



WASHINGTON MILITARY DEPARTMENT

VOL I, ISSUE VI

# EVERGREEN

MAGAZINE



**The Washington State Emergency Operations Center answers the call to fight the largest wildland fire in state history - Pg. 12**

**116th ASOS Guardsmen spend D-Day in Normandy - Pg. 22**

**You hope it will never happen... Red Card certified National Guardsmen answer the call to fight wildfires. - Pg. 6**



**PHOTO CONTEST  
WINNER!**

The view from a UH-60L Black Hawk as it soars over the Carlton Complex fire to drop a bucket load of water in support of the Washington Department of Natural Resources' battle against the largest wildfire in Washington state history. (photo courtesy of Sgt. Dave Goodhue, B Co., 1-168th General Support Aviation Battalion, WANG)

## ON THE COVER



D Co. 1-168th General Support Aviation Battalion provided support to Seattle's annual Seafair celebration on the fourth of July by providing a "flag drag" over the celebration to start the fireworks display. (Washington National Guard photo by Sgt. 1st Class Adolf Pinlac, D Co. 1-168th GSAB, WANG)

**Commander in Chief**  
Washington State Governor  
*The Honorable Jay Inslee*  
**The Adjutant General**  
*Maj. Gen. Bret D. Daugherty*

**Communications Director**  
*Karina Shagren*

**State Public Affairs Officer**  
*Cpt. Joseph F. Siemandel*

**Chief Editor**

*Sgt. Peter Christian*

**Copy Editor**

*Maj. Christina Martin*

**Contributors**

*Gary Lott*

*Dianna Gethers*

*Sharon Lotonuu*

*Kenneth Schwarm*

*Tom Skjervold*

*Rowena Valencia-Gica*

*Lt. Col. Anthony Lieggi*

*Maj. Christina Martin*

*Maj. Angela Halvorson*

*Cpt. Joseph Siemandel*

*Cpt. Kerri Turner*

*2nd Lt. Garrett Seick*

*2Lt. Hans Zeiger*

*Sgt. 1st Class Jason Kriess*

*Sgt. 1st Class Adolf Pinlac*

*Sgt. 1st Class Bryan Watson*

*Staff Sgt. David Largent*

*Sgt. Peter Christian*

*Sgt. Chelsea Barber*

*Pfc. Brianna Patterson*

*Sgt. Bryce E. Wright*

*Sgt. Daniel Lybeck*

*Sgt. Lisa Laughlin*

*Senior Airman Casey Mesler*

*Sgt. Dave Goodhue*

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## ARTICLE SUBMISSIONS

Contributions to the *Evergreen Magazine* are always welcome! Send articles, photos, questions and art to Washington National Guard Public Affairs Office at: [pao@washingtonguard.org](mailto:pao@washingtonguard.org)



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A Washington National Guard UH-60L Black Hawk helicopter hovers above a water drop area, while Sgt. 1st Class Davis hits the switch to drop 660 gallons of water on a fire in the Carlton Complex area in Washington state. (photo courtesy of Sgt. Dave Goodhue, B Co., 1-168th General Support Aviation Battalion, WANG)

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Members of the 122d Public Affairs Operations Center out of Camp Murray, Wash., were in Antigua and Barbuda as part of the first phase of Tradewinds 2014.



# THE TAG LINE

## WASHINGTON NATIONAL GUARD THE ADJUTANT GENERAL

*Major General Bret Daugherty*



### General Appreciation

Colleagues:

Yet again – you proved your value and importance to the state of Washington. As multiple fires ravaged hundreds of thousands of acres across Eastern Washington, our team pulled together to lean forward and ensure Washingtonians received the help they need and deserve. You should be incredibly proud of your work.

I could list and congratulate you on all of your accomplishments. It would be an incredibly long list. Our employees worked around the clock doing everything from direct coordination with local emergency managers, to digging fire lines.

Instead, I commend you for your incredible teamwork. Major responses pull at every corner of our department – from payroll and finance, to IT and human resources; from Army and Air, to aviation and ground troops. Both our state and federal employees worked tirelessly – and together – to coordinate and deliver important services to thousands of worn-out firefighters, and hundreds of hurting families. The feedback I've received from our partners on your effort and abilities has been nothing but positive.

I have said many times, we have to break down our 'silos of excellence.' We have to unite our resources and streamline our assets to benefit both our department, and the people we serve. We're making incredible progress.

With fire season just underway, I ask that you continue to promote a spirit of cooperation and collaboration. We know it's going to be a long, hot, tiresome summer. It will likely test our abilities. It will definitely test our patience.

Working together will ensure that we continue to provide Washingtonians with what they've come to expect from the Washington Military Department – a critical helping hand when they need it most. We've built a strong reputation – and we couldn't do it without your professionalism, commitment and teamwork.

Thanks!

**Maj. Gen. Bret Daugherty**  
*The Adjutant General*  
*Washington National Guard*





Washington National Guard - 66th Theater Aviation Command  
**Commander**  
*Colonel Bruce Linton*

FEATURED  
**GUEST  
EDITOR**



## Above the Best

*“So when these things are asked of me, and I can reach no higher.  
My prayer this day with hands extended, please welcome home this  
Flyer.”*

*(Excerpt from “A Pilot’s Prayer” by David Andrew Niven)*

Though the requirement to support overseas contingency operations has been significantly reduced for the overall force, Washington National Guard Aviation remains engaged. This involvement spans the dual mission focus of the WANG. For the soldiers of the 66th Theater Aviation Command, this means simultaneous preparation for our federal and state missions.

This year we are actively preparing individual aviation units for mobilization in support of overseas contingency operations in various parts of the Middle East. Simultaneously, we have been focused on the training guidance and objectives communicated by the senior leadership of the WANG to be prepared to support domestic operations across the state. That guidance focused on the 66th TAC’s capability to conduct Mission Command as an Aviation Joint Task Force/Dual Status Commander’s Staff, while our highly skilled aircrews prepare and train to conduct:

- Search and Rescue Operations
- Hoist Operations
- Shipboard Operations
- High Mountain Rescue Operations
- Wildland Firefighting (water bucket operations)

In 2013, the 66th developed an aggressive training strategy that began a three-year process leading up to being an active participant in the upcoming exercises focused on a Cascadia Subduction Zone incident response. And little did we know that our citizens would need us in such a big way this year. So far, we responded to the SR 530 mudslide and the largest wildfire in state history. Our aviation search and rescue and hoist training, and our aerial wildland firefighting training did not come too soon.

**Col. Bruce Linton**  
*Commander*  
*66th Theater Aviation Command*  
*Washington National Guard*



1855



# ANSWERING THE CALL

STORY BY PFC. BRIANNE PATTERSON, PHOTOS BY SGT. 1ST CLASS JASON KRIESS, JFHQ PUBLIC AFFAIRS OFFICE, WANG



**Leavenworth, Wash.** - Lt. Gov. Brad Owen declared a state of emergency on July 16th, due to the wildfires in north-central Washington. The National Guard responded immediately getting soldiers in place days later, ready to answer their state's call for help.

More than 110 guardsmen with the 1-303rd Cavalry Regiment and Delta Co., 181st Brigade Support Battalion arrived at the National Guard armory in Wenatchee on July 21st. They set up their operations center before traveling to the Department of Natural Resources base camp near Leavenworth and linked up with state agencies they supported during the Chiwaukum Complex wildfires.

On July 22nd the 100 guardsmen who were previously red card certified conducted refresher training with the firefighters they supported during the wildfires. Guardsmen reviewed how to breathe in smoky conditions, conduct mopping techniques, identify and extinguish hotspots along with many other procedures es-

sential to working on the fire line.

After training, soldiers spent July 23rd working with firefighters to clear a large area of land off State Route 2 near Leavenworth that was affected by the wildfires. Soldiers were tasked with mopping, or sweeping the area to clear it of hotspots, an area such as under trees or large rocks which contains smoldering embers capable of reigniting fires. Soldiers also removed tree trunks that continued to smolder and cleared trees of branches, weakened by fires that could potentially fall and cause injury.

Guardsmen with the 1-303rd Cav. Regt. and D/181 BSB continuously provided support to state agencies during the Chiwaukum Complex wildfires while 250 more guardsmen trained to become red card certified at the training center in Yakima from July 22nd to July 26th, 2014.

The Washington National Guard now has a total of 400 guardsmen that are FEMA Red Card certified.

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# EXECUTIVE APPRECIATION

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## Washington Governor Jay Inslee visits the State Emergency Operations Center at Camp Murray to ascertain what the guard can bring to the wildfire efforts

Story by Gary Lott, Joint Services Support, Washington Military Department

**Camp Murray, Wash.** – As multiple wildfires quickly tore through Eastern Washington – just as fast, the Washington Military Department’s Emergency Management Division stood up the State Emergency Operations Center to coordinate assistance to help protect lives and property.

“For you to be able to stand up such an organization as this, really quickly, is most impressive,” said Gov. Jay Inslee during a visit to Camp Murray. “You’ve got good leadership that’s helped to make sure that happens.”



Inslee visited both the State EOC and the Joint Operations Center at the height of the fires to receive an in-person briefing, and to say thank you to those in the Military Department working tirelessly to provide assistance.



“I just want to thank you for the work you are doing. I can tell you we’ve seen the general eye and we’ve seen the people who are standing next to the charred ruins of their homes, and you’re helping those folks out big time,” said Inslee. “The General (Maj.

Gen. Bret Daugherty) has been appropriately assertive and aggressive getting National Guard personnel and assets engaged in this. It’s really super to see that happen on such a quick basis.”

While assistance from the Washington National Guard is often visible, many don’t see the 24/7 mandatory and lifesaving support that the State EOC provides in emergency situations like wildfires, landslides, earthquakes and more.

“This is the biggest fire in our state’s history and what they’re doing is absolutely, critically important to the people who live in that region and ultimately the people who live here in our state. What they’re doing is very, very important,” said Daugherty.

“It’s always important for the Commander in Chief (Governor Inslee) to come out and see what’s going on with his operation from the ground level and certainly here we have the ground level for managing the incident for the state and the National Guard.”

“I’m really proud of the firefighters and state employees, as well as the guardsmen that are out there taking on the fires,” Daugherty continued. “It’s great that Governor Inslee was able to come here and interact with people that are doing that.”



(Opposite images) Personnel from the Emergency Operations Center and the Joint Operations Center brief Gov. Jay Inslee on the capabilities that the military department can offer in support of the Wash. Department of Natural Resources efforts to quell the fires in north-central Washington. (Above) The Adjutant General Maj. Gen. Bret Daugherty and the Assistant Adjutant General Brig. Gen. Wallace Turner answer questions from Chief of the Washington State Patrol John Batiste regarding the wildfires in north-central Wash. (photos courtesy of Gary Lott, Joint Service Support, Washington Military Department)

# We Really Need This Right Now



(Left to right). Senior Airman KC Mesler, 116th ASOS and Master Sergeant Steve Robinson, 194th Mission Support Group, Security Forces Flight, stop to pose for a photo with local residents during the health and wellness checks conducted in Okanogon County, Wash. in support of the Washington Department of Natural Resources effort to fight wildfires in north-central Wash. (courtesy photo)

Story by 2Lt. Hans Zeiger, 194th WG Public Affairs, WAANG

**Okanogon County, Wash.,** - Eighteen Airmen from the 194th Wing, Washington Air National Guard, went to the aid of their fellow Washingtonians as wildfires tore through north-central Washington in July. Airmen delivered food and water to displaced families, conducted health and wellness checks, and worked with law enforcement to provide a presence in local communities.

With less than a day's notice, Airmen reported to Camp Murray on July 24. Tech. Sgt. Michael Sapuder, 194th Mission Support Group, said that he received notification to report for duty at 1100 and arrived at Camp Murray at 1230. A convoy of Humvees rolled on to I-5 by the middle of the afternoon, bound for Okanogon.

The Airmen divided into two contingents, with 12 personnel at Okanogon and six at Twisp and Winthrop.

In Okanogon, Airmen were tasked with health and wellness checks, distributing food and water to people in need between Pateros and Okanogon and keeping an eye out for hot spots. Sapuder said that the Humvees performed well in off-road conditions, and that night vision goggles enabled the group to work effectively at night.

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***“If we parked downtown in Twisp or Winthrop, 50 people would walk up in an hour and say ‘thanks for being here’ and ‘we really need this right now.’ At night, people were astonished that we would be out that late.”***

***- Capt. Michael Nelson***

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“Everyone was super, super thankful to see us,” said Staff Sgt. Joel McGill, 194th MSG. The Okanogon contingent slept in a school gym. Sapuder said they went there expecting to eat MREs, but a small group of local women volunteered to cook meals.

The Okanogon contingent also packed up supplies that had been gathered at an Army National Guard Armory for transfer to two locations. Food for livestock was then trucked to the local Fairgrounds, and the other supplies were sent to a storage facility. Sapuder estimates that Airmen loaded around 100 pallets into trucks.

For Airman 1st Class Courtney Griffins, 194th Security

Forces Squadron, the activation was her first since returning from basic military and technical training.

“They’re good people,” Griffins said of her fellow Airmen on the mission. “We worked together well.”

High temperatures made the work especially exhausting. According to McGill, temperatures reached as high as 114 degrees on Tuesday, July 29.

The Twisp contingent stayed in a tent by day and worked night shifts from 1600 until 0400, helping the Twisp and Winthrop Police Departments with community outreach.



Staff Sgt. Shane Jewell, 194th Mission Support Group, Washington Air National Guard, returns to Camp Murray from duty near wildfires in north-central Washington, July 30, 2014. (Washington National Guard photo by: Staff Sgt. Clifford Bennett, 194th WG Public Affairs, WAANG)

According to Capt. Michael Nelson, 194th Wing Anti-Terrorism Officer, “If we parked downtown in Twisp or Winthrop, 50 people would walk up in an hour and say ‘thanks for being here’ and ‘we really need this right now.’ At night, people were astonished that we would be out that late.”

“We worked well together,” said Staff Sgt. Benjamin Collins, 116th Air Support Operations Squadron, who was one of the six Airmen assigned to Twisp. “Everyone just had that mission focus.”

The team returned to Camp Murray on the afternoon of July 30th.

# WARRIOR SPIRIT

## WASHINGTON NATIONAL GUARD GETS FIRST NEW HELICOPTER IN 50 YEARS

Story by Cpt. Joseph Siemandel, JFHQ Public Affairs Office, WANG

**Spokane, Wash.** – Maj. Ray Leonard, commander of C Co. 112th Aviation Security & Support and supervisor of the Army Aviation Support Facility #2 located at Fairchild Air Force Base, smiles a little more today than he did a year ago. Last year, his company was traveling from the Inland Northwest to Joint Base Lewis-McChord every drill just to perform their duties and log flight hours.

“It was tough to recruit to this unit. When you live in Spokane and join the Guard, you want to serve in Spokane as well,” Leonard said.

That is all about to change for C Co. and for Leonard, because by the end of 2014, they will be the custodians of six brand new, UH-72A “Lakota” helicopters; the first brand new helicopters the Washington National Guard has received in over 50 years.



Washington Military Department Adjutant General Maj. Gen. Bret Daugherty addresses media and service personnel at the unveiling. (courtesy photo)

In an unveiling ceremony at the AASF #2 in May Maj. Gen. Bret Daugherty, the Adjutant General, addressed the audience with some astounding facts, and some humorous stories.

“In my 30 years as an Army aviator, I have never had the chance to see a brand new helicopter, and now we will have six of them by the end of the year,” said Daugherty. “My daughter, who has only flown a few years on active duty has never seen a helicopter older than five years old, so I finally get to brag to her a little.”

The Lakota will be replacing the Korean War era OH-58w “Kiowa”, a smaller two blade helicopter that the WANG has been phasing out over the last few years, knowing that the Lakota’s were coming to our state.

“The Kiowa was a great helicopter, but the Lakota will be more effective for the domestic response missions,” says Lt. Col. Rueben Hokanson, commander, 1-168th Aviation (GSAB) Battalion.

“This new platform gives us a chance to respond quickly, anywhere in the state at a moment’s notice.”

Stationing the Lakota’s at Fairchild is not just a move to recruit aviators from the Inland Northwest, but also a strategic move for the WANG in their response to disasters.



C Co. 122th Aviation received the first of six UH-72A helicopters at Army Aviation Support Facility #2 at Fairchild AFB, Wash. (courtesy photo)

“If you have a Cascadia Subduction Zone earthquake, it could possibly restrict some of our aviation folks from getting to their equipment and could slow down our response,” Daugherty said. “By putting them in eastern Washington, we can respond quickly and get over to western Washington within a few hours.”

The last of the six Lakota’s won’t be in Spokane until December, but for Leonard, it is time to celebrate one important fact. “Aviation is back in Spokane, and we are ready to get back to work.”

### UH-72A quick facts:

- Max. Weight: 7,903 lbs.
- Capacity: 2 pilots + 6 passengers
- Power plant: 2 Turbomeca Arriel 1E2 turboshaft engines
- Fast cruise speed: 131 kts.

# RISING TO THE OCCASION

Story and photos by:  
Sgt. 1st Class Jason Kriess,  
JFHQ Public Affairs Office  
WANG



**Arlington, Wash.**  
— Members of the Snohomish County Helicopter Rescue Team and the Snohomish County Sheriff's Office teamed up with Washington National Guardsmen to improve their skills using a hoist, mounted on a UH-60 Black Hawk helicopter, to rescue victims who may become trapped due to a natural or man-made disaster.

Two UH-60 Black Hawk helicopters and their crews, from the 66th Theater Aviation Command stationed at Joint Base Lewis-McChord, showed up at the Arlington Municipal Airport in Arlington, to train jointly with local first responders.

was set for March of this year but was interrupted by the State Route 530 landslide that claimed the lives of 43 citizens in Snohomish County.

"We've been in contact and working with the National Guard," said Quistorf. "And then during the big [State Route] 530 slide event that took place in March the Army National Guard came in with their Black Hawks. We had actually planned some joint training just prior to that slide occurring and the next thing you know we found ourselves working together."

Pulling a stranded individual out of a pile of rubble by helicopter requires tremendous concentration and accurate communication between the pilots, crew chief and medics on the ground.

"They have hoist operators and of course pilots to operate the aircraft," said Quistorf. "But the rescuers that go down, we've got trained paramedics and mountain rescue technicians that are very qualified in operating in a mountainous environment and doing rescue work. We're augmenting what the National Guard already has."

If a major disaster occurs in Washington these civilian and military crews would come together in a race against time to save lives. Joint training like this could help shave precious minutes off of that time.

"We found that during Oso that [sic] we mixed our crews with the National Guard, Coast Guard and other agencies [such as the] Seattle Fire Department," said Quistorf. "So it's really beneficial to everybody to do this training."

Putting themselves through these kinds of scenarios over and over again helps create a more cohesive team that will better help Guardsmen and first responders work as one unit when conducting real world search and rescue operations.

When Maj. Gen. Bret Daugherty, commander of the Washington National



Guard, took command in 2012 he called for Guardsmen to build better relationships and train more with local community agencies like police and fire departments as well as other first responders.

"We've been establishing this relationship for the past two years," said Bill Quistorf, Chief Pilot with the Snohomish County Sheriff's Office.

The Guard's senior leadership has been attending some of the regional aviation training which involves King, Pierce and Snohomish County as well as State Patrol, said Quistorf. Training

# What is the State Emergency Operations Center?

Story by Sgt. Peter G. Christian  
JFHQ Public Affairs Office, WANG

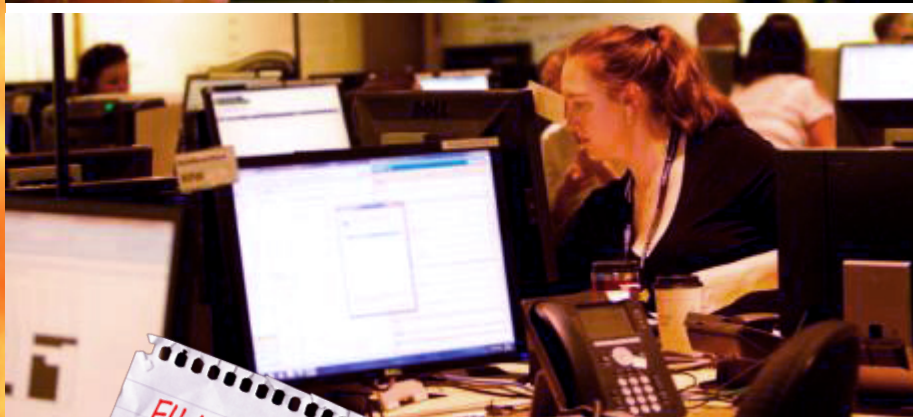
During an emergency or disaster, the State Emergency Operations Center is designated as the central location for information gathering, disaster analysis, and response coordination. When an emergency occurs, numerous agencies at the local, state, and federal level must carry out many different functions to protect life, property and our economy. The State EOC provides that centralized gathering point to maximize coordination between key officials who may not normally work together to ensure a swift and effective response.

The wildfires that swept through north-central Washington this summer were a prime example of the type of event that the EOC is designed to respond to. Nearly 375,000 acres throughout seven counties were scorched, along with hundreds of homes.

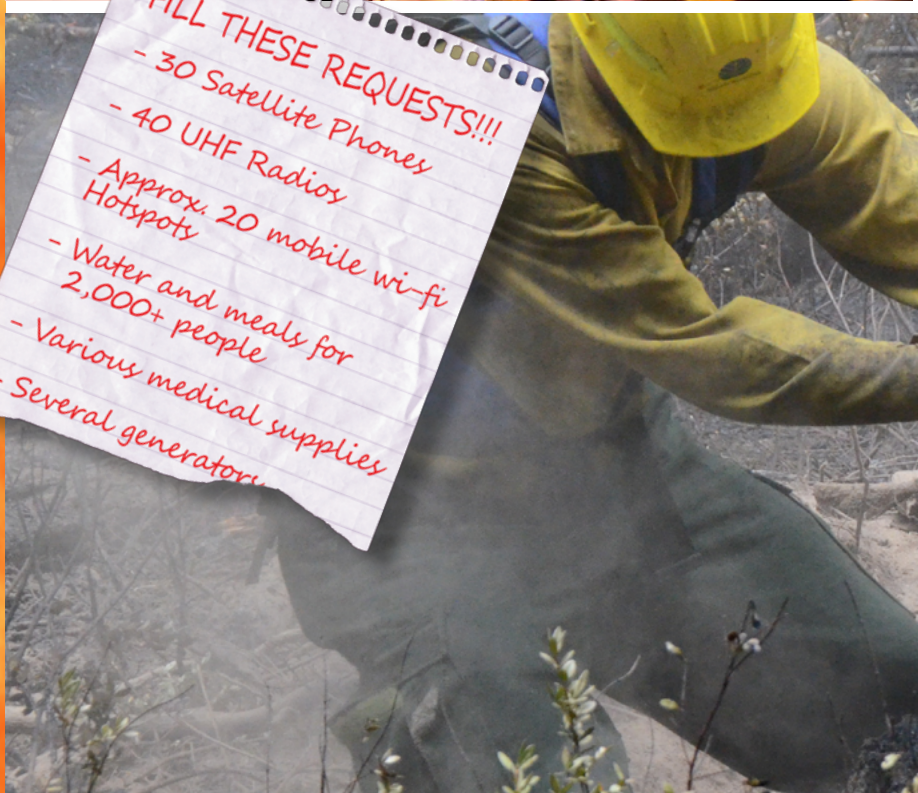
These fires were remarkable in their own right and altogether constituted the largest wildfire in recorded history for the state.

Communication, food and water, medical assistance and supplies, and restoring power were all things the EOC had to take into consideration from the communities affected, as well as the needs of the first responders.

Like the firefighters and National Guard supporting the efforts of the Washington State Department of Natural Resources, the staff of the EOC often pulled 14-16 hour shifts to stay on top of the flood of assistance requests. In all, the EOC fielded approximately 100 requests for assistance for various state, county, municipal and residential needs during the course of the wildfire support efforts.



- 
- FILL THESE REQUESTS!!!**
  - 30 Satellite Phones
  - 40 UHF Radios
  - Approx. 20 mobile wi-fi Hotspots
  - Water and meals for 2,000+ people
  - Various medical supplies
  - Several generators





# A Big Sky Thank You



Story by Cpt. Joseph Siemandel, JFHQ Public Affairs Office, WANG

**Leavenworth, Wash.** - In what has already been a disastrous fire season, there has been some good over the last month. To help with the Chiwaukum Creek fire, citizen-soldiers from the 1-189th General Support Aviation Battalion, Montana National Guard, traveled from Helena, Montana to Leavenworth with two Chinook helicopters and 17 personnel. Not only did they train on fighting wildfires, they accomplished a critical, real-world mission.

“This was the best kind of training we could ever have received,” said Major Rob Oleson, Montana National Guard. “Not only flying a Chinook in smoke, but a Chinook with 2000 gallons of water attached is a big difference.”

Montana’s willingness to reach across state lines was greatly appreciated by all that are involved with the current wildfires.

“I guarantee that if Montana needs us to come back some time and help you guys, we’re going to be there for you--and that’s what’s it’s all about being a guardsman,” said Maj. Gen. Bret Daugherty, the Adjutant General, Washington National Guard.

In total the Montana National Guard dropped over a half

million gallons of water in just twelve days of work. Their efforts were greatly appreciated by Washingtonians, and will not soon be forgotten.



A 2000 gallon “bambi bucket” is filled in a nearby lake by a Montana National Guard CH-47D Chinook in Leavenworth, Wash. The aircraft and its crew provided valuable support to the Washington Department of Natural Resources at the Mills Complex Fire. (Montana National Guard photo by 1st Lt. Sebastien Guilhemotonia)



The Adjutant General Washington National Guard Maj. Gen. Bret Daugherty shakes hands in thanks with Chief Warrant Officer Wes Keaster, of the 1-189th General Support Aviation Battalion, Montana National Guard. Seventeen Soldiers and two CH-47D Chinook helicopters from the Montana National Guard supported the wildland firefighting efforts in north-central Wash. (Washington National Guard photo by Cpt. Joseph Siemandel, JFHQ Public Affairs Officer, WANG)



A 2000 gallon “bambi bucket” is prepared near a Montana National Guard CH-47D Chinook in Leavenworth, Wash., July 22. The aircraft and its crew provided valuable support to the Washington Department of Natural Resources at the Mills Complex Fire. (Montana National Guard photo by 1st Lt. Sebastien Guilhemotonia)

# FIRESTORM 1994

## EVERGREEN

Fire Storm, 1994

Washington Army and Air National Guard



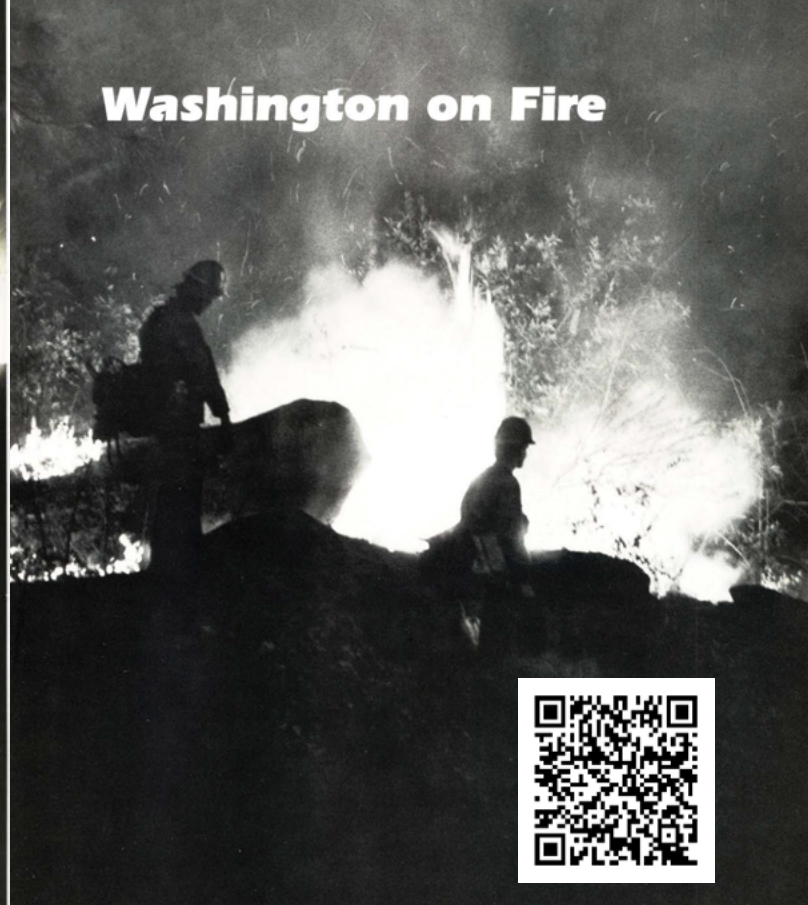
Washington on Fire



## EVERGREEN

Fire Storm, 1994 Vol.II

Washington Army and Air National Guard



### Washington on Fire



# LEARNING FROM HISTORY

## Task Force 2-146 mops-up Rat Creek Fire

By 2nd Lt. Garrett Seick, Guest Journalist

The hills were so steep they'd make a goat cry.

The only tears present this day however, are from a face and lung-full of smoke as the National Guard answered an even greater challenge on the slopes of the Hatchery Complex outside Leavenworth...

## Air Guard provides world class support

Story by Staff Sgt. David Largent

The Washington Air Guard was heavily involved in Fire Storm 1994. A total of 500 airmen worked supporting firefighters in Eastern Washington, with as many as 180 working at any one time...

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# A QUALIFIED FORCE

FRESH FROM A REAL WORLD MISSION AT A DEVASTATING LANDSLIDE THE WASHINGTON NATIONAL GUARD HOMELAND RESPONSE FORCE APPLIES LESSONS LEARNED AT THEIR TRIENNIAL FEDERAL CERTIFICATION

Story and photos by Pfc. Brianne Patterson, 122d Public Affairs Operations Center

**Camp Murray, Wash.-** More than 600 citizen-soldiers and airmen specializing in Chemical, Biological, Radiological, Nuclear and high yield Explosive threats tested their skills in June during a disaster relief training exercise in Spokane.

A highly trained, highly specialized unit, the Washington National Guard's Homeland Response Force is uniquely equipped to respond to large scale natural disasters. During the five day exercise, which included more than 200 role playing victims, citizen-soldiers and airmen were forced to quickly respond to a variety of disaster scenarios.

"This training is to give us [the feel] of a real world incident," said Staff Sgt. Jack Ford, with the 420th Chemical Battalion. "[it shows] that we can take care of the community if something does happen."

Last March, many of the same service members participating in this exercise were called to a real world disaster after a landslide washed away State Route 530 and devastated a rural community in Snohomish County. Considered one of the deadliest landslides in U.S. history, the tragedy claimed the lives of 43 residents and was the first time elements of the WANG HRF had been activated.

"There were a lot of tangible things we learned," said Col. James Rollins, HRF Region X Commander. "We had been training hard but that was really the first time we were able to put it into action."

This level of hands-on, practical training is a regular occurrence for soldiers and airmen with the HRF, who hone their skills in four key emergency response ar-

reas: search and extraction, decontamination, medical triage and site security.

For these experts, not one minute of training and preparation goes to waste. They treat every response like a real-world disaster and every role playing victim like their own family member.

That mentality is what makes this week-long exercise seemingly no different than any other.

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***"We had been training hard but that was really the first time we were able to put it into action."***  
**- Col. James Rollins**

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"These are soldiers and airmen who come from communities in Washington," said Rollins. "They put on their suits and sweat all day long in order to best learn how to do their job so that in the [event] that we would have to respond to a disaster they know how to respectfully handle people in dire need."

In order to maintain their certification, the HRF must comply with strict standards set by the National Guard Bureau and the Joint Interagency Training and Education Center. Over the course of the week, training and observation experts from JITEC evaluated guardsmen on time efficiency, safety, communication, and performance from setup to completion.

"They have two hours and thirty minutes to get their entire operation site set up and certified for operations," said Lt.Col. Mel Anderson, Deputy Director of the Utah HRF and the exercise director of



Soldiers from the 790th Chemical Company training during the Homeland Response Force Region X exercise in Spokane, Wash. on June 12, 2014. (Photo by Pvt. Brianne Patterson, 122d PAOC)

the WANG HRF evaluation. "Our objective is for them to process 225 ambulatory and 75 non-ambulatory patients."

While this evaluation only covers Washington state assets, the HRF Region X extends beyond state boundaries as a partnership between Alaska, Washington, Idaho and Oregon.

Guardsmen who participated in the evaluation are confident they will be recertified and will continue to be the ones called upon if a disaster occurs.

"What we do allows us to really interact with the community and gives us a sense of being, especially with the recent incidents in the news like Oso," said Spc. James Wohlman, with the 790th Chemical Company.

Results of the evaluation will go to the Adjutant General, Maj. Gen. Bret Daugherty, who will review and determine if the WANG HRF is qualified for recertification. In the meantime, soldiers and airmen of this unit will continue to diligently train and stand ready to respond in the event of a local or federal disaster.

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# RAVEN'S CHALLENGE

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## Explosives Disposal Technicians from Across the World Gather in Elma, Wash. for Real World Training

*Story by Sgt. Bryce E. Wright, 122d Public Affairs Operations Center, WAARNG*

**Elma, Wash.** – Soldiers of the Washington Army National Guard's 319th Explosive Ordnance Disposal Company, 741st Ordnance Battalion, simulated a bomb blast investigation June 24, 2014 at Satsop Regional Educational and Training Center in Elma, as part of Raven's Challenge VIII.

"Raven's Challenge is an exercise that is taking the National Guard and active duty EOD forces from within the Army as a whole and mingling them with civilian law enforcement or other nations' EOD forces so we can practice interoperability," said Staff Sgt. Maxwell H. Smith, an EOD Technician with the 319th Explosive Ordnance Disposal Company, 741st Ordnance Battalion.

"This started out eight years ago as an exercise when the Washington National Guard got EOD units," said Command Sgt. Maj. Bob J. Parr (retired), a volunteer with Raven's Challenge. "The public safety agencies came together with the regular army to provide training not only for themselves but for the National Guard as well."

Raven's Challenge bases its training events on realistic situations.

"The scenario is that here in the states a militant group has decided to start a bombing campaign to facilitate overthrowing the government," said Smith.

The post-blast analysis training scenario placed members of the 319th EOD Company and the Portland Metro Explosive Disposal Unit in a training environment complete with a bombed-out Jeep representing the detonated vehicle-borne improvised explosive device (VBIED) and several other suspicious items in the area.

"The idea being a device has gone off and there's a secondary device aimed at first responders," said Parr.

"When we went downrange, we found a secondary device," said Smith, "This VBIED wasn't detonated to hit a target. It was detonated to draw first responders in."

The combined teams of soldiers and police officers used a robot to further explore suspicious areas and discover the simulated device, and then used demolition charges to render the device

safe before collecting evidence for possible prosecution.

The teams had to overcome differences in their operating methods as a crucial part of completing the task. Smith said this was the first scenario he and his team had worked with the Portland Metro bomb squad.

"We do things at combat speed. If we're there at 30 minutes we're there too long because they're dialing in rockets and

mortars and things to hit us," Smith said. "The police have to build a case. We're concerned about saving fellow soldiers' lives down the road."

Scenarios combining military EOD assets and public safety bomb squads are not unrealistic.

"In the Boston Marathon bombing they were shut down for a couple of days and military EOD was called in. They needed professionals to save as many lives as they could," Smith said. "When something detonates, it leaves its mark on the world and it's part of our job to go down and assess what happened. We need to be able to collect the evidence. We need to be able to give our level of expertise."

Despite the challenges and the risks, EOD soldiers enjoy a unique satisfaction with their duties.

"Some people like explosions, some people like being the hero. Personally, I like problem solving," Smith said. "I've been in the guard for 11 years. I've only had one job, it's EOD, and I've never looked back."



(Above) Staff Sgt. Frederick Fries, a team leader with the 319th Explosive Ordnance Disposal Company, rigs a pulley system to remove a potential bomb threat from a bus during a training scenario as part of Raven's Challenge VIII, June 24, 2014 at the Satsop Regional Education and Training Center. Raven's Challenge is an interoperability training event focused on live fire scenarios, cross-training military EOD and Public Safety Bomb Squads (PSBS) with integration of new bomb disposal technologies. (Washington National Guard photo by: Sgt. Lisa Laughlin, 122d Public Affairs Operations Center)

# TRAINING MASTERS

Story by Sgt. 1st Class Jason Kriess, JFHQ Public Affairs Office, WANG

**JBLM, Wash.** - Soon, members of the Washington Army National Guard will have a fitness certification course conveniently located in their back yard.

Starting in fiscal year 2015 the 205th Training Regiment, headquartered on Camp Murray, will offer the Phase II Master Fitness Trainer resident course open to all members of the active Army, Reserve and National Guard at Yakima Training Center.

The purpose of a Master Fitness Trainer (MFT) is to be the advisor to the commander and to develop a physical training program based on the doctrine lined out in Field Manual 7-22. The MFT is a subject matter expert on all things related to phys-

ical training.

The Army recently overhauled its physical training guidelines that were covered in the now outdated FM 21-20. In its place is the new physical readiness training (PRT) which is a comprehensive collection of science-based facts, principles and methods for training Soldiers and units for full-spectrum operations.

“The intent of the Master Fitness Trainers Course is to provide units with subject matter experts on proper execution of PRT and proper exercise prescription based on a unit’s METL (mission essential task list),” said Sgt. 1st Class Daniel Massey, MFT Team Leader. “MFT’s should manage Army Regulation 600-9 violators, they should manage the reconditioning of profiled Soldiers to integrate them back into the formation.”

Unit level MFT’s will also supervise



(Above) Students (in grey) from the New York National Guard pose for a portrait during the Master Fitness class. (Left) Sgt. 1st Class William Greenlee a truck driver with 1-205th RTI, WANG balances himself during quadruplex repetitions in the August heat at Joint Base Lewis-McChord, Wash. (photo by Sgt. 1st Class Jason Kriess, JFHQ Public Affairs Office, WANG)

Army PRT is based on the principle “Train as you will fight;” therefore, the primary focus of PRT goes far beyond preparation for the APFT. Soldiers will improve their physical readiness capabilities through PRT.

The step toward introduction of MFT’s within the Army ranks is a cost saving one. PRT is designed to minimize injuries within the units by using everyday functional movements based off of warrior tasks and battle drills thus reducing the number of injuries which cost time and money.

“This is functional for the Soldier,” Massey said, “This is designed to help Soldiers with warrior tasks and battle drills like litter carries, buddy carries, and negotiating obstacles.”

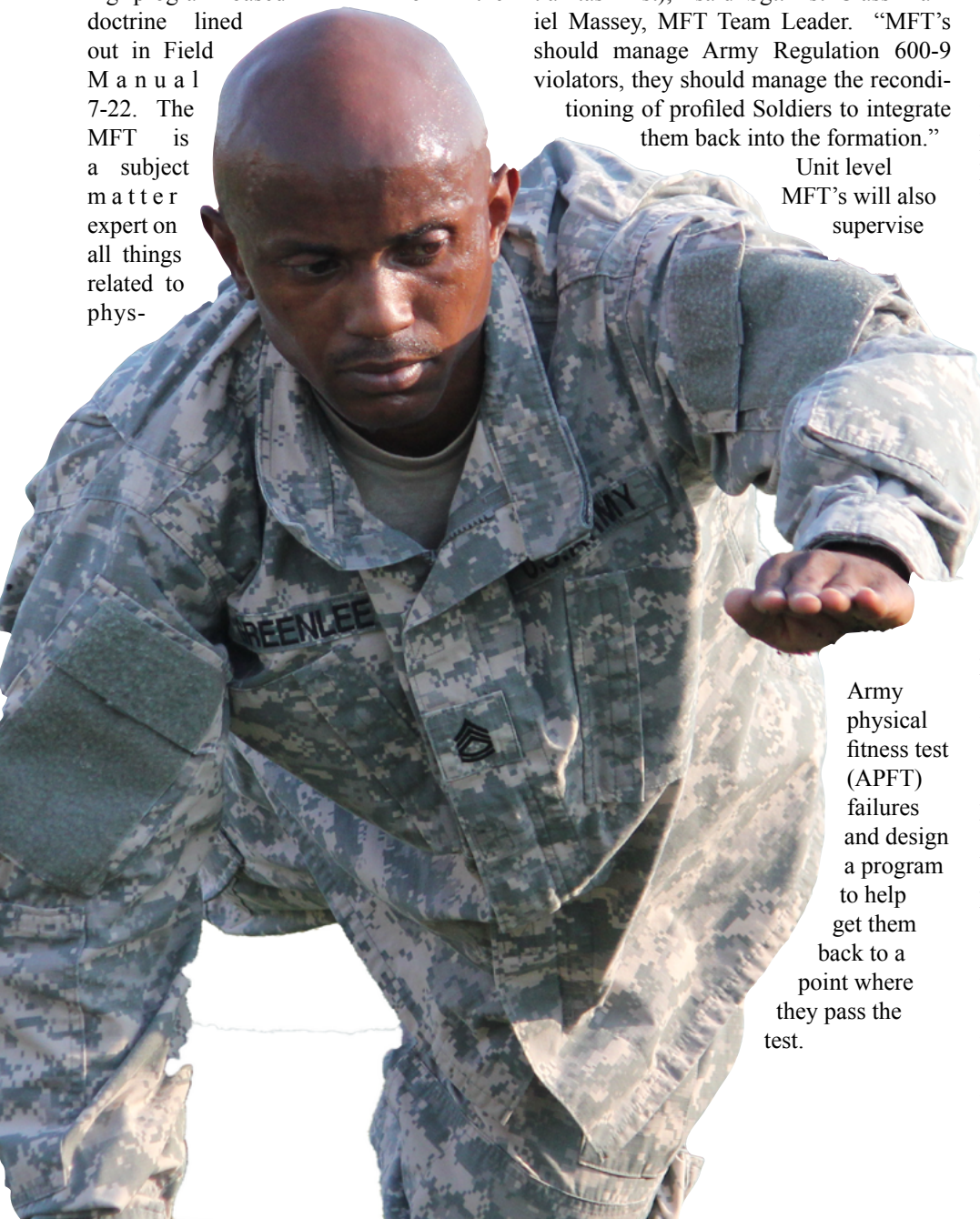
The course will be divided into two phases: Phase I is a distance learning phase conducted over a two week period. Students will learn about exercise science, training principles and kinesiology, the study of the mechanics of body movement.

Students must have Phase I completed prior to attending the Phase II resident portion at Yakima Training Center and be able to pass the APFT with at least 80 points in each event.

Soldiers interested in becoming a Master Fitness Trainer are encouraged to talk to their unit readiness NCO.

See also the following link for more information: [http://www.army.mil/standto/archive\\_2014-08-25/?s\\_cid=standto](http://www.army.mil/standto/archive_2014-08-25/?s_cid=standto)

Army physical fitness test (APFT) failures and design a program to help get them back to a point where they pass the test.



# UPDAR

## CONTEST ENTRIES

### UNIT PUBLIC AFFAIRS REPRESENTATIVE



(photo courtesy Sgt. Dave Goohue)



(photo courtesy Staff Sgt. Stephen Ryan)



(photo courtesy Cpt. Laura Martinez)



(photo courtesy 1st Lt. David Vail)



(Photo courtesy of Maj. David Stilli)



(photo courtesy Staff Sgt. Stephen Ryan)



(Photo by Sgt. 1st Class Fausto Crespo)



(Photo by CW2 Kevin Crisp)



(photo courtesy 1st Lt. Ryan York)

In the last issue, we put out a call on the last page asking for all Washington National Guardsmen to send us their best photographs of Soldiers and Airmen doing what we do. After some difficult consideration, the two winners were selected. 1st place was **Sgt. 1st Class Adolf Pinlac** of D Co., 1-168th GSAB, 66th TAC and his image is featured on the cover of this issue. 2nd place went to **Sgt. 1st Class Bryan Watson**, of B Co. 156th Information Operations Battalion and his image is on the back cover. We also wanted to share some of the other images worth mentioning. If you have images you'd like to have featured in the Evergreen Magazine, send them to: [pao@washingtonguard.org](mailto:pao@washingtonguard.org)

# DIVERSITY



## SPECIAL OBSERVANCES:

Hispanic Heritage Month 15 SEP-15 OCT

This year's theme is:  
"A legacy of history, a present of action  
and a future of success."

Hispanic Heritage Month dates back to 1968, when President Lyndon Johnson created Hispanic Heritage Week. In 1988, President Ronald Reagan expanded the observation to cover a 30 day period. It was enacted into law on August 17, 1988. The observation starts each year on September 15, the anniversary of independence of five Latin American countries: Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. Mexico, Chile and Belize also celebrate their independence days during this period and Columbus Day (Día de la Raza) is October 12.

Share in this special annual tribute by learning about and celebrating the generations of Hispanic Americans who have positively influenced and enriched our nation and society.

### Notable Hispanic-Americans:

**Cesar Chavez:** Labor Leader who formed the National Farm Workers Association

**Ellen Ochoa:** First Hispanic Female Astronaut

**Oscar De La Hoya:** Boxer and 1992 Olympic Gold Medalist, World title holder in 4 weight classes

**Carlos Santana:** Musician and 8 time Grammy Award winner.

**Luis Walter Alvarez:** Nobel Prize winning physicist who helped design a radar system.

To learn more, visit: [www.hispanicheritagemonth.org](http://www.hispanicheritagemonth.org)



**For questions about  
Equal Employment  
Opportunities, contact:**

CSM Abby West  
SEEM  
253-512-8864  
[abby.e.west.mil@mail.mil](mailto:abby.e.west.mil@mail.mil)

## MATTERS

### *Conflict Resolution Strategies*

*From the Defense Equal Opportunity Management Institute  
student guide*

As an employee, Soldier or leader, you will be involved with human relation issues on a day-to-day basis. Your treatment of human relation issues will have a direct impact on the individuals or groups within your organization, which will affect mission readiness. It is important to know how to interact among people and respond to their conflicts, communications, perceptions, socialization, cooperative efforts, and group relationships. All these interactions influence productivity and overall effectiveness.

Understanding how our beliefs, attitudes and behaviors can cause interpersonal conflict in our personal and work related lives is vital to being able to be more open to new ideas or different ways of seeing, thinking or feeling about those conflicts. Though conflict is unavoidable and ubiquitous within the human relations arena, resolving conflicts can be very stressful and frustrating. Committing to and following some or all the strategies below can help ensure that conflict resolution is as positive, fair, and equitable as possible.

When dealing with conflict here are a few strategies that can help with resolution:

- 1) Keep interactions respectful, and avoid put-downs, name calling or interruptions. This helps with preventing conflict escalation. Stay on topic and look for solutions that meet everyone's needs.
- 2) Maintain emotional control even when feeling angry. Vent or redirect emotions to avoid yelling or other intimidating behaviors. This helps provide a safe environment for resolving differences.
- 3) Show a willingness to understand. If others feel understood and acknowledged, they are more likely to collaborate when problem solving. This requires one to focus on what the other person is saying versus waiting for a turn to respond.
- 4) Communicate honestly and openly. Holding back on what the real concerns are will only delay or complicate the resolution of differences.
- 5) Express concerns in a constructive manner.

***"Peace is not absence of conflict, it is the  
ability to handle conflict by peaceful mean"***  
***~ Ronald Reagan***

# D-DAY: 70 YEARS

Story by Senior Airman Casey Mesler

**Normandy, France** - Members of the Washington Air National Guard's 116th Air Support Operations Squadron conducted an airborne operation over Normandy, France, parachuting into the legendary Iron Mike Drop Zone, June 8th. The 116th ASOS, a Tactical Air Control Party unit based out of Camp Murray, Wash., was in Normandy to support the 70th anniversary of the D-Day invasion. The 116th ASOS are Joint Terminal Attack Controllers and their mission is to deploy alongside ground troops and call in close air strikes onto enemy forces.

The 116th ASOS JTACs are the professional descendants of the brave forward air controllers, pathfinders and forward observers who leapt out of airplanes over St. Mere Eglise and stormed ashore at Utah and Omaha beaches on June 6th, 1944. They were there to commemorate the largest airborne and amphibious assault in world history, and the event that broke Hitler's stranglehold on Europe.

For the week leading up to the anniversary, these JTACs were charged with directing safe and timely flyovers of American aircraft for commemorative ceremonies across the Normandy Peninsula. Using portable radios in coordination with officials on the ground, the JTACs controlled multiple aircraft that would overfly the various events at low altitudes and at key moments. Three independent 116th teams supported multiple events dedicated to honoring the bravery and sacrifice of the 'Greatest Generation' each day, travelling from the legendary battlefields of Carentan, St. Lo and Merville all the way up through St. Mere Eglise, Guetteville, Picauville, Utah and Omaha beaches, the American Cemetery and Ponte du Hoc.

At hundreds of sites across western France, people gathered to honor the young warriors from America, who had come to end Hitler's tyrannical reign. The outpouring of local support for the current generation of American servicemen and women was incredibly poignant. The JTACs divided into three teams and moved every day to new locations. During their travels, they met people from across Europe who wanted to say 'thank you America.'

Thousands of Europeans dressed in period WWII American military uniforms from the 82nd and 101st Airborne Infantry, could be seen during the week, and hundreds of them in painstakingly restored military vehicles of the era. From an American perspective, it was a welcome and humbling surprise.

"To me, meeting a German father, brother and son trio dressed in authentic 82nd Airborne WWII period uniforms on Utah Beach was incredible," said Master Sgt. Rob Lee. "When I asked them what were they doing here, the eldest replied that his father had been a German soldier in the war and had fought at Utah Beach and been captured later in the war."

It turned out that the man's father, a German soldier fighting against the Allies, had told him to never forget the freedom that America brought to Germany, freeing them from Hitler's rule. This elderly German had himself grown up in East Germany after the war and had experienced tyranny under communism.

The man told Lee that to him, this meant freedom. The 70th anniversary of D-Day allowed his family to celebrate and thank America, because it symbolized freedom that perhaps only those who have experienced tyranny might truly appreciate. The JTACs had many experiences like this one during their week-long support of the D-Day 70th anniversary.

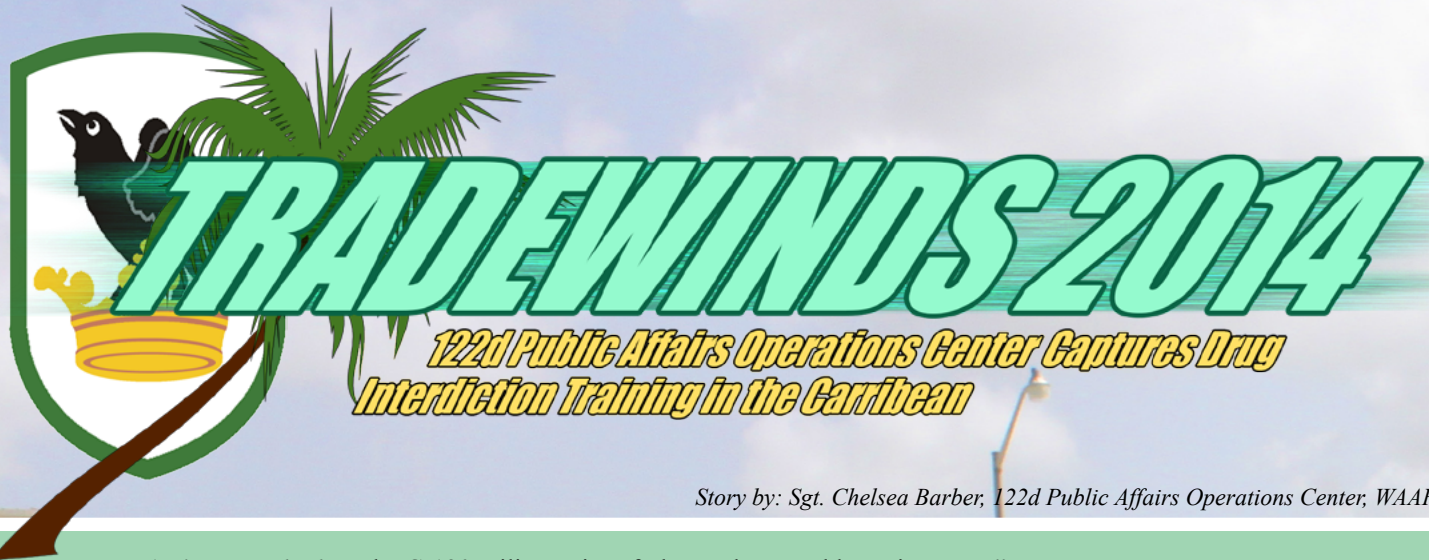
One of the payoffs for their hard work was the opportunity to take part in the historic 70th anniversary jump onto the Iron Mike Drop Zone. More than 650 military parachutists from across the globe joined the commemorative airborne drop making it an extraordinary event that included members of the French, German, Dutch, and Italian militaries, along with United States Army Rangers and members of the 82nd and 101st Airborne. They were greeted by screams of "We love you!" and "U-S-A!" by what authorities estimated were 100,000 visitors packing the French countryside around the bridge and drop zone, recounted by films and television series such as *The Longest Day* and *Band of Brothers*.

Departing the Iron Mike DZ with their spent parachutes and reserves on their backs, they were greeted by immense, cheering throngs of French children and families who had surrounded the valley wanting to see and shake hands with the military parachutists.

"It was an incredible week of service in honor of the veterans and the people of France," said Lt. Col. Raed Gyekis, who led the 116th Normandy JTAC team. "It was truly humbling for our Guardsmen to walk in the footsteps of these giants who changed the fate of the free world, and to see the level of gratitude that still exists in France for America."

Immediately following the airborne drop, the French conducted a moving ceremony at the Iron Mike Memorial, witnessed by tens-of-thousands in the hot June sun, to give thanks to the few remaining survivors of the battles and remember what they did, and what they stood for. The veterans of that historic chapter in world history were treated like royalty, and the ceremony helped cap off an amazing, emotional week for the citizen-airmen of the WAANG.

"It really brought it all home for me," said Tech. Sgt. Tavis Delaney of the 116th ASOS. "To see what America meant to these people who can't even speak our language. It made me realize what those guys did for me, for all of us, and what I represent, as a citizen-soldier of America, when I put this uniform on."



## *122d Public Affairs Operations Center Captures Drug Interdiction Training in the Caribbean*

Story by: Sgt. Chelsea Barber, 122d Public Affairs Operations Center, WAARNG

**Antigua-Barbuda** - The C-130 military aircraft descended into the tropical June heat of the tiny island nation of Antigua and Barbuda. While the aircraft taxied to its resting point, a group of international bystanders watched in awe, taking photos with their cell phones. While others stood and observed, Sgt. 1st Class Jason Kriess ran as fast as he could toward the plane, video camera and tripod in tow.

“When it comes to plane landings, you only have one chance to get the shot, it’s not going to take off and land again just for you,” said Kriess, a broadcast journalist with the Washington Army National Guard 141st Military History Detachment out of Camp Murray, Wash. “I had to make sure that I was in the right position with enough time to set up.”

Kriess and three members of the 122d Public Affairs Operations Center also out of Camp Murray, were in Antigua and Barbuda as part of the first phase of Tradewinds 2014, a U.S. Southern Command joint and combined exercise designed to enhance the military and law enforcement capabilities of Caribbean partner nations in maritime security and disaster response training.

The public affairs team covered a variety of U.S. Coast Guard training of maritime police and military from 11 Caribbean partner nations.

“We were responsible for telling the story of all the Tradewinds exercise participants and we did an exceptional job in telling that story,” said Maj. Angela Halvorson, executive officer of the 122d PAOC who served as deputy public affairs officer for Phase I of Tradewinds. “We can train in our offices on Camp Murray and attend annual trainings in support of local missions, but it isn’t until we participate in large scale international exercises like Tradewinds that we see firsthand how our training applies to real

world requirements.”

While the soldiers gained a unique international experience, they were also afforded the opportunity to work more closely with members of other military branches, especially the six-person public affairs staff.

“We had one Coast Guard member, a gentleman from the Coast Guard Auxiliary and a Navy chief also assigned to our PA cell,” Halvorson said. “It was a great experience for the National Guard Soldiers to work so closely with the other services and to need to rely on each other for mission accomplishment. We quickly integrated the cell within the first few hours of arriving in-country. Everyone stepped up and gave 110%, supporting each other and working together to accomplish the mission.”

The public affairs team conducted video interviews with members of partner nations, took photos and wrote stories that were released to media outlets via the Defense Video and Imagery Distribution System. Exercise participants were able to view their photos and videos on the web within a day.

Sgt. Daniel Lybeck, a public affairs sergeant with the 122d PAOC said he believes providing journalistic coverage as a Soldier helps to show other military members that media coverage provides positive exposure.

“Participating nations need to see that public exposure is a good thing, and since we wear the uniform it helps them to trust us,” said Lybeck. “Once they see that a few pictures or interviews can highlight what they do in a positive light, then more service members will want to take part.”

The outcome of the media exposure provides positive imagery to the public at-large, showing the interoperability among partner nations. Lybeck believes these images garner public



A team from the 122d Public Affairs Operations Center, WAARNG covered events at the SOUTHCOM Tradewinds 2014 exercise in Antigua-Barbuda. (Washington National Guard Photos by: (background) Maj. Angela Halvorson, (left to right) Sgt. Daniel Lybeck, Maj. Angela Halvorson (center two images) and Sgt. Chelsea Barber, 122d Public Affairs Operations Center, WAARNG)

support.

“With the public and partner nations on our side, our capacity to fight natural disasters, drug smuggling or other conflicts increases,” Lybeck said.

As each training event took place, a public affairs team member moved around and through the action. They photographed underwater divers, steadied video equipment while riding fast boats and interviewed members of partner nations’ militaries during downtime. At the end of the six-day exercise a combined total of 131 videos, photographs and stories, were uploaded to DVIDS for distribution to media outlets around the world, telling the story of Tradewinds 2014 in video and print.

Kriess said that it is the responsibility of public affairs teams in the military to tell the stories of the good work Washington’s military members do for communities across the state and around the world.

“The Soldiers and Airmen of the Washington National Guard are all members of the public trust, we have a responsibility to serve the citizens of Washington,” Kriess said. “It’s vitally important to let the public know what we’re doing and why it’s significant.”





## HOME GROWN CANDIDATES, HOME GROWN COURSE

Story by Cpt. Kerri Turner, 122d Public Affairs Operations Center, and Maj. Christina Martin JFHQ PA

**JBLM, Wash.** - For more than 40 years, the Washington National Guard Officer Candidate School (OCS) relied on Joint Base Lewis-McChord's Leadership Development and Assessment Course, which is the centerpiece of the U.S. Army's Reserve Officers' Training Corps program to help with the training of the National Guard's future second lieutenants. However this year, LDAC moved to Fort Knox, Kentucky, forcing the WANG to build its own program to satisfy the third phase of OCS, for nearly 200 officer candidates from 17 states.

ROTC was the lead for the majority of training exercises and also provided all the support to meet the course requirements. "Since we were able to leverage our program with the support of LDAC, we knew the challenges to support and conduct OCS Phase III would be significant," said Lt. Col. Yong Lee, 2d Bn, 205th Leadership Regiment, and OCS commander.

With less than eight months from the commencement of 2014 OCS Phase III, the Guard was notified that LDAC would not be returning in the summer of 2014.



Officer Candidates from OCS Phase III, Class 57 board a CH-47 Chinook helicopter at Joint Base Lewis-McChord, Wash. for static load training July 20. (Washington National Guard photo by Sgt. Christopher Marinsik, 122d Public Affairs Operations Center, WAARNG)

That did not stop the 205th from planning, ordering required supplies and meeting training requirements to accomplish the mission.

"The loss was significant [because] in prior years, the 205th simply plugged our program into the logistical and administrative footprint that was already resourced and on the ground at JBLM from the US Army Cadet Command," explained Col. Jeffrey Sabatine, 205th Regiment commander. "In order to be successful this year, [we were] responsible for coordinating everything; medical support, communications, range facilities, opposition forces, exercise evaluators, platoon trainers, safety, protocol, all aspects of life support, airlift, really everything required to meet the TRADOC standards of excellence for running this kind of program."

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***"We had unprecedented support from every command in the Washington National Guard, the participating states, Joint Base Lewis-McChord directorates and First Corps leadership,"***

***- Col. Jeffrey Sabatine***

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According to Col. Sabatine, Battalion and Regimental planners went over the plan dozens of times, constantly tweaking it and making it better.

"We had unprecedented support from every command in the Washington

National Guard, the participating states, Joint Base Lewis-McChord directorates and First Corps leadership," said Col. Sabatine. "This was an incredible opportunity for us to pull together as a military community and resource an essential mission that has national impact; we could not have pulled this off without that level of support we received from everyone."

The National Guard states that participants believe it is paramount to continue the program at Joint Base Lewis-McChord.

"Fort Knox really wasn't an option for us because that became exclusively an ROTC event," adds Col. Sabatine. "We could however, have fallen in on a similar program that was being conducted in Alabama, but there were several advantages to keeping OCS Phase III program here in Washington."

One of the main reasons was that it allowed the individual states' programs flexibility in the dates they had to commit their candidates. Another reason was cost, since for some states, coming to the Pacific Northwest was financially a better decision. But maybe the biggest factor was access to JBLM and the facilities.

"Some of the best facilities in the Army's inventory are here at JBLM for training future officers," said Sabatine. "LDAC was at JBLM for decades because of the quality of the training they received here. The urban operations facility at Leschi Town is tactically and technically superior to anything. The ranges and training lanes are some of the best in the Army. State-of-the-art medical care is on-site. We have local aircraft support, housing and classroom facilities that can't be matched and the quality of the instructors and cadre here is second to none."

# Take Your Daughters and Sons to Work

Story by Sgt. Peter G. Christian  
JFHQ Public Affairs Office, WANG

**Camp Murray, Wash.** - For more than 21 years the Take Our Daughters And Sons To Work Foundation has fostered the creation of enriched educational experiences for our nation's daughters and sons. In support of this national initiative, the Washington Military Department hosted 22 children between the ages of eight and 18 on April 26th at Camp Murray to give them an idea of what someone they know and love does at work and to help them think about what kinds of careers are out there.

Exposing them to what a parent or mentor in their lives does during the work day is important, but showing them the value of their education, helping them discover the power and possibilities associated with a balanced work and family life, and providing them an opportunity to share how they envision the future and begin steps toward their end goals in a hands-on and interactive environment is key to their achieving success.

The children learned about search and rescue, emergency preparedness, and how to be discovered should they become lost. They also toured the Emergency Operations Center and learned that it was built on rollers for stability in an earthquake. The day was rounded off with a nature walk, and an exciting tour through WANG history at the Washington National Guard Museum.



Should be Robert Ezelle, director of the Emergency Management Division, Washington Military Department talks to participants of the "Take your Daughters and Sons to Work Day" at Camp Murray on April 26th. In support of this national initiative, the Washington Military Department hosted the ages of eight and 18 on April 26th at Camp Murray to give them an idea of what someone they know and love does at work and to help them think about what kinds of careers are out there. (Washington Military Department photo by Gary Lott, Joint Service Support, WANG)

## State Guard - ESGR

Story by Kenneth Schwarm  
Employer Support of the Guard and Reserve Office

**Issaquah, Wash.** During the recent Washington National Guard and State Guard activations, supporting the State Route 530 Landslide operations, a unique opportunity was presented to the Washington Committee, Employer Support of the Guard and Reserve. Part of ESGR's award series is the Patriot Award. An employee serving in the National Guard or Reserve (or spouse) may nominate individual supervisors and bosses for support provided directly to the service member. However, this doesn't include State Guard personnel. So, when Corporal Ray Orien, Washington State Guard, asked about recognizing his employer, Costco – especially his manager, Marney Valdez, ESGR wanted to figure out a way to make this happen.

With the assistance of Dennis Newell, an ESGR Volunteer, and recently retired Costco Corporate HQ manager, ESGR was able to fashion a special Certificate of Appreciation. The certificate was co-signed by Colonel Terry LaRue, Commander, WSG and Robert DeWald, State Chair, WA ESGR. Corporal Ray Orien, Newell and others at Costco were able to set the time, date and place to award Valdez, all without Valdez's knowledge.

"This is something that I and many Veterans and service members alike, see as a very special and important aspect of what we do," said Orien. "Thanking those around us for supporting



Members of the Washington State Guard pose with employees of the Costco HQ as they receive an ESGR award. (Courtesy photo)

our ability to serve." Although he was not activated, he continued to pursue the idea of recognizing Costco.

"Costco Team, I want to express my appreciation for standing behind Ray while he engages in WSG duties that serve us all," said ESGR Volunteer Dennis Newell. "Yesterday was a great and well deserved tribute to Marney and Ray and I'm proud to have played a part in recognizing them both."

# ENERGY EFFICIENCY

Story by Dianna Gethers, Energy/Recycling Manager  
Washington Military Department

**Camp Murray, Wash.** - Opening your utility bill every month can be daunting. Especially in the winter when your furnace runs on overdrive, spinning your meter around and around until the amount you owe is in the hundreds of dollars.

That's pennies to the Washington Military Department – which spends \$750,000 a year to keep the heat and lights on in its buildings and armories across Washington state.

With budgets continually declining, the Military Department's Energy Department is doing its part to find innovative solutions to reduce our energy consumption, and ultimately our department's utility bill every year.

The WMD Energy Department just learned it's the recipient of nearly \$200,000 in energy efficiency grants through a competitive grant program offered by the state Department of Commerce. Commerce offered the grants to help pay for projects that help reduce energy consumption and increase the use of solar power. The immediate goal of the program is to stimulate Wash-

ington's economy by creating jobs. The long-term goal is to reduce energy costs at the state's public education facilities, local agencies and state agencies.

Over the next several months, the Energy Department will use the grant money to improve lighting at the Spokane, Pasco, Montesano and Kent Readiness Centers, as well as in Building 34 on Camp Murray. The grant will also help us locate additional inefficiencies at the Spokane Readiness Center, and implement measures to conserve water at both the Spokane and Kent Readiness Centers.

The maximum energy efficiency grant amount any entity can receive is \$500,000. Over the next several months, the Energy Department will be working on another grant application to obtain the remaining \$300,000 the agency can qualify for.

In his book, *The Audacity of Hope: Thoughts on Reclaiming the American Dream*, President Obama wrote, "A nation that can't control its energy sources can't control its future." The Energy Department values this statement – and is working tirelessly to ensure our department has complete control moving forward.

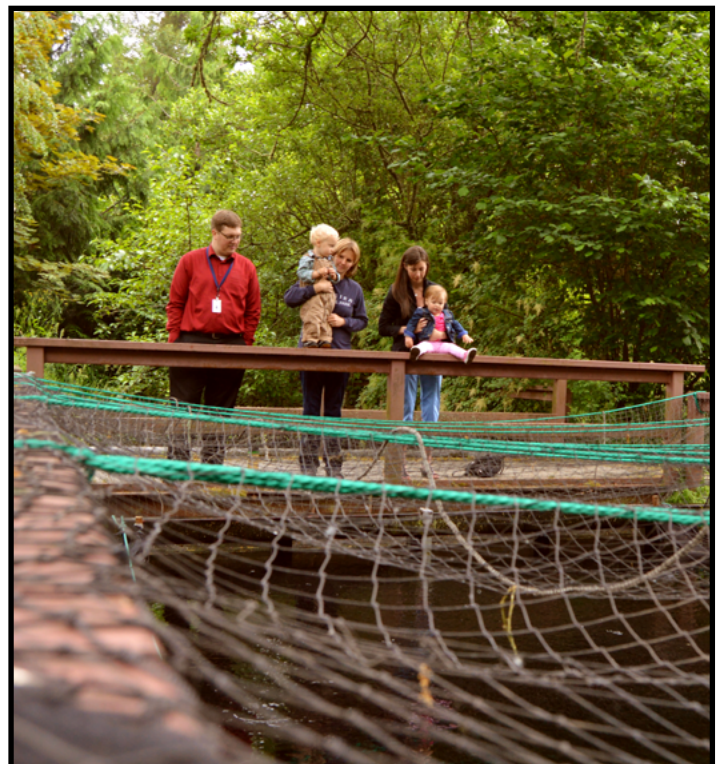
## Feeding the Fish

Story by Sgt. Peter G. Christian, Tom Skjervold  
and Rowena Valencia-Gica

**Camp Murray, Wash.** - On June 19th employees from the Washington Military Department gathered at the footbridge adjacent to building 34 at Camp Murray to help with this year's Kokanee Salmon Fry by feeding thousands of hungry baby fish. The Washington Department of Fish and Wildlife introduces Kokanee into American Lake each year since 2002, at a rate of about 400,000 fry per year, as part of the Kokanee Broodstock Development Program for American Lake.

Thanks to a cooperative program between the WDFW and WMD, those fish spend time in the only surface water, (Murray Creek) feeding American Lake. The hope is that this effort will improve the success of the planted fish, and promote the reestablishment of a naturally reproducing stock. In the cooperative program, the WMD provides a safe and secure location for the fisheries' enhancement activities to occur. The WDFW is responsible for the project design, HPA permits, and installation of net pens to contain the fry, and a temporary trap used to collect returning Kokanee broodstock.

When the fish are properly acclimated and have reached sufficient size, the fish are either moved out to American Lake where they are released from a barge, or released directly into the creek.



Washington Military Department employees and their families watch young fish eat after feeding them in a protected concrete holding area during the Kokanee Fish Fry at Camp Murray, June 19th. (Washington National Guard photo by: Sgt. Peter Christian, JFHQ Public Affairs Office, WANG)

# STAYING LEAN

## The Adjutant General of the Washington National Guard Maj. Gen. Bret Daugherty visits Washington Military Department offices to gauge their level of Lean success.

Story by Pfc. Brianne Patterson, JFHQ Public Affairs Office, WANG

**Camp Murray, Wash.** - Holding to his promise, Maj. Gen. Bret D. Daugherty is visiting divisions within the Washington Military Department to ensure employees are utilizing Lean principles.

“With the ongoing budget challenges – we are continually asked to do more with less,” Daugherty said. “I truly believe that using proven Lean principles will ensure we continue to meet our strategic goals, effectively serve our customers, and allow you to approach your work with more ease and less stress. I have enjoyed talking with our employees about the benefits of Lean, and will continue to make these visits.”



Daugherty paid a visit to the Construction Facilities Management Office in building 36 at Camp Murray on Aug. 6th to observe their Lean board and learn how the office has adapted to the new changes.

***“It boosts our morale, it boosts our trust in the higher-ups knowing that they’re concerned about what we’re doing here.”***

***- Rowena Valencia-Gica***

Daugherty spoke with Rowena Valencia-Gica about their board and how using the Lean process has benefited her office.

“In terms of cost effectiveness it has helped us,” said Valencia-Gica, an environmental specialist. “Now we are focusing our efforts more on what is the most cost effective way of doing

things.”

The huddle aspect of the Lean process has also proven to be beneficial to departments, allowing employees to tackle problems or issues that arise as a team.

“The huddle has helped us,” said Valencia-Gica. “Had we not been doing our morning huddle everyday then we would not be able to address all the immediate concerns about the project.”

Every Lean board is different, however they all have the same basic principles. Each board has areas such as projects in progress, projects completed, goals and future or potential projects.

“General Daugherty is very interested in our Lean board, especially the new ideas section” said Valencia-Gica. “So I’m encouraging everyone to come up with new ideas and make sure it’s posted there [on the board].”

Daugherty will continue to visit divisions throughout the Washington Military Department to observe the various Lean boards and see the benefits of implementing the Lean process.

“That’s excellent,” said Valencia-Gica. “It boosts our morale, it boosts our trust in the higher-ups knowing that they’re concerned about what we’re doing here.”



(Above) A Lean board is displayed in the front room of the Construction and Facility Management Office to implement the Lean process, put in place by Major General Daugherty, the state’s Adjutant General, in the everyday work life of the Washington Military Department. The board, which is commonly known as the Donkey Kong board, was created by Cpt. Cydni McCormick, an environmental protection specialist in the environmental office. (Above-left) Maj. Gen. Daugherty visits the Construction and Facility Management Office to view a few of the Lean boards thorough out the office on Aug. 06, 2014. Rowena Valencia-Gica, an Environmental Specialist, shows the Environmental Office’s board to Daugherty and explains how her office uses the board daily to keep track of project progress. (photo by Pfc. Brianne Patterson, JFHQ Public Affairs Office, WANG)

# HEROES OF TWELVE

## VISITS CAMP MURRAY

Story by Sgt. Peter Christian and Gary Lott  
 Photos by Sgt. Peter Christian and Maj. Christina Martin



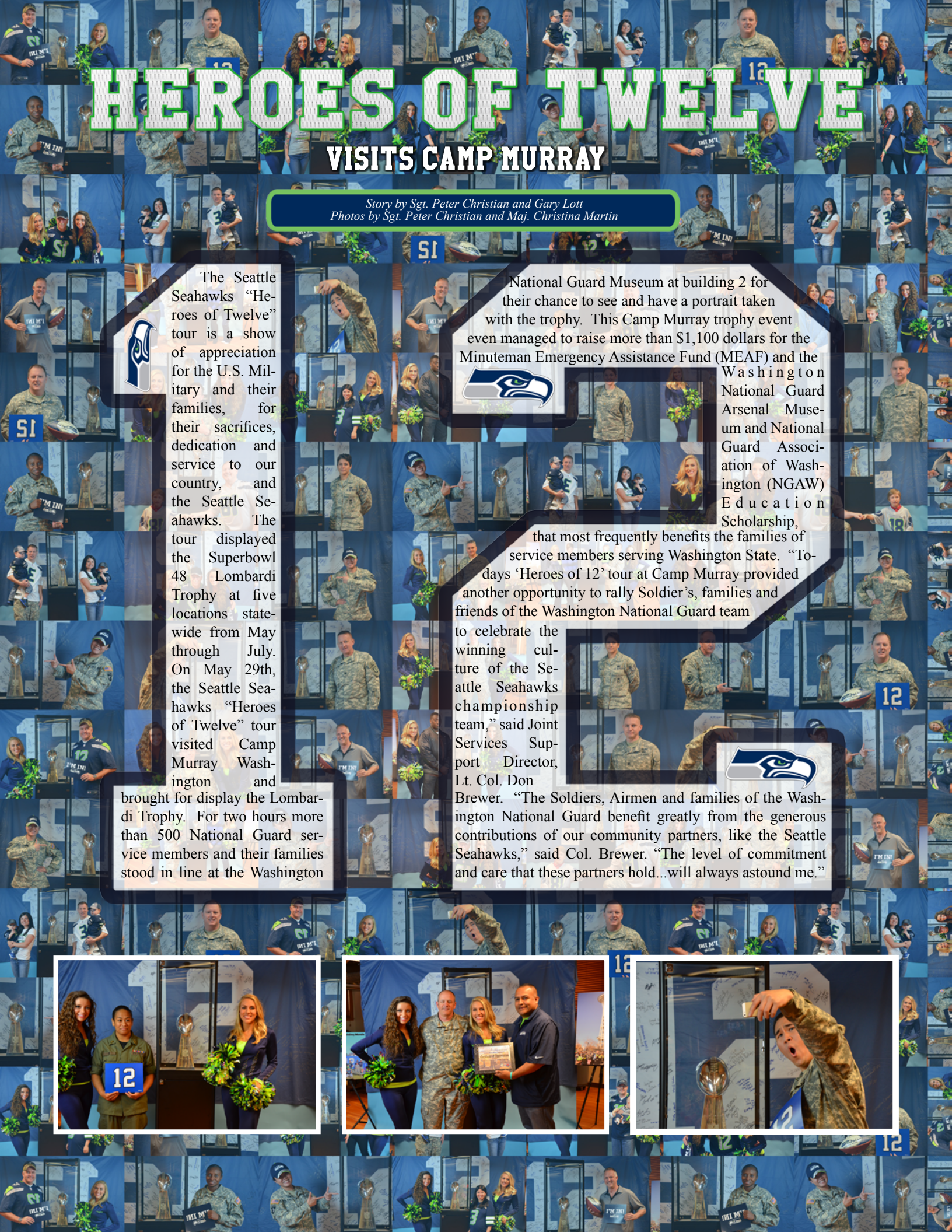
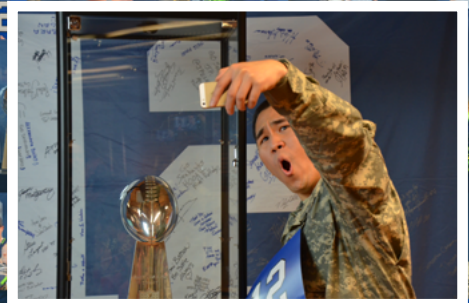
The Seattle Seahawks “Heroes of Twelve” tour is a show of appreciation for the U.S. Military and their families, for their sacrifices, dedication and service to our country, and the Seattle Seahawks. The tour displayed the Superbowl 48 Lombardi Trophy at five locations statewide from May through July. On May 29th, the Seattle Seahawks “Heroes of Twelve” tour visited Camp Murray Washington and

brought for display the Lombardi Trophy. For two hours more than 500 National Guard service members and their families stood in line at the Washington

National Guard Museum at building 2 for their chance to see and have a portrait taken with the trophy. This Camp Murray trophy event even managed to raise more than \$1,100 dollars for the Minuteman Emergency Assistance Fund (MEAF) and the Washington National Guard Arsenal Museum and National Guard Association of Washington (NGAW) Education Scholarship,

that most frequently benefits the families of service members serving Washington State. “Today’s ‘Heroes of 12’ tour at Camp Murray provided another opportunity to rally Soldier’s, families and friends of the Washington National Guard team

to celebrate the winning culture of the Seattle Seahawks championship team,” said Joint Services Support Director, Lt. Col. Don Brewer. “The Soldiers, Airmen and families of the Washington National Guard benefit greatly from the generous contributions of our community partners, like the Seattle Seahawks,” said Col. Brewer. “The level of commitment and care that these partners hold...will always astound me.”



# FINAL THOUGHTS

## TAKE PRIDE

Fellow Washington Military Department guardsmen and employees,

What does pride mean to you?

In recruiting command, I am asked regularly if there still is pride in public service – my response is always a resounding “YES” and cite the esprit de corps I witness on a daily basis right here in our Washington National Guard.

It is that sense of teamwork that we take pride in. The uniforms we wear, the way we speak to one another, the way we love our state and country that creates that pride. However, being a member of our military department and National Guard is more than uniforms, slogans and people that are resilient; as Patriots, Soldiers/Airmen and Neighbors, and state employees we have additional reasons to be proud of our service.

We should be proud of the character we show as well as our courage and valor that are on display when serving our state and nation during federal deployments and state emergencies. It is the willingness to sacrifice personal gain while safeguarding our state and nation. It is the time we invest in building strong teams, it's the earnings we may have sacrificed by choosing this path and for us in uniform, it is the willingness to sacrifice our own lives to defend our state and nation.

For our guardsmen, you became a part of something much larger than yourself when you joined our organization. You ought to be proud of the service you provided everyday to your state and nation, no matter if you serve daily or just one weekend a month and during annual training.

For our state employees, your dedication to public service is uncanny. Some of you have spent your entire career assisting others. You ought to be proud about the years of service you have given and the job you continue to do today bettering our communities in Washington.

You ought to be proud because you have voluntarily answered the call to serve. You ought to be proud that the work you do every day is making a difference for our youth. Public service is one of the great avenues of work, and it is the pride you have in your work that makes this the best organization to work for.

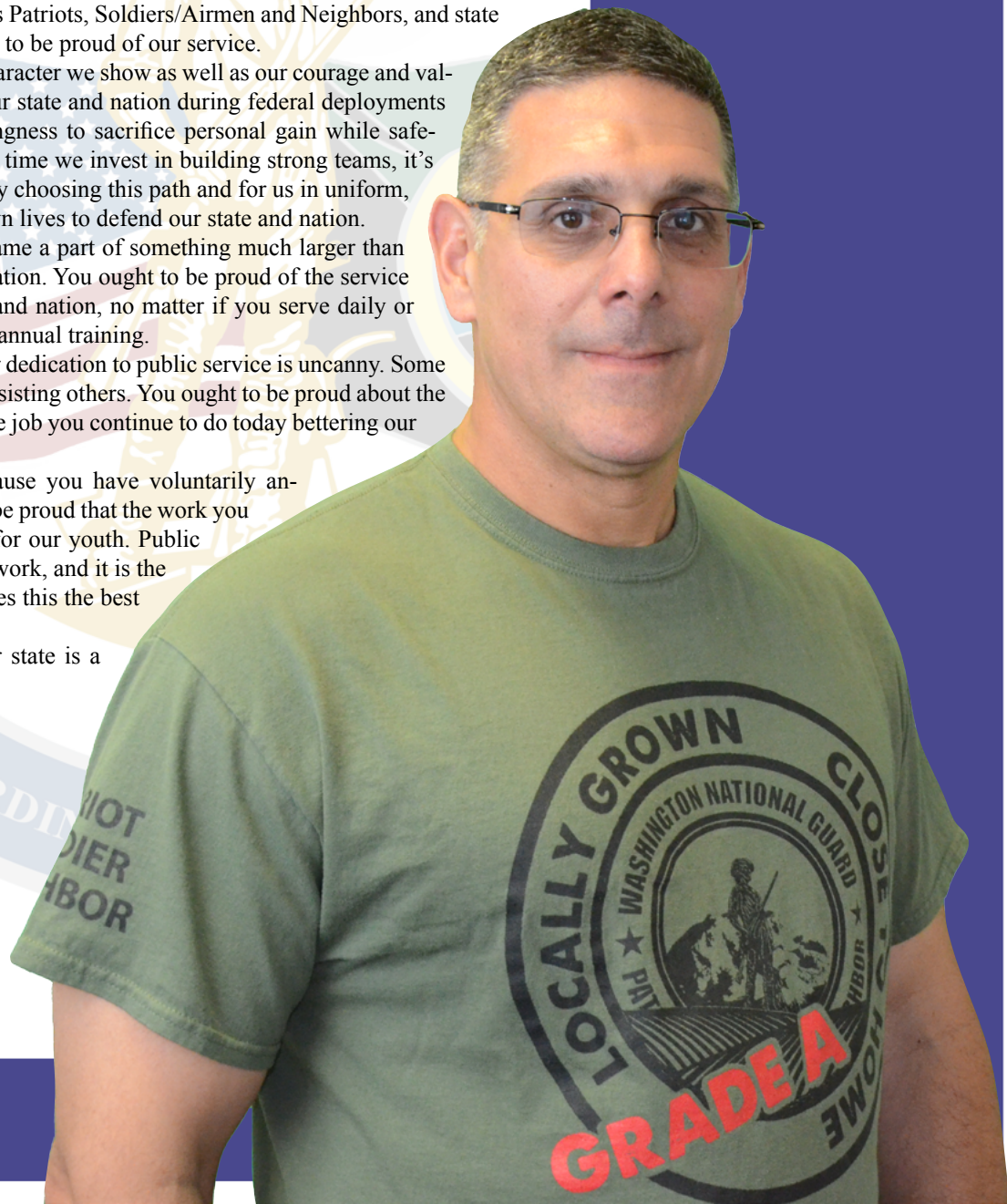
It is because of you that our state is a better place.

**Lt. Col. Anthony Lieggi**  
*Commander*  
*Recruiting & Retention Battalion*  
*Washington National Guard*

*Lieutenant Colonel*  
*Anthony Lieggi*

**Commander**  
**Recruiting &**  
**Retention**  
**Battalion**

**Washington National Guard**



# NORTHWEST MOTORSPORT



**PHOTO CONTEST  
WINNER!**

A group of Guardsmen from B. Co 156th Information Operations Battalion spent lunch on July 12th with Seattle Mariners Hall of Famer Jay Buhner. (Photo courtesy of SFC Bryan Watson)

## The Arsenal wants YOU!

*The Washington National Guard Museum at Building 2 "The Arsenal" located at Camp Murray is looking for volunteers. We are welcoming any skillset! Carpenters, model builders, automotive repair, computers, etc...*



**If you would like to volunteer at "The Arsenal" call 253-512-7834 or stop by. Volunteer staff are on hand in the Museum on Wednesdays from 9 am to 3 pm**