

SOCCER Game, B-1





Vol. 26, No. 31

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August 14, 1997

3/3 Ceremony

There will be a change of command ceremony at Dewey Square for the commanding officer of the 3rd Battalion, 3d Marine Regiment, Friday,

JEMS Fair

Employment Joint Management System is sponsoring its 11th annual Job Fair. Open to all branches of service, this year's JEMS Job Fair '97 is Sept. 23 at the Pearl Harbor Palms from 9:30 a.m. to 2 p.m. Over 50 Hawaii companies and government agencies will be recruiting for positions within their organizations. Job fair '97 provides an excellent opportunity to explore a number of employment options: talk to personnel representatives from many companies and government agencies, leave your resumes with "hiring people" and make appointments for interviews — all in one location. Job Fair '97 is open to military family members, active duty personnel, retired military personnel and their family members. There is no charge for admission, but you must present your military ID card before entering. To register or for more information, call 257-3135, extension 353.

Sergeants Course

Sergeants Course 7-97 invites all to its graduation, today at 10:30 a.m. at the Enlisted Club. Attire is uniform of the day.

Blood Drive

Marine Corps Base Hawaii will be conducting a blood drive Aug. 27 between 7:30 a.m. and noon at the Bachelor Officer's Quarters conference room, building 503. Your support in this effort will give the gift of life to someone in need. For more information, call SSgt. Hastings or SSgt. Ruiz at 257-1340/3305 from 7:30 a.m. to 4:30 p.m.

BMC Appointments

The MCB Hawaii Branch Medical Clinic currently operates a central appointments telephone service system for your convenience. With the exception of the Military Sickcall Department, all appointments for care at the BMC should be made by dialing 257-2131/2155 Monday through Friday, 7:15 a.m. to 4 p.m. Weekend appointments for TRI-CARE Prime patients only can be made by calling 257-1699.

Questions

Ask the Commanding General via E-Mail:

BICE@CG@MCBH KBAY

Internet:

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The Base Action Committee: BAC@CG@MCBH KBAY

Domestic violence help numbers

Military shelter 533-7125 257-7114 MPD 521-4555 Crisis Hotline 832-5282 Child Protective Serv.

Good report from MCRD

Topic

Lack of sexual misconduct a good sign, says investigating official.

> Rudolph Bell Carolina Morning News

PARRIS ISLAND, S.C. -The head of a congressional panel investigating sexual misconduct in the military visited the Marine Corps Recruit Depot here and liked what he saw.

"The Marines have a very good report to give to America," said Rep. Steve Buyer, R-Indiana. "They've got a success story here they should be telling."

Buyer held focus groups with recruits, drill instructors and other personnel before leaving for the Army's Fort Jackson near Columbia. where he was scheduled for a

similar fact-finding visit.

The congressman said Parris Island does not have the kind of sexual misconduct problems he investigated during a December visit to the Army's Aberdeen Proving Ground. A drill sergeant at that Maryland base was convicted of 18 counts of rape involving six female trainees.

"The problems that existed with the Army in regard to drill sergeants abusing their position... are almost nonexistent at Parris Island," Buyer

He praised the Marines' emphasis on core values, warrior spirit and their cultivation of a mentor relationship between drill instructors and recruits.

Buyer offered no opinion on the Marines' gender-segregated basic training, unique in the armed services. But he said females at Parris Island told him they like the policy.

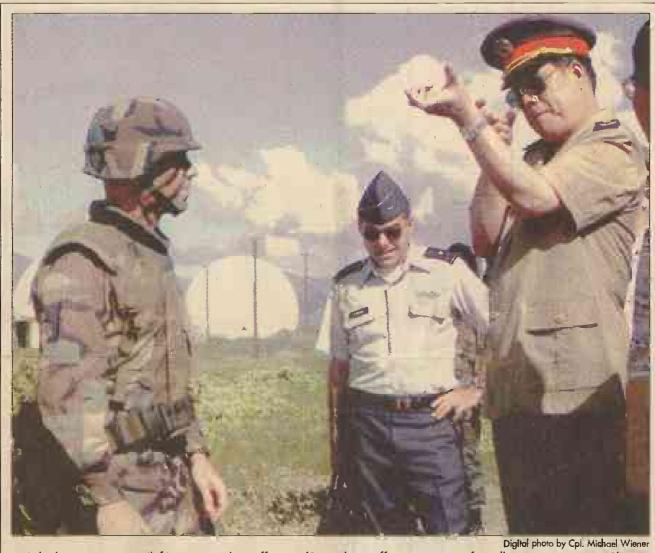
"The message they left with

me was We want segregated training. Don't change us," Buyer said.

Buyer, chairman of a subcommittee with jurisdiction over military personnel, has created a separate panel to study mixed-gender training. A Pentagon panel headed by former Republican senator Nancy Kassebaum Baker is also studying the issue.

The panel investigating sex-

See MISCONDUCT, A-2



LtCol. Thomas Gregory (left), commanding officer, 1/3, explains effective ranges of small arms weapons to Chinese Gen. Fu Quanyou (right), chief af the General Staff for the People's Liberation Army.

Chinese general visits MCBH

Cpl. Michael Wiener Combat Correspondent

The Chief of the General Staff for the Chinese People's Liberation Army stopped here Monday morning as part of his tour of military installations in Hawaii.

Gen. Fu Quanyou, China's equivalent to the U.S.'s chairman of the Joint Chiefs of Staff,

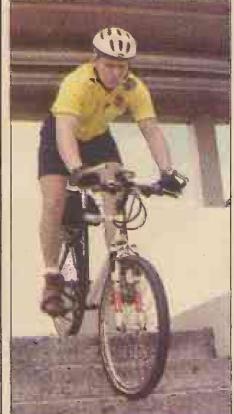
made the stop to get a better attack to Fu. The offensive understanding of the Marine Corps mission, equipment, organization and strategy while strengthening diplomatic relations between the U.S. and

From the MACS-2 site, LtCol. Thomas E. Gregory, commanding officer, 1st Battalion, 3d Marine Regiment, narrated a demonstration of an aggressive

began with the insertion of 4th Force Reconnaissance by parachute, followed closely by 1/3

The Marines quickly maneuvered to the objective with a heavy volume of fire support. When the enemy was suppressed, technicians disarmed a

See VISIT, A-2



Digital phota by Cpl. Michael Wiener Cpl. Phillip Kirkland, bike-patrol afficer, displays the agility needed when negatiating abstacles.

MPD Bike Patrol undergoes changes

Cpl. Michael Wiener Combat Correspondent

The Military Police Department's bike patrol is in the process of making several changes, including downsiz-

Although the patrol will be smaller, the changes will benefit the base community, according to Cpl. Phillip Kirkland, Bike Patrol non-commissioned officer in charge.

"We're trying to get a Bike Patrol section in MPD with five Marines in the section," Kirkland said. "The section will come directly under my control."

Kirkland's command, Marines will ride the streets from 4 p.m. until midnight, working two 12hour days and then taking two days off, adding an element to base safety other MPs in vehicles can't.

"The advantage of having a bike day," said Kirkland. "Rain or shine."

patrol is being out with the people," Cpl. Randy Davis, MPD Bike Patrol. "We're out intermingling with the kids a lot, and the parents like that."

"We are a lot more approachable than MPs in patrol cars - people are less intimidated by us," Kirkland said. The Bike Patrol began rolling around base September 1994 for added community safety, Kirkland explained. The program was an instant success, but time has made the bike patrol just another part of daily life.

"In the beginning — when we first started, it was very popular, but then the novelty wore off," said Kirkland.

Training and completion of the new section should take place within the next few weeks, and then the Marines will be out pedaling the streets again.

"We'll have Marines out there every

Defining Sailors' required uniforms

Cpl. Steven Williams Combat Corresponden

The Marine Corps Uniform Board met recently and defined FMF Sailors' uniform requirements in order to reduce confusion among Navy units attached to Fleet Marine Force units.

New requirements were formed and old requirements were reiterated to ensure Navy personnel are consistent with the Marine units they're stationed with and regulations are less confusing, according to Senior Chief Petty Officer Hal L. Christenson, command senior chief for III Marine Expeditionary Forces, Hawaii.

"Before, Sailors under FMF had the option to follow different guidelines than those with Navy units," said Christenson. "Now, all Sailors with FMF will follow Marine Corps standards in chapters three and eight. This will simplify it for everyone and end a lot of confusion."

Sailors are still only required to maintain uniform items they've been issued, according to Christenson. Also, wearing uniform components such as khaki belts, brass buckles and undershirts, will remain an option along with starching.

However, under revised regulations, FMF Sailors must wear shiny metal breast insignia vice black, and females can't wear earrings or carry handbags while wearing the utility uniform.

Also, Sailors won't be able to wear the eagle, globe and anchor on their covers, according to Christenson. Officers will wear black metal cap devices, chief petty officers will wear miniature black cap devices at the position where the Marine Corps emblem is normally stenciled and E-6s and below will wear no devices on their covers.

"Another change was collar devices for chiefs," said Christenson. used to have a lot of chiefs walking around with several different sizes of collar devices. Now, E-7s and above have to wear devices measuring one inch by five-eighths of an inch."

Sailors ranking E-6 and below will wear their insignia of grade on their right collars and their insignia of rate, such as hospitalmen or dental technicians, on the left.

Approved by the Commandant of the Marine Corps Charles C. Krulak, and applicable to reserve units as well, these changes and reiterations were outlined in ALMAR 232/97.

"This will definitely make FMF Sailors consistent with their Marine counterparts," said Christenson. "As a result, both the Marines' and Sailors' lives will be a whole lot easi-

Manana Housing celebrates night out

Cpi. Melinda Weathers MarForPac Public Affairs

MARINE FORCES PACIFIC, Camp H.M. Smith, Hawaii - Marine Corps Base Hawaii's Manana Housing Complex recently participated in its own sort of "dog and pony" show to promote community awareness and safety, and had some fun in the process.

Military policemen from Camp Smith, personnel from the Camp Smith Stables and the military dog handlers from Kaneohe Bay gathered Aug. 5 with Pearl City residents to celebrate their 15th annual National Night Out, a nationwide crime prevention education pro-

"Annually, the event calls for residents to leave their outdoor lights on in a show of community support," said Cpl. James M. Dickershaid, crime prevention chief/physical security, MP Department, MCB Hawaii, "This event allows us to build trust with the residents, combining fun, a festive atmosphere and all the while, educating all."

The night included an array of activities to entertain and inform residents, especially children. A military police dog demonstration was given by Marines from Kaneohe Bay. Following the demo, children were allowed to have closer interaction with the dogs and their

Military policemen from Camp Smith performed several bicycle patrol demos and gave a bicycle safety class. The demos included some high-speed apprehensions from the twowheeled patrollers, which brought plenty of

applause from the crowd.

One important aspect of the night was the children's identification card booth, according to Dickershaid.

"We're taking photos of the children for IDs which will help parent and police find the youngsters in the event they are missing or lost," he said.

Additionally, McGruff, the nationally renowned crime dog, was on hand promoting safety.

In all, the event was a great success, said Marcia M. Quinn, vice-president of the Manana Housing Association.

"This night allows us to be aware of our neighbors," she said. "We came together to learn how to fight crime and keep our commu-



Digital photo by Cpl. Melinda Weathers Elizabeth Coulter gets her face painted during activities at the 15th Annual National Night Out at Manana Housing.

MISCONDUCT

From A-1

VISIT

From A-1

ual misconduct has already visited Army and Navy training schools and plans to inspect Air Force training as well. The subcommittee will likely hold final hearings and issue a final report in the fall, said Buyer spokesman Mike

House speaker Newt Gingrich, R-Georgia, and Rep. Floyd Spence, R-South Carolina, asked Buyer to investigate sexual misconduct last fall after the Army scandal broke, Copher said. Spence, chairman of the House National Security Committee, represents Beaufort County.

simulated missile site, and engineers attached demo-

litions. As the Marines pulled back to be extracted,

As the Marines assaulted the objective, Gregory

explained to Fu the attack would happen at night,

increasing the surprise and confusion element of the

After the attack, Fu moved to Westfield, where a

static display had been set up. Marines from Combat

the charges blew and the missiles were disabled.

Parris Island spokesman, Maj. Rick Long said the base had fewer than 10 reports of sexual harassment in fiscal year 1996, none of which involved sexual contact.

Only one incident involved a drill instructor harassing a recruit, Long said. The male instructor mimicked the speaking tones of a female recruit and was ordered to undergo counseling.

Parris Island's definition of sexual harassment is broader than definitions used by other Marine bases and DoD, Long said.

"In the recruit training environment, we think we should be more sensitive to (sexual harassment)," he said.

Parris Island, which hosts about 18,000 recruits annually, is the Marine Corps' only boot camp for women.

Service Support Group 3 set up a water purification unit and informed Fu of its capabilities. Two Assault Amphibious Vehicles, a 155mm howitzer from 1/12, a

CH-53D Sea Stallion and weapons organic to an infantry battalion were also displayed for the gener-

Before leaving base, Fu and BGen. David F. Bice, commanding general, MCB Hawaii, exchanged gifts as a sign of friendship and mutual appreciation.

Fu also attended briefs to discuss future training exchanges between the U.S. military and the People's Republic of China. His stop in Hawaii concluded his trip to the U.S.



Digital photo by LCpl. Barry Proctor

JMSDF visit

Col. William Peoples (center), deputy commander, MCB Hawaii, shows Capt. Hiroaki Yamamoto (right), Japanese Maritime Self Defense Force, points of interest here from Kansas Tower. Yamamoto visited the base while en route to Japan.

Hawaii

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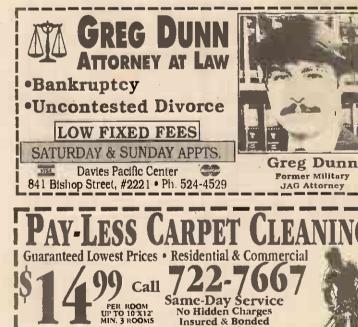
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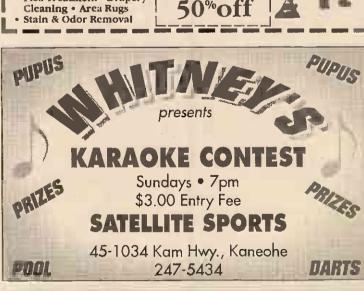
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15th MEU(SOC) hits Jordanian desert

Capt. Douglas Powell 15th MEU(SOC) Public Affairs

AL QUATRANA, Jordan - Marines and sailors of 15th Marine Unit Expeditionary Operations (Special Capable) and soldiers from the Royal Jordanian Army recently completed Infinite Moonlight '97, a bilateral combined arms training exercise, here.

The month-long exercise was 15th MEU(SOC)'s first during its six-month deployment from Camp Pendleton, Calif., and allowed supporting arms elements to be involved in a large-scale operation.

"I believe this exercise was crucial to the MEU's readiness," operational said LCpl. Eric W. Barnhill, Company F, Battalion Landing Team 2/1. "This exercise gave the infantry companies a chance to conduct lots of is also the largest Marine tion. Aljboor is the com-



Digital photo by Cpl, Heath Taylor

Marines from A Company, 1st LAR Battalion, 15th MEU(SOC) rush through the Jordanian desert.

worked together toward one mission."

Infinite Moonlight was also intended to provide. increased military training opportunities and enhance the relationship between U.S. and Royal Jordanian forces. Infinite Moonlight

live fire while the platoons Corps exercise in the Middle East, and it allowed the Marines and Jordanian soldiers a chance to make

"I will not forget this day and my good friend Capt. Johnson," said Capt. All Eilcan Aljboor, after a platoon live-fire demonstra-

manding officer of 1st Company, Prince Abdula Hussein Battalion, Royal Jordanian Army, and he worked side-by-side for most of the exercise with Marine Capt. Gary S. Johnson, commanding officer, Co. F.

Infinite Moonlight began with joint training at the I want," he said. Overall,

the infantry companies from BLT 2/1 began conducting independent . training designed to work the companies as a whole. These evolution included a helicopter assault course and a mechanized assault course.

The most challenging moment for some Marines included the live-fire evolution.

"The mechanized assault course was tough," said LCpl. Shawn D. Bailey, a rifleman with Co. F. "It takes a lot of concentration to handle the confusion during a live fire attack. Doing it at night takes a lot of energy."

Johnson said Infinite Moonlight afforded him the opportunity to conduct a lot of training he would not get to do in the States. "As a company commander, I've got the time and ammunition to conduct the training

small unit level. From there, 15th MEU(SOC) fired nearly 7,000 rounds of ammunition, from bullets to artillery.

> The exercise culminated with a combined live-fire attack where Jordanian tanks and infantry attacked simulated positions side-by-side with Marines. Ambassador' Wesley Egan, U.S. ambassador to Jordan, said Infinite Moonlight "recognizes (Jordanian and U.S.) efforts to building a strong military to military relationship." The robust exercise has contributed significantly to U.S.-Jordan relations, he added.

> A highlight of the exercise was a visit from King Hussein, Jordan's head of state. During his brief stop at the 15th MEU(SOC) base camp, Hussein told Marines the Jordanian exercise will help strengthen Jordanian military.



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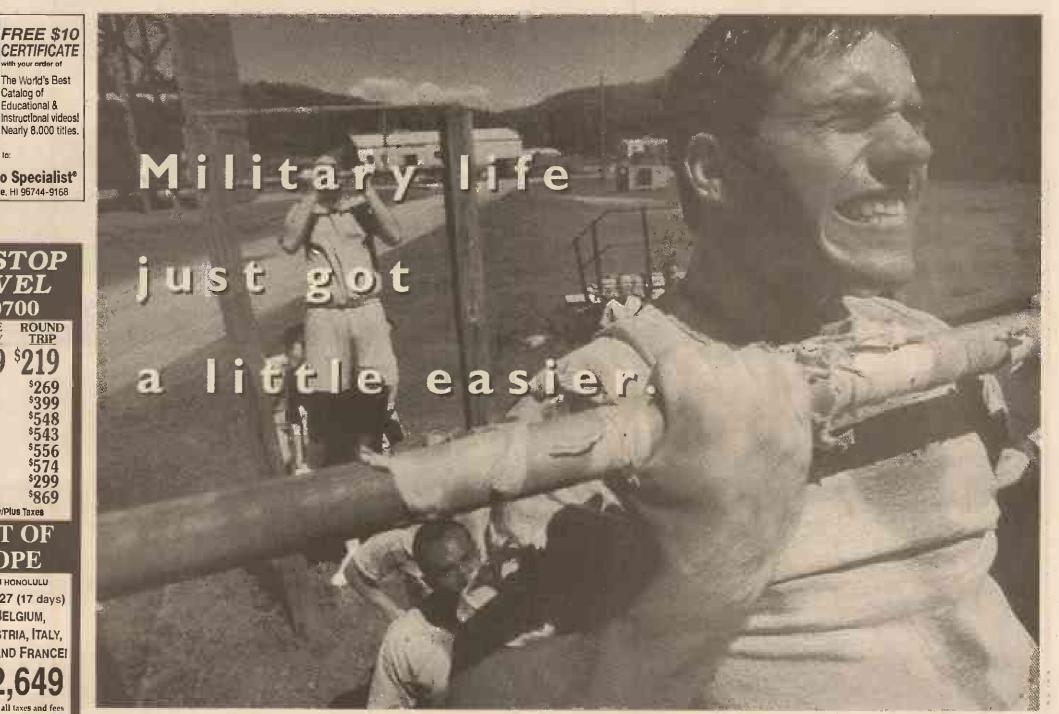
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Steer clear of stingers 1997 Joint Military Wives Conference just around corner

Capt. Kelth Haden Medical Corps, USN

Sharp, burning pain across a swimmer's body usually indicates a close encounter with the tentacles of a stinging jellyfish or man-of-war. These sea creatures use their stinging units, called nematocysts, like coiled harpoons to inject toxins into prey (small fish), predators (bigger fish, turtles) and sometimes people, by accident.

Characteristic red bumps and lines may turn into painful welts which can last for several days. Muscle spasms may develop in an affected extremity. With extensive or repeated exposure,

systemic symptoms may occur, such as nausea, vomiting, headache, dizziness, muscle weakness and irregular heart rate. Runny nose, excessive tearing and painful breathing may also be present.

Do's and don'ts for immediate treatment include:

- Rinse wounded area with salt water.
- · Remove any remaining tentacles by lifting them off with a stick, fork or gloved hand.
- of vinegar and meat tenderizer to break down the protein in the venom (isopropyl/rubbing alcohol or urine may also be used).

• Apply ice or a cold tion - look for ingredipack to the affected skin and get out of the sun. Don't

- Do not use fresh water - it causes more stings. -
- Do not handle the tentacles - you'll get stung
- Do not scrub the areas more venom will be
- Do not apply the meat tenderizer for more than 10 minutes in young children. Their skin is more sensitive.

Tentacles which remain on the skin should be • Quickly apply a paste removed. As available, try shaving cream and a razor, mud and the dull side or a knife or a credit card. Dry the skin and apply a sunburn penetra-

ents like lidocaine or benzocaine. Hydrocortisone cream can be used for persistent redness, irritation or itching. Oral Benadryl can also help. Go to the doctor if the victim shows signs of shock, has trouble breathing or significant muscle spasm. Watch for later secondary

bacterial infection.

Eliminating anxiety and fear is important. Prepare your beach kit now. Take it with you on every trip to the beach. By providing fast, effective treatment at the scene, you can save the And remember, those blue floaters which wash up on the beach can still sting.

Cynthia Church Joint Wives Conference News Releas

Imagine what it takes to bring together 500 military wives from across Oahu for a two-day conference featuring more than 70 different work-

Imagine a lot of hard work, according to the conference's director.

"It takes a lot of work on the part of our many volunteers who do this every year," said Lynne DeFrancisco, director, 1997 Joint Women's Conference. "This event has become so popular our military wives start asking about it this time of the year. They want to make sure they don't miss it."

The conference, to be held October 24 and 25 at the Hickam Air Force Base Officers' Club, is open to the wives of all active duty members here.

To foster the conference's "Spirit of Ohana" theme, the board of volunteers is made up of enlisted and officer wives from each branch of service.

"I want the women who come to this conference to be excited about being a military wife, and to know they have the resources and friendships here to support them," said Suzanne Prueher, who has served as the conference's honorary director for the past two years. "The variety of workshops is outstanding. I don't know of another conference like this."

Considering what the \$15 registra: tion fee covers, Prueher has a point.

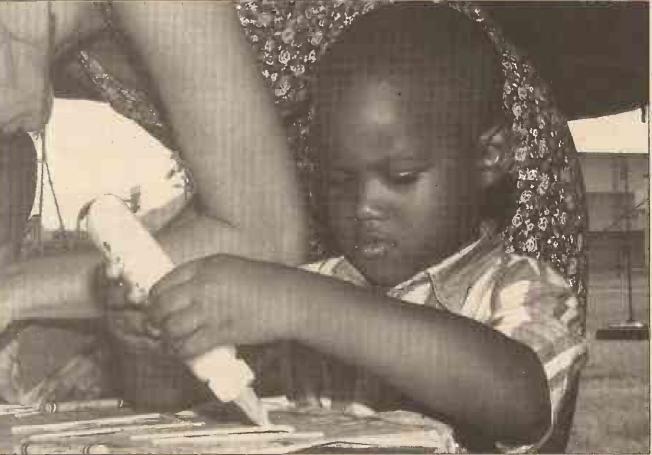
"We provide breakfast and lunch Friday and breakfast Saturday, along with some wonderful keepsakes," said DeFrancisco. "This conference sells out for a reason."

Registration for the 1997 Joint Women's Conference opens Sept. 3. All registration forms must be received by Sept. 30. For more information, call Bridget Riggs at 254-2397.

BAC Information

The following are informative tidbits about MCB Hawaii, provided by the Base Action Committee:

- . "Detour" and "Road Closed" signs should be out at construction sites. If they are not, call Base Facilities at 257-2171, extension 223.
- There is too much trash on the beaches everyone please pitch in to clean it up. If the trash cans are full, call the Base Inspector at 257-1340 so we can keep it clean.
- The K-Bay Commissary is now open 30 minutes earlier for customers who need extra time to shop (retirees, handicapped, etc). Registers open at regular time. For more information, call the Commissary at 257-1450.
- Did you know the formation of the Defense Commissary Agency in 1991 was expected to save taxpayers \$100 million in five years, but it has actually saved \$500 million? Congress is considering doing the same thing to the exchange system.
- Did you know one third of Commissary shoppers are retirees?
- Did you know, over a payday weekend, the Commissary has over 10,000 shoppers, with Sunday being the busiest day?
- The new Child Development Center will be ready to operate Sept. 2. An open house is scheduled for the last week of August.
- Mokapu Elementary School has a new principal; Kailua Intermediate School has new uniforms and Kalaheo High School has a new dress code and attendance policy. What else is new? Find out at the Aug. 26 Base Action Committee meeting at 7 p.m. at the Pacific Hideaway.



Vacation Bible School

Xavier Edwards, son of SSgt. Samuel and Patrina Edwards, adds a little glue to his artwork during a Vacation Bible School class July 30 at the base chapel. This year's Bible School hosted more than 90 children from pre-schoolers to sixth-graders. During the week-long school, children made crafts, sang and learned about the bible.

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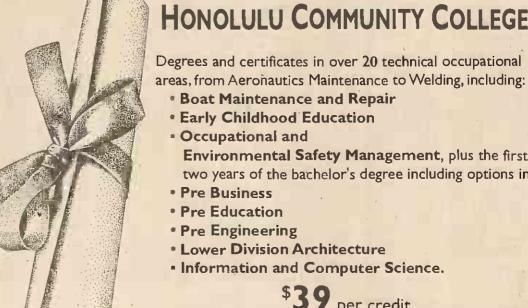


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257-7120

Cadets get small taste of real thing

LCpl. Barry Proctor Combat Correspondent

MCB Hawaii played host last week to the Marine Corps ROTC Summer Junior Leadership Training program, giving cadets a taste of what their future would hold if they joined the Marine Corps.

The program offered cadets here, as well as cadets from mainland states including Washington, Idaho, Arizona and California, a chance to take part in Marine training such as leadership classes, swim training and land naviga-

This is the first-ever leadership program here for JROTC,

said retired Maj. Gary Hall, Senior Marine Instructor. Castle High School here and the commandant of the leadership training school.

"These cadets were chosen by their schools to come here for the program," said Hall. "They're proven leaders and we tried to instill additional leadership qualities and challenge them physically and mentally."

The cadets were graded in five events, according to Hallclose order drill, physical fitness, personnel inspections, academics and leadership.

"The program was very challenging and we were pushed really hard, but it wasn't enough to break us down and make us cry," said Melissa Boyd, a 17-year-old cadet from Orange, Calif.

"This was somewhat like boot camp," said Sgt. Amy B. Pearson, volunteer troop handler. "We taught them Marine Corps knowledge and drill, and we tried to give them a sample of boot camp and Marine Corps We also understand they're just kids and we tried not to push them too hard."

"We didn't put too much pressure on the cadets, because they were here to learn," said Hall. "We only added stress during teamwork related exercises to teach them if one person does something wrong it affects the whole team."

The program also allowed the cadets to get some hands-on training with some of the equipment Marines use every day, said Hall.

"We wanted to show them the many jobs available in the Marine Corps," said Hall. "Seeing what the military has to offer will give them another tool to make intelligent decisions for their future."

The cadet's activities Friday and Saturday included hiking Diamond Head, visiting Hanauma Bay, and paying their respects at the USS Arizona Memorial, according to Hall. It was a reward for all their hard work put in during the week.

MCB Hawaii: **Helpful Numbers**

Family Service 257-3655 **MWR Clubs** 484-9322 **Childhood Education** 257-7430 N/MCRS 254-1327 **American Red Cross** 257-3150 Military Police Department 257-7114 Legal Assistance 257-0074 Marine Corps Exchange 254-7515

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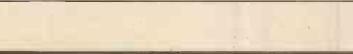
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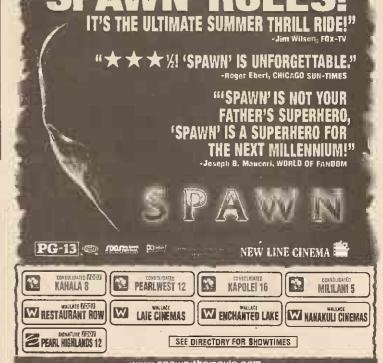
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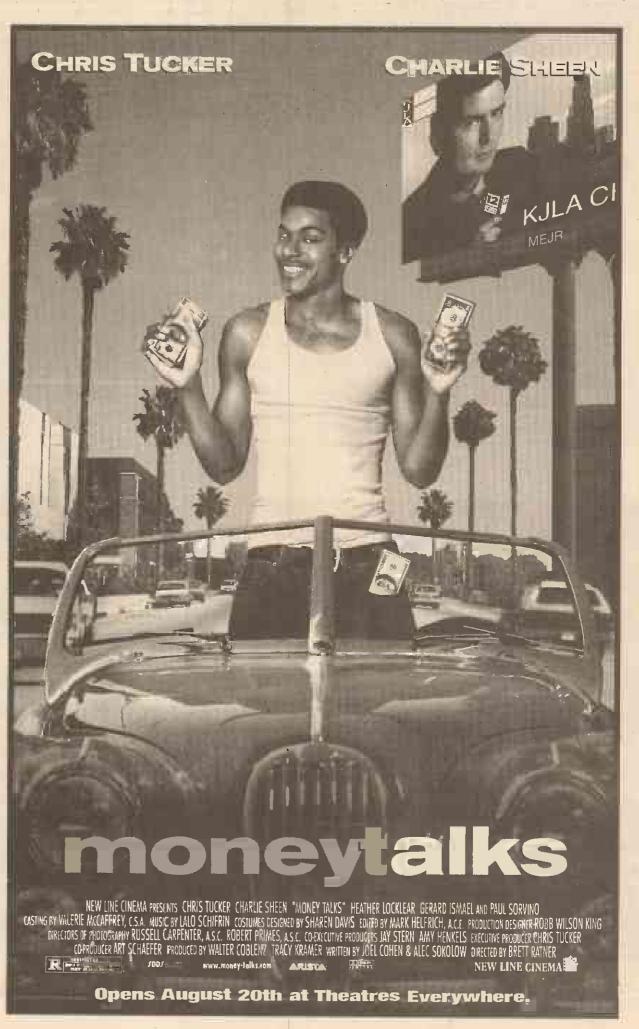
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Calendar

August

15 16 17 14 18 19 | 20

TQL

Introduction to TQL - Aug. 20, 8 a.m. to noon, TAVSC room number 1.

Senior Leaders Seminar -Sept. 9-12, 8 a.m. to 4 p.m., TAVSC room number one. Introduction to TQL — Sept. 24, 8 a.m. to noon, TAVSC room number one.

For more information and registration, call the TQL office at 257-2130.

ASYCMA

Lamaze - Next session meets Thursdays 6-8 p.m, Sept. 4 through Oct. 16.

Time for Tots — Tuesday and Thursday, 9-10 a.m; ages two to

Hula for Children — Call for schedule; ages four and up. Morning at the Movies -Aug. 29, 9-10:30 a.m.; ages two to ten.

Summer Hula — Class for girls 4 and older, Saturdays 9-11 a.m. through Sept. 13. Playmorning - All times from 9 to 11 a.m. Mondays, behind the 7-Day Store; Tuesdays, 2078 B, Champion Street; Wednesdays, Cochran and Dodson area; Thursdays,

Cushman playground area. Plus Aerobics - Low-impact aerobics for plus-sized women; Monday, Wednesday and Friday 5:30-6:30 p.m.

Call 254-4719 for more information on the above classes.

FSC

The Family Service Center is offering the following courses: Marriage Skills Workshop -Tuesday through Wednesday, 8 a.m. to 4 p.m. in TAVSC room number two.

Investing In Your Future -Wednesday, 5-7 p.m. in TAVSC room number two. Enhancing Your Marriage -Aug. 25-26, 8 a.m. to 4 p.m. Stress Management Workshop - Aug. 27, 1-4 p.m., in TAVSC room number

For more information or to make reservations for the above courses call 257-3655 ext. 342. Courses are subject to cancellation without adequate reserva-

TAMP

The following programs are being offered by the Transition Assistance Management Program Office:

Sponsorship Class - Today, 2-3 p.m. in TAVSC. DORS Workshop - Monday, 9-11 a.m. in TAVSC.

Federal Job Workshop -Tuesday, 8-11 a.m. in TAVSC. Get out of Debt Workshop -Wednesday, 9-11 a.m. in TAVSC. Resume Workshop - Sept. 3, 9-11 a.m. in TAVSC.

Job Fair — Sept. 23, 9:30 to 2 p.m. at the Pearl Harbor Palms. Open to all military I.D. card holders and family members. To register call 257-3135 ext.

Call 257-3135 for more information and reservations.

LINKS

Meetings - Make new friends and enjoy being a part of the Marine Corps family at the next LINKS session June 17-19. Onsite child care is provided free of charge. For more information and reservations call Katie at 254-1477 or Marti at 254-0373.

NMCRS

The Navy/Marine Corps Relief Society is offering the following classses at the Pearl Harbor

Finances for Newly-weds — Third Tuesday of each month,

10 a.m. to noon. Managing Your Checkbook Last Tuesday of each month, 9-10:30 a.m.

How to be a Smart Consumer — Last Thursday of each month, 10 a.m. to noon.

Bellows

Bellows Bash - Bellows AFS invites the people of Hawaii to celebrate the 50th Anniversary of the Air Force, Aug. 23, at the driving range area. Gates open at 10 a.m. For more information call Kelly Bortles at 259-4210. No outside alcoholic beverages may be brought in.

Greek Fest

Hellenistic Hoolaulea — Aug. 29-31 at Ala Moana Park's McCoy Pavilion. Experience the traditions, music, dance and cuisine of Greece during this 17th annual festival. Call 395-9347 for more information.

Craft Sale

Fantastic Bazaar - Aug. 23, 9 a.m. to 2 p.m. at the Windward United Church, 38 Kaneohe Bay Drive. This event will feature crafts, furniture,

books and plants.

EBI

FBI — Aug. 20, noon to 2 p.m., in the Prince Kuhio Federal Building, room 5318. call 566-4305 for more information.

Fun Run

Fun Walk and Run 97 -Aug. 23, 7 a.m. at Schofield Barracks' Ralston Field, call 655-3308.

Volleyball

Emporio Armani Hawaii **Beach Volley**ball Championship — Saturday and Sunday, at Queen's Surf Beach. See Hawaii's best twoperson beach volleyball teams. For more information call 951-8475.

ITT events include: Disney Discounts — 1997 discount cards available. Star of Honolulu — Sunset dinner cruises with entertainment.

Legends in Concert - Free child admission with purchase

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of adult cocktail show. Charo - Come see a Hawaii icon at her show and indulge in a Prime Rib dinner. Movie Tickets - Discounted

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Plant Sale

Saturday 9 a.m. to 5 p.m., and

Holidays 9 a.m. to 2 p.m.

Annual Summer Plant Sale - Aug. 23, 9 a.m to 2 p.m. at the Blaisdell Exhibition Hall. Admission is free. The event will feature keiki activities, gardening and cultural demonstrations. Call 988-7378 for more information.

(Editor's Note: To place a submission in the Hawaii Marine stop by the Hawaii Marine in bldg. 216, or e-mail Hawaii Marine@CG@MCBH KBAY. The submission must contain a work phone number and all pertinent information. Submissions must be received before noon Thursdays for the following week's publication. Entries are edited for content and length.)

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Beach pollution is cause for **Environmental to find solutions**

LCpl. Barry Proctor Combat Correspondent

Whether from a storm or careless patrons, debris and trash have built up on base beaches. Some residents are now looking for ways to keep beaches beautiful.

Currently, there isn't a program to keep trash off the beaches here, according to George E. Lingle, compliance division head, Environmental Department, but personnel from the Environmental Department have created a few solutions to help residents keep the beaches picture perfect.

The only organized beach clean-up happens every year in the spring, during Earth Week, when working parties are formed to clean all the beaches, said Lingle. Duties entail picking up driftwood, nets, ropes, plastics and any other foreign debris.

"Last year during Earth Week we removed around 246 pounds of trash from Fort Hase beach," said Lingle.

However, base beaches are used yearround by many different people, but irresponsibility and carelessness have led to excessive trash left behind on the beaches, according to Lingle.

"We have considered buying machinery to clean the beaches, but the equipment

is pretty expensive and there is another

option," said Lingle.

An Adopt-a-Beach program is one option being considered, according to Lingle. Groups or units could volunteer to clean an assigned section of the beach. The size of the section of beach depends on the number of people in the group. Trash bags and pick-up would be provided, and groups would just pick-up the the trash and leave it to be taken

"We don't want to spend money on the sifter if we can get the community's cooperation," said Lingle. should do their part in keeping our beaches clean by picking up after themselves."

"I think we could keep the beaches clean if units and community groups would get together every month and have a beach barbeque and clean-up day," said HM3 David Edwards, an avid beach goer.

The proposed clean-ups could be held the last Saturday of each month, according to Edwards.

"Families could bring their kids and teach them how important it is to keep the beaches clean," said Edwards. "If my unit had a party to get out and have fun and clean up the beach, I would volunteer to do it. Most people here are



LCpl. Barry Proctor

Excessive trash from negligent beach-goers is making base beaches look more like landfills than places to enjoy.

beach bums and that's where they will be anyway. I think the turnout would be good, it would improve morale and it would be cool."

No matter which solution is put into effect, it needs to happen soon, according

"Something needs to be done to ensure future generations can use these same beaches," he said.

For information about Adopt-a Beach. call Base Environmental at 257-6920, extension 231.

Have an answer?

LCpl. Barry Proctor Combai Correspondent

The Environmental Department is interested in any ideas to keep base beaches looking beautiful. They would like to know what the community thinks about efforts to keep the beaches in tip-top shape.

Ideas already suggested by base environmental and the community include:

•Purchasing a tractor with a sifter to go to base beaches every month to sift the beaches of all items including driftwood, trash and other foreign objects

• Purchasing all-terrain vehicles with trailers and other equipment to go out and clean all articles of the beach

·Have a monthly or bimonthly "beach day" in which units and community groups would clean the beaches and have a barbeque party at the beach to make cleaning the beach more fun

•An Adopt-a-beach program where base groups or units would volunteer to clean a section of the beach monthly. The size of the section of beach is according to the size of their

•Requiring units on base to police call the beach each month

These ideas are still on the drawing board, and none of them are set solutions to the problems. To submit suggestions or to give feedback about the ones above, call natural resources at the Environmental Department at 257-6920, exten-

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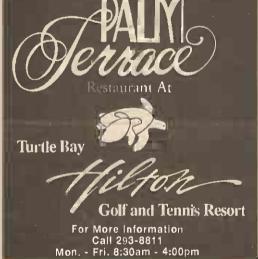
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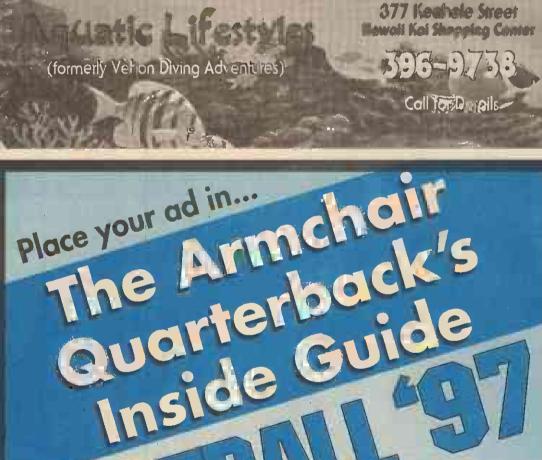
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SPACE RESERVATION DEADLINE: August 18

Call Today

 A Marine was arrested for driving under the influence and threatening a military police officer. MPs saw him breaking traction at the stop sign next to the Enlisted Club. After stopping him, MPs smelled alcohol on the man's breath and conducted a field sobriety test, which he failed. The Marine was arrested and taken to Military Police Department, where he was given a breathalyzer test, which revealed a bloodalcohol content of .182 percent. While in custody, he also threatened an MP.

•A Marine was arrested for drunk and disorderly conduct at the BayFest beer tent. When MPs contacted the man and attempted to escort him from the area, he began verbally abusing the MPs and tried to hit them.

• A Marine was taken to Tripler Army Medical Center and admitted for a psychological evaluation after an incident at barracks 1655, 3d Marines. After MPs responded to a 911 drop call, they discovered the man lying in a pool of vomit on the floor and in a semi-comatose state. Branch Medical treated the man for alcohol poisoning and drug overdose. The man was also heard yelling, "Kill me!" by a wit-

•A Marine reported his Shimano mountain bike, valued at \$280, stolen from the garage of his quarters. It had been left unsecured and unattended.

Botter Surviving Thai jungles

Sgt. William Poff Deployed to CARAT '97

CAMP SAMAE SAN, Sattahip, Thailand - Marines from the Royal Thai Marine Reconnaissance Battalion demonstrated their jungle survival techniques to Marines of Landing Force Cooperation Afloat Readiness and Training here.

Several topics were covered throughout the demonstration, including water collecting, food gathering, making traps, catching snakes and slaughtering chickens without the aid of a knife.

With the help of a Thai interpreter, 1stLt. Andrew K. Ledford, platoon commander, was the first to taste several plants which he then passed to the class to try.

"Some of the plants tasted like parsley, while the taro had a walnut flavor," said LCpl. Travis M. Linquist, assistant automatic rifleman, 1st platoon, ground combat element, LF CARAT.

types of traps to catch a variety of animals. was not correct, the bird would be thrown, Some traps were simple, while others were meeting its demise as it hit the ground. an intricate jigsaw huzzle of wood, bamboo

the most fascinating to me," said Linquist. "It's pretty ingenious how some of the traps are constructed and how they worked."

Following the trap demonstration, the Marines were shown the method the Thais use to prepare a chicken for eating. Grasping the chicken's head and with a quick flick of the wrist, the Thais demonstrated how a chicken's head can be detached. Without the use of cutting instruments, they proceeded to skin the chicken with their bare hands.

The Marines had their turn. With squawking chicken in hand, several attempts at the seemingly easy decapitation technique were tried before success was accomplished.

"The funniest part of the class was when the Marines tried to snap a chicken's head Next, the Thais demonstrated several off," said Linquist. "If the technique or grip

Next, the event everyone was waiting for - the class on cobras. Everyone was paying "Traps used to catch birds and fish were close attention as the instructors reached for the King Cobras.

"I thought the cobras were going to bite somebody when they crawled toward the class," Linquist said, "but the handlers quickly took control before the snakes had a chance to strike."

Marines were shown the proper technique on how to catch a poisonous snake, then under the watchful eye of the handlers, were given the opportunity to catch a cobra themselves. With the snake's attention diverted by the handler, a Marine crept up from behind, grabbing its tail and holding the snake up in the air. Lightly shaking the snake kept it straight and unable to strike.

Training such as the demonstrations the Thais conducted is a vital component of developing jungle survival skills.

Courts-Martia

• LCpl. Robert A. Bussey, 3d Marine Regiment, June 26 and 30 and July 1; wrongful appropriation and unlawful entry. Guilty. Reduction to E-1, 60 days restriction to barracks, place of worship, after care program, Alcoholics Anonymous meetings and place of duty and dining facilities.

• LCpl. Dorian S. Gribble, 3d Marine Regiment, special courtmartial; July 1-2; wrongful use of marijuana. Guilty. Bad-conduct discharge, confinement for three months, forfeiture of \$600 pay per month for six months

• LCpl. Joseph H. Adanza, 1st Battalion, 3d Marine Regiment, special court-martial; July 21; unauthorized absence and missing movement. Guilty. Confinement for six months, forfeiture of \$600 in pay per month for six months and reduction to E-1.

1st MAW Aviation Support Element July Sortie Scoreboard

Squadron	Training		Frag	
Oquadion	Scheduled	Flown	Scheduled	Flown
HMT-301	70	14	0	0
HMH-362	57	18	57	15
HMH-363	46	10	24	1.
HMH-366	70	4	10	2
HMH-463	75 .	17	18	2



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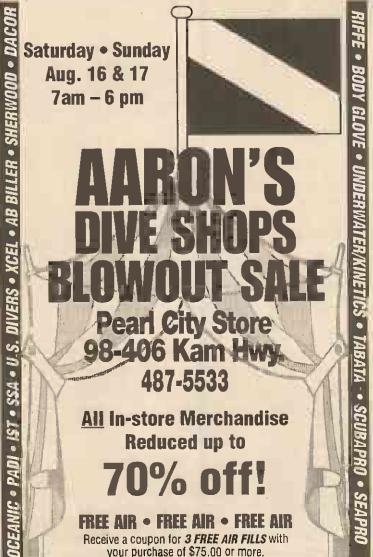
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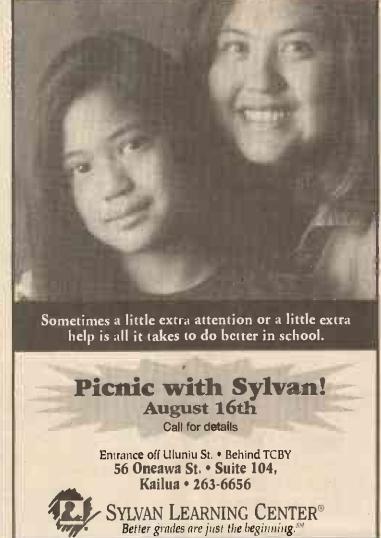
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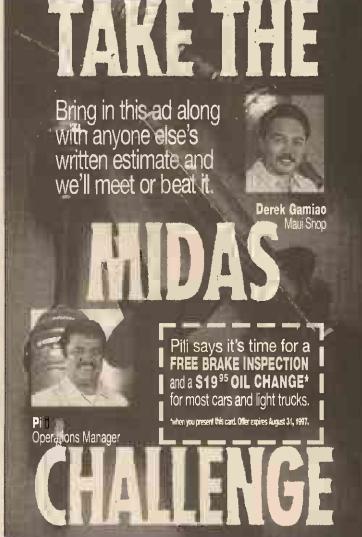


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What family name changes require

Capt. J.D. Brasure Legal Assistance Office

Frequently, Marines, Sailors and their families decide to change their names or the names of their minor child(ren). Regardless of the reasons. changing your name is a relatively simple process under Hawaii law. This article serves as a general overview of the Hawaii name change

Name changes in Hawaii are authorized by statute and are easily accomplished by filling out easy to understand forms. A certified copy of the individual's birth certificate must be obtained and the certificate dated within 90 days of the request for name change. All forms are available at the legal assistance office or by calling or writing the Office of the Lieutenant Governor at the address and phone number provided at the close of this article. The cost of getting your name changed is about \$50, depending on the individual circumstances.

The statute requires a Notice of Change of Name be published once in a newspaper of general circulation in the state within 60 days of signing of the Notice of Change of Name. Failure to publish this notice voids the petition to change your name automatically. The only exception to the publication requirement is where the petition is accompanied by an affidavit executed by a prosecuting attorney of this state, showing that for the protection of the person desiring the change of name the publication is not necessary.

The name of a minor child may be changed only where both parents consent to the change, and where the minor is 10 years old or more, the minor must consent as well. If one parent cannot be located, a change of name may be obtained through the Family Court but not through the Office of the Lieutenant Governor.

The appropriate form for the completion of a name change should be completed by the person desiring the change of name, or the parents of the minor. The following forms are avail-

- Form A: Name Change of Individuals
- Form B: Name Change of Husband and Wife
- Form C: Name Change of Minor by Parents
- Form D: Name Change of Husband, Wife and Minor Children
- Form E: Name Change of Minor by one Parent with the Notarized consent of the other Parent
- Form F: Name Change of Parent and Minor Children with the Notarized consent of the other Parent

For more information on changing your name, contact the Legal Assistance Office at 257-0074, or

Office of the Lieutenant Governor Attn: Name Change P.O. Box 3226 Honolulu, HI 96861

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Anderson Hall Menu Aug. 14-20

Thursday

Lunch Barbecued spareribs Swedish meatballs

Corn on the cob

Dinner Baked tuna and noodles . Chicken cacciatore Simmered brussels sprouts

Friday

Lunch Pepper steak Fried fish Glazed carrots

Dinner Roast turkey Stuffed green peppers Cranberry sauce Bread Dressing Fresh Fruit

Saturday

Brunch Baked lasagna Baked ravioli Garlic bread

Sunday

Brunch Barbecued beef cubes Baked turkey and noodles Simmered succotash

Monday

Lunch Meat loaf Pork ham roast Steamed rice

Dinner Braised beef and noodles Baked fish Club spinach

Tuesday

Lunch Simmered corned beef w/mustard sauce Glazed cornish hens Simmered cabbage

> Dinner Ginger pot roast Sweet and sour pork Simmered Squash

Wednesday

Lunch Turkey pot pie Beef yakisoba

Simmered lima beans Dinner Oven roast beef Fried fish

Mashed potatoes



FACE

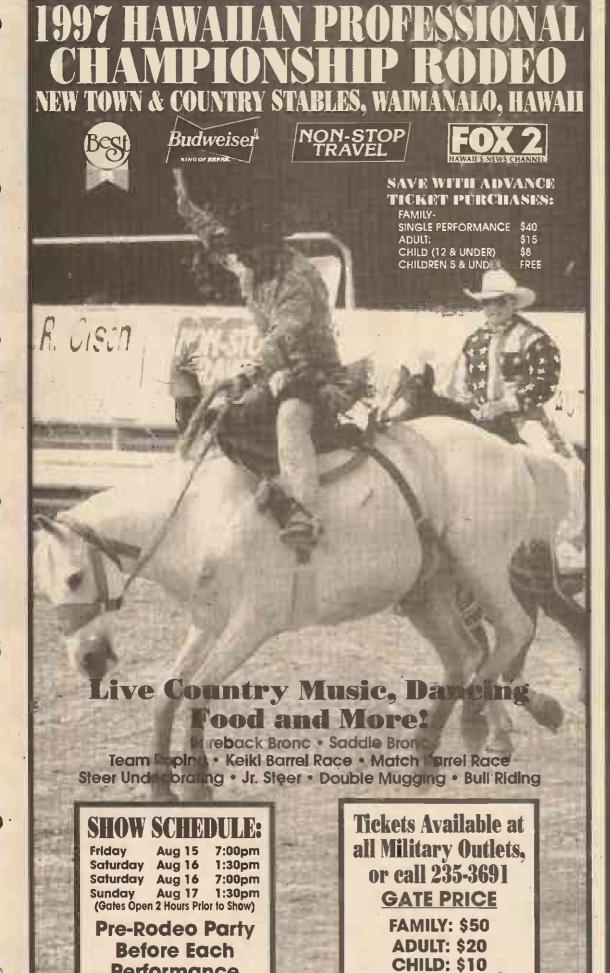
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BIOL	101	Introduction to the Biological Sciences	MWF	7:30am - 8:25am
COM	100	Career Skills	TTh	9:10am -10:35am
CSCI	100	Introduction to Computer-Based Systems	MWF	8:35am - 9:15pm
CSCI	338	Microcomputer Applications to Management	MWF	2:00pm - 2:55pm
FIN	300	Business Finance	TTh	12:30pm - 1:55pm
HAWN	101	Beginning Hawaiian	MWF	8:25am - 9:45am
HIST	348	Europe and the Age of Revolution	MWF	3:05pm - 4:00pm
HUM	100	Introduction to the Humanities	MWF	8:35am - 9:30am
HUM	310	Research and Writing in the Humanities	MWF	11:50am -12:45pm
LAW	300	Business Law	MWF	9:40am -10:35am
LITER	390	Poetry	TTh	12:30pm - 1:55pm
MATH	105	Intermediate Algebra	TTh	12:30pm - 1:55pm
MATH	130	Pre-Calculus	MWF	8:35am - 9:30am
MGMT	310	Business Communications	TTh	2:05pm - 3:30pm
MGMT	625	Human Resources Management	Т	12:30pm - 3:25pm
MKTG	350	Advertising	MWF	8:35am - 9:30am
MKTG	600	Marketing Strategy for Managers	F	12:55pm - 3:50pm
POLSCI	100	American Political System	TTh	9:10am -10:35am
PSYCH	326	Personality	TTh	12:30pm - 1:55pm
SWRK	200	The Profession of Social Work	Th	12:30pm - 3:30pm
THEAT	205	Introduction to Theater	MWF	10:45am -11:40am
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Clinic takes time for women's health exams

☐ Extended duty hours at K-Bay BMC target female servicemembers, family members and their needs.

> LCpl. Barry Proctor Combat Correspondent

The Branch Medical Clinic here is extending its hours to 6 p.m. every other Wednesday, to accommodate women's health examinations.

The extended hours are for female active-duty Marines and female family members exams only.

The extended hours were created to assist women who don't have the chance to visit the clinic during the work day, according to Lt. Cmdr. Lori Hoffman, family nurse practitioner, base medical clinic.

"Most women either work all day long or stay with their children while their husband is working and the only chance to come to the clinic is when we're already closed," said Hoffman.

Exams are recommended for women 18 and over or any woman under 18 who is sexually active, according to Hoffman. Women should be examined yearly to ensure the early detection of any problems. During the exams, any concerns about contraception or any other matters can be addressed.

"The exams are done for women, by women, said Hoffman. women request female doctors to perform the exams, because they usually feel more comfortable around other women and they understand each other better."

The schedule for the exams will change to every Wednesday if the demand is high enough, said Hoffman. The exam usually lasts

about 30 minutes and consists of four steps.

First, the thyroid exam, said Hoffman. The nurse or doctor will check for swelling or abnormalities in the thyroid glands, which are located in the throat.

The next step is the breast exam to check for breast cancer, according to Hoffman. The nurse or doctor will check for lumps. It's not a mammogram, but if the patient is over 40 or has a history of breast cancer in her family, the nurse or doctor will sched-

During the next portion, the pelvic exam, the nurse or doctor will examine the vaginal area checking for any signs of infection, according to Hoffman.

For the final step, the nurse or doctor will perform a pap test. The test consists of taking cells from the opening to the womb with a small brush, said Hoffman. After the test, the doctor or nurse will check the fallopian tubes, uterus and ovaries.

The pelvic exam and pap test are to check for any irregularities in the vaginal area, said Hoffman. This promotes early detection of cancer or infection, which allows for easier treatment.

The base medical clinic personnel encourage women to be examined annually, because early detection is the best defense against cancer or disease, said Hoffman.

"The annual exam isn't for finding problems," said Hoffman. "It's to make sure patients don't have anything. However, if patients need treatment we will arrange it."

To schedule an appointment for an exam, call Central Appointments Monday through Friday, from 7:30 a.m. to 4 p.m, at 257-2131 or 257-

Doers Profile: Marlena Kelly

Marlena M. Kelly

Job Title: Program Coordinator, Youth Activities

Birthday: Aug. 12

Hometown: New York City

Married to: MGySgt. David Kelly, PMO

Greatest feat: Summer adventure

Who I'd be for a day: A child

Hobbies: Scuba

Favorite restaurant: John

Dominis

Books at bedside: Men are from Mars Women are from

Venus; Will the Real Woman Please Stand Up!

Pet Peeve: Bigotry

TV Program not running: "New York Undercover"

Last Words: 'Always do your

Volunteer Work: Girl Scouts

leader

Major Accomplishments: Starting at the bottom at the Youth Activities and working my way up. Starting the DEFY Program here.

Salutes

CSSG-3

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Call WCC Office of Community Services at 235-7433 or 235-0077

CSSG-3 finds itself on top after recent fund drive effort

Cpl. Michael Wiener Combat Correspondent

Combat Service Support Group 3 received the Team Spirit and Highest Per Capita awards for its efforts during the Navy Marine Corps Relief Fund drive July 22.

Between May 5 and June 20. the 785 Marines and Sailors of CSSG-3 raised \$23,262 through a series of fund raisers and donations.

"We wanted to make it a positive experience rather than just beating down people's doors asking for money," said Col. Charles Skipper.

Company representatives met weekly to discuss progress and brainstorm fund raising

"One of our fund raisers was a swim-a-thon," said Navy Lt. Peter Wish, Naval Personnel Officer. "Marines and Sailors asked for pledges for laps they



Digital photo by Cpl. Michael Wiener CSSG-3 received the Team Spirit and the Highest Per Capita

awards for its efforts during the Navy marine Corps Fund Drive. were going to swim. Then one afternoon they went out and swam - would you rather sit behind a desk all day or go to the pool and swim?"

A golf tournament and "Pie in the Eye," during which Marines and Sailors bid money to throw a whipped cream pie in the face of another Marine or sailor, also raised money for the drive. At \$200, Skipper's

pie took the highest bid. CSSG raised over \$17,000 and received both awards in 1996 as well. Skipper doesn't plan to slow down in 1998, and when asked if the goal would again be raised, his reply was quick and certain.

"Absolutely. We love competing with our sister units aboard base," Skipper said, smiling.



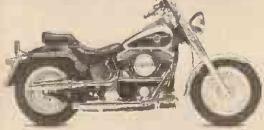
LCpl. Barry Proctor

H₂O Polo

Marines from Combat Service Support Group 3 battle each other in a game of water polo at the Base Pool Aug. 1. The matches pitted company against company.



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Hawaii Marine B Section

August 14, 1997

K-Bay meets STREND Challenge

LCpl. Barry Proctor

Combat Correspondent

rea fitness buffs took on a muscle-wrenching challenge Saturday at the third annual STREND Fitness Challenge at Pop Warner Field here, hosted by 1st Radio Battalion.

More than 20 athletes entered this year's challenge, most of them in the open division, according to Edward U. Bugarin, founder of STREND. More are expected to turn out in next year's competition, because interest and popularity of the event is still growing.

This year's winners included Michelle Frisbee, who pushed her way to a win in the female open class and Steven Williams with an easy win in the male basic class. In the more competitive classes, Russ Rang outlasted his rivals in the male open class and hard-charger James Hoyce was tough enough to win the male elite class.

"This was my first STREND and I just came out here to give my best," said Hoyce. "I work out around five days a week, and I think the strength portion of the workout is good. The run could be longer, but I enjoyed it anyway."

The team too tough to tame in the male team class was Team Fire and Ice, consisting of Dewey Biuens and Craig Glenzer, and the co-ed combination of Team Semper STREND, consisting of Brian Vreeland and Brenda Baughman, swept the mixed class.

Since the program was founded in 1992, the challenge has spread to Europe and has become a world-wide competition, said Bugarin.

STREND is a total body workout consisting of six disciplines to test upper body and cardiovascular strength, according to Bugarin. The disciplines include pull-ups, chin-ups, military press, bar dips, bench press and a three-mile run.

The word STREND is derived from the first three letters of the words strength and endurance, said Bugarin.

"I spent more than 21 years in the military, and I wanted to develop a program for cardiovascular and muscular strength," said Bugarin. "This program allows athletes to work out five major muscle groups—the chest, back, deltoids, biceps and triceps."

The competitors are required to lift weight according to their own size, weight and experience level, according to Bugarin. Competitors do as many repetitions as possible in three minutes in each discipline. When they are finished with the weights, they head to the track for a three-mile run.

The final score, or STREND factor, is determined by the number of total repetitions divided by the run time, said Bugarin.

"STREND is a total fitness exercise system which is good for most everybody, because you don't have to be muscle-bound to complete the six disciplines," said Bugarin. "Hopefully one day, STREND will be a household name."



Digital photo by Cpl. Steven Williams

The battle was heated Saturday during the final intramural soccer showdown, but when the dust settled, HQBn. was an top.

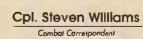
Soccer

HQBn.'s 'D'

conquers,

1-0





he final show-down Saturday was between two rough and tough posse who agreed the intramural soccer town

here was only big enough for one of them.

However, when the dust sifted away from the soccer field, both teams were still standing. Yet, one was the obvious victor — the reigning champion Headquarters Battalion 1st Battalion, 3d Marine Regiment, 1-0.

"Our defense made the game," said Cesar Solorzano, the HQBn. midfielder who made the only goal of the game. "The other team had great speed and midfielders and their defense was tough. But we got a ball through."

"We had a lot of determined,

per. "We formed a good defense this year and went with our killer instincts. "But the other team had a good team too," he added.

talented players," said

Charles Garcia, HQBn.

"But the other team had a good team too," he added. "They had a good foundation and really good coaching. We just got the breaks."

"We did a lot better than we expected," said Richard Flores, 1/3 coach and stopper. "We had determined hearts and the will to win.

"But Headquarters had a lot of talented players," he continued. "Overall, it was anybody's game. They just got the edge on us."

Both teams were exhausted and sweaty following the grueling showdown. Winning was just a matter of the right shot at the right time. But with a second consecutive championship under their belts, the HQBn. posse has proven to be a bunch of bad hombres.



Digital photo by Cpl. Steven Williams
The shot that made the game 1-0 in
favor of Heodquarters Battalian.

'We formed a good defense this year and went with our killer instincts.'

Charles Garcia

K-Bay intramural softball heats up

Cpi. Michael Wiener

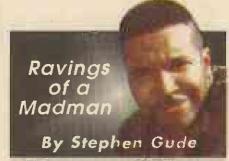
Combat Correspondent

hings got a little hectic for the Warriors when they lost the first game 15-5 to the Dawgs during the intramural softball championship here, Tuesday. But they turned it around in the second and deciding game of the double elimination tournament, beating the Dawgs 4-3 to take the championship.

The Dawgs came out strong in the first game, defeating the Warriors 15-5. Dawgs' Mickey Lay blasted a fifth-inning three-run homer and a sixth inning grand slam to shut the door on the Warriors. Tommy Jones also lifted a three-run shot out of the park for the Dawgs.

"It was a great game for us," Lay said after the first game. "Our





'Space, the...'

he tremendous amount of alien films in the past two years have been great for a guy like me, being that I've always been interested in space and just what is out there.

One thing I've noticed, and it's something which galls me to no end, is the arrogance of humans, especially people who believe we are the only forms of life in the galaxy, in the universe, or anywhere. What, were these people born with rocks in their heads? These are the idiots who say "Prove it."

Well, it doesn't have to be proven. I know there's other life in the universe. Still, to prove it to the naysayers, I volunteer to go on any mission to outer space which will be flown during my lifetime. But I won't go if I have to take a physical, because any competent doctor would say "Gude, your knees are shot. I don't know how you even managed to play in over-30 basket-ball at K-Bay."

To seek out new life and new civilizations, I propose a "Star Trek" mission, complete with the original cast, all as young as they were when the original series ran (really, most of you guys only watched to see Lt. Uhuru swivel in her chair, didn't you? Or was it just me?). Being that the starship Enterprise and her crew were based on the Navy, a contingent of space Marines would be appropriate, yes?

Anyway, I'd be the intrepid combat correspondent of the mission. I'd write articles from space detailing Mr. Spock's true hatred of "that monosyllabic idiot' Capt. Kirk, and why Capt. Kirk kisses ANY and ALL alien females, no matter how weird they look ("It's in the interest of interstellar peace and harmony, SSgt. Gude," he'd say. "I think you're just horny, sir," I'd say). I'd sit on the bridge, taking copious notes, and I'd always go when Kirk takes a team to explore a new planet's surface and scope out its females.

I'd write about the little guys — you know, the guys who always get killed whenever Kirk's off sleeping with an alien. Those people run the ship, but since they never got their due on the show, they'd get it from

I'd write about all the different worlds we explore, about the different ent environments, full of strange and remarkable sights, sounds and scents (or did Capt. Kirk eat too many bean burritos?). And the aliens, too.

I'd write about just why Kirk calls the grumpy Dr. McCoy "Bones," and about the time Scotty and I got totally slammed on Irish whiskey and played laser-tag with the phasers.

Would some of the concerns of today's deployments be concerns on the space mission? In the original, Kirk said "...it's five-year mission..." Would guys complain about the five-year pump? Can you imagine a five-year pump? What would the spouses say to that? "Well, you just go on your little five-year mission. And while you're off exploring strange new worlds, I'll be back here seeking out a new life, alright..."

I guess going to different planets would be like going to different ports of call, except we might get in trouble when the Klingons are in the same place. We all know the Klingons think they're the real tough guys of the galaxy. But I can see the headlines now: "FOUR SPACE MARINES BEAT BATTALION OF KLINGONS IN BARROOM BRAWL."

"To boldly go where no man has gone before." Yeah, I'd like to be a part of that.

See BALL, B-2

Olympic bound

Tae Kwon Do star fights her way to Sydney, Australia

> Cpl. Steven Williams Combat Correspondent

AVAL STATION PEARL HARBOR - On the job, she's a hard-working, easy going

But when Petty Officer 1st Class Liz A. Evans sheds her Navy whites and straps on her third degree tae kwon do black belt, the four-time national champion transforms into a martial arts machine.

Not only is the 35-year-old Seattle native one of the Navy's elite athletes, she has represented the United States and Navy at tae kwon do championships across the globe. And she's kicking her way to the Sydney, Australia Olympics in 2000.

"She is one of my idols," said fellow Armed Forces Team member Spc. Darryl Woods. "Her agility and strategy are an unbeatable combination. That's why she's a national champion."

Elizabeth Knox started kicking around in tae kwon do in 1970 but quit in 1978 to join the James A. Garfield High School basketball team. She helped the team take three city championships and one state tournament.

She didn't pick tae kwon do up again until December 1986, when she married Troy L. Evans while stationed at Naval Hospital Bremerton, Wash. Troy took Liz to a local tournament and she was certain she could beat the female competitors.

"So, I joined the tae kwon do class my husband was teaching," said Evans. "At first, I mainly trained for self defense."

Following a two-year stay in Guam from 1988 to 1990, Liz was a green belt beating black belts in the ring.

"Between 1992 and 1994, I was winning at the state level," Evans said, "and I only won second at the national level. That's when I put in for the Navy's elite athlete program."

On the program, Evans' second job is training in tae kwon do. The schedule is tedious, getting her out of bed at 4:30 a.m. six days for 30 hours of training a week. But her dedication earned her a silver medal in the 1995 Pan Am Games, a gold medal in the 1996 World Cup and silver in the Team Trials in June. The 1996 U.S. Olympic Committee named her athlete of the year for her sport.

She went to Denmark Sunday for the Copenhagen Open and when she returns, she will prepare for the world military championships in Rome.

"She will dominate the competition," said Woods. "She is an all around great fighter. She has great back kicks and agility and her stamina is superb."

Although she plans to retire from tae kwon do following the Sydney Olympics, she said she will teach the sport at the end of her career in the Navy.

But until then, Evans will continue to take advantage of her talent

"Tae kwon do is my calling," she said laughing. "I like every sport, so your guess is as good as mine for why this is my best. But I'm good at it. And when I do something, I do it to win."



Digital photo by Cpl. Steven Williams

Petty Officer First Class Liz Evans is an easy-going Sailor who never says die in a tae kwon do bout. She's dominated competitions around the world and plans to make a trip to the 2000 Olympics in Sydney, Australia.

Kathy's Activities

By Kathy Baker

T-O-U-C-H-D-O-W-N

Register now for Youth Football and Cheerleading, beginning Sept. 13. Open to ages 5 to 14, the program offers tackle football, flag football and cheerleading. Cost for tackle football \$55 and flag football and cheerleading is \$40 (a photocopied military ID or birth certificate is mandatory upon registration). Teams are limited to a maximum of 35 players per tackle team, 22 for flag football and 12 for cheerleading. Register Monday through Friday from 10 a.m. to 6 p.m. at Youth Activities, building 5082. For more information, call Youth Activities at 254-7612.

O'Club appreciates its members The Officers' Club appreciates its members with a Steak and Fish

Cook-Out Saturday at 5 p.m. This fun event features live country and western music at Country and Western night by ASE, starting at 9 p.m. Don't miss the line dancing fun with dance lessons by Circle "A" Dance Company. Active duty officers, DoD civilian equivalents, family members and guests are welcome to attend. Members are invited to attend free, spouses and guests are \$11.50 and nonmembers are \$14.50. Enjoy an evening of food, dancing, games and prizes galore. For ticket information, call the Officers' Club at 254-7649.

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BALL

From B-1

offense was there and our defense played great ball.'

But after winning the first game, the Dawgs needed to take the second from the previously undefeated Warriors, Whereas the first game was all offense, the second was all defense.

The teams were never more than two runs away. Warriors pitcher Tito Guiterrez iced the Dawgs' red-hot offense, retiring the first nine batters. First inning RBI-singles by Bill Whyte and Kerry Wendell put the Warriors up early.

In the fourth, the Dawgs came back. Donnie Miller led off with an inside-the-park home run. Jim Vanaski reached second on a line drive to right field and scored on Lay's double to left.

A costly error in the fifth, reminiscent of Bill Buckner's blunder in the 1986 World Series, proved fatal to the Dawgs' run for first place - Warriors hitter Barry Gohn slapped a routine grounder down the first base line and Fred Wells let it slip between his legs.

Walter Burnett scored Gohn, the winning run, on a triple down the first base line.

The Dawgs came to bat in the top of the seventh needing one run to tie and two to win. Vanaski led off with a fop fly caught by right fielder Ken Williamson. Wells reached first on a error by shortstop Mike Duplichan. Wayland Kopp went in to pinch run for the injured Wells. But the game ended when Chad Melonbruck lined one right at Guiterrez who then doubled up Kopp at first.

"They thought we were going to be down after the first game," said Dan Wisotski, Warriors extra hitter. "But we came back and proved them wrong."



1993 Chevy Berretta GTZ - V6, pw/pl, alarm, 30K miles, c/c, \$9,000 OBO, call 254-2430. 1991 Toyota 4x4 -Extended cab, fully loaded, low miles, five-speed, V-6, running boards, bed liner, \$12,000, call 834-7681. 1991 Chevy Lumina -V6, four door, c/c, in great condition, \$4,995 OBO, call 254-2430.

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system/brakes/transmission, call Cpl. Paul Thayer after 5 p.m. at 254-1707. 1989 Kawasaki Ninja 600 - New front and rear tires, recent tune-up, runs excellent and very well maintained, \$2,200, page 290-3685.

1988 Nissan Maxima -Automatic, sunroof, power windows, doors, mirrors and seats, loaded, must sell, \$3,800, call 254-9339. 1987 Honda CRX - Red, hatchback, asking \$2,000 OBO, removable stereo, engine overhauled within last year, call 254-3750. 1987 Honda VFR 700 -White, new

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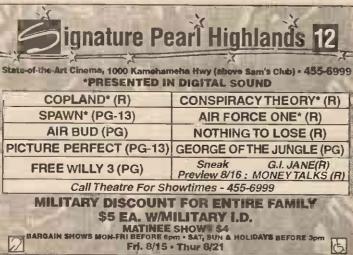
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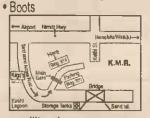
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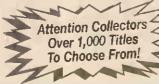
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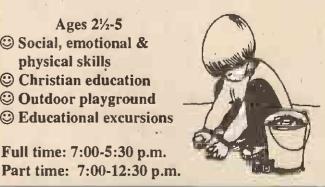
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e all know, or at least I hope we do, what the Single Marine Program is all about, right? For those who don't, I'll give you some quick ins and outs of the program.

Not only is it a place to hang out and watch television, it's a venue through which to deal with many quality of life issues. You know, say you have no hot water for a week - the SMP Council may be able to keep that from happening again.

But they will never know unless you tell them. Remember, every single Marine and Sailor (including staff NCOs, officers and reservists) owns the program. But just like anything else, if you don't use it, you'll lose it.

Unfortunately, there are a couple of problems with the program. One big problem is participation. I sit in there about once a week, and I'm pretty much all alone. However, whenever there is some kind of event going on there are a bunch of people around.

If you like these events and would like more, you have to tell someone. If you want to go to Maui and look at the whales, and you know 10 other people who would like to, tell the SMP. Make the SMP call and see what kind of deals they can get. This is what these people get paid to do. Make them earn their money!

Another problem is the lack of information given out by the units. How are new joins supposed to know what goes on around this base if the unit refuses to tell them? I consider it very disrespectful to the single Marines and Sailors that there isn't enough unit cooperation in singles matters. The first thing they tell military spouses is there is a Family Service Center why isn't it that way with the SMP?

But more to the point — the SMP is on your side. I encourage everyone to go to the SMP Center at the Enlisted Club and check it out. Get involved, share your thoughts and help make the program achieve your goals. That's all for now, stay safe, stay out of trouble and stay drug free.

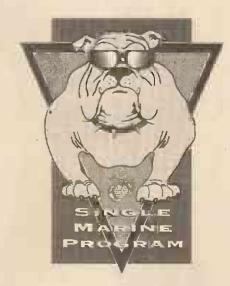
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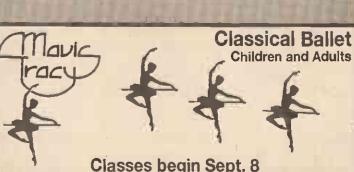
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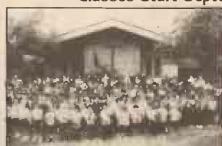
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Country comes to Kolekole

Cpl. Steven Williams Combat Correspondent

CHOFIELD BARRACKS, Hawaii -A collage of popular entertainers drew more than 27,000 people to Sills Field here, Friday through Sunday for the Kolekole Jam. Rock night Friday had the highest attendance with more than 10,700 fans, but country night Sunday seemed to be the most heartfelt.

Artists such as Mark Chestnutt, Marty Stuart and country legend Willie Nelson drew 8,160 people, and Marines and Sailors said country performers were the most appreciated.

"It's not too often we get a live country concert in Hawaii," said Terry Beard, country fan from Combat Service Support Group 3, MCB Hawaii. "It's great to hear and see people I grew up with back home. And country people are good down-home people."

"I really appreciate being able to come to a country concert," said Vikki Pritchett, a Virginia girl who doesn't see much country working at Naval Security Group Activity Kunia, here. "The concert was cheap, awesome and was good to hear it live."

"We're kind of like a letter from home for them," said Stuart, who has done eight military performances over the past few years. "I noticed they don't have any country music stations here. I think that's real bad because there's country folk here just like anywhere else."

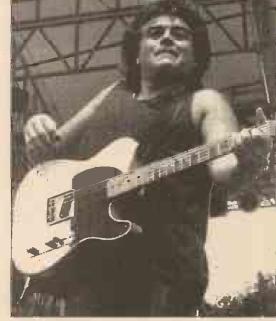
"When I was on my over here in the limousine, I turned on the radio," said Chestnutt. "And I listen to the radio like I watch television — just flipping through the channels.

"I couldn't find a single country channel," he continued. "It's the weirdest thing I've ever seen. I think it sure is a shame."

Playing for military members was more a joy for the singers than the audience, Chestnutt and Stuart claimed.

"The military people are the best crowds," said Chestnutt. "I'd like to do a lot more of this. They are great. They know every song, they're rowdy and that's what I like. I wish I was right out in the middle of them.'

"I've always given a special ear to the military," Stuart, the son of a former soldier who



Digital photo by Cpl. Steven Williams Marty Stuart looks to the crowd for support as he takes them through his repertoire of hits during the Kolekole Jam at Schofield Barracks.

served during the Korean Conflict and nephew of a retired Army colonel, said. "When Desert Storm was going, I told my bookers if any military organizations call and request a show, I'll do it. I didn't care how expensive it was."

He did shows in North Carolina and Virginia in tribute to deployed servicemembers.

"Some people do their shows just for publicity," he said. "I don't do anything I don't believe in. And I really believe in our military. It's nice to know our servicemembers are out there every day taking care of America's business."

The only Kolekole country music star who actually joined the military was Willie Nelson, who served a brief stint in the Air Force, But even though Chestnutt and Stuart have never worked in the military side of the house, they said they truly enjoy partying with some of America's most important, hardest-working men and women.

There was only one more question — what service would Stuart have joined?

"When I was a kid, I always wanted to be a Marine," he said smiling. "But then again, my friends always told me the Sailors get all the girls."

Marty Stuart's future plans

· Marty Stuart just finished acting in a new Steven Seagal film called "Fire Down Below." He plays the leader of a blue grass band. He is not sure when the film will be released, but said he enjoyed his part.

• He said he'll have a new album out soon called "The Pilgrim."

tuning to on the radio came to life with the same pep they had years ago.

But after this long singing these same old songs, can you imagine how these artists act off

They probably go back to their little-trailers with the stars on the doors and lunge through the door dripping with sweat and madder than a wet cat. They flop on the sofa with a stogey and flip on the set. They've got pre-recorded Prince and Michael Jackson videos ready to roll for a cheer-up tool.

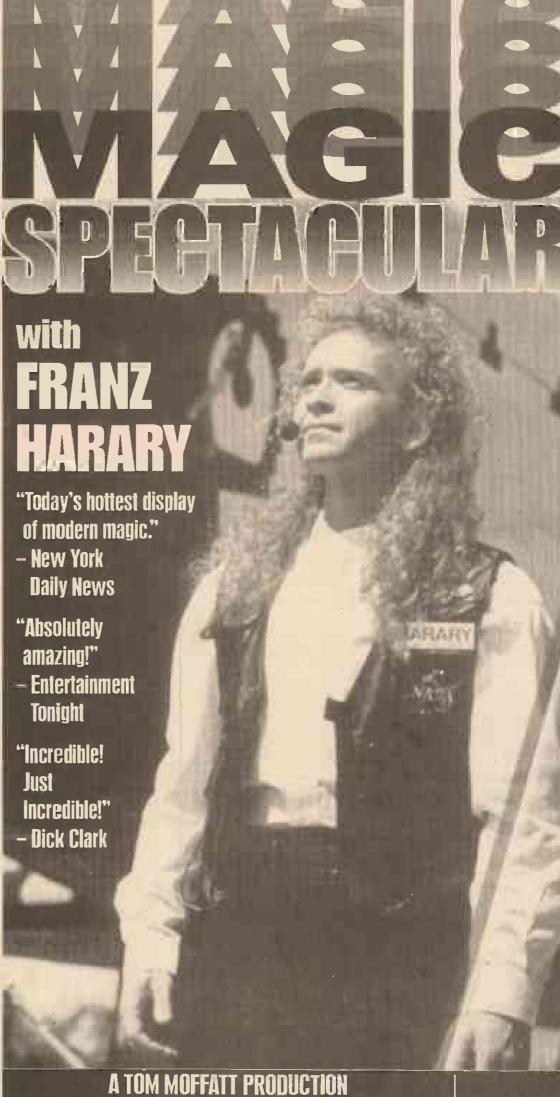
Money and Walsh have great stage presence, but they can assure themselves it was all worthwhile when they watch Prince and Jackson screech like women and dance around like someone actually likes their moves. They're obviously insecure because they continue to feel themselves, checking for their manhood.

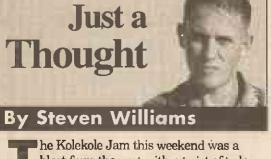
Money and Walsh feel better because they wail and scream, but they don't sound like little girls being electrocuted by the equipment. They get the crowd pumped without pumping themselves.

Money and Walsh did a great job, along with Willie. Prince and Jackson have awesome music, but when it comes down to choosing between screeching ego-maniacs and some rockers a few decades older than I, I'll go with the old guys

magic show ever to hit Atlantic City. -Philadelphia Inquirer

"The best





blast from the past with a twist of today. I couldn't believe my eyes.

I have to hand it to the performers like Eddie Money, Joe Walsh and Willie Nelson. I thought the obituary column was the only place they would make headlines these days.

However, they came out jamming and didn't stop until the lights faded. I was expecting the stage hands to be standing by on the sides with wheelchairs ready to roll, but these guys just rocked the night away without having to whip out a trusty sidekick respirator.

I hope when I'm that old, I can rock the rocking chair like that. Knowing me, Ill have to have machine to do it for me. But by that time, we'll be so high-tech I'll be able to buy a robot and program it to do that and many other household

I was particularly impressed with Money and



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Wardens keep local pets, game in check

LCpl. Barry Proctor Combat Correspondent

ocal MCB Hawaii wildlife from fish to house pets have guardians to protect them. From patrolling the waters of Kaneohe Bay during Bayfest to combating bothersome mongoose, these guardians are always on duty.

The guardians are the game wardens, military policemen who handle animal and environmental issues on base.

MCB Hawaii's wardens are on call 24 hours a day, and they tackle issues such as enforcing fishing regulations on and around the base, ensuring base residents are responsible for their pets as well as handling issues concerning wildlife on base, said LCpl. Scott M. Fruehwald, head game warden, MCB Hawaii.

The wardens here have handled different situations including assisting beached monk seals to safety, removing a dead, four by six feet sea turtle from the bay and retrieving a baby albatross from the dangers of the base golf course, according to Fruehwald. They also have many other day-to-day responsibilities.

One of the wildlife responsibilities on base is the Red-Footed Booby bird colony at Ulupau Head Wildlife Management Area near the MCB Hawaii range, Fruehwald said.

"I go to the area and check on the birds at least once a month to make sure none are injured," said Fruewald. "If one is hurt, we get in touch with Sea Life Park and arrange to have the bird transferred there."

Keeping boats and illegal fishermen in check is another duty, according to Fruehwald. There is a 500yard buffer zone around the base. No boats are allowed in this zone except in the bay near the marina. People can fish from the shore in this area, but not from a boat.

Game wardens also give classes on base fishing regulations and base fishing licenses, said Fruehwald. Without a license, people aren't permitted to fish on base.

Probably the biggest job for the warden is enforcing base pet laws. All pets are required to be registered on base. This holds the owner accountable for the pet, according to Fruehwald. "Pets are a lot like chil-

dren," said Fruehwald. "If they are not taken care of, they will die. We make sure that whoever has a pet, cares for it properly. The regular MPs on base usually don't have time to handle those cases."

If pets are neglected, it isn't overlooked, said Fruehwald. The owners are charged with animal neglect and can face some rather stiff penalties.

The wardens handle wildlife issues at Camp Smith, as well. Camp Smith is fairly small, so not too many things happen which need a warden's attention, said Fruehwald.

The wardens sometimes receive calls from Camp Smith concerning pigs, according to Fruehwald. If the pigs are in populated



Digital photo by LCpl. Barry Proctor

LCpl. Scott Fruehwald, military game warden here, leaves a generous portion of cat food to entice a hungry mongoose into a trap. Mongooses are considered pesky vermin.

areas, sometimes they can be a pest.

"A few weeks ago, a herd of about 10 pigs chased a lieutenant to his

car," said Pets are a lot Fruehwald. Most like children. pigs are afraid of people, but the if they are larger males not taken have tusks and care of, they weigh between will die.' 150 to 200 pounds, and they are sometimes

LCPL. SCOTT FRUEHALD Head Game Warden

> from getting hurt, we trap them and transport them to wildlife management areas."

very aggressive

and dangerous.

To keep anyone

A warden's job is very interesting because each day something different

happens, according to Fruehwald.

"You can only plan things for this job on a day-to-day basis," said Fruehwald. "That's why I love it. The situations are never the same and it's an independent job.'

Being a base game warden is a very worthwhile occupation, because the duties performed are the same as a civilian game warden, Fruehwald said. The experience gained from this job can be useful if a person is seeking a job as a civilian game warden.

"It's a fun job and I enjoy it," said Fruehwald. "It pays well and when I get out of the military, it's something I could make a career of."

Rollerhockey season heats up

Cpl. Steven Williams Combat Correspondent

Youth activities, here, along with rollerhockey coach Scott Strum, are currently recruiting rollerhockey players of all shapes and sizes for the season beginning Sept. 30.

Split into four divisions, including 6 to 8-year-olds, 9 to 12-year-olds, 13 to 15-yearolds and a Marine adult team, the teams will play in areas across Oahu until the conclusion of the season in November.

"Kids are practicing Monday and Thursday at the base commissary from 5 to 7 or 7:30

p.m.," said Strum. "I'm going to be at the commissary every Monday and Tuesday from 7 to 9 p.m. for any Marine interested in pick-up."

The adult team is going to play in a national organization with play-offs at local, regional and national levels, Strum added. This year, the nationals are scheduled to be held in Steamboat Springs, Colo.

Marines interested in playing can contact Strum for more information via e-mail.

Kids who want to pick up a stick in the league can contact Youth Activities at 254-7610.

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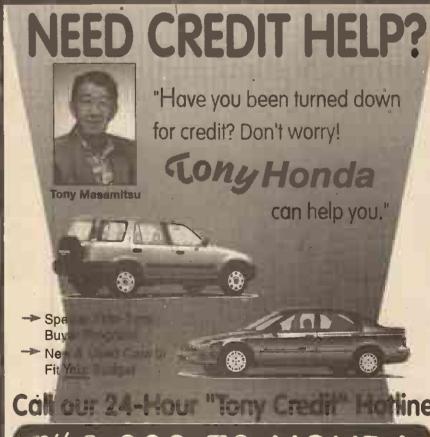
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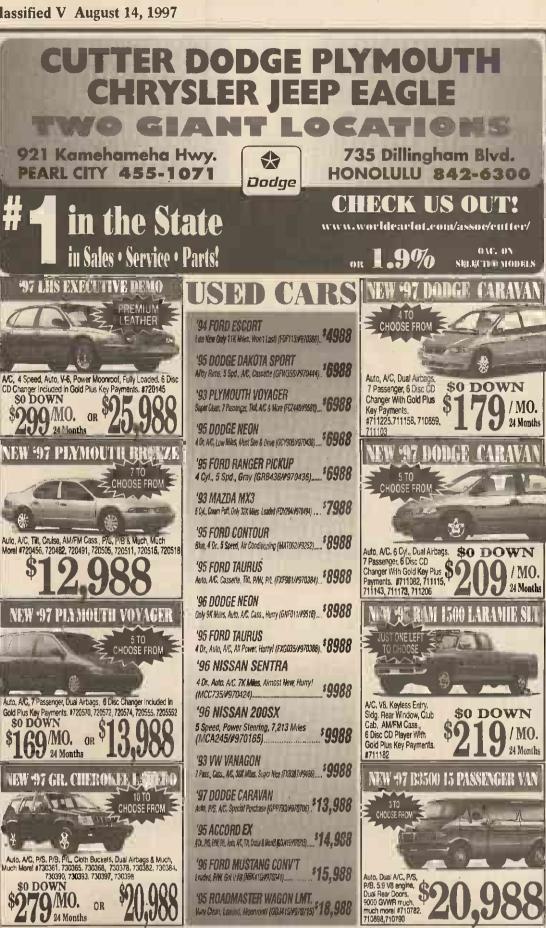
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