



For Fall Apple Day Festival coverage, see pages 11-14.



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FORT RILEY, KAN.



Soldier, noncommissioned Officer of Quarter announced

Best squad, Sergeant Audie Murphy Club inductee also named

By Staff Sgt. Jerry Griffis
1ST INF. DIV. PUBLIC AFFAIRS

Leaders in the 1st Infantry Division announced the best noncommissioned officer and Soldier of the Quarter Sept. 24 at Fort Riley's Barlow Theater. The winners of the best squad competition were also announced and

one Soldier was inducted into the Sergeant Audie Murphy Club.

The guest speaker for the ceremony, Command Sgt. Maj. Stephen H. Helton, senior noncommissioned officer, 1st Combat Aviation Brigade, 1st Inf. Div., said, "The NCOs and Soldiers that cross the stage today come from varied backgrounds, various occupational specialties and different unit cultures."

Pfc. John Aldana, 267th Signal Company, Special Troops Battalion, 1st Infantry Division Sustainment Brigade, took the title of Soldier of the Quarter.

See AWARDS, page 10



Staff Sgt. Jerry Griffis | 1st Inf. Div. Public Affairs

Pfc. John Aldana (left), 267th Signal Company, Special Troops Battalion, 1st Infantry Division Sustainment Brigade, and Sgt. Jacob May, Troop B, 1st Squadron, 4th Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, stand on stage Sept. 24 at Barlow Theater. Aldana won Soldier of the Quarter and May won Noncommissioned Officer of the Quarter for the 1st Inf. Div.

Soldier's art leaves brigade's mark on Kuwait

Painted mural an enduring symbol of unit's service

By Staff Sgt. Aaron P. Duncan
1ST INF. DIV. SUST. BDE. PUBLIC AFFAIRS

CAMP ARIFJAN, Kuwait — One 1st Infantry Division Sustainment Brigade Soldier spent weeks painting a concrete barrier, or T-wall, with a design representing the brigade.

Pfc. Frank Runnels, a native of Orlando, Florida, and a computer technician assigned to Headquarters and Headquarters Company, Special Troops Battalion, 1st Infantry Division Sustainment Brigade, painted the T-wall to leave a lasting reminder for the Soldiers assigned to the unit in Kuwait after their departure. He began the process in late July and finished Aug. 19.

"I really wanted to leave something behind that represented my unit and what we have accomplished here," Runnels said.

It has become an unspoken tradition among units and can be seen from one end of post to the other. Cement barriers painted by units that served here line the side of the road.

"It gave me a sense of pride that the unit allowed me to be the one to paint the mural," Runnels said. "The knowledge that something I did is still there after I am gone is a great feeling."

Runnels was selected for the project when others in the unit noticed his artistic skill. However, his talents with a pencil did not prepare him for the challenge of working with paint.

"It was a much bigger scale than what I was used to," Runnels said. "Bigger portraits create bigger problems."

His peers and leaders were impressed with the work regardless of the challenges he faced working with the new medium.

"I am proud to know we have such talent within the formation," said Col. Allen T. Cassell, the 1st Inf. Div. Sust. Bde. commander. "His work represents the brigade and the mission."

The design he chose to use, to leave his and the unit's mark

See MURAL, page 10

A warrior's farewell



Amanda Kim Stairrett | 1st Inf. Div.

Command Sgt. Maj. Michael A. Grinston, outgoing 1st Infantry Division senior noncommissioned officer, receives the last round fired from the salute battery during a victory with honors ceremony at 1st Inf. Div. headquarters Sept. 25. Command Sgt. Maj. Joseph C. Cornelison assumed responsibility as the new 1st Inf. Div. senior noncommissioned officer. The last round fired is a military tradition and signifies Grinston's last day as the division's top enlisted Soldier.

'Big Red One' Soldier Grinston departs 1st Infantry Division, Cornelison welcomed

By Amanda Kim Stairrett
1ST INF. DIV. PUBLIC AFFAIRS

Command Sgt. Maj. Michael A. Grinston is a "Big Red One" Soldier and he will always be a Big Red One Soldier.

The field artillery Soldier wrapped up his second assignment with the 1st Infantry Division Sept. 25 during a Victory with Honors ceremony at Fort Riley. During the event — a traditional farewell or welcome reserved for the division's senior leaders — Grinston relinquished responsibility as the

"When I say ... I will always be a Big Red One Soldier, it's going to be because of those Soldiers that have gone before us and those Soldiers that are no longer with us."

COMMAND SGT. MAJ. MICHAEL A. GRINSTON
OUTGOING DIVISION COMMAND SGT. MAJ.,
1ST INFANTRY DIVISION

Big Red One's top enlisted Soldier to Command Sgt. Maj. Joseph C. Cornelison.

During his farewell remarks, Grinston talked about deploying

to Iraq 10 years ago as the senior noncommissioned officer for Battery C, 1st Battalion, 7th Field

See FAREWELL, page 4

Soldier honored in ceremony

Spc. James Challender had strong sense of duty, commitment

By Amanda Kim Stairrett
1ST INF. DIV. PUBLIC AFFAIRS

The men and women of the 1st Infantry Division and Fort Riley honored Spc. James Dominic Challender Sept. 24 in a memorial ceremony at Morris Hill Chapel.

Challender, a wheeled vehicle mechanic with Company H, 2nd Battalion, 34th Armor Regiment, 1st Armored Brigade Combat Team, 1st Inf. Div., died Aug. 30. He was 23 years old.

Challender was one of the smartest, best mechanics Spc. Joshua Kologenski said he ever knew. He was always willing to help anyone with whatever they needed, at work or after.

"You could never catch him without a smile on his face or him not joking around with someone and laughing," Kologenski, 2nd Bn., 34th Armor Regt., said.

"Spc. Challender had a huge heart and always wanted to bring joy to people's day. He changed a lot of people's lives and made them a better person. I can honestly say I'm blessed to have served next to him and to have had him in my life."

Challender was the kind of person who would drop everything to help his friends — no matter if he knew them a week or for years, said Spc. Jessica Hurst, Division Headquarters and Headquarters Battalion, 1st Inf. Div.

"If you were close to him, he would always help," she said.

See CEREMONY, page 10

Aerial tour highlights visit for honored guests

For Gold Star Families, their VIP tour was a chance to connect

Story and photo by Andy Massanet
1ST INF. DIV. POST

Gold Star Family members came to Fort Riley on Sept. 26 as special guests of the 1st Infantry Division, the 1st Combat Aviation Brigade and the Garrison. They were hosted by Maj. Gen. Wayne Grigsby, commanding general of

"At the end of the day it's all about family."

MAJ. GEN. WAYNE W. GRIGSBY, JR.
COMMANDING GENERAL, 1ST
INFANTRY DIVISION
AND FORT RILEY

the 1st Infantry Division and Fort Riley, 1st Inf. Div. Command Sgt. Maj. Joseph Cornelison, and Col. Andrew Cole Jr., Fort Riley garrison commander.

See GOLD STAR, page 3



Gold Star Family members Keeley and Randy Frank display commemorative wrist bands in memory of Keeley's son, Sgt. Kevin Gilbertson, who was lost in Iraq in 2007.

The next USAG Resilience Day Off will be:

Oct

9

SAFETY HOLIDAY

As of Thursday, Sept. 24

038

days have passed since the last vehicular fatality at Fort Riley. Seventy eight more and the post will celebrate with a safety holiday to take place at each unit's discretion.

HIGHLIGHTS



THOUSANDS OF VISITORS SAID FAREWELL TO SUMMER 2015 AT THE FALL APPLE DAY FESTIVAL SEPT. 26. SEE COVERAGE ON PAGES 11-14.

ALSO IN THIS ISSUE



LOCAL YOUNGSTERS GET PERSONAL CHEERLEADING INSTRUCTION FROM A GROUP OF KANSAS CITY CHIEFS CHEERLEADERS AT THE FALL APPLE DAY FESTIVAL. SEE PAGES 19.



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Network Modernization on the verge of becoming a reality

Story and photos
by Andy Massanet
1ST INF. DIV. POST

The uniformed Soldiers were 26 in number. They came from a variety of units in the 1st Infantry Division. They were young, enthusiastic about the mission and among the best the Big Red One has to offer.

The Department of the Army civilians working with them were no less committed to the mission. Equally energetic, they are network technicians from the Fort Riley Regional Network Enterprise Center. They are among the best the Fort Riley garrison has to offer.

According to project leaders the mission is complex and will serve the Division, Fort Riley and a host of mission partners for years to come. It is a comprehensive modernization of the Fort Riley computer network that will prepare the post for the challenges of the 21st century.

COST EFFECTIVE FOUNDATION

As defined by the official mission operations order, Network Modernization-CONUS, or NETMOD-C project, lays the ground work for a large expansion of network capability.

The work was accomplished through a phased approach that began in June. The objective was to replace network switches and core routers within the Fort Riley Installation Campus Network.

The modernization included increasing the network speed from a one-gigabyte connection to a 10 GB inter-building connection and the link into the global information grid from 10 GB to 100 GB.

The new equipment hardware, including state-of-the-art network switching equipment, is valued at approximately \$5 million.

The investment accounts for more than 400 buildings upgraded and approximately 1,000 new switches, while logging in a \$300,000 contract manpower cost avoidance.

The new hardware will posture the installation for more efficient use of off-post bandwidth and full path diversity. Ultimately, it will support ongoing CONUS regionalization initiatives.

According to Lt. Col. Dean Smith, Assistant Chief of Staff, G-6 Communications for the 1st Infantry Division, “this project, only one of the collaborative projects between the Regional Network Enterprise Center and 1st Inf. Div., produced trained, modified and skilled signal Soldiers for their formations. This improvement in our network infrastructure continues to make Fort Riley the best place to train, deploy from and come home to in our nation.”

Because it was so well-coordinated, this phase took less time than expected. The project began in early summer and ended in mid-September ahead of the projected deadline of Oct. 1.

It is being done at a reduced cost thanks to collaborative effort by the RNEC and team of 1st Inf. Div. Soldiers.

TRANSITION TO A REGIONAL NETWORK

According to Rob Gardner, Chief of the Service Management Division at the RNEC, the modernization effort involves transforming the current network, a more local entity, into an integrated regional one. “The



TOP: Pfc. Alan Rojas and Pfc. Everlidys Maldonado, both of Headquarters and Headquarters Company, 1st Sustainment Brigade, 1st Infantry Division, check specifications before continuing with their work replacing network switches and core routers at the headquarters of the 299th Brigade Support Battalion. **MIDDLE:** Spc. Jacob Reyna, 2nd Battalion, 34th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, loads a government vehicle with high-tech network components before heading out for a day's work. **BOTTOM:** Pvt. 2 Kenton Groombridge of the 1st Sustainment Brigade, 1st Infantry Division's S-6 shop, listens as Regional Network Enterprise Center project manager Julia Owens and RNEC technician Walter Moeller discuss a portion of the work needed to replace network switches and core routers at a Fort Riley military facility on Custer Hill.

work will set the stage for us to transition into Defense Information SSystems Agency's Joint Regional Security Stacks.”

According to the website disa.mil, DISA partnered with the U.S. Army and Air Force to “fundamentally change the way the Department of Defense secures and protects its information networks by deploying joint regional security stacks.”

The JRSS “is a suite of equipment that performs firewall functions, intrusion detection and prevention, enterprise management, virtual routing and forwarding, and provides a host of network security capabilities. By deploying JRSS, security of the network is centralized into regional architectures instead of locally

distributed architectures at each military base, post, camp or station.”

The official DISA website goes on to say that “the Army has funded DISA to upgrade their continental United States and U.S. Central Command infrastructures with the intent to centralize the Army's existing perimeter security infrastructure from hundreds of local security stacks into a JRSS construct.”

Sounds good, but how does Fort Riley get there from here? The answer is through Soldiers and

civilians, including the 1st Inf. Div. G-6 shop, as well as the RNEC, working together on the project. Robert Windham, Director of the RNEC at Fort Riley, said all played vital roles in the synchronization of planning and the unity of effort.

According to Gardner, Fort Riley is one of only 13 installations to receive this upgrade and the only installation to complete the upgrade relying exclusively on the combined efforts of local Soldiers and civilians, with no off-post personnel or contractor support.

It is a basic framework akin to the foundation of a skyscraper, or laying the keel of a new aircraft carrier. It enables the 1st Inf. Div. and Fort Riley to become a gateway into the DOD network of the future.

Will that mean all computers on post will suddenly run better, faster or more efficiently? The answer is “no.” This isn't about computer performance. Gardner said the ordinary user of a computer at a desk on Fort Riley won't notice any immediate change.

“What it will do,” Gardner explained, “is help create a more robust, redundant and secure network to meet the challenges of warfighters and mission partners on Fort Riley.”

In other words, this effort will make the network on which the post depends more resilient, less vulnerable and more expansive. It will allow far greater integration for mission partners. It will make the network less vulnerable to cyberattack and will provide additional redundancy to local services, resulting in less network downtime and outages.

A DAY ON THE JOB

It was a building like so many others on Custer Hill: A plain structure that belonged to the motor pool of a 1st Inf. Div. brigade.

The team of Soldiers and civilians was led by RNEC network technician and lead foreman, Julia Owens, and Master Sgt. Donald A. Goode of G-6 Communications.

According to Owens, the fact that the site was made so readily available was a testament to the overall team concept of this effort. As with any motor pool building it has wide-open bays with concrete floors, high ceilings, large garage doors and a ventilation system. On one side of the bay sits pallet after pallet of Cisco components waiting to be prepared for installation. At the other side of the bay are pallets with components prepped and ready to be installed.

According to Goode, the noncommissioned officer in charge of the 26 Soldiers involved, the project began with intensive preparation training conducted prior to and during the initial project. Coordination and planning produced a typical work day that was rigorously planned.

“Everything has been centralized in this location,” Goode said of the motor pool building. “There has been a work flow designed for every Soldier that follows a pattern. They receive their morning briefing and assignments, keys and tool kit. They load their switches, radio and computer. Everything the Soldiers have needed for this mission has been provided for them, has been sitting here waiting for them, whether it was fiber optic jumpers, extra cables, hook-ups, supplies or safety equipment. We've provided back-up MREs (meals, ready to eat) for those who can't make it to lunch. We've provided water or Gatorade, whether from us or donated by the commissary.”

In addition, Goode said, RNEC safety personal provided risk assessments and other safety guidance and equipment such as first-aid kits, fire extinguishers and ladders.

“Anything and everything that they needed safety-wise has been conducted right

here,” Goode said. The RNEC also contributed additional network and other equipment, Goode added.

While the Soldiers gathered their assignments, a team of RNEC technicians occupy computer workstations along a wall that allows them to perform final preparations on components, preparing them for installation.

At first, the challenge seemed daunting to Owens. “When we were told we had three months. I really didn't know how we were going to do it. But we performed extremely detailed planning with structured training and walk-throughs.”

The benefits the Soldiers gained from the preparation include enhanced skill sets and competency.

“Initially I was hesitant as to what I was going to get,” Owens said, “but I could not have picked better Soldiers if I had handpicked them myself. With Master Sgt. Goode acting as a kind of trail boss they were all motivated and competent. They are just excellent.”

Spc. Lance Camacho is a 25-Bravo, Information Technology Specialist, for the 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Inf. Div. His basic job description is maintaining, processing and troubleshooting military computer systems and operations. The skills and the language he is accustomed to working with are similar to those used for this project but there is new language as well, he said. He added, “I feel it's a great impact on the post because updating computer architecture is not always easy.”

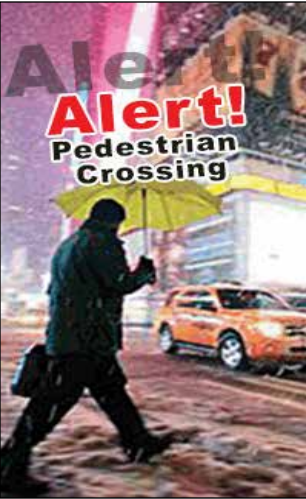
Spc. Jacob Reyna works for 2nd Battalion, 34th Armor Regiment, 1st ABCT, 1st Inf. Div. “This experience has given me a lot as far as hands on training,” he said. “It's also about getting to know your other network people around you as well. You work with them, and it's good if you want to get out or if you want to get a government job. This is an excellent network here.”

As far as taking the skills he has learned back to his military job, Reyna was unequivocal. “Oh yes, it will make me a lot smarter, especially about leadership and coordination as far as where to go, when to arrive, how to mount components and when you are out in the field cable management is the most important thing.”

Goode added the Soldiers selected for this project “are all gaining skills that they would not have had before. In addition to that, for me, it's almost like running an S-3 operations shop by myself and at the same time, being a first sergeant again. You have all these Soldiers, with all these different experiences and different personalities, and you have to get them to work together and mesh together. We've had zero injuries, zero casualties.”

The biggest challenge, Goode said, was working to de-conflict the NETMOD-C requirements and the Soldier's normal duty requirements.

As a result of these efforts, money was saved and a computer infrastructure supporting Fort Riley, the 1st Inf. Div. and the region, is near completion.



GOLD STAR

Continued from page 1



Left: Ann Meuli is assisted by Crew Chief SPC. Ali-Andro Barclay prior to take off during the Gold Star Families VIP Tour on Sept. 26 at Fort Riley. Meuli lost Sgt Joel Murray in Iraq Sept 4, 2007. **Right:** Maj. Gen. Wayne W. Grigsby, Jr., commanding general of the 1st Infantry Division and Fort Riley, converses with Amanda Doster, a Gold Star Family member, during a small informal lunch. Grigsby is pointing to a photo of Amanda's late husband, SFC James Doster, who was killed in action in Iraq on Sept. 29, 2007.



Andy Massanet | POST

But in the relative quiet of Grimes Hall, with the heavy thrum and beat of the UH-60L Blackhawk helicopters now a memory, all titles and designations disappeared. Over lunch it became a meeting of like-spirited persons united by remembrance, shared sorrow loss and healing.

It was a bittersweet event. Gold Star Family members are united, not by the blood of direct familial connection, but by the blood of their fallen children, parents and spouses who lost their lives in the service to the nation. They are united too by the

unbreakable bond between themselves and the United States Army, its Soldiers — past and present.

So it was a morning of remembrance of the fallen, of celebration of those bonds and of gratitude for the supreme sacrifice the Gold Star Families members made.

The event began as all gathered at a helipad adjacent to the 1st Infantry Division headquarters. Three UH-60L Blackhawk helicopters, their pilots and crews waited for them. The Gold Star Family members arrived, received their pre-flight briefing from

SPC. James Roaché of the 2nd General Support Aviation Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Inf. Div. They boarded the aircraft, were secured and took off for an aerial tour

They returned after about 20 or 30 minutes and went to Grimes Hall for lunch, photographs of their fallen loved ones marking their place at each table.

It was a brief event, taking place in the morning and lunch hour as Fall Apple Day festivities gathered steam at Artillery Parade Field.

“I think it a great way to remember our son’s sacrifice,” said Karen Funcheon, a Gold Star Family member who lost her son, Sgt. Alex Funcheon in April of 2009 in Iraq. “Since they are not here, we are here to represent them. I went to college at K-State so I’m real familiar with Fort Riley and it’s a great place, and SOS is a great organization just to keep us in the loop and remember us.”

Funcheon referred to Survivor Outreach Services. Christina Gary of SOS provided the coordination for the Gold Star Family member VIP Tour and helps Gold Star Family members in a variety of capacities.

“When they have events to honor our children,” Funcheon added, “we know what’s going on and (that helps us) connect with other parents and widows. We are a minority. There is not a lot of us, thank goodness, as Gold Star Family members. It’s good to sit down with other families because you feel comfortable talking to other people who have been through the same situation you have.”

“It means a lot,” said Keeley Frank, who lost her son, Sgt. Kevin Gilbertson in 2007, in Iraq. “It has connected me back to my son. We never had anything like this in Iowa for me to go to, to meet other parents who have lost their loved ones. And it has reconnected me in a positive way. Even though I lost my son in 2007, it still hurts.”

Frank then expressed appreciation for the support she has received.

“I thank them (senior Army leadership) very much for all that they have done, and I appreciate everything that they have done for the fallen Soldiers, including my son Kevin. It’s been very helpful to me. I can’t speak for the other mothers but I’m sure the mothers and husbands feel the same way. It’s been a very good thing here.”

Col. Andrew Cole Jr. was in attendance. He presented certificates of completion to several Gold Star youngsters who participated in training at the flight simulators at Fort Riley in lieu of the actual flight. They were Shia Day, Wyatt Day, Grace Doster, Kathryn Doster, Drew Hoffman and Gracie King.

Afterward, Cole said, “the Army is certainly committed to making sure that it is taking

care of the uniformed Soldier, but we also accept the fact that for the Soldier to be Army strong, the family must be Army strong as it supports the Soldier in doing the things he or she needs to do as they train, as they prepare to deploy, as they deploy and are separated from that family for a period of time. Then, of course, when they return, making sure they continue to be contributing members of society.”

Cole also reaffirmed the arduous period of time in which we live at present and the need for continued support. “The Army family,” he said, “has been taxed over the last 14 years with the multiple deployments and dealing with fathers, brothers, sons, daughters being away from the rest of their family. So it’s important we don’t lose sight of that, that we give the appropriate attention that it deserves as well as the resources and funding needed to make sure that our family programs continue to complement the uniformed Soldier.”

As a message to all Gold Star Family members, Cole said: “We want to encourage them and tell them to never forget we are here for them, we support them we are always happy to interact with them, and want to know what’s on their mind and what concerns they have so that we can address them, because we could not have done what we have done without them. They are very important to us and will always be a member of our Army family.”

After lunch and conversation with several Gold Star Family members, Grigsby said, “at the end of the day it’s all about family. I remember Gen. (Ray) Odierno, the previous Army Chief of Staff, and he used to talk about the family and that it is the foundation of the United States Army, because from the families come our Soldiers, and in order to be a great Soldier and a great leader, you have to become a good family and be a good person. It’s all linked. None of this works without our families. And in the 1st Infantry Division at Fort Riley, once you’ve served with the Big Red One you will always be part of the Big Red One family. That goes on forever. Just because you leave or are stationed with another unit, you are always part of the Big Red One family, you are always a Big Red One Soldier.”

And as a personal message to the Gold Star Family members everywhere, Grigsby said, “I’m so sorry for your loss. Sometimes you struggle with what you want to say, so I just speak from my heart: I’m so sorry for your loss. I can’t imagine the grief that you have. But just know that myself personally, Wayne Grigsby, and my family and the 1st Infantry Division and Fort Riley family, we will always be here for you, to assist you in any way that we can. We are always thinking of you and praying for you and thanking you for your sacrifice to our country.”



Andy Massanet | 1st Inf. Div. Post

Lt. Col. Michael Longacre provides Gold Star Family member Anita Griggs information prior to the VIP aerial tour, as CW2 Kreig Jean looks on. Griggs lost her son, SFC Justin Williams, March 30, 2014

THE FOLLOWING ARE THE PROFESSIONALS FROM THE 2ND GENERAL SUPPORT AVIATION BATTALION, 1ST AVIATION REGIMENT, 1ST COMBAT AVIATION BRIGADE, 1ST INFANTRY DIVISION WHO SUPPORTED THE GOLD STAR FAMILY VIP TOUR

HELICOPTER #1

Pilots (pilot in command, co-pilot): Chief Warrant Officer 2 Kreig Jean, Fayetteville, Tennessee; 1st Lt. Matt Bochenek, New Lenox, Illinois. **Crew Chiefs:** Sgt. Michael Kendrick, Kent, Washington; SPC. Christian Anderson, Provo, Utah.

HELICOPTER #2

Pilots: Capt. Brian Baker, Clarksville, Tennessee; Chief Warrant Officer 2 Stephen Prince, Sacramento, California. **Crew Chiefs:** SPC. James Roaché, Clarksville, Tennessee; SPC. Ali-Andro Barclay, Miami, Florida.

HELICOPTER #3

Pilots: Chief Warrant Officer 2 Phillip Dakizer, Acton, California; Capt. Tyler Guest, Woodlawn Park, Colorado. **Crew Chiefs:** SPC. Raymond Trevino, San Antonio, Texas; SPC. Samuel Byer, Minneapolis, Minnesota.



Andy Massanet | 1st Inf. Div. Post

Shia Day, granddaughter of Anita Griggs, smiles as she sits in the cockpit of one of three UH-60L Blackhawk helicopters flown in the aerial tour of the Gold Star Families VIP Tour Sept 26

FAREWELL

Continued from page 1

Artillery Regiment. It was then when several of Grinston's Soldiers died next to him in a firefight.

Grinston later parted ways with the division, which was then based in Germany. When coming back in 2013 to the Big Red One, which returned to Fort Riley in 2006, Grinston was pleased to see the names of his fallen Soldiers etched into stones in Fort Riley's Victory Park. His office window, he noted looked out over the park and stones.

"So when I say I am a Big Red One Soldier and I will always be a Big Red One Soldier, it's going to be because of those Soldiers that have gone before us and those Soldiers that are no longer with us," he said of veterans and the fallen. "And for those of you that have led Soldiers in combat, you know what I mean."

They are like family, Grinston continued, and "when you watch one of those leave, you will never forget that" and that unit will always be family.

Grinston also took the time to thank members of the Fort Riley, Army and local communities who not only helped him get to where he was, but made his and his family's time in Kansas a "phenomenal experience."

"Any time you leave an organization — especially a great organization like the 1st Infantry Division — it's extremely

hard to leave," he said after the ceremony. "All the things that we have done, not only in the last two years, but the last almost 100 years of what the 1st Infantry Division has done, it brings in a lot of emotions."

From October 2014 to July, Grinston and Maj. Gen. Paul E. Funk II, then the 1st Inf. Div. commander, led the division headquarters on a deployment to Iraq. The Big Red One formed the core of Combined Joint Forces Land Component Command-Iraq, which was responsible for advising and assisting Iraq's security forces and providing training to newly built Iraqi army units as part of Operation Inherent Resolve.

Grinston showed true moral courage by speaking the plain truth to the most senior military leaders and American elected officials visiting Baghdad, "even when it would have been easier to remain silent and let them draw rosy conclusions about the capabilities of our partners," said Maj. Gen. Wayne W. Grigsby Jr., who took command of the 1st Inf. Div. and Fort Riley in early August.

The U.S. Army is the premier fighting force in the world, Grigsby said, because its NCOs made all the difference. A person had to experience being mentored by a strong NCO to truly understand how life changing it could be, he added.

"Every good officer can point to a host of great NCOs who shaped them as they moved through their careers," he said. "I know that I would not be where I am today without the example of calm, common-sense leadership that my NCOs showed me. Command Sgt. Maj. Grinston is the example that all leaders should aspire to."

Grinston and his family are on their way to Joint Base Lewis-McChord, Washington, where he will serve as the senior NCO for I Corps.

Cornelison comes on board as the 1st Inf. Div.'s 24th senior noncommissioned officer. The 25-year infantry Soldier is from Tunnel Hill, Georgia, and previously served as the top enlisted Soldier of the 1st Armored Brigade Combat Team, 1st Cavalry Division, at Fort Hood, Texas.

This is Cornelison's first assignment at Fort Riley, and he said after the ceremony that it was "a privilege to be part of the premier infantry division on the planet — the Big Red One."

"It is truly an honor to stand before you as 'Danger 7,' the senior noncommissioned officer of an outfit with such a rich history and great reputation," he said. "It is an awesome privilege that I do not take for granted and a responsibility that I do not take lightly."



Staff Sgt. Jerry Griffis | 1ST INF. DIV.
ABOVE: Command Sgt. Maj. Michael A. Grinston, the outgoing 1st Infantry Division senior noncommissioned officer, speaks to an audience during a change of responsibility and victory with honors ceremony at 1st Infantry Division headquarters Sept. 25. Grinston served as senior noncommissioned officer for the "Big Red One" since October of 2013. Grinston will next serve as the I Corps senior noncommissioned officer at Joint Base Lewis-McChord, Washington.

Staff Sgt. Jerry Griffis, 1st Inf. Div
Left: Maj. Gen. Wayne W. Grigsby, Jr., commander, 1st Infantry Division, (left) awards Command Sgt. Maj. Michael A. Grinston the Legion of Merit during an awards ceremony for the Grinston family at 1st Inf. Div. headquarters Sept. 25. The awards ceremony preceded a change of responsibility and victory with honors ceremony. Grinston will next serve as the I Corps senior noncommissioned officer at Joint Base Lewis-McChord, Washington.

TUESDAY TRIVIA CONTEST WINNER

The Sept. 29 question was: Where can I learn more about Fort Riley Ready Army – a community awareness campaign to increase knowledge and awareness of severe weather preparedness amongst all Soldiers, Family members, DA civilians and contractors who live and work on Fort Riley?

Answer: www.riley.army.mil/Community/ReadyArmy.aspx

The winner is: Jamie Wright. Jamie's husband is Staff Sgt. Gabe Wright, Headquarters and Headquarters Company, 2nd Battalion, 34th Armored Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division.

Pictured: Gabe and Jamie
Every answer will be available somewhere on the official Fort Riley website at www.riley.army.mil.

CONGRATULATIONS, JAMIE!



Home wanted

Meet Bentley, a nine-month old hound mix. Bentley is a big goofball that loves people and seems to be OK with other dogs. He is a bit clumsy, still a lot "puppy" and is not done growing yet, so a family with children over 6 years would be perfect. Bentley's Adoption Fee is \$82, which includes Microchip, Vaccines: Distemper and Rabies, heartworm test and deworming.



If you're interested please call 785-239-6183. If no one answers then leave a message. You can also contact us via email at nicole.p.storm@us.army.mil

Other shelter animals can be seen on www.facebook.com/fortrileypets. All stray animals picked up by the Military Police on Fort Riley are brought to the Fort Riley Stray facility. The animals are held there for three business days to allow owners to claim their pets. After this time the animals may be adopted out or euthanized. Animals are usually only euthanized in the cases of severe aggression or life-threatening illness. Animals must be registered, microchipped and up to date on vaccines before released to owners. Fort Riley Stray Facility, Building 226 Custer Ave., Main Post, 10 am - noon and 1 p.m.- 4 p.m., Monday through Friday 785-239-6183 or 785-239-3886

TRAFFIC REPORT

CONSTRUCTION ON RIFLE RANGE ROAD CONTINUES

Construction on Rifle Range Road will affect traffic flow for approximately the next 374 days. As a result, the work will affect travel to the schools in the area. School officials have been briefed and can offer guidance. There are detour and guidance signs posted, including detour routes along tank trail purple and through the Forsythe Housing area. Motorists are asked to exercise patience and follow all guidance posted on signs.

ALL SCHOOL ZONES IN EFFECT

School zones are now in effect. Tickets will be issued. Be vigilant. Some school zones have lights and others have posted times.

ROAD STRIPING UNDERWAY

Road striping and crosswalk painting is underway. The work will involve all major thoroughfares on Fort Riley, then move onto secondary roads. In addition, stripes on parking lots at post schools will also be painted. Motorists may be re-directed to the road shoulders, but no roads are expected to close. All are asked to exercise extreme caution while driving in these areas.

HAMPTON PLACE

A portion of Hampton Place, from Jackson Avenue north to Ashby Drive, will be closed to thru traffic through September. A pedestrian and bike detour is in place during this time. The closure is part of the demolition and construction project in the Warner Peterson Community. Access to Custer Hill Elementary School will be available from Ashby Avenue. For more information, contact Corvias Military Living at 785-717-2200.

ACP HOURS OF OPERATION

Access control point hours are:
Four Corners/Trooper/Ogden: Open 24/7
Henry: Open 24/7
12th Street: Open from 5 a.m. to 7 p.m., Monday to Friday; 8 a.m. to 5 p.m., Saturday; closed on Sunday and federal holidays.
Rifle Range: Closed to all traffic.
Grant: Open from 5 a.m. to 7 p.m., Monday to Friday; 8 a.m. to 5 p.m. Saturdays; closed Sundays and federal holidays.
Estes: Open from 5 a.m. to 7 p.m., Monday to Friday; 8 a.m. to 5 p.m., Saturday; closed on Sunday and federal holidays.

[WWW.FACEBOOK.COM/FORTRILEY](https://www.facebook.com/fortriley)

RILEY ROUNDTABLE

What is your favorite part of the Fall Apple Day Festival?



"Getting to see military hardware and equipment I don't see every day. The demos were cool because I don't get to see them either."

COREY CHILDS
ABBYVILLE, KANSAS

Visitor from Manhattan, Kansas



"The ring toss games."

DYLAN FISCHER
JUNCTION CITY, KANSAS

Son of Corvias accounting professional



"The whole festival - it's my first time actually being at the festival. I just like looking at everything."

LISA FISCHER
JUNCTION CITY, KANSAS

Corvias professional



"Popcorn and apple pie."

SAMUEL BAKER

Son of Maj. Doug Baker,
2nd Armored Brigade Combat Team



"Fried Oreos."

SPC. CARLOS RUELAS
PATTERSON, CALIFORNIA

300th Military Police Company,
97th Military Police Battalion

THE 1ST INFANTRY DIVISION POST

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LETTERS TO THE EDITOR

The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations. Letters accepted for publication must include the writer's full name and phone number. Letters may be edited for space, but never for content. Send a fax 785-239-2592 or e-mail usarmy.riley.imcom.mbx.post-newspaper@mail.mil

SAFETY CORNER

Avoid farm equipment accidents

By Walter L. Hill
GARRISON SAFETY OFFICE

Slow-moving farm equipment and fast-moving cars or trucks can be a dangerous combination on rural roads. Continuing urbanization of rural areas has increased the number of licensed motor vehicles on roads in farming areas on which agricultural equipment is moved.

Farm equipment is very large and heavy making it extremely difficult for operators to accelerate, slow down and stop. These vehicles also have large blind spots, making it difficult for operators to see approaching vehicles.

Frequent types of incidents include:

- A vehicle striking farm equipment in the rear
- Vehicles striking farm equipment when the equipment is making a left turn while the vehicle is attempting to pass on the left

- A vehicle passing far equipment moving in the same direction

- A vehicle striking farm equipment as it is turning onto a public road from a farm driveway

Soldiers, Department of the Army civilians, family members and contractors are particularly vulnerable to these types of incidents because of the frequent commutes made from surrounding counties such as Saline, Dickinson, Clay, Riley and Pottawatomie, where frequent travel on two-lane highways is required. Motorists should be cautious as they drive, especially on rural, two-lane roads, as slow-moving farm equipment is out on the roadways. Most crashes are due to inattention, speeding and unsafe passing. When approaching farm equipment motorists should pay attention, slow down and pass with caution.

In 2014, there were crashes that involved three fatalities

and 94 total crashes in Kansas involving farm equipment. By taking extra precautions on the roadway and safely sharing the road with farm equipment, crashes can be prevented.

Motorists are reminded to:

- Pass with caution. Drivers should not pass unless they can see clearly ahead of both their vehicle and the farm equipment. If there are curves or hills blocking the view of oncoming traffic, wait until the road ahead can be clearly seen.

- When a farm vehicle pulls to the right side of the road, it does not mean it is turning right or allowing you to pass. Due to the size of some farm equipment, the farmer must execute wide left turns.

- Be patient. Drivers should not assume a farmer can move aside to let them pass. Shoulders may be soft, wet or steep, which can cause the farm vehicle to topple or roll over. Farmers understand

drivers are being delayed and will move over at the first safe location available.

- Drivers should think of the slow-moving vehicle triangle sign as a warning to for them to adjust their speed. While the emblems are visible from a long distance away, it is often difficult for drivers to judge the speed at which they are closing in on a vehicle, especially at night.

- Pay attention. When drivers are not focused on the road, the chances of a collision increase, especially if they come upon a slow moving farm vehicle.

- Never text and drive. It's against the law.

- Always wear seatbelts and use child safety restraints.

Drive to arrive safely, especially when travelling on rural roads.

For more information concerning traffic safety, contact the Fort Riley Garrison Safety Office, 240-0647.

FROM THE INSPECTOR GENERAL'S OFFICE

Ex-military spouse needs identification card for child

1ST INFANTRY DIVISION
INSPECTOR GENERAL'S OFFICE

Dear IG,

I am divorced from a military spouse and have a 5-year-old child, whose Department of Defense identification card has expired. I went to the Defense Enrollment Eligibly Reporting System office to get an DOD ID card for my child and was told by the DEERS office personnel that my ex-spouse is the only authorized person who can sign the DD Form 1172-2 (ID Card/DEERS Application form) in the absence of a Special Power of Attorney. I have been calling my ex-spouse for a couple of weeks to obtain this form but have had no luck contacting him. I do not know my ex-spouse's unit or his commander's phone number. I am worried my child will need medical care soon and the military medical facility will deny him care. Please help me get a DOD ID card for my child.

Respectfully, Worried Mom

Dear Worried Mom,

The DEERS Office normally provides DOD ID cards to children who are 10-years-old and older; however, in

your case, your child may obtain a DOD ID card. In accordance with Army Regulation 600-8-14, table 4.3 condition for issue of DOD ID cards to children under age 10, item 4; states "The child does not reside in the household of an eligible adult family member." Since the child resides with you, the child is required to have a dependent DOD ID card. Also in accordance with Army Regulation 600-8-14, paragraph 8.1.2, "Sponsor may not deny or revoke benefits and privileges, or issuance of a DOD ID for an eligible dependent without appropriate legal documentation." This means your child is still entitled to benefits, privileges and issuance of an ID card because your child is a service member's dependent.

I wanted you to be aware of ways to obtain a military ID card for your child without your ex-spouse, the Sponsor, being with you at the DEERS office. The preferred method is to have your ex-spouse go to his local DEERS office and sign the DD Form 1172-2 to verify the child's information, then that office can forward the signed form to your nearest DEERS Office.

Another option is to obtain a special power of attorney

for updating DEERS from your ex-spouse, the sponsor. In accordance with Army Regulation 600-8-14, Chapter 2, paragraph 2.4.1.2, "a special power of attorney is acceptable when the sponsor is not present to sign for a family member's DEERS enrollment or ID card application."

Obtaining a temporary ID card for your child is another possible course of action. In your case, I believe this is probably the best option for you since you have been unable to contact the sponsor to sign. In accordance with Army Regulation 600-8-14, paragraph 8.2, when a sponsor is unable or unwilling to sign the DD Form 1172, "the DEERS Office will issue temporary DOD ID cards up to 30 days. DEERS personnel or verifying official will send a letter to the sponsor that includes the DD Form 1172-2 for verification and signature. If the sponsor is still unable or unwilling to sign the DEERS form, upon expiration of the temporary DOD ID card, your child will receive a permanent ID card with an expiration date. "The expiration date will be the sponsor's date of expiration of term of service or four years whichever is soonest." Be

sure to provide your child's verifying documents to the DEERS Office to receive your child's ID card. Items such as Social Security card, passport, driver's license, birth certificate or other official document are valid identification documents when enrolling a member or dependent in DEERS or when issuing DOD ID cards.

Your issue of not getting in contact with your ex-spouse or ex-spouse's unit commander, may be resolved by calling the local Inspector General Office where your ex-spouse is stationed. Be sure you give all the information you have for your ex-spouse to the IG Office so personnel can expedite the process to locate his unit and his commander. The IG Office staff will only give you the commander's name and contact information. Army Regulation 600-20, paragraph 5-8b states "when commanders are apprised of complaints or accusations against military personnel, they will be expected to inquire into the matter and attempt a resolution."

If you have any additional questions, please call the Office of the Inspector General at 785-239-IGIG (4444).

Sincerely,
Fort Riley IG

Program helps Soldiers, families readjust after deployment

By Patti Geistfeld
1ST INF. DIV. POST

When Soldiers return from a deployment the adjustment process can be a challenging time for them and their families. Soldiers and family members face different circumstances and stressors each time.

Army Community Service has the Military and Family Life Counselor Program available to assist Soldiers and families with the adjustment. Additional counselors are available through ACS during redeployments to ensure each Soldier and family member gets the help they need.

Even though the counselors are available before, during or after a deployment, there is a specific role the counselors provide as soon as the Soldier returns. This role is filled with a surge program. The surge program allows the staff at Fort Riley to bring in additional counselors from other locations to help during the initial days of redeployment when the need is statistically higher. They are also able to help Soldiers with the first steps to family reintegration.

"The hardest step is the first one and this program eliminates the need for the Soldier to have to make the first step," said Lt. Dave Griffin, Division Headquarters and Headquarters Battalion, 1st Infantry Division. Griffin, recently returned from deployment and participating in a Surge. "It reassures the Soldier that they are not broken."

"I truly believe they are fine counselors that know the right questions to ask," Griffin said.

Sometimes the biggest hurdle is managing expectations and getting reassurance and validation for emotions and experiences Soldiers face; including those of returning to loved ones.

"If an individual doesn't know what type of emotions and feelings to expect when they return from a deployment they may think something is wrong with them,"

JEFF READE
OUTREACH BRANCH MANAGER, ARMY
COMMUNITY SERVICE

Sometimes that set of expectations isn't clear until the Soldier has spent time with their family and reunions aren't the way they were imagined.

The MFLC program counselors are master's or doctorate-level licensed counselors. They work with Soldiers, spouses and children individually, as couples or families. They don't replace existing military and family support programs, but augment them.

Counselors meet returning Soldiers when their flight lands at the welcome home ceremony. They speak to approximately 10 percent of the Soldiers who are randomly chosen. The counselors can use this sample group as a measure of the emotional state of the overall group.

The next day counselors talk with the whole group before they are released for their reintegration leave. This is an opportunity to brief the Soldiers on experiences and feelings they can expect to have as they transition back to life stateside during the leave period. They provide cognitive tools to help Soldiers identify problems and teach coping skills

they can use to help themselves deal with and understand emotions and behaviors they encounter as they adjust.

"If an individual doesn't know what type of emotions and feelings to expect when they return from a deployment they may think something is wrong with them," said Jeff Reade, ACS Outreach Branch Manager. "If we explain to them what to expect, they can acknowledge it and find ways to cope so they can minimize any destructive behaviors."

The next step in the surge process occurs when Soldiers return from leave. Each Soldier speaks with a counselor to do a check-up on how they are adjusting. Some spend only a few minutes talking with the counselor because they are coping well and don't need further assistance. For others, depending on what problems they might be having, the counselor and Soldier may decide on additional assistance from various available referral sources.

"This service is vital after the block leave as this is the time when pay decreases and families have to redefine their roles and get reacquainted," Reade said. "If there are going to be difficulties with readjustment — this is a time that it might become apparent."

These meetings are confidential and unless there is a life-threatening situation developing, no records are kept and no reports are made to leadership. This program is designed so that individuals can get help before a situation escalates and they can get it quickly without having to wait for routine appointments and referrals.

See PROGRAM, page 10

DoD
Safe Helpline
Sexual Assault Support for the DoD Community
safehelpline.org | 877-995-5247

Crowd celebrates Hispanic American Heritage Month

By Staff Sgt. Bernhard Lashleyleidner
1ST ABCT PUBLIC AFFAIRS

More than 250 Soldiers, family members and civilians attended the Hispanic American Heritage Month Observance Sept. 23 at Riley's Conference Center. This observance featured a musical tribute, dancing and food.

Sept. 15 marked the beginning of Hispanic Heritage Month, 30 days dedicated to celebrating and honoring Americans with Hispanic heritage, along with their cultures, history and accomplishments.

The observance started in 1968 as Hispanic Heritage Week under President Lyndon Johnson and was expanded by President Ronald Reagan in 1988 to cover a 30-day period, according to the Library of Congress' National Hispanic Heritage Month website.

Guests were treated to a musical tribute by the 1st Infantry Division Band's Latin ensemble, a Zumba demonstration by Vicky Torres and Hispanic food.

Sgt. 1st Class Alex Deprat, equal opportunity advisor with Headquarters and Headquarters Company, 2nd Armored Brigade Combat Team, 1st Inf. Div., served as master of ceremonies.

"Today, our long and commendable record of military service stands as a powerful message," Deprat said. "This is the perfect opportunity to delve more deeply into the history of our ancestors and help create an intimate knowledge of the role that Latinos have played in U.S. history."

Deprat, a native of Santo Domingo, Dominican Republic, said the greatest weapon for combating ignorance and prejudice is educating people about different ethnic groups.

"It feels really good to see our contribution to the military being recognized," said Pvt. Karla Cintron, Company D, 1st Squadron, 4th Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division. "When I look around the room and see the many different cultures embracing my Latin heritage, it fills my heart with so much pride."

Cintron, a native of Puerto Rico, said she was new to the military and the U.S., and attending the Hispanic American Heritage Observance gave her a strong sense of acceptance.

Chief Warrant Officer 2 Edwin Reyes, airspace manager, 1st Inf. Div., delivered the keynote address.

Reyes, a native of Rio Piedras, Puerto Rico, told the audience Latin American people have energized the entire nation's diversity by mixing with all types of races and ethnicities by celebrating their differences, not only in United States but also in every country they go.

"We love spreading our culture, showcasing our talents and representing our mother countries while working hard for a better America," Reyes said. "This day is about reflecting and respecting all the sacrifices of those who have come before us and paved the way for us to serve in the military today."

Reyes said Hispanic men and women have shown their love for the United States by answering the call to serve, and the country owes them and their families a tremendous debt of gratitude.

"I hope one day to see my children and grandchildren making a difference in America," Reyes said. "I hope they teach their children just like my parents taught me, to never forget where they came from and to always be proud of their Hispanic heritage."



Staff Sgt. Bernhard Lashleyleidner, 1st ABCT
ABOVE: The 1st Inf. Div. Latin ensemble provided a musical tribute during the Hispanic American Heritage Observance Sept. 23 at Riley's Conference Center on Fort Riley, Kansas. Sept. 15 marked the beginning of Hispanic Heritage Month, 30 days dedicated to celebrating Americans with Hispanic heritage, along with their cultures, history and accomplishments. **BELOW:** Chief Warrant Officer 2 Edwin Reyes, left, airspace manager with 1st Inf. Div., receives a certificate of appreciation from Col. Timothy Hayden, commander, 1st ABCT, 1st Inf. Div., during the Hispanic American Heritage Month Observance Sept. 23 at the Riley's Conference Center at Fort Riley, Kansas. Reyes told the audience the day was about reflecting and respecting all the sacrifices of those who have come before and paved the way for Hispanic service members to serve in the military today.



Your onsite VA benefits advisers are here to assist you and your families in learning about VA benefits and services.



VA Benefits advisers are available to meet individually with requesting service members and their families throughout the week to personally assist with answering questions about VA benefits and services.

To schedule an appointment, please call 785-239-9592/6085. Office hours are 7:30 a.m. to 4 p.m., Monday to Friday, in Room 218, Building 212 on Main Post.

Advisers are now available from 9 a.m. to 2 p.m. every Wednesday at Army Community Service, Building 7264.

VETERANS BENEFITS ADMINISTRATION



U.S. Department of Veterans Affairs

Performance Triad ‘sparks inner fire’

By Spc. Derrik Tribbey
1ST ABCT PUBLIC AFFAIRS

Soldiers from the 1st Armored Brigade Combat Team, 1st Infantry Division, hosted a “Spark Your Inner Fire” family readiness event Sept. 15 at Fort Riley’s Army Community Service building.

The event aimed to inform “Devil” brigade families about the long-term benefits of the Performance Triad.

“I am here to be better educated about health and fitness, for the future and for my current pregnancy,” said Raven Graham, wife of Capt. James Graham, an intelligence officer with the 101st Brigade Support Battalion, 1st ABCT.

The event was hosted by Sgt. Maj. Michel Pigford, Sgt. 1st Class Darin Elkins, Sgt. 1st Class David Rosen and Kathleen Whittle, all with the P3 team, Office of the Surgeon General.

“The Performance Triad Spark Your Inner Fire seminar is an opportunity for spouses to spend the day focusing on health and wellness education which will benefit themselves, their families and their Soldier,” Whittle said. “We hoped to inspire, educate and excite the family members about making small changes in their daily habits that will lead to big changes.”

The U.S. Army initiative encourages healthy living with the use of physical, emotional and cognitive health with a science-based formula of sleep, activity and nutrition. All three areas must be addressed together in order to optimize performance and goal achieving, Elkins said.



Spc. Derrik Tribbey, | 1ST ABCT

Sgt. Maj. Michel Pigford, Performance Triad Team, Office of the Surgeon General, spoke about goal setting at the “Spark Your Inner Fire” family readiness event Sept. 15 at Army Community Services on Fort Riley, Kansas. Performance Triad encourages SMART goals. A SMART goal is specific, measurable, attainable, realistic and time bound. The SMART goals, as opposed to fad diets, focus on sustainable change.

“We encourage everyone to set SMART goals,” Whittle said. “A SMART goal is specific, measurable, attainable, realistic and time bound.”

Rosen said that SMART goals are important for sustainable change in someone’s lifestyle. He wants this to take the place of fad diets.

Learning why and how to do something is important, Rosen said. This will allow someone to be successful at the tasks they are trying to accomplish.

“Find out where you want to improve using the self-assessment tool,” Rosen said. “That is a starting point that they identify themselves.”

The self-assessment tool was just one of many informative products given to the families that attended the event. The self-assessment tool uses a score system to evaluate weak points in someone’s health.

Wilkins said that he wanted Soldiers to adopt new health practices rather than adapt.

“We can force Soldiers to adapt to something new,” Rosen said. “However, this is something we want to have their buy in, so it has to be a mindful process where they see what area they want to improve. Where it becomes a motivator for the whole family to adopt and carry on.”

The P3 team said they hope to spread their message of health living throughout the Army.

Initially in 2014, the P3 pilot was conducted in three Army battalions, chosen by the United States Army Forces Command. As of 2015, the program is now in five brigades; 1st ABCT; 2nd Brigade Combat Team, 101st Airborne Division, at Fort Campbell; 555th Engineer Brigade, 7th Infantry Division, at Joint Base Lewis-McChord; the 44th Medical Brigade at Fort Bragg; and 1st Brigade, 4th Infantry Division, at Fort Carson.







AWARDS Continued from page 1

“I feel relieved and also at the same time I feel like for me it’s an accomplishment just reaching this far, win or lose,” Aldana said. “I proved to myself that I did it and I know anybody else can do it.”

Sgt. Jacob May, Troop B, 1st Squadron, 4th Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division., won the title of NCO of the quarter.

“This division, the oldest, most-storied division in the U.S. Army, stewards the Army profession every day and the result is these fine Soldiers that we recognize today,” Helton said.

May and Aldana competed Sept. 14 through 18 against four others from units across the division.

“They fundamentally understand that they represent something bigger than themselves and dedicate their personal time to mastering the skills needed to win,” Helton said.

Out of the four who competed for the 1st Inf. Div.’s Squad of the Quarter title, Soldiers of 1st Squad, 2nd Platoon, Company B, 1st Battalion, 16th Infantry Regiment, 1st Armored Brigade Combat Team, walked away with the trophy. Squad members were Staff Sgt. Ryan Rougeux, Sgt. Ryan Dickson, Sgt. Jacob Michaelis, Sgt. Dane Sasser, Sgt. Jason Powless, Cpl. Collin McCabe, Spc. Denim Reeves, Spc. Yonadab Soto and Spc. Jackson Hillman.

“To win, it takes rigorous training, dedication and a

ruthless pursuit of excellence that I think perfectly embodies the tenacity of a ‘Big Red One’ Soldier,” Helton said. “As long as we continue to produce Soldiers like these, our Army will continue to be the most respected profession in our nation.”

Also, during the ceremony, Staff Sgt. Odum E. Smith Jr., Troop B, 1st Squadron., 4th Cavalry Regiment., 1st Armored Brigade Combat Team, was inducted into the prestigious Sergeant Audie Murphy Club.

Aldana and May will advance to the 1st Infantry Division Soldier and NCO of the year competition in May of 2016.

For more on the Best Squad winners, check out the next edition of the Post.



Staff Sgt. Jerry Griffis | 1ST INF. DIV.
Above: Command Sgt. Maj. Stephen H. Helton (left), senior noncommissioned officer, 1st Combat Aviation Brigade, 1st Infantry Division, inducts Staff Sgt. Odum E. Smith Jr., Troop B, 1st Squadron, 4th Cavalry Regiment, 1st Armored Brigade Combat Team, 1st Inf. Div., into the prestigious Sergeant Audie Murphy Club Sept. 24 at Barlow Theater. Helton said, “This division, the oldest, most-storied division in the U.S. Army, stewards the Army profession every day and the result is these fine Soldiers that we recognize today.” **Left:** Command Sgt. Maj. Stephen H. Helton, senior noncommissioned officer, 1st Combat Aviation Brigade, 1st Infantry Division, speaks during a NCO/Soldier of the quarter ceremony Sept. 24 at Barlow Theatre. Helton said, “As long as we continue to produce Soldiers like these, our Army will continue to be the most respected profession in our nation.”

MURAL Continued from page 1



Staff Sgt. Aaron P. Duncan | 1ST INF. DIV. SUST. BDE
Pfc. Frank Runnels, a native of Orlando, Florida, and a computer technician assigned to Headquarters and Headquarters Company, Special Troops Battalion, 1st Sustainment Brigade, 1st Infantry Division, poses next to the finished mural Aug. 19 at Camp Arifjan, Kuwait.

on the desert country of Kuwait, was the unit’s crest surrounded by roots that branch out and interconnect with each other.

“I wanted to show with the design the interconnected

nature of our mission,” Runnels said. “Just like roots sustain a tree we sustain the guys on the front lines.”

With the project complete, another unit is memorialized on the

cement barriers in Kuwait. Among the other units that have answered the call for the nation, 1st Inf. Div. Sust. Bde. will also stand representing the deeds of its Soldiers.

PROGRAM Continued from page 5

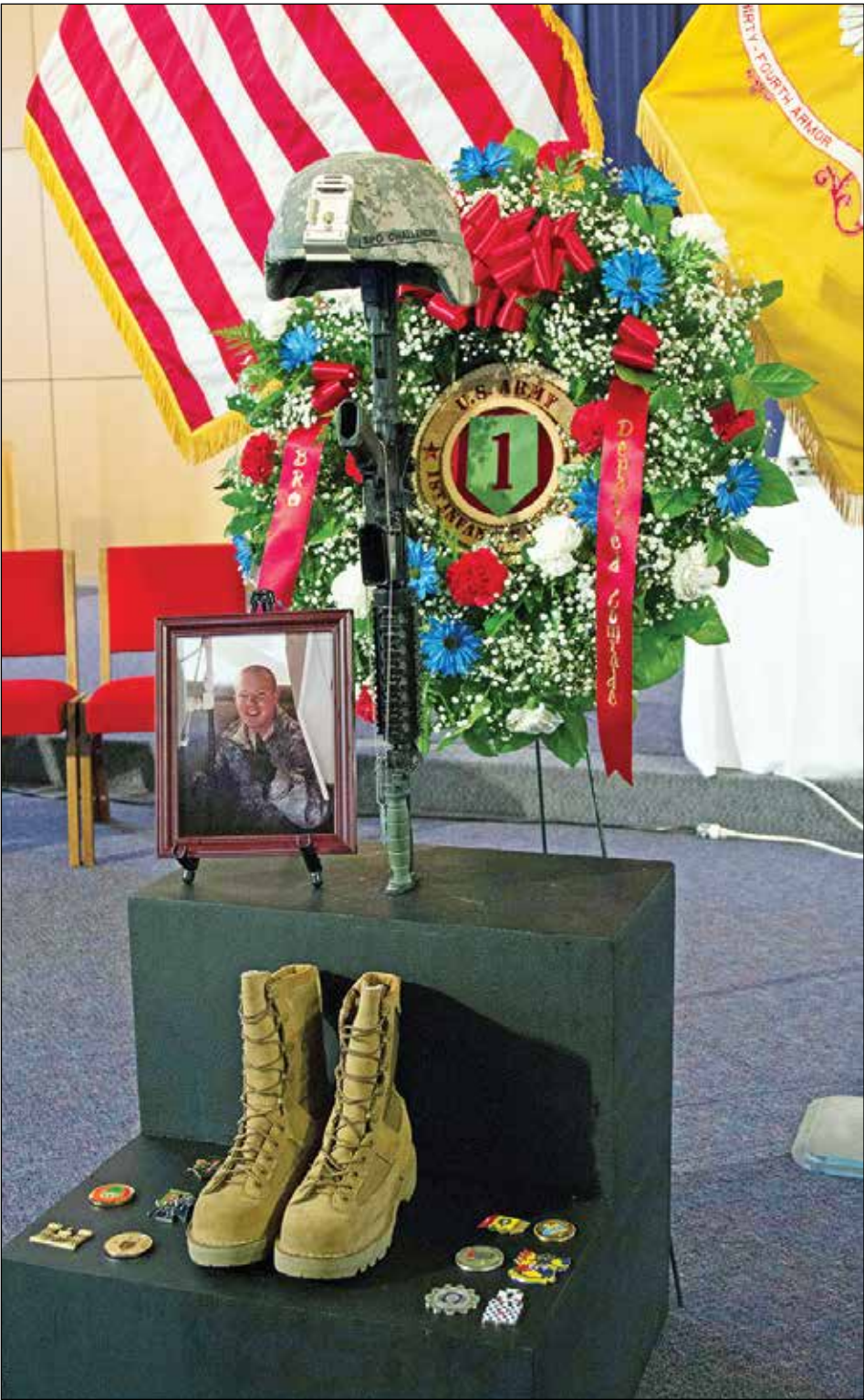
“Life moves on when you are deployed,” said Capt Johanna Miller, DHHB, 1st Inf. Div. “The MFLC is incredibly helpful for Soldiers coming home and it is a great idea to have it after the block leave.”

Spouses are invited and encouraged to meet with counselors during the surge period although it is not mandatory. The counselors can meet individuals at any location on or off post, with the exception of the residence or barracks.

“I know the program is working,” Reade said. “Soldiers are receiving non-medical counseling services from the referrals.”

For more information about MFLC contact www.riley.army.mil or to speak to a counselor call 785-239-6789.

CEREMONY Continued from page 1



Amanda Kim Stairrett | 1ST INF. DIV.
Spc. James Dominic Challender, Company H, 2nd Battalion, 34th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, was honored during a Sept. 24 memorial ceremony at Fort Riley’s Morris Hill Chapel. Challender, a wheeled vehicle mechanic, died Aug. 30.

Challender’s family meant the most to him and he always strived to make them proud, Hurst said.

“It didn’t matter if he was having a bad day, when he talked to family from back home – especially his mother – he would always keep them laughing and smiling. At the same time, he would be uplifting everyone in the house while he was on the phone.”

Challender and Hurst were engaged to be married and she said he was her best friend, an amazing father to her daughter and the one person to keep her smiling after a bad day.

Challender joined the “Dreadnaughts” battalion three years ago and “immediately worked toward earning a reputation as an outstanding Soldier and battle buddy,” said Lt. Col. Scott T. Allen, commander of 2nd Bn., 34th Armor Regt. “He developed a strong sense of duty and commitment to his fellow Soldiers, his company and battalion.”

During a deployment from June 2014 to March to Southwest Asia, Challender made an impact each and every day. He was a committed Soldier who loved what he did and took pride in his work, Allen said.

“Spc. Challender was steadfast in his strong conviction

to complete the mission and support his fellow Soldier,” Allen continued, “always living the Army values in and out of uniform.”

Challender’s awards and decorations include the Army Commendation Medal, Army Achievement Medal, Army Good Conduct Medal, National Defense Service Medal, Global War on Terrorism Expeditionary Medal, Global War on Terrorism Service Medal, Army Overseas Ribbon and the Army Service Ribbon.

Challender is survived by his mother Deborah Challender and brother J.R. Challender.



Left to right: Sgt. James Crawford, tank gunner, Company C, 1st Battalion, 18th Infantry Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division, Sgt Shawn Bruce, tank commander, Co. D, 1st Bn., 18th Inf Regt., Lt. Col. Andy Sanchez, commander, 1st Bn., 18th Inf. Regt., and Staff Sgt. Willis Underhill, tank commander Co. D, 1st Bn., 18th Regt., pose for a picture with the Kansas City Chiefs Cheerleaders on an M1 Abrams tank during the 15th annual Fall Apple Day Festival Sept. 26 at Artillery Parade Field. Attractions at this year's festival included Commanding General's Mounted Color Guard demonstrations, helicopter and tank displays, military working dog demonstrations, petting zoo, ATV rodeo, historical re-enactors, antique military vehicles, rope- and candle-making demonstrations and apple pie sales.

Staff Sgt Noel Gerig | 1ST ABCT

Big Red FUN



Andy Massanet | POST

Before the opening of 2015's Fall Apple Day Festival at Fort Riley, food vendors were busy getting ready for the arrival of guests. Here, preparing cotton candy at the stand sponsored by the 1st Engineer Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, are Susan Sharp, the spouse of Capt. Douglas Sharp of the Headquarters Headquarters Company, 1st Eng. Bn, 1st ABCT, 1st Inf. Div., and Capt. Bryce Gatrell, commander of Co. C, 1st Eng. Bn, 1st ABCT, 1st Inf. Div.



Maria Childs | POST

Soldiers from the 1st Infantry Division volunteer their time to peel apples for Libbie Custer's original apple pie recipe. The pies were for sale at the Fall Apple Day Festival

Fall Apple Day teamwork key to success

By Maria Childs
1ST INF. DIV. POST

The day starts early for Ron Stewart, program manager for the Directorate of Plans, Training, Mobilization and Security, and an event coordinator for Fall Apple Day Festival. He and his team hit the ground running, helping vendors get set up and working to make final preparations before the event opens at 9 a.m.

"We get here about 6:30 a.m. and get started," Stewart said. "It's still dark at that time, and we'll be on the go till about noon. By that time we start thinking about what we need to do to close things down (at 4 p.m. when the event ends)."

This year, visitors to Fort Riley had to obtain a visitors pass or badge from the Visitor Control Center outside Henry Gate, but that didn't seem to interfere with people getting on post as attendance for the event met expectations. The weather cooperated to provide a clear, sunny day for visitors to enjoy the festivities.

Stewart said some of the biggest challenges for this event is the communication between different teams.

"There are a lot of teams that are playing together and we have to be sure they are playing well together," Stewart said. "This particular event has a lot of people doing a lot of things at the same time so communication

among everybody is crucial. And ensuring that everybody knows what they're doing and how they are doing and everybody is having a great time."

Several booths were sponsored by on-post organizations including Garrison Safety Office, Directorate of Human Resources, Directorate of Family and Morale, Welfare and Recreation, as well as demonstrations from different units including aircraft and vehicle displays and the Commanding General's Mounted Color Guard and various groups performing on the stage.

Brian Hall, contract mechanic for the 2nd Armored Brigade Combat Team Stay Behind Equipment Maintenance Program at Fort Riley, said he really enjoyed the military working dog demonstration. It was Hall's first time at the festival and he was eager to learn more about the units and programs at Fort Riley.

"It's always fascinating to see how they can train them to do what they do every day and be able to understand the working field," Hall said.

Staff Sgt. David Weideman, 1st Attack Reconnaissance Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, and his daughter, Elsie, put together a toolbox at the Home Depot Activity Tent.

"It was the first time I really got to

WHAT DID YOU THINK

» Those who attended Fall Apple Day Festival can provide ICE comments.

» Visit http://ice.disa.mil/index.cfm?fa=site&site_id=17. Click on "Recreation" then select "USAG - Apple Day Festival (Artillery Parade Field)."

sit down with her and show her how to build something," Weideman said.

And of course, members of the Historical and Archeological Society of Fort Riley were selling Libbie Custer's Apple Pie. The pie queens — Danielle Alch and Alison Kohrtz — and their volunteers made about 1,500 pies this year and they sold out before the end of the day.

Stewart said although a date is not set for next year's Apple Day Festival, it is expected to take place in September.

"Informally, we'll start planning for next year's event the very next day (after this event)," Stewart said. "But we'll begin the formal planning process in January and we'll start thinking about what we want to do and what we are going to have. Then at the end of January we'll draft a formal plan."

Andy Massanet, 1st Inf. Div. Post contributed to this story.

Commanding General's Mounted Color Guard displays history, heritage

Story and photos by
Patti Geistfeld
1ST INF. DIV. POST

Crowds cheered as troopers dressed in Civil War period uniforms rode and jumped their horses over obstacles as they attacked balloons with vintage sabers, rifles and pistols during three performances at the Fall Apple Day Festival, Sept. 26.

The heritage and history of the cavalry goes back to the 1800s and is demonstrated by the riders and horses of today's Commanding General Mounted Color Guard demonstration team. They recreate the skills of the American Horse Soldier.

The riders are trained to ride, jump and shoot while the horses are trained to remain calm during noise and chaos and to trust the guidance of their rider.

The riders are referred to simply as troopers and are Army Soldiers

ranking from privates to officers.

Trooper Ben Sparks, a native of Ramone, California, was the senior rider and Commander of the Troops for the day. He

"It's a major honor to be in the color guard"

TROOPER BEN SPARKS

Commanding General's Mounted Color Guard

has been in the CGMC for one-and-a-half years.

"It is a major honor to be in the Color Guard," said Sparks.

The CGMCG team demonstrate their horsemanship for professional rodeos, community events, parades, school groups and official ceremonies. They have traveled and performed at events such as the Chicago Memorial Day parade and the Presidential Inauguration parade.

Trooper Nicole Fox is a human resource specialist in the Army, but comes from a background of

riding horses as she grew up. She has been with the CGMCG for three -and-a-half years and does office work for the team. Now she also rides in the demonstrations. This was her second performance with the team.

"I love it," said Fox. "It's new and exciting every time. I ride Boomerang and he is an awesome horse."

She also said it is important

to work together as a team with your horse so you build confidence together. That way when he gets scared he trusts me to guide him.

After the performance troopers take their horses to the side of the ring. They answer questions and pose for pictures while the horses receive some praise and attention from the audience.

"I like how fast they can go," said Cole Meyer, son of Doris Meyer attendees to Apple Day Festival from Hannover, Kansas.



Trooper Nicole Fox, Commanding General Mounted Color Guard demonstrates riding and shooting skills during Fall Apple Day Festival Sept. 26.

Trooper Ben Sparks, Commanding General Mounted Color Guard brought his horse saber over to receive some well-deserved attention from Cole Meyer, son of Doris Meyer, Hannover, Kansas.



Apples, Pies, Queens

Maria Childs | POST

Fort Riley Pie Queens Alison Kohtz (right) and Danielle Alch (left) were hopeful about the attendance Thursday when they were supervising Soldiers in the kitchen making apple pies, and it turns out they had no reason to worry as it was a sellout on the pies. There were 1,500 homemade apple pies sold at the Fall Apple Day Festival Sept 26. More than 12,000 apples were used in the production of the pies this year. None went to waste as the Historical and Archeological Society of Fort Riley donated the remainder of the apples to the Commanding General's Mounted Color Guard. Proceeds from the pies sold are used for the preservation of Fort Riley. "The recipe's source is from Libbie Custer, who was General Custer's wife," Alch said. "They were here in the late 1800's and so it's been passed on for many generations. We think if the recipe got out then the special part of the pies would just be for naught."

Explosive Ordnance Disposal Soldiers share robot skills

By Maria Childs
1ST INF. DIV. POST

Chase Ream, 11, son of retired veteran Gary Ream, sat next to Spc. James Simpson, 774th Explosive Ordnance Disposal Company, 84th EOD Battalion, 1st Sustainment Brigade, 1st Infantry Division, as he drove the robot down a ramp and around the obstacle while he was visiting the EOD demonstration at the Fall Apple Day Festival.

"Robots can do anything," Ream said while he was driving the robot around on the ground.

Simpson said it is fun to show people in the community what the EOD battalion does at Fort Riley and display their equipment in a fun manner.

"People like technology and things that move," he said. "We have a lot of toys we like to show off."

While Ream drove the robot up and down the ramp and around obstacles, people who visited the booth could do a variety of things with the robots.

"Some just want to drive around, some want to grab stuff and some of them want to go through an obstacle course," Simpson said.

The EOD battalion has a homeland response mission which means they support units while they are in the field training as well as the surrounding community when they have an unexploded ordnance concern.

Simpson said the kids at the festival helped break up his job in a good way. He was explaining basic, but important things to them about the equipment. It reminded him of the importance of his job.

"Sometimes you can get jaded doing things over and over again, so the kids ask 'how does this work,' and you explain it," he said.



Maria Childs | POST
Spc. James Simpson, 774th Explosive Ordnance Disposal Company, 84th EOD Battalion, 1st Sustainment Brigade, 1st Infantry Division, watches as Chase Ream, 11, son of retired veteran Gary Ream, controls the robot at the EOD demonstration at the Fall Apple Day Festival.



Maria Childs | POST
Two-year-old Serenity Sattes, daughter of Sgt. Joshua Sattes, 1st Armored Brigade Combat Team, 1st Infantry Division, smiles as she sees her parents after climbing up the ladder to the downward slide at the Fall Apple Day Festival Sept. 26 at Artillery Parade Field.

Collen McGee | FORT RILEY PUBLIC AFFAIRS
Aeden Gray, 7, said he felt like a real Soldier in his helmet, safety glasses and gunner's harness. Aeden's mom, Ranwoo Gray, said her family has attended Apple Day every year for about as long as Aeden has been alive.

All-terrain vehicle course puts safety, fun on track



Nathan Schweitzberger, 15, of Salina, Kansas, came to Apple Day with friends.

Story and photos by Collen McGee
FORT RILEY PUBLIC AFFAIRS

At 19 months old Cannon Anderson was a little young to ride the all-terrain vehicle through the ATV course. But that didn't deter his family from enjoying the day. While his older siblings rode, his mom let him sit on top of one of the Army four-wheelers so she could take his picture.

"This is our second year (for Apple Day) but last time daddy was deployed," said mom, Kansas Army National Guardsman Sgt. 1st Class Robin Anderson.

"This time I get to play," said Cannon's dad 1st Lt. McKinley Anderson from the 1st Battalion, 5th Field Artillery Regiment, 1st Infantry Division.

Other riders, like 15-year-old Nathan Schweitzberger from Salina, Kansas, didn't have as strong of a family military tie but came with close family friends from Chapman, Kansas. He said the families have attended Apple day together for several years in a row. Schweitzberger's shock of green painted hair stood out in contrast to the bright yellow ATV helmet provided by ride sponsors from the Garrison Safety Office.

Though the goal of the course was to familiarize riders with safety equipment and safe ATV operation, the event was still just plain fun to some.

Laury Kuder said she's been bringing her nephew and his siblings to Apple Day for the past five or six years because of the hands-on activities like the ATV safety course.

"They get so excited that it's gotten to be a tradition almost like Christmas morning," she said.

That excitement was evident in her nephew as he got ready to take his ride.

"I feel like a stunt driver," said Avery Maxwell, 12, after donning the safety gear. He had a hard time holding still until it was his turn to mount a four-wheeler.

All the riders, no matter the age, wore protective suits, full helmets and gloves and got a short safety and bike operation run-down from the Soldier volunteers.

The course was built from straw bales outlining two lanes where safety spotters were stationed.

Whitney Wells, 7, learned that the straw bale borders will stop an ATV by hitting one. But her minor mishap had no negative affect on her experience.

"It was fun," she said. "I like driving because I didn't have to walk or run — it was fun to ride."

Not every rider felt the same.

For Allie Ledoux, 6, the ride was a little scary and Staff Sgt. Ernest Adams, from the 601st Aviation Support battalion, had to help her navigate the four-wheeler through the course. He walked beside her the whole way and had one hand on the accelerator and handlebar to help her complete the drive.

"She rides with grandpa at the farm," said mom Rachel Ledoux, who was surprised Allie was a little nervous. "But we only let her go about two miles an hour."

Adams didn't mind escorting Allie.

"This is a good experience especially for the kids," said Adams. "Even the Soldiers out here are enjoying it."

The ATV ride was just one adventure contributing to the day's event.

Allie had two sisters with her, Anna and Abby, and all three were ready to tackle the wrecking ball inflatable next.



Collen McGee | FORT RILEY PUBLIC AFFAIRS
Allie Ledoux, 6, was intimidated by the four-wheeler. Sgt. Nathan Wiser from the 3rd Assault Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division Infantry Division, walked beside her and talked her through the course.

Paws-ative demonstration

Story and photo by Maria Childs
1ST INF. DIV. POST

Brian Hall, contract mechanic, Stay Behind Equipment Maintenance Program, 2nd Armored Brigade Combat Team, 1st Infantry Division, at Fort Riley has seen the military working dogs perform their duties on post, but he admitted he hadn't seen them quite like they were during a demonstration at Fall Apple Day Festival.

"I kind of want one myself," he joked.

His wife, Brenna, was quick to say, "good luck with that."

The 523rd Military Working Dog Detachment, 97th Military Police Battalion at Fort Riley is home to more than 10 handlers and K-9 partnerships. Handlers are paired with a dog when assigned to the unit and are responsible for the care of that dog.

Staff Sgt. Jeremy Baumgarth, 523rd MWD detachment, 97th MP Battalion, said the demonstration at Apple Day shows the community one piece of the jobs of Soldiers.

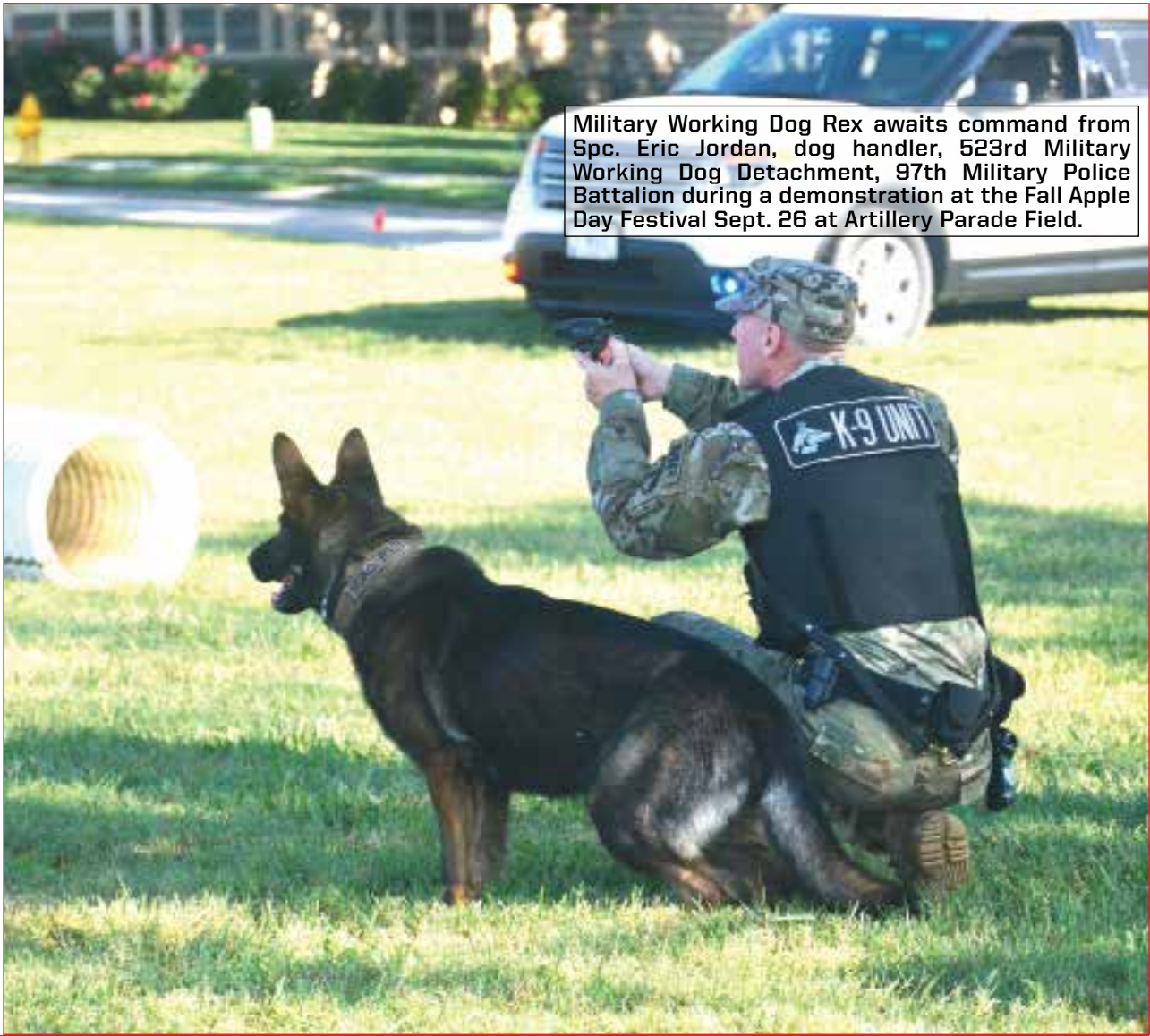
"I love my job so much I enjoy sharing it with other people," he said.

He added the demonstration allows the public to learn more about the dogs and their role as well as ask some questions after about them. Sometimes those questions can't be answered due to security reasons.

"We generally get quite a few questions," he said. "We get asked how we train our dogs and sometimes we even get asked if we will train their dog for them."

Although the demonstration is work for the dogs and handlers, they make the show enjoyable because the dogs should have fun while working too, according to Baumgarth.

"It's generally more enjoyable because we make it more fun," he said.



Military Working Dog Rex awaits command from Spc. Eric Jordan, dog handler, 523rd Military Working Dog Detachment, 97th Military Police Battalion during a demonstration at the Fall Apple Day Festival Sept. 26 at Artillery Parade Field.

Kids going under, over, up, through obstacles, climbing wall



Collen McGee | FORT RILEY PUBLIC AFFAIRS
Gillian Lesondak, 5, daughter of Chief Warrant Officer 2 Benjamin Lesondak, 1st Combat Aviation Brigade, 1st Infantry Division was among the first on the course.



Collen McGee | FORT RILEY PUBLIC AFFAIRS
Jackson Cyrulick, 12, son of Col. John Cyrulick, 1st Combat Aviation Brigade, 1st Infantry Division, commander, takes the straw bale wall during his course run.

By Collen McGee
FORT RILEY PUBLIC AFFAIRS

"Are you ready?" shouts Sgt. Shelly Lawson from the 601st Aviation Support Battalion. "Are you motivated?"

"Yes!" responded the next child on the starting pad of the obstacle course.

Lawson looked at the stopwatch in her hand, looked at the runner, clicked the button and shouted, "Go!"

She ran alongside, cheered and coached as each child went through the first obstacle.

She passed runners to the next Soldier who did the same at each station until all obstacles were completed.

There was one simulating a low crawl under wire, a tire obstacle, a straw wall, a bounce house obstacle maze, a straw bunker with a rubber grenade toss and a set of bales that had to be navigated like it was a zig-zag log obstacle that required balance and speed.

Each child was trying to set the course record and get their name on the white board with their time.

"Can I do it again?" said Grant Cyrulick, 11, son of Col. John Cyrulick, commander of the 1st Combat Aviation Brigade, 1st Infantry Division.

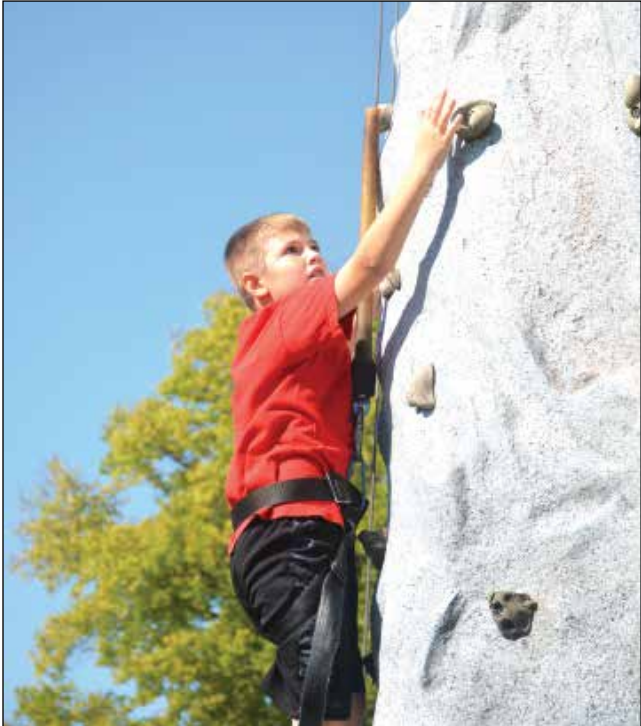
Jackson ran it the first time in competition against his 11-year-old brother, Grant. Grant ran it a second time in his socks — getting a little wet from the rain the day before but following the advice of the Soldiers acting as coaches and to save

time at the bounce house maze by not having to take them off during the run.

For Eli Well's dad, this was a day made even better because the weather did a complete about face from the day before.

"This is a great day for it (Apple Day)," said Col. Warren Wells, a member of the 1st Infantry Division Headquarters staff, as he watched his son Eli, 12, navigate the course with a record-setting 1:16 time. "Makes it even sweeter."

Hundreds of kids of all ages completed the course before the day was over. Each had the chance to get camo face paint and earned a dog tag stamped with the Army Values for completing the challenge.



Maria Childs | POST
LEFT: Eli Mikrat, 8, son of Mike Mikrat, 1st Combat Aviation Brigade, 1st Infantry Division, reaches for the next step in his rock-climbing experience during the Fall Apple Day Festival Sept. 26 at Artillery Parade Field.

RIGHT: Madison Britton, 8, daughter of Chaplain (1st Lt.) Scott Britton, 1st Squadron, 6th Cavalry Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, climbs the rock wall at the Fall Apple Day Festival Sept. 26 at Artillery Parade Field.



Maria Childs | POST
Cassidee Flores, 5, daughter of Spc. Antonio Kaipat, 1st Engineer Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, paints her pumpkin at the USO Fort Riley booth at Fall Apple Day Festival Sept. 26 at Artillery Parade Field.

Pint-size pumpkin painters

Decorated pumpkins sit and dry while their owners check out other events at Fall Apple Day Festival Sept. 26 at Artillery Parade Field. USO Fort Riley gave each child a pumpkin and let them decorate it with craft supplies



Maria Childs | POST



Maria Childs | POST
Siblings Kaitlin Tribby, 5, (left) and Carson Tribby, 3, (right), kids children of Sgt. Matt Tribby, Headquarters and Headquarters Company, U.S. Army Garrison, 1st Replacement in-processing Soldier at Fort Riley, decorate their pumpkins at the USO Fort Riley booth at Fall Apple Day Festival.



In each vehicle were two Soldiers in full battle gear. Riders learned how a cavelry unit gets around.

High Mobility Multipurpose Wheeled Vehicle rides



“We are a Cav unit. This is what we do”

Greg Lyles | 1st Lt, 1st Squadron, 4th Cavalry Regiment, 1st Infantry Division

Story and photos by Collen McGee
FORT RILEY PUBLIC AFFAIRS

Every year for seven years, Ranwoo Gray has brought her family to Fort Riley for Apple Day. As a family of a Fort Riley Veteran, this event keeps them in touch with the Army of today and helps her family understand more about military service and the kinds of tools modern Soldiers use.

For 1st Lt. Greg Lyles, of the 1st Squadron, 4th Cavalry Regiment, 1st Infantry Division, that is what he and his Soldiers wanted - to showcase their unit, vehicles and mission.

“We are a Cav unit,” said Lyles. “This is what we do.”

Though he said the idea for the High Mobility Multipurpose Wheeled Vehicle rides came from a higher echelon, it was

perfect and allowed his Soldiers to display a bit of how they spend their professional time and how a convoy works complete with safety gear for all riders.

Gathering the gear took a little time but having it available is an important part of helping participants understand what it feels like to be a CAV Soldier.

“It took two days to collect the numbers,” said Lyles. “We needed 20 helmets and eyepore — or eye protection.”

Lyles said all of his Soldiers volunteered to either help, provide gear or both. Some, like the Gray family had been to past Apple Day events.

For Lyles, this is his first. He was deployed for the last one and said he is enjoying the reaction of the riders to even the smallest details.

“Just about everyone is surprised at how heavy the helmets are,” he said.

That helmet also provides realism.

“I look like a real Soldier with this!” shouted an enthusiastic, helmet-wearing Aeden Gray, 7, to his mom Ranwoo. “I want to be first.”

Aeden got his wish. He was first in his truck crew and volunteered to ride in the gunner’s position. Though he couldn’t see very far out of the vehicle, he smiled for his mom as she shot a few pictures with her phone.

Gray said he and his Soldiers get a lot of good questions but they did have one request from a child to take a Humvee to lunch.

“We can’t take it through the drive-thru,” answered Lyles.

Groups show talent on entertainment stage

By Patti Geistfeld
1ST INF. DIV. POST

Fall Apple Day Festival Sept. 26 was an opportunity for a day of fun, entertainment and apple pie. There were plenty of choices available on the festival stage.

Students from The School of Knowledge, Inspiration, Exploration and Skills Unlimited, a Directorate of Family and Morale, Welfare and Recreation program and the American Taekwondo Association Manhattan showed their skills.

Competitors of all ages showed the best way to quickly eat apple pie.

Kansas City Cheerleaders gave prizes to those who correctly answered team trivia questions. The Fort Riley Army Spouses Choir and the Big Red One Band provided musical entertainment.

The group from SKIES Unlimited had their first performance of the year. The program consists of four systems sports, arts, life skills and academic skills. Army children and youth in Child Development Services, School Age Services, Middle School Teen Center, and Outreach Services Programs, as well as home schooled children, have equal access to opportunities that expand their knowledge, inspire them, allow them to explore, and acquire new skills.

The children from the SKIES Unlimited Hapkido class ranged in age from 3 to 15.

“It is a self-defense class, and the form itself originates in Korea,” said Shelley Anderson, the instructional programming specialist at SKIES. “It’s definitely family friendly.”

The kids shared their warm-up skills and techniques with the audience members, and

even the youngest performers showed how they could quickly and simply cut off an attacker with basic techniques.

More information can be found about SKIES at rileymwr.com/main/?page_id=302. The group also offers other classes in martial arts, dance and gymnastics and tumbling.

The ATA Manhattan students provided a high-energy performance of their Taekwondo skills.

“You know the physical side of what we do is just the vehicle for those life skills we want to teach,” said Scott Hertzog, instructor and fourth-degree black belt.

Cameron Marshall from Manhattan, Kansas, son of Susan Marshall, a math teacher at Fort Riley Middle School, provided a solo demonstration. He started training with ATA Manhattan a little more than a year ago and won 7 state championships, 4 regional (4 state area) championships and 8 world champion gold medals in Little Rock, Arkansas.

“It takes a lot of hard work and practice,” said Marshall, but he said he loves it.

It was Kansas City Cheerleader Sara C’s first visit to Fort Riley. Chiefs cheerleaders don’t use last names.

“I’m so excited to be here today, my dad was in the military and I have a lot of family in the military and I’ve always had a deep appreciation for it, so it’s an opportunity to come and give back in a different way, said Sara C.

Several other members of the team have been to previous Apple Day Festivals and commented at their introduction on stage that they are always eager to volunteer for this assignment as they have so much fun.

Hannah Kleopfer, 1st Inf. Div. Post contributed to this story.



Hannah Kleopfer | POST

Students of The School of Knowledge, Inspiration, Exploration and Skills unlimited show off their martial arts skills with their Hapkido self-defense drills at the Fort Riley 2015 Fall Apple Day Festival Sept 26.



Patti Geistfeld | POST

Young competitors try their skills at the apple pie eating competitions at the Fall Apple Day Festival Sept. 26.



Patti Geistfeld | POST

Scott Hertzog on the right, 4th degree black belt and instructor at ATA Manhattan Taekwondo School leads his students through a high-energy demonstration the Fall Apple Day Festival Sept. 26.



Patti Geistfeld | POST

Kansas City Chief Cheerleaders entertain crowd with a “Chiefs” related trivia contest. But for one young fan Isabella Puckett one year-old daughter of Spc. Michael Puckett, 82nd Engineering Battalion, 2nd Armored Brigade Combat Team, 1st Infantry Division.

More Apple Day stories and images are available at the following locations:

www.riley.army.mil

www.flickr.com/photos/firstinfantrydivision/albums/72157656638481204

You may also find some on our FaceBook page at www.facebook.com/FortRiley

Collen McGee | FORT RILEY PUBLIC AFFAIRS

Dezmond Confer, 2, offers a blade of grass to a goat at the petting zoo. His father is Sgt. Chris Confer from 1st Infantry Division Artillery.



Collen McGee | FORT RILEY PUBLIC AFFAIRS

Lundon James, 2, didn’t have much use for most of the wrecking ball inflatable except for the part he could splash from the previous day’s rain. Lisa Osbourn, his grandmother, said his other favorites are helicopters and apple pie.



IN BRIEF

TRAFFIC UPDATES

For traffic updates, see the Traffic Report on page 6 or visit www.riley.army.mil and click on "Advisories."

GENERAL INFORMATION

For general information about events and services at Fort Riley, visit www.facebook.com/FortRiley or follow @FortRiley on Twitter.

SOLDIER FOR LIFE TRANSITION ASSISTANCE PROGRAM UPCOMING EVENTS

- 10 a.m. to 2 p.m., Oct. 5: Weld Now Job Fair, Manhattan Work Force Center, 205 S 4th St Suite K, Manhattan, Kansas.
- 1 p.m. to 2:30 p.m., Oct. 5: Monthly Employer Showcase, Fort Riley Transition Center, building 212, room 201.
- 10 a.m. to 2 p.m., Oct. 20: Industry Workshop featuring Westar, Kiewit, and Flint Hills Technical College, Education Center building 217, room 202.
- 10 a.m. to 3 p.m., Oct. 22: Hiring-Education Fair, Riley Conference Center.
- 10 a.m. to 3 p.m., Oct. 22: ACS Hiring Fair, Riley Conference Center.
- 6:30 p.m. to 8:30 p.m., Oct. 22: Bradley Morris Seminar, Courtyard Marriott, 310 Hammons Dr., Junction City, Kansas.
- Oct. 26: Start date of next CDL class sponsored by ABF Freight. Program graduates start at 60,000-80,000 plus benefits. To apply, please contact David Miles at david.m.miles2.civ@mail.mil or 785-239-2193.
- 8:30 a.m. to 4 p.m., Oct. 29: Salina Police Department Employer Day, building 210, room 118D, Fort Riley.
- 10 a.m. to 11:30 a.m., Oct. 30: Project Management Seminar, Education Center, building 217 room 210. Explore a lucrative and well-suited career field for military members.

TEMPORARY CENTRAL ISSUE FACILITY CLOSING

Be advised: the Central Issue Facility will be closed at noon Oct. 7, and will not open until 7:30 a.m., Oct. 13, due to inventory.

IMPORTANT REMINDER

Visitors to Fort Riley are reminded that a temporary Fort Riley Access Badge or Pass is required for anyone without a Department of Defense ID card. If you know the exact date of your visit, it is highly recommended to get a temporary badge or pass early by stopping by the Visitor Control Center, calling 785-239-2982 or emailing usarmy.riley.imcom-central.mbx.des-vcc@mail.mil

Please note there are longer wait times for passes during periods of higher traffic-especially weekday mornings and weekday afternoons-when Soldiers and civilian employees are traveling to work and physical fitness activities.

If you're unable to get a pass early, make sure to allow extra time the day of your visit to get through processing at the Visitor Control Center.

Please visit our website at www.riley.army.mil/Units/GarrisonCommand/EmergencyServices/AccessInformation.aspx.

Autism conference provides learning experience

Experts offer resources to families dealing with challenges of disabilities

Story and photo by Hannah Kleopfer
1ST INF. DIV. POST

Staff of the Exceptional Family Member Program hosted a Developmental Delays, Autism and Behavioral Learning Conference Sept. 3 at Riley's Conference Center. The conference was open to anyone in the surrounding communities who lived or worked with someone with Autism or any behavioral or learning disabilities. Speakers included Rene Jamison, a Clinical

Associate Professor at the University of Kansas Medical Center, and Jessica Schuttler, who recently completed pre and post-doctoral training as a fellow at the KU Medical Center.

"We've always had a really good relationship with KU Med," said Jessica Kampfe, system navigator for EFMP. "They've always been helpful and accommodating to our military families and we wanted to bring in someone who understood and cared about our families."

Jamison, the keynote speaker, opened the conference with a discussion titled "Social Skills Interventions for Children and Adoles-

See AUTISM, page 18



Rene Jamison takes a moment to answer questions from parents in the audience during the small group time.



Staff Sgt. David Weidemann, 1st Attack Reconnaissance Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, and his 3-year-old daughter, Elsie, hammer together a toolbox at the Home Depot Activity Tent during the Fall Apple Day Festival Sept. 26.

Hammer Time

Story and photos by Maria Childs
1ST INF. DIV. POST

Staff Sgt. David Weideman, 1st Attack Reconnaissance Battalion, 1st Aviation Regiment, 1st Combat Aviation Brigade, 1st Infantry Division, and his 3-year-old daughter, Elsie, glued and hammered together a toolbox at the Home Depot Activity Tent during the Fall Apple Day Festival Sept. 26.

"This is the first time we ever did anything like that together," Weideman said.

He said they were just walking by and saw it. He said he thought it sounded like a fun project they could work on together, and it turned out to be just that.

"It was a good bonding experience between a child and parent," he said.

Weideman said he would have recommended it to any parent looking to do something with their child.

See HAMMER, page 17

Home Depot Activity Tent offers families at Fall Apple Day Fest chance to build ties

"I think the parents have just as much fun. They actually get to sit down and interact with their kids."

MIKE WEBB | HOME DEPOT



Noah Watson, 2, son of Jerry Watson, Fort Riley CID employee, hammers his toolbox together with the supervision of his mother at the Home Depot Activity Tent at Fall Apple Day Festival.

Military leader shares story of rough beginning

Putting on uniform helps former abuse victim, high school dropout change life

Story and photo by David Vergun
ARNEWS

WASHINGTON — Linda Singh, a then 16-year-old high school honor student living in Frederick, Maryland, had dreams of playing basketball at the University of Maryland and majoring in engineering.

Then one night, her dreams were crushed.

Singh, who is now a major general and adjutant general for the Maryland Army National Guard, spoke at the Pentagon, Sept. 8. Her topic, "A Different View: Living Through Adversity," was sponsored by the Office of the Pentagon Chaplain.



Pentagon Chaplain (Col.) Kenneth Williams presents a memento to Maj. Gen. Linda Singh, following her presentation: "A Different View: Living Through Adversity," at the Pentagon, Sept. 8.

For a long time, Singh said she was too ashamed and embarrassed to tell anyone what happened that night. Over time, with healing and help from friends, she finally found the courage.

"When you're going through challenges, you've got to surround yourself with people who can help you see a different side of things."

MAJ. GEN. LINDA SINGH | MARYLAND ARMY NATIONAL GUARD

She had just turned 16 and was out drinking with friends and a close family member, who was on leave from the military.

Later that evening, she returned home with that close family member who was staying at her house, she said. She went to bed and about an hour later, "this individual was on top of me. I did not know what to do. I was shocked. Once I got my grips about me, I tried to get him off me."

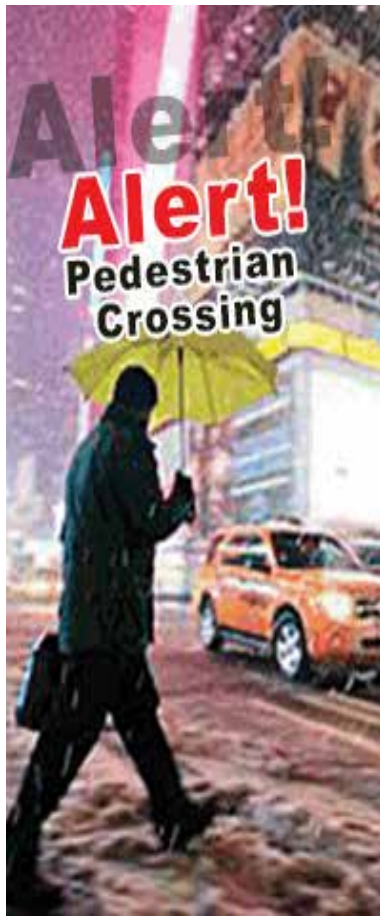
"I had loved him dearly," she said, "and I would have never thought he would have done something like that."

Singh said she was devastated. The next day she stayed in her room because she couldn't face her parents.

When that person returned to his duty station, she approached her parents to tell them what happened to her because, she said, her dad was "hot tempered" and might have done something to that individual had she told them when he was still at home.

If Singh was expecting sympathy and understanding, that notion was quickly dispelled.

See STORY, page 18



COMMUNITY CORNER

Domestic violence something you can stop before it starts

Col. Andrew Cole Jr.
FORT RILEY GARRISON COMMANDER

Most individuals occasionally lose their temper and have arguments with their spouse, or perhaps a child has pushed all the buttons and a parent is at the end of frustration. It happens, but does not need to become violent.



Colonel Cole

For some violent anger is an established pattern that occurs routinely. It can be used by one person in a relationship to control the other. It takes many forms such physical assault, sexual abuse, stalking, emotional, psychological and financial abuse. It can happen occasionally or all the time. Victims may be any age, sex, race, culture, education or marital status. In other words it can be anyone.

Domestic violence is a serious problem in the Army as well as the civilian world. It is an offense under the Uniform Code of Military Justice and is illegal under civilian laws. It can do long-lasting damage, particularly to children.

It is often a fearful and shameful situation when victims find they are the object of abuse. It is not uncommon for them to hide it and believe somehow they are the cause. But no one needs to live like that. The Army has resources to help. Ideally, an abuser recognizes he or she is causing harm to vital relationships and seeks help. There are Army programs for all family members – the abuser or the abused.

How can you address the relationship and get help?

Family Advocacy Program clinicians and domestic abuse victim advocates support victim's right of choice and help them stay safe while they figure out what is best for their relationship.

Are you afraid to report it because you worry about the effect on a service member's career?

Through medical professionals and Family Advocacy Program domestic abuse victim advocates, victims can choose a "restricted" reporting option which allows them to receive medical care without automatically notifying the command or starting an investigation.

Are you staying in a relationship because you don't know where to turn once you leave?

Family Advocacy Program's domestic abuse victim advocates can help victims locate shelter, child care and legal services.

Would you like to do something before the situation destroys the relationship and the family?

DID YOU KNOW?

• October is Domestic Violence Awareness Month.

Family Advocacy Program counselors help abusers stop the destructive behavior and build healthier family relationships.

Are you staying in an abusive relationship because of financial reasons?

Family Advocacy Programs include transitional compensation, which provides temporary financial, health, commissary and exchange benefits to domestic abuse victims when a service member is discharged or administratively separated from service for a domestic abuse or child abuse related offense.

If an "unrestricted" report of domestic abuse constituting a life-threatening situation, sexual assault or child abuse is made to the Family Advocacy Program, both civilian law enforcement and military chains of command are notified. FAP personnel work very closely with commanders and civilian agencies, like Child Protective Services and police departments, to ensure the victim comes to no further harm.

It takes strength and courage to speak out and seek help, even if no violence has happened yet. Don't be either a statistic, victim or the one who lost control. Stop domestic violence before it starts. Resources are always available. Ask for them.

Seek help at Military OneSource, a joint military Internet platform where you can find things such as voluntary counseling programs or speak to a professional anonymously 24/7 at 1-800-342-9647. Tips can also be found for what to do if someone experiences abuse and doesn't know where to start at www.militaryonesource.mil.

Contact the FAP at Army Community Services, 7264 Normandy Drive, phone 785-239-9435, email: usarmy.riley.imcom.mbx@mail.mil.

Victims can work with a victim's advocate to find medical and legal aid, shelter and counseling. The advocate will also help victims develop a family safety plan, file a military protective order or restraining order, help explain military reporting options and provide information about civilian and military responses to domestic violence. Counseling and treatment programs are available through the military medical system. The programs available through the FAP help assess what is going on with a family, how risky the situation is and what can be done to resolve it.

— To comment on this article or to suggest a topic for Community Corner, email usarmy.riley.imcom.mbx.post-newspaper@mail.mil or visit my Facebook page at www.facebook.com/fortrileycg.

CERTIFICATE OF APPRECIATION



Photos by Capt. Keith E. Thayer | 1ST CAB

Tony Wolf (right) Geary County sheriff, meets with Col. John M. Cyrulik, commander, 1st Combat Aviation Brigade, 1st Infantry Division; Lt. Col. Jennifer A. Reynolds, commander, 3rd Assault Helicopter Battalion, 1st CAB; and Chief Warrant Officer 5 Sam Baker, 1st CAB's senior chief warrant officer, Sept. 22 at the Geary County Sheriff's Department, Junction City, Kansas. Leaders from the 1st CAB stopped by to present Wolf with a certificate of appreciation for his department's rapid response and assistance in securing the site for a UH-60 Black Hawk helicopter crew that had to make a precautionary landing Sept. 2 in a field south of Marshall Army Airfield. An investigation revealed the aircraft had a faulty sensor that led to a false engine fire indication.



LEFT: Col. John M. Cyrulik, commander, 1st CAB, 1st Inf. Div., thanks Tony Wolf and presents the Geary County Sheriff's Department with a certificate of appreciation Sept. 22 at the Geary County Sheriff's Department, Junction City, Kansas. RIGHT: Lt. Col. Jennifer A. Reynolds, commander, 3rd AHB, 1st Avn. Regt., 1st CAB, 1st Inf. Div., presents Wolf with a baseball cap with her battalion's logo Sept. 22.

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KANSASWORKS

Cargill executive to speak at K-State about climate change

Pat Melgares
K-STATE NEWS AND COMMUNICATION SERVICES

MANHATTAN — Greg Page, the executive chairman of Cargill Inc., will speak at Kansas State University Oct. 12 about the economic impact of climate change on the world's food production.

Page, a Cargill employee since 1974, will present “Climate Change and the Future of Food Production” at 7 p.m. in McCain Auditorium as part of the university's Henry C. Gardiner Global Food Systems Lecture Series. Admission is free and open to the public.

In addition to his work at Cargill, Page is a member of the Risky Business project, which was formed in mid-2014 to prepare American companies for climate change. Page serves on the project's risk committee, which includes five former White House cabinet members, two former

MORE INFORMATION

- For more information on Greg Page's appearance at Kansas State University, or to watch his talk live on Oct. 12, visit k-state.edu/globalfood/lecture-series.

mayors, two billionaires and several distinguished businessmen.

As a member of the project's risk committee, Page has urged members of Congress and U.S. farmers to take climate change seriously. He encourages American business and government leaders to have serious conversations about accommodating future climate change scenarios.

John Floros, dean of the College of Agriculture and director of K-State Research and Extension, said the university has a long, valued relationship with Cargill, one of the world's largest food companies.

“In 2015-16, we are celebrating 20 years of the Cargill-K-State Higher Education Initiative,” Floros said. “Cargill has partnered with Kansas State University to provide guidance and assistance to the university's diversity programs, leadership studies, the colleges of Agriculture, Business Administration and Engineering, plus other areas across the academy.

“We are proud to be one of Cargill's core universities.”

Page's lecture at Kansas State University is the second in the Henry C. Gardiner Global Food Systems Lecture series. Robert Fraley, the chief technology officer for the Monsanto Co., presented the inaugural lecture in January.

The mission of the lecture series is to provide science-based education about the global food system. The series allows university students, faculty, staff and Kansas citizens to interact with U.S. and international food industry leaders.

NATIONAL PRESCRIPTION DRUG TAKE BACK



Hannah Kleopfer | POST

Vivienne Mayer, wife of Staff Sgt. Bruce Mayer, 1st Sustainment Brigade, 1st Infantry Division, brings some of her old vitamins to the National Prescription Drug Take Back at the Main Exchange. The take back took place at the Main Exchange Sept. 24 and 25. Members of the Army Substance Abuse Program collected a total of 135 pounds over the two days. “This is the second highest amount we have ever collected, with the highest amount being in 2013 at 136 pounds and 11 ounces,” said Nicole Sizemore, Prevention Branch Chief, ASAP.

HAMMER

Continued from page 15

Mike Webb, manager on duty and department supervisor for Home Depot, said his volunteer staff handed out more than 1,200 toolbox kits.

“We’re just trying to give back,” he said. “This is one way Home Depot can say thank you to the Soldiers and their families.”

Webb participated in the festival last year and said he always enjoys when families come to the tent and take photos and

then send them to their Soldiers overseas. It is a way for the families to stay connected even when they are apart. Although the activity is primarily for the kids, he said parents enjoy it too.

“I think the parents have just as much fun,” he said. “They actually get to sit down and interact with their kids.”

This activity also takes place the first Saturday of every month at Home Depot in Manhattan, Kansas.



Maria Childs | POST

Sgt. 1st Class Jamie Farmer, 1st Engineer Battalion, 1st Armored Brigade Combat Team, 1st Infantry Division, and his 5-year-old daughter, Annzley, build a toolbox.

STANDARD COST FEE STRUCTURE - SCHOOL YEAR 2015-2016							
SY 15-16 CHILD DEVELOPMENT CENTERS (CDC) MONTHLY FEE CHART							
(2 Week Vacation Option) (Sep 2015)							
Total Family Income Categories		Full Day	Part Time*	Part Day Pre-School**			
				5 Day	3 Hr	3 Day 3 Hr	2 Day 3 Hr
CAT 1	\$0-\$30,771	\$252	\$176	\$114		\$68	\$46
CAT 2	\$30,772-\$37,962	\$318	\$222	\$144		\$86	\$58
CAT 3	\$37,963-\$48,352	\$386	\$272	\$174		\$104	\$70
CAT 4	\$48,353-\$60,439	\$452	\$316	\$204		\$122	\$82
CAT 5	\$60,440-\$76,924	\$522	\$366	\$234		\$140	\$94
CAT 6	\$76,925-\$88,960	\$564	\$396	\$254		\$152	\$102
CAT 7	\$88,961-\$104,658	\$586	\$410	\$264		\$158	\$106
CAT 8	\$104,659-\$130,868	\$608	\$426	\$274		\$164	\$110
CAT 9	\$130,869+	\$630	\$442	\$284		\$170	\$114
- CAT 9A***	\$130,869+	\$896	\$628	\$404		\$242	\$162
STANDARD HOURLY RATE: \$4.00							
Multiple Child Reductions and Total Family Income Categories do not apply to Hourly Care.							
ADDITIONAL INFORMATION							
FINANCIAL DISCLOSURE: Patrons who do not disclose financial information pay Category 9 fees. MULTIPLE CHILD REDUCTION (MCR): 15% MCR is offered to the 2nd and subsequent children in regularly scheduled programs. Full fee is charged for the child in the most expensive care option, e.g., Full Day CDC care vs. SAC. 15% MCR is offered to 2nd and subsequent children in Youth Sports programs occurring during the same season. CAT 9 DoD Contractors and all approved Not Otherwise Authorized Patrons are not eligible for the MCR. LATE PICK-UP FEES: Family fee of \$1.00 per minute for first 15 minutes; \$15.00 maximum, then \$5.00 for next 45 mins per child/site. If Family has children at different sites, late pick-up fees are assessed per site. Fee is payable before the child is readmitted to care. LATE PAYMENT FEES: Payment for regularly scheduled Full Day, Part Day/Part Time and Before/After School Care is due by the 5th business day of the payment cycle. For services billed twice a month (1st and 15th), a one-time \$10.00 per child late payment fee will be assessed on the 6th business day of each missed payment cycle. For any regularly scheduled activities billed on a monthly basis, a one-time late payment fee of \$20.00 per child will be assessed on the 6th business day after the 1st of the month billing. *PART TIME CARE: Applies to specialized Part Time programs; includes Part Time Kindergarten care (for children attending a part day [AM or PM] Kindergarten program). **PART DAY PRESCHOOL: Also applies to installations that operate on a 4 day a week schedule (e.g. 4 Day 3.5 Hrs) ***CAT 9A: Includes Cat 9 DoD Contractors.							

STANDARD COST FEE STRUCTURE - SCHOOL YEAR 2015-2016							
SY 15-16 CHILD DEVELOPMENT CENTERS (CDC) Monthly FEE CHART							
(4 Week Vacation Option) (Sep 2015)							
Total Family Income Categories		Full Day	Part Time*	Part Day Pre-School**			
				5 Day	3 Hr	3 Day 3 Hr	
CAT 1	\$0-\$30,771	\$262	\$184	\$120		\$72	\$48
CAT 2	\$30,772-\$37,962	\$330	\$232	\$150		\$90	\$60
CAT 3	\$37,963-\$48,352	\$404	\$282	\$180		\$108	\$72
CAT 4	\$48,353-\$60,439	\$472	\$330	\$212		\$128	\$84
CAT 5	\$60,440-\$76,924	\$544	\$380	\$244		\$146	\$98
CAT 6	\$76,925-\$88,960	\$590	\$412	\$266		\$160	\$106
CAT 7	\$88,961-\$104,658	\$612	\$428	\$276		\$166	\$110
CAT 8	\$104,659-\$130,868	\$634	\$444	\$286		\$172	\$114
CAT 9	\$130,869+	\$658	\$460	\$296		\$178	\$118
- CAT 9A***	\$130,869+	\$934	\$654	\$420		\$252	\$168
STANDARD HOURLY RATE: \$4.00							
Multiple Child Reductions and Total Family Income Categories do not apply to Hourly Care.							
ADDITIONAL INFORMATION							
FINANCIAL DISCLOSURE: Patrons who do not disclose financial information pay Category 9 fees. MULTIPLE CHILD REDUCTION (MCR): 15% MCR is offered to the 2nd and subsequent children in regularly scheduled programs. Full fee is charged for the child in the most expensive care option, e.g., Full Day CDC care vs. SAC. 15% MCR is offered to 2nd and subsequent children in Youth Sports programs occurring during the same season. CAT 9 DoD Contractors and all approved Not Otherwise Authorized Patrons are not eligible for the MCR. LATE PICK-UP FEES: Family fee of \$1.00 per minute for first 15 minutes; \$15.00 maximum, then \$5.00 for next 45 mins per child/site. If Family has children at different sites, late pick-up fees are assessed per site. Fee is payable before the child is readmitted to care. LATE PAYMENT FEES: Payment for regularly scheduled Full Day, Part Day/Part Time and Before/After School Care is due by the 5th business day of the payment cycle. For services billed twice a month (1st and 15th), a one-time \$10.00 per child late payment fee will be assessed on the 6th business day of each missed payment cycle. For any regularly scheduled activities billed on a monthly basis, a one-time late payment fee of \$20.00 per child will be assessed on the 6th business day after the 1st of the month billing. *PART TIME CARE: Applies to specialized Part Time programs; includes Part Time Kindergarten care (for children attending a part day [AM or PM] Kindergarten program). **PART DAY PRESCHOOL: Also applies to installations that operate on a 4 day a week schedule (e.g. 4 Day 3.5 Hrs) ***CAT 9A: Includes Cat 9 DoD Contractors.							

STANDARD COST FEE STRUCTURE - SCHOOL YEAR 2015-2016							
SY15-16 SCHOOL-AGE CARE (SAC) and KINDERGARTEN (K)							
Middle School/Teen (MS/T)							
MONTHLY FEE CHART <small>(Sep 2015)</small>							
Total Family Income Categories		Before & After	Before	After	Part Time* Kindergarten	SAC/K Camp (Weekly)	MS/T Before Camp (Wkly)
CAT 1	\$0-\$30,771	\$138	\$66	\$82	\$176	\$68	\$28
CAT 2	\$30,772-\$37,962	\$176	\$72	\$104	\$222	\$73	\$37
CAT 3	\$37,963-\$48,352	\$214	\$86	\$126	\$272	\$89	\$46
CAT 4	\$48,353-\$60,439	\$250	\$102	\$140	\$316	\$104	\$52
CAT 5	\$60,440-\$76,924	\$288	\$118	\$170	\$366	\$120	\$60
CAT 6	\$76,925-\$88,960	\$312	\$130	\$184	\$396	\$130	\$66
CAT 7	\$88,961-\$104,658	\$324	\$132	\$192	\$412	\$135	\$68
CAT 8	\$104,659-\$130,868	\$334	\$136	\$198	\$426	\$140	\$70
CAT 9	\$130,869+	\$348	\$142	\$206	\$442	\$145	\$73
- CAT 9A**	\$130,869+	\$492	\$200	\$292	\$628	\$206	\$103
OCCASIONAL USER RATES: Hourly Rate: \$4.00, limited to 5 hrs./week. DAILY RATES: Up to 4 hrs./day: \$16.00; More than 4 hrs./day: \$30.00 MIDDLE SCHOOL/TEEN OCCASIONAL USER DAILY RATE: \$16.00; Hourly Rate: \$4.00, limited to 5 hrs./week. Multiple Child Reductions and Total Income Family Categories do not apply to Occasional User Hourly or Daily Rates.							
YOUTH SPORTS (YS) SEASON FEE CHART				Additional Information			
Category	Sports	Season Fee	FINANCIAL DISCLOSURE: Patrons who do not disclose financial information pay Category 9 fees. MULTIPLE CHILD REDUCTION (MCR): 15% MCR is offered to the 2nd and subsequent children in regularly scheduled programs. Full fee is charged for the child in the most expensive care option, e.g., Full Day CDC care vs. SAC. 15% MCR is offered to 2nd and subsequent children in Youth Sports programs occurring during the same season. CAT 9 DoD Contractors and all approved Not Otherwise Authorized Patrons are not eligible for the MCR. LATE PICK-UP FEES: Family fee of \$1.00 per minute for first 15 minutes; \$15.00 maximum, then \$5.00 for next 45 mins per child/site. If Family has children at different sites, late pick-up fees are assessed per site. Fee is payable before the child is readmitted to care. LATE PAYMENT FEES: Payment for regularly scheduled Full Day, Part Day/Part Time and Before/After School Care is due by the 5th business day of the payment cycle. For services billed twice a month (1st and 15th), a one-time \$10.00 per child late payment fee will be assessed on the 6th business day of each missed payment cycle. For any regularly scheduled activities billed on a monthly basis, a one-time late payment fee of \$20.00 per child will be assessed on the 6th business day after the 1st of the month billing. *PART TIME CARE: Applies to specialized Part Time programs; includes Part Time Kindergarten care (for children attending a part day [AM or PM] Kindergarten program). **CAT 9A: Includes Cat 9 DoD Contractors.				
Developmental Sports	Developmental Sport Activities Ages 3 - 5	\$20					
Category A	Soccer, Flag Football, Cheerleading, Basketball, Volleyball, Track & Field, Dodge Ball	\$40					
Category B	Baseball, Softball, Wrestling	\$45					
Category C**	Track/Football, Lacrosse, Ice Hockey, Competitive Swimming, Golf, Field Hockey	>= \$65					
*** Category C Fees are locally determined but must be equal to or greater than amount shown. FOR SPORTS NOT LISTED: Contact MCOM Sports POC for appropriate Category.							

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AUTISM

Continued from page 15

cents with Autism or Related Disabilities.”

“This year we were wanting people to take away more about social skills intervention,” Kampfe said. “We’ve had a lot of people who see scrutiny from their peers and we wanted to get more strategies for parents and professionals to use to improve the social skills of their kids.”

After lunch there were two breakout sessions where guests could choose which speakers to join for further discussion. During the first breakout session Schuttler talked about “Understanding Your Child’s IEP: The Parts, the People

and the Process.” Jamison spoke on “It’s Not Just a Guy Thing: Understanding Girls and Young Women with Autism and Designing Appropriate Interventions.”

The second session included Schuttler presenting “Learning Disabilities: Assessing Learning Processes to Inform Intervention” and Jamison presented “Preventing Behaviors Means Fewer to Manage: Lessons Learned from 8 Silly Monkeys.”

In addition to Jamison and Schuttler, the conference featured other organizations with booths that could provide more

information about their resources in the community.

For those who have lived in the Fort Riley area for a while and are firmly connected to the system of resources that can help them and their autistic child, they know where to go for assistance. For those who are new to the area, it is a different story. There are a lot of organizations in place that can help parents and children, such as the group Families Together.

“I’m a military parent myself,” said Leia Holley, currently of Fort Leavenworth and a Parent Information Specialist for

Families Together. “I have a child with autism, and we were stationed here in Fort Riley for about seven years. Families Together was the first organization that we were able to reach out to and get resources and connect with other families through the parent-to-parent program.

Yet Holley understands that it can be difficult for parents new to Fort Riley

“For a lot of our military families coming to Kansas, it’s a whole new world and a whole new set of resources to navigate and that’s what we’re here for,” said Holley. “To help families understand those disability sys-

tems which are different state to state. I’ve presented at the conference in the past, but this year I’m attending and supporting the Exceptional Family Member Program making sure that families know their resources out there and the support.”

Conference organizers wanted parents to meet with professionals, ask questions and get to know the concerns from both sides.

“I have a mildly autistic child,” started Amy Kowatch, wife of 1st Sgt. Steven Kowatch, 70th Engineer Battalion, 2nd Armored Brigade Combat

Team, 1st Infantry Division. “This information we’re getting from here, I’ve never seen it before. I’ve never been to an autism conference. I’m just happy that Fort Riley has offered this, and offered people with such realistic approaches and realistic strategies that you can take home and improvise. A lot of times when you hear professionals speak you never can take those in and take them home and do something with them. So I think what I’m taking is a real approach to helping my child succeed academically, personally, socially and everything.”

STORY

Continued from page 15

“What I wasn’t expecting was my mom telling me ‘you probably encouraged it. What did you do? Who else are you sleeping with? Are you sleeping with your dad,’” she asked.

At that point, she said she lost it and “went at” her mom. Her father intervened, however.

“That’s the last day I ever stayed at home. I had to leave,” she said, adding that it wasn’t just that incident. She was a difficult person to be around.

“I had no idea where I was going. I found myself without a home,” Singh said.

She said she was too embarrassed to tell other family members about what took place that night so she sometimes stayed with friends and sometimes slept outside. “If it’s not too cold it’s not so bad sleeping outside.”

Singh also dropped out of high school.

Eventually, she said she got a job in a mall, where there happened to be a recruiting office for the National Guard. At that time in 1981, not having a high school diploma wasn’t a bar to enlistment.

The problem for her, she said, is that she was 17 and needed her parents’ signatures. The last thing she wanted to do was to see them. Fortunately for her, she said the recruiter took the paperwork to her parents and they signed.

Enlisting in the Army was a no-brainer, she said. Pay, food,

IN THE ARMY

- Female Soldiers who said they experienced “unwanted sexual contact”: FY10, 6 percent; FY12, 7.1 percent; FY14, 4.6 percent
- Male Soldiers who said they experienced “unwanted sexual contact”: FY10, 1 percent; FY12, 0.8 percent; FY14, 1.2 percent
- Estimated Soldiers who were sexual assault victims: FY10, 8,600; FY12, 8,800; FY14, 8,500
- Soldier victims who reported sexual assaults: FY10, 1,316; FY12, 1,248; FY14, 2,077
- Army’s prosecution rate: 59 percent
- Conviction rate: 75-80 percent
- Civilian cases charging Soldier offender prosecution rate: 14 percent
- In 88-90 percent of founded allegations of wrongful sexual contact (FY12-14), commanders took disciplinary action against offenders

education, a place to sleep and job training. “This saved my life. I don’t know where I’d be if I hadn’t put on the uniform.”

Since Singh was very athletic, she said basic training was a breeze. She added she loved it and even got a letter of commendation.

After boot camp, she quickly got her high school diploma and continued to advance in her career and education. But not all was smooth sailing in the years ahead.

At this point, Singh offers words of advice and encouragement for others who may be going through similar hardships and difficulties she experienced.

WHEN GOING GETS TOUGH

She said her number one piece of advice is when difficul-

ties arise, the chaplain should be one of the first people to see.

FAMILY MATTERS

“I think that having a strong family network is extremely important. It’s something I’ve tried to instill in my two daughters,” she said.

Singh said she’s blessed to be married to a great husband. They’ve been married 25 years. She said her husband’s family is great too and has been a stand-in for the family she always wishes she’d had.

EXPAND THE SUPPORT

You’ve got to build and expand your support network, she said, particularly if your family isn’t supportive.

“When you’re going through challenges, you’ve got to surround yourself with people who

can help you see a different side of things,” she said. “I’ve built my life surrounding myself with people that have the personality and genuineness that I enjoy. That can really help bring you through the toughest times.”

ENGAGE IN ACTIVITIES

Basketball was one of the activities that helped Singh get through the tough times and kept her mind off her troubles.

“When I was on that court, nothing else existed,” she said. “I played basketball all the time. That’s where I was comfortable. That’s where I had more confidence and power. It just kind of helped me. It made me somebody.”

OTHERS MAY HAVE WORSE

Realize others may have it worse than you, she said.

When she was deployed to Afghanistan, she said she witnessed children living in dreadful conditions in a refugee camp. She used to visit the camp and made friends with a young girl. She’d often bring some food for her.

The girl and her brother were later killed by insurgents because they were protecting Soldiers, she said.

“Even my worst day is not like what they experience,” she said, referring to children. “If I could have taken every single one of those kids home with me, I would have brought them all back with me.”

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Children younger than 5 are admitted free.



FRIDAY, OCTOBER 2
• Sinister 2 (R) 7 P.M.

SATURDAY, OCTOBER 3
• American Ultra (R) 2 P.M.
• Hitman: Agent 47 (R) 7 P.M.

SUNDAY, OCTOBER 4
• Sinister 2 (R) 5 P.M.

For movie titles
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Sports & Recreation

IN BRIEF

PAY DAY SCRAMBLE
It's time to get into the swing of things.
Grab your golf bag and head to Custer Hill Golf Course Thursday, Oct. 8 for the Pay Day Scramble. Play begins at 1 p.m.
Registration is under way and costs \$40 per player, including greens fee, cart rental and range balls. Spaces for this four-person scramble will fill up fast; the field is limited, so register today.
Custer Hill Golf Course is located at 5202 Normandy Drive. For more information, visit rileymwr.com/golf or call 785-784-6000.

GLOW SWIM
Don't miss your chance for a one-of-a-kind pool party experience: Eyster Pool presents the second annual Glow Swim Saturday, Oct. 17.
From 7 to 10 p.m., have fun in the floating pumpkin patch, take a tour of the underwater glow garden and swim the night away.
Admission costs \$10 per family or \$5 per individual. Pool passes do not cover this event.
Eyster Pool is located at 6940 Warren Road. For more information, visit rileymwr.com/sports or call 785-239-9441.

PAINTBALL SHOOTOUT
Dress up and get painted up with Outdoor Recreation. Themed games and scenarios are on the menu for this blacklight-infused, glow-in-the-dark zombie extravaganza.
The Zombie Paradise Paintball Shootout is set for 6 p.m. Saturday, Oct. 24 at the Outdoor Recreation Center paintball course. It's open to participants ages 13 and older. For minors ages 13 to 17, parents must be present during the event.
All equipment and supplies are provided, or use your own equipment. Sign up in three person teams, or individually – Outdoor Rec can create teams! Advance registration is required and costs \$25 per person.
The Outdoor Recreation Center is at 1806 Buffalo Soldier Drive. For more information, visit rileymwr.com/odr or call 785-239-2363.

YOUTH SPORTS OFFICIALS
Child, Youth and School Services is looking for officials for youth outdoor and indoor soccer, flag football, basketball, baseball and softball.
Volunteer and paid positions are available. Training provided and experience is not necessary. A background check is required.
For more information, call CYSS Sports at 785-239-9223 or 785-240-5207.

LOOKING FOR A WAY TO SERVE VETERANS?
Team Red, White and Blue is a national veterans outreach organization enriches lives of America's veterans by connecting them to their community through physical and social activity. For more information, visit www.teamrwb.org.
For Team RWB local chapter events, see "Team RWB Fort Riley" on Facebook.

SKEET AND TRAP
An introductory clinic is offered by appointment covering basics of sport of shooting. Gun rental, ammo and protective equipment are provided.
Cost is \$11.25 per round and \$6.25 for ammunition. For more information, call Outdoor Recreation at 785-239-2363.

ISPORTSMAN SYSTEM
Fort Riley has an automated check-in-out system, iSportsman. Individuals can register at the Fort Riley iSportsman webpage at www.fortriley.isportsman.net.
Everyone recreating in a Fort Riley training area must use the iSportsman website. Check-in and Check-out may be done with any personal device with Internet access or visit the iSportsman Kiosk at 1st Division and Vinton School roads or the Environmental Division Office, Building 407, during normal business hours.
For more information, contact the Environmental Division at 785-239-6211.

CHEERS TO THE BIG RED ONE

Chiefs cheerleaders host clinic for Fort Riley children at Apple Day Festival



Staff Sgt. Noel Gerig | 1ST ABCT

ABOVE: Kansas City Chiefs Cheerleaders visited Fort Riley for the Fall Apple Day Festival Sept. 26. The cheerleaders met with attendees, posed for photos and signed autographs. During the morning they held a camp for several young area cheerleaders. Later in the day on the main stage they held a "Chiefs" related trivia contest.

Maria Childs | POST

LEFT: Ashlyn Hunter, 7 daughter of Staff Sgt. Jeremy Hunter, 116th Military Police Company, 97th MP Battalion, participates in the Kansas City Chiefs Cheerleaders camp at the Fall Apple Day Festival. The two-hour camp welcomed males and females between ages 5 and 17. "I enjoy the interaction with fans and being able to make a difference in peoples lives said second year Kansas City Chiefs Cheerleader Sara C. This was her first visit to Fort Riley.

Army marksmen earn seat on 2016 U.S. Olympic Team

By Brenda Rolin
ARNEWS

FORT BENNING, Ga. — Two Soldiers from the U.S. Army Marksmanship Unit are headed to the 2016 Olympics in Rio de Janeiro after earning automatic berths on the Olympic Team this month.

Sgt. 1st Class Michael McPhail, a 2012 Olympian won his seat for men's 50-meter prone rifle, and 2008 Olympic gold medalist Staff Sgt. Glenn Eller won his for men's double trap.

McPhail, who is the No. 1 men's 50-meter prone shooter in the world, won a gold medal — his third this year — and a U.S. Olympic Team berth, Sept. 3, at the 2015 International Shooting Sport Federation World Cup Final Rifle/Pistol in Munich.

The nomination for the Olympic Team is McPhail's second bid for an Olympic medal. The Darlington, Wisconsin, native finished ninth in the men's 50-meter prone rifle event during the 2012 Olympic Games in London.

"I'm glad I shot well," McPhail said. "The goal was to make the Olympic Team."

McPhail said the Army provides many advantages for its athletes to ensure they succeed.

"First, we have a very good coach," he said. "Sergeant 1st Class (Jason) Parker is, without a doubt, the very best coach I have ever had in any sport in any time of my life — that's a huge bonus. Next, the way our team operates between Sergeant 1st Class Parker and Sergeant 1st Class (Walter) Craig, the (achievable) goal is winning Olympic medals."

"Then, the Custom Firearms Shop is second to none. It's a confidence booster when you go to the line and know that you have the best equipment in the world. And it all comes down from the command group whose intent is to win Olympic gold medals, and that falls all the way down to the Soldier."

McPhail said he is going to take some time off in the next few weeks while he and

See OLYMPICS, page 20

Soldiers take Taekwondo to South Korea for World Games

By Gary Sheftick
ARNEWS

FORT INDIANTOWN GAP, Pa. — Soldiers on the U.S. Armed Forces Taekwondo team are preparing to compete in the ancestral home of their martial art as they train for the Military World Games in South Korea.

About 7,000 athletes from more than 100 nations are scheduled to participate in the 6th Conseil International du Sport Militaire World Games, in Mungyeong, South Korea, Oct. 2 through 11. The United States will field teams in 16 sports ranging from track and field to soccer, basketball and martial arts.

U.S. Taekwondo coach Staff Sgt. Jonathan Fennel said the host team will have a marked advantage this year in this sport.

"They're going to make it one of their headlined sports, because it's their national pastime," he said.

Two members of his Taekwondo team, though, feel almost like they will be competing on home turf. Capt. Jessica Meyer is stationed in South Korea and came back to the United States for the training camp on Fort Indiantown Gap, Pennsylvania.

Sgt. 1st Class Edward Forquet said his family spent a lot of time when he was younger visiting his cousins in South Korea. His mother is Korean and introduced him to Taekwondo at age 4. He expects many of his Korean relatives to be there cheering him on during the games.

"It's going to be like a little mini family reunion, I guess," Forquet said about CISM. He is a fourth-degree black belt, who serves with the U.S. Army Special Operations Command on Fort Bragg, North Carolina.

This year Forquet took gold at the Taekwondo state championships in both North Carolina and Virginia after more than a decade of not competing due to deployments. He said bringing home gold from South Korea, though, will be a challenge because he'll be competing against athletes from other nations who train together all year.



EJ Hersom | ARNEWS

Army Staff Sgt. Ashley Sadlowski (left) and Army Capt. Jessica Tackaberry Meyer (right) spar during U.S. Armed Forces Taekwondo Team practice on Fort Indiantown Gap, Pennsylvania, Sept. 21, 2015.

The U.S. Armed Forces Taekwondo Team has only been practicing together since Sept. 15, when they began their training camp.

"We have a very new team this year," Fennell said. "They're very physically capable and they're training hard every day."

"We hope to use this as a growth year and springboard into medals next year," Fennell said, but he hasn't completely given up on bringing home gold from South Korea.

"Anything can happen," he said.

Staff Sgt. Ashley Sadlowski won a silver medal at the U.S. national championship in Austin, Texas, in July. She also competed in the last CISM Military World Games in Rio de Janeiro, four years ago.

Sadlowski serves with the 63rd Reserve Support Command in Mountain View, California. She lives in Oakland and took silver at the national championships last year in nearby San Jose.

She fought at nationals as a heavyweight, though, and will be competing as a middleweight next week in South Korea.

See TAEKWONDO, page 20

TAEKWONDO

Continued from page 19

She plans to use more sidekicks from her front leg rather than roundhouse kicks from her back leg. She said that decision is due more to a change in the scoring system than a change in weight class, though. In the upcoming games, an electronic pad on the chest of competitors will sense the kicks and automatically score them. Judges will only manually score head shots and punches, she said.

Forquet is also practicing some new strategies.

“My game is to be a little bit more patient,” he said, and wait for the opportunity to get inside. Many of his opponents will be much taller, so it’s to his advantage to get in close, he said.

Forquet said he plans to use his opponents’ height against them. He’s practicing more active footwork to cause his opponents to displace. When they step or shuttle, they won’t be able to kick at the same time. That’s when he will go in for the attack.

The Koreans won’t be the only strong opponents at CISM, though, he said.

“A lot of the big powerhouses are going to be there,” Forquet said.

Iran has a strong team, Fennell said. Last year’s Taekwondo CISM championship was in Iran. Germany, France and others are also expected to be heavy contenders.

A total of 38 nations are expected to compete in the sport this year at the games.

“Any one of them can surprise the world,” Fennel said about his seven athletes.

Also on the U.S. Armed Forces Taekwondo Team:

- Sgt. Lamonte Kelly from the Florida National Guard
- Sgt. Michael Warner from Fort Wainwright, Alaska
- Air Force Tech Sgt. Quinton Beach from Alaska
- 1st Lt. Joshua Fletcher from U.S. Army Hawaii

OLYMPICS

Continued from page 19

his wife await the arrival of their second child, but will start training again by December.

Eller, currently ranked No. 1 in the world for men’s double trap, earned his seat on the Olympic Team, Sept. 14, at the 2015 ISSF Shotgun World Championships in Lonato, Italy, where he placed sixth.

“It was an amazing feeling, knowing all the hard work paid off for my fifth nomination,” Eller said. “The automatic berth gives me the time and ability to wrap my head around competing in another Olympics. My priorities will be on winning, not just making the team.”

This is the fifth time Eller has been on an Olympic Team, and he is the only male American shotgun competitor who has achieved this distinction, according to officials from USA Shooting, the organization chartered by the United States Olympic Committee as the national governing body for the sport of shooting. The organization implements and manages developmental programs and sanctions events at the local, state, regional and national levels.

Eller, of Katy, Texas, won a gold medal, Aug. 11, for men’s double trap at the 2015 ISSF World Cup Rifle/ Pistol/Shotgun in Gabala, Azerbaijan, that took place, Aug. 6 through 16. Eller is also a two-time World Champion and has medaled at 14 World Cups.

“The Army has given me the structure, support and opportunity to train at and compete at the highest level,” he said.

Eller will head to the 2015 ISSF World Cup Final Shotgun in Nicosia, Cypress, Oct. 15 through 21. After that, he said he will plan his year around peaking during the 2016 Olympic Games so he will have the most confidence in winning.

Athletes who want to compete in the Olympics must qualify in their shooting sport discipline to participate on their country’s Olympic Team. Athletes have two ways to qualify. Athletes may earn automatic berths through high finishes in international world shooting sport events in the year prior to the Games or win in the Olympic Trials, which are a few months prior to the Games.

All Olympic Team nominations are subject to the approval of the U.S. Olympic Committee.



Nicolo Zangirolami | COURTESY PHOTO

Gold medalist Michael McPhail, U.S. Army Marksmanship Unit, competes in the men's 50-meter rifle prone finals at the Olympic Shooting Range Munich/Hochbrueck, during the first day of the International Shooting Sport Federation World Cup Final Rifle/Pistol, Sept. 3 in Munich. McPhail, ranked first in the world for men's 50-meter rifle prone, earned an automatic berth during the World Cup Final.



U.S. ARMY

Fort Riley Area Service Members

Do YOU want to become a WARRANT OFFICER?

A member from the Warrant Officer Recruiting Team will brief on qualifications and application procedures to Service Members interested in becoming U.S. Army Warrant Officers.

Date/Time/Location:

Education Center (Bldg 215, Rm 227)
6 Oct 15 / 0930 hrs
8 Oct 15 / 0930 hrs

**Special Operations Recruiting Center
Bldg 7450, Room B-03, Normandy Drive**
6 Oct 15 / 1200, 1330, 1500 hrs
8 Oct 15 / 1200, 1330, 1500 hrs

WO Team POC
CW4 Frankie E. Roit
Office: (270) 798-4014
Cell: (270) 300-6561
frankie.e.roit.mil@mail.mil

More information can be found on the internet at: www.usarec.army.mil/hq/warrant



**EXPLORE
YOUR FUTURE**



GLOW RUN

NOVEMBER 6

RILEY'S CONFERENCE CENTER

REGISTRATION BEGINS AT 6:30PM • RACE AT 7:30PM

This 2.5 mile fun run is a one-of-a-kind nighttime experience that is about enjoying friends, family and music, all decked out in your best neon outfits!

- Free and open to the public
- Glow Zumba warmup!
- Get glowing with glow paint and glow twigs
- Free photo booth – capture your amazing outfits!
- Prizes for the best glow neon outfit!

Glow accessories for sale on site.

Each participant will receive a FREE glow necklace in exchange for one non-perishable food item.

INFORMATION:
785-239-9002



EYSTER POOL Bubble Guppies

SATURDAYS FROM
OCTOBER 3-NOVEMBER 21
9-10AM

OPEN TO CHILDREN AGES 6 MONTHS-5 YEARS ... AND THEIR PARENTS!

\$5 PER FAMILY. PER SESSION

20 minutes of water safety and skills training by a certified water safety instructor
40 minutes of water play - It's fun for all!

Parents must accompany children in the water.

NO REGISTRATION REQUIRED
INFORMATION: 785.239.9441



Travel & Fun in Kansas

Goessel Mennonite Heritage and Agricultural Museum

Staff Report

Nestled just 11 miles north of K-15 and I-135 is the small historic town of Goessel, Kansas. The descendants of the Alexanderswohl Mennonites, who settled the area, wanted to share their early way of life by establishing the Mennonite Heritage and Agricultural Museum. The Mennonites settled in the community in 1874. The museum was dedicated in 1974 to preserve the lifestyle their ancestors would have experienced as early settlers in Kansas.

The museum is a replica of the village system the Mennonites built, including a bank and cook shack. The families that came to the area were farmers, and the cook shack, which is essentially a wagon, was used to prepare food out in the fields particularly during harvest time.

They used a threshing stone, which is on display, to thresh the wheat. Threshing is the process of separating the edible part of the cereal grain from the inedible parts.

Another building in the museum is the South Bloomfield School. It was a one-room schoolhouse. It's modeled after a typical rural schoolhouses of the time and includes artifacts that were used in the school.

The fall hours for the museum start on Oct. 1, which are noon to 4:00 p.m. Tuesday to Saturday. However, the museum is closed from December through February except by appointment. To find more information about the museum, go to www.goesselmuseum.com.

Information provided courtesy of Goessel Museum



Courtesy Photo Goessel Museum

A 1929 Model A fire engine located at the Goessel Mennonite Heritage and Agricultural Museum.



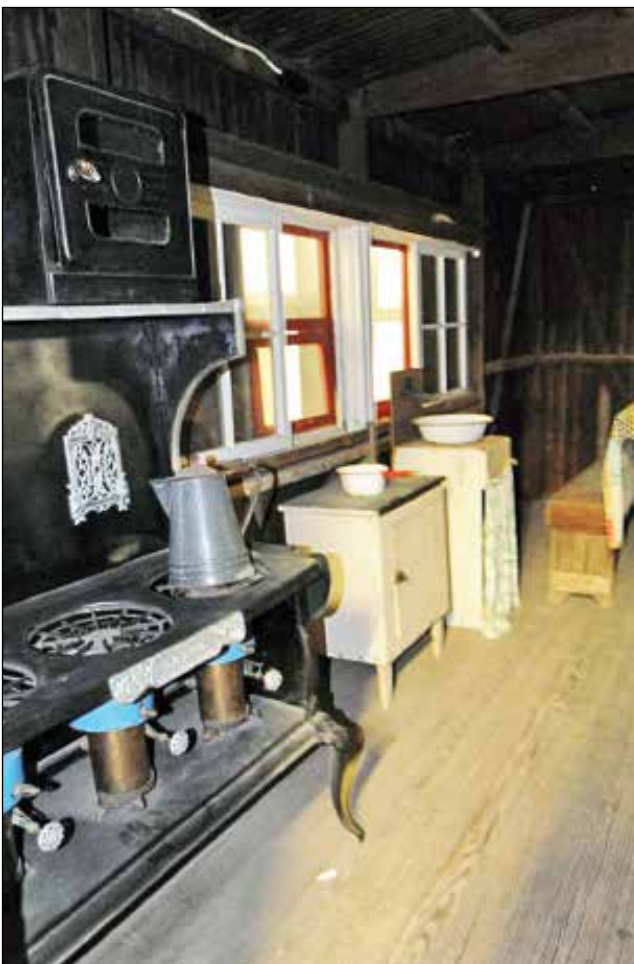
Courtesy Photo Goessel Museum

In the mid-1870s, this threshing stone was considered state-of-the-art farm equipment in Russia. The immigrants brought a variety of hard winter wheat with them know as Turkey Red to plant as their main cash crop. To have the stones made here, they brought along a pattern from Russia. Within a few years, the stones had become obsolete as more progressive threshing methods were adopted.



Courtesy Photo Goessel Museum

The immigrant house is a replica of those built by the Santa Fe Railroad to provide temporary shelter and housing for the Mennonite immigrants upon their arrival in 1874. The original buildings were 18 feet by 200 feet long. About 33 families lived communally in each of the two buildings. Trunks were used to divide the space, while clothing and blankets were hung from the ceiling joists to provide a small measure of privacy. Before long most families were able to buy land and erect a house or barn. However, some families lived in the immigrant houses for as long as five years.



Courtesy Photo Goessel Museum

Local farmers and their families knew the threshing season had begun when the cook shack and threshing "rig" arrived. The cook shack accompanied the threshing "rig" as it moved from one farm to another. The cooks served three meals a day in the cook shack and they were responsible for delivering two light lunches to the field for the 9:00 a.m. and 3:00 p.m. coffee breaks. These five meals meant that it was necessary to keep the wood burning stove hot nearly all day. Later, kerosene burning stoves were used. Cook shacks reached their peak during the late steam engine era between 1900 to 1920. The cook shack was about eight feet wide, sixteen feet long and seven feet high. It sat on a high wheel wagon gear. Two small screened windows on either side of the cook shack allowed for some ventilation to occur. There were small interior cupboards and a hole in the floor that allowed easy access to food and other supplies that were stored in an area beneath the wagon. The cook shack was pulled by two horses or mules, the drives stood in the doorway with the screen door open so that he could see the rough road ahead of him.

Information for cook shack photo compiled by Tracy S. Schmidt, Goessel Museum



Courtesy Photo Goessel Museum

The Liberty Wheat Bell, a double-size replica of the original, was created by local area residents using Turkey Red Wheat straw. Construction of the bell took place in 1975 to 1976 for the Smithsonian Institution U.S. Bicentennial exhibit and it was displayed in Washington D.C. from 1976 to 1978.