct. 3-4, 1993. The Soldiers of 2-14 Infantry were part of the task force that went into the heart of Mogadishu to rescue the pilots of the two Black Hawk helicopters that were shot down by Somali militia.

At the end of the battle, while evacuating the city, the Soldiers realized there was not enough room in the vehicles for everyone. Several Soldiers had to run on foot to the link-up point approximately one mile away.

This dash to safety became known as the Mogadishu Mile.

The heroic actions of Smith and his brothers-in-arms during those tragic events were portrayed in books and blockbuster movies that helped cement their legacy in the pages of U.S. history.

Decades after deployment

Twenty-two years later, the events of those days play vividly in the minds of veterans like Smith, who fought to bring home the men to their left and right.

During the years after their deployment, the Soldiers of his family began to part ways. Smith and many members of his team left military service to pursue civilian careers.

Separated by distance, they began to lose touch with each other. But, each year, near the battle anniversary date, their thoughts slightly shift as they remember their fallen comrades and

those who carry the mental and physical burdens of combat.

Slowly they reclaimed their friendships as each year Soldiers, veterans, and family members from across the country began to come together to support each other during their time of remembrance.

“It’s nice to know that people are still thinking about you,” Smith said. “It helps the other guys to know that they are not by themselves.”

Smith said that until the 20th anniversary of the Battle of Mogadishu, he and the other veterans spent that day alone. He explained that many others are prevented from attending because of the distance they would need to travel. Smith added that they reserve their trips for key years, and he anticipates a large turnout for the 25th anniversary.

Paying tribute to family

Keeping the memory of those Soldiers’ actions alive and paying tribute to their sacrifices, the Soldiers of 2nd Battalion, 14th Infantry Regiment “Golden Dragons” (deployed and in garrison), alongside five Mogadishu veterans and their family members commemorated the 22nd Anniversary of the Battle of Mogadishu with a two-mile run and wreath-laying ceremony at their battalion headquarters, Oct. 2.

The event began as nearly 60 current and former Golden Dragons ran two miles in silence, stopping periodically to read vignettes that described the events that unfolded Oct. 3-4, 1993.

“I think just remembering what we went through and trying not to lose that togetherness we had back then is extremely important,” Smith said. “Just the memory of the guys we lost ... it was literally like losing a brother.”

Since the 20th anniversary, Smith has reconnected with his once-lost family.

“We are pretty much in constant contact with each other,” he said. “We still get phone calls or text messages in the middle of the night; people just saying ‘hey, how are you doing’ or ‘I’m going through a rough time.’”

Capt. Aaron Carraway, 2-14 Infantry ready force commander, described the event as surreal.

“I feel taken back. It’s a totally different experience, compared to watching Hollywood movies [versus] speaking to these individuals,” he said. “Some of the stories, some of the not-so-glorious things they did over there and did day after day.”

Carraway said that the most important part of the event was remembering their rich history.

“What we wanted the Soldiers to take away today was to continue to honor the guys who did this 22 years ago,” he said. “To remember the Soldiers, who were killed in action that day, and to pass on the history so it’s never forgotten.”

“I think just remembering what we went through and trying not to lose that togetherness we had back then is extremely important.”

Cory Smith

Battle of Mogadishu survivor

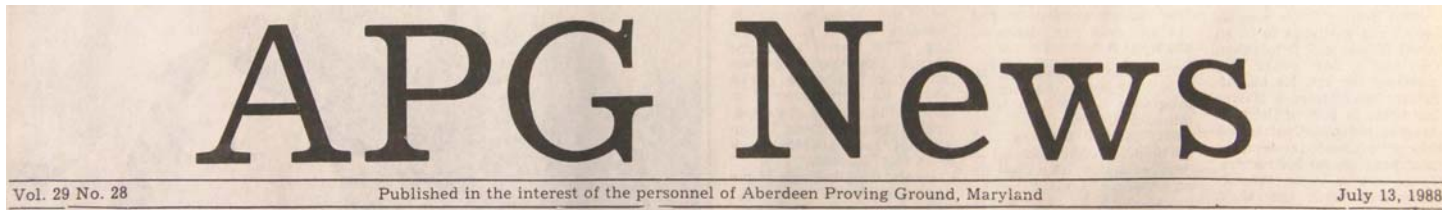


Courtesy photo

Capt. Dave Judson, commander, B Company, 2nd Battalion, 14th Infantry Regiment, leads his company formation during the deployed battalion’s Mogadishu Mile ceremony, Oct. 3.

Tell them you saw it in the APG News

THIS WEEK IN APG HISTORY



Take a look back in time as the APG News explores what made the headlines around APG during this week 10, 25 and 50 years ago. This week's APG News masthead is from 1988.

By **YVONNE JOHNSON**, APG News

2015

10 Years Ago: Oct. 13, 2005



(Left) An APG fire crew consisting of senior garrison leaders advances a hose line for a propane gas flange fire during training at the Northeast Regional Training Center.



(Above) A drill sergeant instructs Advanced Individual Training Soldiers on weapons immersion procedures, in accordance with the Global War on Terror initiative begun at Training and Doctrine Command units and installations.

2010

2000

25 Years Ago: Oct. 10, 1990



(Left) Sgt. Jamie Reese examines an abandoned kitten that has been put up for adoption at the APG Veterinary Services building.



(Right) From left, Maj. Gen. Jerry Harrison, commander of the Laboratory Command; Maj. Gen. George Akin, commander of the Test and Evaluation Command, and Gen. William Tuttle, commander of the Army Materiel Command, discuss the importance of technology to the Army and the Department of Defense.

1990

1980

50 Years Ago: Oct. 14, 1965



(Left) The Goodyear airship, Mayflower picks up passengers at Aberdeen Proving Ground during a public relations jaunt up the East Coast with her sister blimp, Columbia.



(Right) Five WACS traveling with the "Serving with Pride and Dignity" exhibit pose with a globe indicating their national tour during a stop at Aberdeen Proving Ground.

1970

1960

1950



Courtesy photo

Navy Midshipmen run onto the field at the start of the 2014 Army Navy Game at M&T Bank Stadium in Baltimore.

Army vs. Navy game kicks off Dec. 12

armynavygame.com

The 116th meeting of the Army Black Knights and Navy Midshipmen in the 2015 Army Navy game is set for 3 p.m., Saturday, Dec. 12 at Lincoln Financial Field in Philadelphia. The game will be broadcast on CBS.

The Army Navy rivalry kicked off 125 years ago when Cadet Dennis Mahan Michie accepted a “challenge” from the Naval Academy and the two squads faced off on The Plain at West Point on Nov. 29, 1890. Navy had been playing organized football since 1879, and came out on top of the newly-established Army squad. Ever since, the Army-Navy rivalry has been etched into the minds of countless fans and followers.

All it takes is a visit to West Point or Annapolis, where everything from the finely manicured hedges to the chant following grace-before-meals proclaims “Beat Navy” or “Beat Army,” to understand how deeply ingrained this rivalry actually is.

In 1899, Philadelphia was chosen as a neutral locale to host the Army-Navy Game and begin the rivalry anew. Franklin Field was the site of this game, and through the 20th and now 21st century, Municipal Stadium (later JFK Stadium), Veterans Stadium and Lincoln Financial Field have all staged Army-Navy games in Philadelphia. Baltimore, Maryland has also hosted the game, most recently last year, during the 115th playing Dec. 13, 2014.

Arguably, one of the reasons this game has maintained its appeal is that the players play solely for the love of the game. By the time their post-graduation military commitments end, many players are simply deemed too old to even consider playing competitively again, much less in the professional ranks. Many have other post-service ambitions that would preclude such a career, or they simply do not want to pursue one. Nevertheless, some participants in the Army-Navy Game have gone on to pro-

fessional football careers. Quarterback Roger Staubach (Navy, 1965) went on to a Hall of Fame career with the Dallas Cowboys that included being named the Most Valuable Player of Super Bowl VI. Wide receiver and kickoff/punt returner Phil McConkey (Navy, 1979) was a popular player on the New York Giants’ squad that won Super Bowl XXI. Running back Napoleon McCallum (Navy, 1985) was able to concurrently serve his commitment to the Navy and play for the then-Los Angeles Raiders in 1986. After satisfying his Navy commitment, he joined the Raiders full-time. His career was ended by a knee injury suffered in a game against the San Francisco 49ers in 1994.

Commander-in-Chief’s Trophy

The Commander-in-Chief’s Trophy is awarded to each season’s winner of the American college football triangular series among the teams of the U.S. Military Academy (Army Black Knights), the U.S. Naval Academy (Navy Mid-

shipmen), and U.S. Air Force Academy (Air Force Falcons).

The Navy-Air Force game is traditionally played on the first Saturday in October, the Army-Air Force game on the first Saturday in November, and the Army-Navy Game on the second Saturday in December. In the event of a tie, the award is shared, but the previous winner retains possession of the trophy. The trophy has been awarded to Air Force 19 times, Navy 14 times, and Army 6 times, with 4 ties. The President of the United States often awards the trophy himself at the White House. Air Force currently holds the trophy; Navy’s last win was in 2013 and Army’s last win was in 1996. The 2.5-foot-tall, 170-pound trophy is topped with three footballs that rise above figurines of the mascots of the three academies.

For more information about the 2015 Army Navy Game, visit <http://armynavygame.com/>.

Army engineers demonstrate anti-drone tech

By EDWARD LOPEZ

Picatinny Arsenal

Army engineers, who are seeking to adapt ongoing research to counter aerial systems that could threaten Soldiers, successfully shot down two aircraft as part of their final technology demonstration.

Although the research project began with the objective to counter rockets, artillery and mortars, the project scope was expanded to include threats from unmanned aerial threats, sometime called drones, whose use has expanded rapidly.

“It’s unbelievable how much it’s exploded,” said Manfredi Luciano about the use of drones.

“Every country has them now, whether they are armed or not or what level of performance. This is a huge threat has been coming up on everybody. It has kind of almost sneaked up on people, and it’s almost more important than the counter-RAM threat.”

Luciano is the project officer for the Enhanced Area Protection and Survivability, or EAPS, Army Technology Objective. The technology is being developed by the U.S. Army Research, Development and Engineering Center, or ARDEC, at Picatinny Arsenal. Funding for development and testing was provided by the ARDEC Technology Office.

The challenge has increased exponentially in the last decade as the world’s inventory of unmanned aircraft systems, or UASs, has grown from approximately 20 system types and 800 aircraft in 1999, to more than 200 system types and approximately 10,000 unmanned aircraft in 2010, said Nancy Elliott, a spokeswoman with the U.S. Army’s Fires Center of Excellence on Fort Sill, Oklahoma.

Although a missile-based Counter Rocket, Artillery, and Mortar, or C-RAM, defense system has been selected as the technical approach for the Indirect Fire Protection Capability Increment 2 Intercept Program of Record, the

gun alternative continued to mature as force-protection technologies for other potential applications.

During the final testing Aug. 19, at Yuma Proving Ground, Arizona, engineers shot down two class 2 UASs using command guidance and command warhead detonation. The UAS was an out-law-class aircraft, a product of Griffon Aerospace, and the intercept engagements occurred at over a kilometer range and about 1500 meters.

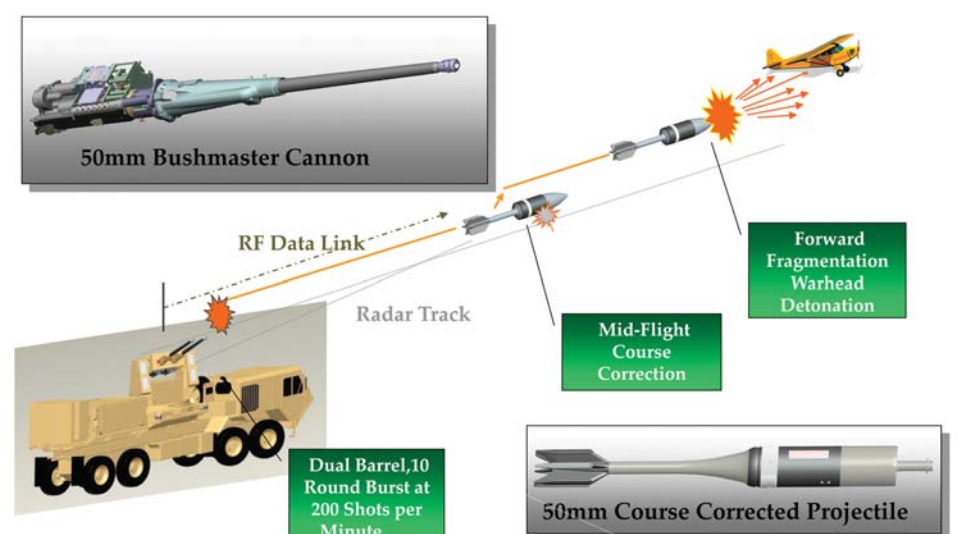
The first shoot-down at the kilometer range was a replication of the test performed April 22, in which the EAPS technology first successfully intercepted a loitering UAS. Some fire-control improvements were made after the April 22 tests, and were validated during the Aug. 19 testing. The second shoot down was executed at a 50 percent greater range and exceeded the EAPS demonstration objectives.

The EAPS ARDEC gun alternative to area protection envisions a 50mm cannon to launch command guided interceptors. The system uses a precision tracking radar interferometer as a sensor, a fire control computer, and a radio frequency transmitter and receiver to launch the projectile into an engagement “basket.”

“In order to minimize the electronics on board the interceptor and to make it cheaper, all the ‘smarts’ are basically done on the ground station,” Luciano said. “The computations are done on the ground, and the radio frequency sends the information up to the round.”

The Picatinny area-protection system tracks both the incoming threat and interceptor, then computes an ideal trajectory correction for the interceptor to maximize probability of mission success. A thruster on the interceptor/projectile is used for course correction. The ground station uplinks the maneuver and detonation commands, while receiving downlinked assessment data.

The interceptor takes the commands



U.S. Army illustration

The operational concept behind the Enhanced Area Protection and Survivability technology is to have a 50mm course-corrected projectile intercept an incoming threat. The warhead has a tantalum-tungsten alloy liner to form forward-propelled penetrators for defeat of rockets, artillery and mortars while steel-body fragments are designed to counter unmanned aerial systems.

and computes the roll orientation and time to execute thruster and warhead detonation. The warhead has a tantalum-tungsten alloy liner to form forward propelled penetrators for defeat of C-RAM targets, and steel body fragments to counter unmanned aerial systems. C-RAM stands for counter rockets, artillery and mortars.

The integrated test demonstrated a proof-of-principle that direct fire, command guided ammunition can intercept and negate aerial threats, Luciano said. Technologies from the EAPS gun alternative Army Technology Objective, or ATO, may potentially be used for both Army and Navy air defense systems, he said.

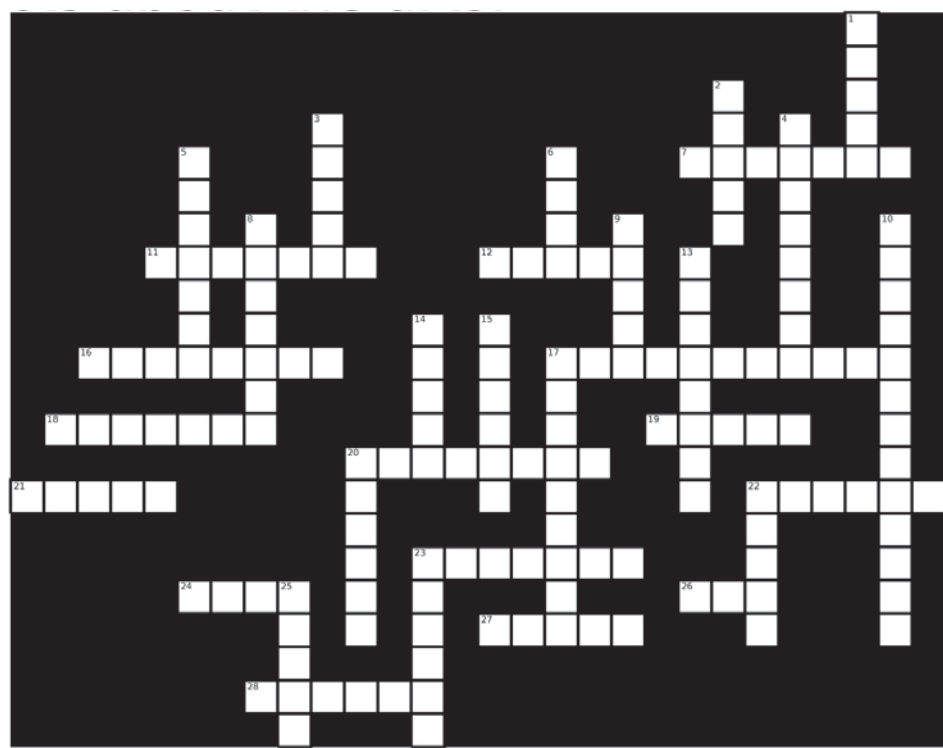
The August testing concludes the EAPS Gun ATO. ARDEC now awaits counter-UAS requirements. Once requirements are generated and approved, the technologies developed under EAPS can be configured to a new

design for a future tactical system.

The EAPS fire-control radar interferometer was designed, fabricated, and operated by Technovative Applications in Brea, California. Radar interferometers use multiple receive antennas to enhance angular measurements for centimeter tracking accuracy.

Design of the 50mm cartridge/interceptor was a collaborative effort between ARDEC engineers and Orbital ATK, Armament Systems Division in Plymouth, Minnesota. Interceptors were assembled by Orbital ATK and warheads by Aerojet Rocketdyne in Sacramento, California. The fire-control algorithm was a collaborative effort by the various subject matter experts but led and written by Propagation Research Associates, Inc., in Atlanta.

The EAPS Integrated Product Team was led by ARDEC’s Munitions Systems and Technology Directorate at Picatinny Arsenal.



The APG Crossword

National Arts & Humanities Month

By **STACY SMITH**, APG News

October is National Arts and Humanities Month National Arts & Humanities Month (NAHM) was established in 1993 to encourage Americans to explore new facets of culture in their lives, and to begin a lifelong habit of active participation in the arts and humanities. Complete this puzzle to learn interesting facts about the arts.

Across

7. Style of music composed approximately 1600 to 1750 which includes the works of Bach and Vivaldi.

11. This American author and humorist who wrote the perennial novel "The Adventures of Huckleberry Finn," went by the pen name "Twain."

12. Highly stylized, modern house dance that evolved out of the Harlem ballroom scene in the 1980s.

16. The 20th century American painter and illustrator whose famous works tend toward idealistic or sentimentalized portrayals of American life.

17. Literary genius whose comedy, "The Taming of the Shrew" was first performed in 1593.

18. Title of James Joyce's beloved 1922 retelling of "The Odyssey," a book once banned in the U.S. for its 'obscene content.'

19. Approximately 20 percent of European art was looted by this political party in the 20th century.

20. Medieval musician that would sing and recite heroic lyrics to entertain the nobility.

21. Icelandic experimental singer whose 1993 album "Debut" is considered one of the first to introduce electronic music into mainstream pop.

22. Type of modern acting

largely popularized by Marlon Brando's work in the film, "On the Waterfront."

23. Name of caves in southwestern France famous for its Paleolithic paintings.

24. Acronym for Maryland's world-renowned art and design college; artist Jeff Koons and Talking Heads front man David Byrne are alums.

26. Number of paintings Dutch artist Vincent Van Gogh sold during his lifetime.

27. An upright support (typically a tripod) employed for holding an artist's canvas while it is being painted.

28. Musical composer of the longest-running Broadway show, "The Phantom of the Opera."

Down

1. A very short form of Japanese poetry, often consisting of just 17 syllables

2. Author of the semi-autobiographical novel, "The Bell Jar," who infamously committed suicide by carbon monoxide poisoning in 1963.

3. Arts and music education programs are mandatory in _____, a country that consistently ranks among the highest for math and science test scores.

4. Long speech by one actor in a play or movie; a prolonged talk or discourse by a single speaker.

5. He turned the modern art world upside down with abstract, splatter and drip 'action paintings.'

6. American author of contemporary horror, supernatural fiction, suspense, science fiction, and fantasy whose books have sold more than 350 million copies.

8. The 1984 Academy Award-winning movie that tells the fictional story of Mozart, recounted by his peer and secret rival Antonio Salieri

9. The Mississippi _____ is generally considered to be the birthplace of the musical genre, the Blues.

10. Type of modern art that originate in Germany and presents the world from a subjective

perspective, distorting it radically for emotional effect to stimulate moods or ideas.

13. In 2015, she became the African-American woman promoted to principal dancer of the American Ballet Theatre in its 75-year history.

14. Sculptor who created "The Thinker;" the image is often used to represent philosophy.

15. Romantic poet Lord Byron's most famous poem begins, "She walks in _____, like the night / of cloudless climes and starry skies."

17. Ancient people who invented writing in Mesopotamia in the 4th century B.C.

20. Art of creating images with an assemblage of small pieces of colored glass, stone, or other materials.

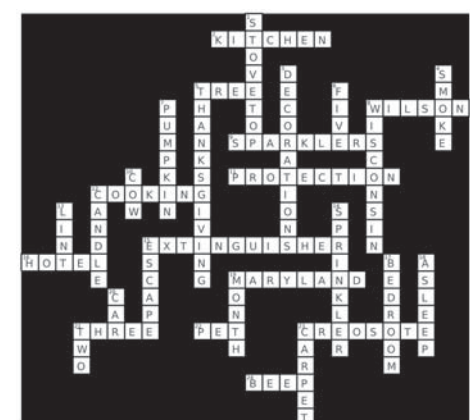
22. A founder of French Impressionist painting most famous for his landscapes.

23. One of the world's largest museums and a historic monument in Paris, France that houses Leonardo da Vinci's famous painting, the Mona Lisa.

25. African-American choreographer and activist credited with popularizing modern dance and revolutionizing African-American participation in 20th-century concert dance.

Think you solved last week's puzzle?
Check out the solution below

Solution to the October 1 puzzle



WORD OF THE WEEK

Autonomy

Pronounced: aw-TON-uh-mee

Part of Speech: Noun

Definition:

1. The right or condition of self-government
2. The condition of being autonomous; self-government or the right of self-government;
3. A self-governing country or region
4. Freedom from external control or influence; independence

Other forms:

Autonomist, noun

Use:

- Even a president cannot make executive decisions with full autonomy.
- Between the First and Second World Wars, Canada gained greater autonomy from Britain.
- To their last warrior, the tribe battled for autonomy from their conquerors.

By **YVONNE JOHNSON**, APG News

Source(s): www.dictionary.reference.com www.oxforddictionaries.com

ACRONYM OF THE WEEK

LOC

Library of Congress

The Library of Congress is the nation's oldest federal cultural institution and serves as the research arm of Congress. It is also the largest library in the world, with millions of books, recordings, photographs, maps and manuscripts in its collections.

Most of the original LOC collection was destroyed by the British in 1814 during the War of 1812. To restore its collection in 1815, the library bought from former president Thomas Jefferson his entire personal collection of 6,487 books

The Library's mission is to support the Congress in fulfilling its constitutional duties and to further the progress of knowledge and creativity for the benefit of the American people.

The library offers free one-hour walking tours as well as guided tours, exhibits, concerts, lectures and reading rooms. In addition it provides access to its universal collection through research and reference services. Although the Library is open to the public, only high-ranking government officials may check out books and materials.

The LOC is located in three building: The Thomas Jefferson Building, 10 First Street SE, Washington, DC; the John Adams Building on 2nd Street SE; and the James Madison Memorial Building between First and Second Streets SE on Independence Avenue. For visitor information, contact the Visitor Services Office at 202-707-8000 or email vso@loc.gov.

By **YVONNE JOHNSON**, APG News

Source(s): <http://www.loc.gov>; <https://en.wikipedia.org/>



LIBRARY OF CONGRESS

Solar installation scheduled through October

Continued from Page 1

ity by 2030.

He said that when the White House announced the DOD solar challenge, Corvias grabbed the opportunity to support its military partner in achieving its long term goals.

“We’re excited to work with our Army partner to bring this renewable energy initiative to APG,” he said, “and we’re really excited to bring this project to the APG community first.”

Ongoing installations are expected to conclude by the end of October, according to Allison Fenwick, Corvias Community Manager, who said the transition should be “seamless and transparent.”

She said residents will be briefed on solar usage and notified by email when teams can be expected at their home.

“One house is typically completed in one day,” she said noting that two crews – ground and roof – coordinate and conclude activities one house at a time.

Residents with further questions or concerns should contact Fenwick at 410-306-1076 or allison.fenwick@corvias.com.

Solar Ready Vets

Corvias also supports the Department of Energy Solar Ready Vets program. In September 2014, the Energy Department’s SunShot Initiative launched the Solar Ready Vets program to connect the nation’s skilled veterans to the solar energy industry, preparing them for careers as solar photovoltaic (PV) system installers, sales representatives, system inspectors, and other solar-related occupations.

Solar Ready Vets is enabled by the U.S. Department of Defense’s Skill-Bridge initiative, which allows exiting military personnel to pursue civilian job training, employment skills training, apprenticeships, and internships up to six months prior to their separation.



Photo by Yvonne Johnson
Corvias Military Living Business Director Scott Kotwas, left, and APG Garrison Commander James E. Davis, right, discuss the Privatized Housing Solar Panel initiative while walking through rows of stacked solar panels tagged for installation on Bayside Village homes.

Military personnel participating in Solar Ready Vets learn how to size and install solar energy systems, connect electricity to the grid, and interpret and comply with local building codes. The intensive four to six week training course uses up-to-date PV equipment and master trainers from SunShot’s Solar Instructor Training Network (SITN). This training is provided at no cost to participating service members.

Many may be bound for Corvias Military Living projects.

“The partnership is working toward hiring veterans to support this portfolio-wide solar initiative,” said Keisha Brown, program development analyst for Corvias Military Housing. “We’re excited to be a participant in interviewing graduates from the Solar Ready Vets program and for the opportunity to support transitioning service members.”

Solar energy is one of the fastest growing industries in the United States and a major source of new jobs. In 2014, one out of every 78 new jobs created in the U.S. was created by the solar industry – employing nearly 174,000 full-time workers today.

For more information about the Department of Energy Solar Ready Vets program visit <http://energy.gov/eere/sunshot/solar-ready-vets>.

EAP available through self or supervisor referral

Continued from Page 1

to employees that the choice to move forward is up to them.

“Any dependence or addiction not only affects you, it impacts your family and friends, coworkers and supervisors and forces them to also deal with your problem,” she said. “You can make the choice to regain control and EAP can help you do that.”

She said she advises clients to ask friends, coworkers or family members to honestly share what they think about their behavior.

“Ask those you can trust to be honest with you,” she said. “They might enlighten you to behaviors you thought were hidden. Realizing what others think of your behavior is one sure way of determining if you may have a problem.”

How the program works

For many, job performance, conduct, or attendance records can be indicators of adult living problems. The request for EAP assistance can come from the employee through self-referral, or from supervisor, coworkers, family members or friends. Anyone can call and request an appointment. Confidentiality is assured.

Stokes said that managers and super-

visors should become familiar with the EAP referral process and/or recommend to employees that they seek help through the installation EAP.

Ideally, people should voice their concerns without being asked, Stokes added. “If you’re concerned about someone then you should say something,” she said. “Let them know you care and hope that they can accept the reality and decide for themselves to get help. You could save a life.”

The dangers of unspoken concerns are immeasurable, she said, because continued abuse of alcohol or drugs raises a person’s tolerance and gives them false confidence.

“Just because you’ve always gotten away with drinking and driving doesn’t mean you always will. And the price you pay if caught, could be ruinous to you financially and professionally. That moment of pleasure when you decided to drink and drive, can really have a lasting impact, especially when it involves injury or death.”

Stokes said she feels privileged to help those in the military community who are in need of intervention.

“Government civilians are in the business of supporting our Soldiers and their

families who sacrifice so much for all of us,” she said. “People are human and we all have regrets at some point in our lives.”

She said that with the holidays approaching, employees should look at their lives and consider how fortunate they are to be in a position to positively impact so many lives.

“Be proud of what you do for our Soldiers. You are unique, one-of-a-kind, never to be duplicated. Show your integrity by having a designated driver or a plan before you go out to celebrate.”

“Most importantly, I want people to understand that there’s no need to get down on themselves if things have gotten beyond their control. We are not here to judge you. The EAP is all about helping you focus on moving forward.”

A native of Augusta, Georgia, Stokes has been as a government civilian since 1998. Her background in client care includes positions as a patient services assistant with the Georgia Department of Veterans Affairs; an information management officer at Fort Carson, Colorado; a unit administrator with the U.S. Army Reserve in Augusta, Georgia; and an alcohol and drug control officer at Dugway Proving Ground, Utah. She

holds a master’s degree in Business Education from Colorado Technical University. With 25 years in the Army Reserve, Stokes serves as a sergeant first class, information systems specialist with the 203rd Military Intelligence Battalion.

For more information about EAP contact Stokes at 410-278-5319 or email robinstine.stokes.civ@mail.mil.

Red Ribbon Week

The EAP will promote the annual Red Ribbon Campaign, the oldest and largest drug prevention program in the nation, during Red Ribbon Week, Oct. 23-31.

Sponsored by the National Family Partnership (NFP), the Red Ribbon Campaign seeks to present a unified, visible commitment to a drug-free lifestyle. With the 2015 theme: “Respect Yourself, Be Drug Free,” Red Ribbon will be observed in schools across the nation and students and families will be asked to wear the red ribbon symbol to show their solidarity.

Robin Stokes, EAP manager, and other ASAP personnel will distribute Red Ribbon information and giveaways throughout the week. Check the APG News and APG social media sites for dates, times and locations.



APG CATCH-A-POACHER PROGRAM

A wide variety of wildlife call Aberdeen Proving Ground home. The APG Conservation Law Enforcement Branch is asking you to be a partner in protecting and preserving the natural resources here on post. If you see or have knowledge of poaching or illegal activity involving wildlife or natural resources, you can use the SUBMIT-A-TIP hotline to anonymously provide information to catch a poacher.

Call the SUBMIT-A-TIP “HOTLINE” at 410-306-4673.

Emergencies or violations in progress should always be reported via 911.

When reporting poaching or illegal activity involving wildlife or natural resources on APG, please take note of the information listed in the form below.

Name/Description/Address of the Poacher
Location/Days/Times & Type of Poaching
Vehicle/Vessel Description or Registration #

You can also cut out this completed SUBMIT-A-TIP form and mail it to: 2200 Aberdeen Blvd. APG, MD 21005

Fire prevention events make safety interactive

Continued from Page 1

so we can take it over to each tenant, each command.”

C4ISR event

On Oct. 7, the four-hour interactive event featured fire extinguisher demonstrations, static displays, and CPR and automated external defibrillator (AED) training.

“We wanted to make the event more accessible to the customer,” said Fire Inspector Ernie Little, who organized the event. “Having it in their own backyard, folks are more likely to participate.”

Little said he hopes attendees will share the information with their coworkers, family and friends.

“This event keeps the information fresh, in the front of their mind,” added said Fire Inspector T.C. Glassman.

During the event, Little told attendees about the importance of having carbon monoxide, or CO, detectors in their homes. He said detectors are vital because carbon monoxide is a colorless, odorless and tasteless gas and that carbon monoxide poisoning can go undetected for long periods of time.

“Having a CO detector gives folks an extra layer of protection,” he said.

Little recommended testing smoke alarms once a month and changing their batteries twice a year, or purchasing smoke detectors with 10-year lithium batteries.

“What that does, is it eliminates the human factor of having to change your battery,” he said. “They are a little more expensive, but you cannot put a price on your life or your family’s safety.”

Assistant Chief of Emergency Medical Services Mike Slayman showed attendees how to administer CPR on mannequins and informed listeners about free CPR and AED training available to the APG workforce. Slayman said APG EMS personnel conducted CPR and AED training for more than 4,500 people last year. Several attendees called the event informative.

Johnny Schultz, with the U.S. Army Contracting Command-APG, said that when he saw the static displays in the courtyard, he invited his family to attend. Schultz called the fire equipment and vehicles “impressive.”

“I have a lot of respect for the fire department,” he said. “They have to make life and death decisions very quickly.”



Photo by Rachel Ponder

A digital fire extinguisher training system displays how many seconds it took Dana Chatman, with the U.S. Communications-Electronics Command Logistics and Readiness Center, to extinguish a fire during a Fire Prevention Week event hosted by the Directorate of Emergency Services at the C4ISR Center of Excellence campus, Oct. 7.

At one interactive station, attendees used pressurized water extinguishers to put out a small fire from a propane gas training device. Valerie Gibson, from the U.S. Army Communications-Electronics Command, called the fire extinguisher demonstration “very helpful.”

“It was pretty cool that we actually got to put out a fire,” she said. “I hope that will be the only fire I have to put out.”

Jessica Davis, of the CECOM Logistics and Readiness Center, attended the event with her co-workers. Davis said she learned how to put out a fire and received information about home emergency kits from the Directorate of Plans, Training, Mobilization and Security (DPTMS) Emergency Operations Center display.

“I am taking some new information away,” she said. “I am more prepared.”

In addition to interactive displays and educational activities the fire department conducted fire drills for several campus buildings.

“With these fire drills, we are able to reach thousands of people,” said Fire Inspector John Frank.

For more information about free fire extinguisher training call 410-306-0001. For more information about CPR and AED training, email michael.p.slayman.

civ@mail.mil.

Fire station open house

Activities at the DES fire station Oct. 9 included CPR, fire extinguisher and propane gas demonstrations, a smoke simulation trailer, DES equipment and vehicle displays, and a helicopter fire simulation. The event promoted the 2015 theme, “Hear the beep where you sleep: Every bedroom needs a working smoke alarm.”

“We’re trying to promote smoke detectors in the homes,” said Fire Inspector and open house organizer Loren Brown.

Brown said that advanced technology allows some smoke detectors to connect with a person’s smart phone or other devices and he recommended that parents consider buying smoke detectors that include a voice recorder, to record a personalized voice message for their children in the event of an emergency.

“Statistically, children are not waking up with regular smoke detector sounds,” Brown said.

He added that he hopes the open house will spark fire safety conversations among attendees that will create a lasting effect on their lives.

“I want somebody to be able to go home and think about looking at their house [and thinking], ‘Is this fire-

safe?’ ‘Is my house protected by smoke detectors?’

“I want people to think about fire safety in their homes.”

The Fire Prevention Open House was one of several installation-wide fire prevention and safety activities during October. Firefighters and emergency personnel also visited both child development centers and visits are planned to the post youth centers the week of Oct. 13.

Four cadets from the Freestate ChallengeNge Academy were job shadowing firefighters during the open house. Cadet Jay Thompson said he was impressed by the event and that he’s considering a career in firefighting.

“I look up to the fire department; they do something that’s very good,” Thompson said.

Several families with young children also attended the event. Staff Sgt. Tim Idler of the 20th CBRNE Command and his wife, Michelle, said they brought their three children to the open house to familiarize them with emergency personnel and the work they do.

“It’s important for them to be comfortable with them [firefighters] and understand they’re there to help them,” Idler said.

As parents of two young girls, APG firefighter Kurt Riley and his wife Amy agreed that teaching fire safety at home is indispensable.

“Proper parenting obviously has to incorporate fire safety,” said Kurt Riley. He said he teaches his children about matches, lighters and other household items that can cause fires if used improperly.

Representatives from the garrison DPTMS emergency management team and Installation Safety Office were also on hand to distribute safety and disaster preparedness information.

National Fire Prevention Week is the longest public health and safety observance on record. It was established to commemorate the Great Chicago Fire of Oct. 8-9, 1871. In 1920, President Woodrow Wilson issued the first National Fire Prevention Day proclamation and President Calvin Coolidge Jr. proclaimed the first National Fire Prevention Week in 1925.

For more information, visit the National Fire Protection Association website at www.nfpa.org.

Gate schedule part of 30-day trial run

Continued from Page 1

operating hours, the visitor control centers will operate as follows:

Visitor Control Center operations

MD 715 (Maryland Boulevard) - 6 a.m. to 6 p.m., Monday thru Friday

MD 22 (Harford Boulevard) - 6 a.m. to 6 p.m., weekends and holidays

According to Sam Seay, DES chief of physical security, visitor lanes will be designated at the MD 22 gate which has no standing visitor center. The same checks will be conducted at MD 22..

“Starting at 7 p.m. on weekdays and on weekends, MD 22 will be the main gate open to all traffic. During the weekday, MD 22 will be for ID card holders only and MD 715 will be open to all traffic.”

Seay said Oct. 30 was chosen to make the change as more resources are available on the weekend.

“That way people can start fresh on Monday,” he said.

He noted that other factors impacted by the changes include commercial vehicle deliveries and weekend weddings.

Top of the Bay hosts at least one wedding/reception every weekend and has hosted up to five post-wedding events

from Friday to Sunday. Seay said procedures and policies already in place regarding large weekend events are addressed as they occur.

At the conclusion of the 30-day test period, the senior commander will evaluate the test to determine future or continued gate operations.

For more information, contact Seay at 410-278-4631 or samuel.e.seay.civ@mail.mil.

Did You Know?

Each year in the United States, more than 200,000 women get breast cancer and more than 40,000 women die from the disease.

Most breast cancers are found in women who are age 50 or older, but breast cancer also affects younger women. About 11 percent of all new cases of breast cancer in the United States are found in women younger than 45 years of age. Men also get breast cancer, but it is not very common. Less than one percent of breast cancers occur in men.

The Bring Your Brave campaign, sponsored by the Centers for Disease Control and Prevention (CDC), provides information about breast cancer to women younger than age 45 by sharing real stories about young women whose lives have been affected by breast cancer. Through these testimonials, Bring Your Brave aims to inspire young women to learn their risk for breast cancer, initiate a dialogue with their health care provider about their risk, and live a breast healthy lifestyle.

For more information about Bring Your Brave and breast cancer in young women, visit <http://www.cdc.gov/BringYourBrave>.

Join the conversation using #BringYourBrave and by following CDC Breast Cancer on Facebook; the CDC Breast Cancer board on Pinterest, and @CDC_Cancer on Twitter.

Famous breast cancer survivors

Barbara Allen - Former Kansas state senator

Anastacia - Singer, songwriter, producer

Christina Applegate - Television actress and dancer

Kaye Ballard - Actress and singer

Brigitte Bardot - French former actress; animal rights activist



Kathy Bates - Academy Award-winning actress; also ovarian cancer survivor

Meredith Baxter - Television actress

Allyce Beasley - Actress

Nancy Brinker - Founder and chair of the Susan G. Komen for the Cure

Diahann Carroll - Actress and singer

Peter Criss - Rock musician; founder of KISS

Sheryl Crow - Singer/musician

Edna Campbell - Retired WNBA basketball player

Beth Nielsen Chapman - Singer-songwriter

Mary Jo Codey - Former First Lady of New Jersey

Shannen Doherty - Actress, director, producer

Jill Eikenberry - Actress

Linda Ellerbee - Television correspondent/journalist

Melissa Etheridge - Singer; lesbian activist

Drew Gilpin Faust, President of Harvard University

Deanna Favre, wife of former NFL quarterback Brett Favre

Carly Fiorina, American business executive; 2016 Republican nomination candidate for U.S. president

Caitlin Flanagan, American magazine writer, editor, author, social critic

Ernie Green, former Cleveland Browns football player; one of his sisters died from the disease

Dorothy Hamill, Olympic figure skating champion

Joan Lunden, Television journalist and news anchor

Sandra Day O'Connor, first female U.S. Supreme Court justice

Nancy Reagan, former U.S. First Lady

Robin Roberts, Former WNBA basketball player; host of Good Morning America

Ann Romney, Wife of 2012 U.S. presidential candidate Mitt Romney;

Richard Roundtree, Film actor

Carly Simon, Singer-songwriter, musician, children’s author

Ruth Ann Swenson, American operatic soprano

Mickey Wright, LPGA tour professional golfer

Yvonne Johnson, APG News

Source(s): <http://www.cdc.gov/>; <https://www.wikipedia.org/>

APG SNAPSHOT

Take a peek at the events making news in and around U.S. Army Garrison Aberdeen Proving Ground. For complete photo coverage, visit <http://www.flickr.com/photos/usagapg/>.

GETTING INVOLVED IN FIRE PREVENTION & SAFETY

(Clockwise from right)
The APG Directorate of Emergency Services Fire Department hosted various events across the installation in observance of National Fire Prevention Week, Oct. 4-11.

Flames and spray blur DES Fire Inspector Ernie Little who looks on as 1st Lt. Miguel Arvello of the 20th CBRNE Command helps his son Matthew, 2, handle a fire extinguisher.

Firefighters Jeremy May, left, and Anthony Legouri, right, demonstrate a rescue apparatus for Freestate ChalleNGe Academy cadets Nicholas Taylor, kneeling left, and Jay Thompson, kneeling right.

5-year-old Brandon Kong stomps around the back of a helicopter to the delight of his 3-year-old brother, Ethan.

Jakob Shuler, 14, checks out a portable "Jaws of Life" hydraulic rescue tool.

Firefighter Anthony Legouri teaches Freestate ChalleNGe Academy cadets Ernie Adkins, left, and Jay Thompson, right, how to control a fire hose.

Firefighter Kurt Riley lifts his daughter, Adaline, 3, through the hatch of the Special Reaction Team armored rescue vehicle.

Three-year-old Nora Idler stands out in bright pink next to a row of fire extinguishers.

Tristan Henke, 3, enjoys the view behind the wheel of the SRT armored rescue vehicle.



Photo by Molly Blossie



Photo by Stacy Smith



Photo by Molly Blossie



Photo by Molly Blossie



Photo by Molly Blossie



Photo by Molly Blossie



Photo by Molly Blossie



Photo by Rachel Ponder